

Colonies Zone Short Course Yards Championship  
April 7 - 9, 2017

**Hosted by: Patriot Masters & George Mason University Swimming & Diving  
Fairfax, Virginia**

**Sanctioned by Potomac Valley LMSC for USMS, INC. # 107-S002**

MEET DIRECTOR: Cheryl Ward – 14307 Summer Tree Rd, Apt H, Centreville, VA 20121  
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MEET REFEREE: Jack Neill

OFFICIALS: Boots Hall Morgan Hurley  
John Kost Carolyn Kotarski  
Mike Rubin Dean Schroeder  
Pam Starke-Reed Robert Stevens  
Joe Tiago Scott Witkin

HY-TEK: Jim Thompson Bob Brofft

## USMS RECORDS BROKEN

*Women 25+*

Alexandra Czaplicki, Kristen HARRIS, Marina Falcone, Katie Grier (Club Tribe) – 400 Medley Relay 4:00.63

*Mixed 25+*

Marina Falcone, Katie Grier, Luke Robbins, Kevin Gallagher (Club Tribe) – 800 Free Relay 7:20.49

Total number of swimmers in the meet: 460

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Licensed to George Mason University HY-TEK's MEET MANAGER 4.0 4/19/2017  
2017 COLONIES ZONE SCY CHAMPIONSHIP  
George Mason University, Fairfax, VA  
Team Rankings - Through Event 56

### Combined Team Scores - Small Team

Place	Team		Points
1	CENTRAL BUCKS FAMILY YMCA	CBFY	380
2	BINGHAMTON UNIV MASTERS	BUMS	273
3	CENTRAL MARYLAND YMCA MASTERS	CMYM	182
4	RIPTIDE MASTERS	RIPM	181
5	GARDEN STATE MASTERS	GSM	140
6	MONTGOMERY ANCIENT MARINERS	ANCM	104
6	ASPHALT GREEN MASTERS	AGUA	104
8	MARYLAND MASTERS	MARY	89
9	CHESTER RIVER AQUATIC BLUES	CRAB	88
10	FREEDOM AQUATIC CLUB	FAC	80
11	FLYING FISH HEADS	FFH	78
12	UC09	UC09	77
13	WARRENTON FAUQUIER AQUATIC CLU	WFAC	72

14	COLUMBIA MASTERS SWIM TEAM	COLU	70
15	UC38	UC38	64
16	PELUSO OPEN WATER MASTERS	POWM	63
17	UC04	UC04	56
18	TIDE SWIMMING	TIDE	52
19	UC06	UC06	51
20	SANTA CRUZ MASTERS AQUATICS	CRUZ	47
21	GOLD COAST MASTERS	GOLD	45
22	EXCEL SWIMMING	XCL	41
23	SANTA BARBARA MASTERS	SBM	40
23	LAKELAND HILLS FAMILY YMCA	LHY	40
23	FINS AQUATICS CLUB	FINS	40
26	ROCHESTER AREA MASTERS SWIMMIN	ROCH	38
27	UC08	UC08	34
27	SARASOTA Y SHARKS	SYSM	34
29	EAGLE SWIM TEAM MASTERS	EST	32
30	TALBOT MASTERS	TCYS	30.5
31	NEW ENGLAND MASTERS SWIM CLUB	NEM	29
31	CROZET PARC YMCA MASTERS	CPYM	29
33	UC11	UC11	28
34	FREDRICKSBURG AMERICAN FAMILY	FAFF	27
35	LIFE TIME SWIM NEW JERSEY	LTMM	26
36	WINCHESTER MASTERS SWIM TEAM	WINM	23
37	NORTH CAROLINA MASTERS SWIMMIN	NCMS	22
37	SHEPHERD UNIVERSITY WELLNESS C	SUWC	22
39	UC07	UC07	20
40	MONOCACY AQUATIC CLUB MASTERS	MACM	19
41	CHELSEA PIERS MASTERS	CHEL	18
42	BEARCAT MASTERS	BCTM	17
43	WARRENTON MASTERS SWIM TEAM	WAVA	15.5
44	BLUE WAVE SWIM TEAM	BWST	13
45	VCU RECREATIONAL SPORTS	RSMS	12
46	FORT BELVOIR MASTERS	FBST	9
46	DUMPSTER FISH	DFSH	9
48	ADIRONDACK MASTERS	ADMS	6
49	TEAM AMERICA	TA	5
50	SPORTFIT LAB	TRI3	2
51	MONTEREY BAY MASTERS SEASIDE A	MBAY	1

Combined Team Scores - Medium Team

Place	Team		Points
=====			
1	SPRING VALLEY YMCA MASTERS	SVY	870
2	COLONIALS 1776	1776	862
3	GERMANTOWN MARYLAND MASTERS	GERM	360
4	PATRIOT MASTERS SWIM TEAM	GMUP	357
5	UMAC-TERRAPIN MASTERS	UMAC	318
6	ARLINGTON MASTERS	ARMS	270
7	MERRITT MARLINS	MERR	217
8	UC12	UC12	211
9	DISTRICT OF COLUMBIA AQUATICS	DCAC	176
10	SPORT & HEALTH TSUNAMI MASTERS	NAMI	174
11	UC10	UC10	164

Combined Team Scores - Large Team

Place	Team		Points
=====			

1	VIRGINIA MASTERS SWIM TEAM	VMST	1344
2	RESTON MASTERS SWIM TEAM	RMST	1213
3	ALEXANDRIA MASTERS SWIMMING	ALEX	902
4	CLUB TRIBE	1693	890
5	LANE 4 SWIMMING	L4S	788

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HY-TEK's MEET MANAGER 4.0 4/19/2017 05:41 PM

2017 COLONIES ZONE SCY CHAMPIONSHIP

George Mason University, Fairfax, VA

Results

**Women 18-24 50 Yard Freestyle**

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=====
ZONE: Z 23.96 4/13/2003 Petra Adamkova
NATL: ! 22.21 1/31/2015 VANDERPOOL-WALLAC
Name Age Team Seed Finals Points
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1	Breuer, Lauren	24	TIDE SWIMMING	26.54	25.99	9
2	Halner, Kristina	22	CENTRAL BUCKS FA	27.00	26.75	7

**Women 18-24 100 Yard Freestyle**

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=====
ZONE: Z 51.99 4/11/2015 Harumi Katsuyama, Lane 4 Swimming
NATL: ! 48.18 12/6/2014 KATIE MEILI
Name Age Team Seed Finals Points
=====
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1	Breuer, Lauren	24	TIDE SWIMMING	57.52	55.23	9
				26.71	55.23 (28.52)	
2	Halner, Kristina	22	CENTRAL BUCKS FA	57.00	57.61	7
				27.75	57.61 (29.86)	
3	Csapo, Jennifer	23	UC12	1:05.00	1:03.61	6
				30.17	1:03.61 (33.44)	

**Women 18-24 200 Yard Freestyle**

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=====
ZONE: Z 1:54.63 4/10/2016 Gabrielle Mizerak, Club Tribe Alumn
NATL: ! 1:43.28 11/8/2009 DANA VOLLMER
Name Age Team Seed Finals Points
=====
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1	Csapo, Jennifer	23	UC12	2:25.00	2:19.36	9
				30.66	1:05.42 (34.76)	
					1:42.36 (36.94)	
					2:19.36 (37.00)	
2	Sours, Kate	18	LANE 4 SWIMMING	2:50.58	2:50.08	7
				39.54	1:22.77 (43.23)	
					2:07.86 (45.09)	
					2:50.08 (42.22)	

**Women 18-24 500 Yard Freestyle**

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=====
ZONE: Z 5:12.23 4/4/2004 Kelly Bowman, TERR
NATL: ! 4:49.97 10/25/2003 JESSICA FOSCHI
Name Age Team Seed Finals Points
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1	Bade, Marian	22	ALEXANDRIA MASTE	5:55.17	5:51.28	9
				31.07	1:05.05 (33.98)	
					1:39.51 (34.46)	
					2:14.64 (35.13)	
					2:50.24 (35.60)	
					3:26.18 (35.94)	
					4:02.47 (36.29)	
					4:38.64 (36.17)	
					5:15.20 (36.56)	
					5:51.28 (36.08)	
2	Sours, Kate	18	LANE 4 SWIMMING	7:45.69	7:32.63	7
				39.40	1:22.40 (43.00)	
					2:08.84 (46.44)	
					2:53.72 (44.88)	

3:39.76 (46.04)      4:26.15 (46.39)      5:12.92 (46.77)      6:00.82 (47.90)  
 6:47.52 (46.70)      7:32.63 (45.11)

**Women 18-24 1650 Yard Freestyle**

=====

ZONE: Z 18:41.96    4/23/2006 Eliz. Schlicher, NBAC

NATL: ! 17:27.91    4/28/2016 ALLISON ARNOLD

Name	Age	Team	Seed	Finals	Points
1 Bade, Marian	22	ALEXANDRIA MASTE	19:45.12	20:35.22	9
	33.62	1:09.57 (35.95)	1:46.06 (36.49)	2:22.79 (36.73)	
	2:59.78 (36.99)	3:36.62 (36.84)	4:13.38 (36.76)	4:50.63 (37.25)	
	5:27.74 (37.11)	6:04.68 (36.94)	6:41.97 (37.29)	7:19.22 (37.25)	
	7:56.62 (37.40)	8:33.91 (37.29)	9:11.37 (37.46)	9:49.05 (37.68)	
	10:26.90 (37.85)	11:04.57 (37.67)	11:43.23 (38.66)	12:21.41 (38.18)	
	12:59.26 (37.85)	13:37.45 (38.19)	14:15.63 (38.18)	14:53.62 (37.99)	
	15:31.85 (38.23)	16:10.41 (38.56)	16:48.95 (38.54)	17:27.01 (38.06)	
	18:05.20 (38.19)	18:43.39 (38.19)	19:20.92 (37.53)	19:58.49 (37.57)	
	20:35.22 (36.73)				
2 Hicks, Felicity	23	SPORT & HEALTH T	21:30.35	23:03.66	7
	32.75	1:10.23 (37.48)	1:50.18 (39.95)	2:32.13 (41.95)	
	3:17.43 (45.30)	3:59.99 (42.56)	4:44.64 (44.65)	5:27.00 (42.36)	
	6:10.78 (43.78)	6:53.86 (43.08)	7:37.53 (43.67)	8:20.31 (42.78)	
	9:02.21 (41.90)	9:44.99 (42.78)	10:26.90 (41.91)	11:08.82 (41.92)	
	11:50.55 (41.73)	12:32.18 (41.63)	13:14.30 (42.12)	13:56.14 (41.84)	
	14:37.63 (41.49)	15:19.89 (42.26)	16:01.46 (41.57)	16:43.64 (42.18)	
	17:26.12 (42.48)	18:07.84 (41.72)	18:49.51 (41.67)	19:31.10 (41.59)	
	20:12.26 (41.16)	20:53.64 (41.38)	21:34.68 (41.04)	22:16.12 (41.44)	
	23:03.66 (47.54)				

**Women 18-24 50 Yard Backstroke Time Trial**

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ZONE: Z 27.60    4/23/2006 Stacy Peterson

NATL: ! 26.18    5/22/2010 O'DONNELL-MCCARTH

Name	Age	Team	Seed	Finals
- Time Trial				
1 Adams, Gail	23	VIRGINIA MASTERS	NT	33.09

**Women 18-24 50 Yard Backstroke**

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ZONE: Z 27.46    4/10/2016 Gabrielle Mizerak, Club Tribe Alumn

NATL: ! 26.18    5/22/2010 O'DONNELL-MCCARTH

Name	Age	Team	Seed	Finals	Points
1 Breuer, Lauren	24	TIDE SWIMMING	28.50	28.01	9

**Women 18-24 100 Yard Backstroke**

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ZONE: Z 56.80    4/17/2011 Kellyanne Tomasula, 1776

NATL: ! 55.90    5/23/2010 EMILE EWING

Name	Age	Team	Seed	Finals	Points
1 Breuer, Lauren	24	TIDE SWIMMING	1:01.80	59.17	9
	28.56	59.17 (30.61)			
2 Adams, Gail	23	VIRGINIA MASTERS	1:08.00	1:10.01	7
	33.68	1:10.01 (36.33)			

**Women 18-24 200 Yard Backstroke**

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ZONE: Z 2:02.91 4/17/2011 Kellyanne Tomasula, 1776
NATL: ! 1:59.22 4/30/2000 SARA SCHWEITZER
Name Age Team Seed Finals Points
=====
1 Adams, Gail 23 VIRGINIA MASTERS 2:25.00 2:28.42 9
34.08 1:11.12 (37.04) 1:49.45 (38.33) 2:28.42 (38.97)

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**Women 18-24 50 Yard Breaststroke**

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=====
ZONE: Z 30.06 4/13/2003 Petra Adamkova
NATL: ! 27.76 12/5/2014 KATIE MEILI
Name Age Team Seed Finals Points
=====
1 Breuer, Lauren 24 TIDE SWIMMING 36.01 33.39 9

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**Women 18-24 100 Yard Breaststroke**

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ZONE: Z 1:06.88 4/4/2004 Jillian Martin, TERR
NATL: ! 58.71 12/5/2014 KATIE MEILI
Name Age Team Seed Finals Points
=====
1 Burke, Rebecca 21 LANE 4 SWIMMING 1:06.09 1:11.15 9
33.51 1:11.15 (37.64)
2 Csapo, Jennifer 23 UC12 1:30.00 1:23.96 7
39.45 1:23.96 (44.51)

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**Women 18-24 50 Yard Butterfly**

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ZONE: Z 25.56 4/9/2016 Gabrielle Mizerak, Club Tribe Alumn
NATL: ! 24.54 11/8/2009 DANA VOLLMER
Name Age Team Seed Finals Points
=====
1 Halner, Kristina 22 CENTRAL BUCKS FA 30.00 30.00 9
2 Adams, Gail 23 VIRGINIA MASTERS 31.50 32.32 7

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**Women 18-24 100 Yard Butterfly**

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ZONE: Z 57.38 4/12/2015 Harumi Katsuyama, Lane 4 Swimming
NATL: ! 52.30 11/8/2009 DANA VOLLMER
Name Age Team Seed Finals Points
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1 Halner, Kristina 22 CENTRAL BUCKS FA 1:07.00 1:07.75 9
31.53 1:07.75 (36.22)

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**Women 18-24 100 Yard IM**

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ZONE: Z 59.90 4/15/2012 Kellyanne Tomasula, Colonials 1776
NATL: ! 53.02 12/21/2014 KATIE MEILI
Name Age Team Seed Finals Points
=====
1 Burke, Rebecca 21 LANE 4 SWIMMING 1:05.99 1:02.37 9
28.59 1:02.37 (33.78)
2 Breuer, Lauren 24 TIDE SWIMMING 1:04.57 1:02.44 7
28.03 1:02.44 (34.41)

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3 Adams, Gail 23 VIRGINIA MASTERS 1:11.00 1:10.51 6  
 31.27 1:10.51 (39.24)

**Women 18-24 200 Yard IM**

ZONE: Z 2:14.25 4/25/2009 Erika Norris, CUBU  
 NATL: ! 1:54.20 12/4/2014 KATIE MEILI

Name	Age	Team	Seed	Finals	Points
1 Adams, Gail	23	VIRGINIA MASTERS	2:35.00	2:39.34	9
	34.03	1:12.86 (38.83)	2:00.15 (47.29)	2:39.34 (39.19)	

**Women 25-29 50 Yard Freestyle**

ZONE: Z 23.16 4/24/2005 Petra Martin, TERR  
 NATL: ! 22.62 1/25/2014 MADISON KENNEDY

Name	Age	Team	Seed	Finals	Points
1 Bentley, Margaret	29	LANE 4 SWIMMING	26.60	26.03	9
2 Letendre, Denise	28	VIRGINIA MASTERS	25.96	26.15	7
3 Lampe, Corinne	25	SPRING VALLEY YM	27.78	26.78	6
4 Mahaney, Melanie	26	SPRING VALLEY YM	40.00	26.80	5
5 Schwartz, Carleigh	26	ARLINGTON MASTER	28.39	27.51	4
6 Wallace, Devon	26	VIRGINIA MASTERS	29.00	27.57	3
7 Edmunds, Addey	29	CENTRAL BUCKS FA	28.82	27.94	2
8 Karszes, Courtney	26	BINGHAMTON UNIV	27.80	27.96	1
9 McCarthy, Margaret	27	COLUMBIA MASTERS	33.06	34.47	
10 Basinsky, Kathryn	28	SPORT & HEALTH T	35.04	35.76	
11 Hatchette, Natalie	27	UC10	50.00	42.24	

**Women 25-29 50 Yard Freestyle Time Trial**

ZONE: Z 23.16 4/24/2005 Petra Martin  
 NATL: ! 22.62 1/25/2014 MADISON KENNEDY

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
2 Minzenmayer, Ellen	28	CLUB TRIBE	NT	28.55

**Women 25-29 100 Yard Freestyle**

ZONE: Z 53.07 4/25/2009 Jennifer O'Reilly, RMST  
 NATL: ! 49.18 2/24/2013 KIM VANDENBERG

Name	Age	Team	Seed	Finals	Points
1 Falcone, Marina	29	CLUB TRIBE	53.09	52.00Z	9
	25.35	52.00 (26.65)			
2 Randolph, Courtney	25	UMAC-TERRAPIN MA	55.52	54.12	7
	26.49	54.12 (27.63)			
3 Letendre, Denise	28	VIRGINIA MASTERS	56.50	56.20	6
	26.74	56.20 (29.46)			
4 Mahaney, Melanie	26	SPRING VALLEY YM	1:00.00	58.04	5
	27.81	58.04 (30.23)			
5 Karszes, Courtney	26	BINGHAMTON UNIV	59.80	59.47	4
	28.51	59.47 (30.96)			
6 Schwartz, Carleigh	26	ARLINGTON MASTER	1:01.24	59.85	3
	28.73	59.85 (31.12)			

7	Obenhuber, Briana	28	ALEXANDRIA MASTE	1:02.33	1:00.40	2
	28.12		1:00.40 (32.28)			
8	Edmunds, Addey	29	CENTRAL BUCKS FA	1:04.02	1:01.86	1
	29.81		1:01.86 (32.05)			
9	Vayda, Shannon	28	ALEXANDRIA MASTE	1:08.68	1:09.14	
	33.16		1:09.14 (35.98)			

**Women 25-29 100 Yard Freestyle Time Trial**

ZONE: Z 53.31 4/23/2006 Kelly Bowman  
 NATL: ! 49.18 2/24/2013 KIM VANDENBERG

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
1	Falcone, Marina	29	CLUB TRIBE	NT 52.20Z
2	Wallace, Devon	26	VIRGINIA MASTERS	NT 59.68

**Women 25-29 200 Yard Freestyle Time Trial**

ZONE: Z 1:56.79 4/23/2006 Kelly Bowman  
 NATL: ! 1:48.80 5/20/2001 LIMIN LIU

Name	Age	Team	Seed	Finals
1	Falcone, Marina	29	CLUB TRIBE	NT 1:52.76Z
2	Letendre, Denise	28	VIRGINIA MASTERS	NT 2:01.69

**Women 25-29 200 Yard Freestyle**

ZONE: Z 1:56.57 4/26/2009 Jennifer O'Reilly, RMST  
 NATL: ! 1:48.80 5/20/2001 LIMIN LIU

Name	Age	Team	Seed	Finals	Points
1	Randolph, Courtney	25	UMAC-TERRAPIN MA	1:57.00	1:57.89 9
	28.41		58.32 (29.91) 1:28.29 (29.97)		1:57.89 (29.60)
2	Letendre, Denise	28	VIRGINIA MASTERS	1:57.91	2:02.21 7
	28.51		59.49 (30.98) 1:30.65 (31.16)		2:02.21 (31.56)
3	Mahaney, Melanie	26	SPRING VALLEY YM	2:10.00	2:07.62 6
	28.45		59.85 (31.40) 1:33.47 (33.62)		2:07.62 (34.15)
4	Karszes, Courtney	26	BINGHAMTON UNIV	2:09.80	2:09.54 5
	30.62		1:03.72 (33.10) 1:36.85 (33.13)		2:09.54 (32.69)
5	Wallace, Devon	26	VIRGINIA MASTERS	2:11.18	2:09.97 4
	29.81		1:02.41 (32.60) 1:36.24 (33.83)		2:09.97 (33.73)
6	Schwartz, Carleigh	26	ARLINGTON MASTER	2:17.65	2:12.08 3
	30.48		1:03.71 (33.23) 1:37.76 (34.05)		2:12.08 (34.32)
7	Tonelli, Marlana	28	SANTA BARBARA MA	2:13.25	2:14.43 2
	31.68		1:05.50 (33.82) 1:39.87 (34.37)		2:14.43 (34.56)
8	Aepli, Lauren	29	ALEXANDRIA MASTE	2:14.58	2:18.06 1
	31.41		1:05.73 (34.32) 1:41.28 (35.55)		2:18.06 (36.78)
9	Obenhuber, Briana	28	ALEXANDRIA MASTE	2:19.44	2:20.97
	32.91		1:08.23 (35.32) 1:44.63 (36.40)		2:20.97 (36.34)
10	Edmunds, Addey	29	CENTRAL BUCKS FA	2:27.35	2:21.09
	30.02		1:04.76 (34.74) 1:43.15 (38.39)		2:21.09 (37.94)
11	Vayda, Shannon	28	ALEXANDRIA MASTE	2:28.28	2:32.22
	34.89		1:13.02 (38.13) 1:52.94 (39.92)		2:32.22 (39.28)

**Women 25-29 500 Yard Freestyle**

ZONE: Z 5:12.74 4/20/2013 Katie Gilmore, Alexandria Maste  
 NATL: ! 4:49.88 1/3/1996 SHEILA TAORMINA

Name	Age	Team	Seed	Finals	Points
1 Randolph, Courtney	25	UMAC-TERRAPIN MA	5:16.00	5:21.90	9
	29.45	1:01.28 (31.83)	1:33.70 (32.42)	2:06.42 (32.72)	
	2:38.95 (32.53)	3:11.87 (32.92)	3:44.93 (33.06)	4:18.10 (33.17)	
	4:50.62 (32.52)	5:21.90 (31.28)			
2 Mahaney, Melanie	26	SPRING VALLEY YM	10:00.00	5:46.45	7
	29.84	1:03.33 (33.49)	1:37.75 (34.42)	2:12.91 (35.16)	
	2:48.32 (35.41)	3:24.25 (35.93)	4:00.38 (36.13)	4:36.49 (36.11)	
	5:12.11 (35.62)	5:46.45 (34.34)			
3 Tonelli, Marlena	28	SANTA BARBARA MA	5:50.41	5:48.70	6
	32.24	1:06.37 (34.13)	1:40.68 (34.31)	2:15.56 (34.88)	
	2:50.53 (34.97)	3:25.83 (35.30)	4:01.25 (35.42)	4:37.22 (35.97)	
	5:13.26 (36.04)	5:48.70 (35.44)			
4 Bentley, Margaret	29	LANE 4 SWIMMING	6:00.00	5:54.28	5
	31.48	1:06.38 (34.90)	1:42.03 (35.65)	2:18.29 (36.26)	
	2:54.39 (36.10)	3:31.08 (36.69)	4:07.34 (36.26)	4:43.42 (36.08)	
	5:19.54 (36.12)	5:54.28 (34.74)			
5 Schwartz, Carleigh	26	ARLINGTON MASTER	6:00.01	5:57.52	4
	31.67	1:06.90 (35.23)	1:42.54 (35.64)	2:18.88 (36.34)	
	2:55.34 (36.46)	3:32.13 (36.79)	4:08.52 (36.39)	4:45.34 (36.82)	
	5:21.87 (36.53)	5:57.52 (35.65)			
6 Antos, Jess	25	UC12	6:05.00	6:00.23	3
	32.27	1:07.83 (35.56)	1:44.42 (36.59)	2:20.70 (36.28)	
	2:57.59 (36.89)	3:34.36 (36.77)	4:11.19 (36.83)	4:48.00 (36.81)	
	5:24.68 (36.68)	6:00.23 (35.55)			
7 Vayda, Shannon	28	ALEXANDRIA MASTE	6:38.99	6:45.10	2
	36.86	1:15.98 (39.12)	1:56.62 (40.64)	2:38.11 (41.49)	
	3:19.84 (41.73)	4:01.64 (41.80)	4:43.37 (41.73)	5:24.88 (41.51)	
	6:05.91 (41.03)	6:45.10 (39.19)			
8 Mundi, Jessica	27	ALEXANDRIA MASTE	7:15.00	7:15.98	1
	37.90	1:21.68 (43.78)	2:06.94 (45.26)	2:51.49 (44.55)	
	3:36.26 (44.77)	4:21.41 (45.15)	5:06.78 (45.37)	5:51.14 (44.36)	
	6:34.76 (43.62)	7:15.98 (41.22)			

**Women 25-29 1000 Yard Freestyle**

ZONE: Z 10:34.30 4/19/2013 Katie Gilmore, Alexandria Maste  
 NATL: ! 10:10.67 2/3/2017 HANNAH SAIZ

Name	Age	Team	Seed	Finals	Points
1 Tonelli, Marlena	28	SANTA BARBARA MA	11:54.89	12:07.60	9
	33.10	1:08.47 (35.37)	1:44.13 (35.66)	2:20.31 (36.18)	
	2:56.95 (36.64)	3:33.49 (36.54)	4:10.80 (37.31)	4:47.83 (37.03)	
	5:25.09 (37.26)	6:02.46 (37.37)	6:39.28 (36.82)	7:16.36 (37.08)	
	7:53.19 (36.83)	8:30.30 (37.11)	9:07.41 (37.11)	9:44.53 (37.12)	
	10:20.61 (36.08)	10:56.31 (35.70)	11:31.80 (35.49)	12:07.60 (35.80)	

**Women 25-29 1650 Yard Freestyle**

ZONE: Z 18:05.58 5/9/1993 Laurie Hug  
 NATL: ! 16:50.17 5/19/1991 KAREN BURTON

Name	Age	Team	Seed	Finals	Points
1 Baugher, Liz	29	CLUB TRIBE	19:50.00	20:41.31	9



	32.64	1:07.73 (35.09)	1:43.97 (36.24)	2:21.56 (37.59)
	2:59.84 (38.28)	3:37.90 (38.06)	4:15.72 (37.82)	4:53.70 (37.98)
	5:31.98 (38.28)	6:10.14 (38.16)	6:48.05 (37.91)	7:26.06 (38.01)
	8:04.17 (38.11)	8:42.26 (38.09)	9:20.40 (38.14)	9:58.57 (38.17)
	10:36.46 (37.89)	11:14.31 (37.85)	11:52.28 (37.97)	12:30.08 (37.80)
	13:08.06 (37.98)	13:45.85 (37.79)	14:23.76 (37.91)	15:01.63 (37.87)
	15:39.61 (37.98)	16:17.81 (38.20)	16:55.62 (37.81)	17:33.45 (37.83)
	18:11.38 (37.93)	18:49.17 (37.79)	19:26.96 (37.79)	20:41.31 (1:14.35)
2 McDonald, Megan		28 FREDRICKSBURG AM	22:00.00	21:48.46 7
	33.72	1:12.13 (38.41)	1:51.33 (39.20)	2:30.74 (39.41)
	3:09.45 (38.71)	3:48.57 (39.12)	4:28.35 (39.78)	5:08.08 (39.73)
	5:48.26 (40.18)	6:27.70 (39.44)	7:08.11 (40.41)	7:48.21 (40.10)
	8:28.29 (40.08)	9:08.97 (40.68)	9:49.69 (40.72)	10:30.09 (40.40)
	11:10.04 (39.95)	11:50.71 (40.67)	12:31.09 (40.38)	13:11.38 (40.29)
	13:51.26 (39.88)	14:31.19 (39.93)	15:11.15 (39.96)	15:51.21 (40.06)
	16:31.91 (40.70)	17:12.06 (40.15)	17:51.72 (39.66)	18:31.89 (40.17)
	19:11.33 (39.44)	19:51.77 (40.44)	20:31.54 (39.77)	21:10.30 (38.76)
	21:48.46 (38.16)			
3 Bloss, Stephanie		27 LANE 4 SWIMMING	26:00.00	22:36.50 6
	36.37	1:16.06 (39.69)	1:55.88 (39.82)	2:36.02 (40.14)
	3:16.65 (40.63)	3:57.76 (41.11)	4:38.77 (41.01)	5:19.58 (40.81)
	6:00.94 (41.36)	6:42.14 (41.20)	7:23.22 (41.08)	8:04.72 (41.50)
	8:46.11 (41.39)	9:27.03 (40.92)	10:08.40 (41.37)	10:50.36 (41.96)
	11:32.31 (41.95)	12:13.83 (41.52)	12:55.88 (42.05)	13:37.59 (41.71)
	14:19.63 (42.04)	15:01.15 (41.52)	15:43.25 (42.10)	16:24.98 (41.73)
	17:06.74 (41.76)	17:48.35 (41.61)	18:30.02 (41.67)	19:11.52 (41.50)
	19:52.87 (41.35)	20:34.28 (41.41)	21:16.30 (42.02)	21:57.88 (41.58)
	22:36.50 (38.62)			
4 Vayda, Shannon		28 ALEXANDRIA MASTE	23:16.26	23:33.18 5
	37.27	1:17.69 (40.42)	1:58.15 (40.46)	2:39.62 (41.47)
	3:21.70 (42.08)	4:03.84 (42.14)	4:46.24 (42.40)	5:28.77 (42.53)
	6:11.45 (42.68)	6:54.12 (42.67)	7:36.86 (42.74)	8:19.47 (42.61)
	9:02.05 (42.58)	9:44.51 (42.46)	10:27.65 (43.14)	11:10.52 (42.87)
	11:53.82 (43.30)	12:37.49 (43.67)	13:21.84 (44.35)	14:06.59 (44.75)
	14:50.97 (44.38)	15:35.82 (44.85)	16:20.08 (44.26)	17:04.36 (44.28)
	17:48.57 (44.21)	18:32.95 (44.38)	19:17.23 (44.28)	20:01.08 (43.85)
	20:44.74 (43.66)	21:28.76 (44.02)	22:12.01 (43.25)	22:53.62 (41.61)
	23:33.18 (39.56)			

### Women 25-29 50 Yard Backstroke

=====

ZONE: Z 27.51 4/25/2009 Stacy Peterson, CUBU  
 NATL: ! 25.26 5/22/2010 TANICA JAMISON

Name	Age	Team	Seed	Finals	Points
1 Lampe, Corinne	25	SPRING VALLEY YM	32.80	30.60	9
2 Mahaney, Melanie	26	SPRING VALLEY YM	31.00	31.02	7
3 Obenhuber, Briana	28	ALEXANDRIA MASTE	32.04	31.44	6
4 Smith, Katherine	26	ALEXANDRIA MASTE	34.00	34.35	5
5 Dudley, Mariah	29	VIRGINIA MASTERS	35.80	35.72	4
6 Basinsky, Kathryn	28	SPORT & HEALTH T	40.00	39.85	3
-- McCarthy, Margaret	27	COLUMBIA MASTERS	38.06	DQ	

Not on back off wall

### Women 25-29 50 Yard Backstroke Time Trial

=====

ZONE: Z 28.15 4/15/2007 Stacy Peterson

NATL: ! 25.26 5/22/2010 TANICA JAMISON

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
1 Czaplicki, Alexandra	26	CLUB TRIBE	NT	29.26

**Women 25-29 100 Yard Backstroke Time Trial**

ZONE: Z 59.56 4/15/2007 Stacey Peterson  
 NATL: ! 54.06 5/23/2010 TANICA JAMISON

Name	Age	Team	Seed	Finals
1 Czaplicki, Alexandra	26	CLUB TRIBE	NT	1:04.04

**Women 25-29 100 Yard Backstroke**

ZONE: Z 59.56 4/15/2007 Stacey Peterson, CUBU  
 NATL: ! 54.06 5/23/2010 TANICA JAMISON

Name	Age	Team	Seed	Finals	Points
1 Czaplicki, Alexandra	26	CLUB TRIBE	57.79	1:03.09	9
	30.62	1:03.09 (32.47)			
2 Mahaney, Melanie	26	SPRING VALLEY YM	1:07.00	1:07.35	7
	32.82	1:07.35 (34.53)			
3 Obenhuber, Briana	28	ALEXANDRIA MASTE	1:09.89	1:09.51	6
	33.40	1:09.51 (36.11)			
4 Smith, Katherine	26	ALEXANDRIA MASTE	1:12.00	1:11.34	5
	34.49	1:11.34 (36.85)			
5 Edmunds, Addey	29	CENTRAL BUCKS FA	1:14.46	1:13.17	4
	35.41	1:13.17 (37.76)			
6 Wallace, Devon	26	VIRGINIA MASTERS	1:15.99	1:13.58	3
	36.78	1:13.58 (36.80)			

**Women 25-29 200 Yard Backstroke**

ZONE: Z 2:08.40 4/25/2009 Alyssa Lengle, ARMS  
 NATL: ! 1:56.87 2/28/2015 F PELLEGRINI

Name	Age	Team	Seed	Finals	Points
1 Mahaney, Melanie	26	SPRING VALLEY YM	2:29.00	2:23.92	9
	33.56	1:09.98 (36.42) 1:47.87 (37.89)		2:23.92 (36.05)	
2 Antos, Jess	25	UC12	2:32.00	2:28.84	7
	34.78	1:12.46 (37.68) 1:51.43 (38.97)		2:28.84 (37.41)	
3 Smith, Katherine	26	ALEXANDRIA MASTE	4:00.00	2:32.26	6
	36.22	1:14.42 (38.20) 2:32.26 (1:17.84)			
4 Edmunds, Addey	29	CENTRAL BUCKS FA	2:48.84	2:43.84	5
	36.72	1:17.16 (40.44) 2:01.02 (43.86)		2:43.84 (42.82)	
5 Vayda, Shannon	28	ALEXANDRIA MASTE	2:54.19	2:55.43	4
	40.87	1:24.64 (43.77) 2:10.36 (45.72)		2:55.43 (45.07)	
-- Obenhuber, Briana	28	ALEXANDRIA MASTE	2:37.18	DQ	
		Delay initiating arm pull at turn			
	35.72	1:15.44 (39.72) DQ (1:29.27)			

**Women 25-29 50 Yard Breaststroke**

ZONE: Z 30.03 4/24/2005 Petra Martin, TERR  
 NATL: ! 27.10 4/30/2016 KATIE MEILI

Name	Age	Team	Seed	Finals	Points
1 Shaner, Sara	25	CLUB TRIBE	33.90	33.00	9
2 Minzenmayer, Ellen	28	CLUB TRIBE	35.00	34.10	7
3 Tonelli, Marlana	28	SANTA BARBARA MA	34.43	34.93	6
4 Lampe, Corinne	25	SPRING VALLEY YM	37.75	35.04	5
5 Mundi, Jessica	27	ALEXANDRIA MASTE	42.97	42.77	4

#### Women 25-29 100 Yard Breaststroke

Name	Age	Team	Seed	Finals	Points
ZONE: Z 1:08.30 4/25/2010 Jen Brielmaier, Reston Masters S					
NATL: ! 59.58 2/6/2010 MEGAN JENDRICK					
1 Letendre, Denise	28	VIRGINIA MASTERS	1:09.46	1:11.89	9
	34.08	1:11.89 (37.81)			
2 Minzenmayer, Ellen	28	CLUB TRIBE	1:11.00	1:14.00	7
	35.52	1:14.00 (38.48)			
3 Lampe, Corinne	25	SPRING VALLEY YM	1:20.49	1:16.36	6
	36.13	1:16.36 (40.23)			
4 Tonelli, Marlana	28	SANTA BARBARA MA	1:14.72	1:19.33	5
	36.30	1:19.33 (43.03)			
5 McDonald, Megan	28	FREDRICKSBURG AM	1:18.23	1:19.79	4
	38.26	1:19.79 (41.53)			
6 Hatchette, Natalie	27	UC10	2:05.00	1:42.07	3
	48.68	1:42.07 (53.39)			

#### Women 25-29 200 Yard Breaststroke

Name	Age	Team	Seed	Finals	Points
ZONE: Z 2:28.92 4/9/2016 Rachel Ripley, Asphalt Green Ma					
NATL: ! 2:09.05 2/6/2010 MEGAN JENDRICK					
1 Letendre, Denise	28	VIRGINIA MASTERS	2:28.96	2:34.55	9
	35.14	1:14.66 (39.52) 1:54.35 (39.69)		2:34.55 (40.20)	
2 Randolph, Courtney	25	UMAC-TERRAPIN MA	2:35.00	2:36.55	7
	36.82	1:17.25 (40.43) 1:56.85 (39.60)		2:36.55 (39.70)	
3 Minzenmayer, Ellen	28	CLUB TRIBE	2:31.00	2:40.36	6
	35.94	1:15.39 (39.45) 1:56.94 (41.55)		2:40.36 (43.42)	
4 Lampe, Corinne	25	SPRING VALLEY YM	3:00.00	2:49.84	5
	39.09	1:22.88 (43.79) 2:06.66 (43.78)		2:49.84 (43.18)	
5 Tonelli, Marlana	28	SANTA BARBARA MA	2:42.73	2:55.33	4
	39.43	1:23.06 (43.63) 2:09.32 (46.26)		2:55.33 (46.01)	

#### Women 25-29 50 Yard Butterfly

Name	Age	Team	Seed	Finals	Points
ZONE: Z 25.83 4/24/2005 Petra Martin, TERR					
NATL: ! 24.41 5/22/2010 TANICA JAMISON					
1 Falcone, Marina	29	CLUB TRIBE	27.02	26.00	9
2 Lampe, Corinne	25	SPRING VALLEY YM	29.85	28.08	7
3 Czaplicki, Alexandra	26	CLUB TRIBE	28.00	28.10	6
4 Bentley, Margaret	29	LANE 4 SWIMMING	28.60	28.12	5
5 Shaner, Sara	25	CLUB TRIBE	28.00	28.58	4
6 Mahaney, Melanie	26	SPRING VALLEY YM	31.00	30.07	3
7 Edmunds, Addey	29	CENTRAL BUCKS FA	37.73	31.26	2

8	Smith, Katherine	26	ALEXANDRIA MASTE	33.00	31.71	1
9	Mundi, Jessica	27	ALEXANDRIA MASTE	35.61	38.93	

### Women 25-29 100 Yard Butterfly

ZONE: Z 57.58 4/6/2014 Jessica Koltz, Reston Masters S

NATL: ! 53.20 4/24/2015 AMANDA SIMS

Name	Age	Team	Seed	Finals	Points
1 Falcone, Marina	29	CLUB TRIBE	59.05	58.21	9
	26.84	58.21 (31.37)			
2 Bentley, Margaret	29	LANE 4 SWIMMING	1:03.70	1:04.05	7
	29.58	1:04.05 (34.47)			
3 Dudley, Mariah	29	VIRGINIA MASTERS	1:11.00	1:08.35	6
	33.49	1:08.35 (34.86)			
4 Wallace, Devon	26	VIRGINIA MASTERS	1:13.53	1:10.28	5
	32.65	1:10.28 (37.63)			
5 McDonald, Megan	28	FREDRICKSBURG AM	1:08.08	1:11.21	4
	33.72	1:11.21 (37.49)			
6 Smith, Katherine	26	ALEXANDRIA MASTE	1:12.00	1:12.49	3
	34.64	1:12.49 (37.85)			

### Women 25-29 200 Yard Butterfly

ZONE: Z 2:09.97 4/5/2014 Denise Letendre, Virginia Masters

NATL: ! 1:57.84 5/20/2001 LIMIN LIU

Name	Age	Team	Seed	Finals	Points
1 Wallace, Devon	26	VIRGINIA MASTERS	2:40.00	2:41.69	9
	33.94	1:13.33 (39.39) 1:55.40 (42.07)		2:41.69 (46.29)	
2 Smith, Katherine	26	ALEXANDRIA MASTE	3:00.00	2:47.47	7
	35.25	1:16.35 (41.10) 2:00.82 (44.47)		2:47.47 (46.65)	
3 Mundi, Jessica	27	ALEXANDRIA MASTE	3:20.00	3:18.39	6
	39.78	1:30.39 (50.61) 2:24.33 (53.94)		3:18.39 (54.06)	

### Women 25-29 100 Yard IM

ZONE: Z 59.53 4/24/2005 Petra Martin, TERR

NATL: ! 54.43 2/6/2010 MEGAN JENDRICK

Name	Age	Team	Seed	Finals	Points
1 Randolph, Courtney	25	UMAC-TERRAPIN MA	1:03.07	1:01.35	9
	28.75	1:01.35 (32.60)			
2 Shaner, Sara	25	CLUB TRIBE	1:02.50	1:03.49	7
	30.19	1:03.49 (33.30)			
3 Lampe, Corinne	25	SPRING VALLEY YM	1:08.85	1:04.24	6
	29.28	1:04.24 (34.96)			
4 Antos, Jess	25	UC12	1:09.00	1:09.73	5
	31.45	1:09.73 (38.28)			
5 Wallace, Devon	26	VIRGINIA MASTERS	1:12.00	1:10.59	4
	33.67	1:10.59 (36.92)			
6 Tonelli, Marlina	28	SANTA BARBARA MA	1:10.64	1:11.78	3
	33.90	1:11.78 (37.88)			
7 Dudley, Mariah	29	VIRGINIA MASTERS	1:14.45	1:13.64	2
	34.52	1:13.64 (39.12)			
8 Basinsky, Kathryn	28	SPORT & HEALTH T	1:33.09	1:32.07	1
	42.01	1:32.07 (50.06)			

**Women 25-29 200 Yard IM**

ZONE: Z 2:10.22 4/9/2016 Rachel Ripley, Asphalt Green Ma  
 NATL: ! 1:57.56 12/5/2013 JUSTINE MUELLER

Name	Age	Team	Seed	Finals	Points
1 Letendre, Denise	28	VIRGINIA MASTERS	2:11.79	2:16.34	9
	29.36	1:03.34 (33.98)	1:42.93 (39.59)	2:16.34 (33.41)	
2 Czaplicki, Alexandra	26	CLUB TRIBE	2:03.68	2:20.86	7
	29.90	1:04.94 (35.04)	1:46.79 (41.85)	2:20.86 (34.07)	
3 Lampe, Corinne	25	SPRING VALLEY YM	2:30.64	2:22.33	6
	29.99	1:06.10 (36.11)	1:49.12 (43.02)	2:22.33 (33.21)	
4 Tonelli, Marlana	28	SANTA BARBARA MA	2:27.48	2:32.74	5
	33.60	1:13.92 (40.32)	1:57.26 (43.34)	2:32.74 (35.48)	
5 Wallace, Devon	26	VIRGINIA MASTERS	2:33.80	2:37.29	4
	33.63	1:13.89 (40.26)	2:37.29 (1:23.40)		
6 Basinsky, Kathryn	28	SPORT & HEALTH T	3:20.00	3:29.75	3
	49.69	1:40.88 (51.19)	2:41.01 (1:00.13)	3:29.75 (48.74)	

**Women 25-29 400 Yard IM**

ZONE: Z 4:40.26 4/6/2014 Denise Letendre, Virginia Masters  
 NATL: ! 4:19.02 2/22/2013 JUSTINE MUELLER

Name	Age	Team	Seed	Finals	Points
1 Randolph, Courtney	25	UMAC-TERRAPIN MA	4:40.00	4:45.52	9
	30.43	1:04.96 (34.53)	1:41.12 (36.16)	2:16.67 (35.55)	
	2:58.37 (41.70)	3:40.17 (41.80)	4:13.57 (33.40)	4:45.52 (31.95)	
2 McDonald, Megan	28	FREDRICKSBURG AM	5:20.50	5:23.16	7
	33.76	1:13.37 (39.61)	1:55.34 (41.97)	2:38.39 (43.05)	
	3:22.97 (44.58)	4:08.85 (45.88)	4:47.05 (38.20)	5:23.16 (36.11)	
3 Aepli, Lauren	29	ALEXANDRIA MASTE	5:09.50	5:40.24	6
	34.63	1:17.00 (42.37)	2:00.61 (43.61)	2:43.55 (42.94)	
	3:32.15 (48.60)	4:20.68 (48.53)	5:01.13 (40.45)	5:40.24 (39.11)	

**Women 30-34 50 Yard Freestyle**

ZONE: Z 24.04 4/26/2009 Petra Martin, GMUP  
 NATL: ! 22.48 11/29/2012 ERIKA ERNDL

Name	Age	Team	Seed	Finals	Points
1 Appel, Lindsey	31	UC12	26.00	26.75	9
2 McWilliams, Katie	33	ALEXANDRIA MASTE	28.15	27.40	7
3 Greene, Shannon	31	CLUB TRIBE	26.90	27.60	6
4 Mathey Lambeth, Alison	32	ARLINGTON MASTER	28.50	28.90	5
5 Vaughan, Mason	32	PELUSO OPEN WATE	35.00	29.02	4
6 Trainor, Gabriela	31	RESTON MASTERS S	32.00	30.58	3
7 Whittle, Julia	33	UC09	41.26	40.55	2

**Women 30-34 100 Yard Freestyle**

ZONE: Z 52.34 4/25/2009 Petra Martin, GMUP  
 NATL: ! 48.03 2/23/2013 ERIKA ERNDL

Name	Age	Team	Seed	Finals	Points
1 McWilliams, Katie	33	ALEXANDRIA MASTE	58.22	56.83	9

	27.99	56.83 (28.84)			
2 Appel, Lindsey		31 UC12	58.05	1:00.48	7
	28.72	1:00.48 (31.76)			
3 Jue, Heather		33 LANE 4 SWIMMING	1:00.98	1:00.74	6
	29.67	1:00.74 (31.07)			
4 Rai, Vanessa		34 LANE 4 SWIMMING	1:06.00	1:03.04	5
	30.66	1:03.04 (32.38)			
5 Vaughan, Mason		32 PELUSO OPEN WATE	1:10.00	1:03.68	4
	30.64	1:03.68 (33.04)			
6 Erby, Nicole		32 MERRITT MARLINS	1:05.91	1:04.35	3
	30.34	1:04.35 (34.01)			
7 Plimpton, Hannah		31 COLONIALS 1776	1:10.11	1:10.92	2
	33.48	1:10.92 (37.44)			
8 Trainor, Gabriela		31 RESTON MASTERS S	1:14.00	1:12.73	1
	34.24	1:12.73 (38.49)			
9 Goldberg, Julie		32 MONTGOMERY ANCIE	1:19.90	1:19.17	
	38.10	1:19.17 (41.07)			
10 Hufford, Ellen		34 ARLINGTON MASTER	1:20.43	1:20.32	
	38.31	1:20.32 (42.01)			
11 Whittle, Julia		33 UC09	1:34.91	1:33.55	

### Women 30-34 200 Yard Freestyle

=====					
	ZONE: Z 1:55.16	4/6/2014 Katie McWilliams, Alexandria Maste			
	NATL: ! 1:43.46	11/30/2012 ERIKA ERNDL			
Name	Age	Team	Seed	Finals	Points
=====					
1 McWilliams, Katie		33 ALEXANDRIA MASTE	1:59.13	2:04.97	9
	29.25	1:00.96 (31.71)	1:32.87 (31.91)	2:04.97 (32.10)	
2 Gauzens, Stephanie		33 ALEXANDRIA MASTE	2:08.36	2:07.52	7
	29.05	1:01.03 (31.98)	1:34.02 (32.99)	2:07.52 (33.50)	
3 Jue, Heather		33 LANE 4 SWIMMING	2:13.74	2:12.62	6
	30.85	1:03.99 (33.14)	1:38.12 (34.13)	2:12.62 (34.50)	
4 Rai, Vanessa		34 LANE 4 SWIMMING	2:22.00	2:21.57	5
	32.87	1:08.03 (35.16)	1:44.18 (36.15)	2:21.57 (37.39)	
5 Whittle, Julia		33 UC09	3:22.61	3:24.47	4
	45.86		2:33.13 ( )	3:24.47 (51.34)	
-- Greene, Shannon		31 CLUB TRIBE	2:05.77	DQ	
False start					
	29.42	1:01.63 (32.21)	1:34.85 (33.22)	DQ (33.47)	

### Women 30-34 500 Yard Freestyle

=====					
	ZONE: Z 5:11.06	4/2/2000 Laurie Hug			
	NATL: ! 4:46.92	4/14/2012 DAWN HECKMAN			
Name	Age	Team	Seed	Finals	Points
=====					
1 McWilliams, Katie		33 ALEXANDRIA MASTE	5:36.59	5:22.74	9
	29.71	1:01.90 (32.19)	1:34.72 (32.82)	2:07.73 (33.01)	
	2:40.95 (33.22)	3:13.87 (32.92)	3:46.96 (33.09)	4:19.59 (32.63)	
	4:51.94 (32.35)	5:22.74 (30.80)			
2 Gauzens, Stephanie		33 ALEXANDRIA MASTE	6:12.19	5:41.34	7
	31.23	1:04.87 (33.64)	1:39.40 (34.53)	2:14.17 (34.77)	
	2:49.11 (34.94)	3:23.59 (34.48)	3:58.12 (34.53)	4:33.31 (35.19)	
	5:07.94 (34.63)	5:41.34 (33.40)			
3 Jakubchak, Lindsey		34 ALEXANDRIA MASTE	5:54.07	5:44.17	6
	30.18	1:03.05 (32.87)	1:37.09 (34.04)	2:11.57 (34.48)	

	2:46.35 (34.78)	3:21.25 (34.90)	3:56.82 (35.57)	4:32.86 (36.04)
	5:08.74 (35.88)	5:44.17 (35.43)		
4 Jue, Heather	32.76	33 LANE 4 SWIMMING	6:09.93	6:05.24 5
	1:08.83 (36.07)		1:45.62 (36.79)	2:22.96 (37.34)
	3:00.37 (37.41)	3:37.84 (37.47)	4:14.92 (37.08)	4:52.35 (37.43)
	5:29.34 (36.99)	6:05.24 (35.90)		
5 Whittle, Julia	49.50	33 UC09	9:41.11	9:09.40 4
	1:43.39 (53.89)			
	6:22.92 ( )			
	8:16.35 ( )	9:09.40 (53.05)		

### Women 30-34 1000 Yard Freestyle

=====

ZONE: Z 10:32.92 4/2/2000 Laurie Hug  
 NATL: ! 9:51.93 4/15/2012 DAWN HECKMAN

Name	Age	Team	Seed	Finals	Points
1 McWilliams, Katie	33	ALEXANDRIA MASTE	11:20.59	11:04.45	9
	29.62	1:02.07 (32.45)	1:35.36 (33.29)	2:08.83 (33.47)	
	2:42.26 (33.43)	3:16.01 (33.75)	3:49.47 (33.46)	4:23.05 (33.58)	
	4:56.71 (33.66)	5:30.57 (33.86)	6:04.28 (33.71)	6:37.81 (33.53)	
	7:11.62 (33.81)	7:45.21 (33.59)	8:18.79 (33.58)	8:52.35 (33.56)	
	9:25.88 (33.53)	9:59.48 (33.60)	10:32.60 (33.12)	11:04.45 (31.85)	
2 Plimpton, Hannah	31	COLONIALS 1776	14:00.00	14:27.47	7
	36.28	1:16.18 (39.90)	1:58.05 (41.87)	2:40.24 (42.19)	
	3:23.65 (43.41)	4:07.07 (43.42)	4:50.76 (43.69)	5:34.98 (44.22)	
	6:18.83 (43.85)	7:03.18 (44.35)	7:47.50 (44.32)	8:32.42 (44.92)	
	9:17.26 (44.84)	10:02.03 (44.77)	10:46.48 (44.45)	11:31.01 (44.53)	
	12:15.07 (44.06)	13:00.12 (45.05)	13:43.53 (43.41)	14:27.47 (43.94)	
3 Long, Uliana	31	MERRITT MARLINS	17:45.00	14:49.99	6
	38.04	1:20.72 (42.68)	2:05.72 (45.00)	2:52.50 (46.78)	
	3:36.86 (44.36)	4:23.38 (46.52)	5:07.93 (44.55)	5:53.20 (45.27)	
	6:38.18 (44.98)	7:23.10 (44.92)	8:07.73 (44.63)	8:53.25 (45.52)	
	9:38.76 (45.51)	10:24.43 (45.67)	11:09.92 (45.49)	11:55.30 (45.38)	
	12:40.39 (45.09)	13:25.18 (44.79)	14:09.09 (43.91)	14:49.99 (40.90)	
4 Finneren, Holli	30	CLUB TRIBE	15:50.00	16:03.34	5
	41.53	1:27.44 (45.91)	2:14.30 (46.86)	3:01.17 (46.87)	
	3:50.14 (48.97)	4:38.66 (48.52)	5:26.87 (48.21)	6:15.55 (48.68)	
	7:04.02 (48.47)	7:52.47 (48.45)	8:42.47 (50.00)	9:30.95 (48.48)	
	10:20.28 (49.33)	11:10.28 (50.00)	11:59.75 (49.47)	12:49.38 (49.63)	
	13:38.99 (49.61)	14:28.22 (49.23)	15:18.01 (49.79)	16:03.34 (45.33)	
5 Duquette, Michelle	34	LANE 4 SWIMMING	18:54.44	19:39.42	4
	51.45	1:49.28 (57.83)	2:48.89 (59.61)	3:49.13 (1:00.24)	
	4:48.51 (59.38)	5:50.80 (1:02.29)	6:48.95 (58.15)	7:47.90 (58.95)	
	8:46.73 (58.83)	9:46.80 (1:00.07)	10:45.43 (58.63)	11:43.77 (58.34)	
	12:44.43 (1:00.66)	13:43.61 (59.18)	14:42.85 (59.24)	15:44.19 (1:01.34)	
	16:49.31 (1:05.12)	17:48.53 (59.22)	18:45.97 (57.44)	19:39.42 (53.45)	
6 McCarty, Amy	32	LANE 4 SWIMMING	25:00.00	21:09.86	3
	55.08	1:54.77 (59.69)	2:57.22 (1:02.45)	4:00.12 (1:02.90)	
	5:02.58 (1:02.46)	6:06.20 (1:03.62)	7:13.90 (1:07.70)	8:17.76 (1:03.86)	
	9:19.75 (1:01.99)	10:23.24 (1:03.49)	11:32.25 (1:09.01)	12:34.68 (1:02.43)	
	13:44.65 (1:09.97)	14:51.68 (1:07.03)	16:02.01 (1:10.33)	17:01.98 (59.97)	
	18:05.49 (1:03.51)	19:09.66 (1:04.17)	20:11.03 (1:01.37)	21:09.86 (58.83)	

### Women 30-34 1650 Yard Freestyle

=====

ZONE: Z 17:27.45 4/2/2000 Laurie Hug

NATL: ! 17:07.52 5/23/1993 KAREN BURTON

Name	Age	Team	Seed	Finals	Points		
=====							
1 Greenawalt, Anne	32	DUMPSTER FISH	22:11.99	20:07.82	9		
31.81	1:07.08	(35.27)	1:43.30	(36.22)	2:19.20	(35.90)	
2:55.86	(36.66)	3:31.94	(36.08)	4:08.28	(36.34)	4:44.81	(36.53)
5:21.15	(36.34)	5:57.65	(36.50)	6:34.98	(37.33)	7:11.73	(36.75)
7:48.44	(36.71)	8:25.48	(37.04)	9:02.54	(37.06)	9:39.01	(36.47)
10:16.60	(37.59)	10:53.41	(36.81)	11:29.46	(36.05)	12:06.09	(36.63)
12:42.65	(36.56)	13:20.28	(37.63)	13:57.11	(36.83)	14:34.01	(36.90)
15:11.09	(37.08)	15:48.08	(36.99)	16:25.64	(37.56)	17:02.37	(36.73)
17:40.08	(37.71)	18:16.80	(36.72)	18:54.75	(37.95)	19:31.98	(37.23)
20:07.82	(35.84)						
2 Miller, Megan	30	LANE 4 SWIMMING	21:30.00	23:44.32	7		
35.25	1:14.16	(38.91)	1:55.19	(41.03)	2:37.32	(42.13)	
3:19.92	(42.60)	4:03.06	(43.14)	4:46.33	(43.27)	5:29.17	(42.84)
6:12.40	(43.23)	6:56.13	(43.73)	7:39.25	(43.12)	8:22.83	(43.58)
9:06.20	(43.37)	9:49.62	(43.42)	10:33.08	(43.46)	11:16.37	(43.29)
11:59.83	(43.46)	12:43.26	(43.43)	13:26.51	(43.25)	14:09.99	(43.48)
14:53.60	(43.61)	15:37.55	(43.95)	16:21.31	(43.76)	17:05.21	(43.90)
17:49.48	(44.27)	18:33.86	(44.38)	19:18.45	(44.59)	20:03.18	(44.73)
20:47.91	(44.73)	21:32.37	(44.46)	22:16.81	(44.44)	23:00.94	(44.13)
23:44.32	(43.38)						
3 Goldberg, Marci	32	LANE 4 SWIMMING	27:30.55	26:14.62	6		
42.28	1:29.18	(46.90)	2:16.52	(47.34)	3:04.54	(48.02)	
3:52.79	(48.25)	4:40.47	(47.68)	5:27.78	(47.31)	6:15.49	(47.71)
7:03.79	(48.30)	7:51.48	(47.69)	8:39.62	(48.14)	9:27.73	(48.11)
10:16.34	(48.61)	11:05.89	(49.55)	11:54.11	(48.22)	12:41.58	(47.47)
13:30.23	(48.65)	14:19.07	(48.84)	15:07.39	(48.32)	15:56.28	(48.89)
16:44.12	(47.84)	17:31.87	(47.75)	18:20.28	(48.41)	19:08.06	(47.78)
19:56.04	(47.98)	20:44.44	(48.40)	21:32.43	(47.99)	22:19.79	(47.36)
23:07.34	(47.55)	23:55.23	(47.89)	24:42.89	(47.66)	25:29.88	(46.99)
26:14.62	(44.74)						
4 Kleitz, Jean	34	FREEDOM AQUATIC	28:30.30	27:07.76	5		
44.64	1:30.62	(45.98)	2:18.68	(48.06)	3:07.39	(48.71)	
3:56.38	(48.99)	4:45.72	(49.34)	5:37.19	(51.47)	6:26.17	(48.98)
		8:06.56	( )				
10:36.56	( )			12:14.61	( )	13:04.26	(49.65)
13:54.70	(50.44)	14:44.13	(49.43)	15:33.31	(49.18)	16:22.98	(49.67)
17:12.76	(49.78)	18:02.47	(49.71)	18:52.18	(49.71)	19:42.34	(50.16)
20:32.31	(49.97)	21:22.38	(50.07)	22:11.93	(49.55)	23:01.77	(49.84)
23:51.27	(49.50)	24:40.96	(49.69)	25:30.58	(49.62)	27:07.76	(1:37.18)

**Women 30-34 50 Yard Backstroke**

Name	Age	Team	Seed	Finals	Points
=====					
ZONE: Z	28.15	5/1/1994 Liz Hobbs			
NATL: !	24.96	5/1/2011 NORIKO INADA			
1 Jue, Heather	33	LANE 4 SWIMMING	32.89	32.48	9
2 Mathey Lambeth, Alison	32	ARLINGTON MASTER	32.50	33.24	7
3 Mockler, Shannon	32	SPORT & HEALTH T	40.00	38.89	6
4 Trainor, Gabriela	31	RESTON MASTERS S	37.00	39.42	5

**Women 30-34 100 Yard Backstroke**

Name	Age	Team	Seed	Finals	Points
=====					
ZONE: Z	1:00.05	5/9/1993 Zena Herrmann			



NATL: ! 54.60 4/30/2011 NORIKO INADA

Name	Age	Team	Seed	Finals	Points
1 Appel, Lindsey	31	UC12	1:06.39	1:08.92	9
	33.28	1:08.92 (35.64)			
2 Long, Uliana	31	MERRITT MARLINS	1:16.82	1:14.30	7
	35.83	1:14.30 (38.47)			
3 Erby, Nicole	32	MERRITT MARLINS	1:15.31	1:16.00	6
	36.11	1:16.00 (39.89)			
4 Mockler, Shannon	32	SPORT & HEALTH T	1:30.00	1:23.98	5
	41.45	1:23.98 (42.53)			

#### Women 30-34 200 Yard Backstroke

ZONE: Z 2:07.61 5/9/1993 Zena Herrmann  
NATL: ! 1:59.93 2/19/1996 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points
1 Gauzens, Stephanie	33	ALEXANDRIA MASTE	2:27.40	2:24.67	9
	33.51	1:09.63 (36.12) 1:47.54 (37.91)		2:24.67 (37.13)	
2 Jue, Heather	33	LANE 4 SWIMMING	2:30.22	2:34.92	7
	35.82	1:14.53 (38.71) 1:54.88 (40.35)		2:34.92 (40.04)	
3 Mathey Lambeth, Alison	32	ARLINGTON MASTER	2:40.00	2:37.56	6
	36.55	1:16.36 (39.81) 1:57.01 (40.65)		2:37.56 (40.55)	

#### Women 30-34 50 Yard Breaststroke

ZONE: Z 29.62 4/25/2009 Petra Martin, GMUP  
NATL: ! 28.48 5/4/2008 KATIE MCCLELLAND

Name	Age	Team	Seed	Finals	Points
1 Jakubchak, Lindsey	34	ALEXANDRIA MASTE	34.92	34.24	9
2 Vaughan, Mason	32	PELUSO OPEN WATE	40.31	38.97	7
3 Plimpton, Hannah	31	COLONIALS 1776	38.90	39.16	6
4 Mockler, Shannon	32	SPORT & HEALTH T	43.00	42.62	5
5 Trainor, Gabriela	31	RESTON MASTERS S	52.00	43.01	4
6 Hufford, Ellen	34	ARLINGTON MASTER	52.55	52.35	3

#### Women 30-34 100 Yard Breaststroke

ZONE: Z 1:10.00 4/13/2003 Cheryl Conlin  
NATL: ! 1:02.08 5/4/2008 KATIE MCCLELLAND

Name	Age	Team	Seed	Finals	Points
1 Brown, Rachel	33	ARLINGTON MASTER	1:12.12	1:12.67	9
	34.53	1:12.67 (38.14)			
2 Vaughan, Mason	32	PELUSO OPEN WATE	1:30.00	1:23.22	7
	39.36	1:23.22 (43.86)			
3 Plimpton, Hannah	31	COLONIALS 1776	1:21.50	1:24.93	6
	40.01	1:24.93 (44.92)			

#### Women 30-34 200 Yard Breaststroke

ZONE: Z 2:33.28 4/22/2001 Belinda Martin  
NATL: ! 2:15.99 1/20/2013 ERIKA ERNDL

Name	Age	Team	Seed	Finals	Points
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1	Jakubchak, Lindsey	34	ALEXANDRIA MASTE	2:45.42	2:43.34	9
	36.83	1:18.51	(41.68)	2:01.33	(42.82)	2:43.34 (42.01)
2	Plimpton, Hannah	31	COLONIALS 1776	2:59.45	3:02.39	7
	40.32	1:25.28	(44.96)	2:14.01	(48.73)	3:02.39 (48.38)

### Women 30-34 50 Yard Butterfly

ZONE: Z 26.43 4/26/2009 Petra Martin, GMUP  
 NATL: ! 24.18 4/15/2000 ANGEL MARTINO

Name	Age	Team	Seed	Finals	Points
1 Rai, Vanessa	34	LANE 4 SWIMMING	35.00	30.54	9
2 Long, Uliana	31	MERRITT MARLINS	40.00	32.53	7
3 Vaughan, Mason	32	PELUSO OPEN WATE	40.00	33.82	6
4 Plimpton, Hannah	31	COLONIALS 1776	37.50	37.38	5
5 Hufford, Ellen	34	ARLINGTON MASTER	40.42	43.64	4
6 Whittle, Julia	33	UC09	52.50	52.29	3
-- Trainor, Gabriela	31	RESTON MASTERS S	36.00	DQ	
One hand touch					

### Women 30-34 100 Yard Butterfly

ZONE: Z 59.11 4/15/2012 Yun Qu, Binghamton Univ  
 NATL: ! 55.01 5/16/1999 ANGEL MARTINO

Name	Age	Team	Seed	Finals	Points
1 Brown, Rachel	33	ARLINGTON MASTER	1:02.06	1:02.49	9
	28.76	1:02.49	(33.73)		
2 Appel, Lindsey	31	UC12	1:05.80	1:08.40	7
	31.00	1:08.40	(37.40)		

### Women 30-34 200 Yard Butterfly

ZONE: Z 2:11.83 4/14/2012 Yun Qu, Binghamton Univ  
 NATL: ! 2:03.46 5/12/1996 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points	
1 Greene, Shannon	31	CLUB TRIBE	2:22.18	2:21.39	9	
	31.63	1:07.12	(35.49)	1:44.91	(37.79)	2:21.39 (36.48)

### Women 30-34 100 Yard IM

ZONE: Z 1:02.24 4/14/1991 Tray Rossa  
 NATL: ! 57.01 4/15/2000 ANGEL MARTINO

Name	Age	Team	Seed	Finals	Points
1 Brown, Rachel	33	ARLINGTON MASTER	1:05.38	1:06.86	9
	31.24	1:06.86	(35.62)		
2 Appel, Lindsey	31	UC12	1:06.17	1:07.29	7
	30.66	1:07.29	(36.63)		
3 Jakubchak, Lindsey	34	ALEXANDRIA MASTE	1:08.42	1:08.28	6
	31.92	1:08.28	(36.36)		
4 Vaughan, Mason	32	PELUSO OPEN WATE	1:18.17	1:15.38	5
	34.97	1:15.38	(40.41)		
5 Rai, Vanessa	34	LANE 4 SWIMMING	1:15.50	1:16.44	4
	34.86	1:16.44	(41.58)		
6 Mockler, Shannon	32	SPORT & HEALTH T	1:30.00	1:22.37	3

38.91 1:22.37 (43.46)  
 -- Trainor, Gabriela 31 RESTON MASTERS S 1:26.00 DQ  
 Did not finish on back - back  
 37.66 DQ (47.47)

**Women 30-34 200 Yard IM**

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=====
ZONE: Z 2:13.54 5/9/1993 Zena Herrmann
NATL: ! 1:58.80 3/11/2009 ERIKA ERNDL
Name Age Team Seed Finals Points
=====
1 Appel, Lindsey 31 UC12 2:28.89 2:29.36 9
31.65 1:08.45 (36.80) 1:53.69 (45.24) 2:29.36 (35.67)
2 Erby, Nicole 32 MERRITT MARLINS 2:35.00 2:52.52 7
33.72 1:14.11 (40.39) 2:07.82 (53.71) 2:52.52 (44.70)
3 Trainor, Gabriela 31 RESTON MASTERS S 3:40.00 3:16.76 6
40.67 1:34.65 (53.98) 3:16.76 (1:42.11)
4 Goldberg, Julie 32 MONTGOMERY ANCIE 3:25.98 3:18.82 5
44.54 1:36.45 (51.91) 2:33.73 (57.28) 3:18.82 (45.09)
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**Women 30-34 400 Yard IM**

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=====
ZONE: Z 4:37.99 5/2/1999 Laurie Hug
NATL: ! 4:14.84 1/20/2013 ERIKA ERNDL
Name Age Team Seed Finals Points
=====
1 Jakubchak, Lindsey 34 ALEXANDRIA MASTE 5:10.42 5:09.72 9
32.57 1:10.38 (37.81) 1:50.07 (39.69) 2:30.20 (40.13)
3:14.69 (44.49) 4:00.02 (45.33) 4:35.35 (35.33) 5:09.72 (34.37)
-- Plimpton, Hannah 31 COLONIALS 1776 6:10.61 DQ
Delay initiating turn after past vertical - back
40.03 1:28.29 (48.26) 2:20.59 (52.30) 3:11.01 (50.42)
4:02.09 (51.08) 4:53.04 (50.95) 5:37.84 (44.80) DQ (41.90)
=====
  
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**Women 35-39 50 Yard Freestyle**

