

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 18-24 50 SC Meter Freestyle

Name	Age	Club	Final Time
1 Saint-Amour, Roberta	24	Redt	29.51
2 Liu, Teal	24	Fish	31.10

Women 18-24 100 SC Meter Freestyle

1 Saint-Amour, Roberta	24	Redt	1:06.46
32.38	1:06.46 (34.08)		
2 Kramer, Sara	23	Unat	1:11.84
33.01	1:11.84 (38.83)		
3 Greenberg, Megan	24	Redt	1:15.92
36.76	1:15.92 (39.16)		
4 Carey, Colleen	24	Metr	1:26.11
40.92	1:26.11 (45.19)		
5 Goldstein, Miriam	23	Aqft	1:34.16
45.42	1:34.16 (48.74)		

Women 18-24 200 SC Meter Freestyle

1 Saint-Amour, Roberta	24	Redt	2:24.81
33.82	1:10.48 (36.66)	1:47.67 (37.19)	2:24.81 (37.14)
2 Liu, Teal	24	Fish	2:28.09
33.59	1:11.10 (37.51)	1:49.44 (38.34)	2:28.09 (38.65)

Women 18-24 50 SC Meter Backstroke

1 Saint-Amour, Roberta	24	Redt	33.87
2 Kramer, Sara	23	Unat	36.16
--- Goldstein, Miriam	23	Aqft	DQ

Women 18-24 100 SC Meter Backstroke

1 Saint-Amour, Roberta	24	Redt	1:14.98
36.21	1:14.98 (38.77)		

Women 18-24 100 SC Meter Breaststroke

1 Liu, Teal	24	Fish	1:24.77
39.56	1:24.77 (45.21)		

Women 18-24 50 SC Meter Butterfly

1 Alter, Zahava	23	Redt	35.41
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Women 18-24 100 SC Meter Butterfly

1 Kramer, Sara	23	Unat	1:19.41
34.28	1:19.41 (45.13)		

Women 18-24 200 SC Meter Butterfly

1 Alter, Zahava	23	Redt	3:02.42
38.59	1:22.98 (44.39)	3:02.42 (1:39.44)	

Women 18-24 100 SC Meter IM

1 Saint-Amour, Roberta	24	Redt	1:15.22
33.81	1:15.22 (41.41)		
2 Kramer, Sara	23	Unat	1:23.38
36.68	1:23.38 (46.70)		
3 Greenberg, Megan	24	Redt	1:27.34
40.29	1:27.34 (47.05)		
4 Goldstein, Miriam	23	Aqft	1:46.83
51.79	1:46.83 (55.04)		

Women 18-24 200 SC Meter IM

1 Liu, Teal	24	Fish	2:45.37
36.95	1:20.39 (43.44)	2:07.28 (46.89)	2:45.37 (38.09)
2 Alter, Zahava	23	Redt	3:17.74
37.16	1:33.78 (56.62)	2:34.37 (1:00.59)	3:17.74 (43.37)

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RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 25-29 50 SC Meter Freestyle

Name	Age	Club	Final Time
1 Grover, Mollie	28	Terr	29.21
2 McMeen, Lyndsay	29	Gsm	30.35
3 Kobal, Stephanie	27	Unat	30.42
4 Schoenlank, Julie	29	Metr	31.31
5 Mitakakis, Chrissy	26	Bctm	31.66
6 Konno, Sayaka	27	Bctm	32.10
7 Richardson, Elyse	25	Agua	32.86
8 Ninivaggi, Melissa	26	Unat	33.16
9 Rivera, Lisa	27	Berk	33.67
10 Guerrero, Melissa	28	Redt	36.34

Women 25-29 100 SC Meter Freestyle

1 Lennon, Jessie	25	Bctm	1:07.79
32.31	1:07.79 (35.48)		
2 Konno, Sayaka	27	Bctm	1:09.58
33.07	1:09.58 (36.51)		
3 Ozovek, Jill	27	Tnya	1:12.73
34.03	1:12.73 (38.70)		
4 Rivera, Lisa	27	Berk	1:15.02
35.36	1:15.02 (39.66)		
5 Snyder, Jennifer	29	Redt	1:16.04
35.78	1:16.04 (40.26)		
6 Heberling, Amy	28	Metr	1:22.53
38.90	1:22.53 (43.63)		
7 Guerrero, Melissa	28	Redt	1:24.36
39.71	1:24.36 (44.65)		
8 Gately, Liz	27	Tnya	1:37.08
46.91	1:37.08 (50.17)		

Women 25-29 200 SC Meter Freestyle

1 Grover, Mollie	28	Terr	2:17.86
32.56	1:07.55 (34.99)	1:42.76 (35.21)	2:17.86 (35.10)
2 Schoenlank, Julie	29	Metr	2:33.97
34.66	1:13.68 (39.02)	1:53.71 (40.03)	2:33.97 (40.26)
3 Rivera, Lisa	27	Berk	2:43.05
38.10	1:20.19 (42.09)	2:02.43 (42.24)	2:43.05 (40.62)

Women 25-29 400 SC Meter Freestyle

1 Roberts, Cyndi	28	Unat	4:51.58
32.31	1:08.45 (36.14)	1:45.40 (36.95)	2:22.67 (37.27)
3:00.02 (37.35)	3:37.71 (37.69)	4:14.95 (37.24)	4:51.58 (36.63)
2 Sweney, Sarah	25	Agua	5:14.84
34.60	1:13.00 (38.40)	1:52.41 (39.41)	2:31.80 (39.39)
3:12.78 (40.98)	3:54.09 (41.31)	4:35.27 (41.18)	5:14.84 (39.57)
3 Newcomer, Meghan	29	Agua	5:17.44
34.48	1:12.69 (38.21)	1:51.93 (39.24)	2:31.63 (39.70)
3:12.46 (40.83)	3:54.20 (41.74)	4:36.35 (42.15)	5:17.44 (41.09)
4 Kennedy, Elizabeth	26	Agua	5:18.29
35.98	1:15.00 (39.02)	1:55.45 (40.45)	2:35.89 (40.44)
3:16.52 (40.63)	3:57.38 (40.86)	4:38.09 (40.71)	5:18.29 (40.20)
5 Hyjek, Christine	27	Bctm	5:35.96
36.87	1:17.06 (40.19)	1:59.31 (42.25)	2:41.89 (42.58)
3:25.27 (43.38)	4:07.97 (42.70)	4:51.68 (43.71)	5:35.96 (44.28)
6 Rivera, Lisa	27	Berk	5:51.47
38.52	1:21.20 (42.68)	2:04.67 (43.47)	2:49.19 (44.52)
3:34.51 (45.32)	4:20.38 (45.87)	5:06.41 (46.03)	5:51.47 (45.06)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 25-29 800 SC Meter Freestyle

Name	Age	Club	Final Time			
1 Bloch, Stephanie	25	Tnya	12:26.31			
	39.42		1:23.41 (43.99)	2:09.71 (46.30)	2:56.83 (47.12)	
	3:43.18 (46.35)		4:29.72 (46.54)	5:17.48 (47.76)	6:05.12 (47.64)	
	6:53.37 (48.25)		7:41.35 (47.98)	8:29.73 (48.38)	9:17.82 (48.09)	
	10:05.81 (47.99)		10:53.76 (47.95)	11:41.24 (47.48)	12:26.31 (45.07)	

Women 25-29 1500 SC Meter Freestyle

1 Newcomer, Meghan	29	Agua	20:41.55			
	35.00		1:13.84 (38.84)	1:54.29 (40.45)	2:35.45 (41.16)	
	3:16.39 (40.94)		3:57.58 (41.19)	4:38.96 (41.38)	5:20.46 (41.50)	
	6:02.19 (41.73)		6:44.21 (42.02)	7:26.08 (41.87)	8:08.19 (42.11)	
	8:50.35 (42.16)		9:32.43 (42.08)	10:14.41 (41.98)	10:56.49 (42.08)	
	11:38.40 (41.91)		12:20.41 (42.01)	13:02.50 (42.09)	13:44.58 (42.08)	
	14:26.72 (42.14)		15:08.81 (42.09)	15:50.73 (41.92)	16:32.59 (41.86)	
	17:14.44 (41.85)		17:56.53 (42.09)	18:38.27 (41.74)	19:20.27 (42.00)	
	20:01.47 (41.20)		20:41.55 (40.08)			
2 Hansen, Emma	27	Tnya	22:25.23			
	39.63		1:22.73 (43.10)	2:06.59 (43.86)	2:50.93 (44.34)	
	3:35.63 (44.70)		4:20.63 (45.00)	5:05.58 (44.95)	5:50.33 (44.75)	
	6:35.24 (44.91)		7:19.91 (44.67)	8:04.79 (44.88)	8:50.19 (45.40)	
	9:35.06 (44.87)		10:20.63 (45.57)	11:05.62 (44.99)	11:51.12 (45.50)	
	12:36.41 (45.29)		13:21.39 (44.98)	14:06.95 (45.56)	14:51.91 (44.96)	
	15:37.07 (45.16)		16:22.87 (45.80)	17:08.02 (45.15)	17:53.38 (45.36)	
	18:38.62 (45.24)		19:23.97 (45.35)	20:09.27 (45.30)	20:54.73 (45.46)	
	21:39.76 (45.03)		22:25.23 (45.47)			

Women 25-29 50 SC Meter Backstroke

1 Shpaizer, Tal	26	Redt	32.16			
2 Grover, Mollie	28	Terr	33.95			
3 Hansen, Emma	27	Tnya	34.76			
4 Roberts, Cyndi	28	Unat	36.49			
5 Kennedy, Elizabeth	26	Agua	37.43			
6 Rivera, Lisa	27	Berk	39.12			
7 Bloch, Stephanie	25	Tnya	39.48			
8 Richardson, Elyse	25	Agua	40.76			
9 Heberling, Amy	28	Metr	43.19			
10 Snyder, Jennifer	29	Redt	43.97			

Women 25-29 100 SC Meter Backstroke

1 Shpaizer, Tal	26	Redt	1:08.15			
	33.60		1:08.15 (34.55)			
2 Grover, Mollie	28	Terr	1:10.77			
	35.19		1:10.77 (35.58)			
3 McMeen, Lyndsay	29	Gsm	1:13.91			
	36.23		1:13.91 (37.68)			
4 Schoenlank, Julie	29	Metr	1:18.96			
	38.74		1:18.96 (40.22)			
5 Rivera, Lisa	27	Berk	1:24.71			
	40.78		1:24.71 (43.93)			
6 Bloch, Stephanie	25	Tnya	1:30.17			
	42.53		1:30.17 (47.64)			

Women 25-29 200 SC Meter Backstroke

1 Shpaizer, Tal	26	Redt	2:25.75			
	34.65		1:11.98 (37.33)	1:49.31 (37.33)	2:25.75 (36.44)	
2 Grover, Mollie	28	Terr	2:29.36			
	36.77		1:14.66 (37.89)	1:52.23 (37.57)	2:29.36 (37.13)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 25-29 200 SC Meter Backstroke continued

Name	Age	Club	Final Time	
3 Davey, Lisa	27	Agua	2:39.71	
	38.99	1:20.09 (41.10)	2:00.29 (40.20)	2:39.71 (39.42)
4 Hansen, Emma	27	Tnya	2:45.52	
	39.92	1:22.20 (42.28)	2:04.02 (41.82)	2:45.52 (41.50)

Women 25-29 50 SC Meter Breaststroke

1 Hays, Kelsey	27	Redt	37.00
2 Lennon, Jessie	25	Bctm	40.50
3 Richardson, Elyse	25	Agua	41.42
4 Montgomery, Marta	28	Redt	43.10
5 Rosenfeld, Keren	28	Bctm	46.51
6 Snyder, Jennifer	29	Redt	47.15
7 Gately, Liz	27	Tnya	57.34

Women 25-29 100 SC Meter Breaststroke

1 Hays, Kelsey	27	Redt	1:21.38
	39.16	1:21.38 (42.22)	
2 Shpaizer, Tal	26	Redt	1:22.51
	39.26	1:22.51 (43.25)	
3 Richardson, Elyse	25	Agua	1:31.22
	43.21	1:31.22 (48.01)	

Women 25-29 200 SC Meter Breaststroke

1 Davey, Lisa	27	Agua	2:57.27	
	41.45	1:26.09 (44.64)	2:11.62 (45.53)	2:57.27 (45.65)
2 Montgomery, Marta	28	Redt	3:19.43	
	44.19	1:34.25 (50.06)	2:26.68 (52.43)	3:19.43 (52.75)

Women 25-29 50 SC Meter Butterfly

1 Shpaizer, Tal	26	Redt	30.76
2 Mitakakis, Chrissy	26	Bctm	33.79
3 Kobal, Stephanie	27	Unat	34.13
4 McMeen, Lyndsay	29	Gsm	34.21
5 Merritt, Erin	25	Agua	34.59
6 Ninivaggi, Melissa	26	Unat	35.70
7 Guerrero, Melissa	28	Redt	40.12

Women 25-29 100 SC Meter Butterfly

1 Shpaizer, Tal	26	Redt	1:08.22
	31.47	1:08.22 (36.75)	
2 Roberts, Cyndi	28	Unat	1:09.98
	33.01	1:09.98 (36.97)	
3 McMeen, Lyndsay	29	Gsm	1:14.48
	34.35	1:14.48 (40.13)	
4 Mitakakis, Chrissy	26	Bctm	1:17.58
	35.38	1:17.58 (42.20)	
5 Newcomer, Meghan	29	Agua	1:18.62
	35.76	1:18.62 (42.86)	
6 Montgomery, Marta	28	Redt	1:27.11
	39.40	1:27.11 (47.71)	
7 Bloch, Stephanie	25	Tnya	1:34.52
	43.14	1:34.52 (51.38)	
8 Guerrero, Melissa	28	Redt	1:35.72
	40.89	1:35.72 (54.83)	

Women 25-29 200 SC Meter Butterfly

1 Merritt, Erin	25	Agua	2:39.71	
	34.98	1:14.36 (39.38)	1:56.48 (42.12)	2:39.71 (43.23)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 25-29 200 SC Meter Butterfly

Name	Age	Club	Final Time
2 Bloch, Stephanie	25	Tnya	3:15.52
44.45			3:15.52 (2:31.07)

Women 25-29 100 SC Meter IM

1 Hays, Kelsey	27	Redt	1:12.95
35.34			1:12.95 (37.61)
*2 McMeen, Lyndsay	29	Gsm	1:14.12
35.42			1:14.12 (38.70)
*2 Roberts, Cyndi	28	Unat	1:14.12
34.17			1:14.12 (39.95)
4 Konno, Sayaka	27	Bctm	1:16.02
35.27			1:16.02 (40.75)
5 Lennon, Jessie	25	Bctm	1:17.64
35.95			1:17.64 (41.69)
6 Newcomer, Meghan	29	Agua	1:19.33
35.40			1:19.33 (43.93)
7 Kennedy, Elizabeth	26	Agua	1:20.07
37.08			1:20.07 (42.99)
8 Montgomery, Marta	28	Redt	1:23.64
39.27			1:23.64 (44.37)
9 Richardson, Elyse	25	Agua	1:23.77
39.90			1:23.77 (43.87)
10 Hyjek, Christine	27	Bctm	1:24.55
39.84			1:24.55 (44.71)
11 Snyder, Jennifer	29	Redt	1:29.61
42.77			1:29.61 (46.84)
12 Heberling, Amy	28	Metr	1:35.64
42.43			1:35.64 (53.21)

Women 25-29 200 SC Meter IM

1 Konno, Sayaka	27	Bctm	2:44.99
35.53			1:17.83 (42.30) 2:05.45 (47.62) 2:44.99 (39.54)
2 Merritt, Erin	25	Agua	2:45.61
35.23			1:18.38 (43.15) 2:07.86 (49.48) 2:45.61 (37.75)
3 Richardson, Elyse	25	Agua	3:14.13
43.00			1:34.07 (51.07) 2:26.55 (52.48) 3:14.13 (47.58)

Women 25-29 400 SC Meter IM

1 Newcomer, Meghan	29	Agua	6:12.65
38.26			1:25.19 (46.93) 2:13.40 (48.21) 3:01.09 (47.69)
3:54.89 (53.80)			4:49.50 (54.61) 5:31.78 (42.28) 6:12.65 (40.87)

Women 30-34 50 SC Meter Freestyle

1 Kelsey, Jane	34	Redt	29.10
2 Fairman, Abigail	32	Redt	33.17

Women 30-34 100 SC Meter Freestyle

1 Kelsey, Jane	34	Redt	1:01.72
29.94			1:01.72 (31.78)
2 Kagy-Schwartz, Michelle	34	Unat	1:02.90
30.54			1:02.90 (32.36)
3 Clegg, Nicola	34	Redt	1:08.55
32.55			1:08.55 (36.00)
4 Groff-Palermo, Sarah	30	Redt	1:10.35
33.86			1:10.35 (36.49)
5 Fairman, Abigail	32	Redt	1:12.75
34.35			1:12.75 (38.40)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 30-34 100 SC Meter Freestyle continued

Name	Age	Club	Final Time
6 Eckler, Amanda	33	Tnya	1:14.44
35.65	1:14.44	(38.79)	
7 Widman, Sara	31	Metr	1:28.56
40.67	1:28.56	(47.89)	
8 Rauzin, Ivy	31	Bctm	1:31.19
43.05	1:31.19	(48.14)	
9 Vasileva, Mariya	31	Redt	1:36.15
44.67	1:36.15	(51.48)	

Women 30-34 200 SC Meter Freestyle

1 Fairman, Abigail	32	Redt	2:33.24
35.44	1:14.49	(39.05)	1:54.21 (39.72) 2:33.24 (39.03)

Women 30-34 400 SC Meter Freestyle

1 Kagy-Schwartz, Michelle	34	Unat	4:46.38
33.53	1:09.08	(35.55)	1:45.42 (36.34) 2:22.08 (36.66)
2:58.59 (36.51)	3:35.06 (36.47)	4:11.29 (36.23)	4:46.38 (35.09)
2 Kelsey, Jane	34	Redt	4:47.79
32.94	1:08.91	(35.97)	1:45.63 (36.72) 2:22.78 (37.15)
3:00.13 (37.35)	3:37.38 (37.25)	4:13.73 (36.35)	4:47.79 (34.06)
3 Fairman, Abigail	32	Redt	5:15.90
35.08	1:13.77	(38.69)	1:53.71 (39.94) 2:34.17 (40.46)
3:14.97 (40.80)	3:56.04 (41.07)	4:36.49 (40.45)	5:15.90 (39.41)
4 Eckler, Amanda	33	Tnya	5:51.73
41.28	1:25.01	(43.73)	2:08.93 (43.92) 2:53.01 (44.08)
3:37.39 (44.38)	4:21.99 (44.60)	5:07.16 (45.17)	5:51.73 (44.57)
5 Vasileva, Mariya	31	Redt	7:22.40
46.90	1:40.83	(53.93)	2:36.68 (55.85) 3:34.82 (58.14)
4:32.21 (57.39)	5:29.99 (57.78)	7:22.40 (1:52.41)	

Women 30-34 800 SC Meter Freestyle

1 Fairman, Abigail	32	Redt	10:58.47
36.42	1:16.53	(40.11)	1:58.11 (41.58) 2:39.99 (41.88)
3:21.86 (41.87)	4:03.52 (41.66)	4:45.65 (42.13)	5:27.57 (41.92)
6:09.29 (41.72)	6:51.15 (41.86)	7:33.21 (42.06)	8:15.02 (41.81)
8:56.57 (41.55)	9:37.96 (41.39)	10:18.94 (40.98)	10:58.47 (39.53)

Women 30-34 1500 SC Meter Freestyle

1 Taylor, Amy	30	Aqft	18:45.60
35.44	1:14.18	(38.74)	1:53.07 (38.89) 2:31.88 (38.81)
3:10.08 (38.20)	3:48.22 (38.14)	4:26.27 (38.05)	5:04.12 (37.85)
5:42.23 (38.11)	6:20.08 (37.85)	6:57.41 (37.33)	7:35.06 (37.65)
8:12.67 (37.61)	8:50.51 (37.84)	9:27.99 (37.48)	10:05.29 (37.30)
10:42.76 (37.47)	11:20.49 (37.73)	11:57.72 (37.23)	12:34.86 (37.14)
13:12.08 (37.22)	13:49.38 (37.30)	14:26.45 (37.07)	15:03.35 (36.90)
15:40.48 (37.13)	16:17.60 (37.12)	16:54.68 (37.08)	17:32.17 (37.49)
18:09.27 (37.10)	18:45.60 (36.33)		

Women 30-34 50 SC Meter Backstroke

1 Kagy-Schwartz, Michelle	34	Unat	34.10
2 Palmieri, Emily	30	Unat	35.67
3 Mayman, Jennifer	33	Redt	37.46
4 Vasileva, Mariya	31	Redt	49.89

Women 30-34 100 SC Meter Backstroke

1 Fairman, Abigail	32	Redt	1:22.60
39.99	1:22.60	(42.61)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 30-34 200 SC Meter Backstroke

Name	Age	Club	Final Time	
1 Fairman, Abigail	32	Redt	2:53.57	
41.68	1:25.86 (44.18)	2:10.75 (44.89)	2:53.57 (42.82)	
2 Groff-Palermo, Sarah	30	Redt	3:02.07	
44.07	1:31.17 (47.10)	2:18.18 (47.01)	3:02.07 (43.89)	

Women 30-34 50 SC Meter Breaststroke

1 Clegg, Nicola	34	Redt	38.19	
2 Mayman, Jennifer	33	Redt	42.27	
3 Jones, Stacey	33	Gsm	42.32	
4 Widman, Sara	31	Metr	45.13	

Women 30-34 200 SC Meter Breaststroke

1 Clegg, Nicola	34	Redt	2:57.35	
40.26	1:25.25 (44.99)	2:11.77 (46.52)	2:57.35 (45.58)	
2 Mayman, Jennifer	33	Redt	3:07.24	
44.20	1:32.40 (48.20)	2:20.05 (47.65)	3:07.24 (47.19)	
3 Groff-Palermo, Sarah	30	Redt	3:20.55	
47.51	1:38.54 (51.03)	2:30.43 (51.89)	3:20.55 (50.12)	
4 Widman, Sara	31	Metr	3:38.96	
48.39		1:43.06 ()	3:38.96 (1:55.90)	

Women 30-34 200 SC Meter Butterfly

1 Kelsey, Jane	34	Redt	2:41.12	
35.68	1:17.27 (41.59)	1:59.45 (42.18)	2:41.12 (41.67)	

Women 30-34 100 SC Meter IM

1 Kagy-Schwartz, Michelle	34	Unat	1:12.91	
34.61	1:12.91 (38.30)			
2 Palmieri, Emily	30	Unat	1:17.74	
36.10	1:17.74 (41.64)			
3 Clegg, Nicola	34	Redt	1:17.89	
38.18	1:17.89 (39.71)			
4 Mayman, Jennifer	33	Redt	1:20.24	
37.94	1:20.24 (42.30)			
5 Jones, Stacey	33	Gsm	1:26.30	
40.45	1:26.30 (45.85)			
6 Widman, Sara	31	Metr	1:39.34	
48.51	1:39.34 (50.83)			
7 Rauzin, Ivy	31	Bctm	1:43.82	
48.86	1:43.82 (54.96)			
8 Vasileva, Mariya	31	Redt	1:49.31	
49.09	1:49.31 (1:00.22)			

Women 30-34 400 SC Meter IM

1 Kelsey, Jane	34	Redt	5:34.70	
35.99	1:17.06 (41.07)	2:00.14 (43.08)	2:43.33 (43.19)	
3:33.23 (49.90)	4:23.88 (50.65)	4:59.90 (36.02)	5:34.70 (34.80)	
2 Kagy-Schwartz, Michelle	34	Unat	5:38.88	
35.85	1:16.43 (40.58)	2:04.12 (47.69)	2:47.50 (43.38)	
3:35.80 (48.30)	4:24.74 (48.94)	5:02.56 (37.82)	5:38.88 (36.32)	

Women 35-39 50 SC Meter Freestyle

1 Kyff, Jen	36	Metr	31.11	
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Women 35-39 100 SC Meter Freestyle

1 Kyff, Jen	36	Metr	1:07.93	
32.54	1:07.93 (35.39)			
2 Armentrout, Anna	38	Redt	1:09.05	
32.91	1:09.05 (36.14)			

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 35-39 100 SC Meter Freestyle continued

Name	Age	Club	Final Time
3 Levi, Susie	35	Redt	1:11.61
33.68	1:11.61 (37.93)		
4 Fahey, Lisa	39	Metr	1:13.53
35.58	1:13.53 (37.95)		
5 Menocal, Carmen	35	Redt	1:20.92
38.66	1:20.92 (42.26)		

Women 35-39 200 SC Meter Freestyle

1 Crassier, Cecile	39	Agua	3:08.50
43.74	1:31.09 (47.35)	2:21.13 (50.04)	3:08.50 (47.37)

Women 35-39 400 SC Meter Freestyle

1 Kellachan, Jeanne	38	WM	5:00.17
34.50	1:11.18 (36.68)	1:48.49 (37.31)	2:26.19 (37.70)
3:04.73 (38.54)	3:43.19 (38.46)	4:21.90 (38.71)	5:00.17 (38.27)
2 Negley, Heather	37	Gsm	5:06.18
34.03	1:10.60 (36.57)	1:48.57 (37.97)	2:27.55 (38.98)
3:06.60 (39.05)	3:46.38 (39.78)	4:26.65 (40.27)	5:06.18 (39.53)
3 Armentrout, Anna	38	Redt	5:16.20
35.74	1:15.07 (39.33)	1:55.38 (40.31)	2:36.05 (40.67)
3:17.04 (40.99)	3:57.46 (40.42)	4:36.93 (39.47)	5:16.20 (39.27)
4 Bauman, Jennifer	37	Berk	5:23.33
37.24	1:17.13 (39.89)	1:57.50 (40.37)	2:38.60 (41.10)
3:19.69 (41.09)	4:01.31 (41.62)	4:43.21 (41.90)	5:23.33 (40.12)
5 Fahey, Lisa	39	Metr	5:48.07
37.17	1:19.89 (42.72)	2:03.09 (43.20)	2:47.90 (44.81)
3:33.25 (45.35)	4:19.00 (45.75)	5:04.80 (45.80)	5:48.07 (43.27)

Women 35-39 1500 SC Meter Freestyle

1 Turnbull-Brown, Elisabeth	37	Tnya	25:02.68
41.22	1:28.48 (47.26)	2:16.19 (47.71)	3:04.82 (48.63)
3:53.36 (48.54)		4:42.38 ()	5:31.03 (48.65)
6:19.62 (48.59)	7:08.34 (48.72)	7:57.01 (48.67)	8:46.80 (49.79)
	9:38.05 ()	10:29.19 (51.14)	11:20.18 (50.99)
12:11.90 (51.72)	13:03.36 (51.46)	13:53.92 (50.56)	
14:45.25 ()	15:37.27 (52.02)	16:28.93 (51.66)	17:22.14 (53.21)
18:12.85 (50.71)	19:05.60 (52.75)		19:57.57 ()
20:48.82 (51.25)	21:40.56 (51.74)	22:32.72 (52.16)	23:22.20 (49.48)
			25:02.68 (1:40.48)

Women 35-39 50 SC Meter Backstroke

1 Kellachan, Jeanne	38	WM	32.73
2 Davidson, Michelle	39	Gsm	32.99
3 Armentrout, Anna	38	Redt	35.52
4 Kyff, Jen	36	Metr	36.78
5 Menocal, Carmen	35	Redt	42.19
6 Levi, Susie	35	Redt	42.33

