

Colonies Zone Championship Records

Short Course Meters

Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
18-24	50 Free	26.63	Shana Welch	2008	23.12	Paul Buren	2003
18-24	100 Free	1:00.29	Kelly Bowman	2003	52.03	Paul Buren	2003
18-24	200 Free	2:10.67	Courtney Beidler	2015	2:00.46	Jonathan Dray	2017
18-24	400 Free	4:33.15	Emily Peters	1999	4:25.16	Spencer Coffin	2015
18-24	800 Free	9:24.49	Emily Peters	1999	9:18.40	Mark Tracy	2016
18-24	1500 Free	19:06.76	Joanne Sonberg	1997	17:57.81	Spencer Coffin	2015
18-24	50 Back	29.97	Olivia Trojbom	2021	27.12	Sidney Glass	2014
18-24	100 Back	1:07.98	Melanie Pascal	2013	58.49	Sidney Glass	2014
18-24	200 Back	2:28.29	Melanie Pascal	2013	2:09.70	James Boretti	2014
18-24	50 Breast	34.01	Ines Khiyara	2022	29.12	Luciano Galindo	2002
18-24	100 Breast	1:16.55	Ines Khiyara	2022	1:05.45	Luciano Galindo	2002
18-24	200 Breast	2:48.86	Molly Smith	2014	2:20.20	Benjamin Bauchwitz	2017
18-24	50 Fly	28.56	Olivia Trojbom	2021	25.16	Paul Buren	2003
18-24	100 Fly	1:06.67	Alana Aubin	2014	57.31	Paul Buren	2003
18-24	200 Fly	2:26.31	Kelsey Roggensack	2013	2:12.25	Benjamin Bauchwitz	2017
18-24	100 IM	1:07.56	Shana Welch	2008	59.80	Sidney Glass	2014
18-24	200 IM	2:21.59	Sara Daher	2019	2:12.32	James Boretti	2014
18-24	400 IM	5:00.78	Courtney Beidler	2014	4:47.83	Jonathan Dray	2017
25-29	50 Free	27.52	Katrine Alcaide	2010	22.29	Drew Modrov	2018
25-29	100 Free	59.45	Elizabeth Mancuso	2014	48.93	Drew Modrov	2017
25-29	200 Free	2:11.34	Elizabeth Mancuso	2013	1:49.30	Drew Modrov	2018
25-29	400 Free	4:32.84	Courtney Randolph	2018	3:52.83	Drew Modrov	2018
25-29	800 Free	9:45.98	Patricia Flynn	2003	8:17.22	Drew Modrov	2018
25-29	1500 Free	18:43.78	Bridget Robbins	1996	17:53.81	Chris Sullivan	2002
25-29	50 Back	31.64	Jenny Mooney	2004	25.63	Drew Modrov	2017
25-29	100 Back	1:06.51	Kate Hibbard	2010	53.43	David Russell	2015
25-29	200 Back	2:25.53	Kate Hibbard	2010	2:07.58	Eric Nilsson	2013
25-29	50 Breast	35.89	Kirsten Rasmuso	2010	28.75	Drew Modrov	2018
25-29	100 Breast	1:16.95	Courtney Randolph	2018	1:05.09	Jared Walkenhorst	2001
25-29	200 Breast	2:45.94	Molly Smith	2018	2:23.21	Steven Joe	2004
25-29	50 Fly	29.47	Elizabeth Mancuso	2014	24.45	Drew Modrov	2017
25-29	100 Fly	1:06.23	Elizabeth Mancuso	2014	54.61	Drew Modrov	2018
25-29	200 Fly	2:29.28	Elizabeth Mancuso	2013	2:02.97	Drew Modrov	2017
25-29	100 IM	1:08.23	Courtney Randolph	2019	56.33	Drew Modrov	2018
25-29	200 IM	2:24.39	Courtney Randolph	2018	2:07.61	Eric Nilsson	2013
25-29	400 IM	5:06.96	Courtney Randolph	2019	4:37.46	Eric Nilsson	2014