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=====
ZONE: Z 24.40 4/10/2016 Katie Grier, Club Tribe Alumn
NATL: ! 22.34 2/25/2007 DARA TORRES
Name Age Team Seed Finals Points
=====
1 Grier, Katie 38 CLUB TRIBE 24.40 24.11Z 9
2 Boris, Stephanie 37 SPRING VALLEY YM 29.40 27.09 7
3 Gass, Krista 38 UC12 26.74 27.43 6
4 Wolf, Katie 37 ALEXANDRIA MASTE 29.64 29.04 5
5 Pace, Austyn 36 PELUSO OPEN WATE 30.00 30.27 4
6 Hilal, Bridget 38 SPORT & HEALTH T 31.00 32.86 3
7 Lovett, Lindsay 38 CLUB TRIBE 33.51 33.66 2
8 Fu, Angela 37 UMAC-TERRAPIN MA 40.38 39.95 1
=====
  
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**Women 35-39 100 Yard Freestyle**

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=====
ZONE: Z 52.47 4/9/2016 Katie Grier, Club Tribe Alumn
NATL: ! 49.72 2/25/2007 DARA TORRES
Name Age Team Seed Finals Points
=====
1 Grover, Mollie 36 UMAC-TERRAPIN MA 56.83 56.55 9
27.71 56.55 (28.84)
=====
  
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2 Mazur, Jessica	36 ALEXANDRIA MASTE	59.00	58.26	7
27.92	58.26 (30.34)			
3 Boyer, Emily	36 LANE 4 SWIMMING	59.30	59.66	6
28.38	59.66 (31.28)			
4 Taylor, Alaina	35 ALEXANDRIA MASTE	1:06.02	1:04.81	5
31.10	1:04.81 (33.71)			
5 Pace, Austyn	36 PELUSO OPEN WATE	1:10.00	1:07.49	4
31.93	1:07.49 (35.56)			
6 Thompson, Tessa	39 LANE 4 SWIMMING	1:30.00	1:10.48	3
33.29	1:10.48 (37.19)			
7 Lovett, Lindsay	38 CLUB TRIBE	1:18.19	1:16.53	2
36.24	1:16.53 (40.29)			

#### Women 35-39 100 Yard Freestyle Time Trial

ZONE: Z 54.14 5/8/1990 Jacki Hirsty  
 NATL: ! 49.72 2/25/2007 DARA TORRES

Name	Age Team	Seed	Finals
<b>- Time Trial</b>			
1 Grier, Katie	38 CLUB TRIBE	NT	52.82Z

#### Women 35-39 200 Yard Freestyle

ZONE: Z 1:57.03 4/22/2001 Andrea Luallen  
 NATL: ! 1:51.55 5/3/1997 K PIPES-NEILSEN

Name	Age Team	Seed	Finals	Points
1 Taylor, Alaina	35 ALEXANDRIA MASTE	2:24.17	2:22.46	9
33.34	1:08.54 (35.20)	1:45.52 (36.98)	2:22.46 (36.94)	
2 Pace, Austyn	36 PELUSO OPEN WATE	2:35.00	2:31.87	7
33.22	1:10.06 (36.84)	1:50.21 (40.15)	2:31.87 (41.66)	
3 Thompson, Tessa	39 LANE 4 SWIMMING	3:00.00	2:35.71	6
34.33	1:12.79 (38.46)	1:54.15 (41.36)	2:35.71 (41.56)	

#### Women 35-39 500 Yard Freestyle

ZONE: Z 5:11.87 4/21/2002 Laurie Hug  
 NATL: ! 4:56.09 5/3/1997 K PIPES-NEILSEN

Name	Age Team	Seed	Finals	Points
1 Taylor, Alaina	35 ALEXANDRIA MASTE	6:32.58	6:29.26	9
35.05	1:13.73 (38.68)	1:52.71 (38.98)	2:32.25 (39.54)	
3:13.43 (41.18)	3:53.03 (39.60)	4:32.97 (39.94)	5:12.89 (39.92)	
5:51.64 (38.75)	6:29.26 (37.62)			

#### Women 35-39 1000 Yard Freestyle

ZONE: Z 10:37.40 4/22/2001 Laurie Hug  
 NATL: ! 10:11.23 11/15/2014 HEIDI GEORGE

Name	Age Team	Seed	Finals	Points
1 Willard, Kristen	35 LANE 4 SWIMMING	19:00.00	20:13.05	9
56.86	1:56.65 (59.79)	2:55.42 (58.77)	4:00.03 (1:04.61)	
4:59.91 (59.88)	6:01.28 (1:01.37)	7:04.71 (1:03.43)	8:05.56 (1:00.85)	
9:07.01 (1:01.45)	10:08.58 (1:01.57)	11:11.30 (1:02.72)	12:11.53 (1:00.23)	

13:12.33 (1:00.80) 14:12.49 (1:00.16) 15:14.78 (1:02.29) 16:16.60 (1:01.82)  
 17:15.42 (58.82) 18:15.19 (59.77) 19:15.79 (1:00.60) 20:13.05 (57.26)

**Women 35-39 1650 Yard Freestyle**

ZONE: Z 17:45.08 4/22/2001 Laurie Hug  
 NATL: ! 16:46.85 11/15/2014 HEIDI GEORGE

Name	Age	Team	Seed	Finals	Points
1 Taylor, Alaina	35	ALEXANDRIA MASTE	22:46.49	22:04.97	9
	35.52	1:14.66 (39.14)	1:54.96 (40.30)	2:35.50 (40.54)	
	3:15.95 (40.45)	3:56.57 (40.62)	4:38.09 (41.52)	5:19.12 (41.03)	
	5:59.34 (40.22)	6:39.55 (40.21)	7:20.29 (40.74)	8:00.71 (40.42)	
	8:41.73 (41.02)	9:22.10 (40.37)	10:02.70 (40.60)	10:43.17 (40.47)	
	11:23.18 (40.01)	12:03.67 (40.49)	12:43.97 (40.30)	13:23.89 (39.92)	
	14:04.23 (40.34)	14:44.34 (40.11)	15:25.09 (40.75)	16:05.42 (40.33)	
	16:45.82 (40.40)	17:26.18 (40.36)	18:06.29 (40.11)	18:46.20 (39.91)	
	19:26.03 (39.83)	20:06.26 (40.23)	20:46.48 (40.22)	21:26.76 (40.28)	
	22:04.97 (38.21)				
2 Benjamin, Alexis	36	LANE 4 SWIMMING	33:50.00	31:36.38	7
	51.50	1:47.79 (56.29)	2:46.01 (58.22)	3:44.65 (58.64)	
	4:40.40 (55.75)	5:38.13 (57.73)	6:35.73 (57.60)	7:33.66 (57.93)	
		9:29.24 ( )	10:27.43 (58.19)	11:24.55 (57.12)	
	12:21.95 (57.40)	13:19.95 (58.00)	14:17.98 (58.03)	15:15.74 (57.76)	
	16:13.23 (57.49)	17:11.55 (58.32)	18:09.51 (57.96)	19:07.89 (58.38)	
	20:06.06 (58.17)	21:03.69 (57.63)	22:00.85 (57.16)	22:59.91 (59.06)	
	23:59.78 (59.87)	24:57.14 (57.36)	25:55.21 (58.07)	26:54.19 (58.98)	
	27:53.02 (58.83)	28:50.89 (57.87)	29:47.77 (56.88)	30:44.63 (56.86)	
	31:36.38 (51.75)				

**Women 35-39 50 Yard Backstroke Time Trial**

ZONE: Z 28.55 4/21/2002 Susan Williams  
 NATL: ! 25.02 5/3/2014 NORIKO INADA

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
1 Grier, Katie	38	CLUB TRIBE	NT	27.81Z
2 Thomas, RuthAnne	36	CLUB TRIBE	NT	31.78

**Women 35-39 50 Yard Backstroke**

ZONE: Z 28.55 4/21/2002 Susan Williams  
 NATL: ! 25.02 5/3/2014 NORIKO INADA

Name	Age	Team	Seed	Finals	Points
1 Grover, Mollie	36	UMAC-TERRAPIN MA	29.70	30.45	9
2 Boris, Stephanie	37	SPRING VALLEY YM	32.26	31.20	7
3 Pace, Austyn	36	PELUSO OPEN WATE	38.00	37.74	6
4 Lovett, Lindsay	38	CLUB TRIBE	41.35	41.60	5
5 Fu, Angela	37	UMAC-TERRAPIN MA	1:00.00	56.73	4

**Women 35-39 100 Yard Backstroke**

ZONE: Z 59.32 5/2/1999 Vibeke Swanson  
 NATL: ! 54.43 11/15/2015 NORIKO INADA

Name	Age	Team	Seed	Finals	Points
1 Grier, Katie	38	CLUB TRIBE	1:05.18	1:00.54	9
	29.55	1:00.54 (30.99)			
2 Grover, Mollie	36	UMAC-TERRAPIN MA	1:04.06	1:03.36	7
	31.42	1:03.36 (31.94)			
3 Jamison, Jackie	37	CROZET PARC YMCA	1:08.47	1:07.75	6
	32.98	1:07.75 (34.77)			
4 Boris, Stephanie	37	SPRING VALLEY YM	1:11.59	1:07.84	5
	32.81	1:07.84 (35.03)			
5 Bianco, Jennifer	39	ALEXANDRIA MASTE	1:30.00	1:23.34	4
	40.14	1:23.34 (43.20)			

#### Women 35-39 200 Yard Backstroke

Name	Age	Team	Seed	Finals	Points
ZONE: Z 2:11.86 4/22/2001 Vibeke Swanson					
NATL: ! 2:00.54 3/14/1998 K PIPES-NEILSEN					
1 Grover, Mollie	36	UMAC-TERRAPIN MA	2:16.75	2:15.08	9
	33.07	1:07.36 (34.29)	1:41.50 (34.14)	2:15.08 (33.58)	
2 Taylor, Alaina	35	ALEXANDRIA MASTE	2:41.93	2:34.96	7
	38.09	1:17.35 (39.26)	1:56.40 (39.05)	2:34.96 (38.56)	

#### Women 35-39 50 Yard Breaststroke

Name	Age	Team	Seed	Finals	Points
ZONE: Z 31.56 4/9/2016 Kristen Harris, Club Tribe Alumn					
NATL: ! 28.51 5/2/2014 KATIE GLENN					
1 Boris, Stephanie	37	SPRING VALLEY YM	42.33	37.84	9
2 Kays, Amelia	37	ALEXANDRIA MASTE	37.73	38.04	7
3 Pace, Austyn	36	PELUSO OPEN WATE	50.00	43.60	6
4 Bianco, Jennifer	39	ALEXANDRIA MASTE	55.00	46.61	5

#### Women 35-39 100 Yard Breaststroke

Name	Age	Team	Seed	Finals	Points
ZONE: Z 1:09.80 4/10/2016 Kristen Harris, Club Tribe Alumn					
NATL: ! 1:01.88 4/25/2015 KATIE GLENN					
1 Thomas, RuthAnne	36	CLUB TRIBE	1:16.84	1:12.99	9
	34.10	1:12.99 (38.89)			
2 Gass, Krista	38	UC12	1:18.00	1:21.07	7
	38.62	1:21.07 (42.45)			
3 Wolf, Katie	37	ALEXANDRIA MASTE	1:37.27	1:22.96	6
	39.76	1:22.96 (43.20)			

#### Women 35-39 200 Yard Breaststroke

Name	Age	Team	Seed	Finals	Points
ZONE: Z 2:33.76 4/24/2005 Cheryl Conlin, VMST					
NATL: ! 2:17.51 4/26/2015 KATIE GLENN					
1 Kays, Amelia	37	ALEXANDRIA MASTE	3:01.20	2:54.23	9
	40.89	1:24.62 (43.73)	2:10.15 (45.53)	2:54.23 (44.08)	

**Women 35-39 50 Yard Butterfly**

ZONE: Z 26.81 4/9/2016 Katie Grier, Club Tribe Alumn  
 NATL: ! 25.05 4/26/2015 NORIKO INADA

Name	Age	Team	Seed	Finals	Points
1 Grier, Katie	38	CLUB TRIBE	26.81	26.26Z	9
2 Jamison, Jackie	37	CROZET PARC YMCA	30.32	29.36	7
3 Hughes, Meghan	38	PATRIOT MASTERS	28.43	29.43	6
4 Boyer, Emily	36	LANE 4 SWIMMING	30.00	29.72	5
5 Boris, Stephanie	37	SPRING VALLEY YM	32.68	30.47	4
6 Pace, Austyn	36	PELUSO OPEN WATE	40.00	37.99	3
7 Hilal, Bridget	38	SPORT & HEALTH T	38.00	38.61	2

**Women 35-39 100 Yard Butterfly**

ZONE: Z 59.38 5/2/1999 Beth Baker  
 NATL: ! 55.78 5/18/2003 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Hughes, Meghan	38	PATRIOT MASTERS	1:05.05	1:06.29	9
	31.32	1:06.29 (34.97)			

**Women 35-39 200 Yard Butterfly**

ZONE: Z 2:16.89 4/13/2003 Laurie Hug  
 NATL: ! 2:03.48 5/22/2005 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Jamison, Jackie	37	CROZET PARC YMCA	2:40.48	2:32.08	9
	34.68	1:13.37 (38.69) 1:52.69 (39.32)		2:32.08 (39.39)	

**Women 35-39 100 Yard IM**

ZONE: Z 1:01.43 5/2/1999 Beth Baker  
 NATL: ! 57.67 5/23/2010 SHERI HART

Name	Age	Team	Seed	Finals	Points
1 Thomas, RuthAnne	36	CLUB TRIBE	1:12.79	1:06.89	9
	30.63	1:06.89 (36.26)			
2 Hughes, Meghan	38	PATRIOT MASTERS	1:07.40	1:09.36	7
	31.89	1:09.36 (37.47)			
3 Boris, Stephanie	37	SPRING VALLEY YM	1:15.31	1:10.05	6
	32.26	1:10.05 (37.79)			
4 Gass, Krista	38	UC12	1:10.92	1:10.50	5
	31.78	1:10.50 (38.72)			
5 Wolf, Katie	37	ALEXANDRIA MASTE	1:13.88	1:13.71	4
	33.70	1:13.71 (40.01)			
6 Fu, Angela	37	UMAC-TERRAPIN MA	2:00.00	1:53.03	3
	52.26	1:53.03 (1:00.77)			

**Women 35-39 200 Yard IM**

ZONE: Z 2:13.08 5/2/1999 Beth Baker  
 NATL: ! 2:05.24 3/14/1998 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points
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1	Hughes, Meghan	38	PATRIOT MASTERS	2:27.19	2:29.23	9
	29.97	1:10.17 (40.20)	1:52.99 (42.82)	2:29.23 (36.24)		
2	Jamison, Jackie	37	CROZET PARC YMCA	2:31.34	2:29.83	7
	30.95	1:08.34 (37.39)	1:54.95 (46.61)	2:29.83 (34.88)		
3	Boyer, Emily	36	LANE 4 SWIMMING	2:40.00	2:33.47	6
	32.13	1:12.63 (40.50)	1:57.53 (44.90)	2:33.47 (35.94)		
4	Bianco, Jennifer	39	ALEXANDRIA MASTE	3:50.00	3:12.10	5
	45.57	1:32.50 (46.93)	2:27.26 (54.76)	3:12.10 (44.84)		

#### Women 40-44 50 Yard Freestyle

ZONE: Z 24.84 4/15/2012 Michelle Chow, Dallas Aquatic M  
 NATL: ! 21.91 4/15/2007 DARA TORRES

Name	Age	Team	Seed	Finals	Points	
1	Granade, Sarah	42	ARLINGTON MASTER	26.04	25.62	9
2	Wood, Lindsay	40	FLYING FISH HEAD	27.55	26.63	7
3	Davidson, Julia	40	CLUB TRIBE	29.82	28.65	6
4	Swain, Jayme	42	ARLINGTON MASTER	30.20	30.04	5

#### Women 40-44 100 Yard Freestyle

ZONE: Z 54.52 4/24/2010 Susan Wager, Red Tide  
 NATL: ! 48.34 4/15/2007 DARA TORRES

Name	Age	Team	Seed	Finals	Points	
1	Wood, Lindsay	40	FLYING FISH HEAD	59.71	58.42	9
	27.76	58.42 (30.66)				
2	Granade, Sarah	42	ARLINGTON MASTER	1:01.79	59.35	7
	28.42	59.35 (30.93)				
3	Schneider, Johanna	43	GERMANTOWN MARYL	1:15.00	1:10.80	6
	34.43	1:10.80 (36.37)				

#### Women 40-44 200 Yard Freestyle

ZONE: Z 1:57.72 4/25/2010 Kristin Gary, Red Tide  
 NATL: ! 1:51.06 12/22/2002 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points	
1	Roddin, Julie	40	MONTGOMERY ANCIE	2:12.54	2:10.18	9
	30.39	1:03.40 (33.01)	1:37.12 (33.72)	2:10.18 (33.06)		

#### Women 40-44 500 Yard Freestyle

ZONE: Z 5:20.75 4/25/2009 Laurie Hug, 1776  
 NATL: ! 4:58.98 10/5/2002 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points	
1	Roddin, Julie	40	MONTGOMERY ANCIE	5:50.09	5:35.98	9
	30.75	1:03.68 (32.93)	1:37.42 (33.74)	2:11.73 (34.31)		
	2:45.78 (34.05)	3:19.89 (34.11)	3:53.90 (34.01)	4:28.17 (34.27)		
	5:02.47 (34.30)	5:35.98 (33.51)				
2	Baker, Maribeth	43	SPRING VALLEY YM	6:54.09	7:00.78	7
	36.83	1:18.22 (41.39)	2:00.21 (41.99)	2:42.92 (42.71)		
	3:26.37 (43.45)	4:10.42 (44.05)	4:54.18 (43.76)	5:37.74 (43.56)		
	6:20.65 (42.91)	7:00.78 (40.13)				



3 Butler, Maura	40 LANE 4 SWIMMING	8:30.00	7:30.25	6
38.46	1:20.77 (42.31)	2:05.61 (44.84)	2:52.48 (46.87)	
3:39.53 (47.05)	4:25.66 (46.13)	5:12.77 (47.11)	5:59.58 (46.81)	
6:46.64 (47.06)	7:30.25 (43.61)			

**Women 40-44 1000 Yard Freestyle**

ZONE: Z 10:57.76 4/11/2008 Laurie Hug, 1776  
 NATL: ! 10:20.45 12/21/2003 K PIPES-NEILSEN

Name	Age Team	Seed	Finals	Points
1 Fitzgerald, Lauren	41 LANE 4 SWIMMING	12:05.77	12:11.72	9
32.49	1:07.26 (34.77)	1:43.35 (36.09)	2:19.64 (36.29)	
2:55.95 (36.31)	3:32.67 (36.72)	4:09.90 (37.23)	4:47.25 (37.35)	
5:24.37 (37.12)	6:01.63 (37.26)	6:39.41 (37.78)	7:16.84 (37.43)	
7:54.27 (37.43)	8:31.71 (37.44)	9:08.04 (36.33)	9:44.82 (36.78)	
10:22.10 (37.28)	10:59.33 (37.23)	11:36.24 (36.91)	12:11.72 (35.48)	
2 Layton, Katie	44 PATRIOT MASTERS	14:00.00	13:14.69	7
32.31	1:09.45 (37.14)	1:48.66 (39.21)	2:29.30 (40.64)	
3:09.58 (40.28)	3:50.06 (40.48)	4:31.30 (41.24)	5:11.85 (40.55)	
5:52.90 (41.05)	6:33.08 (40.18)	7:13.05 (39.97)	7:53.76 (40.71)	
8:34.43 (40.67)	9:15.67 (41.24)	9:55.74 (40.07)	10:36.50 (40.76)	
11:17.15 (40.65)	11:57.93 (40.78)	12:36.89 (38.96)	13:14.69 (37.80)	
3 Tromble, Katherine	44 LANE 4 SWIMMING	18:50.00	16:31.85	6
43.81	1:30.96 (47.15)	2:20.43 (49.47)	3:10.41 (49.98)	
4:00.49 (50.08)	4:50.96 (50.47)	5:43.02 (52.06)	6:33.94 (50.92)	
7:24.86 (50.92)	8:15.54 (50.68)	9:06.72 (51.18)	9:56.92 (50.20)	
10:47.77 (50.85)	11:37.26 (49.49)	12:26.68 (49.42)	13:16.37 (49.69)	
14:06.12 (49.75)	14:56.02 (49.90)	15:44.56 (48.54)	16:31.85 (47.29)	

**Women 40-44 1000 Yard Freestyle Time Trial**

ZONE: Z 10:57.76 4/11/2008 Laurie Hug, 1776-DV  
 NATL: ! 10:20.45 12/21/2003 K PIPES-NEILSEN

Name	Age Team	Seed	Finals
- Time Trial			
1 Roddin, Julie	40 MONTGOMERY ANCIE	NT	11:38.77

**Women 40-44 1650 Yard Freestyle**

ZONE: Z 18:00.35 4/15/2007 Laurie Hug, 1776  
 NATL: ! 17:12.04 11/5/2016 HEIDI GEORGE

Name	Age Team	Seed	Finals	Points
1 Roddin, Julie	40 MONTGOMERY ANCIE	19:51.94	19:16.91	9
31.66	1:05.50 (33.84)	1:39.89 (34.39)	2:14.54 (34.65)	
2:49.27 (34.73)	3:24.04 (34.77)	3:59.00 (34.96)	4:34.02 (35.02)	
5:09.14 (35.12)	5:44.42 (35.28)	6:19.85 (35.43)	6:55.22 (35.37)	
7:30.49 (35.27)	8:05.94 (35.45)	8:41.45 (35.51)	9:17.05 (35.60)	
9:52.50 (35.45)	10:27.96 (35.46)	11:03.35 (35.39)	11:38.77 (35.42)	
12:14.20 (35.43)	12:49.40 (35.20)	13:24.87 (35.47)	14:00.38 (35.51)	
14:35.92 (35.54)	15:11.28 (35.36)	15:46.99 (35.71)	16:22.32 (35.33)	
16:57.56 (35.24)	17:32.81 (35.25)	18:08.30 (35.49)	18:43.51 (35.21)	
19:16.91 (33.40)				
2 Brothers, Sherri	43 LANE 4 SWIMMING	30:30.00	30:27.69	7
50.46	1:41.97 (51.51)	2:35.71 (53.74)	3:30.60 (54.89)	

4:24.89 (54.29)	5:21.39 (56.50)	6:16.01 (54.62)	7:11.87 (55.86)
8:06.98 (55.11)	9:03.09 (56.11)	9:58.71 (55.62)	10:53.85 (55.14)
11:50.12 (56.27)	12:44.74 (54.62)	13:41.22 (56.48)	14:37.11 (55.89)
15:33.01 (55.90)	16:28.19 (55.18)	17:25.20 (57.01)	18:20.77 (55.57)
19:16.65 (55.88)	20:13.41 (56.76)	21:09.19 (55.78)	22:05.78 (56.59)
23:02.25 (56.47)	23:58.81 (56.56)	24:55.76 (56.95)	25:51.62 (55.86)
26:48.61 (56.99)	27:44.93 (56.32)	28:41.09 (56.16)	29:37.22 (56.13)
30:27.69 (50.47)			

3 LaPorte, Tracy	43 LANE 4 SWIMMING	32:00.00	32:13.36	6
50.86	1:45.83 (54.97)	2:40.85 (55.02)	3:36.07 (55.22)	
4:32.05 (55.98)	5:26.68 (54.63)	6:22.16 (55.48)	7:18.26 (56.10)	
8:14.97 (56.71)	9:10.97 (56.00)	10:07.16 (56.19)	11:02.82 (55.66)	
11:59.17 (56.35)	12:57.10 (57.93)	13:55.25 (58.15)	14:53.33 (58.08)	
15:50.91 (57.58)	16:48.65 (57.74)	17:45.69 (57.04)	18:43.71 (58.02)	
19:41.34 (57.63)	20:39.26 (57.92)	21:36.91 (57.65)	22:35.15 (58.24)	
23:33.38 (58.23)	24:32.06 (58.68)	25:30.69 (58.63)	26:29.30 (58.61)	
27:27.44 (58.14)	28:25.24 (57.80)	29:23.08 (57.84)	30:18.95 (55.87)	
32:13.36 (1:54.41)				

**Women 40-44 50 Yard Backstroke**

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ZONE: Z 27.69 4/24/2010 Kristin Gary, Red Tide  
 NATL: ! 26.12 5/1/2011 SHERI HART

Name	Age	Team	Seed	Finals	Points
1 Wood, Lindsay	40	FLYING FISH HEAD	30.74	29.50	9

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**Women 40-44 100 Yard Backstroke**

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ZONE: Z 58.33 4/25/2010 Kristin Gary, Red Tide  
 NATL: ! 56.03 4/30/2011 SHERI HART

Name	Age	Team	Seed	Finals	Points
1 Wood, Lindsay	40	FLYING FISH HEAD	1:05.05	1:04.47	9
31.26	1:04.47 (33.21)				

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**Women 40-44 200 Yard Backstroke**

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ZONE: Z 2:04.43 4/24/2010 Kristin Gary, Red Tide  
 NATL: ! 2:04.43 4/24/2010 KRISTIN GARY

Name	Age	Team	Seed	Finals	Points
1 Wood, Lindsay	40	FLYING FISH HEAD	2:22.80	2:17.88	9
31.87	1:06.64 (34.77)	1:42.70 (36.06)		2:17.88 (35.18)	
2 Roddin, Julie	40	MONTGOMERY ANCIE	2:22.97	2:22.06	7
34.74	1:10.64 (35.90)	1:47.28 (36.64)		2:22.06 (34.78)	
3 Shapiro, Margie	40	RESTON MASTERS S	2:39.80	2:34.75	6
37.02	1:15.89 (38.87)	1:55.90 (40.01)		2:34.75 (38.85)	

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**Women 40-44 50 Yard Breaststroke**

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ZONE: Z 33.16 4/20/1997 Lisa Bennett  
 NATL: ! 29.24 2/28/2010 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Harris, Kristen	40	CLUB TRIBE	32.65	31.34Z	9
2 Schneider, Johanna	43	GERMANTOWN MARYL	39.45	40.40	7

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**Women 40-44 100 Yard Breaststroke**

ZONE: Z 1:11.73 4/4/2004 Patricia Powis, VMST

NATL: ! 1:03.00 5/4/2008 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Harris, Kristen	40	CLUB TRIBE	1:11.11	1:09.86Z	9
	33.44	1:09.86 (36.42)			
2 Swain, Jayme	42	ARLINGTON MASTER	1:23.50	1:21.55	7
	38.06	1:21.55 (43.49)			
3 Baker, Maribeth	43	SPRING VALLEY YM	1:32.50	1:31.12	6
	43.58	1:31.12 (47.54)			
4 Algera, Bonnie	40	FREEDOM AQUATIC	1:35.00	1:31.40	5
	43.97	1:31.40 (47.43)			

**Women 40-44 200 Yard Breaststroke**

ZONE: Z 2:34.93 4/21/2002 Vibeke Swanson

NATL: ! 2:17.06 5/14/2006 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Harris, Kristen	40	CLUB TRIBE	2:49.70	2:32.09Z	9
	35.19	1:13.37 (38.18)	1:52.46 (39.09)	2:32.09 (39.63)	
2 Schneider, Johanna	43	GERMANTOWN MARYL	2:50.00	3:04.82	7
	42.32	1:28.88 (46.56)	2:17.77 (48.89)	3:04.82 (47.05)	

**Women 40-44 50 Yard Butterfly**

ZONE: Z 26.72 4/20/2013 Margaret Conze, Montgomery Ancie

NATL: ! 25.14 5/10/2009 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Wimberly, Lisa	40	CLUB TRIBE	35.00	29.05	9
2 Granade, Sarah	42	ARLINGTON MASTER	29.60	29.45	7
3 Davidson, Julia	40	CLUB TRIBE	32.26	31.34	6
4 Baker, Maribeth	43	SPRING VALLEY YM	32.19	32.84	5
5 Algera, Bonnie	40	FREEDOM AQUATIC	35.00	34.85	4

**Women 40-44 100 Yard Butterfly**

ZONE: Z 59.12 4/23/2006 K. Pipes-Neilsen, SDSM

NATL: ! 54.83 5/10/2009 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Baker, Maribeth	43	SPRING VALLEY YM	1:15.51	1:13.20	9
	34.91	1:13.20 (38.29)			

**Women 40-44 200 Yard Butterfly**

ZONE: Z 2:10.18 4/23/2006 K. Pipes-Neilsen, SDSM

NATL: ! 2:03.13 5/4/2008 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Baker, Maribeth	43	SPRING VALLEY YM	2:52.68	2:49.10	9
	36.56	1:19.13 (42.57)	2:05.19 (46.06)	2:49.10 (43.91)	

**Women 40-44 100 Yard IM**

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ZONE: Z 59.62 4/23/2006 K. Pipes-Neilsen, SDSM  
NATL: ! 57.95 4/28/2012 ERIKA BRAUN

Name	Age	Team	Seed	Finals	Points
1 Granade, Sarah	42	ARLINGTON MASTER	1:13.18	1:10.73	9
	32.26	1:10.73 (38.47)			
2 Swain, Jayme	42	ARLINGTON MASTER	1:15.33	1:14.77	7
	36.18	1:14.77 (38.59)			
3 Baker, Maribeth	43	SPRING VALLEY YM	1:18.42	1:18.17	6
	38.01	1:18.17 (40.16)			
4 Algera, Bonnie	40	FREEDOM AQUATIC	1:22.99	1:20.91	5
	38.60	1:20.91 (42.31)			

**Women 40-44 200 Yard IM**

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ZONE: Z 2:11.32 4/23/2006 K. Pipes-Neilsen, SDSM  
NATL: ! 2:04.85 5/4/2008 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Algera, Bonnie	40	FREEDOM AQUATIC	3:01.76	2:59.27	9
	38.39	1:28.25 (49.86) 2:19.70 (51.45)		2:59.27 (39.57)	

**Women 40-44 400 Yard IM**

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ZONE: Z 4:34.29 4/21/2002 Vibeke Swanson  
NATL: ! 4:28.43 5/4/2008 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Roddin, Julie	40	MONTGOMERY ANCIE	5:16.73	5:11.34	9
	34.06	1:15.28 (41.22) 1:53.66 (38.38)		2:32.83 (39.17)	
	3:18.43 (45.60)	4:04.16 (45.73) 4:38.71 (34.55)		5:11.34 (32.63)	

**Women 45-49 50 Yard Freestyle**

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ZONE: Z 24.20 4/15/2012 Fall Willeboordse, Bearcat Masters  
NATL: ! 24.00 5/4/2008 SUSAN WALSH

Name	Age	Team	Seed	Finals	Points
1 Booth, Gretchen	46	CENTRAL BUCKS FA	26.84	26.32	9
2 Della Guardia, Jennifer	49	SPRING VALLEY YM	28.07	27.36	7
3 Bass, Amy	46	RESTON MASTERS S	27.00	28.04	6
4 Davidson, Michelle	46	GARDEN STATE MAS	29.00	28.52	5
5 Henion, Theresa	45	SPRING VALLEY YM	30.01	29.12	4
6 Sommer, Lisa	47	SPRING VALLEY YM	32.00	30.82	3
7 Bancroft, Caren	46	GERMANTOWN MARYL	32.13	30.92	2
8 Walters, Suzanne	46	SPORT & HEALTH T	31.73	31.38	1
9 Chu, Jan	49	FREEDOM AQUATIC	43.35	46.82	

**Women 45-49 50 Yard Freestyle Time Trial**

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ZONE: Z 25.57 4/15/2007 Leslie Livingston  
NATL: ! 24.00 5/4/2008 SUSAN WALSH

Name	Age	Team	Seed	Finals
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- Time Trial

1 Cantilina, Amy 48 RIPTIDE MASTERS NT 28.43

**Women 45-49 100 Yard Freestyle**

ZONE: Z 52.66 4/14/2012 Fall Willeboordse, Bearcat Masters  
NATL: ! 52.23 12/16/2007 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points
1 Dawson, Deborah	48	EAGLE SWIM TEAM	58.27	57.52	9
	27.77	57.52 (29.75)			
2 Booth, Gretchen	46	CENTRAL BUCKS FA	1:01.65	59.27	7
	28.71	59.27 (30.56)			
3 Pellegrini, Traci	47	COLUMBIA MASTERS	59.22	59.28	6
	28.31	59.28 (30.97)			
4 Della Guardia, Jennifer	49	SPRING VALLEY YM	1:03.99	59.65	5
	28.60	59.65 (31.05)			
5 Cantilina, Amy	48	RIPTIDE MASTERS	1:08.90	1:01.46	4
	29.52	1:01.46 (31.94)			
6 Davidson, Michelle	46	GARDEN STATE MAS	1:00.89	1:02.02	3
	29.57	1:02.02 (32.45)			
7 Henion, Theresa	45	SPRING VALLEY YM	1:08.61	1:05.70	2
	30.66	1:05.70 (35.04)			
8 Sommer, Lisa	47	SPRING VALLEY YM	1:11.55	1:08.01	1
	32.08	1:08.01 (35.93)			
9 Bancroft, Caren	46	GERMANTOWN MARYL	1:20.00	1:08.71	
	33.08	1:08.71 (35.63)			
10 Walters, Suzanne	46	SPORT & HEALTH T	1:09.31	1:09.12	
	33.31	1:09.12 (35.81)			
11 Travia, Cynthia	45	ALEXANDRIA MASTE	1:13.99	1:12.31	
	34.05	1:12.31 (38.26)			
12 Anderson-Kratzer, Jill	49	VIRGINIA MASTERS	1:30.70	1:30.11	
	42.79	1:30.11 (47.32)			
13 Nelson, Tanja	47	RESTON MASTERS S	1:45.72	1:35.59	
	44.18	1:35.59 (51.41)			

**Women 45-49 200 Yard Freestyle Time Trial**

ZONE: Z 2:04.12 5/2/1999 Jacki Hirsty  
NATL: ! 1:53.28 12/16/2007 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
4 Dawson, Deborah	48	EAGLE SWIM TEAM	NT	2:31.30

**Women 45-49 200 Yard Freestyle**

ZONE: Z 2:04.12 5/2/1999 Jacki Hirsty  
NATL: ! 1:53.28 12/16/2007 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points
1 Cantilina, Amy	48	RIPTIDE MASTERS	2:15.80	2:14.94	9
	31.19	1:05.12 (33.93) 1:40.12 (35.00)		2:14.94 (34.82)	
2 Bass, Amy	46	RESTON MASTERS S	2:05.00	2:30.73	7
	31.73	1:07.97 (36.24) 1:48.58 (40.61)		2:30.73 (42.15)	
3 Travia, Cynthia	45	ALEXANDRIA MASTE	2:43.99	2:40.80	6
	35.55	1:15.05 (39.50) 1:57.71 (42.66)		2:40.80 (43.09)	

### Women 45-49 500 Yard Freestyle

ZONE: Z 5:23.32 4/14/2012 Laurie Hug, Colonials 1776

NATL: ! 5:04.13 4/11/2009 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points
1 Travia, Cynthia	45	ALEXANDRIA MASTE	7:40.00	7:17.61	9
	38.18	1:21.15 (42.97)	2:05.98 (44.83)	2:50.84 (44.86)	
	3:36.12 (45.28)	4:21.35 (45.23)	5:06.43 (45.08)	5:51.32 (44.89)	
	6:36.62 (45.30)	7:17.61 (40.99)			
2 Anderson-Kratzer, Jill	49	VIRGINIA MASTERS	9:16.22	8:50.02	7
	47.01	1:39.54 (52.53)	2:34.07 (54.53)		
	4:22.08 ( )	5:16.32 (54.24)	6:11.65 (55.33)	7:06.66 (55.01)	
	7:59.80 (53.14)	8:50.02 (50.22)			

### Women 45-49 1000 Yard Freestyle

ZONE: Z 10:57.88 4/17/2011 Laurie Hug, 1776

NATL: ! 10:32.91 4/19/2009 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points
1 Dawson, Deborah	48	EAGLE SWIM TEAM	11:33.55	11:34.08	9
	29.18	1:00.90 (31.72)	1:33.80 (32.90)	2:07.54 (33.74)	
	2:41.80 (34.26)	3:16.05 (34.25)	3:50.37 (34.32)	4:25.46 (35.09)	
	5:01.16 (35.70)	5:37.13 (35.97)	6:13.05 (35.92)	6:49.16 (36.11)	
	7:25.37 (36.21)	8:00.87 (35.50)	8:36.60 (35.73)	9:12.45 (35.85)	
	9:48.27 (35.82)	10:23.68 (35.41)	10:59.45 (35.77)	11:34.08 (34.63)	
2 Bancroft, Caren	46	GERMANTOWN MARYL	20:00.00	16:28.67	7
	42.35	1:28.07 (45.72)	2:16.53 (48.46)	3:05.10 (48.57)	
	3:53.98 (48.88)	4:43.39 (49.41)	5:33.00 (49.61)	6:22.71 (49.71)	
	7:12.91 (50.20)	8:03.13 (50.22)	8:53.65 (50.52)	9:45.08 (51.43)	
	10:35.79 (50.71)	11:27.65 (51.86)	12:19.54 (51.89)	13:11.61 (52.07)	
	14:03.42 (51.81)	14:54.76 (51.34)	15:44.80 (50.04)	16:28.67 (43.87)	
3 Anderson-Kratzer, Jill	49	VIRGINIA MASTERS	21:03.03	17:52.02	6
	47.70	1:39.40 (51.70)	2:32.85 (53.45)	3:28.01 (55.16)	
	4:23.59 (55.58)	5:19.15 (55.56)	6:14.16 (55.01)	7:08.69 (54.53)	
	8:04.05 (55.36)	8:58.46 (54.41)	9:53.40 (54.94)	10:46.30 (52.90)	
	11:40.71 (54.41)	12:34.72 (54.01)	13:29.23 (54.51)	14:22.63 (53.40)	
	15:16.57 (53.94)	16:09.96 (53.39)	17:01.99 (52.03)	17:52.02 (50.03)	

### Women 45-49 1650 Yard Freestyle

ZONE: Z 18:09.22 4/17/2011 Laurie Hug, 1776

NATL: ! 17:39.79 4/8/2016 ALISON ZAMANIAN

Name	Age	Team	Seed	Finals	Points
1 Roder, Aileen	46	LANE 4 SWIMMING	29:00.00	27:14.86	9
	50.92	1:42.04 (51.12)	2:33.08 (51.04)	3:24.49 (51.41)	
	4:16.02 (51.53)	5:07.17 (51.15)	5:59.41 (52.24)		
		7:43.23 ( )	8:34.74 (51.51)	9:26.63 (51.89)	
	10:17.85 (51.22)	11:10.15 (52.30)	12:02.38 (52.23)	12:53.49 (51.11)	
	13:44.67 (51.18)	14:35.79 (51.12)	15:27.24 (51.45)	16:19.02 (51.78)	
	17:11.43 (52.41)	18:03.95 (52.52)	18:55.15 (51.20)	19:46.45 (51.30)	
	20:37.81 (51.36)	21:27.56 (49.75)	22:17.85 (50.29)	23:08.34 (50.49)	
	23:59.36 (51.02)	24:51.20 (51.84)	25:40.94 (49.74)	26:29.15 (48.21)	
	27:14.86 (45.71)				

**Women 45-49 50 Yard Backstroke**

ZONE: Z 27.61 4/21/2013 Susan Williams, Montgomery Ancie

NATL: ! 27.35 12/21/2008 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points
1 Booth, Gretchen	46	CENTRAL BUCKS FA	29.58	29.30	9
2 Davidson, Michelle	46	GARDEN STATE MAS	30.29	30.33	7
3 Della Guardia, Jennifer	49	SPRING VALLEY YM	32.47	31.99	6
4 Cantilina, Amy	48	RIPTIDE MASTERS	36.90	33.31	5

**Women 45-49 100 Yard Backstroke**

ZONE: Z 58.46 4/14/2012 Fall Willeboordse, Bearcat Masters

NATL: ! 57.83 5/23/2010 ELLEN REYNOLDS

Name	Age	Team	Seed	Finals	Points
1 Booth, Gretchen	46	CENTRAL BUCKS FA	1:07.05	1:04.27	9
	30.58	1:04.27 (33.69)			
2 Davidson, Michelle	46	GARDEN STATE MAS	1:05.09	1:06.84	7
	32.13	1:06.84 (34.71)			
3 Della Guardia, Jennifer	49	SPRING VALLEY YM	1:12.59	1:07.98	6
	33.03	1:07.98 (34.95)			
4 Cantilina, Amy	48	RIPTIDE MASTERS	1:17.90	1:12.08	5
	35.24	1:12.08 (36.84)			
-- Nelson, Tanja	47	RESTON MASTERS S	2:10.00	DQ	
	Multiple strokes past vertical at turn				
	51.34	DQ (58.08)			

**Women 45-49 200 Yard Backstroke**

ZONE: Z 2:15.03 4/15/2007 Vibeke Swanson, 1776

NATL: ! 2:04.65 4/19/2009 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points
1 Booth, Gretchen	46	CENTRAL BUCKS FA	2:30.95	2:24.00	9
	32.16	1:08.85 (36.69) 1:47.04 (38.19)		2:24.00 (36.96)	
2 Davidson, Michelle	46	GARDEN STATE MAS	2:23.77	2:25.28	7
	33.67	1:10.22 (36.55) 1:47.85 (37.63)		2:25.28 (37.43)	
3 Pellegrini, Traci	47	COLUMBIA MASTERS	2:28.20	2:29.28	6
	34.98	1:12.98 (38.00) 1:52.04 (39.06)		2:29.28 (37.24)	
4 Cantilina, Amy	48	RIPTIDE MASTERS	2:35.90	2:33.76	5
	35.44	1:14.43 (38.99) 1:54.01 (39.58)		2:33.76 (39.75)	

**Women 45-49 50 Yard Breaststroke**

ZONE: Z 32.24 4/20/2013 Fall Willeboordse, Bearcat Masters

NATL: ! 30.17 5/20/2007 CAROLINE KRATTLI

Name	Age	Team	Seed	Finals	Points
1 Tokos- Marcolina, Eve	48	COLONIALS 1776	36.50	36.30	9
2 Postma, Terri	47	GERMANTOWN MARYL	40.00	37.68	7
3 Henion, Theresa	45	SPRING VALLEY YM	39.00	38.65	6
4 Sommer, Lisa	47	SPRING VALLEY YM	39.00	38.80	5
5 Davidson, Michelle	46	GARDEN STATE MAS	40.28	40.37	4
6 Shang, Alice	46	ARLINGTON MASTER	55.00	55.50	3
7 Anderson-Kratzer, Jill	49	VIRGINIA MASTERS	1:01.74	57.44	2

**Women 45-49 100 Yard Breaststroke**

ZONE: Z 1:12.86 4/21/2013 Lisa Groves, Machine Aquatics  
 NATL: ! 1:05.85 3/27/2011 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Tokos- Marcolina, Eve	48	COLONIALS 1776	1:20.20	1:18.21	9
	37.06	1:18.21 (41.15)			
2 Henion, Theresa	45	SPRING VALLEY YM	1:24.14	1:22.75	7
	39.25	1:22.75 (43.50)			
3 Sommer, Lisa	47	SPRING VALLEY YM	1:25.00	1:23.89	6
	39.44	1:23.89 (44.45)			
4 Shang, Alice	46	ARLINGTON MASTER	2:00.00	2:01.20	5

**Women 45-49 200 Yard Breaststroke**

ZONE: Z 2:42.01 4/5/2014 Lisa Groves, Riptide Masters  
 NATL: ! 2:22.76 5/1/2011 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Pellegrini, Traci	47	COLUMBIA MASTERS	2:45.50	2:43.58	9
	37.84	1:19.25 (41.41) 2:01.80 (42.55)		2:43.58 (41.78)	
2 Dawson, Deborah	48	EAGLE SWIM TEAM	2:48.61	2:48.68	7
	39.00	1:21.04 (42.04) 2:05.88 (44.84)		2:48.68 (42.80)	
3 Tokos- Marcolina, Eve	48	COLONIALS 1776	2:58.70	2:52.79	6
	38.98	1:21.93 (42.95) 2:06.46 (44.53)		2:52.79 (46.33)	
4 Henion, Theresa	45	SPRING VALLEY YM	3:03.66	3:01.36	5
	39.99	1:25.37 (45.38) 2:13.28 (47.91)		3:01.36 (48.08)	
5 Sommer, Lisa	47	SPRING VALLEY YM	3:06.01	3:02.12	4
	41.27	1:27.27 (46.00) 2:15.36 (48.09)		3:02.12 (46.76)	
6 Anderson-Kratzer, Jill	49	VIRGINIA MASTERS	4:55.84	4:39.01	3
	1:04.47	2:16.29 (1:11.82) 3:29.18 (1:12.89)		4:39.01 (1:09.83)	

**Women 45-49 50 Yard Butterfly**

ZONE: Z 25.96 4/20/2013 Susan Williams, Montgomery Ancie  
 NATL: ! 25.96 4/21/2013 SUSAN WILLIAMS

Name	Age	Team	Seed	Finals	Points
1 Booth, Gretchen	46	CENTRAL BUCKS FA	29.85	30.07	9
2 Della Guardia, Jennifer	49	SPRING VALLEY YM	31.98	30.32	7
3 Davidson, Michelle	46	GARDEN STATE MAS	30.19	31.46	6
4 Tokos- Marcolina, Eve	48	COLONIALS 1776	33.80	33.74	5
5 Postma, Terri	47	GERMANTOWN MARYL	36.00	34.35	4
6 Walters, Suzanne	46	SPORT & HEALTH T	35.39	35.61	3
7 Bancroft, Caren	46	GERMANTOWN MARYL	38.87	36.99	2

**Women 45-49 100 Yard Butterfly**

ZONE: Z 59.28 4/15/2012 Fall Willeboordse, Bearcat Masters  
 NATL: ! 56.97 5/1/2011 S VON DER LIPPE

Name	Age	Team	Seed	Finals	Points
1 Tokos- Marcolina, Eve	48	COLONIALS 1776	1:20.30	1:20.89	9
	37.64	1:20.89 (43.25)			



**Women 45-49 100 Yard Butterfly Time Trial**

ZONE: Z 1:05.54 4/13/2008 Leslie Livingston, GMUP-PV  
 NATL: ! 56.97 5/1/2011 S VON DER LIPPE

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
2 Pellegrini, Traci	47	COLUMBIA MASTERS	NT	1:07.98

**Women 45-49 100 Yard IM**

ZONE: Z 59.81 4/15/2012 Fall Willeboordse, Bearcat Masters  
 NATL: ! 59.39 4/28/2012 FALL WILLEBOORDSE

Name	Age	Team	Seed	Finals	Points
1 Booth, Gretchen	46	CENTRAL BUCKS FA	1:07.42	1:06.02	9
	29.57	1:06.02 (36.45)			
2 Pellegrini, Traci	47	COLUMBIA MASTERS	1:07.55	1:07.23	7
	31.96	1:07.23 (35.27)			
3 Della Guardia, Jennifer	49	SPRING VALLEY YM	1:12.43	1:10.37	6
	31.64	1:10.37 (38.73)			
4 Davidson, Michelle	46	GARDEN STATE MAS	1:08.92	1:10.59	5
	31.25	1:10.59 (39.34)			
5 Tokos- Marcolina, Eve	48	COLONIALS 1776	1:16.40	1:14.78	4
	35.50	1:14.78 (39.28)			
6 Walters, Suzanne	46	SPORT & HEALTH T	1:23.36	1:22.33	3
	38.73	1:22.33 (43.60)			
7 Travia, Cynthia	45	ALEXANDRIA MASTE	1:26.16	1:24.40	2
	40.33	1:24.40 (44.07)			
8 Bancroft, Caren	46	GERMANTOWN MARYL	1:29.28	1:26.16	1
	41.27	1:26.16 (44.89)			

**Women 45-49 200 Yard IM**

ZONE: Z 2:15.19 4/15/2007 Vibeke Swanson, 1776  
 NATL: ! 2:07.26 12/16/2007 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points
1 Pellegrini, Traci	47	COLUMBIA MASTERS	2:26.00	2:24.57	9
	30.68	1:08.50 (37.82) 1:50.93 (42.43)		2:24.57 (33.64)	
2 Dawson, Deborah	48	EAGLE SWIM TEAM	2:35.00	2:29.38	7
	32.87	1:11.32 (38.45) 1:54.50 (43.18)		2:29.38 (34.88)	
3 Davidson, Michelle	46	GARDEN STATE MAS	2:29.76	2:32.45	6
	32.34	1:09.10 (36.76) 1:56.57 (47.47)		2:32.45 (35.88)	
4 Cantilina, Amy	48	RIPTIDE MASTERS	2:40.90	2:34.34	5
	33.07	1:12.35 (39.28) 2:00.40 (48.05)		2:34.34 (33.94)	
5 Tokos- Marcolina, Eve	48	COLONIALS 1776	2:53.40	2:44.99	4
	36.47	1:21.11 (44.64) 2:05.96 (44.85)		2:44.99 (39.03)	
6 Walters, Suzanne	46	SPORT & HEALTH T	3:11.85	3:04.87	3
	39.48	1:28.45 (48.97) 2:24.27 (55.82)		3:04.87 (40.60)	
7 Bancroft, Caren	46	GERMANTOWN MARYL	3:45.00	3:14.46	2
	42.30	1:35.29 (52.99) 2:34.26 (58.97)		3:14.46 (40.20)	

**Women 45-49 400 Yard IM**

ZONE: Z 4:49.51 4/15/2007 Vibeke Swanson, 1776  
 NATL: ! 4:32.87 12/26/2009 K PIPES-NEILSEN

Name	Age	Team	Seed	Finals	Points
1 Pellegrini, Traci	47	COLUMBIA MASTERS	5:10.00	5:09.00	9
	32.29	1:07.98 (35.69)	1:48.70 (40.72)	2:29.14 (40.44)	
	3:13.75 (44.61)	3:58.28 (44.53)	4:34.16 (35.88)	5:09.00 (34.84)	
2 Davidson, Michelle	46	GARDEN STATE MAS	5:29.09	5:22.88	7
	33.90	1:13.68 (39.78)	1:53.69 (40.01)	2:33.13 (39.44)	
	3:22.15 (49.02)	4:10.18 (48.03)	4:46.47 (36.29)	5:22.88 (36.41)	
3 Tokos- Marcolina, Eve	48	COLONIALS 1776	6:01.70	6:00.92	6
	38.01	1:24.18 (46.17)	2:12.14 (47.96)	3:00.88 (48.74)	
	3:47.12 (46.24)	4:36.22 (49.10)	6:00.92 (1:24.70)		

### Women 50-54 50 Yard Freestyle

Name	Age	Team	Seed	Finals	Points
ZONE: Z 24.84 4/10/2016 Fall Willeboordse, Bearcat Masters					
NATL: ! 24.53 3/18/2016 FALL WILLEBOORDSE					
1 Williams, Susan	51	LANE 4 SWIMMING	25.78	25.96	9
2 Groves, Lisa	52	RESTON MASTERS S	27.78	28.36	7
3 Restrepo, Marie	54	UC12	31.28	30.14	6
4 Emanuel, Florence	54	RIPTIDE MASTERS	34.50	31.07	5
5 McNamara, Beth	51	RESTON MASTERS S	31.10	31.41	4
6 Thompson, Kim	53	PATRIOT MASTERS	37.00	32.19	3
7 Cameron, Terri	52	FREEDOM AQUATIC	37.00	35.01	2
8 Mallon, Barbara	50	GERMANTOWN MARYL	36.39	35.99	1

### Women 50-54 100 Yard Freestyle

Name	Age	Team	Seed	Finals	Points
ZONE: Z 54.51 4/9/2016 Fall Willeboordse, Bearcat Masters					
NATL: ! 53.60 4/29/2016 FALL WILLEBOORDSE					
1 Buchholz, Nancy	50	LANE 4 SWIMMING	1:04.70	1:01.76	9
	29.26	1:01.76 (32.50)			
2 Dawson, Mandy	54	RESTON MASTERS S	1:06.34	1:06.54	7
	31.17	1:06.54 (35.37)			
3 Di Pippa, Tammy	50	RIPTIDE MASTERS	1:12.00	1:08.78	6
	32.72	1:08.78 (36.06)			
4 Emanuel, Florence	54	RIPTIDE MASTERS	1:12.00	1:09.32	5
	33.35	1:09.32 (35.97)			
5 Thompson, Kim	53	PATRIOT MASTERS	1:20.00	1:10.65	4
	33.67	1:10.65 (36.98)			
6 McNamara, Beth	51	RESTON MASTERS S	1:08.40	1:12.63	3
	34.03	1:12.63 (38.60)			
7 Brown, Ann	54	MERRITT MARLINS	1:15.00	1:15.12	2
	36.02	1:15.12 (39.10)			
8 Mackall, Suni	54	VIRGINIA MASTERS	1:17.23	1:15.60	1
	35.99	1:15.60 (39.61)			
9 Wetzal, Denise	51	UC12	1:32.07	1:18.20	
	36.80	1:18.20 (41.40)			
10 Cameron, Terri	52	FREEDOM AQUATIC	1:30.00	1:18.90	
	37.76	1:18.90 (41.14)			
11 Ellis, Susan	53	RIPTIDE MASTERS	1:25.15	1:24.98	
	40.17	1:24.98 (44.81)			

### Women 50-54 200 Yard Freestyle

=====

ZONE: Z 2:05.65 4/12/2015 Kelly Parker Palace, Virginia Masters  
 NATL: ! 1:58.34 4/10/2016 ELLEN REYNOLDS

Name	Age	Team	Seed	Finals	Points
1 Hug, Laurie	30.19	51 COLONIALS 1776	2:10.12	2:07.89	9
		1:02.44 (32.25)	1:35.21 (32.77)	2:07.89 (32.68)	
2 Saucy, Stephanie	31.60	53 COLONIALS 1776	2:15.05	2:16.79	7
		1:05.52 (33.92)	1:41.04 (35.52)	2:16.79 (35.75)	
3 Emanuel, Florence	36.06	54 RIPTIDE MASTERS	2:40.00	2:32.45	6
		1:15.12 (39.06)	1:54.26 (39.14)	2:32.45 (38.19)	
4 McNamara, Beth	35.60	51 RESTON MASTERS S	2:39.80	2:41.51	5
		1:15.45 (39.85)	1:57.85 (42.40)	2:41.51 (43.66)	

**Women 50-54 500 Yard Freestyle**

=====

ZONE: Z 5:35.62 4/10/2016 Laurie Hug, 1776  
 NATL: ! 5:14.56 5/12/2013 JILL HERNANDEZ

Name	Age	Team	Seed	Finals	Points
1 Hug, Laurie	30.67	51 COLONIALS 1776	5:35.35	5:32.11Z	9
		1:03.54 (32.87)	1:36.75 (33.21)	2:09.94 (33.19)	
		2:43.38 (33.44)	3:17.33 (33.95)	3:51.40 (34.07)	4:25.29 (33.89)
		4:59.39 (34.10)	5:32.11 (32.72)		
2 Brown, Ann	37.39	54 MERRITT MARLINS	7:10.00	6:59.64	7
		1:20.29 (42.90)	2:05.93 (45.64)	2:49.13 (43.20)	
		3:31.35 (42.22)	4:13.43 (42.08)	4:55.66 (42.23)	5:37.02 (41.36)
		6:18.51 (41.49)	6:59.64 (41.13)		
3 Swavely, Jill	37.82	50 COLONIALS 1776	7:40.00	7:22.71	6
		1:21.71 (43.89)	2:05.91 (44.20)	2:49.93 (44.02)	
		3:33.91 (43.98)	4:18.92 (45.01)	5:04.63 (45.71)	5:51.25 (46.62)
		7:22.71 (1:31.46)			
4 Mackall, Suni	40.04	54 VIRGINIA MASTERS	7:26.48	7:55.07	5
		1:23.71 (43.67)	2:09.43 (45.72)	2:56.15 (46.72)	
		3:43.75 (47.60)	4:31.49 (47.74)	5:21.46 (49.97)	6:12.79 (51.33)
		7:04.41 (51.62)	7:55.07 (50.66)		

**Women 50-54 1000 Yard Freestyle Time Trial**

=====

ZONE: Z 12:10.44 4/15/2007 Tracy Grilli  
 NATL: ! 10:58.56 4/23/2015 JILL HERNANDEZ

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
1 Hug, Laurie		51 COLONIALS 1776	NT	11:14.62Z

**Women 50-54 1000 Yard Freestyle**

=====

ZONE: Z 11:17.52 4/12/2016 Laurie Hug, 1776  
 NATL: ! 10:58.56 4/23/2015 JILL HERNANDEZ

Name	Age	Team	Seed	Finals	Points
1 Dawson, Mandy	34.30	54 RESTON MASTERS S	13:34.00	13:42.02	9
		1:12.72 (38.42)	1:53.27 (40.55)	2:34.20 (40.93)	
		3:15.35 (41.15)	3:57.34 (41.99)	4:39.99 (42.65)	5:21.71 (41.72)
		6:03.56 (41.85)	6:45.78 (42.22)	7:28.11 (42.33)	8:10.43 (42.32)
		8:52.79 (42.36)	9:35.19 (42.40)	10:17.12 (41.93)	10:58.74 (41.62)

11:40.71 (41.97)	12:22.76 (42.05)	13:03.16 (40.40)	13:42.02 (38.86)
2 Dewing, Maria	53 RIPTIDE MASTERS	15:41.70	15:39.24 7
40.77	1:27.35 (46.58)	2:13.78 (46.43)	3:01.08 (47.30)
3:48.59 (47.51)	4:35.86 (47.27)	5:23.10 (47.24)	6:10.31 (47.21)
6:58.27 (47.96)	7:46.30 (48.03)	8:34.16 (47.86)	9:21.72 (47.56)
10:09.27 (47.55)	10:57.32 (48.05)	11:45.02 (47.70)	12:32.98 (47.96)
13:20.70 (47.72)	14:07.92 (47.22)	14:54.91 (46.99)	15:39.24 (44.33)
3 Petersen, Kris	52 LANE 4 SWIMMING	18:22.00	18:41.85 6
47.75	1:39.70 (51.95)	2:34.71 (55.01)	3:30.90 (56.19)
4:27.42 (56.52)	5:24.95 (57.53)	6:23.43 (58.48)	7:21.79 (58.36)
8:19.67 (57.88)	9:17.12 (57.45)	10:15.15 (58.03)	11:12.45 (57.30)
12:09.96 (57.51)	13:06.17 (56.21)	14:03.10 (56.93)	14:58.22 (55.12)
15:55.03 (56.81)	16:52.78 (57.75)	17:48.22 (55.44)	18:41.85 (53.63)

### Women 50-54 1650 Yard Freestyle

=====			
ZONE: Z 18:41.92 4/8/2016 Laurie Hug, Colonials 1776			
NATL: ! 18:16.49 4/23/2015 C PETERSEN			
Name	Age Team	Seed	Finals Points
=====			
1 Hug, Laurie	51 COLONIALS 1776	18:33.81	18:37.93Z 9
31.10	1:04.56 (33.46)	1:38.60 (34.04)	2:12.39 (33.79)
2:45.72 (33.33)	3:19.18 (33.46)	3:53.05 (33.87)	4:26.95 (33.90)
5:00.73 (33.78)	5:34.39 (33.66)	6:08.57 (34.18)	6:42.92 (34.35)
7:17.15 (34.23)	7:51.68 (34.53)	8:25.52 (33.84)	8:59.42 (33.90)
9:33.40 (33.98)	10:07.39 (33.99)	10:40.98 (33.59)	11:14.62 (33.64)
11:49.28 (34.66)	12:23.68 (34.40)	12:57.68 (34.00)	13:31.86 (34.18)
14:05.91 (34.05)	14:40.18 (34.27)	15:14.13 (33.95)	15:48.39 (34.26)
16:22.82 (34.43)	16:56.82 (34.00)	17:30.65 (33.83)	18:04.78 (34.13)
18:37.93 (33.15)			
2 Saucy, Stephanie	53 COLONIALS 1776	20:38.20	20:42.91 7
34.47	1:11.44 (36.97)	1:49.12 (37.68)	2:26.60 (37.48)
3:04.09 (37.49)	3:41.83 (37.74)	4:19.52 (37.69)	4:57.09 (37.57)
5:34.70 (37.61)	6:12.60 (37.90)	6:50.11 (37.51)	7:27.41 (37.30)
8:04.69 (37.28)	8:42.13 (37.44)	9:20.04 (37.91)	9:57.44 (37.40)
10:35.56 (38.12)	11:13.31 (37.75)	11:51.07 (37.76)	12:29.18 (38.11)
13:06.68 (37.50)	13:44.27 (37.59)	14:22.24 (37.97)	14:59.94 (37.70)
15:38.51 (38.57)	16:16.53 (38.02)	16:54.83 (38.30)	17:32.92 (38.09)
18:11.65 (38.73)	18:50.44 (38.79)	19:28.27 (37.83)	20:06.25 (37.98)
20:42.91 (36.66)			
3 Hutchings, Cynthia	54 LANE 4 SWIMMING	23:23.23	23:02.06 6
34.87	1:15.58 (40.71)	1:57.02 (41.44)	2:39.78 (42.76)
3:22.17 (42.39)	4:04.58 (42.41)	4:47.92 (43.34)	5:30.49 (42.57)
6:13.36 (42.87)	6:56.15 (42.79)	7:38.41 (42.26)	8:20.71 (42.30)
9:02.98 (42.27)	9:45.28 (42.30)	10:27.95 (42.67)	11:10.39 (42.44)
11:52.60 (42.21)	12:34.82 (42.22)	13:17.31 (42.49)	14:00.04 (42.73)
14:42.00 (41.96)	15:24.21 (42.21)	16:06.38 (42.17)	16:48.72 (42.34)
17:30.93 (42.21)	18:13.46 (42.53)	18:54.67 (41.21)	19:36.50 (41.83)
20:18.75 (42.25)	21:00.63 (41.88)	21:41.95 (41.32)	22:23.30 (41.35)
23:02.06 (38.76)			
4 Moyer, Michelle	54 RESTON MASTERS S	24:30.00	23:18.66 5
38.04	1:20.58 (42.54)	2:03.29 (42.71)	2:46.24 (42.95)
3:28.88 (42.64)	4:11.53 (42.65)	4:54.07 (42.54)	5:36.60 (42.53)
6:19.03 (42.43)	7:01.38 (42.35)	7:43.54 (42.16)	8:25.82 (42.28)
9:07.73 (41.91)	9:49.93 (42.20)	10:32.17 (42.24)	11:15.09 (42.92)
11:57.08 (41.99)	12:40.28 (43.20)	13:23.08 (42.80)	14:05.65 (42.57)
14:48.11 (42.46)	15:30.41 (42.30)	16:12.53 (42.12)	16:54.95 (42.42)

17:37.13 (42.18)	18:19.52 (42.39)	19:02.80 (43.28)	19:45.96 (43.16)
20:29.06 (43.10)	21:11.68 (42.62)	21:54.49 (42.81)	22:37.23 (42.74)
23:18.66 (41.43)			
5 Brown, Ann	54 MERRITT MARLINS	25:15.00	23:38.35 4
38.34	1:20.75 (42.41)	2:04.86 (44.11)	2:48.05 (43.19)
3:31.87 (43.82)	4:15.01 (43.14)	4:57.87 (42.86)	5:40.60 (42.73)
6:23.66 (43.06)	7:06.26 (42.60)	7:49.50 (43.24)	8:33.07 (43.57)
9:16.16 (43.09)	9:59.45 (43.29)	10:42.41 (42.96)	11:25.32 (42.91)
12:08.91 (43.59)	12:52.34 (43.43)	13:36.16 (43.82)	14:18.64 (42.48)
15:02.34 (43.70)	15:45.61 (43.27)	16:28.47 (42.86)	17:12.10 (43.63)
17:55.58 (43.48)	18:39.14 (43.56)	19:22.96 (43.82)	20:06.06 (43.10)
20:49.46 (43.40)	21:32.49 (43.03)	22:14.88 (42.39)	22:57.49 (42.61)
23:38.35 (40.86)			
6 Swavely, Jill	50 COLONIALS 1776	25:58.00	24:37.45 3
38.55	1:22.31 (43.76)	2:07.62 (45.31)	2:51.72 (44.10)
3:37.08 (45.36)	4:21.94 (44.86)	5:07.62 (45.68)	5:52.80 (45.18)
6:38.75 (45.95)	7:23.77 (45.02)	8:08.80 (45.03)	8:53.01 (44.21)
9:37.36 (44.35)	10:22.32 (44.96)	11:07.11 (44.79)	11:52.48 (45.37)
12:37.19 (44.71)	13:22.72 (45.53)	14:07.38 (44.66)	14:51.62 (44.24)
15:37.02 (45.40)	16:21.87 (44.85)	17:07.59 (45.72)	17:52.09 (44.50)
18:37.90 (45.81)	19:22.02 (44.12)	20:06.14 (44.12)	20:51.36 (45.22)
21:37.84 (46.48)	22:24.23 (46.39)	23:10.29 (46.06)	23:56.33 (46.04)
24:37.45 (41.12)			
7 DiPietro, Nancy	50 SPORTFIT LAB	28:30.00	28:10.31 2
44.87	1:33.58 (48.71)	2:24.15 (50.57)	3:16.81 (52.66)
4:08.26 (51.45)	5:00.90 (52.64)	5:51.91 (51.01)	6:42.36 (50.45)
	7:33.31 ( )	8:25.16 (51.85)	9:15.98 (50.82)
10:06.88 (50.90)	10:59.79 (52.91)	11:50.75 (50.96)	12:42.15 (51.40)
13:34.66 (52.51)	14:24.97 (50.31)	15:16.26 (51.29)	16:07.89 (51.63)
16:59.62 (51.73)	17:51.82 (52.20)	18:43.35 (51.53)	19:34.64 (51.29)
20:26.01 (51.37)	21:19.96 (53.95)	22:12.15 (52.19)	23:03.39 (51.24)
23:56.31 (52.92)	24:47.44 (51.13)	25:39.06 (51.62)	26:30.08 (51.02)
28:10.31 (1:40.23)			
8 Sumption, Donna	53 LANE 4 SWIMMING	34:00.00	34:17.85 1
55.82	1:57.38 (1:01.56)	2:58.85 (1:01.47)	4:00.29 (1:01.44)
5:01.52 (1:01.23)	6:03.63 (1:02.11)	7:05.39 (1:01.76)	8:08.37 (1:02.98)
9:12.49 (1:04.12)	10:15.22 (1:02.73)	11:17.50 (1:02.28)	12:21.20 (1:03.70)
13:23.76 (1:02.56)	14:28.19 (1:04.43)	15:29.97 (1:01.78)	16:32.72 (1:02.75)
17:36.11 (1:03.39)	18:38.81 (1:02.70)	19:43.32 (1:04.51)	20:45.55 (1:02.23)
21:48.48 (1:02.93)	22:50.76 (1:02.28)	23:53.73 (1:02.97)	24:56.26 (1:02.53)
25:59.89 (1:03.63)	27:03.48 (1:03.59)	28:05.85 (1:02.37)	29:07.97 (1:02.12)
30:12.25 (1:04.28)	31:14.44 (1:02.19)	32:16.16 (1:01.72)	33:17.41 (1:01.25)
34:17.85 (1:00.44)			
-- Christopher, Jody	51 LANE 4 SWIMMING	45:30.00	DQ
Did not finish			
1:02.44	2:09.68 (1:07.24)	3:19.49 (1:09.81)	4:28.91 (1:09.42)
5:38.31 (1:09.40)	6:50.21 (1:11.90)	8:04.43 (1:14.22)	9:12.30 (1:07.87)
10:21.41 (1:09.11)	11:29.47 (1:08.06)	12:35.99 (1:06.52)	13:43.45 (1:07.46)
14:52.41 (1:08.96)	15:59.80 (1:07.39)	17:07.90 (1:08.10)	18:14.98 (1:07.08)
19:23.06 (1:08.08)	20:31.92 (1:08.86)	21:41.70 (1:09.78)	22:51.24 (1:09.54)
24:00.76 (1:09.52)	25:07.58 (1:06.82)	26:13.96 (1:06.38)	27:21.17 (1:07.21)
28:28.06 (1:06.89)	29:02.52 (34.46)		31:50.53 ( )
32:57.53 (1:07.00)	34:02.01 (1:04.48)	35:07.88 (1:05.87)	DQ (1:21.49)