Women 35-39 100 SC Meter Backstroke

1 Kyff, Jen	36	Metr	1:23.75
40.44	1:23.75 (43.31)		

Women 35-39 200 SC Meter Backstroke

1 Davidson, Michelle	39	Gsm	2:33.05
35.45	1:14.09 (38.64)	1:53.90 (39.81)	2:33.05 (39.15)
2 Negley, Heather	37	Gsm	2:40.89
38.39	1:18.45 (40.06)	1:59.30 (40.85)	2:40.89 (41.59)
3 Armentrout, Anna	38	Redt	2:46.21
38.82	1:21.31 (42.49)	2:04.46 (43.15)	2:46.21 (41.75)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 35-39 200 SC Meter Backstroke continued

Name	Age	Club	Final Time		
4 Kyff, Jen	36	Metr			2:52.52
	40.65	1:24.86 (44.21)	2:09.73 (44.87)	2:52.52 (42.79)	
5 Menocal, Carmen	35	Redt			3:15.41
	46.37	1:35.84 (49.47)	2:28.12 (52.28)	3:15.41 (47.29)	

Women 35-39 50 SC Meter Breaststroke

1 Kellachan, Jeanne	38	WM			40.51
2 Bauman, Jennifer	37	Berk			41.18
3 Turnbull-Brown, Elisabeth	37	Tnya			41.97

Women 35-39 100 SC Meter Breaststroke

1 Bauman, Jennifer	37	Berk			1:29.49
	42.23	1:29.49 (47.26)			
2 Turnbull-Brown, Elisabeth	37	Tnya			1:31.57
	43.32	1:31.57 (48.25)			

Women 35-39 200 SC Meter Breaststroke

1 Turnbull-Brown, Elisabeth	37	Tnya			3:20.91
	45.14	1:36.53 (51.39)	2:28.84 (52.31)	3:20.91 (52.07)	

Women 35-39 50 SC Meter Butterfly

1 Kyff, Jen	36	Metr			36.00
2 Bauman, Jennifer	37	Berk			36.46
3 Turnbull-Brown, Elisabeth	37	Tnya			39.99

Women 35-39 100 SC Meter Butterfly

1 Armentrout, Anna	38	Redt			1:15.45
	36.24	1:15.45 (39.21)			
2 Davidson, Michelle	39	Gsm			1:16.21
	35.59	1:16.21 (40.62)			
3 Bauman, Jennifer	37	Berk			1:21.05
	37.54	1:21.05 (43.51)			

Women 35-39 200 SC Meter Butterfly

1 Kyff, Jen	36	Metr			3:18.06
	41.48	1:30.80 (49.32)	3:18.06 (1:47.26)		

Women 35-39 100 SC Meter IM

1 Kellachan, Jeanne	38	WM			1:13.11
	33.71	1:13.11 (39.40)			
2 Davidson, Michelle	39	Gsm			1:15.97
	33.66	1:15.97 (42.31)			
3 Negley, Heather	37	Gsm			1:17.95
	36.75	1:17.95 (41.20)			
4 Levi, Susie	35	Redt			1:25.70
	40.33	1:25.70 (45.37)			
5 Turnbull-Brown, Elisabeth	37	Tnya			1:28.68
	44.71	1:28.68 (43.97)			

Women 35-39 400 SC Meter IM

1 Davidson, Michelle	39	Gsm			5:46.27
	35.94	1:16.33 (40.39)	1:56.97 (40.64)	2:37.45 (40.48)	
	3:32.46 (55.01)	4:25.91 (53.45)	5:06.71 (40.80)	5:46.27 (39.56)	

Women 40-44 50 SC Meter Freestyle

1 Willeboordse, Fall	43	Redt			27.43
2 Wager, Susan	44	Redt			27.47
3 Gary, Kristin	42	Redt			28.12
4 Ekstrom, Gretchen	43	Terr			29.19

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 40-44 50 SC Meter Freestyle continued

Name	Age	Club	Final Time
5 Lovejoy, Rachel	40	Redt	30.14
6 Harris, Janet	44	Tnya	31.29

Women 40-44 100 SC Meter Freestyle

*1 Gary, Kristin	42	Redt	1:00.81
29.13	1:00.81 (31.68)		
*1 Willeboordse, Fall	43	Redt	1:00.81
28.82	1:00.81 (31.99)		
3 Wager, Susan	44	Redt	1:00.84
29.51	1:00.84 (31.33)		
4 Ekstrom, Gretchen	43	Terr	1:04.81
31.10	1:04.81 (33.71)		
5 Lovejoy, Rachel	40	Redt	1:09.09
32.21	1:09.09 (36.88)		
6 Madden, Michele	41	WM	1:10.15
33.28	1:10.15 (36.87)		
7 MacDonald, Jane	40	WM	1:12.55
34.89	1:12.55 (37.66)		
8 Worrall, Cortney	41	Metr	1:17.88
36.16	1:17.88 (41.72)		
9 Berger, Kirsten	41	Metr	1:18.44
38.56	1:18.44 (39.88)		

Women 40-44 200 SC Meter Freestyle

1 Ekstrom, Gretchen	43	Terr	2:21.04
32.25	1:08.49 (36.24)	1:45.34 (36.85)	2:21.04 (35.70)
2 Ascione, Lynn	42	Berk	2:31.47
35.24	1:13.35 (38.11)	1:52.43 (39.08)	2:31.47 (39.04)
3 Moffett, Erica	40	Agua	2:32.14
35.65	1:14.72 (39.07)	1:54.11 (39.39)	2:32.14 (38.03)

Women 40-44 400 SC Meter Freestyle

1 Wager, Susan	44	Redt	4:47.17
33.27	1:09.22 (35.95)	1:46.19 (36.97)	2:23.40 (37.21)
2:59.88 (36.48)	3:36.55 (36.67)	4:12.36 (35.81)	4:47.17 (34.81)
2 Ekstrom, Gretchen	43	Terr	5:08.46
34.28	1:12.65 (38.37)	1:52.06 (39.41)	2:31.91 (39.85)
3:11.73 (39.82)	3:51.03 (39.30)	4:30.35 (39.32)	5:08.46 (38.11)
3 Berger, Kirsten	41	Metr	5:55.23
40.25	1:23.87 (43.62)	2:08.52 (44.65)	2:54.28 (45.76)
3:40.09 (45.81)	4:26.11 (46.02)	5:11.42 (45.31)	5:55.23 (43.81)
4 Yamashita, Miki	43	Redt	7:07.50
47.46	1:41.71 (54.25)	2:37.00 (55.29)	3:31.36 (54.36)
4:26.28 (54.92)	5:20.87 (54.59)	6:15.24 (54.37)	7:07.50 (52.26)

Women 40-44 800 SC Meter Freestyle

1 Berger, Kirsten	41	Metr	12:20.37
40.97	1:25.62 (44.65)	2:11.95 (46.33)	2:58.58 (46.63)
3:45.53 (46.95)	4:33.30 (47.77)	5:21.70 (48.40)	6:09.02 (47.32)
6:56.01 (46.99)	7:43.00 (46.99)	8:29.99 (46.99)	9:16.92 (46.93)
10:03.85 (46.93)	10:50.27 (46.42)	11:36.85 (46.58)	12:20.37 (43.52)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 40-44 1500 SC Meter Freestyle

Name	Age	Club	Final Time		
1 Hug, Laurie	44	1776	18:46.33		
	34.36	1:11.80 (37.44)	1:49.26 ()		
	2:26.88 (37.62)		3:04.30 ()	3:41.86 (37.56)	
		4:19.71 ()	4:57.07 (37.36)		
	5:34.66 ()	6:11.99 (37.33)	6:49.65 ()		
	7:27.37 (37.72)		8:05.04 ()	8:43.03 (37.99)	
		9:20.69 ()	9:58.35 (37.66)	10:36.34 (37.99)	
		11:14.02 ()	11:51.76 (37.74)		
	12:29.94 ()	13:07.98 (38.04)	13:45.97 ()	18:46.33 (5:00.36)	
2 Moffett, Erica	40	Agua	21:00.84		
	36.74	1:16.68 (39.94)	1:58.05 (41.37)	2:39.55 (41.50)	
	3:21.66 (42.11)	4:03.61 (41.95)	4:45.38 (41.77)	5:27.41 (42.03)	
	6:09.69 (42.28)	6:51.67 (41.98)	7:33.74 (42.07)	8:15.70 (41.96)	
	8:58.00 (42.30)	9:40.65 (42.65)	10:23.18 (42.53)	11:05.69 (42.51)	
	11:47.94 (42.25)	12:30.47 (42.53)	13:13.30 (42.83)	13:55.65 (42.35)	
	14:38.44 (42.79)	15:21.28 (42.84)	16:03.77 (42.49)	16:46.21 (42.44)	
	17:28.77 (42.56)	18:11.08 (42.31)	18:53.73 (42.65)	19:36.54 (42.81)	
	20:19.32 (42.78)	21:00.84 (41.52)			

Women 40-44 50 SC Meter Backstroke

1 Gary, Kristin	42	Redt	31.02
2 Willeboordse, Fall	43	Redt	31.06
3 Luallen-Egg, Andrea	44	Gsm	34.43
4 Harris, Janet	44	Tnya	34.91
5 Lovejoy, Rachel	40	Redt	36.83
6 Madden, Michele	41	WM	37.16
7 MacDonald, Jane	40	WM	40.24
8 Mestecky, Rowan	43	Redt	40.67
9 O'Carroll, Priscilla	43	Agua	55.96

Women 40-44 100 SC Meter Backstroke

1 Gary, Kristin	42	Redt	1:05.56
	32.02	1:05.56 (33.54)	
2 Luallen-Egg, Andrea	44	Gsm	1:14.68
	36.52	1:14.68 (38.16)	
3 Ekstrom, Gretchen	43	Terr	1:16.13
	37.08	1:16.13 (39.05)	
4 Moffett, Erica	40	Agua	1:19.66
	38.02	1:19.66 (41.64)	

Women 40-44 200 SC Meter Backstroke

1 Gary, Kristin	42	Redt	2:28.38
	35.25	1:12.51 (37.26)	1:50.61 (38.10)
			2:28.38 (37.77)
2 Luallen-Egg, Andrea	44	Gsm	2:46.49
	39.62	1:22.44 (42.82)	2:04.77 (42.33)
			2:46.49 (41.72)

Women 40-44 50 SC Meter Breaststroke

1 Harris, Janet	44	Tnya	39.97
2 Ascione, Lynn	42	Berk	41.68
3 Madden, Michele	41	WM	42.42
4 Worrall, Cortney	41	Metr	42.66
5 Mestecky, Rowan	43	Redt	46.44
6 Yamashita, Miki	43	Redt	52.47
7 O'Carroll, Priscilla	43	Agua	58.24

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 40-44 100 SC Meter Breaststroke

Name	Age	Club	Final Time
1 Ascione, Lynn	42	Berk	1:26.65
41.88	1:26.65 (44.77)		
2 Harris, Janet	44	Tnya	1:28.13
41.24	1:28.13 (46.89)		
3 Luallen-Egg, Andrea	44	Gsm	1:31.38
42.78	1:31.38 (48.60)		

Women 40-44 200 SC Meter Breaststroke

1 Ascione, Lynn	42	Berk	3:07.11
43.01	1:29.52 (46.51)	2:18.30 (48.78)	3:07.11 (48.81)
2 Harris, Janet	44	Tnya	3:11.34
43.25	1:32.60 (49.35)	2:21.82 (49.22)	3:11.34 (49.52)
3 Worrall, Cortney	41	Metr	3:20.96
42.77	1:32.27 (49.50)	2:26.85 (54.58)	3:20.96 (54.11)

Women 40-44 50 SC Meter Butterfly

1 Willeboordse, Fall	43	Redt	30.68
2 Wager, Susan	44	Redt	31.39
3 Lovejoy, Rachel	40	Redt	33.09
4 Harris, Janet	44	Tnya	34.95

Women 40-44 100 SC Meter Butterfly

1 Berger, Kirsten	41	Metr	1:28.71
40.35	1:28.71 (48.36)		

Women 40-44 100 SC Meter IM

1 Willeboordse, Fall	43	Redt	1:08.49
31.35	1:08.49 (37.14)		
2 Ekstrom, Gretchen	43	Terr	1:17.60
35.54	1:17.60 (42.06)		
3 Harris, Janet	44	Tnya	1:17.90
36.38	1:17.90 (41.52)		
4 Madden, Michele	41	WM	1:20.54
37.67	1:20.54 (42.87)		
5 Lovejoy, Rachel	40	Redt	1:23.13
35.81	1:23.13 (47.32)		
6 MacDonald, Jane	40	WM	1:23.88
39.24	1:23.88 (44.64)		
7 Worrall, Cortney	41	Metr	1:28.40
42.16	1:28.40 (46.24)		
8 Mestecky, Rowan	43	Redt	1:30.46
42.74	1:30.46 (47.72)		
9 Yamashita, Miki	43	Redt	1:47.18
52.15	1:47.18 (55.03)		
10 O'Carroll, Priscilla	43	Agua	1:57.33
55.01	1:57.33 (1:02.32)		

Women 40-44 400 SC Meter IM

1 Hug, Laurie	44	1776	5:34.70
35.40	1:15.48 (40.08)	1:59.37 (43.89)	2:41.79 (42.42)
3:29.55 (47.76)	4:18.26 (48.71)	4:57.79 (39.53)	5:34.70 (36.91)
2 Harris, Janet	44	Tnya	6:06.99
41.85	1:29.87 (48.02)	2:16.14 (46.27)	3:02.63 (46.49)
3:55.42 (52.79)	4:47.26 (51.84)	5:27.98 (40.72)	6:06.99 (39.01)

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RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 45-49 50 SC Meter Freestyle

Name	Age	Club	Final Time
1 Ditommaso, Laurie	47	Gsm	28.84
2 Saillot, Anne-France	47	Berk	32.26

Women 45-49 100 SC Meter Freestyle

1 Ditommaso, Laurie	47	Gsm	1:04.63
30.95	1:04.63 (33.68)		
2 Carow, Amy	48	Gsm	1:05.61
31.82	1:05.61 (33.79)		
3 Koster, Carolyn	48	Metr	1:10.33
33.25	1:10.33 (37.08)		
4 Saillot, Anne-France	47	Berk	1:15.79
36.68	1:15.79 (39.11)		
5 Tuliao, Miriam	48	Tnya	1:40.60
48.05	1:40.60 (52.55)		
6 Pinzon, Beverly	49	Agua	2:02.68
56.87	2:02.68 (1:05.81)		

Women 45-49 200 SC Meter Freestyle

1 Kiernan, Ginger	48	Unat	2:42.01
38.20	1:18.74 (40.54)	2:00.46 (41.72)	2:42.01 (41.55)
2 Saillot, Anne-France	47	Berk	2:49.59
38.89	1:21.87 (42.98)	2:06.71 (44.84)	2:49.59 (42.88)

Women 45-49 400 SC Meter Freestyle

1 Carow, Amy	48	Gsm	5:10.51
34.21	1:11.94 (37.73)	1:50.80 (38.86)	2:30.67 (39.87)
3:11.12 (40.45)	3:51.44 (40.32)	4:31.75 (40.31)	5:10.51 (38.76)
2 Kupan, Cheryl	45	Mesc	5:18.36
37.88	1:17.94 (40.06)	1:58.20 (40.26)	2:38.79 (40.59)
3:19.14 (40.35)	3:59.18 (40.04)	4:38.94 (39.76)	5:18.36 (39.42)
3 Saillot, Anne-France	47	Berk	6:00.75
40.39	1:25.02 (44.63)	2:11.93 (46.91)	2:58.34 (46.41)
3:45.46 (47.12)	4:32.37 (46.91)	5:18.07 (45.70)	6:00.75 (42.68)

Women 45-49 800 SC Meter Freestyle

1 Carow, Amy	48	Gsm	10:43.71
35.40	1:14.75 (39.35)	1:54.68 (39.93)	2:34.89 (40.21)
3:15.19 (40.30)	3:55.68 (40.49)	4:36.38 (40.70)	5:17.00 (40.62)
5:57.52 (40.52)	6:38.59 (41.07)	7:19.89 (41.30)	8:01.19 (41.30)
8:42.51 (41.32)	9:23.92 (41.41)	10:04.90 (40.98)	10:43.71 (38.81)
2 Jacob, Marybeth	47	Gsm	13:51.21
45.96	1:34.91 (48.95)	3:18.11 (1:43.20)	4:10.70 (52.59)
5:03.96 (53.26)	5:59.06 (55.10)	6:52.35 (53.29)	7:44.66 (52.31)
8:36.78 (52.12)	9:30.21 (53.43)	10:22.87 (52.66)	11:15.75 (52.88)
12:09.02 (53.27)	13:02.12 (53.10)	13:51.21 (49.09)	
3 Heath, Joan	45	Agua	14:49.67
47.19	1:41.03 (53.84)	2:37.85 (56.82)	3:34.77 (56.92)
4:31.23 (56.46)	5:28.75 (57.52)	6:26.23 (57.48)	7:23.14 (56.91)
8:20.17 (57.03)	9:16.81 (56.64)	10:12.26 (55.45)	11:09.35 (57.09)
12:06.38 (57.03)	13:02.93 (56.55)	13:59.10 (56.17)	14:49.67 (50.57)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 45-49 1500 SC Meter Freestyle

Name	Age	Club	Final Time			
1 Cronin-Stagnari, Barbara	48	Aqft	21:09.83			
	36.72	1:16.68 (39.96)	1:57.86 (41.18)	2:39.60 (41.74)		
	3:21.83 (42.23)	4:04.29 (42.46)	4:46.97 (42.68)	5:29.50 (42.53)		
	6:12.26 (42.76)	6:54.88 (42.62)	7:37.27 (42.39)	8:19.68 (42.41)		
	9:02.15 (42.47)	9:44.89 (42.74)	10:27.40 (42.51)	11:09.89 (42.49)		
	11:53.01 (43.12)	12:35.90 (42.89)	13:18.87 (42.97)	14:01.57 (42.70)		
	14:44.34 (42.77)	15:27.62 (43.28)	16:10.76 (43.14)	16:54.45 (43.69)		
	17:37.60 (43.15)	18:20.07 (42.47)	19:03.25 (43.18)	19:46.20 (42.95)		
	20:29.02 (42.82)	21:09.83 (40.81)				
2 Kiernan, Ginger	48	Unat	21:38.72			
	38.26	1:19.38 (41.12)	2:01.94 (42.56)	2:44.61 (42.67)		
	3:27.55 (42.94)	4:10.59 (43.04)	4:53.30 (42.71)	5:36.72 (43.42)		
	6:20.69 (43.97)	7:03.81 (43.12)	7:47.00 (43.19)	8:30.65 (43.65)		
	9:14.62 (43.97)	9:58.05 (43.43)	10:41.79 (43.74)	11:25.06 (43.27)		
	12:08.69 (43.63)	12:52.68 (43.99)	13:36.88 (44.20)	14:20.59 (43.71)		
	15:04.50 (43.91)	15:48.37 (43.87)	16:32.32 (43.95)	17:16.15 (43.83)		
	17:59.94 (43.79)	18:43.55 (43.61)	19:27.43 (43.88)	20:11.22 (43.79)		
	20:54.72 (43.50)	21:38.72 (44.00)				
3 Hyink, Deborah	46	Tnya	33:50.84			
	1:00.92					
		16:47.48 ()	17:55.67 (1:08.19)	20:11.34 (2:15.67)		
		21:19.22 ()	22:27.82 (1:08.60)			
	23:37.11 ()	33:50.84 (10:13.73)				

Women 45-49 50 SC Meter Backstroke

1 Ditommaso, Laurie	47	Gsm	33.38
2 Saillot, Anne-France	47	Berk	42.37
3 Baker, Janice	49	Gsm	44.38
4 Pinzon, Beverly	49	Agua	1:01.85
--- Hyink, Deborah	46	Tnya	DQ

Women 45-49 100 SC Meter Backstroke

1 Kupan, Cheryl	45	Mesc	1:23.11
	40.29	1:23.11 (42.82)	
2 Saillot, Anne-France	47	Berk	1:34.47
	46.63	1:34.47 (47.84)	

Women 45-49 200 SC Meter Backstroke

1 Kupan, Cheryl	45	Mesc	3:01.03
	43.18	1:28.44 (45.26)	2:14.58 (46.14)
			3:01.03 (46.45)

Women 45-49 50 SC Meter Breaststroke

1 Koster, Carolyn	48	Metr	39.26
2 Kupan, Cheryl	45	Mesc	41.10
3 Baker, Janice	49	Gsm	47.64

Women 45-49 100 SC Meter Breaststroke

1 Koster, Carolyn	48	Metr	1:26.07
	40.39	1:26.07 (45.68)	
2 Kupan, Cheryl	45	Mesc	1:29.76
	23.06	1:29.76 (1:06.70)	

Women 45-49 200 SC Meter Breaststroke

1 Tuliao, Miriam	48	Tnya	4:19.18
	1:02.38	2:08.35 (1:05.97)	3:14.55 (1:06.20)
			4:19.18 (1:04.63)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 45-49 50 SC Meter Butterfly

Name	Age	Club	Final Time
1 Ditommaso, Laurie	47	Gsm	30.28
2 Kupan, Cheryl	45	Mesc	34.04
3 Koster, Carolyn	48	Metr	34.98
4 Saillot, Anne-France	47	Berk	38.18

Women 45-49 100 SC Meter Butterfly

1 Kupan, Cheryl	45	Mesc	1:15.61
34.97	1:15.61 (40.64)		
2 Heath, Joan	45	Agua	1:50.40
52.61	1:50.40 (57.79)		

Women 45-49 100 SC Meter IM

1 Ditommaso, Laurie	47	Gsm	1:11.30
33.28	1:11.30 (38.02)		
2 Koster, Carolyn	48	Metr	1:20.38
39.65	1:20.38 (40.73)		
3 Saillot, Anne-France	47	Berk	1:28.49
41.43	1:28.49 (47.06)		
4 Baker, Janice	49	Gsm	1:31.94
42.82	1:31.94 (49.12)		
5 Heath, Joan	45	Agua	1:44.25
49.41	1:44.25 (54.84)		
6 Pinzon, Beverly	49	Agua	2:18.21
1:03.49	2:18.21 (1:14.72)		
--- Tuliao, Miriam	48	Tnya	DQ
59.90	DQ (55.44)		

Women 45-49 200 SC Meter IM

1 Kupan, Cheryl	45	Mesc	2:54.43
36.22	1:21.52 (45.30)	2:14.64 (53.12)	2:54.43 (39.79)

Women 50-54 50 SC Meter Freestyle

1 Johansson, Joey	51	Redt	35.37
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Women 50-54 100 SC Meter Freestyle

1 McGregor, Barbara	50	Agua	1:10.19
33.64	1:10.19 (36.55)		
2 Johansson, Joey	51	Redt	1:18.05
36.50	1:18.05 (41.55)		
3 Driscoll, Colleen	51	Aqft	1:22.47
40.03	1:22.47 (42.44)		
4 Postallian, Marcia	53	Drms	1:41.83
47.11	1:41.83 (54.72)		
5 Hanlon-Grossi, Maura	54	Agua	1:47.71

Women 50-54 200 SC Meter Freestyle

1 Coley, Anne	54	WM	2:44.09
38.11	1:20.14 (42.03)	2:02.83 (42.69)	2:44.09 (41.26)
2 Driscoll, Colleen	51	Aqft	2:49.48
39.84	1:23.44 (43.60)	2:06.97 (43.53)	2:49.48 (42.51)
3 Johansson, Joey	51	Redt	3:06.62
40.22	1:24.94 (44.72)	2:11.02 (46.08)	3:06.62 (55.60)

Women 50-54 400 SC Meter Freestyle

1 Einsidler, Karen	53	Agua	5:04.61
34.66	1:12.34 (37.68)	1:50.88 (38.54)	2:29.44 (38.56)
3:07.76 (38.32)	3:46.76 (39.00)	4:26.05 (39.29)	5:04.61 (38.56)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 50-54 400 SC Meter Freestyle

Name	Age	Club	Final Time			
2 McGregor, Barbara	50	Agua	5:13.90			
34.76	1:12.81 (38.05)	1:52.98 (40.17)	2:33.52 (40.54)			
3:14.14 (40.62)	3:54.72 (40.58)	4:35.44 (40.72)	5:13.90 (38.46)			
3 Driscoll, Colleen	51	Aqft	5:53.26			
41.29	1:25.68 (44.39)	2:10.70 (45.02)	2:55.68 (44.98)			
3:40.25 (44.57)	4:25.03 (44.78)	5:10.08 (45.05)	5:53.26 (43.18)			
4 Johansson, Joey	51	Redt	6:13.50			
40.67	1:25.72 (45.05)	2:11.62 (45.90)	2:58.70 (47.08)			
3:46.19 (47.49)	4:35.07 (48.88)	5:24.86 (49.79)	6:13.50 (48.64)			
5 Colby, Laura	52	Redt	6:47.75			
45.32	1:35.23 (49.91)	2:26.77 (51.54)	3:19.37 (52.60)			
4:12.38 (53.01)	5:05.04 (52.66)	5:57.80 (52.76)	6:47.75 (49.95)			
6 Snyder, Sharon	51	Agua	7:12.06			
47.04	1:39.79 (52.75)	2:34.19 (54.40)	3:29.31 (55.12)			
4:25.93 (56.62)	5:22.95 (57.02)	6:20.61 (57.66)	7:12.06 (51.45)			
7 Postallian, Marcia	53	Drms	7:28.32			
47.31	1:43.01 (55.70)	2:41.28 (58.27)	3:39.58 (58.30)			
4:37.54 (57.96)	5:35.59 (58.05)	6:33.59 (58.00)	7:28.32 (54.73)			
8 Foley, Evelyn	50	Metr	9:49.52			
1:02.63	3:24.29 (2:21.66)	4:39.84 (1:15.55)	5:52.92 (1:13.08)			
7:06.77 (1:13.85)	8:19.00 (1:12.23)	9:49.52 (1:30.52)				

Women 50-54 800 SC Meter Freestyle

1 Einsidler, Karen	53	Agua	10:27.22			
35.90	1:15.22 (39.32)	1:55.16 (39.94)	2:35.27 (40.11)			
3:15.83 (40.56)	3:55.71 (39.88)	4:35.53 (39.82)	5:15.57 (40.04)			
5:55.35 (39.78)	6:34.95 (39.60)	7:14.31 (39.36)	7:53.42 (39.11)			
8:32.53 (39.11)	9:11.67 (39.14)	9:50.53 (38.86)	10:27.22 (36.69)			
2 McGregor, Barbara	50	Agua	11:07.89			
36.02	1:15.84 (39.82)	1:57.61 (41.77)	2:40.26 (42.65)			
3:22.42 (42.16)	4:04.95 (42.53)	4:47.73 (42.78)	5:30.76 (43.03)			
6:13.64 (42.88)	6:56.56 (42.92)	7:39.32 (42.76)	8:21.52 (42.20)			
9:03.90 (42.38)	9:46.25 (42.35)	10:28.55 (42.30)	11:07.89 (39.34)			

Women 50-54 1500 SC Meter Freestyle

1 Driscoll, Colleen	51	Aqft	24:09.42			
			2:19.93 ()	3:08.26 (48.33)		
4:44.85 ()	6:21.41 (1:36.56)		7:58.27 ()	8:46.10 (47.83)		
9:34.37 (48.27)	10:22.50 (48.13)	11:10.82 (48.32)	11:59.61 (48.79)			
12:48.20 (48.59)	13:37.17 (48.97)	14:26.11 (48.94)	15:15.04 (48.93)			
16:04.00 (48.96)	16:52.71 (48.71)	17:41.39 (48.68)	18:30.41 (49.02)			
19:19.70 (49.29)	20:09.07 (49.37)	20:57.81 (48.74)	21:47.01 (49.20)	24:09.42 (2:22.41)		
2 Postallian, Marcia	53	Drms	28:34.91			
50.36	1:46.83 (56.47)		2:46.05 ()			
3:43.57 (57.52)		4:41.37 ()	5:38.87 (57.50)			
	6:36.48 ()	7:34.31 (57.83)				
8:31.57 ()	9:28.71 (57.14)		10:26.16 ()			
11:23.82 (57.66)		12:20.90 ()	13:18.02 (57.12)			
	14:14.91 ()	15:13.00 (58.09)	16:09.77 (56.77)			
	17:06.62 ()	18:04.70 (58.08)				
19:02.39 ()	20:00.34 (57.95)		20:58.25 ()	28:34.91 (7:36.66)		