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
30-34	50 Free	26.51	Katrine Alcaide	2014	22.69	Drew Modrov	2019
30-34	100 Free	59.50	Elizabeth Mancuso	2015	49.58	Drew Modrov	2019
30-34	200 Free	2:10.60	Elizabeth Mancuso	2015	1:49.32	Drew Modrov	2019
30-34	400 Free	4:22.77	Erika Hansen	2003	3:53.95	Drew Modrov	2019
30-34	800 Free	9:06.49	Erika Hansen	2003	8:37.56	Eric Nilsson	2018
30-34	1500 Free	17:58.96	Laurie Hug	1999	16:05.18	Eric Nilsson	2021
30-34	50 Back	30.28	Christina Pansini Rose	2014	27.03	Curtis Sawin	2003
30-34	100 Back	1:07.09	Mollie Grover	2015	58.75	Curtis Sawin	2002
30-34	200 Back	2:25.19	Mollie Grover	2015	2:09.30	Eric Nilsson	2021
30-34	50 Breast	33.43	Katrine Alcaide	2015	29.20	Drew Modrov	2019
30-34	100 Breast	1:17.73	Elizabeth Mancuso	2016	1:06.31	Viktor Soldatov	2021
30-34	200 Breast	2:47.96	Courtney Randolph	2021	2:24.91	Viktor Soldatov	2021
30-34	50 Fly	29.03	Katrine Alcaide	2014	24.14	Drew Modrov	2019
30-34	100 Fly	1:06.27	Elizabeth Mancuso	2015	54.16	Marcos Lavado	2021
30-34	200 Fly	2:25.62	Ildiko Szekely	2013	2:03.46	Marcos Lavado	2021
30-34	100 IM	1:06.06	Katrine Alcaide	2014	58.62	Curtis Sawin	2001
30-34	200 IM	2:23.44	Elizabeth Mancuso	2016	2:08.95	Eric Nilsson	2021
30-34	400 IM	5:11.90	Courtney Randolph	2021	4:33.49	Eric Nilsson	2019
35-39	50 Free	26.91	Katrine Alcaide	2016	23.44	Michael Ross	2004
35-39	100 Free	1:00.16	Fall Willeboordse	2002	51.01	Ron Karnaugh	2003
35-39	200 Free	2:11.37	Laurie Hug	2000	1:51.54	Michael Ross	2004
35-39	400 Free	4:34.69	Laurie Hug	2003	4:01.78	Ron Karnaugh	2003
35-39	800 Free	9:23.08	Laurie Hug	2000	8:36.05	Eric Nilsson	2022
35-39	1500 Free	17:27.84	Laurie Hug	2000	17:02.96	Daniel Moran	2019
35-39	50 Back	32.05	Mollie Grover	2017	25.86	Michael Ross	2004
35-39	100 Back	1:07.21	Mollie Grover	2017	55.95	Michael Ross	2004
35-39	200 Back	2:25.57	Mollie Grover	2017	2:00.34	Ron Karnaugh	2002
35-39	50 Breast	35.35	Amanda Martin	2001	28.75	Ron Karnaugh	2002
35-39	100 Breast	1:18.46	Cheryl Conlin	2003	1:02.57	Ron Karnaugh	2002
35-39	200 Breast	2:51.13	Amanda Martin	2000	2:17.96	Ron Karnaugh	2002
35-39	50 Fly	29.52	Katrine Alcaide	2016	25.29	Michael Ross	2004
35-39	100 Fly	1:04.38	Ildiko Szekely	2015	56.32	Michael Ross	2004
35-39	200 Fly	2:22.52	Ildiko Szekely	2014	2:10.74	Eric Nilsson	2022
35-39	100 IM	1:09.59	Fall Willeboordse	2002	56.94	Ron Karnaugh	2003
35-39	200 IM	2:29.28	Vibeke Swanson	2000	2:03.29	Ron Karnaugh	2002
35-39	400 IM	5:15.70	Laurie Hug	2000	4:24.36	Ron Karnaugh	2003

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
40-44	50 Free	26.93	Anne McAndrew	2022	23.47	Michael Ross	2008
40-44	100 Free	58.70	Katie Grier	2019	50.43	Michael Ross	2008
40-44	200 Free	2:12.76	Vibeke Swanson	2001	1:50.08	Michael Ross	2008
40-44	400 Free	4:42.15	Rebecca Kalibat	2004	4:11.73	Patrick Brundage	2008
40-44	800 Free	9:57.15	Ildiko Szekely	2022	9:08.85	Michael Schmidt	2005
40-44	1500 Free	18:03.41	Laurie Hug	2008	17:53.15	Dave Holland	2008
40-44	50 Back	30.74	Kristin Gary	2008	26.56	Chris Stevenson	2008
40-44	100 Back	1:05.56	Kristin Gary	2009	54.85	Michael Ross	2008
40-44	200 Back	2:22.81	Kristin Gary	2008	2:04.96	Chris Stevenson	2008
40-44	50 Breast	33.61	Lisa Blackburn	2013	29.21	Blake Holden	2019
40-44	100 Breast	1:12.32	Lisa Blackburn	2013	1:03.78	Blake Holden	2019
40-44	200 Breast	2:53.00	Rainy Goodale	2010	2:20.51	Blake Holden	2019
40-44	50 Fly	29.90	Beth Baker	2001	24.91	Michael Ross	2008
40-44	100 Fly	1:06.07	Beth Baker	2001	56.99	Chris Stevenson	2008
40-44	200 Fly	2:26.01	Ildiko Szekely	2019	2:10.99	Chris Stevenson	2008
40-44	100 IM	1:05.77	Lisa Blackburn	2013	1:01.30	Patrick Brundage	2008
40-44	200 IM	2:28.10	Vibeke Swanson	2001	2:12.16	Patrick Brundage	2008
40-44	400 IM	5:13.86	Vibeke Swanson	2001	4:39.78	Patrick Brundage	2008
45-49	50 Free	26.42	Erika Braun	2018	24.01	Chuck Barnes	2021
45-49	100 Free	57.89	Erika Braun	2018	54.50	Stewart Carroll	2015
45-49	200 Free	2:14.01	Stephanie Stone	2015	1:57.98	Chuck Barnes	2022
45-49	400 Free	4:41.28	Stephanie Stone	2015	4:17.45	Stewart Carroll	2015
45-49	800 Free	9:44.52	Laurie Hug	2014	9:34.21	Steven Newman	2009
45-49	1500 Free	19:34.55	Rebecca Kalibat	2008	18:02.79	Jamie Hemmerle	2001
45-49	50 Back	31.14	Leslie Livingston	2010	27.16	Chuck Barnes	2021
45-49	100 Back	1:07.55	Erika Braun	2018	58.40	Chris Stevenson	2010
45-49	200 Back	2:25.62	Stephanie Stone	2015	2:07.55	Chris Stevenson	2010
45-49	50 Breast	34.92	Erika Braun	2018	29.83	Craig Crawford	2015
45-49	100 Breast	1:20.81	Rainy Goodale	2016	1:06.63	Craig Crawford	2015
45-49	200 Breast	2:54.48	Rainy Goodale	2016	2:28.98	Craig Crawford	2015
45-49	50 Fly	28.80	Erika Braun	2018	25.44	Chuck Barnes	2022
45-49	100 Fly	1:10.22	Leslie Livingston	2010	57.00	Chuck Barnes	2022
45-49	200 Fly	2:42.12	Laurie Hug	2014	2:11.40	Chris Stevenson	2010
45-49	100 IM	1:08.72	Erika Braun	2018	1:00.56	Scott Heber	2015
45-49	200 IM	2:31.99	Vibeke Swanson	2006	2:17.47	Scott Heber	2015
45-49	400 IM	5:19.58	Vibeke Swanson	2006	5:13.47	Brian Lovett	2019