**Women 50-54 50 Yard Backstroke**

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ZONE: Z 27.27 4/21/2013 Leslie Livingston, GMUP

NATL: ! 27.04 5/10/2013 LESLIE LIVINGSTON

Name	Age	Team	Seed	Finals	Points
1 Williams, Susan	51	LANE 4 SWIMMING	28.13	28.40	9
2 Saucy, Stephanie	53	COLONIALS 1776	32.48	31.92	7
3 Uppstrom, Noreen	52	COLONIALS 1776	54.37	33.58	6
4 Restrepo, Marie	54	UC12	44.00	36.34	5
5 Emanuel, Florence	54	RIPTIDE MASTERS	46.00	39.45	4

#### Women 50-54 100 Yard Backstroke

ZONE: Z 1:02.11 4/20/2013 Leslie Livingston, GMUP

NATL: ! 59.19 3/18/2016 FALL WILLEBOORDSE

Name	Age	Team	Seed	Finals	Points
1 Saucy, Stephanie	53	COLONIALS 1776	1:08.89	1:08.66	9
	33.83	1:08.66 (34.83)			
2 Buchholz, Nancy	50	LANE 4 SWIMMING	1:14.27	1:11.19	7
	35.13	1:11.19 (36.06)			
3 Uppstrom, Noreen	52	COLONIALS 1776	1:33.63	1:15.91	6
	36.15	1:15.91 (39.76)			
4 Jaeger, Debbie	54	VIRGINIA MASTERS	1:19.20	1:21.56	5
	39.46	1:21.56 (42.10)			
-- Wetzl, Denise	51	UC12	1:45.00	DQ	
		Delay initiating arm pull at turn			
	45.35	DQ (48.85)			

#### Women 50-54 200 Yard Backstroke

ZONE: Z 2:21.72 4/21/2013 Vibeke Swanson, Colonials 1776

NATL: ! 2:07.51 11/22/2014 ELLEN REYNOLDS

Name	Age	Team	Seed	Finals	Points
1 Hug, Laurie	51	COLONIALS 1776	2:28.22	2:23.68	9
	34.44	1:10.26 (35.82)	1:47.09 (36.83)	2:23.68 (36.59)	
2 Saucy, Stephanie	53	COLONIALS 1776	2:28.79	2:27.74	7
	34.07	1:11.16 (37.09)	1:49.01 (37.85)	2:27.74 (38.73)	

#### Women 50-54 50 Yard Breaststroke

ZONE: Z 34.06 4/11/2015 Leslie Livingston, Rockwall Aquatic

NATL: ! 32.37 5/21/2010 BRIGITTE HEUER

Name	Age	Team	Seed	Finals	Points
1 Groves, Lisa	52	RESTON MASTERS S	34.84	35.88	9
2 Di Pippa, Tammy	50	RIPTIDE MASTERS	37.89	37.92	7
3 Uppstrom, Noreen	52	COLONIALS 1776	55.27	39.50	6
4 Dawson, Mandy	54	RESTON MASTERS S	40.45	40.44	5
5 Thompson, Kim	53	PATRIOT MASTERS	45.00	43.61	4
6 Mallon, Barbara	50	GERMANTOWN MARYL	45.75	44.93	3
7 Wetzl, Denise	51	UC12	47.96	46.13	2
8 Cameron, Terri	52	FREEDOM AQUATIC	52.00	50.60	1

#### Women 50-54 100 Yard Breaststroke

ZONE: Z 1:09.87 4/10/2016 Fall Willeboordse, Bearcat Masters

NATL: ! 1:09.21 2/18/2012 CAROLINE KRATTLI

Name	Age	Team	Seed	Finals	Points
1 Groves, Lisa	36.33	52 RESTON MASTERS S	1:16.40	1:17.66	9
		1:17.66 (41.33)			
2 Dawson, Mandy	42.59	54 RESTON MASTERS S	1:35.20	1:31.11	7
		1:31.11 (48.52)			
3 Thompson, Kim	44.14	53 PATRIOT MASTERS	1:30.00	1:33.14	6
		1:33.14 (49.00)			
4 Mallon, Barbara	47.36	50 GERMANTOWN MARYL	1:41.11	1:42.14	5
		1:42.14 (54.78)			

#### Women 50-54 200 Yard Breaststroke

Name	Age	Team	Seed	Finals	Points
ZONE: Z 2:44.31 4/9/2016 Laurie Hug, Colonials 1776					
NATL: ! 2:29.92 2/20/2012 CAROLINE KRATTLI					
1 Hug, Laurie	38.31	51 COLONIALS 1776	2:48.42	2:43.75Z	9
		1:20.12 (41.81)	2:01.96 (41.84)	2:43.75 (41.79)	
2 Groves, Lisa	38.12	52 RESTON MASTERS S	2:48.28	2:51.85	7
		1:21.24 (43.12)	2:06.18 (44.94)	2:51.85 (45.67)	
3 Mallon, Barbara	49.66	50 GERMANTOWN MARYL	3:40.00	3:39.91	6
		1:46.23 (56.57)	2:43.66 (57.43)	3:39.91 (56.25)	

#### Women 50-54 50 Yard Butterfly

Name	Age	Team	Seed	Finals	Points
ZONE: Z 25.90 4/20/2013 Leslie Livingston, Patriot Masters					
NATL: ! 25.70 5/11/2013 LESLIE LIVINGSTON					
1 Williams, Susan		51 LANE 4 SWIMMING	26.70	26.39	9
2 Uppstrom, Noreen		52 COLONIALS 1776	52.79	34.06	7
3 Dawson, Mandy		54 RESTON MASTERS S	38.20	34.44	6
4 Wetzell, Denise		51 UC12	44.54	41.76	5

#### Women 50-54 100 Yard Butterfly Time Trial

Name	Age	Team	Seed	Finals
ZONE: Z 1:08.25 4/13/2008 Katherine Branch, NEM-NE				
NATL: ! 1:00.17 5/12/2013 JILL HERNANDEZ				
<b>- Time Trial</b>				
1 Hug, Laurie		51 COLONIALS 1776	NT	1:06.93Z

#### Women 50-54 200 Yard Butterfly

Name	Age	Team	Seed	Finals	Points
ZONE: Z 2:23.14 4/9/2016 Laurie Hug, Colonials 1776					
NATL: ! 2:15.18 5/17/2002 LAURA VAL					
1 Hug, Laurie	31.75	51 COLONIALS 1776	2:24.22	2:20.77Z	9
		1:07.03 (35.28)	1:43.86 (36.83)	2:20.77 (36.91)	

#### Women 50-54 100 Yard IM

ZONE: Z 1:01.41 4/10/2016 Fall Willeboordse, Bearcat Masters					
NATL: ! 1:01.28 4/29/2016 FALL WILLEBOORDSE					

Name	Age	Team	Seed	Finals	Points
1 Williams, Susan	51	LANE 4 SWIMMING	1:03.68	1:03.15	9
	28.60	1:03.15 (34.55)			
2 Groves, Lisa	52	RESTON MASTERS S	1:10.44	1:11.52	7
	33.14	1:11.52 (38.38)			
3 Uppstrom, Noreen	52	COLONIALS 1776	1:43.49	1:13.91	6
	35.30	1:13.91 (38.61)			
4 Restrepo, Marie	54	UC12	1:20.23	1:17.37	5
	35.48	1:17.37 (41.89)			
5 Moyer, Michelle	54	RESTON MASTERS S	1:29.34	1:28.49	4
	41.46	1:28.49 (47.03)			
6 Dewing, Maria	53	RIPTIDE MASTERS	1:28.28	1:29.36	3
	43.16	1:29.36 (46.20)			
7 Mallon, Barbara	50	GERMANTOWN MARYL	1:32.14	1:33.14	2
	44.86	1:33.14 (48.28)			

### Women 50-54 200 Yard IM

Name	Age	Team	Seed	Finals	Points
ZONE: Z 2:15.51 4/9/2016 Fall Willeboordse, Bearcat Masters					
NATL: ! 2:13.16 5/10/2015 ELLEN REYNOLDS					
1 Hug, Laurie	51	COLONIALS 1776	2:28.22	2:24.63	9
	31.59	1:10.04 (38.45)	1:52.35 (42.31)	2:24.63 (32.28)	
2 Saucy, Stephanie	53	COLONIALS 1776	2:33.80	2:35.79	7
	33.30	1:11.81 (38.51)	1:59.02 (47.21)	2:35.79 (36.77)	

### Women 50-54 400 Yard IM

Name	Age	Team	Seed	Finals	Points
ZONE: Z 5:04.65 4/10/2016 Laurie Hug, Colonials 1776					
NATL: ! 4:43.11 4/9/2016 ELLEN REYNOLDS					
1 Hug, Laurie	51	COLONIALS 1776	5:05.05	4:59.57Z	9
	31.45	1:06.93 (35.48)	1:46.54 (39.61)	2:24.85 (38.31)	
	3:07.92 (43.07)	3:51.35 (43.43)	4:26.32 (34.97)	4:59.57 (33.25)	

### Women 55-59 50 Yard Freestyle

Name	Age	Team	Seed	Finals	Points
ZONE: Z 27.03 5/8/1990 Jane Bruner					
NATL: ! 25.29 5/10/2009 LAURA VAL					
1 Toner, Karlin	55	PATRIOT MASTERS	29.46	30.55	9
2 Miller, Patricia	56	VIRGINIA MASTERS	30.98	30.92	7
3 Adams, Blanca	59	WARRENTON FAUQUI	35.00	35.37	6
4 Frost, Holly	57	LANE 4 SWIMMING	39.38	38.46	5
5 Mothershead, Martha	58	LANE 4 SWIMMING	1:05.00	40.93	4
6 Li, Eileen	56	RESTON MASTERS S	1:00.00	42.59	3

### Women 55-59 50 Yard Freestyle Time Trial

Name	Age	Team	Seed	Finals
ZONE: Z 27.03 5/8/1990 Jane Bruner				
NATL: ! 25.29 5/10/2009 LAURA VAL				



**- Time Trial**

3 Brightwell, Kim 57 RESTON MASTERS S NT 28.71

**Women 55-59 100 Yard Freestyle**

ZONE: Z 1:02.38 5/8/1990 Jane Bruner

NATL: ! 54.72 5/4/2008 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Swanson, Vibeke	55	COLONIALS 1776	1:03.55	1:02.32Z	9
	30.31	1:02.32 (32.01)			
2 Cook, Jenny	59	UC06	1:02.23	1:03.86	7
	30.72	1:03.86 (33.14)			
3 Toner, Karlin	55	PATRIOT MASTERS	1:08.10	1:08.86	6
	32.74	1:08.86 (36.12)			

**Women 55-59 100 Yard Freestyle Time Trial**

ZONE: Z 1:02.38 5/8/1990 Jane Bruner

NATL: ! 54.72 5/4/2008 LAURA VAL

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
1 Brightwell, Kim	57	RESTON MASTERS S	NT	1:03.44

**Women 55-59 200 Yard Freestyle Time Trial**

ZONE: Z 2:24.68 4/4/2004 Marcia Barry

NATL: ! 1:59.02 5/10/2009 LAURA VAL

Name	Age	Team	Seed	Finals
3 Brightwell, Kim	57	RESTON MASTERS S	NT	2:24.76

**Women 55-59 200 Yard Freestyle**

ZONE: Z 2:19.58 4/10/2016 Kim Brightwell, Reston Masters S

NATL: ! 1:59.02 5/10/2009 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Landers, Denise	55	WARRENTON FAUQUI	2:30.00	2:24.32	9
	32.95	1:08.19 (35.24) 1:45.66 (37.47)		2:24.32 (38.66)	
2 Miller, Patricia	56	VIRGINIA MASTERS	2:29.76	2:29.91	7
	35.49	1:13.63 (38.14) 1:52.20 (38.57)		2:29.91 (37.71)	
3 Corbett, Alice	58	WARRENTON FAUQUI	3:04.00	2:57.26	6
	39.27	1:23.93 (44.66) 2:10.44 (46.51)		2:57.26 (46.82)	

**Women 55-59 500 Yard Freestyle Time Trial**

ZONE: Z 6:25.12 4/4/2004 Marcia Barry

NATL: ! 5:27.33 1/25/2009 LAURA VAL

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
1 Swanson, Vibeke	55	COLONIALS 1776	NT	6:05.64Z

**Women 55-59 1000 Yard Freestyle**

ZONE: Z 11:49.98 4/17/2011 Shirley Loftus-Charley, VMST

NATL: ! 11:19.85 2/5/2017 K PARKER PALACE

Name	Age	Team	Seed	Finals	Points		
1 Swanson, Vibeke	55	COLONIALS 1776	13:01.03	12:13.31	9		
32.89	1:09.06	(36.17)	1:46.17	(37.11)	2:23.43	(37.26)	
3:00.79	(37.36)	3:37.96	(37.17)	4:15.00	(37.04)	4:52.35	(37.35)
5:29.27	(36.92)	6:05.64	(36.37)	6:42.89	(37.25)	7:20.03	(37.14)
7:57.34	(37.31)	8:34.27	(36.93)	9:11.25	(36.98)	9:48.09	(36.84)
10:24.94	(36.85)	11:01.89	(36.95)	11:38.43	(36.54)	12:13.31	(34.88)
2 Landers, Denise	55	WARRENTON FAUQUI	13:00.00	12:41.05	7		
33.52	1:09.42	(35.90)	1:46.81	(37.39)	2:24.41	(37.60)	
3:02.51	(38.10)	3:41.18	(38.67)	4:20.19	(39.01)	4:59.23	(39.04)
5:38.12	(38.89)	6:16.75	(38.63)	6:55.61	(38.86)	7:33.95	(38.34)
8:12.78	(38.83)	8:51.74	(38.96)	9:30.64	(38.90)	10:09.41	(38.77)
10:47.92	(38.51)	11:26.10	(38.18)	12:04.29	(38.19)	12:41.05	(36.76)
3 Burke, Barbara	55	COLONIALS 1776	13:16.03	13:09.33	6		
34.39	1:11.47	(37.08)	1:50.07	(38.60)	2:29.74	(39.67)	
3:09.05	(39.31)	3:49.23	(40.18)	4:29.93	(40.70)	5:09.95	(40.02)
5:49.85	(39.90)	6:29.93	(40.08)	7:10.52	(40.59)	7:50.82	(40.30)
8:31.31	(40.49)	9:11.46	(40.15)	9:52.27	(40.81)	10:32.60	(40.33)
11:12.76	(40.16)	11:52.72	(39.96)	12:31.64	(38.92)	13:09.33	(37.69)
4 Travers, Allison	58	MARYLAND MASTERS	15:00.00	16:35.42	5		
42.29	1:30.44	(48.15)	2:19.92	(49.48)	3:09.37	(49.45)	
3:59.12	(49.75)	4:48.79	(49.67)	5:38.61	(49.82)	6:28.83	(50.22)
7:18.60	(49.77)	8:10.33	(51.73)	9:01.45	(51.12)	9:52.33	(50.88)
10:42.71	(50.38)	11:33.36	(50.65)	12:23.41	(50.05)	13:14.05	(50.64)
14:04.65	(50.60)	14:55.40	(50.75)	15:46.19	(50.79)	16:35.42	(49.23)
5 Menes, Rebecca	56	DISTRICT OF COLU	17:27.61	18:17.25	4		
47.30	1:40.97	(53.67)	2:35.79	(54.82)	3:30.67	(54.88)	
4:25.63	(54.96)	5:20.72	(55.09)	6:17.38	(56.66)	7:14.71	(57.33)
8:11.68	(56.97)	9:08.90	(57.22)	10:05.21	(56.31)	11:00.76	(55.55)
11:56.77	(56.01)	12:52.69	(55.92)	13:48.18	(55.49)	14:45.02	(56.84)
15:40.03	(55.01)	16:35.35	(55.32)	17:28.51	(53.16)	18:17.25	(48.74)
6 Smith, Tamara	58	LANE 4 SWIMMING	21:10.00	20:43.39	3		
56.02	1:54.23	(58.21)	2:54.75	(1:00.52)	3:56.25	(1:01.50)	
4:58.57	(1:02.32)	6:00.36	(1:01.79)	7:04.10	(1:03.74)	8:06.95	(1:02.85)
9:10.11	(1:03.16)	10:13.57	(1:03.46)	11:17.38	(1:03.81)	12:21.18	(1:03.80)
13:24.62	(1:03.44)	14:28.00	(1:03.38)	15:31.03	(1:03.03)	16:33.91	(1:02.88)
17:37.51	(1:03.60)	18:40.74	(1:03.23)	19:42.80	(1:02.06)	20:43.39	(1:00.59)

### Women 55-59 1650 Yard Freestyle

ZONE: Z 21:12.59 4/10/2015 Cynthia Hajost, Reston Masters S

NATL: ! 18:56.04 4/16/2010 LAURA VAL

Name	Age	Team	Seed	Finals	Points		
1 Flynn, Merri	57	RESTON MASTERS S	29:00.00	27:27.19	9		
44.85	1:32.25	(47.40)	2:21.56	(49.31)	3:11.17	(49.61)	
4:00.94	(49.77)	4:50.28	(49.34)	5:40.58	(50.30)	6:30.70	(50.12)
7:21.00	(50.30)	8:11.45	(50.45)	9:02.27	(50.82)	9:52.81	(50.54)
10:43.70	(50.89)	11:33.81	(50.11)	12:25.17	(51.36)	13:16.06	(50.89)
14:06.79	(50.73)	14:57.66	(50.87)	15:48.15	(50.49)	16:39.03	(50.88)
17:29.95	(50.92)	18:20.86	(50.91)	19:11.68	(50.82)	20:02.57	(50.89)
20:53.37	(50.80)	21:43.65	(50.28)	22:33.28	(49.63)	23:23.03	(49.75)
24:12.56	(49.53)	25:02.53	(49.97)	25:52.28	(49.75)	26:41.16	(48.88)
27:27.19	(46.03)						

**Women 55-59 50 Yard Backstroke**

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ZONE: Z 31.03 4/10/2016 Kim Brightwell, Reston Masters S

NATL: ! 28.14 10/30/2016 LESLIE LIVINGSTON

Name	Age	Team	Seed	Finals	Points
1 Brightwell, Kim	57	RESTON MASTERS S	31.27	31.44	9
2 Swanson, Vibeke	55	COLONIALS 1776	32.97	32.17	7
3 Li, Eileen	56	RESTON MASTERS S	1:15.00	55.75	6

**Women 55-59 100 Yard Backstroke Time Trial**

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ZONE: Z 1:14.98 4/15/2007 Denise Kirwan

NATL: ! 1:04.65 5/23/2010 LAURA VAL

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
1 Swanson, Vibeke	55	COLONIALS 1776	NT	1:08.59Z
	33.63	1:08.59 (34.96)		

**Women 55-59 100 Yard Backstroke**

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ZONE: Z 1:08.72 4/11/2015 Kim Brightwell, Reston Masters S

NATL: ! 1:04.65 5/23/2010 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Swanson, Vibeke	55	COLONIALS 1776	1:08.28	1:08.77	9
	33.79	1:08.77 (34.98)			
2 Brightwell, Kim	57	RESTON MASTERS S	1:08.67	1:09.04	7
	34.44	1:09.04 (34.60)			

**Women 55-59 200 Yard Backstroke**

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ZONE: Z 2:30.95 4/12/2015 Kim Brightwell, Reston Masters S

NATL: ! 2:19.94 5/2/2014 BONNIE BILICH

Name	Age	Team	Seed	Finals	Points
1 Swanson, Vibeke	55	COLONIALS 1776	2:25.95	2:29.03Z	9
	34.75	1:11.79 (37.04) 1:50.57 (38.78)		2:29.03 (38.46)	
2 Landers, Denise	55	WARRENTON FAUQUI	3:20.00	3:06.97	7
	44.76	1:32.27 (47.51) 2:19.79 (47.52)		3:06.97 (47.18)	
3 Corbett, Alice	58	WARRENTON FAUQUI	3:19.76	3:19.42	6
	46.54	1:36.26 (49.72) 2:28.52 (52.26)		3:19.42 (50.90)	

**Women 55-59 50 Yard Breaststroke**

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ZONE: Z 35.79 4/11/2015 Kim Brightwell, Reston Masters S

NATL: ! 33.76 5/14/2011 LISA BENNETT

Name	Age	Team	Seed	Finals	Points
1 Brightwell, Kim	57	RESTON MASTERS S	35.79	36.73	9
2 Toner, Karlin	55	PATRIOT MASTERS	37.44	37.66	7
3 Flynn, Merri	57	RESTON MASTERS S	45.00	42.39	6
4 Frost, Holly	57	LANE 4 SWIMMING	51.00	50.35	5

**Women 55-59 100 Yard Breaststroke**

ZONE: Z 1:19.22 4/12/1992 Jane Bruner  
 NATL: ! 1:13.76 4/25/2015 CHRIS WENZEL

Name	Age	Team	Seed	Finals	Points
1 Cook, Jenny	59	UC06	1:17.01	1:19.05Z	9
	37.34	1:19.05 (41.71)			
2 Miller, Patricia	56	VIRGINIA MASTERS	1:19.78	1:22.05	7
	39.87	1:22.05 (42.18)			
3 Miller, Caroline	55	LANE 4 SWIMMING	1:26.00	1:22.13	6
	39.03	1:22.13 (43.10)			
4 Toner, Karlin	55	PATRIOT MASTERS	1:25.63	1:23.84	5
	38.74	1:23.84 (45.10)			
5 Landers, Denise	55	WARRENTON FAUQUI	1:40.00	1:32.14	4
	45.18	1:32.14 (46.96)			
6 Visos, Rebecca	58	PATRIOT MASTERS	1:45.00	1:33.72	3
	44.67	1:33.72 (49.05)			
7 Adams, Blanca	59	WARRENTON FAUQUI	1:40.00	1:39.48	2
	46.85	1:39.48 (52.63)			

**Women 55-59 200 Yard Breaststroke**

ZONE: Z 2:53.73 4/17/2011 Janet Bright, 1776  
 NATL: ! 2:40.19 5/10/2009 CATHERINE KOHN

Name	Age	Team	Seed	Finals	Points
1 Swanson, Vibeke	55	COLONIALS 1776	2:53.39	2:51.46Z	9
	40.15	1:23.70 (43.55)	2:07.52 (43.82)	2:51.46 (43.94)	
2 Cook, Jenny	59	UC06	2:50.21	2:56.18	7
	38.71	1:23.41 (44.70)	2:09.92 (46.51)	2:56.18 (46.26)	
3 Snow, Karen	57	MERRITT MARLINS	3:11.70	3:13.54	6
	43.26	1:31.44 (48.18)	2:22.34 (50.90)	3:13.54 (51.20)	

**Women 55-59 50 Yard Butterfly**

ZONE: Z 31.34 4/11/2015 Kim Brightwell, Reston Masters S  
 NATL: ! 27.04 10/30/2016 LESLIE LIVINGSTON

Name	Age	Team	Seed	Finals	Points
1 Brightwell, Kim	57	RESTON MASTERS S	31.87	30.74Z	9
2 Burke, Barbara	55	COLONIALS 1776	34.35	31.84	7
3 Snow, Karen	57	MERRITT MARLINS	38.00	36.00	6
4 Visos, Rebecca	58	PATRIOT MASTERS	40.00	37.92	5
5 Flynn, Merri	57	RESTON MASTERS S	44.00	42.78	4
6 Frost, Holly	57	LANE 4 SWIMMING	48.00	46.67	3

**Women 55-59 100 Yard Butterfly**

ZONE: Z 1:09.68 4/21/2013 Jeanne Lappin, Germantown Maryl  
 NATL: ! 1:01.31 5/10/2009 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Cook, Jenny	59	UC06	1:12.19	1:14.62	9
	35.98	1:14.62 (38.64)			
2 Snow, Karen	57	MERRITT MARLINS	1:23.50	1:20.71	7
	38.09	1:20.71 (42.62)			

**Women 55-59 200 Yard Butterfly**

ZONE: Z 2:38.25 4/20/2013 Jeanne Lappin, Germantown Maryl  
 NATL: ! 2:16.28 5/10/2009 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Burke, Barbara	55	COLONIALS 1776	2:59.47	2:54.89	9
	37.76	1:21.20 (43.44)	2:54.89 (1:33.69)		

**Women 55-59 100 Yard IM**

ZONE: Z 1:09.37 4/10/2016 Kim Brightwell, Reston Masters S  
 NATL: ! 1:05.21 5/20/2007 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Swanson, Vibeke	55	COLONIALS 1776	1:11.56	1:10.86	9
	33.25	1:10.86 (37.61)			
2 Brightwell, Kim	57	RESTON MASTERS S	1:10.53	1:10.97	7
	32.81	1:10.97 (38.16)			
3 Miller, Caroline	55	LANE 4 SWIMMING	1:12.50	1:11.14	6
	31.68	1:11.14 (39.46)			
4 Cook, Jenny	59	UC06	1:10.00	1:11.46	5
	33.68	1:11.46 (37.78)			
5 Burke, Barbara	55	COLONIALS 1776	1:13.85	1:13.63	4
	35.65	1:13.63 (37.98)			
6 Snow, Karen	57	MERRITT MARLINS	1:17.20	1:16.44	3
	36.18	1:16.44 (40.26)			
7 Visos, Rebecca	58	PATRIOT MASTERS	1:25.00	1:22.00	2
	39.47	1:22.00 (42.53)			
8 Flynn, Merri	57	RESTON MASTERS S	1:40.00	1:35.69	1
	47.28	1:35.69 (48.41)			
9 Frost, Holly	57	LANE 4 SWIMMING	1:40.44	1:38.94	
	46.25	1:38.94 (52.69)			

**Women 55-59 200 Yard IM**

ZONE: Z 2:35.70 4/24/2010 Shirley Loftus-Charley, Virginia Masters  
 NATL: ! 2:21.91 5/22/2010 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Swanson, Vibeke	55	COLONIALS 1776	2:32.58	2:31.35Z	9
	35.83	1:12.08 (36.25)	1:57.60 (45.52)	2:31.35 (33.75)	
2 Cook, Jenny	59	UC06	2:30.46	2:40.20	7
	34.57	1:13.62 (39.05)	2:00.20 (46.58)	2:40.20 (40.00)	
3 Burke, Barbara	55	COLONIALS 1776	2:44.98	2:42.08	6
	34.87	1:17.91 (43.04)	2:04.86 (46.95)	2:42.08 (37.22)	
4 Snow, Karen	57	MERRITT MARLINS	2:58.90	2:55.59	5
	39.06	1:25.50 (46.44)	2:14.79 (49.29)	2:55.59 (40.80)	
5 Visos, Rebecca	58	PATRIOT MASTERS	3:00.00	3:02.24	4
	40.47	1:27.34 (46.87)	2:19.30 (51.96)	3:02.24 (42.94)	

**Women 55-59 400 Yard IM**

ZONE: Z 5:29.09 4/25/2010 Shirley Loftus-Charley, Virginia Masters  
 NATL: ! 5:03.92 5/7/2010 LAURA VAL

Name	Age	Team	Seed	Finals	Points
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1	Burke, Barbara	55	COLONIALS 1776	5:48.71	5:44.50	9
	37.12	1:20.51 (43.39)		2:07.36 (46.85)	2:54.79 (47.43)	
	3:41.92 (47.13)	4:30.27 (48.35)		5:08.45 (38.18)	5:44.50 (36.05)	
2	Snow, Karen	57	MERRITT MARLINS	6:19.50	6:19.47	7
	38.88	1:26.59 (47.71)		2:15.37 (48.78)	3:03.50 (48.13)	
	3:55.44 (51.94)	4:48.05 (52.61)		5:36.36 (48.31)	6:19.47 (43.11)	

### Women 60-64 50 Yard Freestyle

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ZONE: Z 28.09 4/12/2015 Melinda Wolff, Colonials 1776  
 NATL: ! 26.48 3/9/2014 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1	Watts, Sue	62 COLONIALS 1776	31.82	32.59	9
2	Figenshu, Susan	62 COLONIALS 1776	34.00	33.12	7
3	Antonioli, Bernadette	63 CHESTER RIVER AQ	40.41	40.42	6
4	Clark, Debra	62 FREEDOM AQUATIC	1:05.95	1:04.18	5

### Women 60-64 100 Yard Freestyle

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=====
```

ZONE: Z 1:03.63 4/11/2015 Nancy Steadman Martin, Garden State Mas  
 NATL: ! 56.45 4/29/2012 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1	Watts, Sue	62 COLONIALS 1776	1:09.04	1:10.53	9
	34.05	1:10.53 (36.48)			
2	Figenshu, Susan	62 COLONIALS 1776	1:15.00	1:12.80	7
	33.88	1:12.80 (38.92)			
3	White, Maureen	61 CHESTER RIVER AQ	1:18.00	1:20.57	6
	37.50	1:20.57 (43.07)			
4	Clark, Debra	62 FREEDOM AQUATIC	2:45.15	2:32.48	5
	1:10.33	2:32.48 (1:22.15)			

### Women 60-64 200 Yard Freestyle

```
=====
```

ZONE: Z 2:15.58 4/12/2015 Nancy Steadman Martin, Garden State Mas  
 NATL: ! 2:05.75 5/22/2016 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1	Pfinsgraff, Joan	63 MARYLAND MASTERS	2:25.00	2:18.21	9
	32.39	1:07.10 (34.71)	1:42.52 (35.42)	2:18.21 (35.69)	
2	Watts, Sue	62 COLONIALS 1776	2:32.63	2:38.58	7
	36.61	1:16.47 (39.86)	1:57.93 (41.46)	2:38.58 (40.65)	
3	White, Maureen	61 CHESTER RIVER AQ	3:00.00	3:03.92	6
	38.44	1:23.71 (45.27)	2:12.35 (48.64)	3:03.92 (51.57)	
4	Antonioli, Bernadette	63 CHESTER RIVER AQ	3:22.53	3:27.49	5
	45.56	1:37.44 (51.88)	2:33.26 (55.82)	3:27.49 (54.23)	

### Women 60-64 500 Yard Freestyle

```
=====
```

ZONE: Z 5:59.61 4/11/2015 Nancy Steadman Martin, Garden State Mas  
 NATL: ! 5:39.00 1/26/2014 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1	Antonioli, Bernadette	63 CHESTER RIVER AQ	8:50.80	8:59.67	9
	48.91	1:43.34 (54.43)	2:38.79 (55.45)	3:33.73 (54.94)	
	4:28.03 (54.30)	5:23.03 (55.00)	6:17.58 (54.55)	7:12.77 (55.19)	

8:07.88 (55.11) 8:59.67 (51.79)

**Women 60-64 1650 Yard Freestyle**

=====

ZONE: Z 20:30.03 4/10/2015 Nancy Steadman Martin, Garden State Mas  
 NATL: ! 19:43.99 3/30/2012 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Watts, Sue	62	COLONIALS 1776	24:40.00	24:25.90	9
	39.19	1:22.58 (43.39)	2:06.55 (43.97)	2:51.49 (44.94)	
	3:36.25 (44.76)	4:20.92 (44.67)	5:05.93 (45.01)	5:50.76 (44.83)	
	6:36.11 (45.35)	7:20.74 (44.63)	8:06.03 (45.29)	8:51.29 (45.26)	
	9:36.17 (44.88)	10:21.40 (45.23)	11:05.58 (44.18)	11:50.54 (44.96)	
	12:35.40 (44.86)	13:20.07 (44.67)	14:05.19 (45.12)	14:50.16 (44.97)	
	15:35.77 (45.61)	16:20.46 (44.69)	17:05.21 (44.75)	17:50.51 (45.30)	
	18:35.47 (44.96)	19:20.14 (44.67)	20:04.50 (44.36)	20:49.23 (44.73)	
	21:33.97 (44.74)	22:18.58 (44.61)	23:02.52 (43.94)	23:45.97 (43.45)	
	24:25.90 (39.93)				

**Women 60-64 50 Yard Backstroke**

=====

ZONE: Z 32.45 4/12/2015 Joan Pfinsgraff, Terrapin Masters  
 NATL: ! 29.58 4/26/2015 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Pfinsgraff, Joan	63	MARYLAND MASTERS	34.00	32.43Z	9
2 Watts, Sue	62	COLONIALS 1776	36.69	37.33	7
3 Figenshu, Susan	62	COLONIALS 1776	39.00	37.81	6
4 Clark, Debra	62	FREEDOM AQUATIC	1:15.30	1:18.19	5

**Women 60-64 100 Yard Backstroke Time Trial**

=====

ZONE: Z 1:20.41 3/22/1987 Clara Walker  
 NATL: ! 1:03.72 5/12/2013 LAURA VAL

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
1 Watts, Sue	62	COLONIALS 1776	NT	1:23.24

**Women 60-64 100 Yard Backstroke**

=====

ZONE: Z 1:10.39 4/11/2015 Joan Pfinsgraff, Terrapin Masters  
 NATL: ! 1:03.72 5/12/2013 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Pfinsgraff, Joan	63	MARYLAND MASTERS	1:15.00	1:10.43	9
	35.28	1:10.43 (35.15)			

**Women 60-64 200 Yard Backstroke**

=====

ZONE: Z 2:29.52 4/6/2014 Joan Pfinsgraff, Terrapin Masters  
 NATL: ! 2:21.44 5/11/2013 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Pfinsgraff, Joan	63	MARYLAND MASTERS	2:40.00	2:29.39Z	9
	35.04	1:12.24 (37.20)	1:50.90 (38.66)	2:29.39 (38.49)	
2 Lampe, Betty	61	SPRING VALLEY YM	3:38.00	3:40.83	7

50.68 1:47.54 (56.86) 2:45.45 (57.91) 3:40.83 (55.38)

**Women 60-64 50 Yard Breaststroke**

=====

ZONE: Z 36.77 4/20/2013 Melinda Wolff, Colonials 1776  
NATL: ! 35.09 5/10/2013 MELINDA WOLFF

Name	Age	Team	Seed	Finals	Points
1 White, Maureen	61	CHESTER RIVER AQ	43.00	44.67	9

=====

**Women 60-64 100 Yard Breaststroke**

=====

ZONE: Z 1:19.00 4/21/2013 Melinda Wolff, Colonials 1776  
NATL: ! 1:16.80 4/25/2015 LO KNAPP

Name	Age	Team	Seed	Finals	Points
1 White, Maureen	61	CHESTER RIVER AQ	1:35.00	1:35.06	9
	45.70	1:35.06 (49.36)			

=====

**Women 60-64 200 Yard Breaststroke**

=====

ZONE: Z 2:56.39 5/2/1999 Joann Leilich  
NATL: ! 2:44.73 4/26/2015 LO KNAPP

Name	Age	Team	Seed	Finals	Points
1 White, Maureen	61	CHESTER RIVER AQ	3:28.00	3:32.83	9
	48.95	1:42.97 (54.02) 3:32.83 (1:49.86)			
2 Lampe, Betty	61	SPRING VALLEY YM	3:38.00	3:43.96	7
	49.93	1:47.32 (57.39) 3:43.96 (1:56.64)			

=====

**Women 60-64 50 Yard Butterfly**

=====

ZONE: Z 32.07 4/11/2015 Melinda Wolff, Colonials 1776  
NATL: ! 29.14 5/11/2013 CHARLOTTE DAVIS

Name	Age	Team	Seed	Finals	Points
1 Figenshu, Susan	62	COLONIALS 1776	35.00	34.23	9
2 Antonioli, Bernadette	63	CHESTER RIVER AQ	52.58	50.71	7

=====

**Women 60-64 100 Yard Butterfly**

=====

ZONE: Z 1:16.83 4/10/2016 Shirley Loftus-Charley, Virginia Masters  
NATL: ! 1:04.27 4/27/2012 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Antonioli, Bernadette	63	CHESTER RIVER AQ	1:54.47	1:59.91	9
	55.60	1:59.91 (1:04.31)			

=====

**Women 60-64 200 Yard Butterfly**

=====

ZONE: Z 2:43.12 4/11/2015 Nancy Steadman Martin, Garden State Mas  
NATL: ! 2:24.30 5/10/2013 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Lampe, Betty	61	SPRING VALLEY YM	3:40.00	3:39.21	9
	43.70	1:37.28 (53.58) 2:37.11 (59.83)		3:39.21 (1:02.10)	
2 Antonioli, Bernadette	63	CHESTER RIVER AQ	4:15.30	4:20.87	7

=====



53.24 1:56.53 (1:03.29) 3:07.45 (1:10.92) 4:20.87 (1:13.42)

**Women 60-64 100 Yard IM**

=====

ZONE: Z 1:14.02 4/12/2015 Nancy Steadman Martin, Garden State Mas  
NATL: ! 1:07.08 5/17/2015 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Lampe, Betty	61	SPRING VALLEY YM	1:37.00	1:32.60	9
	45.06	1:32.60 (47.54)			
2 Clark, Debra	62	FREEDOM AQUATIC	3:10.75	3:35.95	7
	1:59.30	3:35.95 (1:36.65)			

**Women 60-64 200 Yard IM**

=====

ZONE: Z 2:36.65 4/14/2012 Shirley Loftus-Charley, Virginia Masters  
NATL: ! 2:25.40 3/4/2012 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Pfansgraff, Joan	63	MARYLAND MASTERS	2:47.00	2:42.61	9
	37.15	1:18.02 (40.87) 2:06.48 (48.46)		2:42.61 (36.13)	
2 Lampe, Betty	61	SPRING VALLEY YM	3:22.00	3:23.32	7
	43.69	1:42.49 (58.80) 2:38.60 (56.11)		3:23.32 (44.72)	
3 White, Maureen	61	CHESTER RIVER AQ	3:22.00	3:32.08	6
	48.67	1:45.34 (56.67) 2:43.15 (57.81)		3:32.08 (48.93)	

**Women 60-64 400 Yard IM**

=====

ZONE: Z 5:36.46 4/6/2014 Shirley Loftus-Charley, Virginia Masters  
NATL: ! 5:16.18 3/15/2014 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Lampe, Betty	61	SPRING VALLEY YM	7:06.00	7:07.94	9
	43.86	1:37.76 (53.90) 2:37.18 (59.42)		3:34.00 (56.82)	
	4:33.59 (59.59)	5:32.30 (58.71) 6:20.74 (48.44)		7:07.94 (47.20)	

**Women 65-69 50 Yard Freestyle**

=====

ZONE: Z 31.08 4/26/2009 Beth Schreiner, VMST  
NATL: ! 27.37 1/14/2017 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Loftus-Charley, Shirley	65	VIRGINIA MASTERS	32.00	31.14	9
2 Boslego, Barbara	65	VIRGINIA MASTERS	34.20	33.38	7
3 Andrews, Lynne	69	GERMANTOWN MARYL	38.11	38.91	6
4 Tartt, Judith	68	WARRENTON FAUQUI	45.00	40.26	5

**Women 65-69 100 Yard Freestyle**

=====

ZONE: Z 1:09.79 5/9/1993 Clara Walker  
NATL: ! 59.78 1/21/2017 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Loftus-Charley, Shirley	65	VIRGINIA MASTERS	1:08.00	1:07.58Z	9
	33.06	1:07.58 (34.52)			
2 Kirwan, Denise	65	RESTON MASTERS S	1:10.00	1:11.39	7
	34.55	1:11.39 (36.84)			

3	Boslego, Barbara	65	VIRGINIA MASTERS	1:15.02	1:13.10	6
	35.79		1:13.10 (37.31)			
4	Andrews, Lynne	69	GERMANTOWN MARYL	1:26.79	1:26.99	5
	40.36		1:26.99 (46.63)			

### Women 65-69 200 Yard Freestyle

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=====
ZONE: Z 2:35.59    5/9/1993 Clara Walker
NATL: ! 2:17.15   3/6/2016 CHARLOTTE DAVIS
Name              Age Team              Seed      Finals Points
=====
1 Loftus-Charley, Shirley  65 VIRGINIA MASTERS    2:23.00   2:25.05Z  9
   33.99           1:10.74 (36.75)      1:47.82 (37.08)   2:25.05 (37.23)
2 Boslego, Barbara      65 VIRGINIA MASTERS    2:46.01   2:48.24    7
   38.92           1:21.57 (42.65)      2:06.78 (45.21)   2:48.24 (41.46)
3 Andrews, Lynne        69 GERMANTOWN MARYL    3:14.59   3:18.10    6
   41.72           1:31.44 (49.72)      2:23.72 (52.28)   3:18.10 (54.38)
4 Johnston, Jennifer    69 LANE 4 SWIMMING     5:13.32   5:38.77    5
   1:18.82         2:47.27 (1:28.45)    4:14.54 (1:27.27)  5:38.77 (1:24.23)
=====

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### Women 65-69 500 Yard Freestyle

```

=====
ZONE: Z 6:57.63    5/9/1993 Clara Walker
NATL: ! 6:03.86   4/10/2016 CHARLOTTE DAVIS
Name              Age Team              Seed      Finals Points
=====
1 Lahtinen-Hicks, Wallis  66 SPORT & HEALTH T   9:33.00   8:56.99    9
   48.91           1:40.36 (51.45)      2:36.80 (56.44)   3:30.45 (53.65)
   4:24.95 (54.50)   5:19.57 (54.62)      6:14.85 (55.28)   7:10.26 (55.41)
   8:05.45 (55.19)   8:56.99 (51.54)
=====

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### Women 65-69 1000 Yard Freestyle

```

=====
ZONE: Z 14:04.18   5/9/1993 Clara Walker
NATL: ! 12:30.97  4/9/2016 CHARLOTTE DAVIS
Name              Age Team              Seed      Finals Points
=====
1 Loftus-Charley, Shirley  65 VIRGINIA MASTERS   12:40.00  12:44.58Z  9
   34.71           1:12.02 (37.31)      1:49.64 (37.62)   2:27.39 (37.75)
   3:05.48 (38.09)   3:43.69 (38.21)      4:22.14 (38.45)   5:00.76 (38.62)
   5:39.41 (38.65)   6:18.27 (38.86)      6:56.90 (38.63)   7:35.72 (38.82)
   8:14.61 (38.89)   8:53.33 (38.72)      9:31.88 (38.55)   10:10.65 (38.77)
   10:49.29 (38.64)  11:28.37 (39.08)     12:07.22 (38.85)  12:44.58 (37.36)
2 Layne, Leanne        65 LANE 4 SWIMMING    20:00.00  19:38.57    7
   54.17           1:50.52 (56.35)      2:47.99 (57.47)   3:47.03 (59.04)
   5:49.23 (2:02.20)  6:48.34 (59.11)      7:48.18 (59.84)   8:47.22 (59.04)
   9:47.51 (1:00.29)  10:44.45 (56.94)     11:43.69 (59.24)  12:43.73 (1:00.04)
   13:41.75 (58.02)  14:42.33 (1:00.58)   15:40.25 (57.92)
   16:40.05 ( )     17:41.09 (1:01.04)   18:40.61 (59.52)  19:38.57 (57.96)
=====

```

### Women 65-69 1650 Yard Freestyle

```

=====
ZONE: Z 23:55.07   5/1/1994 Clara Walker
NATL: ! 20:43.29  11/12/2016 S LOFTUS-CHARLEY
Name              Age Team              Seed      Finals Points
=====
1 Johnston, Jennifer    69 LANE 4 SWIMMING    52:00.00  50:30.71    9
=====

```

22.03	2:53.63	(2:31.60)	4:25.52	(1:31.89)	5:52.29	(1:26.77)	
7:26.90	(1:34.61)	9:01.19	(1:34.29)	10:28.66	(1:27.47)	12:02.59	(1:33.93)
13:35.08	(1:32.49)	15:03.45	(1:28.37)	16:38.79	(1:35.34)	18:12.54	(1:33.75)
19:39.80	(1:27.26)	21:13.67	(1:33.87)	22:49.06	(1:35.39)	24:18.34	(1:29.28)
25:52.78	(1:34.44)	27:29.33	(1:36.55)	29:01.86	(1:32.53)	30:35.94	(1:34.08)
32:06.69	(1:30.75)	33:35.37	(1:28.68)	35:08.88	(1:33.51)	36:40.09	(1:31.21)
38:13.59	(1:33.50)	39:46.41	(1:32.82)	41:19.18	(1:32.77)	42:54.59	(1:35.41)
44:28.07	(1:33.48)	45:59.73	(1:31.66)	47:33.61	(1:33.88)	49:05.61	(1:32.00)
50:30.71	(1:25.10)						

### Women 65-69 50 Yard Backstroke

=====

ZONE: Z 32.49 4/12/2015 Cecilia Mccloskey, Colonials 1776  
 NATL: ! 30.87 1/14/2017 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Kirwan, Denise	65	RESTON MASTERS S	37.00	37.47	9
2 Andrews, Lynne	69	GERMANTOWN MARYL	43.20	43.89	7
3 Tartt, Judith	68	WARRENTON FAUQUI	53.00	48.60	6

### Women 65-69 100 Yard Backstroke

=====

ZONE: Z 1:10.15 4/11/2015 Cecilia Mccloskey, Colonials 1776  
 NATL: ! 1:10.15 4/11/2015 CECILIA MCCLOSKEY

Name	Age	Team	Seed	Finals	Points
1 Kirwan, Denise	65	RESTON MASTERS S	1:21.00	1:19.58	9
	39.07	1:19.58 (40.51)			
2 Loftus-Charley, Shirley	65	VIRGINIA MASTERS	1:21.00	1:20.04	7
	39.78	1:20.04 (40.26)			
3 Andrews, Lynne	69	GERMANTOWN MARYL	1:38.49	1:38.85	6
	46.77	1:38.85 (52.08)			
-- Dew, Rosemary	66	MARYLAND MASTERS	1:45.00	DQ	
Did not finish	57.56	DQ (1:04.51)			

### Women 65-69 200 Yard Backstroke

=====

ZONE: Z 2:35.00 4/12/2015 Cecilia Mccloskey, Colonials 1776  
 NATL: ! 2:28.21 1/21/2017 LAURA VAL

Name	Age	Team	Seed	Finals	Points
1 Loftus-Charley, Shirley	65	VIRGINIA MASTERS	2:50.00	2:46.37	9
	41.44	1:22.36 (40.92) 2:04.26 (41.90)		2:46.37 (42.11)	
2 Kirwan, Denise	65	RESTON MASTERS S	2:55.00	2:51.52	7
	41.02	1:24.54 (43.52) 2:08.53 (43.99)		2:51.52 (42.99)	
3 Johnston, Jennifer	69	LANE 4 SWIMMING	6:59.78	7:19.84	6
	1:43.20	3:34.60 (1:51.40) 5:26.22 (1:51.62)		7:19.84 (1:53.62)	

### Women 65-69 50 Yard Breaststroke

=====

ZONE: Z 38.59 4/4/2004 Joann Leilich, VMST  
 NATL: ! 37.74 4/25/2004 JOANN LEILICH

Name	Age	Team	Seed	Finals	Points
1 Boslego, Barbara	65	VIRGINIA MASTERS	42.90	43.00	9
2 Dew, Rosemary	66	MARYLAND MASTERS	56.00	54.36	7

3 Lahtinen-Hicks, Wallis 66 SPORT & HEALTH T 1:11.00 1:01.35 6

**Women 65-69 100 Yard Breaststroke**

=====

ZONE: Z 1:24.51 4/4/2004 Joann Leilich, VMST  
NATL: ! 1:23.95 4/25/2004 JOANN LEILICH

Name	Age	Team	Seed	Finals	Points
1 Kirwan, Denise	65	RESTON MASTERS S	1:27.50	1:28.29	9
	41.69	1:28.29 (46.60)			
2 Boslego, Barbara	65	VIRGINIA MASTERS	1:35.20	1:36.56	7
	45.82	1:36.56 (50.74)			
3 Johnston, Jennifer	69	LANE 4 SWIMMING	4:02.41	4:14.36	6

**Women 65-69 200 Yard Breaststroke**

=====

ZONE: Z 3:01.50 4/4/2004 Joann Leilich, VMST  
NATL: ! 3:01.50 4/4/2004 JOANN LEILICH

Name	Age	Team	Seed	Finals	Points
1 Loftus-Charley, Shirley	65	VIRGINIA MASTERS	3:08.00	3:12.53	9
	43.21	1:32.14 (48.93) 2:22.19 (50.05)		3:12.53 (50.34)	
2 Johnston, Jennifer	69	LANE 4 SWIMMING	8:06.72	8:37.93	7
	1:57.09	4:12.95 (2:15.86) 8:37.93 (4:24.98)			

**Women 65-69 50 Yard Butterfly**

=====

ZONE: Z 32.41 4/11/2015 Cecilia Mccloskey, Colonials 1776  
NATL: ! 29.91 4/10/2016 CHARLOTTE DAVIS

Name	Age	Team	Seed	Finals	Points
1 Loftus-Charley, Shirley	65	VIRGINIA MASTERS	35.00	35.02	9
2 Johnston, Jennifer	69	LANE 4 SWIMMING	2:19.87	2:35.70	7

**Women 65-69 100 Yard Butterfly**

=====

ZONE: Z 1:24.21 4/15/2012 Margot Pettijohn, Montgomery Ancie  
NATL: ! 1:10.12 4/30/2016 CHARLOTTE DAVIS

Name	Age	Team	Seed	Finals	Points
1 Loftus-Charley, Shirley	65	VIRGINIA MASTERS	1:18.00	1:17.52Z	9
	37.38	1:17.52 (40.14)			

**Women 65-69 100 Yard IM**

=====

ZONE: Z 1:12.22 4/12/2015 Cecilia Mccloskey, Colonials 1776  
NATL: ! 1:10.09 4/29/2016 CHARLOTTE DAVIS

Name	Age	Team	Seed	Finals	Points
1 Kirwan, Denise	65	RESTON MASTERS S	1:21.00	1:19.55	9
	38.10	1:19.55 (41.45)			

**Women 65-69 200 Yard IM**

=====

ZONE: Z 2:37.07 4/11/2015 Cecilia Mccloskey, Colonials 1776  
NATL: ! 2:35.18 4/30/2016 CHARLOTTE DAVIS

Name	Age	Team	Seed	Finals	Points
------	-----	------	------	--------	--------

1 Loftus-Charley, Shirley	65 VIRGINIA MASTERS	2:45.00	2:45.52	9
36.48	1:19.57 (43.09)	2:09.19 (49.62)	2:45.52 (36.33)	
2 Kirwan, Denise	65 RESTON MASTERS S	2:55.00	2:55.52	7
42.47	1:26.23 (43.76)	2:15.95 (49.72)	2:55.52 (39.57)	
3 Boslego, Barbara	65 VIRGINIA MASTERS	3:14.07	3:16.57	6
42.52	1:36.72 (54.20)	2:34.14 (57.42)	3:16.57 (42.43)	

#### Women 65-69 400 Yard IM

ZONE: Z 6:38.26 4/6/2014 Margot Pettijohn, Montgomery Ancie  
 NATL: ! 5:35.85 5/1/2016 CHARLOTTE DAVIS

Name	Age Team	Seed	Finals	Points
1 Loftus-Charley, Shirley	65 VIRGINIA MASTERS	5:45.00	5:46.46Z	9
38.26	1:22.02 (43.76)	2:05.52 (43.50)	2:50.59 (45.07)	
3:40.86 (50.27)	4:31.84 (50.98)	5:09.79 (37.95)	5:46.46 (36.67)	

#### Women 70-74 50 Yard Freestyle

ZONE: Z 32.12 4/17/2011 Beth Schreiner, VMST  
 NATL: ! 31.05 4/30/2000 GAIL ROPER

Name	Age Team	Seed	Finals	Points
1 Bennett, Ruth	70 UC10	36.30	34.64	9
2 Manheim, Lucy	74 RESTON MASTERS S	50.00	46.56	7

#### Women 70-74 100 Yard Freestyle

ZONE: Z 1:13.89 4/23/2006 Nancy Brown, MARY  
 NATL: ! 1:09.79 4/30/2000 GAIL ROPER

Name	Age Team	Seed	Finals	Points
1 Manheim, Lucy	74 RESTON MASTERS S	1:50.00	1:43.03	9
49.93	1:43.03 (53.10)			

#### Women 70-74 200 Yard Freestyle

ZONE: Z 2:47.81 4/17/2011 Beth Schreiner, VMST  
 NATL: ! 2:35.85 4/30/2000 GAIL ROPER

Name	Age Team	Seed	Finals	Points
1 Bennett, Ruth	70 UC10	2:53.70	2:56.33	9
39.52	1:23.86 (44.34)	2:10.10 (46.24)	2:56.33 (46.23)	

#### Women 70-74 1000 Yard Freestyle

ZONE: Z 15:29.63 4/20/1997 June Krauser  
 NATL: ! 13:58.55 4/25/2004 LAVELLE STOINOFF

Name	Age Team	Seed	Finals	Points
1 Manheim, Lucy	74 RESTON MASTERS S	23:00.00	20:49.52	9
55.96	1:57.61 (1:01.65)	3:01.89 (1:04.28)	4:07.65 (1:05.76)	
5:09.68 (1:02.03)	6:13.15 (1:03.47)	7:15.98 (1:02.83)	8:18.80 (1:02.82)	
9:23.14 (1:04.34)	10:26.34 (1:03.20)	11:30.50 (1:04.16)	12:34.00 (1:03.50)	
13:37.74 (1:03.74)	14:40.02 (1:02.28)	15:42.25 (1:02.23)	16:43.66 (1:01.41)	
17:45.56 (1:01.90)	18:48.52 (1:02.96)	19:51.08 (1:02.56)	20:49.52 (58.44)	

**Women 70-74 50 Yard Backstroke**

ZONE: Z 39.48 4/23/2006 Nancy Brown, MARY

NATL: ! 36.91 5/20/2007 BETSY JORDAN

Name	Age	Team	Seed	Finals	Points
1 Manheim, Lucy	74	RESTON MASTERS S	58.00	54.29	9

**Women 70-74 100 Yard Backstroke**

ZONE: Z 1:23.67 4/23/2006 Nancy Brown, MARY

NATL: ! 1:21.68 4/13/2013 JOY WARD

Name	Age	Team	Seed	Finals	Points
1 Manheim, Lucy	74	RESTON MASTERS S	2:00.00	2:00.33	9

**Women 70-74 100 Yard IM**

ZONE: Z 1:26.07 4/23/2006 Nancy Brown, MARY

NATL: ! 1:21.97 4/30/2000 GAIL ROPER

Name	Age	Team	Seed	Finals	Points
1 Manheim, Lucy	74	RESTON MASTERS S	2:30.00	2:11.63	9
				1:00.87 2:11.63 (1:10.76)	

**Women 75-79 50 Yard Freestyle**

ZONE: Z 35.17 4/10/2016 Beth Schreiner, Virginia Masters

NATL: ! 33.87 4/3/2005 GAIL ROPER

Name	Age	Team	Seed	Finals	Points
1 Schreiner, Beth	76	VIRGINIA MASTERS	35.35	35.32	9
2 Walker, Laura	79	VIRGINIA MASTERS	45.07	43.22	7
3 Hannam, Karen	76	LANE 4 SWIMMING	59.20	59.37	6

**Women 75-79 100 Yard Freestyle**

ZONE: Z 1:17.32 4/17/2011 Johnnie Detrick, VMST

NATL: ! 1:16.23 4/24/2005 GAIL ROPER

Name	Age	Team	Seed	Finals	Points
1 Schreiner, Beth	76	VIRGINIA MASTERS	1:21.24	1:21.32	9
				39.06 1:21.32 (42.26)	
2 Walker, Laura	79	VIRGINIA MASTERS	1:40.14	1:32.02	7
				43.47 1:32.02 (48.55)	
3 Hannam, Karen	76	LANE 4 SWIMMING	2:13.70	2:17.10	6
				1:04.81 2:17.10 (1:12.29)	

**Women 75-79 200 Yard Freestyle**

ZONE: Z 2:59.85 4/10/2016 Beth Schreiner, Virginia Masters

NATL: ! 2:53.05 3/8/2009 RONNIE KAMPHAUSEN

Name	Age	Team	Seed	Finals	Points
1 Schreiner, Beth	76	VIRGINIA MASTERS	3:01.12	3:05.59	9
				41.89 1:29.73 (47.84) 2:18.80 (49.07) 3:05.59 (46.79)	

**Women 75-79 1650 Yard Freestyle**

=====

ZONE: Z 35:00.06 4/20/1997 Billie A. Burrill  
NATL: ! 26:53.24 5/16/2009 RONNIE KAMPHAUSEN

Name	Age	Team	Seed	Finals	Points
1 Hannam, Karen	76	LANE 4 SWIMMING	42:25.85	44:17.11	9
	1:12.74	2:31.04 (1:18.30)	3:51.86 (1:20.82)	5:11.76 (1:19.90)	
	6:30.71 (1:18.95)	7:50.56 (1:19.85)	9:10.96 (1:20.40)	10:33.20 (1:22.24)	
	11:54.58 (1:21.38)	13:17.95 (1:23.37)	14:39.31 (1:21.36)	16:01.49 (1:22.18)	
	17:20.68 (1:19.19)	18:42.63 (1:21.95)	20:02.77 (1:20.14)	21:26.25 (1:23.48)	
	22:44.11 (1:17.86)	24:05.57 (1:21.46)	25:28.37 (1:22.80)	26:49.57 (1:21.20)	
	28:10.58 (1:21.01)	29:34.18 (1:23.60)	30:54.48 (1:20.30)	32:17.27 (1:22.79)	
	33:36.27 (1:19.00)	34:54.87 (1:18.60)	36:16.01 (1:21.14)	37:36.33 (1:20.32)	
	38:58.10 (1:21.77)	40:18.77 (1:20.67)	41:41.95 (1:23.18)	43:00.39 (1:18.44)	
	44:17.11 (1:16.72)				

**Women 75-79 50 Yard Backstroke**

=====

ZONE: Z 43.32 4/10/2016 Beth Schreiner, Virginia Masters  
NATL: ! 40.25 4/30/2000 DORIS STEADMAN

Name	Age	Team	Seed	Finals	Points
1 Schreiner, Beth	76	VIRGINIA MASTERS	44.73	43.94	9
2 Walker, Laura	79	VIRGINIA MASTERS	55.07	52.11	7
3 Hannam, Karen	76	LANE 4 SWIMMING	1:17.61	1:19.06	6

**Women 75-79 100 Yard Backstroke**

=====

ZONE: Z 1:36.73 4/9/2016 Beth Schreiner, Virginia Masters  
NATL: ! 1:27.70 4/15/2011 NANCY BROWN

Name	Age	Team	Seed	Finals	Points
1 Schreiner, Beth	76	VIRGINIA MASTERS	1:36.68	1:38.99	9
	48.38	1:38.99 (50.61)			
2 Walker, Laura	79	VIRGINIA MASTERS	1:58.11	1:50.29	7
	54.01	1:50.29 (56.28)			

**Women 75-79 200 Yard Backstroke**

=====

ZONE: Z 3:31.02 5/2/1999 Ruth Morrill  
NATL: ! 3:15.04 4/15/2011 NANCY BROWN

Name	Age	Team	Seed	Finals	Points
1 Walker, Laura	79	VIRGINIA MASTERS	4:14.04	4:07.35	9
	56.13	1:57.94 (1:01.81)	3:01.13 (1:03.19)	4:07.35 (1:06.22)	

**Women 75-79 50 Yard Breaststroke**

=====

ZONE: Z 48.35 4/17/2011 Johnnie Detrick, VMST  
NATL: ! 41.53 4/13/2014 JOANN LEILICH

Name	Age	Team	Seed	Finals	Points
1 Hannam, Karen	76	LANE 4 SWIMMING	1:03.90	1:16.25	9

**Women 75-79 100 Yard Breaststroke**

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=====
ZONE: Z 2:02.07    5/8/1990 Margaret Hubbard
NATL: ! 1:29.24   4/11/2014 JOANN LEILICH
Name              Age Team                Seed    Finals Points
=====
1 Hannam, Karen      76 LANE 4 SWIMMING      2:29.47    2:43.36    9
    1:19.40    2:43.36 (1:23.96)

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**Women 75-79 200 Yard Breaststroke**

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=====
ZONE: Z 3:16.31    4/5/2014 Joann Leilich, Woodlands Master
NATL: ! 3:16.31    4/5/2014 JOANN LEILICH
Name              Age Team                Seed    Finals Points
=====
1 Hannam, Karen      76 LANE 4 SWIMMING      5:20.97    5:57.26    9
    1:24.92    2:59.51 (1:34.59)    4:30.19 (1:30.68)    5:57.26 (1:27.07)

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**Women 75-79 50 Yard Butterfly**

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=====
ZONE: Z 53.53     4/17/2011 Johnnie Detrick, VMST
NATL: ! 38.05     4/26/2015 MARY ANN CASE
Name              Age Team                Seed    Finals Points
=====
1 Hannam, Karen      76 LANE 4 SWIMMING      1:18.64    1:29.97    9

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**Women 75-79 100 Yard IM**

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=====
ZONE: Z 1:51.25    4/21/2013 Laura Walker, Virginia Masters
NATL: ! 1:27.31    4/24/2005 GAIL ROPER
Name              Age Team                Seed    Finals Points
=====
1 Walker, Laura      79 VIRGINIA MASTERS      2:10.07    2:04.20    9
    58.78    2:04.20 (1:05.42)
2 Hannam, Karen      76 LANE 4 SWIMMING      2:34.40    2:45.50    7
    1:23.18    2:45.50 (1:22.32)

