

2023 USMS Colonies Zones SC Championship - 4/14/2023 to 4/16/2023

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Results

Women 18-24 50 Yard Freestyle

NATL: 22.21 * 1/31/2015 Vanderpool-Wallac				
ZONECHAMPS: 23.96 Z 4/13/2003 Petra Adamkova				
1	Mandic, Mina	20	UC08	27.14 9
2	Morris, Stephanie	21	RBAY-7	34.16 7
3	Coolidge, Maggie	21	NEM-2	37.62 6
4	Coolidge, Emily	21	NEM-2	39.81 5

Women 18-24 100 Yard Freestyle

NATL: 48.18 * 12/6/2014 Katie Meili				
ZONECHAMPS: 51.99 Z 4/11/2015 Harumi Katsuyama				
1	Coolidge, Maggie	21	NEM-2	1:23.04 9
				37.51 1:23.04
2	Coolidge, Emily	21	NEM-2	1:26.44 7
				39.72 1:26.44

Women 18-24 200 Yard Freestyle

NATL: 1:43.28 * 11/8/2009 Dana Vollmer				
ZONECHAMPS: 1:54.63 Z 4/8/2016 Gabrielle Mizerak				
1	Picchione, Olivia	24	CBFY-8	2:03.32 9
				28.41 59.37 1:31.39 2:03.32
2	Morris, Stephanie	21	RBAY-7	3:02.75 7
				38.73 1:24.72 2:14.03 3:02.75

Women 18-24 500 Yard Freestyle

NATL: 4:49.97 * 10/25/2003 Jessica Foschi				
ZONECHAMPS: 5:12.23 Z 4/4/2004 Kelly Bowman				
1	Coolidge, Emily	21	NEM-2	8:49.16 9
				43.65 1:32.47 2:24.78 3:20.50
				4:17.21 5:14.02 6:09.78 7:05.81
				8:01.26 8:49.16

Women 18-24 1000 Yard Freestyle

NATL:10:12.42 * 3/31/2012 Luane Rowe				
ZONECHAMPS:10:52.83 Z 4/8/2016 Kaley Gregory				
1	Coolidge, Emily	21	NEM-2	18:16.16 9
				41.85 1:30.34 2:22.60 3:16.26
				4:11.50 5:06.95 6:03.66 6:59.46
				7:56.44 8:55.11 9:52.85 10:49.84
				11:47.79 12:46.19 13:45.61 14:42.26
				15:38.43 16:34.78 17:29.84 18:16.16

Women 18-24 1650 Yard Freestyle

NATL:16:53.46 * 5/4/2017 Genevieve Miller				
ZONECHAMPS:18:41.96 Z 4/23/2006 Elizabeth Schlicher				
1	Menninger, Annie	24	UC07	19:50.79 9
				30.36 1:04.36 1:39.65 2:15.32
				2:51.09 3:27.13 4:03.35 4:39.68
				5:16.24 5:52.44 6:28.54 7:04.80
				7:41.39 8:17.74 8:54.42 9:31.16
				10:08.22 10:45.02 11:21.77 11:58.18
				12:34.36 13:10.76 13:47.44 14:23.93
				15:00.23 15:36.63 16:13.06 16:49.47
				17:26.37 18:03.07 18:39.68 19:15.60 19:50.79

Women 18-24 50 Yard Backstroke

NATL: 25.47 * 3/23/2019 C Bartholomew				
ZONECHAMPS: 25.92 Z 4/5/2019 Catherine Mulquin				
1	Coolidge, Maggie	21	NEM-2	44.51 9
2	Coolidge, Emily	21	NEM-2	47.37 7

Women 18-24 100 Yard Backstroke

NATL: 53.83 * 3/24/2019 C Bartholomew				
ZONECHAMPS: 56.80 Z 4/17/2011 Kellyanne Tomasula				
1	Coolidge, Emily	21	NEM-2	1:43.18 9
				48.37 1:43.18

Women 18-24 50 Yard Breaststroke

NATL: 27.76 * 12/5/2014 Katie Meili				
ZONECHAMPS: 30.06 Z 4/13/2003 Petra Adamkova				
---	Coolidge, Maggie	21	NEM-2	DQ
---	Coolidge, Emily	21	NEM-2	DQ

Women 18-24 100 Yard Breaststroke

NATL: 58.71 * 12/5/2014 Katie Meili				
ZONECHAMPS: 1:06.03 Z 4/5/2019 Laura Schwartz				
1	Coolidge, Emily	21	NEM-2	2:33.65 9

Women 18-24 50 Yard Butterfly

NATL: 24.54 * 11/8/2009 Dana Vollmer				
ZONECHAMPS: 25.16 Z 4/5/2019 Catherine Mulquin				
1	Picchione, Olivia	24	CBFY-8	28.59 9
2	Coolidge, Emily	21	NEM-2	1:00.08 7

Women 18-24 100 Yard Butterfly

NATL: 52.30 * 11/8/2009 Dana Vollmer				
ZONECHAMPS: 57.38 Z 4/12/2015 Harumi Katsuyama				
1	Picchione, Olivia	24	CBFY-8	1:02.14 9
				29.46 1:02.14
2	Mandic, Mina	20	UC08	1:10.57 7
				32.48 1:10.57
3	Morris, Stephanie	21	RBAY-7	1:44.11 6
				46.88 1:44.11

Women 18-24 200 Yard Butterfly

NATL: 1:54.62 * 4/28/2012 Katherine Mills				
ZONECHAMPS: 2:14.85 Z 5/1/1994 C. Callender				
1	Picchione, Olivia	24	CBFY-8	2:17.87 9
				30.26 1:04.50 1:40.45 2:17.87

Women 18-24 100 Yard IM

NATL: 53.02 * 12/21/2014 Katie Meili				
ZONECHAMPS: 59.66 Z 4/13/2018 Laura Schwartz				
1	Coolidge, Emily	21	NEM-2	1:58.30 9
				56.67 1:58.30

Women 18-24 200 Yard IM

NATL: 1:54.20 * 12/4/2014 Katie Meili				
ZONECHAMPS: 2:09.53 Z 4/13/2018 Laura Schwartz				
1	Picchione, Olivia	24	CBFY-8	2:18.50 9
				30.00 1:05.93 1:46.62 2:18.50

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Women 18-24 400 Yard IM

NATL: 4:17.48 * 3/27/2021 Destiny Nelson

ZONECHAMPS: 4:42.00 Z 4/21/2013 Andrea Staub

1	Picchione, Olivia	24	CBFY-8	4:53.01	9
				30.73	1:04.94
				1:43.18	2:22.29
				3:02.73	3:46.01
				4:19.59	4:53.01

Women 25-29 50 Yard Freestyle

NATL: 22.00 * 4/27/2019 Katarzyna Wilk

ZONECHAMPS: 23.16 Z 4/24/2005 Petra Martin

1	Cubbler, Rebecca	25	SVY-8	24.77	9
2	Schaffling, Staci	28	1776-8	27.17	7
3	Robertson, Stephanie	29	SVY-8	27.41	6
4	Isleta, Czarina Dawn M	27	CBFY-8	29.00	5
5	Crnogorcevic, Milena	28	TERR-10	29.84	4

Women 25-29 100 Yard Freestyle

NATL: 48.58 * 5/12/2018 Katarzyna Wilk

ZONECHAMPS: 52.00 Z 4/7/2017 Marina Falcone

1	Cubbler, Rebecca	25	SVY-8	53.62	9
				26.03	53.62
2	Smith, Delaney	26	AGUA-6	55.90	7
				26.80	55.90
3	Schaffling, Staci	28	1776-8	58.74	6
				27.61	58.74
4	Robertson, Stephanie	29	SVY-8	1:00.51	5
				28.57	1:00.51
5	Strine, Jennifer	25	UC08	1:01.47	4
				28.76	1:01.47
6	Bromley, Alex	25	1776-8	1:04.64	3
				30.53	1:04.64
7	Wei, Laurie	28	L4S-10	1:04.83	2
				31.04	1:04.83
8	Walsh, Kaylee	26	YGMC-7	1:05.28	1
				30.41	1:05.28

Women 25-29 200 Yard Freestyle

NATL: 1:48.80 * 5/20/2001 Limin Liu

ZONECHAMPS: 1:52.76 Z 4/7/2017 Marina Falcone

1	Cubbler, Rebecca	25	SVY-8	1:55.91	9
				26.42	55.56
				1:25.78	1:55.91
2	Smith, Delaney	26	AGUA-6	2:03.47	7
3	Schaffling, Staci	28	1776-8	2:10.45	6
				29.10	1:01.43
				1:35.65	2:10.45
4	Robertson, Stephanie	29	SVY-8	2:15.21	5
				29.35	1:03.33
				1:39.59	2:15.21

Women 25-29 500 Yard Freestyle

NATL: 4:49.88 * 1/3/1996 Sheila Taormina

ZONECHAMPS: 5:12.74 Z 4/20/2013 Katie Gilmore

1	Cubbler, Rebecca	25	SVY-8	5:16.14	9
				27.65	57.99
				1:29.21	2:01.34
				2:33.81	3:06.29
				3:38.89	4:11.79
				4:44.63	5:16.14

2	Schaffling, Staci	28	1776-8	5:45.95	7
				30.13	1:03.82
				1:38.29	2:13.56
				2:49.29	3:25.25
				4:00.78	4:36.19
				5:11.79	5:45.95

3	Robertson, Stephanie	29	SVY-8	6:11.25	6
				31.42	1:06.46
				1:43.48	2:21.33
				2:59.67	3:38.20
				4:17.07	4:56.33
				5:35.32	6:11.25

4	Strine, Jennifer	25	UC08	6:11.57	5
				32.61	1:08.39
				1:45.87	2:23.39
				3:01.56	3:39.71
				4:17.87	4:56.30
				5:34.27	6:11.57

5	Kornberg, Michaela	29	JSM-7	7:15.64	4
				37.93	1:19.80
				2:03.11	2:47.65
				3:31.92	4:17.66
				5:02.78	5:47.65
				6:32.03	7:15.64

Women 25-29 1000 Yard Freestyle

NATL:10:07.39 * 4/1/2023 Becca Mann

ZONECHAMPS:10:34.30 Z 4/19/2013 Katie Gilmore

1	Cubbler, Rebecca	25	SVY-8	10:44.91	9
				3:41.01	4:13.25
				4:45.94	5:18.40
				5:50.95	6:23.70
				6:56.63	7:29.43
				8:02.34	8:35.12
				9:08.00	9:41.02
				10:13.53	10:44.91

2	Robertson, Stephanie	29	SVY-8	12:52.94	7
				31.94	1:07.52
				1:45.15	2:23.58
				3:02.71	3:42.14
				4:22.02	5:01.50
				5:41.45	6:20.98
				7:00.28	7:40.04
				8:20.36	8:59.32
				9:38.15	10:17.33
				10:57.40	11:36.76
				12:15.26	12:52.94

Women 25-29 1650 Yard Freestyle

NATL:16:50.17 * 5/19/1991 Karen Burton

ZONECHAMPS:18:05.58 Z 5/9/1993 Laurie Hug

1	Wei, Laurie	28	L4S-10	20:56.86	9
				31.41	1:06.66
				1:43.36	2:20.93
				2:58.70	3:36.73
				4:14.79	4:53.33
				5:32.19	6:10.87
				6:49.10	7:27.71
				8:06.25	8:44.69
				9:23.60	10:02.14
				10:40.49	11:18.88
				11:57.64	12:36.39
				13:14.87	13:53.77
				14:32.77	15:11.67
				15:50.35	16:29.18
				17:07.85	17:47.05
				18:25.79	19:04.50
				19:43.43	20:21.27
				20:56.86	20:56.86

Women 25-29 50 Yard Backstroke

NATL: 25.26 * 5/22/2010 Tanica Jamison

ZONECHAMPS: 27.35 Z 4/13/2018 Anna Macedonia

1	Schaffling, Staci	28	1776-8	32.97	9
2	Robertson, Stephanie	29	SVY-8	33.80	7
3	Kornberg, Michaela	29	JSM-7	34.85	6

Women 25-29 100 Yard Backstroke

NATL: 54.06 * 5/23/2010 Tanica Jamison

ZONECHAMPS: 58.87 Z 4/13/2018 Anna Macedonia

1	Bromley, Alex	25	1776-8	1:15.33	9
				36.06	1:15.33

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(Women 25-29 100 Yard Backstroke)

2 Walsh, Kaylee	26 YGMC-7	1:16.30	7
36.54	1:16.30		

Women 25-29 200 Yard Backstroke

NATL: 1:56.87 * 2/28/2015 F Pellegrini

ZONECHAMPS: 2:08.40 Z 4/25/2009 Alyssa Lengle

1 Cubbler, Rebecca	25 SVY-8	2:15.08	9
32.64	1:06.34	1:40.68	2:15.08

Women 25-29 50 Yard Breaststroke

NATL: 27.10 * 4/30/2016 Katie Meili

ZONECHAMPS: 30.03 Z 4/24/2005 Petra Martin

1 Wahl, Marley	29 ROCH-4	33.99	9
2 Strine, Jennifer	25 UC08	35.82	7
3 Isleta, Czarina Dawn M	27 CBFY-8	36.11	6
4 Crnogorcevic, Milena	28 TERR-10	37.05	5
5 Walsh, Kaylee	26 YGMC-7	38.84	4
6 Bromley, Alex	25 1776-8	40.35	3

Women 25-29 100 Yard Breaststroke

NATL: 59.58 * 2/6/2010 Megan Jendrick

ZONECHAMPS: 1:08.30 Z 4/25/2010 Jen Brielmaier

1 Kaminski, Paulina	26 NYAC-6	1:11.40	9
33.80	1:11.40		
2 Wahl, Marley	29 ROCH-4	1:15.57	7
35.27	1:15.57		
3 Crnogorcevic, Milena	28 TERR-10	1:20.91	6
37.57	1:20.91		
4 Isleta, Czarina Dawn M	27 CBFY-8	1:21.28	5
38.29	1:21.28		

Women 25-29 200 Yard Breaststroke

NATL: 2:09.05 * 2/6/2010 Megan Jendrick

ZONECHAMPS: 2:28.64 Z 4/13/2018 Denise Letendre

1 Wahl, Marley	29 ROCH-4	2:42.96	9
36.56	1:17.97	2:00.09	2:42.96
2 Crnogorcevic, Milena	28 TERR-10	2:58.77	7
40.29	1:25.93	2:12.31	2:58.77

Women 25-29 50 Yard Butterfly

NATL: 24.19 * 4/28/2017 Danielle Herrmann

ZONECHAMPS: 25.83 Z 4/24/2005 Petra Martin

1 Smith, Delaney	26 AGUA-6	28.19	9
2 Schaffling, Staci	28 1776-8	29.41	7
3 Bromley, Alex	25 1776-8	33.54	6
4 Walsh, Kaylee	26 YGMC-7	33.95	5

Women 25-29 100 Yard Butterfly

NATL: 53.20 * 4/24/2015 Amanda Sims

ZONECHAMPS: 57.58 Z 4/6/2014 Jessica Koltz

1 Cubbler, Rebecca	25 SVY-8	1:00.58	9
29.15	1:00.58		
2 Schaffling, Staci	28 1776-8	1:08.20	7
31.21	1:08.20		
3 Wahl, Marley	29 ROCH-4	1:11.54	6
32.69	1:11.54		

4 Kornberg, Michaela	29 JSM-7	1:19.88	5
36.72	1:19.88		

Women 25-29 200 Yard Butterfly

NATL: 1:57.48 * 12/2/2017 Hannah Saiz

ZONECHAMPS: 2:09.97 Z 4/5/2014 Denise Letendre

1 Wei, Laurie	28 L4S-10	2:29.16	9
33.36	1:10.36	1:48.96	2:29.16

Women 25-29 100 Yard IM

NATL: 54.40 * 4/29/2017 Danielle Herrmann

ZONECHAMPS: 59.53 Z 4/24/2005 Petra Martin

1 Kaminski, Paulina	26 NYAC-6	1:06.17	9
30.88	1:06.17		
2 Wahl, Marley	29 ROCH-4	1:10.18	7
34.19	1:10.18		
3 Isleta, Czarina Dawn M	27 CBFY-8	1:11.19	6
32.42	1:11.19		
4 Kornberg, Michaela	29 JSM-7	1:17.68	5
33.74	1:17.68		

Women 25-29 200 Yard IM

NATL: 1:57.56 * 12/5/2013 Justine Mueller

ZONECHAMPS: 2:10.22 Z 4/8/2016 Rachel Ripley

1 Wahl, Marley	29 ROCH-4	2:27.44	9
32.23	1:10.62	1:51.94	2:27.44
2 Strine, Jennifer	25 UC08	2:31.19	7
32.40	1:11.47	1:55.45	2:31.19

Women 25-29 400 Yard IM

NATL: 4:19.02 * 2/22/2013 Justine Mueller

ZONECHAMPS: 4:35.31 Z 4/13/2018 Courtney Randolph

1 Cubbler, Rebecca	25 SVY-8	4:49.54	9
30.13	1:04.29	1:42.95	2:20.94
3:03.23	3:47.11	4:19.23	4:49.54

Women 30-34 50 Yard Freestyle

NATL: 22.37 * 4/7/2019 Madison Kennedy

ZONECHAMPS: 24.04 Z 4/26/2009 Petra Martin

1 Cichewicz, Morgan	33 FINSP-8	26.34	9
2 Smith, Elizabeth	32 CHEL-6	30.25	7
3 King, Molly	30 1776-8	36.06	6

Women 30-34 200 Yard Freestyle

NATL: 1:43.46 * 11/30/2012 Erika Erndl

ZONECHAMPS: 1:55.16 Z 4/6/2014 Katie McWilliams

1 Marshall, Victoria	34 1776-8	2:08.12	9
29.77	1:02.17	1:35.22	2:08.12
2 Smith, Elizabeth	32 CHEL-6	2:29.18	7
32.61	1:08.59	2:29.18	

Women 30-34 500 Yard Freestyle

NATL: 4:46.92 * 4/14/2012 Dawn Heckman

ZONECHAMPS: 5:11.06 Z 4/2/2000 Laurie Hug

1 Marshall, Victoria	34 1776-8	6:06.93	9
33.27	1:09.30	1:46.32	2:23.62
3:01.08	3:38.67	4:16.03	4:53.31
5:30.81	6:06.93		

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Women 30-34 50 Yard Backstroke

NATL: 24.96 * 5/1/2011 Noriko Inada				
ZONECHAMPS: 28.15 Z 5/1/1994 Liz Hobbs				
1	Cichewicz, Morgan	33	FINSP-8	30.69 9
2	King, Molly	30	1776-8	44.05 7

Women 30-34 100 Yard Breaststroke

NATL: 58.81 * 3/6/2022 Danielle Herrmann				
ZONECHAMPS: 1:09.78 Z 4/5/2019 Ellen Minzenmayer				
1	King, Molly	30	1776-8	1:59.79 9
	55.70	1:59.79		

Women 30-34 100 Yard Butterfly

NATL: 52.93 * 3/5/2022 Danielle Herrmann				
ZONECHAMPS: 59.11 Z 4/15/2012 Yun Qu				
1	Marshall, Victoria	34	1776-8	1:05.12 9
	30.08	1:05.12		

Women 30-34 200 Yard Butterfly

NATL: 2:03.46 * 5/12/1996 K Pipes-Neilsen				
ZONECHAMPS: 2:11.83 Z 4/14/2012 Yun Qu				
1	Marshall, Victoria	34	1776-8	2:31.80 9
	32.18	1:09.34	1:48.20	2:31.80

Women 30-34 100 Yard IM

NATL: 57.01 * 4/15/2000 Angel Martino				
ZONECHAMPS: 1:02.24 Z 4/14/1991 Tray Rossa				
1	Cichewicz, Morgan	33	FINSP-8	1:07.08 9
	30.51	1:07.08		
2	King, Molly	30	1776-8	1:34.84 7
	41.17	1:34.84		

Women 30-34 400 Yard IM

NATL: 4:14.84 * 1/20/2013 Erika Erndl				
ZONECHAMPS: 4:37.99 Z 5/2/1999 Laurie Hug				
---	Marshall, Victoria	34	1776-8	DQ
	32.69	1:10.53	1:54.84	2:38.65
	3:26.52	4:13.95	4:49.38	

Women 35-39 100 Yard Freestyle

NATL: 49.72 * 2/25/2007 Dara Torres				
ZONECHAMPS: 51.91 Z 4/13/2018 Katie Grier				
1	Sciacca, Krysten	35	CHEL-6	1:01.52 9
	29.47	1:01.52		

Women 35-39 200 Yard Freestyle

NATL: 1:51.55 * 5/3/1997 K Pipes-Neilsen				
ZONECHAMPS: 1:57.03 Z 4/22/2001 Andrea Luallen				
1	Sciacca, Krysten	35	CHEL-6	2:08.11 9
	29.81	1:02.25	1:34.91	2:08.11

Women 35-39 500 Yard Freestyle

NATL: 4:56.09 * 5/3/1997 K Pipes-Neilsen				
ZONECHAMPS: 5:11.87 Z 4/21/2002 Laurie Hug				
1	Sciacca, Krysten	35	CHEL-6	5:38.76 9
	31.29	1:05.24	1:39.44	2:13.87
	2:48.09	3:22.11	3:56.50	4:30.63
	5:04.90	5:38.76		

2	Rose, Laura	36	TERR-10	5:42.97 7
	30.82	1:04.60	1:39.32	2:14.20
	2:48.96	3:23.49	3:58.68	4:34.12
	5:09.07	5:42.97		

Women 35-39 1000 Yard Freestyle

NATL:10:11.23 * 11/15/2014 Heidi George				
ZONECHAMPS:10:37.40 Z 4/22/2001 Laurie Hug				
1	Rose, Laura	36	TERR-10	11:47.18 9
		4:03.58	4:39.47	
	5:15.32	5:51.22	6:27.27	7:03.11
	7:38.89	8:14.35	8:50.43	9:26.19
	10:01.59	10:37.33	11:12.69	11:47.18

Women 35-39 1650 Yard Freestyle

NATL:16:46.85 * 11/15/2014 Heidi George				
ZONECHAMPS:17:45.08 Z 4/22/2001 Laurie Hug				
1	Sciacca, Krysten	35	CHEL-6	19:03.22 9
	32.09	1:06.58	1:41.36	2:16.29
	2:51.30	3:26.24	4:00.82	4:35.56
	5:10.19	5:44.88	6:19.73	6:54.68
	7:29.56	8:04.51	8:39.50	9:14.52
	9:49.43	10:24.16	10:59.05	11:33.81
	12:08.37	12:43.16	13:17.87	13:52.61
	14:27.28	15:02.07	15:36.73	16:11.32
	16:45.84	17:20.32	17:54.77	18:29.29 19:03.22

Women 35-39 100 Yard Backstroke

NATL: 53.58 * 4/30/2017 Noriko Inada				
ZONECHAMPS: 59.32 Z 5/2/1999 Vibeke Swanson				
1	Sciacca, Krysten	35	CHEL-6	1:12.84 9
	35.71	1:12.84		

Women 35-39 50 Yard Breaststroke

NATL: 28.51 * 5/2/2014 Katie Glenn				
ZONECHAMPS: 31.56 Z 4/8/2016 Kristen Harris				
1	Sawicz, Kasia	38	CHEL-6	35.97 9

Women 35-39 200 Yard Breaststroke

NATL: 2:17.51 * 4/26/2015 Katie Glenn				
ZONECHAMPS: 2:33.76 Z 4/24/2005 Cheryl Conlin				
1	Sciacca, Krysten	35	CHEL-6	2:50.81 9
	39.59	1:22.51	2:06.69	2:50.81

Women 35-39 50 Yard Butterfly

NATL: 25.04 * 4/28/2017 Noriko Inada				
ZONECHAMPS: 26.26 Z 4/7/2017 Katie Grier				
1	Rose, Laura	36	TERR-10	30.05 9

Women 35-39 200 Yard Butterfly

NATL: 2:03.48 * 5/22/2005 S Von Der Lippe				
ZONECHAMPS: 2:16.89 Z 4/13/2003 Laurie Hug				
1	Sawicz, Kasia	38	CHEL-6	2:25.71 9
	32.23	1:08.52	1:46.44	2:25.71

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Women 35-39 200 Yard IM

NATL: 2:05.24 * 3/14/1998 K Pipes-Neilsen

ZONECHAMPS: 2:13.08 Z 5/2/1999 Beth Baker

1	Sciaccia, Krysten	35	CHEL-6	2:24.52	9
	33.10	1:09.58	1:52.38	2:24.52	

Women 35-39 400 Yard IM

NATL: 4:24.18 * 3/14/1998 K Pipes-Neilsen

ZONECHAMPS: 4:37.56 Z 5/2/1999 Vibeke Swanson

1	Sciaccia, Krysten	35	CHEL-6	5:04.28	9
	33.74	1:12.15	1:52.15	2:31.29	
	3:14.25	3:57.23	4:31.02	5:04.28	

Women 40-44 50 Yard Freestyle

NATL: 21.91 * 4/15/2007 Dara Torres

ZONECHAMPS: 24.02 Z 4/5/2019 Katie Grier

1	Stakem, Meredith	41	DCAC-10	24.92	9
2	Grover, Mollie	42	TERR-10	25.60	7
3	Gass, Krista	44	1693-12	26.23	6

Women 40-44 100 Yard Freestyle

NATL: 48.34 * 4/15/2007 Dara Torres

ZONECHAMPS: 51.49 Z 4/5/2019 Katie Grier

1	Grover, Mollie	42	TERR-10	54.71	9
	26.71	54.71			
2	Gass, Krista	44	1693-12	59.08	7
	28.16	59.08			
3	Powers, Julie	41	UC07	1:17.42	6
	36.81	1:17.42			

Women 40-44 500 Yard Freestyle

NATL: 4:58.98 * 10/5/2002 K Pipes-Neilsen

ZONECHAMPS: 5:20.75 Z 4/25/2009 Laurie Hug

--- Powers, Julie 41 UC07 DFS

Women 40-44 1650 Yard Freestyle

NATL:17:06.37 * 11/4/2018 Heidi George

ZONECHAMPS:18:00.35 Z 4/15/2007 Laurie Hug

1	Killiri, Melissa	44	PAC-6	22:16.92	9
	37.26	1:16.09	1:56.25	2:37.44	
	3:18.69	3:59.34	4:40.61	5:22.01	
	6:03.38	6:44.25	7:25.31	8:06.47	
	8:47.33	9:28.35	10:09.23	10:49.88	
	11:31.05	12:11.86	12:52.47	13:33.09	
	14:13.74	14:53.95	15:34.45	16:14.95	
	16:55.44	17:35.84	18:16.24	18:56.97	
	19:37.53	20:18.07	20:58.40	21:38.37	22:16.92
2	Powers, Julie	41	UC07	24:40.97	7
	40.60	1:24.42	2:08.79	2:53.35	
	3:37.93	4:22.59	5:07.36	5:52.15	
	6:37.18	7:22.56	8:07.67	8:53.08	
	9:37.98	10:23.11	11:08.26	11:53.22	
	12:38.47	13:23.85	14:09.16	14:54.19	
	15:39.64	16:25.14	17:10.97	17:56.36	
	18:41.74	19:27.33	20:12.83	20:57.82	
	21:43.01	22:28.40	23:12.98	23:57.35	24:40.97

