

Colonies Zone Championship Records

Short Course Yards

Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
18-24	50 Free	23.96	Petra Adamkova	2003	20.24	Lucas Bureau	2018
18-24	100 Free	51.99	Harumi Katsuyama	2015	43.97	Lucas Bureau	2018
18-24	200 Free	1:54.63	Gabrielle Mizerak	2016	1:39.93	Lucas Bureau	2018
18-24	500 Free	5:12.23	Kelly Bowman	2004	4:29.09	Andrew Greenhalgh	2018
18-24	1000 Free	10:52.83	Kaley Gregory	2016	10:32.60	Christopher Stickle	2010
18-24	1650 Free	18:41.96	Elizabeth Schlicher	2006	18:02.67	Pete Murphy	2006
18-24	50 Back	25.92	Catherine Mulquin	2019	22.62	Logan Burton	2019
18-24	100 Back	56.80	Kellyanne Tomasula	2011	49.19	Chris Gibson	2007
18-24	200 Back	2:02.91	Kellyanne Tomasula	2011	1:49.09	Logan Burton	2019
18-24	50 Breast	30.06	Petra Adamkova	2003	25.32	William Liscinsky	2006
18-24	100 Breast	1:06.03	Laura Schwartz	2019	56.37	William Liscinsky	2006
18-24	200 Breast	2:23.56	Laura Schwartz	2019	2:08.32	Robert Butcher	1997
18-24	50 Fly	25.16	Catherine Mulquin	2019	22.40	Nathan Destree	2015
18-24	100 Fly	57.38	Harumi Katsuyama	2015	49.92	Nathan Destree	2015
18-24	200 Fly	2:14.85	C. Callender	1994	1:55.56	Alex Arrieta	2019
18-24	100 IM	59.66	Laura Schwartz	2018	50.72	William Liscinsky	2006
18-24	200 IM	2:09.53	Laura Schwartz	2018	1:56.71	Geoffrey Meyer Jr	2007
18-24	400 IM	4:42.00	Andrea Staub	2013	4:09.99	Andrew Greenhalgh	2019
25-29	50 Free	23.16	Petra Martin	2005	20.49	Jarryd Botha	2014
					45.53	Kyle Loughran	2009
25-29	100 Free	52.00	Marina Falcone	2017	45.53	William Liscinsky	2013
					45.53	Kevin Gallagher	2017
25-29	200 Free	1:52.76	Marina Falcone	2017	1:41.97	Marc Grabish	2001
25-29	500 Free	5:12.74	Katie Gilmore	2013	4:39.22	Bruce Hayes	1992
25-29	1000 Free	10:34.30	Katie Gilmore	2013	9:55.05	Steve Fisher	1991
25-29	1650 Free	18:05.58	Laurie Hug	1993	16:19.50	Garrow Kerr	1991
25-29	50 Back	27.35	Anna Macedonia	2018	23.28	Jarryd Botha	2014
25-29	100 Back	58.87	Anna Macedonia	2018	50.56	Jarryd Botha	2014
25-29	200 Back	2:08.40	Alyssa Lengle	2009	1:53.99	Peter Hezky	2001
25-29	50 Breast	30.03	Petra Martin	2005	25.23	William Liscinsky	2007
25-29	100 Breast	1:08.30	Jen Brielmaier	2010	56.76	William Liscinsky	2010
25-29	200 Breast	2:28.64	Denise Letendre	2018	2:07.48	Ethan Bassett	2006
25-29	50 Fly	25.83	Petra Martin	2005	22.24	Jarryd Botha	2014
25-29	100 Fly	57.58	Jessica Koltz	2014	49.79	Jarryd Botha	2014
25-29	200 Fly	2:09.97	Denise Letendre	2014	1:53.82	Curtis Sawin	2000
25-29	100 IM	59.53	Petra Martin	2005	50.51	William Liscinsky	2007
25-29	200 IM	2:10.22	Rachel Ripley	2016	1:55.03	Frank Byskov	2004
25-29	400 IM	4:35.31	Courtney Randolph	2018	4:07.19	Peter Hezky	2001