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**Women 75-79 200 Yard IM**

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=====
ZONE: Z 3:21.72    4/5/2014 Joann Leilich, Woodlands Master
NATL: ! 3:18.40    4/24/2005 GAIL ROPER
Name              Age Team                Seed    Finals Points
=====
1 Hannam, Karen      76 LANE 4 SWIMMING      5:22.54    6:04.53    9
    1:41.45    3:19.58 (1:38.13)    6:04.53 (2:44.95)

```

**Women 85-89 100 Yard Freestyle**

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=====
ZONE: Z 1:45.80    5/7/1995 Julia Dolce
NATL: ! 1:31.20    4/12/2014 NAN BOHL
Name              Age Team                Seed    Finals Points
=====
1 Francis, Lesley    85 VIRGINIA MASTERS      1:58.00    2:05.39    9
    59.48    2:05.39 (1:05.91)

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**Women 85-89 500 Yard Freestyle**

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=====
ZONE: Z 13:44.77   4/21/2002 Mary Lathram

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NATL: ! 9:07.55 4/13/2013 BETTY LORENZI

Name	Age	Team	Seed	Finals	Points
1 Francis, Lesley	85	VIRGINIA MASTERS	11:00.00	11:37.61Z	9
				1:05.34	
				3:26.71 ( )	4:37.98 (1:11.27)
				5:47.12 (1:09.14)	6:59.73 (1:12.61)
				8:09.64 (1:09.91)	9:19.17 (1:09.53)
				10:32.21 (1:13.04)	11:37.61 (1:05.40)

**Men 18-24 50 Yard Freestyle**

ZONE: Z 21.02 4/25/2010 Yannick Van Heers, Terrapin Masters

NATL: ! 19.36 4/28/2012 JOSH SCHNEIDER

Name	Age	Team	Seed	Finals	Points
1 Frederick, Aaron	23	ARLINGTON MASTER	24.23	23.51	9
2 Sims, Charles	20	FREEDOM AQUATIC	25.67	25.81	7
3 Perry, Lavelle	23	CLUB TRIBE	29.00	25.89	6
4 Magd, Basem	23	UC09	27.91	27.13	5
5 Hoang, Ryan	24	ARLINGTON MASTER	27.19	27.42	4
6 Veatch, Richard	22	LANE 4 SWIMMING	29.00	29.74	3

**Men 18-24 100 Yard Freestyle Time Trial**

ZONE: Z 44.96 4/23/2006 William Liscinsky

NATL: ! 42.59 12/1/2012 EUGENE GODSOE

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
3 Head, Carter	23	CLUB TRIBE	NT	52.84

**Men 18-24 100 Yard Freestyle**

ZONE: Z 44.96 4/23/2006 William Liscinsky, CUBU

NATL: ! 42.59 12/1/2012 EUGENE GODSOE

Name	Age	Team	Seed	Finals	Points
1 Stoffa, Gregory	23	BINGHAMTON UNIV	50.51	49.72	9
				24.05	
				49.72 (25.67)	
2 Shu, Jack	24	ARLINGTON MASTER	51.00	50.01	7
				23.89	
				50.01 (26.12)	
3 Millard, Jelani	23	LIFE TIME SWIM N	51.58	52.06	6
				24.89	
				52.06 (27.17)	
4 Turek-Herman, Josh	23	MONOCACY AQUATIC	54.67	53.57	5
				26.31	
				53.57 (27.26)	
5 Van Ness, Jacob	21	RESTON MASTERS S	57.00	54.17	4
				25.96	
				54.17 (28.21)	
6 Koons, Andrew	24	LANE 4 SWIMMING	54.70	55.01	3
				26.63	
				55.01 (28.38)	
7 Sims, Charles	20	FREEDOM AQUATIC	59.20	58.10	2
				27.86	
				58.10 (30.24)	
8 Perry, Lavelle	23	CLUB TRIBE	1:01.00	58.54	1
				28.76	
				58.54 (29.78)	
9 Magd, Basem	23	UC09	1:02.51	58.97	
				28.09	
				58.97 (30.88)	

**Men 18-24 200 Yard Freestyle**

ZONE: Z 1:42.51 4/15/2007 Geoffrey Meyer Jr, PAFC  
 NATL: ! 1:35.02 11/8/2009 ANDY GRANT

Name	Age	Team	Seed	Finals	Points
1 Wolfe, Ryan	24	PATRIOT MASTERS	1:52.00	1:50.60	9
	26.42	54.63 (28.21)	1:22.95 (28.32)	1:50.60 (27.65)	
2 Shu, Jack	24	ARLINGTON MASTER	1:59.00	1:52.28	7
	26.67	54.83 (28.16)	1:23.05 (28.22)	1:52.28 (29.23)	
3 Head, Carter	23	CLUB TRIBE	2:05.00	1:53.36	6
	26.18	55.00 (28.82)	1:24.77 (29.77)	1:53.36 (28.59)	
4 Frederick, Aaron	23	ARLINGTON MASTER	1:58.62	1:55.02	5
	26.65	55.19 (28.54)	1:24.41 (29.22)	1:55.02 (30.61)	
5 Millard, Jelani	23	LIFE TIME SWIM N	2:06.38	2:02.68	4
	28.23	59.43 (31.20)	1:32.33 (32.90)	2:02.68 (30.35)	

### Men 18-24 500 Yard Freestyle

ZONE: Z 4:53.48 5/5/1996 Paul Franco  
 NATL: ! 4:24.81 1/24/2010 ANDY GRANT

Name	Age	Team	Seed	Finals	Points
1 Turek-Herman, Josh	23	MONOCACY AQUATIC	5:09.49	5:14.12	9
	27.44	57.70 (30.26)	1:29.01 (31.31)	2:01.02 (32.01)	
		2:33.05 (32.03)	3:05.89 (32.84)	3:38.53 (32.64)	4:11.07 (32.54)
		4:43.62 (32.55)	5:14.12 (30.50)		
2 Koons, Andrew	24	LANE 4 SWIMMING	5:32.00	5:26.46	7
	30.02	1:02.53 (32.51)	1:35.67 (33.14)	2:09.55 (33.88)	
		2:42.62 (33.07)	3:15.35 (32.73)	3:48.45 (33.10)	4:21.55 (33.10)
		4:54.96 (33.41)	5:26.46 (31.50)		

### Men 18-24 1650 Yard Freestyle

ZONE: Z 18:02.67 4/23/2006 Pete Murphy, 1776  
 NATL: ! 15:48.70 3/27/2010 ANDREW MUELLER

Name	Age	Team	Seed	Finals	Points
1 Koons, Andrew	24	LANE 4 SWIMMING	20:01.85	18:44.06	9
	30.86	1:03.73 (32.87)	1:36.94 (33.21)	2:10.39 (33.45)	
		2:43.84 (33.45)	3:17.51 (33.67)	3:51.50 (33.99)	4:25.54 (34.04)
		4:59.49 (33.95)	5:33.60 (34.11)	6:07.55 (33.95)	6:41.80 (34.25)
		7:16.17 (34.37)	7:50.72 (34.55)	8:24.82 (34.10)	8:59.25 (34.43)
		9:33.15 (33.90)	10:07.18 (34.03)	10:41.53 (34.35)	11:15.67 (34.14)
		11:49.94 (34.27)	12:24.27 (34.33)	12:58.96 (34.69)	13:33.37 (34.41)
		14:07.90 (34.53)	14:43.03 (35.13)	15:17.65 (34.62)	15:52.80 (35.15)
		16:27.61 (34.81)	17:02.32 (34.71)	17:36.75 (34.43)	18:11.00 (34.25)
		18:44.06 (33.06)			

### Men 18-24 50 Yard Backstroke

ZONE: Z 23.22 4/15/2007 Chris Gibson, CUBU  
 NATL: ! 22.33 5/10/2013 ANDREW ELLIOTT

Name	Age	Team	Seed	Finals	Points
1 Shu, Jack	24	ARLINGTON MASTER	27.40	26.29	9
2 Magd, Basem	23	UC09	33.67	32.89	7
3 Veatch, Richard	22	LANE 4 SWIMMING	35.00	35.84	6

**Men 18-24 100 Yard Backstroke**

ZONE: Z 49.19 4/15/2007 Chris Gibson, CUBU  
 NATL: ! 45.36 11/30/2012 EUGENE GODSOE

Name	Age	Team	Seed	Finals	Points
1 Shu, Jack	24	ARLINGTON MASTER	57.50	57.00	9
	27.48	57.00 (29.52)			

**Men 18-24 200 Yard Backstroke**

ZONE: Z 1:50.23 4/12/2015 Jeffrey Gomez, UC07  
 NATL: ! 1:44.18 5/11/2013 ANDREW ELLIOTT

Name	Age	Team	Seed	Finals	Points
1 Shu, Jack	24	ARLINGTON MASTER	2:09.20	2:05.87	9
	30.62	1:02.75 (32.13)	1:34.05 (31.30)	2:05.87 (31.82)	

**Men 18-24 50 Yard Breaststroke**

ZONE: Z 25.32 4/23/2006 William Liscinsky, CUBU  
 NATL: ! 24.53 2/1/2015 ROSTYSLAV FEDYNA

Name	Age	Team	Seed	Finals	Points
1 May, Eric	23	UC04	27.78	26.55	9
2 Stoffa, Gregory	23	BINGHAMTON UNIV	32.00	29.76	7
3 Koons, Andrew	24	LANE 4 SWIMMING	32.80	32.37	6
4 Magd, Basem	23	UC09	40.00	33.15	5
5 Sims, Charles	20	FREEDOM AQUATIC	32.00	34.46	4
6 Veatch, Richard	22	LANE 4 SWIMMING	35.00	36.36	3

**Men 18-24 100 Yard Breaststroke**

ZONE: Z 56.37 4/23/2006 William Liscinsky, CUBU  
 NATL: ! 54.07 4/25/2015 COLIN BABCOCK

Name	Age	Team	Seed	Finals	Points
1 Wolfe, Ryan	24	PATRIOT MASTERS	1:02.00	59.67	9
	28.21	59.67 (31.46)			
2 Frederick, Aaron	23	ARLINGTON MASTER	1:05.92	1:04.44	7
	30.27	1:04.44 (34.17)			
3 Head, Carter	23	CLUB TRIBE	1:05.19	1:04.68	6
	30.39	1:04.68 (34.29)			
4 Van Ness, Jacob	21	RESTON MASTERS S	1:10.00	1:10.75	5
	33.70	1:10.75 (37.05)			

**Men 18-24 200 Yard Breaststroke**

ZONE: Z 2:08.32 4/20/1997 Robert Butcher  
 NATL: ! 1:57.33 5/12/2013 ELLIOT KEEFER

Name	Age	Team	Seed	Finals	Points
1 Wolfe, Ryan	24	PATRIOT MASTERS	2:14.00	2:09.53	9
	29.52	1:01.92 (32.40)	1:35.21 (33.29)	2:09.53 (34.32)	
2 Head, Carter	23	CLUB TRIBE	2:23.61	2:24.76	7
	32.21	1:07.74 (35.53)	1:45.77 (38.03)	2:24.76 (38.99)	
3 Magd, Basem	23	UC09	3:20.00	2:53.64	6

38.28 1:23.21 (44.93) 2:08.42 (45.21) 2:53.64 (45.22)

**Men 18-24 50 Yard Butterfly**

ZONE: Z 22.40 4/11/2015 Nathan Destree, UC12  
NATL: ! 21.13 4/26/2015 HENRIK LINDAU

Name	Age	Team	Seed	Finals	Points
1 May, Eric	23	UC04	25.00	24.44	9
2 Millard, Jelani	23	LIFE TIME SWIM N	25.14	25.36	7
3 Stoffa, Gregory	23	BINGHAMTON UNIV	29.00	25.75	6
4 Turek-Herman, Josh	23	MONOCACY AQUATIC	27.94	26.79	5
5 Sims, Charles	20	FREEDOM AQUATIC	29.12	27.74	4
6 Veatch, Richard	22	LANE 4 SWIMMING	31.65	31.56	3

**Men 18-24 100 Yard Butterfly**

ZONE: Z 49.92 4/12/2015 Nathan Destree, UC12  
NATL: ! 46.65 11/30/2012 EUGENE GODSOE

Name	Age	Team	Seed	Finals	Points
1 Millard, Jelani	23	LIFE TIME SWIM N	55.74	57.62	9
	26.64	57.62 (30.98)			
2 Sims, Charles	20	FREEDOM AQUATIC	1:08.38	1:02.83	7
	29.57	1:02.83 (33.26)			

**Men 18-24 100 Yard IM**

ZONE: Z 50.72 4/23/2006 William Liscinsky, CUBU  
NATL: ! 49.52 4/25/2015 COLIN BABCOCK

Name	Age	Team	Seed	Finals	Points
1 May, Eric	23	UC04	59.82	55.24	9
	25.38	55.24 (29.86)			
2 Frederick, Aaron	23	ARLINGTON MASTER	59.50	59.41	7
	28.07	59.41 (31.34)			
3 Magd, Basem	23	UC09	1:06.59	1:07.14	6
	30.72	1:07.14 (36.42)			
4 Hoang, Ryan	24	ARLINGTON MASTER	1:10.37	1:08.97	5
	31.32	1:08.97 (37.65)			
5 Veatch, Richard	22	LANE 4 SWIMMING	1:15.13	1:15.14	4
	33.46	1:15.14 (41.68)			

**Men 18-24 200 Yard IM**

ZONE: Z 1:56.71 4/15/2007 Geoffrey Meyer Jr, PAFC  
NATL: ! 1:49.30 4/26/2015 COLIN BABCOCK

Name	Age	Team	Seed	Finals	Points
1 Stoffa, Gregory	23	BINGHAMTON UNIV	2:04.00	2:04.58	9
	27.02	1:00.57 (33.55) 1:35.47 (34.90)		2:04.58 (29.11)	
2 Shu, Jack	24	ARLINGTON MASTER	2:07.50	2:06.73	7
	27.42	58.83 (31.41) 1:37.49 (38.66)		2:06.73 (29.24)	
3 Head, Carter	23	CLUB TRIBE	2:10.00	2:09.85	6
	27.21	59.96 (32.75) 1:38.04 (38.08)		2:09.85 (31.81)	
4 Van Ness, Jacob	21	RESTON MASTERS S	2:12.00	2:17.45	5
	28.63	1:04.47 (35.84) 1:44.63 (40.16)		2:17.45 (32.82)	

5 Koons, Andrew 24 LANE 4 SWIMMING 2:20.00 2:18.09 4  
 31.08 1:06.63 (35.55) 1:46.77 (40.14) 2:18.09 (31.32)

**Men 25-29 50 Yard Freestyle**

ZONE: Z 20.49 4/6/2014 Jarryd Botha, UC10-10  
 NATL: ! 18.67 12/20/2014 BOUSQUET\ADRIAN

Name	Age	Team	Seed	Finals	Points
1 Gallagher, Kevin	29	CLUB TRIBE	20.91	20.56	9
2 McHenry, Scott	25	ALEXANDRIA MASTE	21.61	21.21	7
3 Compton, Taylor	28	LANE 4 SWIMMING	22.10	22.21	6
4 Robbins, Luke	26	CLUB TRIBE	22.69	22.35	5
5 Parker, Jonathan	25	SPORT & HEALTH T	24.46	24.48	4
6 Maguire, Andrew	28	UC10	26.00	24.91	3
7 Altman-Kurosaki, Jonas	28	ASPHALT GREEN MA	26.17	26.04	2
8 Ochs, Thomas	25	SPORT & HEALTH T	31.95	29.55	1

**Men 25-29 50 Yard Freestyle Time Trial**

ZONE: Z 21.18 5/2/1999 David Lawson  
 NATL: ! 18.67 12/20/2014 BOUSQUET\ADRIAN

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
1 Loughran, Kyle	29	CLUB TRIBE	NT	21.49

**Men 25-29 100 Yard Freestyle**

ZONE: Z 45.53 4/20/2013 Kyle Loughran/Will Liscinsky, FXCM/CUBU  
 NATL: ! 41.13 5/3/2014 NATHAN ADRIAN

Name	Age	Team	Seed	Finals	Points
1 Gallagher, Kevin	29	CLUB TRIBE	46.69	45.53Z	9
	21.55	45.53 (23.98)			
2 McHenry, Scott	25	ALEXANDRIA MASTE	47.76	46.50	7
	22.43	46.50 (24.07)			
3 Loughran, Kyle	29	CLUB TRIBE	47.00	46.58	6
	22.37	46.58 (24.21)			
4 Robbins, Luke	26	CLUB TRIBE	50.56	49.64	5
	23.91	49.64 (25.73)			
5 Compton, Taylor	28	LANE 4 SWIMMING	49.50	49.91	4
	23.30	49.91 (26.61)			
6 VanRoden, Jack	26	MERRITT MARLINS	53.53	52.98	3
	25.41	52.98 (27.57)			
7 Parker, Jonathan	25	SPORT & HEALTH T	54.85	53.80	2
	25.46	53.80 (28.34)			
8 Xu, Tim	26	PATRIOT MASTERS	58.00	56.32	1
	27.27	56.32 (29.05)			
9 Altman-Kurosaki, Jonas	28	ASPHALT GREEN MA	56.17	58.71	
	28.50	58.71 (30.21)			
10 Vayda, Robert	29	ALEXANDRIA MASTE	1:00.35	1:02.04	
	29.36	1:02.04 (32.68)			
11 Milajevs, Dmitrijs	29	GERMANTOWN MARYL	1:10.00	1:04.52	
	30.53	1:04.52 (33.99)			

**Men 25-29 100 Yard Freestyle Time Trial**

=====

ZONE: Z 45.61 4/15/2007 William Liscinsky  
 NATL: ! 41.13 5/3/2014 NATHAN ADRIAN

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Name	Age	Team	Seed	Finals
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**- Time Trial**

1	Gallagher, Kevin	29	CLUB TRIBE	NT	46.39
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**Men 25-29 200 Yard Freestyle**

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ZONE: Z 1:41.97 4/22/2001 Marc Grabish  
 NATL: ! 1:31.93 12/6/2013 DARIAN TOWNSEND

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Name	Age	Team	Seed	Finals	Points
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=====

1	McHenry, Scott	25	ALEXANDRIA MASTE	1:46.58	1:43.20	9
	23.74	49.71	(25.97)	1:16.30	(26.59)	1:43.20 (26.90)
2	Robbins, Luke	26	CLUB TRIBE	1:50.90	1:46.24	7
	25.26	52.54	(27.28)	1:19.51	(26.97)	1:46.24 (26.73)
3	Altman-Kurosaki, Jonas	28	ASPHALT GREEN MA	2:05.17	2:01.10	6
	29.31	1:00.46	(31.15)	1:31.52	(31.06)	2:01.10 (29.58)
4	VanRoden, Jack	26	MERRITT MARLINS	2:09.60	2:01.43	5
	28.03	59.04	(31.01)	1:30.50	(31.46)	2:01.43 (30.93)
5	Parker, Jonathan	25	SPORT & HEALTH T	2:28.33	2:02.47	4
	27.15	58.00	(30.85)	1:31.14	(33.14)	2:02.47 (31.33)
6	Vayda, Robert	29	ALEXANDRIA MASTE	2:15.00	2:21.16	3
	31.81	1:07.05	(35.24)	1:44.49	(37.44)	2:21.16 (36.67)
7	Ochs, Thomas	25	SPORT & HEALTH T	2:44.03	2:36.28	2
	33.91	1:12.99	(39.08)	1:53.92	(40.93)	2:36.28 (42.36)

**Men 25-29 500 Yard Freestyle**

=====

ZONE: Z 4:39.22 4/12/1992 Bruce Hayes  
 NATL: ! 4:20.82 4/17/2010 ANDY GRANT

=====

Name	Age	Team	Seed	Finals	Points
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=====

1	Robbins, Luke	26	CLUB TRIBE	5:00.00	5:07.22	9	
	27.68	57.36	(29.68)	1:27.43	(30.07)	1:57.95 (30.52)	
	2:29.37	(31.42)	3:00.90	(31.53)	3:32.67	(31.77)	4:04.34 (31.67)
	4:35.98	(31.64)	5:07.22	(31.24)			
2	Loughran, Kyle	29	CLUB TRIBE	5:25.00	5:13.00	7	
	21.37	56.30	(34.93)	1:27.80	(31.50)	1:59.72 (31.92)	
	2:32.92	(33.20)	3:06.03	(33.11)	3:38.61	(32.58)	4:11.28 (32.67)
	4:43.78	(32.50)	5:13.00	(29.22)			
3	Altman-Kurosaki, Jonas	28	ASPHALT GREEN MA	5:45.17	5:20.45	6	
	29.48	1:01.47	(31.99)	1:33.73	(32.26)	2:06.37 (32.64)	
	2:38.26	(31.89)	3:11.18	(32.92)	3:43.73	(32.55)	4:16.72 (32.99)
	4:49.31	(32.59)	5:20.45	(31.14)			
4	Allen, Brian	28	COLUMBIA MASTERS	5:30.00	5:27.50	5	
	29.36	1:01.87	(32.51)	1:34.63	(32.76)	2:07.85 (33.22)	
	2:41.08	(33.23)	3:15.13	(34.05)	3:48.92	(33.79)	4:22.63 (33.71)
	4:56.19	(33.56)	5:27.50	(31.31)			

**Men 25-29 1000 Yard Freestyle**

=====

ZONE: Z 9:55.05 4/14/1991 Steve Fisher  
 NATL: ! 9:19.61 3/15/2014 TOBIAS WORK

=====

Name	Age	Team	Seed	Finals	Points
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=====
1 Loughran, Kyle          29 CLUB TRIBE          11:00.01  10:42.34  9
    27.33          58.56 (31.23)      1:30.56 (32.00)    2:03.02 (32.46)
    2:35.90 (32.88)    3:08.43 (32.53)    3:41.53 (33.10)    4:14.41 (32.88)
    4:47.67 (33.26)    5:20.44 (32.77)    5:52.69 (32.25)    6:25.77 (33.08)
    6:58.62 (32.85)    7:31.63 (33.01)    8:04.39 (32.76)    8:36.58 (32.19)
    9:07.71 (31.13)    9:39.60 (31.89)    10:11.52 (31.92)   10:42.34 (30.82)
2 Altman-Kurosaki, Jonas  28 ASPHALT GREEN MA   11:20.17  10:54.81  7
    29.94          1:02.00 (32.06)    1:34.76 (32.76)    2:08.22 (33.46)
    2:41.21 (32.99)    3:14.49 (33.28)    3:48.00 (33.51)    4:21.20 (33.20)
    4:54.43 (33.23)    5:27.95 (33.52)    6:00.51 (32.56)    6:32.81 (32.30)
    7:04.96 (32.15)    7:37.72 (32.76)    8:10.16 (32.44)    8:42.71 (32.55)
    9:15.90 (33.19)    9:49.31 (33.41)    10:22.34 (33.03)   10:54.81 (32.47)
-- Alliot, Xavier        27 LANE 4 SWIMMING    24:00.00          DNF
    Did not finish
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**Men 25-29 50 Yard Backstroke**

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=====
ZONE: Z 23.28    4/6/2014 Jarryd Botha, UC10-10
NATL: ! 21.46   4/16/2010 ADAM MANIA
Name           Age Team           Seed     Finals Points
=====
1 Maguire, Andrew      28 UC10             29.00     28.62    9
2 Altman-Kurosaki, Jonas  28 ASPHALT GREEN MA  29.17     29.46    7
3 Parker, Jonathan     25 SPORT & HEALTH T  30.84     30.13    6
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**Men 25-29 100 Yard Backstroke**

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=====
ZONE: Z 50.56    4/5/2014 Jarryd Botha, UC10-10
NATL: ! 45.95   4/15/2010 ADAM MANIA
Name           Age Team           Seed     Finals Points
=====
1 VanRoden, Jack       26 MERRITT MARLINS   1:05.41   1:02.28    9
    30.20          1:02.28 (32.08)
2 Parker, Jonathan     25 SPORT & HEALTH T  1:06.71   1:04.39    7
    31.07          1:04.39 (33.32)
3 Vayda, Robert        29 ALEXANDRIA MASTE  1:13.11   1:15.27    6
    36.62          1:15.27 (38.65)
=====

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**Men 25-29 200 Yard Backstroke**

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=====
ZONE: Z 1:53.99  4/22/2001 Peter Hezky
NATL: ! 1:45.77  3/20/2016 DAVID RUSSELL
Name           Age Team           Seed     Finals Points
=====
1 Vayda, Robert        29 ALEXANDRIA MASTE  2:45.00   2:50.88    9
    41.63          1:25.13 (43.50)    2:09.10 (43.97)    2:50.88 (41.78)
=====

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**Men 25-29 50 Yard Breaststroke**

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=====
ZONE: Z 25.23    4/15/2007 William Liscinsky, CUBU
NATL: ! 23.87   5/21/2010 MARK GANGLOFF
Name           Age Team           Seed     Finals Points
=====
1 Parker, Jonathan     25 SPORT & HEALTH T  40.00     31.59    9
2 VanRoden, Jack       26 MERRITT MARLINS   31.53     31.65    7
3 Vayda, Robert        29 ALEXANDRIA MASTE  31.47     31.82    6
=====

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4	D'Aguillo, Mike	26	CLUB TRIBE	33.00	32.31	5
5	Levit, David	28	LANE 4 SWIMMING	32.14	32.77	4
6	Altman-Kurosaki, Jonas	28	ASPHALT GREEN MA	32.17	33.07	3

### Men 25-29 100 Yard Breaststroke

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ZONE: Z 56.76 4/25/2010 William Liscinsky, Curl-Burke Swim  
 NATL: ! 51.57 4/25/2015 MARCUS TITUS

Name	Age	Team	Seed	Finals	Points
1 McHenry, Scott	25	ALEXANDRIA MASTE	1:04.00	57.97	9
	26.90	57.97 (31.07)			
2 Maguire, Andrew	28	UC10	1:10.00	1:05.19	7
	30.13	1:05.19 (35.06)			
3 Levit, David	28	LANE 4 SWIMMING	1:12.60	1:12.98	6
	33.57	1:12.98 (39.41)			

### Men 25-29 200 Yard Breaststroke

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ZONE: Z 2:07.48 4/23/2006 Ethan Bassett, CUBU  
 NATL: ! 1:53.04 12/21/2013 BJ JOHNSON

Name	Age	Team	Seed	Finals	Points
1 Allen, Brian	28	COLUMBIA MASTERS	2:35.00	2:30.95	9
	35.92	1:14.26 (38.34) 1:52.39 (38.13)		2:30.95 (38.56)	
2 Levit, David	28	LANE 4 SWIMMING	2:40.00	2:43.07	7
	33.98	1:14.13 (40.15) 1:58.29 (44.16)		2:43.07 (44.78)	

### Men 25-29 50 Yard Butterfly

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ZONE: Z 22.24 4/5/2014 Jarryd Botha, UC10-10  
 NATL: ! 21.11 11/30/2012 DAVIS TARWATER

Name	Age	Team	Seed	Finals	Points
1 Gallagher, Kevin	29	CLUB TRIBE	23.33	22.99	9
2 VanRoden, Jack	26	MERRITT MARLINS	25.88	25.84	7
3 Altman-Kurosaki, Jonas	28	ASPHALT GREEN MA	29.17	30.02	6
4 Milajevs, Dmitrijs	29	GERMANTOWN MARYL	35.00	35.33	5
-- Parker, Jonathan	25	SPORT & HEALTH T	25.35	DQ	
		False start			

### Men 25-29 100 Yard Butterfly

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ZONE: Z 49.79 4/6/2014 Jarryd Botha, UC10-10  
 NATL: ! 45.32 11/30/2012 DAVIS TARWATER

Name	Age	Team	Seed	Finals	Points
1 Robbins, Luke	26	CLUB TRIBE	55.55	55.53	9
	25.97	55.53 (29.56)			
2 Parker, Jonathan	25	SPORT & HEALTH T	57.13	56.67	7
	25.96	56.67 (30.71)			
3 Maguire, Andrew	28	UC10	1:02.00	1:01.35	6
	27.76	1:01.35 (33.59)			
4 Xu, Tim	26	PATRIOT MASTERS	1:00.00	1:01.37	5
	28.76	1:01.37 (32.61)			

### Men 25-29 100 Yard IM



=====

ZONE: Z 50.51 4/15/2007 William Liscinsky, CUBU  
NATL: ! 47.77 5/3/2014 DARIAN TOWNSEND

Name	Age	Team	Seed	Finals	Points
1 Maguire, Andrew	28	UC10	1:06.00	1:00.17	9
	28.61	1:00.17 (31.56)			
2 Parker, Jonathan	25	SPORT & HEALTH T	1:04.50	1:00.33	7
	27.59	1:00.33 (32.74)			
3 VanRoden, Jack	26	MERRITT MARLINS	1:00.55	1:00.34	6
	27.47	1:00.34 (32.87)			
4 Altman-Kurosaki, Jonas	28	ASPHALT GREEN MA	1:08.17	1:01.73	5
	29.58	1:01.73 (32.15)			
5 Xu, Tim	26	PATRIOT MASTERS	1:05.00	1:05.69	4
	30.13	1:05.69 (35.56)			

**Men 25-29 200 Yard IM**

=====

ZONE: Z 1:55.03 4/4/2004 Frank Byskov, VMST  
NATL: ! 1:41.79 12/21/2013 DARIAN TOWNSEND

Name	Age	Team	Seed	Finals	Points
1 McHenry, Scott	25	ALEXANDRIA MASTE	1:59.47	1:55.87	9
	25.02	55.69 (30.67) 1:28.71 (33.02)		1:55.87 (27.16)	
2 Loughran, Kyle	29	CLUB TRIBE	2:10.00	2:01.11	7
	25.98	58.32 (32.34) 1:33.35 (35.03)		2:01.11 (27.76)	
3 Allen, Brian	28	COLUMBIA MASTERS	2:20.00	2:13.52	6
	28.46	1:03.01 (34.55) 1:42.47 (39.46)		2:13.52 (31.05)	
4 Xu, Tim	26	PATRIOT MASTERS	2:15.00	2:20.53	5
	28.62	1:04.51 (35.89) 1:46.56 (42.05)		2:20.53 (33.97)	

**Men 30-34 50 Yard Freestyle**

=====

ZONE: Z 20.91 4/15/2012 Terrence Fenningham, UNAT  
NATL: ! 19.33 5/2/2014 ERVIN\ERVIN

Name	Age	Team	Seed	Finals	Points
1 Macedonia, Nicholas	30	LANE 4 SWIMMING	23.14	22.81	9
2 Stratton, Rob	32	PATRIOT MASTERS	24.56	23.12	7
3 Lesnewsky, Erik	34	CLUB TRIBE	24.49	24.13	6
4 Tikhonoff, Jonathan	30	UC38	24.50	24.21	5
5 Summers, Dan	30	ARLINGTON MASTER	24.33	24.71	4
6 Oloughlin, Jonathan	33	UMAC-TERRAPIN MA	25.16	25.22	3
7 Shaw, Chris	34	UMAC-TERRAPIN MA	26.28	26.53	2

**Men 30-34 100 Yard Freestyle**

=====

ZONE: Z 46.38 4/13/2008 Troy Johnson, VMST  
NATL: ! 42.75 12/21/2014 DARIAN TOWNSEND

Name	Age	Team	Seed	Finals	Points
1 Stratton, Rob	32	PATRIOT MASTERS	53.96	51.57	9
	25.26	51.57 (26.31)			
2 Tikhonoff, Jonathan	30	UC38	51.00	52.41	7
	24.96	52.41 (27.45)			
3 Laiti, Patrick	31	UC12	54.00	52.84	6
	25.53	52.84 (27.31)			

4	Frampton, Andrew	30	DISTRICT OF COLU	54.00	53.32	5
	25.55		53.32 (27.77)			
5	Bauzon, Jaszver	32	BEARCAT MASTERS	54.62	53.93	4
	25.44		53.93 (28.49)			
6	Oloughlin, Jonathan	33	UMAC-TERRAPIN MA	55.17	53.99	3
	25.91		53.99 (28.08)			
7	Lesnewsy, Erik	34	CLUB TRIBE	52.09	54.13	2
	25.55		54.13 (28.58)			
8	Taylor, Tim	30	ALEXANDRIA MASTE	56.51	54.65	1
	26.05		54.65 (28.60)			
9	Ryan, Tim	34	CENTRAL BUCKS FA	59.15	56.64	
	27.56		56.64 (29.08)			
10	Shaw, Chris	34	UMAC-TERRAPIN MA	58.13	58.84	
	27.05		58.84 (31.79)			

### Men 30-34 200 Yard Freestyle

=====					
ZONE: Z 1:43.00		4/21/2013 Michael Bazylewicz, Fairfax County M			
NATL: ! 1:34.00		12/19/2014 DARIAN TOWNSEND			
Name	Age	Team	Seed	Finals	Points
=====					
1	Shaw, Chris	34	UMAC-TERRAPIN MA	2:12.34	2:14.12 9
	28.61		1:01.54 (32.93)	1:37.40 (35.86)	2:14.12 (36.72)

### Men 30-34 500 Yard Freestyle

=====					
ZONE: Z 4:44.06		4/20/2013 Michael Bazylewicz, Fairfax County M			
NATL: ! 4:29.49		2/25/1996 MATTHEW CETLINSKI			
Name	Age	Team	Seed	Finals	Points
=====					
1	Helfers, Edward	34	UC10	5:00.53	5:02.14 9
	27.91		58.58 (30.67)	1:29.03 (30.45)	1:59.82 (30.79)
	2:30.54 (30.72)		3:01.32 (30.78)	3:32.21 (30.89)	4:02.93 (30.72)
	4:33.52 (30.59)		5:02.14 (28.62)		
2	Schmitt, Sam	31	ARLINGTON MASTER	6:01.29	5:27.45 7
	29.73		1:01.57 (31.84)	1:33.79 (32.22)	2:06.40 (32.61)
	2:38.84 (32.44)		3:12.01 (33.17)	3:45.53 (33.52)	4:19.48 (33.95)
	4:54.23 (34.75)		5:27.45 (33.22)		
3	Oloughlin, Jonathan	33	UMAC-TERRAPIN MA	5:34.97	5:29.05 6
	28.91		1:01.12 (32.21)	1:34.61 (33.49)	2:08.23 (33.62)
	2:41.86 (33.63)		3:15.65 (33.79)	3:49.56 (33.91)	4:23.58 (34.02)
	4:57.00 (33.42)		5:29.05 (32.05)		

### Men 30-34 1000 Yard Freestyle

=====					
ZONE: Z 10:12.02		4/13/2012 Stephen Michaels, Binghamton Univ			
NATL: ! 9:26.93		3/23/2003 JOSHUA WOODRUFF			
Name	Age	Team	Seed	Finals	Points
=====					
1	Taylor, Tim	30	ALEXANDRIA MASTE	12:29.99	12:10.67 9
	32.16		1:07.73 (35.57)	1:43.60 (35.87)	2:20.18 (36.58)
	2:56.28 (36.10)		3:33.48 (37.20)	4:10.41 (36.93)	4:47.49 (37.08)
	5:26.21 (38.72)		6:03.97 (37.76)	6:41.23 (37.26)	7:18.25 (37.02)
	7:55.33 (37.08)		8:32.59 (37.26)	9:09.83 (37.24)	9:46.81 (36.98)
	10:23.50 (36.69)		10:59.85 (36.35)	11:36.09 (36.24)	12:10.67 (34.58)

### Men 30-34 50 Yard Backstroke

=====

ZONE: Z 24.35 4/23/2006 Troy Johnson, VMST  
NATL: ! 21.51 4/26/2015 MATT GREVERS

Name	Age	Team	Seed	Finals	Points
1 Lesnewsy, Erik	34	CLUB TRIBE	29.59	27.97	9
2 Tikhonoff, Jonathan	30	UC38	27.50	28.12	7
3 Ryan, Tim	34	CENTRAL BUCKS FA	32.00	29.61	6

**Men 30-34 100 Yard Backstroke Time Trial**

=====

ZONE: Z 54.60 4/14/1991 Rick Reynolds  
NATL: ! 46.34 12/21/2013 ADAM MANIA

Name	Age	Team	Seed	Finals
- Time Trial				
1 Hensley, Scott	34	CLUB TRIBE	NT	54.68

**Men 30-34 100 Yard Backstroke**

=====

ZONE: Z 51.93 4/20/2013 Michael Bazylewicz, Fairfax County M  
NATL: ! 46.34 12/21/2013 ADAM MANIA

Name	Age	Team	Seed	Finals	Points
1 Hensley, Scott	34	CLUB TRIBE	55.88	54.23	9
	25.90	54.23 (28.33)			
2 Norton, Timothy	33	UC08	57.21	57.33	7
	27.33	57.33 (30.00)			
3 Tikhonoff, Jonathan	30	UC38	58.50	59.57	6
	28.90	59.57 (30.67)			
4 Bauzon, Jaszver	32	BEARCAT MASTERS	1:02.10	1:02.08	5
	29.78	1:02.08 (32.30)			
5 Ryan, Tim	34	CENTRAL BUCKS FA	1:10.00	1:04.37	4
	32.18	1:04.37 (32.19)			
6 Shaw, Chris	34	UMAC-TERRAPIN MA	1:15.00	1:15.06	3
	34.00	1:15.06 (41.06)			

**Men 30-34 200 Yard Backstroke**

=====

ZONE: Z 1:51.42 4/21/2013 Michael Bazylewicz, Fairfax County M  
NATL: ! 1:43.73 12/21/2014 ADAM MANIA

Name	Age	Team	Seed	Finals	Points
1 Hensley, Scott	34	CLUB TRIBE	2:01.00	2:00.37	9
	27.78	58.28 (30.50)	1:29.17 (30.89)	2:00.37 (31.20)	
2 Taylor, Tim	30	ALEXANDRIA MASTE	2:19.66	2:17.75	7
	31.53	1:05.90 (34.37)	1:41.57 (35.67)	2:17.75 (36.18)	

**Men 30-34 50 Yard Breaststroke**

=====

ZONE: Z 26.54 4/17/2011 Joe Nagy, Red Tide  
NATL: ! 24.35 4/24/2015 MATT GREVERS

Name	Age	Team	Seed	Finals	Points
1 Macedonia, Nicholas	30	LANE 4 SWIMMING	29.15	28.27	9
2 Laiti, Patrick	31	UC12	29.23	29.22	7
3 Vera, Art	34	SPORT & HEALTH T	29.68	29.43	6

4	Tikhonoff, Jonathan	30 UC38	30.00	30.31	5
5	Murphy, Matthew	32 SPORT & HEALTH T	38.00	31.43	4
6	Ryan, Tim	34 CENTRAL BUCKS FA	34.00	33.45	3
7	Shaw, Chris	34 UMAC-TERRAPIN MA	37.46	37.26	2

### Men 30-34 100 Yard Breaststroke

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ZONE: Z 57.93 4/17/2011 Joe Nagy, REDT  
 NATL: ! 53.44 4/29/2011 ED MOSES

Name	Age	Team	Seed	Finals	Points
1 Tikhonoff, Jonathan	30	UC38	1:05.00	1:05.67	9
	31.77	1:05.67 (33.90)			
2 Taylor, Tim	30	ALEXANDRIA MASTE	1:11.38	1:07.99	7
	32.32	1:07.99 (35.67)			
3 Summers, Dan	30	ARLINGTON MASTER	1:09.05	1:10.79	6
	33.59	1:10.79 (37.20)			
4 Oloughlin, Jonathan	33	UMAC-TERRAPIN MA	1:11.31	1:12.32	5
	34.23	1:12.32 (38.09)			

### Men 30-34 200 Yard Breaststroke

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ZONE: Z 2:07.04 4/17/2011 Scott Werner, Red Tide  
 NATL: ! 1:56.02 5/1/2011 ED MOSES

Name	Age	Team	Seed	Finals	Points
1 Taylor, Tim	30	ALEXANDRIA MASTE	2:36.45	2:32.50	9
	33.81	1:11.90 (38.09) 1:51.46 (39.56)		2:32.50 (41.04)	
2 Vera, Art	34	SPORT & HEALTH T	2:45.00	2:46.89	7
	35.07	1:17.51 (42.44) 2:01.77 (44.26)		2:46.89 (45.12)	

### Men 30-34 50 Yard Butterfly

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ZONE: Z 22.73 4/14/2012 Terrence Fenningham, UNAT  
 NATL: ! 21.11 4/26/2015 MATT GREVERS

Name	Age	Team	Seed	Finals	Points
1 Macedonia, Nicholas	30	LANE 4 SWIMMING	24.93	24.77	9
2 Tikhonoff, Jonathan	30	UC38	27.00	25.55	7
3 Lesnewsky, Erik	34	CLUB TRIBE	26.59	25.94	6
4 Bauzon, Jaszver	32	BEARCAT MASTERS	26.28	26.23	5
5 Murphy, Matthew	32	SPORT & HEALTH T	28.01	26.66	4
6 Schmitt, Sam	31	ARLINGTON MASTER	28.01	27.26	3
7 Ryan, Tim	34	CENTRAL BUCKS FA	32.00	31.18	2

### Men 30-34 100 Yard Butterfly

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ZONE: Z 51.08 4/13/2003 Curtis Sawin  
 NATL: ! 47.28 12/20/2013 ADAM MANIA

Name	Age	Team	Seed	Finals	Points
1 Tikhonoff, Jonathan	30	UC38	57.50	55.07	9
	25.87	55.07 (29.20)			
2 Hensley, Scott	34	CLUB TRIBE	54.34	1:00.14	7
	27.74	1:00.14 (32.40)			

### Men 30-34 200 Yard Butterfly

=====

ZONE: Z 1:56.82 4/11/2015 Gregory Danner, Fairport Area Sw  
NATL: ! 1:45.01 4/12/2015 DARIAN TOWNSEND

Name	Age	Team	Seed	Finals	Points
1 Helpers, Edward	34	UC10	2:05.84	2:04.17	9
	27.46	58.68 (31.22)	1:30.76 (32.08)	2:04.17 (33.41)	
2 Schmitt, Sam	31	ARLINGTON MASTER	2:23.38	2:12.98	7
	28.55	1:00.49 (31.94)	1:34.44 (33.95)	2:12.98 (38.54)	

**Men 30-34 100 Yard IM**

=====

ZONE: Z 53.61 4/15/2012 Terrence Fenningham, UNAT  
NATL: ! 47.78 4/25/2015 MATT GREVERS

Name	Age	Team	Seed	Finals	Points
1 Tikhonoff, Jonathan	30	UC38	59.00	58.65	9
	26.67	58.65 (31.98)			
2 Macedonia, Nicholas	30	LANE 4 SWIMMING	59.96	58.77	7
	27.11	58.77 (31.66)			
3 Stratton, Rob	32	PATRIOT MASTERS	1:04.00	59.45	6
	27.61	59.45 (31.84)			
4 Lesnewsy, Erik	34	CLUB TRIBE	58.59	59.57	5
	28.23	59.57 (31.34)			
5 Taylor, Tim	30	ALEXANDRIA MASTE	1:02.98	1:01.42	4
	28.29	1:01.42 (33.13)			
6 Summers, Dan	30	ARLINGTON MASTER	1:03.21	1:05.92	3
	31.08	1:05.92 (34.84)			

**Men 30-34 200 Yard IM**

=====

ZONE: Z 1:55.50 4/13/2003 Curtis Sawin  
NATL: ! 1:42.03 12/20/2014 DARIAN TOWNSEND

Name	Age	Team	Seed	Finals	Points
1 Helpers, Edward	34	UC10	2:05.15	2:04.16	9
	26.47	59.99 (33.52)	1:35.41 (35.42)	2:04.16 (28.75)	
2 Stratton, Rob	32	PATRIOT MASTERS	2:16.65	2:13.81	7
	28.97	1:03.74 (34.77)	1:43.07 (39.33)	2:13.81 (30.74)	
3 Taylor, Tim	30	ALEXANDRIA MASTE	2:19.94	2:15.27	6
	29.34	1:04.35 (35.01)	1:43.10 (38.75)	2:15.27 (32.17)	
4 Frampton, Andrew	30	DISTRICT OF COLU	2:14.00	2:15.34	5
	28.42	1:03.57 (35.15)	1:43.75 (40.18)	2:15.34 (31.59)	
5 Oloughlin, Jonathan	33	UMAC-TERRAPIN MA	2:21.85	2:18.81	4
	29.30	1:06.44 (37.14)	1:46.18 (39.74)	2:18.81 (32.63)	
6 Bauzon, Jaszver	32	BEARCAT MASTERS	2:20.00	2:19.62	3
	29.18	1:05.20 (36.02)	1:46.23 (41.03)	2:19.62 (33.39)	

**Men 30-34 400 Yard IM**

=====

ZONE: Z 4:14.93 4/12/2015 Gregory Danner, Fairport Area Sw  
NATL: ! 3:40.98 12/19/2014 DARIAN TOWNSEND

Name	Age	Team	Seed	Finals	Points
1 Norton, Timothy	33	UC08	4:49.67	4:44.13	9
	27.37	1:00.41 (33.04)	1:36.17 (35.76)	2:11.48 (35.31)	
	2:53.30 (41.82)	3:35.79 (42.49)	4:10.74 (34.95)	4:44.13 (33.39)	

2 Ryan, Tim		34 CENTRAL BUCKS FA	5:40.12	5:16.85	7
	34.28	1:14.25 (39.97)	1:54.29 (40.04)	2:33.81 (39.52)	
	3:17.82 (44.01)	4:01.69 (43.87)	4:39.83 (38.14)	5:16.85 (37.02)	

### Men 35-39 50 Yard Freestyle

ZONE: Z 21.05 4/23/2006 Michael Ross, NEM  
 NATL: ! 20.14 5/4/2008 JOSH DAVIS

Name	Age	Team	Seed	Finals	Points
1 Lovett, Michael	39	CLUB TRIBE	22.06	22.24	9
2 Jent, Daniel	39	ALEXANDRIA MASTE	23.81	23.86	7
3 Dryburgh, Andrew	36	SPRING VALLEY YM	24.25	24.28	6
4 Strahota, Jeffrey	36	UMAC-TERRAPIN MA	24.42	25.22	5
5 Gass, Kraig	37	WINCHESTER MASTE	25.55	25.45	4
6 Gwilliam, Glenn	38	RESTON MASTERS S	31.28	26.91	3

### Men 35-39 100 Yard Freestyle

ZONE: Z 45.54 4/23/2006 Michael Ross, NEM  
 NATL: ! 44.24 4/20/2009 VLAD PYSHNENKO

Name	Age	Team	Seed	Finals	Points
1 Bellamy, Robert	35	MARYLAND MASTERS	47.41	48.08	9
	23.15	48.08 (24.93)			
2 Lovett, Michael	39	CLUB TRIBE	49.00	49.88	7
	23.55	49.88 (26.33)			
3 Krajewski, Thomas	38	PATRIOT MASTERS	51.03	51.98	6
	24.55	51.98 (27.43)			
4 Hegna, Ryan	36	CENTRAL BUCKS FA	53.00	52.85	5
	24.99	52.85 (27.86)			
5 Sady, Darek	39	DISTRICT OF COLU	51.41	53.01	4
	25.36	53.01 (27.65)			
6 Jent, Daniel	39	ALEXANDRIA MASTE	53.28	53.14	3
	25.44	53.14 (27.70)			
7 Hegna, Jon	38	LANE 4 SWIMMING	55.55	54.13	2
	25.75	54.13 (28.38)			
8 Kaplan, Jordan	38	LANE 4 SWIMMING	56.19	57.00	1
	27.31	57.00 (29.69)			
9 Gwilliam, Glenn	38	RESTON MASTERS S	1:05.48	1:01.37	
	29.63	1:01.37 (31.74)			
10 Sugar, David	37	MERRITT MARLINS	1:11.33	1:14.55	
	34.51	1:14.55 (40.04)			

### Men 35-39 200 Yard Freestyle

ZONE: Z 1:39.90 4/24/2005 Michael Ross, NEM  
 NATL: ! 1:36.56 5/4/2008 JOSH DAVIS

Name	Age	Team	Seed	Finals	Points
1 Bellamy, Robert	35	MARYLAND MASTERS	1:45.50	1:46.43	9
	24.88	51.40 (26.52) 1:18.54 (27.14)		1:46.43 (27.89)	
2 Jent, Daniel	39	ALEXANDRIA MASTE	1:55.00	1:56.06	7
	26.50	55.66 (29.16) 1:25.67 (30.01)		1:56.06 (30.39)	
3 Hegna, Ryan	36	CENTRAL BUCKS FA	1:55.00	1:58.46	6
	26.15	55.81 (29.66) 1:26.85 (31.04)		1:58.46 (31.61)	
4 Dryburgh, Andrew	36	SPRING VALLEY YM	1:59.00	2:00.54	5

	26.74	57.37 (30.63)	1:28.99 (31.62)	2:00.54 (31.55)
5 Connors, Dana		36 DISTRICT OF COLU	2:20.00	2:17.57 4
	32.51	1:08.19 (35.68)	1:43.42 (35.23)	2:17.57 (34.15)

### Men 35-39 500 Yard Freestyle

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=====
ZONE: Z 4:43.62 4/25/2009 Mark Matheson, NIAG
NATL: ! 4:33.97 5/17/2002 RONALD KARNAUGH
=====
Name Age Team Seed Finals Points
=====
1 Jent, Daniel 39 ALEXANDRIA MASTE 5:30.09 5:22.83 9
    28.01 58.57 (30.56) 1:30.43 (31.86) 2:03.02 (32.59)
    2:35.98 (32.96) 3:09.55 (33.57) 3:43.30 (33.75) 4:16.92 (33.62)
    4:50.47 (33.55) 5:22.83 (32.36)
2 Hegna, Ryan 36 CENTRAL BUCKS FA 5:30.00 5:25.14 7
    27.78 58.55 (30.77) 1:30.85 (32.30) 2:03.49 (32.64)
    2:36.62 (33.13) 3:10.21 (33.59) 3:43.94 (33.73) 4:18.21 (34.27)
    4:52.33 (34.12) 5:25.14 (32.81)
3 Hegna, Jon 38 LANE 4 SWIMMING 5:30.30 5:25.18 6
    28.96 1:00.75 (31.79) 1:33.55 (32.80) 2:06.69 (33.14)
    2:39.69 (33.00) 3:12.77 (33.08) 3:46.25 (33.48) 4:20.18 (33.93)
    4:53.35 (33.17) 5:25.18 (31.83)
4 Strahota, Jeffrey 36 UMAC-TERRAPIN MA 5:20.25 5:27.55 5
    29.73 1:02.33 (32.60) 1:35.42 (33.09) 2:08.66 (33.24)
    2:42.16 (33.50) 3:15.51 (33.35) 3:49.09 (33.58) 4:22.52 (33.43)
    4:55.87 (33.35) 5:27.55 (31.68)
5 Dryburgh, Andrew 36 SPRING VALLEY YM 5:35.00 5:36.17 4
    29.73 1:03.42 (33.69) 1:37.72 (34.30) 2:12.30 (34.58)
    2:46.97 (34.67) 3:21.84 (34.87) 3:56.04 (34.20) 4:30.28 (34.24)
    5:04.02 (33.74) 5:36.17 (32.15)
6 Patterson, Thomas 39 COLONIALS 1776 5:40.36 5:41.61 3
    31.36 1:05.30 (33.94) 1:39.64 (34.34) 2:14.04 (34.40)
    2:48.31 (34.27) 3:23.03 (34.72) 3:57.73 (34.70) 4:32.76 (35.03)
    5:08.02 (35.26) 5:41.61 (33.59)
7 Boris, Joseph 37 SPRING VALLEY YM 5:40.32 5:43.29 2
    30.39 1:04.45 (34.06) 1:39.47 (35.02) 2:14.81 (35.34)
    2:50.02 (35.21) 3:25.35 (35.33) 4:00.52 (35.17) 4:35.80 (35.28)
    5:10.61 (34.81) 5:43.29 (32.68)
8 Gwilliam, Glenn 38 RESTON MASTERS S 7:20.00 6:43.16 1
    35.70 1:16.12 (40.42) 1:58.19 (42.07) 2:40.68 (42.49)
    3:23.31 (42.63) 4:04.60 (41.29) 4:44.57 (39.97) 5:25.01 (40.44)
    6:05.58 (40.57) 6:43.16 (37.58)
9 Sugar, David 37 MERRITT MARLINS 7:26.46 7:40.68
    35.76 1:18.63 (42.87) 2:04.76 (46.13) 2:52.49 (47.73)
    3:41.35 (48.86) 4:29.30 (47.95) 5:17.32 (48.02) 6:07.08 (49.76)
    6:53.48 (46.40) 7:40.68 (47.20)
=====

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### Men 35-39 1000 Yard Freestyle Time Trial

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=====
ZONE: Z 10:18.45 4/12/1992 Matthew Clark
NATL: ! 9:27.97 5/20/2010 ERIC CHRISTENSEN
=====
Name Age Team Seed Finals
=====
- Time Trial
1 Patterson, Thomas 39 COLONIALS 1776 NT 11:51.77
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### Men 35-39 1000 Yard Freestyle

=====

ZONE: Z 9:50.85 4/13/2012 Frederik Hviid, Germantown Maryl  
 NATL: ! 9:27.97 5/20/2010 ERIC CHRISTENSEN

Name	Age	Team	Seed	Finals	Points
1 Wheeler, Michael	36	CENTRAL MARYLAND	11:11.00	11:02.84	9
28.77	1:00.19 (31.42)	1:32.53 (32.34)	2:04.98 (32.45)		
2:37.65 (32.67)	3:10.59 (32.94)	3:43.70 (33.11)	4:16.82 (33.12)		
4:49.96 (33.14)	5:23.31 (33.35)	5:57.40 (34.09)	6:31.43 (34.03)		
7:05.48 (34.05)	7:39.57 (34.09)	8:13.57 (34.00)	8:47.60 (34.03)		
9:22.15 (34.55)	9:56.25 (34.10)	10:30.03 (33.78)	11:02.84 (32.81)		
2 Kaplan, Jordan	38	LANE 4 SWIMMING	11:32.66	11:35.54	7
30.95	1:04.62 (33.67)	1:39.07 (34.45)	2:13.93 (34.86)		
2:48.88 (34.95)	3:23.95 (35.07)	3:59.16 (35.21)	4:34.88 (35.72)		
5:10.12 (35.24)	5:45.66 (35.54)	6:21.62 (35.96)	6:57.58 (35.96)		
7:33.01 (35.43)	8:08.11 (35.10)	8:43.28 (35.17)	9:18.72 (35.44)		
9:54.14 (35.42)	10:29.43 (35.29)	11:03.31 (33.88)	11:35.54 (32.23)		
3 Dryburgh, Andrew	36	SPRING VALLEY YM	11:40.00	11:36.33	6
30.27	1:04.39 (34.12)	1:39.23 (34.84)	2:14.04 (34.81)		
2:49.16 (35.12)	3:24.32 (35.16)	3:59.62 (35.30)	4:35.51 (35.89)		
5:11.25 (35.74)	5:47.11 (35.86)	6:22.25 (35.14)	6:57.26 (35.01)		
7:32.22 (34.96)	8:07.23 (35.01)	8:42.65 (35.42)	9:18.43 (35.78)		
9:54.26 (35.83)	10:29.98 (35.72)	11:04.79 (34.81)	11:36.33 (31.54)		

**Men 35-39 1650 Yard Freestyle**

=====

ZONE: Z 16:25.58 4/19/2013 Frederik Hviid, Germantown Maryl  
 NATL: ! 15:53.88 5/18/2003 JEFF ERWIN

Name	Age	Team	Seed	Finals	Points
1 Methric, Tim	39	MARYLAND MASTERS	22:12.00	18:51.25	9
28.15	59.97 (31.82)	1:33.26 (33.29)	2:07.18 (33.92)		
2:41.51 (34.33)	3:16.15 (34.64)	3:51.69 (35.54)	4:26.75 (35.06)		
5:02.11 (35.36)	5:37.95 (35.84)	6:13.26 (35.31)	6:48.22 (34.96)		
7:23.33 (35.11)	7:58.62 (35.29)	8:33.68 (35.06)	9:09.09 (35.41)		
9:44.25 (35.16)	10:19.58 (35.33)	10:54.93 (35.35)	11:29.57 (34.64)		
12:04.23 (34.66)	12:39.23 (35.00)	13:13.49 (34.26)	13:47.83 (34.34)		
14:22.98 (35.15)	14:57.56 (34.58)	15:31.84 (34.28)	16:06.36 (34.52)		
16:40.67 (34.31)	17:14.34 (33.67)	17:47.94 (33.60)	18:21.04 (33.10)		
18:51.25 (30.21)					
2 Patterson, Thomas	39	COLONIALS 1776	19:45.00	19:43.93	7
32.00	1:05.93 (33.93)	1:40.16 (34.23)	2:14.83 (34.67)		
2:49.80 (34.97)	3:24.87 (35.07)	4:00.12 (35.25)	4:35.43 (35.31)		
5:10.89 (35.46)	5:46.70 (35.81)	6:22.66 (35.96)	6:58.74 (36.08)		
7:35.05 (36.31)	8:11.75 (36.70)	8:48.76 (37.01)	9:25.41 (36.65)		
10:02.32 (36.91)	10:38.52 (36.20)	11:15.07 (36.55)	11:51.77 (36.70)		
12:28.18 (36.41)	13:04.69 (36.51)	13:41.51 (36.82)	14:18.04 (36.53)		
14:54.85 (36.81)	15:31.51 (36.66)	16:08.51 (37.00)	16:45.19 (36.68)		
17:21.37 (36.18)	17:57.77 (36.40)	18:34.37 (36.60)	19:09.11 (34.74)		
19:43.93 (34.82)					
3 Boris, Joseph	37	SPRING VALLEY YM	19:22.00	20:14.76	6
30.85	1:05.21 (34.36)	1:40.00 (34.79)	2:15.38 (35.38)		
2:51.37 (35.99)	3:27.39 (36.02)	4:03.59 (36.20)	4:40.30 (36.71)		
5:16.97 (36.67)	5:53.89 (36.92)	6:30.57 (36.68)	7:07.56 (36.99)		
7:44.57 (37.01)	8:21.51 (36.94)	8:58.38 (36.87)	9:35.68 (37.30)		
10:13.26 (37.58)	10:50.24 (36.98)	11:27.22 (36.98)	12:04.45 (37.23)		
12:41.78 (37.33)	13:19.62 (37.84)	13:57.16 (37.54)	14:35.11 (37.95)		



15:12.83 (37.72)	15:50.85 (38.02)	16:28.98 (38.13)	17:07.24 (38.26)
17:45.57 (38.33)	18:23.70 (38.13)	19:01.34 (37.64)	19:38.64 (37.30)
20:14.76 (36.12)			
4 Takeguchi, Kevin	38 LANE 4 SWIMMING	38:00.00	34:44.14 5
43.00	1:35.87 (52.87)	2:28.55 (52.68)	3:22.59 (54.04)
4:19.11 (56.52)	5:17.90 (58.79)	6:14.71 (56.81)	7:18.57 (1:03.86)
8:34.10 (1:15.53)	9:30.29 (56.19)	10:44.83 (1:14.54)	12:00.78 (1:15.95)
13:10.42 (1:09.64)	14:17.62 (1:07.20)	15:24.43 (1:06.81)	16:26.87 (1:02.44)
17:39.14 (1:12.27)	18:40.83 (1:01.69)	19:42.60 (1:01.77)	20:43.12 (1:00.52)
21:48.09 (1:04.97)	22:52.07 (1:03.98)	23:52.18 (1:00.11)	24:52.83 (1:00.65)
26:03.93 (1:11.10)	27:05.00 (1:01.07)	28:09.17 (1:04.17)	29:18.19 (1:09.02)
30:26.18 (1:07.99)	31:33.54 (1:07.36)	32:39.16 (1:05.62)	33:42.77 (1:03.61)
34:44.14 (1:01.37)			

### Men 35-39 50 Yard Backstroke

=====					
ZONE: Z	23.06	4/23/2006	Michael Ross, NEM		
NATL: !	22.70	5/4/2008	JOSH DAVIS		
Name		Age	Team	Seed	Finals Points
=====					
1	Fry, Jonathan	37	ALEXANDRIA MASTE	30.00	28.21 9
2	Hegna, Ryan	36	CENTRAL BUCKS FA	31.00	28.75 7
3	Gass, Kraig	37	WINCHESTER MASTE	29.92	29.78 6
4	Strahota, Jeffrey	36	UMAC-TERRAPIN MA	31.13	30.47 5

### Men 35-39 100 Yard Backstroke

=====					
ZONE: Z	49.62	4/24/2005	Michael Ross, NEM		
NATL: !	49.12	5/4/2008	JOSH DAVIS		
Name		Age	Team	Seed	Finals Points
=====					
1	Sugar, David	37	MERRITT MARLINS	2:12.64	1:59.19 9
	56.90		1:59.19 (1:02.29)		

### Men 35-39 200 Yard Backstroke

=====					
ZONE: Z	1:52.89	4/24/2005	Michael Ross, NEM		
NATL: !	1:47.72	5/4/2008	JOSH DAVIS		
Name		Age	Team	Seed	Finals Points
=====					
1	Patterson, Thomas	39	COLONIALS 1776	2:25.63	2:19.01 9
	32.99		1:08.13 (35.14)	1:44.18 (36.05)	2:19.01 (34.83)
2	Boris, Joseph	37	SPRING VALLEY YM	2:29.90	2:28.43 7
	35.33		1:13.13 (37.80)	1:51.28 (38.15)	2:28.43 (37.15)

### Men 35-39 50 Yard Breaststroke Time Trial

=====					
ZONE: Z	26.29	4/22/2001	Wally Dicks		
NATL: !	25.35	5/21/2010	STEVE WEST		
Name		Age	Team	Seed	Finals
=====					
<b>- Time Trial</b>					
1	Houchins, Bradford	39	SPRING VALLEY YM	NT	29.63

### Men 35-39 50 Yard Breaststroke

=====					
ZONE: Z	26.29	4/22/2001	Wally Dicks		

NATL: ! 25.35 5/21/2010 STEVE WEST

Name	Age Team	Seed	Finals	Points
1 Houchins, Bradford	39 SPRING VALLEY YM	29.40	30.05	9
2 Fry, Jonathan	37 ALEXANDRIA MASTE	32.00	30.60	7
3 Wheeler, Michael	36 CENTRAL MARYLAND	31.11	30.81	6
4 Sady, Darek	39 DISTRICT OF COLU	31.20	32.37	5
5 Strahota, Jeffrey	36 UMAC-TERRAPIN MA	32.23	32.44	4
6 Hegna, Ryan	36 CENTRAL BUCKS FA	34.00	32.71	3
7 Hegna, Jon	38 LANE 4 SWIMMING	39.39	32.92	2

### Men 35-39 100 Yard Breaststroke

ZONE: Z 55.84 4/22/2001 Wally Dicks  
NATL: ! 54.98 3/28/2015 JAMES SHEEHAN

Name	Age Team	Seed	Finals	Points
1 Houchins, Bradford	39 SPRING VALLEY YM	1:04.50	1:05.13	9
	29.63 1:05.13 (35.50)			

### Men 35-39 200 Yard Breaststroke

ZONE: Z 2:06.40 4/22/2001 Wally Dicks  
NATL: ! 1:59.23 12/16/2001 RON KARNAUGH

Name	Age Team	Seed	Finals	Points
1 Houchins, Bradford	39 SPRING VALLEY YM	2:27.00	2:28.56	9
	32.39 1:09.46 (37.07) 1:48.40 (38.94)		2:28.56 (40.16)	
2 Wheeler, Michael	36 CENTRAL MARYLAND	2:40.11	2:33.48	7
	34.00 1:13.24 (39.24) 1:53.30 (40.06)		2:33.48 (40.18)	
3 Boris, Joseph	37 SPRING VALLEY YM	2:40.37	2:40.32	6
	36.31 1:17.26 (40.95) 1:59.02 (41.76)		2:40.32 (41.30)	
4 Patterson, Thomas	39 COLONIALS 1776	2:43.13	2:43.56	5
	36.61 1:17.35 (40.74) 2:00.22 (42.87)		2:43.56 (43.34)	

### Men 35-39 50 Yard Butterfly

ZONE: Z 22.86 4/23/2006 Michael Ross, NEM  
NATL: ! 22.26 4/29/2011 JOSH DAVIS

Name	Age Team	Seed	Finals	Points
1 Lovett, Michael	39 CLUB TRIBE	23.70	23.87	9
2 Krajewski, Thomas	38 PATRIOT MASTERS	25.48	25.52	7
3 Fry, Jonathan	37 ALEXANDRIA MASTE	27.00	26.56	6
4 Hegna, Ryan	36 CENTRAL BUCKS FA	26.00	26.63	5
5 Dryburgh, Andrew	36 SPRING VALLEY YM	26.26	26.64	4
6 Strahota, Jeffrey	36 UMAC-TERRAPIN MA	27.72	27.55	3
7 Hegna, Jon	38 LANE 4 SWIMMING	28.28	27.62	2
8 Gwilliam, Glenn	38 RESTON MASTERS S	33.79	30.86	1

### Men 35-39 100 Yard Butterfly

ZONE: Z 50.06 4/23/2006 Michael Ross, NEM  
NATL: ! 49.12 4/24/2015 GLENN COUNTS

Name	Age Team	Seed	Finals	Points
1 Nilson, Matt	36 CLUB TRIBE	55.29	55.44	9

	26.03	55.44 (29.41)			
2 Torgesen, Harald		38 ALEXANDRIA MASTE	1:01.18	1:00.49	7
	27.72	1:00.49 (32.77)			
3 Dryburgh, Andrew		36 SPRING VALLEY YM	1:00.00	1:00.87	6
	27.55	1:00.87 (33.32)			
4 Strahota, Jeffrey		36 UMAC-TERRAPIN MA	59.95	1:01.42	5
	28.01	1:01.42 (33.41)			
5 Jent, Daniel		39 ALEXANDRIA MASTE	1:02.18	1:01.51	4
	27.93	1:01.51 (33.58)			
6 Gass, Kraig		37 WINCHESTER MASTE	1:02.54	1:03.19	3
	29.33	1:03.19 (33.86)			

### Men 35-39 200 Yard Butterfly

=====					
	ZONE: Z 1:52.21	5/9/1993 Bill Specht			
	NATL: ! 1:50.74	5/16/1999 BOBBY PATTEN			
Name		Age Team	Seed	Finals	Points
=====					
1 Nilson, Matt		36 CLUB TRIBE	2:04.13	2:01.92	9
	27.35	58.31 (30.96)	1:29.96 (31.65)	2:01.92 (31.96)	
2 Wheeler, Michael		36 CENTRAL MARYLAND	2:18.06	2:12.32	7
	28.28	1:01.65 (33.37)	1:36.06 (34.41)	2:12.32 (36.26)	
3 Patterson, Thomas		39 COLONIALS 1776	2:17.54	2:17.05	6
	29.98	1:03.09 (33.11)	1:38.49 (35.40)	2:17.05 (38.56)	
4 Dryburgh, Andrew		36 SPRING VALLEY YM	2:20.00	2:20.25	5
	30.00	1:05.34 (35.34)	1:42.03 (36.69)	2:20.25 (38.22)	

### Men 35-39 100 Yard IM

=====					
	ZONE: Z 53.98	4/13/2008 Jeffrey Roddin, ANCM			
	NATL: ! 50.06	5/4/2008 JOSH DAVIS			
Name		Age Team	Seed	Finals	Points
=====					
1 Lovett, Michael		39 CLUB TRIBE	53.70	54.75	9
	25.11	54.75 (29.64)			
2 Fry, Jonathan		37 ALEXANDRIA MASTE	1:03.00	1:03.14	7
	28.91	1:03.14 (34.23)			
3 Boris, Joseph		37 SPRING VALLEY YM	1:06.67	1:06.41	6
	32.03	1:06.41 (34.38)			
4 Gass, Kraig		37 WINCHESTER MASTE	1:12.50	1:09.36	5
	29.75	1:09.36 (39.61)			
5 Gwilliam, Glenn		38 RESTON MASTERS S	1:18.14	1:11.44	4
	32.50	1:11.44 (38.94)			
6 Connors, Dana		36 DISTRICT OF COLU	1:13.62	1:12.85	3
	34.60	1:12.85 (38.25)			

### Men 35-39 200 Yard IM

=====					
	ZONE: Z 1:58.94	4/15/2007 Jeffrey Roddin, ANCM			
	NATL: ! 1:48.74	12/22/2002 RONALD KARNAUGH			
Name		Age Team	Seed	Finals	Points
=====					
1 Boris, Joseph		37 SPRING VALLEY YM	2:19.56	2:21.71	9
	30.32	1:08.27 (37.95)	1:49.07 (40.80)	2:21.71 (32.64)	

### Men 35-39 400 Yard IM

=====					
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ZONE: Z 4:25.68 4/22/2001 Danilo Vicioso

NATL: ! 3:56.76 12/16/2001 RON KARNAUGH

Name	Age	Team	Seed	Finals	Points
1 Patterson, Thomas	39	COLONIALS 1776	4:58.20	4:53.36	9
	31.02	1:05.57 (34.55)	1:42.08 (36.51)	2:19.06 (36.98)	
	3:02.33 (43.27)	3:45.74 (43.41)	4:20.47 (34.73)	4:53.36 (32.89)	
2 Boris, Joseph	37	SPRING VALLEY YM	5:06.30	5:02.70	7
	32.08	1:10.67 (38.59)	1:51.24 (40.57)	2:30.65 (39.41)	
	3:12.95 (42.30)	3:55.65 (42.70)	4:29.89 (34.24)	5:02.70 (32.81)	
3 Connors, Dana	36	DISTRICT OF COLU	5:42.00	5:33.60	6
	37.09	1:19.01 (41.92)	2:01.81 (42.80)	2:43.80 (41.99)	
	3:30.15 (46.35)	4:18.77 (48.62)	4:57.17 (38.40)	5:33.60 (36.43)	

#### Men 40-44 50 Yard Freestyle Time Trial

ZONE: Z 21.78 4/21/2002 Michael Fell

NATL: ! 20.67 12/20/2014 JOSH DAVIS

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
1 Williams, Rich	41	CLUB TRIBE	NT	23.54
2 Baldwin, Craig	42	RESTON MASTERS S	NT	24.23

#### Men 40-44 50 Yard Freestyle

ZONE: Z 20.84 4/26/2009 Michael Ross, MESC

NATL: ! 20.67 12/20/2014 JOSH DAVIS

Name	Age	Team	Seed	Finals	Points
1 Hasbach, Christian	42	UC12	23.00	22.34	9
2 Bohan, Michael	40	UC07	25.22	25.17	7
3 Rockwell, John	42	CLUB TRIBE	25.60	25.37	6
4 Hanneschlager, Michael	42	LANE 4 SWIMMING	25.02	25.76	5
5 Milhiser, Mark	42	ALEXANDRIA MASTE	31.00	28.83	4
6 Vannier, David	40	UC10	30.00	31.12	3
7 Ghaleb, Ragaey	41	COLUMBIA MASTERS	36.59	32.18	2
8 Casstevens, Wade	43	SPORT & HEALTH T	33.81	34.69	1
9 McCready, Matthew	41	ALEXANDRIA MASTE	45.87	45.70	

#### Men 40-44 100 Yard Freestyle Time Trial

ZONE: Z 47.63 4/21/2002 Michael Fell

NATL: ! 45.15 5/3/2014 JOSH DAVIS

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
2 Williams, Rich	41	CLUB TRIBE	NT	52.22
4 Baldwin, Craig	42	RESTON MASTERS S	NT	53.16

#### Men 40-44 100 Yard Freestyle

ZONE: Z 45.61 4/25/2009 Michael Ross, MESC

NATL: ! 45.15 5/3/2014 JOSH DAVIS

Name	Age	Team	Seed	Finals	Points
1 Zenyuh, James	40	RIPTIDE MASTERS	49.50	48.35	9

	22.84	48.35 (25.51)			
2 Berry, Chip		42 UC10	48.00	50.62	7
	24.69	50.62 (25.93)			
3 Kirschner, Brad		43 SPRING VALLEY YM	53.00	52.37	6
	24.93	52.37 (27.44)			
4 Baldwin, Craig		42 RESTON MASTERS S	53.51	52.95	5
	25.46	52.95 (27.49)			
5 Harbourt, Cliff		44 SANTA CRUZ MASTE	53.43	54.25	4
	26.05	54.25 (28.20)			
6 Bingaman, Cory		42 ALEXANDRIA MASTE	57.41	54.68	3
	26.31	54.68 (28.37)			
7 Grasha, Eric		41 DISTRICT OF COLU	54.99	55.42	2
	26.68	55.42 (28.74)			
8 Bohan, Michael		40 UC07	59.03	57.99	1
	27.37	57.99 (30.62)			
9 Bartkowski, Mac		40 LANE 4 SWIMMING	59.00	58.17	
	27.83	58.17 (30.34)			
10 Hinz, Brian		43 CENTRAL MARYLAND	1:01.40	1:00.36	
	28.65	1:00.36 (31.71)			
11 Joubert, Kevin		44 MERRITT MARLINS	58.00	1:00.92	
	29.70	1:00.92 (31.22)			
12 Casstevens, Wade		43 SPORT & HEALTH T	1:15.00	1:18.31	
	37.61	1:18.31 (40.70)			

#### Men 40-44 200 Yard Freestyle

=====					
	ZONE: Z 1:47.76	4/26/2009 William Segal, JAM			
	NATL: ! 1:38.23	4/24/2015 JOSH DAVIS			
Name	Age	Team	Seed	Finals	Points
=====					
1 Berry, Chip	42	UC10	1:48.00	1:49.59	9
	25.70	53.12 (27.42)	1:21.13 (28.01)	1:49.59 (28.46)	
2 Bell, David	41	SANTA CRUZ MASTE	1:54.88	1:54.56	7
	26.42	55.59 (29.17)	1:25.55 (29.96)	1:54.56 (29.01)	
3 Bingaman, Cory	42	ALEXANDRIA MASTE	2:07.50	2:02.83	6
	28.22	58.20 (29.98)	1:30.10 (31.90)	2:02.83 (32.73)	
4 Dragon, Tony	40	UC10	2:07.58	2:08.77	5
	28.97	1:00.83 (31.86)	1:34.62 (33.79)	2:08.77 (34.15)	
5 Di Filippo, Mario	40	DISTRICT OF COLU	2:04.73	2:10.74	4
	30.62	1:03.39 (32.77)	1:37.30 (33.91)	2:10.74 (33.44)	
6 McCready, Matthew	41	ALEXANDRIA MASTE	3:29.33	3:32.49	3
	51.90	1:45.02 (53.12)	2:39.86 (54.84)	3:32.49 (52.63)	

#### Men 40-44 500 Yard Freestyle

=====					
	ZONE: Z 4:46.18	4/12/2008 Chris Stevenson, VMST			
	NATL: ! 4:33.36	4/25/2015 JOSH DAVIS			
Name	Age	Team	Seed	Finals	Points
=====					
1 Berry, Chip	42	UC10	4:45.00	5:01.04	9
	27.40	56.81 (29.41)	1:26.80 (29.99)	1:57.63 (30.83)	
	2:28.83 (31.20)	2:59.84 (31.01)	3:30.91 (31.07)	4:01.76 (30.85)	
	4:32.69 (30.93)	5:01.04 (28.35)			
2 Bell, David	41	SANTA CRUZ MASTE	5:42.00	5:10.63	7
	27.55	57.66 (30.11)	1:28.79 (31.13)	2:00.48 (31.69)	
	2:32.64 (32.16)	3:04.71 (32.07)	3:36.33 (31.62)	4:08.24 (31.91)	

3	Baldwin, Craig	42	RESTON MASTERS S	5:31.03	5:18.64	6		
	28.49	58.81	(30.32)	1:30.26	(31.45)	2:02.55	(32.29)	
	2:35.62	(33.07)	3:08.58	(32.96)	3:41.46	(32.88)	4:14.00	(32.54)
	4:46.52	(32.52)	5:18.64	(32.12)				
4	Scott, Clint	42	RESTON MASTERS S	5:45.00	5:40.39	5		
	30.43	1:04.05	(33.62)	1:38.25	(34.20)	2:13.44	(35.19)	
	2:48.40	(34.96)	3:23.28	(34.88)	3:58.02	(34.74)	4:32.81	(34.79)
	5:07.60	(34.79)	5:40.39	(32.79)				
5	Kirschner, Brad	43	SPRING VALLEY YM	5:45.00	5:44.95	4		
	29.25	1:01.97	(32.72)	1:34.67	(32.70)	2:08.28	(33.61)	
	2:43.65	(35.37)	3:19.10	(35.45)	3:55.11	(36.01)	4:31.54	(36.43)
	5:08.78	(37.24)	5:44.95	(36.17)				
6	Joubert, Kevin	44	MERRITT MARLINS	5:45.00	5:45.76	3		
	31.41	1:05.94	(34.53)	1:41.34	(35.40)	2:16.68	(35.34)	
	2:51.96	(35.28)	3:27.11	(35.15)	4:02.28	(35.17)	4:37.17	(34.89)
	5:11.90	(34.73)	5:45.76	(33.86)				
7	Di Filippo, Mario	40	DISTRICT OF COLU	5:36.66	5:48.32	2		
	29.93	1:03.89	(33.96)	1:39.43	(35.54)	2:15.23	(35.80)	
	2:50.93	(35.70)	3:26.76	(35.83)	4:02.84	(36.08)	4:38.52	(35.68)
	5:14.71	(36.19)	5:48.32	(33.61)				
8	Dragon, Tony	40	UC10	5:49.51	5:58.31	1		
	32.54	1:07.19	(34.65)	1:42.89	(35.70)	2:19.25	(36.36)	
	2:55.64	(36.39)	3:32.12	(36.48)	4:09.55	(37.43)	4:46.82	(37.27)
	5:23.60	(36.78)	5:58.31	(34.71)				
9	Hanneschlager, Michael	42	LANE 4 SWIMMING	6:31.20	6:18.60			
	32.63	1:09.47	(36.84)	1:47.08	(37.61)	2:25.13	(38.05)	
	3:03.12	(37.99)	3:41.18	(38.06)	4:20.63	(39.45)	5:00.84	(40.21)
	5:39.93	(39.09)	6:18.60	(38.67)				

### Men 40-44 1000 Yard Freestyle

=====								
ZONE: Z		10:19.02	4/24/2009	Rob Jones, UNAT				
NATL: !		9:32.66	5/7/2010	ALEX KOSTICH				
Name	Age	Team	Seed	Finals	Points			
=====								
1	Ahlgren, Kyle	41	CLUB TRIBE	16:55.50	15:02.30	9		
	42.58	1:28.48	(45.90)	2:14.51	(46.03)	3:00.15	(45.64)	
	3:45.41	(45.26)	4:30.33	(44.92)	5:15.03	(44.70)	6:00.10	(45.07)
	6:45.26	(45.16)	7:30.90	(45.64)	8:16.21	(45.31)	9:01.42	(45.21)
	9:47.31	(45.89)	10:33.20	(45.89)	11:18.71	(45.51)	12:04.29	(45.58)
	12:49.41	(45.12)	13:34.18	(44.77)	14:18.86	(44.68)	15:02.30	(43.44)
2	Jarrell, Noble	40	ALEXANDRIA MASTE	18:00.00	16:34.23	7		
	45.71	1:32.56	(46.85)	2:20.09	(47.53)	3:08.36	(48.27)	
	3:56.47	(48.11)	4:45.90	(49.43)	5:37.08	(51.18)	6:27.47	(50.39)
	7:18.79	(51.32)	8:09.95	(51.16)	9:00.76	(50.81)	9:50.91	(50.15)
	10:40.54	(49.63)	11:31.02	(50.48)	12:22.28	(51.26)	13:14.65	(52.37)
	14:04.75	(50.10)	14:55.70	(50.95)	15:45.12	(49.42)	16:34.23	(49.11)

### Men 40-44 1650 Yard Freestyle

=====							
ZONE: Z		17:42.09	4/23/2006	Scott Brown, SVM			
NATL: !		15:51.52	5/9/2010	ALEX KOSTICH			
Name	Age	Team	Seed	Finals	Points		
=====							
1	Di Filippo, Mario	40	DISTRICT OF COLU	19:22.77	19:40.65	9	
	30.84	1:04.90	(34.06)	1:39.99	(35.09)	2:15.42	(35.43)

2:50.98 (35.56)	3:26.47 (35.49)	4:02.14 (35.67)	4:38.37 (36.23)
5:14.11 (35.74)	5:50.30 (36.19)	6:26.37 (36.07)	7:02.48 (36.11)
7:38.69 (36.21)	8:15.07 (36.38)	8:51.47 (36.40)	9:27.85 (36.38)
10:03.98 (36.13)	10:40.44 (36.46)	11:16.58 (36.14)	11:52.85 (36.27)
12:29.20 (36.35)	13:05.60 (36.40)	13:42.19 (36.59)	14:18.86 (36.67)
14:55.25 (36.39)	15:31.58 (36.33)	16:07.79 (36.21)	16:43.91 (36.12)
17:19.84 (35.93)	17:55.67 (35.83)	18:31.51 (35.84)	19:07.45 (35.94)
19:40.65 (33.20)			

2 Joubert, Kevin                      44 MERRITT MARLINS                      20:10.00    20:15.84    7

32.87	1:08.61 (35.74)	1:44.79 (36.18)	2:21.10 (36.31)
2:57.66 (36.56)	3:33.92 (36.26)	4:10.13 (36.21)	4:47.00 (36.87)
5:23.64 (36.64)	5:59.78 (36.14)	6:36.12 (36.34)	7:12.37 (36.25)
7:48.76 (36.39)	8:25.50 (36.74)	9:02.37 (36.87)	9:39.07 (36.70)
10:15.49 (36.42)	10:51.86 (36.37)	11:28.72 (36.86)	12:05.68 (36.96)
12:43.21 (37.53)	13:21.03 (37.82)	13:58.96 (37.93)	14:37.03 (38.07)
15:15.18 (38.15)	15:52.89 (37.71)	16:30.90 (38.01)	17:09.09 (38.19)
17:46.58 (37.49)	18:24.49 (37.91)	19:01.80 (37.31)	19:39.47 (37.67)
20:15.84 (36.37)			

3 Dragon, Tony                      40 UC10                      21:41.67    21:23.93    6

35.21	1:13.06 (37.85)	1:51.63 (38.57)	2:31.38 (39.75)
3:11.10 (39.72)	3:51.29 (40.19)	4:31.02 (39.73)	5:10.87 (39.85)
5:51.00 (40.13)	6:30.62 (39.62)	7:10.29 (39.67)	7:50.14 (39.85)
8:30.46 (40.32)	9:10.45 (39.99)	9:50.41 (39.96)	10:31.01 (40.60)
11:11.27 (40.26)	11:51.22 (39.95)	12:30.91 (39.69)	13:09.91 (39.00)
13:49.35 (39.44)	14:28.67 (39.32)	15:08.22 (39.55)	15:47.55 (39.33)
16:27.58 (40.03)	17:07.83 (40.25)	17:47.50 (39.67)	18:27.32 (39.82)
19:07.20 (39.88)	19:46.95 (39.75)	20:24.56 (37.61)	21:00.24 (35.68)
21:23.93 (23.69)			

**Men 40-44 50 Yard Backstroke**

=====

ZONE: Z 22.77    4/25/2009 Michael Ross, MESC  
 NATL: ! 22.77    4/26/2009 MICHAEL ROSS

Name	Age Team	Seed	Finals	Points
1 Zenyuh, James	40 RIPTIDE MASTERS	24.04	23.81	9
2 Bell, David	41 SANTA CRUZ MASTE	26.03	26.35	7
3 Rockwell, John	42 CLUB TRIBE	29.44	28.05	6
4 Joubert, Kevin	44 MERRITT MARLINS	36.00	32.91	5
5 Hinz, Brian	43 CENTRAL MARYLAND	34.53	33.27	4
6 Vannier, David	40 UC10	37.00	35.38	3
7 McCready, Matthew	41 ALEXANDRIA MASTE	55.55	59.30	2

**Men 40-44 50 Yard Backstroke Time Trial**

=====

ZONE: Z 24.45    4/13/2008 Chris Stevenson, VMST-VA  
 NATL: ! 22.77    4/26/2009 MICHAEL ROSS

Name	Age Team	Seed	Finals
<b>- Time Trial</b>			
1 Zenyuh, James	40 RIPTIDE MASTERS	NT	23.94Z
2 Rockwell, John	42 CLUB TRIBE	NT	28.10
3 Baldwin, Craig	42 RESTON MASTERS S	NT	28.99

**Men 40-44 100 Yard Backstroke**

=====

ZONE: Z 48.49    4/26/2009 Michael Ross, MESC

NATL: ! 48.49 4/26/2009 MICHAEL ROSS

Name	Age	Team	Seed	Finals	Points
1 Zenyuh, James	40	RIPTIDE MASTERS	52.34	51.47	9
	24.79	51.47 (26.68)			
2 Bell, David	41	SANTA CRUZ MASTE	57.00	58.49	7
	28.40	58.49 (30.09)			
3 Rockwell, John	42	CLUB TRIBE	1:04.10	1:00.23	6
	29.20	1:00.23 (31.03)			
4 Kirschner, Brad	43	SPRING VALLEY YM	1:02.00	1:03.37	5
	30.58	1:03.37 (32.79)			
5 Grasha, Eric	41	DISTRICT OF COLU	1:05.02	1:05.24	4
	31.58	1:05.24 (33.66)			

#### Men 40-44 100 Yard Backstroke Time Trial

ZONE: Z 51.88 4/13/2008 Chris Stevenson, VMST-VA

NATL: ! 48.49 4/26/2009 MICHAEL ROSS

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
1 Rockwell, John	42	CLUB TRIBE	NT	1:00.06

#### Men 40-44 200 Yard Backstroke

ZONE: Z 1:53.29 4/12/2008 Chris Stevenson, VMST

NATL: ! 1:50.09 5/4/2008 MICHAEL ROSS

Name	Age	Team	Seed	Finals	Points
1 Bell, David	41	SANTA CRUZ MASTE	2:06.38	2:05.71	9
	28.33	1:00.12 (31.79)	1:33.01 (32.89)	2:05.71 (32.70)	
2 Baldwin, Craig	42	RESTON MASTERS S	2:26.70	2:21.00	7
	32.89	1:09.35 (36.46)	1:44.99 (35.64)	2:21.00 (36.01)	
3 Vannier, David	40	UC10	2:45.00	2:46.27	6
	39.99	1:21.68 (41.69)	2:04.96 (43.28)	2:46.27 (41.31)	
4 McCready, Matthew	41	ALEXANDRIA MASTE	4:05.99	4:20.89	5
	1:03.41	4:20.89 (3:17.48)			

#### Men 40-44 50 Yard Breaststroke

ZONE: Z 27.42 5/2/1999 Benn Doyle

NATL: ! 25.02 3/12/2016 JARROD MARRS

Name	Age	Team	Seed	Finals	Points
1 Williams, Rich	41	CLUB TRIBE	28.84	28.43	9
2 Scott, Clint	42	RESTON MASTERS S	32.34	31.42	7
3 Bartkowski, Mac	40	LANE 4 SWIMMING	35.00	33.67	6
4 Hinz, Brian	43	CENTRAL MARYLAND	33.79	35.23	5
5 Grasha, Eric	41	DISTRICT OF COLU	38.00	36.87	4
6 Casstevens, Wade	43	SPORT & HEALTH T	42.90	41.87	3

#### Men 40-44 100 Yard Breaststroke

ZONE: Z 58.39 4/26/2009 Jim Tuchler, CUBU

NATL: ! 55.37 4/25/2015 JEFF COMMINGS

Name	Age	Team	Seed	Finals	Points
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1	Williams, Rich	41	CLUB TRIBE	1:03.59	1:03.98	9
	30.11		1:03.98 (33.87)			
2	Sandi, Gustavo	44	GERMANTOWN MARYL	1:05.85	1:05.92	7
	30.84		1:05.92 (35.08)			
3	Baldwin, Craig	42	RESTON MASTERS S	1:10.52	1:06.47	6
	31.39		1:06.47 (35.08)			
4	Milhiser, Mark	42	ALEXANDRIA MASTE	1:18.00	1:22.51	5
	38.43		1:22.51 (44.08)			
5	Vannier, David	40	UC10	1:24.00	1:22.74	4
	39.53		1:22.74 (43.21)			
6	Kraeuter, Michael	41	BLUE WAVE SWIM T	1:26.91	1:28.93	3
	42.02		1:28.93 (46.91)			
7	Ghaleb, Ragaey	41	COLUMBIA MASTERS	1:33.44	1:31.90	2
	41.73		1:31.90 (50.17)			
8	Casstevens, Wade	43	SPORT & HEALTH T	1:35.06	1:32.02	1
	43.07		1:32.02 (48.95)			

#### Men 40-44 200 Yard Breaststroke

ZONE: Z 2:08.34 4/25/2009 Jim Tuchler, CUBU  
 NATL: ! 2:00.53 5/3/2014 STEVE WEST

Name	Age	Team	Seed	Finals	Points
1 Williams, Rich	41	CLUB TRIBE	2:24.53	2:25.20	9
	32.63	1:09.21 (36.58)	1:46.81 (37.60)	2:25.20 (38.39)	
2 McNelis, Michael	41	UC04	2:28.78	2:27.39	7
	33.13	1:10.88 (37.75)	1:49.09 (38.21)	2:27.39 (38.30)	
3 Sandi, Gustavo	44	GERMANTOWN MARYL	2:33.30	2:27.92	6
	32.86	1:10.19 (37.33)	1:48.61 (38.42)	2:27.92 (39.31)	
4 Kirschner, Brad	43	SPRING VALLEY YM	2:40.00	2:52.70	5
	38.55	1:21.39 (42.84)	2:06.63 (45.24)	2:52.70 (46.07)	

#### Men 40-44 50 Yard Butterfly Time Trial

ZONE: Z 23.72 4/12/2008 Steve Hiltabiddle, UNAT-NJ  
 NATL: ! 22.61 4/26/2009 MICHAEL ROSS

Name	Age	Team	Seed	Finals
<b>- Time Trial</b>				
1 Zenyuh, James	40	RIPTIDE MASTERS	NT	23.34Z

#### Men 40-44 50 Yard Butterfly

ZONE: Z 22.61 4/26/2009 Michael Ross, MESC  
 NATL: ! 22.61 4/26/2009 MICHAEL ROSS

Name	Age	Team	Seed	Finals	Points
1 Zenyuh, James	40	RIPTIDE MASTERS	23.24	22.75	9
2 Scott, Clint	42	RESTON MASTERS S	30.10	26.42	7
3 Harbourt, Cliff	44	SANTA CRUZ MASTE	26.46	26.63	6
4 Grasha, Eric	41	DISTRICT OF COLU	26.62	27.63	5
5 Rockwell, John	42	CLUB TRIBE	27.99	27.71	4
6 Hanneschlager, Michael	42	LANE 4 SWIMMING	27.09	27.86	3
7 Bohan, Michael	40	UC07	28.49	28.08	2
8 Joubert, Kevin	44	MERRITT MARLINS	30.61	29.40	1
9 Hinz, Brian	43	CENTRAL MARYLAND	29.28	29.47	
10 Bartkowski, Mac	40	LANE 4 SWIMMING	30.00	30.35	

**Men 40-44 100 Yard Butterfly**

ZONE: Z 51.92 4/13/2008 Chris Stevenson, VMST

NATL: ! 49.27 5/4/2008 MICHAEL ROSS

Name	Age	Team	Seed	Finals	Points
1 Zenyuh, James	40	RIPTIDE MASTERS	52.48	51.41Z	9
	23.34	51.41 (28.07)			
2 Baldwin, Craig	42	RESTON MASTERS S	1:02.02	59.48	7
	28.13	59.48 (31.35)			
3 Bingaman, Cory	42	ALEXANDRIA MASTE	1:05.50	1:03.29	6
	29.18	1:03.29 (34.11)			
4 Bohan, Michael	40	UC07	1:09.70	1:06.84	5
	30.05	1:06.84 (36.79)			
5 Kraeuter, Michael	41	BLUE WAVE SWIM T	1:22.00	1:27.10	4
	39.85	1:27.10 (47.25)			

**Men 40-44 200 Yard Butterfly**

ZONE: Z 1:57.61 4/12/2008 Chris Stevenson, VMST

NATL: ! 1:50.61 4/14/2002 DENNIS BAKER

Name	Age	Team	Seed	Finals	Points
1 McNelis, Michael	41	UC04	2:30.78	2:24.09	9
	31.95	1:09.20 (37.25)	1:46.66 (37.46)	2:24.09 (37.43)	
2 Di Filippo, Mario	40	DISTRICT OF COLU	2:23.57	2:28.71	7
	32.43	1:10.20 (37.77)	1:49.53 (39.33)	2:28.71 (39.18)	

**Men 40-44 100 Yard IM**

ZONE: Z 53.51 4/26/2009 Jim Tuchler

NATL: ! 51.07 4/25/2015 JEFF COMMINGS

Name	Age	Team	Seed	Finals	Points
1 Zenyuh, James	40	RIPTIDE MASTERS	56.11	55.04	9
	23.78	55.04 (31.26)			
2 Berry, Chip	42	UC10	58.00	58.68	7
	26.98	58.68 (31.70)			
3 Rockwell, John	42	CLUB TRIBE	1:02.68	59.79	6
	27.81	59.79 (31.98)			
4 Sandi, Gustavo	44	GERMANTOWN MARYL	1:04.92	1:02.51	5
	29.80	1:02.51 (32.71)			
5 McNelis, Michael	41	UC04	1:02.65	1:02.71	4
	29.94	1:02.71 (32.77)			
6 Hanneschlager, Michael	42	LANE 4 SWIMMING	1:07.67	1:06.76	3
	29.08	1:06.76 (37.68)			
7 Hinz, Brian	43	CENTRAL MARYLAND	1:09.47	1:09.14	2
	31.53	1:09.14 (37.61)			
8 Milhiser, Mark	42	ALEXANDRIA MASTE	1:15.44	1:14.30	1
	34.41	1:14.30 (39.89)			
9 Vannier, David	40	UC10	1:20.00	1:17.14	
	36.66	1:17.14 (40.48)			
10 Kraeuter, Michael	41	BLUE WAVE SWIM T	1:22.61	1:23.94	
	40.16	1:23.94 (43.78)			

**Men 40-44 200 Yard IM**

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ZONE: Z 1:51.85 4/25/2009 Michael Ross, MESC

NATL: ! 1:51.85 4/26/2009 MICHAEL ROSS

Name	Age	Team	Seed	Finals	Points
1 Rockwell, John	42	CLUB TRIBE	2:20.40	2:12.57	9
	28.44	1:00.92 (32.48)	1:40.03 (39.11)	2:12.57 (32.54)	
2 Kirschner, Brad	43	SPRING VALLEY YM	2:20.00	2:20.21	7
	28.84	1:04.27 (35.43)	1:48.28 (44.01)	2:20.21 (31.93)	
3 Grasha, Eric	41	DISTRICT OF COLU	2:18.20	2:22.33	6
	29.69	1:06.88 (37.19)	1:50.46 (43.58)	2:22.33 (31.87)	
4 Bohan, Michael	40	UC07	2:31.69	2:30.25	5
	28.94	1:06.98 (38.04)	1:54.21 (47.23)	2:30.25 (36.04)	
5 Joubert, Kevin	44	MERRITT MARLINS	2:38.00	2:35.60	4
	33.17	1:14.78 (41.61)	2:00.68 (45.90)	2:35.60 (34.92)	

**Men 40-44 400 Yard IM**

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ZONE: Z 4:18.94 4/26/2009 Jim Tuchler, CUBU

NATL: ! 4:01.87 4/19/2009 ROQUE SANTOS

Name	Age	Team	Seed	Finals	Points
1 McNelis, Michael	41	UC04	4:53.69	4:52.84	9
	30.85	1:06.47 (35.62)	1:44.04 (37.57)	2:22.10 (38.06)	
	3:02.51 (40.41)	3:44.05 (41.54)	4:18.86 (34.81)	4:52.84 (33.98)	
2 Joubert, Kevin	44	MERRITT MARLINS	5:34.00	5:18.97	7
	35.73	1:15.28 (39.55)	1:57.97 (42.69)	2:39.63 (41.66)	
	3:23.42 (43.79)	4:08.57 (45.15)	4:44.84 (36.27)	5:18.97 (34.13)	
3 Kraeuter, Michael	41	BLUE WAVE SWIM T	6:30.00	6:06.09	6
	39.82	1:27.46 (47.64)	2:16.47 (49.01)	3:06.30 (49.83)	
	3:57.44 (51.14)	4:48.87 (51.43)	5:28.03 (39.16)	6:06.09 (38.06)	

**Men 45-49 50 Yard Freestyle**

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ZONE: Z 22.10 4/25/2010 William Segal, Jersey Area Mult

NATL: ! 21.06 5/21/2010 RICHARD HUGHEY

Name	Age	Team	Seed	Finals	Points
1 Gross, Jeremy	45	SPRING VALLEY YM	21.97	22.00Z	9
2 Doane, Michael	46	UMAC-TERRAPIN MA	22.99	23.43	7
3 Sangmeister, Gary	46	SPRING VALLEY YM	23.90	23.72	6
4 Ruckdeschel, Jonathan	48	CENTRAL MARYLAND	23.52	24.06	5
5 Owings, Adam	45	UC12	25.00	24.68	4
6 Clear, Kirk	49	VIRGINIA MASTERS	24.51	25.00	3
7 Rudolph, Daniel	45	LANE 4 SWIMMING	25.45	25.52	2
8 Wiley, Keith	49	CENTRAL BUCKS FA	25.50	25.57	1
9 Reynolds, Sean	48	CENTRAL BUCKS FA	25.76	26.08	
10 Shinaishin, Ahmed	49	FREEDOM AQUATIC	30.50	29.95	
11 Coleman, Wisdom	47	UC12	36.30	32.29	

**Men 45-49 100 Yard Freestyle**

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ZONE: Z 47.99 4/9/2016 Michael Ross, Maine Masters Sw

NATL: ! 46.21 4/26/2015 NICOLAS GRANGER

Name	Age	Team	Seed	Finals	Points
1 Gross, Jeremy	45	SPRING VALLEY YM	49.37	48.92	9

	23.52	48.92 (25.40)			
2 Sprenger, Kurt		47 VIRGINIA MASTERS	55.74	52.73	7
	25.07	52.73 (27.66)			
3 Sangmeister, Gary		46 SPRING VALLEY YM	53.00	52.76	6
	25.02	52.76 (27.74)			
4 Ruckdeschel, Jonathan		48 CENTRAL MARYLAND	52.86	53.22	5
	24.94	53.22 (28.28)			
5 Clear, Kirk		49 VIRGINIA MASTERS	55.04	55.26	4
	26.74	55.26 (28.52)			
6 Rudolph, Daniel		45 LANE 4 SWIMMING	54.76	55.42	3
	27.23	55.42 (28.19)			
7 Wiley, Keith		49 CENTRAL BUCKS FA	57.50	57.87	2
	28.18	57.87 (29.69)			
8 Reynolds, Sean		48 CENTRAL BUCKS FA	57.10	58.10	1
	27.31	58.10 (30.79)			
9 Brooks, James		47 ARLINGTON MASTER	1:00.00	59.09	
	28.28	59.09 (30.81)			
10 Jacobson, Michael		48 CENTRAL MARYLAND	1:00.88	1:00.06	
	28.93	1:00.06 (31.13)			
11 Wynes, Tony		47 RESTON MASTERS S	1:13.96	1:14.48	
	35.72	1:14.48 (38.76)			
12 Coleman, Wisdom		47 UC12	1:25.44	1:15.62	
	35.10	1:15.62 (40.52)			
13 Luciano, Jaime		45 ALEXANDRIA MASTE	2:30.00	1:20.56	
	38.99	1:20.56 (41.57)			

#### Men 45-49 100 Yard Freestyle Time Trial

=====				
	ZONE: Z	51.49	4/13/2003	Bradford Gandee
	NATL: !	46.21	4/26/2015	NICOLAS GRANGER
Name	Age	Team	Seed	Finals
=====				
<b>- Time Trial</b>				
5 Clear, Kirk	49	VIRGINIA MASTERS	NT	56.83

#### Men 45-49 200 Yard Freestyle

=====					
	ZONE: Z	1:48.05	4/25/2010	William Segal,	Jersey Area Mult
	NATL: !	1:41.69	5/21/2010	DAVID SIMS	
Name	Age	Team	Seed	Finals	Points
=====					
1 Gross, Jeremy	45	SPRING VALLEY YM	1:50.46	1:51.40	9
	25.58	53.60 (28.02)	1:22.32 (28.72)	1:51.40 (29.08)	
2 Sprenger, Kurt	47	VIRGINIA MASTERS	2:01.83	1:57.28	7
	26.90	56.89 (29.99)	1:27.29 (30.40)	1:57.28 (29.99)	
3 Earle, Daniel	45	CLUB TRIBE	2:10.20	2:00.26	6
	27.86	57.48 (29.62)	1:28.29 (30.81)	2:00.26 (31.97)	
4 Rudolph, Daniel	45	LANE 4 SWIMMING	2:05.93	2:05.66	5
	28.79	1:01.04 (32.25)	1:33.77 (32.73)	2:05.66 (31.89)	
5 Wiley, Keith	49	CENTRAL BUCKS FA	2:08.00	2:09.46	4
	29.87	1:02.54 (32.67)	1:35.92 (33.38)	2:09.46 (33.54)	
6 Reynolds, Sean	48	CENTRAL BUCKS FA	2:20.00	2:09.85	3
	28.78	1:01.15 (32.37)	1:35.95 (34.80)	2:09.85 (33.90)	
7 Wynes, Tony	47	RESTON MASTERS S	2:43.29	2:44.85	2
	38.68	1:19.70 (41.02)	2:02.77 (43.07)	2:44.85 (42.08)	

#### Men 45-49 500 Yard Freestyle

=====

ZONE: Z 4:51.53 4/25/2009 Neil Brophy, NIAG

NATL: ! 4:39.10 5/20/2007 DENNIS BAKER

Name	Age	Team	Seed	Finals	Points
1 Earle, Daniel	45	CLUB TRIBE	6:08.54	5:30.63	9
	30.57	1:03.80 (33.23)	1:36.33 (32.53)	2:09.57 (33.24)	
	2:43.22 (33.65)	3:16.93 (33.71)	3:50.66 (33.73)	4:24.34 (33.68)	
	4:57.88 (33.54)	5:30.63 (32.75)			
2 Reynolds, Sean	48	CENTRAL BUCKS FA	6:20.00	6:02.99	7
	31.03	1:05.55 (34.52)	1:41.43 (35.88)	2:17.93 (36.50)	
	2:55.30 (37.37)	3:32.75 (37.45)	4:11.25 (38.50)	4:49.63 (38.38)	
	5:27.43 (37.80)	6:02.99 (35.56)			
3 Wiley, Keith	49	CENTRAL BUCKS FA	6:08.00	6:05.67	6
	30.97	1:05.50 (34.53)	1:41.14 (35.64)	2:17.64 (36.50)	
	2:54.65 (37.01)	3:32.04 (37.39)	4:10.24 (38.20)	4:48.64 (38.40)	
	5:27.45 (38.81)	6:05.67 (38.22)			
4 Wynes, Tony	47	RESTON MASTERS S	8:00.00	7:05.07	5
	39.12	1:19.93 (40.81)	2:03.09 (43.16)	2:46.26 (43.17)	
	3:30.09 (43.83)	4:13.23 (43.14)	4:56.60 (43.37)	5:40.70 (44.10)	
	6:23.87 (43.17)	7:05.07 (41.20)			

#### Men 45-49 1000 Yard Freestyle

=====

ZONE: Z 9:58.64 4/24/2009 Neil Brophy, NIAG

NATL: ! 9:43.93 5/20/2010 KEITH SWITZER

Name	Age	Team	Seed	Finals	Points
1 Earle, Daniel	45	CLUB TRIBE	12:00.69	12:01.76	9
	32.55	1:08.14 (35.59)	1:44.21 (36.07)	2:20.74 (36.53)	
	2:57.42 (36.68)	3:33.78 (36.36)	4:10.32 (36.54)	4:47.18 (36.86)	
	5:24.15 (36.97)	6:01.80 (37.65)	6:39.11 (37.31)	7:17.02 (37.91)	
	7:54.37 (37.35)	8:31.36 (36.99)	9:06.55 (35.19)	9:41.84 (35.29)	
	10:16.80 (34.96)	10:51.64 (34.84)	11:27.22 (35.58)	12:01.76 (34.54)	
2 Reynolds, Sean	48	CENTRAL BUCKS FA	15:30.00	12:38.85	7
	33.01	1:07.89 (34.88)	2:27.99 (1:20.10)		
	3:06.35 ( )	3:44.65 (38.30)	4:22.78 (38.13)	5:00.83 (38.05)	
	5:39.29 (38.46)	6:18.11 (38.82)	6:56.53 (38.42)	7:35.68 (39.15)	
	8:14.28 (38.60)	8:52.54 (38.26)	9:31.25 (38.71)	10:10.34 (39.09)	
	10:49.35 (39.01)	11:27.46 (38.11)	12:04.16 (36.70)	12:38.85 (34.69)	
3 Luciano, Jaime	45	ALEXANDRIA MASTE	20:30.00	19:34.83	6
	53.85	1:50.85 (57.00)	2:45.91 (55.06)	3:46.40 (1:00.49)	
	4:46.69 (1:00.29)	5:46.86 (1:00.17)	6:49.21 (1:02.35)	7:50.24 (1:01.03)	
	8:52.65 (1:02.41)	9:53.84 (1:01.19)	10:53.28 (59.44)	11:54.75 (1:01.47)	
	12:55.93 (1:01.18)	13:53.02 (57.09)	14:54.69 (1:01.67)	15:51.70 (57.01)	
	16:49.75 (58.05)	17:47.39 (57.64)	18:44.85 (57.46)	19:34.83 (49.98)	

#### Men 45-49 1650 Yard Freestyle

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ZONE: Z 18:08.53 4/21/2002 John Hudson

NATL: ! 16:08.05 5/20/2010 JEFF ERWIN

Name	Age	Team	Seed	Finals	Points
1 Murray, James	48	FORT BELVOIR MAS	20:20.00	20:07.68	9
	32.20	1:06.60 (34.40)	1:42.01 (35.41)	2:18.08 (36.07)	
	2:54.23 (36.15)	3:31.19 (36.96)	4:08.07 (36.88)	4:45.07 (37.00)	
	5:21.90 (36.83)	5:58.65 (36.75)	6:35.19 (36.54)	7:12.36 (37.17)	

7:49.05 (36.69)	8:26.04 (36.99)	9:02.63 (36.59)	9:39.69 (37.06)
10:16.43 (36.74)	10:53.34 (36.91)	11:30.07 (36.73)	12:07.09 (37.02)
12:44.05 (36.96)	13:21.09 (37.04)	13:58.10 (37.01)	14:35.47 (37.37)
15:12.58 (37.11)	15:49.65 (37.07)	16:27.22 (37.57)	17:04.67 (37.45)
17:41.75 (37.08)	18:18.91 (37.16)	18:56.01 (37.10)	19:32.85 (36.84)
20:07.68 (34.83)			
2 Garwood, Chase	48 LANE 4 SWIMMING	33:18.00	29:36.37 7
45.85	1:35.08 (49.23)	2:27.08 (52.00)	3:20.19 (53.11)
4:14.78 (54.59)	5:09.55 (54.77)	6:04.29 (54.74)	6:58.90 (54.61)
7:53.85 (54.95)			11:33.42 ( )
12:27.89 (54.47)	13:21.71 (53.82)		14:16.14 ( )
15:11.65 (55.51)	16:07.68 (56.03)	17:03.14 (55.46)	17:57.80 (54.66)
18:53.71 (55.91)	19:48.61 (54.90)	20:43.87 (55.26)	21:38.98 (55.11)
22:34.33 (55.35)	23:29.30 (54.97)	24:23.04 (53.74)	25:16.29 (53.25)
26:09.71 (53.42)	27:02.70 (52.99)	27:57.05 (54.35)	29:36.37 (1:39.32)
3 Stiglitz, David	47 LANE 4 SWIMMING	33:41.00	32:45.82 6
54.66	1:50.61 (55.95)	2:48.23 (57.62)	
4:46.19 ( )	5:46.29 (1:00.10)		8:49.12 ( )
	9:50.02 ( )	10:50.44 (1:00.42)	
12:52.23 ( )		14:51.87 ( )	
17:52.89 ( )	18:53.07 (1:00.18)	19:53.95 (1:00.88)	
20:55.15 ( )	21:56.47 (1:01.32)	22:57.83 (1:01.36)	23:58.42 (1:00.59)
	25:59.32 ( )		28:01.03 ( )
28:58.40 (57.37)	29:56.65 (58.25)	30:54.90 (58.25)	31:51.55 (56.65)
32:45.82 (54.27)			

#### Men 45-49 50 Yard Backstroke Time Trial

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ZONE: Z 25.06 4/23/2006 Clay Britt
NATL: ! 23.58 4/26/2015 MICHAEL ROSS
Name Age Team Seed Finals
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- Time Trial
1 Clear, Kirk 49 VIRGINIA MASTERS NT 28.14

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#### Men 45-49 50 Yard Backstroke

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ZONE: Z 24.18 4/10/2016 Michael Ross, Maine Masters Sw
NATL: ! 23.58 4/26/2015 MICHAEL ROSS
Name Age Team Seed Finals Points
=====
1 Chiappetta, Michael 45 UC11 27.95 27.09 9
2 Clear, Kirk 49 VIRGINIA MASTERS 27.21 27.54 7
3 Sprenger, Kurt 47 VIRGINIA MASTERS 29.46 29.47 6
4 Rudolph, Daniel 45 LANE 4 SWIMMING 29.95 29.91 5
5 Ruckdeschel, Jonathan 48 CENTRAL MARYLAND 30.50 30.44 4
6 Wiley, Keith 49 CENTRAL BUCKS FA 32.00 32.41 3

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#### Men 45-49 100 Yard Backstroke Time Trial

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=====
ZONE: Z 53.87 4/23/2006 Clay Britt
NATL: ! 51.55 4/30/2011 CHRIS STEVENSON
Name Age Team Seed Finals
=====
- Time Trial
1 Earle, Daniel 45 CLUB TRIBE NT 1:01.57

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**Men 45-49 100 Yard Backstroke**

ZONE: Z 52.03 4/9/2016 Michael Ross, Maine Masters Sw  
 NATL: ! 51.55 4/30/2011 CHRIS STEVENSON

Name	Age	Team	Seed	Finals	Points
