

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Women 18-24 50 SC Meter Freestyle**

<b>NATL: 25.58 N 11/20/10 J BECKBERGER</b>			
<b>ZONECHAMPS: 26.63 Z 1/1/08 Shana Welch</b>			
1	McGahie, Kaitlin	23	Worcester Area M-2 30.91
2	O'Leary, Megan R	24	Tech Masters-2 31.83
3	Miller, Melody	24	Great Bay Master-2 36.42

**Women 18-24 100 SC Meter Freestyle**

<b>NATL: 55.86 N 11/21/10 J BECKBERGER</b>			
<b>ZONECHAMPS: 1:00.29 Z 1/1/03 Kelly Bowman</b>			
1	Daigle, Jessica	23	Worcester Area M-2 1:09.42
	33.38	1:09.42	
2	O'Leary, Megan R	24	Tech Masters-2 1:09.57
	33.28	1:09.57	
3	Ryan, Allison T	24	Worcester Area M-2 1:11.83
	34.03	1:11.83	

**Women 18-24 200 SC Meter Freestyle**

<b>NATL: 2:03.39 N 12/6/09 ALEXANDRA LEE</b>			
<b>ZONECHAMPS: 2:10.67 Z 12/11/15 Courtney Beidler</b>			
1	Daigle, Jessica	23	Worcester Area M-2 2:32.21
	35.96	1:14.39	1:53.86 2:32.21
2	O'Leary, Megan R	24	Tech Masters-2 2:33.89
	34.49	1:12.28	1:53.10 2:33.89

**Women 18-24 400 SC Meter Freestyle**

<b>NATL: 4:19.91 N 12/4/10 MARINA FALCONE</b>			
<b>ZONECHAMPS: 4:33.15 Z 1/1/99 Emily Peters</b>			
1	Middlebrook, Darby	23	Charles River Ma-2 5:01.39
	34.56	1:11.85	1:49.97 2:28.91
	3:07.30	3:46.21	4:24.20 5:01.39
2	Ryabin, Jessica	24	Charles River Ma-2 5:04.46
	34.33	1:13.03	1:51.73 2:29.58
	3:07.31	3:45.59	4:25.57 5:04.46
3	DeSanty, Kayla M	24	Burbank YMCA Mas- 5:23.91
	32.93	1:11.69	1:53.60 2:35.56
	3:18.15	4:00.76	4:43.35 5:23.91

**Women 18-24 800 SC Meter Freestyle**

<b>NATL: 8:58.71 N 12/9/01 DAWN HECKMAN</b>			
<b>ZONECHAMPS: 9:24.49 Z 1/1/99 Emily Peters</b>			
1	DeSanty, Kayla M	24	Burbank YMCA Mas- 10:51.26
	33.99	1:14.22	1:55.28 2:36.60
	3:17.90	3:58.93	4:40.23 5:21.60
	6:02.72	6:44.03	7:25.38 8:07.09
	8:48.92	9:30.65	10:11.58 10:51.26

**Women 18-24 50 SC Meter Backstroke**

<b>NATL: 29.69 N 12/10/00 PAIGE FRANCIS</b>			
<b>ZONECHAMPS: 30.89 Z 12/15/13 Charlotte Brackett</b>			
1	O'Leary, Megan R	24	Tech Masters-2 36.49
2	Daigle, Jessica	23	Worcester Area M-2 40.54

**Women 18-24 50 SC Meter Breaststroke**

<b>NATL: 32.09 N 12/10/95 BEATA KASZUBA</b>			
<b>ZONECHAMPS: 34.65 Z 1/1/02 Petra Adamkova</b>			
1	Ryan, Allison T	24	Worcester Area M-2 42.07
2	Su, Cindy	24	Charles River Ma-2 45.22

**Women 18-24 100 SC Meter Breaststroke**

<b>NATL: 1:08.89 N 12/10/95 BEATA KASZUBA</b>			
<b>ZONECHAMPS: 1:17.32 Z 12/14/14 Molly Smith</b>			
1	McGahie, Kaitlin	23	Worcester Area M-2 1:30.98
	42.44	1:30.98	

**Women 18-24 50 SC Meter Butterfly**

<b>NATL: 28.37 N 12/5/09 MEG GILL</b>			
<b>ZONECHAMPS: 29.96 Z 12/12/10 Kristine Trutor</b>			
1	DeSanty, Kayla M	24	Burbank YMCA Mas- 33.63
2	O'Leary, Megan R	24	Tech Masters-2 35.06
3	McGahie, Kaitlin	23	Worcester Area M-2 35.33
4	Su, Cindy	24	Charles River Ma-2 35.69
5	Miller, Melody	24	Great Bay Master-2 43.94

**Women 18-24 100 SC Meter Butterfly**

<b>NATL: 1:01.22 N 10/29/11 KATHERINE MILLS</b>			
<b>ZONECHAMPS: 1:06.67 Z 12/14/14 Alana Aubin</b>			
1	O'Leary, Megan R	24	Tech Masters-2 1:20.43
	37.05	1:20.43	

**Women 18-24 100 SC Meter IM**

<b>NATL: 1:01.74 N 12/6/09 KARA DENBY</b>			
<b>ZONECHAMPS: 1:07.56 Z 1/1/08 Shana Welch</b>			
1	Ryabin, Jessica	24	Charles River Ma-2 1:12.96
	34.60	1:12.96	
2	McGahie, Kaitlin	23	Worcester Area M-2 1:18.83
	37.67	1:18.83	
3	Su, Cindy	24	Charles River Ma-2 1:25.25
	40.43	1:25.25	
4	Miller, Melody	24	Great Bay Master-2 1:35.04
	43.85	1:35.04	

**Women 18-24 200 SC Meter IM**

<b>NATL: 2:19.73 N 12/4/09 KARA DENBY</b>			
<b>ZONECHAMPS: 2:30.16 Z 12/13/14 Courtney Beidler</b>			
1	Middlebrook, Darby	23	Charles River Ma-2 2:44.28
	37.76	1:24.44	2:07.25 2:44.28
2	DeSanty, Kayla M	24	Burbank YMCA Mas- 2:49.72
	35.16	1:18.80	2:09.70 2:49.72

**Women 25-29 50 SC Meter Freestyle**

<b>WORLD: 25.42 W 3/12/06 SUMIKA KOMATSU</b>			
<b>NATL: 25.52 N 12/2/17 L IBANEZ LOPEZ</b>			
<b>ZONECHAMPS: 27.52 Z 12/11/10 Katrine Alcaide</b>			
1	Ireland, Heather	28	SwimRI-2 28.46
2	Aubin, Alana	28	Charles River Ma-2 29.54
3	Caron, Danielle M	27	Worcester Area M-2 32.20
4	Kalsow, Andrea	28	OakSquare YMCA-2 33.96
5	Jokiaho, Franchesca	25	Burbank YMCA Mas- 34.20

**Women 25-29 100 SC Meter Freestyle**

<b>WORLD: 54.53 W 10/24/15 EMMA GAGE</b>			
<b>NATL: 55.06 N 12/1/17 L IBANEZ LOPEZ</b>			
<b>ZONECHAMPS: 59.45 Z 12/13/14 Elizabeth Mancuso</b>			
1	Randolph, Courtney M	27	Umac-Terrapin Ma-1 1:00.60
	29.85	1:00.60	
2	O'Connor, Alison	25	King Fins Aquati-2 1:05.62
	31.55	1:05.62	

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**(Women 25-29 100 SC Meter Freestyle)**

3 Hudak, Joan A 29 Charles River Ma-2 1:08.79  
 32.39 1:08.79

**Women 25-29 200 SC Meter Freestyle**

**WORLD: 1:59.39 W 12/3/17 LIBANEZ LOPEZ**

**NATL: 1:59.39 N 12/3/17 LIBANEZ LOPEZ**

**ZONECHAMPS: 2:11.34 Z 12/14/13 Elizabeth Mancuso**

1 Randolph, Courtney M 27 Umac-Terrapin Ma-1 2:12.68  
 31.45 1:05.11 1:39.18 2:12.68  
 2 Smith, Molly 27 Charles River Ma-2 2:18.48  
 33.60 1:07.98 1:43.36 2:18.48  
 3 O'Connor, Alison 25 King Fins Aquati-2 2:24.74  
 32.56 1:08.11 1:45.81 2:24.74

**Women 25-29 400 SC Meter Freestyle**

**WORLD: 4:15.74 W 10/27/13 SOPHIE CASSON**

**NATL: 4:24.18 N 3/31/96 SHEILA TAORMINA**

**ZONECHAMPS: 4:40.25 Z 12/11/10 Elizabeth Mancuso**

1 Randolph, Courtney M 27 Umac-Terrapin Ma-1 4:32.84Z  
 31.65 1:05.39 1:39.66 2:14.06  
 2:48.73 3:23.51 3:58.40 4:32.84  
 2 Ireland, Heather 28 SwimRI-2 4:50.34  
 32.84 1:07.98 1:44.10 2:20.78  
 2:58.06 3:35.69 4:12.64 4:50.34  
 3 Aubin, Alana 28 Charles River Ma-2 4:55.69  
 33.04 1:09.55 1:46.79 2:24.57  
 3:02.43 3:40.58 4:18.46 4:55.69  
 4 Lunn Owen, Molly 29 Granite State Pe-2 5:32.80  
 35.52 1:16.40 1:58.16 2:40.92  
 3:24.11 4:07.70 4:50.58 5:32.80  
 --- Smith, Molly 27 Charles River Ma-2 X4:48.81  
 33.47 1:09.17 1:45.41 2:21.89  
 2:57.93 3:34.94 4:12.10 4:48.81

**Women 25-29 800 SC Meter Freestyle**

**WORLD: 8:51.18 W 3/31/96 SHEILA TAORMINA**

**NATL: 8:51.18 N 3/31/96 SHEILA TAORMINA**

**ZONECHAMPS: 9:45.98 Z 1/1/03 Patricia Flynn**

1 Aubin, Alana 28 Charles River Ma-2 9:59.36  
 33.58 1:10.71 1:48.65 2:26.57  
 3:04.58 3:42.76 4:20.85 4:58.67  
 5:36.43 6:14.71 6:52.47 7:30.29  
 8:07.83 8:45.28 9:22.74 9:59.36  
 2 Caron, Danielle M 27 Worcester Area M-2 11:16.12  
 37.16 1:17.86 2:00.05 2:42.31  
 3:24.97 4:07.64 4:50.56 5:33.61  
 6:17.18 7:00.23 7:43.56 8:26.41  
 9:09.49 9:52.33 10:35.17 11:16.12

**Women 25-29 50 SC Meter Backstroke Time Trial**

**WORLD: 27.88 W 6/14/15 YURIE OGA**

**NATL: 28.92 N 3/3/12 DIANA MACMANUS**

**ZONECHAMPS: 31.64 Z 1/1/04 Jenny Mooney**

**- Time Trial**

2 Randolph, Courtney M 27 Umac-Terrapin Ma-1 32.20

**Women 25-29 50 SC Meter Backstroke**

**WORLD: 27.88 W 6/14/15 YURIE OGA**

**NATL: 28.92 N 3/3/12 DIANA MACMANUS**

**ZONECHAMPS: 31.64 Z 1/1/04 Jenny Mooney**

1 O'Connor, Alison 25 King Fins Aquati-2 33.61  
 2 Hudak, Joan A 29 Charles River Ma-2 34.70  
 3 Caron, Danielle M 27 Worcester Area M-2 37.09  
 --- Muratova, Anna 27 Tech Masters-2 DQ

**Women 25-29 100 SC Meter Backstroke**

**WORLD: 1:00.63 W 5/10/15 YURIE OGA**

**NATL: 1:02.89 N 11/15/14 ERIN CAMPBELL**

**ZONECHAMPS: 1:06.51 Z 12/12/10 Kate Hibbard**

1 Muratova, Anna 27 Tech Masters-2 1:08.70  
 33.30 1:08.70  
 2 Hudak, Joan A 29 Charles River Ma-2 1:16.56  
 36.85 1:16.56  
 3 Caron, Danielle M 27 Worcester Area M-2 1:19.35  
 38.42 1:19.35

**Women 25-29 100 SC Meter Backstroke Time Trial**

**WORLD: 1:00.63 W 5/10/15 YURIE OGA**

**NATL: 1:02.89 N 11/15/14 ERIN CAMPBELL**

**ZONECHAMPS: 1:06.51 Z 12/12/10 Kate Hibbard**

**- Time Trial**

1 Randolph, Courtney M 27 Umac-Terrapin Ma-1 1:07.38  
 33.77 1:07.38

**Women 25-29 200 SC Meter Backstroke**

**WORLD: 2:12.84 W 11/20/05 KANA OHASHI**

**NATL: 2:14.77 N 11/17/01 LIA OBERSTAR**

**ZONECHAMPS: 2:25.53 Z 12/11/10 Kate Hibbard**

1 Muratova, Anna 27 Tech Masters-2 2:28.71  
 34.24 1:10.78 1:49.46 2:28.71  
 2 Ireland, Heather 28 SwimRI-2 2:29.15  
 34.96 1:12.34 1:50.95 2:29.15  
 3 Hudak, Joan A 29 Charles River Ma-2 2:46.95  
 38.33 1:21.33 2:04.64 2:46.95  
 4 Caron, Danielle M 27 Worcester Area M-2 2:51.09  
 39.73 1:22.92 2:07.07 2:51.09  
 5 Jokiaho, Franchesca 25 Burbank YMCA Mas- 3:20.49  
 46.63 1:36.40 2:28.60 3:20.49

**Women 25-29 50 SC Meter Breaststroke**

**WORLD: 30.50 W 6/8/14 PETRA CHOCOVA**

**NATL: 31.87 N 11/21/10 MEGAN JENDRICK**

**ZONECHAMPS: 35.89 Z 12/11/10 Kirsten Rasmuso**

1 Hudak, Joan A 29 Charles River Ma-2 40.76

**Women 25-29 100 SC Meter Breaststroke**

**WORLD: 1:06.83 W 6/7/14 PETRA CHOCOVA**

**NATL: 1:10.04 N 4/15/12 MEGAN JENDRICK**

**ZONECHAMPS: 1:17.36 Z 12/9/16 Courtney Randolph**

1 Randolph, Courtney M 27 Umac-Terrapin Ma-1 1:16.95Z  
 36.63 1:16.95  
 2 Smith, Molly 27 Charles River Ma-2 1:17.66  
 37.74 1:17.66  
 3 Hatic, Dana E 28 NEM-U 1:21.47  
 37.99 1:21.47

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**(Women 25-29 100 SC Meter Breaststroke)**

4	Hudak, Joan A	29	Charles River Ma-2	1:27.38
	40.97		1:27.38	

**Women 25-29 200 SC Meter Breaststroke**

**WORLD: 2:29.80 W 4/14/12 MEGAN JENDRICK**

**NATL: 2:29.80 N 4/14/12 MEGAN JENDRICK**

**ZONECHAMPS: 2:46.82 Z 12/14/13 Chelsea Bueter**

1	Smith, Molly	27	Charles River Ma-2	2:45.94Z
	38.75		1:20.63	2:03.35
			2:45.94	

**Women 25-29 50 SC Meter Butterfly**

**WORLD: 26.14 W 1/19/18 ELINORE DE JONG**

**NATL: 26.31 N 10/11/15 CLAIRE DONAHUE**

**ZONECHAMPS: 29.47 Z 12/13/14 Elizabeth Mancuso**

1	Kalsow, Andrea	28	OakSquare YMCA-2	37.59
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**Women 25-29 100 SC Meter Butterfly**

**WORLD: 58.11 W 12/12/15 CLAIRE DONAHUE**

**NATL: 58.11 N 12/12/15 CLAIRE DONAHUE**

**ZONECHAMPS: 1:06.23 Z 12/14/14 Elizabeth Mancuso**

1	Aubin, Alana	28	Charles River Ma-2	1:08.06
	31.81		1:08.06	
2	Lunn Owen, Molly	29	Granite State Pe-2	1:25.42
	38.67		1:25.42	

**Women 25-29 200 SC Meter Butterfly**

**WORLD: 2:09.64 W 5/8/10 YUKO NAKANISHI**

**NATL: 2:17.83 N 10/10/15 CLAIRE DONAHUE**

**ZONECHAMPS: 2:29.28 Z 12/14/13 Elizabeth Mancuso**

1	Aubin, Alana	28	Charles River Ma-2	2:36.25
	34.11		1:12.93	1:54.55
			2:36.25	

**Women 25-29 100 SC Meter IM**

**WORLD: 1:02.29 W 6/8/14 PETRA CHOCOVA**

**NATL: 1:03.41 N 1/23/11 MEGAN JENDRICK**

**ZONECHAMPS: 1:08.46 Z 12/9/16 Courtney Randolph**

1	Aubin, Alana	28	Charles River Ma-2	1:12.25
	33.62		1:12.25	
2	Hatic, Dana E	28	NEM-U	1:16.48
	36.50		1:16.48	
3	Hudak, Joan A	29	Charles River Ma-2	1:16.64
	35.22		1:16.64	
4	Caron, Danielle M	27	Worcester Area M-2	1:21.55
	37.12		1:21.55	
5	Lunn Owen, Molly	29	Granite State Pe-2	1:22.97
	38.93		1:22.97	
6	Kalsow, Andrea	28	OakSquare YMCA-2	1:27.10
	38.32		1:27.10	

**Women 25-29 200 SC Meter IM**

**WORLD: 2:17.17 W 4/23/06 HITOMI MATSUDA**

**NATL: 2:21.79 N 12/12/98 WENKE HANSEN**

**ZONECHAMPS: 2:24.80 Z 12/9/16 Courtney Randolph**

1	Randolph, Courtney M	27	Umac-Terrapin Ma-1	2:24.39Z
	32.06		1:08.88	1:51.02
			2:24.39	
2	Smith, Molly	27	Charles River Ma-2	2:30.77
	33.88		1:13.81	1:55.88
			2:30.77	
3	Aubin, Alana	28	Charles River Ma-2	2:35.96
	32.44		1:12.86	1:59.15
			2:35.96	

4	Hatic, Dana E	28	NEM-U	2:42.11
	34.80		1:17.42	2:03.04
			2:42.11	
5	Hudak, Joan A	29	Charles River Ma-2	2:44.96
	35.63		1:15.93	2:05.17
			2:44.96	
6	Lunn Owen, Molly	29	Granite State Pe-2	2:56.89
	38.59		1:23.63	2:16.77
			2:56.89	

**Women 25-29 400 SC Meter IM**

**WORLD: 4:44.98 W 9/27/15 K.BARANOWSKA**

**NATL: 5:02.54 N 12/13/98 WENKE HANSEN**

**ZONECHAMPS: 5:08.66 Z 12/9/16 Courtney Randolph**

1	Randolph, Courtney M	27	Umac-Terrapin Ma-1	5:07.41Z
	33.67		1:11.05	1:50.28
			3:12.62	3:56.94
			4:32.73	5:07.41
2	Smith, Molly	27	Charles River Ma-2	5:20.62
	34.70		1:14.34	1:57.35
			3:23.35	4:08.06
			4:45.01	5:20.62
3	Aubin, Alana	28	Charles River Ma-2	5:33.73
	34.13		1:13.20	1:57.73
			3:29.52	4:17.91
			4:56.57	5:33.73

**Women 30-34 50 SC Meter Freestyle**

**WORLD: 25.17 W 11/29/14 S.KNIAGININA**

**NATL: 25.69 N 11/10/12 ERIKA ERNDL**

**ZONECHAMPS: 26.51 Z 12/14/14 Katrine Alcaide**

1	Nihan, Lianne E	30	North Suburban Y-2	28.94
2	Trutor, Kristine L	30	Great Bay Master-2	29.78
3	Orben, Erin	34	Landshark Master-8	30.00
4	Rose, Laura C	32	Umac-Terrapin Ma-1	30.34
5	McGrail, Crystie	34	Great Bay Master-2	31.05
6	Howell, Ginger B	33	Charles River Ma-2	31.32
7	Braniecki, Ashley	33	O*H*I*O Masters-18	31.59
8	Bernstein, Heather	33	Connecticut Mast-5	31.67
9	Bonin, Angelina	33	SwimRI-2	32.11
10	Maietta, Lauren	30	OakSquare YMCA-2	32.51
11	Rinaldo, Amy	32	Charles River Ma-2	33.50
12	Hatic, Meredith B	30	NEM-U	34.08
13	Wellman, Meghan A	32	Minuteman Master-2	35.93
14	Salcedo, Mary	30	Charles River Ma-2	38.22
15	Perkins, Sarah K	34	Connecticut Mast-5	1:00.20
16	Dennison, Laura M	34	Charles River Ma-2	1:06.30

**Women 30-34 100 SC Meter Freestyle**

**WORLD: 54.75 W 10/13/12 ERIKA ERNDL**

**NATL: 54.75 N 10/13/12 ERIKA ERNDL**

**ZONECHAMPS: 59.50 Z 12/11/15 Elizabeth Mancuso**

1	Rose, Laura C	32	Umac-Terrapin Ma-1	1:06.10
	31.73		1:06.10	
2	Maietta, Lauren	30	OakSquare YMCA-2	1:10.47
	33.26		1:10.47	
3	Howell, Ginger B	33	Charles River Ma-2	1:11.36
	33.49		1:11.36	
4	Wellman, Meghan A	32	Minuteman Master-2	1:18.83
	38.36		1:18.83	
5	Owens, Megan	30	YMCA of Greater-2	1:21.74
	37.62		1:21.74	
6	Perkins, Sarah K	34	Connecticut Mast-5	2:17.20
	1:04.05		2:17.20	

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**(Women 30-34 100 SC Meter Freestyle)**

7	Dennison, Laura M	34	Charles River Ma-2	2:29.79
	1:09.01		2:29.79	

**Women 30-34 200 SC Meter Freestyle**

**WORLD: 2:02.03 W 10/27/17 SOPHIE CASSON**

**NATL: 2:04.64 N 12/15/96 K PIPES-NEILSEN**

**ZONECHAMPS: 2:10.60 Z 12/11/15 Elizabeth Mancuso**

1	Rose, Laura C	32	Umac-Terrapin Ma-1	2:23.58
	33.30		1:09.68	1:47.01 2:23.58
2	Tonelli, Marlena	30	Umac-Terrapin Ma-1	2:25.56
	34.32		1:11.22	1:48.73 2:25.56
3	Orben, Erin	34	Landshark Master-8	2:31.38
	36.25		1:15.99	1:54.43 2:31.38
4	Howell, Ginger B	33	Charles River Ma-2	2:31.89
	35.04		1:13.22	1:52.88 2:31.89
5	Duguay, Melissa	31	Connecticut Mast-5	3:20.50
	45.58		1:35.83	2:30.18 3:20.50

**Women 30-34 200 SC Meter Freestyle Time Trial**

**WORLD: 2:02.03 W 10/27/17 SOPHIE CASSON**

**NATL: 2:04.64 N 12/15/96 K PIPES-NEILSEN**

**ZONECHAMPS: 2:10.60 Z 12/11/15 Elizabeth Mancuso**

**- Time Trial**

1	Wellman, Meghan A	32	Minuteman Master-2	2:59.35
	40.28		1:25.86	2:12.55 2:59.35

**Women 30-34 400 SC Meter Freestyle**

**WORLD: 4:14.56 W 10/28/17 SOPHIE CASSON**

**NATL: 4:17.82 N 12/4/11 DAWN HECKMAN**

**ZONECHAMPS: 4:22.77 Z 1/1/03 Erika Hansen**

1	Tonelli, Marlena	30	Umac-Terrapin Ma-1	4:59.99
	34.52		1:11.39	1:48.74 2:26.47
	3:04.52		3:43.02	4:21.67 4:59.99
2	Bernstein, Heather	33	Connecticut Mast-5	5:07.12
	35.71		1:13.63	1:52.16 2:31.12
	3:09.86		3:49.19	4:28.43 5:07.12
3	Nihan, Lianne E	30	North Suburban Y-2	5:12.90
	34.69		1:12.37	1:51.91 2:32.90
	3:14.36		3:56.03	4:35.84 5:12.90
4	Sawicz, Kasia M	34	Chelsea Piers fi-6	5:13.61
	34.93		1:13.11	1:52.68 2:32.66
	3:13.30		3:53.75	4:34.12 5:13.61
5	Howell, Ginger B	33	Charles River Ma-2	5:30.29
	35.53		1:15.20	1:56.45 2:38.64
	3:21.73		4:04.68	4:48.41 5:30.29
6	Rood, Jenny	33	Tech Masters-2	5:32.99
	37.09		1:18.68	2:01.05 2:43.28
	3:25.36		4:08.23	4:50.89 5:32.99
7	Rinaldo, Amy	32	Charles River Ma-2	5:41.40
	38.08		1:21.24	2:05.86 2:50.56
	3:34.44		4:17.66	5:00.45 5:41.40
8	Wellman, Meghan A	32	Minuteman Master-2	6:12.08
	40.93		1:26.00	2:12.85 3:00.89
	3:49.27		4:37.64	5:25.82 6:12.08
9	Salcedo, Mary	30	Charles River Ma-2	6:15.02
	43.18		1:29.93	2:17.23 3:04.70
	3:52.59		4:40.81	5:28.15 6:15.02

10	Duguay, Melissa	31	Connecticut Mast-5	7:03.23
	47.53		1:39.29	2:32.34 3:26.23
	4:20.73		5:16.73	6:12.20 7:03.23
11	Dennison, Laura M	34	Charles River Ma-2	10:33.79
	1:10.30		2:27.42	3:47.56 5:07.00
	6:32.63		7:51.48	9:12.04 10:33.79

**Women 30-34 800 SC Meter Freestyle**

**WORLD: 8:38.58 W 12/4/11 DAWN HECKMAN**

**NATL: 8:38.58 N 12/4/11 DAWN HECKMAN**

**ZONECHAMPS: 9:06.49 Z 1/1/03 Erika Hansen**

1	Sawicz, Kasia M	34	Chelsea Piers fi-6	11:00.84
	36.55		1:16.70	1:57.64 2:39.12
	3:20.71		4:02.45	4:44.00 5:25.65
	6:07.88		6:49.71	7:31.71 8:13.95
	8:55.57		9:37.82	10:19.77 11:00.84
2	Howell, Ginger B	33	Charles River Ma-2	11:20.47
	35.20		1:15.00	1:56.49 2:37.97
	3:19.78		4:01.69	4:43.94 5:26.40
	6:10.06		6:54.28	7:38.98 8:23.50
	9:07.78		9:52.60	10:36.99 11:20.47
3	Rinaldo, Amy	32	Charles River Ma-2	11:42.83
	38.80		1:22.02	2:06.57 2:51.01
	3:35.39		4:20.44	5:04.99 5:49.76
	6:34.24		7:18.83	8:03.67 8:48.35
	9:33.11		10:17.16	11:00.82 11:42.83
4	McGrail, Crystie	34	Great Bay Master-2	11:47.01
	36.69		1:17.67	2:00.28 2:43.79
	3:27.83		4:12.54	4:57.61 5:43.27
	6:28.90		7:14.65	8:00.36 8:46.21
	9:32.17		10:17.48	11:02.77 11:47.01
5	Wellman, Meghan A	32	Minuteman Master-2	13:27.26
	43.60		1:31.96	2:21.97 3:13.01
	4:04.23		4:56.19	5:47.94 6:39.68
	7:31.47		8:23.06	9:13.93 10:04.88
	10:56.39		11:47.51	12:38.42 13:27.26

**Women 30-34 50 SC Meter Backstroke**

**WORLD: 27.43 W 4/19/09 MAI NAKAMURA**

**NATL: 27.61 N 11/21/09 NORIKO INADA**

**ZONECHAMPS: 30.28 Z 12/14/14 Christina Pansini Rose**

1	McGrail, Crystie	34	Great Bay Master-2	34.66
2	Owens, Megan	30	YMCA of Greater-2	41.16
3	Duguay, Melissa	31	Connecticut Mast-5	46.24
4	Forté, Marta	31	Worcester Area M-2	1:00.51
5	Dennison, Laura M	34	Charles River Ma-2	1:14.05

**Women 30-34 100 SC Meter Backstroke**

**WORLD: 1:00.90 W 3/7/10 KANA YAMAGUCHI**

**NATL: 59.53 N 11/22/09 NORIKO INADA**

**ZONECHAMPS: 1:07.09 Z 12/11/15 Mollie Grover**

1	McGrail, Crystie	34	Great Bay Master-2	1:18.00
	37.70		1:18.00	
2	Maietta, Lauren	30	OakSquare YMCA-2	1:22.13
	39.61		1:22.13	
3	Howell, Ginger B	33	Charles River Ma-2	1:27.54
	42.53		1:27.54	
4	Owens, Megan	30	YMCA of Greater-2	1:32.43
	44.07		1:32.43	

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

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**(Women 30-34 100 SC Meter Backstroke)**

5 Duguay, Melissa	31 Connecticut Mast-5	1:40.42
50.03	1:40.42	
6 Dennison, Laura M	34 Charles River Ma-2	2:33.47
1:13.39	2:33.47	

**Women 30-34 200 SC Meter Backstroke**

**WORLD: 2:11.86 W 4/21/12 KANA YAMAGUCHI**  
**NATL: 2:12.47 N 11/22/08 L OBERSTAR-BROWN**

**ZONECHAMPS: 2:25.19 Z 12/11/15 Mollie Grover**

1 Trutor, Kristine L	30 Great Bay Master-2	2:37.73
37.04	1:16.82	1:57.92
2 McGrail, Crystie	34 Great Bay Master-2	2:49.38
40.69	1:23.62	2:07.25
3 Cook, Emily L	32 Great Bay Master-2	3:31.31
49.90	1:43.35	2:38.45
4 Duguay, Melissa	31 Connecticut Mast-5	3:33.16
51.11	1:44.92	2:40.21

**Women 30-34 50 SC Meter Breaststroke**

**WORLD: 31.35 W 11/29/15 NICOLE HEIDEMANN**  
**NATL: 32.17 N 12/4/11 HANNAH CALDAS**

**ZONECHAMPS: 33.43 Z 12/11/15 Katrine Alcaide**

1 Rose, Laura C	32 Umac-Terrapin Ma-1	39.46
2 Dombrowski, Sarah B	30 Nutmeg Masters S-2	39.92
3 Cook, Emily L	32 Great Bay Master-2	41.95
4 Howell, Ginger B	33 Charles River Ma-2	46.17
5 Owens, Megan	30 YMCA of Greater-2	52.67
6 Wellman, Meghan A	32 Minuteman Master-2	53.99
7 Dennison, Laura M	34 Charles River Ma-2	1:10.14

**Women 30-34 100 SC Meter Breaststroke**

**WORLD: 1:06.98 W 4/17/10 HITOMI MATSUDA**  
**NATL: 1:10.00 N 12/10/00 WENKE HANSEN**

**ZONECHAMPS: 1:17.73 Z 12/9/16 Elizabeth Mancuso**

1 Nihan, Lianne E	30 North Suburban Y-2	1:23.27
38.65	1:23.27	
2 Tonelli, Marlana	30 Umac-Terrapin Ma-1	1:23.61
40.00	1:23.61	
3 Fletcher, Alyson	33 Charles River Ma-2	1:28.91
42.25	1:28.91	
4 Bonin, Angelina	33 SwimRI-2	1:29.54
42.26	1:29.54	
5 Clark, Erica	32 Maine Masters Sw-2	1:33.16
44.41	1:33.16	
6 Cook, Emily L	32 Great Bay Master-2	1:33.94
45.30	1:33.94	
7 Perkins, Sarah K	34 Connecticut Mast-5	3:30.88
1:34.82	3:30.88	

**Women 30-34 200 SC Meter Breaststroke**

**WORLD: 2:26.96 W 4/18/09 HITOMI MATSUDA**  
**NATL: 2:30.65 N 12/10/00 WENKE HANSEN**

**ZONECHAMPS: 2:49.09 Z 12/9/16 Elizabeth Mancuso**

1 Dombrowski, Sarah B	30 Nutmeg Masters S-2	3:00.80
40.66	1:26.73	2:13.71
2 Tonelli, Marlana	30 Umac-Terrapin Ma-1	3:01.49
42.83	1:28.92	2:15.69

3 Sawicz, Kasia M	34 Chelsea Piers fi-6	3:08.99
42.96	1:30.55	2:19.20
4 Cook, Emily L	32 Great Bay Master-2	3:24.22
1:38.96	3:24.22	

**Women 30-34 50 SC Meter Butterfly**

**WORLD: 27.08 W 1/10/16 YUKA KATO**

**NATL: 27.89 N 12/10/11 NORIKO INADA**

**ZONECHAMPS: 29.03 Z 12/13/14 Katrine Alcaide**

1 Trutor, Kristine L	30 Great Bay Master-2	30.69
2 Orben, Erin	34 Landshark Master-8	32.44
3 Braniecki, Ashley	33 O*H*I*O Masters-18	33.40
4 Rose, Laura C	32 Umac-Terrapin Ma-1	33.72
5 Bernstein, Heather	33 Connecticut Mast-5	33.95
6 Sawicz, Kasia M	34 Chelsea Piers fi-6	34.00
7 McGrail, Crystie	34 Great Bay Master-2	34.32
8 Howell, Ginger B	33 Charles River Ma-2	34.63
9 Clark, Erica	32 Maine Masters Sw-2	35.64
10 Maietta, Lauren	30 OakSquare YMCA-2	35.93
11 Bonin, Angelina	33 SwimRI-2	37.18
12 Wellman, Meghan A	32 Minuteman Master-2	40.30
13 Cook, Emily L	32 Great Bay Master-2	41.55
14 Salcedo, Mary	30 Charles River Ma-2	48.24
15 Perkins, Sarah K	34 Connecticut Mast-5	1:18.95

**Women 30-34 100 SC Meter Butterfly**

**WORLD: 59.82 W 11/20/16 ANNA POLIAKOVA**

**NATL: 1:00.34 N 10/13/12 ERIKA ERNDL**

**ZONECHAMPS: 1:06.27 Z 12/11/15 Elizabeth Mancuso**

1 Trutor, Kristine L	30 Great Bay Master-2	1:14.07
33.43	1:14.07	
2 Sawicz, Kasia M	34 Chelsea Piers fi-6	1:15.36
35.40	1:15.36	
3 Rose, Laura C	32 Umac-Terrapin Ma-1	1:17.15
34.48	1:17.15	
4 Howell, Ginger B	33 Charles River Ma-2	1:19.51
36.32	1:19.51	
5 Salcedo, Mary	30 Charles River Ma-2	1:47.93
50.87	1:47.93	

**Women 30-34 200 SC Meter Butterfly**

**WORLD: 2:13.09 W 5/25/08 HITOMI MATSUDA**

**NATL: 2:19.34 N 10/5/03 KATRINA RADKE**

**ZONECHAMPS: 2:25.62 Z 12/14/13 Ildiko Szekely**

1 Sawicz, Kasia M	34 Chelsea Piers fi-6	2:44.03
36.02	1:17.48	2:00.59
2 Howell, Ginger B	33 Charles River Ma-2	3:01.46
39.31	1:23.37	2:12.15
3 Rood, Jenny	33 Tech Masters-2	3:04.13
40.07	1:27.84	2:15.99
4 McGrail, Crystie	34 Great Bay Master-2	3:11.92
40.39	1:28.49	2:19.34

**Women 30-34 100 SC Meter IM**

**WORLD: 1:02.52 W 10/13/12 ERIKA ERNDL**

**NATL: 1:02.52 N 10/13/12 ERIKA ERNDL**

**ZONECHAMPS: 1:06.06 Z 12/14/14 Katrine Alcaide**

1 Trutor, Kristine L	30 Great Bay Master-2	1:13.32
33.34	1:13.32	

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

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**(Women 30-34 100 SC Meter IM)**

2	McGrail, Cristie	34	Great Bay Master-2	1:16.65
	34.40	1:16.65		
3	Tonelli, Marlena	30	Umac-Terrapin Ma-1	1:16.75
	36.47	1:16.75		
4	Nihan, Lianne E	30	North Suburban Y-2	1:17.40
	35.96	1:17.40		
5	Sawicz, Kasia M	34	Chelsea Piers fi-6	1:19.68
	37.72	1:19.68		
6	Fletcher, Alyson	33	Charles River Ma-2	1:19.98
	38.93	1:19.98		
7	Bonin, Angelina	33	SwimRI-2	1:21.83
	38.93	1:21.83		
8	Clark, Erica	32	Maine Masters Sw-2	1:22.03
	38.88	1:22.03		
9	Howell, Ginger B	33	Charles River Ma-2	1:22.17
	37.43	1:22.17		
10	Rinaldo, Amy	32	Charles River Ma-2	1:27.35
	43.24	1:27.35		
11	Cook, Emily L	32	Great Bay Master-2	1:34.21
	47.38	1:34.21		
12	Duguay, Melissa	31	Connecticut Mast-5	1:42.70
	48.40	1:42.70		
13	Salcedo, Mary	30	Charles River Ma-2	1:42.84
	48.06	1:42.84		
14	Perkins, Sarah K	34	Connecticut Mast-5	2:53.61
	1:29.37	2:53.61		
---	Wellman, Meghan A	32	Minuteman Master-2	DQ
	47.16	DQ		

**Women 30-34 200 SC Meter IM**

<b>WORLD: 2:13.41 W 11/14/09</b>		<b>HITOMI MATSUDA</b>		
<b>NATL: 2:18.79 N 12/7/96</b>		<b>K PIPES-NEILSEN</b>		
<b>ZONECHAMPS: 2:23.44 Z 12/9/16</b>		<b>Elizabeth Mancuso</b>		
1	Tonelli, Marlena	30	Umac-Terrapin Ma-1	2:44.85
	36.27	1:21.55	2:08.11	2:44.85
2	Bernstein, Heather	33	Connecticut Mast-5	2:48.57
	36.37	1:20.84	2:11.99	2:48.57
3	McGrail, Cristie	34	Great Bay Master-2	2:48.98
	36.87	1:18.51	2:08.46	2:48.98
4	Sawicz, Kasia M	34	Chelsea Piers fi-6	2:49.26
	35.30	1:20.14	2:10.00	2:49.26
5	Clark, Erica	32	Maine Masters Sw-2	2:51.33
	36.86	1:19.90	2:11.68	2:51.33
6	Fletcher, Alyson	33	Charles River Ma-2	2:52.54
	38.04	1:26.23	2:12.96	2:52.54
7	Howell, Ginger B	33	Charles River Ma-2	2:57.49
	37.47	1:23.49	2:17.75	2:57.49
8	Rood, Jenny	33	Tech Masters-2	3:02.04
	38.80	1:26.48	2:21.13	3:02.04
9	Hatic, Meredith B	30	NEM-U	3:18.39
	45.71	1:32.41	2:31.51	3:18.39
10	Salcedo, Mary	30	Charles River Ma-2	3:38.39
	49.47	1:45.41	2:48.96	3:38.39
11	Duguay, Melissa	31	Connecticut Mast-5	3:39.19
	52.19	1:45.47	2:48.80	3:39.19

**Women 30-34 400 SC Meter IM**

<b>WORLD: 4:45.07 W 4/17/10</b>		<b>HITOMI MATSUDA</b>		
<b>NATL: 4:53.85 N 12/15/96</b>		<b>K PIPES-NEILSEN</b>		
<b>ZONECHAMPS: 5:15.39 Z 12/11/15</b>		<b>Elizabeth Mancuso</b>		
1	Tonelli, Marlena	30	Umac-Terrapin Ma-1	5:49.91
	38.65	1:24.77	2:11.13	2:57.96
	3:46.03	4:34.15	5:12.68	5:49.91
2	Sawicz, Kasia M	34	Chelsea Piers fi-6	5:54.15
	35.80	1:17.29	2:03.81	2:50.43
	3:41.52	4:32.96	5:13.70	5:54.15
3	Dombrowski, Sarah B	30	Nutmeg Masters S-2	5:58.14
	38.24	1:23.52	2:12.95	3:02.06
	3:48.91	4:36.93	5:17.87	5:58.14
4	Howell, Ginger B	33	Charles River Ma-2	6:07.79
	38.04	1:23.55	2:11.95	2:59.83
	3:53.12	4:46.84	5:26.61	6:07.79
5	Rood, Jenny	33	Tech Masters-2	6:17.40
	38.79	1:24.38	2:13.92	3:02.20
	3:56.30	4:52.15	5:34.80	6:17.40

**Women 35-39 50 SC Meter Freestyle**

<b>WORLD: 25.10 W 12/3/06</b>		<b>DARA TORRES</b>		
<b>NATL: 25.10 N 12/3/06</b>		<b>DARA TORRES</b>		
<b>ZONECHAMPS: 26.91 Z 12/9/16</b>		<b>Katrine Alcaide</b>		
1	Grover, Mollie K	37	Umac-Terrapin Ma-1	29.11
2	Weeman, Sarah A	38	Great Bay Master-2	32.34
3	Winslow, Stephanie	37	SwimRI-2	33.79
4	Guglielmo, Nicole	35	Connecticut Mast-5	36.02
5	Suleski, Veronica M	36	Connecticut Mast-5	38.86

**Women 35-39 100 SC Meter Freestyle**

<b>WORLD: 54.95 W 12/3/06</b>		<b>DARA TORRES</b>		
<b>NATL: 54.95 N 12/3/06</b>		<b>DARA TORRES</b>		
<b>ZONECHAMPS: 1:00.16 Z 1/1/02</b>		<b>Fall Willeboordse</b>		
1	Grover, Mollie K	37	Umac-Terrapin Ma-1	1:00.49
	29.43	1:00.49		
2	Bruchez, Marjie	38	King Fins Aquati-2	1:12.76
	34.83	1:12.76		
3	Toner, Michelle A	38	Greater Holyoke-2	1:14.86
	35.69	1:14.86		

**Women 35-39 200 SC Meter Freestyle**

<b>WORLD: 2:03.12 W 3/25/12</b>		<b>HITOMI MATSUDA</b>		
<b>NATL: 2:03.56 N 12/14/97</b>		<b>K PIPES-NEILSEN</b>		
<b>ZONECHAMPS: 2:11.37 Z 1/1/00</b>		<b>Laurie Hug</b>		
1	Williams, Melinda B	37	Granite State Pe-2	2:22.20
	33.80	1:09.93	1:46.54	2:22.20
2	Wolf, Jenny	36	Minuteman Master-2	2:40.83
	38.45	1:19.46	2:01.00	2:40.83

**Women 35-39 400 SC Meter Freestyle**

<b>WORLD: 4:22.56 W 12/12/99</b>		<b>K.PIPES-NEILSEN</b>		
<b>NATL: 4:22.56 N 12/12/99</b>		<b>K PIPES-NEILSEN</b>		
<b>ZONECHAMPS: 4:34.69 Z 1/1/03</b>		<b>Laurie Hug</b>		
1	Szekely, Ildiko	39	Boston Universit-2	4:47.36
	32.93	1:08.72	1:45.40	2:22.06
	2:58.80	3:35.11	4:11.55	4:47.36

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

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**(Women 35-39 400 SC Meter Freestyle)**

2	Williams, Melinda B	37	Granite State Pe-2	4:57.72
	33.86	1:10.50	1:48.08	2:26.11
	3:04.47	3:42.48	4:20.87	4:57.72
3	Suleski, Veronica M	36	Connecticut Mast-5	6:07.54
	39.63	1:24.62	2:11.79	2:59.54
	3:47.67	4:34.88	5:22.23	6:07.54
4	Winslow, Stephanie	37	SwimRI-2	6:13.02
	41.94	1:28.12	2:16.32	3:04.71
	3:53.33	4:41.70	5:28.61	6:13.02
5	Ferrante, Krista	37	Worcester Area M-2	7:12.63
	43.33	1:35.98	2:32.10	3:28.20
	4:26.26	5:23.56	6:19.51	7:12.63
6	King, Sarah C	35	Connecticut Mast-5	9:50.62
	1:00.43	2:10.96	3:25.98	4:41.78
	5:58.95	7:15.54	8:33.90	9:50.62

**Women 35-39 800 SC Meter Freestyle**

<b>WORLD: 8:57.28 W 10/8/10</b>		<b>KIRSTEN CAMERON</b>		
<b>NATL: 8:57.60 N 9/27/15</b>		<b>HEIDI GEORGE</b>		
<b>ZONECHAMPS: 9:23.08 Z 1/1/00</b>		<b>Laurie Hug</b>		
1	Williams, Melinda B	37	Granite State Pe-2	10:01.56
	33.94	1:10.78	1:48.57	2:26.88
	3:05.53	3:43.78	4:21.81	5:00.45
	5:38.46	6:16.25	6:54.27	7:32.57
	8:10.51	8:48.24	9:25.68	10:01.56
2	Wolf, Jenny	36	Minuteman Master-2	12:06.66
	41.37	1:26.56	2:12.76	2:59.47
	3:45.33	4:31.47	5:18.28	6:04.28
	6:50.10	7:35.75	8:21.62	9:07.54
	9:52.87	10:38.03	11:22.75	12:06.66
3	Suleski, Veronica M	36	Connecticut Mast-5	12:53.21
	41.56	1:27.54	2:16.00	3:04.56
	3:53.24	4:42.15	5:31.13	6:20.17
	7:09.50	7:58.94	8:48.65	9:37.95
	10:27.02	11:16.26	12:05.17	12:53.21
4	King, Sarah C	35	Connecticut Mast-5	20:47.06
	59.61	2:08.48	3:21.68	4:36.91
	5:54.82	7:14.48	8:35.50	9:56.07
	11:18.11	12:40.45	14:02.77	15:25.04
	16:46.39	18:08.14	19:29.27	20:47.06

**Women 35-39 50 SC Meter Backstroke**

<b>WORLD: 27.63 W 11/13/16</b>		<b>NORIKO INADA</b>		
<b>NATL: 27.63 N 11/13/16</b>		<b>NORIKO INADA</b>		
<b>ZONECHAMPS: 32.05 Z 12/8/17</b>		<b>Mollie Grover</b>		
1	Grover, Mollie K	37	Umac-Terrapin Ma-1	32.25
2	Williams, Melinda B	37	Granite State Pe-2	37.12
3	Winslow, Stephanie	37	SwimRI-2	40.30
4	Toner, Michelle A	38	Greater Holyoke-2	41.05
5	Nowak, Halina M	39	Boston Universit-2	58.52
6	King, Sarah C	35	Connecticut Mast-5	1:12.94

**Women 35-39 100 SC Meter Backstroke**

<b>WORLD: 1:00.43 W 11/19/17</b>		<b>NORIKO INADA</b>		
<b>NATL: 1:00.43 N 11/19/17</b>		<b>NORIKO INADA</b>		
<b>ZONECHAMPS: 1:07.21 Z 12/8/17</b>		<b>Mollie Grover</b>		
1	Grover, Mollie K	37	Umac-Terrapin Ma-1	1:07.67
	33.87	1:07.67		
2	Williams, Melinda B	37	Granite State Pe-2	1:15.62
	37.42	1:15.62		
3	Winslow, Stephanie	37	SwimRI-2	1:27.89
	43.04	1:27.89		
4	Toner, Michelle A	38	Greater Holyoke-2	1:28.52
	43.79	1:28.52		
5	King, Sarah C	35	Connecticut Mast-5	2:58.43
	1:23.99	2:58.43		

**Women 35-39 200 SC Meter Backstroke**

<b>WORLD: 2:13.37 W 11/16/13</b>		<b>KANA OHASHI</b>		
<b>NATL: 2:14.10 N 12/14/97</b>		<b>K PIPES-NEILSEN</b>		
<b>ZONECHAMPS: 2:25.57 Z 12/8/17</b>		<b>Mollie Grover</b>		
1	Grover, Mollie K	37	Umac-Terrapin Ma-1	2:29.26
	36.44	1:14.19	1:52.21	2:29.26
2	Williams, Melinda B	37	Granite State Pe-2	2:38.68
	39.53	1:19.62	2:00.39	2:38.68
3	Russo, Claire C	35	Virginia Masters-12	2:52.96
	41.24	1:25.30	2:09.59	2:52.96
4	Winslow, Stephanie	37	SwimRI-2	3:06.57
	44.15	1:31.75	2:19.97	3:06.57
5	King, Sarah C	35	Connecticut Mast-5	5:47.51
	1:19.76	2:47.43	4:17.77	5:47.51

**Women 35-39 50 SC Meter Breaststroke**

<b>WORLD: 31.87 W 3/25/12</b>		<b>HITOMI MATSUDA</b>		
<b>NATL: 32.48 N 10/10/15</b>		<b>KATIE GLENN</b>		
<b>ZONECHAMPS: 35.35 Z 1/1/01</b>		<b>Amanda Martin</b>		
1	Bruchez, Marjie	38	King Fins Aquati-2	42.53
2	Toner, Michelle A	38	Greater Holyoke-2	44.04
3	Winslow, Stephanie	37	SwimRI-2	46.75
4	King, Sarah C	35	Connecticut Mast-5	1:29.40

**Women 35-39 100 SC Meter Breaststroke**

<b>WORLD: 1:09.20 W 4/29/12</b>		<b>HITOMI MATSUDA</b>		
<b>NATL: 1:09.41 N 12/6/14</b>		<b>CYNTHIA LEWIS</b>		
<b>ZONECHAMPS: 1:18.46 Z 1/1/03</b>		<b>Cheryl Conlin</b>		
1	Mills, Heather	35	Charles River Ma-2	1:28.58
	42.62	1:28.58		
2	Toner, Michelle A	38	Greater Holyoke-2	1:36.18
	44.74	1:36.18		
3	Suleski, Veronica M	36	Connecticut Mast-5	1:52.44
	51.44	1:52.44		
4	King, Sarah C	35	Connecticut Mast-5	3:11.75
	1:28.56	3:11.75		

**Women 35-39 200 SC Meter Breaststroke**

<b>WORLD: 2:30.63 W 3/10/12</b>		<b>HITOMI MATSUDA</b>		
<b>NATL: 2:33.73 N 11/23/14</b>		<b>CYNTHIA LEWIS</b>		
<b>ZONECHAMPS: 2:51.13 Z 1/1/00</b>		<b>Amanda Martin</b>		
1	Williams, Melinda B	37	Granite State Pe-2	3:07.63
	43.37	1:31.52	2:20.00	3:07.63

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

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**(Women 35-39 200 SC Meter Breaststroke)**

2 King, Sarah C 35 Connecticut Mast-5 6:48.83  
3:15.85 5:01.82 6:48.83

**Women 35-39 50 SC Meter Butterfly**

**WORLD: 27.45 W 11/1/15 NORIKO INADA**

**NATL: 27.45 N 11/1/15 NORIKO INADA**

**ZONECHAMPS: 29.52 Z 12/9/16 Katrine Alcaide**

1 Williams, Melinda B 37 Granite State Pe-2 33.65  
2 Guglielmo, Nicole 35 Connecticut Mast-5 42.34  
3 Suleski, Veronica M 36 Connecticut Mast-5 52.82