Women 40-44 50 Yard Backstroke

NATL: 26.12 * 5/1/2011 Sheri Hart

ZONECHAMPS: 27.69 Z 4/24/2010 Kristin Gary

1	Stakem, Meredith	41	DCAC-10	28.63	9
2	Grover, Mollie	42	TERR-10	29.32	7

Women 40-44 100 Yard Backstroke

NATL: 56.03 * 4/30/2011 Sheri Hart

ZONECHAMPS: 58.33 Z 4/25/2010 Kristin Gary

1	Stakem, Meredith	41	DCAC-10	1:00.63	9
	29.36	1:00.63			
2	Grover, Mollie	42	TERR-10	1:01.65	7
	30.87	1:01.65			
3	McMeen, Lyndsay	43	GSM-7	1:07.89	6
	32.99	1:07.89			

Women 40-44 200 Yard Backstroke

NATL: 2:03.61 * 7/25/2021 Jennifer Mihalik

ZONECHAMPS: 2:04.43 Z 4/24/2010 Kristin Gary

1	Grover, Mollie	42	TERR-10	2:11.57	9
	31.91	1:04.90	1:38.48	2:11.57	
2	Stakem, Meredith	41	DCAC-10	2:17.35	7
	32.62	1:07.80	1:43.97	2:17.35	

Women 40-44 50 Yard Breaststroke

NATL: 28.71 * 5/11/2018 Katie Glenn

ZONECHAMPS: 31.34 Z 4/7/2017 Kristen Harris

1	Gass, Krista	44	1693-12	35.04	9
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Women 40-44 100 Yard Breaststroke

NATL: 1:02.70 * 5/13/2018 Katie Glenn

ZONECHAMPS: 1:09.86 Z 4/7/2017 Kristen Harris

1	McMeen, Lyndsay	43	GSM-7	1:13.89	9
	35.26	1:13.89			
2	Gass, Krista	44	1693-12	1:16.13	7
	35.91	1:16.13			
3	McRorie, Jessica	44	REDT-6	1:40.91	6
	45.57	1:40.91			

Women 40-44 200 Yard Breaststroke

NATL: 2:17.06 * 5/14/2006 S Von Der Lippe

ZONECHAMPS: 2:32.09 Z 4/7/2017 Kristen Harris

1	McMeen, Lyndsay	43	GSM-7	2:40.23	9
	36.00	1:16.22	1:57.73	2:40.23	

Women 40-44 50 Yard Butterfly

NATL: 25.14 * 5/10/2009 S Von Der Lippe

ZONECHAMPS: 26.34 Z 4/5/2019 Katie Grier

1	Stakem, Meredith	41	DCAC-10	27.80	9
2	Grover, Mollie	42	TERR-10	28.12	7
3	Gass, Krista	44	1693-12	28.50	6

Women 40-44 100 Yard Butterfly

NATL: 54.83 * 5/10/2009 S Von Der Lippe

ZONECHAMPS: 59.12 Z 4/23/2006 Karlin Pipes-Neilsen

1	McRorie, Jessica	44	REDT-6	1:37.19	9
	42.82	1:37.19			

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Women 40-44 100 Yard IM

NATL: 57.95 * 4/28/2012 Erika Braun

ZONECHAMPS: 59.62 Z 4/23/2006 Karlin Pipes-Neilsen

1	McMeen, Lyndsay	43	GSM-7	1:06.67	9
				31.36	1:06.67
2	Kopistecki, Megan	41	LICY-6	1:12.64	7
				34.18	1:12.64

Women 40-44 400 Yard IM

NATL: 4:28.43 * 5/4/2008 S Von Der Lippe

ZONECHAMPS: 4:34.29 Z 4/21/2002 Vibeke Swanson

1	Kopistecki, Megan	41	LICY-6	5:28.81	9
				33.53	1:13.49
				1:56.63	2:39.35
				3:26.18	4:13.21
				4:51.90	5:28.81

Women 45-49 50 Yard Freestyle

NATL: 23.80 * 4/8/2017 Erika Braun

ZONECHAMPS: 24.20 Z 4/15/2012 Fall Willeboordse

1	Choe, Michele	45	1693-12	27.73	9
2	Milinkovska, Diana	49	1776-8	28.46	7
3	Gruppuso, Suh	49	RBAY-7	43.46	6

Women 45-49 100 Yard Freestyle

NATL: 51.26 * 3/12/2023 Gabrielle Rose

ZONECHAMPS: 52.66 Z 4/14/2012 Fall Willeboordse

1	Maidenberg, Eve	46	AGUA-6	1:01.96	9
				29.52	1:01.96

Women 45-49 200 Yard Freestyle

NATL: 1:52.97 * 3/12/2023 Gabrielle Rose

ZONECHAMPS: 2:04.12 Z 5/2/1999 Jacki Hirsty

1	Maidenberg, Eve	46	AGUA-6	2:08.77	9
				29.86	1:02.16
				1:35.42	2:08.77
2	Gruppuso, Suh	49	RBAY-7	3:13.02	7
				43.81	1:31.22
				3:13.02	

Women 45-49 500 Yard Freestyle

NATL: 5:03.45 * 7/22/2021 Heidi George

ZONECHAMPS: 5:23.32 Z 4/14/2012 Laurie Hug

1	Maidenberg, Eve	46	AGUA-6	5:57.08	9
				31.70	1:06.22
				2:52.57	3:28.85
				5:20.86	5:57.08
				1:41.11	2:16.72
				4:06.08	4:43.11

Women 45-49 1000 Yard Freestyle

NATL:10:13.82 * 12/15/2022 Heidi George

ZONECHAMPS:10:57.88 Z 4/17/2011 Laurie Hug

1	Wassner, Laurel	47	AGUA-6	11:36.53	9
				2:48.86	3:24.10
				5:10.00	5:45.46
				7:31.37	8:06.59
				9:52.42	10:28.12
				3:59.33	4:34.67
				6:20.51	6:55.97
				8:41.76	9:17.09
				11:03.11	11:36.53

2	Maidenberg, Eve	46	AGUA-6	12:03.31	7
				2:50.54	3:25.89
				5:15.23	5:52.18
				7:44.21	8:21.92
				10:14.03	10:51.13
				4:02.00	4:38.40
				6:29.45	7:06.83
				8:59.66	9:36.84
				11:27.86	12:03.31

Women 45-49 1650 Yard Freestyle

NATL:17:05.13 * 7/21/2021 Heidi George

ZONECHAMPS:18:09.22 Z 4/17/2011 Laurie Hug

1	Wassner, Rebecca	47	AGUA-6	19:03.36	9
				32.02	1:06.22
				2:50.35	3:24.71
				5:08.07	5:42.73
				7:26.57	8:01.50
				9:45.97	10:20.56
				12:04.52	12:38.97
				14:23.57	14:58.75
				16:43.86	17:19.16
				1:41.02	2:15.49
				3:59.30	4:33.48
				6:17.34	6:51.86
				8:36.29	9:11.43
				10:55.16	11:29.85
				13:13.74	13:48.63
				15:33.82	16:09.06
				17:53.96	18:28.74
				19:03.36	

Women 45-49 50 Yard Backstroke

NATL: 27.35 * 12/21/2008 K Pipes-Neilsen

ZONECHAMPS: 27.61 Z 4/21/2013 Susan Williams

1	Choe, Michele	45	1693-12	32.84	9
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Women 45-49 100 Yard Backstroke

NATL: 57.83 * 5/23/2010 Ellen Reynolds

ZONECHAMPS: 58.46 Z 4/14/2012 Fall Willeboordse

1	Milinkovska, Diana	49	1776-8	1:13.72	9
				36.06	1:13.72

Women 45-49 200 Yard Backstroke

NATL: 2:04.65 * 4/19/2009 K Pipes-Neilsen

ZONECHAMPS: 2:15.03 Z 4/15/2007 Vibeke Swanson

1	Milinkovska, Diana	49	1776-8	2:36.01	9
				37.21	1:16.52
				1:56.97	2:36.01

Women 45-49 50 Yard Breaststroke

NATL: 29.00 * 3/12/2023 Gabrielle Rose

ZONECHAMPS: 32.24 Z 4/20/2013 Fall Willeboordse

1	Morchio, Paola	46	SCYM-7	36.14	9
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Women 45-49 100 Yard Breaststroke

NATL: 1:04.45 * 4/30/2022 Katie Glenn

ZONECHAMPS: 1:12.86 Z 4/21/2013 Lisa Groves

1	Morchio, Paola	46	SCYM-7	1:19.79	9
				37.57	1:19.79
2	Gruppuso, Suh	49	RBAY-7	1:48.63	7
				53.56	1:48.63

Women 45-49 200 Yard Breaststroke

NATL: 2:22.76 * 5/1/2011 S Von Der Lippe

ZONECHAMPS: 2:41.10 Z 4/13/2018 Traci Pellegrini

1	Morchio, Paola	46	SCYM-7	2:53.23	9
				38.56	1:22.43
				2:08.19	2:53.23

Women 45-49 50 Yard Butterfly

NATL: 25.64 * 4/9/2017 Erika Braun

ZONECHAMPS: 25.96 Z 4/20/2013 Susan Williams

1	Choe, Michele	45	1693-12	30.91	9
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(Women 45-49 50 Yard Butterfly)

2 Maidenberg, Eve 46 AGUA-6 37.64 7

Women 45-49 100 Yard IM

NATL: 59.39 * 4/28/2012 Fall Willeboordse

ZONECHAMPS: 59.81 Z 4/15/2012 Fall Willeboordse

1 Milinkovska, Diana 49 1776-8 1:10.88 9

32.58 1:10.88

2 Morchio, Paola 46 SCYM-7 1:16.16 7

36.68 1:16.16

3 Maidenberg, Eve 46 AGUA-6 1:16.93 6

38.22 1:16.93

Women 45-49 200 Yard IM

NATL: 2:07.26 * 12/16/2007 K Pipes-Neilsen

ZONECHAMPS: 2:15.19 Z 4/15/2007 Vibeke Swanson

1 Milinkovska, Diana 49 1776-8 2:36.07 9

35.63 1:14.32 2:00.93 2:36.07

2 Morchio, Paola 46 SCYM-7 2:47.29 7

39.76 1:22.93 2:08.02 2:47.29

Women 50-54 50 Yard Freestyle

NATL: 24.19 * 4/30/2022 Erika Braun

ZONECHAMPS: 24.84 Z 4/8/2016 Fall Willeboordse

1 Leveroni, Amy 52 NEM-2 27.81 9

2 Gianniny, Dana 53 ROCH-4 29.16 7

3 Libano, Miren 53 UC07 33.28 6

4 Horiuchi, Linda 52 REDT-6 41.00 5

Women 50-54 100 Yard Freestyle

NATL: 52.77 * 5/1/2022 Erika Braun

ZONECHAMPS: 54.51 Z 4/8/2016 Fall Willeboordse

1 Gianniny, Dana 53 ROCH-4 1:02.07 9

29.96 1:02.07

2 Wojnovich, Kristin 50 UC08 1:08.52 7

32.67 1:08.52

3 Libano, Miren 53 UC07 1:12.10 6

34.37 1:12.10

4 Torian, Penny 52 1693-12 1:19.53 5

37.18 1:19.53

Women 50-54 200 Yard Freestyle

NATL: 1:57.96 * 4/1/2022 Alison Zamanian

ZONECHAMPS: 2:05.65 Z 4/12/2015 Kelly Parker Palace

1 Gianniny, Dana 53 ROCH-4 2:12.53 9

30.82 1:04.15 1:38.33 2:12.53

2 Leveroni, Amy 52 NEM-2 2:18.84 7

29.21 1:02.94 1:40.05 2:18.84

3 Wojnovich, Kristin 50 UC08 2:28.82 6

33.38 1:10.24 1:49.81 2:28.82

4 Libano, Miren 53 UC07 2:39.71 5

37.58 1:18.61 2:00.30 2:39.71

5 Torian, Penny 52 1693-12 2:44.36 4

38.10 1:18.46 2:01.71 2:44.36

6 Horiuchi, Linda 52 REDT-6 3:25.94 3

1:35.60 3:25.94

Women 50-54 500 Yard Freestyle

NATL: 5:14.56 * 5/12/2013 Jill Hernandez

ZONECHAMPS: 5:32.11 Z 4/7/2017 Laurie Hug

1 Gianniny, Dana 53 ROCH-4 5:43.58 9

31.87 1:06.02 1:40.67 2:15.41

2:50.23 3:25.07 3:59.91 4:34.83

5:09.81 5:43.58

2 Torian, Penny 52 1693-12 7:00.81 7

38.03 2:02.05 2:44.65 3:27.31

4:10.34 4:53.54 5:36.66 6:20.16

7:00.79 7:00.81

3 Libano, Miren 53 UC07 7:12.53 6

36.85 1:17.89 2:00.94 2:45.48

3:30.43 4:15.24 4:59.75 5:44.47

6:29.00 7:12.53

Women 50-54 1000 Yard Freestyle

NATL:10:40.47 * 4/3/2022 Alison Zamanian

ZONECHAMPS:11:14.62 Z 4/7/2017 Laurie Hug

1 Libano, Miren 53 UC07 14:26.53 9

36.84 1:17.42 1:59.56 2:42.96

3:26.46 4:09.44 4:52.53 5:36.78

6:19.97 7:04.33 7:48.57 8:32.44

9:16.91 10:00.85 10:45.35 11:29.20

12:13.66 12:58.39 13:42.90 14:26.53

Women 50-54 1650 Yard Freestyle

NATL:17:44.64 * 4/1/2022 Alison Zamanian

ZONECHAMPS:18:37.20 Z 4/5/2019 Laurie Hug

1 Gianniny, Dana 53 ROCH-4 19:06.46 9

32.58 1:06.39 1:41.19 2:16.18

2:50.99 3:25.90 4:00.69 4:35.51

5:10.33 5:45.03 6:19.85 6:54.46

7:29.13 8:03.86 8:38.47 9:13.14

9:47.82 10:22.94 10:57.71 11:32.36

12:07.29 12:42.02 13:16.93 13:51.95

14:26.86 15:01.74 15:36.76 16:12.04

16:47.26 17:22.48 17:57.50 18:32.67 19:06.46

Women 50-54 50 Yard Backstroke

NATL: 27.04 * 5/10/2013 Leslie Livingston

ZONECHAMPS: 27.27 Z 4/21/2013 Leslie Livingston

1 Davidson, Michelle 52 GSM-7 32.71 9

2 Leveroni, Amy 52 NEM-2 35.87 7

Women 50-54 100 Yard Backstroke

NATL: 59.19 * 3/18/2016 Fall Willeboordse

ZONECHAMPS: 1:02.11 Z 4/20/2013 Leslie Livingston

1 Davidson, Michelle 52 GSM-7 1:11.07 9

34.21 1:11.07

Women 50-54 200 Yard Backstroke

NATL: 2:07.51 * 11/22/2014 Ellen Reynolds

ZONECHAMPS: 2:21.72 Z 4/21/2013 Vibeke Swanson

1 Davidson, Michelle 52 GSM-7 2:32.85 9

35.70 1:14.56 1:53.79 2:32.85

2 Gianniny, Dana 53 ROCH-4 2:35.70 7

38.48 1:18.00 1:57.50 2:35.70

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Women 50-54 50 Yard Breaststroke

NATL: 31.55 * 4/1/2023 Erika Braun

ZONECHAMPS: 34.06 Z 4/11/2015 Leslie Livingston

1	Libano, Miren	53	UC07	41.86	9
2	Davidson, Michelle	52	GSM-7	42.99	7

Women 50-54 100 Yard Breaststroke

NATL: 1:09.21 * 2/18/2012 Caroline Krattli

ZONECHAMPS: 1:09.87 Z 4/8/2016 Fall Willeboordse

1	Davidson, Michelle	52	GSM-7	1:32.47	9
	44.45	1:32.47			
2	Libano, Miren	53	UC07	1:33.57	7
	43.25	1:33.57			
3	Sega, Ally	50	CONN-5	2:02.49	6
	58.84	2:02.49			

Women 50-54 200 Yard Breaststroke

NATL: 2:29.92 * 2/20/2012 Caroline Krattli

ZONECHAMPS: 2:43.75 Z 4/7/2017 Laurie Hug

1	Gianniny, Dana	53	ROCH-4	3:06.79	9
	43.50	1:31.60	2:19.24	3:06.79	
2	Davidson, Michelle	52	GSM-7	3:15.40	7
	44.72	1:34.00	2:25.28	3:15.40	

Women 50-54 50 Yard Butterfly

NATL: 25.70 * 5/11/2013 Leslie Livingston

ZONECHAMPS: 25.90 Z 4/20/2013 Leslie Livingston

1	Gianniny, Dana	53	ROCH-4	35.01	9
2	Sega, Ally	50	CONN-5	45.70	7

Women 50-54 100 Yard Butterfly

NATL: 1:00.13 * 4/1/2023 Erika Braun

ZONECHAMPS: 1:00.81 Z 4/21/2013 Leslie Livingston

--- Leveroni, Amy 52 NEM-2 DFS

Women 50-54 200 Yard Butterfly

NATL: 2:15.18 * 5/17/2002 Laura Val

ZONECHAMPS: 2:20.77 Z 4/7/2017 Laurie Hug

1	Davidson, Michelle	52	GSM-7	2:52.27	9
	36.73	1:19.31	2:04.66	2:52.27	
2	Sega, Ally	50	CONN-5	3:39.74	7
	51.00	1:45.64	2:41.84	3:39.74	

Women 50-54 100 Yard IM

NATL: 1:00.21 * 4/30/2022 Erika Braun

ZONECHAMPS: 1:01.41 Z 4/8/2016 Fall Willeboordse

1	Leveroni, Amy	52	NEM-2	1:13.55	9
	35.17	1:13.55			
2	Wojnovich, Kristin	50	UC08	1:16.75	7
	36.80	1:16.75			
3	Davidson, Michelle	52	GSM-7	1:17.50	6
	33.99	1:17.50			
4	Sega, Ally	50	CONN-5	1:42.16	5
	48.67	1:42.16			
5	Horiuchi, Linda	52	REDT-6	1:52.07	4
	55.07	1:52.07			

Women 50-54 200 Yard IM

NATL: 2:12.57 * 4/15/2018 Ellen Reynolds

ZONECHAMPS: 2:15.51 Z 4/8/2016 Fall Willeboordse

1	Wojnovich, Kristin	50	UC08	2:45.00	9
	36.17	1:19.14	2:06.77	2:45.00	
2	Davidson, Michelle	52	GSM-7	2:45.41	7
	36.49	1:16.11	2:07.52	2:45.41	
3	Sega, Ally	50	CONN-5	3:40.37	6
	52.18	1:46.86	2:52.91	3:40.37	

Women 50-54 400 Yard IM

NATL: 4:43.11 * 4/9/2016 Ellen Reynolds

ZONECHAMPS: 4:59.57 Z 4/7/2017 Laurie Hug

1	Davidson, Michelle	52	GSM-7	5:53.17	9
	36.61	1:20.03	2:02.98	2:45.52	
	3:37.88	4:30.64	5:12.51	5:53.17	

Women 55-59 100 Yard Freestyle

NATL: 54.72 * 5/4/2008 Laura Val

ZONECHAMPS: 1:01.92 Z 4/2/2022 Carol Pearl

1	Tyson, Laura	59	JACM-7	1:22.12	9
	39.79	1:22.12			

Women 55-59 500 Yard Freestyle

NATL: 5:20.68 * 4/29/2017 Jill Hernandez

ZONECHAMPS: 5:54.39 Z 4/17/2011 Shirley Loftus-Charley

1	Hug, Laurie	57	1776-8	6:05.13	9
	33.01	1:09.10	1:46.51	2:23.38	
	3:00.56	3:37.44	4:14.09	4:51.29	
	5:28.51	6:05.13			

Women 55-59 1650 Yard Freestyle

NATL: 18:56.04 * 4/16/2010 Laura Val

ZONECHAMPS: 20:44.26 Z 4/5/2019 Stephanie Saucy

1	Hug, Laurie	57	1776-8	19:47.79Z	9
	32.48	1:07.77	1:43.71	2:19.48	
	2:55.70	3:32.09	4:08.31	4:44.87	
	5:21.43	5:57.64	6:33.86	7:10.17	
	7:46.16	8:22.42	8:58.34	9:34.53	
	10:11.05	10:47.57	11:23.81	11:59.66	
	12:35.39	13:11.14	13:46.99	14:22.84	
	14:58.87	15:34.59	16:10.52	16:47.24	
	17:23.55	18:00.44	18:36.74	19:12.91	19:47.79

Women 55-59 50 Yard Backstroke

NATL: 28.14 * 10/30/2016 Leslie Livingston

ZONECHAMPS: 31.03 Z 4/8/2016 Kim Brightwell

1	Gary, Kristin	55	NYAC-6	30.70Z	9
2	Buscaglia, Caycee	58	VMST-12	33.99	7

Women 55-59 100 Yard Backstroke

NATL: 1:00.80 * 4/30/2017 Karlyn Pipes

ZONECHAMPS: 1:08.59 Z 4/7/2017 Vibeke Swanson

1	Buscaglia, Caycee	58	VMST-12	1:16.55	9
	36.49	1:16.55			
2	Hillel, Naomi	56	NBFW-7	1:38.35	7
	47.54	1:38.35			

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Women 55-59 200 Yard Backstroke

NATL: 2:10.65 * 11/23/2019 Ellen Reynolds

ZONECHAMPS: 2:28.73 Z 4/5/2019 Stephanie Saucy

1	Gary, Kristin	55	NYAC-6	2:20.41Z	9
				32.35 1:06.70 1:42.96 2:20.41	
2	Hug, Laurie	57	1776-8	2:36.03	7
				36.80 1:15.90 1:56.14 2:36.03	
3	Buscaglia, Caycee	58	VMST-12	2:48.11	6
				39.48 1:21.99 2:05.38 2:48.11	
4	Hillel, Naomi	56	NBFW-7	3:40.07	5
				50.91 1:46.24 2:43.69 3:40.07	

Women 55-59 50 Yard Breaststroke

NATL: 31.83 * 4/1/2023 S Von Der Lippe

ZONECHAMPS: 35.79 Z 4/11/2015 Kim Brightwell

1	Tyson, Laura	59	JACM-7	48.40	9
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Women 55-59 100 Yard Breaststroke

NATL: 1:10.55 * 4/28/2017 Caroline Krattli

ZONECHAMPS: 1:19.05 Z 4/7/2017 Jenny Cook

1	Myers, Karen	55	CBFY-8	1:28.79	9
				42.57 1:28.79	

Women 55-59 200 Yard Breaststroke

NATL: 2:36.82 * 12/15/2019 Ellen Reynolds

ZONECHAMPS: 2:51.27 Z 4/13/2018 Vibeke Swanson

1	Hug, Laurie	57	1776-8	2:57.03	9
				40.46 1:24.78 2:10.87 2:57.03	

Women 55-59 100 Yard Butterfly

NATL: 1:00.41 * 4/29/2017 Karlyn Pipes

ZONECHAMPS: 1:09.68 Z 4/21/2013 Jeanne Lappin

1	Gary, Kristin	55	NYAC-6	1:10.10	9
				32.71 1:10.10	

Women 55-59 200 Yard Butterfly

NATL: 2:16.28 * 5/10/2009 Laura Val

ZONECHAMPS: 2:38.25 Z 4/20/2013 Jeanne Lappin

1	Hug, Laurie	57	1776-8	2:36.33Z	9
				34.52 1:13.52 1:54.22 2:36.33	

Women 55-59 100 Yard IM

NATL: 1:02.34 * 4/29/2017 Karlyn Pipes

ZONECHAMPS: 1:09.37 Z 4/8/2016 Kim Brightwell

1	Hug, Laurie	57	1776-8	1:12.77	9
				33.98 1:12.77	
2	Gary, Kristin	55	NYAC-6	1:12.84	7
				31.89 1:12.84	
3	Myers, Karen	55	CBFY-8	1:22.41	6
				38.64 1:22.41	

Women 55-59 200 Yard IM

NATL: 2:13.92 * 12/14/2019 Ellen Reynolds

ZONECHAMPS: 2:31.35 Z 4/7/2017 Vibeke Swanson

1	Hug, Laurie	57	1776-8	2:34.60	9
				34.18 1:13.32 1:58.62 2:34.60	

Women 55-59 400 Yard IM

NATL: 4:45.55 * 11/22/2019 Ellen Reynolds

ZONECHAMPS: 5:29.09 Z 4/23/2010 Shirley Loftus-Charley

1	Hug, Laurie	57	1776-8	5:20.36Z	9
				34.38 1:13.88 1:55.36 2:37.04	
				3:21.74 4:08.63 4:44.95 5:20.36	

Women 60-64 50 Yard Freestyle

NATL: 26.20 * 5/11/2018 Penny Noyes

ZONECHAMPS: 28.09 Z 4/12/2015 Melinda Wolff

1	Restrepo, Marie	60	1693-12	28.12	9
2	Burke, Barbara	61	1776-8	29.73	7
3	Mackall, Suni	60	1693-12	32.41	6

Women 60-64 100 Yard Freestyle

NATL: 56.45 * 4/29/2012 Laura Val

ZONECHAMPS: 1:03.49 Z 4/5/2019 Nancy Steadman Martin

1	Mackall, Suni	60	1693-12	1:14.30	9
				33.76 1:14.30	
2	Adamoli, Donna	60	JACM-7	1:16.22	7
				36.56 1:16.22	

Women 60-64 200 Yard Freestyle

NATL: 2:05.75 * 5/22/2016 Laura Val

ZONECHAMPS: 2:15.58 Z 4/12/2015 Nancy Steadman Martin

1	Adamoli, Donna	60	JACM-7	2:49.43	9
				38.04 1:21.00 2:05.40 2:49.43	

Women 60-64 500 Yard Freestyle

NATL: 5:39.00 * 1/26/2014 Laura Val

ZONECHAMPS: 5:59.61 Z 4/11/2015 Nancy Steadman Martin

1	Adamoli, Donna	60	JACM-7	7:41.33	9
				39.94 1:23.90 2:11.40 2:57.86	
				3:45.74 4:32.93 5:20.16 6:07.73	
				6:55.21 7:41.33	