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
50-54	50 Free	27.73	Leslie Livingston	2015	24.23	Steve Hiltabiddle	2018
50-54	100 Free	1:03.10	Maria Anderson	2014	53.92	Steve Hiltabiddle	2018
50-54	200 Free	2:20.30	Ellen Reynolds	2014	2:04.57	William Segal	2015
50-54	400 Free	4:46.11	Ellen Reynolds	2014	4:28.82	William Segal	2015
50-54	800 Free	9:35.39	Ellen Reynolds	2014	9:23.97	Patrick Autissier	2014
50-54	1500 Free	19:47.72	Nancy Steadman-Martin	2008	18:00.64	Robbie Allen	2019
50-54	50 Back	30.27	Leslie Livingston	2015	27.04	Fritz Bedford	2015
50-54	100 Back	1:10.91	Stephanie Stone	2017	1:04.21	Douglas Pride	2013
50-54	200 Back	2:26.67	Stephanie Stone	2017	2:15.90	Fritz Bedford	2013
50-54	50 Breast	36.71	Kim Crouch	2013	30.10	Scott Heber	2016
50-54	100 Breast	1:20.65	Kim Crouch	2013	1:08.27	Benn Doyle	2008
50-54	200 Breast	2:52.59	Kim Crouch	2013	2:32.78	Benn Doyle	2008
50-54	50 Fly	29.98	Leslie Livingston	2013	25.60	Steve Hiltabiddle	2018
50-54	100 Fly	1:10.97	Andrea Block	2014	59.18	Steve Hiltabiddle	2018
50-54	200 Fly	2:42.27	Nancy Steadman Martin	2007	2:27.07	Patrick Brundage	2021
50-54	100 IM	1:10.69	Leslie Livingston	2015	1:00.57	Scott Heber	2016
50-54	200 IM	2:36.22	Stephanie Stone	2017	2:13.50	David Sims	2014
50-54	400 IM	5:43.22	Nancy Steadman Martin	2007	4:49.49	David Sims	2014
55-59	50 Free	29.35	Fall Willeboordse	2022	24.88	Steve Hiltabiddle	2021
55-59	100 Free	1:05.16	Fall Willeboordse	2022	55.29	Steve Hiltabiddle	2021
55-59	200 Free	2:24.45	Nancy Steadman Martin	2009	2:03.41	Steven Unruh	2021
55-59	400 Free	4:53.27	Nancy Steadman Martin	2009	4:36.89	John Calvert	2001
55-59	800 Free	10:19.57	Katherine Branch	2013	9:34.94	John Calvert	2001
55-59	1500 Free	19:34.48	Nancy Steadman-Martin	2009	18:43.40	Jack Martin	2006
55-59	50 Back	37.67	Tracy Grilli	2013	27.86	Fritz Bedford	2018
55-59	100 Back	1:13.61	Fall Willeboordse	2022	1:07.76	Mark Pugliese	2007
55-59	200 Back	2:44.55	Nancy Steadman Martin	2009	2:31.64	Mark Alexander	2013
55-59	50 Breast	39.23	Karen Mareb	2015	33.03	Benn Doyle	2013
55-59	100 Breast	1:25.17	Karen Mareb	2013	1:13.24	Benn Doyle	2014
55-59	200 Breast	3:06.49	Karen Mareb	2015	2:39.45	Benn Doyle	2013
55-59	50 Fly	34.22	Gayle Wettach	2016	26.43	Steve Hiltabiddle	2021
55-59	100 Fly	1:18.97	Patricia Sullivan	2019	1:01.18	Bryan Tatterson	2019
55-59	200 Fly	2:47.89	Nancy Steadman Martin	2009	2:20.61	John Craig	2009
55-59	100 IM	1:16.41	Jenny Cook	2013	1:04.58	Fritz Bedford	2018
55-59	200 IM	2:50.09	Jenny Cook	2013	2:28.45	Edmund Gendreau	2018
55-59	400 IM	5:47.01	Nancy Steadman Martin	2009	5:31.03	Daniel Rogacki	2002