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 50-54 50 SC Meter Backstroke

Name	Age	Club	Final Time
1 McGregor, Barbara	50	Agua	39.41
2 Colby, Laura	52	Redt	46.14

Women 50-54 200 SC Meter Backstroke

1 Einsidler, Karen	53	Agua	2:44.22
39.35	1:20.72 (41.37)	2:03.13 (42.41)	2:44.22 (41.09)
2 McGregor, Barbara	50	Agua	3:00.74
42.29	1:27.84 (45.55)	2:15.01 (47.17)	3:00.74 (45.73)

Women 50-54 50 SC Meter Breaststroke

1 Coley, Anne	54	WM	42.08
2 Driscoll, Colleen	51	Aqft	49.72
3 Postallian, Marcia	53	Drms	56.80
4 Hanlon-Grossi, Maura	54	Agua	1:00.74
5 Foley, Evelyn	50	Metr	1:09.56

Women 50-54 100 SC Meter Breaststroke

1 Coley, Anne	54	WM	1:29.77
41.76	1:29.77 (48.01)		
2 Driscoll, Colleen	51	Aqft	1:45.60
50.57	1:45.60 (55.03)		

Women 50-54 200 SC Meter Breaststroke

1 Coley, Anne	54	WM	3:15.02
43.75	1:32.26 (48.51)	2:23.05 (50.79)	3:15.02 (51.97)
2 Driscoll, Colleen	51	Aqft	3:51.17
54.38	1:54.22 (59.84)	2:53.59 (59.37)	3:51.17 (57.58)

Women 50-54 50 SC Meter Butterfly

1 Johansson, Joey	51	Redt	39.79
2 Snyder, Sharon	51	Agua	46.40

Women 50-54 100 SC Meter Butterfly

1 Snyder, Sharon	51	Agua	1:45.65
48.65	1:45.65 (57.00)		

Women 50-54 200 SC Meter Butterfly

1 Snyder, Sharon	51	Agua	3:58.40
53.36	1:54.71 (1:01.35)	3:58.40 (2:03.69)	

Women 50-54 100 SC Meter IM

1 Coley, Anne	54	WM	1:27.62
43.06	1:27.62 (44.56)		
2 Johansson, Joey	51	Redt	1:32.15
41.81	1:32.15 (50.34)		
3 Colby, Laura	52	Redt	1:41.32
48.98	1:41.32 (52.34)		
4 Hanlon-Grossi, Maura	54	Agua	2:21.69
1:11.90	2:21.69 (1:09.79)		

Women 50-54 200 SC Meter IM

1 Coley, Anne	54	WM	3:04.76
40.92	1:33.10 (52.18)	2:21.81 (48.71)	3:04.76 (42.95)
2 Johansson, Joey	51	Redt	3:26.33
46.04	1:39.77 (53.73)	2:40.97 (1:01.20)	3:26.33 (45.36)

Women 50-54 400 SC Meter IM

1 Coley, Anne	54	WM	6:35.20
43.94	1:35.22 (51.28)	2:30.93 (55.71)	
3:22.36 ()	4:14.18 (51.82)	5:05.77 (51.59)	5:52.19 (46.42)
6:35.20 (43.01)			

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 50-54 400 SC Meter IM continued

Name	Age	Club	Final Time			
2 Snyder, Sharon	51	Agua	8:22.37			
	52.91		3:07.88 ()			
	4:17.90 (1:10.02)	5:26.96 (1:09.06)	6:35.50 (1:08.54)	7:29.03 (53.53)		
	8:22.37 (53.34)					

Women 55-59 50 SC Meter Freestyle

1 Steadman-Martin, Nancy	55	Gsm	31.63			
2 Koschoff, Agnes	57	Unat	44.34			
3 Jakubek, Celeste	55	Unat	48.59			
4 McGuire, Kathy	56	Bctm	51.87			

Women 55-59 100 SC Meter Freestyle

1 Steadman-Martin, Nancy	55	Gsm	1:05.84			
	32.19	1:05.84 (33.65)				
2 Remak-Ziff, Heidi	57	Berk	1:15.99			
	35.73	1:15.99 (40.26)				
3 Carena, Lori	56	Tnya	1:27.00			
	42.38	1:27.00 (44.62)				
4 Weeks, Jane	55	Drms	1:37.56			
	44.45	1:37.56 (53.11)				
5 Koschoff, Agnes	57	Unat	1:43.84			
	47.31	1:43.84 (56.53)				
6 McGuire, Kathy	56	Bctm	1:56.15			
	55.62	1:56.15 (1:00.53)				

Women 55-59 200 SC Meter Freestyle

1 Steadman-Martin, Nancy	55	Gsm	2:24.45			
	33.96	1:11.06 (37.10)	1:48.07 (37.01)	2:24.45 (36.38)		
2 Carena, Lori	56	Tnya	3:04.15			
	43.30	1:30.25 (46.95)	2:18.30 (48.05)	3:04.15 (45.85)		
3 Katzeff, Martha	58	Tnya	3:42.79			
	48.01	1:44.30 (56.29)	2:43.88 (59.58)	3:42.79 (58.91)		
4 Jakubek, Celeste	55	Unat	4:03.47			
	52.66	1:55.38 (1:02.72)	3:01.33 (1:05.95)	4:03.47 (1:02.14)		
5 McGuire, Kathy	56	Bctm	4:11.07			
	57.05	2:01.12 (1:04.07)	3:06.77 (1:05.65)	4:11.07 (1:04.30)		

Women 55-59 400 SC Meter Freestyle

1 Steadman-Martin, Nancy	55	Gsm	4:53.27			
	33.37	1:09.40 (36.03)	1:46.03 (36.63)	2:23.28 (37.25)		
	3:00.49 (37.21)	3:38.55 (38.06)	4:16.34 (37.79)	4:53.27 (36.93)		
2 Carena, Lori	56	Tnya	6:27.06			
	43.84	1:31.44 (47.60)	2:20.40 (48.96)	3:10.30 (49.90)		
	4:00.38 (50.08)	4:50.39 (50.01)	5:40.08 (49.69)	6:27.06 (46.98)		
3 Weeks, Jane	55	Drms	7:39.24			
	44.88	1:39.83 (54.95)	2:39.27 (59.44)	3:39.70 (1:00.43)		
	4:40.67 (1:00.97)	5:40.99 (1:00.32)	6:41.38 (1:00.39)	7:39.24 (57.86)		

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 55-59 1500 SC Meter Freestyle

Name	Age	Club	Final Time			
1 Steadman-Martin, Nancy	55	Gsm	19:34.48			
	34.91	1:12.76 (37.85)	1:51.09 (38.33)	2:29.83 (38.74)		
	3:08.71 (38.88)	3:47.78 (39.07)	4:26.95 (39.17)	5:06.13 (39.18)		
	5:45.41 (39.28)	6:24.42 (39.01)	7:03.32 (38.90)	7:42.58 (39.26)		
	8:22.18 (39.60)	9:01.55 (39.37)	9:41.24 (39.69)	10:20.65 (39.41)		
	11:00.33 (39.68)	11:40.10 (39.77)	12:19.58 (39.48)	12:59.06 (39.48)		
	13:38.82 (39.76)	14:18.96 (40.14)	14:58.15 (39.19)	15:38.06 (39.91)		
	16:18.15 (40.09)	16:57.44 (39.29)	17:37.37 (39.93)	18:17.25 (39.88)		
	18:56.27 (39.02)	19:34.48 (38.21)				
2 Carena, Lori	56	Tnya	25:01.23			
	44.86	1:33.46 (48.60)	2:23.73 (50.27)	3:14.22 (50.49)		
	4:04.51 (50.29)		4:54.90 ()	5:45.64 (50.74)		
	6:36.27 (50.63)	7:26.63 (50.36)	8:16.87 (50.24)	9:07.00 (50.13)		
		9:57.37 ()	10:47.50 (50.13)	11:38.15 (50.65)		
	12:28.09 (49.94)	13:18.26 (50.17)	14:08.13 (49.87)			
	14:58.65 ()	15:49.16 (50.51)	16:39.40 (50.24)	17:30.29 (50.89)		
	18:21.14 (50.85)	19:11.79 (50.65)		20:02.54 ()		
	20:52.39 (49.85)	21:42.91 (50.52)	22:33.80 (50.89)	23:24.21 (50.41)	25:01.23 (1:37.02)	
3 Piez, Janet	57	Tnya	26:30.04			
	48.97	1:42.45 (53.48)		2:35.97 ()		
	3:30.17 (54.20)		4:23.56 ()	5:17.04 (53.48)		
		6:10.48 ()	7:03.60 (53.12)			
	7:56.71 ()	8:49.54 (52.83)		9:42.59 ()		
	10:35.70 (53.11)		11:28.93 ()	12:22.54 (53.61)		
		13:15.81 ()	14:08.65 (52.84)	15:02.07 (53.42)		
		15:55.72 ()	16:49.04 (53.32)			
	17:42.10 ()	18:35.31 (53.21)		19:28.40 ()	26:30.04 (7:01.64)	

Women 55-59 100 SC Meter Backstroke

1 Steadman-Martin, Nancy	55	Gsm	1:19.72			
	38.66	1:19.72 (41.06)				

Women 55-59 200 SC Meter Backstroke

1 Steadman-Martin, Nancy	55	Gsm	2:44.55			
	38.61	1:20.33 (41.72)	2:02.72 (42.39)	2:44.55 (41.83)		

Women 55-59 50 SC Meter Breaststroke

1 McGuire, Kathy	56	Bctm	1:11.59			
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Women 55-59 100 SC Meter Breaststroke

1 Katzeff, Martha	58	Tnya	2:12.14			
	1:04.18	2:12.14 (1:07.96)				
2 McGuire, Kathy	56	Bctm	2:26.28			
	1:09.63	2:26.28 (1:16.65)				

Women 55-59 200 SC Meter Breaststroke

1 McGuire, Kathy	56	Bctm	5:10.63			
	1:12.65	2:30.36 (1:17.71)	3:50.75 (1:20.39)	5:10.63 (1:19.88)		

Women 55-59 50 SC Meter Butterfly

1 Carena, Lori	56	Tnya	48.88			
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Women 55-59 200 SC Meter Butterfly

1 Steadman-Martin, Nancy	55	Gsm	2:47.89			
	36.19	1:17.33 (41.14)	2:01.02 (43.69)	2:47.89 (46.87)		

Women 55-59 100 SC Meter IM

1 Remak-Ziff, Heidi	57	Berk	1:31.21			
	42.73	1:31.21 (48.48)				

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 55-59 200 SC Meter IM

Name	Age	Club	Final Time		
1 Steadman-Martin, Nancy	55	Gsm	2:50.17		
	36.67	1:19.40 (42.73)	2:13.21 (53.81)	2:50.17 (36.96)	
2 Katzeff, Martha	58	Tnya	4:20.14		
	2:07.14	4:20.88 (2:13.74)	4:20.14 ()		

Women 55-59 400 SC Meter IM

1 Steadman-Martin, Nancy	55	Gsm	5:47.01		
	35.68	1:16.46 (40.78)	2:01.38 (44.92)	2:44.75 (43.37)	
	3:37.24 (52.49)	4:30.05 (52.81)	5:09.51 (39.46)	5:47.01 (37.50)	

Women 60-64 50 SC Meter Freestyle

1 Charles, Barbara	64	Redt	41.18		
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Women 60-64 100 SC Meter Freestyle

1 Carson, June	61	Gsm	1:22.40		
	38.70	1:22.40 (43.70)			
2 Charles, Barbara	64	Redt	1:38.99		
	45.14	1:38.99 (53.85)			
3 Deats, Cathy	60	Gsm	1:47.02		
	51.78	1:47.02 (55.24)			

Women 60-64 200 SC Meter Freestyle

1 Vellucci, Marie	60	Berk	3:32.75		
	49.02	1:43.28 (54.26)	2:38.85 (55.57)	3:32.75 (53.90)	
2 Charles, Barbara	64	Redt	3:46.39		
	46.68	1:47.09 (1:00.41)	2:48.23 (1:01.14)	3:46.39 (58.16)	

Women 60-64 400 SC Meter Freestyle

1 Carson, June	61	Gsm	6:39.44		
	40.78	1:30.27 (49.49)	2:23.00 (52.73)	3:14.17 (51.17)	
	4:06.18 (52.01)	4:58.04 (51.86)	5:50.44 (52.40)	6:39.44 (49.00)	

Women 60-64 1500 SC Meter Freestyle

1 Carson, June	61	Gsm	26:15.32		
	45.94	1:38.17 (52.23)	2:31.81 (53.64)	3:24.30 (52.49)	
	4:16.99 (52.69)		5:10.76 ()	6:04.02 (53.26)	
	6:55.72 (51.70)	7:47.75 (52.03)	8:39.92 (52.17)	9:32.18 (52.26)	
		10:24.91 ()	11:17.57 (52.66)	12:10.80 (53.23)	
	13:04.13 (53.33)	13:56.77 (52.64)	14:49.14 (52.37)		
	15:41.27 ()	16:34.89 (53.62)	17:28.18 (53.29)	18:22.00 (53.82)	
	19:14.47 (52.47)	20:08.56 (54.09)		21:02.11 ()	
	21:55.55 (53.44)	22:48.53 (52.98)	23:41.71 (53.18)	24:34.44 (52.73)	26:15.32 (1:40.88)
2 Vellucci, Marie	60	Berk	27:53.46		
	49.30	1:41.84 (52.54)		2:35.52 ()	
	3:29.72 (54.20)		4:24.27 ()	5:18.28 (54.01)	
		6:12.95 ()	7:08.40 (55.45)		
	8:04.23 ()	9:00.08 (55.85)		9:56.03 ()	
	10:52.21 (56.18)		11:48.73 ()	12:45.17 (56.44)	
		13:41.37 ()	14:38.77 (57.40)	15:35.29 (56.52)	
		16:32.12 ()	17:28.84 (56.72)		
	18:25.90 ()	19:22.38 (56.48)		20:18.60 ()	27:53.46 (7:34.86)

Women 60-64 50 SC Meter Breaststroke

1 Vellucci, Marie	60	Berk	52.75		
2 Deats, Cathy	60	Gsm	1:02.93		

Women 60-64 100 SC Meter Breaststroke

1 Lecarreux, Sue	64	Metr	1:46.47		
	51.29	1:46.47 (55.18)			

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 60-64 200 SC Meter Breaststroke

Name	Age	Club	Final Time
1 Vellucci, Marie	60	Berk	4:04.82
	3:02.85 ()	4:04.82 (1:01.97)	

Women 60-64 50 SC Meter Butterfly

1 Lecarreux, Sue	64	Metr	45.54
2 Charles, Barbara	64	Redt	57.36

Women 60-64 100 SC Meter Butterfly

1 Vellucci, Marie	60	Berk	1:56.94
	54.76	1:56.94 (1:02.18)	
2 Charles, Barbara	64	Redt	2:09.74
	1:00.08	2:09.74 (1:09.66)	

Women 60-64 200 SC Meter Butterfly

1 Vellucci, Marie	60	Berk	4:13.02
	56.62	4:13.02 (3:16.40)	

Women 60-64 100 SC Meter IM

1 Carson, June	61	Gsm	1:39.23
	47.43	1:39.23 (51.80)	
2 Charles, Barbara	64	Redt	2:06.91
	1:00.10	2:06.91 (1:06.81)	

Women 60-64 200 SC Meter IM

1 Lecarreux, Sue	64	Metr	3:29.85
	47.69	1:39.59 (51.90)	2:40.69 (1:01.10)
			3:29.85 (49.16)
2 Vellucci, Marie	60	Berk	4:01.08
	58.71	2:04.03 (1:05.32)	3:08.82 (1:04.79)
			4:01.08 (52.26)
3 Charles, Barbara	64	Redt	4:34.03
	1:00.72	2:12.69 (1:11.97)	3:36.13 (1:23.44)
			4:34.03 (57.90)

Women 60-64 400 SC Meter IM

1 Vellucci, Marie	60	Berk	8:16.42
	57.08	2:02.16 (1:05.08)	3:11.56 (1:09.40)
	4:19.73 ()	5:23.78 (1:04.05)	6:29.95 (1:06.17)
			7:23.62 (53.67)
	8:16.42 (52.80)		

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Women 65-69 50 SC Meter Freestyle

1 Hill, Marcia	65	Agua	42.49
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Women 65-69 100 SC Meter Freestyle

1 Hill, Marcia	65	Agua	1:35.51
	46.53	1:35.51 (48.98)	
2 Trueblood, Emily	67	Tnya	2:14.89
	1:04.09	2:14.89 (1:10.80)	

Women 65-69 200 SC Meter Freestyle

1 Onton, Ann Louise	66	Conn	3:48.22
	51.52	1:51.86 (1:00.34)	2:52.75 (1:00.89)
			3:48.22 (55.47)

Women 65-69 400 SC Meter Freestyle

1 Katz, Jane	66	Agua	6:47.32
	48.04	1:39.31 (51.27)	2:30.94 (51.63)
	4:13.51 (51.12)	5:05.70 (52.19)	5:57.06 (51.36)
			6:47.32 (50.26)
2 Onton, Ann Louise	66	Conn	8:08.37
	51.56	1:51.57 (1:00.01)	2:55.03 (1:03.46)
	5:02.17 (1:03.70)	6:05.71 (1:03.54)	8:08.37 (2:02.66)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 65-69 800 SC Meter Freestyle

Name	Age	Club	Final Time			
1 Sarg, Kathleen	66	Agua	15:13.46			
	51.82	1:45.20 (53.38)	2:41.88 (56.68)	3:40.21 (58.33)		
	4:38.26 (58.05)	5:36.69 (58.43)	6:34.97 (58.28)	7:34.08 (59.11)		
	8:31.63 (57.55)	9:29.86 (58.23)	10:27.52 (57.66)	11:26.15 (58.63)		
	12:24.04 (57.89)	13:22.12 (58.08)	14:18.98 (56.86)	15:13.46 (54.48)		

Women 65-69 1500 SC Meter Freestyle

1 Saunders, Patricia	66	Agua	31:24.31			
	59.30	2:00.44 (1:01.14)		3:04.53 ()		
	4:06.32 (1:01.79)		5:10.75 ()	6:13.97 (1:03.22)		
		7:17.39 ()	8:20.16 (1:02.77)			
	9:23.09 ()	10:26.36 (1:03.27)		11:29.20 ()		
	12:32.66 (1:03.46)		13:35.82 ()	14:39.10 (1:03.28)		
		15:42.01 ()	16:45.01 (1:03.00)	17:47.72 (1:02.71)		
		18:50.77 ()	19:53.69 (1:02.92)			
	20:56.71 ()	21:59.42 (1:02.71)		23:01.88 ()	31:24.31 (8:22.43)	

Women 65-69 50 SC Meter Backstroke

1 Katz, Jane	66	Agua	48.77
2 Hill, Marcia	65	Agua	54.56

Women 65-69 100 SC Meter Backstroke

1 Hill, Marcia	65	Agua	1:58.85
	58.51	1:58.85 (1:00.34)	

Women 65-69 200 SC Meter Backstroke

1 Katz, Jane	66	Agua	3:40.17
	53.39	1:49.69 (56.30)	2:45.64 (55.95)
			3:40.17 (54.53)

Women 65-69 100 SC Meter Breaststroke

1 Onton, Ann Louise	66	Conn	2:06.55
	59.83	2:06.55 (1:06.72)	

Women 65-69 200 SC Meter Breaststroke

1 Onton, Ann Louise	66	Conn	4:39.70
	1:03.56	2:15.64 (1:12.08)	3:28.63 (1:12.99)
			4:39.70 (1:11.07)

Women 65-69 50 SC Meter Butterfly

1 Onton, Ann Louise	66	Conn	52.59
2 Hill, Marcia	65	Agua	54.85

Women 65-69 100 SC Meter Butterfly

1 Onton, Ann Louise	66	Conn	2:02.68
	56.81	2:02.68 (1:05.87)	

Women 65-69 200 SC Meter Butterfly

--- Onton, Ann Louise	66	Conn	DQ
	1:06.25	DQ (1:13.90)	

Women 65-69 100 SC Meter IM

1 Katz, Jane	66	Agua	1:48.09
	49.73	1:48.09 (58.36)	
2 Hill, Marcia	65	Agua	1:52.06
	54.52	1:52.06 (57.54)	
3 Onton, Ann Louise	66	Conn	1:56.62
	53.63	1:56.62 (1:02.99)	

Women 65-69 200 SC Meter IM

1 Onton, Ann Louise	66	Conn	4:15.25
	57.47	2:05.30 (1:07.83)	3:19.29 (1:13.99)
			4:15.25 (55.96)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 65-69 400 SC Meter IM

Name	Age	Club	Final Time
1 Onton, Ann Louise	66	Conn	9:23.80
	58.68	2:11.05 (1:12.37)	3:26.03 (1:14.98)
	4:39.81 ()	5:56.48 (1:16.67)	7:15.85 (1:19.37)
	9:23.80 (1:00.48)	8:23.32 (1:07.47)	

Women 75-79 50 SC Meter Freestyle

1 Moeller, Janet	75	1776	48.20
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Women 75-79 200 SC Meter Freestyle

1 Moeller, Janet	75	1776	4:10.03
	57.41	2:01.85 (1:04.44)	3:06.39 (1:04.54)
			4:10.03 (1:03.64)

Women 75-79 400 SC Meter Freestyle

1 Moeller, Janet	75	1776	8:26.84
	55.37	1:56.33 (1:00.96)	3:00.23 (1:03.90)
	5:12.60 (1:06.05)	6:18.16 (1:05.56)	7:22.89 (1:04.73)
			8:26.84 (1:03.95)

Women 75-79 800 SC Meter Freestyle

1 Moeller, Janet	75	1776	17:40.48
	57.97	2:01.84 (1:03.87)	3:08.99 (1:07.15)
	5:22.76 (1:06.99)	6:30.11 (1:07.35)	7:37.61 (1:07.50)
	9:53.40 (1:08.25)	11:01.69 (1:08.29)	12:09.19 (1:07.50)
	14:21.61 (1:06.62)	15:28.08 (1:06.47)	17:40.48 (2:12.40)

Women 75-79 50 SC Meter Backstroke

1 Moeller, Janet	75	1776	58.21
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Women 75-79 200 SC Meter Backstroke

1 Moeller, Janet	75	1776	4:27.69
	1:01.27	2:09.26 (1:07.99)	3:19.76 (1:10.50)
			4:27.69 (1:07.93)

Women 75-79 50 SC Meter Breaststroke

1 Moeller, Janet	75	1776	58.38
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Women 75-79 200 SC Meter Breaststroke

1 Waldbaum, Joan	78	1776	5:20.74
	1:14.90	2:35.12 (1:20.22)	3:59.47 (1:24.35)
			5:20.74 (1:21.27)

Women 75-79 50 SC Meter Butterfly

1 Moeller, Janet	75	1776	1:01.36
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Women 75-79 100 SC Meter Butterfly

1 Waldbaum, Joan	78	1776	2:40.20
	1:14.03	2:40.20 (1:26.17)	

Women 75-79 100 SC Meter IM

1 Waldbaum, Joan	78	1776	2:21.57
	1:10.46	2:21.57 (1:11.11)	

Women 75-79 200 SC Meter IM

1 Moeller, Janet	75	1776	4:38.68
	1:03.70	2:14.61 (1:10.91)	3:34.92 (1:20.31)
			4:38.68 (1:03.76)

Men 18-24 50 SC Meter Freestyle

1 Van Heers, Yannick	22	Terr	24.72
2 Holland, Chris	24	Bctm	29.72

Men 18-24 100 SC Meter Freestyle

1 Kent, Andrew	23	Unat	55.23
	27.01	55.23 (28.22)	
2 Van Heers, Yannick	22	Terr	55.32
	26.64	55.32 (28.68)	
3 Hernandez, Nicholas	21	Redt	1:00.75
	29.13	1:00.75 (31.62)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 18-24 100 SC Meter Freestyle continued

Name	Age	Club	Final Time
4 Holland, Chris	24	Bctm	1:09.02
	33.61	1:09.02 (35.41)	

Men 18-24 800 SC Meter Freestyle

1 Henao, Juan	20	Unat	10:50.84
	34.88	1:13.88 (39.00)	1:54.67 (40.79)
		2:35.44 (40.77)	
	3:17.70 (42.26)	3:58.93 (41.23)	4:41.82 (42.89)
		5:23.67 (44.74)	6:07.34 (1:25.52)
	7:29.75 (1:22.41)	8:10.37 (40.62)	8:52.18 (41.81)
		9:33.48 (41.30)	
	10:14.16 (40.68)	10:53.26 (39.10)	11:45.87 (52.61)
			10:50.84 ()

Men 18-24 50 SC Meter Backstroke

1 Van Heers, Yannick	22	Terr	28.88
2 Holland, Chris	24	Bctm	35.02

Men 18-24 100 SC Meter Backstroke

1 Holland, Chris	24	Bctm	1:18.55
	38.50	1:18.55 (40.05)	

Men 18-24 50 SC Meter Butterfly

1 Perfanov, Val	24	Pafc	26.70
2 Van Heers, Yannick	22	Terr	26.86
3 Holland, Chris	24	Bctm	33.19

Men 18-24 100 SC Meter Butterfly

1 Perfanov, Val	24	Pafc	58.00
	27.32	58.00 (30.68)	
2 Hernandez, Nicholas	21	Redt	1:04.84
	30.27	1:04.84 (34.57)	
3 Henao, Juan	20	Unat	1:07.72
	32.91	1:07.72 (34.81)	
--- Mukherjee, Uttam	24	Gsm	DQ
	32.48		

Men 18-24 100 SC Meter IM

1 Perfanov, Val	24	Pafc	1:01.47
	29.09	1:01.47 (32.38)	
2 Kent, Andrew	23	Unat	1:05.22
	30.24	1:05.22 (34.98)	
3 Van Heers, Yannick	22	Terr	1:06.33
	29.14	1:06.33 (37.19)	
4 Henao, Juan	20	Unat	1:09.78
	31.99	1:09.78 (37.79)	
5 Hernandez, Nicholas	21	Redt	1:10.49
	31.29	1:10.49 (39.20)	
6 Holland, Chris	24	Bctm	1:20.15
	37.23	1:20.15 (42.92)	

Men 18-24 200 SC Meter IM

1 Perfanov, Val	24	Pafc	2:14.94
	28.12	1:04.09 (35.97)	1:43.12 (39.03)
			2:14.94 (31.82)

Men 25-29 50 SC Meter Freestyle

1 Barclay, Alex	28	Tnya	28.34
2 Dreisbach, Tristan	26	Bctm	29.03
3 Abreu, Joel	29	Bctm	29.72
4 Royer, John	27	Redt	29.91
5 Koon, Jason	29	Bctm	30.34
6 Cohen, Shane	26	Unat	30.37
7 Schneider, Charles	29	Agua	32.89
8 Growney, Christopher	29	Unat	32.92

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 25-29 100 SC Meter Freestyle