1 Roddin, Jeffrey	48	MONTGOMERY ANCIE	55.71	56.24	9
	26.85	56.24 (29.39)			
2 Chiappetta, Michael	45	UC11	1:00.75	57.98	7
	27.86	57.98 (30.12)			
3 Clear, Kirk	49	VIRGINIA MASTERS	1:03.08	1:00.74	6
	29.18	1:00.74 (31.56)			
4 Sprenger, Kurt	47	VIRGINIA MASTERS	1:01.97	1:00.86	5
	30.03	1:00.86 (30.83)			
5 Earle, Daniel	45	CLUB TRIBE	1:08.63	1:01.70	4
	30.23	1:01.70 (31.47)			
6 Ruckdeschel, Jonathan	48	CENTRAL MARYLAND	1:07.69	1:05.54	3
	31.61	1:05.54 (33.93)			
7 Jacobson, Michael	48	CENTRAL MARYLAND	1:07.36	1:07.46	2
	32.93	1:07.46 (34.53)			
8 Shinaishin, Ahmed	49	FREEDOM AQUATIC	1:26.00	1:25.72	1
	42.39	1:25.72 (43.33)			

**Men 45-49 200 Yard Backstroke**

ZONE: Z 2:06.85 5/2/1999 Paul Feters  
 NATL: ! 1:53.97 5/1/2016 SAEGER\GRANGER

Name	Age	Team	Seed	Finals	Points
1 Chiappetta, Michael	45	UC11	2:20.99	2:07.66	9
	29.35	1:01.53 (32.18) 1:34.25 (32.72)		2:07.66 (33.41)	
2 Sprenger, Kurt	47	VIRGINIA MASTERS	2:09.83	2:12.13	7
	30.92	1:04.25 (33.33) 1:38.33 (34.08)		2:12.13 (33.80)	
3 Earle, Daniel	45	CLUB TRIBE	2:19.63	2:17.33	6
	31.90	1:05.22 (33.32) 1:41.05 (35.83)		2:17.33 (36.28)	
4 Sangmeister, Gary	46	SPRING VALLEY YM	2:28.00	2:31.50	5
	36.53	1:14.61 (38.08) 1:53.76 (39.15)		2:31.50 (37.74)	
5 Reynolds, Sean	48	CENTRAL BUCKS FA	2:40.00	2:50.00	4
	40.75	1:24.04 (43.29) 2:07.39 (43.35)		2:50.00 (42.61)	
6 Wynes, Tony	47	RESTON MASTERS S	4:00.00	3:16.93	3
	47.18	1:37.00 (49.82) 2:28.40 (51.40)		3:16.93 (48.53)	

**Men 45-49 50 Yard Breaststroke**

ZONE: Z 28.09 4/9/2016 Neill Williams, District Of Colu  
 NATL: ! 26.17 3/28/2015 TODD TORRES

Name	Age	Team	Seed	Finals	Points
1 Doane, Michael	46	UMAC-TERRAPIN MA	29.30	28.89	9
2 Goodison, Michael	45	UMAC-TERRAPIN MA	29.29	28.97	7
3 Sangmeister, Gary	46	SPRING VALLEY YM	30.00	29.40	6
4 Gross, Jeremy	45	SPRING VALLEY YM	30.59	30.07	5
5 Ruckdeschel, Jonathan	48	CENTRAL MARYLAND	31.62	31.59	4
6 Reynolds, Sean	48	CENTRAL BUCKS FA	34.67	34.08	3
7 Coleman, Wisdom	47	UC12	53.03	44.31	2
8 Luciano, Jaime	45	ALEXANDRIA MASTE	1:30.00	46.87	1
9 Shinaishin, Ahmed	49	FREEDOM AQUATIC	1:00.00	48.21	

**Men 45-49 100 Yard Breaststroke**

ZONE: Z 1:00.59 4/26/2009 Jon Blank, NCMS

NATL: ! 56.83 2/20/2015 TODD TORRES

Name	Age	Team	Seed	Finals	Points
1 Goodison, Michael	45	UMAC-TERRAPIN MA	1:03.49	1:04.12	9
	29.73	1:04.12 (34.39)			
2 Sangmeister, Gary	46	SPRING VALLEY YM	1:06.70	1:05.76	7
	30.52	1:05.76 (35.24)			
3 Owings, Adam	45	UC12	1:22.00	1:11.72	6
	33.86	1:11.72 (37.86)			
4 Reynolds, Sean	48	CENTRAL BUCKS FA	1:18.00	1:16.63	5
	35.44	1:16.63 (41.19)			
5 Coleman, Wisdom	47	UC12	2:06.26	1:41.99	4
	45.22	1:41.99 (56.77)			

**Men 45-49 200 Yard Breaststroke**

ZONE: Z 2:17.87 4/25/2009 Jon Blank, NCMS

NATL: ! 2:07.40 4/29/2016 NICOLAS GRANGER

Name	Age	Team	Seed	Finals	Points
1 Goodison, Michael	45	UMAC-TERRAPIN MA	2:21.03	2:25.02	9
	32.34	1:09.27 (36.93) 1:47.19 (37.92)		2:25.02 (37.83)	
2 Reynolds, Sean	48	CENTRAL BUCKS FA	2:50.00	2:59.14	7
	38.44	1:24.05 (45.61) 2:11.28 (47.23)		2:59.14 (47.86)	
3 Wynes, Tony	47	RESTON MASTERS S	3:18.66	3:14.58	6
	46.08	1:34.72 (48.64) 2:25.56 (50.84)		3:14.58 (49.02)	
4 Luciano, Jaime	45	ALEXANDRIA MASTE	5:00.00	4:04.80	5
	52.50	1:54.99 (1:02.49) 3:02.73 (1:07.74)		4:04.80 (1:02.07)	

**Men 45-49 50 Yard Butterfly**

ZONE: Z 23.77 4/25/2010 William Segal, Jersey Area Mult

NATL: ! 22.67 5/4/2008 PAUL SMITH

Name	Age	Team	Seed	Finals	Points
1 Gross, Jeremy	45	SPRING VALLEY YM	23.78	23.75Z	9
2 Doane, Michael	46	UMAC-TERRAPIN MA	24.60	24.72	7
3 Sangmeister, Gary	46	SPRING VALLEY YM	25.80	25.31	6
4 Ruckdeschel, Jonathan	48	CENTRAL MARYLAND	26.83	26.65	5
5 Sprenger, Kurt	47	VIRGINIA MASTERS	27.34	27.26	4
6 Chiappetta, Michael	45	UC11	30.10	27.30	3
7 Clear, Kirk	49	VIRGINIA MASTERS	26.74	27.40	2
8 Jacobson, Michael	48	CENTRAL MARYLAND	29.42	29.98	1
9 Luciano, Jaime	45	ALEXANDRIA MASTE	2:00.00	49.41	

**Men 45-49 100 Yard Butterfly**

ZONE: Z 52.58 4/25/2009 Scott Carpenter, JAM

NATL: ! 50.90 5/21/2010 DAVID SIMS

Name	Age	Team	Seed	Finals	Points
1 Roddin, Jeffrey	48	MONTGOMERY ANCIE	53.64	54.06	9
	25.26	54.06 (28.80)			



2	Gross, Jeremy	45	SPRING VALLEY YM	54.96	54.44	7
	25.54		54.44 (28.90)			
3	Doane, Michael	46	UMAC-TERRAPIN MA	56.99	57.00	6
	26.83		57.00 (30.17)			
4	Goodison, Michael	45	UMAC-TERRAPIN MA	57.74	59.84	5
	28.06		59.84 (31.78)			
5	Ruckdeschel, Jonathan	48	CENTRAL MARYLAND	1:08.34	1:04.20	4
	30.09		1:04.20 (34.11)			

#### Men 45-49 100 Yard IM

=====

ZONE: Z 54.88 4/12/2015 Jeffrey Roddin, Montgomery Ancie  
 NATL: ! 52.14 5/23/2010 RICHARD HUGHEY

Name	Age	Team	Seed	Finals	Points
1 Roddin, Jeffrey	48	MONTGOMERY ANCIE	55.60	55.45	9
	25.54		55.45 (29.91)		
2 Goodison, Michael	45	UMAC-TERRAPIN MA	59.99	59.83	7
	28.48		59.83 (31.35)		
3 Sangmeister, Gary	46	SPRING VALLEY YM	59.90	59.92	6
	27.81		59.92 (32.11)		
4 Ruckdeschel, Jonathan	48	CENTRAL MARYLAND	1:01.21	1:01.97	5
	28.66		1:01.97 (33.31)		
5 Owings, Adam	45	UC12	1:09.00	1:03.95	4
	29.86		1:03.95 (34.09)		
6 Marcy, Matthew	49	UMAC-TERRAPIN MA	1:10.00	1:06.39	3
	31.01		1:06.39 (35.38)		
7 Shinaishin, Ahmed	49	FREEDOM AQUATIC	1:22.91	1:23.98	2
	38.53		1:23.98 (45.45)		

#### Men 45-49 200 Yard IM

=====

ZONE: Z 2:02.31 4/11/2015 Jeffrey Roddin, Montgomery Ancie  
 NATL: ! 1:51.44 4/26/2015 NICOLAS GRANGER

Name	Age	Team	Seed	Finals	Points
1 Roddin, Jeffrey	48	MONTGOMERY ANCIE	2:02.69	2:03.44	9
	26.89		57.74 (30.85)	1:33.93 (36.19)	2:03.44 (29.51)
2 Goodison, Michael	45	UMAC-TERRAPIN MA	2:12.49	2:13.08	7
	27.53		1:03.86 (36.33)	1:41.68 (37.82)	2:13.08 (31.40)
3 Sprenger, Kurt	47	VIRGINIA MASTERS	2:22.14	2:15.69	6
	29.41		1:03.23 (33.82)	1:45.06 (41.83)	2:15.69 (30.63)
4 Rudolph, Daniel	45	LANE 4 SWIMMING	2:17.22	2:17.46	5
	30.04		1:05.66 (35.62)	1:45.54 (39.88)	2:17.46 (31.92)

#### Men 45-49 400 Yard IM

=====

ZONE: Z 4:24.92 4/12/2015 Jerome Frentsos, Maryland Masters  
 NATL: ! 4:01.32 4/24/2015 NICOLAS GRANGER

Name	Age	Team	Seed	Finals	Points
1 Wynes, Tony	47	RESTON MASTERS S	6:44.14	6:42.33	9
	48.14		1:44.11 (55.97)	2:38.55 (54.44)	3:30.65 (52.10)
	4:23.66 (53.01)		5:15.91 (52.25)	6:00.03 (44.12)	6:42.33 (42.30)

#### Men 50-54 50 Yard Freestyle

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ZONE: Z 22.03 4/13/2003 Paul Trevisan  
NATL: ! 21.36 4/29/2011 ROWDY GAINES

Name	Age	Team	Seed	Finals	Points
1 Harris, Greg	53	VIRGINIA MASTERS	22.83	23.59	9
2 Daum, Brian	50	RESTON MASTERS S	25.00	23.99	7
3 Graf, Chuck	50	LAKELAND HILLS F	24.90	24.64	6
4 McGuire, James	52	SPRING VALLEY YM	24.48	25.02	5
5 Harris, Mark	54	ALEXANDRIA MASTE	25.80	25.18	4
6 Kress, Jay	54	LANE 4 SWIMMING	26.20	25.51	3
7 Oliphant, Mark	54	TALBOT MASTERS	25.87	26.09	2
8 Sullivan, Joseph	52	MONTEREY BAY MAS	35.00	26.61	1
9 Toy, Raymond	50	CENTRAL MARYLAND	28.94	28.54	
10 Hill, Richard	51	UC12	37.48	36.82	
11 Bamford, Sherman	52	VIRGINIA MASTERS	42.83	41.12	

### Men 50-54 100 Yard Freestyle

ZONE: Z 49.28 4/24/2005 Paul Trevisan, 1776  
NATL: ! 46.59 5/10/2009 ROWDY GAINES

Name	Age	Team	Seed	Finals	Points
1 Harris, Greg	53	VIRGINIA MASTERS	50.25	51.11	9
	24.18	51.11 (26.93)			
2 Graf, Chuck	50	LAKELAND HILLS F	55.25	54.97	7
	25.65	54.97 (29.32)			
3 Howe, Randy	50	ARLINGTON MASTER	56.80	56.36	6
	27.33	56.36 (29.03)			
4 McGuire, James	52	SPRING VALLEY YM	55.62	56.42	5
	26.41	56.42 (30.01)			
5 Harris, Mark	54	ALEXANDRIA MASTE	57.00	57.28	4
	26.25	57.28 (31.03)			
6 Oliphant, Mark	54	TALBOT MASTERS	59.00	58.86	3
	27.26	58.86 (31.60)			
7 Worst, Jeremy	54	WARRENTON MASTER	58.67	1:00.33	2
	29.15	1:00.33 (31.18)			
8 Golden, Scott	53	GERMANTOWN MARYL	1:02.00	1:00.51	1
	28.47	1:00.51 (32.04)			
9 Moreland, Michael	54	ROCHESTER AREA M	1:00.00	1:01.01	
	29.37	1:01.01 (31.64)			
10 Toy, Raymond	50	CENTRAL MARYLAND	1:07.31	1:03.37	
	31.03	1:03.37 (32.34)			
11 Porter, Erford	54	SPORT & HEALTH T	1:06.46	1:05.63	
	31.61	1:05.63 (34.02)			

### Men 50-54 200 Yard Freestyle

ZONE: Z 1:52.67 4/24/2005 Bradford Gandee, UNAT  
NATL: ! 1:43.76 5/10/2009 ROWDY GAINES

Name	Age	Team	Seed	Finals	Points
1 Harris, Greg	53	VIRGINIA MASTERS	1:54.59	1:58.75	9
	26.99	56.48 (29.49) 1:27.43 (30.95)		1:58.75 (31.32)	
2 Graf, Chuck	50	LAKELAND HILLS F	2:02.20	1:59.55	7
	27.52	57.40 (29.88) 1:27.30 (29.90)		1:59.55 (32.25)	
3 Harris, Mark	54	ALEXANDRIA MASTE	2:06.00	2:06.98	6
	27.48	58.75 (31.27) 1:32.58 (33.83)		2:06.98 (34.40)	

4	Moreland, Michael	54	ROCHESTER AREA M	2:15.00	2:11.56	5
	30.78		1:03.72 (32.94)	1:37.66 (33.94)	2:11.56 (33.90)	
5	Evans, Brian	52	RESTON MASTERS S	2:16.69	2:16.55	4
	30.91		1:05.47 (34.56)	1:41.15 (35.68)	2:16.55 (35.40)	
6	Porter, Erford	54	SPORT & HEALTH T	2:34.07	2:30.24	3
	34.07		1:12.25 (38.18)	1:50.75 (38.50)	2:30.24 (39.49)	

### Men 50-54 500 Yard Freestyle

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ZONE: Z 5:07.41 4/23/2006 Bradford Gandee, UNAT

NATL: ! 4:47.57 5/20/2001 JIM MCCONICA

Name	Age	Team	Seed	Finals	Points
1 Harris, Mark	54	ALEXANDRIA MASTE	5:45.00	5:38.75	9
	30.49		1:03.83 (33.34)	1:37.30 (33.47)	2:10.94 (33.64)
	2:45.02 (34.08)		3:19.68 (34.66)	3:54.57 (34.89)	4:29.79 (35.22)
	5:04.64 (34.85)		5:38.75 (34.11)		
2 Swinnerton, Kenneth	53	LANE 4 SWIMMING	5:48.94	5:47.00	7
	30.72		1:04.13 (33.41)	1:38.52 (34.39)	2:13.90 (35.38)
	2:49.75 (35.85)		3:25.91 (36.16)	4:01.55 (35.64)	4:37.35 (35.80)
	5:12.76 (35.41)		5:47.00 (34.24)		
3 Alleva, Brian	54	TALBOT MASTERS	5:48.50	5:48.58	6
	31.35		1:06.67 (35.32)	1:42.01 (35.34)	2:17.35 (35.34)
	2:53.49 (36.14)		3:29.46 (35.97)	4:05.10 (35.64)	4:40.06 (34.96)
	5:15.27 (35.21)		5:48.58 (33.31)		
4 Hebner, John	52	MARYLAND MASTERS	5:54.09	5:50.73	5
	31.44		1:06.02 (34.58)	1:40.40 (34.38)	2:15.53 (35.13)
	2:51.04 (35.51)		3:26.67 (35.63)	4:02.73 (36.06)	4:38.56 (35.83)
	5:14.96 (36.40)		5:50.73 (35.77)		
5 Moreland, Michael	54	ROCHESTER AREA M	6:04.57	5:52.59	4
	30.86		1:04.41 (33.55)	1:39.31 (34.90)	2:14.83 (35.52)
	2:50.96 (36.13)		3:27.14 (36.18)	4:03.87 (36.73)	4:40.63 (36.76)
	5:17.11 (36.48)		5:52.59 (35.48)		
6 Eliot, Doug	52	RESTON MASTERS S	6:00.00	6:10.82	3
	32.41		1:07.94 (35.53)	1:44.17 (36.23)	2:21.67 (37.50)
	2:59.63 (37.96)		3:38.05 (38.42)	4:16.69 (38.64)	4:55.24 (38.55)
	5:33.73 (38.49)		6:10.82 (37.09)		
7 Worst, Jeremy	54	WARRENTON MASTER	6:15.00	6:31.33	2
	33.71		1:10.87 (37.16)	1:49.84 (38.97)	2:30.53 (40.69)
	3:11.28 (40.75)		3:51.48 (40.20)	4:32.01 (40.53)	5:12.74 (40.73)
	5:52.64 (39.90)		6:31.33 (38.69)		
8 Porter, Erford	54	SPORT & HEALTH T	8:00.00	7:05.83	1
	39.44		1:22.87 (43.43)	2:08.53 (45.66)	2:52.59 (44.06)
	3:34.32 (41.73)		4:16.30 (41.98)	4:58.47 (42.17)	5:41.44 (42.97)
	6:24.62 (43.18)		7:05.83 (41.21)		
9 Junta, Donald	54	PATRIOT MASTERS	7:20.00	7:21.61	
	38.88		1:22.52 (43.64)	2:08.28 (45.76)	2:53.72 (45.44)
	3:39.25 (45.53)		4:24.86 (45.61)	5:09.33 (44.47)	5:54.84 (45.51)
	6:39.93 (45.09)		7:21.61 (41.68)		

### Men 50-54 1000 Yard Freestyle

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ZONE: Z 10:36.39 4/10/2016 Rob Jones, UC12

NATL: ! 9:55.84 4/6/2013 KEITH SWITZER

Name	Age	Team	Seed	Finals	Points
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1	Moreland, Michael	54	ROCHESTER AREA	M	12:38.17	12:06.37	9
	32.27	1:07.24 (34.97)			1:43.16 (35.92)	2:18.93 (35.77)	
	2:55.08 (36.15)	3:30.99 (35.91)			4:07.20 (36.21)	4:43.78 (36.58)	
	5:20.14 (36.36)	5:56.73 (36.59)			6:33.29 (36.56)	7:10.01 (36.72)	
	7:46.93 (36.92)	8:24.15 (37.22)			9:01.04 (36.89)	9:38.48 (37.44)	
	10:15.93 (37.45)	10:53.40 (37.47)			11:30.49 (37.09)	12:06.37 (35.88)	
2	Eliot, Doug	52	RESTON MASTERS	S	12:30.00	12:37.11	7
	32.63	1:08.17 (35.54)			1:44.43 (36.26)	2:21.26 (36.83)	
	2:58.38 (37.12)	3:35.67 (37.29)			4:13.09 (37.42)	4:51.40 (38.31)	
	5:30.15 (38.75)	6:08.61 (38.46)			6:47.24 (38.63)	7:26.31 (39.07)	
	8:05.62 (39.31)	8:44.66 (39.04)			9:23.64 (38.98)	10:02.19 (38.55)	
	10:41.44 (39.25)	11:20.47 (39.03)			11:59.48 (39.01)	12:37.11 (37.63)	
3	McGuire, James	52	SPRING VALLEY	YM	13:00.00	12:58.53	6
	34.26	1:11.15 (36.89)			1:48.92 (37.77)	2:27.08 (38.16)	
	3:05.37 (38.29)	3:44.58 (39.21)			4:23.57 (38.99)	5:02.67 (39.10)	
	5:42.07 (39.40)	6:21.20 (39.13)			7:01.03 (39.83)	7:40.56 (39.53)	
	8:20.40 (39.84)	9:00.72 (40.32)			9:40.20 (39.48)	10:20.21 (40.01)	
	11:00.38 (40.17)	11:40.70 (40.32)			12:20.01 (39.31)	12:58.53 (38.52)	
4	Brown, Ray	53	FREDRICKSBURG	AM	15:25.64	14:59.49	5
	37.21	1:18.33 (41.12)			2:00.36 (42.03)	2:43.20 (42.84)	
	3:27.76 (44.56)	4:13.87 (46.11)			4:59.96 (46.09)	5:46.35 (46.39)	
	6:33.07 (46.72)	7:20.28 (47.21)			8:07.91 (47.63)	8:54.92 (47.01)	
	9:41.70 (46.78)	10:29.48 (47.78)			11:15.39 (45.91)	12:01.55 (46.16)	
	12:47.01 (45.46)	13:32.59 (45.58)			14:17.17 (44.58)	14:59.49 (42.32)	
5	Mikesh, Bryan	52	UC12		NT	17:03.19	4
	39.54	1:23.50 (43.96)			2:10.66 (47.16)	3:00.05 (49.39)	
	3:50.03 (49.98)	4:40.08 (50.05)			5:31.78 (51.70)	6:24.74 (52.96)	
	7:16.71 (51.97)	8:10.77 (54.06)			9:04.64 (53.87)	9:57.82 (53.18)	
	10:51.52 (53.70)	11:45.16 (53.64)			12:39.33 (54.17)	13:32.49 (53.16)	
	14:26.45 (53.96)	15:20.32 (53.87)			16:14.36 (54.04)	17:03.19 (48.83)	

### Men 50-54 1650 Yard Freestyle

=====							
ZONE: Z		17:41.21	4/8/2016 Rob Jones, UC12				
NATL: !		16:28.77	4/23/2015 JEFF ERWIN				
Name	Age	Team	Seed	Finals	Points		
=====							
1	Swinerton, Kenneth	53	LANE 4 SWIMMING	19:28.46	19:06.80	9	
	30.71	1:03.86 (33.15)			1:37.90 (34.04)	2:12.37 (34.47)	
	2:47.32 (34.95)	3:22.02 (34.70)			3:56.81 (34.79)	4:31.62 (34.81)	
	5:06.59 (34.97)	5:41.63 (35.04)			6:16.59 (34.96)	6:51.51 (34.92)	
	7:26.46 (34.95)	8:01.18 (34.72)			8:36.26 (35.08)	9:11.16 (34.90)	
	9:46.17 (35.01)	10:20.93 (34.76)			10:55.99 (35.06)	11:31.01 (35.02)	
	12:05.88 (34.87)	12:40.76 (34.88)			13:15.80 (35.04)	13:51.02 (35.22)	
	14:26.09 (35.07)	15:01.16 (35.07)			15:36.33 (35.17)	16:11.40 (35.07)	
	16:46.55 (35.15)	17:21.90 (35.35)			17:57.18 (35.28)	18:32.44 (35.26)	
	19:06.80 (34.36)						
2	House, Christopher	53	LANE 4 SWIMMING	20:00.00	19:28.56	7	
	30.89	1:04.16 (33.27)			1:38.31 (34.15)	2:12.53 (34.22)	
	2:47.15 (34.62)	3:21.63 (34.48)			3:56.40 (34.77)	4:31.48 (35.08)	
	5:06.75 (35.27)	5:41.79 (35.04)			6:17.35 (35.56)	6:52.92 (35.57)	
	7:28.34 (35.42)	8:03.40 (35.06)			8:38.44 (35.04)	9:13.42 (34.98)	
	9:48.95 (35.53)	10:24.58 (35.63)			11:00.54 (35.96)	11:36.21 (35.67)	
	12:12.35 (36.14)	12:49.10 (36.75)			13:25.82 (36.72)	14:02.63 (36.81)	
	14:39.14 (36.51)	15:15.87 (36.73)			15:52.70 (36.83)	16:29.38 (36.68)	
	17:06.14 (36.76)	17:42.65 (36.51)			18:18.58 (35.93)	18:53.96 (35.38)	
	19:28.56 (34.60)						

3 Evans, Brian	52 RESTON MASTERS S	23:02.33	22:14.92	6
33.68	1:11.82 (38.14)	1:51.05 (39.23)	2:30.34 (39.29)	
3:09.73 (39.39)	3:49.74 (40.01)	4:29.33 (39.59)	5:09.47 (40.14)	
5:49.48 (40.01)	6:29.94 (40.46)	7:11.24 (41.30)	7:52.22 (40.98)	
8:33.21 (40.99)	9:14.05 (40.84)	9:55.83 (41.78)	10:36.92 (41.09)	
11:17.80 (40.88)	11:58.12 (40.32)	12:39.35 (41.23)	13:20.34 (40.99)	
14:02.10 (41.76)	14:43.71 (41.61)	15:25.07 (41.36)	16:06.85 (41.78)	
16:48.80 (41.95)	17:31.05 (42.25)	18:12.22 (41.17)	18:53.90 (41.68)	
19:34.68 (40.78)	20:15.03 (40.35)	20:56.05 (41.02)	21:36.30 (40.25)	
22:14.92 (38.62)				
4 Porter, Erford	54 SPORT & HEALTH T	25:12.64	24:05.00	5
41.51	1:26.65 (45.14)	2:12.98 (46.33)	2:59.30 (46.32)	
3:45.10 (45.80)	4:30.52 (45.42)	5:15.76 (45.24)	6:01.40 (45.64)	
6:46.78 (45.38)	7:31.37 (44.59)	8:15.67 (44.30)	9:00.39 (44.72)	
9:45.00 (44.61)	10:28.81 (43.81)	11:12.65 (43.84)	11:56.47 (43.82)	
12:40.26 (43.79)	13:23.84 (43.58)	14:07.56 (43.72)	14:50.65 (43.09)	
15:34.37 (43.72)	16:16.92 (42.55)	17:00.12 (43.20)	17:42.82 (42.70)	
18:25.87 (43.05)	19:09.23 (43.36)	19:51.88 (42.65)	20:34.11 (42.23)	
21:16.46 (42.35)	22:00.19 (43.73)	22:43.10 (42.91)	23:26.00 (42.90)	
24:05.00 (39.00)				
5 Junta, Donald	54 PATRIOT MASTERS	25:15.00	24:38.00	4
39.98	2:10.56 (1:30.58)	3:41.97 (1:31.41)	4:27.30 (45.33)	
		5:11.27 ( )	5:57.85 (46.58)	
6:42.73 (44.88)	7:27.84 (45.11)	8:11.78 (43.94)	8:56.72 (44.94)	
9:41.80 (45.08)	10:26.81 (45.01)	11:11.27 (44.46)	11:56.46 (45.19)	
12:41.26 (44.80)	13:27.71 (46.45)	14:12.07 (44.36)	14:56.96 (44.89)	
15:40.84 (43.88)	16:25.60 (44.76)	17:11.28 (45.68)	17:54.99 (43.71)	
18:40.04 (45.05)	19:25.93 (45.89)	20:11.05 (45.12)	20:55.20 (44.15)	
21:41.00 (45.80)	22:26.00 (45.00)	23:10.60 (44.60)	23:55.91 (45.31)	
24:38.00 (42.09)				
6 Smith, Paul	52 LANE 4 SWIMMING	35:37.00	37:58.31	3
58.48	2:01.61 (1:03.13)	3:06.08 (1:04.47)	4:13.35 (1:07.27)	
5:19.42 (1:06.07)	6:28.86 (1:09.44)	7:36.51 (1:07.65)	8:45.62 (1:09.11)	
9:55.28 (1:09.66)	11:07.43 (1:12.15)	12:17.49 (1:10.06)	13:27.29 (1:09.80)	
14:37.41 (1:10.12)	15:47.57 (1:10.16)	16:55.92 (1:08.35)	18:05.26 (1:09.34)	
19:14.98 (1:09.72)	20:26.95 (1:11.97)	21:36.75 (1:09.80)	22:47.59 (1:10.84)	
23:58.10 (1:10.51)	25:07.98 (1:09.88)	26:18.12 (1:10.14)	27:27.16 (1:09.04)	
28:36.62 (1:09.46)	29:47.15 (1:10.53)	30:58.22 (1:11.07)	32:07.59 (1:09.37)	
33:16.22 (1:08.63)	34:26.39 (1:10.17)	35:40.53 (1:14.14)	36:51.44 (1:10.91)	
37:58.31 (1:06.87)				

### Men 50-54 50 Yard Backstroke

Name	Age	Team	Seed	Finals	Points
1 Evans, Jeffrey	51	SPRING VALLEY YM	26.60	27.41	9
2 Daum, Brian	50	RESTON MASTERS S	30.00	30.51	7
3 Moreland, Michael	54	ROCHESTER AREA M	32.54	31.36	6
4 Oliphant, Mark	54	TALBOT MASTERS	32.53	32.05	5
5 Ruff, Cullen	51	DISTRICT OF COLU	33.00	33.76	4
6 Toy, Raymond	50	CENTRAL MARYLAND	35.85	36.56	3
7 Bamford, Sherman	52	VIRGINIA MASTERS	52.91	54.52	2

### Men 50-54 100 Yard Backstroke

ZONE: Z 53.77 4/14/2012 Clay Britt, Montgomery Ancie

NATL: ! 52.72 3/21/2015 FRITZ BEDFORD

Name	Age	Team	Seed	Finals	Points
1 Evans, Jeffrey	51	SPRING VALLEY YM	57.50	58.16	9
	28.32	58.16 (29.84)			
2 Moreland, Michael	54	ROCHESTER AREA M	1:10.00	1:07.04	7
	32.81	1:07.04 (34.23)			
3 Czander, Eric	51	DISTRICT OF COLU	1:10.00	1:07.20	6
	33.39	1:07.20 (33.81)			
4 Evans, Brian	52	RESTON MASTERS S	1:13.84	1:11.66	5
	35.43	1:11.66 (36.23)			
5 Jones, Mark	54	LANE 4 SWIMMING	1:14.00	1:12.65	4
	35.79	1:12.65 (36.86)			
6 Toy, Raymond	50	CENTRAL MARYLAND	1:26.27	1:21.73	3
	38.23	1:21.73 (43.50)			

### Men 50-54 200 Yard Backstroke

ZONE: Z 2:04.91 4/17/2011 Clay Britt, ANCM

NATL: ! 1:59.04 4/25/2015 JIM TUCHLER

Name	Age	Team	Seed	Finals	Points
1 House, Christopher	53	LANE 4 SWIMMING	2:22.00	2:18.20	9
	32.54	1:06.37 (33.83) 1:42.06 (35.69)		2:18.20 (36.14)	
2 Moreland, Michael	54	ROCHESTER AREA M	2:28.87	2:24.44	7
	34.03	1:10.08 (36.05) 1:47.28 (37.20)		2:24.44 (37.16)	
3 Evans, Brian	52	RESTON MASTERS S	2:33.07	2:34.26	6
	35.77	1:14.81 (39.04) 1:55.31 (40.50)		2:34.26 (38.95)	
4 Eliot, Doug	52	RESTON MASTERS S	2:35.00	2:35.61	5
	36.60	1:15.92 (39.32) 1:56.84 (40.92)		2:35.61 (38.77)	
5 Ruff, Cullen	51	DISTRICT OF COLU	2:33.00	2:48.33	4
	37.53	1:19.49 (41.96) 2:03.38 (43.89)		2:48.33 (44.95)	

### Men 50-54 50 Yard Breaststroke

ZONE: Z 27.96 4/20/2013 Wally Dicks, Montgomery Ancie

NATL: ! 26.45 3/30/2014 DAVID GUTHRIE

Name	Age	Team	Seed	Finals	Points
1 Harris, Mark	54	ALEXANDRIA MASTE	32.50	32.12	9
2 Kress, Jay	54	LANE 4 SWIMMING	34.00	33.19	7

### Men 50-54 100 Yard Breaststroke

ZONE: Z 1:02.71 4/10/2016 Greg Harris, Virginia Masters

NATL: ! 58.41 3/29/2014 DAVID GUTHRIE

Name	Age	Team	Seed	Finals	Points
1 Graf, Chuck	50	LAKELAND HILLS F	1:08.25	1:07.27	9
	31.23	1:07.27 (36.04)			
2 Harris, Greg	53	VIRGINIA MASTERS	1:02.71	1:07.28	7
	31.44	1:07.28 (35.84)			
3 Harris, Mark	54	ALEXANDRIA MASTE	1:13.00	1:11.83	6
	33.29	1:11.83 (38.54)			
4 Jones, Mark	54	LANE 4 SWIMMING	1:15.31	1:16.52	5
	37.03	1:16.52 (39.49)			

5 Mueller, Jim 51 LANE 4 SWIMMING 2:03.99 2:08.77 4  
 1:00.51 2:08.77 (1:08.26)

**Men 50-54 200 Yard Breaststroke**

ZONE: Z 2:18.34 4/24/2010 Benn Doyle, Garden State Mas  
 NATL: ! 2:07.25 3/30/2014 DAVID GUTHRIE

Name	Age	Team	Seed	Finals	Points
1 Harris, Greg	53	VIRGINIA MASTERS	2:24.97	2:28.85	9
	33.78	1:11.46 (37.68)	1:50.31 (38.85)	2:28.85 (38.54)	

**Men 50-54 50 Yard Butterfly**

ZONE: Z 24.24 4/15/2007 Donald Graham, PNA  
 NATL: ! 23.19 4/25/2004 TRIP HEDRICK

Name	Age	Team	Seed	Finals	Points
1 Evans, Jeffrey	51	SPRING VALLEY YM	24.90	24.94	9
2 McGuire, James	52	SPRING VALLEY YM	26.20	26.87	7
3 Harris, Greg	53	VIRGINIA MASTERS	26.39	27.06	6
4 Graf, Chuck	50	LAKELAND HILLS F	27.50	27.56	5
5 Dever, Frederick	51	DISTRICT OF COLU	26.99	27.61	4
6 Kress, Jay	54	LANE 4 SWIMMING	28.50	28.27	3
7 Oliphant, Mark	54	TALBOT MASTERS	28.03	28.39	1.5
7 Worst, Jeremy	54	WARRENTON MASTER	27.88	28.39	1.5
9 Golden, Scott	53	GERMANTOWN MARYL	29.70	28.73	
10 Alleva, Brian	54	TALBOT MASTERS	30.45	30.34	
11 Eliot, Doug	52	RESTON MASTERS S	30.00	30.62	
12 Toy, Raymond	50	CENTRAL MARYLAND	33.15	32.13	
13 Porter, Erford	54	SPORT & HEALTH T	45.00	37.78	
14 Junta, Donald	54	PATRIOT MASTERS	40.00	41.44	

**Men 50-54 100 Yard Butterfly**

ZONE: Z 55.19 4/24/2005 Jim O'Connor, MARY  
 NATL: ! 51.73 5/12/2013 DAVID SIMS

Name	Age	Team	Seed	Finals	Points
1 Evans, Jeffrey	51	SPRING VALLEY YM	55.60	56.54	9
	26.37	56.54 (30.17)			
2 McGuire, James	52	SPRING VALLEY YM	1:00.95	1:02.11	7
	29.51	1:02.11 (32.60)			
3 Oliphant, Mark	54	TALBOT MASTERS	1:03.66	1:03.86	6
	29.52	1:03.86 (34.34)			
4 Golden, Scott	53	GERMANTOWN MARYL	1:06.00	1:04.18	5
	29.94	1:04.18 (34.24)			
5 Bamford, Sherman	52	VIRGINIA MASTERS	1:54.00	1:43.60	4
	46.19	1:43.60 (57.41)			
6 Junta, Donald	54	PATRIOT MASTERS	1:40.00	1:49.29	3
	47.78	1:49.29 (1:01.51)			

**Men 50-54 200 Yard Butterfly**

ZONE: Z 2:02.75 4/24/2005 Jim O'Connor, MARY  
 NATL: ! 1:58.49 4/29/2016 DAVID SIMS

Name	Age	Team	Seed	Finals	Points
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1 Dever, Frederick          51 DISTRICT OF COLU      2:20.78      2:21.82      9
    31.18          1:06.05 (34.87)      1:43.08 (37.03)      2:21.82 (38.74)
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**Men 50-54 100 Yard IM**

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ZONE: Z 55.06      4/15/2012 Clay Britt, Montgomery Ancie
NATL: ! 54.28     5/11/2013 DAVID SIMS
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Name	Age	Team	Seed	Finals	Points
1 Evans, Jeffrey	51	SPRING VALLEY YM	57.60	58.39	9
	26.26	58.39 (32.13)			
2 Harris, Greg	53	VIRGINIA MASTERS	58.05	59.80	7
	28.10	59.80 (31.70)			
3 Kress, Jay	54	LANE 4 SWIMMING	1:04.50	1:03.86	6
	29.74	1:03.86 (34.12)			
4 Daum, Brian	50	RESTON MASTERS S	1:05.00	1:04.60	5
	30.50	1:04.60 (34.10)			
5 Oliphant, Mark	54	TALBOT MASTERS	1:06.49	1:05.43	4
	30.09	1:05.43 (35.34)			
6 House, Christopher	53	LANE 4 SWIMMING	1:06.00	1:05.51	3
	30.08	1:05.51 (35.43)			
7 Ruff, Cullen	51	DISTRICT OF COLU	1:24.00	1:12.52	2
	33.66	1:12.52 (38.86)			
8 Toy, Raymond	50	CENTRAL MARYLAND	1:18.13	1:16.37	1
	35.11	1:16.37 (41.26)			
9 Bamford, Sherman	52	VIRGINIA MASTERS	1:49.72	1:45.94	
	50.89	1:45.94 (55.05)			

**Men 50-54 200 Yard IM**

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ZONE: Z 2:08.74     4/9/2016 Greg Harris, Virginia Masters
NATL: ! 1:58.19    3/11/2017 MIKE IRVIN
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Name	Age	Team	Seed	Finals	Points
1 Evans, Jeffrey	51	SPRING VALLEY YM	2:08.00	2:07.91Z	9
	26.74	58.57 (31.83) 1:37.22 (38.65)		2:07.91 (30.69)	
2 Harris, Greg	53	VIRGINIA MASTERS	2:08.74	2:12.50	7
	27.93	1:01.79 (33.86) 1:41.23 (39.44)		2:12.50 (31.27)	
3 Graf, Chuck	50	LAKELAND HILLS F	2:17.88	2:15.94	6
	28.72	1:04.83 (36.11) 1:43.73 (38.90)		2:15.94 (32.21)	
4 Czander, Eric	51	DISTRICT OF COLU	2:26.50	2:21.97	5
	31.19	1:07.66 (36.47) 1:48.72 (41.06)		2:21.97 (33.25)	
5 Jones, Mark	54	LANE 4 SWIMMING	2:27.53	2:26.85	4
	31.57	1:11.51 (39.94) 1:53.47 (41.96)		2:26.85 (33.38)	
6 Oliphant, Mark	54	TALBOT MASTERS	2:28.50	2:29.52	3
	30.91	1:11.67 (40.76) 1:55.38 (43.71)		2:29.52 (34.14)	
7 Evans, Brian	52	RESTON MASTERS S	2:37.87	2:37.78	2
	35.24	1:15.19 (39.95) 2:03.16 (47.97)		2:37.78 (34.62)	

**Men 50-54 400 Yard IM**

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ZONE: Z 4:42.34     4/10/2016 Emad Elshafei, UMAC-Terrapin Ma
NATL: ! 4:16.57     5/2/2014 DARREN PHELAN
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Name	Age	Team	Seed	Finals	Points
1 Porter, Erford	54	SPORT & HEALTH T	8:00.00	7:02.17	9



43.52 1:35.07 (51.55) 2:38.09 (1:03.02) 3:38.23 (1:00.14)  
 4:37.09 (58.86) 5:35.50 (58.41) 6:20.59 (45.09) 7:02.17 (41.58)  
 2 Junta, Donald 54 PATRIOT MASTERS NT 7:23.38 7  
 52.24 1:56.60 (1:04.36) 4:02.64 ( )  
 7:23.38 (3:20.74)

**Men 55-59 50 Yard Freestyle**

ZONE: Z 22.24 4/25/2010 Paul Trevisan, Colonials 1776

NATL: ! 21.82 4/30/2000 RICHARD ABRAHAMS

Name	Age	Team	Seed	Finals	Points
1 Hellmann, Ralph	55	SARASOTA Y SHARK	25.04	24.96	9
2 Jarosz, Mark	59	SHEPHERD UNIVERS	25.21	26.15	7
3 Hennessy, William	56	EXCEL SWIMMING	28.00	26.24	6
4 Bales, Paul	58	ALEXANDRIA MASTE	27.52	26.53	5
5 Murphy, Matthew	55	GARDEN STATE MAS	26.37	26.86	4
6 Matz, Michael	55	COLONIALS 1776	27.93	27.74	3
7 Prince, Douglas	55	ALEXANDRIA MASTE	28.70	28.75	2
8 Miller, Haywood	57	LANE 4 SWIMMING	28.50	29.58	1
9 Payne, Steve	55	UMAC-TERRAPIN MA	30.32	29.88	

**Men 55-59 100 Yard Freestyle**

ZONE: Z 50.24 4/24/2010 Paul Trevisan, Colonials 1776

NATL: ! 48.37 4/30/2000 RICHARD ABRAHAMS

Name	Age	Team	Seed	Finals	Points
1 Heuchling, Geoffrey	57	DISTRICT OF COLU	55.50	53.74	9
25.92		53.74 (27.82)			
2 Hellmann, Ralph	55	SARASOTA Y SHARK	55.68	55.55	7
26.42		55.55 (29.13)			
3 Jarosz, Mark	59	SHEPHERD UNIVERS	56.32	56.96	6
26.84		56.96 (30.12)			
4 Hennessy, William	56	EXCEL SWIMMING	59.00	57.13	5
28.33		57.13 (28.80)			
5 Shipp, Bill	56	UMAC-TERRAPIN MA	57.99	58.41	4
28.32		58.41 (30.09)			
6 Murphy, Matthew	55	GARDEN STATE MAS	59.25	59.94	3
28.36		59.94 (31.58)			
7 Matz, Michael	55	COLONIALS 1776	1:01.41	1:01.83	2
29.72		1:01.83 (32.11)			
8 Harwit-Whewell, Stephen	56	WARRENTON MASTER	1:03.47	1:05.61	1
31.37		1:05.61 (34.24)			

**Men 55-59 200 Yard Freestyle**

ZONE: Z 1:54.89 4/25/2010 James Thornton, Team Pittsburgh

NATL: ! 1:48.79 4/10/2010 MICHAEL MANN

Name	Age	Team	Seed	Finals	Points
1 Jarosz, Mark	59	SHEPHERD UNIVERS	2:02.99	2:04.45	9
29.26		1:00.58 (31.32) 1:32.40 (31.82)		2:04.45 (32.05)	
2 Hennessy, William	56	EXCEL SWIMMING	2:09.00	2:04.56	7
29.26		1:00.78 (31.52) 1:32.93 (32.15)		2:04.56 (31.63)	
3 Kannegieser, Robert	59	FINS AQUATICS CL	2:03.74	2:04.89	6
28.12		59.33 (31.21) 1:32.17 (32.84)		2:04.89 (32.72)	

4	Mc Elhattan, Chip	55	TEAM AMERICA	2:08.80	2:05.90	5
	28.22		59.02 (30.80)	1:31.73 (32.71)	2:05.90 (34.17)	
5	Shipp, Bill	56	UMAC-TERRAPIN MA	2:06.64	2:06.43	4
	30.21		1:02.50 (32.29)	1:35.14 (32.64)	2:06.43 (31.29)	
6	Murphy, Matthew	55	GARDEN STATE MAS	2:10.22	2:11.20	3
	29.19		1:01.65 (32.46)	1:35.80 (34.15)	2:11.20 (35.40)	
7	Grecco, Paul	55	PATRIOT MASTERS	2:12.01	2:12.38	2
	31.39		1:04.66 (33.27)	1:38.97 (34.31)	2:12.38 (33.41)	
8	Prince, Douglas	55	ALEXANDRIA MASTE	2:30.30	2:27.04	1
	33.87		1:11.11 (37.24)	1:49.79 (38.68)	2:27.04 (37.25)	
9	Hong, Chun	56	RESTON MASTERS S	2:28.55	2:27.71	
	33.25		1:10.06 (36.81)	2:27.71 (1:17.65)		
10	Black, Thomas	56	MACHINE AQUATICS	2:31.55	2:32.63	
	35.34		1:14.04 (38.70)	1:53.86 (39.82)	2:32.63 (38.77)	

### Men 55-59 500 Yard Freestyle

=====						
	ZONE: Z	5:23.18	4/24/2010 James Thornton, Team Pittsburgh			
	NATL: !	4:56.82	4/11/2010 MICHAEL MANN			
	Name	Age	Team	Seed	Finals	Points
=====						
1	Shipp, Bill	56	UMAC-TERRAPIN MA	5:44.63	5:40.23	9
	31.32		1:05.72 (34.40)	1:40.73 (35.01)	2:16.04 (35.31)	
	2:51.53 (35.49)		3:26.62 (35.09)	4:00.20 (33.58)	4:34.44 (34.24)	
	5:08.70 (34.26)		5:40.23 (31.53)			
2	Hennessy, William	56	EXCEL SWIMMING	6:00.00	5:46.52	7
	32.63		1:07.21 (34.58)	1:42.42 (35.21)	2:17.92 (35.50)	
	2:53.85 (35.93)		3:29.67 (35.82)	4:05.09 (35.42)	4:39.99 (34.90)	
	5:13.98 (33.99)		5:46.52 (32.54)			
3	Murphy, Matthew	55	GARDEN STATE MAS	5:59.42	6:01.43	6
	30.63		1:04.05 (33.42)	1:38.67 (34.62)	2:15.00 (36.33)	
	2:51.51 (36.51)		3:28.53 (37.02)	5:22.76 (1:54.23)	6:01.43 (38.67)	
4	Grecco, Paul	55	PATRIOT MASTERS	5:52.31	6:06.15	5
	33.00		1:08.40 (35.40)	1:44.31 (35.91)	2:20.52 (36.21)	
	2:57.42 (36.90)		3:35.49 (38.07)	4:13.60 (38.11)	4:51.72 (38.12)	
	5:29.83 (38.11)		6:06.15 (36.32)			
5	Harwit-Whewell, Stephen	56	WARRENTON MASTER	6:52.17	7:09.62	4
	37.04		1:17.34 (40.30)	1:59.68 (42.34)	2:44.33 (44.65)	
	3:28.51 (44.18)		4:12.72 (44.21)	4:57.29 (44.57)	5:42.65 (45.36)	
	6:27.41 (44.76)		7:09.62 (42.21)			

### Men 55-59 1000 Yard Freestyle

=====						
	ZONE: Z	11:22.39	4/23/2010 James Thornton, Team Pittsburgh			
	NATL: !	10:07.36	5/14/2006 JIM MC CONICA			
	Name	Age	Team	Seed	Finals	Points
=====						
1	Hennessy, William	56	EXCEL SWIMMING	12:40.00	12:05.91	9
	34.24		1:10.58 (36.34)	1:47.34 (36.76)	2:23.96 (36.62)	
	3:00.28 (36.32)		3:36.70 (36.42)	4:13.51 (36.81)	4:50.27 (36.76)	
	5:26.61 (36.34)		6:02.82 (36.21)	6:39.16 (36.34)	7:15.57 (36.41)	
	7:52.01 (36.44)		8:28.95 (36.94)	9:05.60 (36.65)	9:42.61 (37.01)	
	10:19.23 (36.62)		10:55.72 (36.49)	11:31.86 (36.14)	12:05.91 (34.05)	
2	Grecco, Paul	55	PATRIOT MASTERS	12:15.06	12:24.45	7
	33.76		1:10.80 (37.04)	1:47.36 (36.56)	2:24.07 (36.71)	
	3:00.71 (36.64)		3:37.42 (36.71)	4:14.76 (37.34)	4:52.28 (37.52)	
	5:29.76 (37.48)		6:07.36 (37.60)	6:45.03 (37.67)	7:22.68 (37.65)	

8:00.32 (37.64)	8:38.28 (37.96)	9:16.13 (37.85)	9:54.53 (38.40)
10:32.94 (38.41)	11:10.89 (37.95)	11:48.54 (37.65)	12:24.45 (35.91)
3 Bales, Paul	58 ALEXANDRIA MASTE	14:30.00	13:48.78 6
37.84	1:18.37 (40.53)	1:59.61 (41.24)	2:40.20 (40.59)
3:21.87 (41.67)	4:03.20 (41.33)	4:44.44 (41.24)	5:26.06 (41.62)
6:07.33 (41.27)	6:49.01 (41.68)	7:30.91 (41.90)	8:13.29 (42.38)
8:55.25 (41.96)	9:36.74 (41.49)	10:18.80 (42.06)	11:00.69 (41.89)
11:43.67 (42.98)	12:25.85 (42.18)	13:08.24 (42.39)	13:48.78 (40.54)

### Men 55-59 1650 Yard Freestyle

=====

ZONE: Z 18:46.55 4/10/2015 Jerry De Muro, Lane 4 Swimming  
 NATL: ! 17:11.12 5/20/2007 JIM MC CONICA

Name	Age Team	Seed	Finals	Points
=====				
1 Kannegieser, Robert	59 FINS AQUATICS CL	20:00.00	19:29.89	9
30.77	1:04.45 (33.68)	1:39.02 (34.57)	2:13.63 (34.61)	
2:48.44 (34.81)	3:23.36 (34.92)	3:58.42 (35.06)	4:33.50 (35.08)	
5:08.91 (35.41)	5:44.05 (35.14)	6:19.58 (35.53)	6:55.32 (35.74)	
7:30.81 (35.49)	8:06.52 (35.71)	8:42.22 (35.70)	9:17.78 (35.56)	
9:53.55 (35.77)	10:29.53 (35.98)	11:05.58 (36.05)	11:41.81 (36.23)	
12:17.96 (36.15)	12:54.34 (36.38)	13:30.75 (36.41)	14:07.26 (36.51)	
14:43.38 (36.12)	15:19.91 (36.53)	15:56.32 (36.41)	16:33.15 (36.83)	
17:09.70 (36.55)	17:45.48 (35.78)	18:21.11 (35.63)	18:56.12 (35.01)	
19:29.89 (33.77)				
2 Scoggin, Sam	56 RESTON MASTERS S	21:11.80	20:52.77	7
32.64	1:07.51 (34.87)	1:43.70 (36.19)	2:20.82 (37.12)	
2:57.79 (36.97)	3:35.32 (37.53)	4:13.18 (37.86)	4:50.68 (37.50)	
5:28.35 (37.67)	6:06.39 (38.04)	6:44.52 (38.13)	7:22.43 (37.91)	
8:00.57 (38.14)	8:38.59 (38.02)	9:16.54 (37.95)	9:54.65 (38.11)	
10:32.80 (38.15)	11:11.13 (38.33)	11:49.25 (38.12)	12:27.37 (38.12)	
13:05.45 (38.08)	13:44.03 (38.58)	14:22.16 (38.13)	15:00.68 (38.52)	
15:39.69 (39.01)	16:18.81 (39.12)	16:57.66 (38.85)	17:36.91 (39.25)	
18:16.37 (39.46)	18:55.70 (39.33)	19:35.27 (39.57)	20:14.35 (39.08)	
20:52.77 (38.42)				
3 Moyer, Steven	59 RESTON MASTERS S	24:15.00	23:48.89	6
39.66	1:21.17 (41.51)	2:04.77 (43.60)	2:48.28 (43.51)	
3:32.30 (44.02)	4:16.09 (43.79)	4:59.89 (43.80)	5:43.61 (43.72)	
6:28.35 (44.74)	7:11.24 (42.89)	7:54.67 (43.43)	8:37.96 (43.29)	
9:21.82 (43.86)	10:05.90 (44.08)	10:50.44 (44.54)	11:33.40 (42.96)	
12:16.63 (43.23)	12:59.64 (43.01)	13:42.68 (43.04)	14:26.47 (43.79)	
15:10.39 (43.92)	15:54.25 (43.86)	16:36.68 (42.43)	17:20.43 (43.75)	
18:04.11 (43.68)	18:47.97 (43.86)	19:31.62 (43.65)	20:14.37 (42.75)	
20:58.00 (43.63)	21:40.80 (42.80)	22:24.45 (43.65)	23:07.73 (43.28)	
23:48.89 (41.16)				
4 Harwit-Whewell, Stephen	56 WARRENTON MASTER	24:32.83	24:29.99	5
39.47	1:22.37 (42.90)	2:06.28 (43.91)	2:50.54 (44.26)	
3:34.97 (44.43)	4:19.42 (44.45)	5:04.26 (44.84)	5:48.73 (44.47)	
6:33.73 (45.00)	7:18.53 (44.80)	8:03.34 (44.81)	8:48.30 (44.96)	
9:33.02 (44.72)	10:17.63 (44.61)	11:03.04 (45.41)	11:48.14 (45.10)	
12:33.24 (45.10)	13:18.42 (45.18)	14:03.67 (45.25)	14:48.99 (45.32)	
15:34.41 (45.42)	16:19.64 (45.23)	17:04.56 (44.92)	17:49.52 (44.96)	
18:34.58 (45.06)	19:19.65 (45.07)	20:04.07 (44.42)	20:48.43 (44.36)	
21:33.79 (45.36)	22:18.85 (45.06)	23:03.44 (44.59)	23:48.33 (44.89)	
24:29.99 (41.66)				
5 Khorshide, Sam	58 LANE 4 SWIMMING	35:45.00	28:22.72	4
47.37	1:38.03 (50.66)	2:28.37 (50.34)	3:18.49 (50.12)	

4:09.79 (51.30)	5:00.69 (50.90)	5:52.49 (51.80)	6:42.79 (50.30)
7:35.19 (52.40)	8:27.07 (51.88)	9:18.60 (51.53)	10:10.08 (51.48)
11:01.91 (51.83)	11:53.91 (52.00)	12:46.68 (52.77)	13:39.01 (52.33)
14:31.36 (52.35)	15:23.38 (52.02)	16:16.42 (53.04)	17:09.32 (52.90)
18:01.69 (52.37)	18:53.62 (51.93)	20:39.65 (1:46.03)	21:31.57 (51.92)
	22:23.20 ( )	23:15.50 (52.30)	24:07.78 (52.28)
24:59.73 (51.95)	25:52.17 (52.44)	26:44.71 (52.54)	27:35.66 (50.95)
28:22.72 (47.06)			

### Men 55-59 50 Yard Backstroke

ZONE: Z 27.73 4/17/2011 Pete Reider, TERR  
 NATL: ! 25.66 4/10/2016 STEVE WOOD

Name	Age	Team	Seed	Finals	Points
1 Gittins, Tom	55	UC12	30.19	30.70	9
2 Matz, Michael	55	COLONIALS 1776	31.57	32.58	7
3 Romo, Robert	58	VIRGINIA MASTERS	36.50	35.58	6
4 Miller, Haywood	57	LANE 4 SWIMMING	38.50	38.64	5

### Men 55-59 100 Yard Backstroke

ZONE: Z 1:01.77 4/13/2008 Mark Pugliese, ANCM  
 NATL: ! 53.81 2/25/2017 STEVE WOOD

Name	Age	Team	Seed	Finals	Points
1 Heuchling, Geoffrey	57	DISTRICT OF COLU	1:04.00	1:03.23	9
				31.31 1:03.23 (31.92)	
2 McGough, Tim	59	MERRITT MARLINS	1:09.00	1:05.52	7
				32.05 1:05.52 (33.47)	
3 Gittins, Tom	55	UC12	1:07.44	1:06.89	6
				32.37 1:06.89 (34.52)	
4 Matz, Michael	55	COLONIALS 1776	1:09.95	1:10.88	5
				34.20 1:10.88 (36.68)	

### Men 55-59 200 Yard Backstroke

ZONE: Z 2:18.02 4/25/2009 David Bright, NEM  
 NATL: ! 2:03.14 3/31/2012 TOM BARTON

Name	Age	Team	Seed	Finals	Points
1 Gittins, Tom	55	UC12	2:36.76	2:30.96	9
				33.81 1:11.78 (37.97) 1:52.07 (40.29) 2:30.96 (38.89)	
2 Carlson, Eric	56	NORTH CAROLINA M	2:50.00	2:48.64	7
				41.36 1:23.79 (42.43) 2:07.25 (43.46) 2:48.64 (41.39)	
3 Romo, Robert	58	VIRGINIA MASTERS	2:58.00	2:54.95	6
				41.94 1:25.21 (43.27) 2:10.50 (45.29) 2:54.95 (44.45)	
4 Murray, Keith	58	VIRGINIA MASTERS	3:07.56	3:12.56	5
				44.59 1:33.66 (49.07) 2:24.24 (50.58) 3:12.56 (48.32)	

### Men 55-59 50 Yard Breaststroke

ZONE: Z 29.15 4/11/2015 Gregory Oxley, Colonials 1776  
 NATL: ! 27.60 3/12/2016 DAVID GUTHRIE

Name	Age	Team	Seed	Finals	Points
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1	Scoggin, Sam	56	RESTON MASTERS S	33.40	33.57	9
2	North, Dirk	56	VCU RECREATIONAL	33.85	33.85	7
3	Romo, Robert	58	VIRGINIA MASTERS	37.00	35.33	6

#### Men 55-59 100 Yard Breaststroke

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ZONE: Z 1:04.36 4/12/2015 Gregory Oxley, Colonials 1776  
 NATL: ! 1:00.34 4/9/2016 DAVID GUTHRIE

Name	Age	Team	Seed	Finals	Points
1 Hellmann, Ralph	55	SARASOTA Y SHARK	1:08.50	1:09.96	9
	33.19	1:09.96 (36.77)			
2 Hennessy, William	56	EXCEL SWIMMING	1:20.00	1:14.17	7
	36.11	1:14.17 (38.06)			
3 Scoggin, Sam	56	RESTON MASTERS S	1:18.12	1:15.20	6
	36.01	1:15.20 (39.19)			
4 Murray, Keith	58	VIRGINIA MASTERS	1:24.44	1:24.90	5
	40.41	1:24.90 (44.49)			
5 Hong, Chun	56	RESTON MASTERS S	1:25.16	1:27.70	4
	42.08	1:27.70 (45.62)			

#### Men 55-59 200 Yard Breaststroke

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ZONE: Z 2:33.72 4/14/2012 Jose E Cunningham, District Of Colu  
 NATL: ! 2:11.95 4/10/2016 DAVID GUTHRIE

Name	Age	Team	Seed	Finals	Points
1 Hellmann, Ralph	55	SARASOTA Y SHARK	2:32.00	2:36.99	9
	34.16	1:12.83 (38.67) 1:53.79 (40.96)		2:36.99 (43.20)	
2 Murray, Keith	58	VIRGINIA MASTERS	3:11.96	3:13.94	7
	43.78	1:32.85 (49.07) 2:23.51 (50.66)		3:13.94 (50.43)	

#### Men 55-59 50 Yard Butterfly

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ZONE: Z 26.05 4/12/2008 Mark Pugliese, ANCM  
 NATL: ! 24.00 5/1/2016 BRUCE KONE

Name	Age	Team	Seed	Finals	Points
1 Heuchling, Geoffrey	57	DISTRICT OF COLU	26.94	26.42	9
2 Kannegieser, Robert	59	FINS AQUATICS CL	28.00	28.33	7
3 Matz, Michael	55	COLONIALS 1776	29.38	30.24	6
4 North, Dirk	56	VCU RECREATIONAL	30.00	35.32	5

#### Men 55-59 100 Yard Butterfly

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ZONE: Z 59.53 4/13/2008 Mark Pugliese, ANCM  
 NATL: ! 53.90 5/12/2013 PAUL CARTER

Name	Age	Team	Seed	Finals	Points
1 Carlson, Eric	56	NORTH CAROLINA M	1:25.00	1:26.15	9
	40.97	1:26.15 (45.18)			

#### Men 55-59 100 Yard IM

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ZONE: Z 1:00.94 4/25/2010 Paul Trevisan, Colonials 1776  
 NATL: ! 55.85 4/9/2016 STEVE WOOD

Name	Age	Team	Seed	Finals	Points
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1	Gittins, Tom	55 UC12	1:08.18	1:07.43	9
	30.75	1:07.43 (36.68)			
2	Scoggin, Sam	56 RESTON MASTERS S	1:08.25	1:08.37	7
	31.57	1:08.37 (36.80)			
3	Bales, Paul	58 ALEXANDRIA MASTE	1:09.97	1:09.47	6
	31.69	1:09.47 (37.78)			
4	Matz, Michael	55 COLONIALS 1776	1:10.79	1:11.07	5
5	Prince, Douglas	55 ALEXANDRIA MASTE	1:17.69	1:18.37	4
	37.30	1:18.37 (41.07)			
6	Payne, Steve	55 UMAC-TERRAPIN MA	1:26.09	1:24.78	3
	40.98	1:24.78 (43.80)			

### Men 55-59 200 Yard IM

ZONE: Z 2:16.49		4/17/2011 Jamie Hemmerle, 1776			
NATL: ! 2:04.09		5/4/2008 TIMOTHY SHEAD			
Name	Age	Team	Seed	Finals	Points
1	Kannegieser, Robert	59 FINS AQUATICS CL	2:22.00	2:19.36	9
	29.32	1:03.97 (34.65)	1:45.55 (41.58)	2:19.36 (33.81)	
2	McGough, Tim	59 MERRITT MARLINS	2:30.21	2:23.80	7
	30.51	1:07.64 (37.13)	1:48.74 (41.10)	2:23.80 (35.06)	
3	Gittins, Tom	55 UC12	2:33.87	2:36.89	6
	30.83	1:08.54 (37.71)	1:58.83 (50.29)	2:36.89 (38.06)	
4	Murray, Keith	58 VIRGINIA MASTERS	2:57.06	2:53.37	5
	37.84	1:22.11 (44.27)	2:14.46 (52.35)	2:53.37 (38.91)	

### Men 55-59 400 Yard IM

ZONE: Z 4:53.50		4/21/2013 Robert Kannegieser, Fins Aquatics Cl			
NATL: ! 4:28.66		5/2/2014 JIM SAUER			
Name	Age	Team	Seed	Finals	Points
1	Kannegieser, Robert	59 FINS AQUATICS CL	5:20.00	5:03.61	9
	31.61	1:09.63 (38.02)	1:47.95 (38.32)	2:26.81 (38.86)	
	3:12.02 (45.21)	3:56.48 (44.46)	4:31.33 (34.85)	5:03.61 (32.28)	
2	Shipp, Bill	56 UMAC-TERRAPIN MA	5:15.33	5:19.84	7
	33.34	1:11.48 (38.14)	1:53.69 (42.21)	2:35.46 (41.77)	
	3:22.35 (46.89)	4:09.15 (46.80)	4:45.05 (35.90)	5:19.84 (34.79)	
3	Carlson, Eric	56 NORTH CAROLINA M	6:40.00	6:16.98	6
	41.64	1:29.79 (48.15)	2:17.39 (47.60)	3:05.05 (47.66)	
	4:00.13 (55.08)	4:56.27 (56.14)	5:37.71 (41.44)	6:16.98 (39.27)	

### Men 60-64 50 Yard Freestyle

ZONE: Z 24.32		4/13/2008 Jim Dragon, GSM			
NATL: ! 22.30		5/22/2005 RICHARD ABRAHAMS			
Name	Age	Team	Seed	Finals	Points
1	Crossland, Jerry	60 CENTRAL BUCKS FA	26.00	25.24	9
2	Tudor, Louis	61 VIRGINIA MASTERS	25.99	26.20	7
3	Morosky, Ron	60 FLYING FISH HEAD	26.50	26.33	6
4	Keyser, Brian	60 COLONIALS 1776	26.60	27.24	5
5	Dearfield, Kerry	64 LANE 4 SWIMMING	29.00	28.98	4
6	Edgell, Don	64 LANE 4 SWIMMING	29.79	30.32	3
7	Nelson, Bill	64 VIRGINIA MASTERS	31.00	32.21	2

8 Swenson, Richard 64 CENTRAL MARYLAND 35.00 33.11 1

**Men 60-64 100 Yard Freestyle**

ZONE: Z 54.02 4/20/2013 James Thornton, Colonials 1776  
NATL: ! 49.14 5/22/2005 RICHARD ABRAHAMS

Name	Age	Team	Seed	Finals	Points
1 Crossland, Jerry	60	CENTRAL BUCKS FA	58.00	56.35	9
	27.36	56.35 (28.99)			
2 Morosky, Ron	60	FLYING FISH HEAD	58.00	59.33	7
	28.25	59.33 (31.08)			
3 Rickard, Alan	60	RIPTIDE MASTERS	1:01.58	1:00.52	6
	28.56	1:00.52 (31.96)			
4 Dearfield, Kerry	64	LANE 4 SWIMMING	1:05.00	1:02.94	5
	30.24	1:02.94 (32.70)			
5 Burgess, Doug	60	MERRITT MARLINS	1:10.71	1:07.67	4
	31.66	1:07.67 (36.01)			
6 Weidner, Bob	60	PATRIOT MASTERS	1:10.55	1:14.18	3
	35.69	1:14.18 (38.49)			
7 Nelson, Bill	64	VIRGINIA MASTERS	1:12.00	1:15.04	2
	35.22	1:15.04 (39.82)			

**Men 60-64 200 Yard Freestyle**

ZONE: Z 1:58.43 4/21/2013 James Thornton, Colonials 1776  
NATL: ! 1:51.08 4/24/2015 RICK COLELLA

Name	Age	Team	Seed	Finals	Points
1 Crossland, Jerry	60	CENTRAL BUCKS FA	2:10.00	2:07.47	9
	29.27	1:00.91 (31.64) 1:33.47 (32.56)		2:07.47 (34.00)	
2 Rickard, Alan	60	RIPTIDE MASTERS	2:24.80	2:24.54	7
	32.20	1:08.27 (36.07) 1:47.02 (38.75)		2:24.54 (37.52)	
3 Edgell, Don	64	LANE 4 SWIMMING	2:28.72	2:27.56	6
	33.60	1:10.58 (36.98) 1:49.57 (38.99)		2:27.56 (37.99)	
4 Nelson, Bill	64	VIRGINIA MASTERS	2:50.00	2:57.11	5
	38.59	1:25.15 (46.56) 2:12.64 (47.49)		2:57.11 (44.47)	

**Men 60-64 500 Yard Freestyle**

ZONE: Z 5:32.86 4/20/2013 James Thornton, Colonials 1776  
NATL: ! 5:11.17 4/29/2012 JIM MC CONICA

Name	Age	Team	Seed	Finals	Points
1 Rickard, Alan	60	RIPTIDE MASTERS	6:29.70	6:44.00	9
	33.34	1:11.42 (38.08) 1:53.26 (41.84)		2:35.82 (42.56)	
		3:18.32 (42.50) 4:00.67 (42.35)		5:23.16 (40.99)	
		6:04.13 (40.97) 6:44.00 (39.87)			

**Men 60-64 1000 Yard Freestyle**

ZONE: Z 12:07.48 4/21/2002 David Harrison  
NATL: ! 10:42.16 4/23/2015 MICHAEL MANN

Name	Age	Team	Seed	Finals	Points
1 Chambers, John	61	CHELSEA PIERS MA	12:32.00	12:29.76	9
	33.70	1:10.00 (36.30) 1:47.74 (37.74)		2:26.30 (38.56)	

3:04.73 (38.43)	3:43.28 (38.55)	4:21.81 (38.53)	5:00.40 (38.59)
5:38.86 (38.46)	6:17.47 (38.61)	6:55.51 (38.04)	7:33.43 (37.92)
8:11.01 (37.58)	8:48.91 (37.90)	9:26.58 (37.67)	10:03.94 (37.36)
10:41.10 (37.16)	11:17.83 (36.73)	11:54.26 (36.43)	12:29.76 (35.50)

### Men 60-64 50 Yard Backstroke

ZONE: Z 28.98 4/23/2006 Richard Alexander, GSM  
 NATL: ! 26.82 5/4/2008 HUGH WILDER

Name	Age	Team	Seed	Finals	Points
1 Crossland, Jerry	60	CENTRAL BUCKS FA	31.00	30.86	9
2 Nash, Dawson	63	DISTRICT OF COLU	40.00	38.18	7

### Men 60-64 100 Yard Backstroke

ZONE: Z 1:03.68 4/20/2013 Geoffrey Meyer, Colonials 1776  
 NATL: ! 57.46 4/30/2016 TOM BARTON

Name	Age	Team	Seed	Finals	Points
1 Crossland, Jerry	60	CENTRAL BUCKS FA	1:06.00	1:04.58	9
				31.50 1:04.58 (33.08)	
2 Nash, Dawson	63	DISTRICT OF COLU	1:25.00	1:23.08	7
				41.34 1:23.08 (41.74)	
3 Weidner, Bob	60	PATRIOT MASTERS	1:35.30	1:38.08	6
				48.01 1:38.08 (50.07)	

### Men 60-64 200 Yard Backstroke

ZONE: Z 2:23.07 4/15/2012 Richard Bober, North Carolina M  
 NATL: ! 2:07.91 5/1/2016 TOM BARTON

Name	Age	Team	Seed	Finals	Points
1 Crossland, Jerry	60	CENTRAL BUCKS FA	2:23.00	2:24.98	9
				34.91 1:11.15 (36.24) 1:48.71 (37.56) 2:24.98 (36.27)	
2 Nash, Dawson	63	DISTRICT OF COLU	3:03.00	3:03.41	7
				42.96 1:29.37 (46.41) 3:03.41 (1:34.04)	
3 Swiger, Ralph	60	VIRGINIA MASTERS	3:45.00	3:50.68	6
				55.93 1:55.23 (59.30) 2:54.37 (59.14) 3:50.68 (56.31)	

### Men 60-64 50 Yard Breaststroke

ZONE: Z 31.63 4/23/2006 Louis Kronfeld, NEM  
 NATL: ! 28.76 4/24/2015 RICK COLELLA

Name	Age	Team	Seed	Finals	Points
1 Keyser, Brian	60	COLONIALS 1776	31.50	31.92	9
2 Blackburne, Tom	64	GARDEN STATE MAS	39.00	38.40	7
3 Walters, Mark	64	GERMANTOWN MARYL	39.05	39.26	6
4 Rickard, Alan	60	RIPTIDE MASTERS	44.90	40.62	5
5 Nelson, Bill	64	VIRGINIA MASTERS	45.00	46.51	4
6 Burgess, Doug	60	MERRITT MARLINS	46.76	48.46	3

### Men 60-64 100 Yard Breaststroke

ZONE: Z 1:10.26 4/6/2014 Berry Hamilton, Longhorn Aquatic  
 NATL: ! 1:02.61 5/2/2014 RICK COLELLA



Name	Age	Team	Seed	Finals	Points
1 Keyser, Brian	60	COLONIALS 1776	1:10.09	1:10.72	9
	32.77	1:10.72 (37.95)			
2 Swiger, Ralph	60	VIRGINIA MASTERS	1:40.00	1:46.79	7

### Men 60-64 200 Yard Breaststroke

Name	Age	Team	Seed	Finals	Points
ZONE: Z 2:38.50 4/5/2014 Berry Hamilton, Longhorn Aquatic					
NATL: ! 2:16.71 5/3/2014 RICK COLELLA					
1 Walters, Mark	64	GERMANTOWN MARYL	3:20.01	3:14.61	9
	42.95	1:31.14 (48.19)	2:22.91 (51.77)	3:14.61 (51.70)	
2 Swiger, Ralph	60	VIRGINIA MASTERS	3:45.00	3:48.22	7
	50.14	1:48.34 (58.20)	2:48.94 (1:00.60)	3:48.22 (59.28)	
-- Keyser, Brian	60	COLONIALS 1776	2:37.28	DQ	
Incomplete stroke cycle other than one pull followed by one kick					
	36.05	1:16.52 (40.47)	1:58.98 (42.46)	DQ (44.19)	

### Men 60-64 50 Yard Butterfly

Name	Age	Team	Seed	Finals	Points
ZONE: Z 26.13 4/12/2008 Jim Dragon, GSM					
NATL: ! 24.46 5/22/2005 RICHARD ABRAHAMS					
1 Crossland, Jerry	60	CENTRAL BUCKS FA	29.00	29.26	9
2 Morosky, Ron	60	FLYING FISH HEAD	29.00	29.63	7
3 Tudor, Louis	61	VIRGINIA MASTERS	29.23	29.99	6
4 Dearfield, Kerry	64	LANE 4 SWIMMING	32.00	31.48	5
5 Blackburne, Tom	64	GARDEN STATE MAS	33.00	32.65	4
6 Walters, Mark	64	GERMANTOWN MARYL	33.05	33.49	3
7 Nash, Dawson	63	DISTRICT OF COLU	35.00	37.91	2

### Men 60-64 100 Yard Butterfly

Name	Age	Team	Seed	Finals	Points
ZONE: Z 1:00.63 4/25/2009 Kieran Kelleher, DCAC					
NATL: ! 54.92 5/22/2005 RICHARD ABRAHAMS					
1 Walters, Mark	64	GERMANTOWN MARYL	1:15.00	1:14.45	9
	34.86	1:14.45 (39.59)			
2 Edgell, Don	64	LANE 4 SWIMMING	1:26.00	1:28.19	7
	39.40	1:28.19 (48.79)			
3 Swiger, Ralph	60	VIRGINIA MASTERS	1:45.00	1:47.56	6
	53.24	1:47.56 (54.32)			

### Men 60-64 200 Yard Butterfly

Name	Age	Team	Seed	Finals	Points
ZONE: Z 2:34.84 4/9/2016 John Chambers, Chelsea Piers Ma					
NATL: ! 2:10.06 4/16/2011 LAWRENCE DAY					
1 Chambers, John	61	CHELSEA PIERS MA	2:35.00	2:36.31	9
	34.86	1:13.70 (38.84)	1:53.55 (39.85)	2:36.31 (42.76)	
2 Walters, Mark	64	GERMANTOWN MARYL	3:10.01	3:09.84	7
	37.00	1:24.25 (47.25)	2:14.42 (50.17)	3:09.84 (55.42)	

3 Nash, Dawson 63 DISTRICT OF COLU 3:15.00 3:32.70 6  
 41.93 1:34.92 (52.99) 2:33.27 (58.35) 3:32.70 (59.43)

**Men 60-64 100 Yard IM**

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=====
ZONE: Z 1:02.78 4/12/2015 Ed McCleskey, Montgomery Ancie
NATL: ! 57.23 5/11/2013 RICK COLELLA
Name Age Team Seed Finals Points
=====
1 Morosky, Ron 60 FLYING FISH HEAD 1:07.00 1:08.11 8
31.04 1:08.11 (37.07)
1 Keyser, Brian 60 COLONIALS 1776 1:08.10 1:08.11 8
33.62 1:08.11 (34.49)
3 Dearfield, Kerry 64 LANE 4 SWIMMING 1:17.00 1:16.40 6
33.69 1:16.40 (42.71)
4 Walters, Mark 64 GERMANTOWN MARYL 1:21.25 1:19.04 5
37.26 1:19.04 (41.78)
5 Swenson, Richard 64 CENTRAL MARYLAND 1:32.00 1:29.57 4
40.12 1:29.57 (49.45)
  
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**Men 60-64 200 Yard IM**

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=====
ZONE: Z 2:22.04 4/5/2014 Berry Hamilton, Longhorn Aquatic
NATL: ! 2:03.26 5/4/2014 RICK COLELLA
Name Age Team Seed Finals Points
=====
1 Keyser, Brian 60 COLONIALS 1776 2:33.01 2:32.01 9
34.57 1:13.95 (39.38) 1:56.02 (42.07) 2:32.01 (35.99)
2 Morosky, Ron 60 FLYING FISH HEAD 2:32.00 2:32.70 7
31.84 1:10.28 (38.44) 1:56.10 (45.82) 2:32.70 (36.60)
3 Burgess, Doug 60 MERRITT MARLINS 3:25.07 3:20.03 6
44.89 1:35.41 (50.52) 2:35.97 (1:00.56) 3:20.03 (44.06)
4 Swiger, Ralph 60 VIRGINIA MASTERS 3:40.00 3:40.54 5
49.44 1:48.75 (59.31) 2:52.29 (1:03.54) 3:40.54 (48.25)
  
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**Men 60-64 400 Yard IM**

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=====
ZONE: Z 5:06.11 4/21/2013 James Thornton, Colonials 1776
NATL: ! 4:24.24 5/2/2014 RICK COLELLA
Name Age Team Seed Finals Points
=====
1 Walters, Mark 64 GERMANTOWN MARYL 6:29.00 6:36.73 9
36.48 1:19.39 (42.91) 2:16.38 (56.99) 3:11.46 (55.08)
4:09.29 (57.83) 5:06.19 (56.90) 5:52.80 (46.61) 6:36.73 (43.93)
2 Nash, Dawson 63 DISTRICT OF COLU 6:45.00 6:43.82 7
44.26 1:35.15 (50.89) 2:25.04 (49.89) 3:14.87 (49.83)
4:18.33 (1:03.46) 5:17.70 (59.37) 6:02.03 (44.33) 6:43.82 (41.79)
3 Swiger, Ralph 60 VIRGINIA MASTERS 7:55.00 8:05.58 6
54.36 1:55.16 (1:00.80) 3:01.87 (1:06.71) 4:07.03 (1:05.16)
5:12.69 (1:05.66) 6:17.27 (1:04.58) 7:12.79 (55.52) 8:05.58 (52.79)
  
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**Men 65-69 50 Yard Freestyle**

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=====
ZONE: Z 24.54 4/25/2010 Jim Dragon, Garden State Mas
NATL: ! 22.10 5/23/2010 RICHARD ABRAHAMS
Name Age Team Seed Finals Points
=====
  
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1	Youtt, George	68	BINGHAMTON UNIV	27.60	28.35	9
2	Pot, Gene	66	BINGHAMTON UNIV	28.74	28.53	7
3	Miller, Jim	66	VIRGINIA MASTERS	30.20	32.67	6
4	Meyer, Jerry	67	CENTRAL MARYLAND	35.08	36.08	5

**Men 65-69 100 Yard Freestyle**

=====

ZONE: Z 59.92 4/13/2003 David Harrison  
 NATL: ! 49.42 5/22/2010 RICHARD ABRAHAMS

Name	Age	Team	Seed	Finals	Points
1 Kornblatt, Daniel	67	BINGHAMTON UNIV	1:03.00	1:03.36	9
	30.48	1:03.36 (32.88)			
2 Pot, Gene	66	BINGHAMTON UNIV	1:08.00	1:05.42	7
	30.74	1:05.42 (34.68)			
3 Harmon, David	67	MONTGOMERY ANCIE	1:06.36	1:05.52	6
	31.67	1:05.52 (33.85)			
4 Wallace, Richard	69	GARDEN STATE MAS	1:10.00	1:09.64	5
	34.34	1:09.64 (35.30)			
5 Wright, Steve	67	GERMANTOWN MARYL	1:11.00	1:10.02	4
	33.11	1:10.02 (36.91)			
6 Langendorfer, Stephen	66	BINGHAMTON UNIV	1:11.93	1:14.17	3
	34.53	1:14.17 (39.64)			
7 Boyle, Michael	65	GERMANTOWN MARYL	1:25.00	1:22.17	2
	40.15	1:22.17 (42.02)			

**Men 65-69 200 Yard Freestyle**

=====

ZONE: Z 2:09.58 4/13/2003 David Harrison  
 NATL: ! 1:57.54 5/21/2010 RICHARD ABRAHAMS

Name	Age	Team	Seed	Finals	Points
1 Kornblatt, Daniel	67	BINGHAMTON UNIV	2:18.50	2:20.13	9
	33.40	1:08.44 (35.04) 1:44.40 (35.96)		2:20.13 (35.73)	
2 Harmon, David	67	MONTGOMERY ANCIE	2:28.67	2:28.74	7
	33.98	1:11.99 (38.01) 1:50.33 (38.34)		2:28.74 (38.41)	
3 Miller, Jim	66	VIRGINIA MASTERS	2:45.10	2:41.84	6
	37.69	1:18.87 (41.18) 2:00.95 (42.08)		2:41.84 (40.89)	
4 Langendorfer, Stephen	66	BINGHAMTON UNIV	2:40.95	2:43.59	5
	38.50	1:20.43 (41.93) 2:02.74 (42.31)		2:43.59 (40.85)	

**Men 65-69 500 Yard Freestyle**

=====

ZONE: Z 5:53.27 4/13/2003 David Harrison  
 NATL: ! 5:29.10 4/29/2016 JIM MC CONICA

Name	Age	Team	Seed	Finals	Points
1 Kornblatt, Daniel	67	BINGHAMTON UNIV	6:20.00	6:28.56	9
	34.36	1:11.98 (37.62) 1:50.89 (38.91)		2:30.11 (39.22)	
		3:09.67 (39.56) 3:49.11 (39.44)		4:28.70 (39.59)	
		5:49.81 (40.19) 6:28.56 (38.75)		5:09.62 (40.92)	
2 Langendorfer, Stephen	66	BINGHAMTON UNIV	6:55.89	6:55.35	7
	39.84	1:23.15 (43.31) 2:06.14 (42.99)		2:48.61 (42.47)	
		3:31.04 (42.43) 4:12.89 (41.85)		4:54.15 (41.26)	
		6:16.18 (40.89) 6:55.35 (39.17)		5:35.29 (41.14)	
3 Wallace, Richard	69	GARDEN STATE MAS	7:30.00	7:14.19	6
	38.44	1:21.79 (43.35) 2:07.19 (45.40)		2:52.62 (45.43)	

3:38.21 (45.59)      4:23.41 (45.20)      5:08.15 (44.74)      5:52.32 (44.17)  
 6:36.35 (44.03)      7:14.19 (37.84)

**Men 65-69 1000 Yard Freestyle**

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=====
ZONE: Z 12:26.16      4/4/2004 David Harrison, 1776
NATL: ! 11:23.13      4/16/2016 JIM MC CONICA
Name                      Age Team                      Seed                      Finals Points
=====
1 Wallace, Richard                      69 GARDEN STATE MAS                      15:30.00                      15:03.75                      9
                      39.54                      1:23.95 (44.41)                      2:09.70 (45.75)                      2:55.56 (45.86)
                      3:41.60 (46.04)                      4:27.30 (45.70)                      5:13.07 (45.77)                      5:58.75 (45.68)
                      6:44.43 (45.68)                      7:30.44 (46.01)                      8:16.22 (45.78)                      9:02.35 (46.13)
                      9:48.52 (46.17)                      10:35.16 (46.64)                      11:21.33 (46.17)                      12:07.82 (46.49)
                      12:53.72 (45.90)                      13:39.66 (45.94)                      14:24.75 (45.09)                      15:03.75 (39.00)
2 Meyer, Jerry                              67 CENTRAL MARYLAND                      16:10.00                      16:02.85                      7
                      41.62                      1:28.70 (47.08)                      2:17.83 (49.13)                      3:06.01 (48.18)
                      3:55.40 (49.39)                      4:43.76 (48.36)                      5:31.75 (47.99)                      6:20.14 (48.39)
                      7:09.65 (49.51)                      7:58.11 (48.46)                      8:47.39 (49.28)                      9:36.67 (49.28)
                      10:25.70 (49.03)                      11:13.35 (47.65)                      12:03.66 (50.31)                      12:52.64 (48.98)
                      13:40.91 (48.27)                      14:30.08 (49.17)                      15:18.30 (48.22)                      16:02.85 (44.55)
3 Laughlin, Terry                              66 ADIRONDACK MASTE                      15:59.00                      16:19.28                      6
                      46.73                      1:35.74 (49.01)                      2:25.25 (49.51)                      3:14.13 (48.88)
                      4:03.09 (48.96)                      4:52.02 (48.93)                      5:41.31 (49.29)                      6:30.03 (48.72)
                      7:19.09 (49.06)                      8:08.19 (49.10)                      8:57.09 (48.90)                      9:46.70 (49.61)
                      10:35.89 (49.19)                      11:25.09 (49.20)                      12:14.53 (49.44)                      13:03.47 (48.94)
                      13:52.83 (49.36)                      14:41.98 (49.15)                      15:31.61 (49.63)                      16:19.28 (47.67)
4 Paulson, Laurence                              68 RESTON MASTERS S                      20:00.00                      20:22.68                      5
                      49.41                      1:52.03 (1:02.62)                      2:55.04 (1:03.01)                      4:01.03 (1:05.99)
                      5:04.98 (1:03.95)                      6:03.42 (58.44)                      6:59.39 (55.97)                      7:56.85 (57.46)
                      8:54.47 (57.62)                      9:53.48 (59.01)                      11:08.23 (1:14.75)                      12:19.69 (1:11.46)
                      13:31.48 (1:11.79)                      14:46.64 (1:15.16)                      16:01.75 (1:15.11)                      16:53.86 (52.11)
                      17:46.19 (52.33)                      18:39.56 (53.37)                      19:33.01 (53.45)                      20:22.68 (49.67)
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**Men 65-69 1650 Yard Freestyle**

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=====
ZONE: Z 23:03.74      4/13/2012 Rich Bernstein, Asphalt Green Ma
NATL: ! 19:07.81      4/23/2015 JIM CLEMMONS
Name                      Age Team                      Seed                      Finals Points
=====
1 Langendorfer, Stephen                      66 BINGHAMTON UNIV                      23:08.56                      23:51.21                      9
                      40.31                      1:24.21 (43.90)                      2:07.98 (43.77)                      2:51.47 (43.49)
                      3:34.64 (43.17)                      4:17.93 (43.29)                      5:01.09 (43.16)                      5:43.62 (42.53)
                      6:27.14 (43.52)                      7:10.46 (43.32)                      7:54.15 (43.69)                      8:38.21 (44.06)
                      9:22.35 (44.14)                      10:06.84 (44.49)                      10:50.78 (43.94)                      11:34.50 (43.72)
                      12:18.40 (43.90)                      13:03.19 (44.79)                      13:46.82 (43.63)                      14:30.12 (43.30)
                      15:13.74 (43.62)                      15:58.09 (44.35)                      16:41.68 (43.59)                      17:25.54 (43.86)
                      18:09.36 (43.82)                      18:52.11 (42.75)                      19:35.50 (43.39)                      20:19.07 (43.57)
                      21:02.39 (43.32)                      21:44.98 (42.59)                      22:27.62 (42.64)                      23:10.14 (42.52)
                      23:51.21 (41.07)
2 Tharp, Louis                              66 UC06                              25:17.98                      26:08.87                      7
                      41.37                      1:25.86 (44.49)                      2:12.88 (47.02)                      2:59.74 (46.86)
                      3:46.79 (47.05)                      4:33.87 (47.08)                      5:23.23 (49.36)                      6:12.29 (49.06)
                      7:01.40 (49.11)                      7:50.16 (48.76)                      8:37.18 (47.02)                      9:25.07 (47.89)
                      10:15.50 (50.43)                      11:03.21 (47.71)                      11:51.21 (48.00)                      12:39.02 (47.81)
                      13:27.51 (48.49)                      14:15.97 (48.46)                      15:04.22 (48.25)                      15:52.77 (48.55)
                      16:40.30 (47.53)                      17:29.47 (49.17)                      18:17.28 (47.81)                      19:05.88 (48.60)
=====
  
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19:54.19 (48.31)	20:42.34 (48.15)	21:29.55 (47.21)	22:16.81 (47.26)
23:03.48 (46.67)	23:49.98 (46.50)	24:38.31 (48.33)	25:25.24 (46.93)
26:08.87 (43.63)			
3 Griffith, Lee	68 LANE 4 SWIMMING	31:45.00	29:04.45 6
42.42	1:28.84 (46.42)	2:19.44 (50.60)	3:11.94 (52.50)
4:05.96 (54.02)	4:59.35 (53.39)	5:52.49 (53.14)	6:45.56 (53.07)
7:37.79 (52.23)	8:31.45 (53.66)	9:24.96 (53.51)	10:18.56 (53.60)
11:12.11 (53.55)	12:06.90 (54.79)	13:00.02 (53.12)	13:53.02 (53.00)
14:47.32 (54.30)	15:41.20 (53.88)	16:35.37 (54.17)	17:28.16 (52.79)
18:20.90 (52.74)	19:13.66 (52.76)	20:07.57 (53.91)	21:01.33 (53.76)
21:54.77 (53.44)	22:48.53 (53.76)	23:43.00 (54.47)	24:37.06 (54.06)
25:30.20 (53.14)	26:25.49 (55.29)	27:20.66 (55.17)	28:13.86 (53.20)
29:04.45 (50.59)			

**Men 65-69 50 Yard Backstroke**

=====

ZONE: Z 32.23 4/24/2010 Jim Dragon, Garden State Mas  
 NATL: ! 27.74 5/23/2010 RICHARD ABRAHAMS

Name	Age Team	Seed	Finals	Points
1 Rysdon, Jon	65 RESTON MASTERS S	34.00	32.93	9
2 Kornblatt, Daniel	67 BINGHAMTON UNIV	33.75	34.30	7
3 Cothren, Jack	67 BINGHAMTON UNIV	34.88	34.35	6
4 Pot, Gene	66 BINGHAMTON UNIV	36.73	35.82	5
5 Meyer, Jerry	67 CENTRAL MARYLAND	37.66	37.83	4
6 Miller, Jim	66 VIRGINIA MASTERS	37.20	40.30	3
7 Paulson, Laurence	68 RESTON MASTERS S	44.62	43.20	2
8 Boyle, Michael	65 GERMANTOWN MARYL	52.00	48.00	1

**Men 65-69 100 Yard Backstroke**

=====

ZONE: Z 1:11.47 4/17/2011 Hugh Roddin, ANCM  
 NATL: ! 59.62 5/12/2013 HUGH WILDER

Name	Age Team	Seed	Finals	Points
1 Rysdon, Jon	65 RESTON MASTERS S	1:12.00	1:11.89	9
35.35	1:11.89 (36.54)			
2 Cothren, Jack	67 BINGHAMTON UNIV	1:17.50	1:16.83	7
37.03	1:16.83 (39.80)			
3 Pot, Gene	66 BINGHAMTON UNIV	1:19.00	1:18.77	6
39.00	1:18.77 (39.77)			
4 Wright, Steve	67 GERMANTOWN MARYL	1:21.00	1:19.96	5
37.57	1:19.96 (42.39)			
5 Paulson, Laurence	68 RESTON MASTERS S	1:33.57	1:36.23	4
47.94	1:36.23 (48.29)			

**Men 65-69 100 Yard Backstroke Time Trial**

=====

ZONE: Z 1:13.00 5/1/1994 Roger Franks  
 NATL: ! 59.62 5/12/2013 HUGH WILDER

Name	Age Team	Seed	Finals
<b>- Time Trial</b>			
1 Kornblatt, Daniel	67 BINGHAMTON UNIV	NT	1:14.15

**Men 65-69 200 Yard Backstroke**

=====

ZONE: Z 2:48.33 4/21/2013 Bob Kolonkowski, Asphalt Green Ma  
 NATL: ! 2:16.72 5/11/2013 HUGH WILDER

Name	Age	Team	Seed	Finals	Points
1 Rysdon, Jon	36.77	65 RESTON MASTERS S	2:40.00	2:37.81Z	9
		1:16.84 (40.07)	1:57.70 (40.86)	2:37.81 (40.11)	
2 Cothren, Jack	42.23	67 BINGHAMTON UNIV	2:50.68	3:02.83	7
		1:28.61 (46.38)	2:16.41 (47.80)	3:02.83 (46.42)	
3 Paulson, Laurence	49.12	68 RESTON MASTERS S	3:18.67	3:30.07	6
		1:42.24 (53.12)	2:37.96 (55.72)	3:30.07 (52.11)	

**Men 65-69 50 Yard Breaststroke**

ZONE: Z 31.35 4/24/2010 Jim Dragon, Garden State Mas  
 NATL: ! 30.53 5/10/2013 ROBERT STRAND

Name	Age	Team	Seed	Finals	Points
1 Hoffman, Charlie	36.14	66 UMAC-TERRAPIN MA	36.50	36.14	9
2 Pot, Gene	36.25	66 BINGHAMTON UNIV	36.02	36.25	7
3 Youtt, George	39.02	68 BINGHAMTON UNIV	38.90	39.02	6
4 Haddan, Barry	40.15	66 WINCHESTER MASTE	45.00	40.15	5
5 Boyle, Michael	50.64	65 GERMANTOWN MARYL	51.00	50.64	4

**Men 65-69 100 Yard Breaststroke**

ZONE: Z 1:14.03 4/12/2008 Louis Kronfeld, NEM  
 NATL: ! 1:07.35 5/11/2013 ROBERT STRAND

Name	Age	Team	Seed	Finals	Points
1 Dougherty, Stephen	37.34	65 COLONIALS 1776	1:17.88	1:17.48	9
		1:17.48 (40.14)			
2 Hoffman, Charlie	38.43	66 UMAC-TERRAPIN MA	1:20.85	1:19.66	7
		1:19.66 (41.23)			
3 Boyle, Michael	55.46	65 GERMANTOWN MARYL	1:55.00	1:53.57	6
		1:53.57 (58.11)			

**Men 65-69 200 Yard Breaststroke**

ZONE: Z 2:52.57 4/14/2012 Henry Cole, Columbia Masters  
 NATL: ! 2:30.17 5/1/2011 ROBERT STRAND

Name	Age	Team	Seed	Finals	Points
1 Dougherty, Stephen	38.41	65 COLONIALS 1776	2:52.77	2:50.63Z	9
		1:21.07 (42.66)	2:05.03 (43.96)	2:50.63 (45.60)	
2 Hoffman, Charlie	40.32	66 UMAC-TERRAPIN MA	2:55.75	2:56.05	7
		1:25.18 (44.86)	2:10.80 (45.62)	2:56.05 (45.25)	
3 Boyle, Michael	57.30	65 GERMANTOWN MARYL	4:09.00	4:03.83	6
		2:00.50 (1:03.20)	3:04.36 (1:03.86)	4:03.83 (59.47)	
4 Paulson, Laurence	58.47	68 RESTON MASTERS S	4:13.27	4:21.65	5
		2:05.56 (1:07.09)	3:15.29 (1:09.73)	4:21.65 (1:06.36)	

**Men 65-69 50 Yard Butterfly**

ZONE: Z 25.93 4/25/2010 Jim Dragon, Garden State Mas  
 NATL: ! 24.94 5/22/2010 RICHARD ABRAHAMS

Name	Age	Team	Seed	Finals	Points
------	-----	------	------	--------	--------

1	Youtt, George	68	BINGHAMTON UNIV	30.50	30.62	9
2	Dougherty, Stephen	65	COLONIALS 1776	31.16	31.59	7
3	Cothren, Jack	67	BINGHAMTON UNIV	31.48	31.82	6
4	Rysdon, Jon	65	RESTON MASTERS S	35.00	33.17	5
5	Paulson, Laurence	68	RESTON MASTERS S	38.14	39.52	4

**Men 65-69 100 Yard Butterfly**

=====

ZONE: Z 1:14.48 5/9/1993 Joseph Kurtzman  
 NATL: ! 56.36 5/21/2010 RICHARD ABRAHAMS

Name	Age	Team	Seed	Finals	Points
1 Dougherty, Stephen	65	COLONIALS 1776	1:10.00	1:12.52Z	9
				33.91 1:12.52 (38.61)	
2 Paulson, Laurence	68	RESTON MASTERS S	1:32.00	1:38.92	7
				44.92 1:38.92 (54.00)	

**Men 65-69 200 Yard Butterfly**

=====

ZONE: Z 2:47.86 4/17/2011 Hugh Roddin, ANCM  
 NATL: ! 2:13.55 4/29/2016 LAWRENCE DAY

Name	Age	Team	Seed	Finals	Points
1 Rysdon, Jon	65	RESTON MASTERS S	3:20.00	3:16.83	9
				41.15 1:28.84 (47.69) 2:23.14 (54.30) 3:16.83 (53.69)	
2 Paulson, Laurence	68	RESTON MASTERS S	3:30.67	3:48.83	7
				45.84 1:45.69 (59.85) 2:49.97 (1:04.28) 3:48.83 (58.86)	

**Men 65-69 100 Yard IM**

=====

ZONE: Z 1:11.46 4/12/2015 Michael Campbell, UC08  
 NATL: ! 1:00.32 5/23/2010 RICHARD ABRAHAMS

Name	Age	Team	Seed	Finals	Points
1 Dougherty, Stephen	65	COLONIALS 1776	1:11.87	1:10.57Z	9
				33.43 1:10.57 (37.14)	
2 Pot, Gene	66	BINGHAMTON UNIV	1:15.00	1:15.99	7
				36.74 1:15.99 (39.25)	
3 Meyer, Jerry	67	CENTRAL MARYLAND	1:30.54	1:32.00	6
				41.77 1:32.00 (50.23)	
4 Paulson, Laurence	68	RESTON MASTERS S	1:34.03	1:38.14	5
				42.50 1:38.14 (55.64)	
5 Langendorfer, Stephen	66	BINGHAMTON UNIV	1:33.00	1:40.10	4
				51.47 1:40.10 (48.63)	
6 Boyle, Michael	65	GERMANTOWN MARYL	1:54.00	1:43.70	3
				50.11 1:43.70 (53.59)	

**Men 65-69 200 Yard IM**

=====

ZONE: Z 2:38.89 4/15/2007 Michael Laux, CONN  
 NATL: ! 2:16.17 4/30/2016 LAWRENCE DAY

Name	Age	Team	Seed	Finals	Points
1 Dougherty, Stephen	65	COLONIALS 1776	2:35.00	2:33.77Z	9
				33.76 1:13.45 (39.69) 1:57.34 (43.89) 2:33.77 (36.43)	
2 Harmon, David	67	MONTGOMERY ANCIE	2:52.00	2:50.78	7
				37.61 1:22.01 (44.40) 2:13.44 (51.43) 2:50.78 (37.34)	

3	Rysdon, Jon	65	RESTON MASTERS S	2:55.00	2:58.32	6
	38.89	1:22.66 (43.77)		2:18.98 (56.32)	2:58.32 (39.34)	
4	Paulson, Laurence	68	RESTON MASTERS S	3:22.50	3:35.29	5
	44.50	1:38.18 (53.68)		2:47.45 (1:09.27)	3:35.29 (47.84)	

**Men 65-69 400 Yard IM**

=====

ZONE: Z 5:56.71 4/13/2008 Art Wolfe, VMST  
 NATL: ! 4:56.46 5/1/2016 LAWRENCE DAY

Name	Age	Team	Seed	Finals	Points
1 Rysdon, Jon	65	RESTON MASTERS S	6:20.00	6:12.50	9
	37.55	1:23.94 (46.39)	2:10.29 (46.35)	2:56.70 (46.41)	
	3:54.21 (57.51)	4:51.28 (57.07)	5:33.18 (41.90)	6:12.50 (39.32)	
2 Paulson, Laurence	68	RESTON MASTERS S	7:27.81	7:41.47	7
	49.06	1:47.69 (58.63)	2:43.30 (55.61)	3:40.79 (57.49)	
	4:53.25 (1:12.46)	6:04.76 (1:11.51)	6:55.96 (51.20)	7:41.47 (45.51)	

**Men 70-74 50 Yard Freestyle**

=====

ZONE: Z 26.15 4/12/2015 Jim Dragon, Garden State Mas  
 NATL: ! 24.13 5/4/2008 JEFF FARRELL

Name	Age	Team	Seed	Finals	Points
1 Dragon, Jim	72	GARDEN STATE MAS	26.15	26.85	9
2 Culhane, Kevin	70	ALEXANDRIA MASTE	27.38	28.05	7
3 Sober, Harry	74	VIRGINIA MASTERS	31.00	28.34	6
4 Amundsen, Joseph	71	COLONIALS 1776	34.00	28.87	5
5 Novell, Ken	74	VIRGINIA MASTERS	29.27	29.59	4
6 Bernstein, Rich	71	ASPHALT GREEN MA	38.00	37.24	3

**Men 70-74 100 Yard Freestyle**

=====

ZONE: Z 1:03.73 4/4/2004 Walter Lincoln, NEM  
 NATL: ! 54.58 4/26/2015 RICHARD ABRAHAMS

Name	Age	Team	Seed	Finals	Points
1 Sober, Harry	74	VIRGINIA MASTERS	1:10.00	1:04.83	9
	30.27	1:04.83 (34.56)			
2 Novell, Ken	74	VIRGINIA MASTERS	1:09.50	1:05.39	7
	31.98	1:05.39 (33.41)			
3 Brundage, Warner	74	VIRGINIA MASTERS	1:14.10	1:12.73	6
	34.48	1:12.73 (38.25)			
4 Tulenko, Tom	74	COLONIALS 1776	1:13.00	1:13.99	5
	36.43	1:13.99 (37.56)			
5 Bernstein, Rich	71	ASPHALT GREEN MA	1:18.00	1:18.86	4
	37.78	1:18.86 (41.08)			
6 Robinson, David	73	GERMANTOWN MARYL	1:20.00	1:27.16	3
	41.22	1:27.16 (45.94)			
7 Snowwhite, Larry	70	RESTON MASTERS S	2:20.00	1:32.87	2
	41.53	1:32.87 (51.34)			

**Men 70-74 200 Yard Freestyle**

=====

ZONE: Z 2:17.89 4/13/2008 David Harrison, 1776  
 NATL: ! 2:06.63 5/8/2015 DAVID QUIGGIN

Name	Age	Team	Seed	Finals	Points
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1	Amundsen, Joseph	71	COLONIALS 1776	2:27.01	2:29.75	9
	32.90	1:10.31	(37.41)	1:49.51	(39.20)	2:29.75 (40.24)
2	Novell, Ken	74	VIRGINIA MASTERS	2:32.27	2:38.98	7
	35.15	1:14.43	(39.28)	1:56.66	(42.23)	2:38.98 (42.32)
3	Robinson, David	73	GERMANTOWN MARYL	3:01.00	2:47.02	6
	38.33	1:21.62	(43.29)	2:05.73	(44.11)	2:47.02 (41.29)
4	Bernstein, Rich	71	ASPHALT GREEN MA	2:42.00	2:47.09	5
	38.69	1:21.17	(42.48)	2:04.21	(43.04)	2:47.09 (42.88)
5	Snowwhite, Larry	70	RESTON MASTERS S	5:00.00	3:15.13	4
	43.11	1:32.30	(49.19)	2:24.59	(52.29)	3:15.13 (50.54)
6	Gaulrapp, Edward	74	VIRGINIA MASTERS	3:20.00	3:27.13	3
	48.05	1:39.73	(51.68)	2:33.56	(53.83)	3:27.13 (53.57)

### Men 70-74 500 Yard Freestyle

ZONE: Z 6:15.86 4/12/2008 David Harrison, 1776						
NATL: ! 5:48.21 5/9/2015 DAVID QUIGGIN						
Name	Age	Team	Seed	Finals	Points	
1	Bernstein, Rich	71	ASPHALT GREEN MA	6:48.00	6:54.31	9
	38.01	1:19.67	(41.66)	2:02.00	(42.33)	2:44.32 (42.32)
	3:26.98	(42.66)	4:09.31	(42.33)	4:51.64	(42.33) 5:33.77 (42.13)
	6:14.80	(41.03)	6:54.31	(39.51)		
2	Tulenko, Tom	74	COLONIALS 1776	7:30.00	7:34.26	7
	39.98	1:24.92	(44.94)	2:11.99	(47.07)	2:59.79 (47.80)
	3:47.67	(47.88)	4:34.79	(47.12)	5:21.28	(46.49) 6:07.30 (46.02)
	6:51.99	(44.69)	7:34.26	(42.27)		
3	Gaulrapp, Edward	74	VIRGINIA MASTERS	9:15.00	9:01.20	6
	46.69	1:40.00	(53.31)	2:35.68	(55.68)	3:32.42 (56.74)
	4:29.30	(56.88)	5:24.31	(55.01)	6:19.91	(55.60) 7:14.40 (54.49)
	8:08.89	(54.49)	9:01.20	(52.31)		
4	Snowwhite, Larry	70	RESTON MASTERS S	20:20.00	9:10.83	5
	50.37	1:41.38	(51.01)	2:39.58	(58.20)	3:39.55 (59.97)
	4:35.94	(56.39)	5:32.55	(56.61)	6:28.39	(55.84) 7:23.77 (55.38)
	8:18.06	(54.29)	9:10.83	(52.77)		

### Men 70-74 1000 Yard Freestyle

ZONE: Z 12:50.23 4/11/2008 David Harrison, 1776						
NATL: ! 12:09.40 5/7/2015 DAVID QUIGGIN						
Name	Age	Team	Seed	Finals	Points	
1	Bernstein, Rich	71	ASPHALT GREEN MA	13:48.00	14:00.96	9
	37.07	1:17.44	(40.37)	1:59.15	(41.71)	2:41.13 (41.98)
	3:23.77	(42.64)	4:06.16	(42.39)	4:47.98	(41.82) 5:30.13 (42.15)
	6:12.45	(42.32)	6:55.30	(42.85)	7:37.78	(42.48) 8:20.44 (42.66)
	9:03.34	(42.90)	9:46.44	(43.10)	10:28.74	(42.30) 11:11.36 (42.62)
	11:54.13	(42.77)	12:37.20	(43.07)	13:19.65	(42.45) 14:00.96 (41.31)
2	Tulenko, Tom	74	COLONIALS 1776	15:45.00	15:58.40	7
	41.87	1:28.25	(46.38)	2:17.99	(49.74)	3:07.75 (49.76)
	3:57.84	(50.09)	4:47.99	(50.15)	5:38.04	(50.05) 6:27.06 (49.02)
	7:16.21	(49.15)	8:05.28	(49.07)	8:54.44	(49.16) 9:42.26 (47.82)
	10:30.72	(48.46)	11:19.12	(48.40)	12:07.77	(48.65) 12:55.05 (47.28)
	13:42.67	(47.62)	14:29.03	(46.36)	15:14.67	(45.64) 15:58.40 (43.73)
3	Gaulrapp, Edward	74	VIRGINIA MASTERS	18:00.00	18:34.20	6
	46.89	1:38.27	(51.38)	2:32.36	(54.09)	3:26.67 (54.31)

4:20.63 (53.96)	5:15.82 (55.19)	6:10.67 (54.85)	7:12.65 (1:01.98)
8:15.08 (1:02.43)	9:18.70 (1:03.62)	10:30.30 (1:11.60)	11:28.38 (58.08)
12:19.84 (51.46)	13:12.99 (53.15)	14:06.22 (53.23)	15:00.14 (53.92)
15:55.33 (55.19)	16:47.63 (52.30)	18:34.20 (1:46.57)	

### Men 70-74 1650 Yard Freestyle

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=====
ZONE: Z 22:41.59 3/29/1998 Roger Franks
NATL: ! 20:29.18 5/20/2001 GRAHAM JOHNSTON
Name Age Team Seed Finals Points
=====
1 Snowwhite, Larry 70 RESTON MASTERS S 30:30.00 29:55.20 9
    46.24 3:22.41 ( )
    8:53.34 ( ) 10:44.55 ( )
    11:41.05 (56.50) 12:38.03 (56.98) 13:32.58 (54.55) 14:27.87 (55.29)
    15:21.82 (53.95) 16:18.38 (56.56) 17:14.80 (56.42) 18:10.62 (55.82)
    19:06.90 (56.28) 20:00.24 (53.34) 20:53.98 (53.74) 21:47.61 (53.63)
    22:41.95 (54.34) 23:34.29 (52.34) 24:27.51 (53.22) 25:23.06 (55.55)
    26:20.72 (57.66) 27:16.55 (55.83) 28:09.16 (52.61) 29:03.67 (54.51)
    29:55.20 (51.53)
  