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
30-34	50 Free	24.04	Petra Martin	2009	20.65	Kevin Gallagher	2018
30-34	100 Free	52.34	Petra Martin	2009	45.67	Kevin Gallagher	2018
30-34	200 Free	1:55.16	Katie McWilliams	2014	1:43.00	Michael Bazylewicz	2013
30-34	500 Free	5:11.06	Laurie Hug	2000	4:44.06	Michael Bazylewicz	2013
30-34	1000 Free	10:32.92	Laurie Hug	2000	10:12.02	Stephen Michaels	2012
30-34	1650 Free	17:27.45	Laurie Hug	2000	16:46.56	James Kegley	1989
30-34	50 Back	28.15	Liz Hobbs	1994	24.35	Troy Johnson	2006
30-34	100 Back	1:00.05	Zena Herrmann	1993	51.93	Michael Bazylewicz	2013
30-34	200 Back	2:07.61	Zena Herrmann	1993	1:51.42	Michael Bazylewicz	2013
30-34	50 Breast	29.62	Petra Martin	2009	26.54	Joe Nagy	2011
30-34	100 Breast	1:09.78	Ellen Minzenmayer	2019	57.93	Joe Nagy	2011
30-34	200 Breast	2:28.53	Denise Letendre	2019	2:07.04	Scott Werner	2011
30-34	50 Fly	26.43	Petra Martin	2009	22.73	Terrence Fenningham	2012
30-34	100 Fly	59.11	Yun Qu	2012	51.08	Curtis Sawin	2003
30-34	200 Fly	2:11.83	Yun Qu	2012	1:56.82	Gregory Danner	2015
30-34	100 IM	1:02.24	Tray Rossa	1991	52.94	Kevin Gallagher	2018
30-34	200 IM	2:11.73	Denise Letendre	2019	1:55.50	Curtis Sawin	2003
30-34	400 IM	4:37.99	Laurie Hug	1999	4:14.93	Gregory Danner	2015
35-39	50 Free	24.11	Katie Grier	2017	21.05	Michael Ross	2006
35-39	100 Free	51.91	Katie Grier	2018	45.54	Michael Ross	2006
35-39	200 Free	1:57.03	Andrea Luallen	2001	1:39.90	Michael Ross	2005
35-39	500 Free	5:11.87	Laurie Hug	2002	4:43.62	Mark Matheson	2009
35-39	1000 Free	10:37.40	Laurie Hug	2001	9:50.85	Frederik Hviid	2012
35-39	1650 Free	17:45.08	Laurie Hug	2001	16:25.58	Frederik Hviid	2013
35-39	50 Back	27.81	Katie Grier	2017	23.06	Michael Ross	2006
35-39	100 Back	59.32	Vibeke Swanson	1999	49.62	Michael Ross	2005
35-39	200 Back	2:09.32	Mollie Grover	2018	1:52.89	Michael Ross	2005
35-39	50 Breast	31.56	Kristen Harris	2016	26.29	Wally Dicks	2001
35-39	100 Breast	1:09.80	Kristen Harris	2016	55.84	Wally Dicks	2001
35-39	200 Breast	2:33.76	Cheryl Conlin	2005	2:06.40	Wally Dicks	2001
35-39	50 Fly	26.26	Katie Grier	2017	22.86	Michael Ross	2006
35-39	100 Fly	59.38	Beth Baker	1999	50.06	Michael Ross	2006
35-39	200 Fly	2:16.89	Laurie Hug	2003	1:52.21	Bill Specht	1993
35-39	100 IM	1:01.43	Beth Baker	1999	53.98	Jeffrey Roddin	2008
35-39	200 IM	2:13.08	Beth Baker	1999	1:58.94	Jeffrey Roddin	2007
35-39	400 IM	4:37.56	Vibeke Swanson	1999	4:25.68	Danilo Vicioso	2001