	Name	Age	Club		Final Time
1	Murphy, Connor	26	Agua		54.79
	26.53	54.79	(28.26)		
2	Lawler, James	27	Redt		55.26
	26.72	55.26	(28.54)		
3	Overdorff, Geoffrey	25	Unat		59.30
	28.29	59.30	(31.01)		
4	Strahota, Jeffrey	29	Terr		59.70
	28.89	59.70	(30.81)		
5	Hooper, Stephen	25	Tnya		1:00.47
	29.23	1:00.47	(31.24)		
6	Barclay, Alex	28	Tnya		1:03.51
	30.72	1:03.51	(32.79)		
7	Feihel, Dennis	25	Bctm		1:05.75
	31.44	1:05.75	(34.31)		
8	Royer, John	27	Redt		1:06.29
	31.07	1:06.29	(35.22)		
9	Aberlin, Noah	27	Tnya		1:06.97
	31.30	1:06.97	(35.67)		
10	Koon, Jason	29	Bctm		1:07.06
	32.95	1:07.06	(34.11)		
11	Cohen, Shane	26	Unat		1:08.77
	32.88	1:08.77	(35.89)		
12	Schneider, Charles	29	Agua		1:09.07
	32.70	1:09.07	(36.37)		
13	Gerace, John	25	Bctm		1:09.08
	33.23	1:09.08	(35.85)		
14	Ahedo, Aaron	25	Tnya		1:16.10
	34.34	1:16.10	(41.76)		
15	Chary, Michael	25	Metr		1:20.54
	38.63	1:20.54	(41.91)		

Men 25-29 200 SC Meter Freestyle

1	Strahota, Jeffrey	29	Terr		2:07.33
	28.69	1:00.38	(31.69)	1:33.40	(33.93)
2	Royer, John	27	Redt		2:22.70
	31.56	1:06.97	(35.41)	1:44.60	(37.63)
3	Growney, Christopher	29	Unat		3:06.05
	37.15	1:21.40	(44.25)	3:06.05	(1:44.65)

Men 25-29 400 SC Meter Freestyle

1	Turcinov, Marko	26	Agua		4:29.22
	30.35	1:03.90	(33.55)	1:37.71	(33.81)
	2:46.82	(34.59)	3:21.73	(34.91)	3:55.49
					(33.76)
					4:29.22
					(33.73)
2	Strahota, Jeffrey	29	Terr		4:31.09
	30.73	1:04.52	(33.79)	1:39.06	(34.54)
	2:48.87	(34.56)	3:23.42	(34.55)	3:57.38
					(33.96)
					4:31.09
					(33.71)
3	Growney, Christopher	29	Unat		6:59.01
	37.18	1:20.77	(43.59)	2:11.32	(50.55)
	4:05.56	(57.63)	5:03.93	(58.37)	6:03.52
					(59.59)
					6:59.01
					(55.49)

Men 25-29 800 SC Meter Freestyle

1	Feihel, Dennis	25	Bctm		11:59.09
	40.59	1:24.59	(44.00)	2:09.89	(45.30)
	3:41.89	(46.43)	4:27.48	(45.59)	5:13.08
					(45.60)
					5:59.26
					(46.18)
					6:45.39
					(46.13)
					7:31.41
					(46.02)
					8:17.25
					(45.84)
					9:03.17
					(45.92)
					9:48.35
					(45.18)
					10:33.78
					(45.43)
					11:18.40
					(44.62)
					11:59.09
					(40.69)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 25-29 1500 SC Meter Freestyle

Name	Age	Club	Final Time			
1 Strahota, Jeffrey	29	Terr	18:21.94			
	31.76	1:07.54 (35.78)	1:44.36 (36.82)	2:20.95 (36.59)		
	2:57.75 (36.80)	3:34.64 (36.89)	4:11.52 (36.88)	4:48.87 (37.35)		
	5:26.09 (37.22)	6:03.23 (37.14)	6:39.18 (35.95)	7:15.93 (36.75)		
	7:52.76 (36.83)	8:30.34 (37.58)	9:06.71 (36.37)	9:43.22 (36.51)		
	10:20.57 (37.35)	10:57.90 (37.33)	11:35.15 (37.25)	12:12.44 (37.29)		
	12:49.68 (37.24)	13:27.28 (37.60)	14:03.67 (36.39)	14:40.59 (36.92)		
	15:17.95 (37.36)	15:55.23 (37.28)	16:32.29 (37.06)	17:09.33 (37.04)		
	17:46.88 (37.55)	18:21.94 (35.06)				

Men 25-29 50 SC Meter Backstroke

1 Murphy, Connor	26	Agua	29.03
2 Strahota, Jeffrey	29	Terr	32.79
3 Abreu, Joel	29	Bctm	38.80

Men 25-29 100 SC Meter Backstroke

1 Abreu, Joel	29	Bctm	1:19.63
	39.01	1:19.63 (40.62)	

Men 25-29 200 SC Meter Backstroke

1 Strahota, Jeffrey	29	Terr	2:30.98
	35.70	1:13.96 (38.26)	1:52.93 (38.97)
			2:30.98 (38.05)
2 Hooper, Stephen	25	Tnya	2:32.36
	36.29	1:14.60 (38.31)	1:53.71 (39.11)
			2:32.36 (38.65)
3 Abreu, Joel	29	Bctm	2:52.07
	41.50	1:24.05 (42.55)	2:08.81 (44.76)
			2:52.07 (43.26)

Men 25-29 50 SC Meter Breaststroke

1 Ambrose, Shawn	29	Bctm	32.20
2 Storch, Josh	27	Redt	34.18
3 Koon, Jason	29	Bctm	37.12
4 Abreu, Joel	29	Bctm	37.32
5 Schneider, Charles	29	Agua	37.78
6 Cohen, Shane	26	Unat	40.45
7 Ahedo, Aaron	25	Tnya	41.22
8 Gerace, John	25	Bctm	43.73
9 Aberlin, Noah	27	Tnya	53.16
10 Dreisbach, Tristan	26	Bctm	1:01.48

Men 25-29 100 SC Meter Breaststroke

1 Storch, Josh	27	Redt	1:13.79
	34.98	1:13.79 (38.81)	
2 Schneider, Charles	29	Agua	1:22.36
	37.94	1:22.36 (44.42)	
3 Koon, Jason	29	Bctm	1:22.97
	38.16	1:22.97 (44.81)	
4 Abreu, Joel	29	Bctm	1:23.12
	39.04	1:23.12 (44.08)	
5 Dreisbach, Tristan	26	Bctm	1:25.98
	41.51	1:25.98 (44.47)	
6 Cohen, Shane	26	Unat	1:31.46
	41.84	1:31.46 (49.62)	

Men 25-29 200 SC Meter Breaststroke

1 Storch, Josh	27	Redt	2:45.33
	36.20	1:18.14 (41.94)	2:01.69 (43.55)
			2:45.33 (43.64)
2 Abreu, Joel	29	Bctm	2:59.24
	40.52	1:26.87 (46.35)	2:13.04 (46.17)
			2:59.24 (46.20)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 25-29 50 SC Meter Butterfly

Name	Age	Club	Final Time
1 Turcinov, Marko	26	Agua	25.74
2 Barclay, Alex	28	Tnya	29.93
3 Lee, Heon Goo	27	Redt	30.30
4 Dreisbach, Tristan	26	Bctm	31.50
5 Schneider, Charles	29	Agua	32.35
6 Abreu, Joel	29	Bctm	32.94
7 Koon, Jason	29	Bctm	33.77
8 Cohen, Shane	26	Unat	39.61

Men 25-29 100 SC Meter Butterfly

1 Turcinov, Marko	26	Agua	57.37
26.49	57.37 (30.88)		
2 Lawler, James	27	Redt	58.74
27.15	58.74 (31.59)		
3 Ambrose, Shawn	29	Bctm	1:01.23
28.41	1:01.23 (32.82)		
4 Hooper, Stephen	25	Tnya	1:07.58
31.84	1:07.58 (35.74)		
5 Barclay, Alex	28	Tnya	1:09.04
31.09	1:09.04 (37.95)		
6 Dreisbach, Tristan	26	Bctm	1:12.82
33.81	1:12.82 (39.01)		
7 Lee, Heon Goo	27	Redt	1:13.13
31.85	1:13.13 (41.28)		
8 Chary, Michael	25	Metr	1:28.33
40.49	1:28.33 (47.84)		

Men 25-29 100 SC Meter IM

1 Turcinov, Marko	26	Agua	1:02.28
28.67	1:02.28 (33.61)		
2 Ambrose, Shawn	29	Bctm	1:03.71
30.23	1:03.71 (33.48)		
3 Murphy, Connor	26	Agua	1:04.81
29.03	1:04.81 (35.78)		
4 Storch, Josh	27	Redt	1:09.53
33.50	1:09.53 (36.03)		
5 Lee, Heon Goo	27	Redt	1:17.43
34.62	1:17.43 (42.81)		
6 Dreisbach, Tristan	26	Bctm	1:18.10
38.49	1:18.10 (39.61)		
7 Koon, Jason	29	Bctm	1:18.12
37.18	1:18.12 (40.94)		
8 Ahedo, Aaron	25	Tnya	1:22.30
37.71	1:22.30 (44.59)		

Men 25-29 200 SC Meter IM

1 Storch, Josh	27	Redt	2:31.03
32.19	1:13.79 (41.60)	1:55.63 (41.84)	2:31.03 (35.40)
2 Bhardwaj, Manu	27	Bctm	2:43.52
35.46	1:19.26 (43.80)	2:05.82 (46.56)	2:43.52 (37.70)

Men 25-29 400 SC Meter IM

1 Abreu, Joel	29	Bctm	6:05.71
37.19	1:24.85 (47.66)	2:13.51 (48.66)	3:01.07 (47.56)
3:50.95 (49.88)	4:41.16 (50.21)	5:24.65 (43.49)	6:05.71 (41.06)

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RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 30-34 50 SC Meter Freestyle

Name	Age	Club	Final Time
1 Fuentes, Dario	32	Metr	24.34
2 Ritchie, Adam	31	Afr	24.77
3 Hinds, Howard	32	Unat	24.96
4 Rozwadowski, Amir	31	Redt	25.39
5 Gould, Harold	30	Unat	25.59
6 Mullen, Brian	31	Redt	25.80
7 Fain, Jeremy	32	Redt	26.00
8 Mauriello, Matthew	33	Fish	26.99
9 Gonzales, Chris	30	Agua	27.12
10 Dean, Nathaniel	32	Bctm	28.63
11 Kaufman, Ian	30	Unat	29.47
12 Judge, Joshua	33	Tnya	30.06
13 Aiken, Ryan	30	Agua	30.98
14 Dew, Stephen	31	Redt	33.47

Men 30-34 100 SC Meter Freestyle

1 Ritchie, Adam	31	Afr	54.17
25.81	54.17	(28.36)	
2 Hinds, Howard	32	Unat	54.39
26.18	54.39	(28.21)	
3 Rozwadowski, Amir	31	Redt	55.97
26.81	55.97	(29.16)	
4 Fain, Jeremy	32	Redt	56.60
26.92	56.60	(29.68)	
5 Gould, Harold	30	Unat	57.00
27.07	57.00	(29.93)	
6 Zaratina, Erik	30	Metr	59.04
28.03	59.04	(31.01)	
7 Kusminsky, Andrew	34	Tnya	1:03.45
29.59	1:03.45	(33.86)	
8 Dean, Nathaniel	32	Bctm	1:03.71
29.86	1:03.71	(33.85)	
9 Klein, David	30	Bctm	1:03.92
30.17	1:03.92	(33.75)	
10 Slawsky, Gregory	31	Redt	1:04.80
30.88	1:04.80	(33.92)	
11 Aiken, Ryan	30	Agua	1:08.90
32.65	1:08.90	(36.25)	
12 Judge, Joshua	33	Tnya	1:09.86
33.64	1:09.86	(36.22)	

Men 30-34 200 SC Meter Freestyle

1 Ritchie, Adam	31	Afr	1:58.90	
27.14	56.75	(29.61)	1:27.72 (30.97)	1:58.90 (31.18)
2 Rozwadowski, Amir	31	Redt	2:06.29	
29.89	1:02.11	(32.22)	1:34.86 (32.75)	2:06.29 (31.43)
3 Nguyen, Son	30	Mesc	2:31.76	
34.68	1:13.07	(38.39)	1:53.03 (39.96)	2:31.76 (38.73)
4 Gould, Harold	30	Unat	2:33.63	
26.38	56.02	(29.64)	1:50.54 (54.52)	2:33.63 (43.09)
5 Baule, Adrian	31	Agua	2:55.85	
40.45	1:22.94	(42.49)	2:08.42 (45.48)	2:55.85 (47.43)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 30-34 400 SC Meter Freestyle

Name	Age	Club	Final Time			
1 Patterson, Thomas	32	1776	4:40.22			
	32.39	1:06.79 (34.40)	1:42.02 (35.23)	2:17.43 (35.41)		
	2:53.01 (35.58)	3:29.00 (35.99)	4:04.95 (35.95)	4:40.22 (35.27)		
2 McGowan, Hugh	32	Tnya	5:01.24			
	32.87	1:09.04 (36.17)	1:46.93 (37.89)	2:25.45 (38.52)		
	3:04.44 (38.99)	3:43.72 (39.28)	4:22.87 (39.15)	5:01.24 (38.37)		

Men 30-34 800 SC Meter Freestyle

1 Brown, Tom	31	Gsm	10:06.57			
	33.68	1:10.89 (37.21)	1:48.91 (38.02)	2:27.37 (38.46)		
	3:06.11 (38.74)	3:44.68 (38.57)	4:23.52 (38.84)	5:01.99 (38.47)		
	5:40.53 (38.54)	6:19.37 (38.84)	6:57.96 (38.59)	7:36.72 (38.76)		
	8:14.53 (37.81)	8:52.40 (37.87)	9:29.70 (37.30)	10:06.57 (36.87)		

Men 30-34 1500 SC Meter Freestyle

1 Patterson, Thomas	32	1776	18:12.96			
	33.15	1:08.44 (35.29)	1:44.24 (35.80)	2:20.51 (36.27)		
	2:57.00 (36.49)	3:33.32 (36.32)	4:09.84 (36.52)	4:46.40 (36.56)		
	5:23.08 (36.68)	5:59.75 (36.67)	6:36.17 (36.42)	7:12.46 (36.29)		
	7:49.15 (36.69)	8:25.80 (36.65)	9:02.35 (36.55)	9:38.61 (36.26)		
	10:15.54 (36.93)	10:52.33 (36.79)	11:28.94 (36.61)	12:05.68 (36.74)		
	12:42.26 (36.58)	13:18.95 (36.69)	13:55.79 (36.84)	14:32.43 (36.64)		
	15:09.08 (36.65)	15:45.74 (36.66)	16:22.83 (37.09)	16:59.79 (36.96)		
	17:37.92 (38.13)	18:12.96 (35.04)				
2 Dean, Nathaniel	32	Bctm	20:17.98			
	35.11	1:14.32 (39.21)	1:54.36 (40.04)	2:35.12 (40.76)		
	3:16.05 (40.93)	3:57.51 (41.46)	4:38.81 (41.30)	5:19.65 (40.84)		
	6:00.95 (41.30)	6:41.57 (40.62)	7:22.03 (40.46)	8:02.59 (40.56)		
	8:43.95 (41.36)	9:25.29 (41.34)	10:06.36 (41.07)	10:47.23 (40.87)		
	11:29.16 (41.93)	12:10.75 (41.59)	12:52.62 (41.87)	13:34.05 (41.43)		
	14:14.94 (40.89)	14:55.44 (40.50)	15:36.07 (40.63)	16:18.16 (42.09)		
	16:59.29 (41.13)	17:39.80 (40.51)	18:20.53 (40.73)	19:00.30 (39.77)		
	19:39.90 (39.60)	20:17.98 (38.08)				

Men 30-34 50 SC Meter Backstroke

1 Ritchie, Adam	31	Afr	28.87			
2 Lala, Vishal	33	Bctm	30.69			
3 Kaufman, Ian	30	Unat	36.26			
4 Nguyen, Son	30	Mesc	38.06			
5 Einersen, Brian	33	Tnya	51.36			

Men 30-34 100 SC Meter Backstroke

1 Ritchie, Adam	31	Afr	1:00.55			
	29.18	1:00.55 (31.37)				
2 Lala, Vishal	33	Bctm	1:07.64			
	33.23	1:07.64 (34.41)				
3 Mauriello, Matthew	33	Fish	1:11.66			
	35.60	1:11.66 (36.06)				
4 Nguyen, Son	30	Mesc	1:18.72			
	38.54	1:18.72 (40.18)				
5 Dew, Stephen	31	Redt	1:20.76			
	39.68	1:20.76 (41.08)				

Men 30-34 200 SC Meter Backstroke

1 Ritchie, Adam	31	Afr	2:13.13			
	30.76	1:04.23 (33.47)	1:38.64 (34.41)	2:13.13 (34.49)		
2 Brown, Tom	31	Gsm	2:26.70			
	35.71	1:13.38 (37.67)	1:50.60 (37.22)	2:26.70 (36.10)		

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 30-34 200 SC Meter Backstroke continued

Name	Age	Club	Final Time	
3 Lala, Vishal	33	Bctm	2:38.60	
	36.18	1:16.16 (39.98)	1:57.76 (41.60)	2:38.60 (40.84)
4 Nguyen, Son	30	Mesc	2:54.86	
	40.97	1:23.45 (42.48)	2:09.52 (46.07)	2:54.86 (45.34)

Men 30-34 50 SC Meter Breaststroke

1 Nguyen, Son	30	Mesc	34.22
2 Gonzales, Chris	30	Agua	34.86
3 Dean, Nathaniel	32	Bctm	37.34
4 Aiken, Ryan	30	Agua	37.56
5 Klein, David	30	Bctm	39.35

Men 30-34 100 SC Meter Breaststroke

1 Nguyen, Son	30	Mesc	1:15.49
	36.00	1:15.49 (39.49)	
2 Mauriello, Matthew	33	Fish	1:16.47
	36.19	1:16.47 (40.28)	
3 Aiken, Ryan	30	Agua	1:23.30
	39.10	1:23.30 (44.20)	
4 Baule, Adrian	31	Agua	1:28.99
	23.78	1:28.99 (1:05.21)	

Men 30-34 200 SC Meter Breaststroke

1 Nguyen, Son	30	Mesc	2:50.64
	37.80	1:20.37 (42.57)	2:05.23 (44.86)
2 Patterson, Thomas	32	1776	2:58.08
	41.95	1:25.88 (43.93)	2:12.68 (46.80)
			2:58.08 (45.40)

Men 30-34 50 SC Meter Butterfly

1 Fuentes, Dario	32	Metr	26.04
2 Mullen, Brian	31	Redt	27.40
3 Gould, Harold	30	Unat	27.60
4 Fain, Jeremy	32	Redt	27.93
5 Mauriello, Matthew	33	Fish	28.21
6 Rozwadowski, Amir	31	Redt	28.75
7 Lala, Vishal	33	Bctm	29.66
8 Nguyen, Son	30	Mesc	30.58
9 Judge, Joshua	33	Tnya	33.47
10 Kaufman, Ian	30	Unat	33.75
11 Dean, Nathaniel	32	Bctm	34.16

Men 30-34 100 SC Meter Butterfly

1 Gould, Harold	30	Unat	59.94
	27.60	59.94 (32.34)	
2 Mullen, Brian	31	Redt	1:07.09
	28.32	1:07.09 (38.77)	
3 Slawsky, Gregory	31	Redt	1:11.81
	32.34	1:11.81 (39.47)	
4 Judge, Joshua	33	Tnya	1:16.99
	35.68	1:16.99 (41.31)	

Men 30-34 200 SC Meter Butterfly

1 Patterson, Thomas	32	1776	2:27.42
	33.21	1:09.56 (36.35)	1:48.12 (38.56)
			2:27.42 (39.30)

Men 30-34 100 SC Meter IM

1 Hinds, Howard	32	Unat	1:04.22
	29.96	1:04.22 (34.26)	
2 Fain, Jeremy	32	Redt	1:05.42
	30.56	1:05.42 (34.86)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 30-34 100 SC Meter IM continued

Name	Age	Club	Final Time
3 Lala, Vishal	33	Bctm	1:09.32
31.73	1:09.32	(37.59)	
4 Mullen, Brian	31	Redt	1:10.29
31.49	1:10.29	(38.80)	
5 Nguyen, Son	30	Mesc	1:11.00
34.04	1:11.00	(36.96)	
6 Dean, Nathaniel	32	Bctm	1:16.48
36.98	1:16.48	(39.50)	
7 Aiken, Ryan	30	Agua	1:16.96
37.00	1:16.96	(39.96)	
8 Judge, Joshua	33	Tnya	1:21.22
37.49	1:21.22	(43.73)	
9 Kaufman, Ian	30	Unat	1:22.10
37.15	1:22.10	(44.95)	
--- Einersen, Brian	33	Tnya	DQ

Men 30-34 200 SC Meter IM

1 McGowan, Hugh	32	Tnya	2:41.26
33.20	1:14.71	(41.51)	2:03.20 (48.49) 2:41.26 (38.06)
2 Dean, Nathaniel	32	Bctm	2:44.42
34.42	1:19.07	(44.65)	2:05.87 (46.80) 2:44.42 (38.55)
3 Baule, Adrian	31	Agua	3:11.49
39.17	1:32.25	(53.08)	2:24.50 (52.25) 3:11.49 (46.99)

Men 30-34 400 SC Meter IM

1 Patterson, Thomas	32	1776	5:08.85
33.16	1:10.13	(36.97)	1:50.07 (39.94) 2:29.33 (39.26)
3:14.01 (44.68)	3:59.10 (45.09)	4:34.93 (35.83)	5:08.85 (33.92)

Men 35-39 50 SC Meter Freestyle

1 von Loewe, Pete	39	Gmup	25.12
2 Doane, Michael	39	Terr	25.36
3 Reuter, Adam	35	Pafc	26.20
4 Theofilidis, Georgios	37	Agua	28.60
5 Tierney, Ted	38	Metr	30.70
6 Morrissey, James	36	Tnya	31.37
7 Currier, Matthew	36	Bctm	31.50

Men 35-39 100 SC Meter Freestyle

1 von Loewe, Pete	39	Gmup	55.24
25.92	55.24	(29.32)	
2 Butcher, Rob	37	Sysm	57.55
27.09	57.55	(30.46)	
3 Theofilidis, Georgios	37	Agua	1:01.64
29.50	1:01.64	(32.14)	
4 Weinstein, Josh	36	Agua	1:05.15
31.03	1:05.15	(34.12)	
5 Blood, Matt	35	Metr	1:06.25
32.29	1:06.25	(33.96)	
6 Bambilia, Koby	35	Redt	1:07.12
31.46	1:07.12	(35.66)	
7 Morrissey, James	36	Tnya	1:10.21
33.73	1:10.21	(36.48)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 35-39 200 SC Meter Freestyle

Name	Age	Club			Final Time
1 von Loewe, Pete	39	Gmup			2:05.38
28.49	59.35 (30.86)		1:32.63 (33.28)	2:05.38 (32.75)	
2 Jotz, Jeffrey	39	Gsm			2:10.57
28.92	1:01.22 (32.30)		1:35.42 (34.20)	2:10.57 (35.15)	
3 Walkenhorst, Jared	35	Nem			2:15.19
30.35	1:04.55 (34.20)		1:39.35 (34.80)	2:15.19 (35.84)	
4 Tierney, Ted	38	Metr			2:23.58
33.43	1:09.39 (35.96)		1:46.81 (37.42)	2:23.58 (36.77)	
5 Currier, Matthew	36	Bctm			2:46.20
35.15	1:16.96 (41.81)		2:02.32 (45.36)	2:46.20 (43.88)	
6 Kaufman, David	39	Aqft			3:09.09
43.18	1:31.25 (48.07)		2:21.28 (50.03)	3:09.09 (47.81)	

Men 35-39 400 SC Meter Freestyle

1 Tierney, Ted	38	Metr			5:08.26
34.66	1:11.76 (37.10)		1:51.13 (39.37)	2:30.64 (39.51)	
3:10.12 (39.48)	3:50.12 (40.00)		4:29.87 (39.75)	5:08.26 (38.39)	

Men 35-39 1500 SC Meter Freestyle

1 Demira, Onesimo	36	Tnya			20:23.22
37.47	1:17.75 (40.28)		1:58.76 (41.01)	2:39.53 (40.77)	
3:21.13 (41.60)	4:02.14 (41.01)		4:43.54 (41.40)	5:25.45 (41.91)	
6:07.59 (42.14)	6:48.97 (41.38)		7:30.65 (41.68)	8:11.88 (41.23)	
8:52.67 (40.79)	9:34.08 (41.41)		10:15.87 (41.79)	10:57.58 (41.71)	
11:39.01 (41.43)	12:20.25 (41.24)		13:00.94 (40.69)	13:41.00 (40.06)	
14:21.49 (40.49)	15:02.01 (40.52)		15:43.11 (41.10)	16:23.75 (40.64)	
17:04.05 (40.30)	17:44.56 (40.51)		18:25.46 (40.90)	19:05.10 (39.64)	
19:44.68 (39.58)	20:23.22 (38.54)				
2 Currier, Matthew	36	Bctm			25:25.19
42.70	1:30.42 (47.72)			2:19.17 ()	
3:08.45 (49.28)			3:59.53 ()	4:50.25 (50.72)	
	5:41.13 ()		6:32.75 (51.62)		
7:22.95 ()	8:14.64 (51.69)			9:06.65 ()	
9:59.80 (53.15)			10:54.64 ()	11:47.66 (53.02)	
	12:40.51 ()		13:33.33 (52.82)		
				17:56.31 ()	
25:25.19 (7:28.88)					
3 Grossfeld, John	39	Aqft			27:11.57
48.58	1:40.58 (52.00)		2:34.30 (53.72)	3:28.53 (54.23)	
4:23.03 (54.50)			5:17.40 ()	6:11.95 (54.55)	
7:06.99 (55.04)	8:01.67 (54.68)		8:56.46 (54.79)	9:51.27 (54.81)	
	10:46.30 ()		11:41.06 (54.76)	12:35.32 (54.26)	
13:30.67 (55.35)	14:26.32 (55.65)		15:21.77 (55.45)		
16:16.41 ()	17:11.41 (55.00)		18:06.11 (54.70)	19:00.48 (54.37)	
19:55.78 (55.30)	20:51.55 (55.77)			21:46.44 ()	
22:41.66 (55.22)	23:37.40 (55.74)		24:32.75 (55.35)	25:28.21 (55.46)	27:11.57 (1:43.36)

Men 35-39 50 SC Meter Backstroke

1 Reuter, Adam	35	Pafc			31.10
2 Blood, Matt	35	Metr			35.81

Men 35-39 100 SC Meter Backstroke

1 Reuter, Adam	35	Pafc			1:08.49
34.36	1:08.49 (34.13)				
2 Kaufman, David	39	Aqft			1:42.07
50.66	1:42.07 (51.41)				

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 35-39 200 SC Meter Backstroke

Name	Age	Club	Final Time
1 von Loewe, Pete	39	Gmup	2:22.62
	34.40	1:11.22 (36.82)	1:48.33 (37.11) 2:22.62 (34.29)

Men 35-39 50 SC Meter Breaststroke

1 Doane, Michael	39	Terr	31.03
2 Goodison, Michael	37	Terr	31.79
3 Walkenhorst, Jared	35	Nem	32.07
4 Reuter, Adam	35	Pafc	32.56
5 Maruta, Jun	39	Tnya	34.54
6 Rosencrantz, Michael	39	Redt	39.06
7 Bambilia, Koby	35	Redt	39.85
8 Morrissey, James	36	Tnya	44.18

Men 35-39 100 SC Meter Breaststroke

1 Walkenhorst, Jared	35	Nem	1:09.87
	32.34	1:09.87 (37.53)	
2 Goodison, Michael	37	Terr	1:10.72
	33.59	1:10.72 (37.13)	
3 Reuter, Adam	35	Pafc	1:10.96
	33.86	1:10.96 (37.10)	
4 Jotz, Jeffrey	39	Gsm	1:14.82
	35.60	1:14.82 (39.22)	
5 Maruta, Jun	39	Tnya	1:14.90
	35.06	1:14.90 (39.84)	
6 Fox, James	38	Agua	1:16.71
	36.67	1:16.71 (40.04)	
7 Rosencrantz, Michael	39	Redt	1:23.91
	39.30	1:23.91 (44.61)	
8 Kaufman, David	39	Aqft	1:40.68
	28.07	1:40.68 (1:12.61)	