Women 60-64 1000 Yard Freestyle

NATL:11:40.89 * 5/19/2019 Bonnie Spivey

ZONECHAMPS:12:22.20 Z 4/8/2016 Shirley Loftus-Charley

1	Tompkins, Megan	60	UC07	12:41.48	9
				33.56 1:10.16 1:48.16 2:26.50	
				3:04.84 3:43.35 4:22.09 5:00.45	
				5:39.40 6:17.86 6:56.54 7:35.40	
				8:13.87 8:52.49 9:30.92 10:09.59	
				10:47.96 11:26.42 12:04.69 12:41.48	
2	Swanson, Vibeke	61	1776-8	13:06.54	7
				33.94 1:11.17 1:50.11 2:30.26	
				3:10.43 3:50.56 4:30.47 5:10.66	
				5:50.67 6:30.81 7:11.13 7:51.06	
				8:30.74 9:10.61 9:50.57 10:30.78	
				11:11.07 11:51.12 12:29.85 13:06.54	
3	Burke, Barbara	61	1776-8	13:34.54	6
				35.04 1:15.18 1:55.78 2:36.56	
				3:17.48 3:59.24 4:40.68 5:21.66	
				6:03.50 6:45.09 7:26.29 8:07.87	
				8:48.93 9:30.09 10:11.37 10:52.81	
				11:34.46 12:15.15 12:54.85 13:34.54	

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Women 60-64 50 Yard Backstroke

NATL: 29.58 * 4/26/2015 Laura Val

ZONECHAMPS: 32.43 Z 4/7/2017 Joan Pfinsgraff

1	Brightwell, Kim	63	RMST-10	33.39	9
2	Restrepo, Marie	60	1693-12	33.42	7

Women 60-64 100 Yard Backstroke

NATL: 1:03.72 * 5/12/2013 Laura Val

ZONECHAMPS: 1:10.39 Z 4/11/2015 Joan Pfinsgraff

1	Brightwell, Kim	63	RMST-10	1:13.48	9
				36.79	1:13.48
2	Swanson, Vibeke	61	1776-8	1:14.56	7
				36.06	1:14.56

Women 60-64 200 Yard Backstroke

NATL: 2:19.36 * 4/7/2018 Bonnie Bilich

ZONECHAMPS: 2:29.39 Z 4/7/2017 Joan Pfinsgraff

1	Swanson, Vibeke	61	1776-8	2:42.73	9
				39.00	1:20.57
				2:02.47	2:42.73
2	Brightwell, Kim	63	RMST-10	2:43.96	7
				38.54	1:21.21
				2:02.90	2:43.96

Women 60-64 50 Yard Breaststroke

NATL: 33.79 * 5/7/2017 Melinda Mann

ZONECHAMPS: 36.77 Z 4/20/2013 Melinda Wolff

1	Brightwell, Kim	63	RMST-10	38.56	9
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Women 60-64 100 Yard Breaststroke

NATL: 1:16.55 * 5/6/2017 Melinda Mann

ZONECHAMPS: 1:19.00 Z 4/21/2013 Melinda Wolff

1	Swanson, Vibeke	61	1776-8	1:26.59	9
				41.86	1:26.59
2	Adamoli, Donna	60	JACM-7	1:37.45	7
				46.47	1:37.45

Women 60-64 200 Yard Breaststroke

NATL: 2:44.73 * 4/26/2015 LO Knapp

ZONECHAMPS: 2:56.39 Z 5/2/1999 Joann Leilich

1	Swanson, Vibeke	61	1776-8	3:03.75	9
				42.76	1:29.31
				2:16.95	3:03.75
2	Burke, Barbara	61	1776-8	3:07.18	7
				44.16	1:31.18
				2:20.58	3:07.18
3	Adamoli, Donna	60	JACM-7	3:34.39	6
				47.93	1:41.83
				2:37.72	3:34.39

Women 60-64 50 Yard Butterfly

NATL: 27.93 * 5/13/2018 Traci Granger

ZONECHAMPS: 32.07 Z 4/11/2015 Melinda Wolff

1	Burke, Barbara	61	1776-8	32.68	9
2	Brightwell, Kim	63	RMST-10	33.09	7

Women 60-64 100 Yard Butterfly

NATL: 1:03.59 * 4/27/2019 Traci Granger

ZONECHAMPS: 1:16.83 Z 4/8/2016 Shirley Loftus-Charley

1	Burke, Barbara	61	1776-8	1:17.10	9
				36.09	1:17.10

Women 60-64 200 Yard Butterfly

NATL: 2:24.30 * 5/10/2013 Laura Val

ZONECHAMPS: 2:42.91 Z 4/5/2019 Nancy Steadman Martin

1	Burke, Barbara	61	1776-8	2:59.65	9
				37.72	1:23.03
				2:11.78	2:59.65

Women 60-64 100 Yard IM

NATL: 1:05.01 * 4/30/2022 Karlyn Pipes

ZONECHAMPS: 1:14.02 Z 4/12/2015 Nancy Steadman Martin

1	Brightwell, Kim	63	RMST-10	1:15.63	9
				35.23	1:15.63
2	Swanson, Vibeke	61	1776-8	1:15.75	7
				35.71	1:15.75
3	Mackall, Suni	60	1693-12	1:29.11	6
				39.69	1:29.11

Women 60-64 200 Yard IM

NATL: 2:24.28 * 4/3/2022 Amy Rieger

ZONECHAMPS: 2:36.65 Z 4/14/2012 Shirley Loftus-Charley

1	Swanson, Vibeke	61	1776-8	2:46.50	9
				38.15	1:19.28
				2:08.57	2:46.50
2	Burke, Barbara	61	1776-8	2:50.10	7
				38.17	1:23.63
				2:12.36	2:50.10

Women 60-64 400 Yard IM

NATL: 5:07.38 * 4/1/2022 Amy Rieger

ZONECHAMPS: 5:36.46 Z 4/6/2014 Shirley Loftus-Charley

1	Burke, Barbara	61	1776-8	6:02.49	9
				37.50	1:20.20
				2:10.27	3:00.11
				3:49.29	4:41.79
				5:22.62	6:02.49

Women 65-69 50 Yard Freestyle

NATL: 26.31 * 3/7/2020 Penny Noyes

ZONECHAMPS: 28.87 Z 4/5/2019 Melinda Wolff

1	Panagacos, Nancy	65	UC08	29.51	9
2	Hoppenrath, Terri	66	UC04	30.45	7

Women 65-69 100 Yard Freestyle

NATL: 57.88 * 5/12/2018 Laura Val

ZONECHAMPS: 1:04.65 Z 4/5/2019 Cecilia McCloskey

1	Panagacos, Nancy	65	UC08	1:07.31	9
				32.21	1:07.31
2	Hoppenrath, Terri	66	UC04	1:10.20	7
				31.54	1:10.20
3	Hood, Patricia	67	1776-8	1:18.65	6
				37.92	1:18.65

Women 65-69 200 Yard Freestyle

NATL: 2:07.23 * 5/11/2018 Laura Val

ZONECHAMPS: 2:25.05 Z 4/7/2017 Shirley Loftus-Charley

1	Steadman Martin, Nancy	68	GSM-7	2:23.54Z	9
2	Panagacos, Nancy	65	UC08	2:30.21	7
				34.10	1:11.33
				1:50.60	2:30.21
3	Hoppenrath, Terri	66	UC04	2:36.83	6
				33.96	1:13.33
				1:54.51	2:36.83
4	Hood, Patricia	67	1776-8	2:47.89	5
				38.46	1:21.24
				2:06.10	2:47.89

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(Women 65-69 200 Yard Freestyle)

5	Lampe, Betty	67	1776-8	2:59.28	4
	40.86	1:26.37	2:13.25	2:59.28	

Women 65-69 500 Yard Freestyle

NATL: 5:52.39 * 5/21/2017 Laura Val

ZONECHAMPS: 6:16.73 Z 4/5/2019 Shirley Loftus-Charley

1	Steadman Martin, Nancy	68	GSM-7	6:11.09Z	9
	33.07	1:09.68	1:47.26	2:25.31	
	3:03.09	3:40.96	4:18.98	4:57.27	
	5:35.92	6:11.09			
2	Hoppenrath, Terri	66	UC04	7:00.58	7
	35.92	1:17.22	2:01.06	2:44.53	
	3:27.72	4:10.51	4:54.17	5:37.62	
	6:20.84	7:00.58			
3	Hood, Patricia	67	1776-8	7:28.38	6
	39.88	1:23.21	2:08.62	2:54.55	
	3:39.18	4:25.75	5:11.45	5:57.37	
	6:44.40	7:28.38			

Women 65-69 1650 Yard Freestyle

NATL:20:33.09 * 7/21/2021 N Steadman Martin

ZONECHAMPS:22:45.56 Z 4/3/2022 Beth Estel

1	Steadman Martin, Nancy	68	GSM-7	21:03.52Z	9
	34.07	1:10.72	1:48.59	2:26.34	
	3:04.12	3:41.92	4:19.87	4:57.84	
	5:35.78	6:13.96	6:52.67	7:31.70	
	8:10.42	8:48.95	9:27.66	10:06.64	
	10:45.76	11:24.78	12:03.80	12:42.82	
	13:21.69	14:00.40	14:39.31	15:18.14	
	15:57.09	16:35.55	17:13.94	17:52.47	
	18:31.07	19:09.48	19:48.06	20:26.38	21:03.52
2	Lampe, Betty	67	1776-8	26:25.85	7
	11:02.85				
			11:51.40		
			12:39.52		
	13:27.84	14:16.52	15:03.99	15:53.14	
	16:41.16	17:29.37	18:17.65	19:06.20	
	19:54.55	20:43.95	21:32.39	22:22.41	
	23:11.12	23:59.74	24:48.27	25:37.59	26:25.85

Women 65-69 50 Yard Backstroke

NATL: 29.65 * 5/12/2018 Laura Val

ZONECHAMPS: 32.40 Z 4/5/2019 Cecilia McCloskey

1	Steadman Martin, Nancy	68	GSM-7	36.78	9
2	Hoppenrath, Terri	66	UC04	38.66	7

Women 65-69 100 Yard Backstroke

NATL: 1:03.96 * 5/11/2018 Laura Val

ZONECHAMPS: 1:09.21 Z 4/5/2019 Cecilia McCloskey

1	Steadman Martin, Nancy	68	GSM-7	1:19.00	9
	38.34	1:19.00			

Women 65-69 200 Yard Backstroke

NATL: 2:23.88 * 5/13/2018 Laura Val

ZONECHAMPS: 2:35.00 Z 4/12/2015 Cecilia McCloskey

1	Steadman Martin, Nancy	68	GSM-7	2:45.21	9
	39.57	1:21.39	2:03.50	2:45.21	

Women 65-69 50 Yard Breaststroke

NATL: 36.58 * 5/11/2018 Melinda Wolff

ZONECHAMPS: 37.33 Z 4/13/2018 Melinda Wolff

1	Hood, Patricia	67	1776-8	49.80	9
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Women 65-69 100 Yard Breaststroke

NATL: 1:20.08 * 4/2/2022 Colette Crabbe

ZONECHAMPS: 1:21.78 Z 4/5/2019 Melinda Wolff

1	Lampe, Betty	67	1776-8	1:48.27	9
	52.20	1:48.27			
2	Hood, Patricia	67	1776-8	1:49.33	7
	51.53	1:49.33			

Women 65-69 200 Yard Breaststroke

NATL: 2:56.56 * 4/3/2022 Colette Crabbe

ZONECHAMPS: 3:01.50 Z 4/4/2004 Joann Leilich

1	Steadman Martin, Nancy	68	GSM-7	3:15.16	9
	45.32	1:35.43	2:25.23	3:15.16	
2	Lampe, Betty	67	1776-8	3:54.61	7
	51.74	1:51.13	2:53.58	3:54.61	
3	Hood, Patricia	67	1776-8	3:56.62	6
	52.14	1:51.73	2:53.94	3:56.62	

Women 65-69 50 Yard Butterfly

NATL: 28.94 * 9/14/2019 Penny Noyes

ZONECHAMPS: 31.83 Z 4/5/2019 Cecilia McCloskey

1	Panagacos, Nancy	65	UC08	32.73	9
2	Lampe, Betty	67	1776-8	45.33	7

Women 65-69 100 Yard Butterfly

NATL: 1:05.47 * 2/2/2020 Penny Noyes

ZONECHAMPS: 1:12.46 Z 4/5/2019 Cecilia McCloskey

1	Steadman Martin, Nancy	68	GSM-7	1:24.34	9
	39.94	1:24.34			
2	Lampe, Betty	67	1776-8	1:50.66	7
	47.50	1:50.66			

Women 65-69 200 Yard Butterfly

NATL: 2:29.12 * 4/9/2017 Laura Val

ZONECHAMPS: 2:53.00 Z 4/5/2019 Shirley Loftus-Charley

1	Steadman Martin, Nancy	68	GSM-7	2:58.98	9
	39.29	1:24.16	2:11.89	2:58.98	
2	Lampe, Betty	67	1776-8	4:04.05	7
	51.39	1:53.58	2:59.65	4:04.05	

Women 65-69 100 Yard IM

NATL: 1:07.03 * 2/1/2020 Penny Noyes

ZONECHAMPS: 1:12.22 Z 4/12/2015 Cecilia McCloskey

1	Panagacos, Nancy	65	UC08	1:17.53	9
	35.44	1:17.53			
2	Keisling, Christine	66	SVY-8	1:24.70	7
	38.96	1:24.70			

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Women 65-69 200 Yard IM

NATL: 2:29.52 * 12/7/2019 Penny Noyes

ZONECHAMPS: 2:37.07 Z 4/11/2015 Cecilia McCloskey

1	Steadman Martin, Nancy	68	GSM-7	2:46.50	9
				38.67	
				1:20.38	
				2:11.35	
				2:46.50	
2	Lampe, Betty	67	1776-8	3:33.57	7
				47.46	
				1:49.20	
				2:50.13	
				3:33.57	

Women 65-69 400 Yard IM

NATL: 5:21.70 * 5/21/2017 Laura Val

ZONECHAMPS: 5:40.18 Z 4/5/2019 Shirley Loftus-Charley

1	Steadman Martin, Nancy	68	GSM-7	5:58.00	9
				40.43	
				1:25.95	
				2:09.87	
				2:54.26	
				3:47.46	
				4:40.66	
				5:19.71	
				5:58.00	
2	Keisling, Christine	66	SVY-8	6:39.83	7
				42.16	
				1:33.55	
				2:28.46	
				3:21.79	
				4:16.65	
				5:12.16	
				5:56.38	
				6:39.83	
3	Lampe, Betty	67	1776-8	7:38.10	6
				51.94	
				1:55.10	
				2:59.73	
				5:03.48	
				6:04.39	
				6:51.88	
				7:38.10	

Women 70-74 50 Yard Freestyle

NATL: 27.10 * 4/30/2022 Laura Val

ZONECHAMPS: 31.87 Z 4/5/2019 Christie Hayes

1	Wolff, Melinda	70	1776-8	30.32Z	9
2	Atkinson, Fiona	72	NEM-2	35.16	7

Women 70-74 100 Yard Freestyle

NATL: 59.11 * 5/1/2022 Laura Val

ZONECHAMPS: 1:09.32 Z 4/5/2019 Christie Hayes

1	Wolff, Melinda	70	1776-8	1:11.10	9
				33.54	
				1:11.10	
2	Remak-Ziff, Heidi	71	JACM-7	1:15.48	7
				36.35	
				1:15.48	
3	Atkinson, Fiona	72	NEM-2	1:19.07	6
				36.95	
				1:19.07	

Women 70-74 100 Yard Backstroke

NATL: 1:05.60 * 4/29/2022 Laura Val

ZONECHAMPS: 1:23.67 Z 4/23/2006 Nancy Brown

1	Wolff, Melinda	70	1776-8	1:42.15	9
				39.00	
				1:42.15	

Women 70-74 50 Yard Breaststroke

NATL: 38.35 * 5/13/2022 Kathleen Lewis

ZONECHAMPS: 41.22 Z 4/5/2019 Christie Hayes

1	Wolff, Melinda	70	1776-8	39.52Z	9
2	Atkinson, Fiona	72	NEM-2	47.52	7

Women 70-74 100 Yard Breaststroke

NATL: 1:24.44 * 8/22/2021 Charlotte Davis

ZONECHAMPS: 1:30.64 Z 4/5/2019 Christie Hayes

1	Wolff, Melinda	70	1776-8	1:29.01Z	9
				41.59	
				1:29.01	
2	Atkinson, Fiona	72	NEM-2	1:47.21	7
				50.61	
				1:47.21	

Women 70-74 200 Yard Breaststroke

NATL: 3:07.28 * 2/2/2009 Joann Leilich

ZONECHAMPS: 3:18.26 Z 4/13/2018 Margot Pettijohn

1	Atkinson, Fiona	72	NEM-2	3:56.65	9
				52.37	
				1:53.49	
				2:56.85	
				3:56.65	

Women 70-74 100 Yard IM

NATL: 1:11.64 * 4/2/2022 Laura Val

ZONECHAMPS: 1:23.21 Z 4/5/2019 Christie Hayes

1	Wolff, Melinda	70	1776-8	1:23.53	9
				38.20	
				1:23.53	

Women 75-79 50 Yard Freestyle

NATL: 30.53 * 4/30/2022 Diann Uustal

ZONECHAMPS: 35.17 Z 4/8/2016 Beth Schreiner

1	Hayes, Christie	75	NEM-2	34.13Z	9
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Women 75-79 100 Yard Freestyle

NATL: 1:09.34 * 5/1/2022 Diann Uustal

ZONECHAMPS: 1:17.32 Z 4/17/2011 Johnnie Detrick

1	Hayes, Christie	75	NEM-2	1:15.07Z	9
				35.96	
				1:15.07	

Women 75-79 200 Yard Freestyle

NATL: 2:32.99 * 4/29/2022 Diann Uustal

ZONECHAMPS: 2:59.85 Z 4/8/2016 Beth Schreiner

1	Hayes, Christie	75	NEM-2	2:42.18Z	9
				37.05	
				1:18.22	
				2:00.61	
				2:42.18	

Women 75-79 500 Yard Freestyle

NATL: 7:10.67 * 4/1/2023 Christie Hayes

ZONECHAMPS: 9:39.50 Z 4/25/2009 Lesley Francis

---	Hayes, Christie	75	NEM-2	DQ	
				38.25	
				1:20.60	
				2:05.10	
				2:50.35	
				3:35.95	
				4:21.36	
				5:07.28	
				5:53.06	
				6:40.61	

Women 75-79 1000 Yard Freestyle

NATL:14:48.40 * 3/31/2023 Christie Hayes

ZONECHAMPS:19:54.95 Z 4/15/2007 Lesley Francis

1	Onton, Ann Louise	79	CONN-5	26:11.93	9
				1:14.00	
				2:29.43	
				3:48.14	
				5:06.70	
				6:26.53	
				7:46.82	
				9:07.91	
				10:31.74	
				11:51.86	
				13:13.12	
				14:39.97	
				16:08.39	
				17:32.99	
				19:03.91	
				20:30.55	
				21:58.57	
				23:23.89	
				24:48.41	
				26:11.93	

Women 75-79 1650 Yard Freestyle

NATL:26:31.78 * 1/29/2023 Beverly Montrella

ZONECHAMPS:35:00.06 Z 4/20/1997 BillieAnn Burrill

1	Hayes, Christie	75	NEM-2	24:36.58*	9
				40.05	
				1:22.61	
				2:06.30	
				2:50.90	
				3:35.45	
				4:19.93	
				5:04.38	
				5:48.71	
				6:33.67	
				7:18.58	
				8:03.62	
				8:48.07	
				9:33.23	
				10:18.23	
				11:03.06	
				11:48.30	
				12:33.61	
				13:18.65	
				14:04.39	
				14:50.15	
				15:35.37	
				16:20.55	
				17:05.67	
				17:51.28	
				18:36.45	
				19:21.69	
				20:07.06	
				20:52.61	
				21:38.95	
				22:23.87	
				23:08.62	
				23:53.02	
				24:36.58	

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Women 75-79 100 Yard Backstroke

NATL: 1:19.70 * 2/12/2023 Diann Uustal

ZONECHAMPS: 1:36.73 Z 4/8/2016 Beth Schreiner

---	Onton, Ann Louise	79	CONN-5	DQ
	1:32.44			

Women 75-79 200 Yard Backstroke

NATL: 2:53.97 * 4/30/2022 Diann Uustal

ZONECHAMPS: 3:31.02 Z 5/2/1999 Ruth Morrill

---	Onton, Ann Louise	79	CONN-5	DQ
	1:39.35	3:25.28	5:12.95	

Women 75-79 50 Yard Breaststroke

NATL: 41.53 * 4/13/2014 Joann Leilich

ZONECHAMPS: 48.35 Z 4/17/2011 Johnnie Detrick

1	Hayes, Christie	75	NEM-2	45.37Z	9
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Women 75-79 100 Yard Breaststroke

NATL: 1:29.24 * 4/11/2014 Joann Leilich

ZONECHAMPS: 1:37.18 Z 4/13/2018 Joann Leilich

1	Hayes, Christie	75	NEM-2	1:37.57	9
	46.02	1:37.57			
2	Onton, Ann Louise	79	CONN-5	3:26.31	7
	1:37.57	3:26.31			

Women 75-79 200 Yard Breaststroke

NATL: 3:16.31 * 4/5/2014 Joann Leilich

ZONECHAMPS: 3:16.31 Z 4/5/2014 Joann Leilich

1	Hayes, Christie	75	NEM-2	3:36.30	9
	49.61	1:45.18	2:41.61	3:36.30	
2	Onton, Ann Louise	79	CONN-5	7:40.83	7
	1:41.72	3:41.82	5:44.40	7:40.83	

Women 75-79 50 Yard Butterfly

NATL: 38.05 * 4/26/2015 Mary Ann Case

ZONECHAMPS: 53.53 Z 4/17/2011 Johnnie Detrick

1	Onton, Ann Louise	79	CONN-5	1:56.34	9
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Women 75-79 100 Yard Butterfly

NATL: 1:35.55 * 4/24/2015 Mary Ann Case

ZONECHAMPS: 2:33.03 Z 5/2/1999 Mary Wixted

---	Onton, Ann Louise	79	CONN-5	DQ
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Women 75-79 200 Yard Butterfly

NATL: 3:36.66 * 4/26/2019 Daniela Barnea

ZONECHAMPS: 6:45.26 Z 4/2/2000 Mary Wixted

---	Onton, Ann Louise	79	CONN-5	DQ
	2:08.70	4:40.09	7:11.40	

Women 75-79 100 Yard IM

NATL: 1:20.26 * 4/3/2022 Diann Uustal

ZONECHAMPS: 1:42.40 Z 4/13/2018 Joann Leilich

1	Hayes, Christie	75	NEM-2	1:29.45Z	9
	43.78	1:29.45			
2	Onton, Ann Louise	79	CONN-5	3:07.76	7
	1:40.46	3:07.76			

Women 75-79 200 Yard IM

NATL: 3:14.61 * 4/27/2019 Daniela Barnea

ZONECHAMPS: 3:21.72 Z 4/5/2014 Joann Leilich

1	Hayes, Christie	75	NEM-2	3:20.86Z	9
	50.04	1:41.67	2:36.45	3:20.86	
2	Onton, Ann Louise	79	CONN-5	6:50.23	7
	2:03.69	3:43.13	5:37.50	6:50.23	

Women 75-79 400 Yard IM

NATL: 7:01.26 * 4/2/2023 Christie Hayes

ZONECHAMPS: 7:08.24 Z 4/6/2014 Joann Leilich

1	Hayes, Christie	75	NEM-2	7:04.23Z	9
	50.18	1:50.97	2:47.30	3:40.65	
	4:36.84	5:34.93	6:20.60	7:04.23	
---	Onton, Ann Louise	79	CONN-5	DQ	
	2:04.54	4:27.96	6:05.04		
	9:36.89	11:32.79	12:49.61		

Men 18-24 50 Yard Freestyle

NATL: 19.36 * 4/28/2012 Josh Schneider

ZONECHAMPS: 20.24 Z 4/13/2018 Lucas Bureau

1	Von Autenried, Kurt	24	CHEL-6	20.99	9
2	Brukx, Peter	23	NYAC-6	21.45	7
3	Scerbo, Joseph	23	IUSC-58	21.51	6
*4	Marsh, Matthew	23	SVY-8	22.20	4.5
*4	Fuller, Walter	23	GPAC-8	22.20	4.5
6	Blindenbach, Jacob	23	1693-12	22.21	3
7	Chamak, Joshua	23	UN-6	22.51	2
8	Gonzalez-Flores, James	22	PINE-6	27.23	1

Men 18-24 100 Yard Freestyle

NATL: 42.59 * 12/1/2012 Eugene Godsoe

ZONECHAMPS: 43.97 Z 4/13/2018 Lucas Bureau

1	Von Autenried, Kurt	24	CHEL-6	46.44	9
	22.48	46.44			
2	Brukx, Peter	23	NYAC-6	47.40	7
	22.59	47.40			
3	Marsh, Matthew	23	SVY-8	48.72	6
	22.95	48.72			
4	Chamak, Joshua	23	UN-6	48.87	5
	23.74	48.87			
5	Vasilkoff, Daniel	20	PINE-6	50.44	4
	23.81	50.44			
6	Euyoque, Kevin	18	PINE-6	53.22	3
	25.28	53.22			
---	Zerunyan, Marko	21	1693-12	DNF	

Men 18-24 200 Yard Freestyle

NATL: 1:35.02 * 11/8/2009 Andy Grant

ZONECHAMPS: 1:39.93 Z 4/13/2018 Lucas Bureau

1	Von Autenried, Kurt	24	CHEL-6	1:44.89	9
	24.61	51.74	1:18.74	1:44.89	
2	Chamak, Joshua	23	UN-6	1:52.90	7
	26.62	55.20	1:24.35	1:52.90	

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Men 18-24 1650 Yard Freestyle

NATL: 15:48.70 * 3/27/2010 Andrew Mueller

ZONECHAMPS: 17:15.37 Z 4/3/2022 Alexander Burnam

1	Daly, Patrick	24	PAC-6	17:53.88	9
	28.24	59.76	1:32.26	2:05.23	
	2:38.14	3:11.10	3:44.20	4:17.29	
	4:50.34	5:23.48	5:56.54	6:29.44	
	7:02.35	7:35.29	8:08.07	8:40.85	
	9:13.50	9:46.06	10:18.42	10:51.07	
	11:23.76	11:56.68	12:29.59	13:02.42	
	13:35.53	14:08.15	14:41.12	15:13.65	
	15:46.23	16:18.89	16:51.17	17:23.11	17:53.88