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
40-44	50 Free	24.02	Katie Grier	2019	20.84	Michael Ross	2009
40-44	100 Free	51.49	Katie Grier	2019	45.61	Michael Ross	2009
40-44	200 Free	1:57.72	Kristin Gary	2010	1:47.76	William Segal	2009
40-44	500 Free	5:20.75	Laurie Hug	2009	4:46.18	Chris Stevenson	2008
40-44	1000 Free	10:57.76	Laurie Hug	2008	10:19.02	Rob Jones	2009
40-44	1650 Free	18:00.35	Laurie Hug	2007	17:42.09	Scott Brown	2006
40-44	50 Back	27.69	Kristin Gary	2010	22.77	Michael Ross	2009
40-44	100 Back	58.33	Kristin Gary	2010	48.49	Michael Ross	2009
40-44	200 Back	2:04.43	Kristin Gary	2010	1:53.29	Chris Stevenson	2008
40-44	50 Breast	31.34	Kristen Harris	2017	27.42	Benn Doyle	1999
40-44	100 Breast	1:09.86	Kristen Harris	2017	58.39	Jim Tuchler	2009
40-44	200 Breast	2:32.09	Kristen Harris	2017	2:08.34	Jim Tuchler	2009
40-44	50 Fly	26.34	Katie Grier	2019	22.60	James Zenyuh	2018
40-44	100 Fly	59.12	Karlin Pipes-Neilsen	2006	50.75	James Zenyuh	2018
40-44	200 Fly	2:10.18	Karlin Pipes-Neilsen	2006	1:57.61	Chris Stevenson	2008
40-44	100 IM	59.62	Karlin Pipes-Neilsen	2006	53.51	Jim Tuchler	2009
40-44	200 IM	2:11.32	Karlin Pipes-Neilsen	2006	1:51.85	Michael Ross	2009
40-44	400 IM	4:34.29	Vibeke Swanson	2002	4:18.94	Jim Tuchler	2009
45-49	50 Free	24.20	Fall Willeboordse	2012	21.85	Jeremy Gross	2019
45-49	100 Free	52.66	Fall Willeboordse	2012	47.99	Michael Ross	2016
45-49	200 Free	2:04.12	Jacki Hirsty	1999	1:48.05	William Segal	2010
45-49	500 Free	5:23.32	Laurie Hug	2012	4:51.53	Neil Brophy	2009
45-49	1000 Free	10:57.88	Laurie Hug	2011	9:58.64	Neil Brophy	2009
45-49	1650 Free	18:09.22	Laurie Hug	2011	18:08.53	John Hudson	2002
45-49	50 Back	27.61	Susan Williams	2013	24.18	Michael Ross	2016
45-49	100 Back	58.46	Fall Willeboordse	2012	52.03	Michael Ross	2016
45-49	200 Back	2:15.03	Vibeke Swanson	2007	2:06.85	Paul Fetters	1999
45-49	50 Breast	32.24	Fall Willeboordse	2013	28.09	Neill Williams	2016
45-49	100 Breast	1:12.86	Lisa Groves	2013	1:00.59	Jon Blank	2009
45-49	200 Breast	2:41.10	Traci Pellegrini	2018	2:17.87	Jon Blank	2009
45-49	50 Fly	25.96	Susan Williams	2013	23.55	Jeremy Gross	2018
45-49	100 Fly	59.28	Fall Willeboordse	2012	52.58	Scott Carpenter	2009
45-49	200 Fly	2:18.52	Laurie Hug	2011	1:59.22	Michael Schmidt	2009
45-49	100 IM	59.81	Fall Willeboordse	2012	54.88	Jeffrey Roddin	2015
45-49	200 IM	2:15.19	Vibeke Swanson	2007	2:02.31	Jeffrey Roddin	2015
45-49	400 IM	4:49.51	Vibeke Swanson	2007	4:24.92	Jerome Frentsos	2015