```

### Men 70-74 50 Yard Backstroke

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=====
ZONE: Z 33.75 4/21/2013 John Snooks, New England Mast
NATL: ! 29.72 4/26/2015 RICHARD BURNS
Name Age Team Seed Finals Points
=====
1 Dragon, Jim 72 GARDEN STATE MAS 34.49 33.91 9
2 Culhane, Kevin 70 ALEXANDRIA MASTE 34.78 34.19 7
3 Sober, Harry 74 VIRGINIA MASTERS 42.00 35.84 6
4 Robinson, David 73 GERMANTOWN MARYL 38.60 41.35 5
  
```

### Men 70-74 100 Yard Backstroke

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=====
ZONE: Z 1:13.47 5/2/1999 Roger Franks
NATL: ! 1:05.42 4/24/2015 RICHARD BURNS
Name Age Team Seed Finals Points
=====
1 Brundage, Warner 74 VIRGINIA MASTERS 1:25.00 1:25.78 9
2 Novell, Ken 74 VIRGINIA MASTERS 1:33.50 1:26.21 7
    42.77 1:26.21 (43.44)
3 Robinson, David 73 GERMANTOWN MARYL 1:30.00 1:28.03 6
    42.81 1:28.03 (45.22)
4 Bernstein, Rich 71 ASPHALT GREEN MA 1:40.00 1:29.26 5
    44.96 1:29.26 (44.30)
5 Gaulrapp, Edward 74 VIRGINIA MASTERS 1:45.00 1:48.33 4
    51.83 1:48.33 (56.50)
  