Men 18-24 50 Yard Backstroke

NATL: 22.33 * 5/10/2013 Andrew Elliott

ZONECHAMPS: 22.62 Z 4/5/2019 Logan Burton

1	Marsh, Matthew	23	SVY-8	24.82	9
2	Brukx, Peter	23	NYAC-6	26.10	7
3	Montee, Dillon	19	PINE-6	27.05	6
4	Sostre, Aaron	24	PINE-6	32.41	5
5	Xia, Vincent	23	FINSP-8	33.00	4

Men 18-24 100 Yard Backstroke

NATL: 45.36 * 11/30/2012 Eugene Godsoe

ZONECHAMPS: 49.19 Z 4/15/2007 Chris Gibson

1	Jurman, Jasper	24	UC06	51.81	9
	24.91	51.81			
2	Zhu, Nicholas	23	UC06	52.03	7
	25.03	52.03			
3	Chamak, Joshua	23	UN-6	53.39	6
	25.78	53.39			
4	Marsh, Matthew	23	SVY-8	55.27	5
	26.39	55.27			

Men 18-24 50 Yard Breaststroke

NATL: 24.53 * 2/1/2015 Rostyslav Fedyna

ZONECHAMPS: 25.32 Z 4/23/2006 William Liscinsky

1	Montee, Dillon	19	PINE-6	28.82	9
2	Bonnick, Zail	21	PINE-6	32.28	7
3	Sostre, Aaron	24	PINE-6	34.28	6

Men 18-24 100 Yard Breaststroke

NATL: 52.63 * 2/3/2018 Josh Prenot

ZONECHAMPS: 56.37 Z 4/23/2006 William Liscinsky

1	Scerbo, Joseph	23	IUSC-58	58.45	9
	27.34	58.45			
2	Blindenbach, Jacob	23	1693-12	1:01.76	7
	29.12	1:01.76			
3	Bonnick, Zail	21	PINE-6	1:11.34	6
	32.71	1:11.34			
4	Euyoque, Kevin	18	PINE-6	1:13.86	5
	34.59	1:13.86			

Men 18-24 50 Yard Butterfly

NATL: 21.13 * 4/26/2015 Henrik Lindau

ZONECHAMPS: 21.95 Z 4/13/2018 Lucas Bureau

1	Zhu, Nicholas	23	UC06	22.72	9
2	Brukx, Peter	23	NYAC-6	22.97	7

3	Gonzalez-Flores, James	22	PINE-6	28.73	6
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Men 18-24 100 Yard Butterfly

NATL: 46.65 * 11/30/2012 Eugene Godsoe

ZONECHAMPS: 47.41 Z 4/13/2018 Lucas Bureau

1	Brukx, Peter	23	NYAC-6	51.29	9
	23.77	51.29			
2	Von Autenried, Kurt	24	CHEL-6	51.45	7
	24.52	51.45			
3	Scerbo, Joseph	23	IUSC-58	51.61	6
	23.62	51.61			
4	Zerunyan, Marko	21	1693-12	51.98	5
	24.08	51.98			
5	Chamak, Joshua	23	UN-6	54.02	4
	25.15	54.02			
6	Blindenbach, Jacob	23	1693-12	54.20	3
	25.32	54.20			
7	Fuller, Walter	23	GPAC-8	1:00.09	2
	27.27	1:00.09			
8	Xia, Vincent	23	FINSP-8	1:09.39	1
	30.43	1:09.39			

Men 18-24 200 Yard Butterfly

NATL: 1:44.08 * 4/30/2022 Zachary Fong

ZONECHAMPS: 1:55.56 Z 4/5/2019 Alex Arrieta

1	Jurman, Jasper	24	UC06	1:55.57	9
	24.76	53.42	1:23.16	1:55.57	

Men 18-24 100 Yard IM

NATL: 48.96 * 4/26/2019 Andrew Appleby

ZONECHAMPS: 49.23 Z 4/13/2018 Lucas Bureau

1	Scerbo, Joseph	23	IUSC-58	52.07	9
	23.67	52.07			
2	Zerunyan, Marko	21	1693-12	53.78	7
	24.18	53.78			
3	Brukx, Peter	23	NYAC-6	54.91	6
	24.22	54.91			
4	Blindenbach, Jacob	23	1693-12	55.17	5
	25.24	55.17			
5	Xia, Vincent	23	FINSP-8	1:09.91	4
	30.75	1:09.91			
6	Gonzalez-Flores, James	22	PINE-6	1:10.11	3
	32.15	1:10.11			

Men 18-24 200 Yard IM

NATL: 1:48.91 * 2/2/2020 Samuel Stewart

ZONECHAMPS: 1:56.71 Z 4/15/2007 Geoffrey Meyer Jr

1	Jurman, Jasper	24	UC06	1:55.60Z	9
	24.58	54.49	1:27.61	1:55.60	
2	Zerunyan, Marko	21	1693-12	1:59.40	7
	24.73	54.28	1:30.19	1:59.40	
3	Brukx, Peter	23	NYAC-6	2:00.45	6
	24.31	55.77	1:32.24	2:00.45	
4	Von Autenried, Kurt	24	CHEL-6	2:00.65	5
	24.39	56.39	1:33.82	2:00.65	

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Men 25-29 50 Yard Freestyle

NATL: 18.67 * 12/20/2014 Bousquet\Adrian

ZONECHAMPS: 20.49 Z 4/6/2014 Jarryd Botha

1	Husch, Stephen	26	IUSC-58	21.62	9
2	Om, John	26	LHY-7	21.92	7
3	Schnaars, George	28	CHEL-6	23.23	6
4	Luo, Victor	28	CHEL-6	23.33	5
5	Buckley, Greg	26	FINSP-8	23.38	4
6	Chung, David	28	CHEL-6	24.81	3

Men 25-29 100 Yard Freestyle

NATL: 41.13 * 5/3/2014 Nathan Adrian

ZONECHAMPS: 45.53 Z 4/7/2017 Kevin Gallagher

1	Ordabayev, Dayan	27	PINE-6	47.54	9
	22.53	47.54			
2	Knoll, Daniel	26	1776-8	47.60	7
	22.82	47.60			
3	Ouano, Peyton	26	JSM-7	50.58	6
	24.05	50.58			
4	Lau, Jacky	29	UC13	50.78	5
	24.00	50.78			
5	Nguyen, Hao	28	PINE-6	51.60	4
	24.19	51.60			
6	Hymowitz, Josh	28	REDT-6	52.69	3
	24.46	52.69			

Men 25-29 200 Yard Freestyle

NATL: 1:31.93 * 12/6/2013 Darian Townsend

ZONECHAMPS: 1:41.97 Z 4/22/2001 Marc Grabish

1	Maxian, Ondrej	27	CBFY-8	1:52.14	9
	26.65	55.05	1:23.72	1:52.14	

Men 25-29 500 Yard Freestyle

NATL: 4:20.82 * 4/17/2010 Andy Grant

ZONECHAMPS: 4:39.22 Z 4/12/1992 Bruce Hayes

1	Maxian, Ondrej	27	CBFY-8	5:01.55	9
	26.73	56.01	1:26.16	1:57.03	
	2:28.02	2:59.18	3:30.13	4:00.27	
	4:31.27	5:01.55			
---	Ouano, Peyton	26	JSM-7	DFS	

Men 25-29 1000 Yard Freestyle

NATL: 9:19.61 * 3/15/2014 Tobias Work

ZONECHAMPS: 9:55.05 Z 4/14/1991 Steve Fisher

1	Maxian, Ondrej	27	CBFY-8	10:17.23	9
			3:31.50	4:02.45	
	4:33.69	5:05.08	5:36.23	6:07.86	
	6:39.34	7:11.08	7:42.82	8:14.47	
	8:45.76	9:16.80	9:47.54	10:17.23	

Men 25-29 50 Yard Backstroke

NATL: 21.46 * 4/16/2010 Adam Mania

ZONECHAMPS: 23.28 Z 4/6/2014 Jarryd Botha

---	Schnaars, George	28	CHEL-6	DFS	
---	Luo, Victor	28	CHEL-6	DFS	

Men 25-29 100 Yard Backstroke

NATL: 45.95 * 4/15/2010 Adam Mania

ZONECHAMPS: 50.56 Z 4/5/2014 Jarryd Botha

1	Maxian, Ondrej	27	CBFY-8	58.46	9
	28.45	58.46			
2	Linaburg, Jeremy	25	1693-12	1:02.75	7
	30.30	1:02.75			

Men 25-29 200 Yard Backstroke

NATL: 1:45.77 * 3/20/2016 David Russell

ZONECHAMPS: 1:53.99 Z 4/22/2001 Peter Hezky

1	Buckley, Greg	26	FINSP-8	2:01.40	9
	27.08	57.56	1:29.49	2:01.40	
2	Maxian, Ondrej	27	CBFY-8	2:04.62	7
	29.39	1:00.97	1:32.63	2:04.62	

Men 25-29 50 Yard Breaststroke

NATL: 23.87 * 5/21/2010 Mark Gangloff

ZONECHAMPS: 25.23 Z 4/15/2007 William Liscinsky

1	Burnam, Alexander	25	NEM-2	26.67	9
2	Om, John	26	LHY-7	26.89	7
*3	De Jesus, Jose	29	TERR-10	27.24	5.5
*3	Luo, Victor	28	CHEL-6	27.24	5.5
5	Linaburg, Jeremy	25	1693-12	28.55	4
6	Schnaars, George	28	CHEL-6	28.96	3
7	Nguyen, Hao	28	PINE-6	29.59	2
8	Lau, Jacky	29	UC13	29.82	1

Men 25-29 100 Yard Breaststroke

NATL: 51.57 * 4/25/2015 Marcus Titus

ZONECHAMPS: 56.76 Z 4/25/2010 William Liscinsky

1	Husch, Stephen	26	IUSC-58	56.67Z	9
	26.17	56.67			
2	Burnam, Alexander	25	NEM-2	58.63	7
	27.74	58.63			
3	Luo, Victor	28	CHEL-6	58.99	6
	28.16	58.99			
4	Om, John	26	LHY-7	1:00.69	5
	28.40	1:00.69			
5	De Jesus, Jose	29	TERR-10	1:01.64	4
	28.26	1:01.64			
6	Chung, David	28	CHEL-6	1:02.71	3
	29.01	1:02.71			
7	Linaburg, Jeremy	25	1693-12	1:03.38	2
	29.16	1:03.38			
8	Hauck, David	28	NBFW-7	1:18.55	1
	37.38	1:18.55			

Men 25-29 200 Yard Breaststroke

NATL: 1:53.04 * 12/21/2013 BJ Johnson

ZONECHAMPS: 2:07.48 Z 4/23/2006 Ethan Bassett

1	Burnam, Alexander	25	NEM-2	2:07.29Z	9
	28.78	1:01.62	1:34.34	2:07.29	
2	Luo, Victor	28	CHEL-6	2:11.81	7
	30.15	1:03.31	1:36.88	2:11.81	
3	Maxian, Ondrej	27	CBFY-8	2:22.70	6
	32.43	1:07.86	1:44.80	2:22.70	

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Men 25-29 50 Yard Butterfly

NATL: 20.99 * 4/28/2019 Marcin Cieslak				
ZONECHAMPS: 22.18 Z 4/1/2022 Matt Grauslys				
1	Om, John	26	LHY-7	23.97 9
2	Luo, Victor	28	CHEL-6	24.80 7
3	Schnaars, George	28	CHEL-6	24.88 6
4	Linaburg, Jeremy	25	1693-12	25.78 5
5	Hymowitz, Josh	28	REDT-6	27.05 4

Men 25-29 100 Yard Butterfly

NATL: 45.32 * 11/30/2012 Davis Tarwater				
ZONECHAMPS: 49.75 Z 4/1/2022 Matt Grauslys				
1	Husch, Stephen	26	IUSC-58	52.08 9
	24.35		52.08	
2	Om, John	26	LHY-7	52.20 7
	24.69		52.20	

Men 25-29 100 Yard IM

NATL: 47.77 * 5/3/2014 Darian Townsend				
ZONECHAMPS: 50.51 Z 4/15/2007 William Liscinsky				
1	Om, John	26	LHY-7	54.54 9
	26.13		54.54	
2	Luo, Victor	28	CHEL-6	54.88 7
	25.19		54.88	
3	Chung, David	28	CHEL-6	56.10 6
	26.49		56.10	
4	Schnaars, George	28	CHEL-6	58.06 5
	26.64		58.06	
5	Linaburg, Jeremy	25	1693-12	59.67 4
	26.87		59.67	
6	Hauck, David	28	NBFW-7	1:11.16 3
	32.45		1:11.16	

Men 25-29 200 Yard IM

NATL: 1:41.79 * 12/21/2013 Darian Townsend				
ZONECHAMPS: 1:55.03 Z 4/4/2004 Frank Byskov				
1	Kettlewell-Sites, Sam	25	1693-12	2:00.07 9
	24.56		52.59	
			1:29.81	
			2:00.07	
2	Luo, Victor	28	CHEL-6	2:00.85 7
3	Knoll, Daniel	26	1776-8	2:04.10 6
	26.51		57.68	
			1:34.04	
			2:04.10	
4	Hymowitz, Josh	28	REDT-6	2:24.10 5
	28.89		1:08.10	
			1:53.16	
			2:24.10	

Men 25-29 400 Yard IM

NATL: 3:41.85 * 12/20/2013 Darian Townsend				
ZONECHAMPS: 4:07.19 Z 4/22/2001 Peter Hezky				
1	Maxian, Ondrej	27	CBFY-8	4:26.92 9
	29.75		1:03.83	
			1:36.97	
			2:10.93	
	2:49.12		3:27.84	
			3:57.91	
			4:26.92	

Men 30-34 50 Yard Freestyle

NATL: 19.33 * 5/3/2014 Ervin\Ervin				
ZONECHAMPS: 20.65 Z 4/13/2018 Kevin Gallagher				
1	Manfredi, Luca	31	CHEL-6	22.38 9

Men 30-34 100 Yard Freestyle

NATL: 42.75 * 12/21/2014 Darian Townsend				
ZONECHAMPS: 45.67 Z 4/13/2018 Kevin Gallagher				
1	Wahl, Zachary	32	ROCH-4	48.24 9
	23.40		48.24	
2	Laplante, Brett	34	TERR-10	51.99 7
	24.95		51.99	
3	McCort, Matthew	33	YGMC-7	52.04 6
	24.60		52.04	
4	Szyszkowski, Blase	33	YGMC-7	52.93 5
	25.01		52.93	
5	Materniak, Eric	31	RMST-10	54.65 4
	26.11		54.65	
6	Koons, Andrew	30	RMST-10	59.47 3
	28.10		59.47	
7	Scheffler, Ian	32	UC08	1:02.55 2
	29.74		1:02.55	
8	Gospodarsky, Arty	30	1776-8	1:07.45 1
	31.59		1:07.45	

Men 30-34 200 Yard Freestyle

NATL: 1:34.00 * 12/19/2014 Darian Townsend				
ZONECHAMPS: 1:40.60 Z 4/2/2022 Marcos Lavado				
1	Wahl, Zachary	32	ROCH-4	1:45.25 9
	24.62		51.57	
			1:19.01	
			1:45.25	
2	Callanan, Ryan	30	1776-8	1:55.90 7
	26.34		55.03	
			1:25.20	
			1:55.90	
3	Frawley, Robert	34	NYAC-6	2:02.68 6
	28.02		59.44	
			1:30.50	
			2:02.68	

Men 30-34 500 Yard Freestyle

NATL: 4:26.34 * 2/19/2022 Drew Modrov				
ZONECHAMPS: 4:39.81 Z 4/1/2022 Eric Nilsson				
1	Callanan, Ryan	30	1776-8	5:19.90 9
	28.89		59.25	
			1:30.82	
			2:02.31	
	2:34.28		3:06.29	
			3:39.29	
	4:46.31		5:19.90	
2	Scheffler, Ian	32	UC08	6:38.39 7
	34.12		1:12.11	
			1:51.80	
			2:33.16	
	3:14.82		3:56.93	
			4:38.34	
	6:00.58		6:38.39	
3	Gospodarsky, Arty	30	1776-8	7:17.52 6
	35.66		1:58.67	
			2:42.60	
			3:26.99	
	4:12.16		4:57.89	
			5:44.47	
	7:17.61		7:17.52	

Men 30-34 1000 Yard Freestyle

NATL: 9:26.93 * 3/23/2003 Joshua Woodruff				
ZONECHAMPS: 10:12.02 Z 4/13/2012 Stephen Michaels				
1	Koons, Andrew	30	RMST-10	12:31.64 9
			4:14.14	
			4:52.34	
	5:30.83		6:09.44	
			6:48.15	
	8:05.44		8:43.91	
			9:22.53	
	10:39.26		11:17.35	
			11:55.44	
			12:31.64	

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Men 30-34 1650 Yard Freestyle

NATL: 15:51.57 * 5/12/1996 Jeff Erwin

ZONECHAMPS: 16:21.91 Z 4/3/2022 Eric Nilsson

1	Callanan, Ryan	30	1776-8	18:57.25	9
	29.38	1:01.63	1:34.17	2:07.32	
	2:40.53	3:14.28	3:48.38	4:22.53	
	4:57.12	5:31.28	6:05.80	6:40.73	
	7:15.35	7:50.45	8:25.46	9:01.30	
	9:36.91	10:12.25	10:47.71	11:23.46	
	11:58.80	12:34.06	13:09.59	13:44.96	
	14:20.54	14:55.93	15:31.18	16:06.26	
	16:41.41	17:15.70	17:49.95	18:23.78	18:57.25
2	Gospodarsky, Arty	30	1776-8	25:56.50	7
	37.21	1:18.70	2:02.71	2:47.85	
	3:33.37	4:18.88	5:04.53	5:51.01	
	6:38.01	7:25.03	8:12.69	9:00.20	
	9:47.56	10:35.77	11:24.71	12:13.19	
	13:02.23	13:51.29	14:40.44	15:29.32	
	16:17.48	17:06.97	17:56.31	18:45.42	
	19:34.25	20:23.30	21:13.28	22:02.48	
	22:48.68	23:35.60	24:22.98	25:10.35	25:56.50

Men 30-34 50 Yard Backstroke

NATL: 21.37 * 4/26/2019 Matt Grevers

ZONECHAMPS: 24.35 Z 4/23/2006 Troy Johnson

1	Laplante, Brett	34	TERR-10	27.42	9
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Men 30-34 100 Yard Backstroke

NATL: 46.34 * 12/21/2013 Adam Mania

ZONECHAMPS: 51.93 Z 4/20/2013 Michael Bazylewicz

1	Shu, Jack	30	TNYA-6	57.67	9
	27.79	57.67			
2	McCort, Matthew	33	YGMC-7	57.94	7
	28.14	57.94			
3	Callanan, Ryan	30	1776-8	1:00.99	6
	29.41	1:00.99			

Men 30-34 200 Yard Backstroke

NATL: 1:43.73 * 12/21/2014 Adam Mania

ZONECHAMPS: 1:51.42 Z 4/21/2013 Michael Bazylewicz

1	Callanan, Ryan	30	1776-8	2:15.98	9
	32.28	1:06.14	1:40.91	2:15.98	

Men 30-34 50 Yard Breaststroke

NATL: 24.35 * 4/24/2015 Matt Grevers

ZONECHAMPS: 26.54 Z 4/17/2011 Joe Nagy

1	Szyszkowski, Blase	33	YGMC-7	27.89	9
2	Materniak, Eric	31	RMST-10	29.71	7
3	Laplante, Brett	34	TERR-10	31.36	6
4	Koons, Andrew	30	RMST-10	34.66	5
5	Scheffler, Ian	32	UC08	36.16	4

Men 30-34 100 Yard Breaststroke

NATL: 52.09 * 12/18/2021 Brandon Fischer

ZONECHAMPS: 57.93 Z 4/17/2011 Joe Nagy

1	Frawley, Robert	34	NYAC-6	1:09.96	9
	33.17	1:09.96			

Men 30-34 200 Yard Breaststroke

NATL: 1:54.10 * 12/8/2019 Brandon Fischer

ZONECHAMPS: 2:07.04 Z 4/17/2011 Scott Werner

1	Szyszkowski, Blase	33	YGMC-7	2:19.59	9
	30.65	1:05.24	1:42.25	2:19.59	
2	Callanan, Ryan	30	1776-8	2:31.10	7
	34.01	1:12.12	1:51.11	2:31.10	

Men 30-34 50 Yard Butterfly

NATL: 21.11 * 4/26/2015 Matt Grevers

ZONECHAMPS: 22.73 Z 4/14/2012 Terrence Fenningham

1	Wahl, Zachary	32	ROCH-4	23.56	9
2	McCort, Matthew	33	YGMC-7	25.03	7
3	Shu, Jack	30	TNYA-6	25.74	6
4	Materniak, Eric	31	RMST-10	27.31	5

Men 30-34 100 Yard Butterfly

NATL: 47.28 * 12/20/2013 Adam Mania

ZONECHAMPS: 51.08 Z 4/13/2003 Curtis Sawin

1	Wahl, Zachary	32	ROCH-4	51.99	9
	24.73	51.99			
2	Callanan, Ryan	30	1776-8	1:00.55	7
	26.82	1:00.55			

Men 30-34 200 Yard Butterfly

NATL: 1:45.01 * 4/12/2015 Darian Townsend

ZONECHAMPS: 1:56.82 Z 4/11/2015 Gregory Danner

1	Callanan, Ryan	30	1776-8	2:22.10	9
	31.71	1:06.69	1:43.35	2:22.10	

Men 30-34 100 Yard IM

NATL: 47.71 * 4/29/2017 Ryan Lochte

ZONECHAMPS: 52.65 Z 4/2/2022 Marcos Lavado

1	Manfredi, Luca	31	CHEL-6	56.29	9
	25.90	56.29			
2	Callanan, Ryan	30	1776-8	58.28	7
	26.92	58.28			
3	Laplante, Brett	34	TERR-10	58.92	6
	26.10	58.92			
4	Materniak, Eric	31	RMST-10	1:01.41	5
	28.36	1:01.41			

Men 30-34 200 Yard IM

NATL: 1:42.03 * 12/20/2014 Darian Townsend

ZONECHAMPS: 1:55.50 Z 4/13/2003 Curtis Sawin

1	Laplante, Brett	34	TERR-10	2:07.81	9
	27.30	58.58	1:37.46	2:07.81	
2	Callanan, Ryan	30	1776-8	2:09.28	7
	26.72	59.65	1:37.91	2:09.28	
3	McCort, Matthew	33	YGMC-7	2:11.85	6
	26.43	59.34	1:39.09	2:11.85	

Men 30-34 400 Yard IM

NATL: 3:40.98 * 12/19/2014 Darian Townsend

ZONECHAMPS: 4:07.46 Z 4/2/2022 Eric Nilsson

1	Callanan, Ryan	30	1776-8	4:56.08	9
	31.07	1:06.68	1:47.31	2:26.79	
	3:09.67	3:52.06	4:24.95	4:56.08	

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Men 35-39 100 Yard Freestyle

NATL: 44.24 * 4/20/2009		Vlad Pyshnenko	
ZONECHAMPS: 45.54 Z 4/23/2006		Michael Ross	
1	Washington, Darryl	39 UC08	51.47 9
	23.83 51.47		
2	Thomas, Sean	39 UC09	57.61 7
	28.12 57.61		
3	Schwarz, Shane	39 UC07	58.09 6
	27.94 58.09		

Men 35-39 200 Yard Freestyle

NATL: 1:36.56 * 5/4/2008		Josh Davis	
ZONECHAMPS: 1:39.90 Z 4/24/2005		Michael Ross	
1	Hagerty, Edward	39 AGUA-6	1:48.52 9
	24.94 52.42 1:19.50 1:48.52		
2	Yasinskas, Joseph	39 UC08	2:13.93 7
	30.33 1:03.90 1:39.02 2:13.93		
3	Duguay, Rob	37 CONN-5	2:14.67 6
	32.36 1:06.63 1:41.38 2:14.67		

Men 35-39 500 Yard Freestyle

NATL: 4:33.97 * 5/17/2002		Ronald Karnaugh	
ZONECHAMPS: 4:43.62 Z 4/25/2009		Mark Matheson	
1	Thomas, Sean	39 UC09	5:28.66 9
	29.77 1:02.98 1:36.53 2:09.86		
	2:43.30 3:16.70 3:50.14 4:23.42		
	4:56.47 5:28.66		
2	Schwarz, Shane	39 UC07	5:50.33 7
	31.29 1:06.13 1:42.30 2:17.72		
	2:52.82 3:28.43 4:04.27 4:40.03		
	5:15.94 5:50.33		
3	Sydlik, David	35 FINSP-8	6:02.73 6
	32.85 1:08.58 1:44.65 2:21.44		
	2:58.37 3:35.85 4:13.86 4:50.77		
	5:27.40 6:02.73		
4	Duguay, Rob	37 CONN-5	6:05.58 5
	32.86 1:08.63 1:45.21 2:22.40		
	2:59.61 3:36.91 4:14.33 4:51.63		
	5:29.22 6:05.58		

Men 35-39 1000 Yard Freestyle

NATL: 9:27.97 * 5/20/2010		Eric Christensen	
ZONECHAMPS: 9:50.85 Z 4/13/2012		Frederik Hviid	
1	Griffin, Brendan	39 1693-12	11:42.08 9
	29.98 1:02.48 1:35.71 2:09.96		
	2:45.25 3:20.11 3:55.76 4:31.38		
	5:06.97 5:43.09 6:19.18 6:55.59		
	7:31.68 8:07.91 8:44.10 9:19.92		
	9:55.82 10:31.69 11:07.49 11:42.08		

Men 35-39 1650 Yard Freestyle

NATL: 15:53.88 * 5/18/2003		Jeff Erwin	
ZONECHAMPS: 16:25.58 Z 4/19/2013		Frederik Hviid	
1	Thomas, Sean	39 UC09	18:31.38 9
	31.22 1:04.89 1:38.61 2:12.26		
	2:46.12 3:19.82 3:53.54 4:27.21		
	5:00.85 5:34.54 6:08.29 6:42.10		
	7:15.82 7:49.61 8:23.36 8:57.11		
	9:30.74 10:04.22 10:37.63 11:11.09		
	11:44.72 12:18.54 12:52.36 13:26.44		
	14:00.34 14:34.37 15:08.24 15:42.45		
	16:16.47 16:50.58 17:24.45 17:58.22 18:31.38		
2	Duguay, Rob	37 CONN-5	20:37.98 7
	34.28 1:11.29 1:48.70 2:26.38		
	3:03.91 3:41.63 4:19.62 4:57.51		
	5:35.21 6:12.78 6:50.32 7:28.06		
	8:05.96 8:43.63 9:21.15 9:58.86		
	10:36.57 11:14.27 11:51.75 12:29.67		
	13:07.68 13:45.32 14:23.15 15:01.01		
	15:38.86 16:16.51 16:54.50 17:32.05		
	18:09.69 18:47.44 19:24.94 20:02.45 20:37.98		