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
50-54	50 Free	24.84	Fall Willeboordse	2016	22.03	Paul Trevisan	2003
50-54	100 Free	54.51	Fall Willeboordse	2016	48.26	Steve Hiltabiddle	2019
50-54	200 Free	2:05.65	Kelly Parker Palace	2015	1:49.90	Lou Dearstyne	2018
50-54	500 Free	5:32.11	Laurie Hug	2017	5:07.41	Bradford Gandee	2006
50-54	1000 Free	11:14.62	Laurie Hug	2017	10:36.39	Rob Jones	2016
50-54	1650 Free	18:37.20	Laurie Hug	2019	17:41.21	Rob Jones	2016
50-54	50 Back	27.27	Leslie Livingston	2013	25.24	Clay Britt	2012
50-54	100 Back	1:02.11	Leslie Livingston	2013	53.77	Clay Britt	2012
50-54	200 Back	2:21.72	Vibeke Swanson	2013	2:04.91	Clay Britt	2011
50-54	50 Breast	34.06	Leslie Livingston	2015	27.96	Wally Dicks	2013
50-54	100 Breast	1:09.87	Fall Willeboordse	2016	1:02.07	Neill Williams	2018
50-54	200 Breast	2:43.75	Laurie Hug	2017	2:18.34	Benn Doyle	2010
50-54	50 Fly	25.90	Leslie Livingston	2013	23.27	Steve Hiltabiddle	2019
50-54	100 Fly	1:00.81	Leslie Livingston	2013	54.05	Steve Hiltabiddle	2019
50-54	200 Fly	2:20.77	Laurie Hug	2017	2:02.75	Jim O'Connor	2005
50-54	100 IM	1:01.41	Fall Willeboordse	2016	55.06	Clay Britt	2012
50-54	200 IM	2:15.51	Fall Willeboordse	2016	2:03.44	Jeffrey Roddin	2019
50-54	400 IM	4:59.57	Laurie Hug	2017	4:42.34	Emad Elshafei	2016
55-59	50 Free	27.03	Jane Bruner	1990	22.24	Paul Trevisan	2010
55-59	100 Free	1:02.19	Kim Brightwell	2015	50.24	Paul Trevisan	2010
55-59	200 Free	2:14.94	Stephanie Saucy	2019	1:54.89	James Thornton	2010
55-59	500 Free	5:54.39	Shirley Loftus-Charley	2011	5:23.18	James Thornton	2010
55-59	1000 Free	11:49.98	Shirley Loftus-Charley	2011	11:22.39	James Thornton	2010
55-59	1650 Free	20:44.26	Stephanie Saucy	2019	18:46.55	Jerry De Muro	2015
55-59	50 Back	31.03	Kim Brightwell	2016	27.73	Pete Reider	2011
55-59	100 Back	1:08.59	Vibeke Swanson	2017	1:01.77	Mark Pugliese	2008
55-59	200 Back	2:28.73	Stephanie Saucy	2019	2:18.02	David Bright	2009
55-59	50 Breast	35.79	Kim Brightwell	2015	29.15	Gregory Oxley	2015
55-59	100 Breast	1:19.05	Jenny Cook	2017	1:02.98	Gregory Harris	2019
55-59	200 Breast	2:51.27	Vibeke Swanson	2018	2:26.32	Gregory Harris	2019
55-59	50 Fly	30.74	Kim Brightwell	2017	26.05	Mark Pugliese	2008
55-59	100 Fly	1:09.68	Jeanne Lappin	2013	59.53	Mark Pugliese	2008
55-59	200 Fly	2:38.25	Jeanne Lappin	2013	2:21.96	Jack Geoghegan	1998
55-59	100 IM	1:09.37	Kim Brightwell	2016	58.80	Gregory Harris	2019
55-59	200 IM	2:31.35	Vibeke Swanson	2017	2:10.48	Gregory Harris	2019
55-59	400 IM	5:29.09	Shirley Loftus-Charley	2010	4:53.50	Robert Kannegieser	2013