**Women 35-39 100 SC Meter Butterfly**

**WORLD: 1:01.88 W 5/4/14 HITOMI MATSUDA**

**NATL: 1:03.29 N 12/14/97 K PIPES-NEILSEN**

**ZONECHAMPS: 1:04.38 Z 12/11/15 Ildiko Szekely**

1 Williams, Melinda B 37 Granite State Pe-2 1:14.15  
35.79 1:14.15  
2 King, Sarah C 35 Connecticut Mast-5 3:15.53  
1:22.39 3:15.53

**Women 35-39 200 SC Meter Butterfly**

**WORLD: 2:16.67 W 8/25/12 HITOMI MATSUDA**

**NATL: 2:18.41 N 12/14/97 K PIPES-NEILSEN**

**ZONECHAMPS: 2:22.52 Z 12/13/14 Ildiko Szekely**

1 Szekely, Ildiko 39 Boston Universit-2 2:25.89  
33.35 1:10.34 1:48.15 2:25.89  
2 Williams, Melinda B 37 Granite State Pe-2 2:45.42  
37.80 1:19.73 2:03.59 2:45.42  
3 Wolf, Jenny 36 Minuteman Master-2 3:18.05  
44.13 1:34.57 2:26.15 3:18.05  
4 King, Sarah C 35 Connecticut Mast-5 7:19.84  
1:31.80 3:25.73 5:25.62 7:19.84

**Women 35-39 100 SC Meter IM**

**WORLD: 1:03.17 W 3/10/12 HITOMI MATSUDA**

**NATL: 1:04.61 N 11/22/09 SHERI HART**

**ZONECHAMPS: 1:09.59 Z 1/1/02 Fall Willeboordse**

1 Williams, Melinda B 37 Granite State Pe-2 1:17.93  
36.76 1:17.93  
2 Russo, Claire C 35 Virginia Masters-12 1:19.34  
38.06 1:19.34  
3 Mills, Heather 35 Charles River Ma-2 1:19.41  
37.59 1:19.41  
4 Weeman, Sarah A 38 Great Bay Master-2 1:23.01  
37.88 1:23.01  
5 Toner, Michelle A 38 Greater Holyoke-2 1:33.70  
45.47 1:33.70  
6 Guglielmo, Nicole 35 Connecticut Mast-5 1:37.97  
45.52 1:37.97  
7 Suleski, Veronica M 36 Connecticut Mast-5 1:43.06  
51.22 1:43.06  
8 King, Sarah C 35 Connecticut Mast-5 2:46.49  
1:24.36 2:46.49

**Women 35-39 200 SC Meter IM**

**WORLD: 2:17.69 W 11/18/12 HITOMI MATSUDA**

**NATL: 2:19.08 N 12/10/00 K PIPES-NEILSEN**

**ZONECHAMPS: 2:29.28 Z 1/1/00 Vibeke Swanson**

1 Williams, Melinda B 37 Granite State Pe-2 2:41.72  
35.27 1:16.99 2:05.47 2:41.72  
2 Russo, Claire C 35 Virginia Masters-12 2:47.78  
37.05 1:21.53 2:08.94 2:47.78  
3 Mills, Heather 35 Charles River Ma-2 2:54.04  
37.46 1:22.98 2:12.62 2:54.04  
4 Suleski, Veronica M 36 Connecticut Mast-5 3:39.07  
54.41 1:55.18 2:54.49 3:39.07  
5 King, Sarah C 35 Connecticut Mast-5 5:48.52  
1:22.90 2:59.25 4:33.77 5:48.52

**Women 35-39 400 SC Meter IM**

**WORLD: 4:52.85 W 12/14/97 K.PIPES-NEILSEN**

**NATL: 4:52.85 N 12/14/97 K PIPES-NEILSEN**

**ZONECHAMPS: 5:15.70 Z 1/1/00 Laurie Hug**

1 Szekely, Ildiko 39 Boston Universit-2 5:18.22  
33.53 1:11.67 1:52.57 2:32.80  
3:20.42 4:06.70 4:43.41 5:18.22  
2 Williams, Melinda B 37 Granite State Pe-2 5:36.09  
36.55 1:18.32 2:01.34 2:44.00  
3:32.13 4:21.51 4:59.84 5:36.09  
3 King, Sarah C 35 Connecticut Mast-5 12:43.75  
1:26.06 3:22.31 5:05.06 6:48.06  
8:27.09 10:14.05 11:27.96 12:43.75

**Women 40-44 50 SC Meter Freestyle**

**WORLD: 26.02 W 12/14/14 ERIKA BRAUN**

**NATL: 26.02 N 12/14/14 ERIKA BRAUN**

**ZONECHAMPS: 27.43 Z 1/1/09 Fall Willeboordse**

1 Nappi, Keri 40 SwimRI-2 29.45  
2 Lund Kakas, Andrea 42 Abc Masters - Gr-2 29.54  
3 Messenlehner, Carina N 43 Landshark Master-8 30.87  
4 Crusco, Kysa M 42 Granite State Pe-2 31.16  
5 Samson, Vivian 42 North Suburban Y-2 32.67  
6 O'Connor, Brooke M 44 North Suburban Y-2 33.06  
7 Baudis, Christina H 42 Granite State Pe-2 35.64

**Women 40-44 100 SC Meter Freestyle**

**WORLD: 57.08 W 12/14/14 ERIKA BRAUN**

**NATL: 57.08 N 12/14/14 ERIKA BRAUN**

**ZONECHAMPS: 1:00.33 Z 12/14/13 Lisa Blackburn**

1 Krause, Mary Kay 41 Landshark Master-8 1:05.02  
31.81 1:05.02  
2 Crusco, Kysa M 42 Granite State Pe-2 1:06.80  
32.05 1:06.80  
3 Messenlehner, Carina N 43 Landshark Master-8 1:08.79  
32.34 1:08.79

**Women 40-44 200 SC Meter Freestyle**

**WORLD: 2:05.26 W 12/14/03 K.PIPES-NEILSEN**

**NATL: 2:05.26 N 12/14/03 K PIPES-NEILSEN**

**ZONECHAMPS: 2:12.76 Z 1/1/01 Vibeke Swanson**

1 Krause, Mary Kay 41 Landshark Master-8 2:18.69  
32.26 1:06.91 1:42.10 2:18.69



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**(Women 40-44 200 SC Meter Freestyle)**

2	Downing, Jennifer	40	Charles River Ma-2	2:24.86
	33.69	1:10.37	1:48.09	2:24.86
3	Crusco, Kysa M	42	Granite State Pe-2	2:27.59
	33.97	1:11.68	1:50.25	2:27.59
4	O'Connor, Brooke M	44	North Suburban Y-2	2:38.70
	35.79	1:15.00	1:56.93	2:38.70
5	Alperson, Nancy	42	Worcester Area M-2	3:18.81
	44.34	1:34.58	2:27.04	3:18.81

**Women 40-44 400 SC Meter Freestyle**

WORLD: 4:21.75 W 12/14/03 K.PIPES-NEILSEN

NATL: 4:21.75 N 12/14/03 K.PIPES-NEILSEN

ZONECHAMPS: 4:42.15 Z 1/1/04 Rebecca Kalibat

1	Downing, Jennifer	40	Charles River Ma-2	4:57.22
	34.05	1:10.66	1:48.11	2:26.14
	3:04.27	3:42.23	4:20.02	4:57.22
2	Crusco, Kysa M	42	Granite State Pe-2	5:00.29
	34.34	1:11.48	1:49.15	2:27.29
	3:05.96	3:44.74	4:23.28	5:00.29
3	Baudis, Christina H	42	Granite State Pe-2	5:20.45
	36.17	1:15.39	1:55.92	2:36.75
	3:17.73	3:58.66	4:39.90	5:20.45
4	O'Connor, Brooke M	44	North Suburban Y-2	5:36.94
	38.61	1:21.07	2:04.27	2:47.58
	3:30.39	4:13.11	4:55.69	5:36.94
5	Lovett, Mandy	43	Landshark Master-8	5:52.80
	39.40	1:22.70	2:07.56	2:52.96
	3:38.22	4:23.44	5:08.62	5:52.80
6	Alperson, Nancy	42	Worcester Area M-2	6:42.24
	43.75	1:32.42	2:23.35	3:15.19
	4:07.37	4:59.28	5:51.51	6:42.24

**Women 40-44 800 SC Meter Freestyle**

WORLD: 8:55.34 W 1/24/16 KIRSTEN CAMERON

NATL: 8:55.95 N 12/3/17 HEIDI GEORGE

ZONECHAMPS: 9:57.40 Z 12/9/16 Amy Parent

1	Sweetsers, Stacy L	43	Granite State Pe-2	10:14.19
	33.84	1:10.66	1:48.62	2:27.35
	3:05.74	3:44.54	4:23.03	5:02.00
	5:41.41	6:21.08	7:00.45	7:39.95
	8:19.42	8:58.77	9:37.69	10:14.19
2	Crusco, Kysa M	42	Granite State Pe-2	10:28.65
	34.50	1:12.21	1:50.43	2:29.31
	3:08.62	3:48.13	4:27.81	5:07.45
	5:47.59	6:27.79	7:08.22	7:48.56
	8:29.31	9:09.55	9:49.76	10:28.65
3	Downing, Jennifer	40	Charles River Ma-2	10:31.60
	35.40	1:14.69	1:54.78	2:34.97
	3:15.19	3:55.88	4:36.41	5:16.96
	5:57.14	6:36.91	7:16.96	7:56.87
	8:35.91	9:15.10	9:53.87	10:31.60
4	Biskovich, Karin W	44	UC02-2	11:18.03
	36.37	1:16.84	1:58.06	2:39.76
	3:21.61	4:04.44	4:47.09	5:30.77
	6:14.55	6:58.04	7:41.61	8:25.07
	9:08.84	9:52.46	10:35.75	11:18.03

5	O'Connor, Brooke M	44	North Suburban Y-2	11:35.14
	38.26	1:20.31	2:04.32	2:48.02
	3:31.87	4:15.40	4:59.29	5:43.29
	6:27.09	7:11.29	7:55.34	8:39.57
	9:23.86	10:08.05	10:52.44	11:35.14
6	Conway, Laura B	41	Abc Masters - Gr-2	15:43.21
	47.65	2:42.81	3:43.25	4:43.23
	6:44.15	9:44.41	10:44.65	
	15:43.21			

**Women 40-44 50 SC Meter Backstroke**

WORLD: 28.86 W 1/14/17 R.JOHANNA LUOTO

NATL: 30.02 N 10/14/12 SHERI HART

ZONECHAMPS: 30.74 Z 1/1/08 Kristin Gary

1	Crusco, Kysa M	42	Granite State Pe-2	37.24
2	Messenlehner, Carina N	43	Landshark Master-8	37.50

**Women 40-44 100 SC Meter Backstroke**

WORLD: 1:03.22 W 3/24/18 RAAKEL LUOTO

NATL: 1:03.48 N 10/29/11 SHERI HART

ZONECHAMPS: 1:05.56 Z 1/1/09 Kristin Gary

1	Downing, Jennifer	40	Charles River Ma-2	1:17.81
	17.10	1:17.81		
2	Crusco, Kysa M	42	Granite State Pe-2	1:24.28
	40.93	1:24.28		
3	Messenlehner, Carina N	43	Landshark Master-8	1:25.44
	40.43	1:25.44		

**Women 40-44 200 SC Meter Backstroke**

WORLD: 2:17.28 W 5/27/18 KANA MORIHISA

NATL: 2:19.06 N 12/4/09 JODY SMITH

ZONECHAMPS: 2:22.81 Z 1/1/08 Kristin Gary

1	Krause, Mary Kay	41	Landshark Master-8	2:39.48
	38.60	1:17.94	1:59.62	2:39.48
2	Crusco, Kysa M	42	Granite State Pe-2	2:50.09
	40.43	1:23.25	2:07.28	2:50.09

**Women 40-44 50 SC Meter Breaststroke**

WORLD: 32.20 W 8/5/12 LINLEY FRAME

NATL: 32.29 N 11/22/09 S VON DER LIPPE

ZONECHAMPS: 33.61 Z 12/14/13 Lisa Blackburn

1	Downing, Jennifer	40	Charles River Ma-2	38.90
2	Samson, Vivian	42	North Suburban Y-2	40.65
3	Lovett, Mandy	43	Landshark Master-8	44.04
4	O'Connor, Brooke M	44	North Suburban Y-2	45.12
5	Alperson, Nancy	42	Worcester Area M-2	55.34

**Women 40-44 100 SC Meter Breaststroke**

WORLD: 1:09.95 W 12/5/15 CYNTHIA LEWIS

NATL: 1:09.95 N 12/5/15 CYNTHIA LEWIS

ZONECHAMPS: 1:12.32 Z 12/15/13 Lisa Blackburn

1	Downing, Jennifer	40	Charles River Ma-2	1:24.41
	39.68	1:24.41		
2	Samson, Vivian	42	North Suburban Y-2	1:29.28
	41.84	1:29.28		
3	Crusco, Kysa M	42	Granite State Pe-2	1:35.94
	44.95	1:35.94		
4	Lovett, Mandy	43	Landshark Master-8	1:37.04
	45.42	1:37.04		

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**(Women 40-44 100 SC Meter Breaststroke)**

5	Spitz, Lisa	42	Minuteman Master-2	1:50.53
	52.97		1:50.53	
6	Alperson, Nancy	42	Worcester Area M-2	2:00.60
	56.64		2:00.60	

**Women 40-44 200 SC Meter Breaststroke**

**WORLD: 2:32.37 W 11/16/08 S.VON DER LIPPE**

**NATL: 2:32.37 N 11/16/08 S VON DER LIPPE**

**ZONECHAMPS: 2:53.00 Z 12/11/10 Rainy Goodale**

1	Downing, Jennifer	40	Charles River Ma-2	3:04.07
	41.28		1:28.11	2:16.40
				3:04.07
2	Samson, Vivian	42	North Suburban Y-2	3:16.78
3	Lovett, Mandy	43	Landshark Master-8	3:27.31
4	O'Connor, Brooke M	44	North Suburban Y-2	3:42.52

**Women 40-44 50 SC Meter Butterfly**

**WORLD: 28.19 W 3/16/13 ERIKA BRAUN**

**NATL: 28.19 N 3/16/13 ERIKA BRAUN**

**ZONECHAMPS: 29.90 Z 1/1/01 Beth Baker**

1	Nappi, Keri	40	SwimRI-2	30.98
2	Messenlehner, Carina N	43	Landshark Master-8	33.65
3	Lund Kakas, Andrea	42	Abc Masters - Gr-2	33.88
4	Samson, Vivian	42	North Suburban Y-2	35.69
5	Baudis, Christina H	42	Granite State Pe-2	37.61
6	Currie, Aiyana	42	Abc Masters - Gr-2	40.19
7	Salinger, Melissa	40	Great Bay Master-2	42.35
8	O'Connor, Brooke M	44	North Suburban Y-2	45.19
9	Spitz, Lisa	42	Minuteman Master-2	49.96

**Women 40-44 100 SC Meter Butterfly**

**WORLD: 1:01.70 W 11/21/09 S.VON DER LIPPE**

**NATL: 1:01.70 N 11/21/09 S VON DER LIPPE**

**ZONECHAMPS: 1:06.07 Z 1/1/01 Beth Baker**

1	Nappi, Keri	40	SwimRI-2	1:14.62
	33.99		1:14.62	
2	Baudis, Christina H	42	Granite State Pe-2	1:27.62
	41.74		1:27.62	
3	Salinger, Melissa	40	Great Bay Master-2	1:34.34
	44.01		1:34.34	

**Women 40-44 200 SC Meter Butterfly**

**WORLD: 2:20.66 W 11/19/06 S.VON DER LIPPE**

**NATL: 2:20.66 N 11/19/06 S VON DER LIPPE**

**ZONECHAMPS: 2:34.59 Z 1/1/07 Laurie Hug**

1	Crusco, Kysa M	42	Granite State Pe-2	3:19.19
	44.05		1:36.45	2:30.01
				3:19.19

**Women 40-44 100 SC Meter IM**

**WORLD: 1:04.19 W 10/10/15 LISA BLACKBURN**

**NATL: 1:04.19 N 10/10/15 LISA BLACKBURN**

**ZONECHAMPS: 1:05.77 Z 12/15/13 Lisa Blackburn**

1	Krause, Mary Kay	41	Landshark Master-8	1:13.43
	34.57		1:13.43	
2	Crusco, Kysa M	42	Granite State Pe-2	1:21.25
	36.82		1:21.25	
3	Samson, Vivian	42	North Suburban Y-2	1:23.44
	39.40		1:23.44	

4	Salinger, Melissa	40	Great Bay Master-2	1:40.73
	46.75		1:40.73	
5	Spitz, Lisa	42	Minuteman Master-2	1:44.69
	52.01		1:44.69	

**Women 40-44 200 SC Meter IM**

**WORLD: 2:19.21 W 12/2/07 S.VON DER LIPPE**

**NATL: 2:19.21 N 12/2/07 S VON DER LIPPE**

**ZONECHAMPS: 2:28.10 Z 1/1/01 Vibeke Swanson**

1	Downing, Jennifer	40	Charles River Ma-2	2:44.22
	35.38		1:17.84	2:06.15
				2:44.22
2	Lund Kakas, Andrea	42	Abc Masters - Gr-2	2:45.29
	34.83		1:17.27	2:07.89
				2:45.29
3	Crusco, Kysa M	42	Granite State Pe-2	2:55.75
	39.26		1:21.81	2:16.76
				2:55.75
4	Baudis, Christina H	42	Granite State Pe-2	2:58.13
	39.13		1:26.74	2:18.50
				2:58.13
5	Currie, Aiyana	42	Abc Masters - Gr-2	3:28.10
	42.61		1:35.67	2:36.45
				3:28.10
6	Salinger, Melissa	40	Great Bay Master-2	3:34.19
	44.68		1:40.58	2:43.64
				3:34.19
7	Alperson, Nancy	42	Worcester Area M-2	3:50.60
	52.53		1:51.88	3:00.61
				3:50.60

**Women 40-44 400 SC Meter IM**

**WORLD: 5:00.82 W 11/24/02 K.PIPES-NEILSEN**

**NATL: 5:00.82 N 11/24/02 K PIPES-NEILSEN**

**ZONECHAMPS: 5:13.86 Z 1/1/01 Vibeke Swanson**

1	Crusco, Kysa M	42	Granite State Pe-2	6:22.63
	42.01		1:32.90	2:20.72
				4:04.23
				5:01.97
				5:42.93
				6:22.63
2	Samson, Vivian	42	North Suburban Y-2	6:28.64
	42.78		1:35.66	2:27.46
				3:18.11
				4:11.16
				5:03.68
				5:47.78
				6:28.64

**Women 45-49 50 SC Meter Freestyle**

**WORLD: 26.37 W 5/18/13 M.THERESE FUZZATI**

**NATL: 26.29 N 10/13/18 ERIKA BRAUN**

**ZONECHAMPS: 27.39 Z 12/14/14 Fall Willeboordse**

1	Braun, Erika L	46	North Carolina M-13	26.42Z
2	Fox, Amelia P	47	Connecticut Mast-5	29.63
3	Witkus, Marcia A	48	Worcester Area M-2	32.20
4	Mack, Tara J	46	Great Bay Master-2	33.19
5	Garland, Sue	49	Charles River Ma-2	34.68
6	Pugh, Anneliese	49	Maine Masters Sw-2	37.19
7	Sega, Ally	45	Connecticut Mast-5	41.30
8	Halstead, Melissa	49	King Fins Aquati-2	44.14
9	Acevedo, Kristine	47	Boston Lanes (Li-2	50.91

**Women 45-49 100 SC Meter Freestyle**

**WORLD: 58.21 W 11/5/17 ERIKA BRAUN**

**NATL: 58.21 N 11/5/17 ERIKA BRAUN**

**ZONECHAMPS: 1:00.68 Z 12/13/14 Fall Willeboordse**

1	Braun, Erika L	46	North Carolina M-13	57.89W
	27.72		57.89	
2	Lancaster, Jill	45	SwimRI-2	1:04.66
	31.35		1:04.66	
3	Witkus, Marcia A	48	Worcester Area M-2	1:11.08
	33.85		1:11.08	

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**(Women 45-49 100 SC Meter Freestyle)**

4	Modlinsky, Rachel	48	YMCA of Greater-2	1:16.06
	36.87	1:16.06		
5	Garland, Sue	49	Charles River Ma-2	1:16.08
	35.57	1:16.08		
6	Saltojanes, Denise	45	North Suburban Y-2	1:29.63
	42.32	1:29.63		
7	Sega, Ally	45	Connecticut Mast-5	1:31.78
	44.99	1:31.78		
8	Poginy, Tina	47	Connecticut Mast-5	2:18.20
	1:07.98	2:18.20		

**Women 45-49 100 SC Meter Freestyle Time Trial**

WORLD: 58.21 W 11/5/17 ERIKA BRAUN

NATL: 58.21 N 11/5/17 ERIKA BRAUN

ZONECHAMPS: 1:00.68 Z 12/13/14 Fall Willeboordse

**- Time Trial**

1	Udoji, Chinna	47	Charles River Ma-2	2:55.23
	1:20.75	2:55.23		

**Women 45-49 200 SC Meter Freestyle**

WORLD: 2:05.94 W 12/2/07 K.PIPES-NEILSEN

NATL: 2:05.94 N 12/2/07 K PIPES-NEILSEN

ZONECHAMPS: 2:14.01 Z 12/11/15 Stephanie Stone

1	Lancaster, Jill	45	SwimRI-2	2:23.19
	33.43	1:09.92	1:47.26	2:23.19
2	Witkus, Marcia A	48	Worcester Area M-2	2:37.10
	35.87	1:16.43	1:57.19	2:37.10
3	Garland, Sue	49	Charles River Ma-2	2:44.67
	37.01	1:19.40	2:02.81	2:44.67
4	Modlinsky, Rachel	48	YMCA of Greater-2	2:45.42
	38.00	1:19.96	2:03.38	2:45.42
5	Pugh, Anneliese	49	Maine Masters Sw-2	3:08.02
	40.90	1:28.37	2:18.13	3:08.02
6	Saltojanes, Denise	45	North Suburban Y-2	3:12.17
	42.89	1:31.63	2:22.54	3:12.17
7	Sega, Ally	45	Connecticut Mast-5	3:19.60
	47.31	1:37.67	2:28.82	3:19.60
8	Poginy, Tina	47	Connecticut Mast-5	4:55.90
	1:08.75	2:25.94	3:41.98	4:55.90

**Women 45-49 400 SC Meter Freestyle**

WORLD: 4:25.34 W 5/16/09 K.PIPES-NEILSEN

NATL: 4:25.34 N 5/16/09 K PIPES-NEILSEN

ZONECHAMPS: 4:41.28 Z 12/11/15 Stephanie Stone

1	Fox, Amelia P	47	Connecticut Mast-5	4:53.18
	32.95	1:08.96	1:45.67	2:22.96
	3:00.12	3:37.62	4:16.14	4:53.18
2	Garland, Sue	49	Charles River Ma-2	5:35.09
	37.47	1:17.93	2:00.14	2:43.57
	3:27.21	4:11.39	4:54.96	5:35.09
3	Mack, Tara J	46	Great Bay Master-2	5:36.24
	36.19	1:16.77	1:58.87	2:41.59
	3:25.17	4:09.28	4:53.62	5:36.24
4	Downey, Sarah J	49	Great Bay Master-2	6:25.90
	43.12	1:30.83	2:19.94	3:10.04
	3:59.14	4:48.85	5:38.54	6:25.90

5	Sega, Ally	45	Connecticut Mast-5	6:57.77
	49.59	1:40.59	2:33.00	3:25.98
	4:19.29	5:13.35	6:06.88	6:57.77

**Women 45-49 800 SC Meter Freestyle**

WORLD: 9:11.37 W 5/15/09 K.PIPES-NEILSEN

NATL: 9:11.37 N 5/15/09 K PIPES-NEILSEN

ZONECHAMPS: 9:44.52 Z 12/12/14 Laurie Hug

1	Fox, Amelia P	47	Connecticut Mast-5	10:07.58
	33.54	1:10.67	1:48.37	2:26.73
	3:04.77	3:42.72	4:20.98	4:59.28
	5:37.52	6:16.45	6:55.14	7:33.65
	8:12.50	8:51.29	9:30.26	10:07.58
2	Garland, Sue	49	Charles River Ma-2	11:24.73
	37.91	1:20.59	2:03.45	2:46.44
	3:29.30	4:12.43	4:56.28	5:39.88
	6:23.64	7:06.93	7:50.39	8:33.94
	9:17.09	10:00.43	10:41.92	11:24.73
3	Witkus, Marcia A	48	Worcester Area M-2	11:32.98
	38.12	1:19.84	2:01.98	2:44.53
	3:27.69	4:11.83	4:55.84	5:40.21
	6:24.20	7:08.71	7:52.68	8:36.53
	9:20.44	10:05.43	10:49.04	11:32.98
4	Sega, Ally	45	Connecticut Mast-5	14:30.18
	49.66	1:42.07	2:35.38	3:29.12
	4:23.81	5:19.35	6:14.69	7:10.12
	8:07.39	9:03.26	9:59.50	10:54.79
	11:51.09	12:45.18	13:39.63	14:30.18
5	Udoji, Chinna	47	Charles River Ma-2	28:05.57
	1:28.16	3:15.44	5:03.07	6:49.65
	8:37.78	10:25.68	12:13.64	14:00.17
	15:47.22	17:35.38	19:21.19	21:12.48
	22:59.59	24:41.72	26:27.80	28:05.57

**Women 45-49 50 SC Meter Backstroke**

WORLD: 30.25 W 4/26/14 CINDY MABEE

NATL: 30.58 N 12/2/07 K PIPES-NEILSEN

ZONECHAMPS: 31.14 Z 12/10/10 Leslie Livingston

1	Braun, Erika L	46	North Carolina M-13	31.25
2	Lancaster, Jill	45	SwimRI-2	34.71
3	Goodale, Rainy M	48	Martha's Vineyard-2	37.81
4	Pugh, Anneliese	49	Maine Masters Sw-2	42.40
5	Sega, Ally	45	Connecticut Mast-5	53.63
---	Saltojanes, Denise	45	North Suburban Y-2	DQ

**Women 45-49 100 SC Meter Backstroke**

WORLD: 1:04.46 W 2/27/09 K.PIPES-NEILSEN

NATL: 1:04.79 N 5/16/09 K PIPES-NEILSEN

ZONECHAMPS: 1:07.94 Z 12/13/14 Fall Willeboordse

1	Braun, Erika L	46	North Carolina M-13	1:07.55Z
	32.37	1:07.55		
2	Lancaster, Jill	45	SwimRI-2	1:18.44
	37.53	1:18.44		
3	Lorenson, Christina M	46	Kent Y Masters S-2	1:31.53
4	Garland, Sue	49	Charles River Ma-2	1:35.77
	47.18	1:35.77		
5	Sega, Ally	45	Connecticut Mast-5	1:53.27
	56.23	1:53.27		

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Women 45-49 200 SC Meter Backstroke**

<b>WORLD: 2:18.15 W 2/26/09 K.PIPES-NEILSEN</b>			
<b>NATL: 2:18.95 N 5/15/09 K PIPES-NEILSEN</b>			
<b>ZONECHAMPS: 2:25.62 Z 12/11/15 Stephanie Stone</b>			
1	Garland, Sue	49	Charles River Ma-2 3:18.51
	47.41	1:37.46	2:28.27 3:18.51
2	Pugh, Anneliese	49	Maine Masters Sw-2 3:29.31
	48.40	1:42.39	2:37.68 3:29.31

**Women 45-49 50 SC Meter Breaststroke**

<b>WORLD: 33.01 W 7/16/17 LINLEY FRAME</b>			
<b>NATL: 33.82 N 10/10/10 S VON DER LIPPE</b>			
<b>ZONECHAMPS: 36.34 Z 1/1/08 Laurie DiTommaso</b>			
1	Braun, Erika L	46	North Carolina M-13 34.92Z
2	Goodale, Rainy M	48	Martha's Vineyar-2 37.30
3	Witkus, Marcia A	48	Worcester Area M-2 40.51
4	Modlinsky, Rachel	48	YMCA of Greater-2 43.79
5	Saltojanas, Denise	45	North Suburban Y-2 50.32
6	Udoji, Chinna	47	Charles River Ma-2 1:29.41

**Women 45-49 100 SC Meter Breaststroke**

<b>WORLD: 1:10.63 W 7/16/17 LINLEY FRAME</b>			
<b>NATL: 1:12.93 N 3/26/17 LISA BLACKBURN</b>			
<b>ZONECHAMPS: 1:20.81 Z 12/9/16 Rainy Goodale</b>			
1	Goodale, Rainy M	48	Martha's Vineyar-2 1:22.35
	38.84	1:22.35	
2	Witkus, Marcia A	48	Worcester Area M-2 1:28.79
	42.26	1:28.79	
3	Pugh, Anneliese	49	Maine Masters Sw-2 1:46.09
	50.23	1:46.09	
4	Downey, Sarah J	49	Great Bay Master-2 1:48.56
	51.97	1:48.56	
5	Halstead, Melissa	49	King Fins Aquati-2 1:58.57
	56.41	1:58.57	

**Women 45-49 200 SC Meter Breaststroke**

<b>WORLD: 2:38.00 W 11/21/10 S.VON DER LIPPE</b>			
<b>NATL: 2:38.00 N 11/21/10 S VON DER LIPPE</b>			
<b>ZONECHAMPS: 2:54.48 Z 12/9/16 Rainy Goodale</b>			
1	Goodale, Rainy M	48	Martha's Vineyar-2 2:59.73
	40.60	1:25.70	2:12.39 2:59.73
2	Pugh, Anneliese	49	Maine Masters Sw-2 3:44.30
	50.25	1:46.83	2:45.20 3:44.30

**Women 45-49 50 SC Meter Butterfly**

<b>WORLD: 28.53 W 10/15/17 YURIKO IKEDA</b>			
<b>NATL: 28.60 N 4/2/17 ERIKA BRAUN</b>			
<b>ZONECHAMPS: 29.21 Z 1/1/08 Laurie DiTommaso</b>			
1	Braun, Erika L	46	North Carolina M-13 28.80Z
2	Fox, Amelia P	47	Connecticut Mast-5 32.70
3	Witkus, Marcia A	48	Worcester Area M-2 34.20
4	Goodale, Rainy M	48	Martha's Vineyar-2 34.38
5	O'Brien, Susan O	48	King Fins Aquati-2 36.00
6	Garland, Sue	49	Charles River Ma-2 40.96
7	Sega, Ally	45	Connecticut Mast-5 48.54
8	Acevedo, Kristine	47	Boston Lanes (Li-2 52.30

**Women 45-49 100 SC Meter Butterfly**

<b>WORLD: 1:03.47 W 11/20/10 S.VON DER LIPPE</b>			
<b>NATL: 1:03.47 N 11/20/10 S VON DER LIPPE</b>			
<b>ZONECHAMPS: 1:10.22 Z 12/11/10 Leslie Livingston</b>			
1	Fox, Amelia P	47	Connecticut Mast-5 1:16.29
	34.85	1:16.29	
2	Sega, Ally	45	Connecticut Mast-5 1:51.39
	53.12	1:51.39	

**Women 45-49 200 SC Meter Butterfly**

<b>WORLD: 2:23.18 W 12/13/09 K.PIPES-NEILSEN</b>			
<b>NATL: 2:23.18 N 12/13/09 K PIPES-NEILSEN</b>			
<b>ZONECHAMPS: 2:42.12 Z 12/13/14 Laurie Hug</b>			
1	Garland, Sue	49	Charles River Ma-2 3:46.12
	48.60	1:45.85	2:46.56 3:46.12
2	Sega, Ally	45	Connecticut Mast-5 3:57.35
	56.12	1:56.85	2:56.89 3:57.35

**Women 45-49 100 SC Meter IM**

<b>WORLD: 1:05.61 W 2/26/09 K.PIPES-NEILSEN</b>			
<b>NATL: 1:05.75 N 12/12/09 K PIPES-NEILSEN</b>			
<b>ZONECHAMPS: 1:09.00 Z 12/15/13 Fall Willeboordse</b>			
1	Braun, Erika L	46	North Carolina M-13 1:08.72Z
	30.42	1:08.72	
2	Goodale, Rainy M	48	Martha's Vineyar-2 1:18.49
	37.21	1:18.49	
3	Witkus, Marcia A	48	Worcester Area M-2 1:21.85
	38.08	1:21.85	
4	Downey, Sarah J	49	Great Bay Master-2 1:42.10
	49.68	1:42.10	
5	Sega, Ally	45	Connecticut Mast-5 1:48.83
	54.03	1:48.83	
6	Halstead, Melissa	49	King Fins Aquati-2 1:55.68
	57.96	1:55.68	
7	Acevedo, Kristine	47	Boston Lanes (Li-2 1:57.66
	51.71	1:57.66	

**Women 45-49 200 SC Meter IM**

<b>WORLD: 2:21.55 W 5/17/09 K.PIPES-NEILSEN</b>			
<b>NATL: 2:21.55 N 5/17/09 K PIPES-NEILSEN</b>			
<b>ZONECHAMPS: 2:31.99 Z 1/1/06 Vibeke Swanson</b>			
1	Witkus, Marcia A	48	Worcester Area M-2 2:56.24
	36.57	1:23.02	2:14.56 2:56.24
2	O'Brien, Susan O	48	King Fins Aquati-2 3:02.55
	37.73	1:24.76	2:18.95 3:02.55
3	Mack, Tara J	46	Great Bay Master-2 3:02.91
	40.59	1:28.90	2:22.32 3:02.91
4	Garland, Sue	49	Charles River Ma-2 3:09.81
	44.92	1:33.55	2:29.38 3:09.81
5	Pugh, Anneliese	49	Maine Masters Sw-2 3:32.99
	45.59	1:43.63	2:43.34 3:32.99
6	Downey, Sarah J	49	Great Bay Master-2 3:39.45
	49.52	1:50.90	2:51.37 3:39.45
7	Sega, Ally	45	Connecticut Mast-5 3:49.68
	53.92	1:55.75	3:02.67 3:49.68

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Women 45-49 400 SC Meter IM****WORLD: 5:00.29 W 2/27/09 K.PIPES-NEILSEN****NATL: 5:05.04 N 12/12/09 K PIPES-NEILSEN****ZONECHAMPS: 5:19.58 Z 1/1/06 Vibeke Swanson**

1	Witkus, Marcia A	48	Worcester Area M-2	6:11.00
	39.35	1:23.72	3:02.90	
	3:54.58	4:47.34	5:30.55	6:11.00
2	Garland, Sue	49	Charles River Ma-2	6:42.35
	46.15	1:41.18	2:32.54	3:24.26
	4:22.61	5:18.96	6:01.72	6:42.35
3	Sega, Ally	45	Connecticut Mast-5	8:04.78
	53.79	1:53.07	2:57.83	4:01.85
	5:10.58	6:19.65	7:13.72	8:04.78

**Women 50-54 50 SC Meter Freestyle****WORLD: 26.27 W 3/27/15 M.THERESE FUZZATI****NATL: 27.67 N 3/15/14 SUE WALSH****ZONECHAMPS: 27.73 Z 12/11/15 Leslie Livingston**

1	Willeboordse, Fall	52	Chelsea Piers fi-6	28.23
2	Crans, Mara	52	Maine Masters Sw-2	33.83
3	Gurchiek, Mary	53	SwimRI-2	37.47
4	Zraket, Lisa	54	YMCA of the Nort-2	37.49
5	Gannett, Wendy S	52	Greater Holyoke-2	44.89

**Women 50-54 100 SC Meter Freestyle****WORLD: 58.60 W 1/25/15 M.THERESE FUZZATI****NATL: 1:01.41 N 9/27/14 ELLEN REYNOLDS****ZONECHAMPS: 1:03.10 Z 12/13/14 Maria Anderson**

1	Neuendorf, Donna M	50	SwimRI-2	1:08.38
	32.81	1:08.38		
2	Crans, Mara	52	Maine Masters Sw-2	1:15.84
	35.81	1:15.84		
3	Pasterczyk, Christine	52	Charles River Ma-2	1:19.71
	38.69	1:19.71		
4	Gurchiek, Mary	53	SwimRI-2	1:24.49
	39.17	1:24.49		
5	Flynn, Sandra P	53	Worcester Area M-2	1:31.99
	42.43	1:31.99		
6	Davis Hayes, Catherine	52	Kent Y Masters S-2	2:18.19
	1:04.69	2:18.19		

**Women 50-54 200 SC Meter Freestyle****WORLD: 2:10.72 W 12/6/09 S.SHEIM-BOWEN****NATL: 2:10.72 N 12/6/09 S.SHEIM-BOWEN****ZONECHAMPS: 2:20.30 Z 12/14/14 Ellen Reynolds**

1	Crans, Mara	52	Maine Masters Sw-2	2:47.04
	38.46	1:20.91	2:05.19	2:47.04
2	Gurchiek, Mary	53	SwimRI-2	3:06.70
	42.54	1:30.89	2:19.41	3:06.70
3	Harvey, Lori	53	Kingsbury Club M-2	3:13.69
	44.17	1:33.48	2:24.13	3:13.69
4	Pasterczyk, Christine	52	Charles River Ma-2	3:21.39
	46.44	1:38.62	2:31.51	3:21.39
5	Flynn, Sandra P	53	Worcester Area M-2	3:23.85
	44.06	1:33.70	2:27.74	3:23.85

**Women 50-54 400 SC Meter Freestyle****WORLD: 4:34.81 W 1/29/11 LYNN MARSHALL****NATL: 4:35.54 N 12/5/09 S.SHEIM-BOWEN****ZONECHAMPS: 4:46.11 Z 12/14/14 Ellen Reynolds**

1	Crans, Mara	52	Maine Masters Sw-2	5:51.87
	37.94	1:20.57	2:05.25	2:51.12
	3:36.65	4:22.65	5:07.96	5:51.87
2	Pasquale, Mary M	52	Worcester Area M-2	5:54.84
	37.88	1:20.93	2:05.94	2:51.67
	3:37.60	4:23.74	5:09.76	5:54.84
3	Barlow, Jennifer	52	Abc Masters - Gr-2	6:32.61
	42.84	1:30.63	2:20.77	3:11.42
	4:02.64	4:53.63	5:44.52	6:32.61
4	Freedman, Andi	52	YMCA of the Nort-2	7:24.53
	48.55	1:44.18	2:42.54	3:39.69
	4:38.10	5:35.94	6:31.88	7:24.53

**Women 50-54 800 SC Meter Freestyle****WORLD: 9:23.45 W 1/9/11 LYNN MARSHALL****NATL: 9:29.62 N 12/4/09 S.SHEIM-BOWEN****ZONECHAMPS: 9:35.39 Z 12/12/14 Ellen Reynolds**

1	Renner, Rebecca A	52	Wellesley Master-2	10:39.05
	35.30	1:13.54	1:53.29	2:33.94
	3:14.63	3:55.56	4:35.93	5:16.33
	5:56.86	6:37.35	7:18.08	7:58.95
	8:39.20	9:19.59	9:59.24	10:39.05
2	Pearl, Carol L	53	Charles River Ma-2	10:58.40
	36.00	1:15.80	1:57.76	2:38.48
	3:20.29	4:02.01	4:43.03	5:24.75
	6:07.75	6:48.66	7:31.30	8:12.30
	8:54.51	9:36.64	10:17.58	10:58.40
3	Rinaldi, Galen	50	Connecticut Mast-5	11:09.39
	36.52	1:16.23	1:57.02	2:38.36
	3:19.79	4:00.94	4:42.59	5:24.51
	6:06.58	6:49.14	7:32.26	8:17.35
	9:00.18	9:43.59	10:27.71	11:09.39
4	Pasquale, Mary M	52	Worcester Area M-2	12:07.38
	38.97	1:22.81	2:08.41	2:54.13
	3:40.25	4:26.41	5:13.02	5:59.27
	6:46.70	7:32.65	8:18.57	9:05.00
	9:51.21	10:37.05	11:22.63	12:07.38
5	Crans, Mara	52	Maine Masters Sw-2	12:12.83
	38.07	1:20.93	2:04.87	2:49.31
	3:36.13	4:23.38	5:09.75	5:56.93
	6:44.90	7:31.94	8:19.64	9:07.12
	9:54.37	10:42.24	11:28.58	12:12.83
6	Barlow, Jennifer	52	Abc Masters - Gr-2	13:14.10
	43.57	1:31.36	2:20.78	3:10.74
	4:01.03	4:52.28	5:43.17	6:34.36
	7:25.13	8:15.59	9:06.11	9:57.03
	10:48.36	11:38.79	12:27.60	13:14.10
7	Harvey, Lori	53	Kingsbury Club M-2	13:46.05
	45.66	1:35.35	2:26.62	3:19.67
	4:12.62	5:04.82	5:58.21	6:50.47
	7:43.15	8:36.31	9:28.60	10:20.71
	11:12.89	12:04.41	12:56.16	13:46.05

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**(Women 50-54 800 SC Meter Freestyle)**

8	Freedman, Andi	52	YMCA of the Nort-2	14:38.42
	47.46	1:41.84	2:36.24	3:32.24
	4:28.25	5:25.33	6:22.12	7:18.50
	8:13.46	9:09.30	10:05.93	11:01.63
	11:57.49	12:53.12	13:47.52	14:38.42
9	Mackin, Karen R	53	Abc Masters - Gr-2	14:49.00
	52.87	1:47.48	2:44.67	3:42.84
	4:41.84	5:40.00	6:38.50	7:36.50
	8:33.66	9:30.53	10:25.88	11:19.20
	12:12.45	13:05.20	13:59.73	14:49.00

**Women 50-54 50 SC Meter Backstroke**

<b>WORLD:</b>	<b>30.27 W 12/13/15</b>	<b>LESLIE LIVINGSTON</b>		
<b>NATL:</b>	<b>30.27 N 12/13/15</b>	<b>LESLIE LIVINGSTON</b>		
<b>ZONECHAMPS:</b>	<b>30.27 Z 12/11/15</b>	<b>Leslie Livingston</b>		
1	Willeboordse, Fall	52	Chelsea Piers fi-6	33.02
2	Grasberger, Rhonda A	53	King Fins Aquati-2	37.49
3	Neuendorf, Donna M	50	SwimRI-2	38.14
4	Pasquale, Mary M	52	Worcester Area M-2	41.19
5	Pasterczyk, Christine	52	Charles River Ma-2	41.75
6	Crans, Mara	52	Maine Masters Sw-2	43.75
7	Flynn, Sandra P	53	Worcester Area M-2	55.09

**Women 50-54 100 SC Meter Backstroke**

<b>WORLD:</b>	<b>1:05.89 W 3/8/14</b>	<b>ELLEN REYNOLDS</b>		
<b>NATL:</b>	<b>1:05.89 N 3/8/14</b>	<b>ELLEN REYNOLDS</b>		
<b>ZONECHAMPS:</b>	<b>1:10.91 Z 12/8/17</b>	<b>Stephanie Stone</b>		
1	Neuendorf, Donna M	50	SwimRI-2	1:20.81
	39.00	1:20.81		
2	Grasberger, Rhonda A	53	King Fins Aquati-2	1:20.91
	39.05	1:20.91		
3	Pasterczyk, Christine	52	Charles River Ma-2	1:31.72
	44.81	1:31.72		
4	Crans, Mara	52	Maine Masters Sw-2	1:32.59
	45.36	1:32.59		

**Women 50-54 200 SC Meter Backstroke**

<b>WORLD:</b>	<b>2:22.37 W 3/8/14</b>	<b>ELLEN REYNOLDS</b>		
<b>NATL:</b>	<b>2:22.37 N 3/8/14</b>	<b>ELLEN REYNOLDS</b>		
<b>ZONECHAMPS:</b>	<b>2:26.67 Z 12/8/17</b>	<b>Stephanie Stone</b>		
1	Grasberger, Rhonda A	53	King Fins Aquati-2	2:54.41
	41.13	1:25.28	2:10.93	2:54.41
2	Crans, Mara	52	Maine Masters Sw-2	3:16.76
	46.05	1:35.71	2:27.34	3:16.76
3	Barlow, Jennifer	52	Abc Masters - Gr-2	3:32.67
	52.50	1:46.18	2:41.00	3:32.67

**Women 50-54 50 SC Meter Breaststroke**

<b>WORLD:</b>	<b>33.96 W 11/24/12</b>	<b>MONICA CORO</b>		
<b>NATL:</b>	<b>36.31 N 11/22/15</b>	<b>CAROLINE KRATTLI</b>		
<b>ZONECHAMPS:</b>	<b>36.71 Z 12/14/13</b>	<b>Kim Crouch</b>		
1	Weiderman, Jennifer	52	Conejo Valley Ma-33	39.13
2	Pasquale, Mary M	52	Worcester Area M-2	46.37
3	Crans, Mara	52	Maine Masters Sw-2	48.51
4	Flynn, Sandra P	53	Worcester Area M-2	55.37
5	Davis Hayes, Catherine	52	Kent Y Masters S-2	1:17.78

**Women 50-54 100 SC Meter Breaststroke**

<b>WORLD:</b>	<b>1:15.02 W 3/21/15</b>	<b>UTE HASSE</b>		
<b>NATL:</b>	<b>1:19.23 N 5/18/14</b>	<b>CORRIN POPPS</b>		
<b>ZONECHAMPS:</b>	<b>1:20.65 Z 12/15/13</b>	<b>Kim Crouch</b>		
1	Weiderman, Jennifer	52	Conejo Valley Ma-33	1:24.27
	39.58	1:24.27		
2	McNamara, Marianne	54	Minuteman Master-2	1:40.12
	47.39	1:40.12		
3	Zraket, Lisa	54	YMCA of the Nort-2	1:44.09
	47.03	1:44.09		
4	Crans, Mara	52	Maine Masters Sw-2	1:44.54
	49.85	1:44.54		
5	Pasquale, Mary M	52	Worcester Area M-2	1:44.56
	49.56	1:44.56		

**Women 50-54 200 SC Meter Breaststroke**

<b>WORLD:</b>	<b>2:46.24 W 3/26/17</b>	<b>MARZENA KULIS</b>		
<b>NATL:</b>	<b>2:50.36 N 12/4/16</b>	<b>ELLEN REYNOLDS</b>		
<b>ZONECHAMPS:</b>	<b>2:52.59 Z 12/14/13</b>	<b>Kim Crouch</b>		
1	Weiderman, Jennifer	52	Conejo Valley Ma-33	3:04.61
	40.81	1:26.95	2:15.24	3:04.61
2	Crans, Mara	52	Maine Masters Sw-2	3:50.38
	51.82	1:50.63	2:51.77	3:50.38

**Women 50-54 50 SC Meter Butterfly**

<b>WORLD:</b>	<b>29.25 W 3/16/13</b>	<b>LESLIE LIVINGSTON</b>		
<b>NATL:</b>	<b>29.25 N 3/16/13</b>	<b>LESLIE LIVINGSTON</b>		
<b>ZONECHAMPS:</b>	<b>29.98 Z 12/14/13</b>	<b>Leslie Livingston</b>		
1	Willeboordse, Fall	52	Chelsea Piers fi-6	31.19
2	Grasberger, Rhonda A	53	King Fins Aquati-2	37.48
3	Pasquale, Mary M	52	Worcester Area M-2	40.11
4	Zraket, Lisa	54	YMCA of the Nort-2	44.80
5	Gannett, Wendy S	52	Greater Holyoke-2	57.37

**Women 50-54 100 SC Meter Butterfly**

<b>WORLD:</b>	<b>1:06.88 W 4/3/16</b>	<b>DANIELA DE PONTI</b>		
<b>NATL:</b>	<b>1:07.82 N 11/8/14</b>	<b>KARLYN PIPES</b>		
<b>ZONECHAMPS:</b>	<b>1:10.97 Z 12/14/14</b>	<b>Andrea Block</b>		
1	Grasberger, Rhonda A	53	King Fins Aquati-2	1:26.37
	40.60	1:26.37		

**Women 50-54 200 SC Meter Butterfly**

<b>WORLD:</b>	<b>2:28.08 W 5/8/11</b>	<b>LYNN MARSHALL</b>		
<b>NATL:</b>	<b>2:32.29 N 12/9/12</b>	<b>KARLYN PIPES</b>		
<b>ZONECHAMPS:</b>	<b>2:42.27 Z 1/1/07</b>	<b>Nancy Steadman Martin</b>		
1	Grasberger, Rhonda A	53	King Fins Aquati-2	3:16.88
	41.64	1:31.13	2:24.34	3:16.88

**Women 50-54 100 SC Meter IM**

<b>WORLD:</b>	<b>1:07.85 W 11/7/15</b>	<b>ANETTE PHILIPSSON</b>		
<b>NATL:</b>	<b>1:09.68 N 2/18/12</b>	<b>KARLYN PIPES</b>		
<b>ZONECHAMPS:</b>	<b>1:10.69 Z 12/11/15</b>	<b>Leslie Livingston</b>		
1	Willeboordse, Fall	52	Chelsea Piers fi-6	1:12.54
	33.22	1:12.54		
2	Weiderman, Jennifer	52	Conejo Valley Ma-33	1:18.05
	37.67	1:18.05		
3	FitzGerald, Mary P	51	Greater Holyoke-2	1:24.20
	38.44	1:24.20		
4	McNamara, Marianne	54	Minuteman Master-2	1:30.99
	43.21	1:30.99		

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**(Women 50-54 100 SC Meter IM)**

5	Crans, Mara	52	Maine Masters Sw-2	1:32.97
	44.57	1:32.97		
6	Zraket, Lisa	54	YMCA of the Nort-2	1:34.80
	43.91	1:34.80		
7	Gannett, Wendy S	52	Greater Holyoke-2	2:09.10
	1:02.84	2:09.10		

**Women 50-54 200 SC Meter IM****WORLD: 2:28.64 W 9/28/14 ELLEN REYNOLDS****NATL: 2:28.64 N 9/28/14 ELLEN REYNOLDS****ZONECHAMPS: 2:36.22 Z 12/8/17 Stephanie Stone**