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
60-64	50 Free	29.65	Veronica Hibben	2016	26.89	Mark Tilley	2021
60-64	100 Free	1:04.76	Veronica Hibben	2016	1:01.78	Bob Tyler	2022
60-64	200 Free	2:25.83	Veronica Hibben	2016	2:17.53	Rick Walker	2010
60-64	400 Free	5:16.27	Tracy Grilli	2017	4:51.08	Rick Walker	2010
60-64	800 Free	10:50.98	Katherine Branch	2017	9:56.38	Rick Walker	2010
60-64	1500 Free	20:23.21	Katherine Branch	2017	20:01.48	John Chambers	2019
60-64	50 Back	35.89	Joan Pfinsgraff	2014	33.31	Michael McCombs	2018
60-64	100 Back	1:16.83	Joan Pfinsgraff	2014	1:12.36	Mark Alexander	2018
60-64	200 Back	2:44.59	Joan Pfinsgraff	2014	2:34.43	Mark Alexander	2018
60-64	50 Breast	38.97	Beth Estel	2016	34.10	Benn Doyle	2018
60-64	100 Breast	1:25.52	Karen Mareb	2018	1:15.88	Benn Doyle	2018
60-64	200 Breast	3:09.37	Karen Mareb	2018	2:46.92	Benn Doyle	2018
60-64	50 Fly	32.54	Veronica Hibben	2016	29.84	Mark Tilley	2021
60-64	100 Fly	1:21.83	Veronica Hibben	2016	1:07.40	Greg Shaw	2013
60-64	200 Fly	3:11.18	Sue Jensen	2021	2:48.40	Frank McElroy	2009
60-64	100 IM	1:18.76	Karen Mareb	2018	1:11.38	Jeff Naylor	2021
60-64	200 IM	2:54.83	Beth Estel	2016	2:32.68	Jeff Naylor	2018
60-64	400 IM	6:17.58	Shirley Loftus-Charley	2014	5:27.90	Greg Sanchez	2018
65-69	50 Free	32.34	Cecilia McCloskey	2019	27.26	Jim Dragon	2009
65-69	100 Free	1:11.41	Cecilia McCloskey	2017	1:04.38	John Radimer	2014
65-69	200 Free	2:41.91	Tracy Grilli	2022	2:23.22	David Oates	2015
65-69	400 Free	5:33.79	Tracy Grilli	2022	5:04.90	Frank McElroy	2013
65-69	800 Free	11:52.67	Tracy Grilli	2022	10:25.32	Frank McElroy	2013
65-69	1500 Free	22:56.72	Christie Hayes	2015	20:58.60	David Harrison	2002
65-69	50 Back	35.86	Cecilia McCloskey	2016	34.78	Richard Alexander	2009
65-69	100 Back	1:18.02	Cecilia McCloskey	2015	1:17.98	Daniel Rogacki	2015
65-69	200 Back	2:50.10	Cecilia McCloskey	2015	2:48.53	Fred Schlicher	2017
65-69	50 Breast	43.88	Barbara Hummel	2018	34.88	Jim Dragon	2009
65-69	100 Breast	1:30.99	Beth Estel	2021	1:23.69	Daniel Rogacki	2014
65-69	200 Breast	3:25.49	Karen Bierwert	2017	3:06.03	Daniel Rogacki	2015
65-69	50 Fly	36.07	Diann Uustal	2013	29.18	Jim Dragon	2009
65-69	100 Fly	1:21.72	Cecilia McCloskey	2019	1:09.95	Greg Shaw	2017
65-69	200 Fly	4:08.88	Susan Livingston	2004	2:53.24	Frank McElroy	2013
65-69	100 IM	1:22.02	Cecilia McCloskey	2015	1:15.43	Daniel Rogacki	2014
					1:15.43	Greg Shaw	2016
65-69	200 IM	2:55.88	Cecilia McCloskey	2016	2:41.82	Greg Shaw	2016
65-69	400 IM	6:34.46	Cecilia McCloskey	2019	5:54.86	Frank McElroy	2013