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
60-64	50 Free	28.09	Melinda Wolff	2015	23.86	Gregory Oxley	2019
60-64	100 Free	1:03.49	Nancy Steadman Martin	2019	54.02	James Thornton	2013
60-64	200 Free	2:15.58	Nancy Steadman Martin	2015	1:58.43	James Thornton	2013
60-64	500 Free	5:59.61	Nancy Steadman Martin	2015	5:32.86	James Thornton	2013
60-64	1000 Free	12:22.20	Shirley Loftus-Charley	2016	11:20.87	Jerry De Muro	2018
60-64	1650 Free	20:30.03	Nancy Steadman Martin	2015	19:08.47	Robert Kannegieser	2019
60-64	50 Back	32.43	Joan Pfinsgraff	2017	28.02	Douglas Slater	2018
60-64	100 Back	1:10.39	Joan Pfinsgraff	2015	1:00.29	Douglas Slater	2018
60-64	200 Back	2:29.39	Joan Pfinsgraff	2017	2:13.15	Douglas Slater	2019
60-64	50 Breast	36.77	Melinda Wolff	2013	29.66	Gregory Oxley	2019
60-64	100 Breast	1:19.00	Melinda Wolff	2013	1:04.66	Gregory Oxley	2019
60-64	200 Breast	2:56.39	Joann Leilich	1999	2:37.08	Kenneth Neubauer	2019
60-64	50 Fly	32.07	Melinda Wolff	2015	26.13	Jim Dragon	2008
60-64	100 Fly	1:16.83	Shirley Loftus-Charley	2016	1:00.63	Kieran Kelleher	2009
60-64	200 Fly	2:42.91	Nancy Steadman Martin	2019	2:21.58	Robert Kannegieser	2019
60-64	100 IM	1:14.02	Nancy Steadman Martin	2015	1:00.00	Gregory Oxley	2019
60-64	200 IM	2:36.65	Shirley Loftus-Charley	2012	2:19.10	Robert Kannegieser	2019
60-64	400 IM	5:36.46	Shirley Loftus-Charley	2014	4:59.55	Robert Kannegieser	2018
65-69	50 Free	28.87	Melinda Wolff	2019	24.54	Jim Dragon	2010
65-69	100 Free	1:04.65	Cecilia McCloskey	2019	59.39	Geoffrey Meyer Jr	2018
65-69	200 Free	2:25.05	Shirley Loftus-Charley	2017	2:09.58	David Harrison	2003
65-69	500 Free	6:16.73	Shirley Loftus-Charley	2019	5:53.27	David Harrison	2003
65-69	1000 Free	12:35.99	Shirley Loftus-Charley	2019	12:26.16	David Harrison	2004
65-69	1650 Free	22:54.57	Joan Craffey	2018	21:26.41	James Ryan	2018
65-69	50 Back	32.40	Cecilia McCloskey	2019	30.20	Geoffrey Meyer Jr	2018
65-69	100 Back	1:09.21	Cecilia McCloskey	2019	1:07.00	Geoffrey Meyer Jr	2018
65-69	200 Back	2:35.00	Cecilia McCloskey	2015	2:33.09	Geoffrey Meyer Jr	2018
65-69	50 Breast	37.33	Melinda Wolff	2018	31.35	Jim Dragon	2010
65-69	100 Breast	1:21.78	Melinda Wolff	2019	1:14.03	Louis Kronfeld	2008
65-69	200 Breast	3:01.50	Joann Leilich	2004	2:50.63	Stephen Dougherty	2017
65-69	50 Fly	31.83	Cecilia McCloskey	2019	25.93	Jim Dragon	2010
65-69	100 Fly	1:12.46	Cecilia McCloskey	2019	1:12.52	Stephen Dougherty	2017
65-69	200 Fly	2:53.00	Shirley Loftus-Charley	2019	2:45.15	Robert Kannegieser	2019
65-69	100 IM	1:12.22	Cecilia McCloskey	2015	1:06.90	Geoffrey Meyer Jr	2018
65-69	200 IM	2:37.07	Cecilia McCloskey	2015	2:33.77	Stephen Dougherty	2017
65-69	400 IM	5:40.18	Shirley Loftus-Charley	2019	5:56.71	Art Wolfe	2008