```

### Men 70-74 200 Yard Backstroke

```

=====
ZONE: Z 2:40.19 5/2/1999 Roger Franks
NATL: ! 2:23.68 5/2/2014 RICHARD BURNS
Name Age Team Seed Finals Points
=====
1 Bernstein, Rich 71 ASPHALT GREEN MA 3:10.00 3:08.40 9
    45.89 1:34.04 (48.15) 2:21.69 (47.65) 3:08.40 (46.71)
2 Brundage, Warner 74 VIRGINIA MASTERS 3:11.00 3:11.29 7
  
```

	44.34	1:32.95 (48.61)	2:22.59 (49.64)	3:11.29 (48.70)
3 Robinson, David		73 GERMANTOWN MARYL	3:14.00	3:18.21 6
	46.84	1:36.57 (49.73)	3:18.21 (1:41.64)	
4 Gaulrapp, Edward		74 VIRGINIA MASTERS	4:00.00	3:58.35 5
	57.97	1:57.75 (59.78)	2:59.23 (1:01.48)	3:58.35 (59.12)

**Men 70-74 50 Yard Breaststroke**

=====

ZONE: Z 33.58 4/11/2015 Jim Dragon, Garden State Mas  
 NATL: ! 31.70 4/30/2016 ROBERT STRAND

Name	Age	Team	Seed	Finals	Points
1 Dragon, Jim	72	GARDEN STATE MAS	33.58	35.16	9
2 Culhane, Kevin	70	ALEXANDRIA MASTE	36.33	36.59	7
3 Brundage, Warner	74	VIRGINIA MASTERS	43.12	43.44	6
4 Robinson, David	73	GERMANTOWN MARYL	48.00	51.73	5

**Men 70-74 100 Yard Breaststroke**

=====

ZONE: Z 1:19.39 4/25/2010 Hans Reichelt, Wasserfreunde  
 NATL: ! 1:09.47 5/1/2016 ROBERT STRAND

Name	Age	Team	Seed	Finals	Points
1 Bernstein, Rich	71	ASPHALT GREEN MA	1:40.00	1:37.58	9
	46.37	1:37.58 (51.21)			
2 Brundage, Warner	74	VIRGINIA MASTERS	1:35.64	1:38.50	7
	46.43	1:38.50 (52.07)			
3 Gaulrapp, Edward	74	VIRGINIA MASTERS	1:45.00	1:47.54	6
	49.60	1:47.54 (57.94)			
4 Robinson, David	73	GERMANTOWN MARYL	1:52.00	1:57.82	5
	56.16	1:57.82 (1:01.66)			

**Men 70-74 200 Yard Breaststroke**

=====

ZONE: Z 2:55.54 4/24/2010 Hans Reichelt, Wasserfreunde  
 NATL: ! 2:35.66 4/29/2016 ROBERT STRAND

Name	Age	Team	Seed	Finals	Points
1 Bernstein, Rich	71	ASPHALT GREEN MA	3:20.00	3:16.80	9
	44.37	1:34.18 (49.81) 2:25.26 (51.08)		3:16.80 (51.54)	
2 Gaulrapp, Edward	74	VIRGINIA MASTERS	3:50.00	3:47.19	7
	51.04	1:50.16 (59.12) 2:49.38 (59.22)		3:47.19 (57.81)	
3 Robinson, David	73	GERMANTOWN MARYL	3:50.00	3:55.36	6
	54.78	1:55.99 (1:01.21) 2:57.30 (1:01.31)		3:55.36 (58.06)	

**Men 70-74 50 Yard Butterfly**

=====

ZONE: Z 28.27 4/11/2015 Jim Dragon, Garden State Mas  
 NATL: ! 26.92 4/26/2015 RICHARD ABRAHAMS

Name	Age	Team	Seed	Finals	Points
1 Dragon, Jim	72	GARDEN STATE MAS	28.27	29.02	9
2 Sober, Harry	74	VIRGINIA MASTERS	37.00	32.99	7
3 Culhane, Kevin	70	ALEXANDRIA MASTE	33.56	33.72	6
4 Novell, Ken	74	VIRGINIA MASTERS	37.50	36.73	5

**Men 70-74 100 Yard Butterfly**

=====

ZONE: Z 1:23.28 5/9/1993 Birch Davidson  
NATL: ! 1:00.77 4/24/2015 RICHARD ABRAHAMS

Name	Age	Team	Seed	Finals	Points
1 Gaulrapp, Edward	74	VIRGINIA MASTERS	1:40.00	1:42.95	9
	48.25	1:42.95 (54.70)			

**Men 70-74 200 Yard Butterfly**

=====

ZONE: Z 3:03.53 4/14/2012 Raymond Loewe, UNAT  
NATL: ! 2:34.31 1/26/2014 ROBERT POILETMAN

Name	Age	Team	Seed	Finals	Points
1 Gaulrapp, Edward	74	VIRGINIA MASTERS	3:45.00	3:47.88	9
	49.48	1:46.70 (57.22) 2:47.14 (1:00.44)		3:47.88 (1:00.74)	

**Men 70-74 100 Yard IM**

=====

ZONE: Z 1:15.35 4/25/2010 Hans Reichelt, Wasserfreunde  
NATL: ! 1:05.05 5/3/2014 JAMES ELDER

Name	Age	Team	Seed	Finals	Points
1 Sober, Harry	74	VIRGINIA MASTERS	1:23.00	1:18.83	9
	35.02	1:18.83 (43.81)			
2 Novell, Ken	74	VIRGINIA MASTERS	1:24.99	1:23.42	7
	39.26	1:23.42 (44.16)			
3 Brundage, Warner	74	VIRGINIA MASTERS	1:23.20	1:24.29	6
	38.49	1:24.29 (45.80)			
4 Robinson, David	73	GERMANTOWN MARYL	1:30.00	1:25.82	5
	40.90	1:25.82 (44.92)			

**Men 70-74 200 Yard IM**

=====

ZONE: Z 2:51.62 4/20/1997 Roger Franks  
NATL: ! 2:26.42 4/30/2016 ROBERT STRAND

Name	Age	Team	Seed	Finals	Points
1 Robinson, David	73	GERMANTOWN MARYL	3:12.00	3:20.40	9
	44.09	1:37.90 (53.81) 2:40.19 (1:02.29)		3:20.40 (40.21)	
2 Gaulrapp, Edward	74	VIRGINIA MASTERS	3:30.00	3:29.78	7
	47.57	1:42.81 (55.24) 2:40.16 (57.35)		3:29.78 (49.62)	

**Men 70-74 400 Yard IM**

=====

ZONE: Z 6:16.23 5/2/1999 Roger Franks  
NATL: ! 5:34.47 4/27/2003 BURWELL JONES

Name	Age	Team	Seed	Finals	Points
1 Gaulrapp, Edward	74	VIRGINIA MASTERS	7:30.00	7:45.75	9
	51.18	1:49.17 (57.99) 2:50.76 (1:01.59)		3:50.44 (59.68)	
	4:57.20 (1:06.76)	6:01.49 (1:04.29) 6:52.98 (51.49)		7:45.75 (52.77)	

**Men 75-79 50 Yard Freestyle**

=====

ZONE: Z 30.46 4/12/2015 Ahmed Hamada, Gold Coast Maste

NATL: ! 25.58 3/4/2012 JEFF FARRELL

Name	Age Team	Seed	Finals	Points
1 Deege, Leo	77 UC10	41.00	40.63	9
2 Hatchette, Michael	76 NEW ENGLAND MAST	44.00	46.56	7

### Men 75-79 100 Yard Freestyle

ZONE: Z 1:08.17 4/5/2014 Ahmed Hamada, Gold Coast Maste

NATL: ! 58.68 5/10/2009 DAVID RADCLIFF

Name	Age Team	Seed	Finals	Points
1 Rolston, Howard	76 GOLD COAST MASTE	1:11.11	1:09.66	9
33.72	1:09.66 (35.94)			
2 Pilette, Sterling	75 RESTON MASTERS S	1:28.00	1:25.85	7
41.68	1:25.85 (44.17)			
3 Nobbe, Nick	78 RESTON MASTERS S	1:38.00	1:43.32	6
48.77	1:43.32 (54.55)			
4 Harrison, Maurice	76 UC09	1:33.38	1:50.65	5
52.95	1:50.65 (57.70)			

### Men 75-79 200 Yard Freestyle

ZONE: Z 2:29.42 4/10/2016 Howard Rolston, Gold Coast Maste

NATL: ! 2:08.77 5/10/2009 DAVID RADCLIFF

Name	Age Team	Seed	Finals	Points
1 Hatchette, Michael	76 NEW ENGLAND MAST	3:55.00	4:08.11	9
2 Harrison, Maurice	76 UC09	3:47.72	4:19.51	7
55.06	1:57.17 (1:02.11) 3:07.95 (1:10.78)		4:19.51 (1:11.56)	

### Men 75-79 50 Yard Backstroke

ZONE: Z 37.02 4/21/2002 Roger Franks

NATL: ! 32.11 4/19/2009 YOSHI OYAKAWA

Name	Age Team	Seed	Finals	Points
1 Rolston, Howard	76 GOLD COAST MASTE	37.14	36.38Z	9
2 Deege, Leo	77 UC10	50.00	50.38	7
3 Hatchette, Michael	76 NEW ENGLAND MAST	1:04.00	1:07.19	6

### Men 75-79 200 Yard Backstroke

ZONE: Z 2:54.61 4/13/2003 Roger Franks

NATL: ! 2:31.41 4/17/2010 BURWELL JONES

Name	Age Team	Seed	Finals	Points
1 Rolston, Howard	76 GOLD COAST MASTE	2:58.00	3:00.89	9
42.04	1:26.96 (44.92) 2:14.64 (47.68)		3:00.89 (46.25)	

### Men 75-79 50 Yard Breaststroke

ZONE: Z 40.92 4/5/2014 Jerry Katz, Garden State Mas

NATL: ! 34.58 3/5/2017 MIKE FRESHLEY

Name	Age Team	Seed	Finals	Points
1 Loewe, Raymond	75 UC08	41.00	40.98	9

2 Harrison, Maurice 76 UC09 58.49 1:04.84 7

**Men 75-79 100 Yard Breaststroke**

=====

ZONE: Z 1:37.14 4/12/2015 Louis Diamond, Montgomery Ancie  
NATL: ! 1:16.74 9/18/2016 MIKE FRESHLEY

Name	Age	Team	Seed	Finals	Points
1 Harrison, Maurice	76	UC09	2:15.49	2:23.06	9
	1:09.68	2:23.06 (1:13.38)			
2 Hatchette, Michael	76	NEW ENGLAND MAST	2:25.00	2:30.90	7
	1:10.97	2:30.90 (1:19.93)			

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**Men 75-79 200 Yard Breaststroke**

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ZONE: Z 3:40.55 4/12/1992 Murray Eager  
NATL: ! 2:45.33 4/29/2016 MIKE FRESHLEY

Name	Age	Team	Seed	Finals	Points
1 Loewe, Raymond	75	UC08	3:28.00	3:20.49Z	9
	47.30	1:38.90 (51.60)	2:29.52 (50.62)	3:20.49 (50.97)	
2 Harrison, Maurice	76	UC09	5:09.50	5:16.83	7
	1:09.98	2:31.44 (1:21.46)	3:53.83 (1:22.39)	5:16.83 (1:23.00)	

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**Men 75-79 50 Yard Butterfly**

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ZONE: Z 36.05 4/5/2014 Jerry Katz, Garden State Mas  
NATL: ! 28.99 1/14/2017 MIKE FRESHLEY

Name	Age	Team	Seed	Finals	Points
1 Rolston, Howard	76	GOLD COAST MASTE	34.50	34.41Z	9
2 Wise, Randy	75	VIRGINIA MASTERS	34.50	35.04Z	7
3 Pilette, Sterling	75	RESTON MASTERS S	50.00	48.96	6

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**Men 75-79 100 Yard IM**

=====

ZONE: Z 1:24.45 4/21/2002 Roger Franks  
NATL: ! 1:08.68 9/18/2016 MIKE FRESHLEY

Name	Age	Team	Seed	Finals	Points
1 Rolston, Howard	76	GOLD COAST MASTE	1:20.05	1:18.91Z	9
	35.63	1:18.91 (43.28)			
2 Wise, Randy	75	VIRGINIA MASTERS	1:25.10	1:23.65Z	7
	38.44	1:23.65 (45.21)			
3 Deege, Leo	77	UC10	1:55.00	2:03.83	6
	59.21	2:03.83 (1:04.62)			

=====

**Men 80-84 500 Yard Freestyle**

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ZONE: Z 8:04.31 4/15/2007 Roger Franks, 1776  
NATL: ! 6:27.81 5/1/2014 DAVID RADCLIFF

Name	Age	Team	Seed	Finals	Points
1 Gladfelter, David	80	COLONIALS 1776	11:15.00	12:16.64	9
	1:02.16	2:12.58 (1:10.42)	3:27.75 (1:15.17)	4:45.43 (1:17.68)	
	6:01.25 (1:15.82)	7:18.27 (1:17.02)	8:37.91 (1:19.64)	9:55.45 (1:17.54)	
	11:12.69 (1:17.24)	12:16.64 (1:03.95)			

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**Men 80-84 1000 Yard Freestyle**

ZONE: Z 17:49.00 4/26/1988 Gus Langner  
 NATL: ! 13:10.14 5/1/2014 DAVID RADCLIFF

Name	Age	Team	Seed	Finals	Points
1 Barreiro, Marcelo	83	BINGHAMTON UNIV	35:09.07	32:48.02	9
	1:27.81	3:01.74 (1:33.93)	4:42.58 (1:40.84)	6:23.18 (1:40.60)	
	8:05.81 (1:42.63)	9:49.97 (1:44.16)	11:33.53 (1:43.56)	13:10.49 (1:36.96)	
	14:50.31 (1:39.82)	16:32.23 (1:41.92)	18:14.42 (1:42.19)	19:51.58 (1:37.16)	
	21:30.76 (1:39.18)	23:10.57 (1:39.81)	24:50.77 (1:40.20)	26:23.63 (1:32.86)	
	28:01.18 (1:37.55)	29:35.24 (1:34.06)	31:13.80 (1:38.56)	32:48.02 (1:34.22)	

**Men 80-84 1650 Yard Freestyle**

ZONE: Z 30:18.27 5/2/1999 Jim Pendergrass  
 NATL: ! 21:54.87 5/1/2014 DAVID RADCLIFF

Name	Age	Team	Seed	Finals	Points
1 Gladfelter, David	80	COLONIALS 1776	39:00.00	39:19.49	9
	1:06.10	2:18.30 (1:12.20)	3:30.82 (1:12.52)	4:42.72 (1:11.90)	
	5:55.81 (1:13.09)	7:08.29 (1:12.48)	8:20.14 (1:11.85)	9:31.54 (1:11.40)	
	10:42.80 (1:11.26)	11:55.19 (1:12.39)	13:07.84 (1:12.65)	14:22.52 (1:14.68)	
	15:36.65 (1:14.13)	16:48.30 (1:11.65)	18:00.31 (1:12.01)	19:11.92 (1:11.61)	
	20:23.27 (1:11.35)	21:35.10 (1:11.83)	22:47.09 (1:11.99)	23:59.26 (1:12.17)	
	25:10.65 (1:11.39)	26:22.97 (1:12.32)	27:35.23 (1:12.26)	28:47.40 (1:12.17)	
	29:59.99 (1:12.59)	31:11.47 (1:11.48)	32:23.27 (1:11.80)	33:34.40 (1:11.13)	
	34:47.31 (1:12.91)	35:57.81 (1:10.50)	37:07.93 (1:10.12)	38:15.65 (1:07.72)	
	39:19.49 (1:03.84)				

**Men 80-84 50 Yard Backstroke**

ZONE: Z 40.87 4/15/2007 Roger Franks, 1776  
 NATL: ! 34.49 4/29/2016 YOSHI OYAKAWA

Name	Age	Team	Seed	Finals	Points
1 Gerson, Gordon	80	RESTON MASTERS S	57.59	1:02.39	9

**Men 80-84 100 Yard Backstroke**

ZONE: Z 1:37.71 4/14/2012 Frank Manheim, Reston Masters S  
 NATL: ! 1:15.69 3/11/2017 DAVID COSTILL

Name	Age	Team	Seed	Finals	Points
1 Gerson, Gordon	80	RESTON MASTERS S	3:15.58	2:27.68	9
	1:10.72	2:27.68 (1:16.96)			

**Men 80-84 200 Yard Backstroke**

ZONE: Z 3:06.36 4/15/2007 Roger Franks, 1776  
 NATL: ! 2:48.59 3/23/2013 BURWELL JONES

Name	Age	Team	Seed	Finals	Points
1 Gerson, Gordon	80	RESTON MASTERS S	4:44.18	5:17.64	9
	1:14.79	2:35.29 (1:20.50)	3:58.38 (1:23.09)	5:17.64 (1:19.26)	

**Men 80-84 50 Yard Breaststroke**

ZONE: Z 46.09 4/9/2016 David Nicholas, Lane 4 Swimming  
NATL: ! 37.74 3/12/2016 DAVID COSTILL

Name	Age	Team	Seed	Finals	Points
1 Gerson, Gordon	80	RESTON MASTERS S	1:38.02	1:17.21	9

**Men 80-84 100 Yard Breaststroke**

ZONE: Z 1:41.66 4/10/2016 David Nicholas, Lane 4 Swimming  
NATL: ! 1:24.10 2/14/2016 DAVID COSTILL

Name	Age	Team	Seed	Finals	Points
1 Gerson, Gordon	80	RESTON MASTERS S	3:31.33	3:00.69	9

**Men 80-84 200 Yard Breaststroke**

ZONE: Z 4:07.15 5/8/1990 Dan Dotterweich  
NATL: ! 3:09.84 3/12/2016 DAVID COSTILL

Name	Age	Team	Seed	Finals	Points
1 Gerson, Gordon	80	RESTON MASTERS S	7:23.58	6:31.54	9
	1:25.87	3:10.92 (1:45.05)	4:54.09 (1:43.17)	6:31.54 (1:37.45)	

**Women 18+ 200 Yard Freestyle Relay**

ZONE: Z 1:41.60 2006 Terrapin Masters  
NATL: ! 1:35.66 4/30/2016 CLUB TRIBE ALUM  
G MIZERAK, S SHANER, C HURTUBISE, K GRIER

Team	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'A'	2:05.00	2:05.42	18
1) Letendre, Denise W28	2) Adams, Gail W23		
3) Wallace, Devon W26	4) Anderson-Kratzer, Jill W49		
27.38	57.82 (30.44)	1:25.19 (27.37)	2:05.42 (40.23)

**Women 18+ 400 Yard Freestyle Relay**

ZONE: Z 3:35.45 4/10/2016 Club Tribe Alumni, Club Tribe Alumn  
C Hurtubise, K Grier, G Mizerak, S Shaner  
NATL: ! 3:35.45 4/10/2016 CLUB TRIBE ALUM  
C HURTUBISE, K GRIER, G MIZERAK, S SHANER

Team	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'A'	4:10.00	4:10.77	18
1) Wallace, Devon W26	2) Adams, Gail W23		
3) Letendre, Denise W28	4) Dudley, Mariah W29		
28.66	59.68 (59.68)	1:30.86 (31.18)	2:06.60 (1:06.92)
2:33.93 (27.33)	3:05.07 (58.47)	3:35.34 (30.27)	4:10.77 (1:05.70)

**Women 18+ 800 Yard Freestyle Relay**

ZONE: Z 8:10.58 4/4/2004 Terrapin Masters  
NATL: ! 7:55.34 3/29/2009 RED TIDE OF NYC  
K MOUGHTY, S UPTON, J KELSEY, K GARY

Team	Seed	Finals	Points
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=====							
1	VIRGINIA MASTERS SWIM TEAM	'A'		10:00.00	10:20.56	18	
	1) Adams, Gail	W23		2) Wallace, Devon	W26		
	3) Letendre, Denise	W28		4) Anderson-Kratzer, Jill	W49		
		33.72	1:12.20 (1:12.20)	1:52.61 (1:52.61)	2:32.20 (2:32.20)		
		2:49.64 (17.44)	3:40.17 (1:07.97)	4:15.48 (1:43.28)	4:49.85 (2:17.65)		
		5:19.33 (29.48)	5:53.05 (1:03.20)	6:26.95 (1:37.10)	7:00.66 (2:10.81)		
		7:47.38 (46.72)	8:38.13 (1:37.47)	9:31.06 (2:30.40)	10:20.56 (3:19.90)		

**Women 18+ 200 Yard Medley Relay**

=====							
	ZONE: Z	1:52.97	4/23/2005	Terrapin Masters			
	NATL: !	1:45.34	4/24/2015	THE OLYMPIC CLU			
				A SENKO, K MCGRAW, K KASTES, K MURPHY			
Team				Seed		Finals	Points
=====							
1	VIRGINIA MASTERS SWIM TEAM	'A'		2:12.00	2:05.49	18	
	1) Adams, Gail	W23		2) Letendre, Denise	W28		
	3) Dudley, Mariah	W29		4) Wallace, Devon	W26		
		32.29	1:06.69 (34.40)	1:37.66 (30.97)	2:05.49 (27.83)		

**Women 18+ 400 Yard Medley Relay**

=====							
	ZONE: Z	4:03.73	4/4/2004	Terrapin Masters			
	NATL: !	4:00.08	4/17/2016	ILLINOIS MASTER			
				J GREEN, A LLOYD, G CHANG, A MILLER			
Team				Seed		Finals	Points
=====							
1	ALEXANDRIA MASTERS SWIMMING	'A'		5:02.70	5:14.70	18	
	1) Kays, Amelia	W37		2) Mundi, Jessica	W27		
	3) Bade, Marian	W22		4) Vayda, Shannon	W28		
		36.15	1:13.61 (1:13.61)	1:58.39 (44.78)	2:49.51 (1:35.90)		
		3:23.77 (34.26)	4:04.17 (1:14.66)	4:37.91 (33.74)	5:14.70 (1:10.53)		

**Women 25+ 200 Yard Freestyle Relay**

=====							
	ZONE: Z	1:40.67	4/24/2010	Red Tide			
				S Wager, K Gary, T Shpaizer, J Kelsey			
	NATL: !	1:35.01	4/25/2015	THE OLYMPIC CLU			
				O'DONNELL-MCCARTH, K KASTES, M GILL, K RAATZ			
Team				Seed		Finals	Points
=====							
1	ALEXANDRIA MASTERS SWIMMING	'A'		2:45.78	1:48.51	18	
	1) Gauzens, Stephanie	W33		2) Jakubchak, Lindsey	W34		
	3) McWilliams, Katie	W33		4) Mazur, Jessica	W36		
		27.26	55.65 (28.39)	1:22.29 (26.64)	1:48.51 (26.22)		
2	CLUB TRIBE	'A'		1:51.10	1:50.05	14	
	1) Minzenmayer, Ellen	W28		2) Davidson, Julia	W40		
	3) Wimberly, Lisa	W40		4) Shaner, Sara	W25		
		28.55	57.48 (28.93)	1:25.72 (28.24)	1:50.05 (24.33)		
3	SPRING VALLEY YMCA MASTERS	'A'		1:55.00	1:51.70	12	
	1) Mahaney, Melanie	W26		2) Sommer, Lisa	W47		
	3) Della Guardia, Jennifer	W49		4) Lampe, Corinne	W25		
		27.43	57.81 (30.38)	1:25.38 (27.57)	1:51.70 (26.32)		
4	COLONIALS 1776	'A'		2:00.02	2:02.81	10	
	1) Tokos- Marcolina, Eve	W48		2) Plimpton, Hannah	W31		
	3) Uppstrom, Noreen	W52		4) Saucy, Stephanie	W53		

	31.46	1:03.56 (32.10)	1:33.87 (30.31)	2:02.81 (28.94)
5 ALEXANDRIA MASTERS SWIMMING 'B'			2:01.95	2:03.24 8
1) Mundi, Jessica W27			2) Taylor, Alaina W35	
3) Vayda, Shannon W28			4) Obenhuber, Briana W28	
	33.65	1:03.22 (29.57)	1:35.72 (32.50)	2:03.24 (27.52)
6 LANE 4 SWIMMING 'A'			NT	2:06.00 6
1) Butler, Maura W40			2) Frost, Holly W57	
3) Jue, Heather W33			4) Bentley, Margaret W29	
	34.80	1:11.59 (36.79)	1:39.86 (28.27)	2:06.00 (26.14)
7 RESTON MASTERS SWIM TEAM 'A'			2:12.12	2:37.26 4
1) Manheim, Lucy W74			2) Nelson, Tanja W47	
3) Moyer, Michelle W54			4) Trainor, Gabriela W31	
	47.23	1:35.05 (47.82)	2:05.01 (29.96)	2:37.26 (32.25)

**Women 25+ 400 Yard Freestyle Relay**

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ZONE: Z 3:39.54 4/25/2010 Red Tide  
 J Kelsey, T Shpaizer, S Wager, K Gary

NATL: ! 3:37.75 4/14/1991 WALNUT CREEK MA  
 C LEWIS, P ROEMER, W INGRAHAM, S SHAND

Team			Seed	Finals	Points
1 CLUB TRIBE 'A'			3:39.00	3:38.21Z	18
1) Grier, Katie W38			2) Greene, Shannon W31		
3) Falcone, Marina W29			4) Shaner, Sara W25		
	25.40	52.82 (52.82)	1:20.81 (27.99)	1:51.36 (58.54)	
	2:16.93 (25.57)	2:44.40 (53.04)	3:09.67 (25.27)	3:38.21 (53.81)	
2 ALEXANDRIA MASTERS SWIMMING 'A'			4:06.67	4:09.82	14
1) Wolf, Katie W37			2) Aepli, Lauren W29		
3) Obenhuber, Briana W28			4) McWilliams, Katie W33		
	30.79	1:10.91 (1:10.91)	1:34.63 (23.72)	2:08.55 (57.64)	
	2:39.18 (30.63)	3:11.68 (1:03.13)	3:39.28 (27.60)	4:09.82 (58.14)	
3 RESTON MASTERS SWIM TEAM 'B'			5:20.20	6:06.08	12
1) Flynn, Merri W57			2) Trainor, Gabriela W31		
3) Li, Eileen W56			4) Manheim, Lucy W74		
	40.86	1:24.16 (1:24.16)	1:59.96 (35.80)	2:40.03 (1:15.87)	
	3:27.90 (47.87)	4:49.49 (2:09.46)	5:12.99 (23.50)	6:06.08 (1:16.59)	

**Women 25+ 800 Yard Freestyle Relay**

=====

ZONE: Z 8:03.09 4/24/2010 Red Tide  
 J Kelsey, T Shpaizer, S Wager, K Gary

NATL: ! 7:43.29 2/23/2013 RED TIDE OF NYC  
 B O'CONNOR, W SPRAGUE, K GARY, K VANDENBERG

Team			Seed	Finals	Points
1 ALEXANDRIA MASTERS SWIMMING 'A'			8:40.00	8:30.47	18
1) Mazur, Jessica W36			2) Gauzens, Stephanie W33		
3) Jakubchak, Lindsey W34			4) McWilliams, Katie W33		
	29.60	1:02.09 (1:02.09)	1:36.27 (1:36.27)	2:11.09 (2:11.09)	
	2:39.97 (28.88)	3:12.10 (1:01.01)	3:45.50 (1:34.41)	4:18.35 (2:07.26)	
	4:47.52 (29.17)	5:19.76 (1:01.41)	5:53.52 (1:35.17)	6:26.95 (2:08.60)	
	6:55.07 (28.12)	7:26.78 (59.83)	7:59.12 (1:32.17)	8:30.47 (2:03.52)	
2 RESTON MASTERS SWIM TEAM 'A'			10:10.10	10:29.83	14
1) Moyer, Michelle W54			2) Flynn, Merri W57		
3) Kirwan, Denise W65			4) Trainor, Gabriela W31		
	35.69	1:16.58 (1:16.58)	1:58.54 (1:58.54)	2:40.51 (2:40.51)	

	3:21.79 (41.28)	4:06.79 (1:26.28)	4:54.67 (2:14.16)	5:39.71 (2:59.20)
	6:14.91 (35.20)	6:56.18 (1:16.47)	7:39.50 (1:59.79)	8:21.61 (2:41.90)
	9:01.66 (40.05)	9:45.58 (1:23.97)	10:29.83 (2:08.22)	
3 MERRITT MARLINS 'A'			10:00.00	10:41.14 12
1) Long, Uliana W31		2) Brown, Ann W54		
3) Snow, Karen W57		4) Erby, Nicole W32		
	33.20	1:10.66 (1:10.66)	1:50.77 (1:50.77)	2:31.30 (2:31.30)
		3:50.59 (1:19.29)	4:33.29 (2:01.99)	5:14.61 (2:43.31)
	5:50.50 (35.89)	6:33.16 (1:18.55)	7:17.59 (2:02.98)	8:01.34 (2:46.73)
	8:33.73 (32.39)	9:13.90 (1:12.56)	9:57.60 (1:56.26)	10:41.14 (2:39.80)

### Women 25+ 200 Yard Medley Relay

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ZONE: Z 1:50.68 4/15/2007 Curl-Burke Swim Club  
 NATL: ! 1:45.01 5/4/2008 SOUTHERN METHOD

L OBERSTAR-BROWN, K MCCLELLAND, L HOLT, D DIEZI

Team	Seed	Finals	Points
1 CLUB TRIBE 'A'	1:49.80	1:53.15	18
1) Grier, Katie W38		2) Harris, Kristen W40	
3) Falcone, Marina W29		4) Shaner, Sara W25	
	29.75	1:01.74 (31.99)	1:28.15 (26.41)
2 ALEXANDRIA MASTERS SWIMMING 'A'	2:03.45	2:02.56	14
1) Gauzens, Stephanie W33		2) Jakubchak, Lindsey W34	
3) Aeppli, Lauren W29		4) McWilliams, Katie W33	
	31.59	1:05.80 (34.21)	1:36.03 (30.23)
3 SPRING VALLEY YMCA MASTERS 'B'	2:05.00	2:05.07	12
1) Della Guardia, Jennifer W49		2) Henion, Theresa W45	
3) Lampe, Corinne W25		4) Mahaney, Melanie W26	
	32.25	1:10.38 (38.13)	1:38.40 (28.02)
4 CLUB TRIBE 'B'	2:12.50	2:09.13	10
1) Thomas, RuthAnne W36		2) Minzenmayer, Ellen W28	
3) Davidson, Julia W40		4) Lovett, Lindsay W38	
	31.78	1:05.60 (33.82)	1:36.69 (31.09)
5 ALEXANDRIA MASTERS SWIMMING 'B'	2:18.97	2:17.19	8
1) Obenhuber, Briana W28		2) Wolf, Katie W37	
3) Taylor, Alaina W35		4) Vayda, Shannon W28	
	33.42	1:11.54 (38.12)	1:45.12 (33.58)
6 ARLINGTON MASTERS 'A'	NT	2:28.32	6
1) Mathey Lambeth, Alison W32		2) Shang, Alice W46	
3) Granade, Sarah W42		4) Schwartz, Carleigh W26	
	34.88	1:37.70 (1:02.82)	2:00.09 (22.39)
7 SPORT & HEALTH TSUNAMI MASTERS 'A'	2:25.00	2:37.48	4
1) Mockler, Shannon W32		2) Basinsky, Kathryn W28	
3) Walters, Suzanne W46		4) Hilal, Bridget W38	
	39.82	1:29.88 (50.06)	2:05.05 (35.17)
8 RESTON MASTERS SWIM TEAM 'B'	2:45.45	2:57.91	2
1) Manheim, Lucy W74		2) Flynn, Merri W57	
3) Trainor, Gabriela W31		4) Li, Eileen W56	
	54.96	1:37.73 (42.77)	2:57.91 (1:20.18)

### Women 25+ 400 Yard Medley Relay

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ZONE: Z 4:09.62 2007 Curl-Burke  
 NATL: ! 4:02.73 3/30/2008 SOUTHERN METHOD

L OBERSTAR-BROWN, K MCCLELLAND, L HOLT, M CHOW

Team Seed Finals Points

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=====
1 CLUB TRIBE 'A' 4:05.00 4:00.63! 18
1) Czaplicki, Alexandra W26 2) Harris, Kristen W40
3) Falcone, Marina W29 4) Grier, Katie W38
31.02 1:04.04 (1:04.04) 1:36.25 (32.21) 2:12.23 (1:08.19)
2:38.37 (26.14) 3:08.79 (56.56) 3:33.82 (25.03) 4:00.63 (51.84)

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**Women 35+ 200 Yard Freestyle Relay**

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ZONE: Z 1:46.45 2001 Metro
NATL: ! 1:36.42 2/1/2015 NCMS
K LINDAUER, A UHL, J STRINGER, E BRAUN
Team Seed Finals Points
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1 PATRIOT MASTERS SWIM TEAM 'A' 2:10.99 2:00.18 18
1) Hughes, Meghan W38 2) Thompson, Kim W53
3) Visos, Rebecca W58 4) Ward, Cheryl W50
28.25 1:00.01 (31.76) 1:32.90 (32.89) 2:00.18 (27.28)
2 GERMANTOWN MARYLAND MASTERS 'A' 2:32.59 2:12.74 14
1) Schneider, Johanna W43 2) Andrews, Lynne W69
3) Postma, Terri W47 4) Bancroft, Caren W46
32.89 1:11.28 (38.39) 1:41.34 (30.06) 2:12.74 (31.40)

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**Women 35+ 400 Yard Freestyle Relay**

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ZONE: Z 3:55.51 2000 Colonials 1776
NATL: ! 3:34.28 3/29/2014 NORTH CAROLINA
K LINDAUER, J STRINGER, A UHL, E BRAUN
Team Seed Finals Points
=====
1 RESTON MASTERS SWIM TEAM 'A' 4:15.15 4:15.96 18
1) Shapiro, Margie W40 2) Bass, Amy W46
3) Groves, Lisa W52 4) Brightwell, Kim W57
30.70 1:04.11 (1:04.11) 1:34.89 (30.78) 2:07.81 (1:03.70)
2:39.12 (31.31) 3:12.96 (1:05.15) 3:43.20 (30.24) 4:15.96 (1:03.00)
2 SPRING VALLEY YMCA MASTERS 'A' 8:00.00 4:26.46 14
1) Della Guardia, Jennifer W49 2) Sommer, Lisa W47
3) Henion, Theresa W45 4) Boris, Stephanie W37
29.93 1:02.32 (1:02.32) 1:34.95 (32.63) 2:12.85 (1:10.53)
2:30.20 (17.35) 3:22.92 (1:10.07) 3:53.42 (30.50) 4:26.46 (1:03.54)

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**Women 35+ 800 Yard Freestyle Relay**

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=====
ZONE: Z 8:37.23 2002 Virginia
NATL: ! 7:58.40 1/31/2015 NCMS
E BRAUN, J STRINGER, A UHL, K LINDAUER
Team Seed Finals Points
=====
1 SPRING VALLEY YMCA MASTERS 'A' 11:44.58 9:43.64 18
1) Henion, Theresa W45 2) Baker, Maribeth W43
3) Della Guardia, Jennifer W49 4) Boris, Stephanie W37
33.85 1:11.61 (1:11.61) 1:51.17 (1:51.17) 2:29.55 (2:29.55)
3:04.39 (34.84) 3:44.42 (1:14.87) 4:26.36 (1:56.81) 5:07.29 (2:37.74)
5:37.44 (30.15) 6:11.21 (1:03.92) 6:47.37 (1:40.08) 7:23.70 (2:16.41)
7:56.22 (32.52) 8:31.72 (1:08.02) 9:08.04 (1:44.34) 9:43.64 (2:19.94)
2 GERMANTOWN MARYLAND MASTERS 'A' 9:49.00 11:03.18 14
1) Mallon, Barbara W50 2) Schneider, Johanna W43

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3) Postma, Terri W47	40.37	1:26.51 (1:26.51)	4) Bancroft, Caren W46	2:15.97 (2:15.97)	3:03.43 (3:03.43)
	3:39.65 (36.22)	4:20.97 (1:17.54)		5:02.89 (1:59.46)	5:44.38 (2:40.95)
	6:19.01 (34.63)	6:58.08 (1:13.70)		7:38.06 (1:53.68)	8:17.09 (2:32.71)
	8:53.54 (36.45)	9:35.13 (1:18.04)		10:19.99 (2:02.90)	11:03.18 (2:46.09)

### Women 35+ 200 Yard Medley Relay

=====

ZONE: Z 1:58.26                    2000 Colonials 1776  
 NATL: ! 1:48.55                    5/14/2006 COLORADO MASTER  
                                      S HART, S VON DER LIPPE, E CAMPBELL, K GARNIER

Team	Seed	Finals	Points
1 PATRIOT MASTERS SWIM TEAM 'A'	2:13.99	2:10.24	18
1) Ward, Cheryl W50			
2) Toner, Karlin W55			
3) Hughes, Meghan W38			
4) Visos, Rebecca W58			
	31.75	1:08.58 (36.83)	1:37.32 (28.74)
			2:10.24 (32.92)
2 RESTON MASTERS SWIM TEAM 'A'	2:10.10	2:11.97	14
1) Brightwell, Kim W57			
2) Groves, Lisa W52			
3) Bass, Amy W46			
4) Shapiro, Margie W40			
		1:08.00 ( )	1:42.35 (34.35)
			2:11.97 (29.62)
3 SPRING VALLEY YMCA MASTERS 'A'	2:25.00	2:26.57	12
1) Lampe, Betty W61			
2) Sommer, Lisa W47			
3) Baker, Maribeth W43			
4) Boris, Stephanie W37			
	48.32	1:26.77 (38.45)	1:58.49 (31.72)
			2:26.57 (28.08)

### Women 45+ 200 Yard Freestyle Relay

=====

ZONE: Z 1:51.84                    2003 Virginia  
 NATL: ! 1:40.44                    4/30/2011 COLORADO MASTER  
                                      K GARNIER, C SAPPEY, A SCOTT-KUBE, S VON DER LIPPE

Team	Seed	Finals	Points
1 RESTON MASTERS SWIM TEAM 'B'	2:02.02	1:57.77	18
1) Brightwell, Kim W57			
2) Dawson, Mandy W54			
3) Groves, Lisa W52			
4) McNamara, Beth W51			
	28.71	58.31 (29.60)	1:26.66 (28.35)
			1:57.77 (31.11)

### Women 45+ 400 Yard Freestyle Relay

=====

ZONE: Z 4:13.71                    4/12/2015 Reston Masters Swim Team, Reston Masters S  
                                      K Brightwell, L Groves, M Johnson, M Dawson  
 NATL: ! 3:53.33                    5/9/2015 SARASOTA YMCA  
                                      S BUXTON, L CARMICHAEL, J TAFUTO, S TAORMINA

Team	Seed	Finals	Points
1 COLONIALS 1776 'A'	4:28.24	4:20.95	18
1) Saucy, Stephanie W53			
2) Tokos- Marcolina, Eve W48			
3) Uppstrom, Noreen W52			
4) Hug, Laurie W51			
	30.90	1:04.38 (1:04.38)	1:36.68 (32.30)
			2:13.12 (1:08.74)
	2:44.70 (31.58)	3:18.04 (1:04.92)	3:48.21 (30.17)
			4:20.95 (1:02.91)
2 RESTON MASTERS SWIM TEAM 'C'	4:46.46	4:49.58	14
1) Kirwan, Denise W65			
2) Dawson, Mandy W54			
3) Moyer, Michelle W54			
4) McNamara, Beth W51			
	34.84	1:13.85 (1:13.85)	1:45.18 (31.33)
			2:20.34 (1:06.49)
	2:56.50 (36.16)	3:35.95 (1:15.61)	4:10.60 (34.65)
			4:49.58 (1:13.63)

**Women 45+ 800 Yard Freestyle Relay**

ZONE: Z 9:23.63 4/9/2016 Colonials 1776  
S Saucy, B Burke, V Swanson, L Hug  
NATL: ! 8:39.13 4/13/2008 WALNUT CREEK MA  
M CURRAN, L VIDAL, L SULLIVAN, C O'BRIEN

Team	Seed	Finals	Points
1 COLONIALS 1776 'A'	9:33.39	9:19.05Z	18
1) Saucy, Stephanie W53	2) Swanson, Vibeke W55		
3) Burke, Barbara W55	4) Hug, Laurie W51		
32.53 1:07.17 (1:07.17)	1:42.51 (1:42.51)	2:17.79 (2:17.79)	
2:49.27 (31.48) 3:24.65 (1:06.86)	4:00.62 (1:42.83)	4:36.14 (2:18.35)	
5:09.82 (33.68) 5:47.79 (1:11.65)	6:26.58 (1:50.44)	7:03.75 (2:27.61)	
7:35.05 (31.30) 8:10.22 (1:06.47)	8:45.04 (1:41.29)	9:19.05 (2:15.30)	
2 RESTON MASTERS SWIM TEAM 'B'	9:45.45	10:11.35	14
1) Brightwell, Kim W57	2) Dawson, Mandy W54		
3) Groves, Lisa W52	4) McNamara, Beth W51		
33.29 1:09.31 (1:09.31)	1:47.41 (1:47.41)	2:24.76 (2:24.76)	
2:57.93 (33.17) 3:36.85 (1:12.09)	4:16.52 (1:51.76)	4:54.15 (2:29.39)	
5:28.52 (34.37) 6:08.20 (1:14.05)	6:48.71 (1:54.56)	7:27.39 (2:33.24)	
8:03.33 (35.94) 8:44.14 (1:16.75)	9:27.73 (2:00.34)	10:11.35 (2:43.96)	

**Women 45+ 200 Yard Medley Relay**

ZONE: Z 2:03.64 4/15/2012 Patriot Masters Swim Team  
B Clifford-Dicks, K Toner, L Livingston, C Ward  
NATL: ! 1:52.93 5/1/2011 COLORADO MASTER  
C SAPPEY, K CROUCH, S VON DER LIPPE, A SCOTT-KUBE

Team	Seed	Finals	Points
1 COLONIALS 1776 'A'	2:14.12	2:08.52	18
1) Saucy, Stephanie W53	2) Tokos- Marcolina, Eve W48		
3) Hug, Laurie W51	4) Uppstrom, Noreen W52		
32.04 1:08.18 (36.14)	1:38.57 (30.39)	2:08.52 (29.95)	
2 RESTON MASTERS SWIM TEAM 'C'	2:35.35	2:33.84	14
1) Kirwan, Denise W65	2) Dawson, Mandy W54		
3) Moyer, Michelle W54	4) McNamara, Beth W51		
38.37 1:20.45 (42.08)	2:01.00 (40.55)	2:33.84 (32.84)	

**Women 45+ 400 Yard Medley Relay**

ZONE: Z 4:41.88 4/11/2015 Reston Masters Swim Team  
K Brightwell, L Groves, M Johnson, M Dawson  
NATL: ! 4:12.53 4/11/2010 OREGON REIGN MA  
V JENKINS, C CRABBE, A DELMAGE, K ANDRUS-HUGHES

Team	Seed	Finals	Points
1 COLONIALS 1776 'A'	4:50.54	4:46.07	18
1) Saucy, Stephanie W53	2) Tokos- Marcolina, Eve W48		
3) Hug, Laurie W51	4) Uppstrom, Noreen W52		
33.67 1:09.13 (1:09.13)	1:47.27 (38.14)	2:29.17 (1:20.04)	
3:01.46 (32.29) 3:39.17 (1:10.00)	4:11.93 (32.76)	4:46.07 (1:06.90)	

**Women 55+ 200 Yard Freestyle Relay**

ZONE: Z 2:02.14 4/11/2015 Colonials 1776

M Wolff, S Watts, S Figenshu, C Mccloskey  
 NATL: ! 1:51.52 4/28/2013 UCLA BRUIN MAST  
 J COOK, C CIRAULO, K EINSIDLER, V HIBBEN

Team	Seed	Finals	Points
1 COLONIALS 1776 'B'	2:00.03	2:04.71	18
1) Burke, Barbara W55	2) Watts, Sue W62		
3) Figenshu, Susan W62	4) Swanson, Vibeke W55		
30.10 1:01.80 (31.70)	1:35.87 (34.07)	2:04.71	(28.84)

### Women 55+ 400 Yard Freestyle Relay

ZONE: Z 4:42.36 1997 DC Masters  
 NATL: ! 4:04.74 2/13/2016 UCLA BRUIN MAST  
 J HIRSTY, C CIRAULO, J COOK, V HIBBEN

Team	Seed	Finals	Points
1 COLONIALS 1776 'A'	4:32.34	4:43.10	18
1) Burke, Barbara W55	2) Watts, Sue W62		
3) Figenshu, Susan W62	4) Swanson, Vibeke W55		
31.95 1:07.18 (1:07.18)	1:42.16 (34.98)	2:20.00	(1:12.82)
2:55.96 (35.96) 4:08.32 (1:48.32)	4:43.10 (34.78)		
2 VIRGINIA MASTERS SWIM TEAM 'B'	5:21.00	5:06.82	14
1) Miller, Patricia W56	2) Walker, Laura W79		
3) Loftus-Charley, Shirley W65	4) Boslego, Barbara W65		
33.55 1:09.75 (1:09.75)	1:26.29 (16.54)	1:54.18	(44.43)
2:44.53 (50.35) 3:17.09 (1:22.91)	3:52.30 (35.21)	5:06.82	(1:49.73)

### Women 55+ 200 Yard Medley Relay

ZONE: Z 2:17.75 4/12/2015 Colonials 1776, Colonials 1776  
 C Mccloskey, M Wolff, S Figenshu, S Watts  
 NATL: ! 2:04.50 4/24/2015 PUGET SOUND MAS  
 Z COURTNEY, L CHAPMAN, C DAVIS, M LIPPOLD

Team	Seed	Finals	Points
1 COLONIALS 1776 'B'	2:16.12	2:22.72	18
1) Swanson, Vibeke W55	2) Burke, Barbara W55		
3) Figenshu, Susan W62	4) Watts, Sue W62		
33.83 1:12.85 (39.02)	1:51.68 (38.83)	2:22.72	(31.04)
2 WARRENTON FAUQUIER AQUATIC CLU 'A'	2:56.00	2:46.37	14
1) Landers, Denise W55	2) Adams, Blanca W59		
3) Corbett, Alice W58	4) Tartt, Judith W68		
54.31 1:25.55 (31.24)	2:07.92 (42.37)	2:46.37	(38.45)

### Women 55+ 400 Yard Medley Relay

ZONE: Z 5:14.80 1997 DC Masters  
 NATL: ! 4:38.48 4/26/2013 UCLA BRUIN MAST  
 K EINSIDLER, J COOK, C CIRAULO, V HIBBEN

Team	Seed	Finals	Points
1 COLONIALS 1776 'B'	5:12.15	5:25.00	18
1) Watts, Sue W62	2) Swanson, Vibeke W55		
3) Burke, Barbara W55	4) Figenshu, Susan W62		
41.07 1:23.24 (1:23.24)	2:03.01 (39.77)	2:47.54	(1:24.30)
3:24.54 (37.00) 4:12.58 (1:25.04)	4:43.91 (31.33)	5:25.00	(1:12.42)

**Men 18+ 200 Yard Freestyle Relay**

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ZONE: Z 1:26.42            1991 TA "A"  
NATL: ! 1:18.32        5/22/2010 NORTH CAROLINA  
                          N BRUNELLI, C JONES, N WESTBY, J SKUBA

Team	Seed	Finals	Points
1 RESTON MASTERS SWIM TEAM 'C'	1:52.52	1:42.65	18
1) Baldwin, Craig M42			
2) Gwilliam, Glenn M38			
3) Scott, Clint M42			
4) Van Ness, Jacob M21			
24.81            52.76 (27.95)	1:17.87 (25.11)	1:42.65 (24.78)	

**Men 18+ 400 Yard Freestyle Relay**

=====

ZONE: Z 3:15.05            1993 Colonials 1776  
NATL: ! 3:01.60        2/13/2016 GOLDEN ROAD AQU  
                          M MARSHALL, N KORTH, M JABEN, T COX

Team	Seed	Finals	Points
1 ARLINGTON MASTERS 'A'	3:39.99	3:39.06	18
1) Frederick, Aaron M23			
2) Hoang, Ryan M24			
3) Brooks, James M47			
4) Summers, Dan M30			
25.07            51.84 (51.84)	1:20.48 (28.64)	1:51.48 (59.64)	
2:16.26 (24.78)	2:43.32 (51.84)	3:09.97 (26.65)	3:39.06 (55.74)
2 RESTON MASTERS SWIM TEAM 'C'	4:10.10	4:08.19	14
1) Baldwin, Craig M42			
2) Wynes, Tony M47			
3) Gwilliam, Glenn M38			
4) Van Ness, Jacob M21			
25.66            53.85 (53.85)	1:29.93 (36.08)	2:11.01 (1:17.16)	
2:40.77 (29.76)	3:13.66 (1:02.65)	3:40.50 (26.84)	4:08.19 (54.53)

**Men 18+ 800 Yard Freestyle Relay**

=====

ZONE: Z 7:12.63            1996 Trigger  
NATL: ! 7:05.96        4/4/2004 DAVIS AQUATIC M  
                          M CALLAGHAN, Z LEMKE, M ROPER, A NONAKA

Team	Seed	Finals	Points
1 RESTON MASTERS SWIM TEAM 'C'	8:55.55	8:33.00	18
1) Scott, Clint M42			
2) Baldwin, Craig M42			
3) Gwilliam, Glenn M38			
4) Van Ness, Jacob M21			
28.45            1:00.42 (1:00.42)	1:33.78 (1:33.78)	2:06.03 (2:06.03)	
2:32.17 (26.14)	3:00.88 (54.85)	3:31.89 (1:25.86)	4:04.00 (1:57.97)
4:35.89 (31.89)	5:12.81 (1:08.81)	5:50.77 (1:46.77)	6:28.20 (2:24.20)
6:45.81 (17.61)	7:27.89 (59.69)	8:00.59 (1:32.39)	8:33.00 (2:04.80)

**Men 18+ 200 Yard Medley Relay**

=====

ZONE: Z 1:39.21            1991 Connecticut  
NATL: ! 1:26.71        5/2/2014 THE OLYMPIC CLU  
                          A SAETA, N KOON, N ADRIAN, A ERVIN

Team	Seed	Finals	Points
1 CLUB TRIBE 'A'	1:44.00	1:44.39	18
1) Rockwell, John M42			
2) Head, Carter M23			
3) Lesnewsky, Erik M34			
4) Loughran, Kyle M29			
28.10            57.98 (29.88)	1:23.64 (25.66)	1:44.39 (20.75)	



2	PATRIOT MASTERS SWIM TEAM 'A'			1:50.99	1:49.34	14
	1) Stratton, Rob M32		2) Wolfe, Ryan M24			
	3) Xu, Tim M26		4) Grecco, Paul M55			
	28.20	55.89 (27.69)	1:23.70 (27.81)		1:49.34 (25.64)	
3	RESTON MASTERS SWIM TEAM 'C'			2:06.06	2:04.02	12
	1) Baldwin, Craig M42		2) Van Ness, Jacob M21			
	3) Gwilliam, Glenn M38		4) Moyer, Steven M59			
	28.99	1:02.42 (33.43)	1:34.19 (31.77)		2:04.02 (29.83)	

### Men 18+ 400 Yard Medley Relay

=====						
	ZONE: Z 3:39.04	4/24/2005 Terrapin Masters				
	NATL: ! 3:24.55	4/2/2016 ARIZONA MASTERS				
		D ADALSTEINSSON, D KNITTLE, B CREAGER, Z DALBY				
	Team			Seed	Finals	Points
=====						
1	PATRIOT MASTERS SWIM TEAM 'A'			4:04.99	3:51.34	18
	1) Krajewski, Thomas M38		2) Wolfe, Ryan M24			
	3) Xu, Tim M26		4) Stratton, Rob M32			
	28.35	59.29 (59.29)	1:16.51 (17.22)		1:58.48 (59.19)	
	2:27.38 (28.90)	3:00.03 (1:01.55)	3:24.79 (24.76)		3:51.34 (51.31)	
2	CLUB TRIBE 'B'			4:18.20	4:02.77	14
	1) Earle, Daniel M45		2) Lesnewsky, Erik M34			
	3) Head, Carter M23		4) Perry, Lavelle M23			
	29.95	1:01.57 (1:01.57)	1:32.57 (31.00)		2:07.05 (1:05.48)	
	2:33.62 (26.57)	3:06.35 (59.30)	3:33.11 (26.76)		4:02.77 (56.42)	

### Men 25+ 200 Yard Freestyle Relay

=====						
	ZONE: Z 1:26.34	4/20/2013 Fairfax County Masters				
		M Veintimilla, S Bulakul, M Bazylewicz, K Loughran				
	NATL: ! 1:20.22	4/30/2016 THE OLYMPIC CLU				
		J LEOPOLD, S GREENWOOD, K FERGUSON, A SAETA				
	Team			Seed	Finals	Points
=====						
1	CLUB TRIBE 'A'			1:27.70	1:26.34Z	18
	1) Loughran, Kyle M29		2) Hensley, Scott M34			
	3) Robbins, Luke M26		4) Gallagher, Kevin M29			
	21.49	44.01 (22.52)	1:05.97 (21.96)		1:26.34 (20.37)	
2	ALEXANDRIA MASTERS SWIMMING 'A'			1:32.57	1:33.70	14
	1) Brado, Matthew M37		2) Jent, Daniel M39			
	3) Fry, Jonathan M37		4) McHenry, Scott M25			
	24.66	48.15 (23.49)	1:12.49 (24.34)		1:33.70 (21.21)	
3	UMAC-TERRAPIN MASTERS 'A'			1:36.58	1:36.95	12
	1) Oloughlin, Jonathan M33		2) Strahota, Jeffrey M36			
	3) Goodison, Michael M45		4) Doane, Michael M46			
	24.84	50.17 (25.33)	1:14.12 (23.95)		1:36.95 (22.83)	
4	CENTRAL BUCKS FAMILY YMCA 'A'			1:50.00	1:41.51	10
	1) Ryan, Tim M34		2) Reynolds, Sean M48			
	3) Wiley, Keith M49		4) Hegna, Ryan M36			
	25.37	51.84 (26.47)	1:17.62 (25.78)		1:41.51 (23.89)	
5	MERRITT MARLINS 'A'			2:00.00	1:49.19	8
	1) Sugar, David M37		2) Joubert, Kevin M44			
	3) McGough, Tim M59		4) VanRoden, Jack M26			
	33.67	59.74 (26.07)	1:26.06 (26.32)		1:49.19 (23.13)	

### Men 25+ 400 Yard Freestyle Relay

=====

ZONE: Z 3:09.74 4/21/2013 Fairfax County Masters  
M Bazylewicz, M Veintimilla, K Loughran, S Bulakul  
NATL: ! 3:06.20 4/10/2011 ILLINOIS MASTER  
D KINSELLA, T CARLSON, V ALLEGRA, D SIMS

Team	Seed	Finals	Points
1 CLUB TRIBE 'A'	3:11.80	3:21.37	18
1) Gallagher, Kevin M29	2) Loughran, Kyle M29		
3) Hensley, Scott M34	4) Robbins, Luke M26		
22.15 46.39 (46.39) 1:10.79 (24.40)		1:37.64 (51.25)	
2:00.87 (23.23) 2:27.17 (49.53) 2:52.83 (25.66)		3:21.37 (54.20)	
2 ALEXANDRIA MASTERS SWIMMING 'A'	3:36.76	3:33.22	14
1) Torgesen, Harald M38	2) Taylor, Tim M30		
3) Jent, Daniel M39	4) McHenry, Scott M25		
27.67 58.36 (58.36) 1:24.57 (26.21)		1:54.18 (55.82)	
2:18.76 (24.58) 2:46.78 (52.60) 3:08.72 (21.94)		3:33.22 (46.44)	

**Men 25+ 800 Yard Freestyle Relay**

=====

ZONE: Z 7:14.89 1991 Empire  
NATL: ! 6:56.28 3/22/2014 NEW ENGLAND SWI  
T WORK, D MORAN, E NILSSON, M EMMONS

Team	Seed	Finals	Points
1 ALEXANDRIA MASTERS SWIMMING 'A'	7:59.25	8:06.18	18
1) Vayda, Robert M29	2) Taylor, Tim M30		
3) Jent, Daniel M39	4) McHenry, Scott M25		
31.71 1:07.33 (1:07.33) 1:44.04 (1:44.04)		2:20.85 (2:20.85)	
2:49.22 (28.37) 3:20.62 (59.77) 3:52.96 (1:32.11)		4:25.44 (2:04.59)	
4:51.66 (26.22) 5:20.97 (55.53) 5:51.15 (1:25.71)		6:21.76 (1:56.32)	
6:45.13 (23.37) 7:11.73 (49.97) 7:38.95 (1:17.19)		8:06.18 (1:44.42)	

**Men 25+ 200 Yard Medley Relay**

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ZONE: Z 1:35.91 1999 Ancient Mariners  
NATL: ! 1:28.48 5/1/2016 THE OLYMPIC CLU  
A SAETA, J LEOPOLD, J DUNFORD, K FERGUSON

Team	Seed	Finals	Points
1 ALEXANDRIA MASTERS SWIMMING 'A'	1:48.25	1:50.11	18
1) Taylor, Tim M30	2) Bingaman, Cory M42		
3) Fry, Jonathan M37	4) Jent, Daniel M39		
28.83 1:00.20 (31.37) 1:26.25 (26.05)		1:50.11 (23.86)	
2 CENTRAL BUCKS FAMILY YMCA 'A'	1:51.00	1:56.33	14
1) Ryan, Tim M34	2) Reynolds, Sean M48		
3) Wiley, Keith M49	4) Crossland, Jerry M60		
29.36 1:03.19 (33.83) 1:31.13 (27.94)		1:56.33 (25.20)	
3 ALEXANDRIA MASTERS SWIMMING 'B'	1:57.30	1:58.82	12
1) Brado, Matthew M37	2) Vayda, Robert M29		
3) Torgesen, Harald M38	4) Prince, Douglas M55		
29.97 1:02.48 (32.51) 1:30.02 (27.54)		1:58.82 (28.80)	
4 SPORT & HEALTH TSUNAMI MASTERS 'A'	2:23.00	2:19.33	10
1) Parker, Jonathan M25	2) Bowman, Erik M46		
3) Porter, Erford M54	4) Ochs, Thomas M25		
31.01 1:12.07 (41.06) 1:49.80 (37.73)		2:19.33 (29.53)	

**Men 25+ 400 Yard Medley Relay**

ZONE: Z 3:30.45 1999 Ancient Mariners  
 NATL: ! 3:25.49 4/21/2012 ILLINOIS MASTER  
 C CUNNICK, T CARLSON, J CHILES, V ALLEGRA