Men 35-39 200 SC Meter Breaststroke

1 Walkenhorst, Jared	35	Nem	2:34.82
	35.89	1:15.66 (39.77)	1:55.13 (39.47) 2:34.82 (39.69)
2 Reuter, Adam	35	Pafc	2:37.76
	36.57	1:17.20 (40.63)	1:57.45 (40.25) 2:37.76 (40.31)
3 Maruta, Jun	39	Tnya	2:46.66
	38.36	1:20.14 (41.78)	2:02.84 (42.70) 2:46.66 (43.82)
4 Rosencrantz, Michael	39	Redt	3:02.94
	40.65	1:26.01 (45.36)	2:13.40 (47.39) 3:02.94 (49.54)

Men 35-39 50 SC Meter Butterfly

1 Doane, Michael	39	Terr	26.84
2 Goodison, Michael	37	Terr	28.83
3 Reuter, Adam	35	Pafc	30.03
4 Fox, James	38	Agua	30.16
5 Theofilidis, Georgios	37	Agua	32.30
6 Rosencrantz, Michael	39	Redt	34.41

Men 35-39 100 SC Meter Butterfly

1 Doane, Michael	39	Terr	1:01.55
	28.25	1:01.55 (33.30)	
2 Goodison, Michael	37	Terr	1:02.95
	29.57	1:02.95 (33.38)	
3 Weinstein, Josh	36	Agua	1:15.09
	33.65	1:15.09 (41.44)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 35-39 200 SC Meter Butterfly

Name	Age	Club	Final Time	
1 von Loewe, Pete	39	Gmup	2:26.18	
32.94	1:09.86 (36.92)	1:47.82 (37.96)	2:26.18 (38.36)	

Men 35-39 100 SC Meter IM

1 Reuter, Adam	35	Pafc	1:05.16	
31.05	1:05.16 (34.11)			
2 Walkenhorst, Jared	35	Nem	1:05.25	
31.80	1:05.25 (33.45)			
3 Butcher, Rob	37	Sysm	1:06.05	
32.00	1:06.05 (34.05)			
4 Goodison, Michael	37	Terr	1:06.28	
31.80	1:06.28 (34.48)			
5 Rosencrantz, Michael	39	Redt	1:17.86	
36.54	1:17.86 (41.32)			
6 Weinstein, Josh	36	Agua	1:18.24	
36.32	1:18.24 (41.92)			

Men 35-39 200 SC Meter IM

1 Walkenhorst, Jared	35	Nem	2:24.59	
31.10	1:10.27 (39.17)	1:49.43 (39.16)	2:24.59 (35.16)	
2 Reuter, Adam	35	Pafc	2:25.78	
33.78	1:12.94 (39.16)	1:53.40 (40.46)	2:25.78 (32.38)	
3 Jotz, Jeffrey	39	Gsm	2:26.40	
32.99	1:12.49 (39.50)	1:52.90 (40.41)	2:26.40 (33.50)	
4 Fox, James	38	Agua	2:31.07	
32.32	1:10.64 (38.32)	1:54.23 (43.59)	2:31.07 (36.84)	
5 Maruta, Jun	39	Tnya	2:36.24	
32.98	1:15.68 (42.70)	1:56.61 (40.93)	2:36.24 (39.63)	
6 Rosencrantz, Michael	39	Redt	2:50.17	
36.64	1:22.53 (45.89)	2:09.82 (47.29)	2:50.17 (40.35)	

Men 35-39 400 SC Meter IM

1 Jotz, Jeffrey	39	Gsm	5:08.42	
34.21	1:13.21 (39.00)	1:54.28 (41.07)	2:34.24 (39.96)	
3:15.68 (41.44)	3:59.10 (43.42)	4:34.57 (35.47)	5:08.42 (33.85)	
2 von Loewe, Pete	39	Gmup	5:11.48	
32.05	1:09.72 (37.67)	1:50.61 (40.89)	2:30.14 (39.53)	
3:17.99 (47.85)	4:04.82 (46.83)	4:39.44 (34.62)	5:11.48 (32.04)	
3 Reuter, Adam	35	Pafc	5:17.89	
34.86	1:16.29 (41.43)	1:58.18 (41.89)	2:38.56 (40.38)	
3:23.33 (44.77)	4:07.89 (44.56)	4:43.65 (35.76)	5:17.89 (34.24)	
4 Demira, Onesimo	36	Tnya	5:46.39	
36.59	1:18.52 (41.93)	2:04.51 (45.99)	2:49.21 (44.70)	
3:37.83 (48.62)	4:27.81 (49.98)	5:08.33 (40.52)	5:46.39 (38.06)	

Men 40-44 50 SC Meter Freestyle

1 Baer, Klaus	41	Tnya	26.91
2 Rizzo, Marc	44	Fish	26.95
3 Dari, Mike	43	Unat	27.71
4 Ellis, Andrew	41	Terr	28.03
5 Goodman, Robert	41	Redt	28.27
6 Sartorio, Tom	43	Wam	28.56
7 Gold, Jeffrey	42	Berk	30.31
8 Allen, Anthony	42	Tnya	34.44

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 40-44 100 SC Meter Freestyle

	Name	Age	Club		Final Time
1	Baer, Klaus	41	Tnya		58.16
	27.39	58.16	(30.77)		
2	Baranowski, Mitch	41	Redt		59.83
	29.20	59.83	(30.63)		
3	Ellis, Andrew	41	Terr		1:00.38
	29.32	1:00.38	(31.06)		
4	Dari, Mike	43	Unat		1:02.08
	28.42	1:02.08	(33.66)		
5	Goodman, Robert	41	Redt		1:03.42
	29.82	1:03.42	(33.60)		
6	Burrer, Joscelin	41	Drms		1:03.98
	29.22	1:03.98	(34.76)		
7	Mair, Matthew	43	Tnya		1:04.14
	30.56	1:04.14	(33.58)		
8	Hough, George	43	WM		1:08.94
	32.17	1:08.94	(36.77)		
9	Chan, Andy	43	Redt		1:15.96
	34.02	1:15.96	(41.94)		

Men 40-44 200 SC Meter Freestyle

1	Rizzo, Marc	44	Fish		2:12.16
	30.44	1:03.77	(33.33)	1:37.95 (34.18)	2:12.16 (34.21)
2	Moore, Daniel	44	Berk		2:17.16
	32.12	1:06.58	(34.46)	1:41.73 (35.15)	2:17.16 (35.43)
3	Horton, Robert	43	Agua		2:32.26
	34.68	1:13.68	(39.00)	1:53.86 (40.18)	2:32.26 (38.40)

Men 40-44 400 SC Meter Freestyle

1	Ellis, Andrew	41	Terr		4:46.10
	31.66	1:07.34	(35.68)	1:43.52 (36.18)	2:20.15 (36.63)
	2:56.67 (36.52)	3:33.39 (36.72)	4:10.28 (36.89)	4:46.10 (35.82)	
2	Rizzo, Marc	44	Fish		4:47.99
	32.92	1:08.82	(35.90)	1:45.51 (36.69)	2:22.43 (36.92)
	2:59.49 (37.06)	3:36.62 (37.13)	4:13.18 (36.56)	4:47.99 (34.81)	
3	Moore, Daniel	44	Berk		4:52.40
	32.67	1:07.81	(35.14)	1:44.10 (36.29)	2:21.54 (37.44)
	2:59.45 (37.91)	3:36.89 (37.44)	4:15.25 (38.36)	4:52.40 (37.15)	

Men 40-44 800 SC Meter Freestyle

1	Neyland, Spencer	44	Redt		10:28.88
	33.19	1:09.23	(36.04)	1:46.75 (37.52)	2:25.56 (38.81)
	3:04.57 (39.01)	3:44.03 (39.46)	4:23.49 (39.46)	5:03.36 (39.87)	
	5:43.74 (40.38)	6:25.06 (41.32)	7:05.76 (40.70)	7:47.11 (41.35)	
	8:28.14 (41.03)	9:09.03 (40.89)	9:50.08 (41.05)	10:28.88 (38.80)	

Men 40-44 1500 SC Meter Freestyle

1	Barra, David	44	Adms		18:53.37
	31.53	1:06.97	(35.44)	1:44.42 (37.45)	2:21.65 (37.23)
	2:59.17 (37.52)	3:37.34 (38.17)	4:15.15 (37.81)	4:52.84 (37.69)	
	5:30.91 (38.07)	6:08.63 (37.72)	6:46.48 (37.85)	7:24.47 (37.99)	
	8:02.24 (37.77)	8:40.08 (37.84)	9:18.19 (38.11)	9:55.84 (37.65)	
	10:33.67 (37.83)	11:11.53 (37.86)	11:49.38 (37.85)	12:27.40 (38.02)	
	13:05.30 (37.90)	13:43.53 (38.23)	14:22.03 (38.50)	15:00.43 (38.40)	
	15:38.99 (38.56)	16:17.47 (38.48)	16:56.60 (39.13)	17:36.08 (39.48)	
	18:15.48 (39.40)	18:53.37 (37.89)			

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 40-44 1500 SC Meter Freestyle continued

Name	Age	Club	Final Time			
2 Chamberlain, Randall	40	Tnya	23:45.82			
	39.53	1:25.08 (45.55)	2:11.41 (46.33)	2:58.20 (46.79)		
	3:45.83 (47.63)	4:33.52 (47.69)	5:20.53 (47.01)	6:08.42 (47.89)		
	6:55.83 (47.41)	7:43.55 (47.72)	8:31.31 (47.76)	9:19.54 (48.23)		
	10:07.65 (48.11)	10:56.00 (48.35)	11:44.39 (48.39)	12:32.54 (48.15)		
	13:20.58 (48.04)	14:09.15 (48.57)	14:57.95 (48.80)	15:46.40 (48.45)		
	16:34.64 (48.24)	17:23.50 (48.86)	18:11.15 (47.65)	18:59.61 (48.46)		
	19:47.28 (47.67)	20:36.02 (48.74)	21:24.63 (48.61)	22:12.72 (48.09)		
	23:00.72 (48.00)	23:45.82 (45.10)				

Men 40-44 50 SC Meter Backstroke

1 Faria, Jose	43	Unat	30.73
2 Dari, Mike	43	Unat	30.94
3 Goodman, Robert	41	Redt	35.14
4 Chamberlain, Randall	40	Tnya	45.71

Men 40-44 100 SC Meter Backstroke

1 Dari, Mike	43	Unat	1:07.17
	32.13	1:07.17 (35.04)	
2 Rizzo, Marc	44	Fish	1:11.65
	35.22	1:11.65 (36.43)	
3 Sartorio, Tom	43	Wam	1:12.19
	35.08	1:12.19 (37.11)	

Men 40-44 200 SC Meter Backstroke

1 Moore, Daniel	44	Berk	2:32.28
	36.82	1:14.43 (37.61)	1:53.85 (39.42)
			2:32.28 (38.43)
2 Chamberlain, Randall	40	Tnya	3:08.68
	43.17	1:32.15 (48.98)	2:22.60 (50.45)
			3:08.68 (46.08)

Men 40-44 50 SC Meter Breaststroke

1 Faria, Jose	43	Unat	35.11
2 Neyland, Spencer	44	Redt	35.36
3 Baer, Klaus	41	Tnya	35.46
4 Burrer, Joscelin	41	Drms	35.53
5 Cairns, Brian	40	Tnya	38.06
6 Chan, Andy	43	Redt	49.71

Men 40-44 100 SC Meter Breaststroke

1 Baer, Klaus	41	Tnya	1:13.02
	34.35	1:13.02 (38.67)	
2 Neyland, Spencer	44	Redt	1:19.02
	37.60	1:19.02 (41.42)	
3 Horton, Robert	43	Agua	1:21.94
	39.03	1:21.94 (42.91)	
4 Allen, Anthony	42	Tnya	1:29.36
	22.59	1:29.36 (1:06.77)	

Men 40-44 200 SC Meter Breaststroke

1 Neyland, Spencer	44	Redt	2:53.62
	38.93	1:21.86 (42.93)	2:06.98 (45.12)
			2:53.62 (46.64)
2 Moore, Daniel	44	Berk	2:56.27
	40.76	1:26.09 (45.33)	2:11.84 (45.75)
			2:56.27 (44.43)

Men 40-44 50 SC Meter Butterfly

1 Baer, Klaus	41	Tnya	28.83
2 Goodman, Robert	41	Redt	31.43
3 Sartorio, Tom	43	Wam	32.48
4 Neyland, Spencer	44	Redt	32.89

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 40-44 50 SC Meter Butterfly

Name	Age	Club	Final Time
5 Dari, Mike	43	Unat	33.48
6 Gold, Jeffrey	42	Berk	33.86
7 Carr, William	40	Tnya	38.40

Men 40-44 100 SC Meter Butterfly

1 Ellis, Andrew	41	Terr	1:05.50
31.17			1:05.50 (34.33)
2 Baranowski, Mitch	41	Redt	1:06.43
31.04			1:06.43 (35.39)
3 Moore, Daniel	44	Berk	1:08.14
32.24			1:08.14 (35.90)
4 Chamberlain, Randall	40	Tnya	1:19.82
36.52			1:19.82 (43.30)

Men 40-44 200 SC Meter Butterfly

1 Moore, Daniel	44	Berk	2:44.11
35.69			1:15.33 (39.64) 1:57.94 (42.61) 2:44.11 (46.17)

Men 40-44 100 SC Meter IM

1 Faria, Jose	43	Unat	1:05.83
30.40			1:05.83 (35.43)
2 Baer, Klaus	41	Tnya	1:09.82
32.45			1:09.82 (37.37)
3 Dari, Mike	43	Unat	1:10.94
31.33			1:10.94 (39.61)
4 Baranowski, Mitch	41	Redt	1:11.08
32.64			1:11.08 (38.44)
5 Burrer, Joscelin	41	Drms	1:12.32
33.85			1:12.32 (38.47)
6 Neyland, Spencer	44	Redt	1:13.47
35.67			1:13.47 (37.80)
7 Mair, Matthew	43	Tnya	1:17.44
35.00			1:17.44 (42.44)
--- Ellis, Andrew	41	Terr	DQ
33.41			DQ (38.02)

Men 40-44 200 SC Meter IM

1 Moore, Daniel	44	Berk	2:32.68
33.10			1:12.59 (39.49) 1:56.77 (44.18) 2:32.68 (35.91)
2 Neyland, Spencer	44	Redt	2:43.84
34.65			1:19.12 (44.47) 2:06.51 (47.39) 2:43.84 (37.33)
3 Horton, Robert	43	Agua	2:50.67
36.78			1:23.49 (46.71) 2:11.07 (47.58) 2:50.67 (39.60)
4 Gold, Jeffrey	42	Berk	3:06.41
37.50			1:21.17 (43.67) 2:19.57 (58.40) 3:06.41 (46.84)

Men 40-44 400 SC Meter IM

1 Faria, Jose	43	Unat	5:28.72
34.39			1:14.34 (39.95) 1:56.27 (41.93) 2:37.62 (41.35)
3:23.22 (45.60)			4:09.81 (46.59) 4:51.41 (41.60) 5:28.72 (37.31)
2 Moore, Daniel	44	Berk	5:30.69
33.63			1:12.24 (38.61) 1:55.43 (43.19) 2:38.50 (43.07)
3:26.92 (48.42)			4:15.33 (48.41) 4:53.93 (38.60) 5:30.69 (36.76)
3 Chamberlain, Randall	40	Tnya	6:35.29
40.95			1:30.14 (49.19) 2:22.42 (52.28) 3:15.15 (52.73)
4:10.37 (55.22)			5:05.92 (55.55) 5:51.42 (45.50) 6:35.29 (43.87)

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RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 45-49 50 SC Meter Freestyle

Name	Age	Club	Final Time
1 Segal, William	45	Jam	25.16
2 Globus, Yaron	45	Unat	27.44
3 Shipp, Bill	49	Terr	27.61
4 Todd, Robert	45	Metr	28.87
5 Matz, Michael	48	Pafc	29.24
6 Williams, Michael	46	Agua	29.31
7 Suzuki, Kozo	46	Tnya	30.32

Men 45-49 100 SC Meter Freestyle

1 Segal, William	45	Jam	55.11
27.24	55.11 (27.87)		
2 Schuster, Fred	45	Unat	56.61
27.85	56.61 (28.76)		
3 Cox, Stephen	47	Metr	59.46
28.49	59.46 (30.97)		
4 Shipp, Bill	49	Terr	1:00.09
28.86	1:00.09 (31.23)		
5 Shtab, Steve	48	Aqft	1:05.74
32.07	1:05.74 (33.67)		
*6 Matz, Michael	48	Pafc	1:05.83
31.80	1:05.83 (34.03)		
*6 Todd, Robert	45	Metr	1:05.83
31.19	1:05.83 (34.64)		
8 Reen, Anthony	48	Tnya	1:09.38
33.23	1:09.38 (36.15)		
9 Christian, Timothy	47	Gsm	1:11.35
33.94	1:11.35 (37.41)		
10 McSpirtt, James	49	Redt	1:12.66
33.92	1:12.66 (38.74)		
11 Regier, Luke	47	Unat	1:26.41
40.56	1:26.41 (45.85)		

Men 45-49 200 SC Meter Freestyle

1 Segal, William	45	Jam	2:02.20
28.79	59.96 (31.17)	1:32.03 (32.07)	2:02.20 (30.17)
2 Schuster, Fred	45	Unat	2:07.83
30.17	1:02.50 (32.33)	1:35.53 (33.03)	2:07.83 (32.30)
3 Shipp, Bill	49	Terr	2:12.72
30.43	1:04.07 (33.64)	1:38.43 (34.36)	2:12.72 (34.29)
4 Shtab, Steve	48	Aqft	2:14.18
30.81	1:05.03 (34.22)	1:39.76 (34.73)	2:14.18 (34.42)
5 Troiano, Jason	45	WM	2:19.81
32.00	1:06.99 (34.99)	1:43.63 (36.64)	2:19.81 (36.18)
6 Suzuki, Kozo	46	Tnya	2:31.52
36.80	1:16.25 (39.45)	1:54.55 (38.30)	2:31.52 (36.97)
7 Batson, Quinn	49	Bctm	3:12.87
41.22	1:31.29 (50.07)	2:23.54 (52.25)	3:12.87 (49.33)

Men 45-49 400 SC Meter Freestyle

1 Shtab, Steve	48	Aqft	4:38.14
31.74	1:06.26 (34.52)	1:41.38 (35.12)	2:16.91 (35.53)
2:52.10 (35.19)	3:27.87 (35.77)	4:03.47 (35.60)	4:38.14 (34.67)
2 Shipp, Bill	49	Terr	4:43.17
31.61	1:06.19 (34.58)	1:41.90 (35.71)	2:18.58 (36.68)
2:55.30 (36.72)	3:32.07 (36.77)	4:08.02 (35.95)	4:43.17 (35.15)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 45-49 400 SC Meter Freestyle

Name	Age	Club	Final Time			
3 Nettles, Steven	45	Redt	5:48.61			
	38.82	1:20.72 (41.90)	2:04.96 (44.24)	2:49.85 (44.89)		
	3:34.74 (44.89)	4:20.03 (45.29)	5:05.28 (45.25)	5:48.61 (43.33)		

Men 45-49 800 SC Meter Freestyle

1 Newman, Steven	47	Bdgr	9:34.21			
	32.43	1:09.02 (36.59)	1:46.24 (37.22)	2:22.03 (35.79)		
	2:57.83 (35.80)	3:33.98 (36.15)	4:10.49 (36.51)	4:46.72 (36.23)		
	5:23.01 (36.29)	5:59.70 (36.69)	6:35.60 (35.90)	7:12.25 (36.65)		
	7:48.51 (36.26)	8:24.58 (36.07)	9:00.21 (35.63)	9:34.21 (34.00)		
2 Todd, Robert	45	Metr	11:39.76			
	37.20	1:17.89 (40.69)	1:59.78 (41.89)	2:42.73 (42.95)		
	3:25.84 (43.11)	4:09.22 (43.38)	4:53.35 (44.13)	5:38.02 (44.67)		
	6:23.44 (45.42)	7:08.59 (45.15)	7:53.68 (45.09)	8:38.87 (45.19)		
	9:24.77 (45.90)	10:09.84 (45.07)	10:54.45 (44.61)	11:39.76 (45.31)		
3 Christian, Timothy	47	Gsm	11:58.47			
	37.78	1:19.82 (42.04)	2:04.25 (44.43)	2:48.79 (44.54)		
	3:33.78 (44.99)	4:18.93 (45.15)	5:03.92 (44.99)	5:49.90 (45.98)		
	6:36.21 (46.31)	7:23.39 (47.18)	8:09.74 (46.35)	8:56.43 (46.69)		
	9:42.50 (46.07)	10:28.72 (46.22)	11:14.32 (45.60)	11:58.47 (44.15)		

Men 45-49 1500 SC Meter Freestyle

1 Shtab, Steve	48	Aqft	18:17.50			
	32.33	1:07.50 (35.17)	1:43.40 (35.90)	2:19.95 (36.55)		
	2:56.50 (36.55)	3:32.97 (36.47)	4:09.29 (36.32)	4:45.82 (36.53)		
	5:22.50 (36.68)	5:58.91 (36.41)	6:35.30 (36.39)	7:11.62 (36.32)		
	7:48.28 (36.66)	8:25.12 (36.84)	9:02.00 (36.88)	9:38.76 (36.76)		
	10:15.44 (36.68)	10:52.26 (36.82)	11:29.18 (36.92)	12:06.24 (37.06)		
	12:43.03 (36.79)	13:19.85 (36.82)	13:56.94 (37.09)	14:34.14 (37.20)		
	15:11.31 (37.17)	15:49.14 (37.83)	16:26.40 (37.26)	17:04.70 (38.30)		
	17:41.78 (37.08)	18:17.50 (35.72)				
2 Wuest, Frank	49	Nem	18:18.74			
	34.86	1:11.68 (36.82)	1:48.95 (37.27)	2:26.27 (37.32)		
	3:03.35 (37.08)	3:40.50 (37.15)	4:17.73 (37.23)	4:54.77 (37.04)		
	5:32.20 (37.43)	6:09.40 (37.20)	6:47.12 (37.72)	7:24.37 (37.25)		
	8:01.95 (37.58)	8:39.18 (37.23)	9:16.42 (37.24)	9:53.31 (36.89)		
	10:30.23 (36.92)	11:07.38 (37.15)	11:44.06 (36.68)	12:20.56 (36.50)		
	12:57.05 (36.49)	13:33.37 (36.32)	14:09.71 (36.34)	14:46.11 (36.40)		
	15:22.33 (36.22)	15:58.31 (35.98)	16:34.06 (35.75)	17:09.67 (35.61)		
	17:44.75 (35.08)	18:18.74 (33.99)				

Men 45-49 50 SC Meter Backstroke

1 Troiano, Jason	45	WM	32.59			
2 Globus, Yaron	45	Unat	33.41			
3 Bliss, Bob	49	Agua	33.76			
4 Matz, Michael	48	Pafc	34.26			
5 Regier, Luke	47	Unat	48.79			
6 Sargent, Jeff	45	Conn	1:09.08			

Men 45-49 100 SC Meter Backstroke

1 Troiano, Jason	45	WM	1:13.07			
	35.13	1:13.07 (37.94)				
2 Globus, Yaron	45	Unat	1:14.12			
	36.13	1:14.12 (37.99)				

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 45-49 200 SC Meter Backstroke

Name	Age	Club	Final Time		
1 Globus, Yaron	45	Unat			2:47.75
	37.39	1:20.14 (42.75)	2:05.08 (44.94)	2:47.75 (42.67)	

Men 45-49 50 SC Meter Breaststroke

1 Shtab, Steve	48	Aqft			36.15
2 Cataldo, Keith	47	Aqft			40.14
3 Nettles, Steven	45	Redt			41.29
4 Matz, Michael	48	Pafc			41.87
5 Lau, Kent	47	Tnya			45.14

Men 45-49 100 SC Meter Breaststroke

1 Williams, Michael	46	Agua			1:21.84
	40.21	1:21.84 (41.63)			
2 Troiano, Jason	45	WM			1:22.81
	39.21	1:22.81 (43.60)			
3 Cataldo, Keith	47	Aqft			1:29.13
	41.96	1:29.13 (47.17)			
4 Lau, Kent	47	Tnya			1:39.07
	45.89	1:39.07 (53.18)			

Men 45-49 200 SC Meter Breaststroke

1 Nettles, Steven	45	Redt			3:20.18
	44.37	1:34.28 (49.91)	2:26.95 (52.67)	3:20.18 (53.23)	
2 McSpirtt, James	49	Redt			3:34.66
	49.30	1:42.85 (53.55)	2:38.53 (55.68)	3:34.66 (56.13)	

Men 45-49 50 SC Meter Butterfly

1 Segal, William	45	Jam			26.83
2 Schuster, Fred	45	Unat			27.10
3 Matz, Michael	48	Pafc			32.52
4 Suzuki, Kozo	46	Tnya			32.89
5 Cataldo, Keith	47	Aqft			34.99
6 Nettles, Steven	45	Redt			41.33

Men 45-49 100 SC Meter Butterfly

1 Segal, William	45	Jam			58.60
	27.35	58.60 (31.25)			
2 Schuster, Fred	45	Unat			1:00.31
	28.47	1:00.31 (31.84)			
3 Cataldo, Keith	47	Aqft			1:24.70
	36.02	1:24.70 (48.68)			

Men 45-49 200 SC Meter Butterfly

1 Schuster, Fred	45	Unat			2:20.74
	32.44	1:09.19 (36.75)	1:46.02 (36.83)	2:20.74 (34.72)	

Men 45-49 100 SC Meter IM

1 Troiano, Jason	45	WM			1:10.07
	32.29	1:10.07 (37.78)			
2 Shipp, Bill	49	Terr			1:11.92
	34.69	1:11.92 (37.23)			
3 Cox, Stephen	47	Metr			1:13.06
	34.20	1:13.06 (38.86)			
4 Matz, Michael	48	Pafc			1:16.83
	35.55	1:16.83 (41.28)			
5 Shtab, Steve	48	Aqft			1:17.70
	38.32	1:17.70 (39.38)			
6 Todd, Robert	45	Metr			1:17.83
	37.26	1:17.83 (40.57)			

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 45-49 100 SC Meter IM continued

Name	Age	Club	Final Time
7 Cataldo, Keith	47	Aqft	1:19.94
38.30	1:19.94	(41.64)	
8 McSpirtt, James	49	Redt	1:25.74
41.64	1:25.74	(44.10)	

Men 45-49 200 SC Meter IM

1 Cataldo, Keith	47	Aqft	2:57.33
36.88	1:27.50	(50.62)	2:17.46 (49.96)
			2:57.33 (39.87)
2 Nettles, Steven	45	Redt	3:09.65
41.76	1:32.86	(51.10)	2:26.24 (53.38)
			3:09.65 (43.41)
3 Batson, Quinn	49	Bctm	3:41.82
50.82	1:51.30	(1:00.48)	2:53.54 (1:02.24)
			3:41.82 (48.28)

Men 45-49 400 SC Meter IM

1 Shipp, Bill	49	Terr	5:36.86
33.93	1:12.83	(38.90)	1:59.08 (46.25)
			2:43.94 (44.86)
	3:32.81	(48.87)	4:22.19 (49.38)
			5:00.60 (38.41)
			5:36.86 (36.26)
2 Cataldo, Keith	47	Aqft	6:23.34
41.53	1:30.36	(48.83)	2:25.50 (55.14)
	3:14.37	()	4:05.26 (50.89)
			4:56.20 (50.94)
			5:42.95 (46.75)
			6:23.34 (40.39)

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Men 50-54 50 SC Meter Freestyle

1 Tsuzuki, Ed	51	Gsm	26.97
2 Borderies, Pascal	50	Unat	28.42
3 Moll, Drew	50	Unat	29.94
4 Thompson, Chris	52	Unat	30.15
5 Polisenio, Joseph	52	Metr	37.15
6 Goran, Steven	51	Tnya	51.36