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Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
70-74	50 Free	31.87	Christie Hayes	2019	26.15	Jim Dragon	2015
70-74	100 Free	1:09.32	Christie Hayes	2019	1:03.73	Walter Lincoln	2004
70-74	200 Free	2:32.06	Christie Hayes	2019	2:17.89	David Harrison	2008
70-74	500 Free	6:51.35	Christie Hayes	2019	6:15.86	David Harrison	2008
70-74	1000 Free	15:29.63	June Krauser	1997	12:50.23	David Harrison	2008
70-74	1650 Free	28:19.91	Petey Smith	1997	22:41.59	Roger Franks	1998
70-74	50 Back	39.48	Nancy Brown	2006	33.75	John Snooks	2013
70-74	100 Back	1:23.67	Nancy Brown	2006	1:13.47	Roger Franks	1999
70-74	200 Back	3:08.28	Marcia Barry	2019	2:40.19	Roger Franks	1999
70-74	50 Breast	41.22	Christie Hayes	2019	33.58	Jim Dragon	2015
70-74	100 Breast	1:30.64	Christie Hayes	2019	1:19.39	Hans Reichelt	2010
70-74	200 Breast	3:18.26	Margot Pettijohn	2018	2:55.54	Hans Reichelt	2010
70-74	50 Fly	41.77	Jeanne Merryman	1993	28.27	Jim Dragon	2015
70-74	100 Fly	1:27.60	Margot Pettijohn	2018	1:23.28	Birch Davidson	1993
70-74	200 Fly	3:38.32	Lucille Griffin	2010	3:03.53	Raymond Loewe	2012
70-74	100 IM	1:23.21	Christie Hayes	2019	1:15.35	Hans Reichelt	2010
70-74	200 IM	2:59.53	Christie Hayes	2019	2:51.62	Roger Franks	1997
70-74	400 IM	6:34.52	Christie Hayes	2019	6:16.23	Roger Franks	1999
75-79	50 Free	35.17	Beth Schreiner	2016	28.89	Harry Sober	2018
75-79	100 Free	1:17.32	Johnnie Detrick	2011	1:04.67	Harry Sober	2018
75-79	200 Free	2:59.85	Beth Schreiner	2016	2:29.42	Howard Rolston	2016
75-79	500 Free	9:39.50	Lesley Francis	2009	6:43.59	Roger Franks	2002
75-79	1000 Free	19:54.95	Lesley Francis	2007	15:11.04	Ahmed Hamada	2014
75-79	1650 Free	35:00.06	BillieAnn Burrill	1997	23:50.03	Roger Franks	2002
75-79	50 Back	43.32	Beth Schreiner	2016	35.98	Howard Rolston	2018
75-79	100 Back	1:36.73	Beth Schreiner	2016	1:17.17	Roger Franks	2002
75-79	200 Back	3:31.02	Ruth Morrill	1999	2:54.61	Roger Franks	2003
75-79	50 Breast	48.35	Johnnie Detrick	2011	40.92	Jerry Katz	2014
75-79	100 Breast	1:37.18	Joann Leilich	2018	1:37.14	Louis Diamond	2015
75-79	200 Breast	3:16.31	Joann Leilich	2014	3:20.49	Raymond Loewe	2017
75-79	50 Fly	53.53	Johnnie Detrick	2011	33.48	Harry Sober	2018
75-79	100 Fly	2:33.03	Mary Wixted	1999	1:29.57	Ahmed Hamada	2014
75-79	200 Fly	6:45.26	Mary Wixted	2000	3:36.42	Ahmed Hamada	2014
75-79	100 IM	1:42.40	Joann Leilich	2018	1:18.91	Howard Rolston	2017
75-79	200 IM	3:21.72	Joann Leilich	2014	2:53.87	Howard Rolston	2016
75-79	400 IM	7:08.24	Joann Leilich	2014	6:49.07	Norris Fluke	1992

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		Time	Name	Year	Time	Name	Year
80-84	50 Free	42.48	Jeanne Merryman	2003	32.74	Ahmed Hamada	2019
80-84	100 Free	1:34.75	Nancy Brown	2016	1:13.45	Ahmed Hamada	2019
80-84	200 Free	3:53.64	Marie Wicklun	1994	2:54.81	Ahmed Hamada	2019
80-84	500 Free	10:39.06	Lesley Francis	2013	8:04.31	Roger Franks	2007
80-84	1000 Free	20:42.12	BillieAnn Burrill	2002	17:14.77	Ahmed Hamada	2019
80-84	1650 Free	43:42.99	Mary Lathrum	1999	30:18.27	Jim Pendergrass	1999
80-84	50 Back	47.66	Nancy Brown	2016	40.87	Roger Franks	2007
80-84	100 Back	1:43.32	Nancy Brown	2016	1:37.71	Frank Manheim	2012
80-84	200 Back	3:44.08	Nancy Brown	2016	3:06.36	Roger Franks	2007
80-84	50 Breast	1:01.85	Joan Waldbaum	2012	46.09	David Nicholas	2016
80-84	100 Breast	2:15.50	Joan Waldbaum	2012	1:41.66	David Nicholas	2016
80-84	200 Breast				4:07.15	Dan Dotterweich	1990
80-84	50 Fly	58.14	Nancy Brown	2016	39.30	Ahmed Hamada	2019
80-84	100 Fly	3:20.02	Eve Muller	1993	1:41.01	Ahmed Hamada	2019
80-84	200 Fly				3:55.04	Ahmed Hamada	2019
80-84	100 IM	1:49.72	Nancy Brown	2016	1:30.44	Ahmed Hamada	2019
80-84	200 IM	4:05.04	Nancy Brown	2016	3:43.42	Frank Manheim	2012
80-84	400 IM				9:21.95	Clarence Webb	2003
85-89	50 Free	53.51	Anne Walker	2002	40.76	Gus Langner	1992
85-89	100 Free	1:45.80	Julia Dolce	1995	1:36.10	Gus Langner	1992
85-89	200 Free	4:08.61	Julia Dolce	1995	3:29.44	Gus Langner	1989
85-89	500 Free	11:37.61	Lesley Francis	2017	10:06.01	Calvin Barnes	2010
85-89	1000 Free	27:50.92	Mary Lathrum	2002	20:24.94	Calvin Barnes	2011
85-89	50 Back	57.17	Marie Wicklun	2001	46.73	William Rowe	2001
85-89	100 Back	2:07.60	Anne Walker	2002	1:55.58	Calvin Barnes	2010
85-89	200 Back	4:39.86	Anne Walker	2002	3:53.32	Roger Franks	2012
85-89	50 Breast	1:43.56	Hedy Pullman	1997	1:00.56	Gus Langner	1990
85-89	100 Breast	3:44.74	Hedy Pullman	1997	2:11.85	Dan Dotterweich	1998
85-89	200 Breast				4:55.43	Dan Dotterweich	1998
85-89	50 Fly	3:13.39	Anna Bauscher	1990	51.49	Jesse Coon	1996
85-89	100 Fly				2:14.55	Jesse Coon	1996
85-89	200 Fly				5:48.08	Jesse Coon	1996
85-89	100 IM				2:08.83	Jesse Coon	1996
85-89	200 IM	9:45.36	Anna Bauscher	1990	4:45.56	Jesse Coon	1996
85-89	400 IM				10:49.86	Jesse Coon	1996