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
70-74	50 Free	32.38	Diann Uustal	2016	30.51	John Radimer	2019
70-74	100 Free	1:13.48	Diann Uustal	2016	1:09.47	Fred Schlicher	2021
70-74	200 Free	2:51.39	Christie Hayes	2018	2:32.37	Frank McElroy	2018
70-74	400 Free	5:59.41	Christie Hayes	2018	5:20.28	Frank McElroy	2018
70-74	800 Free	12:29.77	Christie Hayes	2018	10:58.56	Frank McElroy	2018
70-74	1500 Free	26:05.82	Nancy Brown	2006	22:49.29	Rich Bernstein	2017
70-74	50 Back	38.21	Diann Uustal	2016	38.01	Fred Schlicher	2021
70-74	100 Back	1:22.75	Diann Uustal	2016	1:21.08	Fred Schlicher	2021
70-74	200 Back	3:09.61	Diann Uustal	2019	2:55.11	Fred Schlicher	2022
70-74	50 Breast	45.38	Diann Uustal	2016	39.88	Daniel Rogacki	2018
70-74	100 Breast	1:42.89	Christie Hayes	2018	1:31.21	Daniel Rogacki	2018
70-74	200 Breast	3:40.43	Kathy Slifer	2015	3:22.16	Daniel Rogacki	2018
70-74	50 Fly	35.51	Diann Uustal	2017	33.97	Fred Schlicher	2022
70-74	100 Fly	2:08.23	Jill Coleman	2000	1:24.18	Frank McElroy	2018
70-74	200 Fly	4:11.64	Nancy Brown	2006	3:17.42	Frank McElroy	2018
70-74	100 IM	1:23.23	Diann Uustal	2016	1:22.64	Daniel Rogacki	2018
70-74	200 IM	3:21.91	Karen Bierwert	2022	3:01.09	Frank McElroy	2018
70-74	400 IM	7:12.34	Kathy Slifer	2016	6:25.63	Frank McElroy	2018
75-79	50 Free	42.62	Petey Smith	1999	32.15	Edward Breisacher	2007
75-79	100 Free	1:38.27	Petey Smith	1999	1:12.98	Edward Breisacher	2007
75-79	200 Free	3:36.14	Petey Smith	1999	3:02.87	Michael Laux	2016
75-79	400 Free	7:38.55	Aagje Caron	2018	6:20.12	Roger Franks	2002
75-79	800 Free	16:53.49	Laverne Adams	2010	13:01.08	Rich Bernstein	2021
75-79	1500 Free	41:35.44	Ann Louise Onton	2019	24:17.18	Rich Bernstein	2021
75-79	50 Back	44.76	Doris Steadman	1999	40.54	Daniel Rogacki	2022
75-79	100 Back	1:39.76	Doris Steadman	2000	1:33.86	William Haynes	2001
75-79	200 Back	3:38.25	Doris Steadman	1999	3:18.71	David Vail	2018
75-79	50 Breast	58.21	Janet Moeller	2009	42.81	Charles Urstadt	2003
75-79	100 Breast	2:15.37	Joan Waldbaum	2007	1:38.57	Daniel Rogacki	2022
75-79	200 Breast	4:27.98	Aagje Caron	2017	3:33.31	Richard Myers	2022
75-79	50 Fly	1:01.36	Janet Moeller	2009	39.00	David Vail	2018
75-79	100 Fly	2:33.70	Mary Wixted	1997	1:35.51	Richard Myers	2022
75-79	200 Fly	5:23.01	Marianna Hagan	2003	3:38.89	Richard Myers	2022
75-79	100 IM	2:09.88	Laverne Adams	2010	1:27.60	Edward Breisacher	2007
75-79	200 IM	4:38.68	Janet Moeller	2009	3:28.49	Daniel Rogacki	2022
75-79	400 IM	9:01.58	Aagje Caron	2017	8:39.54	James Pope	2018

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
80-84	50 Free	48.98	Jeanne Merryman	2003	39.02	Dick Hutchings	2021
80-84	100 Free	1:48.01	Aagje Caron	2021	1:25.47	Dick Hutchings	2021
80-84	200 Free	3:48.60	Aagje Caron	2021	3:16.64	Dick Hutchings	2021
80-84	400 Free	7:59.15	Aagje Caron	2021	6:50.89	Dick Hutchings	2021
80-84	800 Free				15:34.18	Roger Ginn	2022
80-84	1500 Free				26:54.34	Dick Hutchings	2021
80-84	50 Back	55.49	Doris Steadman	2006	46.47	Gaetano Pavone	2002
80-84	100 Back	2:08.66	Doris Steadman	2007	1:51.78	Frank Manheim	2014
80-84	200 Back	4:43.19	Doris Steadman	2007	3:51.32	Gaetano Pavone	2002
80-84	50 Breast	1:12.00	Marianna Hagan	2008	45.39	Charles Urstadt	2008
80-84	100 Breast	2:18.92	Aagje Caron	2021	1:52.43	Albert Woods	2009
80-84	200 Breast	4:48.86	Aagje Caron	2021	4:34.30	Itamar Kutai	2013
80-84	50 Fly	1:16.95	Marianna Hagan	2008	59.93	Clarence Webb	2002
80-84	100 Fly				2:19.79	Dick Guido	1997
80-84	200 Fly				5:08.81	Itamar Kutai	2013
80-84	100 IM	2:07.32	Aagje Caron	2021	1:51.11	William Jones	2017
80-84	200 IM	5:51.16	Marianna Hagan	2008	4:22.97	Dick Hutchings	2021
80-84	400 IM				6:24.62	Jay Charles	2002
85-89	50 Free	1:41.95	Florence Melick	2007	49.24	Harry Polites	1997
85-89	100 Free	3:51.57	Florence Melick	2009	1:45.32	Chris Smith	2017
85-89	200 Free				4:45.76	Charles Wood	1996
85-89	400 Free				8:54.45	John Merrill	2005
85-89	800 Free				17:47.94	Austin Newman	2003
85-89	50 Back	1:53.70	Florence Melick	2007	50.76	John Merrill	2005
85-89	100 Back	4:09.61	Florence Melick	2007	1:57.85	John Merrill	2005
85-89	200 Back				4:05.07	John Merrill	2005
85-89	50 Breast	1:20.20	Norma Harlow	2010	1:02.92	Dan Dotterweich	1996
85-89	100 Breast				2:18.68	Chris Smith	2017
85-89	200 Breast	6:34.89	Norma Harlow	2010	5:17.90	Dan Dotterweich	1996
85-89	50 Fly				1:25.69	Jay Charles	2007
85-89	100 Fly				3:38.38	Jay Charles	2007
85-89	200 Fly				7:59.16	Jay Charles	2007
85-89	100 IM				2:38.15	William Jones	2022
85-89	200 IM				6:53.36	Jay Charles	2009
85-89	400 IM				12:21.27	Jay Charles	2007