1	Weiderman, Jennifer	52	Conejo Valley Ma-33	2:49.70
	37.80	1:22.87	2:09.73	2:49.70
2	FitzGerald, Mary P	51	Greater Holyoke-2	3:11.61
	39.08	1:28.94	2:24.99	3:11.61
3	Pasquale, Mary M	52	Worcester Area M-2	3:14.58
	42.41	1:32.37	2:30.11	3:14.58
4	Crans, Mara	52	Maine Masters Sw-2	3:20.30
	46.49	1:38.85	2:36.60	3:20.30
5	McNamara, Marianne	54	Minuteman Master-2	3:21.39
	45.47	1:35.90	2:34.22	3:21.39
6	Zraket, Lisa	54	YMCA of the Nort-2	3:28.49
	47.30	1:40.09	2:38.52	3:28.49
7	Barlow, Jennifer	52	Abc Masters - Gr-2	3:41.57
	52.39	1:49.87	2:54.07	3:41.57

**Women 50-54 400 SC Meter IM****WORLD: 5:10.96 W 9/26/14 ELLEN REYNOLDS****NATL: 5:10.96 N 9/26/14 ELLEN REYNOLDS****ZONECHAMPS: 5:43.22 Z 1/1/07 Nancy Steadman Martin**

1	Pasquale, Mary M	52	Worcester Area M-2	6:52.42
	44.70	1:40.37	2:32.10	3:25.29
	4:23.00	5:22.92	6:07.68	6:52.42
2	Pasterczyk, Christine	52	Charles River Ma-2	7:33.49
	52.46	1:55.11	2:54.30	3:52.13
	4:54.85	5:56.73	6:46.46	7:33.49
3	Harvey, Lori	53	Kingsbury Club M-2	7:51.07
	49.60	1:48.87	2:49.27	3:48.14
	5:00.05	6:08.38	6:59.61	7:51.07

**Women 55-59 50 SC Meter Freestyle****WORLD: 27.81 W 3/5/16 LESLIE LIVINGSTON****NATL: 27.81 N 3/5/16 LESLIE LIVINGSTON****ZONECHAMPS: 29.53 Z 12/9/16 Louise Cady-Fernandes**

1	Moss, Pam Henry	56	Connecticut Mast-5	32.12
2	Scott, Elizabeth F	56	North Suburban Y-2	32.57
3	Grant, Karen	55	Great Bay Master-2	32.67
4	Stokes, Karin	57	Granite State Pe-2	33.89
5	Pentheny, Gail H	56	Great Bay Master-2	36.12
6	Uecker, Anne	58	Maine Masters Sw-2	36.26
7	Gallagher, Sally L	57	Great Bay Master-2	37.26
8	Thomas, Mary	56	Great Bay Master-2	37.90
9	Fleming, Jill M	57	Simon's Rock Pac-2	42.39

**Women 55-59 100 SC Meter Freestyle****WORLD: 1:00.61 W 1/20/17 KARLYN PIPES****NATL: 1:00.61 N 1/20/17 KARLYN PIPES****ZONECHAMPS: 1:05.84 Z 1/1/09 Nancy Steadman Martin**

1	Moss, Pam Henry	56	Connecticut Mast-5	1:09.33
	33.77	1:09.33		
2	Delorey, Laura E	56	Worcester Area M-2	1:13.16
	35.57	1:13.16		
3	Stokes, Karin	57	Granite State Pe-2	1:17.73
	37.63	1:17.73		
4	Uecker, Anne	58	Maine Masters Sw-2	1:18.69
	37.64	1:18.69		
5	Edison, Cheryl S	56	Connecticut Mast-5	1:18.74
	38.08	1:18.74		
6	Pentheny, Gail H	56	Great Bay Master-2	1:19.49
	38.44	1:19.49		
7	Gallagher, Sally L	57	Great Bay Master-2	1:22.13
	38.99	1:22.13		
8	Dixon, Alison M	56	Pittsfield YMCA-2	1:24.34
	39.48	1:24.34		
9	Thomas, Mary	56	Great Bay Master-2	1:29.08
	42.19	1:29.08		
10	Galvin, Denise	59	YMCA of Greater-2	1:57.21
	53.31	1:57.21		

**Women 55-59 200 SC Meter Freestyle****WORLD: 2:13.58 W 2/28/16 LYNN MARSHALL****NATL: 2:13.89 N 4/22/17 KARLYN PIPES****ZONECHAMPS: 2:24.45 Z 1/1/09 Nancy Steadman Martin**

1	Stokes, Karin	57	Granite State Pe-2	2:49.82
	40.59	1:24.51	2:08.47	2:49.82
2	Edison, Cheryl S	56	Connecticut Mast-5	2:51.46
	40.15	1:24.39	2:09.10	2:51.46
3	Dickson, CJ	55	Worcester Area M-2	2:51.62
	40.39	1:24.53	2:09.23	2:51.62
4	Uecker, Anne	58	Maine Masters Sw-2	2:52.52
	38.95	1:22.78	2:07.77	2:52.52
5	Gallagher, Sally L	57	Great Bay Master-2	2:55.45
	39.99	1:24.84	2:11.11	2:55.45
6	Pentheny, Gail H	56	Great Bay Master-2	2:57.36
	40.16	1:25.03	2:11.83	2:57.36

**Women 55-59 200 SC Meter Freestyle Time Trial****WORLD: 2:13.58 W 2/28/16 LYNN MARSHALL****NATL: 2:13.89 N 4/22/17 KARLYN PIPES****ZONECHAMPS: 2:24.45 Z 1/1/09 Nancy Steadman Martin****- Time Trial**

1	Moss, Pam Henry	56	Connecticut Mast-5	2:32.56
	35.87	1:14.92	1:54.08	2:32.56

**Women 55-59 400 SC Meter Freestyle****WORLD: 4:37.35 W 1/23/16 LYNN MARSHALL****NATL: 4:42.97 N 10/4/09 LAURA VAL****ZONECHAMPS: 4:53.27 Z 1/1/09 Nancy Steadman Martin**

1	Grant, Karen	55	Great Bay Master-2	5:49.29
	38.24	1:20.96	2:05.45	2:50.78
	3:35.52	4:20.88	5:06.32	5:49.29

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**(Women 55-59 400 SC Meter Freestyle)**

2	Eggimann, Beth H	57	North Suburban Y-2	5:53.67
	41.18	1:26.39	2:11.78	2:56.08
	3:40.62	4:25.47	5:10.10	5:53.67
3	Stokes, Karin	57	Granite State Pe-2	5:56.77
	41.30	1:27.08	2:13.10	2:58.92
	3:44.15	4:29.30	5:13.56	5:56.77
4	Gallagher, Sally L	57	Great Bay Master-2	6:05.70
	39.46	1:25.00	2:12.33	2:59.62
	3:47.06	4:34.00	5:20.20	6:05.70
5	Uecker, Anne	58	Maine Masters Sw-2	6:09.68
	41.40	1:27.20	2:13.92	3:00.62
	3:47.38	4:34.48	5:22.06	6:09.68
6	Dixon, Alison M	56	Pittsfield YMCA-2	6:42.13
	42.54	1:32.97	2:24.12	3:15.84
	4:08.87	5:01.41	5:53.13	6:42.13
7	Kripke, Liz	56	Abc Masters - Gr-2	6:43.48
	44.43	1:32.45	2:23.37	3:15.42
	4:07.98	5:00.97	5:53.28	6:43.48
8	Fleming, Jill M	57	Simon's Rock Pac-2	7:15.47
	45.79	1:37.16	2:31.82	3:29.85
	4:28.57	5:24.90	6:17.63	7:15.47

**Women 55-59 800 SC Meter Freestyle**

**WORLD: 9:32.63 W 4/23/17 LYNN MARSHALL**

**NATL: 9:46.35 N 10/13/18 JILL HERNANDEZ**

**ZONECHAMPS:10:19.57 Z 12/13/13 Katherine Branch**

1	Jensen, Sue	58	Charles River Ma-2	11:27.57
	38.88	1:21.76	2:04.86	2:48.60
	3:32.16	4:15.97	4:59.98	5:43.82
	6:27.28	7:10.95	7:54.21	8:37.55
	9:21.13	10:04.01	10:46.49	11:27.57
2	Eggimann, Beth H	57	North Suburban Y-2	12:08.71
	42.46	1:28.26	2:14.30	3:00.33
	3:46.22	4:31.95	5:17.95	6:03.87
	6:49.48	7:35.32	8:21.30	9:07.27
	9:52.77	10:38.64	11:23.93	12:08.71
3	Gallagher, Sally L	57	Great Bay Master-2	12:33.31
	41.06	1:27.31	2:14.82	3:02.38
	3:50.32	4:38.18	5:26.32	6:14.42
	7:02.98	7:51.49	8:39.01	9:27.15
	10:14.49	11:02.16	11:48.92	12:33.31
4	Edison, Cheryl S	56	Connecticut Mast-5	12:49.16
	41.59	1:27.54	2:14.49	3:02.45
	3:50.78	4:40.38	5:29.99	6:19.43
	7:08.47	7:58.27	8:47.94	9:36.95
	10:25.92	11:14.35	12:02.49	12:49.16
5	Kripke, Liz	56	Abc Masters - Gr-2	13:31.69
	42.60	1:30.70	2:21.41	3:12.97
	4:04.34	4:55.85	5:47.62	6:39.72
	7:31.42	8:22.91	9:14.57	10:05.97
	10:57.18	11:48.70	12:40.04	13:31.69
6	Dixon, Alison M	56	Pittsfield YMCA-2	13:53.80
	42.02	1:31.21	2:22.54	3:15.10
	4:09.04	5:01.17	5:55.39	6:48.53
	7:41.75	8:34.48	9:28.67	10:22.42
	11:16.02	12:10.82	13:03.69	13:53.80

7	Fleming, Jill M	57	Simon's Rock Pac-2	14:42.23
	46.37	1:41.76	2:36.30	3:31.50
	4:26.03	5:21.99	6:18.98	7:16.59
	8:13.88	9:10.43	10:07.13	11:02.56
	11:57.66	12:53.31	13:49.67	14:42.23
8	Hickey, Marilyn	59	Pittsfield YMCA-2	16:44.09
	54.40	1:56.76	3:02.48	4:05.34
	5:08.09	6:11.62	7:15.68	8:20.65
	9:24.17	10:27.45	11:32.13	12:35.15
	13:39.92	14:43.63	15:47.14	16:44.09

**Women 55-59 50 SC Meter Backstroke**

**WORLD: 30.12 W 3/5/16 LESLIE LIVINGSTON**

**NATL: 30.12 N 3/5/16 LESLIE LIVINGSTON**

**ZONECHAMPS: 37.67 Z 12/15/13 Tracy Grilli**

1	Scott, Elizabeth F	56	North Suburban Y-2	39.93
2	Dickson, CJ	55	Worcester Area M-2	41.05
3	Uecker, Anne	58	Maine Masters Sw-2	41.62
4	Stokes, Karin	57	Granite State Pe-2	42.20
5	St.Pierre-Sleboda, Cheryl	59	Simon's Rock Pac-2	45.22
6	Ruggiero, Terri	58	Minuteman Master-2	46.09
7	Hatfield, Bo J	57	YMCA of the Nort-2	59.37

**Women 55-59 100 SC Meter Backstroke**

**WORLD: 1:08.33 W 1/20/17 KARLYN PIPES**

**NATL: 1:08.33 N 1/20/17 KARLYN PIPES**

**ZONECHAMPS: 1:19.72 Z 1/1/09 Nancy Steadman Martin**

1	Dickson, CJ	55	Worcester Area M-2	1:27.89
	43.01	1:27.89		
2	Uecker, Anne	58	Maine Masters Sw-2	1:28.77
	43.50	1:28.77		
3	Rourke, Lisa	56	Charles River Ma-2	1:34.13
	44.90	1:34.13		
4	Dixon, Alison M	56	Pittsfield YMCA-2	1:52.53
	52.87	1:52.53		
5	Hatfield, Bo J	57	YMCA of the Nort-2	2:09.09
	1:04.06	2:09.09		

**Women 55-59 200 SC Meter Backstroke**

**WORLD: 2:29.22 W 1/22/17 KARLYN PIPES**

**NATL: 2:29.22 N 1/22/17 KARLYN PIPES**

**ZONECHAMPS: 2:44.55 Z 1/1/09 Nancy Steadman Martin**

1	Uecker, Anne	58	Maine Masters Sw-2	3:06.54
	44.79	1:31.78	2:19.84	3:06.54
2	Dickson, CJ	55	Worcester Area M-2	3:07.78
	46.68	1:34.61	2:22.11	3:07.78

**Women 55-59 50 SC Meter Breaststroke**

**WORLD: 35.15 W 4/9/17 MONICA CORO**

**NATL: 36.47 N 11/5/17 CAROLINE KRATTLI**

**ZONECHAMPS: 39.23 Z 12/11/15 Karen Mareb**

1	Ruggiero, Terri	58	Minuteman Master-2	46.64
2	Rourke, Lisa	56	Charles River Ma-2	47.43
3	Stokes, Karin	57	Granite State Pe-2	47.81
4	Thomas, Mary	56	Great Bay Master-2	48.60
5	Gallagher, Sally L	57	Great Bay Master-2	50.12
6	Hatfield, Bo J	57	YMCA of the Nort-2	50.76
7	Galvin, Denise	59	YMCA of Greater-2	54.19



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**Women 55-59 100 SC Meter Breaststroke****WORLD: 1:18.01 W 4/9/17 MONICA CORO****NATL: 1:21.18 N 11/18/17 CAROLINE KRATTLI****ZONECHAMPS: 1:25.17 Z 12/15/13 Karen Mareb**

1	Scott, Elizabeth F	56	North Suburban Y-2	1:29.54
	43.53	1:29.54		
2	Bergstrom, Jody A	55	Boston Universit-2	1:30.89
	42.61	1:30.89		
3	Grant, Karen	55	Great Bay Master-2	1:35.47
	46.03	1:35.47		
4	Ruggiero, Terri	58	Minuteman Master-2	1:43.32
	49.53	1:43.32		
5	Eggimann, Beth H	57	North Suburban Y-2	1:44.61
	49.33	1:44.61		
6	Dixon, Alison M	56	Pittsfield YMCA-2	1:45.40
	51.19	1:45.40		
7	Thomas, Mary	56	Great Bay Master-2	1:45.51
	50.58	1:45.51		
8	Erickson, Julia L	59	Simon's Rock Pac-2	2:10.93
	1:02.76	2:10.93		

**Women 55-59 200 SC Meter Breaststroke****WORLD: 2:53.16 W 4/22/17 MONICA CORO****NATL: 3:01.40 N 11/20/16 KIM CROUCH****ZONECHAMPS: 3:06.49 Z 12/11/15 Karen Mareb**

1	Scott, Elizabeth F	56	North Suburban Y-2	3:17.40
	1:35.65	2:27.43	3:17.40	
2	Dixon, Alison M	56	Pittsfield YMCA-2	3:46.43
	1:51.50	3:46.43		
3	Thomas, Mary	56	Great Bay Master-2	3:52.35
	54.29	1:54.32	2:55.39	3:52.35
4	Hatfield, Bo J	57	YMCA of the Nort-2	3:56.43
	1:54.14	3:56.43		

**Women 55-59 50 SC Meter Butterfly****WORLD: 29.39 W 3/5/16 LESLIE LIVINGSTON****NATL: 29.39 N 3/5/16 LESLIE LIVINGSTON****ZONECHAMPS: 34.22 Z 12/9/16 Gayle Wettach**

1	Delorey, Laura E	56	Worcester Area M-2	35.84
2	Jensen, Sue	58	Charles River Ma-2	36.28
3	Uecker, Anne	58	Maine Masters Sw-2	38.96
4	Edison, Cheryl S	56	Connecticut Mast-5	39.77
5	Stokes, Karin	57	Granite State Pe-2	39.97
6	St.Pierre-Sleboda, Cheryl	59	Simon's Rock Pac-2	40.14
7	Pentheny, Gail H	56	Great Bay Master-2	43.45
8	Dixon, Alison M	56	Pittsfield YMCA-2	44.13
9	Ruggiero, Terri	58	Minuteman Master-2	46.44

**Women 55-59 100 SC Meter Butterfly****WORLD: 1:08.15 W 1/21/17 KARLYN PIPES****NATL: 1:08.15 N 1/21/17 KARLYN PIPES****ZONECHAMPS: 1:20.88 Z 12/11/10 Nancy Steadman Martin**

1	Delorey, Laura E	56	Worcester Area M-2	1:23.60
	39.73	1:23.60		
2	Jensen, Sue	58	Charles River Ma-2	1:23.62
	39.60	1:23.62		
3	Uecker, Anne	58	Maine Masters Sw-2	1:30.04
	41.41	1:30.04		

4	Dickson, CJ	55	Worcester Area M-2	1:36.32
	46.74	1:36.32		

5	Edison, Cheryl S	56	Connecticut Mast-5	1:40.19
	45.96	1:40.19		

6	Pentheny, Gail H	56	Great Bay Master-2	1:41.62
	47.45	1:41.62		

7	St.Pierre-Sleboda, Cheryl	59	Simon's Rock Pac-2	1:45.97
	45.62	1:45.97		

**Women 55-59 200 SC Meter Butterfly****WORLD: 2:31.13 W 9/14/08 LAURA VAL****NATL: 2:31.13 N 9/14/08 LAURA VAL****ZONECHAMPS: 2:47.89 Z 1/1/09 Nancy Steadman Martin**

1	Jensen, Sue	58	Charles River Ma-2	3:08.08
	41.43	1:30.22	2:19.64	3:08.08

2	Delorey, Laura E	56	Worcester Area M-2	3:10.13
	41.76	1:29.38	2:19.91	3:10.13

3	Dickson, CJ	55	Worcester Area M-2	3:43.77
	51.02	1:48.15	2:45.79	3:43.77

**Women 55-59 100 SC Meter IM****WORLD: 1:09.08 W 1/21/17 KARLYN PIPES****NATL: 1:09.08 N 1/21/17 KARLYN PIPES****ZONECHAMPS: 1:16.41 Z 12/15/13 Jenny Cook**

1	Scott, Elizabeth F	56	North Suburban Y-2	1:23.23
	40.49	1:23.23		

2	Grant, Karen	55	Great Bay Master-2	1:26.85
	42.27	1:26.85		

3	Stokes, Karin	57	Granite State Pe-2	1:31.53
	41.00	1:31.53		

4	Dickson, CJ	55	Worcester Area M-2	1:32.30
	42.87	1:32.30		

5	Edison, Cheryl S	56	Connecticut Mast-5	1:33.26
	44.15	1:33.26		

6	Uecker, Anne	58	Maine Masters Sw-2	1:33.42
	42.34	1:33.42		

7	Gallagher, Sally L	57	Great Bay Master-2	1:37.49
	47.30	1:37.49		

8	Ruggiero, Terri	58	Minuteman Master-2	1:38.95
	48.00	1:38.95		

9	Eggimann, Beth H	57	North Suburban Y-2	1:39.05
	48.66	1:39.05		

10	Thomas, Mary	56	Great Bay Master-2	1:39.93
	48.15	1:39.93		

11	Dixon, Alison M	56	Pittsfield YMCA-2	1:40.07
	48.41	1:40.07		

12	Erickson, Julia L	59	Simon's Rock Pac-2	2:15.02
	1:09.11	2:15.02		

**Women 55-59 200 SC Meter IM****WORLD: 2:31.06 W 1/28/17 KARLYN PIPES****NATL: 2:33.57 N 10/13/18 JILL HERNANDEZ****ZONECHAMPS: 2:50.09 Z 12/14/13 Jenny Cook**

1	Delorey, Laura E	56	Worcester Area M-2	2:59.15
	37.99	1:24.04	2:16.19	2:59.15

2	Jensen, Sue	58	Charles River Ma-2	3:00.50
	39.18	1:28.00	2:20.56	3:00.50

3	Scott, Elizabeth F	56	North Suburban Y-2	3:04.48
	39.70	1:30.26	2:22.04	3:04.48

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**(Women 55-59 200 SC Meter IM)**

4	Dickson, CJ	55	Worcester Area M-2	3:19.14
	45.35	1:32.60	2:34.73	3:19.14
5	Ruggiero, Terri	58	Minuteman Master-2	3:31.49
	51.14	1:43.56	2:42.53	3:31.49

**Women 55-59 400 SC Meter IM**

**WORLD: 5:23.08 W 4/1/16 LYNN MARSHALL**

**NATL: 5:25.71 N 4/23/17 KARLYN PIPES**

**ZONECHAMPS: 5:47.01 Z 1/1/09 Nancy Steadman Martin**

1	Delorey, Laura E	56	Worcester Area M-2	6:18.71
	42.60	1:30.78	2:20.28	3:09.58
	4:01.14	4:54.07	5:36.92	6:18.71
2	Jensen, Sue	58	Charles River Ma-2	6:21.74
	41.03	1:30.18	2:21.16	3:12.46
	4:05.04	4:59.62	5:41.71	6:21.74
3	Dickson, CJ	55	Worcester Area M-2	6:54.71
	45.41	1:38.65	2:28.03	3:17.05
	4:22.03	5:24.23	6:10.74	6:54.71
4	Hatfield, Bo J	57	YMCA of the Nort-2	7:34.07
	55.23	1:58.53	3:13.13	4:24.06
	5:26.38	6:28.93	7:34.07	
5	Dixon, Alison M	56	Pittsfield YMCA-2	7:54.42
	54.13	1:53.07	2:59.13	4:11.43
	5:12.67	6:11.31	7:04.35	7:54.42

**Women 60-64 50 SC Meter Freestyle**

**WORLD: 28.50 W 5/26/18 JENNY WHITELEY**

**NATL: 29.23 N 12/7/13 LAURA VAL**

**ZONECHAMPS: 29.65 Z 12/9/16 Veronica Hibben**

1	Mareb, Karen M	60	Granite State Pe-2	30.59
2	Wettach, Gayle M	61	North Suburban Y-2	31.57
3	Randall, Romaine	61	Abc Masters - Gr-2	36.45
4	Brenner, Laurie	63	Pittsfield YMCA-2	43.98
5	Twomey, Maura	62	Charles River Ma-2	46.44
6	Uffelmann, Elsie	60	Worcester Area M-2	48.60

**Women 60-64 100 SC Meter Freestyle**

**WORLD: 1:03.48 W 12/5/14 LAURA VAL**

**NATL: 1:03.48 N 12/5/14 LAURA VAL**

**ZONECHAMPS: 1:04.76 Z 12/9/16 Veronica Hibben**

1	Mareb, Karen M	60	Granite State Pe-2	1:08.96
	32.78	1:08.96		
2	Brenner, Laurie	63	Pittsfield YMCA-2	1:33.68
	45.27	1:33.68		
3	Twomey, Maura	62	Charles River Ma-2	1:41.33
	49.51	1:41.33		
4	Foster, Alexandra	60	Connecticut Mast-5	2:08.65
	1:01.11	2:08.65		

**Women 60-64 200 SC Meter Freestyle**

**WORLD: 2:20.16 W 12/4/11 LAURA VAL**

**NATL: 2:20.16 N 12/4/11 LAURA VAL**

**ZONECHAMPS: 2:25.83 Z 12/9/16 Veronica Hibben**

1	Mareb, Karen M	60	Granite State Pe-2	2:35.88
	36.22	1:16.55	1:57.22	2:35.88
2	Brenner, Laurie	63	Pittsfield YMCA-2	3:22.60
	45.11	1:37.58	2:30.52	3:22.60

3	Twomey, Maura	62	Charles River Ma-2	3:46.74
	52.58	1:51.09	2:49.96	3:46.74
4	Foster, Alexandra	60	Connecticut Mast-5	4:25.62
	1:01.74	2:08.89	3:19.53	4:25.62

**Women 60-64 400 SC Meter Freestyle**

**WORLD: 4:53.24 W 8/24/13 LAURA VAL**

**NATL: 4:53.24 N 8/24/13 LAURA VAL**

**ZONECHAMPS: 5:16.27 Z 12/8/17 Tracy Grilli**

1	Randall, Romaine	61	Abc Masters - Gr-2	6:45.48
	44.59	1:32.80	2:23.03	3:14.33
	4:06.91	4:59.63	5:53.71	6:45.48
2	Brenner, Laurie	63	Pittsfield YMCA-2	7:09.50
	46.29	1:38.28	2:32.56	3:28.84
	4:23.17	5:19.81	6:16.00	7:09.50
3	Twomey, Maura	62	Charles River Ma-2	7:39.29
	55.39	1:54.81	2:53.89	3:51.91
	4:49.01	5:47.65	6:44.93	7:39.29
4	Mistretta, Joan E	62	Great Bay Master-2	10:13.64
	1:05.71	2:25.39	3:42.71	5:02.46
	6:21.53	7:40.29	8:58.54	10:13.64

**Women 60-64 800 SC Meter Freestyle**

**WORLD:10:21.68 W 1/15/11 LAURA VAL**

**NATL:10:21.68 N 1/15/11 LAURA VAL**

**ZONECHAMPS:10:50.98 Z 12/8/17 Katherine Branch**

1	Marshall, Jennys	61	North Suburban Y-2	13:14.12
	43.80	1:31.73	2:20.65	3:11.09
	4:00.93	4:51.49	5:42.87	6:33.71
	7:24.15	8:15.23	9:05.67	9:55.20
	10:47.55	11:36.09	12:24.95	13:14.12
2	Brenner, Laurie	63	Pittsfield YMCA-2	14:11.05
	45.39	1:36.44	2:29.43	3:23.52
	4:18.44	5:13.12	6:07.51	7:01.79
	7:55.92	8:50.14	9:44.33	10:37.62
	11:31.62	12:26.21	13:19.96	14:11.05
3	Lott, Beth	60	YMCA of the Nort-2	15:20.80
	48.60	1:43.82	3:40.13	
	4:38.98	6:38.90	7:37.51	8:36.31
	9:34.32	10:33.90	11:32.68	
	12:31.44	13:29.46	15:20.80	

**Women 60-64 50 SC Meter Backstroke**

**WORLD: 33.01 W 12/8/13 LAURA VAL**

**NATL: 33.01 N 12/8/13 LAURA VAL**

**ZONECHAMPS: 35.89 Z 12/14/14 Joan Pfinsgraff**

1	Estel, Beth A	62	Granite State Pe-2	39.62
2	Twomey, Maura	62	Charles River Ma-2	51.39
3	Uffelmann, Elsie	60	Worcester Area M-2	57.31
4	Foster, Alexandra	60	Connecticut Mast-5	1:12.25

**Women 60-64 100 SC Meter Backstroke**

**WORLD: 1:12.72 W 12/7/13 LAURA VAL**

**NATL: 1:12.39 N 10/13/18 BONNIE BILICH**

**ZONECHAMPS: 1:16.83 Z 12/13/14 Joan Pfinsgraff**

1	Twomey, Maura	62	Charles River Ma-2	1:51.21
	55.15	1:51.21		

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

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**Women 60-64 200 SC Meter Backstroke**

**WORLD: 2:40.04 W 11/21/15 LAURA VAL**  
**NATL: 2:35.84 N 10/14/18 BONNIE BILICH**  
**ZONECHAMPS: 2:44.59 Z 12/14/14 Joan Pfinsgraff**

1 Estel, Beth A	62 Granite State Pe-2	3:03.12
42.10	1:28.06	2:15.45 3:03.12
2 Twomey, Maura	62 Charles River Ma-2	3:57.27
56.13	1:57.56	2:58.04 3:57.27

**Women 60-64 50 SC Meter Breaststroke**

**WORLD: 37.08 W 5/26/18 JENNY WHITELEY**  
**NATL: 38.87 N 12/4/16 COLETTE CRABBE**  
**ZONECHAMPS: 38.97 Z 12/9/16 Beth Estel**

1 Mareb, Karen M	60 Granite State Pe-2	39.63
2 Estel, Beth A	62 Granite State Pe-2	40.79
3 Brenner, Laurie	63 Pittsfield YMCA-2	53.46
4 Twomey, Maura	62 Charles River Ma-2	1:00.88

**Women 60-64 100 SC Meter Breaststroke**

**WORLD: 1:20.50 W 5/26/18 JENNY WHITELEY**  
**NATL: 1:24.39 N 12/3/16 COLETTE CRABBE**  
**ZONECHAMPS: 1:26.90 Z 12/8/17 Beth Estel**

1 Mareb, Karen M	60 Granite State Pe-2	1:25.52Z
40.81	1:25.52	
2 Estel, Beth A	62 Granite State Pe-2	1:28.94
41.64	1:28.94	
3 Brenner, Laurie	63 Pittsfield YMCA-2	1:53.64
54.24	1:53.64	
4 Randall, Romaine	61 Abc Masters - Gr-2	1:55.34
55.08	1:55.34	
5 Mistretta, Joan E	62 Great Bay Master-2	2:24.72
1:10.40	2:24.72	

**Women 60-64 200 SC Meter Breaststroke**

**WORLD: 2:57.05 W 5/26/18 JENNY WHITELEY**  
**NATL: 3:04.70 N 12/4/16 LO KNAPP**  
**ZONECHAMPS: 3:13.70 Z 12/9/16 Beth Estel**

1 Mareb, Karen M	60 Granite State Pe-2	3:09.37Z
42.91	1:31.20	2:20.90 3:09.37
2 Estel, Beth A	62 Granite State Pe-2	3:20.64
1:30.64	2:26.25	3:20.64
3 Brenner, Laurie	63 Pittsfield YMCA-2	4:02.81
56.46	1:58.13	3:01.66 4:02.81

**Women 60-64 50 SC Meter Butterfly**

**WORLD: 32.42 W 10/6/13 LAURA VAL**  
**NATL: 32.42 N 10/6/13 LAURA VAL**  
**ZONECHAMPS: 32.54 Z 12/9/16 Veronica Hibben**

1 Wettach, Gayle M	61 North Suburban Y-2	35.50
2 Randall, Romaine	61 Abc Masters - Gr-2	49.92
3 Brenner, Laurie	63 Pittsfield YMCA-2	51.91
4 Twomey, Maura	62 Charles River Ma-2	57.48

**Women 60-64 100 SC Meter IM**

**WORLD: 1:15.07 W 10/6/13 LAURA VAL**  
**NATL: 1:15.07 N 10/6/13 LAURA VAL**  
**ZONECHAMPS: 1:19.63 Z 12/9/16 Veronica Hibben**

1 Mareb, Karen M	60 Granite State Pe-2	1:18.76Z
37.59	1:18.76	

2 Wettach, Gayle M	61 North Suburban Y-2	1:22.73
39.93	1:22.73	
3 Estel, Beth A	62 Granite State Pe-2	1:23.03
39.94	1:23.03	
4 Randall, Romaine	61 Abc Masters - Gr-2	1:43.51
51.25	1:43.51	
5 Twomey, Maura	62 Charles River Ma-2	1:59.99
58.66	1:59.99	
6 Mistretta, Joan E	62 Great Bay Master-2	2:34.76
1:15.60	2:34.76	

**Women 60-64 400 SC Meter IM**

**WORLD: 5:50.34 W 12/2/17 COLETTE CRABBE**  
**NATL: 5:50.34 N 12/2/17 COLETTE CRABBE**  
**ZONECHAMPS: 6:17.58 Z 12/14/14 Shirley Loftus-Charley**

1 Brenner, Laurie	63 Pittsfield YMCA-2	8:27.29
58.04	3:18.19	4:23.39 5:30.75
6:40.06	7:32.65	8:27.29

**Women 65-69 50 SC Meter Freestyle**

**WORLD: 29.30 W 11/19/16 LAURA VAL**  
**NATL: 29.30 N 11/19/16 LAURA VAL**  
**ZONECHAMPS: 32.37 Z 12/9/16 Joel Feldmann**

1 Dickson, Mary B	66 Pittsfield YMCA-2	38.85
2 Mitchell, Carol	69 Sarasota YMCA Sh-1	46.33
3 Kraus, Rozann	68 Simon's Rock Pac-2	48.47

**Women 65-69 100 SC Meter Freestyle**

**WORLD: 1:04.40 W 12/1/17 LAURA VAL**  
**NATL: 1:04.40 N 12/1/17 LAURA VAL**  
**ZONECHAMPS: 1:11.41 Z 12/8/17 Cecilia McCloskey**

1 Mitchell, Carol	69 Sarasota YMCA Sh-1	1:39.39
46.55	1:39.39	
2 Kraus, Rozann	68 Simon's Rock Pac-2	1:50.39
52.16	1:50.39	

**Women 65-69 200 SC Meter Freestyle**

**WORLD: 2:23.26 W 11/18/17 LAURA VAL**  
**NATL: 2:23.26 N 11/18/17 LAURA VAL**  
**ZONECHAMPS: 2:45.83 Z 12/11/15 Christie Hayes**

1 White, Emily	65 Tech Masters-2	3:14.45
44.70	1:35.48	2:25.18 3:14.45
2 Mitchell, Carol	69 Sarasota YMCA Sh-1	3:35.63
50.58	1:46.40	2:41.39 3:35.63

**Women 65-69 400 SC Meter Freestyle**

**WORLD: 5:02.08 W 9/24/17 LAURA VAL**  
**NATL: 5:02.08 N 9/24/17 LAURA VAL**  
**ZONECHAMPS: 5:50.12 Z 12/9/16 Christie Hayes**

1 Mitchell, Carol	69 Sarasota YMCA Sh-1	7:15.10
49.80	1:44.54	2:39.52 3:34.42
4:29.29	5:25.35	6:21.14 7:15.10

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**Women 65-69 800 SC Meter Freestyle**

WORLD:10:34.67 W 1/30/16 LAURA VAL

NATL:10:34.67 N 1/30/16 LAURA VAL

ZONECHAMPS:11:56.44 Z 12/9/16 Christie Hayes

1	Dickson, Mary B	66	Pittsfield YMCA-2	14:04.38
	44.25	1:32.57	2:23.73	3:16.22
	4:09.65	5:03.76	5:57.96	6:51.65
	7:46.17	8:40.78	9:35.34	10:30.35
	11:25.80	12:21.76	13:16.43	14:04.38
2	Mitchell, Carol	69	Sarasota YMCA Sh-1	14:53.17
	49.76	1:44.75	2:40.54	3:35.77
	4:31.58	5:27.30	6:22.92	7:18.42
	8:14.22	9:10.75	10:08.62	11:05.16
	12:02.33	12:59.54	13:57.11	14:53.17
3	Penniman, Mary Crain	65	Abc Masters - Gr-2	15:17.00
	51.47	1:49.34	2:49.88	3:48.81
	4:47.86	5:46.96	6:46.91	7:44.79
	8:42.85	9:41.05	10:39.30	11:36.77
	12:32.97	13:30.17	14:24.77	15:17.00

**Women 65-69 50 SC Meter Backstroke**

WORLD: 33.99 W 12/3/17 LAURA VAL

NATL: 33.99 N 12/3/17 LAURA VAL

ZONECHAMPS: 35.69 Z 12/8/17 Cecilia McCloskey

1	Dickson, Mary B	66	Pittsfield YMCA-2	46.93
2	Craffey, Eileen M	67	New England Mast-2	48.94
3	Mitchell, Carol	69	Sarasota YMCA Sh-1	1:01.40

**Women 65-69 100 SC Meter Backstroke**

WORLD: 1:14.35 W 12/2/17 LAURA VAL

NATL: 1:14.35 N 12/2/17 LAURA VAL

ZONECHAMPS: 1:18.02 Z 12/11/15 Cecilia McCloskey

1	Bierwert, Karen	66	Smith College Ma-2	1:28.81
	43.32	1:28.81		
2	Craffey, Eileen M	67	New England Mast-2	1:50.04
	52.41	1:50.04		
3	Mitchell, Carol	69	Sarasota YMCA Sh-1	2:12.29
	1:06.56	2:12.29		

**Women 65-69 200 SC Meter Backstroke**

WORLD: 2:42.87 W 12/1/17 LAURA VAL

NATL: 2:42.87 N 12/1/17 LAURA VAL

ZONECHAMPS: 2:50.10 Z 12/11/15 Cecilia McCloskey

1	Bierwert, Karen	66	Smith College Ma-2	3:11.84
	44.94	1:32.47	2:22.04	3:11.84
2	Craffey, Eileen M	67	New England Mast-2	3:54.98
	54.16	1:55.32	2:56.92	3:54.98
3	Mitchell, Carol	69	Sarasota YMCA Sh-1	4:26.03
	1:04.73	2:11.18	3:18.94	4:26.03

**Women 65-69 50 SC Meter Breaststroke Time Trial**

WORLD: 40.90 W 5/9/10 NOBUKO YASUDA

NATL: 42.02 N 11/12/11 DIANN UUSTAL

ZONECHAMPS: 45.20 Z 12/8/17 Mary Dickson

**- Time Trial**

1	Bierwert, Karen	66	Smith College Ma-2	45.60
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**Women 65-69 50 SC Meter Breaststroke**

WORLD: 40.90 W 5/9/10 NOBUKO YASUDA

NATL: 42.02 N 11/12/11 DIANN UUSTAL

ZONECHAMPS: 45.20 Z 12/8/17 Mary Dickson

1	Hummel, Barbara	66	UV Rays (White R-2	43.88Z
2	Dickson, Mary B	66	Pittsfield YMCA-2	45.13
3	Craffey, Eileen M	67	New England Mast-2	55.45
4	Mitchell, Carol	69	Sarasota YMCA Sh-1	1:01.14

**Women 65-69 100 SC Meter Breaststroke**

WORLD: 1:28.73 W 1/24/10 NOBUKO YASUDA

NATL: 1:30.81 N 11/19/16 CHARLOTTE DAVIS

ZONECHAMPS: 1:37.74 Z 12/8/17 Karen Bierwert

1	Bierwert, Karen	66	Smith College Ma-2	1:36.76Z
	45.60	1:36.76		
2	Hummel, Barbara	66	UV Rays (White R-2	1:40.42
	48.46	1:40.42		
3	Dickson, Mary B	66	Pittsfield YMCA-2	1:42.32
	49.24	1:42.32		
4	Craffey, Eileen M	67	New England Mast-2	2:00.68
	56.36	2:00.68		
5	Mitchell, Carol	69	Sarasota YMCA Sh-1	2:09.35
	1:01.38	2:09.35		

**Women 65-69 200 SC Meter Breaststroke**

WORLD: 3:10.75 W 7/18/15 JANETTE JEFFREY

NATL: 3:17.44 N 3/20/04 JOANN LEILICH

ZONECHAMPS: 3:25.49 Z 12/8/17 Karen Bierwert

1	Bierwert, Karen	66	Smith College Ma-2	3:26.95
	1:38.07	2:33.30	3:26.95	
2	Hummel, Barbara	66	UV Rays (White R-2	3:42.68
	51.60	1:49.09	2:46.85	3:42.68
3	Dickson, Mary B	66	Pittsfield YMCA-2	3:50.49
	52.81	1:50.91	2:52.40	3:50.49
4	Craffey, Eileen M	67	New England Mast-2	4:14.33
	58.54	2:04.24	3:11.11	4:14.33
5	Mitchell, Carol	69	Sarasota YMCA Sh-1	4:46.67
	1:04.25	2:18.57	3:32.80	4:46.67

**Women 65-69 50 SC Meter Butterfly Time Trial**

WORLD: 33.06 W 11/19/17 LAURA VAL

NATL: 33.06 N 11/19/17 LAURA VAL

ZONECHAMPS: 36.07 Z 12/14/13 Diann Uustal

**- Time Trial**

1	Bierwert, Karen	66	Smith College Ma-2	42.51
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**Women 65-69 100 SC Meter Butterfly Time Trial**

WORLD: 1:15.40 W 11/20/16 LAURA VAL

NATL: 1:15.40 N 11/20/16 LAURA VAL

ZONECHAMPS: 1:26.96 Z 12/8/17 Cecilia McCloskey

**- Time Trial**

2	Bierwert, Karen	66	Smith College Ma-2	1:38.55
	44.14	1:38.55		

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**Women 65-69 100 SC Meter IM**

<b>WORLD: 1:16.67 W 11/19/16 LAURA VAL</b>			
<b>NATL: 1:16.67 N 11/19/16 LAURA VAL</b>			
<b>ZONECHAMPS: 1:22.02 Z 12/11/15 Cecilia McCloskey</b>			
1	Hummel, Barbara	66 UV Rays (White R-2	1:38.18
	48.57	1:38.18	
2	Dickson, Mary B	66 Pittsfield YMCA-2	1:39.56
	49.55	1:39.56	
3	Mitchell, Carol	69 Sarasota YMCA Sh-1	2:06.46
	1:05.94	2:06.46	

**Women 65-69 200 SC Meter IM**

<b>WORLD: 2:48.15 W 9/18/16 LAURA VAL</b>			
<b>NATL: 2:48.15 N 9/18/16 LAURA VAL</b>			
<b>ZONECHAMPS: 2:55.88 Z 12/9/16 Cecilia Mccloskey</b>			
1	Bierwert, Karen	66 Smith College Ma-2	3:10.84
	42.51	1:30.17	2:25.54 3:10.84
2	Mitchell, Carol	69 Sarasota YMCA Sh-1	4:32.09
	1:12.01	2:25.18	3:35.73 4:32.09

**Women 65-69 400 SC Meter IM**

<b>WORLD: 5:55.00 W 9/18/16 LAURA VAL</b>			
<b>NATL: 5:55.00 N 9/18/16 LAURA VAL</b>			
<b>ZONECHAMPS: 6:38.44 Z 12/8/17 Karen Bierwert</b>			
1	Bierwert, Karen	66 Smith College Ma-2	6:47.59
	44.14	1:38.55	2:29.97 3:22.07
	4:18.05	5:15.77	6:02.23 6:47.59
2	White, Emily	65 Tech Masters-2	8:11.49
	51.05	1:58.24	3:04.47 4:08.62
	5:17.09	6:24.61	7:18.89 8:11.49

**Women 70-74 50 SC Meter Freestyle**

<b>WORLD: 32.38 W 12/10/16 DIANN UUSTAL</b>			
<b>NATL: 32.38 N 12/10/16 DIANN UUSTAL</b>			
<b>ZONECHAMPS: 32.38 Z 12/9/16 Diann Uustal</b>			
1	Hayes, Christie	70 Nutmeg Masters S-2	35.81
2	West, Barbara A	70 Pittsfield YMCA-2	42.45

**Women 70-74 100 SC Meter Freestyle**

<b>WORLD: 1:12.58 W 5/22/16 DIANN UUSTAL</b>			
<b>NATL: 1:12.58 N 5/22/16 DIANN UUSTAL</b>			
<b>ZONECHAMPS: 1:13.48 Z 12/9/16 Diann Uustal</b>			
1	Hayes, Christie	70 Nutmeg Masters S-2	1:17.98
	37.34	1:17.98	
2	West, Barbara A	70 Pittsfield YMCA-2	1:32.32
	44.07	1:32.32	

**Women 70-74 200 SC Meter Freestyle**

<b>WORLD: 2:43.60 W 11/20/16 DIANN UUSTAL</b>			
<b>NATL: 2:43.60 N 11/20/16 DIANN UUSTAL</b>			
<b>ZONECHAMPS: 2:59.61 Z 12/8/17 Kathy Slifer</b>			
1	Hayes, Christie	70 Nutmeg Masters S-2	2:51.39Z
	39.47	1:22.80	2:07.26 2:51.39
2	West, Barbara A	70 Pittsfield YMCA-2	3:17.30
	46.90	1:38.13	2:28.91 3:17.30

**Women 70-74 400 SC Meter Freestyle**

<b>WORLD: 5:50.41 W 11/15/08 YOSHIKO OSAKI</b>			
<b>NATL: 5:56.79 N 11/12/16 CAROLYN BOAK</b>			
<b>ZONECHAMPS: 6:06.19 Z 12/9/16 Kathy Slifer</b>			
1	Hayes, Christie	70 Nutmeg Masters S-2	5:59.41Z
	40.81	1:25.14	2:10.09 2:55.97
	3:41.87	4:28.10	5:14.45 5:59.41
2	West, Barbara A	70 Pittsfield YMCA-2	6:50.54
	46.99	1:38.44	2:31.26 3:23.80
	4:16.30	5:08.56	6:00.75 6:50.54
3	Shenouda, Baheya	70 Charles River Ma-2	13:28.59
	1:31.60	3:10.61	4:50.35 6:35.44
	8:17.32	10:04.07	11:47.20 13:28.59

**Women 70-74 800 SC Meter Freestyle**

<b>WORLD:12:11.34 W 11/13/16 CAROLYN BOAK</b>			
<b>NATL:12:11.34 N 11/13/16 CAROLYN BOAK</b>			
<b>ZONECHAMPS:12:42.21 Z 12/9/16 Kathy Slifer</b>			
1	Hayes, Christie	70 Nutmeg Masters S-2	12:29.77Z
	41.52	1:26.96	2:13.63 3:00.68
	3:47.59	4:34.85	5:22.34 6:09.93
	6:57.40	7:45.29	8:33.97 9:21.52
	10:09.17	10:56.89	11:44.05 12:29.77
2	West, Barbara A	70 Pittsfield YMCA-2	13:55.48
	46.25	1:38.23	2:31.88 3:25.54
	4:18.64	5:11.82	6:04.93 6:58.40
	7:51.54	8:44.19	9:36.71 10:27.87
	11:20.51	12:13.09	13:05.46 13:55.48

**Women 70-74 100 SC Meter Backstroke**

<b>WORLD: 1:22.15 W 3/22/15 MARGIT OHLSSON</b>			
<b>NATL: 1:22.75 N 12/11/16 DIANN UUSTAL</b>			
<b>ZONECHAMPS: 1:22.75 Z 12/9/16 Diann Uustal</b>			
1	West, Barbara A	70 Pittsfield YMCA-2	1:53.84
	54.83	1:53.84	

**Women 70-74 200 SC Meter Backstroke**

<b>WORLD: 3:04.82 W 10/28/17 DIANN UUSTAL</b>			
<b>NATL: 3:04.82 N 10/28/17 DIANN UUSTAL</b>			
<b>ZONECHAMPS: 3:24.18 Z 12/11/15 Kathy Slifer</b>			
1	West, Barbara A	70 Pittsfield YMCA-2	3:54.45
	57.40	1:57.55	2:57.81 3:54.45

**Women 70-74 50 SC Meter Breaststroke**

<b>WORLD: 42.80 W 2/27/05 SHOKO YONEZAWA</b>			
<b>NATL: 44.22 N 11/13/11 JOANN LEILICH</b>			
<b>ZONECHAMPS: 45.38 Z 12/9/16 Diann Uustal</b>			
1	Hayes, Christie	70 Nutmeg Masters S-2	47.36
2	West, Barbara A	70 Pittsfield YMCA-2	56.51

**Women 70-74 100 SC Meter Breaststroke**

<b>WORLD: 1:33.92 W 4/12/15 NOBUKO YASUDA</b>			
<b>NATL: 1:36.93 N 12/3/16 MARGOT PETTIJOHN</b>			
<b>ZONECHAMPS: 1:44.32 Z 12/11/15 Kathy Slifer</b>			
1	Hayes, Christie	70 Nutmeg Masters S-2	1:42.89Z
	48.75	1:42.89	

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**Women 70-74 50 SC Meter Butterfly**

<b>WORLD:</b>	35.12 W 3/5/16	<b>DIANN UUSTAL</b>
<b>NATL:</b>	35.12 N 3/5/16	<b>DIANN UUSTAL</b>
<b>ZONECHAMPS:</b>	35.51 Z 12/8/17	<b>Diann Uustal</b>
1	Shenouda, Baheya	70 Charles River Ma-2 2:34.48

**Women 70-74 100 SC Meter IM**

<b>WORLD:</b>	1:23.23 W 12/10/16	<b>DIANN UUSTAL</b>
<b>NATL:</b>	1:23.23 N 12/10/16	<b>DIANN UUSTAL</b>
<b>ZONECHAMPS:</b>	1:23.23 Z 12/9/16	<b>Diann Uustal</b>
1	Hayes, Christie	70 Nutmeg Masters S-2 1:33.83
	46.40 1:33.83	
2	West, Barbara A	70 Pittsfield YMCA-2 1:48.76
	53.60 1:48.76	

**Women 70-74 200 SC Meter IM**

<b>WORLD:</b>	3:09.58 W 5/20/17	<b>CLARY MUNNS</b>
<b>NATL:</b>	3:13.05 N 10/28/17	<b>DIANN UUSTAL</b>
<b>ZONECHAMPS:</b>	4:30.08 Z 1/1/99	<b>Ruth Aaron</b>
1	Hayes, Christie	70 Nutmeg Masters S-2 3:26.98Z
	51.43 1:44.32 2:41.16 3:26.98	
2	West, Barbara A	70 Pittsfield YMCA-2 3:50.15
	55.59 1:57.58 3:01.94 3:50.15	
3	Shenouda, Baheya	70 Charles River Ma-2 9:26.83
	2:37.91 4:58.09 9:26.83	

**Women 70-74 400 SC Meter IM**

<b>WORLD:</b>	6:47.91 W 1/16/16	<b>BRIGITTE MERTEN</b>
<b>NATL:</b>	7:07.46 N 1/17/16	<b>MARGOT PETTIJOHN</b>
<b>ZONECHAMPS:</b>	7:12.34 Z 12/9/16	<b>Kathy Slifer</b>
1	Hayes, Christie	70 Nutmeg Masters S-2 7:15.08
	53.05 1:55.69 2:50.63 3:44.90	
	4:43.57 5:43.81 6:30.27 7:15.08	
2	West, Barbara A	70 Pittsfield YMCA-2 8:09.89
	57.27 2:08.30 3:11.65 4:14.14	
	5:22.81 6:32.16 7:21.32 8:09.89	

**Women 75-79 50 SC Meter Freestyle**

<b>WORLD:</b>	34.58 W 6/20/15	<b>CHRISTEL SCHULZ</b>
<b>NATL:</b>	37.24 N 12/12/04	<b>GAIL ROPER</b>
<b>ZONECHAMPS:</b>	42.62 Z 1/1/99	<b>Petey Smith</b>
1	Stephen, Mary G	76 Simon's Rock Pac-2 49.78
2	Onton, Ann Louise	75 Connecticut Mast-5 1:00.72

**Women 75-79 100 SC Meter Freestyle**

<b>WORLD:</b>	1:18.59 W 3/25/06	<b>JANE ASHER</b>
<b>NATL:</b>	1:24.31 N 10/15/05	<b>GAIL ROPER</b>
<b>ZONECHAMPS:</b>	1:38.27 Z 1/1/99	<b>Petey Smith</b>
1	Caron, Aagje A	77 Great Bay Master-2 1:41.63
	50.27 1:41.63	
2	Stephen, Mary G	76 Simon's Rock Pac-2 1:48.67
	52.85 1:48.67	
3	Onton, Ann Louise	75 Connecticut Mast-5 2:07.80
	59.17 2:07.80	