Team	Seed	Finals	Points
1 ALEXANDRIA MASTERS SWIMMING 'A'	4:06.10	4:20.30	18
1) Taylor, Tim M30			
2) Vayda, Robert M29			
3) Torgesen, Harald M38			
4) Jent, Daniel M39			
31.84 1:05.21 (1:05.21)	1:39.49 (34.28)	2:18.39 (1:13.18)	
2:45.90 (27.51) 3:20.49 (1:02.10)	3:47.98 (27.49)	4:20.30 (59.81)	
2 GERMANTOWN MARYLAND MASTERS 'A'	4:47.03	4:51.04	14
1) Wright, Steve M67			
2) Sandi, Gustavo M44			
3) Golden, Scott M53			
4) Milajevs, Dmitrijs M29			
38.83 1:21.58 (1:21.58)	1:58.11 (36.53)	2:38.84 (1:17.26)	
3:10.04 (31.20) 3:44.99 (1:06.15)	4:15.35 (30.36)	4:51.04 (1:06.05)	

**Men 35+ 200 Yard Freestyle Relay**

ZONE: Z 1:28.05 4/25/2009 Jersey Area Masters  
 NATL: ! 1:23.32 5/29/2010 LONGHORN AQUATI  
 T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN

Team	Seed	Finals	Points
1 CENTRAL MARYLAND YMCA MASTERS 'A'	1:44.50	1:40.68	18
1) Ruckdeschel, Jonathan M48			
2) Jacobson, Michael M48			
3) Hinz, Brian M43			
4) Wheeler, Michael M36			
24.03 50.97 (26.94)	1:17.50 (26.53)	1:40.68 (23.18)	
2 SPRING VALLEY YMCA MASTERS 'A'	1:38.00	1:41.05	14
1) Kirschner, Brad M43			
2) Houchins, Bradford M39			
3) Dryburgh, Andrew M36			
4) Boris, Joseph M37			
24.12 50.02 (25.90)	1:14.56 (24.54)	1:41.05 (26.49)	
3 PATRIOT MASTERS SWIM TEAM 'A'	1:58.99	1:59.89	12
1) Krajewski, Thomas M38			
2) Grecco, Paul M55			
3) Weidner, Bob M60			
4) Junta, Donald M54			
27.10 1:03.13 (36.03)	1:35.91 (32.78)	1:59.89 (23.98)	

**Men 35+ 400 Yard Freestyle Relay**

ZONE: Z 3:15.40 4/26/2009 Jersey Area Masters  
 NATL: ! 3:06.12 5/30/2010 LONGHORN AQUATI  
 T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN

Team	Seed	Finals	Points
1 CLUB TRIBE 'B'	3:26.70	3:29.37	18
1) Williams, Rich M41			
2) Earle, Daniel M45			
3) Nilson, Matt M36			
4) Lovett, Michael M39			
24.85 52.22 (52.22)	1:18.04 (25.82)	1:46.46 (54.24)	
2:11.17 (24.71) 2:39.80 (53.34)	3:02.93 (23.13)	3:29.37 (49.57)	
2 SPRING VALLEY YMCA MASTERS 'A'	4:00.00	3:42.54	14
1) Houchins, Bradford M39			
2) Boris, Joseph M37			
3) Dryburgh, Andrew M36			
4) Gross, Jeremy M45			
26.67 56.14 (56.14)	1:23.45 (27.31)	1:54.03 (57.89)	
2:20.09 (26.06) 2:49.19 (55.16)	3:14.23 (25.04)	3:42.54 (53.35)	
3 COLONIALS 1776 'A'	4:12.50	4:12.10	12
1) Amundsen, Joseph M71			
2) Dougherty, Stephen M65			

3) Patterson, Thomas M39	4) Keyser, Brian M60						
30.36	1:04.89	(1:04.89)	1:35.49	(30.60)	2:09.74	(1:04.85)	
2:39.44	(29.70)	3:11.55	(1:01.81)	3:40.23	(28.68)	4:12.10	(1:00.55)
4 CENTRAL MARYLAND YMCA MASTERS 'A'			4:23.60		4:18.44	10	
1) Ruckdeschel, Jonathan M48	2) Hinz, Brian M43						
3) Swenson, Richard M64	4) Toy, Raymond M50						
28.10	58.64	(58.64)	1:26.34	(27.70)	1:57.53	(58.89)	
2:32.97	(35.44)	3:12.32	(1:14.79)	3:44.78	(32.46)	4:18.44	(1:06.12)

### Men 35+ 800 Yard Freestyle Relay

=====							
ZONE: Z 7:09.04		2001 Badger					
NATL: ! 6:56.69		5/4/2007 TEAM TYR					
D WEGNER, S HUBBARD, C BEACH, E HOCHSTEIN							
Team			Seed		Finals	Points	
=====							
1 CENTRAL MARYLAND YMCA MASTERS 'A'			9:15.00		8:42.09	18	
1) Wheeler, Michael M36	2) Jacobson, Michael M48						
3) Ruckdeschel, Jonathan M48	4) Hinz, Brian M43						
27.17	57.14	(57.14)	1:28.05	(1:28.05)	1:58.38	(1:58.38)	
2:29.53	(31.15)	3:03.29	(1:04.91)	3:38.04	(1:39.66)	4:13.40	(2:15.02)
4:42.97	(29.57)	5:16.37	(1:02.97)	5:50.78	(1:37.38)	6:25.75	(2:12.35)
6:55.93	(30.18)	7:29.50	(1:03.75)	8:05.50	(1:39.75)	8:42.09	(2:16.34)
2 CENTRAL BUCKS FAMILY YMCA 'A'			8:30.00		8:44.47	14	
1) Reynolds, Sean M48	2) Crossland, Jerry M60						
3) Wiley, Keith M49	4) Hegna, Ryan M36						
30.54	1:06.10	(1:06.10)	1:43.54	(1:43.54)	2:17.61	(2:17.61)	
2:48.00	(30.39)	3:21.28	(1:03.67)	3:55.28	(1:37.67)	4:29.10	(2:11.49)
5:00.71	(31.61)	5:35.20	(1:06.10)	6:09.50	(1:40.40)	6:42.51	(2:13.41)
7:10.21	(27.70)	7:40.65	(58.14)	8:12.43	(1:29.92)	8:44.47	(2:01.96)

### Men 35+ 200 Yard Medley Relay

=====							
ZONE: Z 1:41.88		1994 Colonials 1776					
NATL: ! 1:34.16		5/10/2009 LONGHORN AQUATI					
T BLESSING, T BARTEE, B BAILEY, M VAROZZA							
Team			Seed		Finals	Points	
=====							
1 UMAC-TERRAPIN MASTERS 'A'			2:13.12		1:54.09	18	
1) Strahota, Jeffrey M36	2) Goodison, Michael M45						
3) Doane, Michael M46	4) Payne, Steve M55						
31.30	59.80	(28.50)	1:24.70	(24.90)	1:54.09	(29.39)	
2 COLONIALS 1776 'A'			2:02.08		2:07.13	14	
1) Patterson, Thomas M39	2) Keyser, Brian M60						
3) Dougherty, Stephen M65	4) Amundsen, Joseph M71						
33.94	1:06.26	(32.32)	1:37.65	(31.39)	2:07.13	(29.48)	
3 CENTRAL MARYLAND YMCA MASTERS 'A'			2:16.50		2:14.18	12	
1) Meyer, Jerry M67	2) Ruckdeschel, Jonathan M48						
3) Hinz, Brian M43	4) Swenson, Richard M64						
38.45	1:11.83	(33.38)	1:41.42	(29.59)	2:14.18	(32.76)	
4 GERMANTOWN MARYLAND MASTERS 'A'			2:29.00		2:17.34	10	
1) Robinson, David M73	2) Sandi, Gustavo M44						
3) Golden, Scott M53	4) Walters, Mark M64						
43.52	1:13.55	(30.03)	1:42.84	(29.29)	2:17.34	(34.50)	

### Men 35+ 400 Yard Medley Relay

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ZONE: Z 3:48.99  
NATL: ! 3:28.46

2001 Badger  
3/5/2009 LONGHORN AQUATI  
A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

Team	Seed	Finals	Points
1 CLUB TRIBE 'A'	3:53.60	3:45.77Z	18
1) Rockwell, John M42	2) Williams, Rich M41		
3) Nilson, Matt M36	4) Lovett, Michael M39		
29.00 1:00.06 (1:00.06)	1:28.69 (28.63)	2:02.30 (1:02.24)	
2:27.15 (24.85)	2:56.53 (54.23)	3:19.69 (23.16)	3:45.77 (49.24)
2 SPRING VALLEY YMCA MASTERS 'A'	7:00.00	4:10.76	14
1) Kirschner, Brad M43	2) Houchins, Bradford M39		
3) Dryburgh, Andrew M36	4) Boris, Joseph M37		
30.98 1:04.09 (1:04.09)	1:34.88 (30.79)	2:10.02 (1:05.93)	
2:38.71 (28.69)	3:12.21 (1:02.19)	3:40.26 (28.05)	4:10.76 (58.55)
3 CENTRAL MARYLAND YMCA MASTERS 'A'	4:28.50	4:32.41	12
1) Jacobson, Michael M48	2) Ruckdeschel, Jonathan M48		
3) Wheeler, Michael M36	4) Toy, Raymond M50		
34.40 1:11.15 (1:11.15)	1:46.31 (35.16)	2:25.71 (1:14.56)	
2:52.70 (26.99)	3:25.23 (59.52)	3:57.28 (32.05)	4:32.41 (1:07.18)

#### Men 45+ 200 Yard Freestyle Relay

ZONE: Z 1:35.96  
NATL: ! 1:27.70

2008 Binghamton U  
5/4/2008 ARIZONA MASTERS  
JOHN SMITH, AL JAEGER, PAUL SMITH

Team	Seed	Finals	Points
1 SPRING VALLEY YMCA MASTERS 'B'	1:32.95	1:32.95Z	18
1) Gross, Jeremy M45	2) Sangmeister, Gary M46		
3) Evans, Jeffrey M51	4) McGuire, James M52		
22.10 45.66 (23.56)	1:08.60 (22.94)	1:32.95 (24.35)	
2 VIRGINIA MASTERS SWIM TEAM 'A'	1:40.00	1:40.97	14
1) Clear, Kirk M49	2) Sprenger, Kurt M47		
3) Harris, Greg M53	4) Tudor, Louis M61		
25.37 49.69 (24.32)	1:13.41 (23.72)	1:40.97 (27.56)	
3 RESTON MASTERS SWIM TEAM 'A'	1:56.56	1:54.07	12
1) Evans, Brian M52	2) Eliot, Doug M52		
3) Scoggin, Sam M56	4) Moyer, Steven M59		
28.36 55.02 (26.66)	1:23.46 (28.44)	1:54.07 (30.61)	

#### Men 45+ 400 Yard Freestyle Relay

ZONE: Z 3:35.09  
NATL: ! 3:18.25

4/13/2008 Binghamton Univ Masters Swimmi  
5/7/2010 WILDCAT ALUMNI  
A JAEGER, T HARVILL, M VOLZING, D CUNNIFF

Team	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'B'	3:59.00	3:42.85	18
1) Clear, Kirk M49	2) Harris, Greg M53		
3) Tudor, Louis M61	4) Sprenger, Kurt M47		
26.92 56.83 (56.83)	1:21.66 (24.83)	1:49.77 (52.94)	
2:17.84 (28.07)	2:49.19 (59.42)	3:14.72 (25.53)	3:42.85 (53.66)
2 RESTON MASTERS SWIM TEAM 'B'	4:26.26	4:11.92	14
1) Daum, Brian M50	2) Evans, Brian M52		
3) Moyer, Steven M59	4) Hong, Chun M56		
26.16 54.95 (54.95)	1:24.18 (29.23)	1:57.58 (1:02.63)	

2:30.09 (32.51) 3:05.38 (1:07.80) 3:37.29 (31.91) 4:11.92 (1:06.54)  
 3 GERMANTOWN MARYLAND MASTERS 'A' 2:41.01 5:08.79 12  
 1) Robinson, David M73 2) Walters, Mark M64  
 3) Golden, Scott M53 4) Boyle, Michael M65  
 38.76 1:22.32 (1:22.32) 1:59.10 (36.78) 2:39.00 (1:16.68)  
 3:10.36 (31.36) 3:43.25 (1:04.25) 4:24.62 (41.37) 5:08.79 (1:25.54)

**Men 45+ 800 Yard Freestyle Relay**

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ZONE: Z 8:04.45 2008 Binghamton U  
 NATL: ! 7:22.85 5/8/2010 WILDCAT ALUMNI  
 A JAEGERS, S TRIMBLE, M VOLZING, D CUNNIFF

Team	Seed	Finals	Points
1 SPRING VALLEY YMCA MASTERS 'A'	9:30.00	8:37.74	18
1) Evans, Jeffrey M51	2) Sangmeister, Gary M46		
3) Gross, Jeremy M45	4) McGuire, James M52		
28.91 1:00.60 (1:00.60)	1:32.90 (1:32.90)	2:04.44 (2:04.44)	
2:35.31 (30.87)	3:09.48 (1:05.04)	3:44.57 (1:40.13)	4:19.06 (2:14.62)
4:47.61 (28.55)	5:20.06 (1:01.00)	5:52.91 (1:33.85)	6:25.08 (2:06.02)
6:55.11 (30.03)	7:28.33 (1:03.25)	8:03.01 (1:37.93)	8:37.74 (2:12.66)
2 VIRGINIA MASTERS SWIM TEAM 'A'	8:30.00	8:38.62	14
1) Clear, Kirk M49	2) Tudor, Louis M61		
3) Harris, Greg M53	4) Sprenger, Kurt M47		
29.17 1:03.62 (1:03.62)	1:39.47 (1:39.47)	2:15.60 (2:15.60)	
2:47.17 (31.57)	3:22.82 (1:07.22)	4:00.02 (1:44.42)	4:36.22 (2:20.62)
5:03.79 (27.57)	5:34.59 (58.37)	6:06.46 (1:30.24)	6:38.02 (2:01.80)
7:05.24 (27.22)	7:35.88 (57.86)	8:07.42 (1:29.40)	8:38.62 (2:00.60)
3 RESTON MASTERS SWIM TEAM 'A'	9:31.31	9:30.16	12
1) Evans, Brian M52	2) Eliot, Doug M52		
3) Scoggin, Sam M56	4) Moyer, Steven M59		
31.42 1:05.57 (1:05.57)	1:42.25 (1:42.25)	2:18.46 (2:18.46)	
2:48.12 (29.66)	3:21.34 (1:02.88)	3:56.19 (1:37.73)	4:31.16 (2:12.70)
5:02.46 (31.30)	5:37.11 (1:05.95)	6:13.32 (1:42.16)	6:49.71 (2:18.55)
7:27.40 (37.69)	8:08.79 (1:19.08)	8:51.25 (2:01.54)	9:30.16 (2:40.45)

**Men 45+ 200 Yard Medley Relay**

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ZONE: Z 1:45.70 4/10/2016 Spring Valley YMCA Masters, Spring Valley Y  
 G Rees, G Sangmeister, J Evans, J McGuire  
 NATL: ! 1:36.56 5/23/2010 GEORGIA MASTERS  
 E ERICSON, C WEISSMAN, B BUGG, M ELLISON

Team	Seed	Finals	Points
1 SPRING VALLEY YMCA MASTERS 'A'	1:42.38	1:44.79Z	18
1) Evans, Jeffrey M51	2) Sangmeister, Gary M46		
3) Gross, Jeremy M45	4) McGuire, James M52		
27.46 56.36 (28.90)	1:20.49 (24.13)	1:44.79 (24.30)	
2 RESTON MASTERS SWIM TEAM 'B'	2:05.05	2:01.70	14
1) Evans, Brian M52	2) Scoggin, Sam M56		
3) Eliot, Doug M52	4) Daum, Brian M50		
32.85 1:06.75 (33.90)	1:36.81 (30.06)	2:01.70 (24.89)	
3 VIRGINIA MASTERS SWIM TEAM 'A'	1:55.00	2:05.78	12
1) Clear, Kirk M49	2) Harris, Greg M53		
3) Sprenger, Kurt M47	4) Bamford, Sherman M52		
28.14 58.45 (30.31)	1:26.77 (28.32)	2:05.78 (39.01)	

**Men 45+ 400 Yard Medley Relay**

ZONE: Z 4:06.43 4/9/2016 Spring Valley YMCA Masters  
 G Rees, G Sangmeister, J Evans, J McGuire  
 NATL: ! 3:38.41 4/10/2010 TEXAS LONGHORN  
 N BREAZEALE, D GUTHRIE, A RASMUSSEN, M STINCHCOMBE

Team	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'B'	4:30.00	4:18.48	18
1) Clear, Kirk M49	2) Tudor, Louis M61		
3) Harris, Greg M53	4) Sprenger, Kurt M47		
31.94 1:05.97 (1:05.97)	1:38.15 (32.18)	2:15.00 (1:09.03)	
2:44.49 (29.49) 3:18.08 (1:03.08)	3:46.52 (28.44)	4:18.48 (1:00.40)	

**Men 55+ 200 Yard Freestyle Relay**

ZONE: Z 1:42.82 4/5/2014 Colonials 1776  
 D Keith, G Meyer, T Steel, J Thornton  
 NATL: ! 1:32.18 4/11/2009 OREGON MASTERS  
 M TENNANT, D BROCKBANK, W EDWARDS, L PHILBRICK

Team	Seed	Finals	Points
1 COLONIALS 1776 'A'	1:52.00	1:58.42	18
1) Matz, Michael M55	2) Keyser, Brian M60		
3) Dougherty, Stephen M65	4) Tulenko, Tom M74		
28.28 55.89 (27.61) 1:25.46 (29.57)	1:58.42 (32.96)		
2 VIRGINIA MASTERS SWIM TEAM 'B'	2:06.00	2:10.81	14
1) Romo, Robert M58	2) Nelson, Bill M64		
3) Murray, Keith M58	4) Swiger, Ralph M60		
29.74 1:01.96 (32.22) 1:32.95 (30.99)	2:10.81 (37.86)		

**Men 55+ 800 Yard Freestyle Relay**

ZONE: Z 8:13.77 4/17/2011 Colonnials 1776  
 NATL: ! 7:42.24 3/29/2015 CMS  
 M MANN, C PETERSEN, G SCOTT, K ANDERSON

Team	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'B'	10:30.00	11:10.16	18
1) Romo, Robert M58	2) Nelson, Bill M64		
3) Murray, Keith M58	4) Swiger, Ralph M60		
33.42 1:10.95 (1:10.95) 1:49.95 (1:49.95)	2:28.08 (2:28.08)		
3:07.80 (39.72) 3:55.48 (1:27.40) 4:47.01 (2:18.93)	5:34.19 (3:06.11)		
6:08.47 (34.28) 6:47.07 (1:12.88) 7:26.39 (1:52.20)	8:05.04 (2:30.85)		
8:47.69 (42.65) 9:35.71 (1:30.67) 10:24.01 (2:18.97)	11:10.16 (3:05.12)		
2 GERMANTOWN MARYLAND MASTERS 'A'	10:46.00	11:42.06	14
1) Wright, Steve M67	2) Walters, Mark M64		
3) Robinson, David M73	4) Boyle, Michael M65		
35.77 1:18.01 (1:18.01) 2:02.35 (2:02.35)	2:45.52 (2:45.52)		
3:24.51 (38.99) 4:07.48 (1:21.96) 4:50.29 (2:04.77)	5:31.68 (2:46.16)		
5:48.03 (16.35) 6:12.04 (40.36) 6:57.46 (1:25.78)	7:43.55 (2:11.87)		
8:25.41 (41.86) 8:45.42 (1:01.87) 9:11.63 (1:28.08)	11:42.06 (3:58.51)		

**Men 55+ 200 Yard Medley Relay**

ZONE: Z 1:52.98 4/17/2011 Colonials 1776  
 G Meyer, S Dougherty, P Sweeney, P Trevisan

NATL: ! 1:45.32 4/11/2009 OREGON MASTERS

W EDWARDS, A STARK, L PHILBRICK, M TENNANT

Team	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'C'	2:20.00	2:18.67	18
1) Miller, Jim M66			
2) Romo, Robert M58			
3) Tudor, Louis M61			
4) Nelson, Bill M64			
39.96 1:16.03 (36.07) 1:46.91 (30.88) 2:18.67 (31.76)			

### Men 55+ 400 Yard Medley Relay

ZONE: Z 4:19.39 4/17/2011 Colonials 1776

NATL: ! 3:57.13 3/28/2015 CMS

C PETERSEN, G SCOTT, M MANN, K ANDERSON

Team	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'A'	7:00.00	6:16.46	18
1) Romo, Robert M58			
2) Murray, Keith M58			
3) Swiger, Ralph M60			
4) Gaulrapp, Edward M74			
41.11 1:23.09 (1:23.09) 1:40.42 (17.33) 2:07.02 (43.93)			
2:55.59 (48.57) 3:46.92 (1:39.90) 4:46.97 (1:00.05) 6:16.46 (2:29.54)			

### Men 65+ 200 Yard Freestyle Relay

ZONE: Z 1:59.99 4/20/2013 Colonials 1776

T Tulenko, J Kremzier, H Detering, J Amundsen

NATL: ! 1:40.07 5/10/2009 SAN DIEGO SWIM

M FRESHLEY, P ANDERSEN, V VAN BAALEN, K LODWIG

Team	Seed	Finals	Points
1 BINGHAMTON UNIV MASTERS 'A'	1:54.00	1:54.94Z	18
1) Youtt, George M68			
2) Pot, Gene M66			
3) Kornblatt, Daniel M67			
4) Cothren, Jack M67			
28.29 56.77 (28.48) 1:25.41 (28.64) 1:54.94 (29.53)			
2 VIRGINIA MASTERS SWIM TEAM 'C'	NT	2:04.15	14
1) Sober, Harry M74			
2) Brundage, Warner M74			
3) Wise, Randy M75			
4) Novell, Ken M74			
28.83 1:01.67 (32.84) 1:34.79 (33.12) 2:04.15 (29.36)			
3 RESTON MASTERS SWIM TEAM 'A'	2:21.21	2:24.38	12
1) Paulson, Laurence M68			
2) Pilette, Sterling M75			
3) Rysdon, Jon M65			
4) Snowwhite, Larry M70			
34.02 1:12.48 (38.46) 1:43.24 (30.76) 2:24.38 (41.14)			

### Men 65+ 400 Yard Freestyle Relay

ZONE: Z 4:26.84 4/13/2008 Virginia Masters Swim Team

NATL: ! 3:48.65 4/16/2016 VENTURA COUNTY

G GRUBER, J MC CONICA, H KERNS, B ROLLINS

Team	Seed	Finals	Points
1 BINGHAMTON UNIV MASTERS 'A'	5:00.00	4:32.25	18
1) Pot, Gene M66			
2) Langendorfer, Stephen M66			
3) Cothren, Jack M67			
4) Kornblatt, Daniel M67			
31.66 1:06.76 (1:06.76) 1:41.34 (34.58) 2:20.04 (1:13.28)			
2:52.26 (32.22) 3:28.29 (1:08.25) 3:59.10 (30.81) 4:32.25 (1:03.96)			
2 VIRGINIA MASTERS SWIM TEAM 'A'	NT	4:43.20	14
1) Sober, Harry M74			
2) Brundage, Warner M74			



3) Wise, Randy M75	4) Novell, Ken M74						
32.25 1:07.24 (1:07.24)	1:43.12 (35.88)	2:22.61 (1:15.37)					
2:58.33 (35.72) 3:36.22 (1:13.61)	4:07.78 (31.56)	4:43.20 (1:06.98)					
3 RESTON MASTERS SWIM TEAM 'A'	6:08.08	6:52.17	12				
1) Gerson, Gordon M80	2) Rysdon, Jon M65						
3) Paulson, Laurence M68	4) Snowwhite, Larry M70						
1:11.16 2:32.88 (2:32.88)	3:06.76 (33.88)	3:45.84 (1:12.96)					
4:27.01 (41.17) 5:12.77 (1:26.93)	5:59.95 (47.18)	6:52.17 (1:39.40)					

### Men 65+ 800 Yard Freestyle Relay

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ZONE: Z 10:13.65 4/20/2013 Colonials 1776  
 T Tulenko, H Detering, J Keane, J Amundsen

NATL: ! 8:32.89 4/17/2016 VENTURA COUNTY  
 J MC CONICA, B ROLLINS, H KERNS, G GRUBER

Team	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'C'	NT	11:40.61	18
1) Sober, Harry M74	2) Brundage, Warner M74		
3) Gaulrapp, Edward M74	4) Novell, Ken M74		
35.33 1:16.47 (1:16.47)	2:00.01 (2:00.01)	2:43.45 (2:43.45)	
3:22.48 (39.03) 4:06.61 (1:23.16)	4:51.69 (2:08.24)	5:35.51 (2:52.06)	
6:20.38 (44.87) 7:12.00 (1:36.49)	8:03.91 (2:28.40)	8:53.67 (3:18.16)	
9:29.05 (35.38) 10:09.98 (1:16.31)	10:54.58 (2:00.91)	11:40.61 (2:46.94)	
2 RESTON MASTERS SWIM TEAM 'B'	11:29.29	12:47.45	14
1) Rysdon, Jon M65	2) Paulson, Laurence M68		
3) Pilette, Sterling M75	4) Snowwhite, Larry M70		
36.52 1:17.03 (1:17.03)	1:58.12 (1:58.12)	2:37.32 (2:37.32)	
3:19.70 (42.38) 4:08.54 (1:31.22)	4:59.99 (2:22.67)	5:49.20 (3:11.88)	
6:36.39 (47.19) 7:31.61 (1:42.41)	8:30.84 (2:41.64)	9:23.46 (3:34.26)	
10:08.30 (44.84) 10:57.72 (1:34.26)	11:54.78 (2:31.32)	12:47.45 (3:23.99)	

### Men 65+ 200 Yard Medley Relay

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ZONE: Z 2:20.10 4/13/2008 Virginia Masters Swim Team

NATL: ! 1:51.58 5/10/2009 SAN DIEGO SWIM  
 V VAN BAALEN, P ANDERSEN, K LODWIG, M FRESHLEY

Team	Seed	Finals	Points
1 BINGHAMTON UNIV MASTERS 'A'	2:10.00	2:13.78Z	18
1) Kornblatt, Daniel M67	2) Pot, Gene M66		
3) Cothren, Jack M67	4) Langendorfer, Stephen M66		
34.44 1:09.89 (35.45)	1:41.05 (31.16)	2:13.78 (32.73)	
2 VIRGINIA MASTERS SWIM TEAM 'B'	NT	2:30.47	14
1) Sober, Harry M74	2) Brundage, Warner M74		
3) Gaulrapp, Edward M74	4) Novell, Ken M74		
38.14 1:21.19 (43.05)	2:00.71 (39.52)	2:30.47 (29.76)	
3 RESTON MASTERS SWIM TEAM 'A'	2:55.55	3:06.32	12
1) Gerson, Gordon M80	2) Rysdon, Jon M65		
3) Paulson, Laurence M68	4) Snowwhite, Larry M70		
1:02.23 1:46.76 (44.53)	2:27.36 (40.60)	3:06.32 (38.96)	

### Men 65+ 400 Yard Medley Relay

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ZONE: Z 5:01.35 4/13/2008 Virginia Masters Swim Team

NATL: ! 4:21.08 4/17/2016 VENTURA COUNTY  
 J MC CONICA, B ROLLINS, H KERNS, G GRUBER

Team	Seed	Finals Points
1 BINGHAMTON UNIV MASTERS 'A'	5:25.00	5:22.93 18
1) Kornblatt, Daniel M67	2) Pot, Gene M66	
3) Cothren, Jack M67	4) Langendorfer, Stephen M66	
36.11 1:14.15 (1:14.15)	1:55.58 (41.43)	2:44.12 (1:29.97)
3:23.85 (39.73) 4:08.49 (1:24.37)	4:44.53 (36.04)	5:22.93 (1:14.44)

### Mixed 18+ 200 Yard Freestyle Relay

ZONE: Z 1:29.36 4/15/2007 Curl-Burke Swim Club  
 NATL: ! 1:24.76 5/2/2014 THE OLYMPIC CLU  
 N ADRIAN, K RAATZ, K KASTES, A ERVIN

Team	Seed	Finals Points
1 PATRIOT MASTERS SWIM TEAM 'A'	1:49.99	1:39.86 18
1) Wolfe, Ryan M24	2) Stratton, Rob M32	
3) Hughes, Meghan W38	4) Ward, Cheryl W50	
22.92 45.72 (22.80)	1:12.91 (27.19)	1:39.86 (26.95)
2 CENTRAL BUCKS FAMILY YMCA 'A'	1:55.15	1:43.57 14
1) Hegna, Ryan M36	2) Halner, Kristina W22	
3) Edmunds, Addey W29	4) Ryan, Tim M34	
23.97 50.23 (26.26)	1:19.19 (28.96)	1:43.57 (24.38)
3 RESTON MASTERS SWIM TEAM 'D'	2:06.06	2:02.70 12
1) Flynn, Merri W57	2) Gwilliam, Glenn M38	
3) Trainor, Gabriela W31	4) Van Ness, Jacob M21	
38.26 1:05.63 (27.37)	1:38.79 (33.16)	2:02.70 (23.91)

### Mixed 18+ 400 Yard Freestyle Relay

ZONE: Z 3:30.48 4/9/2016 Fins Aquatics Club, Fins Aquatics Cl  
 W Kimball, H Mohorn, K Chialastri, J Acquaviva  
 NATL: ! 3:14.92 4/29/2016 CLUB TRIBE ALUM  
 K GALLAGHER, K LOUGHRAN, K GRIER, G MIZERAK

Team	Seed	Finals Points
1 PATRIOT MASTERS SWIM TEAM 'A'	4:18.99	3:52.38 18
1) Stratton, Rob M32	2) Wolfe, Ryan M24	
3) Thompson, Kim W53	4) Ward, Cheryl W50	
24.97 51.49 (51.49)	1:14.68 (23.19)	1:40.58 (49.09)
2:14.15 (33.57) 2:51.44 (1:10.86)	3:20.43 (28.99)	3:52.38 (1:00.94)
2 CENTRAL BUCKS FAMILY YMCA 'A'	3:52.00	3:52.50 14
1) Halner, Kristina W22	2) Ryan, Tim M34	
3) Edmunds, Addey W29	4) Wiley, Keith M49	
27.64 57.56 (57.56)	1:25.08 (27.52)	1:54.50 (56.94)
2:23.94 (29.44) 2:57.17 (1:02.67)	3:23.26 (26.09)	3:52.50 (55.33)
3 CLUB TRIBE 'B'	3:50.90	3:53.05 12
1) Head, Carter M23	2) Greene, Shannon W31	
3) Davidson, Julia W40	4) Lesnewsky, Erik M34	
24.70 52.84 (52.84)	1:21.14 (28.30)	1:52.17 (59.33)
2:22.43 (30.26) 2:58.29 (1:06.12)	3:24.65 (26.36)	3:53.05 (54.76)
4 RESTON MASTERS SWIM TEAM 'D'	4:28.28	4:16.08 10
1) Brightwell, Kim W57	2) Trainor, Gabriela W31	
3) Gwilliam, Glenn M38	4) Van Ness, Jacob M21	
31.27 1:03.44 (1:03.44)	1:38.99 (35.55)	2:18.26 (1:14.82)
2:48.60 (30.34) 3:21.80 (1:03.54)	3:48.01 (26.21)	4:16.08 (54.28)

**Mixed 18+ 800 Yard Freestyle Relay**

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ZONE: Z 7:54.89                    2002 Colonials 1776  
 NATL: ! 7:32.95                    3/30/2003 NEW ENGLAND MAS  
                                      R LORENZ, P WORLAND, J EADDY, J STOKES

Team	Seed	Finals	Points
1 CENTRAL BUCKS FAMILY YMCA 'A'	9:00.00	8:39.23	18
1) Hegna, Ryan M36	2) Edmunds, Addey W29		
3) Wiley, Keith M49	4) Halner, Kristina W22		
26.54                    55.56 (55.56)	1:26.00 (1:26.00)	1:56.50 (1:56.50)	
2:26.82 (30.32)	3:01.67 (1:05.17)	3:39.54 (1:43.04)	4:17.36 (2:20.86)
4:48.73 (31.37)	5:23.35 (1:05.99)	5:57.98 (1:40.62)	6:30.61 (2:13.25)
6:59.74 (29.13)	7:31.91 (1:01.30)	8:05.32 (1:34.71)	8:39.23 (2:08.62)

**Mixed 18+ 200 Yard Medley Relay**

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ZONE: Z 1:40.03                    4/14/2007 Curl-Burke Swim Club  
 NATL: ! 1:35.89                    4/30/2016 THE OLYMPIC CLU  
                                      A SAETA, C BABCOCK, A SENKO, M STIPE

Team	Seed	Finals	Points
1 CENTRAL BUCKS FAMILY YMCA 'A'	1:50.50	1:58.59	18
1) Booth, Gretchen W46	2) Reynolds, Sean M48		
3) Halner, Kristina W22	4) Hegna, Ryan M36		
29.60                    1:03.84 (34.24)	1:34.06 (30.22)	1:58.59 (24.53)	
2 VIRGINIA MASTERS SWIM TEAM 'A'	1:59.00	2:03.07	14
1) Adams, Gail W23	2) Sprenger, Kurt M47		
3) Wallace, Devon W26	4) Clear, Kirk M49		
31.86                    1:06.03 (34.17)	1:37.59 (31.56)	2:03.07 (25.48)	
3 RESTON MASTERS SWIM TEAM 'B'	2:27.27	2:28.08	12
1) Baldwin, Craig M42	2) Moyer, Michelle W54		
3) Van Ness, Jacob M21	4) Nelson, Tanja W47		
29.79                    1:17.27 (47.48)	1:46.14 (28.87)	2:28.08 (41.94)	

**Mixed 18+ 400 Yard Medley Relay**

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ZONE: Z 3:51.34                    2001 Metro  
 NATL: ! 3:41.71                    3/29/2009 RED TIDE OF NYC  
                                      K GARY, N WERNER, K MOUGHTY, J FAIN

Team	Seed	Finals	Points
1 CLUB TRIBE 'A'	3:59.70	3:58.00	18
1) Hensley, Scott M34	2) Head, Carter M23		
3) Greene, Shannon W31	4) Shaner, Sara W25		
26.51                    54.68 (54.68)	1:24.46 (29.78)	1:58.74 (1:04.06)	
2:29.24 (30.50)	3:04.17 (1:05.43)	3:29.59 (25.42)	3:58.00 (53.83)

**Mixed 25+ 200 Yard Freestyle Relay**

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ZONE: Z 1:34.48                    4/26/2009 Curl-Burke Swim Club  
 NATL: ! 1:28.83                    4/29/2016 THE OLYMPIC CLU  
                                      C BURCKLE, K KASTES, O'DONNELL-MCCARTH, A SAETA

Team	Seed	Finals	Points
1 ALEXANDRIA MASTERS SWIMMING 'A'	1:38.82	1:37.99	18
1) Gauzens, Stephanie W33	2) McWilliams, Katie W33		

3) Jent, Daniel M39	26.98	53.87 (26.89)	4) McHenry, Scott M25	1:17.26 (23.39)	1:37.99 (20.73)
2 VIRGINIA MASTERS SWIM TEAM 'A'				1:45.20	1:41.60 14
1) Sprenger, Kurt M47			2) Letendre, Denise W28		
3) Wallace, Devon W26	24.63	51.17 (26.54)	4) Harris, Greg M53	1:18.23 (27.06)	1:41.60 (23.37)
3 SPRING VALLEY YMCA MASTERS 'B'				1:44.00	1:44.10 12
1) Lampe, Corinne W25			2) Mahaney, Melanie W26		
3) McGuire, James M52	26.54	53.16 (26.62)	4) Boris, Joseph M37	1:17.88 (24.72)	1:44.10 (26.22)
4 ALEXANDRIA MASTERS SWIMMING 'B'				1:46.10	1:45.87 10
1) Aepli, Lauren W29			2) Obenhuber, Briana W28		
3) Brado, Matthew M37	29.23	57.77 (28.54)	4) Fry, Jonathan M37	1:21.97 (24.20)	1:45.87 (23.90)
5 ALEXANDRIA MASTERS SWIMMING 'C'				1:55.45	1:52.96 8
1) Vayda, Robert M29			2) Taylor, Alaina W35		
3) Bales, Paul M58	32.23	1:01.60 (29.37)	4) Taylor, Tim M30	1:27.96 (26.36)	1:52.96 (25.00)
6 UMAC-TERRAPIN MASTERS 'A'				1:52.53	1:54.82 6
1) Oloughlin, Jonathan M33			2) Fu, Angela W37		
3) Randolph, Courtney W25	24.76	1:04.15 (39.39)	4) Strahota, Jeffrey M36	1:29.83 (25.68)	1:54.82 (24.99)
7 SPORT & HEALTH TSUNAMI MASTERS 'A'				1:58.00	1:57.07 4
1) Vera, Art M34			2) Walters, Suzanne W46		
3) Basinsky, Kathryn W28	27.35	58.22 (30.87)	4) Bowman, Erik M46	1:33.27 (35.05)	1:57.07 (23.80)
8 PATRIOT MASTERS SWIM TEAM 'B'				2:04.99	1:57.58 2
1) Xu, Tim M26			2) Grecco, Paul M55		
3) Visos, Rebecca W58	26.60	52.77 (26.17)	4) Thompson, Kim W53	1:25.67 (32.90)	1:57.58 (31.91)
9 SPORT & HEALTH TSUNAMI MASTERS 'B'				2:05.00	2:09.51
1) Casstevens, Wade M43			2) Hilal, Bridget W38		
3) Ochs, Thomas M25	35.58	1:06.90 (31.32)	4) Mockler, Shannon W32	1:37.11 (30.21)	2:09.51 (32.40)

### Mixed 25+ 400 Yard Freestyle Relay

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ZONE: Z	3:24.32	4/24/2010	Red Tide		
			K Gary, S Wager, D Lippin, N Werner		
NATL: !	3:16.12	4/29/2016	THE OLYMPIC CLU		
			A SAETA, O'DONNELL-MCCARTH, K KASTES, C BURCKLE		
Team			Seed	Finals	Points
=====					
1 CLUB TRIBE 'A'			3:22.50	3:19.84Z	18
1) Falcone, Marina W29			2) Loughran, Kyle M29		
3) Shaner, Sara W25	25.46	52.20 (52.20)	4) Gallagher, Kevin M29	1:15.04 (22.84)	1:39.85 (47.65)
	2:05.37 (25.52)	2:33.57 (53.72)		2:55.37 (21.80)	3:19.84 (46.27)
2 ALEXANDRIA MASTERS SWIMMING 'A'			3:55.50	3:55.85	14
1) Vayda, Shannon W28			2) McWilliams, Katie W33		
3) Torgesen, Harald M38	33.52	1:09.57 (1:09.57)	4) Jent, Daniel M39	1:37.20 (27.63)	2:07.18 (57.61)
	2:33.57 (26.39)	3:04.24 (57.06)		3:28.68 (24.44)	3:55.85 (51.61)
3 VIRGINIA MASTERS SWIM TEAM 'A'			3:50.00	4:13.19	12
1) Wallace, Devon W26			2) Letendre, Denise W28		
3) Clear, Kirk M49	28.72	1:00.36 (1:00.36)	4) Nelson, Bill M64	1:28.51 (28.15)	2:00.00 (59.64)

2:26.72 (26.72) 2:56.92 (56.92) 3:33.36 (36.44) 4:13.19 (1:16.27)

**Mixed 25+ 800 Yard Freestyle Relay**

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ZONE: Z 7:40.50 1999 Colonials 1776  
NATL: ! 7:25.46 4/4/2004 ILLINOIS MASTER  
J RIDGE, N DAY, P ELDER, M KELLER

Team	Seed	Finals	Points
1 CLUB TRIBE 'A'	7:24.90	7:20.49!	18
1) Falcone, Marina W29	2) Grier, Katie W38		
3) Robbins, Luke M26	4) Gallagher, Kevin M29		
26.07 54.08 (54.08)	1:22.85 (1:22.85)	1:52.76 (1:52.76)	
2:18.52 (25.76)	2:47.61 (54.85)	3:17.68 (1:24.92)	3:48.73 (1:55.97)
4:14.09 (25.36)	4:41.90 (53.17)	5:09.00 (1:20.27)	5:35.46 (1:46.73)
5:58.35 (22.89)	6:24.47 (49.01)	6:52.61 (1:17.15)	7:20.49 (1:45.03)
2 VIRGINIA MASTERS SWIM TEAM 'A'	8:40.40	8:09.15	14
1) Letendre, Denise W28	2) Wallace, Devon W26		
3) Sprenger, Kurt M47	4) Harris, Greg M53		
27.75 57.95 (57.95)	1:29.39 (1:29.39)	2:01.69 (2:01.69)	
2:31.15 (29.46)	3:03.77 (1:02.08)	3:37.62 (1:35.93)	4:11.70 (2:10.01)
4:38.46 (26.76)	5:08.14 (56.44)	5:38.98 (1:27.28)	6:08.98 (1:57.28)
6:35.56 (26.58)	7:05.92 (56.94)	7:37.80 (1:28.82)	8:09.15 (2:00.17)
3 ALEXANDRIA MASTERS SWIMMING 'A'	8:17.20	8:47.68	12
1) Milhiser, Mark M42	2) Jakubchak, Lindsey W34		
3) McWilliams, Katie W33	4) Jent, Daniel M39		
30.52 1:05.80 (1:05.80)	1:48.24 (1:48.24)	2:48.53 (2:48.53)	
3:36.74 (48.21)	4:10.85 (1:22.32)	4:44.18 (1:55.65)	5:12.75 (2:24.22)
5:44.64 (31.89)	6:17.31 (1:04.56)	6:50.10 (1:37.35)	7:16.63 (2:03.88)
7:46.33 (29.70)	8:16.40 (59.77)	8:47.68 (1:31.05)	
-- SPRING VALLEY YMCA MASTERS 'A'	12:00.00	DQ	
Early take-off swimmer #4			
1) Houchins, Bradford M39	2) Lampe, Corinne W25		
3) Mahaney, Melanie W26	4) McGuire, James M52		
30.09 1:03.55 (1:03.55)	1:38.06 (1:38.06)	2:12.43 (2:12.43)	
2:44.89 (32.46)	3:21.71 (1:09.28)	3:58.75 (1:46.32)	4:40.24 (2:27.81)
5:41.58 (1:01.34)	6:16.83 (1:36.59)	6:55.94 (2:15.70)	
7:33.45 (37.51)	8:10.58 (1:14.64)	8:47.32 (1:51.38)	DQ (1:51.47)

**Mixed 25+ 200 Yard Medley Relay**

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ZONE: Z 1:45.69 4/5/2014 Lane 4 Swimming  
M Bazylewicz, L Fuchs, M Conze, K Loughran  
NATL: ! 1:35.20 4/26/2015 ARIZONA MASTERS  
M GREVERS, A GREVERS, T DEBERRY, C VORRASI

Team	Seed	Finals	Points
1 ALEXANDRIA MASTERS SWIMMING 'A'	1:50.16	1:48.83	18
30.57 56.55 (25.98)	1:21.97 (25.42)	1:48.83 (26.86)	
2 CLUB TRIBE 'A'	1:45.40	1:48.90	14
1) Czaplicki, Alexandra W26	2) Minzenmayer, Ellen W28		
3) Hensley, Scott M34	4) Robbins, Luke M26		
29.26 1:02.78 (33.52)	1:26.67 (23.89)	1:48.90 (22.23)	
3 SPRING VALLEY YMCA MASTERS 'B'	1:52.25	1:52.76	12
1) Kirschner, Brad M43	2) Houchins, Bradford M39		
3) Lampe, Corinne W25	4) Mahaney, Melanie W26		
29.08 58.05 (28.97)	1:25.75 (27.70)	1:52.76 (27.01)	

4	ALEXANDRIA MASTERS SWIMMING 'B'		1:57.06	1:56.14	10
	31.69	1:05.76 (34.07)	1:32.07 (26.31)	1:56.14 (24.07)	
5	PATRIOT MASTERS SWIM TEAM 'A'		2:12.99	1:58.09	8
	1) Krajewski, Thomas M38		2) Xu, Tim M26		
	3) Hughes, Meghan W38		4) Ward, Cheryl W50		
	26.76	1:02.03 (35.27)	1:30.99 (28.96)	1:58.09 (27.10)	
6	LANE 4 SWIMMING 'A'		NT	1:58.71	6
	1) Jue, Heather W33		2) Levit, David M28		
	3) Bentley, Margaret W29		4) Jones, Mark M54		
	32.57	1:04.66 (32.09)	1:32.38 (27.72)	1:58.71 (26.33)	
7	MERRITT MARLINS 'A'		2:10.10	2:05.15	4
	1) VanRoden, Jack M26		2) Long, Uliana W31		
	3) Joubert, Kevin M44		4) Erby, Nicole W32		
	28.78	1:06.72 (37.94)	1:37.45 (30.73)	2:05.15 (27.70)	
8	ALEXANDRIA MASTERS SWIMMING 'C'		2:08.60	2:07.04	2
	1) Bianco, Jennifer W39		2) Vayda, Robert M29		
	3) Torgesen, Harald M38		4) Kays, Amelia W37		
	38.02	1:10.64 (32.62)	1:37.95 (27.31)	2:07.04 (29.09)	
9	SPORT & HEALTH TSUNAMI MASTERS 'A'		2:25.00	2:07.50	
	1) Basinsky, Kathryn W28		2) Vera, Art M34		
	3) Walters, Suzanne W46		4) Parker, Jonathan M25		
	39.21	1:08.85 (29.64)	1:44.07 (35.22)	2:07.50 (23.43)	
10	GERMANTOWN MARYLAND MASTERS 'B'		2:15.00	2:26.78	
	1) Bancroft, Caren W46		2) Sandi, Gustavo M44		
	3) Schneider, Johanna W43		4) Milajevs, Dmitrijs M29		
	51.17	1:18.68 (27.51)	2:26.78 (1:08.10)		
11	SPORT & HEALTH TSUNAMI MASTERS 'B'		NT	2:41.77	
	1) Mockler, Shannon W32		2) Casstevens, Wade M43		
	3) Porter, Erford M54		4) Lahtinen-Hicks, Wallis W66		
	39.01	1:20.82 (41.81)	1:58.46 (37.64)	2:41.77 (43.31)	

### Mixed 25+ 400 Yard Medley Relay

=====					
	ZONE: Z	3:45.13	4/25/2010 Red Tide		
			K Gary, N Werner, T Shpaizer, D Lippin		
	NATL: !	3:45.13	4/25/2010 RED TIDE OF NYC		
			K GARY, N WERNER, T SHPAIZER, D LIPPIN		
	Team		Seed	Finals	Points
=====					
1	LANE 4 SWIMMING 'A'		NT	4:24.85	18
	1) Jue, Heather W33		2) Levit, David M28		
	3) Bentley, Margaret W29		4) Jones, Mark M54		
	34.33	1:10.29 (1:10.29)	1:42.59 (32.30)	2:22.15 (1:11.86)	
	2:51.07 (28.92)	3:24.74 (1:02.59)	3:53.78 (29.04)	4:24.85 (1:00.11)	
2	CLUB TRIBE 'C'		4:35.40	4:31.20	14
	1) Earle, Daniel M45		2) Minzenmayer, Ellen W28		
	3) Lesnewsky, Erik M34		4) Lovett, Lindsay W38		
	30.38	1:02.25 (1:02.25)	1:37.68 (35.43)	2:15.73 (1:13.48)	
	2:42.47 (26.74)	3:14.75 (59.02)	3:50.36 (35.61)	4:31.20 (1:16.45)	
--	ALEXANDRIA MASTERS SWIMMING 'A'		4:25.00	DQ	
	Early take-off swimmer #4				
	1) Smith, Katherine W26		2) Vayda, Robert M29		
	3) Taylor, Tim M30		4) Aepli, Lauren W29		
	35.62	1:13.35 (1:13.35)	1:46.90 (33.55)	2:25.22 (1:11.87)	
	2:53.56 (28.34)	3:26.51 (1:01.29)	3:55.52 (29.01)	DQ (1:02.32)	

### Mixed 35+ 200 Yard Freestyle Relay

=====

ZONE: Z 1:34.00 4/10/2016 Club Tribe Alumni  
 C Hurtubise, R Williams, M Lovett, K Grier

NATL: ! 1:30.17 4/25/2004 ROCKY MOUNTAIN  
 K GARNIER, S VON DER LIPPE, J SMITH, P SMITH

Team	Seed	Finals	Points
1 CLUB TRIBE 'A'	1:36.50	1:36.32	18
1) Williams, Rich M41	2) Lovett, Michael M39		
3) Harris, Kristen W40	4) Grier, Katie W38		
23.54	45.42 (21.88)	1:11.87 (26.45)	1:36.32 (24.45)
2 RESTON MASTERS SWIM TEAM 'A'	1:52.52	1:44.09	14
1) Baldwin, Craig M42	2) Groves, Lisa W52		
3) Daum, Brian M50	4) Bass, Amy W46		
24.23	52.22 (27.99)	1:16.03 (23.81)	1:44.09 (28.06)
3 RIPTIDE MASTERS 'A'	1:57.00	1:52.32	12
1) Cantilina, Amy W48	2) Rickard, Alan M60		
3) Emanuel, Florence W54	4) Zenyuh, James M40		
28.43	56.00 (27.57)	1:26.63 (30.63)	1:52.32 (25.69)
-- MONTEREY BAY MASTERS SEASIDE A 'A'	2:05.05	DQ	
Not enough swimmers			
3) Sullivan, Joseph M52	4)		
27.34	58.88 (31.54)	1:24.92 (26.04)	DQ (25.65)

**Mixed 35+ 400 Yard Freestyle Relay**

=====

ZONE: Z 3:36.79 1997 Colonials 1776  
 NATL: ! 3:26.42 4/29/2016 NORTH CAROLINA  
 H STEWART, E BRAUN, K LINDAUER, V FLETCHER

Team	Seed	Finals	Points
1 RESTON MASTERS SWIM TEAM 'C'	4:22.22	4:08.61	18
1) Baldwin, Craig M42	2) Dawson, Mandy W54		
3) McNamara, Beth W51	4) Scott, Clint M42		
25.75	53.16 (53.16)	1:24.24 (31.08)	2:00.07 (1:06.91)
2:33.55 (33.48)	3:13.25 (1:13.18)	3:39.78 (26.53)	4:08.61 (55.36)

**Mixed 35+ 800 Yard Freestyle Relay**

=====

ZONE: Z 7:52.32 1997 Colonials 1776  
 NATL: ! 7:24.36 4/17/2005 ILLINOIS MASTER  
 L DILLMANN, J RIDGE, R KURZA, M KELLER

Team	Seed	Finals	Points
1 SPRING VALLEY YMCA MASTERS 'B'	NT	9:27.83	18
1) Dryburgh, Andrew M36	2) Baker, Maribeth W43		
3) Evans, Jeffrey M51	4) Boris, Stephanie W37		
29.93	1:04.48 (1:04.48)	1:39.89 (1:39.89)	2:14.21 (2:14.21)
2:49.95 (35.74)	3:30.56 (1:16.35)	4:12.32 (1:58.11)	4:53.24 (2:39.03)
5:22.57 (29.33)	5:55.50 (1:02.26)	6:29.08 (1:35.84)	7:02.10 (2:08.86)
7:35.38 (33.28)	8:12.06 (1:09.96)	8:50.82 (1:48.72)	9:27.83 (2:25.73)

**Mixed 35+ 200 Yard Medley Relay**

=====

ZONE: Z 1:45.00 4/20/2013 Montgomery Ancient Mariners  
 S Williams, W Dicks, M Conze, D Conze

NATL: ! 1:39.85 5/22/2010 COLORADO MASTER

S HART, M EISENHUTH, C O'SULLIVAN, C SAPPEY

Team	Seed	Finals	Points
1 CLUB TRIBE 'B'	1:45.50	1:47.14	18
1) Grier, Katie W38	2) Williams, Rich M41		
3) Wimberly, Lisa W40	4) Lovett, Michael M39		
27.81 55.62 (27.81)	1:25.38 (29.76)	1:47.14 (21.76)	
2 SPRING VALLEY YMCA MASTERS 'C'	2:05.50	1:57.47	14
1) Evans, Jeffrey M51	2) Dryburgh, Andrew M36		
3) Baker, Maribeth W43	4) Boris, Stephanie W37		
27.33 58.34 (31.01)	1:30.15 (31.81)	1:57.47 (27.32)	
3 RIPTIDE MASTERS 'A'	2:03.00	1:59.73	12
1) Zenyuh, James M40	2) Di Pippa, Tammy W50		
3) Cantilina, Amy W48	4) Rickard, Alan M60		
23.94 1:00.34 (36.40)	1:32.46 (32.12)	1:59.73 (27.27)	

**Mixed 35+ 400 Yard Medley Relay**

ZONE: Z 4:00.75 1997 Colonials 1776  
 NATL: ! 3:48.70 4/19/2009 WALNUT CREEK MA  
 D SANTOS, R SANTOS, A ZAMANIAN, D BOATWRIGHT

Team	Seed	Finals	Points
1 CLUB TRIBE 'B'	4:15.50	4:11.45	18
1) Rockwell, John M42	2) Thomas, RuthAnne W36		
3) Nilson, Matt M36	4) Davidson, Julia W40		
29.11 1:00.15 (1:00.15)	1:17.81 (17.66)	2:12.34 (1:12.19)	
2:37.23 (24.89) 3:06.28 (53.94)	3:36.63 (30.35)	4:11.45 (1:05.17)	
2 COLONIALS 1776 'A'	4:38.00	4:33.29	14
1) Swanson, Vibeke W55	2) Dougherty, Stephen M65		
3) Patterson, Thomas M39	4) Hug, Laurie W51		
33.63 1:08.59 (1:08.59)	1:45.74 (37.15)	2:27.24 (1:18.65)	
2:56.68 (29.44) 3:31.37 (1:04.13)	4:00.86 (29.49)	4:33.29 (1:01.92)	

**Mixed 45+ 200 Yard Freestyle Relay**

ZONE: Z 1:44.07 4/6/2014 Virginia Masters Swim Team  
 K Clear, C Conlin, G Harris, D Jaeger  
 NATL: ! 1:34.48 5/4/2008 ARIZONA MASTERS  
 J SMITH, M BAILEY, S ROLLINS, P SMITH

Team	Seed	Finals	Points
1 SPRING VALLEY YMCA MASTERS 'A'	1:46.09	1:41.19Z	18
1) Della Guardia, Jennifer W49	2) Sangmeister, Gary M46		
3) Henion, Theresa W45	4) Gross, Jeremy M45		
27.13 50.82 (23.69)	1:19.69 (28.87)	1:41.19 (21.50)	
2 RESTON MASTERS SWIM TEAM 'B'	1:55.55	1:55.48	14
1) Evans, Brian M52	2) Dawson, Mandy W54		
3) Eliot, Doug M52	4) McNamara, Beth W51		
28.19 57.83 (29.64)	1:24.33 (26.50)	1:55.48 (31.15)	
3 RESTON MASTERS SWIM TEAM 'C'	2:14.14	2:19.33	12
1) Moyer, Michelle W54	2) Hong, Chun M56		
3) Li, Eileen W56	4) Wynes, Tony M47		
33.22 1:02.89 (29.67)	2:19.33 (1:16.44)		

**Mixed 45+ 400 Yard Freestyle Relay**



ZONE: Z 4:03.93 4/4/2004 Virginia Masters SwimTeam

NATL: ! 3:33.66 4/29/2016 NEW YORK ATHLET

C BLAZE, T GLEASON, S WAGER, K GARY

Team	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'B'	4:08.00	4:14.34	18
1) Jaeger, Debbie W54	2) Mackall, Suni W54		
3) Sprenger, Kurt M47	4) Harris, Greg M53		
33.56 1:09.91 (1:09.91)	1:48.10 (38.19)	2:27.38 (1:17.47)	
2:53.57 (26.19)	3:21.80 (54.42)	3:47.03 (25.23)	4:14.34 (52.54)
2 RESTON MASTERS SWIM TEAM 'A'	4:44.44	4:42.94	14
1) Evans, Brian M52	2) Flynn, Merri W57		
3) Moyer, Michelle W54	4) Moyer, Steven M59		
28.96 1:00.90 (1:00.90)	1:40.34 (39.44)	2:21.56 (1:20.66)	
2:56.60 (35.04)	3:34.60 (1:13.04)	4:07.68 (33.08)	4:42.94 (1:08.34)

### Mixed 45+ 800 Yard Freestyle Relay

ZONE: Z 8:30.46 4/17/2011 Colonials 1776

NATL: ! 7:51.33 4/17/2009 WALNUT CREEK MA

D BOATWRIGHT, C O'BRIEN, M CURRAN, B GOTHBERG

Team	Seed	Finals	Points
1 RESTON MASTERS SWIM TEAM 'B'	9:51.51	9:38.44	18
1) Dawson, Mandy W54	2) Bass, Amy W46		
3) Evans, Brian M52	4) Eliot, Doug M52		
32.35 1:10.20 (1:10.20)	1:51.69 (1:51.69)	2:34.68 (2:34.68)	
3:08.29 (33.61)	3:45.17 (1:10.49)	4:24.98 (1:50.30)	5:05.77 (2:31.09)
5:22.26 (16.49)	6:11.84 (1:06.07)	6:48.61 (1:42.84)	
7:24.82 (36.21)	7:42.31 (53.70)	8:27.93 (1:39.32)	9:38.44 (2:49.83)
2 RESTON MASTERS SWIM TEAM 'C'	10:51.51	10:42.66	14
1) Moyer, Michelle W54	2) McNamara, Beth W51		
3) Wynes, Tony M47	4) Hong, Chun M56		
36.38 1:16.69 (1:16.69)	1:57.93 (1:57.93)	2:38.20 (2:38.20)	
3:14.28 (36.08)	3:56.18 (1:17.98)	4:40.39 (2:02.19)	5:24.18 (2:45.98)
6:02.11 (37.93)	6:43.38 (1:19.20)	7:25.94 (2:01.76)	8:43.45 (3:19.27)
9:22.06 (38.61)	10:03.89 (1:20.44)	10:42.66 (1:59.21)	

### Mixed 45+ 200 Yard Medley Relay

ZONE: Z 1:55.19 4/9/2016 Lane 4 Swimming

S Williams, J Kress, S Schutzmeister, N Buchholz

NATL: ! 1:44.02 5/4/2008 ARIZONA MASTERS

J SMITH, G MILLS, S ROLLINS, M BAILEY

Team	Seed	Finals	Points
1 SPRING VALLEY YMCA MASTERS 'A'	1:57.35	1:54.82Z	18
1) Della Guardia, Jennifer W49	2) Sangmeister, Gary M46		
3) Gross, Jeremy M45	4) Henion, Theresa W45		
32.27 1:01.75 (29.48)	1:25.46 (23.71)	1:54.82 (29.36)	
2 VIRGINIA MASTERS SWIM TEAM 'B'	2:07.00	2:10.02	14
1) Jaeger, Debbie W54	2) Harris, Greg M53		
3) Romo, Robert M58	4) Loftus-Charley, Shirley W65		
37.46 1:07.54 (30.08)	1:38.64 (31.10)	2:10.02 (31.38)	
3 RESTON MASTERS SWIM TEAM 'A'	2:32.32	2:23.47	12
1) Groves, Lisa W52	2) McNamara, Beth W51		
3) Eliot, Doug M52	4) Moyer, Steven M59		

	34.83	1:22.67 (47.84)	2:23.47 (1:00.80)		
4 MERRITT MARLINS 'B'			2:20.20	2:24.02	10
1) McGough, Tim M59			2) Snow, Karen W57		
3) Burgess, Doug M60			4) Brown, Ann W54		
	30.88	1:11.09 (40.21)	1:49.10 (38.01)	2:24.02 (34.92)	
5 GERMANTOWN MARYLAND MASTERS 'A'			2:50.00	2:48.46	8
1) Andrews, Lynne W69			2) Mallon, Barbara W50		
3) Robinson, David M73			4) Boyle, Michael M65		
	50.41	1:27.46 (37.05)	2:09.78 (42.32)	2:48.46 (38.68)	

#### Mixed 45+ 400 Yard Medley Relay

=====					
	ZONE: Z 4:28.24	2002 Virginia			
	NATL: ! 4:00.80	5/2/2004 OREGON MASTERS			
		K ANDRUS-HUGHES, P ALLENDER, C CRABBE, M TENNANT			
Team			Seed	Finals	Points
=====					
1 GERMANTOWN MARYLAND MASTERS 'A'			6:59.99	6:22.65	18
1) Andrews, Lynne W69			2) Boyle, Michael M65		
3) Robinson, David M73			4) Bancroft, Caren W46		
	45.97	1:37.78 (1:37.78)	2:31.34 (53.56)	3:29.04 (1:51.26)	
	4:18.49 (49.45)	5:13.86 (1:44.82)	5:30.41 (16.55)	6:22.65 (1:08.79)	

#### Mixed 55+ 200 Yard Freestyle Relay

=====					
	ZONE: Z 2:01.83	1990 New England			
	NATL: ! 1:40.97	4/13/2014 SARASOTA Y SHAR			
		J GROSELLE, T HEDRICK, N KRYKA, D DOYLE			
Team			Seed	Finals	Points
=====					
1 VIRGINIA MASTERS SWIM TEAM 'A'			2:05.10	2:04.27	18
1) Miller, Patricia W56			2) Loftus-Charley, Shirley W65		
3) Murray, Keith M58			4) Miller, Jim M66		
	32.12	1:03.78 (31.66)	1:32.78 (29.00)	2:04.27 (31.49)	

#### Mixed 55+ 400 Yard Freestyle Relay

=====					
	ZONE: Z 4:26.21	4/4/2004 DC Masters			
	NATL: ! 3:48.60	4/1/2012 PLANO WETCATS			
		T BARTON, J GOODING, L MORRISON, K MACCURDY			
Team			Seed	Finals	Points
=====					
1 VIRGINIA MASTERS SWIM TEAM 'C'			4:45.00	5:02.04	18
1) Boslego, Barbara W65			2) Loftus-Charley, Shirley W65		
3) Murray, Keith M58			4) Swiger, Ralph M60		
	37.80		1:53.56 ( )	2:30.51 ( )	
	3:02.21 (31.70)	3:38.21 (1:07.70)	4:18.45 (40.24)	5:02.04 (1:23.83)	

#### Mixed 55+ 800 Yard Freestyle Relay

=====					
	ZONE: Z 9:35.98	4/3/2004 DC Masters			
	NATL: ! 8:34.48	4/21/2013 UCLA BRUIN MAST			
		B MAGIT, J COOK, P O'KEEFFE, V HIBBEN			
Team			Seed	Finals	Points
=====					
1 VIRGINIA MASTERS SWIM TEAM 'B'			11:00.00	10:30.09	18
1) Miller, Patricia W56			2) Loftus-Charley, Shirley W65		

3) Murray, Keith M58	4) Swiger, Ralph M60					
35.63	1:13.86 (1:13.86)	1:52.37 (1:52.37)	2:30.79 (2:30.79)			
3:04.61 (33.82)	3:41.49 (1:10.70)	4:18.87 (1:48.08)	4:54.20 (2:23.41)			
6:05.21 (1:11.01)	6:44.55 (1:50.35)	7:23.12 (2:28.92)				
8:04.54 ( )	8:51.56 ( )	9:41.03 ( )	10:30.09 ( )			
2 RESTON MASTERS SWIM TEAM 'A'		10:28.28	10:37.16	14		
1) Brightwell, Kim W57	2) Flynn, Merri W57					
3) Rysdon, Jon M65	4) Scoggin, Sam M56					
32.55	1:08.91 (1:08.91)	1:46.75 (1:46.75)	2:24.78 (2:24.78)			
3:06.55 (41.77)	3:52.91 (1:28.13)	4:41.06 (2:16.28)	5:25.99 (3:01.21)			
6:02.08 (36.09)	6:42.20 (1:16.21)	7:23.48 (1:57.49)	8:03.75 (2:37.76)			
8:38.68 (34.93)	9:17.67 (1:13.92)	9:57.32 (1:53.57)	10:37.16 (2:33.41)			

**Mixed 55+ 200 Yard Medley Relay**

=====

ZONE: Z 2:16.14                    1987 New England  
 NATL: ! 1:52.96                    4/26/2015 PUGET SOUND MAS  
     Z COURTNEY, R COLELLA, D GRAHAM, C DAVIS

Team	Seed	Finals	Points
1 COLONIALS 1776 'A'	2:16.00	2:15.04Z	18
1) Swanson, Vibeke W55	2) Burke, Barbara W55		
3) Dougherty, Stephen M65	4) Tulenko, Tom M74		
33.09	1:11.28 (38.19)	1:41.96 (30.68)	2:15.04 (33.08)
2 PATRIOT MASTERS SWIM TEAM 'B'	2:19.99	2:17.78	14
1) Visos, Rebecca W58	2) Toner, Karlin W55		
3) Grecco, Paul M55	4) Weidner, Bob M60		
1:17.15	1:46.71 (29.56)	2:17.78 (31.07)	2:17.78 ( )

**Mixed 55+ 400 Yard Medley Relay**

=====

ZONE: Z 5:04.64                    1995 DC Masters  
 NATL: ! 4:17.57                    3/31/2012 PLANO WETCATS  
     T BARTON, K MACCURDY, J GOODING, L MORRISON

Team	Seed	Finals	Points
1 VIRGINIA MASTERS SWIM TEAM 'A'	5:45.00	5:27.26	18
1) Romo, Robert M58	2) Miller, Patricia W56		
3) Loftus-Charley, Shirley W65	4) Swiger, Ralph M60		
38.94	1:18.92 (1:18.92)	1:58.64 (39.72)	2:41.88 (1:22.96)
3:19.55 (37.67)	4:01.96 (1:20.08)	4:42.87 (40.91)	5:27.26 (1:25.30)

**Mixed 65+ 400 Yard Freestyle Relay**

=====

ZONE: Z 4:36.77                    4/12/2008 Virginia Masters Swim Team  
 NATL: ! 4:19.23                    3/11/2017 PALM BEACH MAST  
     D QUIGGIN, B JOHNSTON, F HARE, L CHILDS

Team	Seed	Finals	Points
1 RESTON MASTERS SWIM TEAM 'B'	5:33.33	5:37.01	18
1) Kirwan, Denise W65	2) Manheim, Lucy W74		
3) Rysdon, Jon M65	4) Snowwhite, Larry M70		
33.51	1:10.76 (1:10.76)	2:01.83 (51.07)	2:58.21 (1:47.45)
3:32.84 (34.63)	4:09.54 (1:11.33)	5:37.01 (1:27.47)	

**Mixed 65+ 200 Yard Medley Relay**

=====

ZONE: Z 2:29.78 1987 Connecticut  
 NATL: ! 2:06.22 5/10/2009 SAN DIEGO SWIM  
 B JORDAN, P ANDERSEN, K LODWIG, J MARR

Team	Seed	Finals Points
1 VIRGINIA MASTERS SWIM TEAM 'C'	NT	2:49.44 18
1) Walker, Laura W79	2) Gaulrapp, Edward M74	
3) Wise, Randy M75	4) Schreiner, Beth W76	
54.10 1:36.17 (42.07)	2:12.21 (36.04)	2:49.44 (37.23)
2 RESTON MASTERS SWIM TEAM 'C'	2:57.57	3:12.61 14
1) Manheim, Lucy W74	2) Kirwan, Denise W65	
3) Pilette, Sterling M75	4) Nobbe, Nick M78	
55.73	2:24.98 ( )	3:12.61 (47.63)

**Mixed 65+ 400 Yard Medley Relay**

ZONE: Z 5:23.62 4/13/2008 Virginia Masters Swim Team  
 NATL: ! 5:20.49 4/1/2007 SAN DIEGO SWIM  
 B JORDAN, B BEST, M FRESHLEY, G CLIFFORD

Team	Seed	Finals Points
1 RESTON MASTERS SWIM TEAM 'A'	6:35.35	6:34.74 18
1) Manheim, Lucy W74	2) Kirwan, Denise W65	
3) Paulson, Laurence M68	4) Snowwhite, Larry M70	
1:00.06 2:00.62 (2:00.62)	2:42.05 (41.43)	
4:14.15 ( ) 5:05.38 ( )	5:22.76 (17.38)	6:34.74 (1:29.36)