Colonies Zone Championship Records

Short Course Meters

Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
90-94	50 Free				1:01.01	Gus Langner	1996
90-94	100 Free				2:13.10	Gus Langner	1996
90-94	200 Free				5:25.50	Austin Newman	2008
90-94	400 Free				10:41.79	Gus Langner	1996
90-94	800 Free				21:51.04	Austin Newman	2007
90-94	1500 Free				44:48.99	Gus Langner	1996
90-94	50 Back				1:25.03	Gus Langner	1997
90-94	100 Back				3:40.75	Gus Langner	1997
90-94	50 Breast				1:28.60	Gus Langner	1997
90-94	100 Breast				3:29.83	Gus Langner	1997
90-94	200 Breast				7:16.62	Gus Langner	1997
95-99	50 Free				57.67	Gus Langner	1998
95-99	100 Free				2:19.51	Gus Langner	1998
95-99	200 Free				5:13.46	Gus Langner	1998
95-99	400 Free				10:51.93	Gus Langner	1998
95-99	800 Free				22:05.55	Gus Langner	1998
95-99	1500 Free				41:29.87	Gus Langner	1998
95-99	50 Back				1:27.67	Gus Langner	1998
95-99	50 Breast				1:31.60	Gus Langner	1998
95-99	100 Breast				3:35.33	Gus Langner	1998
95-99	200 Breast				8:04.72	Gus Langner	1999
95-99	100 IM				3:33.98	Gus Langner	1998

Colonies Zone Championship Records

Short Course Meters

Age Group	Gender	Event	Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year
72-99	Women	200 Free	1:57.70	Cambridge Masters	A Aubin	S Scotchlas	S Chepeleff	J Dick	2013
72-99	Women	400 Free	4:19.00	Cambridge Masters	A Aubin	J Dick	E Tsutsumi	S Chepeleff	2014
72-99	Women	800 Free	9:50.54	Pennypack Aquatics	P Flynn	D Morales	E Mullet	J Kist	2003
72-99	Women	200 Medley	2:19.54	NYC Hydras	L Eskra	J Friedman	S Makowsky	N Monu	2006
72-99	Women	400 Medley	4:52.35	Cambridge Masters	S Chepeleff	S Scotchlas	A Aubin	J Dick	2013
100-119	Women	200 Free	1:56.19	Boston University	E Mancuso	H Perelman	C Healey	K Roggensack	2013
100-119	Women	400 Free	4:04.38	Boston University	K Wilson	K Roggensack	I Szekely	E Mancuso	2014
100-119	Women	800 Free	9:54.43	Red Tide	A O'Connell	V Teitelbaum	J Clarkson	K Gary	2001
100-119	Women	200 Medley	2:08.70	Red Tide	K Gary	C Radcliff	J Rissi	N Monu	2003
100-119	Women	400 Medley	4:44.67	Boston University	S Weas	E Mancuso	K Roggensack	C Healey	2013
120-159	Women	200 Free	1:58.57	SwimRI	M Snow	M Behan	A Martins	S Sutton	2022
120-159	Women	400 Free	4:09.95	Red Tide	S Wager	K McPherson	T Shpaizer	K Gary	2008
120-159	Women	800 Free	9:31.42	New England Masters	S Sweetser	L Hindle	K Crusco	M Williams	2015
120-159	Women	200 Medley	2:05.37	Red Tide	K Gary	K Hays	T Shpaizer	F Willeboordse	2009
120-159	Women	400 Medley	4:33.70	New England Masters	E Carroll	R Goodale	I Szekely	E Mancuso	2016
160-199	Women	200 Free	1:49.41	Red Tide	F Willeboordse	J Kelsey	S Wager	K Gary	2009
160-199	Women	400 Free	4:33.69	Granite State Penguins	K Crusco	B Estel	C Baudis	M Williams	2015
160-199	Women	800 Free	10:13.19	1776	A Murray	V Swanson	J Jastremski	L Hug	2007
160-199	Women	200 Medley	2:15.81	Red Tide	R Saint-Amour	R Lovejoy	S Wager	J Kelsey	2009
160-199	Women	400 Medley	5:01.16	Swim RI	J Lancaster	M Walton	K Nappi	D Neuendorf	2013
200-239	Women	200 Free	1:58.64	New England Masters	J Hirsty	J Feldmann	K Nisley-Black	T Grilli	2004
200-239	Women	400 Free	4:31.95	Granite State Penguins	K Mareb	T Grilli	K Stokes	S Sweetser	2015
200-239	Women	800 Free	10:23.68	New England Masters	L Delorey	S Jensen	K Stokes	T Grilli	2014
200-239	Women	200 Medley	2:20.32	New England Masters	J Feldmann	B Hummel	J Hirsty	T Grilli	2004
200-239	Women	400 Medley	5:15.27	Granite State Penguins	B Estel	K Mareb	M Williams	T Grilli	2016
240-279	Women	200 Free	2:10.58	Granite State Penguins	K Mareb	T Grilli	B Estel	K Crusco	2022
240-279	Women	400 Free	5:49.39	Swim Ft Lauderdale	L Webb	R Ventura	S Berk	L Larson	2015
240-279	Women	800 Free	10:39.28	New England Masters	C Brynn	C Hayes	K Slifer	T Grilli	2015
240-279	Women	200 Medley	2:22.18	New England Masters	T Grilli	B Hummel	J Feldmann	J Hirsty	2013
240-279	Women	400 Medley	6:05.47	Nutmeg Masters	A Galliher	C Hayes	C Emblidge	H Magna	2016
280-319	Women	200 Free	3:16.55	1776	J Jastremski	J Waldbaum	J Moeller	R Aaron	2006
280-319	Women	400 Free	7:25.03	1776	R Aaron	J Waldbaum	J Moeller	J Jastremski	2006
280-319	Women	800 Free	16:02.46	1776	J Waldbaum	R Aaron	J Moeller	J Jastremski	2006
280-319	Women	200 Medley	3:22.44	YMCA Polar Bear Masters	C Gardner	M Dickson	L Brenner	B West	2022
280-319	Women	400 Medley	9:05.99	1776	M Hagan	J Waldbaum	J Moeller	R Aaron	2006