**Women 75-79 200 SC Meter Freestyle**

<b>WORLD:</b>	2:51.65 W 1/26/13	<b>YOSHIKO OSAKI</b>
<b>NATL:</b>	3:07.58 N 11/20/05	<b>GAIL ROPER</b>
<b>ZONECHAMPS:</b>	3:36.14 Z 1/1/99	<b>Petey Smith</b>
1	Caron, Aagje A	77 Great Bay Master-2 3:46.99
	51.84 1:49.67 2:49.25 3:46.99	
2	Onton, Ann Louise	75 Connecticut Mast-5 4:35.80
	1:00.44 2:11.74 3:25.61 4:35.80	

**Women 75-79 400 SC Meter Freestyle**

<b>WORLD:</b>	6:08.74 W 4/19/15	<b>YOSHIKO OSAKI</b>
<b>NATL:</b>	6:44.09 N 12/8/02	<b>JEAN TROY</b>
<b>ZONECHAMPS:</b>	7:42.57 Z 1/1/99	<b>Petey Smith</b>
1	Caron, Aagje A	77 Great Bay Master-2 7:38.55Z
	53.90 1:50.31 2:49.25 3:48.26	
	4:47.05 5:44.95 6:42.27 7:38.55	
2	Stephen, Mary G	76 Simon's Rock Pac-2 8:10.05
	58.05 2:02.10 3:04.88 4:08.16	
	5:10.26 6:11.34 7:11.55 8:10.05	
3	Onton, Ann Louise	75 Connecticut Mast-5 9:52.61
	1:02.91 2:16.66 3:32.82 4:49.61	
	6:06.92 7:24.00 8:40.93 9:52.61	

**Women 75-79 800 SC Meter Freestyle**

<b>WORLD:</b>	12:25.61 W 5/12/13	<b>YOSHIKO OSAKI</b>
<b>NATL:</b>	13:59.01 N 11/3/02	<b>JEAN TROY</b>
<b>ZONECHAMPS:</b>	16:53.49 Z 12/10/10	<b>Laverne Adams</b>
1	Onton, Ann Louise	75 Connecticut Mast-5 20:29.71
	1:04.16 2:13.83 3:29.61 4:45.76	
	6:02.94 7:21.04 8:38.82 9:57.48	
	11:12.47 12:31.14 13:50.77 15:11.70	
	16:33.62 17:54.42 19:16.68 20:29.71	

**Women 75-79 50 SC Meter Backstroke**

<b>WORLD:</b>	40.74 W 2/17/18	<b>E.KETELSEN</b>
<b>NATL:</b>	44.76 N 11/7/99	<b>DORIS STEADMAN</b>
<b>ZONECHAMPS:</b>	44.76 Z 1/1/99	<b>Doris Steadman</b>
1	Onton, Ann Louise	75 Connecticut Mast-5 1:15.99

**Women 75-79 100 SC Meter Backstroke**

<b>WORLD:</b>	1:29.04 W 3/10/18	<b>E.KETELSEN</b>
<b>NATL:</b>	1:36.90 N 3/19/11	<b>NANCY BROWN</b>
<b>ZONECHAMPS:</b>	1:39.76 Z 1/1/00	<b>Doris Steadman</b>
1	Onton, Ann Louise	75 Connecticut Mast-5 2:48.00
	1:20.41 2:48.00	

**Women 75-79 200 SC Meter Backstroke**

<b>WORLD:</b>	3:20.26 W 3/11/18	<b>E.KETELSEN</b>
<b>NATL:</b>	3:34.09 N 3/19/11	<b>NANCY BROWN</b>
<b>ZONECHAMPS:</b>	3:38.25 Z 1/1/99	<b>Doris Steadman</b>
1	Onton, Ann Louise	75 Connecticut Mast-5 6:25.70
	1:27.20 3:06.56 6:25.70	

**Women 75-79 50 SC Meter Breaststroke**

<b>WORLD:</b>	43.79 W 2/14/10	<b>SHOKO YONEZAWA</b>
<b>NATL:</b>	46.20 N 3/15/14	<b>JOANN LEILICH</b>
<b>ZONECHAMPS:</b>	58.21 Z 1/1/09	<b>Janet Moeller</b>
1	Onton, Ann Louise	75 Connecticut Mast-5 1:19.24

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**Women 75-79 100 SC Meter Breaststroke**

<b>WORLD: 1:36.48 W 3/21/10</b>				<b>SHOKO YONEZAWA</b>
<b>NATL: 1:40.82 N 3/15/14</b>				<b>JOANN LEILICH</b>
<b>ZONECHAMPS: 2:15.37 Z 1/1/07</b>				<b>Joan Waldbaum</b>
1	Caron, Aagje A	77	Great Bay Master-2	2:15.42
	1:06.60	2:15.42		

**Women 75-79 200 SC Meter Breaststroke**

<b>WORLD: 3:33.03 W 4/17/10</b>				<b>SHOKO YONEZAWA</b>
<b>NATL: 3:36.56 N 3/15/14</b>				<b>JOANN LEILICH</b>
<b>ZONECHAMPS: 4:27.98 Z 12/8/17</b>				<b>Aagje Caron</b>
1	Caron, Aagje A	77	Great Bay Master-2	4:45.83
	1:06.56	2:19.02	3:33.24	4:45.83
2	Onton, Ann Louise	75	Connecticut Mast-5	6:03.03
	1:18.69	2:52.66	4:31.26	6:03.03

**Women 75-79 50 SC Meter Butterfly**

<b>WORLD: 40.71 W 3/24/06</b>				<b>JANE ASHER</b>
<b>NATL: 44.18 N 12/12/04</b>				<b>GAIL ROPER</b>
<b>ZONECHAMPS: 1:01.36 Z 1/1/09</b>				<b>Janet Moeller</b>
1	Onton, Ann Louise	75	Connecticut Mast-5	1:26.66

**Women 75-79 100 SC Meter Butterfly**

<b>WORLD: 1:44.35 W 5/19/07</b>				<b>JUDIE OLIVER</b>
<b>NATL: 1:49.36 N 12/4/05</b>				<b>GAIL ROPER</b>
<b>ZONECHAMPS: 2:33.70 Z 1/1/97</b>				<b>Mary Wixted</b>
---	Caron, Aagje A	77	Great Bay Master-2	DQ
	1:05.46	DQ		

**Women 75-79 100 SC Meter IM**

<b>WORLD: 1:31.38 W 5/26/13</b>				<b>YOSHIKO OSAKI</b>
<b>NATL: 1:38.11 N 12/12/04</b>				<b>GAIL ROPER</b>
<b>ZONECHAMPS: 2:09.88 Z 12/11/10</b>				<b>Laverne Adams</b>
1	Onton, Ann Louise	75	Connecticut Mast-5	2:45.10
	1:23.19	2:45.10		

**Women 75-79 200 SC Meter IM**

<b>WORLD: 3:22.23 W 5/26/13</b>				<b>YOSHIKO OSAKI</b>
<b>NATL: 3:37.24 N 12/11/05</b>				<b>GAIL ROPER</b>
<b>ZONECHAMPS: 4:38.68 Z 1/1/09</b>				<b>Janet Moeller</b>
1	Onton, Ann Louise	75	Connecticut Mast-5	5:52.59
	3:04.33	4:39.80	5:52.59	5:52.59

**Women 75-79 400 SC Meter IM**

<b>WORLD: 7:11.33 W 5/11/13</b>				<b>YOSHIKO OSAKI</b>
<b>NATL: 7:52.71 N 10/7/01</b>				<b>JUNE KRAUSER</b>
<b>ZONECHAMPS: 9:01.58 Z 12/8/17</b>				<b>Aagje Caron</b>
1	Caron, Aagje A	77	Great Bay Master-2	9:18.69
	1:08.48	2:25.27	3:37.01	4:45.56
	6:02.66	7:20.58	8:20.71	9:18.69

**Men 18-24 50 SC Meter Freestyle**

<b>NATL: 21.38 N 12/11/05</b>				<b>NICK BRUNELLI</b>
<b>ZONECHAMPS: 23.12 Z 1/1/03</b>				<b>Paul Buren</b>
1	St. Vincent, Thomas P	24	Ridgefield Aquat-5	25.89
2	Froh, Noah	21	Monument Masters-	27.04
3	Weis, Jason P	22	Charles River Ma-2	27.32
4	O'Connor, James	21	Worcester Area M-2	28.59
5	Chin, Michael	23	Charles River Ma-2	28.81
6	Larzelere, Matthew	18	Charles River Ma-2	32.89

**Men 18-24 100 SC Meter Freestyle**

<b>NATL: 48.00 N 12/11/05</b>				<b>NICK BRUNELLI</b>
<b>ZONECHAMPS: 52.03 Z 1/1/03</b>				<b>Paul Buren</b>
1	Weis, Jason P	22	Charles River Ma-2	1:01.84
	29.24	1:01.84		
2	O'Connor, James	21	Worcester Area M-2	1:06.07
	31.47	1:06.07		
3	Larzelere, Matthew	18	Charles River Ma-2	1:16.42
	37.53	1:16.42		

**Men 18-24 200 SC Meter Freestyle**

<b>NATL: 1:47.32 N 12/11/05</b>				<b>NICK BRUNELLI</b>
<b>ZONECHAMPS: 2:00.46 Z 12/8/17</b>				<b>Jonathan Dray</b>
1	Weis, Jason P	22	Charles River Ma-2	2:17.37
	30.18	1:04.90	1:41.33	2:17.37
2	O'Connor, James	21	Worcester Area M-2	2:34.91
	34.07	1:13.63	1:54.64	2:34.91

**Men 18-24 400 SC Meter Freestyle**

<b>NATL: 3:55.20 N 10/26/14</b>				<b>DION DREESENS</b>
<b>ZONECHAMPS: 4:25.16 Z 12/11/15</b>				<b>Spencer Coffin</b>
1	Weis, Jason P	22	Charles River Ma-2	5:13.38
	32.09	1:08.56	1:47.02	2:27.18
	3:08.57	3:50.53	4:32.94	5:13.38

**Men 18-24 50 SC Meter Backstroke**

<b>NATL: 25.38 N 3/17/12</b>				<b>JOSH HAFKIN</b>
<b>ZONECHAMPS: 27.12 Z 12/14/14</b>				<b>Sidney Glass</b>
1	Larzelere, Matthew	18	Charles River Ma-2	41.28

**Men 18-24 100 SC Meter Backstroke**

<b>NATL: 51.91 N 10/29/11</b>				<b>EUGENE GODSOE</b>
<b>ZONECHAMPS: 58.49 Z 12/13/14</b>				<b>Sidney Glass</b>
1	Larzelere, Matthew	18	Charles River Ma-2	1:29.16
	43.76	1:29.16		

**Men 18-24 50 SC Meter Breaststroke**

<b>NATL: 27.83 N 11/21/09</b>				<b>GREGOR PLEVELJ</b>
<b>ZONECHAMPS: 29.12 Z 1/1/02</b>				<b>Luciano Galindo</b>
1	Larzelere, Matthew	18	Charles River Ma-2	44.95

**Men 18-24 100 SC Meter Breaststroke**

<b>NATL: 59.96 N 11/18/17</b>				<b>THIBAUT CAPITAINE</b>
<b>ZONECHAMPS: 1:05.45 Z 1/1/02</b>				<b>Luciano Galindo</b>
1	Froh, Noah	21	Monument Masters-	1:22.01
	38.65	1:22.01		
2	Chin, Michael	23	Charles River Ma-2	1:24.84
	39.89	1:24.84		

**Men 18-24 100 SC Meter IM**

<b>NATL: 55.71 N 10/29/11</b>				<b>EUGENE GODSOE</b>
<b>ZONECHAMPS: 59.80 Z 12/14/14</b>				<b>Sidney Glass</b>
1	St. Vincent, Thomas P	24	Ridgefield Aquat-5	1:05.46
	30.67	1:05.46		
2	Chin, Michael	23	Charles River Ma-2	1:13.66
	34.17	1:13.66		
3	Weis, Jason P	22	Charles River Ma-2	1:14.29
	34.81	1:14.29		
4	O'Connor, James	21	Worcester Area M-2	1:17.37
	35.09	1:17.37		

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**(Men 18-24 100 SC Meter IM)**

5	Larzelere, Matthew	18	Charles River Ma-2	1:23.45
	39.89		1:23.45	

**Men 18-24 200 SC Meter IM**

NATL: 2:00.32 N 12/11/05 NICK BRUNELLI

ZONECHAMPS: 2:12.32 Z 12/13/14 James Boretti

1	St. Vincent, Thomas P	24	Ridgefield Aquat-5	2:20.81
	29.22		1:07.61 1:48.76	2:20.81
2	O'Connor, James	21	Worcester Area M-2	2:54.71
	34.85		1:22.49 2:12.06	2:54.71
3	Larzelere, Matthew	18	Charles River Ma-2	3:07.77
	41.02		1:28.55 2:24.82	3:07.77

**Men 25-29 50 SC Meter Freestyle Time Trial**

WORLD: 21.37 W 11/15/14 CESAR CIELO

NATL: 21.37 N 11/15/14 CESAR CIELO

ZONECHAMPS: 24.10 Z 2000 Joseph Chance

**- Time Trial**

1	Modrov, Drew	29	Chelsea Piers fi-6	22.49Z
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**Men 25-29 50 SC Meter Freestyle**

WORLD: 21.37 W 11/15/14 CESAR CIELO

NATL: 21.37 N 11/15/14 CESAR CIELO

ZONECHAMPS: 24.10 Z 2000 Joseph Chance

1	Modrov, Drew	29	Chelsea Piers fi-6	22.29Z
2	Blankenhorn, John	28	Worcester Area M-2	25.19
3	Bauchwitz, Benjamin R	25	UC02-2	25.20
4	Duvall, Daniel	26	OakSquare YMCA-2	25.38
5	Croucher, Steve	29	Stowe Masters-2	26.37
6	Mitchell, Craig	28	Worcester Area M-2	27.73
7	Pombriant, Alec	29	OakSquare YMCA-2	27.84
8	Piscitelli, Luke	25	OakSquare YMCA-2	27.87
9	Xu, Tim	28	Tech Masters-2	28.13
10	Chelmow, Benjamin	26	Charles River Ma-2	28.24
*11	Park, Richard	26	Charles River Ma-2	28.72
*11	Cox, Parker	27	NEM-U	28.72
13	McGahie, Brian	25	Worcester Area M-2	28.94
14	Vanacore, Mark	29	Charles River Ma-2	30.56
15	Reimonn, Thomas	25	Worcester Area M-2	31.32

**Men 25-29 100 SC Meter Freestyle**

WORLD: 47.43 W 11/16/14 CESAR CIELO

NATL: 47.43 N 11/16/14 CESAR CIELO

ZONECHAMPS: 48.93 Z 12/8/17 Drew Modrov

1	Modrov, Drew	29	Chelsea Piers fi-6	49.66
	23.94		49.66	
2	Chance, Joseph C	27	Tech Masters-2	54.55
	26.12		54.55	
3	Croucher, Steve	29	Stowe Masters-2	57.34
	27.27		57.34	
4	Duvall, Daniel	26	OakSquare YMCA-2	1:01.23
	28.10		1:01.23	
5	Chelmow, Benjamin	26	Charles River Ma-2	1:01.52
	28.88		1:01.52	
6	Piscitelli, Luke	25	OakSquare YMCA-2	1:03.82
	30.86		1:03.82	

7	Mitchell, Craig	28	Worcester Area M-2	1:05.02
	30.03		1:05.02	
8	Vanacore, Mark	29	Charles River Ma-2	1:09.89
	34.07		1:09.89	

**Men 25-29 200 SC Meter Freestyle**

WORLD: 1:44.90 W 11/3/13 DARIAN TOWNSEND

NATL: 1:44.90 N 11/3/13 DARIAN TOWNSEND

ZONECHAMPS: 1:52.82 Z 1/1/13 Eric Nilsson

1	Modrov, Drew	29	Chelsea Piers fi-6	1:49.30Z
	25.31		53.58 1:22.09	1:49.30
2	Croucher, Steve	29	Stowe Masters-2	2:08.64
	28.84		1:01.94 1:36.21	2:08.64
3	Stiles, David	28	St Pete Masters-14	2:13.94
	31.12		1:05.14 1:39.50	2:13.94
4	Chelmow, Benjamin	26	Charles River Ma-2	2:16.79
	30.89		1:05.44 1:41.53	2:16.79
5	Piscitelli, Luke	25	OakSquare YMCA-2	2:17.49
	31.70		1:06.80 1:43.03	2:17.49
6	Mitchell, Craig	28	Worcester Area M-2	2:25.42
	33.03		1:10.08 1:47.96	2:25.42
7	Vanacore, Mark	29	Charles River Ma-2	2:35.09
	35.52		1:15.38 1:56.02	2:35.09

**Men 25-29 400 SC Meter Freestyle**

WORLD: 3:53.60 W 3/16/07 SYLVAIN CROS

NATL: 3:57.03 N 12/14/13 ERIC NILSSON

ZONECHAMPS: 3:57.03 Z 1/1/13 Eric Nilsson

1	Modrov, Drew	29	Chelsea Piers fi-6	3:52.83W
	25.79		54.74 1:24.60	1:54.79
	2:24.92		2:55.49 3:25.43	3:52.83
2	Chance, Joseph C	27	Tech Masters-2	4:14.26
	28.11		59.63 1:31.45	2:03.31
	2:35.95		3:09.04 3:41.63	4:14.26
3	Materniak, Eric R	27	Berkeley (Nj) Aq-7	4:33.79
	30.58		1:04.08 1:38.42	2:12.90
	2:47.95		3:23.58 3:58.97	4:33.79
4	Stiles, David	28	St Pete Masters-14	4:36.77
	31.40		1:05.59 1:40.76	2:15.98
	2:51.65		3:27.07 4:02.61	4:36.77
5	Dolben, Warren	29	Maine Masters Sw-2	4:51.70
	32.77		1:08.56 1:45.25	2:22.38
	2:59.65		3:37.49 4:15.13	4:51.70
6	Mitchell, Craig	28	Worcester Area M-2	5:02.71
	33.32		1:09.67 1:47.02	2:25.01
	3:03.90		3:42.90 4:22.89	5:02.71
7	Vanacore, Mark	29	Charles River Ma-2	5:33.85
	37.80		1:20.00 2:02.87	2:46.34
	3:28.85		4:10.88 4:52.94	5:33.85
8	Wild, Mark	27	Worcester Area M-2	6:37.29
	42.66		1:30.67 2:20.86	3:11.84
	4:03.46		5:48.65 6:37.29	6:37.29



## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Men 25-29 800 SC Meter Freestyle**

**WORLD: 8:07.91 W 4/12/01 A.ANGELOTTI**  
**NATL: 8:14.75 N 12/14/97 ALEX KOSTICH**  
**ZONECHAMPS: 8:17.80 Z 12/13/13 Eric Nilsson**

1	Modrov, Drew	29	Chelsea Piers fi-6	8:17.22Z
	27.30	57.80	1:29.28	2:01.28
	2:33.08	3:05.05	3:37.03	4:09.26
	4:41.14	5:13.25	5:45.21	6:16.71
	6:48.13	7:19.42	7:49.49	8:17.22
2	Stiles, David	28	St Pete Masters-14	9:37.68
	31.78	1:06.49	1:42.13	2:17.92
	2:54.03	3:30.30	4:06.30	4:42.52
	5:18.99	5:55.73	6:32.51	7:09.55
	7:46.94	8:24.44	9:01.45	9:37.68
3	Gerard, William H	26	Connecticut Mast-5	10:06.82
	32.85	1:09.73	1:47.90	2:25.96
	3:04.23	3:42.78	4:21.37	5:00.00
	5:38.23	6:17.15	6:55.89	7:34.94
	8:14.36	8:53.44	9:31.53	10:06.82
4	Mitchell, Craig	28	Worcester Area M-2	10:26.38
	35.36	1:13.61	1:52.97	2:32.46
	3:11.69	3:51.00	4:30.35	5:09.88
	5:49.59	6:29.45	7:08.89	7:48.47
	8:28.57	9:08.99	9:48.24	10:26.38
5	Dolben, Warren	29	Maine Masters Sw-2	10:34.49
	35.42	1:13.56	1:52.54	2:31.78
	3:11.49	3:51.50	4:31.19	5:12.12
	5:52.34	6:32.19	7:12.02	7:51.98
	8:33.04	9:14.71	9:55.96	10:34.49
6	Vanacore, Mark	29	Charles River Ma-2	11:41.47
	37.00	1:19.14	2:01.88	2:44.80
	3:28.62	4:12.71	4:56.86	5:40.86
	6:25.29	7:10.38	7:55.12	8:40.39
	9:25.66	10:11.16	10:56.64	11:41.47
7	Dillon, Sean	28	Worcester Area M-2	13:04.56
	40.50	1:26.74	2:15.02	3:04.31
	3:54.28	4:43.61	5:34.46	6:23.83
	7:15.26	8:06.16	8:57.69	9:48.48
	10:39.19	11:29.14	12:19.32	13:04.56

**Men 25-29 50 SC Meter Backstroke**

**WORLD: 24.55 W 11/3/13 DARIAN TOWNSEND**  
**NATL: 24.55 N 11/3/13 DARIAN TOWNSEND**  
**ZONECHAMPS: 25.63 Z 12/8/17 Drew Modrov**

1	Duvall, Daniel	26	OakSquare YMCA-2	30.73
2	Croucher, Steve	29	Stowe Masters-2	30.89
3	Blankenhorn, John	28	Worcester Area M-2	31.42
4	Pope, Ryan	29	Greenwood Master-2	32.20
5	Park, Richard	26	Charles River Ma-2	35.04
6	Wild, Mark	27	Worcester Area M-2	45.20

**Men 25-29 50 SC Meter Backstroke Time Trial**

**WORLD: 24.55 W 11/3/13 DARIAN TOWNSEND**  
**NATL: 24.55 N 11/3/13 DARIAN TOWNSEND**  
**ZONECHAMPS: 25.63 Z 12/8/17 Drew Modrov**

**- Time Trial**

1	Modrov, Drew	29	Chelsea Piers fi-6	25.88
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**Men 25-29 100 SC Meter Backstroke**

**WORLD: 52.99 W 12/3/16 TONY COX**  
**NATL: 52.99 N 12/3/16 TONY COX**  
**ZONECHAMPS: 53.43 Z 12/11/15 David Russell**

1	Manion, William	25	Charles River Ma-2	56.79
	27.40	56.79		
2	Bauchwitz, Benjamin R	25	UC02-2	1:05.17
	31.25	1:05.17		
3	Pope, Ryan	29	Greenwood Master-2	1:09.77
	33.63	1:09.77		

**Men 25-29 200 SC Meter Backstroke**

**WORLD: 1:56.22 W 12/16/06 STEFAN HERBST**  
**NATL: 2:01.34 N 11/13/16 JAN KONARZEWSKI**  
**ZONECHAMPS: 2:07.58 Z 12/15/13 Eric Nilsson**

1	Stiles, David	28	St Pete Masters-14	2:27.10
	34.88	1:12.04	1:49.71	2:27.10
2	Dolben, Warren	29	Maine Masters Sw-2	2:31.93
	36.41	1:13.60	1:52.23	2:31.93
3	Pope, Ryan	29	Greenwood Master-2	2:32.58
	34.71	1:12.65	1:51.97	2:32.58
4	Reimonn, Thomas	25	Worcester Area M-2	2:54.40
	35.89	1:18.36	2:06.27	2:54.40
5	Wild, Mark	27	Worcester Area M-2	3:34.13
	50.14	1:44.62	2:40.62	3:34.13

**Men 25-29 50 SC Meter Breaststroke**

**WORLD: 26.99 W 10/29/17 LAWRENCE PALMER**  
**NATL: 27.31 N 11/23/13 EETU KARVONEN**  
**ZONECHAMPS: 29.52 Z 12/11/15 Domingo Rose**

1	Modrov, Drew	29	Chelsea Piers fi-6	28.75Z
2	Soldatov, Viktor	29	Tech Masters-2	30.50
3	Bauchwitz, Benjamin R	25	UC02-2	30.74
4	Duvall, Daniel	26	OakSquare YMCA-2	31.36
5	Pope, Ryan	29	Greenwood Master-2	34.52
6	Park, Richard	26	Charles River Ma-2	34.83
7	Wild, Mark	27	Worcester Area M-2	43.30

**Men 25-29 100 SC Meter Breaststroke**

**WORLD: 58.96 W 3/18/18 YUKI KANAYA**  
**NATL: 59.21 N 11/23/13 EETU KARVONEN**  
**ZONECHAMPS: 1:05.09 Z 1/1/01 Jared Walkenhorst**

1	Materniak, Eric R	27	Berkeley (Nj) Aq-7	1:05.68
	31.21	1:05.68		
2	Soldatov, Viktor	29	Tech Masters-2	1:06.06
	31.58	1:06.06		
3	Bauchwitz, Benjamin R	25	UC02-2	1:06.64
	31.31	1:06.64		
4	Dolben, Warren	29	Maine Masters Sw-2	1:08.73
	32.61	1:08.73		
5	Pope, Ryan	29	Greenwood Master-2	1:15.20
	34.60	1:15.20		
6	Park, Richard	26	Charles River Ma-2	1:17.50
	35.67	1:17.50		
7	Xu, Tim	28	Tech Masters-2	1:18.33
	36.49	1:18.33		
8	Stiles, David	28	St Pete Masters-14	1:20.56
	37.30	1:20.56		

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**(Men 25-29 100 SC Meter Breaststroke)**

9	Reimonn, Thomas	25	Worcester Area M-2	1:29.52
	41.04	1:29.52		
10	McGahie, Brian	25	Worcester Area M-2	1:31.57
	42.38	1:31.57		

**Men 25-29 200 SC Meter Breaststroke**

<b>WORLD: 2:08.28 W 3/17/18</b>		<b>YUKI KANAYA</b>		
<b>NATL: 2:07.55 N 10/14/18</b>		<b>JOSH PRENOT</b>		
<b>ZONECHAMPS: 2:23.21 Z 1/1/04</b>		<b>Steven Joe</b>		
1	Soldatov, Viktor	29	Tech Masters-2	2:23.40
	32.86	1:09.60	1:46.82	2:23.40
2	Bauchwitz, Benjamin R	25	UC02-2	2:24.12
	32.37	1:09.60	1:46.36	2:24.12
3	Materniak, Eric R	27	Berkeley (Nj) Aq-7	2:26.43
	33.10	1:09.93	1:47.94	2:26.43
4	Dolben, Warren	29	Maine Masters Sw-2	2:45.05
	34.78	1:13.89	1:55.56	2:45.05
5	Pope, Ryan	29	Greenwood Master-	2:47.84
	36.06	1:18.27	2:02.32	2:47.84
6	Stiles, David	28	St Pete Masters-14	2:57.80
	39.89	1:25.59	2:11.93	2:57.80
7	Wild, Mark	27	Worcester Area M-2	3:37.53
	47.72	1:44.83	2:42.12	3:37.53

**Men 25-29 50 SC Meter Butterfly**

<b>WORLD: 23.33 W 5/5/17</b>		<b>RYO ISHII</b>		
<b>NATL: 23.53 N 10/14/18</b>		<b>TOWNSEND\BORGEN</b>		
<b>ZONECHAMPS: 24.45 Z 12/8/17</b>		<b>Drew Modrov</b>		
1	Modrov, Drew	29	Chelsea Piers fi-6	24.46
2	Bauchwitz, Benjamin R	25	UC02-2	26.56
3	Latimer, Matthew	26	NEM-U	29.10
4	Croucher, Steve	29	Stowe Masters-2	29.11
5	Pope, Ryan	29	Greenwood Master-	29.40
6	Pombriant, Alec	29	OakSquare YMCA-2	29.81
7	Stiles, David	28	St Pete Masters-14	30.08
8	Park, Richard	26	Charles River Ma-2	30.26
9	Chelmow, Benjamin	26	Charles River Ma-2	31.06
10	Cox, Parker	27	NEM-U	32.02
11	McGahie, Brian	25	Worcester Area M-2	34.70
12	Vanacore, Mark	29	Charles River Ma-2	39.03
13	Wild, Mark	27	Worcester Area M-2	42.29

**Men 25-29 100 SC Meter Butterfly**

<b>WORLD: 52.45 W 4/30/16</b>		<b>KO FUKAYA</b>		
<b>NATL: 52.45 N 11/3/13</b>		<b>DARIAN TOWNSEND</b>		
<b>ZONECHAMPS: 54.98 Z 1/1/00</b>		<b>Curtis Sawin</b>		
1	Modrov, Drew	29	Chelsea Piers fi-6	54.61Z
	25.89	54.61		
2	Bauchwitz, Benjamin R	25	UC02-2	59.64
	27.40	59.64		
3	Latimer, Matthew	26	NEM-U	1:05.20
	30.63	1:05.20		
4	Pombriant, Alec	29	OakSquare YMCA-2	1:05.65
	31.18	1:05.65		
5	Stiles, David	28	St Pete Masters-14	1:05.71
	30.91	1:05.71		

6	Croucher, Steve	29	Stowe Masters-2	1:06.51
	30.35	1:06.51		
7	Xu, Tim	28	Tech Masters-2	1:09.70
	31.62	1:09.70		
8	Mitchell, Craig	28	Worcester Area M-2	1:15.24
	34.80	1:15.24		

**Men 25-29 200 SC Meter Butterfly**

<b>WORLD: 1:58.87 W 3/19/16</b>		<b>TAKATSUGU OGA</b>		
<b>NATL: 2:02.97 N 12/10/17</b>		<b>DREW MODROV</b>		
<b>ZONECHAMPS: 2:02.97 Z 12/8/17</b>		<b>Drew Modrov</b>		
1	Modrov, Drew	29	Chelsea Piers fi-6	2:03.00
	27.02	57.94	1:30.72	2:03.00
2	Dolben, Warren	29	Maine Masters Sw-2	2:45.89
	33.47	1:12.96	1:57.66	2:45.89
3	Mitchell, Craig	28	Worcester Area M-2	3:17.21
	43.71	1:32.84	2:25.96	3:17.21
4	Wild, Mark	27	Worcester Area M-2	4:09.42
	54.09	1:57.95	3:03.32	4:09.42

**Men 25-29 100 SC Meter IM**

<b>WORLD: 53.47 W 11/3/13</b>		<b>DARIAN TOWNSEND</b>		
<b>NATL: 53.47 N 11/3/13</b>		<b>DARIAN TOWNSEND</b>		
<b>ZONECHAMPS: 56.53 Z 12/8/17</b>		<b>Drew Modrov</b>		
1	Modrov, Drew	29	Chelsea Piers fi-6	56.33Z
	26.40	56.33		
2	Manion, William	25	Charles River Ma-2	58.95
	26.65	58.95		
3	Duvall, Daniel	26	OakSquare YMCA-2	1:07.00
	31.49	1:07.00		
4	Pope, Ryan	29	Greenwood Master-	1:07.69
	31.64	1:07.69		
5	Latimer, Matthew	26	NEM-U	1:08.99
	31.78	1:08.99		
6	Croucher, Steve	29	Stowe Masters-2	1:09.12
	31.15	1:09.12		
7	Stiles, David	28	St Pete Masters-14	1:10.32
	31.86	1:10.32		
8	Park, Richard	26	Charles River Ma-2	1:12.07
	33.55	1:12.07		
9	Piscitelli, Luke	25	OakSquare YMCA-2	1:15.28
	34.23	1:15.28		
10	Reimonn, Thomas	25	Worcester Area M-2	1:18.44
	35.81	1:18.44		
11	Cox, Parker	27	NEM-U	1:19.99
	36.76	1:19.99		
12	McGahie, Brian	25	Worcester Area M-2	1:20.21
	35.98	1:20.21		
13	Vanacore, Mark	29	Charles River Ma-2	1:26.66
	42.18	1:26.66		
14	Wild, Mark	27	Worcester Area M-2	1:34.39
	44.72	1:34.39		

**Men 25-29 200 SC Meter IM**

<b>WORLD: 1:59.70 W 1/31/10</b>		<b>K.GILCHRIST</b>		
<b>NATL: 1:59.79 N 10/13/13</b>		<b>ADAM RITTER</b>		
<b>ZONECHAMPS: 2:07.61 Z 12/14/13</b>		<b>Eric Nilsson</b>		
1	Materniak, Eric R	27	Berkeley (Nj) Aq-7	2:13.48
	28.90	1:03.76	1:41.33	2:13.48

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**(Men 25-29 200 SC Meter IM)**

2 Dolben, Warren	29 Maine Masters Sw-2	2:24.94
31.82 1:10.12	1:49.99 2:24.94	
3 Stiles, David	28 St Pete Masters-14	2:26.26
30.75 1:09.23	1:52.14 2:26.26	
4 Xu, Tim	28 Tech Masters-2	2:33.16
31.82 1:12.40	1:56.29 2:33.16	
5 Piscitelli, Luke	25 OakSquare YMCA-2	2:38.63
32.30 1:14.23	2:02.31 2:38.63	
6 Reimonn, Thomas	25 Worcester Area M-2	2:46.24
34.17 1:17.02	2:06.95 2:46.24	
7 Mitchell, Craig	28 Worcester Area M-2	2:48.55
35.18 1:18.82	2:09.98 2:48.55	

**Men 25-29 400 SC Meter IM****WORLD: 4:14.51 W 11/15/09 IKUMI HASEGAWA****NATL: 4:26.79 N 12/10/95 JOHN KEPPELER****ZONECHAMPS: 4:37.46 Z 12/14/14 Eric Nilsson**

1 Stiles, David	28 St Pete Masters-14	5:12.83
31.36 1:07.58	1:48.27 2:28.67	
3:15.10 4:01.18	4:37.65 5:12.83	
2 Dolben, Warren	29 Maine Masters Sw-2	5:33.79
33.09 1:11.24	1:54.92 2:40.08	
3:25.15 4:12.36	4:55.47 5:33.79	
3 Mitchell, Craig	28 Worcester Area M-2	6:12.18
38.02 1:24.58	2:15.84 3:04.88	
3:57.42 4:50.83	5:31.77 6:12.18	
4 Wild, Mark	27 Worcester Area M-2	7:33.01
51.31 1:53.99	2:53.28 3:52.01	
4:51.40 5:50.49	6:42.91 7:33.01	

**Men 30-34 50 SC Meter Freestyle****WORLD: 21.59 W 11/28/15 EVGENIY LAGUNOV****NATL: 21.91 N 11/13/16 DARIAN TOWNSEND****ZONECHAMPS: 23.65 Z 1/1/01 Curtis Sawin**

1 Card, Mathew C	31 SwimRI-2	25.88
2 Rosado, Alex	33 Charles River Ma-2	31.19
3 Susse, Tim	32 Simon's Rock Pac-2	32.16
4 Handin, Alex M	30 Boston Universit-2	32.35
5 McNiece, Will	33 Boston Lanes (Li-2	41.75

**Men 30-34 100 SC Meter Freestyle****WORLD: 47.29 W 11/27/15 EVGENIY LAGUNOV****NATL: 48.08 N 9/27/14 DARIAN TOWNSEND****ZONECHAMPS: 51.72 Z 1/1/02 Curtis Sawin**

1 Nilsson, Eric T	31 Tech Masters-2	53.03
25.46 53.03		
2 Orben, Chris	34 Landshark Master-8	58.65
27.80 58.65		
3 Wallace, Connor	32 SwimRI-2	59.67
28.44 59.67		
4 Lorson, Mark	33 King Fins Aquati-2	1:01.07
28.50 1:01.07		
5 Duguay, Robert E	33 Connecticut Mast-5	1:06.70
33.07 1:06.70		
6 Susse, Tim	32 Simon's Rock Pac-2	1:12.00
33.71 1:12.00		

7 Rosado, Alex	33 Charles River Ma-2	1:13.92
34.70 1:13.92		
8 Marx, Rich	33 UC02-2	1:23.49
37.98 1:23.49		
9 Polanco, David	32 Andover North An-2	1:25.96
41.29 1:25.96		

**Men 30-34 200 SC Meter Freestyle****WORLD: 1:46.12 W 9/27/14 DARIAN TOWNSEND****NATL: 1:46.12 N 9/27/14 DARIAN TOWNSEND****ZONECHAMPS: 1:58.90 Z 1/1/09 Adam Ritchie**

1 Nilsson, Eric T	31 Tech Masters-2	1:56.58Z
26.43 56.10	1:26.36 1:56.58	
2 Laplante, Brett C	30 Umac-Terrapin Ma-1	2:02.93
28.43 59.00	1:30.60 2:02.93	
3 Orben, Chris	34 Landshark Master-8	2:14.09
30.78 1:04.26	1:39.13 2:14.09	
4 Wallace, Connor	32 SwimRI-2	2:16.07
31.77 1:05.93	1:41.04 2:16.07	
5 Lorson, Mark	33 King Fins Aquati-2	2:16.57
30.84 1:06.07	1:42.41 2:16.57	
6 Duguay, Robert E	33 Connecticut Mast-5	2:25.33
34.09 1:10.97	1:48.63 2:25.33	
7 Rosado, Alex	33 Charles River Ma-2	2:44.34
35.12 1:15.61	1:59.86 2:44.34	
8 Susse, Tim	32 Simon's Rock Pac-2	2:48.32
37.44 1:19.95	2:03.60 2:48.32	

**Men 30-34 400 SC Meter Freestyle****WORLD: 3:51.97 W 11/29/14 YURY UFIMTSEV****NATL: 3:57.47 N 10/4/09 TAMAS KEREKJARTO****ZONECHAMPS: 4:16.90 Z 1/1/05 Jon Wilkinson**

1 Nilsson, Eric T	31 Tech Masters-2	4:05.41Z
27.85 58.20	1:29.21 2:00.58	
2:31.73 3:03.08	3:34.57 4:05.41	
2 Laplante, Brett C	30 Umac-Terrapin Ma-1	4:28.29
29.07 1:00.47	1:32.97 2:06.63	
2:41.06 3:16.14	3:51.87 4:28.29	
3 Lorson, Mark	33 King Fins Aquati-2	4:54.94
32.23 1:09.06	1:45.96 2:23.45	
3:01.20 3:39.62	4:17.70 4:54.94	
4 Duguay, Robert E	33 Connecticut Mast-5	4:58.87
34.67 1:11.36	1:49.11 2:27.14	
3:05.32 3:43.63	4:21.93 4:58.87	

**Men 30-34 800 SC Meter Freestyle****WORLD: 8:17.06 W 12/10/00 ALEX KOSTICH****NATL: 8:17.06 N 12/10/00 ALEX KOSTICH****ZONECHAMPS: 9:05.19 Z 12/12/14 Michael Emmons**

1 Nilsson, Eric T	31 Tech Masters-2	8:37.56Z
28.42 59.62	1:31.49 2:03.84	
2:36.02 3:08.49	3:41.58 4:14.48	
4:47.75 5:20.80	5:54.14 6:27.19	
7:00.24 7:34.04	8:06.07 8:37.56	
2 Duguay, Robert E	33 Connecticut Mast-5	10:17.67
36.11 1:14.41	1:53.11 2:32.15	
3:11.01 3:49.82	4:28.91 5:07.94	
5:46.88 6:26.16	7:05.05 7:44.24	
8:23.49 9:02.93	9:41.42 10:17.67	

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**(Men 30-34 800 SC Meter Freestyle)**

3 Schuster, Kevin	31 Great Bay Master-2	10:42.12
33.48	1:10.84	1:49.77
2:29.48	3:09.97	3:50.41
4:31.16	5:12.36	5:53.38
6:35.22	7:17.10	7:58.53
8:40.14	9:21.49	9:59.81
		10:42.12

**Men 30-34 50 SC Meter Backstroke**

**WORLD:** 23.86 W 5/7/17 **NELSON SILVA Jr.**  
**NATL:** 24.75 N 11/12/16 **DARIAN TOWNSEND**  
**ZONECHAMPS:** 27.03 Z 1/1/03 **Curtis Sawin**

1 Kulkarni, Apurva	31 King Fins Aquati-2	31.95
2 Lorson, Mark	33 King Fins Aquati-2	35.78
3 Susse, Tim	32 Simon's Rock Pac-2	37.30
4 Muthukumar, Prasanna K	32 Charles River Ma-2	39.44
5 Rosado, Alex	33 Charles River Ma-2	40.84
6 Polanco, David	32 Andover North An-2	58.48
--- Marx, Rich	33 UC02-2	DQ

**Men 30-34 100 SC Meter Backstroke**

**WORLD:** 52.68 W 10/24/09 **DERYA BUYUKUNCU**  
**NATL:** 52.68 N 10/24/09 **DERYA BUYUKUNCU**  
**ZONECHAMPS:** 58.75 Z 1/1/02 **Curtis Sawin**

1 Laplante, Brett C	30 Umac-Terrapin Ma-1	1:05.52
32.70	1:05.52	
2 Lorson, Mark	33 King Fins Aquati-2	1:17.87
37.01	1:17.87	

**Men 30-34 50 SC Meter Breaststroke**

**WORLD:** 26.72 W 5/5/18 **FELIPE LIMA**  
**NATL:** 28.01 N 12/7/08 **JEFF COMMINGS**  
**ZONECHAMPS:** 30.93 Z 1/1/06 **Jared Walkenhorst**

1 Orben, Chris	34 Landshark Master-8	35.20
2 Kulkarni, Apurva	31 King Fins Aquati-2	35.46
3 Muthukumar, Prasanna K	32 Charles River Ma-2	45.66

**Men 30-34 100 SC Meter Breaststroke**

**WORLD:** 59.71 W 3/20/16 **RYO KOBAYASHI**  
**NATL:** 1:00.81 N 10/8/11 **ED MOSES**  
**ZONECHAMPS:** 1:07.76 Z 1/1/04 **Jared Walkenhorst**

1 Laplante, Brett C	30 Umac-Terrapin Ma-1	1:13.79
34.61	1:13.79	
2 Orben, Chris	34 Landshark Master-8	1:16.72
36.03	1:16.72	
3 Handin, Alex M	30 Boston Universit-2	1:34.70
46.11	1:34.70	

**Men 30-34 200 SC Meter Breaststroke**

**WORLD:** 2:12.54 W 12/6/15 **RYO KOBAYASHI**  
**NATL:** 2:17.56 N 12/12/99 **ROQUE SANTOS**  
**ZONECHAMPS:** 2:26.21 Z 1/1/05 **Stephan Joe**

1 Duguay, Robert E	33 Connecticut Mast-5	3:11.69
44.51	1:32.90	2:22.10
		3:11.69

**Men 30-34 50 SC Meter Butterfly**

**WORLD:** 22.87 W 5/16/09 **THOMAS RUPPRATH**  
**NATL:** 24.37 N 12/5/15 **MILORAD CAVIC**  
**ZONECHAMPS:** 25.50 Z 1/1/01 **Curtis Sawin**

1 Card, Mathew C	31 SwimRI-2	27.62
2 Orben, Chris	34 Landshark Master-8	29.40

3 Kulkarni, Apurva	31 King Fins Aquati-2	29.56
4 Rosado, Alex	33 Charles River Ma-2	33.75
5 Susse, Tim	32 Simon's Rock Pac-2	34.63
6 Handin, Alex M	30 Boston Universit-2	35.30
7 McNiece, Will	33 Boston Lanes (Li-2	45.54

**Men 30-34 200 SC Meter Butterfly**

**WORLD:** 1:53.56 W 11/25/17 **NIKOLAY SKVORTSOV**  
**NATL:** 1:57.41 N 9/24/16 **DARIAN TOWNSEND**  
**ZONECHAMPS:** 2:13.32 Z 12/11/15 **Michael Emmons**

1 Nilsson, Eric T	31 Tech Masters-2	2:07.15Z
28.50	1:01.18	1:33.99
		2:07.15
2 Duguay, Robert E	33 Connecticut Mast-5	3:42.10
49.74	1:48.13	2:44.51
		3:42.10

**Men 30-34 100 SC Meter IM**

**WORLD:** 53.28 W 11/13/16 **DARIAN TOWNSEND**  
**NATL:** 53.28 N 11/13/16 **DARIAN TOWNSEND**  
**ZONECHAMPS:** 58.62 Z 1/1/01 **Curtis Sawin**

1 Laplante, Brett C	30 Umac-Terrapin Ma-1	1:04.33
30.02	1:04.33	
2 Card, Mathew C	31 SwimRI-2	1:06.47
30.17	1:06.47	
3 Orben, Chris	34 Landshark Master-8	1:08.69
31.27	1:08.69	
4 Kulkarni, Apurva	31 King Fins Aquati-2	1:09.11
31.43	1:09.11	
5 Susse, Tim	32 Simon's Rock Pac-2	1:20.88
37.92	1:20.88	
6 Rosado, Alex	33 Charles River Ma-2	1:21.36
36.53	1:21.36	
7 Handin, Alex M	30 Boston Universit-2	1:22.83
38.56	1:22.83	
8 Duguay, Robert E	33 Connecticut Mast-5	1:24.08
41.50	1:24.08	
9 McNiece, Will	33 Boston Lanes (Li-2	1:53.37
55.76	1:53.37	

**Men 30-34 200 SC Meter IM**

**WORLD:** 1:56.96 W 11/13/16 **DARIAN TOWNSEND**  
**NATL:** 1:56.96 N 11/13/16 **DARIAN TOWNSEND**  
**ZONECHAMPS:** 2:13.88 Z 1/1/05 **Stephan Joe**

1 Laplante, Brett C	30 Umac-Terrapin Ma-1	2:19.18
29.64	1:04.76	1:45.79
		2:19.18

**Men 30-34 400 SC Meter IM**

**WORLD:** 4:16.06 W 11/12/16 **DARIAN TOWNSEND**  
**NATL:** 4:13.68 N 10/31/15 **DARIAN TOWNSEND**  
**ZONECHAMPS:** 4:48.11 Z 12/14/14 **Michael Emmons**

1 Duguay, Robert E	33 Connecticut Mast-5	6:19.54
48.71	1:44.21	2:32.99
		3:20.79
	4:10.76	5:01.37
		5:42.26
		6:19.54

**Men 35-39 50 SC Meter Freestyle**

**WORLD:** 21.53 W 10/27/07 **MARK FOSTER**  
**NATL:** 22.73 N 12/5/09 **FELIPE DELGADO**  
**ZONECHAMPS:** 23.44 Z 1/1/04 **Michael Ross**

1 Strahota, Jeffrey R	38 Umac-Terrapin Ma-1	26.74
2 Sabala, Michael C	38 Chelsea Piers fi-6	27.47
3 Matzkevich, Gregory R	35 Connecticut Mast-5	29.79

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

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**(Men 35-39 50 SC Meter Freestyle)**

4 Lawson, William J	38 Boston Lanes (Li-2)	30.75
5 Hoppe, Alexander	39 Worcester Area M-2	31.22

**Men 35-39 100 SC Meter Freestyle**

**WORLD: 49.53 W 3/19/00 JOHN MIRANDA**  
**NATL: 48.05 N 9/23/18 ROLAND SCHOEMAN**  
**ZONECHAMPS: 51.01 Z 1/1/03 Ron Karnaugh**

1 Moran, Daniel M	36 Worcester Area M-2	56.31
27.47	56.31	
2 Lundberg, Erik	39 Nutmeg Masters S-2	58.97
28.18	58.97	
3 Strahota, Jeffrey R	38 Umac-Terrapin Ma-1	59.06
28.13	59.06	
4 Sabala, Michael C	38 Chelsea Piers fi-6	1:05.01
30.70	1:05.01	
5 Matzkevich, Gregory R	35 Connecticut Mast-5	1:08.48
32.35	1:08.48	

**Men 35-39 200 SC Meter Freestyle**

**WORLD: 1:51.31 W 12/14/03 ERIK HOCHSTEIN**  
**NATL: 1:51.31 N 12/14/03 ERIK HOCHSTEIN**  
**ZONECHAMPS: 1:51.54 Z 1/1/04 Michael Ross**

1 Strahota, Jeffrey R	38 Umac-Terrapin Ma-1	2:09.39
29.08	1:01.59	1:35.51 2:09.39
2 Lundberg, Erik	39 Nutmeg Masters S-2	2:14.81
30.43	1:04.94	1:41.13 2:14.81

**Men 35-39 400 SC Meter Freestyle**

**WORLD: 3:57.77 W 12/14/03 ERIK HOCHSTEIN**  
**NATL: 3:57.77 N 12/14/03 ERIK HOCHSTEIN**  
**ZONECHAMPS: 4:01.78 Z 1/1/03 Ron Karnaugh**

1 Moran, Daniel M	36 Worcester Area M-2	4:12.47
29.78	1:01.81	1:34.03 2:06.18
2:37.85	3:09.78	3:41.26 4:12.47
2 Strahota, Jeffrey R	38 Umac-Terrapin Ma-1	4:42.56
32.33	1:07.47	1:24.77 1:43.34
2:19.98	2:56.37	3:32.39 4:42.56
3 Sabala, Michael C	38 Chelsea Piers fi-6	4:44.46
31.61	1:05.20	1:40.46 2:16.61
2:53.17	3:30.29	4:07.78 4:44.46
4 Baker, Edward S	39 Charles River Ma-2	5:27.94
37.28	1:17.67	1:59.43 2:41.27
3:23.19	4:04.68	4:46.32 5:27.94

**Men 35-39 800 SC Meter Freestyle**

**WORLD: 8:16.19 W 12/6/09 ALEX KOSTICH**  
**NATL: 8:16.19 N 12/6/09 ALEX KOSTICH**  
**ZONECHAMPS: 8:53.41 Z 1/1/99 Doug Chestnut**

1 Moran, Daniel M	36 Worcester Area M-2	8:42.40Z
30.20	1:02.74	1:35.78 2:08.76
2:41.80	3:14.73	3:47.63 4:20.39
4:53.14	5:25.65	5:58.21 6:31.06
7:03.79	7:36.39	8:09.65 8:42.40
2 Schaefer, Andrew F	35 Binghamton Univ-4	9:54.47
34.21	1:11.40	1:48.76 2:26.45
3:03.96	3:41.53	4:19.39 4:57.10
5:34.91	6:12.61	6:50.47 7:28.09
8:05.87	8:43.36	9:19.54 9:54.47

3 Sabala, Michael C	38 Chelsea Piers fi-6	9:55.71
33.13	1:08.37	1:44.25 2:20.84
2:57.97	3:35.76	4:13.74 4:51.90
5:29.99	6:08.46	6:46.54 7:24.96
8:03.04	8:41.36	9:19.50 9:55.71

4 Baker, Edward S	39 Charles River Ma-2	11:12.87
37.28	1:18.10	2:00.12 2:42.48
3:26.26	4:08.33	4:51.21 5:34.12
6:17.33	7:00.03	7:43.18 8:25.88
9:08.16	9:50.41	10:32.12 11:12.87

**Men 35-39 50 SC Meter Backstroke**

**WORLD: 25.68 W 3/5/17 KENTA YAMANOI**  
**NATL: 25.72 N 10/18/09 EDILSON SILVA**  
**ZONECHAMPS: 25.86 Z 1/1/04 Michael Ross**