Men 35-39 50 Yard Backstroke

NATL: 22.62 * 4/29/2017		Jeff Natalizio	
ZONECHAMPS: 23.06 Z 4/23/2006		Michael Ross	
1	Yasinskas, Joseph	39 UC08	35.32 9

Men 35-39 100 Yard Backstroke

NATL: 47.86 * 4/30/2017		Jeff Natalizio	
ZONECHAMPS: 49.62 Z 4/24/2005		Michael Ross	
1	Griffin, Brendan	39 1693-12	1:02.56 9
	30.49 1:02.56		
2	Schwarz, Shane	39 UC07	1:11.27 7
	35.07 1:11.27		
3	Sydlik, David	35 FINSP-8	1:15.13 6
	37.26 1:15.13		

Men 35-39 200 Yard Backstroke

NATL: 1:47.68 * 4/30/2022		Kevin Nead	
ZONECHAMPS: 1:52.89 Z 4/24/2005		Michael Ross	
1	Griffin, Brendan	39 1693-12	2:12.79 9
	30.57 1:02.94 1:37.16 2:12.79		

Men 35-39 50 Yard Breaststroke

NATL: 25.03 * 3/4/2021		James Fike	
ZONECHAMPS: 26.29 Z 4/22/2001		Wally Dicks	
1	Washington, Darryl	39 UC08	27.76 9

Men 35-39 100 Yard Breaststroke

NATL: 54.14 * 3/4/2021		James Fike	
ZONECHAMPS: 55.84 Z 4/22/2001		Wally Dicks	
1	Yasinskas, Joseph	39 UC08	1:26.39 9
	42.31 1:26.39		

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Men 35-39 200 Yard Breaststroke

NATL: 1:58.71 * 3/6/2021 James Fike

ZONECHAMPS: 2:06.40 Z 4/22/2001 Wally Dicks

1	Duguay, Rob	37	CONN-5	3:02.49	9
	42.19	1:28.06	2:14.66	3:02.49	

Men 35-39 50 Yard Butterfly

NATL: 21.24 * 3/25/2018 Roland Schoeman

ZONECHAMPS: 22.86 Z 4/23/2006 Michael Ross

1	Schwarz, Shane	39	UC07	27.59	9
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Men 35-39 100 Yard Butterfly

NATL: 47.62 * 3/25/2018 Roland Schoeman

ZONECHAMPS: 50.06 Z 4/23/2006 Michael Ross

1	Wong, Jason	38	LICY-6	1:05.60	9
	31.44	1:05.60			

Men 35-39 100 Yard IM

NATL: 49.01 * 4/29/2017 Jeff Natalizio

ZONECHAMPS: 53.98 Z 4/13/2008 Jeffrey Roddin

1	Griffin, Brendan	39	1693-12	1:03.87	9
	29.95	1:03.87			
2	Wong, Jason	38	LICY-6	1:09.52	7
	32.27	1:09.52			
3	Yasinkas, Joseph	39	UC08	1:12.41	6
	33.63	1:12.41			

Men 35-39 200 Yard IM

NATL: 1:48.74 * 12/22/2002 Ronald Karnaugh

ZONECHAMPS: 1:58.94 Z 4/15/2007 Jeffrey Roddin

1	Hagerty, Edward	39	AGUA-6	2:07.09	9
	25.35	55.76	1:32.80	2:07.09	
2	Griffin, Brendan	39	1693-12	2:18.59	7
	31.24	1:05.68	1:45.42	2:18.59	
3	Sydlik, David	35	FINSP-8	2:41.29	6
	33.96	1:14.20	2:03.00	2:41.29	

Men 35-39 400 Yard IM

NATL: 3:56.76 * 12/16/2001 Ron Karnaugh

ZONECHAMPS: 4:25.68 Z 4/22/2001 Danilo Vicioso

1	Wong, Jason	38	LICY-6	5:22.24	9
	32.50	1:08.77	1:49.87	2:30.84	
	3:15.36	4:02.38	4:43.59	5:22.24	

Men 40-44 50 Yard Freestyle

NATL: 20.67 * 12/20/2014 Josh Davis

ZONECHAMPS: 20.84 Z 4/26/2009 Michael Ross

1	Grados, Michael	44	NICK-4	22.53	9
2	Simonetti, David	44	1776-8	24.57	7
3	Strahota, Jeffrey	42	TERR-10	25.06	6
4	Drury, Dan	42	JSM-7	25.14	5

Men 40-44 100 Yard Freestyle

NATL: 45.15 * 5/3/2014 Josh Davis

ZONECHAMPS: 45.61 Z 4/25/2009 Michael Ross

1	Grados, Michael	44	NICK-4	50.71	9
	23.80	50.71			
2	Drury, Dan	42	JSM-7	54.38	7
	25.94	54.38			

3	Strahota, Jeffrey	42	TERR-10	54.52	6
	26.22	54.52			
4	Fulton, Anthony	40	FINSP-8	56.81	5
	26.99	56.81			
5	Storch, Joshua	41	REDT-6	57.08	4
	27.42	57.08			
6	Capuano, Joe	41	UC07	1:09.32	3
	32.34	1:09.32			

Men 40-44 200 Yard Freestyle

NATL: 1:38.23 * 4/24/2015 Josh Davis

ZONECHAMPS: 1:47.76 Z 4/26/2009 William Segal

1	Hildebrand, David	42	1693-12	1:50.33	9
	25.36	52.74	1:20.89	1:50.33	
2	Strahota, Jeffrey	42	TERR-10	2:01.07	7
	28.03	58.74	1:30.06	2:01.07	
3	Grados, Michael	44	NICK-4	2:08.43	6
	24.08	50.58	1:30.69	2:08.43	
4	Boris, Joseph	43	SVY-8	2:11.41	5
	30.23	1:03.68	1:37.72	2:11.41	

Men 40-44 500 Yard Freestyle

NATL: 4:33.36 * 4/25/2015 Josh Davis

ZONECHAMPS: 4:46.18 Z 4/12/2008 Chris Stevenson

1	Hildebrand, David	42	1693-12	5:08.11	9
	28.05	58.17	1:28.87	1:59.69	
	2:30.85	3:01.83	3:32.85	4:04.39	
	4:36.67	5:08.11			
2	Dion, Thomas	44	RMST-10	5:15.75	7
	28.87	59.82	1:31.30	2:03.27	
	2:35.50	3:07.28	3:38.74	4:11.03	
	4:43.56	5:15.75			
3	Boris, Joseph	43	SVY-8	5:55.09	6
	31.47	1:06.09	1:42.01	2:18.31	
	2:54.56	3:31.33	4:07.93	4:44.69	
	5:21.02	5:55.09			
4	Capuano, Joe	41	UC07	7:09.15	5
	37.72	1:18.53	2:02.90	2:48.11	
	3:33.16	4:17.78	5:02.44	5:46.57	
	6:31.39	7:09.15			

Men 40-44 1000 Yard Freestyle

NATL: 9:32.66 * 5/7/2010 Alex Kostich

ZONECHAMPS: 10:19.02 Z 4/24/2009 Rob Jones

1	Boris, Joseph	43	SVY-8	12:11.40	9
				4:11.98	
				4:49.54	
	5:26.46	6:03.52	6:40.51	7:17.89	
	7:54.89	8:32.16	9:09.38	9:46.54	
	10:23.31	11:00.27	11:36.63	12:11.40	

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Men 40-44 1650 Yard Freestyle

NATL: 15:51.52 * 5/9/2010 Alex Kostich

ZONECHAMPS: 17:21.40 Z 4/3/2022 Daniel Moran

1	Hildebrand, David	42	1693-12	18:00.48	9
	28.88	1:00.33	1:32.62	2:05.18	
	2:37.96	3:10.87	3:43.91	4:16.99	
	4:49.80	5:22.64	5:55.29	6:27.88	
	7:00.47	7:33.00	8:05.67	8:38.45	
	9:11.29	9:43.97	10:16.75	10:49.47	
	11:22.47	11:55.58	12:28.63	13:01.87	
	13:35.18	14:08.59	14:41.90	15:15.07	
	15:48.18	16:21.61	16:55.00	17:28.34	18:00.48
2	Dion, Thomas	44	RMST-10	18:26.01	7
	29.20	1:01.06	1:33.45	2:06.60	
	2:39.60	3:12.53	3:45.83	4:18.98	
	4:52.28	5:25.48	5:58.06	6:31.04	
	7:04.27	7:37.77	8:11.65	8:45.70	
	9:19.78	9:54.02	10:28.14	11:02.73	
	11:37.14	12:11.67	12:46.15	13:20.36	
	13:55.05	14:29.56	15:04.32	15:38.60	
	16:12.99	16:46.03	17:19.38	17:52.42	18:26.01
3	Kane, Eric	44	UC07	21:41.70	6
	32.10	1:06.51	1:43.85	2:22.67	
	3:05.20	3:46.87	4:26.65	5:06.46	
	5:46.63	6:26.97	7:07.12	7:47.47	
	8:27.55	9:07.51	9:47.69	10:27.95	
	11:07.93	11:47.90	12:28.18	13:08.56	
	13:48.89	14:28.82	15:08.54	15:48.59	
	16:28.96	17:08.54	17:48.80	18:28.46	
	19:08.30	19:48.09	20:27.85	21:06.92	21:41.70

Men 40-44 50 Yard Backstroke

NATL: 22.77 * 4/26/2009 Michael Ross

ZONECHAMPS: 22.77 Z 4/25/2009 Michael Ross

1	Gass, Kraig	43	1693-12	29.69	9
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Men 40-44 100 Yard Backstroke

NATL: 48.49 * 4/26/2009 Michael Ross

ZONECHAMPS: 48.49 Z 4/26/2009 Michael Ross

1	Denrich, David	43	DCAC-10	59.71	9
	29.14	59.71			
2	Gass, Kraig	43	1693-12	1:03.72	7
	30.35	1:03.72			
3	Fulton, Anthony	40	FINSF-8	1:08.87	6
	32.64	1:08.87			
4	Storch, Joshua	41	REDT-6	1:09.71	5
	34.13	1:09.71			

Men 40-44 200 Yard Backstroke

NATL: 1:50.09 * 5/4/2008 Michael Ross

ZONECHAMPS: 1:53.29 Z 4/12/2008 Chris Stevenson

1	Denrich, David	43	DCAC-10	2:08.61	9
	29.96	1:02.21	1:35.29	2:08.61	
2	Drury, Dan	42	JSM-7	2:09.85	7
	30.17	1:02.25	1:35.71	2:09.85	
3	Dion, Thomas	44	RMST-10	2:24.67	6
	35.12	1:12.05	1:49.11	2:24.67	

4	Boris, Joseph	43	SVY-8	2:34.69	5
	36.97	1:16.27	1:56.05	2:34.69	

Men 40-44 100 Yard Breaststroke

NATL: 53.13 * 3/4/2023 James Fike

ZONECHAMPS: 58.39 Z 4/26/2009 Jim Tuchler

1	Storch, Joshua	41	REDT-6	1:10.31	9
	33.54	1:10.31			

Men 40-44 200 Yard Breaststroke

NATL: 1:56.61 * 3/3/2023 James Fike

ZONECHAMPS: 2:08.34 Z 4/25/2009 Jim Tuchler

1	Boris, Joseph	43	SVY-8	2:46.71	9
	38.46	1:20.44	2:03.45	2:46.71	

Men 40-44 50 Yard Butterfly

NATL: 22.52 * 2/13/2022 Daniel Lotano

ZONECHAMPS: 22.60 Z 4/13/2018 James Zenyuh

1	Grados, Michael	44	NICK-4	23.83	9
2	Strahota, Jeffrey	42	TERR-10	26.32	7
3	Gass, Kraig	43	1693-12	27.23	6
4	Dion, Thomas	44	RMST-10	29.16	5
5	Capuano, Joe	41	UC07	33.57	4

Men 40-44 100 Yard Butterfly

NATL: 49.27 * 5/4/2008 Michael Ross

ZONECHAMPS: 50.75 Z 4/13/2018 James Zenyuh

1	Grados, Michael	44	NICK-4	53.04	9
	24.86	53.04			
2	Simonetti, David	44	1776-8	57.41	7
	27.03	57.41			
3	Gass, Kraig	43	1693-12	1:00.36	6
	28.21	1:00.36			
4	Strahota, Jeffrey	42	TERR-10	1:00.66	5
	27.66	1:00.66			
5	Drury, Dan	42	JSM-7	1:03.29	4
	29.29	1:03.29			

Men 40-44 200 Yard Butterfly

NATL: 1:50.61 * 4/14/2002 Dennis Baker

ZONECHAMPS: 1:57.61 Z 4/12/2008 Chris Stevenson

1	Drury, Dan	42	JSM-7	2:17.39	9
	29.04	1:02.46	1:38.61	2:17.39	
2	Gass, Kraig	43	1693-12	2:22.15	7
	31.42	1:06.74	1:43.67	2:22.15	

Men 40-44 100 Yard IM

NATL: 50.65 * 4/30/2022 James Fike

ZONECHAMPS: 53.51 Z 4/26/2009 Jim Tuchler

1	Storch, Joshua	41	REDT-6	1:04.43	9
	31.51	1:04.43			

Men 40-44 200 Yard IM

NATL: 1:51.85 * 4/26/2009 Michael Ross

ZONECHAMPS: 1:51.85 Z 4/25/2009 Michael Ross

1	Hildebrand, David	42	1693-12	2:08.88	9
	27.52	1:00.66	1:39.31	2:08.88	
2	Denrich, David	43	DCAC-10	2:12.59	7
	27.75	1:00.69	1:41.21	2:12.59	

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(Men 40-44 200 Yard IM)

3	Drury, Dan	42	JSM-7	2:15.72	6
4	Strahota, Jeffrey	42	TERR-10	2:17.60	5
	28.15	1:04.32	1:45.00	2:17.60	
5	Storch, Joshua	41	REDT-6	2:22.27	4
	30.80	1:09.31	1:49.21	2:22.27	
6	Boris, Joseph	43	SVY-8	2:27.34	3
	33.22	1:11.97	1:54.35	2:27.34	
7	Fulton, Anthony	40	FINSP-8	2:31.33	2
	32.06	1:11.35	1:55.32	2:31.33	

Men 40-44 400 Yard IM

NATL: 4:01.87 * 4/19/2009 Roque Santos

ZONECHAMPS: 4:18.94 Z 4/26/2009 Jim Tuchler

1	Hildebrand, David	42	1693-12	4:41.52	9
	30.09	1:04.55	1:40.18	2:15.51	
	2:56.13	3:37.68	4:10.20	4:41.52	
2	Denrich, David	43	DCAC-10	4:50.54	7
	30.13	1:04.72	1:40.44	2:15.45	
	2:58.77	3:42.15	4:16.74	4:50.54	
3	Dion, Thomas	44	RMST-10	4:59.59	6
	30.10	1:05.28	1:44.85	2:22.46	
	3:06.52	3:53.20	4:28.04	4:59.59	
4	Boris, Joseph	43	SVY-8	5:19.15	5
	35.84	1:17.36	1:58.65	2:39.68	
	3:23.32	4:07.27	4:44.02	5:19.15	

Men 45-49 50 Yard Freestyle

NATL: 21.06 * 5/21/2010 Richard Hughey

ZONECHAMPS: 21.85 Z 4/5/2019 Jeremy Gross

1	Dittmar, Greg	49	1776-8	27.41	9
2	Bunyard, Jim	46	CMYM-9	31.46	7

Men 45-49 100 Yard Freestyle

NATL: 46.21 * 4/26/2015 Nicolas Granger

ZONECHAMPS: 47.99 Z 4/8/2016 Michael Ross

1	Lathrum, Ryan	46	AGUA-6	52.37	9
	25.29	52.37			
2	Zhukarev, Stan	45	SVY-8	54.98	7
	26.55	54.98			
3	Townsend, Christopher	49	UC07	59.04	6
	28.40	59.04			

Men 45-49 200 Yard Freestyle

NATL: 1:41.69 * 5/21/2010 David Sims

ZONECHAMPS: 1:48.05 Z 4/25/2010 William Segal

1	Zhukarev, Stan	45	SVY-8	2:03.98	9
	27.77	58.56	1:30.87	2:03.98	

Men 45-49 500 Yard Freestyle

NATL: 4:39.10 * 5/20/2007 Dennis Baker

ZONECHAMPS: 4:51.53 Z 4/25/2009 Neil Brophy

1	Ahlgren, Kyle	47	1693-12	6:35.54	9
	36.64	1:16.64	1:56.96	2:37.32	
	3:17.56	3:57.79	4:38.13	5:18.11	
	5:57.69	6:35.54			

Men 45-49 1650 Yard Freestyle

NATL:16:08.05 * 5/20/2010 Jeff Erwin

ZONECHAMPS:18:08.53 Z 4/21/2002 John Hudson

1	Ahlgren, Kyle	47	1693-12	22:46.90	9
	37.66	1:18.95	2:00.40	2:42.03	
	3:23.45	4:05.03	4:46.66	5:28.28	
	6:09.64	6:51.15	7:32.53	8:13.83	
	8:55.49	9:37.28	10:19.07	11:00.56	
	11:42.19	12:23.76	13:05.29	13:46.88	
	14:28.27	15:09.73	15:51.16	16:32.93	
	17:14.33	17:56.62	18:38.81	19:20.70	
	20:02.56	20:44.40	21:25.57	22:07.49	22:46.90

Men 45-49 50 Yard Backstroke

NATL: 23.58 * 4/26/2015 Michael Ross

ZONECHAMPS: 24.18 Z 4/8/2016 Michael Ross

1	Williams, Rich	47	1693-12	28.77	9
2	Townsend, Christopher	49	UC07	30.65	7
3	Zhukarev, Stan	45	SVY-8	31.93	6
4	Dittmar, Greg	49	1776-8	32.60	5

Men 45-49 100 Yard Backstroke

NATL: 51.49 * 4/29/2022 Chuck Barnes

ZONECHAMPS: 52.03 Z 4/8/2016 Michael Ross

1	Townsend, Christopher	49	UC07	1:07.65	9
	32.63	1:07.65			

Men 45-49 50 Yard Breaststroke

NATL: 25.66 * 4/27/2019 Jeff Commings

ZONECHAMPS: 28.09 Z 4/8/2016 Neill Williams

1	Williams, Rich	47	1693-12	30.04	9
2	Zhukarev, Stan	45	SVY-8	32.86	7
3	Adkins, Dana	46	1693-12	34.32	6
4	Dittmar, Greg	49	1776-8	34.52	5
5	Bunyard, Jim	46	CMYM-9	37.44	4

Men 45-49 100 Yard Breaststroke

NATL: 55.69 * 5/13/2018 Steve West

ZONECHAMPS: 1:00.59 Z 4/26/2009 Jon Blank

1	Houchins, Bradford	45	SVY-8	1:03.42	9
	28.97	1:03.42			
2	Bunyard, Jim	46	CMYM-9	1:26.50	7
	39.55	1:26.50			

Men 45-49 200 Yard Breaststroke

NATL: 2:02.42 * 4/29/2017 Steve West

ZONECHAMPS: 2:17.87 Z 4/25/2009 Jon Blank

1	Lathrum, Ryan	46	AGUA-6	2:17.20Z	9
	30.43	1:04.72	1:40.38	2:17.20	

Men 45-49 50 Yard Butterfly

NATL: 22.67 * 5/4/2008 Paul Smith

ZONECHAMPS: 23.55 Z 4/13/2018 Jeremy Gross

1	Dittmar, Greg	49	1776-8	29.26	9
2	Adkins, Dana	46	1693-12	29.96	7

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Men 45-49 200 Yard Butterfly

NATL: 1:50.73 * 12/6/2008 Dennis Baker

ZONECHAMPS: 1:59.22 Z 4/26/2009 Michael Schmidt

1	Adkins, Dana	46	1693-12	2:29.67	9
	33.26	1:10.62	1:50.18	2:29.67	

Men 45-49 100 Yard IM

NATL: 52.14 * 5/23/2010 Richard Hughey

ZONECHAMPS: 54.88 Z 4/12/2015 Jeffrey Roddin

1	Lathrum, Ryan	46	AGUA-6	58.80	9
	27.98	58.80			
2	Houchins, Bradford	45	SVY-8	1:03.53	7
	31.41	1:03.53			
3	Zhukarev, Stan	45	SVY-8	1:06.03	6
	32.10	1:06.03			
4	Adkins, Dana	46	1693-12	1:07.69	5
	32.14	1:07.69			

Men 45-49 200 Yard IM

NATL: 1:51.44 * 4/26/2015 Nicolas Granger

ZONECHAMPS: 2:02.31 Z 4/11/2015 Jeffrey Roddin

1	Adkins, Dana	46	1693-12	2:31.08	9
	33.34	1:14.12	1:58.20	2:31.08	

Men 45-49 400 Yard IM

NATL: 4:01.32 * 4/24/2015 Nicolas Granger

ZONECHAMPS: 4:24.92 Z 4/12/2015 Jerome Frentsos

1	Weiss, Adam	48	XCL-7	5:28.14	9
	32.70	1:09.68	1:52.10	2:34.05	
	3:21.58	4:10.85	4:51.07	5:28.14	

Men 50-54 50 Yard Freestyle

NATL: 21.36 * 4/29/2011 Rowdy Gaines

ZONECHAMPS: 22.03 Z 4/13/2003 Paul Trevisan

1	Gross, Jeremy	51	SVY-8	22.13	9
2	Rees, Greg	53	SVY-8	23.09	7
3	Vespa, Hernan	52	UC07	24.24	6
4	Reynolds, Sean	54	CBFY-8	26.57	5

Men 50-54 100 Yard Freestyle

NATL: 46.59 * 5/10/2009 Rowdy Gaines

ZONECHAMPS: 48.26 Z 4/5/2019 Steve Hiltabiddle

1	Gross, Jeremy	51	SVY-8	49.70	9
	23.43	49.70			
2	Rees, Greg	53	SVY-8	52.18	7
	24.03	52.18			
3	Vespa, Hernan	52	UC07	53.36	6
	25.73	53.36			
4	Ruckdeschel, Jonathan	54	1693-12	53.62	5
	24.85	53.62			
5	Robertson, John	51	SVY-8	56.91	4
	27.36	56.91			
6	Jotz, Jeffrey	53	JACM-7	57.50	3
	27.49	57.50			
7	Palmberg, Michael	50	UC07	57.82	2
	27.84	57.82			
8	Glantz, Joshua	54	CONN-5	57.92	1
	27.66	57.92			

9	Blank, Adam	52	NEM-2	58.69	
	27.10	58.69			

10	Reynolds, Sean	54	CBFY-8	59.73	
	27.54	59.73			

11	Goodman, Robert	54	CONN-5	1:00.05	
	28.07	1:00.05			

12	Weiss, Danny	50	XCL-7	1:06.30	
	32.08	1:06.30			

Men 50-54 200 Yard Freestyle

NATL: 1:43.76 * 5/10/2009 Rowdy Gaines

ZONECHAMPS: 1:49.90 Z 4/13/2018 Lou Dearstyne

1	Reynolds, Sean	54	CBFY-8	2:12.66	9
	29.36	1:02.36	1:37.45	2:12.66	
2	Rees, Greg	53	SVY-8	2:16.88	7
	24.28	50.96	1:35.44	2:16.88	

Men 50-54 500 Yard Freestyle

NATL: 4:47.57 * 5/20/2001 Jim McConica

ZONECHAMPS: 5:07.41 Z 4/23/2006 Bradford Gandee

1	Glantz, Joshua	54	CONN-5	5:34.95	9
	30.18	1:03.02	1:36.34	2:10.13	
	2:44.03	3:18.23	3:52.05	4:26.39	
	5:00.69	5:34.95			
2	Blank, Adam	52	NEM-2	6:12.14	7
	30.97	1:05.21	1:41.73	2:19.82	
	2:58.00	3:36.79	4:15.95	4:54.54	
	5:33.34	6:12.14			
3	Reynolds, Sean	54	CBFY-8	6:13.87	6
	32.25	1:07.29	1:44.06	2:22.28	
	3:00.56	3:39.04	4:18.11	4:57.41	
	5:36.71	6:13.87			
4	Weiss, Danny	50	XCL-7	6:23.45	5
	35.80	1:13.49	1:51.74	2:30.80	
	3:09.96	3:49.29	4:28.13	5:07.16	
	5:45.70	6:23.45			

Men 50-54 1000 Yard Freestyle

NATL: 9:55.84 * 4/6/2013 Keith Switzer

ZONECHAMPS: 10:36.39 Z 4/8/2016 Rob Jones

1	Jotz, Jeffrey	53	JACM-7	11:30.09	9
	3:21.49	3:55.79	4:30.07		
	5:05.05	5:40.06	6:14.27	6:48.93	
	7:23.41	7:58.52	8:33.71	9:08.90	
	9:44.14	10:19.88	10:55.32	11:30.09	
2	Reynolds, Sean	54	CBFY-8	12:57.63	7
	30.65	1:05.17	1:42.29	2:19.97	
	2:58.08	3:36.45	4:14.90	4:55.40	
	5:36.94	6:17.04	7:06.61	7:45.26	
	8:24.39	9:04.06	9:43.52	10:23.49	
	11:03.91	11:43.47	12:22.56	12:57.63	

Men 50-54 50 Yard Backstroke

NATL: 24.57 * 5/4/2014 Fritz Bedford

ZONECHAMPS: 25.24 Z 4/15/2012 Clay Britt

1	Rees, Greg	53	SVY-8	25.61	9
2	Robertson, John	51	SVY-8	27.31	7

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(Men 50-54 50 Yard Backstroke)

3	Palmberg, Michael	50	UC07	31.99	6
4	Reynolds, Sean	54	CBFY-8	35.89	5

Men 50-54 100 Yard Backstroke

NATL: 52.72 * 3/21/2015 Fritz Bedford

ZONECHAMPS: 53.77 Z 4/14/2012 Clay Britt

1	Rees, Greg	53	SVY-8	57.72	9
				27.37	57.72
2	Robertson, John	51	SVY-8	1:00.66	7
				29.34	1:00.66
3	Palmberg, Michael	50	UC07	1:07.38	6
				33.36	1:07.38
4	Jotz, Jeffrey	53	JACM-7	1:07.75	5
				33.30	1:07.75