Colonies Zone Championship Records

Short Course Yards

Age Group	Event	Women			Men		
		Time	Name	Year	Time	Name	Year
90-94	50 Free	51.97	Anne Walker	2007	43.51	Gerson Sobel	2001
90-94	100 Free	2:23.93	Anne Walker	2007	1:45.05	Gerson Sobel	2001
90-94	200 Free	4:55.33	Anne Walker	2007	4:11.61	Gus Langner	1995
90-94	500 Free	14:56.64	Mary Lathram	2006	11:18.89	Gus Langner	1995
90-94	1000 Free	32:53.76	Anna Bauscher	1993	24:18.33	Gus Langner	1995
90-94	1650 Free				43:25.77	Gus Langner	1997
90-94	50 Back	1:11.77	Anne Walker	2007	1:13.75	Gus Langner	1996
90-94	100 Back				2:46.80	Gus Langner	1995
90-94	200 Back	5:39.33	Anne Walker	2007	8:12.48	Harry Jagers	1997
90-94	50 Breast				1:16.87	Gus Langner	1996
90-94	100 Breast				2:54.90	Gus Langner	1997
90-94	200 Breast				6:09.46	Gus Langner	1995
90-94	50 Fly	4:13.58	Anna Bauscher	1993			
90-94	100 IM	5:31.78	Anna Bauscher	1993	2:49.56	Gus Langner	1995
90-94	200 IM	10:43.74	Anna Bauscher	1993			
95-99	50 Free				1:18.06	John Wolff	2009
95-99	100 Free				3:51.99	John Wolff	2009
100-104	50 Free				1:35.72	John Wolff	2013