1 Mehlhaff, Matthew S	39 Connecticut Mast-5	33.94
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**Men 35-39 100 SC Meter Backstroke**

**WORLD: 55.31 W 1/21/18 T.TAKEUCHI**  
**NATL: 55.95 N 12/5/04 MICHAEL ROSS**  
**ZONECHAMPS: 55.95 Z 1/1/04 Michael Ross**

1 Mehlhaff, Matthew S	39 Connecticut Mast-5	1:13.74
35.55	1:13.74	

**Men 35-39 200 SC Meter Backstroke**

**WORLD: 2:00.34 W 12/8/02 RON KARNAUGH**  
**NATL: 2:00.34 N 12/8/02 RON KARNAUGH**  
**ZONECHAMPS: 2:00.34 Z 1/1/02 Ron Karnaugh**

1 Sabala, Michael C	38 Chelsea Piers fi-6	2:37.16
35.71	1:14.97	1:56.93 2:37.16
2 Mehlhaff, Matthew S	39 Connecticut Mast-5	2:41.04
37.71	1:18.66	1:59.33 2:41.04
3 Lawson, William J	38 Boston Lanes (Li-2)	2:50.21
21.08	40.13	1:24.04 2:50.21

**Men 35-39 100 SC Meter Breaststroke**

**WORLD: 1:00.61 W 11/19/16 SERGEY GEYBEL**  
**NATL: 1:01.47 N 12/20/09 JEFF COMMINGS**  
**ZONECHAMPS: 1:02.57 Z 1/1/02 Ron Karnaugh**

1 Sabala, Michael C	38 Chelsea Piers fi-6	1:20.46
38.13	1:20.46	
2 Mehlhaff, Matthew S	39 Connecticut Mast-5	1:26.63
40.68	1:26.63	
3 Hoppe, Alexander	39 Worcester Area M-2	1:28.63
41.63	1:28.63	

**Men 35-39 200 SC Meter Breaststroke**

**WORLD: 2:15.42 W 3/16/14 KAZUYA KOIKE**  
**NATL: 2:15.64 N 12/4/11 STEVE WEST**  
**ZONECHAMPS: 2:17.96 Z 1/1/02 Ron Karnaugh**

1 Mehlhaff, Matthew S	39 Connecticut Mast-5	3:07.21
42.34	1:29.59	2:17.76 3:07.21

**Men 35-39 50 SC Meter Butterfly**

**WORLD: 23.72 W 3/20/11 LARS FROLANDER**  
**NATL: 24.87 N 12/1/12 GLENN COUNTS**  
**ZONECHAMPS: 25.29 Z 1/1/04 Michael Ross**

1 Sabala, Michael C	38 Chelsea Piers fi-6	30.24
2 Matzkevich, Gregory R	35 Connecticut Mast-5	32.75
3 Lawson, William J	38 Boston Lanes (Li-2)	32.92

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Men 35-39 100 SC Meter Butterfly**

**WORLD:** 54.27 W 12/4/11 **IGOR MARCHENKO**

**NATL:** 54.27 N 12/4/11 **IGOR MARCHENKO**

**ZONECHAMPS:** 56.32 Z 1/1/04 **Michael Ross**

1	Strahota, Jeffrey R	38	Umac-Terrapin Ma-1	1:05.39
	29.66		1:05.39	
2	Sabala, Michael C	38	Chelsea Piers fi-6	1:11.16
	33.02		1:11.16	

**Men 35-39 200 SC Meter Butterfly**

**WORLD:** 2:02.98 W 11/15/14 **BRENT CREAGER**

**NATL:** 2:02.98 N 11/15/14 **BRENT CREAGER**

**ZONECHAMPS:** 2:14.61 Z 12/8/17 **Daniel Moran**

1	Moran, Daniel M	36	Worcester Area M-2	2:11.77Z
	30.54		1:03.94	1:38.60
				2:11.77
2	Mehlhoff, Matthew S	39	Connecticut Mast-5	2:49.97
	35.81		1:19.88	2:04.03
				2:49.97

**Men 35-39 100 SC Meter IM**

**WORLD:** 56.36 W 12/2/12 **GLENN COUNTS**

**NATL:** 56.36 N 12/2/12 **GLENN COUNTS**

**ZONECHAMPS:** 56.94 Z 1/1/03 **Ron Karnaugh**

1	Mehlhoff, Matthew S	39	Connecticut Mast-5	1:13.52
	33.92		1:13.52	
2	Lawson, William J	38	Boston Lanes (Li-2	1:17.50
	35.90		1:17.50	
3	Matzkevich, Gregory R	35	Connecticut Mast-5	1:25.54
	38.43		1:25.54	

**Men 35-39 200 SC Meter IM**

**WORLD:** 2:03.29 W 12/8/02 **RON KARNAUGH**

**NATL:** 2:03.29 N 12/8/02 **RONALD KARNAUGH**

**ZONECHAMPS:** 2:03.29 Z 1/1/02 **Ron Karnaugh**

1	Strahota, Jeffrey R	38	Umac-Terrapin Ma-1	2:28.17
	30.08		1:09.08	1:53.40
				2:28.17
2	Sabala, Michael C	38	Chelsea Piers fi-6	2:31.97
	32.43		1:11.71	1:56.22
				2:31.97
3	Mehlhoff, Matthew S	39	Connecticut Mast-5	2:37.37
	32.83		1:12.73	2:01.36
				2:37.37

**Men 35-39 400 SC Meter IM**

**WORLD:** 4:24.36 W 12/7/03 **RON KARNAUGH**

**NATL:** 4:24.36 N 12/7/03 **RONALD KARNAUGH**

**ZONECHAMPS:** 4:24.36 Z 1/1/03 **Ron Karnaugh**

1	Moran, Daniel M	36	Worcester Area M-2	4:47.96
	30.71		1:04.75	1:43.74
				2:21.79
	3:03.26		3:43.80	4:17.00
				4:47.96

**Men 40-44 50 SC Meter Freestyle**

**WORLD:** 22.75 W 5/8/16 **HIDEAKI HARA**

**NATL:** 23.13 N 8/15/13 **BRIAN JACOBSON**

**ZONECHAMPS:** 23.47 Z 1/1/08 **Michael Ross**

1	Phillips, Tom	44	Boston Universit-2	25.20
2	Lovett, Brian	44	Landshark Master-8	25.93
3	Ohman, Niclas K	44	Granite State Pe-2	26.23
4	Hammond, Ben W	43	Worcester Area M-2	26.30
5	Jilek, Dave D	44	UC02-2	26.95
6	Doucet, Douglas C	43	Minuteman Master-2	26.97
7	Leake, Michael	40	Monument Masters-	27.69
8	Harke, Michael	44	Simon's Rock Pac-2	27.89

9	Cloitre, Christophe	43	Great Bay Master-2	30.03
10	Lampe, Joseph	40	Connecticut Mast-5	31.55

**Men 40-44 100 SC Meter Freestyle**

**WORLD:** 49.64 W 6/4/17 **HIDEAKI HARA**

**NATL:** 50.43 N 12/6/08 **MICHAEL ROSS**

**ZONECHAMPS:** 50.43 Z 1/1/08 **Michael Ross**

1	Phillips, Tom	44	Boston Universit-2	56.37
	27.10		56.37	
2	Ohman, Niclas K	44	Granite State Pe-2	57.15
	27.60		57.15	
3	Lovett, Brian	44	Landshark Master-8	57.54
	27.30		57.54	
4	Harke, Michael	44	Simon's Rock Pac-2	1:02.85
	30.37		1:02.85	
5	Edsall, Tyler G	41	Granite State Pe-2	1:06.45
	32.24		1:06.45	

**Men 40-44 200 SC Meter Freestyle**

**WORLD:** 1:50.08 W 12/6/08 **MICHAEL ROSS**

**NATL:** 1:50.08 N 12/6/08 **MICHAEL ROSS**

**ZONECHAMPS:** 1:50.08 Z 1/1/08 **Michael Ross**

1	Lovett, Brian	44	Landshark Master-8	2:11.97
	30.27		1:04.13	1:38.27
				2:11.97
2	Lawaetz, Frans	40	Charles River Sw-2	2:21.65
	32.17		1:07.07	1:44.39
				2:21.65
3	Edsall, Tyler G	41	Granite State Pe-2	2:51.00
	37.41		1:20.44	2:05.58
				2:51.00

**Men 40-44 400 SC Meter Freestyle**

**WORLD:** 4:00.67 W 11/7/04 **KAI DITZEL**

**NATL:** 4:01.32 N 10/4/09 **ERIK HOCHSTEIN**

**ZONECHAMPS:** 4:11.73 Z 1/1/08 **Patrick Brundage**

1	Decker, John R	44	Greenville Splas-55	4:42.76
	32.51		1:07.74	1:43.56
				2:20.17
	2:56.99		3:33.23	4:08.56
				4:42.76
2	Lawaetz, Frans	40	Charles River Sw-2	5:06.56
	32.19		1:07.41	1:44.97
				2:24.12
	3:04.29		3:44.90	4:26.30
				5:06.56
3	Phillips, Tom	44	Boston Universit-2	5:08.70
	27.18		1:09.75	1:51.34
				2:25.67
	3:09.42		3:50.94	4:25.58
				5:08.70
4	Baden, Aaron K	42	Simon's Rock Pac-2	5:52.28
	36.90		1:19.11	2:03.56
				2:48.98
	3:35.11		4:21.59	5:08.55
				5:52.28
5	Graham, David	44	Granite State Pe-2	6:24.14
	41.87		1:28.22	2:16.12
				3:05.52
	3:56.48		4:46.53	5:35.39
				6:24.14
6	Norris, Daniel P	42	OakSquare YMCA-2	6:35.06
	38.15		1:22.45	2:11.60
				3:02.13
	3:55.47		4:49.38	5:43.63
				6:35.06

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Men 40-44 800 SC Meter Freestyle**

WORLD: 8:15.69 W 2/25/17 SAMUELE PAMPANA

NATL: 8:21.78 N 12/4/11 ALEX KOSTICH

ZONECHAMPS: 9:08.85 Z 1/1/05 Michael Schmidt

1	Decker, John R	44	Greenville Splas-55	9:55.18
	33.32	1:10.16	1:47.47	2:24.88
	3:02.42	3:39.94	4:17.62	4:55.69
	5:33.74	6:12.06	6:49.90	7:27.77
	8:05.16	8:42.40	9:19.40	9:55.18
2	Wright, Brendan C	40	Granite State Pe-2	10:59.18
	34.92	1:13.91	1:54.55	2:36.03
	3:18.38	4:00.34	4:42.86	5:24.80
	6:06.54	6:48.88	7:31.09	8:12.72
	8:54.10	9:36.13	10:16.94	10:59.18

**Men 40-44 50 SC Meter Backstroke**

WORLD: 25.53 W 12/12/09 MICHAEL ROSS

NATL: 25.53 N 12/12/09 MICHAEL ROSS

ZONECHAMPS: 26.56 Z 1/1/08 Chris Stevenson

1	Barnes, Chuck	42	SwimRI-2	27.53
2	Kotkiewicz, Adam	41	Landshark Master-8	29.59
3	Hammond, Ben W	43	Worcester Area M-2	32.92
4	Edsall, Tyler G	41	Granite State Pe-2	36.74
5	Graham, David	44	Granite State Pe-2	43.14

**Men 40-44 100 SC Meter Backstroke Time Trial**

WORLD: 54.85 W 12/7/08 MICHAEL ROSS

NATL: 54.85 N 12/7/08 MICHAEL ROSS

ZONECHAMPS: 54.85 Z 1/1/08 Michael Ross

**- Time Trial**

1	Leake, Michael	40	Monument Masters-	1:08.30
	33.67	1:08.30		

**Men 40-44 100 SC Meter Backstroke**

WORLD: 54.85 W 12/7/08 MICHAEL ROSS

NATL: 54.85 N 12/7/08 MICHAEL ROSS

ZONECHAMPS: 54.85 Z 1/1/08 Michael Ross

1	Barnes, Chuck	42	SwimRI-2	58.75
	28.44	58.75		
2	Kotkiewicz, Adam	41	Landshark Master-8	1:03.08
	30.27	1:03.08		
3	Graham, David	44	Granite State Pe-2	1:31.53
	45.80	1:31.53		

**Men 40-44 200 SC Meter Backstroke**

WORLD: 2:03.84 W 12/14/08 MICHAEL ROSS

NATL: 2:03.84 N 12/14/08 MICHAEL ROSS

ZONECHAMPS: 2:04.96 Z 1/1/08 Chris Stevenson

1	Barnes, Chuck	42	SwimRI-2	2:08.95
	30.57	1:02.28	1:34.84	2:08.95
2	Leake, Michael	40	Monument Masters-	2:27.59
	34.88	1:12.09	1:49.55	2:27.59
3	Decker, John R	44	Greenville Splas-55	2:32.20
	36.48	1:14.69	1:53.48	2:32.20

**Men 40-44 50 SC Meter Breaststroke**

WORLD: 28.22 W 11/12/16 JEFF COMMINGS

NATL: 28.22 N 11/12/16 JEFF COMMINGS

ZONECHAMPS: 30.17 Z 12/14/13 Craig Crawford

1	Lovett, Brian	44	Landshark Master-8	33.80
2	Hammond, Ben W	43	Worcester Area M-2	34.18
3	Edsall, Tyler G	41	Granite State Pe-2	39.08
4	Graham, David	44	Granite State Pe-2	40.90

**Men 40-44 100 SC Meter Breaststroke**

WORLD: 1:01.42 W 12/6/14 STEVE WEST

NATL: 1:01.42 N 12/6/14 STEVE WEST

ZONECHAMPS: 1:06.52 Z 12/15/13 Craig Crawford

1	Baden, Aaron K	42	Simon's Rock Pac-2	1:30.23
	42.85	1:30.23		
2	Cloitre, Christophe	43	Great Bay Master-2	1:35.80
	46.75	1:35.80		

**Men 40-44 200 SC Meter Breaststroke**

WORLD: 2:13.72 W 12/7/14 STEVE WEST

NATL: 2:13.72 N 12/7/14 STEVE WEST

ZONECHAMPS: 2:27.98 Z 12/14/13 Craig Crawford

1	Lawaetz, Frans	40	Charles River Sw-2	3:04.79
	39.92	1:25.34	2:14.45	3:04.79
2	Graham, David	44	Granite State Pe-2	3:28.96
	45.74	1:38.78	2:33.43	3:28.96

**Men 40-44 50 SC Meter Butterfly**

WORLD: 24.14 W 3/16/14 LARS FROLANDER

NATL: 24.91 N 12/6/08 MICHAEL ROSS

ZONECHAMPS: 24.91 Z 1/1/08 Michael Ross

1	Lovett, Brian	44	Landshark Master-8	28.03
2	Hammond, Ben W	43	Worcester Area M-2	28.15
3	Jilek, Dave D	44	UC02-2	28.46
4	Phillips, Tom	44	Boston Universit-2	28.53
5	Ohman, Niclas K	44	Granite State Pe-2	28.74
6	Doucet, Douglas C	43	Minuteman Master-2	29.55
7	Leake, Michael	40	Monument Masters-	30.28
8	Harke, Michael	44	Simon's Rock Pac-2	30.91
9	Lampe, Joseph	40	Connecticut Mast-5	34.99
10	Cloitre, Christophe	43	Great Bay Master-2	37.11

**Men 40-44 100 SC Meter Butterfly**

WORLD: 53.81 W 3/15/14 LARS FROLANDER

NATL: 55.82 N 12/14/08 MICHAEL ROSS

ZONECHAMPS: 56.99 Z 1/1/08 Chris Stevenson

1	Jilek, Dave D	44	UC02-2	1:05.75
	29.81	1:05.75		
2	Decker, John R	44	Greenville Splas-55	1:06.75
	31.28	1:06.75		

**Men 40-44 200 SC Meter Butterfly**

WORLD: 2:02.97 W 10/11/98 WILLIAM SPECHT

NATL: 2:02.97 N 10/11/98 WILLIAM SPECHT

ZONECHAMPS: 2:10.99 Z 1/1/08 Chris Stevenson

1	Decker, John R	44	Greenville Splas-55	2:38.71
	35.82	1:17.20	1:58.08	2:38.71

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Men 40-44 100 SC Meter IM**

<b>WORLD:</b>	57.07 W 5/5/16	<b>HIDEAKI HARA</b>
<b>NATL:</b>	57.19 N 11/16/14	<b>JEFF COMMINGS</b>
<b>ZONECHAMPS:</b>	1:01.30 Z 1/1/08	<b>Patrick Brundage</b>
1	Kotkiewicz, Adam	41 Landshark Master-8 1:04.21
	29.17 1:04.21	
2	Lovett, Brian	44 Landshark Master-8 1:06.04
	30.43 1:06.04	
3	Decker, John R	44 Greenville Splas-55 1:10.11
	33.10 1:10.11	
4	Hammond, Ben W	43 Worcester Area M-2 1:10.75
	31.29 1:10.75	
5	Doucet, Douglas C	43 Minuteman Master-2 1:11.07
	31.98 1:11.07	
6	Ohman, Niclas K	44 Granite State Pe-2 1:11.73
	31.68 1:11.73	
7	Harke, Michael	44 Simon's Rock Pac-2 1:16.32
	36.64 1:16.32	
8	Baden, Aaron K	42 Simon's Rock Pac-2 1:22.00
	38.85 1:22.00	
9	Cloitre, Christophe	43 Great Bay Master-2 1:24.88
	41.32 1:24.88	
10	Lampe, Joseph	40 Connecticut Mast-5 1:27.32
	41.87 1:27.32	

**Men 40-44 200 SC Meter IM**

<b>WORLD:</b>	2:05.46 W 12/4/09	<b>ROQUE SANTOS</b>
<b>NATL:</b>	2:05.46 N 12/4/09	<b>ROQUE SANTOS</b>
<b>ZONECHAMPS:</b>	2:12.16 Z 1/1/08	<b>Patrick Brundage</b>
1	Kotkiewicz, Adam	41 Landshark Master-8 2:22.23
	29.02 1:03.25	1:47.36 2:22.23
2	Decker, John R	44 Greenville Splas-55 2:28.97
	31.12 1:10.30	1:54.25 2:28.97
3	Baden, Aaron K	42 Simon's Rock Pac-2 3:03.00
	39.87 1:28.22	2:19.36 3:03.00
4	Lampe, Joseph	40 Connecticut Mast-5 3:10.62
	39.65 1:34.45	2:28.91 3:10.62

**Men 40-44 400 SC Meter IM**

<b>WORLD:</b>	4:30.68 W 10/10/14	<b>ERIC CHRISTENSEN</b>
<b>NATL:</b>	4:30.68 N 10/10/14	<b>ERIC CHRISTENSEN</b>
<b>ZONECHAMPS:</b>	4:39.78 Z 1/1/08	<b>Patrick Brundage</b>
1	Decker, John R	44 Greenville Splas-55 5:21.22
	33.02 1:11.69	1:53.37 2:35.59
	3:21.63 4:08.28	4:45.37 5:21.22
2	Lawaetz, Frans	40 Charles River Sw-2 5:56.09
	36.06 1:19.70	2:07.68 2:55.87
	3:45.19 4:36.44	5:17.18 5:56.09

**Men 45-49 50 SC Meter Freestyle**

<b>WORLD:</b>	23.29 W 5/7/16	<b>JOAKIM HOLMQUIST</b>
<b>NATL:</b>	23.58 N 11/13/16	<b>SIPHIWE BALEKA</b>
<b>ZONECHAMPS:</b>	24.85 Z 12/11/10	<b>Fritz Bedford</b>
1	Lecrone, Timothy J	46 Maine Masters Sw-2 25.86
2	Bailey, Jerry E	49 Great Bay Master-2 26.26
3	Brochu, Brian	48 Worcester Area M-2 28.15
4	Strehle, Andrew	49 Wild Crab Master-2 28.54
5	Kishchenko, Roman	45 North Suburban Y-2 29.66
6	Bandeira-deMello, Rodrig	45 Andover North An-2 30.14

7 Rooney, Alec 48 Great Bay Master-2 33.70

**Men 45-49 100 SC Meter Freestyle**

<b>WORLD:</b>	51.30 W 3/10/12	<b>NICOLAS GRANGER</b>
<b>NATL:</b>	52.54 N 12/2/07	<b>PAUL SMITH</b>
<b>ZONECHAMPS:</b>	54.50 Z 12/11/15	<b>Stewart Carroll</b>
1	Baker, Jason	46 YMCA of Greater-2 58.18
	28.44 58.18	
2	Lecrone, Timothy J	46 Maine Masters Sw-2 58.38
	28.24 58.38	
3	Brochu, Brian	48 Worcester Area M-2 1:02.60
	29.92 1:02.60	
4	Thorp, Alexander R	48 Simon's Rock Pac-2 1:04.39
	31.35 1:04.39	
5	Morse, Benjamin	46 Maine Masters Sw-2 1:04.83
	31.53 1:04.83	
6	Broglio, Mike	47 Minuteman Master-2 1:05.15
	31.82 1:05.15	

**Men 45-49 200 SC Meter Freestyle**

<b>WORLD:</b>	1:52.87 W 3/9/12	<b>NICOLAS GRANGER</b>
<b>NATL:</b>	1:56.00 N 12/2/07	<b>PAUL SMITH</b>
<b>ZONECHAMPS:</b>	1:59.11 Z 12/11/15	<b>Stewart Carroll</b>
1	Morse, Benjamin	46 Maine Masters Sw-2 2:17.57
	32.15 1:06.93	1:42.41 2:17.57
2	Mikuszewski, Paul	45 Worcester Area M-2 2:22.37
	32.49 1:08.41	1:45.71 2:22.37
3	Thorp, Alexander R	48 Simon's Rock Pac-2 2:35.22
	35.11 1:15.15	1:56.86 2:35.22

**Men 45-49 400 SC Meter Freestyle**

<b>WORLD:</b>	4:03.10 W 4/18/15	<b>FABIO CALMASINI</b>
<b>NATL:</b>	4:09.19 N 11/1/09	<b>KEITH SWITZER</b>
<b>ZONECHAMPS:</b>	4:17.45 Z 12/11/15	<b>Stewart Carroll</b>
1	Broglio, Mike	47 Minuteman Master-2 4:49.34
	34.46 1:10.64	1:46.98 2:23.58
	3:00.23 3:37.02	4:13.67 4:49.34
2	Morse, Benjamin	46 Maine Masters Sw-2 4:52.83
	33.03 1:09.01	1:45.84 2:23.20
	3:00.72 3:38.03	4:15.74 4:52.83
3	Mikuszewski, Paul	45 Worcester Area M-2 4:59.64
	33.34 1:10.43	1:48.28 2:26.84
	3:05.06 3:43.38	4:22.34 4:59.64
4	Kwa, Ken K	45 Charles River Ma-2 5:41.65
	39.79 1:22.13	2:06.16 2:49.96
	3:33.74 4:16.60	4:59.22 5:41.65

**Men 45-49 800 SC Meter Freestyle**

<b>WORLD:</b>	8:24.75 W 3/29/15	<b>FABIO CALMASINI</b>
<b>NATL:</b>	8:41.60 N 12/14/13	<b>RICARDO VALDIVIA</b>
<b>ZONECHAMPS:</b>	9:34.21 Z 1/1/09	<b>Steven Newman</b>
1	Broglio, Mike	47 Minuteman Master-2 10:09.87
	36.24 1:13.89	1:51.83 2:29.78
	3:07.52 3:45.04	4:22.42 4:59.66
	5:37.28 6:15.46	6:53.80 7:32.47
	8:11.67 8:51.09	9:30.78 10:09.87



## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**(Men 45-49 800 SC Meter Freestyle)**

2	Kwa, Ken K	45	Charles River Ma-2	11:47.01
	40.25	1:24.46	2:10.28	2:56.18
	3:41.57	4:26.86	5:12.09	5:56.61
	6:40.79	7:25.22	8:08.75	8:53.63
	9:37.93	10:22.09	11:04.90	11:47.01

**Men 45-49 50 SC Meter Backstroke**

**WORLD:** 26.60 W 3/26/17 **DANIEL LONNBERG**  
**NATL:** 27.02 N 12/12/09 **CHRIS STEVENSON**  
**ZONECHAMPS:** 27.38 Z 12/12/10 **Chris Stevenson**

1	Baker, Jason	46	YMCA of Greater-2	31.90
2	Lecrone, Timothy J	46	Maine Masters Sw-2	36.08

**Men 45-49 100 SC Meter Backstroke**

**WORLD:** 57.00 W 12/13/09 **CHRIS STEVENSON**  
**NATL:** 57.00 N 12/13/09 **CHRIS STEVENSON**  
**ZONECHAMPS:** 58.40 Z 12/12/10 **Chris Stevenson**

1	Baker, Jason	46	YMCA of Greater-2	1:10.08
	33.76	1:10.08		
2	Brochu, Brian	48	Worcester Area M-2	1:17.76
	37.64	1:17.76		
3	Kwa, Ken K	45	Charles River Ma-2	1:52.37
	54.79	1:52.37		

**Men 45-49 200 SC Meter Backstroke**

**WORLD:** 2:05.54 W 12/12/09 **CHRIS STEVENSON**  
**NATL:** 2:05.54 N 12/12/09 **CHRIS STEVENSON**  
**ZONECHAMPS:** 2:07.55 Z 12/11/10 **Chris Stevenson**

1	Rooney, Alec	48	Great Bay Master-2	3:16.05
	46.46	1:37.06	2:28.30	3:16.05
2	Kwa, Ken K	45	Charles River Ma-2	3:39.25
	54.65	1:49.63	2:45.45	3:39.25

**Men 45-49 50 SC Meter Breaststroke**

**WORLD:** 28.83 W 5/20/18 **HIDEAKI TOGO**  
**NATL:** 28.88 N 10/12/13 **TODD TORRES**  
**ZONECHAMPS:** 29.83 Z 12/11/15 **Craig Crawford**

1	Hersh, Craig	47	Granite State Pe-2	32.92
2	Goodison, Michael	46	Umac-Terrapin Ma-1	32.97
3	Baker, Jason	46	YMCA of Greater-2	34.50
4	Lecrone, Timothy J	46	Maine Masters Sw-2	36.00
5	Kwa, Ken K	45	Charles River Ma-2	44.35

**Men 45-49 100 SC Meter Breaststroke**

**WORLD:** 1:03.13 W 12/2/17 **STEVE WEST**  
**NATL:** 1:03.13 N 12/2/17 **STEVE WEST**  
**ZONECHAMPS:** 1:06.63 Z 12/11/15 **Craig Crawford**

1	Hersh, Craig	47	Granite State Pe-2	1:12.37
	33.98	1:12.37		
2	Goodison, Michael	46	Umac-Terrapin Ma-1	1:14.07
	35.02	1:14.07		
3	Baptista, Lourival	46	Berkeley (Nj) Aq-7	1:14.25
	18.62	1:14.25		
4	Crawford, Craig	48	Pittsfield YMCA-2	1:14.38
	34.67	1:14.38		
5	Kishchenko, Roman	45	North Suburban Y-2	1:26.21
	40.22	1:26.21		

6	Kwa, Ken K	45	Charles River Ma-2	1:32.51
	44.30	1:32.51		
7	Porter, Jim K	49	SwimRI-2	1:32.58
	43.86	1:32.58		
8	Rooney, Alec	48	Great Bay Master-2	1:39.48
	47.10	1:39.48		

**Men 45-49 200 SC Meter Breaststroke**

**WORLD:** 2:16.12 W 12/3/17 **STEVE WEST**  
**NATL:** 2:16.12 N 12/3/17 **STEVE WEST**  
**ZONECHAMPS:** 2:28.98 Z 12/11/15 **Craig Crawford**

1	Hersh, Craig	47	Granite State Pe-2	2:43.40
	36.59	1:18.00	2:00.19	2:43.40
2	Goodison, Michael	46	Umac-Terrapin Ma-1	2:45.31
	37.01	1:18.76	2:02.23	2:45.31
3	Morse, Benjamin	46	Maine Masters Sw-2	3:08.59
	41.78	1:29.59	2:19.52	3:08.59
4	Kwa, Ken K	45	Charles River Ma-2	3:13.91
	45.31	1:33.82	2:23.93	3:13.91

**Men 45-49 50 SC Meter Butterfly**

**WORLD:** 24.38 W 3/19/17 **EIJI NOMURA**  
**NATL:** 25.74 N 12/13/09 **FRITZ BEDFORD**  
**ZONECHAMPS:** 26.23 Z 12/11/15 **Scott Heber**

1	Lecrone, Timothy J	46	Maine Masters Sw-2	27.85
2	Goodison, Michael	46	Umac-Terrapin Ma-1	29.36
3	Baptista, Lourival	46	Berkeley (Nj) Aq-7	29.43
4	Brochu, Brian	48	Worcester Area M-2	31.56
5	Bandeira-deMello, Rodrig	45	Andover North An-2	31.99
6	Mikuszewski, Paul	45	Worcester Area M-2	32.35
7	Kishchenko, Roman	45	North Suburban Y-2	32.69
8	Strehle, Andrew	49	Wild Crab Master-2	33.95
9	Kwa, Ken K	45	Charles River Ma-2	43.09

**Men 45-49 100 SC Meter Butterfly**

**WORLD:** 55.07 W 3/18/18 **EIJI NOMURA**  
**NATL:** 57.17 N 12/14/03 **PAUL CARTER**  
**ZONECHAMPS:** 57.37 Z 12/11/10 **Chris Stevenson**

1	Lecrone, Timothy J	46	Maine Masters Sw-2	1:06.59
	29.94	1:06.59		
2	Mikuszewski, Paul	45	Worcester Area M-2	1:13.82
	34.23	1:13.82		
3	Strehle, Andrew	49	Wild Crab Master-2	1:22.20
	37.72	1:22.20		
4	Kwa, Ken K	45	Charles River Ma-2	1:32.13
	45.24	1:32.13		

**Men 45-49 200 SC Meter Butterfly**

**WORLD:** 2:05.01 W 3/17/18 **EIJI NOMURA**  
**NATL:** 2:06.40 N 11/19/06 **DENNIS BAKER**  
**ZONECHAMPS:** 2:11.40 Z 12/11/10 **Chris Stevenson**

1	Kwa, Ken K	45	Charles River Ma-2	3:09.63
	47.86	1:38.49	2:28.31	3:09.63

**Men 45-49 100 SC Meter IM**

**WORLD:** 57.68 W 3/9/12 **NICOLAS GRANGER**  
**NATL:** 1:00.09 N 11/13/16 **SIPHIWE BALEKA**  
**ZONECHAMPS:** 1:00.56 Z 12/11/15 **Scott Heber**

1	Bailey, Jerry E	49	Great Bay Master-2	1:05.02
	29.92	1:05.02		

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**(Men 45-49 100 SC Meter IM)**

2	Hersh, Craig	47	Granite State Pe-2	1:08.19
	33.16	1:08.19		
3	Brochu, Brian	48	Worcester Area M-2	1:15.81
	34.32	1:15.81		
4	Mikuszewski, Paul	45	Worcester Area M-2	1:16.39
	35.61	1:16.39		
5	Strehle, Andrew	49	Wild Crab Master-2	1:16.58
	36.19	1:16.58		
6	Bandeira-deMello, Rodrig	45	Andover North An-2	1:21.52
	36.27	1:21.52		
7	Porter, Jim K	49	SwimRI-2	1:25.60
	40.81	1:25.60		
8	Kwa, Ken K	45	Charles River Ma-2	1:29.30
	43.96	1:29.30		
9	Rooney, Alec	48	Great Bay Master-2	1:30.53
	44.03	1:30.53		

**Men 45-49 200 SC Meter IM**

<b>WORLD: 2:04.64 W 3/8/12</b>		<b>NICOLAS GRANGER</b>		
<b>NATL: 2:09.71 N 3/20/10</b>		<b>JEROME FRENTSOS</b>		
<b>ZONECHAMPS: 2:17.47 Z 12/11/15</b>		<b>Scott Heber</b>		
1	Bailey, Jerry E	49	Great Bay Master-2	2:23.48
	30.36	1:07.52	1:49.28	2:23.48
2	Hersh, Craig	47	Granite State Pe-2	2:30.00
	32.47	1:13.13	1:55.17	2:30.00
3	Goodison, Michael	46	Umac-Terrapin Ma-1	2:31.94
	31.54	1:14.10	1:56.11	2:31.94
4	Mikuszewski, Paul	45	Worcester Area M-2	2:43.39
	33.74	1:15.73	2:07.14	2:43.39
5	Strehle, Andrew	49	Wild Crab Master-2	2:44.14
	33.74	1:17.81	2:06.25	2:44.14
6	Porter, Jim K	49	SwimRI-2	3:06.74
	37.08	1:29.47	2:23.44	3:06.74
7	Kwa, Ken K	45	Charles River Ma-2	3:09.97
	42.80	1:36.14	2:27.39	3:09.97
8	Rooney, Alec	48	Great Bay Master-2	3:16.72
	46.35	1:38.51	2:33.06	3:16.72

**Men 45-49 400 SC Meter IM**

<b>WORLD: 4:31.36 W 4/7/12</b>		<b>NICOLAS GRANGER</b>		
<b>NATL: 4:43.64 N 9/26/10</b>		<b>JEROME FRENTSOS</b>		
<b>ZONECHAMPS: 5:21.30 Z 1/1/00</b>		<b>Jamie Hemmerle</b>		
1	Hersh, Craig	47	Granite State Pe-2	5:33.79
	33.86	1:14.20	1:58.55	2:42.26
	3:27.54	4:14.68	4:54.15	5:33.79
2	Kwa, Ken K	45	Charles River Ma-2	6:29.35
	46.46	1:35.94	2:29.09	3:24.84
	4:14.73	5:04.92	5:47.71	6:29.35
3	Thorp, Alexander R	48	Simon's Rock Pac-2	6:39.88
	42.30	1:33.59	2:24.74	3:15.20
	4:13.36	5:11.39	5:59.48	6:39.88

**Men 50-54 50 SC Meter Freestyle**

<b>WORLD: 23.38 W 10/18/09</b>		<b>ROWDY GAINES</b>		
<b>NATL: 23.38 N 10/18/09</b>		<b>ROWDY GAINES</b>		
<b>ZONECHAMPS: 24.26 Z 1/1/03</b>		<b>Paul Trevisan</b>		
1	Hiltabiddle, Steve	52	Colonials 1776-8	24.23Z

2	Waldfried, Carlo	50	Maine Masters Sw-2	25.94
3	Van Greuning, Len	51	Charles River Ma-2	27.00
4	Plate, Bruce T	52	Greater Holyoke-2	27.76
5	Theroux, Trent	51	SwimRI-2	28.14
6	Ols, John T	52	Worcester Area M-2	29.44
7	Sellei, Greg J	50	Monument Masters-	29.59
8	Wyckoff, Benjamin W	54	Connecticut Mast-5	30.33
9	Hopeman, Albert	54	North Suburban Y-2	30.53
10	Perz, Paul M	50	North Suburban Y-2	31.14
11	Belletete, Steve	52	Abc Masters - Gr-2	31.79
12	Grady, Seth A	54	Flaherty Masters-2	32.07
13	Mills, Edward H	50	Charles River Ma-2	36.96

**Men 50-54 100 SC Meter Freestyle**

<b>WORLD: 51.49 W 3/26/17</b>		<b>NICOLAS GRANGER</b>		
<b>NATL: 51.61 N 10/17/09</b>		<b>ROWDY GAINES</b>		
<b>ZONECHAMPS: 54.15 Z 12/8/17</b>		<b>Steve Hiltabiddle</b>		
1	Hiltabiddle, Steve	52	Colonials 1776-8	53.92Z
	25.96	53.92		
2	Waldfried, Carlo	50	Maine Masters Sw-2	56.97
	27.51	56.97		
3	Doyle, Christopher J	54	Connecticut Mast-5	59.11
	28.79	59.11		
4	Gilson, Matthew R	51	SwimRI-2	59.90
	28.84	59.90		
5	Van Greuning, Len	51	Charles River Ma-2	59.92
	28.79	59.92		
6	Correll, Sean	51	King Fins Aquati-2	1:05.25
	30.09	1:05.25		
7	Ols, John T	52	Worcester Area M-2	1:08.30
	31.60	1:08.30		
8	Bevilacqua, Joseph V	52	SwimRI-2	1:09.47
	31.88	1:09.47		
9	Wyckoff, Benjamin W	54	Connecticut Mast-5	1:10.37
	34.33	1:10.37		
10	Hopeman, Albert	54	North Suburban Y-2	1:11.43
	33.63	1:11.43		
11	Favata, Louis P	52	Worcester Area M-2	1:18.80
	35.53	1:18.80		
12	Larzelere, Chip	54	Charles River Ma-2	1:19.11
	36.08	1:19.11		
13	Mills, Edward H	50	Charles River Ma-2	1:20.75
	40.11	1:20.75		

**Men 50-54 200 SC Meter Freestyle**

<b>WORLD: 1:54.61 W 10/14/11</b>		<b>AMBROSE GAINES</b>		
<b>NATL: 1:54.61 N 10/14/11</b>		<b>ROWDY GAINES</b>		
<b>ZONECHAMPS: 2:04.57 Z 12/11/15</b>		<b>William Segal</b>		
1	Doyle, Christopher J	54	Connecticut Mast-5	2:10.93
	31.05	1:03.60	1:36.69	2:10.93
2	Gilson, Matthew R	51	SwimRI-2	2:12.37
	30.88	1:04.73	1:39.27	2:12.37
3	Van Greuning, Len	51	Charles River Ma-2	2:13.12
	30.26	1:03.80	1:38.24	2:13.12
4	Correll, Sean	51	King Fins Aquati-2	2:26.45
	32.75	1:09.07	1:47.56	2:26.45
5	Ols, John T	52	Worcester Area M-2	2:30.59
	35.24	1:13.45	1:52.22	2:30.59

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**(Men 50-54 200 SC Meter Freestyle)**

6	Wyckoff, Benjamin W	54	Connecticut Mast-5	2:43.15
	37.29	1:18.00	2:01.36	2:43.15
7	Mills, Edward H	50	Charles River Ma-2	2:50.50
	40.90	1:24.88	2:09.01	2:50.50
8	Larzelere, Chip	54	Charles River Ma-2	3:10.16
	39.93	1:25.99	2:17.63	3:10.16

**Men 50-54 400 SC Meter Freestyle****WORLD: 4:04.48 W 1/29/17 NICHOLAS GRANGER****NATL: 4:07.99 N 12/10/00 JIM MCCONICA****ZONECHAMPS: 4:28.82 Z 12/11/15 William Segal**

1	Allen, Rob E	53	SwimRI-2	4:36.84
	31.08	1:05.19	1:40.61	2:16.24
	2:52.26	3:27.99	4:03.42	4:36.84
2	Van Greuning, Len	51	Charles River Ma-2	4:45.91
	31.53	1:06.20	1:42.11	2:18.94
	2:55.97	3:33.43	4:10.52	4:45.91
3	Gilson, Matthew R	51	SwimRI-2	4:48.76
	32.26	1:08.60	1:45.44	2:22.50
	2:59.64	3:36.72	4:13.47	4:48.76
4	Meade, Matthew H	53	South Hills Aqua-11	5:02.59
	35.20	1:12.55	1:50.90	2:29.44
	3:08.18	3:46.74	4:25.63	5:02.59
5	McGiffin, Chris D	52	Berkeley (Nj) Aq-7	5:14.59
	36.54	1:16.68	1:58.30	2:38.09
	3:17.85	3:58.59	4:37.28	5:14.59
6	Wyckoff, Benjamin W	54	Connecticut Mast-5	5:36.56
	37.66	1:18.08	2:00.30	2:42.86
	3:26.08	4:10.18	4:54.31	5:36.56
7	Mills, Edward H	50	Charles River Ma-2	5:49.57
	41.17	1:24.63	2:09.85	2:54.74
	3:39.48	4:23.83	5:07.73	5:49.57

**Men 50-54 800 SC Meter Freestyle****WORLD: 8:36.30 W 2/17/18 FABIO CALMASINI****NATL: 8:44.51 N 12/10/00 JIM MCCONICA****ZONECHAMPS: 9:23.97 Z 12/12/14 Patrick Autissier**

1	McMorrow, Rob	52	Abc Masters - Gr-2	10:13.67
	34.19	1:11.65	1:49.60	2:27.97
	3:06.69	3:45.88	4:24.94	5:03.75
	5:42.49	6:21.31	6:59.91	7:38.51
	8:17.17	8:55.89	9:34.75	10:13.67
2	Meade, Matthew H	53	South Hills Aqua-11	10:19.36
	35.77	1:13.61	1:52.33	2:31.37
	3:10.24	3:49.28	4:28.56	5:08.27
	5:47.05	6:26.28	7:05.48	7:44.97
	8:24.34	9:03.24	9:42.72	10:19.36
3	Faria, Jose	52	Garden State Mas-7	10:34.19
	37.29	1:18.58	2:00.04	2:41.24
	3:21.75	4:02.19	4:42.47	5:22.71
	6:02.14	6:41.53	7:21.81	8:02.13
	8:41.54	9:21.37	10:00.62	10:34.19
4	Wyckoff, Benjamin W	54	Connecticut Mast-5	12:01.75
	38.32	1:19.32	2:02.61	2:47.75
	3:33.13	4:18.50	5:04.26	5:50.59
	6:37.49	7:24.96	8:12.12	8:59.20
	9:46.52	10:33.04	11:19.09	12:01.75

5	Mills, Edward H	50	Charles River Ma-2	12:15.19
	42.69	1:27.93	2:14.10	3:00.91
	3:46.99	4:32.90	5:19.49	6:05.40
	6:50.91	7:37.18	8:25.46	9:12.96
	9:59.18	10:45.13	11:31.52	12:15.19
6	Prescott, Al	50	Minuteman Master-2	12:40.44
	41.19	1:27.63	2:15.45	3:04.05
	3:53.60	4:41.45	5:29.74	6:18.06
	7:06.70	7:55.58	8:43.73	9:32.18
	10:20.27	11:08.79	11:55.72	12:40.44

**Men 50-54 50 SC Meter Backstroke****WORLD: 26.69 W 10/24/15 FRITZ BEDFORD****NATL: 26.69 N 10/24/15 FRITZ BEDFORD****ZONECHAMPS: 27.04 Z 12/11/15 Fritz Bedford**

1	Hiltabiddle, Steve	52	Colonials 1776-8	29.07
2	Faria, Jose	52	Garden State Mas-7	30.80
3	Correll, Sean	51	King Fins Aquati-2	35.72
4	Hopeman, Albert	54	North Suburban Y-2	40.64

**Men 50-54 100 SC Meter Backstroke****WORLD: 57.95 W 3/25/17 NICOLAS GRANGER****NATL: 58.47 N 10/24/15 FRITZ BEDFORD****ZONECHAMPS: 1:04.21 Z 12/14/13 Douglas Pride**

1	Hiltabiddle, Steve	52	Colonials 1776-8	1:07.32
	32.45	1:07.32		
2	McGiffin, Chris D	52	Berkeley (Nj) Aq-7	1:17.47
	38.76	1:17.47		
3	Correll, Sean	51	King Fins Aquati-2	1:18.89
	38.14	1:18.89		
4	Prescott, Al	50	Minuteman Master-2	1:50.37
	54.44	1:50.37		

**Men 50-54 200 SC Meter Backstroke****WORLD: 2:07.13 W 5/6/17 NICOLAS GRANGER****NATL: 2:11.84 N 12/4/09 JAMIE FOWLER****ZONECHAMPS: 2:15.90 Z 12/15/13 Fritz Bedford**

1	Theroux, Trent	51	SwimRI-2	2:28.14
	35.80	1:14.08	1:52.08	2:28.14
2	Faria, Jose	52	Garden State Mas-7	2:29.41
	35.66	1:14.03	1:52.68	2:29.41
3	Allen, Rob E	53	SwimRI-2	2:35.75
	38.28	1:17.57	1:57.38	2:35.75
4	Ellis, Andrew F	50	Umac-Terrapin Ma-1	2:43.23
	39.63	1:21.12	2:02.86	2:43.23
5	Sayles, Douglas	51	SwimRI-2	2:43.86
	39.58	1:21.74	2:03.71	2:43.86
6	McGiffin, Chris D	52	Berkeley (Nj) Aq-7	2:47.91
	41.33	1:25.48	2:07.18	2:47.91
7	Belletete, Steve	52	Abc Masters - Gr-2	2:57.58
	41.73	1:26.03	2:12.08	2:57.58
8	Perz, Paul M	50	North Suburban Y-2	3:08.82
	43.61	1:30.80	2:19.59	3:08.82
9	Prescott, Al	50	Minuteman Master-2	3:50.20
	55.58	1:53.39	2:52.35	3:50.20

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**Men 50-54 50 SC Meter Breaststroke****WORLD: 29.71 W 4/9/17 C.ARTURO TRAVAINI****NATL: 29.84 N 12/8/13 DAVID GUTHRIE****ZONECHAMPS: 30.10 Z 12/9/16 Scott Heber**

1	Waldfried, Carlo	50	Maine Masters Sw-2	33.50
2	Van Greuning, Len	51	Charles River Ma-2	35.52
3	Gilson, Matthew R	51	SwimRI-2	37.34
4	Larzelere, Chip	54	Charles River Ma-2	42.27
5	Bevilacqua, Joseph V	52	SwimRI-2	42.60
6	Prescott, Al	50	Minuteman Master-2	46.06
7	Favata, Louis P	52	Worcester Area M-2	46.11
8	Hopeman, Albert	54	North Suburban Y-2	47.05

**Men 50-54 100 SC Meter Breaststroke****WORLD: 1:04.28 W 5/6/17 NICOLAS GRANGER****NATL: 1:04.54 N 12/7/13 DAVID GUTHRIE****ZONECHAMPS: 1:08.27 Z 1/1/08 Benn Doyle**

1	Millett, Jon	53	Maine Masters Sw-2	1:18.69
	36.81	1:18.69		
2	Allen, Rob E	53	SwimRI-2	1:19.95
	38.09	1:19.95		
3	Ellis, Andrew F	50	Umac-Terrapin Ma-1	1:20.93
	38.28	1:20.93		
4	Sellei, Greg J	50	Monument Masters-	1:23.99
	40.39	1:23.99		
5	Grady, Seth A	54	Flaherty Masters-2	1:26.08
	40.55	1:26.08		
6	Wyckoff, Benjamin W	54	Connecticut Mast-5	1:29.45
	43.71	1:29.45		
7	Prescott, Al	50	Minuteman Master-2	1:38.54
	47.00	1:38.54		

**Men 50-54 200 SC Meter Breaststroke****WORLD: 2:19.36 W 3/23/18 NICOLAS GRANGER****NATL: 2:21.65 N 12/8/13 DAVID GUTHRIE****ZONECHAMPS: 2:32.78 Z 1/1/08 Benn Doyle**

*1	Allen, Rob E	53	SwimRI-2	2:51.91
	38.99	1:23.36	2:08.22	2:51.91
*1	Ellis, Andrew F	50	Umac-Terrapin Ma-1	2:51.91
	39.14	1:22.84	2:07.77	2:51.91
3	Millett, Jon	53	Maine Masters Sw-2	2:59.03
	38.53	1:22.41	2:09.23	2:59.03
4	Wyckoff, Benjamin W	54	Connecticut Mast-5	3:17.84
	44.73	1:34.12	2:26.23	3:17.84
5	Prescott, Al	50	Minuteman Master-2	3:28.89
	47.82	1:40.64	2:34.30	3:28.89

**Men 50-54 50 SC Meter Butterfly Time Trial****WORLD: 25.49 W 5/16/09 DAN THOMPSON****NATL: 25.98 N 3/5/16 STEVE HILTABIDDLE****ZONECHAMPS: 26.00 Z 12/9/16 Scott Heber****- Time Trial**

1	Hiltabiddle, Steve	52	Colonials 1776-8	25.74N
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**Men 50-54 50 SC Meter Butterfly****WORLD: 25.49 W 5/16/09 DAN THOMPSON****NATL: 25.98 N 3/5/16 STEVE HILTABIDDLE****ZONECHAMPS: 26.00 Z 12/9/16 Scott Heber**

1	Hiltabiddle, Steve	52	Colonials 1776-8	25.60N
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2	Waldfried, Carlo	50	Maine Masters Sw-2	28.80
3	Doyle, Christopher J	54	Connecticut Mast-5	30.22
4	Theroux, Trent	51	SwimRI-2	30.74
5	Plate, Bruce T	52	Greater Holyoke-2	30.96
6	Ols, John T	52	Worcester Area M-2	31.63
7	McMorrow, Rob	52	Abc Masters - Gr-2	31.78
8	Wyckoff, Benjamin W	54	Connecticut Mast-5	31.79
9	Sayles, Douglas	51	SwimRI-2	33.82

**Men 50-54 100 SC Meter Butterfly Time Trial****WORLD: 56.78 W 3/24/18 NICOLAS GRANGER****NATL: 57.29 N 12/2/07 PAUL CARTER****ZONECHAMPS: 1:00.34 Z 12/8/17 Steve Hiltabiddle****- Time Trial**

1	Hiltabiddle, Steve	52	Colonials 1776-8	59.18Z
	27.10	59.18		

**Men 50-54 100 SC Meter Butterfly****WORLD: 56.78 W 3/24/18 NICOLAS GRANGER****NATL: 57.29 N 12/2/07 PAUL CARTER****ZONECHAMPS: 1:00.34 Z 12/8/17 Steve Hiltabiddle**

1	Hiltabiddle, Steve	52	Colonials 1776-8	1:00.01Z
	27.71	1:00.01		
2	Waldfried, Carlo	50	Maine Masters Sw-2	1:05.89
	30.84	1:05.89		
3	Doyle, Christopher J	54	Connecticut Mast-5	1:06.52
	31.39	1:06.52		
4	Theroux, Trent	51	SwimRI-2	1:10.64
	33.37	1:10.64		
5	Ols, John T	52	Worcester Area M-2	1:15.50
	33.83	1:15.50		
6	Wyckoff, Benjamin W	54	Connecticut Mast-5	1:17.31
	36.59	1:17.31		
7	Hopeman, Albert	54	North Suburban Y-2	1:30.83
	40.67	1:30.83		
8	Prescott, Al	50	Minuteman Master-2	1:35.56
	44.90	1:35.56		

**Men 50-54 200 SC Meter Butterfly****WORLD: 2:09.19 W 3/25/18 NICOLAS GRANGER****NATL: 2:10.52 N 5/21/16 MIKE SHAFFER****ZONECHAMPS: 2:29.91 Z 12/11/15 Michael Schmidt**