Men 50-54 200 Yard Backstroke

NATL: 1:56.18 * 4/13/2019 Rick Gould

ZONECHAMPS: 2:04.91 Z 4/17/2011 Clay Britt

1	Robertson, John	51	SVY-8	2:16.50	9
				33.28	1:07.76
				1:42.38	2:16.50
2	Jotz, Jeffrey	53	JACM-7	2:23.46	7
				34.99	1:11.06
				1:47.54	2:23.46
3	Reynolds, Sean	54	CBFY-8	2:55.34	6
				41.54	1:26.02
				2:12.20	2:55.34

Men 50-54 50 Yard Breaststroke

NATL: 26.20 * 4/29/2022 Steve West

ZONECHAMPS: 27.96 Z 4/20/2013 Wally Dicks

1	Gross, Jeremy	51	SVY-8	29.73	9
2	Sangmeister, Gary	52	SVY-8	29.94	7
3	Ruckdeschel, Jonathan	54	1693-12	31.78	6
4	Palmberg, Michael	50	UC07	35.62	5
5	Reynolds, Sean	54	CBFY-8	35.84	4

Men 50-54 100 Yard Breaststroke

NATL: 56.25 * 4/30/2022 Steve West

ZONECHAMPS: 1:02.07 Z 4/13/2018 Neill Williams

1	Sangmeister, Gary	52	SVY-8	1:06.93	9
				30.40	1:06.93
2	Jotz, Jeffrey	53	JACM-7	1:12.96	7
				34.68	1:12.96

Men 50-54 200 Yard Breaststroke

NATL: 2:03.67 * 5/1/2022 Steve West

ZONECHAMPS: 2:18.34 Z 4/24/2010 Benn Doyle

1	Reynolds, Sean	54	CBFY-8	3:08.53	9
				40.98	1:28.41
				2:19.18	3:08.53

Men 50-54 50 Yard Butterfly

NATL: 23.19 * 4/25/2004 Trip Hedrick

ZONECHAMPS: 23.27 Z 4/5/2019 Steve Hiltabiddle

1	Rees, Greg	53	SVY-8	24.36	9
2	Gross, Jeremy	51	SVY-8	24.44	7
3	Sangmeister, Gary	52	SVY-8	25.92	6
4	Vespa, Hernan	52	UC07	26.28	5
5	Robertson, John	51	SVY-8	27.86	4
6	Goodman, Robert	54	CONN-5	33.16	3

Men 50-54 100 Yard Butterfly

NATL: 51.73 * 5/12/2013 David Sims

ZONECHAMPS: 54.05 Z 4/5/2019 Steve Hiltabiddle

1	Rees, Greg	53	SVY-8	55.83	9
				26.04	55.83
2	Gross, Jeremy	51	SVY-8	55.89	7
				25.96	55.89
3	Vespa, Hernan	52	UC07	59.85	6
				29.30	59.85
4	Sangmeister, Gary	52	SVY-8	1:01.38	5
				28.20	1:01.38
5	Goodman, Robert	54	CONN-5	1:18.70	4
				37.11	1:18.70

Men 50-54 100 Yard IM

NATL: 53.60 * 4/29/2017 Mike Irvin

ZONECHAMPS: 55.06 Z 4/15/2012 Clay Britt

1	Gross, Jeremy	51	SVY-8	58.73	9
				27.06	58.73
2	Ruckdeschel, Jonathan	54	1693-12	1:01.77	7
				29.60	1:01.77
3	Palmberg, Michael	50	UC07	1:07.25	6
				30.54	1:07.25
4	Goodman, Robert	54	CONN-5	1:11.11	5
				33.47	1:11.11

Men 50-54 200 Yard IM

NATL: 1:58.19 * 3/11/2017 Mike Irvin

ZONECHAMPS: 2:03.44 Z 4/5/2019 Jeffrey Roddin

1	Glantz, Joshua	54	CONN-5	2:19.07	9
				30.25	1:05.80
				1:45.77	2:19.07
2	Jotz, Jeffrey	53	JACM-7	2:23.54	7
				33.28	1:09.98
				1:50.09	2:23.54

Men 55-59 50 Yard Freestyle

NATL: 21.82 * 4/30/2000 Richard Abrahams

ZONECHAMPS: 22.24 Z 4/25/2010 Paul Trevisan

1	Esser, John	59	YGMC-7	29.31	9
2	Leary, Patrick	55	TNYA-6	29.32	7

Men 55-59 100 Yard Freestyle

NATL: 48.37 * 4/30/2000 Richard Abrahams

ZONECHAMPS: 50.24 Z 4/24/2010 Paul Trevisan

1	Dearstyne, Lou	55	CONN-5	52.12	9
				24.60	52.12
2	Moll, Sebastian	58	REDT-6	59.28	7
				28.25	59.28

Men 55-59 200 Yard Freestyle

NATL: 1:48.79 * 4/10/2010 Michael Mann

ZONECHAMPS: 1:54.89 Z 4/25/2010 James Thornton

1	Leary, Patrick	55	TNYA-6	2:32.04	9
				32.17	1:09.61
				1:50.81	2:32.04

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Men 55-59 500 Yard Freestyle

NATL: 4:56.82 * 4/11/2010 Michael Mann

ZONECHAMPS: 5:18.02 Z 4/1/2022 Stuart Cromarty

1	Hiltabiddle, Steve	56	1776-8	7:03.90	9
	24.73	51.84	1:49.15	2:38.03	
	3:23.51	4:08.35	4:54.16	5:38.22	
	6:22.33	7:03.90			

Men 55-59 1000 Yard Freestyle

NATL:10:07.36 * 5/14/2006 Jim MC Conica

ZONECHAMPS:11:08.34 Z 4/3/2022 Stuart Cromarty

1	Faria, Jose	56	GSM-7	11:56.99	9
	32.40	1:07.92	1:44.17	2:20.55	
	2:56.70	3:33.72	4:10.88	4:47.63	
	5:24.60	6:01.18	6:38.12	7:14.95	
	7:51.73	8:27.38	9:03.54	9:38.96	
	10:14.31	10:49.48	11:23.95	11:56.99	

Men 55-59 1650 Yard Freestyle

NATL:17:11.12 * 5/20/2007 Jim MC Conica

ZONECHAMPS:18:35.22 Z 4/3/2022 Stuart Cromarty

1	Creech, Thomas	56	FINSP-8	20:29.48	9
	33.20	1:08.87	1:43.78	2:20.42	
	2:57.37	3:34.49	4:11.54	4:49.08	
	5:26.79	6:04.46	6:42.17	7:19.73	
	7:57.56	8:35.73	9:13.85	9:51.65	
	10:29.65	11:07.56	11:45.56	12:23.49	
	13:01.26	13:38.68	14:16.28	14:53.81	
	15:31.62	16:09.31	16:46.53	17:24.02	
	18:01.34	18:39.06	19:16.43	19:53.54	20:29.48
2	Leary, Patrick	55	TNYA-6	23:07.42	7
	34.47	1:14.24	1:56.34	2:38.36	
	3:20.63	4:03.01	4:44.85	5:27.24	
	6:09.40	6:50.91	7:34.17	8:17.15	
	8:59.06	9:41.10	10:23.64	11:06.24	
	11:49.75	12:31.94	13:14.52	13:57.47	
	14:41.09	15:23.27	16:05.59	16:48.32	
	17:31.09	18:14.57	18:57.03	19:40.25	
	20:22.64	21:05.54	21:46.43	22:28.13	23:07.42

Men 55-59 50 Yard Backstroke

NATL: 25.08 * 3/17/2023 Mike Irvin

ZONECHAMPS: 27.73 Z 4/17/2011 Pete Reider

1	Evans, Jeff	57	SVY-8	27.58Z	9
2	Faria, Jose	56	GSM-7	28.73	7
3	Moll, Sebastian	58	REDT-6	31.86	6
4	Esser, John	59	YGMC-7	35.87	5

Men 55-59 100 Yard Backstroke

NATL: 53.81 * 2/25/2017 Steve Wood

ZONECHAMPS: 1:01.77 Z 4/13/2008 Mark Pugliese

1	Evans, Jeff	57	SVY-8	58.06Z	9
	28.23	58.06			
2	Faria, Jose	56	GSM-7	1:03.52	7
	31.08	1:03.52			
3	Moll, Sebastian	58	REDT-6	1:06.98	6
	32.57	1:06.98			

4	Wyckoff, Ben	58	CONN-5	1:15.88	5
	38.05	1:15.88			

Men 55-59 200 Yard Backstroke

NATL: 1:59.64 * 3/19/2023 Mike Irvin

ZONECHAMPS: 2:18.02 Z 4/25/2009 David Bright

1	Evans, Jeff	57	SVY-8	2:09.52Z	9
	30.27	1:03.10	1:36.86	2:09.52	
2	Faria, Jose	56	GSM-7	2:19.12	7
	32.13	1:07.43	1:43.62	2:19.12	
3	Moll, Sebastian	58	REDT-6	2:23.30	6
	33.92	1:09.41	1:46.20	2:23.30	

Men 55-59 50 Yard Breaststroke

NATL: 26.32 * 4/27/2019 Carlo Travaini

ZONECHAMPS: 29.15 Z 4/11/2015 Gregory Oxley

1	Williams, Neill	55	DCAC-10	28.75Z	9
2	Haftkowitz, Mark	55	GSM-7	32.86	7
3	Wyckoff, Ben	58	CONN-5	32.97	6

Men 55-59 100 Yard Breaststroke

NATL: 57.95 * 5/13/2018 Carlo Travaini

ZONECHAMPS: 1:02.98 Z 4/5/2019 Gregory Harris

1	Haftkowitz, Mark	55	GSM-7	1:14.19	9
	34.86	1:14.19			
2	Wyckoff, Ben	58	CONN-5	1:14.49	7
	35.56	1:14.49			
3	Esser, John	59	YGMC-7	1:30.79	6
	42.84	1:30.79			

Men 55-59 200 Yard Breaststroke

NATL: 2:07.80 * 5/12/2018 Carlo Travaini

ZONECHAMPS: 2:26.32 Z 4/5/2019 Gregory Harris

1	Williams, Neill	55	DCAC-10	2:26.28Z	9
	31.72	1:09.19	1:47.25	2:26.28	
2	Haftkowitz, Mark	55	GSM-7	2:50.08	7
	37.24	1:20.64	2:04.98	2:50.08	

Men 55-59 50 Yard Butterfly

NATL: 23.57 * 7/25/2021 Steve Hiltabiddle

ZONECHAMPS: 26.05 Z 4/12/2008 Mark Pugliese

1	Evans, Jeff	57	SVY-8	26.01Z	9
2	Faria, Jose	56	GSM-7	27.16	7
3	Wyckoff, Ben	58	CONN-5	27.26	6

Men 55-59 100 Yard Butterfly

NATL: 53.32 * 7/24/2021 Steve Hiltabiddle

ZONECHAMPS: 58.85 Z 4/1/2022 Christopher Doyle

1	Wyckoff, Ben	58	CONN-5	1:04.37	9
	30.75	1:04.37			
2	Leary, Patrick	55	TNYA-6	1:21.19	7
	34.65	1:21.19			

Men 55-59 200 Yard Butterfly

NATL: 2:01.59 * 5/12/2018 David Sims

ZONECHAMPS: 2:21.96 Z 3/29/1998 Jack Geoghegan

1	Faria, Jose	56	GSM-7	2:27.18	9
	31.84	1:08.54	1:48.34	2:27.18	

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(Men 55-59 200 Yard Butterfly)

2	Hiltabiddle, Steve	56	1776-8	2:39.64	7
	25.60	55.55	1:21.13	2:39.64	
3	Wyckoff, Ben	58	CONN-5	2:40.80	6
	35.91	1:15.90	1:58.37	2:40.80	

Men 55-59 100 Yard IM

NATL: 55.09 * 4/26/2019 Carlo Travaini					
ZONECHAMPS: 58.80 Z 4/5/2019 Gregory Harris					
1	Evans, Jeff	57	SVY-8	59.90	9
	27.48	59.90			
2	Esser, John	59	YGMC-7	1:16.67	7
	35.16	1:16.67			

Men 55-59 200 Yard IM

NATL: 2:00.19 * 3/18/2023 Mike Irvin					
ZONECHAMPS: 2:10.48 Z 4/5/2019 Gregory Harris					
1	Evans, Jeff	57	SVY-8	2:10.46Z	9
	27.22	59.61	1:38.63	2:10.46	
2	Hiltabiddle, Steve	56	1776-8	2:18.52	7
	26.55	1:02.77	1:45.25	2:18.52	

Men 60-64 50 Yard Freestyle

NATL: 22.30 * 5/22/2005 Richard Abrahams					
ZONECHAMPS: 23.86 Z 4/5/2019 Gregory Oxley					
1	Sforzini, Andy	61	NEM-2	25.16	9
2	Kornfeld, Robert	64	CONN-5	25.59	7
3	Tsuzuki, Ed	64	SCYM-7	25.99	6

Men 60-64 100 Yard Freestyle

NATL: 49.14 * 5/22/2005 Richard Abrahams					
ZONECHAMPS: 54.02 Z 4/20/2013 James Thornton					
1	Kornfeld, Robert	64	CONN-5	56.65	9
	26.91	56.65			
2	Sforzini, Andy	61	NEM-2	57.37	7
	27.19	57.37			
3	Newman, Steven	61	SHARK-14	57.65	6
	27.26	57.65			
4	Tsuzuki, Ed	64	SCYM-7	1:01.88	5
	29.45	1:01.88			
5	Matz, Michael	61	1776-8	1:03.03	4
	30.40	1:03.03			
6	Sinclair, Jeffrey	61	JACM-7	1:04.35	3
	30.02	1:04.35			
7	Burbank, Gerald	64	CONN-5	1:04.67	2
	31.19	1:04.67			

Men 60-64 1650 Yard Freestyle

NATL: 17:44.05 * 4/28/2022 Arnaldo Perez					
ZONECHAMPS: 19:08.47 Z 4/5/2019 Robert Kannegieser					
1	Archibald, John	63	UC07	21:41.84	9
	37.70	1:16.77	1:56.20	2:36.21	
	3:16.60	3:56.83	4:37.48	5:18.19	
	5:58.97	6:39.61	7:20.05	8:00.51	
	8:40.65	9:20.88	10:00.88	10:41.08	
	11:21.16	12:01.21	12:41.41	13:21.22	
	14:01.02	14:41.03	15:20.60	16:00.27	
	16:39.77	17:19.35	17:58.53	18:37.63	
	19:16.74	19:55.39	20:33.66	21:10.20	21:41.84

Men 60-64 50 Yard Backstroke

NATL: 26.60 * 4/7/2018 Bruce Kone					
ZONECHAMPS: 28.02 Z 4/13/2018 Douglas Slater					
1	Kornfeld, Robert	64	CONN-5	32.76	9
2	Matz, Michael	61	1776-8	33.68	7

Men 60-64 100 Yard Backstroke

NATL: 57.46 * 4/30/2016 Tom Barton					
ZONECHAMPS: 1:00.29 Z 4/13/2018 Douglas Slater					
1	Gilligan, Philip	60	TCYS-9	1:07.03	9
	32.61	1:07.03			
2	Burbank, Gerald	64	CONN-5	1:13.92	7
	36.57	1:13.92			
3	Matz, Michael	61	1776-8	1:14.06	6
	36.19	1:14.06			

Men 60-64 200 Yard Backstroke

NATL: 2:07.91 * 5/1/2016 Tom Barton					
ZONECHAMPS: 2:13.15 Z 4/5/2019 Douglas Slater					
1	Burbank, Gerald	64	CONN-5	2:38.67	9
	38.27	1:18.71	1:59.68	2:38.67	
2	Matz, Michael	61	1776-8	2:47.17	7
	39.12	1:21.86	2:05.99	2:47.17	

Men 60-64 50 Yard Breaststroke

NATL: 28.20 * 7/24/2021 David Guthrie					
ZONECHAMPS: 29.66 Z 4/5/2019 Gregory Oxley					
1	Doyle, Benn	64	GSM-7	32.62	9
2	Kornfeld, Robert	64	CONN-5	33.03	7
3	Tsuzuki, Ed	64	SCYM-7	37.49	6

Men 60-64 100 Yard Breaststroke

NATL: 1:00.64 * 4/30/2022 David Guthrie					
ZONECHAMPS: 1:04.66 Z 4/5/2019 Gregory Oxley					
1	Kornfeld, Robert	64	CONN-5	1:17.04	9
	37.15	1:17.04			
2	Burbank, Gerald	64	CONN-5	1:19.51	7
	37.73	1:19.51			

Men 60-64 200 Yard Breaststroke

NATL: 2:16.25 * 5/1/2022 David Guthrie					
ZONECHAMPS: 2:37.08 Z 4/5/2019 Kenneth Neubauer					
1	Doyle, Benn	64	GSM-7	2:45.51	9
	36.36	1:18.29	2:02.28	2:45.51	
---	Burbank, Gerald	64	CONN-5	DFS	

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Men 60-64 50 Yard Butterfly

NATL: 24.36 * 2/10/2018 Bruce Kone

ZONECHAMPS: 26.13 Z 4/12/2008 Jim Dragon

1	Kornfeld, Robert	64	CONN-5	27.84	9
2	Sforzini, Andy	61	NEM-2	28.32	7
3	Matz, Michael	61	1776-8	30.79	6
---	Gilligan, Philip	60	TCYS-9	DFS	

Men 60-64 100 Yard Butterfly

NATL: 54.70 * 5/11/2018 Paul Carter

ZONECHAMPS: 1:00.63 Z 4/25/2009 Kieran Kelleher

1	Kornfeld, Robert	64	CONN-5	1:04.82	9
				30.14	1:04.82

Men 60-64 100 Yard IM

NATL: 57.23 * 5/11/2013 Rick Colella

ZONECHAMPS: 1:00.00 Z 4/5/2019 Gregory Oxley

1	Kornfeld, Robert	64	CONN-5	1:06.51	9
				30.42	1:06.51
2	Burbank, Gerald	64	CONN-5	1:11.13	7
				33.43	1:11.13
3	Matz, Michael	61	1776-8	1:13.04	6
				32.83	1:13.04

Men 60-64 200 Yard IM

NATL: 2:03.26 * 5/4/2014 Rick Colella

ZONECHAMPS: 2:19.10 Z 4/5/2019 Robert Kannegieser

1	Gilligan, Philip	60	TCYS-9	2:25.66	9
				29.99	1:08.46
				1:51.21	2:25.66
2	Doyle, Benn	64	GSM-7	2:34.70	7
3	Burbank, Gerald	64	CONN-5	2:49.45	6
				41.30	1:24.54
				2:11.28	2:49.45

Men 65-69 50 Yard Freestyle

NATL: 22.10 * 5/23/2010 Richard Abrahams

ZONECHAMPS: 24.54 Z 4/25/2010 Jim Dragon

1	Keyser, Brian	66	1776-8	27.19	9
2	Weinstein, Mark	67	RBAY-7	36.79	7

Men 65-69 100 Yard Freestyle

NATL: 49.42 * 5/22/2010 Richard Abrahams

ZONECHAMPS: 59.39 Z 4/13/2018 Geoffrey Meyer Jr

1	Gandee, Brad	68	UC10	1:00.14	9
				29.43	1:00.14
2	Gibson, Christopher	67	PAA-7	1:02.66	7
				30.89	1:02.66
3	Niemi, Ken	68	SCYM-7	1:05.36	6
				31.16	1:05.36
4	Weinstein, Mark	67	RBAY-7	1:16.64	5
				37.25	1:16.64
5	Lehrer, Elliott	67	RBAY-7	1:18.01	4
				34.59	1:18.01

Men 65-69 200 Yard Freestyle

NATL: 1:52.57 * 4/30/2017 Rick Colella

ZONECHAMPS: 2:09.58 Z 4/13/2003 David Harrison

1	Chambers, John	67	AGUA-6	2:10.23	9
				29.61	1:02.09
				1:35.94	2:10.23

2	Niemi, Ken	68	SCYM-7	2:21.14	7
				32.40	1:08.05
				1:44.80	2:21.14
3	Norek, Francis	66	RBAY-7	2:38.12	6
				34.21	1:13.73
				1:56.58	2:38.12
4	Gandee, Brad	68	UC10	2:43.16	5
				27.28	1:16.57
				1:58.93	2:43.16

Men 65-69 500 Yard Freestyle

NATL: 5:05.44 * 4/9/2017 Rick Colella

ZONECHAMPS: 5:53.27 Z 4/13/2003 David Harrison

1	Gibson, Christopher	67	PAA-7	6:08.39	9
				33.63	1:10.06
				1:47.28	2:25.02
				3:03.08	3:41.10
				4:18.66	4:56.49
				5:33.10	6:08.39

Men 65-69 1000 Yard Freestyle

NATL:11:08.83 * 4/7/2022 Doug Kajiwara

ZONECHAMPS:12:26.16 Z 4/4/2004 David Harrison

1	Norek, Francis	66	RBAY-7	15:05.08	9
				36.29	1:17.57
				2:01.84	2:47.07
				3:32.67	4:18.69
				5:04.54	5:50.93
				6:37.21	7:23.53
				8:10.26	8:56.89
				9:43.46	10:30.21
				11:17.18	12:03.85
				12:50.88	13:37.53
				14:23.67	15:05.08

Men 65-69 1650 Yard Freestyle

NATL:18:48.76 * 5/15/2022 Doug Kajiwara

ZONECHAMPS:21:26.41 Z 4/13/2018 James Ryan

1	Chambers, John	67	AGUA-6	20:00.99Z	9
				32.57	1:07.93
				1:44.01	2:20.66
				2:57.63	3:34.53
				4:11.27	4:48.13
				5:25.03	6:01.67
				6:38.53	7:15.51
				7:52.29	8:29.08
				9:05.88	9:42.85
				10:19.76	10:56.49
				11:33.17	12:10.04
				12:46.57	13:23.13
				13:59.67	14:36.52
				15:13.13	15:49.95
				16:26.56	17:02.87
				17:38.78	18:15.00
				18:50.88	19:26.64
				20:00.99	
2	Gibson, Christopher	67	PAA-7	20:40.99Z	7
				34.18	1:11.32
				1:49.72	2:28.14
				3:06.37	3:44.65
				4:22.99	5:01.65
				5:39.88	6:17.44
				6:55.34	7:32.89
				8:10.75	8:48.42
				9:25.74	10:03.15
				10:40.52	11:18.68
				11:56.43	12:34.23
				13:11.92	13:49.55
				14:27.15	15:04.81
				15:42.58	16:19.76
				16:57.28	17:35.10
				18:12.69	18:50.11
				19:26.91	20:04.19
				20:40.19	20:40.99

Men 65-69 50 Yard Backstroke

NATL: 27.74 * 5/23/2010 Richard Abrahams

ZONECHAMPS: 30.20 Z 4/13/2018 Geoffrey Meyer Jr

1	Niemi, Ken	68	SCYM-7	33.89	9
2	Weinstein, Mark	67	RBAY-7	40.81	7
3	Lehrer, Elliott	67	RBAY-7	47.47	6

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Men 65-69 100 Yard Backstroke

NATL: 59.62 * 5/12/2013 Hugh Wilder

ZONECHAMPS: 1:07.00 Z 4/13/2018 Geoffrey Meyer Jr

1	Rittenhouse, John	65	XCL-7	1:09.54	9
				33.86	1:09.54
2	Niemi, Ken	68	SCYM-7	1:12.83	7
				35.23	1:12.83
3	Weinstein, Mark	67	RBAY-7	1:31.53	6
4	Lehrer, Elliott	67	RBAY-7	1:47.17	5
				50.04	1:47.17

Men 65-69 200 Yard Backstroke

NATL: 2:11.06 * 4/30/2022 Dan Stephenson

ZONECHAMPS: 2:33.09 Z 4/13/2018 Geoffrey Meyer Jr

1	Rittenhouse, John	65	XCL-7	2:28.82Z	9
				34.90	1:11.96
				1:50.60	2:28.82
2	Niemi, Ken	68	SCYM-7	2:37.95	7
				35.96	1:15.21
				1:56.13	2:37.95
3	Norek, Francis	66	RBAY-7	3:26.97	6
				47.30	1:39.64
				2:34.93	3:26.97

Men 65-69 50 Yard Breaststroke

NATL: 28.88 * 5/11/2018 Rick Colella

ZONECHAMPS: 31.35 Z 4/24/2010 Jim Dragon

1	Keyser, Brian	66	1776-8	32.17	9
2	WuShanley, Ying	65	GERM-10	32.23	7
3	Weinstein, Mark	67	RBAY-7	46.19	6
4	Lavitt, Michael	65	RBAY-7	50.32	5
5	Lehrer, Elliott	67	RBAY-7	55.04	4

Men 65-69 100 Yard Breaststroke

NATL: 1:02.75 * 4/28/2017 Rick Colella

ZONECHAMPS: 1:14.03 Z 4/12/2008 Louis Kronfeld

1	Keyser, Brian	66	1776-8	1:11.75Z	9
				32.49	1:11.75
2	WuShanley, Ying	65	GERM-10	1:13.81Z	7
				35.27	1:13.81

Men 65-69 200 Yard Breaststroke

NATL: 2:16.70 * 4/29/2017 Rick Colella

ZONECHAMPS: 2:50.63 Z 4/7/2017 Stephen Dougherty

1	Keyser, Brian	66	1776-8	2:43.39Z	9
				36.60	1:18.02
				2:00.95	2:43.39
2	WuShanley, Ying	65	GERM-10	2:43.69Z	7
				36.29	1:17.47
				2:00.60	2:43.69
3	Kunkel, Stephen	68	CBFY-8	3:37.44	6
				50.30	1:45.60
				2:41.65	3:37.44
4	Norek, Francis	66	RBAY-7	3:39.34	5
				47.71	1:43.17
				2:41.68	3:39.34

Men 65-69 50 Yard Butterfly

NATL: 24.94 * 5/22/2010 Richard Abrahams

ZONECHAMPS: 25.93 Z 4/25/2010 Jim Dragon

1	Gandee, Brad	68	UC10	32.36	9
2	Sendel, Bob	65	UC06	32.37	7

Men 65-69 100 Yard Butterfly

NATL: 56.36 * 5/21/2010 Richard Abrahams

ZONECHAMPS: 1:12.52 Z 4/7/2017 Stephen Dougherty

1	Chambers, John	67	AGUA-6	1:08.76Z	9
				31.99	1:08.76

Men 65-69 200 Yard Butterfly

NATL: 2:08.94 * 4/9/2017 Rick Colella

ZONECHAMPS: 2:45.15 Z 4/5/2019 Robert Kannegieser

---	Chambers, John	67	AGUA-6	DQ	
				33.98	1:13.22
				1:53.59	DQ

Men 65-69 100 Yard IM

NATL: 57.37 * 4/26/2019 Rick Colella

ZONECHAMPS: 1:06.90 Z 4/13/2018 Geoffrey Meyer Jr

1	WuShanley, Ying	65	GERM-10	1:11.34	9
				33.70	1:11.34
2	Lehrer, Elliott	67	RBAY-7	1:42.08	7
				46.97	1:42.08
---	Keyser, Brian	66	1776-8	DQ	
				33.58	DQ