Men 50-54 100 SC Meter Freestyle

1 Stambaugh, Stephen	54	1776	1:01.22
29.08	1:01.22	(32.14)	
2 Tsuzuki, Ed	51	Gsm	1:02.17
29.93	1:02.17	(32.24)	
3 Borderies, Pascal	50	Unat	1:03.33
31.45	1:03.33	(31.88)	
4 Hoffmann, Paul	54	WM	1:07.22
33.10	1:07.22	(34.12)	
5 Calhoun, Jeff	50	WM	1:11.42
33.63	1:11.42	(37.79)	
6 Lenchner, Jonathan	50	WM	1:12.13
34.08	1:12.13	(38.05)	
7 Infield, Richard	51	Aqft	1:12.60
34.35	1:12.60	(38.25)	
8 Gelinne, Tom	52	Tnya	1:19.15
38.67	1:19.15	(40.48)	
9 Bambrough, Antony	51	Gsm	1:39.62
47.49	1:39.62	(52.13)	

Men 50-54 200 SC Meter Freestyle

1 Tsuzuki, Ed	51	Gsm	2:21.19
32.44	1:07.82	(35.38)	1:44.28 (36.46)
			2:21.19 (36.91)
2 Pospisil, Ronald	52	1776	2:23.77
33.52	1:10.62	(37.10)	1:48.09 (37.47)
			2:23.77 (35.68)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 50-54 200 SC Meter Freestyle continued

	Name	Age	Club		Final Time
3	Brown, Jason	50	Aqft		2:26.33
	34.24	1:12.51 (38.27)	1:50.52 (38.01)	2:26.33 (35.81)	
4	Chambers, John	54	Metr		2:26.43
	33.28	1:09.84 (36.56)	1:48.02 (38.18)	2:26.43 (38.41)	
5	Moll, Drew	50	Unat		2:27.95
	33.58	1:10.97 (37.39)	1:49.58 (38.61)	2:27.95 (38.37)	
6	Thompson, Chris	52	Unat		2:29.85
	36.85	1:15.10 (38.25)	1:53.81 (38.71)	2:29.85 (36.04)	
7	Hoffmann, Paul	54	WM		2:31.46
	34.75	1:12.94 (38.19)	1:52.60 (39.66)	2:31.46 (38.86)	
8	Poliseno, Joseph	52	Metr		3:10.94
	43.51	1:31.46 (47.95)	2:21.87 (50.41)	3:10.94 (49.07)	
9	Bambrough, Antony	51	Gsm		3:39.19
	50.06	1:45.71 (55.65)	2:43.01 (57.30)	3:39.19 (56.18)	
10	Goran, Steven	51	Tnya		5:22.93
	1:08.93	5:06.99 (3:58.06)	5:22.93 (15.94)		

Men 50-54 400 SC Meter Freestyle

1	Brown, Jason	50	Aqft		5:15.03
	36.42	1:16.36 (39.94)	1:56.65 (40.29)	2:37.00 (40.35)	
	3:17.46 (40.46)	3:57.81 (40.35)	4:37.28 (39.47)	5:15.03 (37.75)	
2	Lenchner, Jonathan	50	WM		5:54.94
	39.46	1:22.39 (42.93)	2:07.21 (44.82)	2:52.86 (45.65)	
	3:38.73 (45.87)	4:25.97 (47.24)	5:11.38 (45.41)	5:54.94 (43.56)	
3	Bambrough, Antony	51	Gsm		7:07.00
	52.48	1:50.78 (58.30)	2:50.63 (59.85)	3:50.21 (59.58)	
	4:50.03 (59.82)	5:49.47 (59.44)	6:46.44 (56.97)	7:07.00 (20.56)	
4	Goran, Steven	51	Tnya		10:00.87
	1:01.37	2:15.90 (1:14.53)	3:34.98 (1:19.08)	4:55.37 (1:20.39)	
	6:15.74 (1:20.37)	7:31.73 (1:15.99)	8:50.20 (1:18.47)	10:00.87 (1:10.67)	

Men 50-54 800 SC Meter Freestyle

1	Droescher, Mark	51	Metr		11:24.88
	40.04	1:22.53 (42.49)	2:05.37 (42.84)	2:48.69 (43.32)	
	3:32.28 (43.59)	4:15.78 (43.50)	4:59.13 (43.35)	5:42.63 (43.50)	
	6:25.69 (43.06)	7:08.79 (43.10)	7:52.19 (43.40)	8:35.38 (43.19)	
	9:18.23 (42.85)	10:01.14 (42.91)	10:43.60 (42.46)	11:24.88 (41.28)	
2	Beliveau, Chris	50	WM		11:51.92
	39.52	1:22.85 (43.33)	2:07.85 (45.00)	2:53.44 (45.59)	
	3:39.10 (45.66)	4:24.70 (45.60)	5:09.86 (45.16)	5:55.25 (45.39)	
	6:41.18 (45.93)	7:27.04 (45.86)	8:12.92 (45.88)	8:58.34 (45.42)	
	9:43.52 (45.18)	10:28.18 (44.66)	11:10.96 (42.78)	11:51.92 (40.96)	
3	Vanore, Bob	52	Unat		14:17.73
	40.08	1:26.49 (46.41)	2:16.16 (49.67)	3:07.99 (51.83)	
	4:01.16 (53.17)	4:54.71 (53.55)	5:48.07 (53.36)	6:39.07 (51.00)	
	7:34.45 (55.38)	8:34.48 (1:00.03)	9:31.30 (56.82)	10:27.59 (56.29)	
	11:35.66 (1:08.07)	12:27.30 (51.64)	13:22.85 (55.55)	14:17.73 (54.88)	
4	Bambrough, Antony	51	Gsm		16:03.26
	53.04	1:52.34 (59.30)	2:53.92 (1:01.58)	3:56.38 (1:02.46)	
	4:57.31 (1:00.93)	5:58.47 (1:01.16)	6:59.29 (1:00.82)	8:00.40 (1:01.11)	
	9:01.65 (1:01.25)	10:02.24 (1:00.59)	11:02.65 (1:00.41)	12:02.78 (1:00.13)	
	13:03.31 (1:00.53)	14:05.59 (1:02.28)	15:04.53 (58.94)	16:03.26 (58.73)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 50-54 1500 SC Meter Freestyle

Name	Age	Club	Final Time			
1 Brown, Jason	50	Aqft	21:15.16			
	37.22	1:18.50 (41.28)	2:01.06 (42.56)	2:43.76 (42.70)		
	3:26.75 (42.99)	4:09.58 (42.83)	4:52.89 (43.31)	5:35.87 (42.98)		
	6:19.08 (43.21)	7:02.26 (43.18)	7:45.22 (42.96)	8:28.45 (43.23)		
	9:11.77 (43.32)	9:55.00 (43.23)	10:37.79 (42.79)	11:20.58 (42.79)		
	12:03.75 (43.17)	12:46.29 (42.54)	13:29.50 (43.21)	14:12.19 (42.69)		
	14:54.78 (42.59)	15:37.50 (42.72)	16:20.95 (43.45)	17:03.82 (42.87)		
	17:47.01 (43.19)	18:29.67 (42.66)	19:12.19 (42.52)	19:54.25 (42.06)		
	20:35.62 (41.37)	21:15.16 (39.54)				
2 Lenchner, Jonathan	50	WM	23:19.92			
	40.10	1:24.45 (44.35)	2:10.53 (46.08)	2:56.89 (46.36)		
	3:43.47 (46.58)		4:30.08 ()	5:17.06 (46.98)		
	6:04.20 (47.14)	6:51.32 (47.12)	7:38.53 (47.21)	8:25.80 (47.27)		
		9:12.42 ()	9:59.65 (47.23)	10:46.86 (47.21)		
	11:34.00 (47.14)	12:20.42 (46.42)	13:07.80 (47.38)			
	13:54.76 ()	14:41.86 (47.10)	15:28.59 (46.73)	16:15.87 (47.28)		
	17:02.83 (46.96)	17:50.25 (47.42)		18:37.46 ()		
	19:25.03 (47.57)	20:12.61 (47.58)	21:00.00 (47.39)	21:47.41 (47.41)	23:19.92 (1:32.51)	
3 Bookbinder, Steve	53	Hums	23:22.96			
	38.55	1:20.74 (42.19)	2:05.03 (44.29)	2:51.19 (46.16)		
	3:37.48 (46.29)	4:24.15 (46.67)	5:11.33 (47.18)	5:58.74 (47.41)		
	6:46.09 (47.35)	7:33.38 (47.29)	8:19.47 (46.09)	9:06.87 (47.40)		
	9:53.52 (46.65)	10:40.61 (47.09)	11:28.03 (47.42)	12:15.77 (47.74)		
	13:03.45 (47.68)	13:50.98 (47.53)	14:39.53 (48.55)	15:27.71 (48.18)		
	16:14.55 (46.84)	17:02.33 (47.78)	17:49.85 (47.52)	18:37.87 (48.02)		
	19:25.82 (47.95)	20:13.78 (47.96)	21:01.90 (48.12)	21:49.92 (48.02)		
	22:37.79 (47.87)	23:22.96 (45.17)				
4 Gelinne, Tom	52	Tnya	23:53.39			
	43.27	1:31.50 (48.23)	2:19.90 (48.40)	3:09.17 (49.27)		
	3:57.72 (48.55)		4:46.40 ()	5:34.65 (48.25)		
	6:22.73 (48.08)	7:11.45 (48.72)	7:58.39 (46.94)	8:45.72 (47.33)		
		9:33.69 ()	10:21.20 (47.51)	11:09.13 (47.93)		
	11:56.68 (47.55)	12:44.48 (47.80)	13:32.89 (48.41)			
	14:21.32 ()	15:09.13 (47.81)	15:56.82 (47.69)	16:44.86 (48.04)		
	17:32.54 (47.68)	18:20.81 (48.27)		19:08.62 ()		
	19:56.90 (48.28)	20:44.86 (47.96)	21:32.21 (47.35)	22:19.85 (47.64)	23:53.39 (1:33.54)	
5 Goran, Steven	51	Tnya	43:03.37			
	1:07.61	2:27.84 (1:20.23)	3:54.41 (1:26.57)	5:21.11 (1:26.70)		
	6:46.15 (1:25.04)	8:13.10 (1:26.95)	11:05.35 (2:52.25)	12:31.12 (1:25.77)		
			15:24.22 ()	16:51.18 (1:26.96)		
	18:18.86 (1:27.68)	21:16.49 (2:57.63)				
			22:43.05 ()	24:12.64 (1:29.59)		
	25:38.40 (1:25.76)	27:04.78 (1:26.38)	28:29.72 (1:24.94)	29:58.38 (1:28.66)		
	31:23.63 (1:25.25)	32:51.08 (1:27.45)	34:18.96 (1:27.88)	35:47.67 (1:28.71)		
	37:16.22 (1:28.55)	38:46.19 (1:29.97)	40:15.85 (1:29.66)	41:45.19 (1:29.34)	43:03.37 (1:18.18)	

Men 50-54 50 SC Meter Backstroke

1 Stambaugh, Stephen	54	1776	34.33
2 Heinz, Tony	50	1776	36.36
3 Hoffmann, Paul	54	WM	36.58
4 Goran, Steven	51	Tnya	1:11.75
--- Samaranayake, Tilak	52	Unat	DQ

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 50-54 100 SC Meter Backstroke

Name	Age	Club	Final Time
1 Moll, Drew	50	Unat	1:18.44
	37.76	1:18.44 (40.68)	
2 Hoffmann, Paul	54	WM	1:19.22
	38.14	1:19.22 (41.08)	
3 Samaranayake, Tilak	52	Unat	2:07.42
	58.48	2:07.42 (1:08.94)	
4 Goran, Steven	51	Tnya	2:50.46
	1:21.86	2:50.46 (1:28.60)	

Men 50-54 200 SC Meter Backstroke

1 Goran, Steven	51	Tnya	5:55.04
	1:19.48	2:53.74 (1:34.26)	4:25.73 (1:31.99)
			5:55.04 (1:29.31)

Men 50-54 50 SC Meter Breaststroke

1 Doyle, Benn	51	Gsm	31.59
2 Leddy, Mike	50	Gsm	35.67
3 Heinz, Tony	50	1776	38.19
4 Samaranayake, Tilak	52	Unat	44.30
5 Peterson, Richard	53	Tnya	45.09

Men 50-54 100 SC Meter Breaststroke

1 Doyle, Benn	51	Gsm	1:10.01
	32.10	1:10.01 (37.91)	
2 Leddy, Mike	50	Gsm	1:19.50
	37.71	1:19.50 (41.79)	
3 Stambaugh, Stephen	54	1776	1:20.24
	37.58	1:20.24 (42.66)	
4 Samaranayake, Tilak	52	Unat	1:38.67
	45.14	1:38.67 (53.53)	
5 Poliseno, Joseph	52	Metr	1:43.93
	49.20	1:43.93 (54.73)	

Men 50-54 200 SC Meter Breaststroke

1 Doyle, Benn	51	Gsm	2:34.59
	34.05	1:12.67 (38.62)	1:52.24 (39.57)
			2:34.59 (42.35)
2 Infield, Richard	51	Aqft	3:16.32
	43.71	1:31.92 (48.21)	2:22.90 (50.98)
			3:16.32 (53.42)
3 Peterson, Richard	53	Tnya	3:23.69
	46.55	1:38.54 (51.99)	2:31.33 (52.79)
			3:23.69 (52.36)
4 Calhoun, Jeff	50	WM	3:33.14
	48.83	1:42.54 (53.71)	2:39.49 (56.95)
			3:33.14 (53.65)

Men 50-54 50 SC Meter Butterfly

1 Doyle, Benn	51	Gsm	29.46
2 Borderies, Pascal	50	Unat	31.15
3 Pospisil, Ronald	52	1776	31.86

Men 50-54 100 SC Meter Butterfly

1 Borderies, Pascal	50	Unat	1:09.39
	32.47	1:09.39 (36.92)	
2 Samaranayake, Tilak	52	Unat	1:43.75
	1:02.49	1:43.75 (41.26)	
--- Brown, Jason	50	Aqft	DQ
	44.72	DQ (20.31)	

Men 50-54 200 SC Meter Butterfly

1 Chambers, John	54	Metr	2:46.54
	36.75	1:17.76 (41.01)	2:01.26 (43.50)
			2:46.54 (45.28)
2 Droescher, Mark	51	Metr	3:52.82
	51.80	3:52.82 (3:01.02)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 50-54 200 SC Meter Butterfly continued

Name	Age	Club	Final Time
--- Samaranayake, Tilak	52	Unat	DQ
1:02.21		DQ (1:03.04)	

Men 50-54 100 SC Meter IM

1 Doyle, Benn	51	Gsm	1:06.23
31.88		1:06.23 (34.35)	
2 Stambaugh, Stephen	54	1776	1:11.34
34.01		1:11.34 (37.33)	
3 Borderies, Pascal	50	Unat	1:12.85
35.40		1:12.85 (37.45)	
4 Kahn, Roger	54	Bdgr	1:13.66
36.01		1:13.66 (37.65)	
5 Heinz, Tony	50	1776	1:15.15
35.54		1:15.15 (39.61)	
6 Hoffmann, Paul	54	WM	1:16.96
35.90		1:16.96 (41.06)	
7 Leddy, Mike	50	Gsm	1:17.63
37.67		1:17.63 (39.96)	
8 Brown, Jason	50	Aqft	1:21.95
37.61		1:21.95 (44.34)	
9 Beliveau, Chris	50	WM	1:23.11
40.51		1:23.11 (42.60)	
10 Calhoun, Jeff	50	WM	1:24.65
38.94		1:24.65 (45.71)	
11 Infield, Richard	51	Aqft	1:25.20
41.02		1:25.20 (44.18)	
12 Goran, Steven	51	Tnya	2:27.59
1:11.80		2:27.59 (1:15.79)	

Men 50-54 200 SC Meter IM

1 Stambaugh, Stephen	54	1776	2:38.23
32.26		1:15.23 (42.97) 2:03.33 (48.10)	2:38.23 (34.90)
2 Brown, Jason	50	Aqft	2:58.49
38.95		1:26.60 (47.65) 2:21.66 (55.06)	2:58.49 (36.83)
3 Lenchner, Jonathan	50	WM	3:10.28
44.23		1:36.22 (51.99) 2:28.33 (52.11)	3:10.28 (41.95)
4 Goran, Steven	51	Tnya	5:41.00
1:11.39		2:47.20 (1:35.81) 4:25.68 (1:38.48)	5:41.00 (1:15.32)

Men 50-54 400 SC Meter IM

1 Chambers, John	54	Metr	6:01.70
37.43		1:19.48 (42.05) 2:05.97 (46.49)	2:53.31 (47.34)
3:47.66 (54.35)		4:43.39 (55.73) 5:22.96 (39.57)	6:01.70 (38.74)
2 Droescher, Mark	51	Metr	6:54.93
41.05		1:34.70 (53.65) 2:29.31 (54.61)	
3:25.29 ()		4:25.18 (59.89) 5:25.26 (1:00.08)	6:11.43 (46.17)
6:54.93 (43.50)			
3 Peterson, Richard	53	Tnya	7:30.20
46.16			3:52.78 ()
		4:49.77 ()	5:47.08 (57.31)
7:30.20 (1:43.12)		7:30.20 ()	
4 Goran, Steven	51	Tnya	12:15.48
1:11.64		4:32.70 ()	
		6:11.59 () 7:54.54 (1:42.95)	9:34.26 (1:39.72)
10:57.14 (1:22.88)		12:15.48 (1:18.34)	

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RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 55-59 50 SC Meter Freestyle

Name	Age	Club	Final Time
1 Trevisan, Paul	58	1776	25.23
2 Saint-Amour, Craig	57	Redt	27.24
3 Miller, Steven	55	WM	29.01
4 Meyer, Geoffrey	58	1776	29.69
5 Carson, Charles	55	Tnya	29.95
6 Sullivan, Thomas	55	Bctm	32.05
7 Acampa, Neil	55	Unat	43.89
8 Chertoff, Kenneth	59	Metr	54.65

Men 55-59 100 SC Meter Freestyle

1 Miller, Steven	55	WM	1:02.93
30.24	1:02.93 (32.69)		
2 Martin, Jack	58	1776	1:03.24
30.66	1:03.24 (32.58)		
3 Wein, Arthur	59	Gsm	1:05.96
32.52	1:05.96 (33.44)		
4 Carson, Charles	55	Tnya	1:06.61
31.34	1:06.61 (35.27)		
5 Meyer, Geoffrey	58	1776	1:07.40
31.55	1:07.40 (35.85)		
6 Levine, Steven	57	Gsm	1:13.90
35.02	1:13.90 (38.88)		
7 Fanelli, Michael	55	Berk	1:14.10
35.44	1:14.10 (38.66)		
8 Benson, Richard	57	Aqft	1:16.78
38.82	1:16.78 (37.96)		

Men 55-59 200 SC Meter Freestyle

1 Needham, John	56	WM	2:16.45
32.57	1:06.75 (34.18)	1:42.02 (35.27)	2:16.45 (34.43)
2 Saint-Amour, Craig	57	Redt	2:18.03
32.37	1:08.02 (35.65)	1:43.95 (35.93)	2:18.03 (34.08)
3 Graham, Donald	55	Pna	2:18.61
31.74	1:06.83 (35.09)	1:44.04 (37.21)	2:18.61 (34.57)
4 Martin, Jack	58	1776	2:18.73
31.71	1:07.65 (35.94)	1:44.39 (36.74)	2:18.73 (34.34)
5 Wagner, Donald	56	Unat	2:29.00
35.75	1:13.15 (37.40)	1:51.67 (38.52)	2:29.00 (37.33)
6 Fanelli, Michael	55	Berk	2:39.57
36.62	1:17.61 (40.99)	1:59.17 (41.56)	2:39.57 (40.40)
7 Silver, Jonathan	56	Redt	2:48.33
37.63	1:20.09 (42.46)	2:03.78 (43.69)	2:48.33 (44.55)
8 Acampa, Neil	55	Unat	3:25.05
48.07	1:39.17 (51.10)	2:32.66 (53.49)	3:25.05 (52.39)

Men 55-59 400 SC Meter Freestyle

1 Needham, John	56	WM	4:49.06
33.35	1:09.06 (35.71)	1:45.53 (36.47)	2:22.42 (36.89)
2:59.41 (36.99)	3:36.20 (36.79)	4:13.34 (37.14)	4:49.06 (35.72)
2 Martin, Jack	58	1776	4:53.94
32.67	1:08.49 (35.82)	1:45.89 (37.40)	2:23.89 (38.00)
3:02.34 (38.45)	3:40.84 (38.50)	4:18.24 (37.40)	4:53.94 (35.70)
3 Wagner, Donald	56	Unat	5:19.48
37.34	1:16.81 (39.47)	1:57.39 (40.58)	2:38.06 (40.67)
3:19.00 (40.94)	3:59.83 (40.83)	4:40.09 (40.26)	5:19.48 (39.39)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 55-59 400 SC Meter Freestyle

Name	Age	Club	Final Time			
4 Miller, Steven	55	WM	5:20.57			
	35.85	1:14.30 (38.45)	1:53.26 (38.96)	2:33.80 (40.54)		
	3:14.58 (40.78)	3:56.44 (41.86)	4:38.70 (42.26)	5:20.57 (41.87)		
5 Fanelli, Michael	55	Berk	5:25.80			
	36.86	1:17.66 (40.80)	1:59.31 (41.65)	2:41.09 (41.78)		
	3:22.77 (41.68)	4:04.31 (41.54)	4:45.71 (41.40)	5:25.80 (40.09)		

Men 55-59 800 SC Meter Freestyle

1 Levine, Steven	57	Gsm	12:19.80			
	38.24	1:23.39 (45.15)	2:11.51 (48.12)	3:01.16 (49.65)		
	3:50.40 (49.24)	4:38.95 (48.55)	5:26.92 (47.97)	6:13.78 (46.86)		
	7:00.06 (46.28)	7:45.85 (45.79)	8:31.52 (45.67)	9:18.30 (46.78)		
	10:04.88 (46.58)	10:50.33 (45.45)	11:36.17 (45.84)	12:19.80 (43.63)		

Men 55-59 1500 SC Meter Freestyle

1 Needham, John	56	WM	19:22.35			
	33.82	1:10.03 (36.21)	1:47.49 (37.46)	2:25.63 (38.14)		
	3:03.93 (38.30)	3:42.68 (38.75)	4:21.55 (38.87)	5:00.43 (38.88)		
	5:39.40 (38.97)	6:18.14 (38.74)	6:57.02 (38.88)	7:36.16 (39.14)		
	8:15.31 (39.15)	8:54.35 (39.04)	9:33.76 (39.41)	10:12.74 (38.98)		
	10:51.93 (39.19)	11:31.58 (39.65)	12:11.40 (39.82)	12:50.78 (39.38)		
	13:30.27 (39.49)	14:10.21 (39.94)	14:50.29 (40.08)	15:30.20 (39.91)		
	16:10.06 (39.86)	16:50.01 (39.95)	17:29.39 (39.38)	18:08.36 (38.97)		
	18:46.50 (38.14)	19:22.35 (35.85)				
2 Martin, Jack	58	1776	19:24.48			
	34.70	1:13.18 (38.48)	1:51.85 (38.67)	2:30.99 (39.14)		
	3:10.27 (39.28)	3:50.02 (39.75)	4:29.17 (39.15)	5:08.00 (38.83)		
	5:46.87 (38.87)	6:25.95 (39.08)	7:04.83 (38.88)	7:44.25 (39.42)		
	8:23.11 (38.86)	9:01.72 (38.61)	9:40.60 (38.88)	10:19.34 (38.74)		
	10:58.20 (38.86)	11:36.83 (38.63)	12:16.08 (39.25)	12:55.56 (39.48)		
	13:34.60 (39.04)	14:14.12 (39.52)	14:53.15 (39.03)	15:31.64 (38.49)		
	16:10.39 (38.75)	16:49.56 (39.17)	17:29.18 (39.62)	18:08.17 (38.99)		
	18:46.76 (38.59)	19:24.48 (37.72)				
3 Ryan, James	57	Gsm	20:40.06			
	36.27	1:14.92 (38.65)	1:55.24 (40.32)	2:35.79 (40.55)		
	3:16.97 (41.18)	3:58.29 (41.32)	4:39.54 (41.25)	5:20.82 (41.28)		
	6:02.14 (41.32)	6:43.85 (41.71)	7:25.66 (41.81)	8:07.54 (41.88)		
	8:49.35 (41.81)	9:31.23 (41.88)	10:13.37 (42.14)	10:55.77 (42.40)		
	11:37.99 (42.22)	12:20.22 (42.23)	13:01.12 (40.90)	13:42.83 (41.71)		
	14:25.08 (42.25)	15:07.25 (42.17)	15:49.40 (42.15)	16:31.38 (41.98)		
	17:13.62 (42.24)	17:55.50 (41.88)	18:37.26 (41.76)	19:18.65 (41.39)		
	20:00.43 (41.78)	20:40.06 (39.63)				
4 Fanelli, Michael	55	Berk	21:06.34			
	37.65	1:19.63 (41.98)	2:02.53 (42.90)	2:45.19 (42.66)		
	3:27.07 (41.88)		4:09.04 ()	4:51.14 (42.10)		
	5:32.79 (41.65)	6:14.37 (41.58)	6:56.38 (42.01)	7:38.56 (42.18)		
		8:20.18 ()	9:02.67 (42.49)	9:44.73 (42.06)		
	10:26.88 (42.15)	11:09.29 (42.41)	11:51.50 (42.21)			
	12:34.16 ()	13:17.19 (43.03)	13:59.79 (42.60)	14:42.62 (42.83)		
	15:25.33 (42.71)	16:08.17 (42.84)		16:50.78 ()		
	17:33.83 (43.05)	18:16.56 (42.73)	18:59.40 (42.84)	19:42.47 (43.07)	21:06.34 (1:23.87)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 55-59 50 SC Meter Backstroke

Name	Age	Club	Final Time
1 Meyer, Geoffrey	58	1776	33.51
2 Miller, Steven	55	WM	33.67
--- Wein, Arthur	59	Gsm	DQ

Men 55-59 100 SC Meter Backstroke

1 Craig, John	55	Nem	1:10.37
	34.17	1:10.37 (36.20)	
2 Meyer, Geoffrey	58	1776	1:10.83
	34.85	1:10.83 (35.98)	

Men 55-59 50 SC Meter Breaststroke

1 Dougherty, Stephen	58	1776	37.85
2 Sullivan, Thomas	55	Bctm	39.13
3 Wein, Arthur	59	Gsm	39.71
4 Silver, Jonathan	56	Redt	43.95
5 Goldring, Michael	57	Tnya	48.48

Men 55-59 100 SC Meter Breaststroke

1 Dougherty, Stephen	58	1776	1:22.63
	39.66	1:22.63 (42.97)	
2 Martin, Jack	58	1776	1:23.78
	39.53	1:23.78 (44.25)	
3 Fanelli, Michael	55	Berk	1:31.00
	42.69	1:31.00 (48.31)	
4 Silver, Jonathan	56	Redt	1:41.10
	27.83	1:41.10 (1:13.27)	

Men 55-59 200 SC Meter Breaststroke

1 Martin, Jack	58	1776	3:05.03
	42.18	1:28.94 (46.76)	2:17.36 (48.42)
			3:05.03 (47.67)
2 Fanelli, Michael	55	Berk	3:15.34
	43.95	1:33.83 (49.88)	2:25.21 (51.38)
			3:15.34 (50.13)
3 Goldring, Michael	57	Tnya	3:53.78
	51.10	1:51.93 (1:00.83)	2:55.30 (1:03.37)
			3:53.78 (58.48)