Colonies Zone Championship Records

Short Course Yards

Age Group	Event	Women			Men			Mixed		
		Time	Club	Year	Time	Club	Year	Time	Club	Year
18-24	200 Free Relay	1:41.60	Terrapin Master	2006	1:26.28	Tide Swimming	2019	1:29.21	Club Tribe	2018
18-24	200 Medley Relay	1:48.40	Club Tribe	2019	1:34.56	Club Tribe	2019	1:40.03	Curl-Burke	2007
18-24	400 Free Relay	3:35.45	Club Tribe	2016	3:04.86	Club Tribe	2018	3:20.12	Club Tribe	2019
18-24	400 Medley Relay	4:03.73	Terrapin Master	2004	3:36.99	Club Tribe	2019	3:41.42	Club Tribe	2018
18-24	800 Free Relay	7:59.09	Club Tribe	2019	6:53.52	Club Tribe	2018	7:21.24	Club Tribe	2018
25-34	200 Free Relay	1:38.28	Club Tribe	2018	1:24.75	Club Tribe	2018	1:34.48	Curl-Burke	2009
25-34	200 Medley Relay	1:50.68	Curl-Burke	2007	1:34.71	Club Tribe	2018	1:39.63	Club Tribe	2018
25-34	400 Free Relay	3:36.62	Club Tribe	2018	3:09.74	Fairfax County	2013	3:24.32	Red Tide	2010
25-34	400 Medley Relay	3:55.30	Club Tribe	2019	3:30.45	Ancient Mariner	1999	3:45.13	Red Tide	2010
25-34	800 Free Relay	8:03.09	Red Tide	2010	7:14.89	Empire	1991	7:20.49	Club Tribe	2017
35-44	200 Free Relay	1:41.49	Club Tribe	2019	1:28.05	Jersey Area Masters	2009	1:34.00	Club Tribe	2016
35-44	200 Medley Relay	1:55.50	Club Tribe	2019	1:41.88	1776	1994	1:45.00	Montgomery Ancient Mariners	2013
35-44	400 Free Relay	3:55.51	1776	2000	3:15.40	Jersey Area Masters	2009	3:36.79	1776	1997
35-44	400 Medley Relay	4:15.70	1776	2000	3:45.77	Club Tribe	2017	4:00.75	1776	1997
35-44	800 Free Relay	8:37.23	Virginia Masters	2002	7:09.04	Badger	2001	7:52.32	1776	1997
45-54	200 Free Relay	1:51.84	Virginia Masters	2003	1:30.85	Spring Valley Y Masters	2019	1:41.19	Spring Valley Y Masters	2017
45-54	200 Medley Relay	2:03.64	Patriot Masters	2012	1:41.51	Spring Valley Y Masters	2019	1:54.82	Spring Valley Y Masters	2017
45-54	400 Free Relay	4:13.71	Reston Masters	2015	3:35.09	Binghamton Univ	2008	4:03.93	Virginia Masters	2004
45-54	400 Medley Relay	4:41.88	Reston Masters	2015	4:06.43	Spring Valley Y Masters	2016	4:28.24	Virginia Masters	2002
45-54	800 Free Relay	9:19.05	1776	2017	8:04.45	Binghamton Univ	2008	8:30.46	1776	2011
55-64	200 Free Relay	1:57.33	1776	2019	1:42.82	1776	2014	2:01.83	New England	1990
55-64	200 Medley Relay	2:12.18	1776	2019	1:52.98	1776	2011	2:12.79	Virginia Masters	2018
55-64	400 Free Relay	4:26.59	1776	2019	3:43.13	1776	2011	4:26.21	DC Masters	2004
55-64	400 Medley Relay	5:14.80	DC Masters	1997	4:19.39	1776	2011	4:39.92	1776	2018
55-64	800 Free Relay	10:38.43	DC Masters	1997	8:13.77	1776	2011	9:35.98	DC Masters	2004
65-74	200 Free Relay	2:13.33	Virginia Masters	2019	1:54.94	Binghamton Univ	2017	2:10.43	1776	2015
65-74	200 Medley Relay	2:35.40	Virginia Masters	2005	2:13.78	Binghamton Univ	2017	2:29.78	Connecticut	1987
65-74	400 Free Relay	4:57.29	Virginia Masters	2019	4:26.84	Virginia Masters	2008	4:36.77	Virginia Masters	2008
65-74	400 Medley Relay	5:44.60	Virginia Masters	2019	5:01.35	Virginia Masters	2008	5:23.62	Virginia Masters	2008
65-74	800 Free Relay	10:42.29	Virginia Masters	2019	10:13.65	1776	2013	12:33.35	Connecticut	1991
75-84	200 Free Relay	3:17.13	DC Masters	1999	2:07.86	Virginia Masters	2018	2:26.97	Virginia Masters	2018
75-84	200 Medley Relay	3:47.69	DC Masters	1999	2:23.92	Virginia Masters	2018	2:51.39	Virginia Masters	2018
75-84	400 Free Relay	8:17.49	DC Masters	1999	4:53.92	Virginia Masters	2018	7:45.00	Virginia Masters	2014
75-84	400 Medley Relay				6:42.67	Virginia Masters	2018			
75-84	800 Free Relay				11:55.36	Virginia Masters	2019			