Men 65-69 200 Yard IM

NATL: 2:03.63 * 4/28/2017 Rick Colella

ZONECHAMPS: 2:33.77 Z 4/7/2017 Stephen Dougherty

1	Keyser, Brian	66	1776-8	2:34.22	9
				34.11	1:16.39
				1:58.95	2:34.22
2	Chambers, John	67	AGUA-6	2:36.67	7
				32.74	1:14.70
				2:03.51	2:36.67
3	Kunkel, Stephen	68	CBFY-8	3:21.74	6
				1:40.75	2:36.93
				3:21.74	
4	Norek, Francis	66	RBAY-7	3:29.86	5
				45.25	1:44.48
				2:45.37	3:29.86

Men 65-69 400 Yard IM

NATL: 4:30.64 * 5/11/2018 Rick Colella

ZONECHAMPS: 5:56.71 Z 4/13/2008 Art Wolfe

1	Chambers, John	67	AGUA-6	5:33.71Z	9
				33.15	1:12.27
				1:56.47	2:41.60
				3:31.26	4:23.14
				4:59.09	5:33.71

Men 70-74 50 Yard Freestyle

NATL: 24.13 * 5/4/2008 Jeff Farrell

ZONECHAMPS: 26.15 Z 4/12/2015 Jim Dragon

1	Gianniny, Bruce	72	ROCH-4	29.84	9
2	Dougherty, Kevin	70	1776-8	30.13	7
3	Wallace, Edward	73	NYAC-6	31.33	6
4	Wein, Arthur	72	GSM-7	32.39	5
5	Dougherty, Stephen	71	1776-8	32.70	4

Men 70-74 100 Yard Freestyle

NATL: 54.58 * 4/26/2015 Richard Abrahams

ZONECHAMPS: 1:03.73 Z 4/4/2004 Walter Lincoln

1	Meyer, Geoffrey	71	1776-8	1:00.37Z	9
				28.53	1:00.37
2	Gianniny, Bruce	72	ROCH-4	1:09.92	7
				34.25	1:09.92

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(Men 70-74 100 Yard Freestyle)

3	Dougherty, Kevin	70	1776-8	1:10.08	6
	32.74	1:10.08			
4	Ryan, James	70	SCYM-7	1:10.65	5
	34.38	1:10.65			
5	Wein, Arthur	72	GSM-7	1:12.31	4
	34.49	1:12.31			
---	Paulson, Laurence	74	RMST-10	DQ	
	40.03	DQ			

Men 70-74 200 Yard Freestyle

NATL: 1:56.50 * 4/29/2022 Rick Colella

ZONECHAMPS: 2:17.89 Z 4/13/2008 David Harrison

1	Ryan, James	70	SCYM-7	2:31.37	9
	35.56	1:12.97	1:52.13	2:31.37	
2	Dougherty, Kevin	70	1776-8	3:11.61	7
	39.11	1:26.02	2:17.83	3:11.61	

Men 70-74 500 Yard Freestyle

NATL: 5:11.03 * 11/6/2022 Rick Colella

ZONECHAMPS: 6:15.86 Z 4/12/2008 David Harrison

1	Ryan, James	70	SCYM-7	6:36.52	9
	37.72	1:16.98	1:57.07	2:37.12	
	3:17.30	3:56.64	4:36.29	5:16.71	
	5:57.48	6:36.52			
2	Dougherty, Kevin	70	1776-8	8:30.11	7
	37.07	1:21.75	2:12.75	3:04.53	
	3:59.13	4:54.35	5:50.34	6:45.42	
	7:39.99	8:30.11			

Men 70-74 1000 Yard Freestyle

NATL:11:46.94 * 4/13/2019 Dan Kirkland

ZONECHAMPS:12:50.23 Z 4/11/2008 David Harrison

1	Levine, Steven	70	GSM-7	15:24.41	9
	40.13	1:26.34	2:14.01	3:04.42	
	3:53.74	4:42.53	5:31.83	6:20.62	
	7:09.69	7:58.56	8:47.98	9:36.91	
	10:26.38	11:16.35	12:06.77	12:56.50	
	13:46.64	14:35.57	15:24.41		
2	Dougherty, Kevin	70	1776-8	17:09.39	7
	38.95	1:24.34	2:13.62	3:04.48	
	3:55.63	4:46.67	5:37.66	6:31.76	
	7:25.98	8:18.92	9:11.00	10:05.23	
	10:59.98	11:52.96	12:46.59	13:39.54	
	14:31.64	15:24.21	16:17.56	17:09.39	

Men 70-74 1650 Yard Freestyle

NATL:19:46.98 * 5/17/2019 Dan Kirkland

ZONECHAMPS:22:36.55 Z 4/3/2022 Bill Ryan

1	Ryan, James	70	SCYM-7	22:38.25	9
	37.74	1:17.79	1:58.86	2:40.03	
	3:21.11	4:02.43	4:43.25	5:23.71	
	6:04.07	6:44.54	7:25.21	8:06.45	
	8:48.11	9:29.26	10:10.97	10:52.63	
	11:34.21	12:16.13	12:57.09	13:38.34	
	14:19.43	15:00.40	15:41.79	16:23.61	
	17:05.13	17:46.53	18:28.12	19:09.41	
	19:51.23	20:32.73	21:15.19	21:57.11	22:38.25
2	Carlson, Richard	70	GSM-7	24:09.75	7
	40.36	1:23.50	2:06.01	2:49.68	
	3:33.37	4:17.08	5:00.91	5:44.63	
	6:28.50	7:13.41	7:56.68	8:41.39	
	9:24.56	10:09.03	10:53.24	11:37.77	
	12:22.73	13:07.66	13:53.20	14:37.16	
	15:23.17	16:06.67	16:51.11	17:35.95	
	18:20.47	19:05.31	19:50.32	20:36.33	
	21:20.10	22:04.62	22:47.97	23:30.65	24:09.75

Men 70-74 50 Yard Backstroke

NATL: 28.79 * 11/6/2022 Rick Colella

ZONECHAMPS: 33.75 Z 4/21/2013 John Snooks

1	Meyer, Geoffrey	71	1776-8	32.33Z	9
2	Wein, Arthur	72	GSM-7	39.97	7
3	Dougherty, Kevin	70	1776-8	44.73	6

Men 70-74 100 Yard Backstroke

NATL: 1:01.79 * 11/6/2022 Rick Colella

ZONECHAMPS: 1:13.47 Z 5/2/1999 Roger Franks

1	Meyer, Geoffrey	71	1776-8	1:10.55Z	9
	34.64	1:10.55			
2	Dougherty, Kevin	70	1776-8	1:36.48	7
	46.84	1:36.48			
3	Paulson, Laurence	74	RMST-10	1:38.16	6
	49.09	1:38.16			

Men 70-74 200 Yard Backstroke

NATL: 2:19.00 * 2/12/2022 Lawrence Day

ZONECHAMPS: 2:40.19 Z 5/2/1999 Roger Franks

1	Meyer, Geoffrey	71	1776-8	2:44.54	9
	37.59	1:18.08	2:00.81	2:44.54	
2	Wein, Arthur	72	GSM-7	3:28.98	7
	50.28	1:43.66	2:38.89	3:28.98	

Men 70-74 50 Yard Breaststroke

NATL: 29.84 * 4/29/2022 Rick Colella

ZONECHAMPS: 33.58 Z 4/11/2015 Jim Dragon

1	Dougherty, Stephen	71	1776-8	38.75	9
2	Wein, Arthur	72	GSM-7	40.75	7
3	Dougherty, Kevin	70	1776-8	44.58	6

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Men 70-74 100 Yard Breaststroke

NATL: 1:04.95 * 4/30/2022 Rick Colella

ZONECHAMPS: 1:19.39 Z 4/25/2010 Hans Reichelt

1	Dougherty, Stephen	71	1776-8	1:26.25	9
				42.51	1:26.25
2	Ryan, James	70	SCYM-7	1:38.04	7
				45.82	1:38.04
3	Wein, Arthur	72	GSM-7	1:41.78	6
				46.85	1:41.78

Men 70-74 200 Yard Breaststroke

NATL: 2:35.66 * 4/29/2016 Robert Strand

ZONECHAMPS: 2:55.54 Z 4/24/2010 Hans Reichelt

1	Dougherty, Stephen	71	1776-8	3:11.59	9
				43.25	1:32.18
				2:23.70	3:11.59

Men 70-74 50 Yard Butterfly

NATL: 26.92 * 4/26/2015 Richard Abrahams

ZONECHAMPS: 28.27 Z 4/11/2015 Jim Dragon

1	Meyer, Geoffrey	71	1776-8	30.30	9
2	Dougherty, Kevin	70	1776-8	35.23	7
3	Dougherty, Stephen	71	1776-8	35.55	6
4	Paulson, Laurence	74	RMST-10	47.35	5

Men 70-74 200 Yard Butterfly

NATL: 2:19.59 * 2/12/2022 Lawrence Day

ZONECHAMPS: 3:03.53 Z 4/14/2012 Raymond Loewe

1	Paulson, Laurence	74	RMST-10	4:15.59	9
				51.67	1:58.09
				3:08.73	4:15.59

Men 70-74 100 Yard IM

NATL: 59.97 * 4/30/2022 Rick Colella

ZONECHAMPS: 1:15.35 Z 4/25/2010 Hans Reichelt

1	Meyer, Geoffrey	71	1776-8	1:09.08Z	9
				31.50	1:09.08
2	Dougherty, Stephen	71	1776-8	1:17.04	7
				36.47	1:17.04
3	Dougherty, Kevin	70	1776-8	1:25.96	6
				38.26	1:25.96

Men 70-74 200 Yard IM

NATL: 2:10.59 * 5/1/2022 Rick Colella

ZONECHAMPS: 2:51.62 Z 4/20/1997 Roger Franks

1	Dougherty, Stephen	71	1776-8	2:51.33Z	9
				36.69	1:23.28
				2:11.87	2:51.33
2	Paulson, Laurence	74	RMST-10	3:48.21	7
				49.58	1:44.97
				2:58.22	3:48.21

Men 75-79 50 Yard Freestyle

NATL: 25.58 * 3/4/2012 Jeff Farrell

ZONECHAMPS: 28.89 Z 4/13/2018 Harry Sober

1	Dragon, Jim	78	GSM-7	28.75Z	9
2	Amundsen, Joseph	77	1776-8	31.59	7
3	Seidman, Lawrence	75	GSM-7	32.04	6

Men 75-79 100 Yard Freestyle

NATL: 58.68 * 5/10/2009 David Radcliff

ZONECHAMPS: 1:04.67 Z 4/13/2018 Harry Sober

1	Zakim, Jack	77	GSM-7	1:10.20	9
				34.64	1:10.20
2	Seidman, Lawrence	75	GSM-7	1:13.46	7
				35.26	1:13.46
3	Amundsen, Joseph	77	1776-8	1:14.63	6
				34.89	1:14.63

Men 75-79 200 Yard Freestyle

NATL: 2:08.77 * 5/10/2009 David Radcliff

ZONECHAMPS: 2:29.42 Z 4/8/2016 Howard Rolston

1	Zakim, Jack	77	GSM-7	2:38.47	9
				36.73	1:16.91
				1:58.05	2:38.47
2	Amundsen, Joseph	77	1776-8	2:55.92	7
				39.38	1:23.47
				2:09.21	2:55.92

Men 75-79 1000 Yard Freestyle

NATL:12:20.59 * 5/10/2009 David Radcliff

ZONECHAMPS:15:11.04 Z 4/4/2014 Ahmed Hamada

1	Wallace, Richard	75	GSM-7	18:43.65	9
				49.68	1:43.73
				2:40.14	3:37.31
				4:34.62	5:31.55
				6:28.58	7:24.76
				8:21.44	9:18.45
				10:15.23	11:11.63
				12:10.64	13:07.49
				14:03.72	15:00.67
				15:57.60	16:53.94
				17:49.68	18:43.65

Men 75-79 1650 Yard Freestyle

NATL:20:25.49 * 5/10/2009 David Radcliff

ZONECHAMPS:23:50.03 Z 4/21/2002 Roger Franks

1	Bernstein, Rich	77	AGUA-6	24:20.76	9
				42.60	1:27.30
				2:12.39	2:57.16
				3:42.01	4:26.65
				5:11.71	5:56.30
				6:41.34	7:25.86
				8:09.74	8:54.14
				9:38.87	10:23.35
				11:07.89	11:52.13
				12:36.70	13:20.92
				14:04.99	14:48.95
				15:33.19	16:17.39
				17:01.69	17:46.01
				18:30.18	19:14.48
				19:58.78	20:42.50
				21:26.91	22:11.67
				22:55.76	23:39.17
				23:39.17	24:20.76

Men 75-79 50 Yard Backstroke

NATL: 30.90 * 4/26/2019 Richard Burns

ZONECHAMPS: 35.98 Z 4/13/2018 Howard Rolston

1	Zakim, Jack	77	GSM-7	36.70	9
2	Dragon, Jim	78	GSM-7	37.84	7

Men 75-79 200 Yard Backstroke

NATL: 2:27.48 * 4/27/2019 Richard Burns

ZONECHAMPS: 2:54.61 Z 4/13/2003 Roger Franks

1	Bernstein, Rich	77	AGUA-6	3:24.68	9
				50.26	1:42.55
				2:33.96	3:24.68

Men 75-79 50 Yard Breaststroke

NATL: 33.89 * 5/13/2022 Douglas Springer

ZONECHAMPS: 39.02 Z 4/2/2022 John Lewis

1	Dragon, Jim	78	GSM-7	38.06Z	9
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Men 75-79 50 Yard Butterfly

NATL: 28.70 * 7/25/2021 Richard Abrahams
 ZONECHAMPS: 33.48 Z 4/13/2018 Harry Sober
 1 Dragon, Jim 78 GSM-7 30.43Z 9
 2 Amundsen, Joseph 77 1776-8 45.52 7

Men 75-79 100 Yard Butterfly

NATL: 1:06.01 * 4/29/2022 Richard Abrahams
 ZONECHAMPS: 1:29.57 Z 4/6/2014 Ahmed Hamada
 1 Seidman, Lawrence 75 GSM-7 1:41.52 9
 45.70 1:41.52

Men 75-79 400 Yard IM

NATL: 5:43.80 * 4/15/2016 Mike Freshley
 ZONECHAMPS: 6:49.07 Z 4/12/1992 Norris Fluke
 1 Bernstein, Rich 77 AGUA-6 7:13.60 9
 1:00.86 2:06.53 3:02.20 3:55.63
 4:51.61 5:47.45 6:31.73 7:13.60

Men 80-84 50 Yard Freestyle

NATL: 28.68 * 4/30/2017 Farrell\Farrell
 ZONECHAMPS: 32.74 Z 4/5/2019 Ahmed Hamada
 1 Pilette, Sterling 81 RMST-10 40.44 9

Men 80-84 100 Yard Freestyle

NATL: 1:04.60 * 5/3/2014 David Radcliff
 ZONECHAMPS: 1:13.45 Z 4/5/2019 Ahmed Hamada
 1 Pilette, Sterling 81 RMST-10 1:39.32 9
 44.81 1:39.32

Men 80-84 200 Yard Freestyle

NATL: 2:23.60 * 4/12/2015 David Radcliff
 ZONECHAMPS: 2:54.81 Z 4/5/2019 Ahmed Hamada
 1 Pilette, Sterling 81 RMST-10 4:06.50 9
 52.54 2:00.37 4:06.50

Men 80-84 50 Yard Backstroke

NATL: 34.49 * 4/29/2016 Yoshi Oyakawa
 ZONECHAMPS: 40.87 Z 4/15/2007 Roger Franks
 1 Pilette, Sterling 81 RMST-10 58.45 9

Men 80-84 50 Yard Breaststroke

NATL: 37.48 * 5/1/2021 Mike Freshley
 ZONECHAMPS: 46.09 Z 4/8/2016 David Nicholas
 1 Pilette, Sterling 81 RMST-10 1:15.09 9

Men 80-84 50 Yard Butterfly

NATL: 33.11 * 5/1/2021 Mike Freshley
 ZONECHAMPS: 39.30 Z 4/5/2019 Ahmed Hamada
 1 Pilette, Sterling 81 RMST-10 59.65 9

Men 80-84 100 Yard IM

NATL: 1:14.86 * 4/16/2016 David Costill
 ZONECHAMPS: 1:30.44 Z 4/5/2019 Ahmed Hamada
 1 Pilette, Sterling 81 RMST-10 2:16.31 9
 1:02.78 2:16.31

Men 85-89 100 Yard Freestyle

NATL: 1:10.92 * 4/18/2010 Frank Piemme
 ZONECHAMPS: 1:36.10 Z 4/12/1992 Gus Langner
 1 Wunderlich, E Dieter 85 SCYM-7 1:44.28 9
 45.83 1:44.28
 2 Beattie, Cal 88 UC12 2:17.14 7

Men 85-89 200 Yard Freestyle

NATL: 2:42.78 * 5/19/2019 David Radcliff
 ZONECHAMPS: 3:29.44 Z 4/16/1989 Gus Langner
 1 Beattie, Cal 88 UC12 4:52.05 9
 1:06.64 3:38.40 4:52.05

Men 85-89 500 Yard Freestyle

NATL: 7:37.32 * 5/17/2019 David Radcliff
 ZONECHAMPS:10:06.01 Z 4/24/2010 Calvin Barnes
 1 Beattie, Cal 88 UC12 13:06.08 9
 1:06.67 2:21.50 3:39.34 5:00.94
 6:23.65 7:45.75 9:06.07 13:06.08

Men 85-89 50 Yard Backstroke

NATL: 36.72 * 4/21/2018 Clarke Mitchell
 ZONECHAMPS: 46.73 Z 4/22/2001 William Rowe
 1 Schade, Hans 86 CBFY-8 53.26 9

Men 85-89 100 Yard Backstroke

NATL: 1:24.98 * 4/22/2018 Clarke Mitchell
 ZONECHAMPS: 1:55.58 Z 4/25/2010 Calvin Barnes
 1 Schade, Hans 86 CBFY-8 2:01.25 9
 58.73 2:01.25

Men 85-89 50 Yard Breaststroke

NATL: 42.72 * 3/7/2010 Frank Piemme
 ZONECHAMPS: 1:00.56 Z 5/8/1990 Gus Langner
 1 Wunderlich, E Dieter 85 SCYM-7 1:03.28 9

Men 85-89 100 Yard Breaststroke

NATL: 1:34.67 * 4/18/2010 Frank Piemme
 ZONECHAMPS: 2:11.85 Z 3/29/1998 Dan Dotterweich
 1 Wunderlich, E Dieter 85 SCYM-7 2:40.46 9
 1:06.60 2:40.46

Men 85-89 100 Yard IM

NATL: 1:28.37 * 3/7/2010 Frank Piemme
 ZONECHAMPS: 2:08.83 Z 5/5/1996 Jesse Coon
 1 Wunderlich, E Dieter 85 SCYM-7 2:24.30 9
 1:04.83 2:24.30

Men 90-94 50 Yard Freestyle

NATL: 35.96 * 9/21/2003 Woody Bowersock
 ZONECHAMPS: 43.51 Z 4/22/2001 Gerson Sobel
 1 Manheim, Frank 92 RMST-10 49.43 9

Men 90-94 100 Yard Freestyle

NATL: 1:27.26 * 3/21/2004 Woodrow Bowersock
 ZONECHAMPS: 1:45.05 Z 4/22/2001 Gerson Sobel
 1 Manheim, Frank 92 RMST-10 1:55.67 9
 53.40 1:55.67

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Men 90-94 50 Yard Backstroke

NATL: 48.69 * 7/23/2021 Frank Manheim

ZONECHAMPS: 1:13.75 Z 5/5/1996 Gus Langner

1 Manheim, Frank 92 RMST-10 52.66Z 9

Men 90-94 100 Yard Backstroke

NATL: 1:46.67 * 3/25/2007 John Merrill

ZONECHAMPS: 2:46.80 Z 5/7/1995 Gus Langner

1 Manheim, Frank 92 RMST-10 2:01.04Z 9
56.64 2:01.04**Women 25+ 200 Yard Freestyle Relay**

NATL: 1:34.62 * 4/7/2019 North Carolina

M KENNEDY, L SMITH, K LINDAUER, E BRAUN

ZONECHAMPS: 1:38.28 Z 4/13/2018 Club Tribe

'''

1 1776-8 A 1:57.58 18

1) Schaffling, Staci W28 2) Bromley, Alex W25

3) Milinkovska, Diana W49 4) Burke, Barbara W61

26.99 57.63 1:27.13 1:57.58

Women 25+ 200 Yard Medley Relay

NATL: 1:44.96 * 1/21/2023 North Carolina

J MIHALIK, S TAYLOR, H CARON, E BRAUN

ZONECHAMPS: 1:50.68 Z 4/15/2007 Curl-Burke

'''

1 1776-8 A 2:20.25 18

1) Milinkovska, Diana W49 2) Swanson, Vibeke W61

3) Schaffling, Staci W28 4) King, Molly W30

35.17 1:23.58 2:20.25

Women 25+ 400 Yard Medley Relay

NATL: 3:59.64 * 4/2/2023 North Carolina

R MULLER, S TAYLOR, I HOLLAND, W HAUSER

ZONECHAMPS: 3:55.30 Z 4/5/2019 Club Tribe

'''

1 1776-8 A 4:57.65 18

1) Milinkovska, Diana W49 2) Hug, Laurie W57

3) Marshall, Victoria W34 4) Schaffling, Staci W28

39.32 1:20.09 2:02.10 2:48.89

3:20.72 3:55.98 4:24.88 4:57.65

Women 35+ 200 Yard Freestyle Relay

NATL: 1:36.42 * 2/1/2015 Ncms

K LINDAUER, A UHL, J STRINGER, E BRAUN

ZONECHAMPS: 1:41.49 Z 4/5/2019 Club Tribe

'''

1 1693-12 A 1:59.86 18

1) Gass, Krista W44 2) Mackall, Suni W60

3) Torian, Penny W52 4) Choe, Michele W45

26.43 58.85 1:18.28 1:59.86

Women 45+ 800 Yard Freestyle Relay

NATL: 8:33.70 * 3/17/2019 Conejo Valley M

J GELLATLY, J WEIDERMAN, L DALAND-JAMES, B CLEAVEN

ZONECHAMPS: 9:19.05 Z 4/7/2017 1776

'''

1 1776-8 A 10:08.35 18

1) Swanson, Vibeke W61 2) Milinkovska, Diana W49

3) Hug, Laurie W57 4) Burke, Barbara W61

34.67 1:12.99 1:52.72 2:31.25

3:06.56 3:46.98 4:28.15 5:22.42

5:41.15 6:18.80 6:56.51 7:32.60

8:08.15 8:48.05 9:28.51 10:08.35

Men 18+ 200 Yard Freestyle Relay

NATL: 1:18.32 * 5/22/2010 North Carolina

N BRUNELLI, C JONES, N WESTBY, J SKUBA

ZONECHAMPS: 1:26.28 Z 4/5/2019 Tide Swimming

'''

1 PINE-6 A 1:28.12 18

1) Ordabayev, Dayan M27 2) Vasilkoff, Daniel M20

3) Nguyen, Hao M28 4) Montee, Dillon M19

21.31 43.46 1:06.22 1:28.12

2 1693-12 A 1:28.86 14

1) Zerunyan, Marko M21 2) Hildebrand, David M42

3) Ruckdeschel, Jonathan M54 4) Kettlewell-Sites, Sam M25

22.05 45.54 1:08.81 1:28.86

3 PINE-6 B 1:38.17 12

1) Euyoque, Kevin M18 2) Bonnick, Zail M21

3) Gonzalez-Flores, James M2 4) Sostre, Aaron M24

23.05 46.80 1:12.94 1:38.17

Men 18+ 400 Yard Freestyle Relay

NATL: 3:01.60 * 2/13/2016 Golden Road Aqu

M MARSHALL, N KORTH, M JABEN, T COX

ZONECHAMPS: 3:04.86 Z 4/13/2018 Club Tribe

'''

1 CHEL-6 A 3:18.19 18

1) Manfredi, Luca M31 2) Schnaars, George M28

3) Chung, David M28 4) Von Autenried, Kurt M24

23.56 49.66 1:13.75 1:39.81

2:03.76 2:29.98 2:52.83 3:18.19

2 1693-12 A 3:22.67 14

1) Hildebrand, David M42 2) Blindenbach, Jacob M23

3) Ruckdeschel, Jonathan M54 4) Zerunyan, Marko M21

24.61 50.88 1:15.39 1:41.40

2:06.86 2:35.11 2:57.93 3:22.67

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Men 18+ 800 Yard Freestyle Relay

NATL: 6:53.52 * 4/14/2018 Club Tribe

L BUREAU, J HENDERSON, A GLASS, A GREENHALGH

ZONECHAMPS: 6:53.52 Z 4/13/2018 Club Tribe

'''

1	PINE-6	A	8:37.12	18
	1) Euyoque, Kevin M18	2) Bonnick, Zail M21		
	3) Sostre, Aaron M24	4) Nguyen, Hao M28		
	26.32 55.96	1:26.69 1:57.33		
	2:24.30 2:56.15	3:29.88 4:05.01		
	4:33.74	5:07.64 6:29.92		
	6:57.10 7:28.94	8:02.94 8:37.12		
2	SVY-8	B	8:43.90	14
	1) Boris, Joseph M43	2) Sangmeister, Gary M52		
	3) Rees, Greg M53	4) Marsh, Matthew M23		
	30.67 1:05.80	1:41.72 2:16.54		
	2:46.54 3:20.46	3:56.48 4:31.79		
	5:01.66 5:35.74	6:11.37 6:47.65		
	7:15.51 7:45.47	8:15.69 8:43.90		

Men 18+ 200 Yard Medley Relay

NATL: 1:26.71 * 5/2/2014 The Olympic Clu

A SAETA, N KOON, N ADRIAN, A ERVIN

ZONECHAMPS: 1:34.56 Z 4/5/2019 Club Tribe

'''