1	Waldfried, Carlo	50	Maine Masters Sw-2	2:35.85
	35.90	1:15.28	1:55.47	2:35.85
2	Wyckoff, Benjamin W	54	Connecticut Mast-5	3:09.71
	42.40	1:30.55	2:19.96	3:09.71
3	Ols, John T	52	Worcester Area M-2	3:16.02
	38.35	1:28.34	2:23.15	3:16.02
4	Hopeman, Albert	54	North Suburban Y-2	3:35.22
	44.34	1:39.32	2:35.63	3:35.22
5	Prescott, Al	50	Minuteman Master-2	3:40.09
	51.23	1:47.81	2:44.97	3:40.09

**Men 50-54 100 SC Meter IM****WORLD: 57.69 W 3/24/17 NICOLAS GRANGER****NATL: 1:00.57 N 12/10/16 SCOTT HEBER****ZONECHAMPS: 1:00.57 Z 12/9/16 Scott Heber**

1	Hiltabiddle, Steve	52	Colonials 1776-8	1:03.13
	28.36	1:03.13		

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**(Men 50-54 100 SC Meter IM)**

2	Faria, Jose	52	Garden State Mas-7	1:07.18
	30.42	1:07.18		
3	Van Greuning, Len	51	Charles River Ma-2	1:09.90
	33.19	1:09.90		
4	Plate, Bruce T	52	Greater Holyoke-2	1:11.92
	31.48	1:11.92		
5	Allen, Rob E	53	SwimRI-2	1:12.88
	34.92	1:12.88		
6	Wyckoff, Benjamin W	54	Connecticut Mast-5	1:19.31
	37.35	1:19.31		
7	Perz, Paul M	50	North Suburban Y-2	1:19.45
	38.60	1:19.45		
8	Belletete, Steve	52	Abc Masters - Gr-2	1:20.60
	37.75	1:20.60		
9	Hopeman, Albert	54	North Suburban Y-2	1:28.39
	39.59	1:28.39		

**Men 50-54 200 SC Meter IM****WORLD: 2:06.38 W 1/28/18 NICOLAS GRANGER****NATL: 2:12.85 N 5/17/15 JEROME FRENTSOS****ZONECHAMPS: 2:13.50 Z 12/13/14 David Sims**

1	Faria, Jose	52	Garden State Mas-7	2:26.87
	31.70	1:09.22	1:52.74	2:26.87
2	Allen, Rob E	53	SwimRI-2	2:29.97
	33.45	1:13.81	1:57.05	2:29.97
3	Van Greuning, Len	51	Charles River Ma-2	2:32.05
	32.17	1:13.38	1:57.90	2:32.05
4	Ellis, Andrew F	50	Umac-Terrapin Ma-1	2:34.95
	32.63	1:14.97	1:59.91	2:34.95
5	McMorrow, Rob	52	Abc Masters - Gr-2	2:37.75
	18.46	1:14.58	2:00.71	2:37.75
6	Millett, Jon	53	Maine Masters Sw-2	2:40.73
	36.72	1:18.17	2:04.65	2:40.73
7	Plate, Bruce T	52	Greater Holyoke-2	2:41.51
	31.90	1:12.39	2:03.72	2:41.51
8	Wyckoff, Benjamin W	54	Connecticut Mast-5	2:58.13
	37.29	1:25.11	2:15.89	2:58.13
9	Hiltbiddle, Steve	52	Colonials 1776-8	3:14.38
	25.74	1:27.81	2:30.72	3:14.38

**Men 50-54 400 SC Meter IM****WORLD: 4:29.33 W 3/23/17 NICOLAS GRANGER****NATL: 4:45.15 N 5/18/15 JEROME FRENTSOS****ZONECHAMPS: 4:49.49 Z 12/14/14 David Sims**

1	Faria, Jose	52	Garden State Mas-7	5:21.36
	33.74	1:15.52	1:58.20	2:39.08
	3:26.20	4:11.24	4:48.28	5:21.36
2	Allen, Rob E	53	SwimRI-2	5:22.07
	20.68	1:16.10	2:00.16	2:42.27
	3:27.60	4:13.59	4:49.02	5:22.07
3	Wyckoff, Benjamin W	54	Connecticut Mast-5	6:33.40
	39.59	1:24.95	2:17.70	3:12.47
	4:07.70	5:03.70	5:49.24	6:33.40
4	Hiltbiddle, Steve	52	Colonials 1776-8	6:34.73
	27.10	59.18	2:13.62	3:11.22
	4:14.30	5:07.86	5:50.53	6:34.73

5	Prescott, Al	50	Minuteman Master-2	7:11.10
	47.44	1:42.82	2:44.83	3:45.99
	4:43.71	5:39.67	6:27.23	7:11.10

**Men 55-59 50 SC Meter Freestyle****WORLD: 24.51 W 4/19/15 BRENT BARNES****NATL: 24.66 N 10/10/15 STEVE WOOD****ZONECHAMPS: 25.23 Z 1/1/09 Paul Trevisan**

1	Bedford, Fritz	55	UV Rays (White R-2)	25.66
2	Weissman, Greg	57	Charles River Ma-2	26.92
3	Davis, Guy	59	Great Bay Master-2	28.33
4	Shea, William	57	Boston Lanes (Li-2)	28.89
5	Brown, Phil	57	Wild Crab Master-2	29.11
6	Meier, Bill R	57	Simon's Rock Pac-2	30.47
7	Taylor, Giles	59	OakSquare YMCA-2	30.66
8	Purdy, Neil D	58	Simon's Rock Pac-2	31.42
9	Moore, Jack F	55	Pittsfield YMCA-2	32.87
10	Arsenault, Paul	57	Worcester Area M-2	34.69
11	Carroll, Marcus	58	Minuteman Master-2	35.24
12	Ryde, Thomas C	59	Abc Masters - Gr-2	35.98
13	Colbert, Joseph	55	New England Mast-2	38.50

**Men 55-59 50 SC Meter Freestyle Time Trial****WORLD: 24.51 W 4/19/15 BRENT BARNES****NATL: 24.66 N 10/10/15 STEVE WOOD****ZONECHAMPS: 25.23 Z 1/1/09 Paul Trevisan****- Time Trial**

2	Weissman, Greg	57	Charles River Ma-2	27.23
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**Men 55-59 100 SC Meter Freestyle****WORLD: 54.50 W 4/5/09 JACK GROSELLE****NATL: 54.50 N 4/5/09 JACK GROSELLE****ZONECHAMPS: 58.25 Z 1/1/04 Tom Geiman**

1	Tyler, Bob	56	Granite State Pe-2	59.55
	28.63	59.55		
2	Gendreau, Edmund J	56	Great Bay Master-2	1:01.66
	29.44	1:01.66		
3	Taylor, Giles	59	OakSquare YMCA-2	1:10.20
	33.03	1:10.20		
4	Devlin, Mark A	55	Minuteman Master-2	1:11.01
	34.08	1:11.01		
5	Meier, Bill R	57	Simon's Rock Pac-2	1:11.16
	33.49	1:11.16		
6	Weissman, Greg	57	Charles River Ma-2	1:13.31
	27.23	1:13.31		
7	Roth, Douglas	57	Maine Masters Sw-2	1:17.17
	37.04	1:17.17		
8	Stundtner, Matthew R	55	Worcester Area M-2	1:18.43
	37.69	1:18.43		
9	Arsenault, Paul	57	Worcester Area M-2	1:18.56
	36.83	1:18.56		

**Men 55-59 200 SC Meter Freestyle****WORLD: 1:59.08 W 11/21/09 MICHAEL MANN****NATL: 1:59.08 N 11/21/09 MICHAEL MANN****ZONECHAMPS: 2:11.98 Z 1/1/08 James Thornton**

1	Tyler, Bob	56	Granite State Pe-2	2:21.48
	32.22	1:08.31	1:45.66	2:21.48

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**(Men 55-59 200 SC Meter Freestyle)**

2	Taylor, Giles	59	OakSquare YMCA-2	2:36.34
	34.75	1:14.19	1:56.57	2:36.34
3	Arsenault, Paul	57	Worcester Area M-2	3:05.32
	40.99	1:28.89	2:18.80	3:05.32

**Men 55-59 400 SC Meter Freestyle****WORLD: 4:16.03 W 11/22/09 MICHAEL MANN****NATL: 4:16.03 N 11/22/09 MICHAEL MANN****ZONECHAMPS: 4:36.89 Z 1/1/01 John Calvert**

1	McClellan, John	57	Abc Masters - Gr-2	5:12.04
	35.76	1:15.09	1:54.96	2:34.90
	3:14.53	3:54.19	4:33.67	5:12.04
2	Tyler, Bob	56	Granite State Pe-2	5:13.75
	36.35	1:16.62	1:57.30	2:37.19
	3:16.97	3:56.41	4:36.17	5:13.75
3	McGahie, Ted	59	Worcester Area M-2	5:14.04
	36.06	1:14.69	1:54.96	2:35.30
	3:15.32	3:55.70	5:14.04	
4	Taylor, Giles	59	OakSquare YMCA-2	5:38.22
	36.90	1:17.48	2:01.17	2:45.56
	3:29.97	4:15.02	4:59.49	5:38.22
5	Devlin, Mark A	55	Minuteman Master-2	5:57.47
	39.56	1:25.03	2:10.83	2:56.94
	3:42.63	4:29.96	5:14.84	5:57.47
6	Roth, Douglas	57	Maine Masters Sw-2	5:59.42
	41.42	1:26.67	2:12.87	2:59.16
	3:45.22	4:30.71	5:15.52	5:59.42
7	Burbank, Gerald O	59	Connecticut Mast-5	6:18.13
	40.12	1:25.99	2:15.86	3:04.43
	3:54.60	4:44.81	5:32.37	6:18.13
8	Arsenault, Paul	57	Worcester Area M-2	6:37.25
	41.27	1:26.78	2:15.79	3:05.16
	3:56.13	4:49.52	5:46.22	6:37.25

**Men 55-59 800 SC Meter Freestyle****WORLD: 8:51.34 W 11/21/09 MICHAEL MANN****NATL: 8:51.34 N 11/21/09 MICHAEL MANN****ZONECHAMPS: 9:34.94 Z 1/1/01 John Calvert**

1	Davis, Guy	59	Great Bay Master-2	9:59.68
	33.47	1:09.90	1:47.36	2:24.67
	3:02.57	3:40.42	4:18.39	4:56.44
	5:34.27	6:12.53	6:50.76	7:29.25
	8:07.62	8:45.57	9:23.52	9:59.68
2	Gendreau, Edmund J	56	Great Bay Master-2	10:19.32
	34.56	1:12.73	1:51.31	2:30.18
	3:08.47	3:47.06	4:25.79	5:04.51
	5:43.67	6:22.97	7:02.19	7:41.71
	8:21.22	9:00.94	9:40.73	10:19.32
3	McClellan, John	57	Abc Masters - Gr-2	11:01.93
	36.53	1:17.42	1:58.82	2:40.20
	3:21.98	4:03.66	4:45.74	5:27.57
	6:09.37	6:51.54	7:33.79	8:15.93
	8:58.10	9:40.34	10:21.99	11:01.93

4	Roth, Douglas	57	Maine Masters Sw-2	12:33.39
	42.62	1:29.55	2:16.50	3:04.23
	3:52.01	4:39.40	5:26.82	6:13.90
	7:01.55	7:49.05	8:36.71	9:25.02
	10:13.16	11:00.41	11:47.90	12:33.39
5	Meier, Bill R	57	Simon's Rock Pac-2	12:34.35
	42.65	1:27.89	2:14.63	3:01.85
	3:49.95	4:37.95	5:25.90	6:14.60
	7:02.60	7:50.63	8:38.36	9:26.19
	10:14.03	11:01.03	11:48.67	12:34.35
6	Grant, Charles R	59	University Club-2	13:05.32
	41.64	1:28.78		
	3:58.90	4:48.90	5:39.75	6:30.39
	7:20.22	8:10.88	9:01.66	9:52.22
	10:41.99	11:31.17	12:19.44	13:05.32
7	Arsenault, Paul	57	Worcester Area M-2	13:33.13
	43.49	1:31.77	2:22.12	3:13.74
	4:06.06	4:58.95	5:50.20	6:43.21
	7:36.32	8:28.62	9:19.88	10:12.21
	11:03.46	11:55.54	12:45.63	13:33.13
8	Schaffer, Mark A	56	Team New York Aq-6	14:07.21
	43.07	1:31.81	2:24.93	3:19.14
	4:11.47	5:06.67	6:01.48	7:51.08
	8:45.87	9:41.06	10:36.00	11:31.76
	12:26.43	13:19.67	14:07.21	14:07.21
9	Mackin, Robert W	55	Abc Masters - Gr-2	14:38.75
	48.83	1:43.24	2:38.12	3:34.01
	4:30.83	5:27.90	6:24.22	7:20.64
	8:16.98	9:13.42	10:09.40	11:05.25
	12:00.48	12:55.50	13:48.80	14:38.75

**Men 55-59 50 SC Meter Backstroke****WORLD: 27.96 W 10/30/16 CRAIG NORREY****NATL: 27.62 N 10/10/15 STEVE WOOD****ZONECHAMPS: 31.09 Z 1/1/07 Mark Pugliese**

1	Bedford, Fritz	55	UV Rays (White R-2	27.86W
2	Tyler, Bob	56	Granite State Pe-2	34.04
3	McGahie, Ted	59	Worcester Area M-2	35.55
4	Burbank, Gerald O	59	Connecticut Mast-5	40.43
5	Roth, Douglas	57	Maine Masters Sw-2	40.67
6	Stundtner, Matthew R	55	Worcester Area M-2	42.93
7	Devlin, Mark A	55	Minuteman Master-2	43.76
8	Meier, Bill R	57	Simon's Rock Pac-2	45.48
9	Arsenault, Paul	57	Worcester Area M-2	46.15
10	Ryan, Keith	57	Kent Y Masters S-2	50.95

**Men 55-59 100 SC Meter Backstroke****WORLD: 1:02.26 W 3/15/15 MARCO COLOMBO****NATL: 1:00.78 N 10/20/18 FRITZ BEDFORD****ZONECHAMPS: 1:07.76 Z 1/1/07 Mark Pugliese**

1	McGahie, Ted	59	Worcester Area M-2	1:16.59
	37.66	1:16.59		
2	Burbank, Gerald O	59	Connecticut Mast-5	1:25.40
	41.61	1:25.40		
3	Roth, Douglas	57	Maine Masters Sw-2	1:32.04
	45.63	1:32.04		
4	Stundtner, Matthew R	55	Worcester Area M-2	1:32.30
	44.75	1:32.30		

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**Men 55-59 200 SC Meter Backstroke****WORLD: 2:15.79 W 12/5/14 JAMIE FOWLER****NATL: 2:15.79 N 12/5/14 JAMIE FOWLER****ZONECHAMPS: 2:31.64 Z 12/15/13 Mark Alexander**

1	McGahie, Ted	59	Worcester Area M-2	2:46.13
	39.54	1:21.01	2:04.13	2:46.13
2	Burbank, Gerald O	59	Connecticut Mast-5	3:03.97
	42.70	1:29.52	2:17.78	3:03.97
3	Stundtner, Matthew R	55	Worcester Area M-2	3:16.79
	45.35	1:34.40	2:26.82	3:16.79
4	Roth, Douglas	57	Maine Masters Sw-2	3:22.52
	48.91	1:39.73	2:32.12	3:22.52
5	Devlin, Mark A	55	Minuteman Master-2	3:24.72
	48.27	1:40.33	2:33.51	3:24.72

**Men 55-59 50 SC Meter Breaststroke****WORLD: 29.79 W 4/22/18 CARTURO TRAVAINI****NATL: 30.37 N 12/17/16 DAVID GUTHRIE****ZONECHAMPS: 33.03 Z 12/14/13 Benn Doyle**

1	Weissman, Greg	57	Charles River Ma-2	35.04
2	Tyler, Bob	56	Granite State Pe-2	36.67
3	McGahie, Ted	59	Worcester Area M-2	38.89
4	Burbank, Gerald O	59	Connecticut Mast-5	41.18
5	Stundtner, Matthew R	55	Worcester Area M-2	47.58
6	Ryan, Keith	57	Kent Y Masters S-2	47.85
7	Arsenault, Paul	57	Worcester Area M-2	52.43

**Men 55-59 100 SC Meter Breaststroke****WORLD: 1:05.12 W 1/27/18 CARTURO TRAVAINI****NATL: 1:06.80 N 12/18/16 DAVID GUTHRIE****ZONECHAMPS: 1:13.24 Z 12/14/14 Benn Doyle**

1	Gendreau, Edmund J	56	Great Bay Master-2	1:15.75
	36.13	1:15.75		
2	Weissman, Greg	57	Charles River Ma-2	1:19.61
	38.21	1:19.61		
3	Shea, William	57	Boston Lanes (Li-2	1:22.38
	38.67	1:22.38		
4	Brown, Phil	57	Wild Crab Master-2	1:25.56
	41.33	1:25.56		
5	McGahie, Ted	59	Worcester Area M-2	1:26.52
	41.03	1:26.52		
6	Cataldo, Keith	56	Excel Swimming-7	1:30.16
	42.58	1:30.16		
7	Burbank, Gerald O	59	Connecticut Mast-5	1:32.89
	42.80	1:32.89		
8	Carroll, Marcus	58	Minuteman Master-2	1:40.72
	47.63	1:40.72		
9	Roth, Douglas	57	Maine Masters Sw-2	1:50.03
	52.50	1:50.03		
10	Ryde, Thomas C	59	Abc Masters - Gr-2	1:50.30
	52.06	1:50.30		

**Men 55-59 200 SC Meter Breaststroke****WORLD: 2:22.91 W 4/21/18 CARTURO TRAVAINI****NATL: 2:27.00 N 11/8/15 DAVID GUTHRIE****ZONECHAMPS: 2:39.45 Z 12/14/13 Benn Doyle**

1	Gendreau, Edmund J	56	Great Bay Master-2	2:41.53
	36.93	1:18.95	1:59.23	2:41.53

2	Burbank, Gerald O	59	Connecticut Mast-5	3:32.09
	45.44	1:38.87	2:36.91	3:32.09

**Men 55-59 50 SC Meter Butterfly****WORLD: 26.45 W 5/18/13 DAN THOMPSON****NATL: 26.55 N 10/20/18 FRITZ BEDFORD****ZONECHAMPS: 27.79 Z 1/1/09 Donald Graham**

1	Bedford, Fritz	55	UV Rays (White R-2	27.18Z
2	Davis, Guy	59	Great Bay Master-2	30.41
3	Weissman, Greg	57	Charles River Ma-2	31.15
4	Shea, William	57	Boston Lanes (Li-2	32.51
5	McGahie, Ted	59	Worcester Area M-2	33.49
6	Purdy, Neil D	58	Simon's Rock Pac-2	35.55
7	Devlin, Mark A	55	Minuteman Master-2	35.79
8	Burks, Vincent P	58	SwimRI-2	35.83
9	McClellan, John	57	Abc Masters - Gr-2	36.18
10	Cataldo, Keith	56	Excel Swimming-7	36.56
11	Moore, Jack F	55	Pittsfield YMCA-2	39.43
12	Roth, Douglas	57	Maine Masters Sw-2	44.55
13	Arsenault, Paul	57	Worcester Area M-2	50.09
14	Mackin, Robert W	55	Abc Masters - Gr-2	52.01

**Men 55-59 100 SC Meter Butterfly****WORLD: 59.80 W 4/1/13 DAN THOMPSON****NATL: 1:00.10 N 12/1/17 DAVID SIMS****ZONECHAMPS: 1:06.46 Z 12/11/10 John Craig**

1	Davis, Guy	59	Great Bay Master-2	1:07.33
	32.08	1:07.33		
2	Burks, Vincent P	58	SwimRI-2	1:23.25
	38.89	1:23.25		

**Men 55-59 200 SC Meter Butterfly****WORLD: 2:15.97 W 1/26/13 HUGO BREGMAN****NATL: 2:16.86 N 12/2/17 DAVID SIMS****ZONECHAMPS: 2:20.61 Z 1/1/09 John Craig**

1	McGahie, Ted	59	Worcester Area M-2	3:00.59
	40.18	1:27.35	2:14.04	3:00.59
2	Roth, Douglas	57	Maine Masters Sw-2	4:24.02
	56.96	2:08.96	3:17.98	4:24.02

**Men 55-59 100 SC Meter IM****WORLD: 1:01.76 W 10/10/15 STEVE WOOD****NATL: 1:01.76 N 10/10/15 STEVE WOOD****ZONECHAMPS: 1:07.54 Z 1/1/02 Daniel Rogacki**

1	Bedford, Fritz	55	UV Rays (White R-2	1:04.58Z
	28.82	1:04.58		
2	Gendreau, Edmund J	56	Great Bay Master-2	1:08.55
	31.85	1:08.55		
3	Davis, Guy	59	Great Bay Master-2	1:09.62
	32.70	1:09.62		
4	Shea, William	57	Boston Lanes (Li-2	1:15.21
	35.77	1:15.21		
5	Weissman, Greg	57	Charles River Ma-2	1:15.42
	36.29	1:15.42		
6	McGahie, Ted	59	Worcester Area M-2	1:15.79
	35.03	1:15.79		
7	Brown, Phil	57	Wild Crab Master-2	1:16.50
	36.03	1:16.50		
8	Purdy, Neil D	58	Simon's Rock Pac-2	1:19.46
	36.74	1:19.46		

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**(Men 55-59 100 SC Meter IM)**

9	Taylor, Giles	59	OakSquare YMCA-2	1:20.60
	36.69	1:20.60		
10	Burks, Vincent P	58	SwimRI-2	1:22.90
	38.98	1:22.90		
11	Burbank, Gerald O	59	Connecticut Mast-5	1:23.69
12	Devlin, Mark A	55	Minuteman Master-2	1:26.04
	40.92	1:26.04		
13	Meier, Bill R	57	Simon's Rock Pac-2	1:30.59
	42.94	1:30.59		
14	Moore, Jack F	55	Pittsfield YMCA-2	1:33.55
	44.60	1:33.55		
15	Roth, Douglas	57	Maine Masters Sw-2	1:36.38
	18.19	1:36.38		
16	Carroll, Marcus	58	Minuteman Master-2	1:38.59
	48.62	1:38.59		
17	Ryde, Thomas C	59	Abc Masters - Gr-2	1:38.83
	46.67	1:38.83		
18	Arsenault, Paul	57	Worcester Area M-2	1:41.28
	49.53	1:41.28		

**Men 55-59 200 SC Meter IM**

**WORLD: 2:16.44 W 11/22/09 MICHAEL MANN**

**NATL: 2:16.44 N 11/22/09 MICHAEL MANN**

**ZONECHAMPS: 2:29.17 Z 1/1/02 Daniel Rogacki**

1	Gendreau, Edmund J	56	Great Bay Master-2	2:28.45Z
	32.31	1:10.86	1:51.96	2:28.45
2	Davis, Guy	59	Great Bay Master-2	2:32.84
	32.47	1:12.22	1:56.74	2:32.84
3	Brown, Phil	57	Wild Crab Master-2	2:44.17
	34.12	1:18.36	2:06.36	2:44.17
4	McGahie, Ted	59	Worcester Area M-2	2:46.04
	34.89	1:17.92	2:06.73	2:46.04
5	Burks, Vincent P	58	SwimRI-2	3:01.40
	38.32	1:28.02	2:20.63	3:01.40
6	Devlin, Mark A	55	Minuteman Master-2	3:07.79
	38.67	1:29.14	2:26.39	3:07.79
7	Stundtner, Matthew R	55	Worcester Area M-2	3:17.07
	40.56	1:30.80	2:32.48	3:17.07
8	Roth, Douglas	57	Maine Masters Sw-2	3:31.61
	49.12	1:44.45	2:46.61	3:31.61
9	Mackin, Robert W	55	Abc Masters - Gr-2	4:04.50
	52.15	1:59.15	3:07.70	4:04.50

**Men 55-59 400 SC Meter IM**

**WORLD: 4:51.97 W 11/21/09 MICHAEL MANN**

**NATL: 4:51.97 N 11/21/09 MICHAEL MANN**

**ZONECHAMPS: 5:31.03 Z 1/1/02 Daniel Rogacki**

1	McGahie, Ted	59	Worcester Area M-2	5:59.67
	37.69	1:21.50	2:09.26	2:55.63
	3:47.74	4:38.92	5:20.46	5:59.67
2	Roth, Douglas	57	Maine Masters Sw-2	7:22.48
	58.57	1:57.09	2:54.07	3:48.95
	4:50.06	5:50.58	6:36.62	7:22.48

**Men 60-64 50 SC Meter Freestyle**

**WORLD: 24.90 W 12/3/06 RICH ABRAHAMS**

**NATL: 24.90 N 12/3/06 RICHARD ABRAHAMS**

**ZONECHAMPS: 28.32 Z 12/11/10 Homer Lane**

1	Davis, William	60	Charles River Ma-2	28.78
2	Alexander, Mark E	60	Charles River Ma-2	30.11
3	Syphers, Dale A	62	Maine Masters Sw-2	30.64
4	O'Brien, David P	62	Boston Lanes (Li-2)	30.89
5	Deville, Douglas M	60	Boston Universit-2	31.69
6	Elturkmani, Majed	64	SwimRI-2	32.60
7	Canning, Peter	60	Connecticut Mast-5	34.65
8	McLaughlin, Brian J	63	Abc Masters - Gr-2	34.80
9	Kolis, Steve	63	Pittsfield YMCA-2	35.02
10	Robbins, Gary N	60	UC05-5	37.93
11	Samko, Frank	62	Maine Masters Sw-2	47.75

**Men 60-64 100 SC Meter Freestyle**

**WORLD: 55.87 W 5/17/14 JACK GROSELLE**

**NATL: 55.87 N 5/17/14 JACK GROSELLE**

**ZONECHAMPS: 1:04.34 Z 12/13/14 Greg Shaw**

1	Davis, William	60	Charles River Ma-2	1:05.84
	31.11	1:05.84		
2	Syphers, Dale A	62	Maine Masters Sw-2	1:07.63
	32.74	1:07.63		
3	O'Brien, David P	62	Boston Lanes (Li-2)	1:08.70
	33.86	1:08.70		
4	Elturkmani, Majed	64	SwimRI-2	1:16.74
	36.35	1:16.74		
5	McLaughlin, Brian J	63	Abc Masters - Gr-2	1:17.36
	36.90	1:17.36		
6	Kolis, Steve	63	Pittsfield YMCA-2	1:18.75
	36.97	1:18.75		
7	Boisvert, Paul	61	Kent Y Masters S-2	1:26.12
	39.32	1:26.12		
8	Miller, Jamie A	64	North Carolina M-13	1:44.68
	50.74	1:44.68		

**Men 60-64 200 SC Meter Freestyle**

**WORLD: 2:01.65 W 11/21/15 RICK COLELLA**

**NATL: 2:01.65 N 11/21/15 RICK COLELLA**

**ZONECHAMPS: 2:17.53 Z 12/11/10 Rick Walker**

1	Syphers, Dale A	62	Maine Masters Sw-2	2:34.02
	34.91	1:12.66	1:53.02	2:34.02
2	O'Brien, David P	62	Boston Lanes (Li-2)	2:38.87
	36.79	1:17.75	1:59.58	2:38.87
3	Miller, Steve J	64	Great Bay Master-2	2:41.63
	37.74	1:18.62	2:00.60	2:41.63
4	Connolly, Brian J	61	King Fins Aquati-2	2:42.62
	36.62	1:17.72	2:00.31	2:42.62
5	McLaughlin, Brian J	63	Abc Masters - Gr-2	2:43.87
	38.91	1:21.21	2:04.22	2:43.87
6	Elturkmani, Majed	64	SwimRI-2	2:56.57
	40.91	1:25.95	2:12.69	2:56.57
7	Kolis, Steve	63	Pittsfield YMCA-2	3:01.07
	40.82	1:26.06	2:14.02	3:01.07
8	Barry, Michael F	63	Connecticut Mast-5	3:18.17
	45.63	1:37.00	2:29.15	3:18.17



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**(Men 60-64 200 SC Meter Freestyle)**

9	Maldari, Frank	61	Andover North An-2	3:54.12
	47.50	1:46.82	2:50.98	3:54.12

**Men 60-64 400 SC Meter Freestyle****WORLD: 4:29.92 W 12/2/17 DAN STEPHENSON****NATL: 4:29.92 N 12/2/17 DAN STEPHENSON****ZONECHAMPS: 4:51.08 Z 12/12/10 Rick Walker**

1	Chambers, John B	63	Chelsea Piers fi-6	5:01.44
	34.46	1:11.77	1:49.99	2:28.37
	3:06.80	3:45.34	4:23.89	5:01.44
2	Alexander, Mark E	60	Charles River Ma-2	5:23.18
	36.72	1:16.71	1:57.72	2:39.11
	3:20.65	4:01.79	4:42.88	5:23.18
3	Miller, Steve J	64	Great Bay Master-2	5:30.72
	37.59	1:17.84	1:59.91	2:42.04
	3:24.11	4:06.82	4:49.21	5:30.72
4	Connolly, Brian J	61	King Fins Aquati-2	5:38.99
	38.03	1:19.53	2:02.67	2:46.03
	3:29.77	4:13.60	4:56.94	5:38.99
5	McLaughlin, Brian J	63	Abc Masters - Gr-2	5:42.19
	38.58	1:21.91	2:06.50	2:50.48
	3:34.77	4:18.83	5:02.58	5:42.19
6	O'Brien, David P	62	Boston Lanes (Li-2	5:42.34
	38.11	1:20.03	2:03.15	2:46.27
	3:29.79	4:13.74	4:58.41	5:42.34
7	Elturkmani, Majed	64	SwimRI-2	6:24.58
	42.72	1:30.55	2:20.39	3:09.67
	3:59.04	4:48.77	5:38.90	6:24.58
8	Kolis, Steve	63	Pittsfield YMCA-2	6:26.26
	43.68	1:30.85	2:20.68	3:11.19
	4:01.23	4:50.44	5:39.49	6:26.26
9	Miller, Jamie A	64	North Carolina M-13	8:37.69
	57.61	2:03.67	3:09.74	4:17.25
	5:24.74	6:32.14	7:38.07	8:37.69

**Men 60-64 800 SC Meter Freestyle****WORLD: 9:28.01 W 12/3/17 DAN STEPHENSON****NATL: 9:28.01 N 12/3/17 DAN STEPHENSON****ZONECHAMPS: 9:56.38 Z 12/10/10 Rick Walker**

1	Naylor, Jeff G	60	Granite State Pe-2	10:18.72
	35.46	1:14.25	1:53.69	2:32.81
	3:12.28	3:51.67	4:30.99	5:10.07
	5:49.25	6:28.27	7:07.16	7:46.61
	8:25.25	9:03.94	9:42.07	10:18.72
2	Chambers, John B	63	Chelsea Piers fi-6	10:35.76
	35.45	1:14.29	1:54.17	2:34.30
	3:14.39	3:54.57	4:35.50	5:16.12
	5:56.06	6:36.43	7:16.82	7:57.36
	8:37.44	9:17.37	9:57.27	10:35.76
3	Alexander, Mark E	60	Charles River Ma-2	10:50.25
	37.09	1:17.92	1:59.00	2:40.43
	3:21.91	4:03.59	4:45.59	5:27.00
	6:07.45	6:47.53	7:28.22	8:08.58
	8:49.22	9:30.07	10:10.51	10:50.25

4	Miller, Steve J	64	Great Bay Master-2	11:10.21
	37.29	1:18.42	1:59.83	2:41.60
	3:23.79	4:05.92	4:49.19	5:31.98
	6:14.63	6:56.91	7:39.53	8:21.98
	9:05.08	9:47.58	10:29.66	11:10.21
5	McLaughlin, Brian J	63	Abc Masters - Gr-2	11:42.36
	38.61	1:20.53	2:04.11	2:48.39
	3:32.68	4:17.13	5:01.70	5:46.04
	6:30.88	7:15.63	8:00.65	8:45.50
	9:30.37	10:15.50	10:59.96	11:42.36
6	Canning, Peter	60	Connecticut Mast-5	15:21.30
	49.35	1:45.76	2:43.82	3:42.25
	4:40.49	5:40.92	6:38.31	7:38.71
		9:36.29	10:34.07	11:32.95
	12:31.74	13:29.40	14:27.29	15:21.30
7	Miller, Jamie A	64	North Carolina M-13	17:55.90
	57.87	2:04.82	3:13.40	4:24.45
	5:34.40	6:46.56	7:56.74	9:05.20
	10:16.35	11:22.58	12:30.07	13:39.17
	14:46.74	15:53.03	17:55.90	

**Men 60-64 50 SC Meter Backstroke****WORLD: 29.64 W 3/29/14 PHILIPP DJANG****NATL: 29.64 N 3/29/14 PHILIPP DJANG****ZONECHAMPS: 33.51 Z 12/9/16 Michael McCombs**

1	McCombs, Michael P	62	Worcester Area M-2	33.31Z
2	Alexander, Mark E	60	Charles River Ma-2	33.81
3	McLaughlin, Brian J	63	Abc Masters - Gr-2	45.77
4	Elturkmani, Majed	64	SwimRI-2	47.17
5	Canning, Peter	60	Connecticut Mast-5	49.43

**Men 60-64 100 SC Meter Backstroke Time Trial****WORLD: 1:04.13 W 11/13/16 TOM BARTON****NATL: 1:04.13 N 11/13/16 TOM BARTON****ZONECHAMPS: 1:12.93 Z 12/9/16 Michael McCombs****- Time Trial**

1	Alexander, Mark E	60	Charles River Ma-2	1:12.36Z
	34.69	1:12.36		

**Men 60-64 100 SC Meter Backstroke****WORLD: 1:04.13 W 11/13/16 TOM BARTON****NATL: 1:04.13 N 11/13/16 TOM BARTON****ZONECHAMPS: 1:12.93 Z 12/9/16 Michael McCombs**

1	Alexander, Mark E	60	Charles River Ma-2	1:12.53Z
	35.08	1:12.53		
2	Sanchez, Greg	61	North Carolina M-13	1:13.01
	36.06	1:13.01		
3	McCombs, Michael P	62	Worcester Area M-2	1:13.82
	36.68	1:13.82		
4	McLaughlin, Brian J	63	Abc Masters - Gr-2	1:35.19
	46.57	1:35.19		
5	Canning, Peter	60	Connecticut Mast-5	1:59.81
	57.12	1:59.81		
---	Barry, Michael F	63	Connecticut Mast-5	X1:56.64
	56.60	1:56.64		

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**Men 60-64 200 SC Meter Backstroke****WORLD: 2:20.38 W 11/12/16 TOM BARTON****NATL: 2:20.38 N 11/12/16 TOM BARTON****ZONECHAMPS: 2:40.14 Z 12/9/16 Michael McCombs**

1	Alexander, Mark E	60	Charles River Ma-2	2:34.43Z
	36.94	1:15.74	1:55.36	2:34.43
2	Naylor, Jeff G	60	Granite State Pe-2	2:38.63
	38.96	1:19.12	1:59.13	2:38.63
3	McCombs, Michael P	62	Worcester Area M-2	2:43.33
	38.23	1:18.90	2:01.10	2:43.33
4	Judelson, David S	62	North Suburban Y-2	2:48.69
	40.37	1:22.99	2:06.59	2:48.69
5	Canning, Peter	60	Connecticut Mast-5	4:22.87
	1:01.52	2:09.31	3:17.08	4:22.87

**Men 60-64 50 SC Meter Breaststroke****WORLD: 31.51 W 11/21/15 RICK COLELLA****NATL: 31.51 N 11/21/15 RICK COLELLA****ZONECHAMPS: 35.58 Z 1/1/05 Louis Kronfeld**

1	Doyle, Benn W	60	Berkeley (Nj) Aq-7	34.10Z
2	Lamontagne, Robert	60	Connecticut Mast-5	39.97
3	Kolis, Steve	63	Pittsfield YMCA-2	45.19
4	Elturkmani, Majed	64	SwimRI-2	46.01
5	Canning, Peter	60	Connecticut Mast-5	47.36
6	Barry, Michael F	63	Connecticut Mast-5	50.41
7	Boisvert, Paul	61	Kent Y Masters S-2	1:02.12

**Men 60-64 100 SC Meter Breaststroke****WORLD: 1:09.92 W 11/21/15 RICK COLELLA****NATL: 1:09.92 N 11/21/15 RICK COLELLA****ZONECHAMPS: 1:19.57 Z 12/12/10 Rick Walker**

1	Doyle, Benn W	60	Berkeley (Nj) Aq-7	1:15.88Z
	34.99	1:15.88		
2	Naylor, Jeff G	60	Granite State Pe-2	1:18.64
	36.48	1:18.64		
3	Lamontagne, Robert	60	Connecticut Mast-5	1:29.45
	42.08	1:29.45		
4	McLaughlin, Brian J	63	Abc Masters - Gr-2	1:43.37
	49.36	1:43.37		
5	Elturkmani, Majed	64	SwimRI-2	1:43.56
	48.92	1:43.56		
6	Kolis, Steve	63	Pittsfield YMCA-2	1:46.65
	49.75	1:46.65		
7	Canning, Peter	60	Connecticut Mast-5	1:51.33
	52.47	1:51.33		
8	Miller, Jamie A	64	North Carolina M-13	2:06.61
	57.87	2:06.61		
9	Samko, Frank	62	Maine Masters Sw-2	2:09.44
	57.66	2:09.44		

**Men 60-64 200 SC Meter Breaststroke****WORLD: 2:37.61 W 11/13/11 RICK COLELLA****NATL: 2:37.61 N 11/13/11 RICK COLELLA****ZONECHAMPS: 2:52.88 Z 12/11/10 Rick Walker**

1	Doyle, Benn W	60	Berkeley (Nj) Aq-7	2:46.92Z
	36.85	1:19.52	2:03.20	2:46.92
2	Naylor, Jeff G	60	Granite State Pe-2	2:49.90
	39.30	1:22.27	2:05.52	2:49.90

3	Connolly, Brian J	61	King Fins Aquati-2	3:18.56
	45.10	1:35.43	2:27.13	3:18.56
4	Lamontagne, Robert	60	Connecticut Mast-5	3:19.99
	45.66	1:36.37	2:30.44	3:19.99
5	McLaughlin, Brian J	63	Abc Masters - Gr-2	3:32.80
	49.69	1:43.87	2:38.86	3:32.80
6	Miller, Steve J	64	Great Bay Master-2	3:36.12
	49.59	1:45.12	2:40.82	3:36.12
7	Maldari, Frank	61	Andover North An-2	4:06.80
	56.73	1:59.59	3:03.27	4:06.80
8	Canning, Peter	60	Connecticut Mast-5	4:18.71
	58.78	2:06.80	3:14.77	4:18.71
9	Miller, Jamie A	64	North Carolina M-13	5:04.75
	1:07.61	2:28.40	3:49.85	5:04.75

**Men 60-64 50 SC Meter Butterfly****WORLD: 26.78 W 5/13/17 DAN THOMPSON****NATL: 27.53 N 10/25/14 DONALD GRAHAM****ZONECHAMPS: 30.84 Z 12/11/15 Greg Shaw**

1	Davis, William	60	Charles River Ma-2	33.00
2	Chambers, John B	63	Chelsea Piers fi-6	33.84
3	Judelson, David S	62	North Suburban Y-2	33.88
4	Deville, Douglas M	60	Boston Universit-2	35.90
5	Elturkmani, Majed	64	SwimRI-2	37.57
6	Canning, Peter	60	Connecticut Mast-5	47.04

**Men 60-64 100 SC Meter Butterfly****WORLD: 1:00.20 W 5/23/16 DAN THOMPSON****NATL: 1:03.76 N 12/3/06 RICH ABRAHAMAS****ZONECHAMPS: 1:07.40 Z 12/15/13 Greg Shaw**

1	Sanchez, Greg	61	North Carolina M-13	1:07.86
	31.42	1:07.86		
2	McCombs, Michael P	62	Worcester Area M-2	1:13.85
	34.76	1:13.85		
3	Chambers, John B	63	Chelsea Piers fi-6	1:18.11
	36.32	1:18.11		
4	Judelson, David S	62	North Suburban Y-2	1:22.25
	38.44	1:22.25		
5	Canning, Peter	60	Connecticut Mast-5	1:55.70
	54.62	1:55.70		

**Men 60-64 200 SC Meter Butterfly****WORLD: 2:20.27 W 1/20/18 HUGO BREGMAN****NATL: 2:23.29 N 11/22/15 RICK COLELLA****ZONECHAMPS: 2:48.40 Z 1/1/09 Frank McElroy**

1	Chambers, John B	63	Chelsea Piers fi-6	2:49.36
	37.55	1:19.99	2:04.20	2:49.36
2	Syphers, Dale A	62	Maine Masters Sw-2	3:37.50
	45.70	1:40.40	2:40.04	3:37.50
3	Canning, Peter	60	Connecticut Mast-5	4:36.47
	1:01.69	2:12.35	3:25.38	4:36.47
4	Miller, Jamie A	64	North Carolina M-13	5:53.15
	2:55.83	4:29.61	5:53.15	

**Men 60-64 100 SC Meter IM****WORLD: 1:04.23 W 3/21/15 RICK COLELLA****NATL: 1:04.23 N 3/21/15 RICK COLELLA****ZONECHAMPS: 1:11.79 Z 12/15/13 Greg Shaw**

1	Doyle, Benn W	60	Berkeley (Nj) Aq-7	1:11.62Z
	33.82	1:11.62		

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**(Men 60-64 100 SC Meter IM)**

2	Syphers, Dale A	62	Maine Masters Sw-2	1:20.89
	36.68	1:20.89		
3	Deville, Douglas M	60	Boston Universit-2	1:27.50
	40.46	1:27.50		
4	O'Brien, David P	62	Boston Lanes (Li-2	1:30.65
	44.57	1:30.65		
5	Elturkmani, Majed	64	SwimRI-2	1:33.52
	44.18	1:33.52		
6	Miller, Jamie A	64	North Carolina M-13	2:03.68
	1:00.37	2:03.68		

**Men 60-64 200 SC Meter IM****WORLD: 2:19.96 W 3/21/15 RICK COLELLA****NATL: 2:19.96 N 3/21/15 RICK COLELLA****ZONECHAMPS: 2:40.82 Z 12/11/15 Greg Shaw**

1	Naylor, Jeff G	60	Granite State Pe-2	2:32.68Z
	32.80	1:14.06	1:57.42	2:32.68
2	Doyle, Benn W	60	Berkeley (Nj) Aq-7	2:37.51
	33.08	1:15.61	1:59.81	2:37.51
3	McCombs, Michael P	62	Worcester Area M-2	2:45.35
	33.84	1:15.66	2:07.85	2:45.35
4	Davis, William	60	Charles River Ma-2	2:45.70
	37.37	1:21.68	2:07.76	2:45.70
5	Syphers, Dale A	62	Maine Masters Sw-2	3:03.31
	39.29	1:23.28	2:21.47	3:03.31
6	Elturkmani, Majed	64	SwimRI-2	3:26.33
	42.39	1:38.24	2:40.73	3:26.33
7	Canning, Peter	60	Connecticut Mast-5	3:54.31
	1:57.37	3:04.72	3:54.31	
8	Miller, Jamie A	64	North Carolina M-13	4:41.58
	1:02.24	3:47.23	4:41.58	

**Men 60-64 400 SC Meter IM****WORLD: 5:04.54 W 11/13/11 RICK COLELLA****NATL: 5:04.54 N 11/13/11 RICK COLELLA****ZONECHAMPS: 5:47.88 Z 12/15/13 David Bright**

1	Sanchez, Greg	61	North Carolina M-13	5:27.90Z
	34.65	1:12.38	1:54.87	2:36.93
	3:26.04	4:15.63	4:52.48	5:27.90
2	Naylor, Jeff G	60	Granite State Pe-2	5:29.63
	35.43	1:16.08	2:00.50	2:43.44
	3:29.47	4:15.77	4:53.73	5:29.63
3	McCombs, Michael P	62	Worcester Area M-2	5:54.03
	35.86	1:18.71	2:03.62	2:47.87
	3:41.99	4:35.86	5:15.95	5:54.03
4	Chambers, John B	63	Chelsea Piers fi-6	5:59.87
	37.66	1:20.37	2:08.61	2:55.59
	3:48.69	4:43.85	5:22.62	5:59.87
5	Miller, Steve J	64	Great Bay Master-2	6:45.53
	46.31	1:45.66	2:38.90	3:30.33
	4:25.61	5:20.56	6:04.47	6:45.53
6	Canning, Peter	60	Connecticut Mast-5	8:36.84
	58.06	2:03.70	3:17.48	4:31.22
	5:42.25	6:53.05	7:47.03	8:36.84
7	Miller, Jamie A	64	North Carolina M-13	10:20.04
	1:07.71	2:27.68	4:02.98	5:27.50
	6:52.08	8:14.77	9:21.49	10:20.04

**Men 65-69 50 SC Meter Freestyle****WORLD: 25.42 W 3/3/18 DOUG MARTIN****NATL: 25.42 N 3/3/18 DOUG MARTIN****ZONECHAMPS: 27.26 Z 1/1/09 Jim Dragon**

1	Allen, Tim	65	Worcester Area M-2	30.36
2	Beckwith, Mark	67	UC02-2	30.66
3	Haring-Smith, Bob	66	Granite State Pe-2	31.64
4	Epstein, Daniel	68	Simon's Rock Pac-2	32.29
5	McKenna, Thomas	67	Worcester Area M-2	32.54
6	Geoghegan, William J	68	Connecticut Mast-5	32.89
7	Plencner, Bob R	66	Granite State Pe-2	33.78
8	RyanMann, Duncan P	65	Pittsfield YMCA-2	33.81
9	Cochrane, Scott	66	Greater Holyoke-2	34.53
10	Olander, John R	68	Simon's Rock Pac-2	34.60
11	Freed, Marc S	65	Simon's Rock Pac-2	36.82
12	Kerkhove, Johan C	66	Great Bay Master-2	48.97

**Men 65-69 100 SC Meter Freestyle****WORLD: 58.19 W 11/20/16 RICK COLELLA****NATL: 58.19 N 11/20/16 RICK COLELLA****ZONECHAMPS: 1:04.38 Z 12/13/14 John Radimer**

1	Allen, Tim	65	Worcester Area M-2	1:07.23
	32.11	1:07.23		
2	Haring-Smith, Bob	66	Granite State Pe-2	1:11.75
	34.45	1:11.75		
3	Plencner, Bob R	66	Granite State Pe-2	1:16.29
	34.92	1:16.29		
4	RyanMann, Duncan P	65	Pittsfield YMCA-2	1:18.06
	38.62	1:18.06		
5	Olander, John R	68	Simon's Rock Pac-2	1:21.51
	37.76	1:21.51		
6	Freed, Marc S	65	Simon's Rock Pac-2	1:21.85
	38.85	1:21.85		

**Men 65-69 200 SC Meter Freestyle****WORLD: 2:07.56 W 11/19/16 RICK COLELLA****NATL: 2:07.56 N 11/19/16 RICK COLELLA****ZONECHAMPS: 2:23.22 Z 12/11/15 David Oates**

1	Allen, Tim	65	Worcester Area M-2	2:30.03
	34.55	1:13.13	1:52.47	2:30.03
2	Plencner, Bob R	66	Granite State Pe-2	3:08.77
	42.54	1:30.97	2:21.25	3:08.77
3	Freed, Marc S	65	Simon's Rock Pac-2	3:17.23
	41.77	1:30.20	2:24.63	3:17.23

**Men 65-69 400 SC Meter Freestyle****WORLD: 4:27.91 W 11/19/17 RICK COLELLA****NATL: 4:27.91 N 11/19/17 RICK COLELLA****ZONECHAMPS: 5:04.90 Z 1/1/13 Frank McElroy**

1	Allen, Tim	65	Worcester Area M-2	5:19.32
	36.89	1:17.30	1:58.59	2:39.79
	3:20.98	4:01.68	4:41.20	5:19.32
2	Olander, John R	68	Simon's Rock Pac-2	6:13.66
	40.16	1:25.82	2:13.16	3:00.92
	3:49.67	4:38.09	5:26.59	6:13.66

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**Men 65-69 800 SC Meter Freestyle****WORLD: 9:53.06 W 4/4/15 JIM MCCONICA****NATL: 9:53.06 N 4/4/15 JIM MC CONICA****ZONECHAMPS: 10:25.32 Z 12/13/13 Frank McElroy**

1	Allen, Tim	65	Worcester Area M-2	11:08.04
	38.09	1:19.62	2:02.05	2:45.27
	3:28.26	4:11.65	4:54.35	5:37.20
	6:19.88	7:02.59	7:45.04	8:26.71
	9:08.21	9:49.70	10:30.60	11:08.04
2	Keil, Mark A	65	Minuteman Master-2	12:50.60
	41.87	1:28.89	2:17.60	3:06.27
	3:54.84	4:43.78	5:33.72	6:22.51
	7:11.71	7:59.71	8:47.68	9:35.90
	10:24.43	11:13.11	12:02.86	12:50.60
3	Freed, Marc S	65	Simon's Rock Pac-2	14:26.96
	49.12	1:41.12	2:35.35	3:30.55
	4:26.29	5:21.41	6:16.44	7:12.08
	8:07.25	9:02.35	9:57.35	10:53.24
	11:48.52	12:43.18	13:37.04	14:26.96

**Men 65-69 50 SC Meter Backstroke****WORLD: 30.34 W 12/2/12 HUGH WILDER****NATL: 30.34 N 12/2/12 HUGH WILDER****ZONECHAMPS: 34.78 Z 1/1/09 Richard Alexander**

1	Epstein, Daniel	68	Simon's Rock Pac-2	36.11
2	RyanMann, Duncan P	65	Pittsfield YMCA-2	39.15
3	McKenna, Thomas	67	Worcester Area M-2	39.30
4	Kerkhove, Johan C	66	Great Bay Master-2	39.82
5	Keil, Mark A	65	Minuteman Master-2	44.65

**Men 65-69 100 SC Meter Backstroke****WORLD: 1:07.69 W 12/1/12 HUGH WILDER****NATL: 1:07.69 N 12/1/12 HUGH WILDER****ZONECHAMPS: 1:17.98 Z 12/11/15 Daniel Rogacki**

1	Kerkhove, Johan C	66	Great Bay Master-2	1:28.88
	42.65	1:28.88		
2	RyanMann, Duncan P	65	Pittsfield YMCA-2	1:29.92
	45.05	1:29.92		
3	Keil, Mark A	65	Minuteman Master-2	1:37.84
	47.04	1:37.84		