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Colonies Zone Championship Records

Short Course Meters

Age Group	Gender	Event	Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year
72-99	Men	200 Free	1:42.42	Charles River Masters	J Chance	M Wiens	W Eaton	R Chen	2016
72-99	Men	400 Free	4:00.95	Worcester Area Masters	S Coffin	A Beeman	A Green	K Badran	2013
72-99	Men	800 Free	9:33.48	Worcester Area Masters	S Coffin	A Beeman	A Green	K Badran	2013
72-99	Men	200 Medley	1:59.14	Cambridge Masters	G Chen	K McElroy	M Wiens	S Coffin	2015
72-99	Men	400 Medley	4:39.16	Charles River Masters	W Manion	R Park	J Weis	M Chin	2018
100-119	Men	200 Free	1:41.04	RUBA	R Toothill	T Formon	E Tsuzuki	R Slawinski	1997
100-119	Men	400 Free	3:48.40	Bearcat Masters	R Miskovic	J Wu	S Ambrose	D Williams	2010
100-119	Men	800 Free	7:43.72	New England Masters	T Work	M Emmons	D Moran	E Nilsson	2013
100-119	Men	200 Medley	1:52.68	Terrapin Masters	J Crowder	M Goodison	R Perkins	M Lee	2002
100-119	Men	400 Medley	4:09.56	Terrapin Masters	J Crowder	M Goodison	R Perkins	M Lee	2002
120-159	Men	200 Free	1:35.56	Garden State Masters	C Sawin	B Matheson	O Gonzalez	P Buren	2002
120-159	Men	400 Free	3:44.87	Badger Masters	D Vicioso	G Werlinich	S Newman	S Kroder	2000
120-159	Men	800 Free	8:14.93	Badger Masters	D Vicioso	G Werlinich	S Newman	S Kroder	2000
120-159	Men	200 Medley	1:49.93	RUBA	R Toothill	B Doyle	C Sawin	E Tsuzuki	1997
120-159	Men	400 Medley	4:06.10	RUBA	R Toothill	B Doyle	C Sawin	S Yeomans	1997
160-199	Men	200 Free	1:39.07	Garden State Masters	P Buren	E Tsuzuki	O Gonzalez	T Geiman	2003
160-199	Men	400 Free	3:42.91	Jersey Area Masters	W Segal	S Carpenter	S Gannon	S Hiltabiddle	2008
160-199	Men	800 Free	8:59.80	Pennypack Aquatics	A O'Connor	B Furlong	P Sweeney	J Platt	2003
160-199	Men	200 Medley	1:51.65	Garden State Masters	C Sawin	J Landrua	B Matheson	T Geiman	2002
160-199	Men	400 Medley	4:10.47	Virginia Masters	C Stevenson	E Davis	D Holland	B Winters	2008
200-239	Men	200 Free	1:40.71	1776	P Trevisan	T Meade	M Slenker	G Oxley	2003
200-239	Men	400 Free	3:47.59	1776	P Trevisan	M Slenker	T Meade	G Oxley	2003
200-239	Men	800 Free	9:35.63	PAFC	J Morozin Jr	P Sweeney	S Dougherty	G Meyer	2008
200-239	Men	200 Medley	1:57.36	Garden State Masters	R Alexander	B Doyle	J Dragon	O Gonzalez	2002
200-239	Men	400 Medley	4:32.88	SwimRI	T Theroux	C Waldfried	C Barnes	K Duru	2022
240-279	Men	200 Free	1:58.70	Simon's Rock PaceMakers	A Sforzini	C Sultan	D Epstein	F Rudman	2022
240-279	Men	400 Free	4:18.06	Worcester Area Masters	T McGahie	D Oates	T Allen	M McCombs	2015
240-279	Men	800 Free	9:55.41	Worcester Area Masters	T McGahie	D Oates	T Allen	M McCombs	2015
240-279	Men	200 Medley	2:14.09	Worcester Area Masters	M McCombs	T McGahie	T Allen	D Oates	2015
240-279	Men	400 Medley	5:03.29	Worcester Area Masters	M McCombs	T McGahie	T Allen	D Oates	2015
280-319	Men	200 Free	2:20.62	Simon's Rock PaceMakers	D Epstein	R Zelehoski	B Boyd	J Olander	2018
280-319	Men	400 Free	5:41.00	Maine Masters	B Rupert	R Nelson	W Jones	D Vail	2013
280-319	Men	800 Free	15:27.75	Maine Masters	J Phelan	W Jones	D Roth	D Darling	2022
280-319	Men	200 Medley	2:49.07	Simon's Rock PaceMakers	D Epstein	S Smith	R Zelehoski	J Olander	2018
280-319	Men	400 Medley	6:26.62	Maine Masters	B Rupert	R Nelson	W Jones	D Vail	2013