1	1693-12	A	1:46.04	18
	1) Hildebrand, David M42	2) Blindenbach, Jacob M23		
	3) Zerunyan, Marko M21	4) Linaburg, Jeremy M25		
	29.12 57.55	1:22.05 1:46.04		
2	PINE-6	A	1:49.00	14
	1) Montee, Dillon M19	2) Bonnick, Zail M21		
	3) Gonzalez-Flores, James M2	4) Sostre, Aaron M24		
	26.98 56.11	1:24.02 1:49.00		

Men 18+ 400 Yard Medley Relay

NATL: 3:24.55 * 4/2/2016 Arizona Masters

D ADALSTEINSSON, D KNITTLE, B CREAGER, Z DALBY

ZONECHAMPS: 3:36.99 Z 4/5/2019 Club Tribe

'''

1	1693-12	A	3:40.32	18
	1) Kettlewell-Sites, Sam M25	2) Zerunyan, Marko M21		
	3) Ruckdeschel, Jonathan M54	4) Hildebrand, David M42		
	24.60 51.02	1:19.12 1:51.34		
	2:17.80 2:50.15	3:13.99 3:40.32		
2	PINE-6	A	3:45.42	14
	1) Nguyen, Hao M28	2) Vasilkoff, Daniel M20		
	3) Ordabayev, Dayan M27	4) Montee, Dillon M19		
	27.83 59.29	1:28.25 2:01.56		
	2:26.18 2:54.28	3:17.76 3:45.42		

Men 25+ 200 Yard Freestyle Relay

NATL: 1:19.71 * 4/7/2018 Rice Aquatics

W WAGNER, A SURHOFF, D HILL, B COLLINS

ZONECHAMPS: 1:26.34 Z 4/7/2017 Club Tribe

'''

1	CBFY-8	A	2:27.62	18
	1) Schade, Hans M86	2) Kunkel, Stephen M68		
	3) Reynolds, Sean M54	4) Maxian, Ondrej M27		
	51.92 1:31.90	1:51.30 2:27.62		

Men 25+ 800 Yard Freestyle Relay

NATL: 6:33.89 * 4/7/2018 Rice Aquatics

B COLLINS, W WAGNER, D HILL, A SURHOFF

ZONECHAMPS: 7:14.89 Z 1/1/1991 Empire

'''

1	1776-8	A	10:20.48	18
	1) Callanan, Ryan M30	2) Dougherty, Stephen M71		
	3) Dittmar, Greg M49	4) Dougherty, Kevin M70		
	27.70 56.90	1:27.45 1:58.52		
	2:34.28 3:13.42	3:53.87 4:34.87		
	5:08.43 5:50.60	6:32.32 7:10.51		
	7:51.44 8:41.66	9:32.30 10:20.48		
2	CBFY-8	A	13:09.35	14
	1) Schade, Hans M86	2) Kunkel, Stephen M68		
	3) Maxian, Ondrej M27	4) Reynolds, Sean M54		
	1:04.10	4:43.69 5:25.19		
	6:14.78 7:04.89	7:52.31 8:25.70		
	9:01.65 9:37.61	10:14.30 10:47.82		
	11:25.98 12:05.41	12:45.36 13:09.35		

Men 25+ 200 Yard Medley Relay

NATL: 1:27.81 * 4/29/2017 Golden Road Aqu

R LOCHTE, M ALEXANDROV, T COX, L PECHMANN

ZONECHAMPS: 1:34.71 Z 4/13/2018 Club Tribe

'''

1	CHEL-6	A	1:40.73	18
	1) Luo, Victor M28	2) Schnaars, George M28		
	3) Chung, David M28	4) Manfredi, Luca M31		
	26.05 54.67	1:18.82 1:40.73		
2	1776-8	A	2:00.41	14
	1) Matz, Michael M61	2) Dittmar, Greg M49		
	3) Simonetti, David M44	4) Callanan, Ryan M30		
	37.53 1:08.96	1:35.47 2:00.41		

Men 25+ 400 Yard Medley Relay

NATL: 3:17.17 * 4/7/2018 Rice Aquatics

A SURHOFF, E FRIEDLAND, B COLLINS, W WAGNER

ZONECHAMPS: 3:30.45 Z 1/1/1999 Ancient Mariner

'''

1	1693-12	B	4:02.19	18
	1) Griffin, Brendan M39	2) Linaburg, Jeremy M25		
	3) Gass, Kraig M43	4) Williams, Rich M47		
	30.66 1:02.80	1:31.96 2:06.78		
	2:34.63 3:09.55	3:34.86 4:02.19		

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(Men 25+ 400 Yard Medley Relay)

2	CBFY-8	A	6:05.94	14
	1) Schade, Hans M86	2) Kunkel, Stephen M68		
	3) Maxian, Ondrej M27	4) Reynolds, Sean M54		
	1:01.05	2:06.62		
	4:58.62	5:30.31	6:05.94	

Men 35+ 200 Yard Freestyle Relay

NATL: 1:23.32 * 5/29/2010 Longhorn Aquati

T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN

ZONECHAMPS: 1:28.05 Z 4/25/2009 Jersey Area Masters

1	1693-12	B	1:41.13	18
	1) Griffin, Brendan M39	2) Gass, Kraig M43		
	3) Adkins, Dana M46	4) Williams, Rich M47		
	26.15	51.34	1:17.29	1:41.13

Men 35+ 200 Yard Medley Relay

NATL: 1:33.66 * 5/12/2018 The Olympic Clu

T WANG, T HOLSMAN, M MARSHALL, S GREENWOOD

ZONECHAMPS: 1:41.88 Z 1/1/1994 1776

1	1693-12	B	1:50.11	18
	1) Griffin, Brendan M39	2) Williams, Rich M47		
	3) Gass, Kraig M43	4) Ruckdeschel, Jonathan M54		
	30.15	59.87	1:26.43	1:50.11

Men 45+ 200 Yard Freestyle Relay

NATL: 1:27.70 * 5/4/2008 Arizona Masters

JOHN SMITH, AL JAEGER, PAUL HAFNER, PAUL SMITH

ZONECHAMPS: 1:30.85 Z 4/5/2019 Spring Valley Y Masters

1	SVY-8	A	1:34.61	18
	1) Gross, Jeremy M51	2) Sangmeister, Gary M52		
	3) Zhukarev, Stan M45	4) Evans, Jeff M57		
	22.16	46.12	1:10.54	1:34.61

Men 45+ 400 Yard Freestyle Relay

NATL: 3:18.25 * 5/7/2010 Wildcat Alumni

A JAEGER, T HARVILL, M VOLZING, D CUNIFF

ZONECHAMPS: 3:32.18 Z 4/1/2022 SwimRI

1	SVY-8	A	4:05.23	18
	1) Sangmeister, Gary M52	2) Gross, Jeremy M51		
	3) Houchins, Bradford M45	4) Zhukarev, Stan M45		
	30.02	1:02.08	1:32.32	2:04.95
	2:36.13	3:08.53	3:35.14	4:05.23

Men 45+ 800 Yard Freestyle Relay

NATL: 7:22.85 * 5/8/2010 Wildcat Alumni

A JAEGER, S TRIMBLE, M VOLZING, D CUNIFF

ZONECHAMPS: 8:04.45 Z 1/1/2008 Binghamton Univ

1	SVY-8	A	8:41.40	18
	1) Gross, Jeremy M51	2) Robertson, John M51		
	3) Zhukarev, Stan M45	4) Evans, Jeff M57		
	29.25	1:02.12	1:36.29	2:09.56
	2:41.29	3:15.77	3:50.53	4:24.44
	4:53.03	5:25.46	5:58.92	6:31.77
	7:01.17	7:34.32	8:07.80	8:41.40

Men 45+ 200 Yard Medley Relay

NATL: 1:36.56 * 5/23/2010 Georgia Masters

E ERICSON, C WEISSMAN, B BUGG, M ELLISON

ZONECHAMPS: 1:41.51 Z 4/5/2019 Spring Valley Y Masters

1	SVY-8	A	1:47.32	18
	1) Rees, Greg M53	2) Houchins, Bradford M45		
	3) Evans, Jeff M57	4) Gross, Jeremy M51		
	28.13	56.52	1:23.62	1:47.32

Men 65+ 200 Yard Freestyle Relay

NATL: 1:37.90 * 5/1/2022 Lone Star Maste

R NEVILLE, D HAGUE, J GOODING, B WILLIAMS

ZONECHAMPS: 1:54.94 Z 4/7/2017 Binghamton Univ

1	1776-8	B	2:11.66	18
	1) Dougherty, Kevin M70	2) Dougherty, Stephen M71		
	3) Meyer, Geoffrey M71	4) Amundsen, Joseph M77		
	32.50	1:06.23	1:40.47	2:11.66
2	RBAY-7	A	2:23.18	14
	1) Lavitt, Michael M65	2) Weinstein, Mark M67		
	3) Lehrer, Elliott M67	4) Norek, Francis M66		
	43.45	1:18.89	1:52.14	2:23.18

Men 65+ 400 Yard Freestyle Relay

NATL: 3:42.76 * 4/1/2023 North Carolina

J KLEIN, G SANCHEZ, J WASHBURN, P DENISON

ZONECHAMPS: 4:26.84 Z 4/13/2008 Virginia Masters

1	RBAY-7	A	5:19.78	18
	1) Lavitt, Michael M65	2) Weinstein, Mark M67		
	3) Lehrer, Elliott M67	4) Norek, Francis M66		
	42.37	1:32.53	2:11.08	2:51.70
	3:25.88	4:09.27	4:41.94	5:19.78

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Men 65+ 800 Yard Freestyle Relay

NATL: 8:26.49 * 4/17/2021 Sarasota Sharks

J GROSELLE, R WALKER, K MCCORMACK, J BOATRIGHT

ZONECHAMPS:10:13.65 Z 4/20/2013 1776

'''

1	RBAY-7	A	12:28.99	18
	1) Lavitt, Michael M65	2) Weinstein, Mark M67		
	3) Lehrer, Elliott M67	4) Norek, Francis M66		
	44.23	1:37.57	2:33.12	3:30.99
	4:10.43	4:56.89	5:46.26	6:39.84
	7:17.94	8:03.44	8:55.19	9:46.35
	10:21.99	11:04.33	11:48.30	12:28.99

Men 65+ 200 Yard Medley Relay

NATL: 1:49.55 * 4/29/2022 Lone Star Maste

T WOLF, R NEVILLE, J GOODING, B WILLIAMS

ZONECHAMPS: 2:13.78 Z 4/7/2017 Binghamton Univ

'''

1	1776-8	A	2:12.84Z	18
	1) Meyer, Geoffrey M71	2) Keyser, Brian M66		
	3) Dougherty, Stephen M71	4) Amundsen, Joseph M77		
	33.20	1:05.50	1:41.19	2:12.84
2	RBAY-7	A	2:48.84	14
	1) Weinstein, Mark M67	2) Lavitt, Michael M65		
	3) Norek, Francis M66	4) Lehrer, Elliott M67		
	42.79	1:34.67	2:16.88	2:48.84

Men 65+ 400 Yard Medley Relay

NATL: 4:07.24 * 4/2/2022 Lone Star Maste

T WOLF, R NEVILLE, J GOODING, B WILLIAMS

ZONECHAMPS: 5:01.35 Z 4/13/2008 Virginia Masters

'''

1	1776-8	A	5:34.89	18
	1) Meyer, Geoffrey M71	2) Keyser, Brian M66		
	3) Amundsen, Joseph M77	4) Dougherty, Kevin M70		
	38.69	1:19.20	1:53.96	2:35.39
	3:25.91	4:19.22	4:54.11	5:34.89

Mixed 18+ 200 Yard Freestyle Relay

NATL: 1:24.76 * 5/2/2014 The Olympic Clu

N ADRIAN, K RAATZ, K KASTES, A ERVIN

ZONECHAMPS: 1:29.21 Z 4/13/2018 Club Tribe

'''

1	NYAC-6	A	1:39.59	18
	1) Frawley, Robert M34	2) Brukx, Peter M23		
	3) Gary, Kristin W55	4) Kaminski, Paulina W26		
	25.38	46.25	1:13.66	1:39.59
2	SVY-8	A	1:40.32	14
	1) Robertson, Stephanie W29	2) Robertson, John M51		
	3) Cubbler, Rebecca W25	4) Marsh, Matthew M23		
	27.58	52.76	1:18.26	1:40.32
3	1693-12	A	1:44.31	12
	1) Kettlewell-Sltes, Sam M25	2) Blindenbach, Jacob M23		
	3) Mackall, Suni W60	4) Gass, Krista W44		
	21.11	44.24	1:16.81	1:44.31

4	CBFY-8	A	1:51.82	10
	1) Picchione, Olivia W24	2) Maxian, Ondrej M27		
	3) Isleta, Czsarina Dawn M W:	4) Reynolds, Sean M54		
	27.77	54.58	1:24.57	1:51.82

Mixed 18+ 400 Yard Freestyle Relay

NATL: 3:14.92 * 4/29/2016 Club Tribe Alum

K GALLAGHER, K LOUGHRAN, K GRIER, G MIZERAK

ZONECHAMPS: 3:20.12 Z 4/5/2019 Club Tribe

'''

1	SVY-8	A	3:48.15	18
	1) Robertson, Stephanie W29	2) Boris, Joseph M43		
	3) Cubbler, Rebecca W25	4) Marsh, Matthew M23		
	29.43	1:02.51	1:32.26	2:04.21
	2:30.25	2:58.20	3:22.13	3:48.15
2	CBFY-8	A	3:53.38	14
	1) Isleta, Czsarina Dawn M W:	2) Maxian, Ondrej M27		
	3) Reynolds, Sean M54	4) Picchione, Olivia W24		
	30.34	1:04.10	1:29.11	1:56.12
	2:24.73	2:55.37	3:23.32	3:53.38

Mixed 18+ 800 Yard Freestyle Relay

NATL: 7:21.24 * 4/15/2018 Club Tribe

A GREENHALGH, E RYCZEK, J HENDERSON, A WUJCIAK

ZONECHAMPS: 7:21.24 Z 4/13/2018 Club Tribe

'''

1	SVY-8	A	9:00.87	18
	1) Marsh, Matthew M23	2) Robertson, Stephanie W29		
	3) Boris, Joseph M43	4) Cubbler, Rebecca W25		
	24.85	53.69	1:23.49	1:52.14
	2:23.94	3:01.90	3:41.69	4:20.81
	4:54.95	5:32.74	6:11.15	6:48.41
	7:18.04	7:51.52	8:26.33	9:00.87
2	CBFY-8	A	9:46.67	14
	1) Maxian, Ondrej M27	2) Isleta, Czsarina Dawn M W:		
	3) Picchione, Olivia W24	4) Reynolds, Sean M54		
	32.85	1:09.08	1:45.65	2:21.80
	2:57.57	3:36.40	4:17.13	4:57.13
	5:28.83	6:05.24	6:42.30	7:18.20
	7:51.50	8:29.24	9:07.58	9:46.67

Mixed 18+ 200 Yard Medley Relay

NATL: 1:35.89 * 4/30/2016 The Olympic Clu

A SAETA, C BABCOCK, A SENKO, M STIPE

ZONECHAMPS: 1:40.03 Z 4/13/2007 Curl-Burke

'''

1	SVY-8	A	1:51.78	18
	1) Marsh, Matthew M23	2) Sangmeister, Gary M52		
	3) Cubbler, Rebecca W25	4) Robertson, Stephanie W29		
	25.18	54.63	1:22.61	1:51.78
2	CBFY-8	A	2:01.58	14
	1) Maxian, Ondrej M27	2) Isleta, Czsarina Dawn M W:		
	3) Picchione, Olivia W24	4) Reynolds, Sean M54		
	28.91	1:05.69	1:34.57	2:01.58

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Mixed 18+ 400 Yard Medley Relay

NATL: 3:41.42 * 4/15/2018 Club Tribe

S GLASS, L SCHWARTZ, A GLASS, K GRIER

ZONECHAMPS: 3:41.42 Z 4/13/2018 Club Tribe

'''

1	CBFY-8	A	4:53.15	18
	1) Maxian, Ondrej M27	2) Isleta, Czarina Dawn M W:		
	3) Picchione, Olivia W24	4) Reynolds, Sean M54		
	36.56	1:15.15	1:55.69	2:40.94
	3:11.79	4:17.93	4:53.15	

Mixed 25+ 200 Yard Freestyle Relay

NATL: 1:27.70 * 4/28/2017 The Olympic Clu

M BALLENGER, K RAATZ, M MARSHALL, S GREENWOOD

ZONECHAMPS: 1:34.48 Z 4/26/2009 Curl-Burke

'''

1	1776-8	A	1:58.72	18
	1) Schaffling, Staci W28	2) King, Molly W30		
	3) Callanan, Ryan M30	4) Dittmar, Greg M49		
	27.93	1:05.13	1:30.18	1:58.72

Mixed 25+ 400 Yard Freestyle Relay

NATL: 3:16.12 * 4/29/2016 The Olympic Clu

A SAETA, O'DONNELL-MCCARTH, K KASTES, C BURCKLE

ZONECHAMPS: 3:19.84 Z 4/7/2017 Club Tribe

'''

1	1693-12	A	4:17.53	18
	1) Kettlewell-Sltes, Sam M25	2) Griffin, Brendan M39		
	3) Torian, Penny W52	4) Mackall, Suni W60		
	26.01	54.29	1:20.77	1:49.77
	2:25.42	3:04.25	3:40.09	4:17.53

Mixed 25+ 800 Yard Freestyle Relay

NATL: 7:20.49 * 4/9/2017 Club Tribe

M FALCONE, K GRIER, L ROBBINS, K GALLAGHER

ZONECHAMPS: 7:20.49 Z 4/7/2017 Club Tribe

'''

1	1776-8	A	10:24.35	18
	1) Schaffling, Staci W28	2) Callanan, Ryan M30		
	3) Marshall, Victoria W34	4) Dougherty, Kevin M70		
	29.76	1:03.82	1:39.28	2:15.23
	2:50.09	3:28.98	4:10.52	4:53.31
	5:23.63	5:57.34	6:31.55	7:04.74
	7:45.31	8:34.75	9:28.42	10:24.35

Mixed 25+ 200 Yard Medley Relay

NATL: 1:34.12 * 4/30/2022 The Olympic Clu

F LEE, J PRENOT, E SOLAECHE, C MONSEES

ZONECHAMPS: 1:39.63 Z 4/13/2018 Club Tribe

'''

1	TERR-10	A	1:57.13	18
	1) Strahota, Jeffrey M42	2) De Jesus, Jose M29		
	3) Rose, Laura W36	4) Crnogorčević, Milena W28		
	30.03	57.31	1:27.34	1:57.13
2	1776-8	A	2:00.19	14
	1) Bromley, Alex W25	2) Callanan, Ryan M30		
	3) Marshall, Victoria W34	4) Knoll, Daniel M26		
	34.76	1:07.07	1:37.31	2:00.19

Mixed 25+ 400 Yard Medley Relay

NATL: 3:45.13 * 4/25/2010 Red Tide OF Nyc

K GARY, N WERNER, T SHPAIZER, D LIPPIN

ZONECHAMPS: 3:45.13 Z 4/25/2010 Red Tide

'''

1	AGUA-6	A	4:13.86	18
	1) Hagerty, Edward M39	2) Lathrum, Ryan M46		
	3) Smith, Delaney W26	4) Maidenberg, Eve W46		
	29.34	1:00.14	1:30.68	2:04.95
	2:34.33	3:08.22	3:39.07	4:13.86
2	1776-8	A	5:23.84	14
	1) King, Molly W30	2) Dougherty, Stephen M71		
	3) Schaffling, Staci W28	4) Callanan, Ryan M30		
	44.47		3:02.75	
	3:35.06	4:12.84	4:46.92	5:23.84

Mixed 35+ 200 Yard Freestyle Relay

NATL: 1:30.17 * 4/25/2004 Rocky Mountain

K GARNIER, S VON DER LIPPE, J SMITH, P SMITH

ZONECHAMPS: 1:34.00 Z 4/8/2016 Club Tribe

'''

---	REDT-6	A	DQ	
	1) Horiuchi, Linda W52	2) Moll, Sebastian M58		
	3) McRorie, Jessica W44	4) Storch, Joshua M41		
	39.77	1:05.89	1:40.05	

Mixed 35+ 200 Yard Medley Relay

NATL: 1:39.85 * 5/22/2010 Colorado Master

S HART, M EISENHUTH, C O'SULLIVAN, C SAPPEY

ZONECHAMPS: 1:45.00 Z 4/20/2013 Montgomery Ancient Mari

'''

1	1693-12	A	1:55.93	18
	1) Choe, Michele W45	2) Williams, Rich M47		
	3) Ruckdeschel, Jonathan M54	4) Gass, Krista W44		
	32.89	1:02.54	1:28.86	1:55.93

Mixed 45+ 200 Yard Freestyle Relay

NATL: 1:34.48 * 5/4/2008 Arizona Masters

J SMITH, M BAILEY, S ROLLINS, P SMITH

ZONECHAMPS: 1:41.19 Z 4/7/2017 Spring Valley Y Masters

'''

1	1693-12	B	1:42.42	18
	1) Ruckdeschel, Jonathan M54	2) Williams, Rich M47		
	3) Choe, Michele W45	4) Restrepo, Marie W60		
	23.71	47.41	1:15.05	1:42.42
2	1776-8	B	2:05.66	14
	1) Matz, Michael M61	2) Milinkovska, Diana W49		
	3) Hood, Patricia W67	4) Amundsen, Joseph M77		
	28.82	58.99	1:19.00	2:05.66

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Mixed 45+ 400 Yard Freestyle Relay

NATL: 3:33.11 * 1/19/2019 North Carolina

H STEWART, A HOLLAND, M ANDERSEN, E BRAUN

ZONECHAMPS: 4:03.93 Z 4/4/2004 Virginia Masters

'''

1	1776-8	A	4:40.14	18
	1) Milinkovska, Diana W49	2) Swanson, Vibeke W61		
	3) Dougherty, Kevin M70	4) Amundsen, Joseph M77		
	31.53	1:37.91	2:14.32	
	2:48.88	3:26.82	4:01.78	4:40.14

Mixed 45+ 200 Yard Medley Relay

NATL: 1:44.02 * 5/4/2008 Arizona Masters

J SMITH, G MILLS, S ROLLINS, M BAILEY

ZONECHAMPS: 1:54.82 Z 4/1/2017 Spring Valley Y Masters

'''

1	1776-8	B	2:12.49	18
	1) Matz, Michael M61	2) Dittmar, Greg M49		
	3) Burke, Barbara W61	4) Milinkovska, Diana W49		
	33.86	1:07.66	1:43.76	2:12.49

Mixed 55+ 200 Yard Medley Relay

NATL: 1:50.70 * 4/8/2017 North Carolina

F MCEACHRAN, N VESTAL, J KLEIN, S WALSH

ZONECHAMPS: 2:08.58 Z 4/5/2019 Virginia Masters

'''

1	1776-8	C	2:27.61	18
	1) Hug, Laurie W57	2) Swanson, Vibeke W61		
	3) Dougherty, Stephen M71	4) Dougherty, Kevin M70		
	39.71	1:21.56	1:57.40	2:27.61

Combined Team Scores**Combined Team Scores - Through Event 56**

1. Colonials 1776	1271
2. Spring Valley YMCA Masters	612.5
3. Club Tribe	598
4. Garden State Masters	451
5. YMCA Of Bucks County	346
6. New England Masters Swim Club	308
7. Connecticut Masters	289
8. Chelsea Piers Fitness Ny/Bk	273.5
9. Reston Masters Swim Team	245
10. Agua Masters	221
11. Raritan Bay at South Amboy Y	197
12. Terrapin Masters	193.5
13. Somerset County YMCA Masters	169
14. Rochester Area Masters Swimmin	167
15. Pineapples	152
16. New York Athletic Club	140
17. Jersey Aquatic Center Masters	104
18. Red Tide	95
19. District Of Columbia Aquatics	93
19. YMCA of Greater Monmouth Count	93
21. Philadelphia Fins	89
22. Jersey Shore Masters	64

23. Swim Club at Indiana Universit	57
24. Team New York Aquatics	45
25. Lakeland Hills Family YMCA	44
26. Nickel City Splash Swim Team	42
27. Long Island City YMCA Masters	41
28. Excel Swimming	32
29. Germantown Maryland Masters	30
30. Swim Unattached	24
31. Peddie Aquatic Association	23
32. Virginia Masters Swim Team	22
33. Lane 4 Swimming	20
34. Central Maryland YMCA Masters	18
34. Phoenix Aquatic Club	18
34. Talbot Masters	18
37. Rwj Fitness and Wellness Cente	16
38. Gpac Masters	6.5
39. Sarasota Sharks Masters	6

Scores - Women**Women - Team Rankings - Through Event 56**

1. Colonials 1776	594
2. New England Masters Swim Club	253
3. Garden State Masters	213
4. Club Tribe	133
5. Spring Valley YMCA Masters	122
6. Rochester Area Masters Swimmin	115
7. Chelsea Piers Fitness Ny/Bk	104
8. Terrapin Masters	93
9. YMCA Of Bucks County	91
10. Agua Masters	88
11. Connecticut Masters	77
12. Jersey Aquatic Center Masters	63
13. New York Athletic Club	52
14. Reston Masters Swim Team	50
15. District Of Columbia Aquatics	43
16. Somerset County YMCA Masters	41
17. Raritan Bay at South Amboy Y	40
18. Philadelphia Fins	27
18. Red Tide	27
20. Virginia Masters Swim Team	22
21. Jersey Shore Masters	20
21. Lane 4 Swimming	20
23. YMCA of Greater Monmouth Count	17
24. Long Island City YMCA Masters	16
25. Rwj Fitness and Wellness Cente	12
26. Phoenix Aquatic Club	9

Scores - Men**Men - Team Rankings - Through Event 56**

1. Colonials 1776	545
2. Spring Valley YMCA Masters	422.5
3. Club Tribe	399
4. Garden State Masters	238

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5. Connecticut Masters	212
6. Reston Masters Swim Team	195
7. YMCA Of Bucks County	185
8. Chelsea Piers Fitness Ny/Bk	169.5
9. Raritan Bay at South Amboy Y	157
10. Pineapples	152
11. Somerset County YMCA Masters	128
12. Agua Masters	115
13. Terrapin Masters	82.5
14. YMCA of Greater Monmouth Count	76
15. New York Athletic Club	70
16. Red Tide	68
17. Philadelphia Fins	62
18. Swim Club at Indiana Universit	57
19. New England Masters Swim Club	55
20. Rochester Area Masters Swimmin	52
21. District Of Columbia Aquatics	50
22. Team New York Aquatics	45
23. Lakeland Hills Family YMCA	44
23. Jersey Shore Masters	44
25. Nickel City Splash Swim Team	42
26. Jersey Aquatic Center Masters	41
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