**Men 65-69 200 SC Meter Backstroke****WORLD: 2:31.16 W 3/17/18 LAWRENCE DAY****NATL: 2:31.16 N 3/17/18 LAWRENCE DAY****ZONECHAMPS: 2:48.53 Z 12/8/17 Fred Schlicher**

1	Bright, David	65	New England Mast-2	2:55.52
	41.71	1:26.07	2:11.05	2:55.52
2	Kerkhove, Johan C	66	Great Bay Master-2	3:15.68
	42.94	1:30.29	2:23.13	3:15.68
3	RyanMann, Duncan P	65	Pittsfield YMCA-2	3:18.12
	46.68	1:37.55	2:29.07	3:18.12
4	Keil, Mark A	65	Minuteman Master-2	3:18.30
	46.22	1:36.78	2:27.77	3:18.30

**Men 65-69 50 SC Meter Breaststroke****WORLD: 32.50 W 11/20/16 RICK COLELLA****NATL: 32.50 N 11/20/16 RICK COLELLA****ZONECHAMPS: 34.88 Z 1/1/09 Jim Dragon**

1	McKenna, Thomas	67	Worcester Area M-2	40.17
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2	Kerkhove, Johan C	66	Great Bay Master-2	44.38
3	Keil, Mark A	65	Minuteman Master-2	48.78
4	RyanMann, Duncan P	65	Pittsfield YMCA-2	49.92

**Men 65-69 100 SC Meter Breaststroke****WORLD: 1:13.16 W 11/19/16 RICK COLELLA****NATL: 1:13.16 N 11/19/16 RICK COLELLA****ZONECHAMPS: 1:23.69 Z 12/14/14 Daniel Rogacki**

1	Cochrane, Scott	66	Greater Holyoke-2	1:34.06
	44.47	1:34.06		
2	Fuerman, Ross	65	New England Mast-2	1:40.23
	44.96	1:40.23		
3	Olander, John R	68	Simon's Rock Pac-2	1:42.04
	47.43	1:42.04		
4	Keil, Mark A	65	Minuteman Master-2	1:44.93
	48.71	1:44.93		

**Men 65-69 200 SC Meter Breaststroke****WORLD: 2:36.85 W 11/19/17 RICK COLELLA****NATL: 2:36.85 N 11/19/17 RICK COLELLA****ZONECHAMPS: 3:06.03 Z 12/11/15 Daniel Rogacki**

1	Garr, Michael T	65	SwimRI-2	3:56.59
	51.78	1:51.82	2:54.45	3:56.59
2	Keil, Mark A	65	Minuteman Master-2	4:08.10
	53.86	1:57.62	3:04.24	4:08.10

**Men 65-69 50 SC Meter Butterfly****WORLD: 28.65 W 3/3/18 DOUG MARTIN****NATL: 28.65 N 3/3/18 DOUG MARTIN****ZONECHAMPS: 29.18 Z 1/1/09 Jim Dragon**

1	Beckwith, Mark	67	UC02-2	33.88
2	Allen, Tim	65	Worcester Area M-2	34.01
3	McKenna, Thomas	67	Worcester Area M-2	35.78
4	Plencner, Bob R	66	Granite State Pe-2	36.05
5	Cochrane, Scott	66	Greater Holyoke-2	38.31
6	Keil, Mark A	65	Minuteman Master-2	45.43

**Men 65-69 100 SC Meter Butterfly****WORLD: 1:05.37 W 7/22/16 LAWRENCE DAY****NATL: 1:05.37 N 7/22/16 LAWRENCE DAY****ZONECHAMPS: 1:09.95 Z 12/8/17 Greg Shaw**

1	Keil, Mark A	65	Minuteman Master-2	1:52.53
	50.96	1:52.53		

**Men 65-69 200 SC Meter Butterfly****WORLD: 2:25.35 W 11/18/17 RICK COLELLA****NATL: 2:25.35 N 11/18/17 RICK COLELLA****ZONECHAMPS: 2:53.24 Z 12/14/13 Frank McElroy**

1	Geoghegan, William J	68	Connecticut Mast-5	3:31.40
	44.97	1:38.04	2:33.74	3:31.40
2	Keil, Mark A	65	Minuteman Master-2	4:18.41
	54.06	2:00.60	3:10.58	4:18.41

**Men 65-69 100 SC Meter IM****WORLD: 1:05.43 W 11/19/16 RICK COLELLA****NATL: 1:05.43 N 11/19/16 RICK COLELLA****ZONECHAMPS: 1:15.43 Z 2000 Greg Shaw**

1	Bright, David	65	New England Mast-2	1:21.21
	36.72	1:21.21		
2	McKenna, Thomas	67	Worcester Area M-2	1:22.05
	38.35	1:22.05		

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**(Men 65-69 100 SC Meter IM)**

3	Allen, Tim	65	Worcester Area M-2	1:23.73
	39.62	1:23.73		
4	Cochrane, Scott	66	Greater Holyoke-2	1:26.16
	41.18	1:26.16		
5	Geoghegan, William J	68	Connecticut Mast-5	1:27.77
	41.56	1:27.77		
6	Fuerman, Ross	65	New England Mast-2	1:29.94
	43.28	1:29.94		
7	Keil, Mark A	65	Minuteman Master-2	1:32.17
	44.20	1:32.17		
8	Plencner, Bob R	66	Granite State Pe-2	1:32.56
	41.30	1:32.56		
*9	Olander, John R	68	Simon's Rock Pac-2	1:35.69
	44.08	1:35.69		
*9	RyanMann, Duncan P	65	Pittsfield YMCA-2	1:35.69
	44.08	1:35.69		
11	Freed, Marc S	65	Simon's Rock Pac-2	1:41.57
	47.72	1:41.57		

**Men 65-69 200 SC Meter IM**

<b>WORLD: 2:22.60 W 11/20/16</b>		<b>RICK COLELLA</b>		
<b>NATL: 2:22.60 N 11/20/16</b>		<b>RICK COLELLA</b>		
<b>ZONECHAMPS: 2:41.82 Z 12/9/16</b>		<b>Greg Shaw</b>		
1	Bright, David	65	New England Mast-2	2:55.41
	37.31	1:21.18	2:15.55	2:55.41
2	Allen, Tim	65	Worcester Area M-2	3:01.43
	36.01	1:23.36	2:22.37	3:01.43
3	Geoghegan, William J	68	Connecticut Mast-5	3:13.79
	43.49	1:33.99	2:29.44	3:13.79
4	Keil, Mark A	65	Minuteman Master-2	3:26.14
	45.98	1:38.36	2:39.14	3:26.14
5	Fuerman, Ross	65	New England Mast-2	3:27.97
	44.73	1:40.94	2:39.78	3:27.97

**Men 65-69 400 SC Meter IM**

<b>WORLD: 5:03.34 W 11/18/17</b>		<b>RICK COLELLA</b>		
<b>NATL: 5:03.34 N 11/18/17</b>		<b>RICK COLELLA</b>		
<b>ZONECHAMPS: 5:54.86 Z 12/15/13</b>		<b>Frank McElroy</b>		
1	Geoghegan, William J	68	Connecticut Mast-5	7:05.18
	45.82	1:39.47	2:36.34	3:33.31
	4:30.36	5:28.79	6:18.58	7:05.18
2	Keil, Mark A	65	Minuteman Master-2	7:30.44
	52.22	1:56.13	2:51.69	3:46.89
	4:49.69	5:53.67	6:43.50	7:30.44
3	Garr, Michael T	65	SwimRI-2	8:40.25
	58.42	2:12.94	3:18.87	4:23.87
	5:34.42	6:46.12	7:44.57	8:40.25

**Men 70-74 50 SC Meter Freestyle**

<b>WORLD: 26.88 W 10/10/15</b>		<b>RICHARD ABRAHAMS</b>		
<b>NATL: 26.88 N 10/10/15</b>		<b>RICHARD ABRAHAMS</b>		
<b>ZONECHAMPS: 31.66 Z 1/1/08</b>		<b>Jerry Katz</b>		
1	Rogacki, Daniel J	71	Pittsfield YMCA-2	31.79
2	Boyd, Bronly S	74	Simon's Rock Pac-2	36.42
3	Cannamela, Donald J	72	Nickel City Spla-4	37.36
4	Hassey, James	70	UC02-2	37.57
5	Lewis, John M	72	Great Bay Master-2	37.82

6	Baxter, David C	74	Abc Masters - Gr-2	39.92
7	Epstein, Paul M	72	Connecticut Mast-5	41.53
8	Stoler, Dennis F	73	UC02-2	51.81

**Men 70-74 100 SC Meter Freestyle**

<b>WORLD: 1:01.70 W 5/17/15</b>		<b>RICHARD ABRAHAMS</b>		
<b>NATL: 1:01.70 N 5/17/15</b>		<b>RICHARD ABRAHAMS</b>		
<b>ZONECHAMPS: 1:12.59 Z 1/1/13</b>		<b>David Vail</b>		
1	Rogacki, Daniel J	71	Pittsfield YMCA-2	1:10.16Z
	32.90	1:10.16		
2	Cannamela, Donald J	72	Nickel City Spla-4	1:26.92
	41.80	1:26.92		
3	Song, Mingjie	71	Abc Masters - Gr-2	1:29.49
	43.05	1:29.49		
4	Bush, William W	73	UC05-5	1:29.77
	42.90	1:29.77		
5	Epstein, Paul M	72	Connecticut Mast-5	1:32.26
	42.29	1:32.26		
6	Baxter, David C	74	Abc Masters - Gr-2	1:43.24
	46.53	1:43.24		

**Men 70-74 200 SC Meter Freestyle**

<b>WORLD: 2:21.49 W 2/4/18</b>		<b>DAN KIRKLAND</b>		
<b>NATL: 2:21.49 N 2/4/18</b>		<b>DAN KIRKLAND</b>		
<b>ZONECHAMPS: 2:37.26 Z 12/8/17</b>		<b>Daniel Rogacki</b>		
1	McElroy, Frank	70	Garden State Mas-7	2:32.37Z
	35.99	1:15.22	1:54.45	2:32.37
2	Bernstein, Rich	72	Agua Masters-6	2:54.44
	41.18	1:25.91	2:10.86	2:54.44
3	Morse, Tim	70	SwimRI-2	2:56.81
	40.67	1:25.87	2:12.57	2:56.81
4	Epstein, Paul M	72	Connecticut Mast-5	3:14.49
	42.79	1:31.43	2:23.22	3:14.49
5	Cannamela, Donald J	72	Nickel City Spla-4	3:16.93
	43.98	1:34.14	2:26.17	3:16.93
6	Hassey, James	70	UC02-2	3:39.43
	45.17	1:38.97	2:38.08	3:39.43
7	Baxter, David C	74	Abc Masters - Gr-2	4:07.55
	48.49	1:46.92	2:56.68	4:07.55

**Men 70-74 400 SC Meter Freestyle Time Trial**

<b>WORLD: 5:01.98 W 2/4/18</b>		<b>DAN KIRKLAND</b>		
<b>NATL: 5:01.98 N 2/4/18</b>		<b>DAN KIRKLAND</b>		
<b>ZONECHAMPS: 5:50.64 Z 12/8/17</b>		<b>Daniel Rogacki</b>		
<b>- Time Trial</b>				
1	Bernstein, Rich	72	Agua Masters-6	6:01.51

**Men 70-74 400 SC Meter Freestyle**

<b>WORLD: 5:01.98 W 2/4/18</b>		<b>DAN KIRKLAND</b>		
<b>NATL: 5:01.98 N 2/4/18</b>		<b>DAN KIRKLAND</b>		
<b>ZONECHAMPS: 5:50.64 Z 12/8/17</b>		<b>Daniel Rogacki</b>		
1	McElroy, Frank	70	Garden State Mas-7	5:20.28Z
	37.48	1:17.62	1:58.87	2:40.09
	3:20.65	4:01.31	4:41.61	5:20.28
2	Morse, Tim	70	SwimRI-2	6:02.41
	41.50	1:25.99	2:11.62	2:58.19
	3:44.26	4:30.76	5:17.26	6:02.41

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**(Men 70-74 400 SC Meter Freestyle)**

3	Epstein, Paul M	72	Connecticut Mast-5	6:59.82
	43.32	1:32.78	2:27.76	3:22.93
	4:17.40	5:11.37	6:05.60	6:59.82
4	Baxter, David C	74	Abc Masters - Gr-2	8:34.77
	51.77	1:52.91	3:00.60	4:07.32
	5:15.17	6:22.29	8:34.77	

**Men 70-74 800 SC Meter Freestyle****WORLD:10:28.96 W 1/21/18 DAN KIRKLAND****NATL:10:17.73 N 11/10/18 DAN KIRKLAND****ZONECHAMPS:12:01.95 Z 12/8/17 Daniel Rogacki**

1	McElroy, Frank	70	Garden State Mas-7	10:58.56Z
	37.75	1:18.29	2:00.38	2:42.43
	3:24.68	4:06.70	4:48.77	5:30.88
	6:12.34	6:53.75	7:35.15	8:16.57
	8:57.66	9:38.70	10:19.39	10:58.56
2	Rogacki, Daniel J	71	Pittsfield YMCA-2	12:05.11
	39.80	1:24.89	2:11.72	2:58.62
	3:45.38	4:32.63	5:18.68	6:04.89
	6:50.83	7:37.96	8:24.24	9:10.30
	9:55.83	10:41.62	11:25.66	12:05.11
3	Bernstein, Rich	72	Agua Masters-6	12:05.39
	41.47	1:26.35	2:11.49	2:57.51
	3:43.70	4:30.12	5:15.56	6:01.51
	6:47.96	7:34.30	8:20.38	9:06.28
	9:52.46	10:38.96	11:23.35	12:05.39
4	Epstein, Paul M	72	Connecticut Mast-5	14:02.17
	43.55	1:33.58	2:25.15	3:16.81
	4:09.08	5:02.68	5:57.08	6:52.21
	7:46.32	8:39.28	9:33.56	10:28.08
	11:21.77	12:16.59	13:10.14	14:02.17

**Men 70-74 50 SC Meter Backstroke****WORLD: 33.09 W 12/3/17 HUGH WILDER****NATL: 33.09 N 12/3/17 HUGH WILDER****ZONECHAMPS: 38.80 Z 12/15/13 David Vail**

1	Rogacki, Daniel J	71	Pittsfield YMCA-2	38.13Z
2	Hassey, James	70	UC02-2	45.71
3	Song, Mingjie	71	Abc Masters - Gr-2	45.94
4	Baxter, David C	74	Abc Masters - Gr-2	54.17
5	Epstein, Paul M	72	Connecticut Mast-5	1:01.25

**Men 70-74 100 SC Meter Backstroke****WORLD: 1:12.09 W 12/7/13 RICHARD BURNS****NATL: 1:12.09 N 12/7/13 RICHARD BURNS****ZONECHAMPS: 1:23.27 Z 12/14/13 David Vail**

1	Rogacki, Daniel J	71	Pittsfield YMCA-2	1:25.68
	42.24	1:25.68		
2	Song, Mingjie	71	Abc Masters - Gr-2	1:34.55
	46.20	1:34.55		

**Men 70-74 200 SC Meter Backstroke****WORLD: 2:38.01 W 12/6/13 RICHARD BURNS****NATL: 2:38.01 N 12/6/13 RICHARD BURNS****ZONECHAMPS: 3:00.79 Z 12/8/17 Daniel Rogacki**

1	Rogacki, Daniel J	71	Pittsfield YMCA-2	3:13.68
	45.55	1:35.12	2:24.14	3:13.68

2	Bernstein, Rich	72	Agua Masters-6	3:30.16
	50.72	1:45.10	2:37.64	3:30.16

**Men 70-74 50 SC Meter Breaststroke****WORLD: 35.53 W 4/10/16 DIETER HOFEL****NATL: 35.97 N 3/6/16 ROBERT STRAND****ZONECHAMPS: 40.58 Z 12/8/17 Richard Myers**

1	Rogacki, Daniel J	71	Pittsfield YMCA-2	39.88Z
2	Epstein, Paul M	72	Connecticut Mast-5	47.92
3	Bernstein, Rich	72	Agua Masters-6	48.22
4	Zelehoski, Raymond J	70	Simon's Rock Pac-2	48.82
5	Baxter, David C	74	Abc Masters - Gr-2	55.46

**Men 70-74 100 SC Meter Breaststroke****WORLD: 1:19.04 W 5/21/16 DOUGLAS SPRINGER****NATL: 1:19.04 N 5/21/16 DOUGLAS SPRINGER****ZONECHAMPS: 1:32.99 Z 12/8/17 Richard Myers**

1	Rogacki, Daniel J	71	Pittsfield YMCA-2	1:31.21Z
	42.69	1:31.21		
2	Lewis, John M	72	Great Bay Master-2	1:43.37
	49.76	1:43.37		
3	Epstein, Paul M	72	Connecticut Mast-5	1:45.44
	50.79	1:45.44		
4	Bernstein, Rich	72	Agua Masters-6	1:45.52
	50.82	1:45.52		
5	Baxter, David C	74	Abc Masters - Gr-2	2:05.29
	57.66	2:05.29		

**Men 70-74 200 SC Meter Breaststroke****WORLD: 2:55.87 W 3/5/16 ROBERT STRAND****NATL: 2:55.87 N 3/5/16 ROBERT STRAND****ZONECHAMPS: 3:22.65 Z 12/8/17 Richard Myers**

1	Rogacki, Daniel J	71	Pittsfield YMCA-2	3:22.16Z
	44.18	1:34.55	2:28.45	3:22.16
2	Bernstein, Rich	72	Agua Masters-6	3:43.30
	50.53	1:47.77	2:45.60	3:43.30
3	Epstein, Paul M	72	Connecticut Mast-5	3:55.00
	52.92	1:52.95	2:55.58	3:55.00

**Men 70-74 50 SC Meter Butterfly****WORLD: 29.52 W 10/11/15 RICHARD ABRAHAMS****NATL: 29.52 N 10/11/15 RICHARD ABRAHAMS****ZONECHAMPS: 34.94 Z 12/8/17 Daniel Rogacki**

1	Rogacki, Daniel J	71	Pittsfield YMCA-2	37.56
2	Baxter, David C	74	Abc Masters - Gr-2	51.40
3	Epstein, Paul M	72	Connecticut Mast-5	54.38

**Men 70-74 100 SC Meter Butterfly****WORLD: 1:07.56 W 10/11/15 RICHARD ABRAHAMS****NATL: 1:07.56 N 10/10/15 RICHARD ABRAHAMS****ZONECHAMPS: 1:26.43 Z 12/8/17 Daniel Rogacki**

1	McElroy, Frank	70	Garden State Mas-7	1:24.18Z
	38.71	1:24.18		
2	Epstein, Paul M	72	Connecticut Mast-5	2:08.49
	59.30	2:08.49		

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**Men 70-74 200 SC Meter Butterfly****WORLD: 2:51.32 W 11/7/09 BARRY YOUNG****NATL: 2:52.80 N 5/21/16 DOUGLAS SPRINGER****ZONECHAMPS: 3:27.39 Z 12/8/17 Richard Myers**

1	McElroy, Frank	70	Garden State Mas-7	3:17.42Z
	43.49	1:34.67	2:27.28	3:17.42

**Men 70-74 100 SC Meter IM****WORLD: 1:13.09 W 10/10/15 RICHARD ABRAHAMS****NATL: 1:13.09 N 10/10/15 RICHARD ABRAHAMS****ZONECHAMPS: 1:26.45 Z 12/14/14 Howard Rolston**

1	Rogacki, Daniel J	71	Pittsfield YMCA-2	1:22.64Z
	38.97	1:22.64		
2	McElroy, Frank	70	Garden State Mas-7	1:25.80
	40.53	1:25.80		
3	Zelehoski, Raymond J	70	Simon's Rock Pac-2	1:39.85
	47.69	1:39.85		
4	Bernstein, Rich	72	Agua Masters-6	1:41.82
	51.66	1:41.82		
5	Bush, William W	73	UC05-5	1:43.52
	47.48	1:43.52		
6	Epstein, Paul M	72	Connecticut Mast-5	1:46.90
	53.00	1:46.90		
7	Baxter, David C	74	Abc Masters - Gr-2	1:57.72
	57.36	1:57.72		

**Men 70-74 200 SC Meter IM****WORLD: 2:42.44 W 5/16/09 BARRY YOUNG****NATL: 2:44.81 N 12/6/13 RICHARD BURNS****ZONECHAMPS: 3:12.75 Z 12/13/14 Howard Rolston**

1	McElroy, Frank	70	Garden State Mas-7	3:01.09Z
	37.50	1:27.23	2:22.33	3:01.09
2	Rogacki, Daniel J	71	Pittsfield YMCA-2	3:07.57
	40.95	1:30.05	2:24.27	3:07.57
3	Bernstein, Rich	72	Agua Masters-6	3:30.91
	56.03	1:50.28	2:46.06	3:30.91
4	Zelehoski, Raymond J	70	Simon's Rock Pac-2	3:36.06
	46.08	1:45.97	2:44.98	3:36.06
5	Epstein, Paul M	72	Connecticut Mast-5	4:22.80
	2:18.96	3:27.42	4:22.80	

**Men 70-74 400 SC Meter IM****WORLD: 5:57.68 W 3/24/16 J.LESTIDEAU****NATL: 6:04.55 N 5/23/16 DOUGLAS SPRINGER****ZONECHAMPS: 7:01.05 Z 1/1/99 Roger Franks**

1	McElroy, Frank	70	Garden State Mas-7	6:25.63Z
	43.01	1:32.98	2:25.60	3:16.47
	4:11.73	5:07.04	5:47.76	6:25.63
2	Rogacki, Daniel J	71	Pittsfield YMCA-2	6:42.76
	44.39	1:40.09	2:31.87	3:24.70
	4:19.37	5:15.40	6:00.76	6:42.76
3	Bernstein, Rich	72	Agua Masters-6	7:18.65
	58.92	2:07.17	3:02.12	3:57.12
	4:52.13	5:47.51	6:34.04	7:18.65

**Men 75-79 50 SC Meter Freestyle****WORLD: 29.90 W 12/3/16 MIKE FRESHLEY****NATL: 29.90 N 12/3/16 MIKE FRESHLEY****ZONECHAMPS: 32.15 Z 1/1/07 Edward Breisacher**

1	Hutchings, Dick	77	Worcester Area M-2	37.27
2	Laux, Michael A	77	Connecticut Mast-5	37.54
3	Pope, James A	76	Lowell YMCA Flip-2	40.21
4	Coupe, George J	78	Granite State Pe-2	40.44
5	Rupert, Bill	75	Maine Masters Sw-2	40.52
6	Read, Philip	76	Great Bay Master-2	42.31
7	Smith, Starbuck	75	Simon's Rock Pac-2	48.02
8	Putz, Bob	75	Simon's Rock Pac-2	1:01.60
9	Roccabello, John	75	SwimRI-2	1:04.44
10	Mitchell, Jack	79	Sarasota YMCA Sh-1	1:10.02

**Men 75-79 100 SC Meter Freestyle****WORLD: 1:05.13 W 4/19/09 DAVID RADCLIFF****NATL: 1:05.13 N 4/19/09 DAVID RADCLIFF****ZONECHAMPS: 1:12.98 Z 1/1/07 Edward Breisacher**

1	Vail, David	75	Maine Masters Sw-2	1:18.06
	36.98	1:18.06		
2	Hutchings, Dick	77	Worcester Area M-2	1:22.61
	40.02	1:22.61		
3	Pope, James A	76	Lowell YMCA Flip-2	1:31.56
	42.19	1:31.56		
4	Rupert, Bill	75	Maine Masters Sw-2	1:32.45
	42.90	1:32.45		
5	Putz, Bob	75	Simon's Rock Pac-2	2:19.06
	1:02.69	2:19.06		
6	Roccabello, John	75	SwimRI-2	2:38.68
	1:15.99	2:38.68		
7	Mitchell, Jack	79	Sarasota YMCA Sh-1	2:40.88
	1:18.46	2:40.88		

**Men 75-79 200 SC Meter Freestyle****WORLD: 2:27.53 W 4/18/09 DAVID RADCLIFF****NATL: 2:27.53 N 4/18/09 DAVID RADCLIFF****ZONECHAMPS: 3:02.87 Z 12/9/16 Michael Laux**

1	Hutchings, Dick	77	Worcester Area M-2	3:10.22
	42.77	1:30.49	2:21.18	3:10.22
2	Pope, James A	76	Lowell YMCA Flip-2	3:30.09
	45.37	1:37.69	2:34.02	3:30.09
3	Mitchell, Jack	79	Sarasota YMCA Sh-1	6:06.39
	1:24.65	3:00.00	4:36.01	6:06.39

**Men 75-79 400 SC Meter Freestyle****WORLD: 5:15.10 W 4/18/09 DAVID RADCLIFF****NATL: 5:15.10 N 4/18/09 DAVID RADCLIFF****ZONECHAMPS: 6:20.12 Z 1/1/02 Roger Franks**

1	Hutchings, Dick	77	Worcester Area M-2	6:39.18
	46.10	1:35.16	2:26.83	3:18.80
	4:10.74	5:01.56	5:51.39	6:39.18
2	Mitchell, Jack	79	Sarasota YMCA Sh-1	11:33.00
	1:21.29	2:53.86	4:23.33	5:53.52
	7:21.46	8:49.95	11:33.00	
3	Roccabello, John	75	SwimRI-2	11:38.79
	1:12.42	2:43.46	4:11.96	8:33.19
	10:14.70	11:38.79		

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**Men 75-79 800 SC Meter Freestyle****WORLD: 10:59.10 W 4/17/09 DAVID RADCLIFF****NATL: 10:59.10 N 4/17/09 DAVID RADCLIFF****ZONECHAMPS: 13:24.37 Z 12/9/16 Dick Hutchings**

1	Hutchings, Dick	77	Worcester Area M-2	13:49.82
	45.21	1:35.73	2:28.46	3:21.15
	4:14.76	5:08.45	6:01.13	6:54.38
	7:46.66	8:39.08	9:32.15	10:24.20
	11:16.59	12:08.61	13:00.39	13:49.82
2	Mitchell, Jack	79	Sarasota YMCA Sh-1	21:47.34
	1:16.45	2:40.96	4:04.50	5:27.98
	6:52.62	8:15.03	9:37.15	10:58.14
	12:19.01	13:43.18	15:03.58	16:27.53
	17:48.45	19:11.73	20:32.15	21:47.34

**Men 75-79 50 SC Meter Backstroke****WORLD: 35.51 W 11/16/08 YOSHI OYAKAWA****NATL: 35.22 N 10/14/18 RICHARD BURNS****ZONECHAMPS: 42.88 Z 1/1/01 William Haynes**

1	Vail, David	75	Maine Masters Sw-2	40.55Z
2	Cooke, Andrew	75	Maine Masters Sw-2	44.35
3	Rupert, Bill	75	Maine Masters Sw-2	45.58
4	Hutchings, Dick	77	Worcester Area M-2	50.16
5	Pope, James A	76	Lowell YMCA Flip-2	50.45
6	Putz, Bob	75	Simon's Rock Pac-2	1:09.37
7	Roccabello, John	75	SwimRI-2	1:22.89
8	Mitchell, Jack	79	Sarasota YMCA Sh-1	1:30.74

**Men 75-79 100 SC Meter Backstroke****WORLD: 1:18.47 W 12/6/09 BURWELL JONES****NATL: 1:17.58 N 10/13/18 RICHARD BURNS****ZONECHAMPS: 1:33.86 Z 1/1/01 William Haynes**

1	Cooke, Andrew	75	Maine Masters Sw-2	1:42.50
	49.55	1:42.50		
2	Rupert, Bill	75	Maine Masters Sw-2	1:44.14
	51.05	1:44.14		
3	Pope, James A	76	Lowell YMCA Flip-2	1:47.53
	52.22	1:47.53		
4	Hutchings, Dick	77	Worcester Area M-2	1:50.23
	54.19	1:50.23		
5	Putz, Bob	75	Simon's Rock Pac-2	2:38.67
	1:14.53	2:38.67		
6	Roccabello, John	75	SwimRI-2	2:51.09
	1:24.42	2:51.09		
7	Mitchell, Jack	79	Sarasota YMCA Sh-1	3:22.30

**Men 75-79 200 SC Meter Backstroke****WORLD: 2:49.20 W 11/22/09 BURWELL JONES****NATL: 2:49.20 N 11/22/09 BURWELL JONES****ZONECHAMPS: 3:26.29 Z 1/1/01 William Haynes**

1	Vail, David	75	Maine Masters Sw-2	3:18.71Z
	47.25	1:38.27	2:30.41	3:18.71
2	Pope, James A	76	Lowell YMCA Flip-2	3:44.25
	52.88	3:44.25		
3	Rupert, Bill	75	Maine Masters Sw-2	3:45.33
	51.35	1:49.06	2:48.31	3:45.33
4	Hutchings, Dick	77	Worcester Area M-2	3:53.59
	53.88	1:52.72	2:54.33	3:53.59

5	Roccabello, John	75	SwimRI-2	5:34.56
	1:21.95	2:49.35	4:13.32	5:34.56
6	Putz, Bob	75	Simon's Rock Pac-2	5:38.02
	1:18.68	2:47.67	4:16.88	5:38.02
7	Mitchell, Jack	79	Sarasota YMCA Sh-1	6:25.32
	1:34.63	3:11.39	4:47.63	6:25.32

**Men 75-79 50 SC Meter Breaststroke****WORLD: 38.35 W 7/24/16 MIKE FRESHLEY****NATL: 38.35 N 7/24/16 MIKE FRESHLEY****ZONECHAMPS: 42.81 Z 1/1/03 Charles Urstadt**

1	Cooke, Andrew	75	Maine Masters Sw-2	45.08
2	Hutchings, Dick	77	Worcester Area M-2	1:03.67
3	Putz, Bob	75	Simon's Rock Pac-2	1:11.56
4	Mitchell, Jack	79	Sarasota YMCA Sh-1	2:37.11
---	Roccabello, John	75	SwimRI-2	DQ

**Men 75-79 100 SC Meter Breaststroke****WORLD: 1:25.38 W 7/22/16 MIKE FRESHLEY****NATL: 1:25.38 N 7/22/16 MIKE FRESHLEY****ZONECHAMPS: 1:41.21 Z 12/9/16 Michael Laux**

1	Cooke, Andrew	75	Maine Masters Sw-2	1:41.88
	47.61	1:41.88		
2	Laux, Michael A	77	Connecticut Mast-5	1:44.60
	50.02	1:44.60		

**Men 75-79 50 SC Meter Butterfly****WORLD: 32.93 W 3/11/12 HIROSHI MATSUMOTO****NATL: 33.03 N 7/24/16 MIKE FRESHLEY****ZONECHAMPS: 46.20 Z 1/1/08 Kenneth Dawson**

1	Vail, David	75	Maine Masters Sw-2	39.00Z
2	Laux, Michael A	77	Connecticut Mast-5	40.62
3	Read, Philip	76	Great Bay Master-2	1:01.02

**Men 75-79 100 SC Meter IM****WORLD: 1:17.58 W 7/23/16 MIKE FRESHLEY****NATL: 1:17.58 N 7/23/16 MIKE FRESHLEY****ZONECHAMPS: 1:27.60 Z 1/1/07 Edward Breisacher**

1	Vail, David	75	Maine Masters Sw-2	1:31.07
	42.43	1:31.07		
2	Cooke, Andrew	75	Maine Masters Sw-2	1:37.92
	46.98	1:37.92		
3	Laux, Michael A	77	Connecticut Mast-5	1:40.44
	49.74	1:40.44		
4	Pope, James A	76	Lowell YMCA Flip-2	1:50.76
	49.69	1:50.76		
5	Hutchings, Dick	77	Worcester Area M-2	1:56.17
	54.13	1:56.17		
6	Smith, Starbuck	75	Simon's Rock Pac-2	2:12.18
	1:03.95	2:12.18		
7	Read, Philip	76	Great Bay Master-2	2:13.61
	57.13	2:13.61		

**Men 75-79 200 SC Meter IM****WORLD: 2:55.45 W 7/24/16 MIKE FRESHLEY****NATL: 2:55.45 N 7/24/16 MIKE FRESHLEY****ZONECHAMPS: 3:46.36 Z 12/8/17 James Pope**

1	Pope, James A	76	Lowell YMCA Flip-2	3:54.85
	52.64	1:48.97	3:00.49	3:54.85



## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**(Men 75-79 200 SC Meter IM)**

2	Rupert, Bill	75	Maine Masters Sw-2	4:17.03
	1:01.30	2:01.63	3:22.20	4:17.03
3	Read, Philip	76	Great Bay Master-2	4:57.31
	1:08.44	2:25.04	3:55.97	4:57.31

**Men 75-79 400 SC Meter IM**

**WORLD: 6:29.29 W 7/22/16 MIKE FRESHLEY**

**NATL: 6:29.29 N 7/22/16 MIKE FRESHLEY**

**ZONECHAMPS: 8:40.95 Z 12/11/10 Itamar Kutai**

1	Pope, James A	76	Lowell YMCA Flip-2	8:39.54Z
	56.83	2:04.88	3:07.50	4:10.70
	5:27.05	6:44.05	7:42.70	8:39.54

**Women 100-119 200 SC Meter Freestyle Relay**

**WORLD: 1:45.93 W 3/31/96 MICHIGAN -USA**

**D BURRELL, S DEVLIN, M MUETING, S TAORMINA**

**NATL: 1:45.93 N 3/31/96 MICHIGAN MASTERS**

**D BURRELL, S DEVLIN, M MUETING, S TAORMINA**

1	Charles River Ma-2	A		1:59.19
	1) Aubin, Alana W28	2) Hudak, Joan A W29		
	3) Ryabin, Jessica W24	4) Smith, Molly W27		
	30.34	59.83	1:29.75	1:59.19

**Women 100-119 200 SC Meter Medley Relay**

**WORLD: 1:58.90 W 11/27/15 NEVA STARS -RUS**

**E KARETINA, A POLIAKOVA, A KUZMICHEVA, E SHERSHEN**

**NATL: 2:02.98 N 12/1/12 THE OLYMPIC CLUB**

**O'DONNELL-MCCARTH, K HOUSTON, E REILLY, C DAVIDOFF**

1	Worcester Area M-2	A		2:47.44
	1) Caron, Danielle M W27	2) Daigle, Jessica W23		
	3) Ryan, Allison T W24	4) Forté, Marta W31		
	36.42	1:21.45	1:57.55	2:47.44

**Women 100-119 400 SC Meter Medley Relay**

**WORLD: 4:14.24 W 9/23/15 RENAISSANCE -JPN**

**A WATANABE, Y YAMAGUCHI, M HIRANO, M MITA**

**NATL: 4:34.40 N 11/21/10 ARIZONA MASTERS**

**K HARRIGAN, H CALDAS, L URBATCHKA, W WARMAN**

1	Charles River Ma-2	A		5:03.50
	1) Hudak, Joan A W29	2) Smith, Molly W27		
	3) Mills, Heather W35	4) Ryabin, Jessica W24		
	36.74	1:17.07	1:54.84	2:37.04
	3:13.50	3:58.03	4:29.32	5:03.50

**Women 120-159 200 SC Meter Freestyle Relay**

**WORLD: 1:44.88 W 11/30/14 TSUNAMI -RUS**

**I SHLEMOVA, L YUDINA, E YUDINA, S KNIAGININA**

**NATL: 1:51.99 N 11/13/11 RED TIDE OF NYC**

**K MOUGHTY, N JO, K GARY, S WAGER**

1	SwimRI-2	A		2:03.13
	1) Nappi, Keri W40	2) Winslow, Stephanie W37		
	3) Bonin, Angelina W33	4) Ireland, Heather W28		
	29.38	1:02.22	1:34.41	2:03.13
2	Great Bay Master-2	D		2:05.30
	1) McGrail, Crystie W34	2) Weeman, Sarah A W38		
	3) Mack, Tara J W46	4) Trutor, Kristine L W30		
	30.60	1:02.64	1:35.51	2:05.30

3	Charles River Ma-2	B		2:09.51
	1) Howell, Ginger B W33	2) Fletcher, Alyson W33		
	3) Su, Cindy W24	4) Downing, Jennifer W40		
	31.22	1:03.70	1:38.30	2:09.51
4	Great Bay Master-2	E		2:34.30
	1) Cook, Emily L W32	2) Miller, Melody W24		
	3) Downey, Sarah J W49	4) Salinger, Melissa W40		
	39.22	1:15.75	1:55.37	2:34.30

**Women 120-159 400 SC Meter Freestyle Relay**

**WORLD: 4:00.78 W 10/30/16 TEDDINGTON MASTERS**

**Z LIOKALOS, L KEARNS, H LOUGHLIN, G HEYN**

**NATL: 4:09.95 N 12/7/08 RED TIDE OF NYC**

**S WAGER, K MCPHERSON, T SHPAIZER, K GARY**

1	Charles River Ma-2	A		4:31.66
	1) Howell, Ginger B W33	2) Downing, Jennifer W40		
	3) Hudak, Joan A W29	4) Aubin, Alana W28		
	33.89	1:12.88	1:45.16	2:20.21
	2:51.56	3:28.63	3:59.00	4:31.66

**Women 120-159 200 SC Meter Medley Relay**

**WORLD: 1:56.67 W 11/28/14 TSUNAMI -RUS**

**S KARPEEVA, S KNIAGININA, I SHLEMOVA, L YUDINA**

**NATL: 2:04.31 N 12/13/09 RED TIDE OF NYC**

**K GARY, T SHPAIZER, F WILLEBOORDSE, S WAGER**

1	Umac-Terrapin Ma-10	A		2:11.92
	1) Randolph, Courtney M W27	2) Tonelli, Marlana W30		
	3) Rose, Laura C W32	4) Grover, Mollie K W37		
	32.20	1:09.73	1:43.64	2:11.92
2	Charles River Ma-2	A		2:15.43
	1) Hudak, Joan A W29	2) Downing, Jennifer W40		
	3) Aubin, Alana W28	4) Smith, Molly W27		
	34.59	1:12.81	1:44.98	2:15.43
3	Connecticut Mast-5	C		4:47.64
	1) Duguay, Melissa W31	2) Perkins, Sarah K W34		
	3) King, Sarah C W35	4) Poginy, Tina W47		
	29.93	45.99	2:20.15	4:47.64

**Women 120-159 400 SC Meter Medley Relay**

**WORLD: 4:24.80 W 10/28/17 TEDDINSTON MASTERS**

**H LOUGHLIN, G HEYN, R NEWSON, Z LIOKALOS**

**NATL: 4:33.44 N 12/6/09 MISSION VIEJO MASTERS**

**A SUE OSBORN, C LEWIS, R OLSEN, K FRITH**

1	Charles River Ma-2	B		5:11.21
	1) Downing, Jennifer W40	2) Fletcher, Alyson W33		
	3) Howell, Ginger B W33	4) Aubin, Alana W28		
	37.96	1:18.23	1:34.62	2:00.21
	2:47.50	3:23.50	4:07.13	5:11.21
2	Great Bay Master-2	B		5:20.00
	1) Trutor, Kristine L W30	2) Cook, Emily L W32		
	3) McGrail, Crystie W34	4) Weeman, Sarah A W38		
	35.53	1:13.56	1:57.38	2:46.72
	3:23.55	4:08.20	4:41.66	5:20.00

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Women 160-199 200 SC Meter Freestyle Relay**

**WORLD: 1:48.08 W 11/10/13 NORTH CAROLINA MASTERS**  
**SUE WALSH, JEN STRINGER, ALICIA UHL, ERIKA BRAUN**  
**NATL: 1:48.08 N 11/10/13 NORTH CAROLINA MASTERS**  
**S WALSH, J STRINGER, A UHL, E BRAUN**

1	Granite State Pe-2	A	2:11.32
	1) Williams, Melinda B W37	2) Lunn Owen, Molly W29	
	3) Baudis, Christina H W42	4) Crusco, Kysa M W42	
	32.11	1:05.80	1:39.78 2:11.32
2	North Suburban Y-2	A	2:13.73
	1) Scott, Elizabeth F W56	2) O'Connor, Brooke M W44	
	3) Eggimann, Beth H W57	4) Nihan, Lianne E W30	
	32.38	1:06.36	1:44.41 2:13.73
3	Charles River Ma-2	C	2:22.68
	1) Garland, Sue W49	2) Mills, Heather W35	
	3) Middlebrook, Darby W23	4) Twomey, Maura W62	
	34.72	1:06.24	1:37.67 2:22.68
4	Minuteman Master-2	A	2:32.86
	1) Wellman, Meghan A W32	2) Spitz, Lisa W42	
	3) Ruggiero, Terri W58	4) McNamara, Marianne W54	
	35.22	1:16.28	1:56.20 2:32.86

**Women 160-199 400 SC Meter Freestyle Relay**

**WORLD: 4:03.25 W 12/13/09 RED TIDE OF NYC -USA**  
**F WILLEBOORDSE, J KELSEY, S WAGER, K GARY**  
**NATL: 4:03.25 N 12/13/09 RED TIDE OF NYC**  
**F WILLEBOORDSE, J KELSEY, S WAGER, K GARY**

1	Landshark Master-8	A	4:35.53
	1) Orben, Erin W34	2) Lovett, Mandy W43	
	3) Messenlehner, Carina N W4	4) Krause, Mary Kay W41	
	31.86	1:05.87	1:42.91 2:23.02
	2:55.81	3:32.16	4:01.82 4:35.53
2	Granite State Pe-2	A	4:40.42
	1) Williams, Melinda B W37	2) Mareb, Karen M W60	
	3) Stokes, Karin W57	4) Crusco, Kysa M W42	
	32.91	1:07.41	1:40.42 2:16.66
	2:34.80	2:52.19	3:32.17 4:40.42

**Women 160-199 800 SC Meter Freestyle Relay**

**WORLD: 8:56.55 W 12/13/09 RED TIDE OF NYC -USA**  
**J KELSEY, F WILLEBOORDSE, S WAGER, K GARY**  
**NATL: 8:56.55 N 12/13/09 RED TIDE OF NYC**  
**J KELSEY, F WILLEBOORDSE, S WAGER, K GARY**

1	Landshark Master-8	A	10:22.27
	1) Krause, Mary Kay W41	2) Lovett, Mandy W43	
	3) Messenlehner, Carina N W4	4) Orben, Erin W34	
	33.93	1:10.71	1:47.48 2:22.99
	3:03.51	3:47.51	4:32.72 5:15.89
	5:51.25	6:30.38	7:10.32 7:51.79
	8:11.84	9:05.58	9:44.81 10:22.27

**Women 160-199 200 SC Meter Medley Relay**

**WORLD: 2:00.84 W 5/8/16 HELSINGBERGS SIMSALLSIF**  
**N WAHLBERG, L KARLSSON, J SJOBERG, H ABERG**  
**NATL: 2:06.09 N 10/5/03 SAN DIEGO SWIM MASTERS**  
**K PIPES-NEILSEN, C KRATTLI, J COOVER, V DAVIDSON**

1	Granite State Pe-2	A	2:29.11
	1) Stokes, Karin W57	2) Estel, Beth A W62	
	3) Williams, Melinda B W37	4) Crusco, Kysa M W42	
	42.19	1:22.53	1:57.93 2:29.11
2	North Suburban Y-2	A	2:47.19
	1) Scott, Elizabeth F W56	2) Saltojanas, Denise W45	
	3) O'Connor, Brooke M W44	4) Samson, Vivian W42	
	41.36	1:29.15	2:15.09 2:47.19

**Women 160-199 400 SC Meter Medley Relay**

**WORLD: 4:33.15 W 5/20/18 RYOGOKU KINGYO -JP**  
**M AZEYANAGI, H MATSUDA, M TSUKIOKA, M IWASHITA**  
**NATL: 4:43.31 N 12/15/98 SAN DIEGO SWIM MASTERS**  
**K PIPES-NEILSEN, C KRATTLI, B DUNBAR, B KNIGHT**

1	Landshark Master-8	A	5:18.76
	1) Krause, Mary Kay W41	2) Lovett, Mandy W43	
	3) Orben, Erin W34	4) Messenlehner, Carina N W4	
	38.41	1:17.16	2:02.33 2:53.51
	3:28.58	4:08.59	4:41.27 5:18.76
2	Great Bay Master-2	C	6:10.97
	1) Miller, Melody W24	2) Grant, Karen W55	
	3) Pentheny, Gail H W56	4) Gallagher, Sally L W57	
	43.14	1:29.00	1:48.00 2:14.73
	3:05.68	3:52.23	4:46.19 6:10.97
3	Minuteman Master-2	A	6:35.37
	1) Ruggiero, Terri W58	2) McNamara, Marianne W54	
	3) Wellman, Meghan A W32	4) Spitz, Lisa W42	
	50.07	1:42.76	2:30.91 3:25.43
	4:09.92	5:04.39	5:47.69 6:35.37
4	Connecticut Mast-5	D	6:40.18
	1) Duguay, Melissa W31	2) Moss, Pam Henry W56	
	3) Sega, Ally W45	4) Suleski, Veronica M W36	
	50.92	1:42.53	2:29.44 3:23.05
	4:14.40	5:11.66	5:52.36 6:40.18

**Women 200-239 200 SC Meter Freestyle Relay**

**WORLD: 1:55.60 W 11/7/15 NORTH TEXAS MASTERS**  
**M REA, S STONE, L MORRISON, K HENDERSON**  
**NATL: 1:55.60 N 11/7/15 North Texas Lonestars**  
**M REA, S STONE, L MORRISON, K HENDERSON**

1	Worcester Area M-2	A	2:14.71
	1) Witkus, Marcia A W48	2) Dickson, CJ W55	
	3) Delorey, Laura E W56	4) Pasquale, Mary M W52	
	31.80	1:07.44	1:40.14 2:14.71
2	Great Bay Master-2	B	2:23.23
	1) Gallagher, Sally L W57	2) Thomas, Mary W56	
	3) Grant, Karen W55	4) Pentheny, Gail H W56	
	37.01	1:14.63	1:47.97 2:23.23

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Women 200-239 400 SC Meter Freestyle Relay**

WORLD: 4:20.26 W 10/27/17 BARNET COPT -GBR

C PORTER, M CANNON, C JACKSON, L DAWSON

NATL: 4:21.32 N 11/22/15 PUGET SOUND MASTERS

C DAVIS, Z COURTNEY, L DOHERTY, A MOORHEAD

1	Worcester Area M-2	A		5:07.57
	1) Pasquale, Mary M W52	2) Witkus, Marcia A W48		
	3) Delorey, Laura E W56	4) Dickson, CJ W55		
	36.08 1:17.08	1:51.22 2:30.06		
	2:49.16 3:05.65	3:45.06 5:07.57		
2	Great Bay Master-2	A		5:46.13
	1) Cook, Emily L W32	2) Pentheny, Gail H W56		
	3) Thomas, Mary W56	4) Gallagher, Sally L W57		
	40.19 1:25.52	1:44.19 2:05.08		
	2:48.13 3:06.69	3:31.95 5:46.13		
3	Charles River Ma-2	B		5:48.49
	1) Jensen, Sue W58	2) Rourke, Lisa W56		
	3) Twomey, Maura W62	4) Garland, Sue W49		
	37.68 1:19.18	1:57.31 2:41.07		
	3:32.63 4:29.04	5:05.92 5:48.49		
4	Connecticut Mast-5	A		7:32.09
	1) King, Sarah C W35	2) Onton, Ann Louise W75		
	3) Sega, Ally W45	4) Edison, Cheryl S W56		
	1:04.98 2:18.65	3:18.08 4:28.24		
	5:16.30 6:05.92	6:46.53 7:32.09		

**Women 200-239 100 SC Meter Medley Relay Time Trial****- Time Trial**

1	Worcester Area M-2	A		1:25.23
	1) Dickson, CJ W55	2) Alperson, Nancy W42		
	3) Delorey, Laura E W56	4) Flynn, Sandra P W53		
	48.51 1:25.23			

**Women 200-239 200 SC Meter Medley Relay**

WORLD: 2:09.45 W 3/2/18 MASOR -NOR

L LOTHE, A SORESEN, J THORSTENSEN, B RIST

NATL: 2:13.25 N 11/7/15 North Texas Lonestars

S STONE, L MIZE, M REA, L MORRISON

1	Worcester Area M-2	B		2:51.82
	1) Dickson, CJ W55	2) Alperson, Nancy W42		
	3) Delorey, Laura E W56	4) Flynn, Sandra P W53		
	41.16 1:34.52	2:10.54 2:51.82		

**Women 200-239 400 SC Meter Medley Relay**

WORLD: 4:48.61 W 11/8/15 NORTH TEXAS MASTERS

S STONE, M REA, L MIZE, L MORRISON

NATL: 4:48.61 N 11/8/15 North Texas Lonestars

S STONE, M REA, L MIZE, L MORRISON

1	Granite State Pe-2	A		5:33.20
	1) Estel, Beth A W62	2) Mareb, Karen M W60		
	3) Baudis, Christina H W42	4) Stokes, Karin W57		
	41.69 1:25.27	1:41.14 2:06.80		
	2:51.76 3:30.78	4:15.55 5:33.20		
2	Worcester Area M-2	A		7:07.52
	1) Pasquale, Mary M W52	2) Alperson, Nancy W42		
	3) Dickson, CJ W55	4) Uffelmann, Elsie W60		
	43.40 1:31.24	1:50.66 2:27.86		
	3:32.89 4:18.81	5:10.33 7:07.52		

**Women 240-279 200 SC Meter Freestyle Relay**

WORLD: 2:02.15 W 11/11/17 NORTH TEXAS LONESTARS

K HENDERSON, L MORRISON, C MCKELVEY, M BAILEY

NATL: 2:02.15 N 11/11/17 NORTH TEXAS LONESTARS

K HENDERSON, L MORRISON, C MCKELVEY, M BAILEY

1	Pittsfield YMCA-2	A		2:41.49
	1) Dickson, Mary B W66	2) Brenner, Laurie W63		
	3) West, Barbara A W70	4) Dixon, Alison M W56		
	38.86 1:22.29	2:04.08 2:41.49		

**Women 240-279 400 SC Meter Freestyle Relay**

WORLD: 4:30.74 W 3/6/16 UCLA -USA

J HIRSTY, C CIRANLO, J COOK, V HIBBEN

NATL: 4:30.74 N 3/6/16 UCLA

J HIRSTY, C CIRAULO, J COOK, V HIBBEN

1	Pittsfield YMCA-2	A		6:09.93
	1) Dixon, Alison M W56	2) West, Barbara A W70		
	3) Brenner, Laurie W63	4) Dickson, Mary B W66		
	44.49 1:32.11	2:17.81 3:07.81		
	3:53.97 4:43.50	4:59.28 6:09.93		