Men 55-59 50 SC Meter Butterfly

1 Graham, Donald	55	Pna	27.79
2 Craig, John	55	Nem	29.17
3 Miller, Steven	55	WM	31.33
4 Dougherty, Stephen	58	1776	32.36
5 Carson, Charles	55	Tnya	32.50
6 Meyer, Geoffrey	58	1776	32.97
7 Wagner, Donald	56	Unat	33.33
8 Silver, Jonathan	56	Redt	34.94
9 Sullivan, Thomas	55	Bctm	35.14

Men 55-59 100 SC Meter Butterfly

1 Dougherty, Stephen	58	1776	1:13.01
	34.94	1:13.01 (38.07)	
2 Silver, Jonathan	56	Redt	1:23.59
	37.59	1:23.59 (46.00)	
3 Benson, Richard	57	Aqft	1:26.39
	41.40	1:26.39 (44.99)	
4 Sullivan, Thomas	55	Bctm	1:52.48
	42.52	1:52.48 (1:09.96)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 55-59 200 SC Meter Butterfly

Name	Age	Club	Final Time
1 Craig, John	55	Nem	2:20.61
32.54	1:07.83 (35.29)	1:44.56 (36.73)	2:20.61 (36.05)
2 Benson, Richard	57	Aqft	3:21.64
44.15	1:33.91 (49.76)	3:21.64 (1:47.73)	
3 Silver, Jonathan	56	Redt	3:28.83
45.50	1:40.55 (55.05)	3:28.83 (1:48.28)	

Men 55-59 100 SC Meter IM

1 Miller, Steven	55	WM	1:14.57
33.81	1:14.57 (40.76)		
2 Dougherty, Stephen	58	1776	1:14.93
35.59	1:14.93 (39.34)		
3 Meyer, Geoffrey	58	1776	1:15.94
34.71	1:15.94 (41.23)		
4 Carson, Charles	55	Tnya	1:17.10
34.82	1:17.10 (42.28)		
5 Silver, Jonathan	56	Redt	1:24.60
40.01	1:24.60 (44.59)		
6 Sullivan, Thomas	55	Bctm	1:29.27
39.60	1:29.27 (49.67)		
7 Goldring, Michael	57	Tnya	1:45.57
54.66	1:45.57 (50.91)		

Men 55-59 200 SC Meter IM

1 Dougherty, Stephen	58	1776	2:43.36
34.19	1:17.84 (43.65)	2:05.60 (47.76)	2:43.36 (37.76)
2 Wagner, Donald	56	Unat	2:53.48
34.80	1:20.95 (46.15)	2:13.81 (52.86)	2:53.48 (39.67)
3 Benson, Richard	57	Aqft	3:23.19
41.47	1:34.25 (52.78)	2:37.98 (1:03.73)	3:23.19 (45.21)

Men 55-59 400 SC Meter IM

1 Malcolm, Tom	55	Tnya	6:56.35
44.07	1:34.43 (50.36)	2:31.61 (57.18)	
3:27.47 ()	4:21.94 (54.47)	5:18.59 (56.65)	6:08.67 (50.08)
6:56.35 (47.68)			
2 Benson, Richard	57	Aqft	7:06.31
45.26	1:35.06 (49.80)	2:33.37 (58.31)	
3:28.21 ()	4:29.53 (1:01.32)	5:33.52 (1:03.99)	6:21.18 (47.66)
7:06.31 (45.13)			

Men 60-64 50 SC Meter Freestyle

1 Seidman, Lawrence	62	Gsm	30.36
2 Amundsen, Joseph	64	1776	31.39
3 Grose, Richard	60	WM	34.75

Men 60-64 100 SC Meter Freestyle

1 McElroy, Frank	61	Gsm	1:04.89
32.00	1:04.89 (32.89)		
2 Seidman, Lawrence	62	Gsm	1:08.32
32.64	1:08.32 (35.68)		
3 Bernstein, Richard	63	Agua	1:17.52
36.60	1:17.52 (40.92)		
4 Grose, Richard	60	WM	1:19.59
38.49	1:19.59 (41.10)		
5 Duguet, Noel	61	WM	1:21.12
38.23	1:21.12 (42.89)		

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 60-64 100 SC Meter Freestyle continued

Name	Age	Club	Final Time		
6 McAdams, Bob	60	Unat	1:55.53		
	58.67	1:55.53 (56.86)			

Men 60-64 200 SC Meter Freestyle

1 McElroy, Frank	61	Gsm	2:19.61		
	33.48	1:09.26 (35.78) 1:45.01 (35.75) 2:19.61 (34.60)			
2 Platt, Jay	62	Pafc	2:30.74		
	35.91	1:14.37 (38.46) 1:53.39 (39.02) 2:30.74 (37.35)			
3 Bernstein, Richard	63	Agua	2:45.52		
	38.24	1:20.92 (42.68) 2:03.74 (42.82) 2:45.52 (41.78)			
4 Grose, Richard	60	WM	2:56.94		
	40.12	1:24.49 (44.37) 2:11.00 (46.51) 2:56.94 (45.94)			
5 Soutter, Morgan	63	Conn	3:06.07		
	42.91	1:32.13 (49.22) 2:22.02 (49.89) 3:06.07 (44.05)			

Men 60-64 400 SC Meter Freestyle

1 McElroy, Frank	61	Gsm	4:53.64		
	34.70	1:11.97 (37.27) 1:49.81 (37.84) 2:27.42 (37.61)			
	3:04.42 (37.00)	3:41.30 (36.88) 4:17.89 (36.59) 4:53.64 (35.75)			
2 Platt, Jay	62	Pafc	5:19.88		
	37.04	1:17.27 (40.23) 1:58.70 (41.43) 2:39.97 (41.27)			
	3:20.93 (40.96)	4:01.47 (40.54) 4:41.21 (39.74) 5:19.88 (38.67)			
3 Bernstein, Richard	63	Agua	5:52.15		
	39.83	1:25.82 (45.99) 2:11.55 (45.73) 2:57.77 (46.22)			
	3:41.60 (43.83)	4:25.93 (44.33) 5:09.43 (43.50) 5:52.15 (42.72)			
4 Camhi, Stephen	60	Unat	7:26.39		
	50.56	1:45.24 (54.68) 2:41.37 (56.13) 3:37.98 (56.61)			
	4:34.99 (57.01)	5:33.33 (58.34) 6:29.71 (56.38) 7:26.39 (56.68)			

Men 60-64 800 SC Meter Freestyle

1 Platt, Jay	62	Pafc	11:24.16		
	38.87	1:20.53 (41.66) 2:03.73 (43.20) 2:47.03 (43.30)			
	3:30.51 (43.48)	4:13.65 (43.14) 4:56.71 (43.06) 5:40.10 (43.39)			
	6:23.13 (43.03)	7:06.48 (43.35) 7:49.59 (43.11) 8:32.75 (43.16)			
	9:16.09 (43.34)	9:59.22 (43.13) 10:41.79 (42.57) 11:24.16 (42.37)			
2 Bernstein, Richard	63	Agua	11:53.39		
	39.97	1:25.29 (45.32) 2:11.38 (46.09) 2:57.59 (46.21)			
	3:42.93 (45.34)	4:28.79 (45.86) 5:12.93 (44.14) 5:56.94 (44.01)			
	6:41.76 (44.82)	7:27.01 (45.25) 8:11.36 (44.35) 8:55.86 (44.50)			
	9:40.95 (45.09)	10:26.01 (45.06) 11:10.45 (44.44) 11:53.39 (42.94)			

Men 60-64 1500 SC Meter Freestyle

1 Wallace, Richard	62	Gsm	23:54.44		
	41.93	1:28.55 (46.62) 2:17.14 (48.59) 3:05.75 (48.61)			
	3:54.80 (49.05)	4:44.29 () 5:33.21 (48.92)			
	6:21.75 (48.54)	7:10.54 (48.79) 7:59.76 (49.22) 8:48.08 (48.32)			
		9:36.56 () 10:25.14 (48.58) 11:14.25 (49.11)			
	12:03.07 (48.82)	12:51.74 (48.67) 13:40.88 (49.14)			
	14:30.10 ()	15:19.07 (48.97) 16:08.50 (49.43) 16:56.90 (48.40)			
	17:45.30 (48.40)	18:32.03 (46.73) 19:19.73 ()			
	20:06.32 (46.59)	20:52.91 (46.59) 21:40.37 (47.46) 22:27.57 (47.20) 23:54.44 (1:26.87)			

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 60-64 1500 SC Meter Freestyle continued

Name	Age	Club	Final Time			
2 Smalls, William	62	Aqft	32:20.61			
	48.98		1:47.92 (58.94)	2:48.29 (1:00.37)	3:50.82 (1:02.53)	
	4:54.34 (1:03.52)		5:59.38 (1:05.04)	7:04.43 (1:05.05)	8:07.53 (1:03.10)	
	9:12.17 (1:04.64)			10:15.67 ()	11:25.47 (1:09.80)	
	12:33.10 (1:07.63)		13:39.40 (1:06.30)	14:45.64 (1:06.24)	15:52.13 (1:06.49)	
	17:00.22 (1:08.09)		18:06.63 (1:06.41)	19:12.81 (1:06.18)	20:18.45 (1:05.64)	
			21:25.39 ()	22:31.35 (1:05.96)	23:39.40 (1:08.05)	
	24:48.18 (1:08.78)		25:55.74 (1:07.56)	27:02.31 (1:06.57)	28:07.89 (1:05.58)	
	29:15.48 (1:07.59)		30:21.91 (1:06.43)	31:28.91 (1:07.00)	32:20.61 (51.70)	

Men 60-64 50 SC Meter Backstroke

1 Kolonkowski, Bob	61	Agua	36.89
2 Platt, Jay	62	Pafc	38.30
3 Duguet, Noel	61	WM	40.94
4 McAdams, Bob	60	Unat	58.35

Men 60-64 100 SC Meter Backstroke

1 Kolonkowski, Bob	61	Agua	1:20.93
	39.41		1:20.93 (41.52)
2 Platt, Jay	62	Pafc	1:26.00
	42.32		1:26.00 (43.68)

Men 60-64 200 SC Meter Backstroke

1 Kolonkowski, Bob	61	Agua	2:58.91
	41.37		1:26.03 (44.66) 2:12.94 (46.91) 2:58.91 (45.97)
2 Platt, Jay	62	Pafc	3:14.41
	46.39		1:36.74 (50.35) 2:26.61 (49.87) 3:14.41 (47.80)
3 Soutter, Morgan	63	Conn	4:01.72
	54.18		1:56.69 (1:02.51) 3:02.46 (1:05.77) 4:01.72 (59.26)

Men 60-64 50 SC Meter Breaststroke

1 Kingan, Peter	60	Tnya	35.62
2 Platt, Jay	62	Pafc	40.96
3 Duguet, Noel	61	WM	41.04
4 Grose, Richard	60	WM	43.17
5 Smalls, William	62	Aqft	50.25

Men 60-64 100 SC Meter Breaststroke

1 Platt, Jay	62	Pafc	1:31.19
	24.46		1:31.19 (1:06.73)
2 Duguet, Noel	61	WM	1:33.17
	23.31		1:33.17 (1:09.86)
3 Grose, Richard	60	WM	1:35.51
	25.42		1:35.51 (1:10.09)
4 Bernstein, Richard	63	Agua	1:36.44
	25.42		1:36.44 (1:11.02)
5 Soutter, Morgan	63	Conn	1:47.27
	52.19		1:47.27 (55.08)

Men 60-64 200 SC Meter Breaststroke

1 Kingan, Peter	60	Tnya	3:07.97
	42.17		1:29.71 (47.54) 2:19.59 (49.88) 3:07.97 (48.38)
2 Bernstein, Richard	63	Agua	3:26.29
	46.78		1:40.10 (53.32) 2:32.96 (52.86) 3:26.29 (53.33)
3 Becker, Jim	64	Adms	3:33.55
	49.41		1:44.37 (54.96) 2:39.76 (55.39) 3:33.55 (53.79)
4 Soutter, Morgan	63	Conn	3:56.19
	55.77		1:55.56 (59.79) 2:57.17 (1:01.61) 3:56.19 (59.02)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 60-64 200 SC Meter Breaststroke continued

Name	Age	Club	Final Time
5 Smalls, William	62	Aqft	4:07.01
	53.83	1:55.85 (1:02.02)	3:01.89 (1:06.04)
			4:07.01 (1:05.12)

Men 60-64 50 SC Meter Butterfly

1 Seidman, Lawrence	62	Gsm	34.35
2 Duguet, Noel	61	WM	38.63

Men 60-64 100 SC Meter Butterfly

1 McElroy, Frank	61	Gsm	1:09.98
	32.90	1:09.98 (37.08)	
2 Becker, Jim	64	Adms	1:26.31
	41.52	1:26.31 (44.79)	
3 Seidman, Lawrence	62	Gsm	1:56.29

Men 60-64 200 SC Meter Butterfly

1 McElroy, Frank	61	Gsm	2:48.40
	38.14	1:21.91 (43.77)	2:48.40 (1:26.49)
2 Kolonkowski, Bob	61	Agua	3:00.76
	38.95	1:24.67 (45.72)	3:00.76 (1:36.09)

Men 60-64 100 SC Meter IM

1 Kingan, Peter	60	Tnya	1:18.43
	38.47	1:18.43 (39.96)	
2 Duguet, Noel	61	WM	1:25.32
	39.88	1:25.32 (45.44)	
3 Bernstein, Richard	63	Agua	1:28.97
	43.61	1:28.97 (45.36)	
4 Soutter, Morgan	63	Conn	1:38.29
	51.39	1:38.29 (46.90)	
5 Smalls, William	62	Aqft	1:49.16
	56.06	1:49.16 (53.10)	
6 McAdams, Bob	60	Unat	2:30.28
	1:14.72	2:30.28 (1:15.56)	

Men 60-64 200 SC Meter IM

1 McElroy, Frank	61	Gsm	2:42.01
	34.67	1:19.35 (44.68)	2:07.10 (47.75)
			2:42.01 (34.91)
2 Duguet, Noel	61	WM	3:09.68
	41.97	1:30.20 (48.23)	2:24.27 (54.07)
			3:09.68 (45.41)
3 Soutter, Morgan	63	Conn	3:36.00
	43.29	1:41.75 (58.46)	2:45.59 (1:03.84)
			3:36.00 (50.41)

Men 60-64 400 SC Meter IM

1 Kolonkowski, Bob	61	Agua	6:32.19
	41.80	1:29.68 (47.88)	2:21.49 (51.81)
			3:12.76 (51.27)
	4:10.15 (57.39)	5:08.53 (58.38)	5:51.64 (43.11)
			6:32.19 (40.55)

Men 65-69 50 SC Meter Freestyle

1 Dragon, Jim	65	Gsm	27.26
2 Healy, Martin	65	WM	33.11
3 Wittman, Charles	65	Metr	33.54

Men 65-69 100 SC Meter Freestyle

1 Brundage, Warner	66	Vmst	1:13.42
	35.50	1:13.42 (37.92)	
2 Healy, Martin	65	WM	1:16.48
	36.02	1:16.48 (40.46)	
3 Hatchette, Michael	68	Unat	1:53.95
	52.66	1:53.95 (1:01.29)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 65-69 100 SC Meter Freestyle continued

Name	Age	Club	Final Time
4 McSweeney, Paul	65	Unat	1:58.76
55.13	1:58.76	(1:03.63)	

Men 65-69 200 SC Meter Freestyle

1 Brundage, Warner	66	Vmst	2:45.97
37.68	1:19.37 (41.69)	2:03.02 (43.65)	2:45.97 (42.95)
2 Healy, Martin	65	WM	2:48.84
38.85	1:22.62 (43.77)	2:07.12 (44.50)	2:48.84 (41.72)
3 Wittman, Charles	65	Metr	2:56.86
37.27	1:21.38 (44.11)	2:09.52 (48.14)	2:56.86 (47.34)
4 Berghaus, Peter	68	Conn	3:24.55
48.97	1:41.10 (52.13)	2:33.84 (52.74)	3:24.55 (50.71)
5 Hatchette, Michael	68	Unat	4:27.25
59.35	2:07.91 (1:08.56)	3:18.90 (1:10.99)	4:27.25 (1:08.35)

Men 65-69 400 SC Meter Freestyle

1 Healy, Martin	65	WM	6:07.43
38.82	1:24.39 (45.57)	2:11.88 (47.49)	3:00.82 (48.94)
3:48.67 (47.85)	4:36.05 (47.38)	5:23.49 (47.44)	6:07.43 (43.94)
2 Wittman, Charles	65	Metr	6:26.64
38.76	1:22.98 (44.22)	2:11.16 (48.18)	3:00.60 (49.44)
3:50.99 (50.39)	4:42.61 (51.62)	5:37.28 (54.67)	6:26.64 (49.36)

Men 65-69 1500 SC Meter Freestyle

1 Healy, Martin	65	WM	25:45.66
42.05	1:29.53 (47.48)	2:19.14 (49.61)	3:10.14 (51.00)
4:01.29 (51.15)		4:53.72 ()	5:44.29 (50.57)
6:35.80 (51.51)	7:26.78 (50.98)	8:18.04 (51.26)	9:08.33 (50.29)
	9:59.03 ()	10:49.58 (50.55)	11:39.57 (49.99)
12:31.55 (51.98)	13:21.78 (50.23)	14:12.03 (50.25)	
15:03.42 ()	15:55.70 (52.28)	16:47.91 (52.21)	17:39.48 (51.57)
18:31.64 (52.16)	19:23.07 (51.43)		20:14.78 ()
21:58.69 (1:43.91)	22:50.77 (52.08)	23:42.41 (51.64)	24:34.61 (52.20)
			25:45.66 (1:11.05)
2 Koop, Douglas	68	Adms	28:11.25
48.03	1:41.76 (53.73)		2:36.64 ()
3:31.90 (55.26)		4:27.74 ()	5:24.31 (56.57)
	6:20.82 ()	7:17.91 (57.09)	
8:14.80 ()	9:11.72 (56.92)		10:09.21 ()
11:06.80 (57.59)		12:05.18 ()	13:01.63 (56.45)
	14:00.30 ()	14:56.50 (56.20)	15:53.97 (57.47)
	16:52.55 ()	17:48.72 (56.17)	
18:47.17 ()	19:43.05 (55.88)		20:39.88 ()
			28:11.25 (7:31.37)

Men 65-69 50 SC Meter Backstroke

1 Alexander, Richard	65	Gsm	34.78
2 Hoegler, Carl	67	WM	40.13
3 Healy, Martin	65	WM	45.12
4 Berghaus, Peter	68	Conn	51.21
5 Hatchette, Michael	68	Unat	1:16.92
--- McSweeney, Paul	65	Unat	DQ

Men 65-69 100 SC Meter Backstroke

1 Alexander, Richard	65	Gsm	1:21.13
39.47	1:21.13 (41.66)		
2 Berghaus, Peter	68	Conn	1:47.72
54.18	1:47.72 (53.54)		

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 65-69 200 SC Meter Backstroke

Name	Age	Club	Final Time		
1 Berghaus, Peter	68	Conn	3:49.15		
	55.27	1:52.49 (57.22)	2:52.34 (59.85)	3:49.15 (56.81)	

Men 65-69 50 SC Meter Breaststroke

1 Dragon, Jim	65	Gsm	34.88
2 Brundage, Warner	66	Vmst	40.61
3 Hoegler, Carl	67	WM	45.38
4 Hatchette, Michael	68	Unat	1:10.20

Men 65-69 100 SC Meter Breaststroke

1 Brundage, Warner	66	Vmst	1:29.23
	41.77	1:29.23 (47.46)	
2 Berghaus, Peter	68	Conn	1:47.17
	50.38	1:47.17 (56.79)	

Men 65-69 200 SC Meter Breaststroke

1 Brundage, Warner	66	Vmst	3:14.17
	43.16	1:32.65 (49.49)	2:22.99 (50.34)
			3:14.17 (51.18)
2 Berghaus, Peter	68	Conn	4:07.91
	53.03	1:51.60 (58.57)	2:51.64 (1:00.04)
			4:07.91 (1:16.27)

Men 65-69 50 SC Meter Butterfly

1 Dragon, Jim	65	Gsm	29.18
2 Alexander, Richard	65	Gsm	32.69

Men 65-69 100 SC Meter Butterfly

1 Melamed, Avraham	65	Metr	1:19.32
	36.19	1:19.32 (43.13)	

Men 65-69 100 SC Meter IM

1 Brundage, Warner	66	Vmst	1:21.36
	38.69	1:21.36 (42.67)	
2 Alexander, Richard	65	Gsm	1:21.88
	37.13	1:21.88 (44.75)	
3 Melamed, Avraham	65	Metr	1:24.14
	40.70	1:24.14 (43.44)	
4 Hoegler, Carl	67	WM	1:31.61
	42.07	1:31.61 (49.54)	
5 Berghaus, Peter	68	Conn	1:42.77
	50.81	1:42.77 (51.96)	
6 Hatchette, Michael	68	Unat	2:30.84
	1:13.68	2:30.84 (1:17.16)	

Men 65-69 200 SC Meter IM

1 Brundage, Warner	66	Vmst	3:04.32
	41.50	1:30.41 (48.91)	2:22.73 (52.32)
			3:04.32 (41.59)
2 Berghaus, Peter	68	Conn	3:47.76
	54.89	1:53.22 (58.33)	2:53.92 (1:00.70)
			3:47.76 (53.84)

Men 65-69 400 SC Meter IM

1 Koop, Douglas	68	Adms	8:24.39
	52.17	1:55.09 (1:02.92)	3:00.09 (1:05.00)
	4:06.82 ()	5:18.49 (1:11.67)	6:27.98 (1:09.49)
	8:24.39 (57.74)		7:26.65 (58.67)

Men 70-74 50 SC Meter Freestyle

1 Bolze, Joseph	70	Metr	35.61
2 Schloss, Steve	73	Metr	43.10

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 70-74 100 SC Meter Freestyle

Name	Age	Club	Final Time
1 Schloss, Steve	73	Metr	1:40.26
	47.12	1:40.26 (53.14)	
2 Gladfelter, David	73	1776	1:49.88
	54.83	1:49.88 (55.05)	

Men 70-74 200 SC Meter Freestyle

1 Schloss, Steve	73	Metr	3:46.19
	51.04	1:49.38 (58.34) 2:50.34 (1:00.96) 3:46.19 (55.85)	
2 Gladfelter, David	73	1776	4:18.11
	57.57	2:05.45 (1:07.88) 3:16.46 (1:11.01) 4:18.11 (1:01.65)	

Men 70-74 400 SC Meter Freestyle

1 Schloss, Steve	73	Metr	7:26.44
	51.93	1:54.88 (1:02.95) 5:12.37 (3:17.49) 6:17.60 (1:05.23)	
	7:21.97 (1:04.37)	8:19.46 (57.49) 7:26.44 ()	
2 Gladfelter, David	73	1776	8:53.90
	56.76	2:04.74 (1:07.98) 3:14.29 (1:09.55) 4:24.20 (1:09.91)	
	5:33.82 (1:09.62)	6:43.68 (1:09.86) 7:53.14 (1:09.46) 8:53.90 (1:00.76)	

Men 70-74 1500 SC Meter Freestyle

1 Schloss, Steve	73	Metr	33:33.62
	53.53	3:03.71 (2:10.18) 5:19.83 ()	
	6:26.86 (1:07.03)	7:34.13 () 8:42.09 (1:07.96)	
		9:50.13 ()	
		10:57.69 () 12:05.19 (1:07.50)	
		13:14.04 (1:08.85) 15:32.89 ()	
		16:41.06 ()	
		20:08.13 ()	
		23:33.65 () 33:33.62 (9:59.97)	
2 Gladfelter, David	73	1776	36:16.60
	1:01.30	2:13.14 (1:11.84) 3:26.66 ()	
	4:38.18 (1:11.52)	5:50.96 () 7:03.75 (1:12.79)	
		8:17.13 () 9:30.45 (1:13.32)	
	10:43.93 ()	11:56.74 (1:12.81) 13:09.94 ()	
	14:22.44 (1:12.50)	15:34.80 () 16:47.82 (1:13.02)	
		18:01.21 () 19:14.57 (1:13.36) 20:27.59 (1:13.02)	
		21:40.96 () 22:53.80 (1:12.84)	
	24:07.05 ()	25:23.32 (1:16.27) 26:38.60 () 36:16.60 (9:38.00)	

Men 70-74 100 SC Meter Backstroke

1 Bolze, Joseph	70	Metr	1:48.60
	51.30	1:48.60 (57.30)	
2 Gladfelter, David	73	1776	2:00.07
	56.82	2:00.07 (1:03.25)	

Men 70-74 200 SC Meter Backstroke

1 Bolze, Joseph	70	Metr	3:56.10
	54.78	1:55.61 (1:00.83) 2:57.52 (1:01.91) 3:56.10 (58.58)	

Men 70-74 50 SC Meter Breaststroke

1 Bolze, Joseph	70	Metr	47.02
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Men 70-74 100 SC Meter Breaststroke

1 Bolze, Joseph	70	Metr	1:50.21
	51.60	1:50.21 (58.61)	
2 Gladfelter, David	73	1776	2:00.42
	59.30	2:00.42 (1:01.12)	

Men 70-74 200 SC Meter Breaststroke

1 Bolze, Joseph	70	Metr	3:48.96
	50.40	1:48.60 (58.20) 2:49.59 (1:00.99) 3:48.96 (59.37)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 70-74 100 SC Meter Butterfly

Name	Age	Club	Final Time
1 Bolze, Joseph	70	Metr	1:42.05
46.63	1:42.05 (55.42)		
2 Gladfelter, David	73	1776	2:11.42
1:10.16	2:11.42 (1:01.26)		

Men 70-74 200 SC Meter Butterfly

1 Bolze, Joseph	70	Metr	4:04.13
47.73	1:45.71 (57.98)	4:04.13 (2:18.42)	

Men 70-74 100 SC Meter IM

1 Bolze, Joseph	70	Metr	1:35.86
46.93	1:35.86 (48.93)		

Men 70-74 200 SC Meter IM

1 Bolze, Joseph	70	Metr	3:34.67
47.39	1:45.80 (58.41)	2:47.06 (1:01.26)	3:34.67 (47.61)
2 Gladfelter, David	73	1776	4:22.48
1:00.78	2:09.72 (1:08.94)	3:24.10 (1:14.38)	4:22.48 (58.38)

Men 70-74 400 SC Meter IM

1 Gladfelter, David	73	1776	9:41.70
1:07.79	2:17.80 (1:10.01)	3:34.62 (1:16.82)	
4:50.42 ()	6:09.65 (1:19.23)	7:26.32 (1:16.67)	8:34.18 (1:07.86)
9:41.70 (1:07.52)			

Men 75-79 50 SC Meter Freestyle

1 Shechter, Stanley	77	Agua	34.56
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Men 75-79 100 SC Meter Freestyle

1 Shechter, Stanley	77	Agua	1:21.08
37.42	1:21.08 (43.66)		

Men 75-79 1500 SC Meter Freestyle

1 Quinn, Patrick	78	Adms	33:52.66
1:01.81	2:09.84 (1:08.03)	3:20.70 (1:10.86)	4:30.59 (1:09.89)
5:41.14 (1:10.55)	6:50.93 (1:09.79)	7:59.33 (1:08.40)	9:09.92 (1:10.59)
10:18.85 (1:08.93)		11:28.71 ()	12:35.68 (1:06.97)
13:42.05 (1:06.37)	14:49.93 (1:07.88)	15:59.60 (1:09.67)	17:10.84 (1:11.24)
18:19.28 (1:08.44)	19:28.37 (1:09.09)	20:35.80 (1:07.43)	21:43.66 (1:07.86)
	22:50.23 ()	23:56.28 (1:06.05)	25:04.66 (1:08.38)
26:12.94 (1:08.28)	27:21.25 (1:08.31)	28:28.69 (1:07.44)	29:34.51 (1:05.82)
30:43.53 (1:09.02)	31:48.28 (1:04.75)	32:52.89 (1:04.61)	33:52.66 (59.77)