Colonies Zone Championship Records

Short Course Meters

Age Group	Gender	Event	Time	Club	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4	Year
72-99	Mixed	200 Free	1:48.26	King Fins Aquatics	C Haley	A O'Connor	M Kline	J Morris	2019
72-99	Mixed	400 Free	4:00.55	Charles River Masters	W Manion	J Ryabin	M Smith	J Weis	2018
72-99	Mixed	800 Free	8:51.55	Terrapin Masters	M Staken	K Bowman	J Strahota	J Crowder	2003
72-99	Mixed	200 Medley	2:00.54	Terrapin Masters	J Crowder	P Adamkova	R Perkins	K Diblasi	2002
72-99	Mixed	400 Medley	4:22.07	Terrapin Masters	J Crowder	P Adamkova	R Perkins	K Diblasi	2002
100-119	Mixed	200 Free	1:46.96	RUBA	L Cialdella	B Robbins	E Tsuzuki	R Slawinski	1996
100-119	Mixed	400 Free	4:04.62	RUBA	B Coll	C McGiffin	L Appleton	S Yeomans	1997
100-119	Mixed	800 Free	8:41.15	RUBA	S Yeomans	B Coll	L Appleton	R Toothill	1997
100-119	Mixed	200 Medley	2:02.13	New England Masters	B Sustic	S Mugford	J Mooney	N Vantzelfde	2004
100-119	Mixed	400 Medley	4:34.89	Minuteman Andover Masters	Y Littee	M Smith	E Nilsson	C Foley	2013
120-159	Mixed	200 Free	1:48.79	Chelsea Piers Fitness NY BK	D Modrov	M Sabala	K Sawicz	F Willeboordse	2018
120-159	Mixed	400 Free	3:51.74	Red Tide	J Fain	K Gary	S Wager	A Rozwadowski	2009
120-159	Mixed	800 Free	8:35.33	Terrapin Masters	C Randolph	M Grover	B Laplante	B Holden	2019
120-159	Mixed	200 Medley	1:49.38	Freedom Aquatic Club	A Cho	S Thoresen	M Fontana	E McDonald	2014
120-159	Mixed	400 Medley	4:29.01	Chelsea Piers Fitness NY BK	M Sabala	K Sciacca	K Sawicz	D Modrov	2019
160-199	Mixed	200 Free	1:50.62	Landshark Masters	A Kotkiewicz	C Messenlehner	M Krause	B Lovett	2018
160-199	Mixed	400 Free	4:10.38	Great Bay Masters	K Wesson	T Mack	T Springer	B Zola	2010
160-199	Mixed	800 Free	9:04.70	Granite State Penguins	N Ohman	K Crusco	S Carroll	M Williams	2017
160-199	Mixed	200 Medley	2:02.67	Landshark Masters	A Kotkiewicz	B Lovett	E Orben	M Krause	2018
160-199	Mixed	400 Medley	4:23.32	University Club of Boston	L Beane	D Griesbauer	D Dornaus	D Griesbauer	2010
200-239	Mixed	200 Free	1:55.95	Granite State Penguins	T Phillips	A Zetea	R Goodale	C Hersh	2022
200-239	Mixed	400 Free	4:30.00	New England Masters	L Hineline	S Ketchen	B Handler	H Lane	2004
200-239	Mixed	800 Free	11:15.46	Virginia Masters	D Letendre	R Swiger	R Romo	S Loftus-Charley	2014
200-239	Mixed	200 Medley	2:07.34	1776	P Webb	J Jastremski	J Bronfenbrenner	J Mogal	2003
200-239	Mixed	400 Medley	4:38.38	Garden State Masters	R Alexander	E Nessel	A Deffaa	J Dragon	1996
240-279	Mixed	200 Free	2:05.67	Maine Masters	F Pierce	J Connors	B Rupert	D Vail	2005
240-279	Mixed	400 Free	5:10.43	Pittsfield YMCA Polar Bear Masters	C Gardner	D Rogacki	M Dickson	M Carter	2015
240-279	Mixed	800 Free	13:45.66	Maryland Masters	B Conroy	P Kerr	J Coleman	S Iliff	1999
240-279	Mixed	200 Medley	2:24.84	Granite State Penguins	B Tyler	R Goodale	L Delorey	B Plencner	2022
240-279	Mixed	400 Medley	5:32.76	Granite State Penguins	T Grilli	B Estel	D Rogacki	L Dunham	2010
280-319	Mixed	200 Free	2:52.19	Simon's Rock PaceMakers	J Olander	B Birch	M Stephen	D Epstein	2016
280-319	Mixed	400 Free	6:15.62	Pittsfield YMCA Polar Bear Masters	D Rogacki	C Gardner	B West	D RyanMann	2022
280-319	Mixed	200 Medley	3:28.14	1776	R Franks	N Garsoe	J Moeller	R Aaron	1999
280-319	Mixed	400 Medley	6:57.69	Simon's Rock PaceMakers	D Epstein	R Zelehoski	C Sleboda	R Kraus	2022
320-359	Mixed	200 Medley	4:37.13	1776	M Wixted	N Garsoe	C Webb	J Merryman	2003