**Women 240-279 800 SC Meter Freestyle Relay**

WORLD:10:25.22 W 11/8/15 NORTH TEXAS MASTERS

K HENDERSON, L MORRISON, H ERNST, J HIRSTY

NATL:10:25.22 N 11/8/15 North Texas Lonestars

K HENDERSON, L MORRISON, H ERNST, J HIRSTY

1	Pittsfield YMCA-2	A		13:15.11
	1) Brenner, Laurie W63	2) West, Barbara A W70		
	3) Dickson, Mary B W66	4) Dixon, Alison M W56		
	46.38 1:37.49	2:32.79 3:38.62		
	4:11.34 5:01.99	5:54.31 6:43.54		
	7:27.17 8:16.44	9:08.09 10:17.06		
	10:42.60	12:25.45 13:15.11		

**Women 240-279 200 SC Meter Medley Relay**

WORLD: 2:19.60 W 11/14/15 NORTH TEXAS LONESTARS

M BAILEY, K MACCUDY, L MORRISON, C MCKELVEY

NATL: 2:19.60 N 11/14/15 NORTH TEXAS LONESTARS

M BAILEY, K MACCUDY, L MORRISON, C MCKELVEY

1	Pittsfield YMCA-2	A		3:06.24
	1) Dixon, Alison M W56	2) Dickson, Mary B W66		
	3) Brenner, Laurie W63	4) West, Barbara A W70		
	48.08 1:32.31	2:24.38 3:06.24		
2	Great Bay Master-2	A		3:17.36
	1) Gallagher, Sally L W57	2) Thomas, Mary W56		
	3) Caron, Aagje A W77	4) Pentheny, Gail H W56		
	51.22	2:41.23 3:17.36		

**Women 240-279 400 SC Meter Medley Relay**

WORLD: 5:20.01 W 3/5/16 UCLA -USA

V HIBBEN, J COOK, C CIRAULO, J HIRSTY

NATL: 5:12.09 N 11/10/18 OREGON MASTERS

K ANDRUS-HUGHES, C CRABBE, L WORDEN, A DELMAGE

1	Pittsfield YMCA-2	A		7:06.17
	1) Dixon, Alison M W56	2) Dickson, Mary B W66		
	3) Brenner, Laurie W63	4) West, Barbara A W70		
	55.52 1:53.61	2:42.62 3:53.35		
	4:33.37 5:35.35	5:55.43 7:06.17		

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Men 72-99 200 SC Meter Freestyle Relay**

NATL: 1:36.70 N 11/19/17 PHOENIX SWIM CLUB

E WONG, K BARCINAS, S SAIKO, G GAMROTH

1	Charles River Ma-2	A		1:45.65
	1) Chelmow, Benjamin M26	2) Weis, Jason P M22		
	3) Park, Richard M26	4) Manion, William M25		
	27.69	54.49	1:22.08	1:45.65

**Men 72-99 400 SC Meter Medley Relay**

NATL: 3:56.49 N 10/12/13 SWIM FORT LAUDERDALE

V ANDRADE, K KERTESZ, E PAZOS, J ANDRADE

1	Charles River Ma-2	A		4:39.16
	1) Manion, William M25	2) Park, Richard M26		
	3) Weis, Jason P M22	4) Chin, Michael M23		
	28.62	58.52	1:35.84	2:19.20
	2:51.33	3:31.23	4:03.24	4:39.16

**Men 100-119 200 SC Meter Freestyle Relay**

WORLD: 1:30.73 W 12/12/09 OKUDINHAS -BRA

R WASSALL, L OKUDA, D BELINI, A REHDER

NATL: 1:31.58 N 12/6/15 GOLDEN ROAD AQUATICS

M MARSHALL, N KORTH, A ACEINO, I SERRANO

1	Worcester Area M-2	B		1:49.14
	1) O'Connor, James M21	2) Reimonn, Thomas M25		
	3) Mitchell, Craig M28	4) Blankenhorn, John M28		
	28.47	57.05	1:24.25	1:49.14

**Men 100-119 400 SC Meter Medley Relay**

WORLD: 3:43.64 W 11/24/13 FORD AQUATICS -USA

D TOWNSEND, M TITUS, T DEBERRY, C MILLER

NATL: 3:43.64 N 11/24/13 FORD AQUATICS

D TOWNSEND, M TITUS, T DEBERRY, C MILLER

1	Worcester Area M-2	C		5:19.63
	1) Reimonn, Thomas M25	2) McGahie, Brian M25		
	3) Mitchell, Craig M28	4) Hoppe, Alexander M39		
	36.38	1:16.54	1:32.46	1:57.45
	2:46.60	3:23.07	4:08.99	5:19.63

**Men 120-159 400 SC Meter Freestyle Relay**

WORLD: 3:23.55 W 5/20/18 JFE KEIHIN -JPN

R TAGUCHI, T TAKEMOTO, T UEKI, S UCHIYAMA

NATL: 3:23.69 N 12/5/09 SOUTHERN CAL AQUATIC M

D WEGNER, E HOCHSTEIN, E TOLMACHOFF, M MCGINNIS

1	Worcester Area M-2	B		4:06.28
	1) O'Connor, James M21	2) Blankenhorn, John M28		
	3) Moran, Daniel M M36	4) Hammond, Ben W M43		
	31.89	1:07.48	1:37.22	2:08.22
	2:35.37	3:04.66	3:32.65	4:06.28

**Men 120-159 200 SC Meter Medley Relay**

WORLD: 1:38.46 W 3/18/18 JFE KEIHIN -JPN

T TAKEMOTO, Y KANAYA, R TAGUCHI, S UCHIYAMA

NATL: 1:45.01 N 4/16/94 BAYLOR / LONE STAR

J YARID, G RHODENBAUGH, B PATTEN, M RHODENBAUGH

1	Worcester Area M-2	D		2:02.42
	1) Moran, Daniel M M36	2) Hammond, Ben W M43		
	3) Mitchell, Craig M28	4) Blankenhorn, John M28		
	31.20	1:04.50	1:37.86	2:02.42

2	Charles River Ma-2	A		2:06.73
	1) Manion, William M25	2) Van Greuning, Len M51		
	3) Park, Richard M26	4) Larzelere, Chip M54		
	26.67	1:03.43	1:33.66	2:06.73
3	OakSquare YMCA-2	A		2:16.19
	1) Duvall, Daniel M26	2) Norris, Daniel P M42		
	3) Piscitelli, Luke M25	4) Taylor, Giles M59		
	30.71	1:15.00	1:45.99	2:16.19

**Men 120-159 400 SC Meter Medley Relay**

WORLD: 3:40.00 W 5/20/18 JFE KEIHIN -JPN

T TAKEMOTO, H IKEGAMI, R TAGUCHI, S UCHIYAMA

NATL: 3:57.49 N 12/6/09 SOUTHERN CAL AQUATIC M

E HOCHSTEIN, D SCHLESINGER, E TOLMACHOFF, M CORNUE

1	Connecticut Mast-5	B		5:32.83
	1) Mehlhaff, Matthew S M39	2) Duguay, Robert E M33		
	3) Lampe, Joseph M40	4) Matzkevich, Gregory R M35		
	36.48	1:15.75	1:59.74	2:47.43
	3:29.94	4:21.80	4:54.49	5:32.83

**Men 160-199 200 SC Meter Freestyle Relay**

WORLD: 1:33.91 W 3/28/09 LAHDEN KALEVA -FIN

J VIRTANEN, T MATKANIEMI, A AILIO, T RUNDGREN

NATL: 1:35.44 N 11/16/08 LONGHORN AQUATICS

T BLESSING, M VAROZZA, A RASMUSSEN, M STINCHCOMBE

2	Berkeley (Nj) Aq-7	A		1:50.33
	1) Baptista, Lourival M46	2) Doyle, Benn W M60		
	3) McGiffin, Chris D M52	4) Materniak, Eric R M27		
	27.25	55.59	1:25.40	1:50.33
3	Great Bay Master-2	A		1:51.81
	1) Bailey, Jerry E M49	2) Davis, Guy M59		
	3) Gendreau, Edmund J M56	4) Schuster, Kevin M31		
	26.68	54.28	1:21.77	1:51.81
4	Simon's Rock Pac-2	A		2:01.09
	1) Meier, Bill R M57	2) Susse, Tim M32		
	3) Baden, Aaron K M42	4) Harke, Michael M44		
	30.83	1:02.12	1:33.43	2:01.09
5	Boston Lanes (Li-2)	A		2:10.70
	1) McNiece, Will M33	2) O'Brien, David P M62		
	3) Lawson, William J M38	4) Shea, William M57		
	38.97	1:08.93	1:41.93	2:10.70

**Men 160-199 400 SC Meter Freestyle Relay**

WORLD: 3:31.49 W 3/25/18 ASB NUOTO MASTERS -

G ERMETI, A MANIERO, M TERSAR, M GIALDI

NATL: 3:32.44 N 12/5/09 LONGHORN AQUATICS

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

1	SwimRI-2	A		3:54.12
	1) Wallace, Connor M32	2) Allen, Rob E M53		
	3) Gilson, Matthew R M51	4) Barnes, Chuck M42		
	29.02	1:00.33	1:29.46	2:01.61
	2:30.27	3:01.46	3:54.12	
2	Granite State Pe-2	B		4:15.01
	1) Tyler, Bob M56	2) Graham, David M44		
	3) Edsall, Tyler G M41	4) Ohman, Niclas K M44		
	28.84	59.84	1:32.58	2:09.36
	2:40.15	3:15.59	3:43.27	4:15.01

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## Results

**(Men 160-199 400 SC Meter Freestyle Relay)**

3 Connecticut Mast-5	B	4:42.85
1) Burbank, Gerald O M59	2) Wyckoff, Benjamin W M54	
3) Duguay, Robert E M33	4) Mehlhaff, Matthew S M39	
35.09	1:15.11	1:50.58 2:30.09
2:50.45	3:39.46	4:09.61 4:42.85

**Men 160-199 200 SC Meter Medley Relay**

**WORLD: 1:43.04 W 11/18/16 SIBMASTERS -RUS**

**S MAKOV, S GEYBEL, A PROKURATOV, V KRASAVIN**

**NATL: 1:45.13 N 11/16/08 LONGHORN AQUATICS**

**A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA**

1 Umac-Terrapin Ma-10	A	1:59.35
1) Laplante, Brett C M30	2) Goodison, Michael M46	
3) Strahota, Jeffrey R M38	4) Ellis, Andrew F M50	
30.50	1:02.50	1:31.53 1:59.35
2 SwimRI-2	A	2:00.49
1) Barnes, Chuck M42	2) Allen, Rob E M53	
3) Wallace, Connor M32	4) Gilson, Matthew R M51	
27.47	1:04.33	1:33.18 2:00.49
3 Granite State Pe-2	B	2:03.72
1) Tyler, Bob M56	2) Hersh, Craig M47	
3) Ohman, Niclas K M44	4) Graham, David M44	
34.40	1:06.54	1:34.59 2:03.72
4 Maine Masters Sw-2	A	2:10.41
1) Lecrone, Timothy J M46	2) Millett, Jon M53	
3) Morse, Benjamin M46	4) Waldfried, Carlo M50	
36.80	1:12.84	1:44.95 2:10.41
5 Charles River Ma-2	B	2:14.27
1) Rosado, Alex M33	2) Weissman, Greg M57	
3) Weis, Jason P M22	4) Davis, William M60	
38.92	1:13.90	1:45.23 2:14.27
6 Connecticut Mast-5	D	2:15.91
1) Mehlhaff, Matthew S M39	2) Duguay, Robert E M33	
3) Matzkevich, Gregory R M35	4) Doyle, Christopher J M54	
34.22	1:15.58	1:46.48 2:15.91
7 Simon's Rock Pac-2	A	2:17.82
1) Susse, Tim M32	2) Baden, Aaron K M42	
3) Harke, Michael M44	4) Thorp, Alexander R M48	
37.65	1:19.56	1:50.40 2:17.82

**Men 160-199 400 SC Meter Medley Relay**

**WORLD: 3:50.15 W 3/24/18 ASD NUOTO MASTERS**

**M TERSAR, A MANIERO, M EROLI, M GIALDI**

**NATL: 3:50.93 N 11/15/08 LONGHORN AQUATICS**

**A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA**

1 Berkeley (Nj) Aq-7	A	4:37.39
1) McGiffin, Chris D M52	2) Doyle, Benn W M60	
3) Materniak, Eric R M27	4) Baptista, Lourival M46	
38.31	1:18.96	1:55.30 2:37.21
3:04.89	3:38.04	4:06.42 4:37.39
2 Charles River Ma-2	B	4:56.22
1) Alexander, Mark E M60	2) Kwa, Ken K M45	
3) Chelmow, Benjamin M26	4) Van Greuning, Len M51	
34.69	1:12.36	1:55.02 2:41.98
3:15.11	3:54.67	4:24.11 4:56.22

3 NEM-U	C	5:09.95
1) Leake, Michael M40	2) Sellei, Greg J M50	
3) Moore, Jack F M55	4) Froh, Noah M21	
33.67	1:08.30	1:48.23 2:31.93
3:18.51	4:10.82	4:38.99 5:09.95

**Men 200-239 200 SC Meter Freestyle Relay**

**WORLD: 1:38.79 W 10/16/10 BLU FROG -USA**

**A GAINES, K SWITZER, M MIDDLETON, S WEISS**

**NATL: 1:38.79 N 10/16/10 BLU FROG TEAM**

**A GAINES, K SWITZER, M MIDDLETON, S WEISS**

1 Granite State Pe-2	B	1:51.28
1) Carroll, Stephen R M49	2) Hersh, Craig M47	
3) Plencner, Bob R M66	4) Ohman, Niclas K M44	
27.13	53.86	1:25.88 1:51.28
2 Worcester Area M-2	C	1:55.56
1) Hammond, Ben W M43	2) McGahie, Ted M59	
3) Allen, Tim M65	4) McCombs, Michael P M62	
26.62	55.92	1:26.41 1:55.56
3 Charles River Ma-2	B	2:05.10
1) Larzelere, Chip M54	2) Kwa, Ken K M45	
3) Van Greuning, Len M51	4) Alexander, Mark E M60	
33.59	1:07.67	1:35.41 2:05.10
4 SwimRI-2	C	2:06.07
1) Sayles, Douglas M51	2) Burks, Vincent P M58	
3) Porter, Jim K M49	4) Elturkmani, Majed M64	
30.57	1:02.81	1:34.48 2:06.07
5 Minuteman Master-2	B	2:20.77
1) Prescott, Al M50	2) Carroll, Marcus M58	
3) Keil, Mark A M65	4) Devlin, Mark A M55	
34.93	1:11.66	1:48.39 2:20.77
6 Great Bay Master-2	C	2:26.15
1) Cloitre, Christophe M43	2) Rooney, Alec M48	
3) Read, Philip M76	4) Lewis, John M M72	
30.36	1:04.20	1:28.00 2:26.15

**Men 200-239 400 SC Meter Freestyle Relay**

**WORLD: 3:40.26 W 10/15/11 BLU FROG TEAM -USA**

**C LYDECKER, R BOHLKEN, K SWITZER, A GAINES**

**NATL: 3:40.26 N 10/15/11 BLU FROG TEAM**

**C LYDECKER, R BOHLKEN, K SWITZER, A GAINES**

1 Worcester Area M-2	C	4:33.20
1) Ols, John T M52	2) McGahie, Ted M59	
3) Allen, Tim M65	4) McCombs, Michael P M62	
32.62	1:10.15	1:26.08 1:42.78
2:18.63	2:52.60	3:28.17 4:33.20
2 Simon's Rock Pac-2	A	5:01.22
1) Harke, Michael M44	2) Zelehoski, Raymond J M70	
3) Freed, Marc S M65	4) Thorp, Alexander R M48	
32.91	1:07.46	1:49.18 2:35.97
3:14.79	3:59.15	4:28.98 5:01.22
3 Charles River Ma-2	A	5:01.65
1) Larzelere, Chip M54	2) Kwa, Ken K M45	
3) Mills, Edward H M50	4) Van Greuning, Len M51	
40.29	1:25.42	2:02.17 2:40.64
3:19.32	4:01.06	4:30.93 5:01.65

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Men 200-239 100 SC Meter Medley Relay Time Trial  
- Time Trial**

1 Worcester Area M-2	B	1:09.14
1) Arsenault, Paul M57	2) McKenna, Thomas M67	
3) Ols, John T M52	4) McGahie, Ted M59	
40.14	1:09.14	

**Men 200-239 200 SC Meter Medley Relay**

WORLD: 1:49.42 W 12/1/12 LONGHORN AQUATICS

A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

NATL: 1:49.42 N 12/1/12 LONGHORN AQUATICS

A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

1 Worcester Area M-2	E	2:13.75
1) McCombs, Michael P M62	2) McGahie, Ted M59	
3) Allen, Tim M65	4) Brochu, Brian M48	
33.13	1:11.77	1:45.29
2 Minuteman Master-2	A	2:35.65
1) Keil, Mark A M65	2) Prescott, Al M50	
3) Devlin, Mark A M55	4) Broglio, Mike M47	
44.74	1:30.36	2:06.62

**Men 200-239 400 SC Meter Medley Relay**

WORLD: 3:59.68 W 12/2/12 LONGHORN AQUATICS

A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

NATL: 3:59.68 N 12/2/12 LONGHORN AQUATICS

A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

1 Great Bay Master-2	A	4:39.25
1) Bailey, Jerry E M49	2) Gendreau, Edmund J M56	
3) Davis, Guy M59	4) Cloitre, Christophe M43	
32.82	1:07.03	1:43.86
2:55.41	3:31.08	4:39.25
2 Worcester Area M-2	B	4:57.24
1) McGahie, Ted M59	2) Hammond, Ben W M43	
3) Ols, John T M52	4) Brochu, Brian M48	
38.30	1:17.57	1:53.09
3:11.30	3:53.97	4:23.91
3 Simon's Rock Pac-2	A	5:57.86
1) Boyd, Bronly S M74	2) Meier, Bill R M57	
3) Susse, Tim M32	4) Baden, Aaron K M42	
49.17	1:44.77	2:33.35
3:41.95	4:46.72	5:20.03
4 Minuteman Master-2	A	6:13.82
1) Keil, Mark A M65	2) Prescott, Al M50	
3) Devlin, Mark A M55	4) Carroll, Marcus M58	
46.43	1:36.10	2:23.89
3:57.37	4:45.55	5:02.98

**Men 240-279 200 SC Meter Freestyle Relay**

WORLD: 1:43.21 W 10/14/12 BLU FROG TEAM -USA

R ABRAHAMS, M MIDDLETON, L MEISENHEIMER, R BOGLKEN

NATL: 1:43.21 N 10/14/12 BLU FROG TEAM

R ABRAHAMS, M MIDDLETON, L MEISENHEIMER, R BOHLKEN

*1 Worcester Area M-2	D	2:08.61
1) Arsenault, Paul M57	2) Hutchings, Dick M77	
3) McKenna, Thomas M67	4) Brochu, Brian M48	
33.68	1:09.66	1:40.54

*1 Connecticut Mast-5	D	2:22.73
1) Wyckoff, Benjamin W M54	2) Epstein, Paul M M72	
3) Canning, Peter M60	4) Doyle, Christopher J M54	
32.07	1:12.65	1:50.71
2 Pittsfield YMCA-2	A	2:09.98
1) Crawford, Craig M48	2) Kolis, Steve M63	
3) RyanMann, Duncan P M65	4) Rogacki, Daniel J M71	
28.06	1:04.60	1:38.68

**Men 240-279 400 SC Meter Freestyle Relay**

WORLD: 3:56.97 W 10/14/12 BLU FROG TEAM -USA

R BOHLKEN, M MIDDLETON, L MEISENHEIMER, R ABRAHAMS

NATL: 3:56.97 N 10/14/12 BLU FROG TEAM

R BOHLKEN, M MIDDLETON, L MEISENHEIMER, R ABRAHAMS

1 Worcester Area M-2	D	5:19.45
1) Arsenault, Paul M57	2) Hutchings, Dick M77	
3) McKenna, Thomas M67	4) Stundtner, Matthew R M55	
40.01	1:26.30	2:06.00
3:24.27	3:59.95	4:36.65
2 Connecticut Mast-5	C	6:06.31
1) Lamontagne, Robert M60	2) Epstein, Paul M M72	
3) Canning, Peter M60	4) Barry, Michael F M63	
40.72	1:23.84	2:08.78
3:46.01	4:36.52	5:19.11

**Men 240-279 800 SC Meter Freestyle Relay**

WORLD: 8:50.43 W 12/4/15 VENTURA COUNTY MASTE

J MCCONICA, G GRUBER, M BLATT, M SHAFFER

NATL: 8:50.43 N 12/4/15 VENTURA COUNTY MASTE

J MC CONICA, G GRUBER, M BLATT, M SHAFFER

1 Pittsfield YMCA-2	A	11:15.39
1) Crawford, Craig M48	2) Kolis, Steve M63	
3) RyanMann, Duncan P M65	4) Rogacki, Daniel J M71	
32.75	1:08.77	1:45.26
2:41.18	3:02.54	3:47.95
5:21.63	6:01.96	6:48.42
8:25.80	9:02.84	9:46.97
2 Connecticut Mast-5	A	13:05.07
1) Doyle, Christopher J M54	2) Burbank, Gerald O M59	
3) Epstein, Paul M M72	4) Canning, Peter M60	
37.57	1:19.23	2:02.48
3:26.01	4:12.59	5:01.11
6:36.59	7:32.73	8:31.88
9:29.42	10:16.74	11:11.75

**Men 240-279 200 SC Meter Medley Relay**

WORLD: 1:57.52 W 11/20/16 PUGET SOUND MASTERS

C HAYNIE, R COLELLA, D GRAHAM, D HANNULA

NATL: 1:54.15 N 11/10/18 RICE AQUATIC MASTERS

J YARID, D GUTHRIE, J FIELDS, B WILLIAMS

1 Connecticut Mast-5	A	2:32.15
1) Burbank, Gerald O M59	2) Lamontagne, Robert M60	
3) Geoghegan, William J M68	4) Canning, Peter M60	
39.92	1:19.55	1:58.65
2 Worcester Area M-2	C	2:42.06
1) Arsenault, Paul M57	2) McKenna, Thomas M67	
3) Stundtner, Matthew R M55	4) Hutchings, Dick M77	
46.64	1:27.91	2:05.68

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Men 240-279 400 SC Meter Medley Relay**

WORLD: 4:23.96 W 11/19/16 PUGET SOUND MASTERS

C HAYNIE, R COLELLA, D GRAHAM, D HANNULA

NATL: 4:19.86 N 11/11/18 RICE AQUATIC MASTERS

J YARID, D GUTHRIE, J FIELDS, B WILLIAMS

1	Pittsfield YMCA-2	A	6:00.36
	1) RyanMann, Duncan P M65	2) Crawford, Craig M48	
	3) Rogacki, Daniel J M71	4) Kolis, Steve M63	
	46.00	1:32.58	2:13.96 2:59.24
	3:46.08	4:38.64	5:17.44 6:00.36
2	Connecticut Mast-5	C	6:00.72
	1) Burbank, Gerald O M59	2) Lamontagne, Robert M60	
	3) Geoghegan, William J M68	4) Canning, Peter M60	
	41.68	1:25.76	2:09.92 2:58.58
	3:42.68	4:33.06	5:13.97 6:00.72
3	Simon's Rock Pac-2	B	6:01.35
	1) Olander, John R M68	2) Zelehoski, Raymond J M70	
	3) Harke, Michael M44	4) Freed, Marc S M65	
	47.77	1:39.32	1:57.09 2:29.47
	3:25.27	4:39.85	5:17.13 6:01.35
4	SwimRI-2	C	7:35.12
	1) Burks, Vincent P M58	2) Elturkmani, Majed M64	
	3) Porter, Jim K M49	4) Roccabello, John M75	
	43.44	1:29.66	1:54.51 2:16.40
	4:41.30	5:54.89	7:35.12

**Men 280-319 200 SC Meter Freestyle Relay**

WORLD: 1:54.44 W 10/11/15 GOLD COAST MASTERS

K LODWIG, J SODERSTROM, L CHILDS, D QUIGGIN

NATL: 1:54.44 N 10/11/15 GOLD COAST MASTERS

K LODWIG, J SODERSTROM, L CHILDS, D QUIGGIN

1	Simon's Rock Pac-2	B	2:20.62
	1) Epstein, Daniel M68	2) Zelehoski, Raymond J M70	
	3) Boyd, Bronly S M74	4) Olander, John R M68	
	34.18	1:12.84	1:49.23 2:20.62

**Men 280-319 200 SC Meter Medley Relay**

WORLD: 2:12.76 W 3/15/15 PAINEIRAS DO MORUMBY

J ORLANDO LORO, A CARLOS ORSELLI, P MOTTA, G PAVET

NATL: 2:13.40 N 10/13/18 PALM BEACH MASTERS

R HEACOCK, G SCHMIDT, L CHILDS, D QUIGGIN

1	Simon's Rock Pac-2	B	2:49.07
	1) Epstein, Daniel M68	2) Smith, Starbuck M75	
	3) Zelehoski, Raymond J M70	4) Olander, John R M68	
	35.77	1:37.13	2:15.62 2:49.07

**Mixed 72-99 400 SC Meter Freestyle Relay**

NATL: 3:53.00 N 12/11/04 METRO MASTERS SWIM CL

PAUL BUREN, PAUL SCHNED, MEGAN GRIFFIS, ERIN ABBEY

1	Charles River Ma-2	A	4:00.55
	1) Manion, William M25	2) Ryabin, Jessica W24	
	3) Smith, Molly W27	4) Weis, Jason P M22	
	25.51	52.71	1:23.21 1:57.18
	2:27.67	3:00.53	3:28.86 4:00.55

**Mixed 72-99 400 SC Meter Medley Relay**

NATL: 4:20.54 N 12/6/09 ORANGE COAST MASTERS !

K RYAN, K MILLER, A AMR, K COLESEN

1	Worcester Area M-2	C	5:45.98
	1) Caron, Danielle M W27	2) McGahie, Kaitlin W23	
	3) Wild, Mark M27	4) O'Connor, James M21	
	39.14	1:20.98	2:03.95 2:53.52
	3:42.46	4:38.89	5:10.04 5:45.98

**Mixed 100-119 200 SC Meter Freestyle Relay**

WORLD: 1:39.37 W 11/29/14 POSEIDON -RUS

O KLIUCHNIKOVA, A TESLIK, A MARKOVA, A ZATCEPIN

NATL: 1:40.78 N 11/24/13 PHOENIX SWIM CLUB

H BEHM, J KONARZEWSKI, E CAMPBELL, N INADA

1	NEM-U	A	1:57.04
	1) Hatic, Meredith B W30	2) Hatic, Dana E W28	
	3) Cox, Parker M27	4) Latimer, Matthew M26	
	34.06	1:02.95	1:30.46 1:57.04
2	Worcester Area M-2	E	2:05.78
	1) Caron, Danielle M W27	2) Wild, Mark M27	
	3) McGahie, Kaitlin W23	4) McGahie, Brian M25	
	32.11	1:07.27	1:37.55 2:05.78
3	Charles River Ma-2	A	2:15.83
	1) Salcedo, Mary W30	2) Larzelere, Matthew M18	
	3) Rinaldo, Amy W32	4) Vanacore, Mark M29	
	49.68	1:11.67	1:45.27 2:15.83

**Mixed 100-119 400 SC Meter Freestyle Relay**

WORLD: 3:41.64 W 12/2/17 GOLDEN ROAD -USA

L IBANEZ LOPEZ, A ACEINO, M JEX, M MARSHALL

NATL: 3:41.64 N 12/2/17 GOLDEN ROAD AQUATICS

L IBANEZ LOPEZ, A ACEINO, M JEX, M MARSHALL

1	Worcester Area M-2	E	5:14.35
	1) Caron, Danielle M W27	2) Ryan, Allison T W24	
	3) Wild, Mark M27	4) Mitchell, Craig M28	
	34.46	1:14.28	1:51.29 2:33.26
	3:15.32	4:00.99	4:35.24 5:14.35
2	Charles River Ma-2	B	5:59.89
	1) Dennison, Laura M W34	2) Su, Cindy W24	
	3) Chelmow, Benjamin M26	4) Vanacore, Mark M29	
	1:08.53	2:24.76	3:04.04 3:47.05
	4:21.42	4:57.94	5:26.81 5:59.89

**Mixed 100-119 100 SC Meter Medley Relay Time Trial**

- Time Trial

1	Worcester Area M-2	C	1:27.30
	1) Caron, Danielle M W27	2) Ryan, Allison T W24	
	3) Wild, Mark M27	4) Mitchell, Craig M28	
	39.84	1:27.30	

**Mixed 100-119 200 SC Meter Medley Relay**

WORLD: 1:48.37 W 12/2/17 GOLDEN ROAD -USA

M ACEINO, L PECHMANN, A ACEINO, L IBANEZ LOPEZ

NATL: 1:48.37 N 12/2/17 GOLDEN ROAD AQUATICS

M ACEINO, L PECHMANN, A ACEINO, L IBANEZ LOPEZ

1	Charles River Ma-2	A	2:22.66
	1) Muthukumar, Prasanna Ku	2) Ryabin, Jessica W24	
	3) Howell, Ginger B W33	4) Vanacore, Mark M29	
	41.29	1:17.39	1:52.11 2:22.66

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Mixed 100-119 400 SC Meter Medley Relay**

WORLD: 4:05.65 W 1/25/14 DWK -NED

M ELLENKAMP, N VAN GEMERT, P GOUWENS, M VAN DEN BE  
NATL: 4:16.58 N 12/15/02 NEW ENGLAND MASTERS

B LO-PINTO, S MORAWSKI, J EADDY, J STOKES

1	OakSquare YMCA-2	A	5:14.68
	1) Kalsow, Andrea W28	2) Piscitelli, Luke M25	
	3) Maietta, Lauren W30	4) Pombriant, Alec M29	
	41.02 1:26.39	1:45.60 2:06.16	
	2:50.70 3:28.49	4:12.77 5:14.68	

**Mixed 120-159 200 SC Meter Freestyle Relay**

WORLD: 1:37.54 W 11/29/14 TSUNAMI -RUS

V CHERNYI, I SHLEMOVA, L YUDINA, S MUKHIN  
NATL: 1:41.37 N 12/10/00 EL SEGUNDO MASTERS

B BERGEN, P FRANCIS, D GRANER-GALLAS, D ROBINSON

1	Chelsea Piers fi-6	A	1:48.79
	1) Modrov, Drew M29	2) Sabala, Michael C M38	
	3) Sawicz, Kasia M W34	4) Willeboordse, Fall W52	
	22.49 49.62	1:21.29 1:48.79	
2	OakSquare YMCA-2	A	2:00.81
	1) Taylor, Giles M59	2) Maietta, Lauren W30	
	3) Kalsow, Andrea W28	4) Duvall, Daniel M26	
	30.52 1:02.37	1:35.50 2:00.81	
3	Connecticut Mast-5	C	2:13.76
	1) Gerard, William H M26	2) Guglielmo, Nicole W35	
	3) Duguay, Melissa W31	4) Matzkevich, Gregory R M35	
	28.82 1:03.65	1:44.38 2:13.76	
4	Worcester Area M-2	F	2:27.32
	1) Dillon, Sean M28	2) Ferrante, Krista W37	
	3) Alperson, Nancy W42	4) Mikuszewski, Paul M45	
	35.26 1:14.84	1:56.71 2:27.32	
5	Charles River Ma-2	B	3:39.46
	1) Dennison, Laura M W34	2) Shenouda, Baheya W70	
	3) Rosado, Alex M33	4) Chin, Michael M23	
	1:12.21 3:39.46		

**Mixed 120-159 400 SC Meter Freestyle Relay**

WORLD: 3:42.83 W 10/29/16 TEDDINGTON MASTERS

P GRIFFIN, G HEYN, Z LIOKALOS, L SMITH  
NATL: 3:51.21 N 12/5/09 THE OLYMPIC CLUB

C HESSLER, L WELTING, S GUZMAN, S GREENWOOD

1	Charles River Ma-2	C	7:18.91
	1) Udoji, Chinna W47	2) Pasterczyk, Christine W52	
	3) Larzelere, Matthew M18	4) Muthukumar, Prasanna Ku	
	1:26.62 3:05.40	3:46.08 4:32.26	
	5:09.38 5:50.33	6:06.08 7:18.91	

**Mixed 120-159 100 SC Meter Medley Relay Time Trial****- Time Trial**

1	King Fins Aquati-2	A	1:04.58
	1) O'Connor, Alison W25	2) Bruchez, Marjie W38	
	3) Correll, Sean M51	4) Lorson, Mark M33	
	36.81 1:04.58		

**Mixed 120-159 200 SC Meter Medley Relay**

WORLD: 1:47.51 W 11/23/13 PHOENIX SWIM CLUB -I

N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI  
NATL: 1:47.51 N 11/23/13 PHOENIX SWIM CLUB

N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI

1	Chelsea Piers fi-6	A	2:02.13
	1) Modrov, Drew M29	2) Sabala, Michael C M38	
	3) Sawicz, Kasia M W34	4) Willeboordse, Fall W52	
	25.88 1:01.12	1:33.91 2:02.13	
2	King Fins Aquati-2	A	2:12.90
	1) O'Connor, Alison W25	2) Bruchez, Marjie W38	
	3) Kulkarni, Apurva M31	4) Lorson, Mark M33	
	33.68 1:16.03	1:45.32 2:12.90	
3	Worcester Area M-2	F	2:25.44
	1) Pasquale, Mary M W52	2) Wild, Mark M27	
	3) Witkus, Marcia A W48	4) O'Connor, James M21	
	40.50 1:22.67	1:57.88 2:25.44	
4	Charles River Ma-2	B	2:39.71
	1) Pasterczyk, Christine W52	2) Larzelere, Matthew M18	
	3) Su, Cindy W24	4) Mills, Edward H M50	
	42.37 1:26.12	2:02.54 2:39.71	

**Mixed 120-159 400 SC Meter Medley Relay**

WORLD: 3:56.24 W 11/24/13 PHOENIX SWIM CLUB -I

N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI  
NATL: 3:56.24 N 11/24/13 PHOENIX SWIM CLUB

N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI

1	Umac-Terrapin Ma-10	A	4:32.22
	1) Randolph, Courtney M W27	2) Goodison, Michael M46	
	3) Laplante, Brett C M30	4) Rose, Laura C W32	
	33.77 1:07.38	1:41.87 2:21.62	
	2:50.77 3:25.43	3:57.07 4:32.22	
2	Charles River Ma-2	B	5:56.52
	1) Rosado, Alex M33	2) Rinaldo, Amy W32	
	3) Su, Cindy W24	4) Mills, Edward H M50	
	42.32 1:29.48	2:17.09 3:07.53	
	3:25.64 5:56.52		

**Mixed 160-199 200 SC Meter Freestyle Relay**

WORLD: 1:40.86 W 11/28/15 NEVA STARS -RUS

P LEBEDEV, A POLIAKOVA, O POZNIKOVA, V PREDKIN

R ABRAHAMS, S VON DER LIPPE, S HART, C O'SULLIVAN  
NATL: 1:42.03 N 11/22/09 COLORADO MASTERS SWIM

1	Landshark Master-8	A	1:50.62
	1) Kotkiewicz, Adam M41	2) Messenlehner, Carina N W42	
	3) Krause, Mary Kay W41	4) Lovett, Brian M44	
	25.96 56.52	1:25.43 1:50.62	
2	Umac-Terrapin Ma-10	A	1:56.76
	1) Strahota, Jeffrey R M38	2) Tonelli, Marlena W30	
	3) Grover, Mollie K W37	4) Ellis, Andrew F M50	
	26.96 59.42	1:28.54 1:56.76	
3	Connecticut Mast-5	A	2:02.46
	1) Lampe, Joseph M40	2) Sega, Ally W45	
	3) Mehlhaff, Matthew S M39	4) Fox, Amelia P W47	
	31.43 1:05.51	1:32.77 2:02.46	
4	Connecticut Mast-5	B	3:02.96
	1) Perkins, Sarah K W34	2) King, Sarah C W35	
	3) Geoghegan, William J M68	4) Burbank, Gerald O M59	
	1:00.64 1:57.91	2:30.02 3:02.96	



## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Mixed 160-199 400 SC Meter Freestyle Relay****WORLD: 3:46.01 W 11/21/09 COLORADO MASTERS SWIM****C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART****NATL: 3:46.01 N 11/21/09 COLORADO MASTERS SWIM****C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART**

1	King Fins Aquati-2	A		4:33.22
	1) Correll, Sean M51		2) O'Connor, Alison W25	
	3) Grasberger, Rhonda A W53		4) Lorson, Mark M33	
	31.05	1:06.00	1:36.16	2:10.37
	2:47.92	3:28.98	3:57.54	4:33.22

**Mixed 160-199 100 SC Meter Medley Relay Time Trial****- Time Trial**

1	Connecticut Mast-5	A		1:39.83
	1) Sega, Ally W45		2) Duguay, Robert E M33	
	3) King, Sarah C W35		4) Canning, Peter M60	
	46.79	1:39.83		
---	SwimRI-2	B		X1:08.53
	1) Winslow, Stephanie W37		2) Gilson, Matthew R M51	
	3) Wallace, Connor M32		4) Morse, Tim M70	
	35.77	1:08.53		

**Mixed 160-199 200 SC Meter Medley Relay****WORLD: 1:52.45 W 11/26/17 SIBMASTERS -RUS****S MAKOV, S GEIBEL, Y FROLOVA, M KUKSINA****NATL: 1:53.38 N 11/21/09 COLORADO MASTERS SWIM****S HART, S VON DER LIPPE, C O'SULLIVAN, R ABRAHAMS**

1	Landshark Master-8	A		2:02.67
	1) Kotkiewicz, Adam M41		2) Lovett, Brian M44	
	3) Orben, Erin W34		4) Krause, Mary Kay W41	
	29.47	1:01.88	1:33.92	2:02.67
2	Great Bay Master-2	B		2:36.41
	1) Kerkhove, Johan C M66		2) Cook, Emily L W32	
	3) Miller, Steve J M64		4) McGrail, Crystie W34	
	39.47	1:23.70	2:04.32	2:36.41
---	YMCA of Greater-2	A		X2:35.67
	1) Owens, Megan W30		2) Galvin, Denise W59	
	3) Baker, Jason M46		4) Modlinsky, Rachel W48	
	39.91	1:34.14	2:02.05	2:35.67

**Mixed 160-199 400 SC Meter Medley Relay****WORLD: 4:10.32 W 11/22/09 COLORADO MASTERS SWIM****S HART, S VON DER LIPPE, C O'SULLIVAN, R ABRAHAMS****NATL: 4:10.32 N 11/22/09 COLORADO MASTERS SWIM****S HART, S VON DER LIPPE, C O'SULLIVAN, R ABRAHAMS**

1	SwimRI-2	A		4:52.00
	1) Ireland, Heather W28		2) Allen, Rob E M53	
	3) Theroux, Trent M51		4) Bonin, Angelina W33	
	34.22	1:09.48	1:47.30	2:30.16
	3:02.33	3:40.47	4:00.39	4:52.00
2	Granite State Pe-2	C		5:11.79
	1) Williams, Melinda B W37		2) Hersh, Craig M47	
	3) Lunn Owen, Molly W29		4) Haring-Smith, Bob M66	
	37.67	1:16.37	1:50.26	2:29.77
	3:09.07	4:01.38	4:32.68	5:11.79

3	SwimRI-2	B		5:27.36
	1) Winslow, Stephanie W37		2) Card, Mathew C M31	
	3) Sayles, Douglas M51		4) Gurchiek, Mary W53	
	42.34	1:25.76	1:42.77	2:02.54
	2:45.58	3:21.32	4:03.27	5:27.36

4	Charles River Ma-2	A		6:36.61
	1) Twomey, Maura W62		2) Jensen, Sue W58	
	3) Vanacore, Mark M29		4) Larzelere, Matthew M18	
	56.39	1:56.70	2:43.26	3:36.10
	4:21.91	5:19.64	5:57.58	6:36.61

**Mixed 200-239 200 SC Meter Freestyle Relay****WORLD: 1:46.08 W 10/28/16 EAST LEEDS -GBR****P CLEMENCE, N WILLIAMS, D EMERSON, J HOYLE****NATL: 1:46.08 N 3/15/14 N CAROLINA MASTERS SWIM****ERIKA BRAUN, SUE WALSH, JON BLANK, JONATHAN KLEIN**

1	North Suburban Y-2	A		2:04.69
	1) Wettach, Gayle M W61		2) Judelson, David S M62	
	3) Samson, Vivian W42		4) Kishchenko, Roman M45	
	31.80	1:03.36	1:35.12	2:04.69
2	Abc Masters - Gr-2	B		2:15.55
	1) McClellan, John M57		2) Kripke, Liz W56	
	3) Currie, Aiyana W42		4) McMorro, Rob M52	
	31.08	1:11.47	1:47.31	2:15.55
3	Abc Masters - Gr-2	A		2:20.95
	1) DelPaine, Robert C M39		2) Randall, Romaine W61	
	3) Barlow, Jennifer W52		4) Belletete, Steve M52	
	33.59	1:11.80	1:49.18	2:20.95
4	Simon's Rock Pac-2	B		2:22.63
	1) Fleming, Jill M W57		2) Purdy, Neil D M58	
	3) St.Pierre-Sleboda, Cheryl M		4) Freed, Marc S M65	

**Mixed 200-239 400 SC Meter Freestyle Relay****WORLD: 3:56.10 W 12/14/14 NORTH CAROLINA MASTERS SWIM****E BRAUN, H STEWART, S WALSH, J KLEIN****NATL: 3:56.10 N 12/14/14 NORTH CAROLINA MASTERS SWIM****E BRAUN, H STEWART, S WALSH, J KLEIN**

1	SwimRI-2	B		5:37.83
	1) Winslow, Stephanie W37		2) Morse, Tim M70	
	3) Garr, Michael T M65		4) Gurchiek, Mary W53	
	36.42	1:17.31	1:33.49	1:57.37
	2:41.77	3:23.68	4:11.14	5:37.83
2	Kent Y Masters S-2	A		6:34.48
	1) Ryan, Keith M57		2) Davis Hayes, Catherine W5	
	3) Boisvert, Paul M61		4) Lorenson, Christina M W46	
	44.46	1:29.22	2:34.97	3:49.13
	4:25.99	5:14.50	5:51.85	6:34.48

**Mixed 200-239 100 SC Meter Medley Relay Time Trial****- Time Trial**

---	SwimRI-2	A		X1:09.86
	1) Barnes, Chuck M42		2) Allen, Rob E M53	
	3) Garr, Michael T M65		4) Gurchiek, Mary W53	
	31.28	1:09.86		

## 2018 NE-LMSC &amp; Colonies Zone SCM Championship - 12/7/18 to 12/9/18

## Results

**Mixed 200-239 200 SC Meter Medley Relay**

**WORLD: 1:57.65 W 10/14/12 BLU FROG TEAM -USA**  
**S HART, D CHANCE, M MIDDLETON, R ABRAHAMS**  
**NATL: 1:57.65 N 10/10/12 BLU FROG TEAM**  
**S HART, D CHANCE, M MIDDLETON, R ABRAHAMS**

1	SwimRI-2	B	2:22.24
	1) Lancaster, Jill W45	2) Bevilacqua, Joseph V M52	
	3) Elturkmani, Majed M64	4) Neuendorf, Donna M W50	
	35.37	1:16.35	1:52.51 2:22.24
2	Charles River Ma-2	C	2:41.87
	1) Alexander, Mark E M60	2) Kwa, Ken K M45	
	3) Garland, Sue W49	4) Twomey, Maura W62	
	34.13	1:15.97	1:56.60 2:41.87
3	SwimRI-2	C	2:50.72
	1) Gurchiek, Mary W53	2) Garr, Michael T M65	
	3) Winslow, Stephanie W37	4) Morse, Tim M70	
	46.72	1:33.59	2:13.43 2:50.72
4	Kent Y Masters S-2	A	3:24.85
	1) Ryan, Keith M57	2) Davis Hayes, Catherine W5	
	3) Lorenson, Christina M W46	4) Boisvert, Paul M61	
	49.60	2:10.82	2:49.00 3:24.85

**Mixed 200-239 400 SC Meter Medley Relay**

**WORLD: 4:23.63 W 10/11/15 ILLINOIS MASTERS -US**  
**J TUCHLER, D SIMS, A BLOCK, L DILLMANN**  
**NATL: 4:23.63 N 10/11/15 ILLINOIS MASTERS**  
**J TUCHLER, D SIMS, A BLOCK, L DILLMANN**

1	Worcester Area M-2	D	5:24.96
	1) McCombs, Michael P M62	2) Witkus, Marcia A W48	
	3) Delorey, Laura E W56	4) Allen, Tim M65	
	37.80	1:15.73	1:58.44 2:46.46
	3:25.36	4:12.06	4:47.43 5:24.96
2	Greater Holyoke-2	A	5:35.16
	1) Toner, Michelle A W38	2) Cochrane, Scott M66	
	3) Plate, Bruce T M52	4) FitzGerald, Mary P W51	
	44.34	1:29.54	2:14.92 3:05.06
	3:39.23	4:18.83	4:55.04 5:35.16
3	Great Bay Master-2	D	6:22.73
	1) Kerkhove, Johan C M66	2) Downey, Sarah J W49	
	3) Salinger, Melissa W40	4) Rooney, Alec M48	
	42.69	1:29.46	2:22.17 3:21.84
	4:06.98	5:00.13	5:37.90 6:22.73

**Mixed 240-279 200 SC Meter Freestyle Relay**

**WORLD: 1:52.68 W 11/14/15 NORTH TEXAS LONESTARS**  
**D MARTIN, T BARTON, C MCKELVEY, L MORRISON**  
**NATL: 1:52.68 N 11/14/15 NORTH TEXAS LONESTARS**  
**DOUG MARTIN, TOM BARTON, C MCKELVEY, LYNN MORRISON**

---	Maine Masters Sw-2	A	DQ
	1) Cooke, Andrew M75	2) Rupert, Bill M75	
	3) Crans, Mara W52	4) Uecker, Anne W58	
	38.59	1:20.61	1:57.66 DQ

**Mixed 240-279 100 SC Meter Medley Relay Time Trial**

1	Pittsfield YMCA-2	A	1:21.04
	1) RyanMann, Duncan P M65	2) Dickson, Mary B W66	
	3) Brenner, Laurie W63	4) Kolis, Steve M63	
	40.33	1:21.04	

**Mixed 240-279 200 SC Meter Medley Relay**

**WORLD: 2:07.54 W 11/22/15 PUGET SOUND MASTERS**  
**D GRAHAM, R COLELLA, L DAHL, C DAVIS**  
**NATL: 2:07.54 N 11/22/15 PUGET SOUND MASTERS**  
**D GRAHAM, R COLELLA, L DAHL, C DAVIS**

1	Maine Masters Sw-2	A	2:44.85
	1) Rupert, Bill M75	2) Cooke, Andrew M75	
	3) Uecker, Anne W58	4) Crans, Mara W52	
	45.47	1:30.02	2:08.18 2:44.85
2	Simon's Rock Pac-2	A	3:07.10
	1) Meier, Bill R M57	2) Erickson, Julia L W59	
	3) St.Pierre-Sleboda, Cheryl M	4) Boyd, Bronly S M74	
	45.88	1:46.71	2:30.06 3:07.10
3	Connecticut Mast-5	B	3:13.65
	1) Foster, Alexandra W60	2) Epstein, Paul M M72	
	3) Edison, Cheryl S W56	4) Wyckoff, Benjamin W M54	
	1:11.87	2:01.12	2:40.27 3:13.65

**Mixed 240-279 400 SC Meter Medley Relay**

**WORLD: 4:43.20 W 12/13/09 OREGON -USA**  
**K ANDRUS-HUGHES, A STARK, C CRABBE, D RADCLIFF**  
**NATL: 4:43.20 N 12/13/09 OREGON MASTERS**  
**K ANDRUS-HUGHES, A STARK, C CRABBE, D RADCLIFF**

1	Simon's Rock Pac-2	A	6:33.19
	1) Epstein, Daniel M68	2) Erickson, Julia L W59	
	3) St.Pierre-Sleboda, Cheryl M	4) Purdy, Neil D M58	
	38.95	1:20.75	2:24.44 4:20.38
	5:22.53	5:55.46	6:33.19
2	Connecticut Mast-5	E	7:43.36
	1) Guglielmo, Nicole W35	2) Wyckoff, Benjamin W M54	
	3) King, Sarah C W35	4) Doyle, Christopher J M54	
	52.14	1:44.34	2:29.43
			7:08.95 7:43.36

**Mixed 280-319 200 SC Meter Freestyle Relay**

**WORLD: 2:08.53 W 10/11/15 TAMALPAIS AQUATIC MASTERS**  
**R BURNS, L VAL, K FROST, N RIDOUT**  
**NATL: 2:08.53 N 10/11/15 TAMALPAIS AQUATIC MASTERS**  
**R BURNS, L VAL, K FROST, N RIDOUT**

1	Simon's Rock Pac-2	A	3:26.03
	1) Stephen, Mary G W76	2) Putz, Bob M75	
	3) Kraus, Rozann W68	4) Smith, Starbuck M75	
	51.72	1:53.03	2:38.94 3:26.03

**Mixed 280-319 200 SC Meter Medley Relay**

**WORLD: 2:22.04 W 9/27/15 TAMALPAIS AQUATIC MASTERS**  
**L VAL, K FROST, R BURNS, N RIDOUT**  
**NATL: 2:22.04 N 9/27/15 TAMALPAIS AQUATIC MASTERS**  
**L VAL, K FROST, R BURNS, N RIDOUT**

1	Simon's Rock Pac-2	B	3:46.33
	1) Stephen, Mary G W76	2) Putz, Bob M75	
	3) Freed, Marc S M65	4) Kraus, Rozann W68	
	1:06.71	2:15.13	3:00.71 3:46.33

**2018 NE-LMSC & Colonies Zone SCM Championship - 12/7/18 to 12/9/18****Results**

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**Mixed 280-319 400 SC Meter Medley Relay****WORLD: 5:21.37 W 10/11/15 TAMALPAIS AQUATIC MAS****L VAL, K FROST, R BURNS, N RIDOUT****NATL: 5:21.37 N 10/11/15 TAMALPAIS AQUATIC MAS****L VAL, K FROST, R BURNS, N RIDOUT**

1	Connecticut Mast-5	A			8:01.40
	1) Onton, Ann Louise W75	2) Epstein, Paul M M72			
	3) Edison, Cheryl S W56	4) Laux, Michael A M77			
	1:25.48	2:58.22	3:49.23	4:50.29	
		6:37.39	7:15.94	8:01.40	