Men 75-79 50 SC Meter Backstroke

1 Shechter, Stanley	77	Agua	51.18
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Men 75-79 100 SC Meter Backstroke

1 Quinn, Patrick	78	Adms	2:25.06
1:12.51	2:25.06 (1:12.55)		

Men 75-79 100 SC Meter Breaststroke

1 Quinn, Patrick	78	Adms	2:19.88
1:07.05	2:19.88 (1:12.83)		

Men 75-79 200 SC Meter IM

1 Quinn, Patrick	78	Adms	5:28.08
1:29.54	2:53.60 (1:24.06)	4:18.92 (1:25.32)	5:28.08 (1:09.16)

Men 80-84 50 SC Meter Freestyle

1 Woods, Albert	80	Metr	40.57
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Men 80-84 200 SC Meter Freestyle

1 Goldner, Fred	83	Conn	4:24.27
57.90	2:06.68 (1:08.78)	3:16.69 (1:10.01)	4:24.27 (1:07.58)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 80-84 400 SC Meter Freestyle

Name	Age	Club				Final Time
1 Goldner, Fred	83	Conn				9:14.42
	59.82	2:09.61 (1:09.79)	3:22.16 (1:12.55)	4:32.65 (1:10.49)		
	5:44.13 (1:11.48)	6:54.81 (1:10.68)	8:04.88 (1:10.07)	9:14.42 (1:09.54)		

Men 80-84 1500 SC Meter Freestyle

1 Goldner, Fred	83	Conn				36:34.67
	1:01.99	2:12.49 (1:10.50)	3:22.85 (1:10.36)	4:33.28 (1:10.43)		
	5:42.71 (1:09.43)	6:54.07 (1:11.36)	8:07.22 (1:13.15)	9:20.74 (1:13.52)		
	10:34.90 (1:14.16)		11:47.27 ()	13:01.79 (1:14.52)		
	14:16.86 (1:15.07)	15:31.06 (1:14.20)	16:43.67 (1:12.61)	17:57.62 (1:13.95)		
	19:09.24 (1:11.62)	20:21.56 (1:12.32)	21:34.56 (1:13.00)	22:48.11 (1:13.55)		
		24:01.49 ()	25:17.66 (1:16.17)	26:31.35 (1:13.69)		
	27:46.62 (1:15.27)	29:04.90 (1:18.28)	30:19.35 (1:14.45)	31:34.89 (1:15.54)		
	32:50.16 (1:15.27)	34:07.02 (1:16.86)	35:21.17 (1:14.15)	36:34.67 (1:13.50)		

Men 80-84 50 SC Meter Backstroke

1 Siskind, Isaac	81	Gsm				59.10
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Men 80-84 50 SC Meter Breaststroke

1 Siskind, Isaac	81	Gsm				58.65
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Men 80-84 100 SC Meter Breaststroke

1 Woods, Albert	80	Metr				1:52.43
	52.85	1:52.43 (59.58)				
2 Siskind, Isaac	81	Gsm				2:20.17
	1:06.70	2:20.17 (1:13.47)				

Men 80-84 100 SC Meter IM

1 Siskind, Isaac	81	Gsm				2:18.23
	1:06.86	2:18.23 (1:11.37)				

Men 80-84 200 SC Meter IM

1 Siskind, Isaac	81	Gsm				4:49.75
	1:13.26	2:34.76 (1:21.50)	3:57.96 (1:23.20)	4:49.75 (51.79)		

Men 85-89 50 SC Meter Backstroke

1 Lynch, Walter	88	Metr				1:13.65
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Men 85-89 50 SC Meter Breaststroke

1 Lynch, Walter	88	Metr				1:12.20
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Men 85-89 200 SC Meter Breaststroke

1 Lynch, Walter	88	Metr				6:32.65
	1:29.10	3:16.09 (1:46.99)	4:57.59 (1:41.50)	6:32.65 (1:35.06)		

Men 85-89 50 SC Meter Butterfly

1 Charles, Jay	87	Metr				1:37.38
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Men 85-89 200 SC Meter IM

1 Charles, Jay	87	Metr				6:53.36
	1:37.61	3:21.27 (1:43.66)	5:26.85 (2:05.58)	6:53.36 (1:26.51)		

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RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Women 100-119 200 SC Meter Freestyle Relay

1	Redt A				2:02.11
	1) Saint-Amour, Roberta W24	2) Mayman, Jennifer W33	3) Snyder, Jennifer W29	4) Shpaizer, Tal W26	
	29.95	1:01.06 (31.11)	1:33.79 (32.73)	2:02.11 (28.32)	
2	Agua A				2:07.49
	1) Kennedy, Elizabeth W26	2) Davey, Lisa W27	3) Richardson, Elyse W25	4) Newcomer, Meghan W29	
	32.68	1:04.04 (31.36)	1:36.75 (32.71)	2:07.49 (30.74)	
3	Bctm A				2:21.98
	1) Rauzin, Ivy W31	2) Rosenfeld, Keren W28	3) Hyjek, Christine W27	4) Mitakakis, Chrissy W26	
	40.54	1:16.88 (36.34)	1:51.01 (34.13)	2:21.98 (30.97)	

Women 120-159 200 SC Meter Freestyle Relay

1	Redt A				2:02.61
	1) Hays, Kelsey W27	2) Levi, Susie W35	3) Clegg, Nicola W34	4) Lovejoy, Rachel W40	
	30.32	1:01.72 (31.40)	1:32.35 (30.63)	2:02.61 (30.26)	
2	Redt C				2:09.80
	1) Groff-Palermo, Sarah W30	2) Montgomery, Marta W28	3) Fairman, Abigail W32	4) Armentrout, Anna W38	
	32.64	1:06.27 (33.63)	1:39.18 (32.91)	2:09.80 (30.62)	

Women 120-159 200 SC Meter Medley Relay

1	Redt A				2:05.37
	1) Gary, Kristin W42	2) Hays, Kelsey W27	3) Shpaizer, Tal W26	4) Willeboordse, Fall W43	
	31.69	1:08.56 (36.87)	1:38.49 (29.93)	2:05.37 (26.88)	
2	Agua A				2:28.65
	1) Moffett, Erica W40	2) Richardson, Elyse W25	3) Merritt, Erin W25	4) Crassier, Cecile W39	
	36.69	1:17.21 (40.52)	1:51.54 (34.33)	2:28.65 (37.11)	
3	Redt B				2:44.70
	1) Johansson, Joey W51	2) Fairman, Abigail W32	3) Alter, Zahava W23	4) Guerrero, Melissa W28	
	44.09	1:32.80 (48.71)	2:08.85 (36.05)	2:44.70 (35.85)	

Women 160-199 200 SC Meter Freestyle Relay

1	Redt A				1:49.41
	1) Willeboordse, Fall W43	2) Kelsey, Jane W34	3) Wager, Susan W44	4) Gary, Kristin W42	
	27.20	55.05 (27.85)	1:22.21 (27.16)	1:49.41 (27.20)	
2	WM A				2:08.76
	1) Madden, Michele W41	2) Coley, Anne W54	3) MacDonald, Jane W40	4) Kellachan, Jeanne W38	
	32.06	1:07.24 (35.18)	1:39.13 (31.89)	2:08.76 (29.63)	
3	Berk A				2:26.86
	1) Bauman, Jennifer W37	2) Vellucci, Marie W60	3) Saillot, Anne-France W47	4) Rivera, Lisa W27	
	34.37	1:20.58 (46.21)	1:41.16 (20.58)	2:26.86 (45.70)	

Women 160-199 200 SC Meter Medley Relay

1	Redt A				2:15.81
	1) Saint-Amour, Roberta W24	2) Lovejoy, Rachel W40	3) Wager, Susan W44	4) Kelsey, Jane W34	
	34.78	1:15.95 (41.17)	1:47.68 (31.73)	2:15.81 (28.13)	

Women 200-239 200 SC Meter Freestyle Relay

1	Redt A				2:31.00
	1) Charles, Barbara W64	2) Colby, Laura W52	3) Mestecky, Rowan W43	4) Johansson, Joey W51	
	42.78	1:23.45 (40.67)	1:56.10 (32.65)	2:31.00 (34.90)	
2	Agua A				2:46.67
	1) Snyder, Sharon W51	2) Heath, Joan W45	3) Katz, Jane W66	4) Hill, Marcia W65	
	40.35	1:27.94 (47.59)	2:04.95 (37.01)	2:46.67 (41.72)	

Men 100-119 200 SC Meter Freestyle Relay

1	Redt B				1:43.75
	1) Hernandez, Nicholas M21	2) Rozwadowski, Amir M31	3) Fain, Jeremy M32	4) Lawler, James M27	
	28.23	52.88 (24.65)	1:19.31 (26.43)	1:43.75 (24.44)	
2	Agua A				1:47.16
	1) Turcinov, Marko M26	2) Aiken, Ryan M30	3) Gonzales, Chris M30	4) Murphy, Connor M26	
	25.74	52.46 (26.72)	1:22.42 (29.96)	1:47.16 (24.74)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 100-119 200 SC Meter Freestyle Relay continued

3	Redt A				1:55.99
	1) Mullen, Brian M31	2) Royer, John M27	3) Storch, Josh M27	4) Lee, Heon Goo M27	
	28.76	59.27 (30.51)	1:26.74 (27.47)	1:55.99 (29.25)	
4	Bctm B				1:57.49
	1) Koon, Jason M29	2) Gerace, John M25	3) Feihel, Dennis M25	4) Dreisbach, Tristan M26	
	30.45	59.51 (29.06)	1:28.70 (29.19)	1:57.49 (28.79)	
5	Tnya A				2:00.27
	1) Aberlin, Noah M27	2) Ahedo, Aaron M25	3) Barclay, Alex M28	4) Judge, Joshua M33	
	28.61	1:02.97 (34.36)	1:30.28 (27.31)	2:00.27 (29.99)	

Men 100-119 200 SC Meter Medley Relay

1	Bctm A				2:08.96
	1) Lala, Vishal M33	2) Koon, Jason M29	3) Bhardwaj, Manu M27	4) Abreu, Joel M29	
	31.33	1:07.79 (36.46)	1:47.23 (39.44)	2:08.96 (21.73)	

Men 120-159 200 SC Meter Freestyle Relay

1	Terr A				1:46.62
	1) Strahota, Jeffrey M29	2) Ellis, Andrew M41	3) Goodison, Michael M37	4) Van Heers, Yannick M22	
	27.89	54.82 (26.93)	1:21.94 (27.12)	1:46.62 (24.68)	
2	Bctm A				1:58.68
	1) Klein, David M30	2) Dean, Nathaniel M32	3) Sullivan, Thomas M55	4) Holland, Chris M24	
	28.33	1:00.08 (31.75)	1:29.02 (28.94)	1:58.68 (29.66)	
3	Redt B				1:59.43
	1) Bambilia, Koby M35	2) Rosencrantz, Michael M39	3) Neyland, Spencer M44	4) Slawsky, Gregory M31	
	30.11	1:01.77 (31.66)	1:31.67 (29.90)	1:59.43 (27.76)	
4	Tnya C				2:01.31
	1) Cairns, Brian M40	2) Hooper, Stephen M25	3) Chamberlain, Randall M40	4) Demira, Onesimo M36	
	28.21	57.47 (29.26)	1:29.45 (31.98)	2:01.31 (31.86)	
5	Tnya B				2:21.74
	1) Gelinne, Tom M52	2) Lau, Kent M47	3) Peterson, Richard M53	4) Morrissey, James M36	
	36.49	1:12.44 (35.95)	1:51.41 (38.97)	2:21.74 (30.33)	

Men 120-159 200 SC Meter Medley Relay

1	Redt B				1:58.36
	1) Mullen, Brian M31	2) Storch, Josh M27	3) Fain, Jeremy M32	4) Rosencrantz, Michael M39	
	32.82	1:05.79 (32.97)	1:33.19 (27.40)	1:58.36 (25.17)	
2	Agua A				2:03.99
	1) Fox, James M38	2) Aiken, Ryan M30	3) Turcinov, Marko M26	4) Gonzales, Chris M30	
	32.43	1:10.55 (38.12)	1:36.76 (26.21)	2:03.99 (27.23)	
3	Tnya A				2:21.08
	1) Barclay, Alex M28	2) Lau, Kent M47	3) Judge, Joshua M33	4) Allen, Anthony M42	
	34.28	1:16.53 (42.25)	1:48.64 (32.11)	2:21.08 (32.44)	
4	Redt A				2:26.64
	1) Dew, Stephen M31	2) Nettles, Steven M45	3) Silver, Jonathan M56	4) Royer, John M27	
	37.85	1:20.42 (42.57)	1:39.89 (19.47)	2:26.64 (46.75)	

Men 160-199 200 SC Meter Freestyle Relay

1	Pafc A				1:57.97
	1) Perfanov, Val M24	2) Reuter, Adam M35	3) Matz, Michael M48	4) Platt, Jay M62	
	26.99	55.29 (28.30)	1:25.24 (29.95)	1:57.97 (32.73)	
2	Tnya A				1:58.74
	1) Baer, Klaus M41	2) Mair, Matthew M43	3) Reen, Anthony M48	4) Carson, Charles M55	
	27.69	58.61 (30.92)	1:29.21 (30.60)	1:58.74 (29.53)	
3	Agua A				2:00.48
	1) Kolonkowski, Bob M61	2) Theofilidis, Georgios M37	3) Schneider, Charles M29	4) Weinstein, Josh M36	
	32.55	1:02.91 (30.36)	1:32.41 (29.50)	2:00.48 (28.07)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Men 160-199 200 SC Meter Freestyle Relay continued

4	Redt A						2:02.98
	1) Baranowski, Mitch M41	2) McSpirtt, James M49	3) Nettles, Steven M45	4) Goodman, Robert M41			
	27.22	59.15 (31.93)	1:34.76 (35.61)	2:02.98 (28.22)			
5	WM A						2:06.73
	1) Beliveau, Chris M50	2) Lenchner, Jonathan M50	3) Calhoun, Jeff M50	4) Hough, George M43			
	33.17	1:04.62 (31.45)	1:36.02 (31.40)	2:06.73 (30.71)			

Men 160-199 200 SC Meter Medley Relay

1	Pafc A						2:04.53
	1) Matz, Michael M48	2) Reuter, Adam M35	3) Perfanov, Val M24	4) Platt, Jay M62			
	34.53	1:07.05 (32.52)	1:32.85 (25.80)	2:04.53 (31.68)			
2	Redt A						2:14.64
	1) Goodman, Robert M41	2) Rozwadowski, Amir M31	3) Neyland, Spencer M44	4) Saint-Amour, Craig M57			
	35.98	1:14.26 (38.28)	1:46.44 (32.18)	2:14.64 (28.20)			
3	Agua A						2:16.20
	1) Williams, Michael M46	2) Horton, Robert M43	3) Kolonkowski, Bob M61	4) Theofilidis, Georgios M37			
	36.76	52.62 (15.86)	1:14.92 (22.30)	2:16.20 (1:01.28)			
4	Bctm A						2:35.72
	1) Batson, Quinn M49	2) Dean, Nathaniel M32	3) Sullivan, Thomas M55	4) Currier, Matthew M36			
	52.13	1:29.73 (37.60)	2:05.16 (35.43)	2:35.72 (30.56)			

Men 200-239 200 SC Meter Freestyle Relay

1	WM A						1:59.86
	1) Miller, Steven M55	2) Hoffmann, Paul M54	3) Needham, John M56	4) Troiano, Jason M45			
	30.51	1:00.98 (30.47)	1:31.60 (30.62)	1:59.86 (28.26)			

Men 200-239 200 SC Meter Medley Relay

1	Gsm A						2:04.01
	1) Jotz, Jeffrey M39	2) Doyle, Benn M51	3) McElroy, Frank M61	4) Tsuzuki, Ed M51			
	35.01	1:06.37 (31.36)	1:37.80 (31.43)	2:04.01 (26.21)			
2	WM A						2:20.29
	1) Hoffmann, Paul M54	2) Lenchner, Jonathan M50	3) Troiano, Jason M45	4) Needham, John M56			
	37.90	1:20.54 (42.64)	1:51.34 (30.80)	2:20.29 (28.95)			
3	Agua A						2:42.42
	1) Baule, Adrian M31	2) Schneider, Charles M29	3) Bernstein, Richard M63	4) Shechter, Stanley M77			
	46.76	1:23.71 (36.95)	2:07.59 (43.88)	2:42.42 (34.83)			

Men 240-279 200 SC Meter Freestyle Relay

1	WM A						2:18.58
	1) Grose, Richard M60	2) Duguet, Noel M61	3) Hoegler, Carl M67	4) Healy, Martin M65			
	35.65	1:09.91 (34.26)	1:44.99 (35.08)	2:18.58 (33.59)			

Men 240-279 200 SC Meter Medley Relay

1	WM A						2:29.74
	1) Duguet, Noel M61	2) Grose, Richard M60	3) Miller, Steven M55	4) Healy, Martin M65			
	41.23	1:25.13 (43.90)	1:57.23 (32.10)	2:29.74 (32.51)			

Mixed 72-99 400 SC Meter Medley Relay

1	Agua A						4:52.96
	1) Kennedy, Elizabeth W26	2) Sweney, Sarah W25	3) Turcinov, Marko M26	4) Murphy, Connor M26			
	(Back) 39.86	1:21.39 (1:21.39)	(Brst) 2:07.19 (45.80)	2:59.71 (1:38.32)			
	(Fly) 3:26.98 (27.27)	3:58.40 (58.69)	(Free) 4:23.79 (25.39)	4:52.96 (54.56)			

Mixed 100-119 200 SC Meter Freestyle Relay

1	Bctm A						1:56.07
	1) Konno, Sayaka W27	2) Lennon, Jessie W25	3) Lala, Vishal M33	4) Ambrose, Shawn M29			
	32.07	1:02.04 (29.97)	1:29.10 (27.06)	1:56.07 (26.97)			

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Mixed 100-119 400 SC Meter Freestyle Relay

1 Redt A 4:16.10
 1) Shpaizer, Tal W26 2) Saint-Amour, Roberta W24 3) Lee, Heon Goo M27 4) Storch, Josh M27
 (#1) 30.27 1:02.99 (1:02.99) (#2) 1:35.34 (32.35) 2:11.15 (1:08.16)
 (#3) 2:41.32 (30.17) 3:15.72 (1:04.57) (#4) 3:44.11 (28.39) 4:16.10 (1:00.38)

Mixed 100-119 200 SC Meter Medley Relay

1 Bctm A 2:17.91
 1) Holland, Chris M24 2) Konno, Sayaka W27 3) Mitakakis, Chrissy W26 4) Dreisbach, Tristan M26
 36.09 1:16.30 (40.21) 1:49.45 (33.15) 2:17.91 (28.46)

Mixed 100-119 400 SC Meter Medley Relay

1 Redt A 4:36.78
 1) Saint-Amour, Roberta W24 2) Mayman, Jennifer W33 3) Lawler, James M27 4) Fain, Jeremy M32
 (Back) 35.08 1:13.99 (1:13.99) (Brst) 1:27.82 (13.83) 1:55.26 (41.27)
 (Fly) 2:41.42 (46.16) 3:08.05 (1:12.79) (Free) 4:36.83 (1:28.78) 4:36.78 (1:28.73)

2 Redt C 4:49.00
 1) Fairman, Abigail W32 2) Clegg, Nicola W34 3) Hernandez, Nicholas M21 4) Rozwadowski, Amir M31

3 Agua A 4:54.13
 1) Davey, Lisa W27 2) Aiken, Ryan M30 3) Gonzales, Chris M30 4) Newcomer, Meghan W29
 (Back) 36.80 1:15.12 (1:15.12) (Brst) 1:53.18 (38.06) 2:36.72 (1:21.60)
 (Fly) 2:49.31 (12.59) 3:07.86 (31.14) (Free) 3:47.19 (39.33) 4:54.13 (1:46.27)

4 Redt B 5:22.02
 1) Greenberg, Megan W24 2) Bambilia, Koby M35 3) Slawsky, Gregory M31 4) Snyder, Jennifer W29
 (Back) 42.56 1:29.83 (1:29.83) (Brst) 2:09.22 (39.39) 2:56.72 (1:26.89)
 (Fly) 3:29.18 (32.46) 4:06.49 (1:09.77) (Free) 4:41.05 (34.56) 5:22.02 (1:15.53)

Mixed 120-159 200 SC Meter Freestyle Relay

1 Terr A 1:50.43
 1) Ekstrom, Gretchen W43 2) Grover, Mollie W28 3) Doane, Michael M39 4) Van Heers, Yannick M22
 29.38 59.88 (30.50) 1:23.71 (23.83) 1:50.43 (26.72)

Mixed 120-159 400 SC Meter Freestyle Relay

1 Redt C 3:51.74
 1) Fain, Jeremy M32 2) Gary, Kristin W42 3) Wager, Susan W44 4) Rozwadowski, Amir M31
 (#1) 26.75 56.45 (56.45) (#2) 1:24.88 (28.43) 1:56.31 (59.86)
 (#3) 2:24.99 (28.68) 2:56.63 (1:00.32) (#4) 3:22.13 (25.50) 3:51.74 (55.11)

2 Terr A 4:10.00
 1) Grover, Mollie W28 2) Ekstrom, Gretchen W43 3) Ellis, Andrew M41 4) Van Heers, Yannick M22
 (#1) 31.05 1:04.85 (1:04.85) (#2) 1:35.74 (30.89) 2:10.23 (1:05.38)
 (#3) 2:40.36 (30.13) 3:13.68 (1:03.45) (#4) 3:39.86 (26.18) 4:10.00 (56.32)

3 Agua A 4:29.74
 1) Fox, James M38 2) Richardson, Elyse W25 3) Moffett, Erica W40 4) Theofilidis, Georgios M37
 (#1) 29.30 1:01.78 (1:01.78) (#2) 1:36.84 (35.06) 2:16.79 (1:15.01)
 (#3) 2:49.14 (32.35) 3:26.16 (1:09.37) (#4) 3:56.44 (30.28) 4:29.74 (1:03.58)

4 Redt B 4:42.36
 1) Dew, Stephen M31 2) Fairman, Abigail W32 3) Hays, Kelsey W27 4) Rosencrantz, Michael M39
 (#1) 35.50 1:14.18 (1:14.18) (#2) 1:48.38 (34.20) 2:25.90 (1:11.72)
 (#3) 2:57.74 (31.84) 3:40.31 (1:14.41) (#4) 4:05.35 (25.04) 4:42.36 (1:02.05)

--- Redt A DQ
 1) Mullen, Brian M31 2) Neyland, Spencer M44 3) Kelsey, Jane W34 4) Willeboordse, Fall W43

Mixed 120-159 200 SC Meter Medley Relay

1 Tnya A 2:19.08
 1) McGowan, Hugh M32 2) Turnbull-Brown, Elisa W37 3) Bloch, Stephanie W25 4) Baer, Klaus M41
 33.00 1:12.87 (39.87) 1:51.95 (39.08) 2:19.08 (27.13)

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Mixed 120-159 400 SC Meter Medley Relay

1	Redt A				5:03.38
	1) Baranowski, Mitch M41	2) Storch, Josh M27	3) Montgomery, Marta W28	4) Groff-Palermo, Sarah W30	
	(Back) 35.35	1:14.00 (1:14.00)	(Brst) 1:48.82 (34.82)	2:28.88 (1:14.88)	
	(Fly) 3:06.22 (37.34)	3:53.18 (1:24.30)	(Free) 4:26.48 (33.30)	5:03.38 (1:10.20)	
2	Tnya A				5:06.88
	1) Harris, Janet W44	2) Turnbull-Brown, Elisa W37	3) Judge, Joshua M33	4) Mair, Matthew M43	
	(Back) 36.87	1:16.25 (1:16.25)	(Brst) 1:58.47 (42.22)	2:46.64 (1:30.39)	
	(Fly) 2:59.35 (12.71)	3:21.02 (34.38)	(Free) 4:32.17 (1:11.15)	5:06.88 (1:45.86)	

Mixed 160-199 200 SC Meter Freestyle Relay

1	WM A				2:05.55
	1) Troiano, Jason M45	2) Madden, Michele W41	3) Kellachan, Jeanne W38	4) Hough, George M43	
	29.58	1:01.76 (32.18)	1:34.43 (32.67)	2:05.55 (31.12)	
2	Tnya A				2:12.97
	1) Gately, Liz W27	2) Maruta, Jun M39	3) Kingan, Peter M60	4) Harris, Janet W44	
	43.66	1:12.90 (29.24)	1:42.62 (29.72)	2:12.97 (30.35)	
3	Redt A				2:30.13
	1) Vasileva, Mariya W31	2) Silver, Jonathan M56	3) Yamashita, Miki W43	4) Chan, Andy M43	
	42.81	1:15.82 (33.01)	1:56.21 (40.39)	2:30.13 (33.92)	

Mixed 160-199 400 SC Meter Freestyle Relay

1	Redt A				4:34.39
	1) Goodman, Robert M41	2) Johansson, Joey W51	3) Lovejoy, Rachel W40	4) Saint-Amour, Craig M57	
	(#1) 30.25	1:03.77 (1:03.77)	(#2) 1:40.20 (36.43)	2:22.07 (1:18.30)	
	(#3) 2:55.08 (33.01)	3:33.05 (1:10.98)	(#4) 4:02.48 (29.43)	4:34.39 (1:01.34)	
2	Agua B				4:58.87
	1) Turcinov, Marko M26	2) Gonzales, Chris M30	3) Crassier, Cecile W39	4) Hill, Marcia W65	
	(#1) 29.68	1:01.88 (1:01.88)	(#2) 1:45.43 (43.55)	2:22.17 (1:20.29)	
	(#3) 2:44.58 (22.41)	3:15.65 (53.48)	(#4) 4:00.20 (44.55)	4:58.87 (1:43.22)	
---	Agua A				DQ
	1) Merritt, Erin W25	2) Bernstein, Richard M63	3) Baule, Adrian M31	4) x x x x	
	(#1) 32.68	1:08.82 (1:08.82)	(#2) 1:46.01 (37.19)	2:28.07 (1:19.25)	
	(#3) 3:12.74 (44.67)	4:02.08 (1:34.01)	(#4) 4:40.22 (38.14)	DQ (1:18.71)	

Mixed 160-199 800 SC Meter Freestyle Relay

1	Tnya A				10:58.09
	1) Turnbull-Brown, Elisa W37	2) Gelinne, Tom M52	3) Eckler, Amanda W33	4) Carson, Charles M55	
	(#1) 38.33	1:21.88 (1:21.88)	2:07.88 (2:07.88)	2:53.65 (2:53.65)	
	(#2) 3:35.12 (41.47)	4:18.53 (1:24.88)	5:03.07 (2:09.42)	5:45.72 (2:52.07)	
	(#3) 6:24.23 (38.51)	7:05.53 (1:19.81)	7:47.91 (2:02.19)	8:29.42 (2:43.70)	
	(#4) 9:02.45 (33.03)	9:40.04 (1:10.62)	10:19.28 (1:49.86)	10:58.09 (2:28.67)	
2	Agua A				13:16.97
	1) Snyder, Sharon W51	2) Schneider, Charles M29	3) Heath, Joan W45	4) Bernstein, Richard M63	
	(#1) 43.86	1:35.28 (1:35.28)	2:27.76 (2:27.76)	3:19.98 (3:19.98)	
	(#2) 3:54.61 (34.63)	4:34.80 (1:14.82)	5:16.01 (1:56.03)	5:57.48 (2:37.50)	
	(#3) 6:44.28 (46.80)	8:31.28 (2:33.80)	9:35.61 (3:38.13)	10:11.78 (4:14.30)	
	(#4) 11:03.43 (51.65)	11:54.80 (1:43.02)	12:45.76 (2:33.98)	13:16.97 (3:05.19)	

Mixed 160-199 200 SC Meter Medley Relay

1	Berk A				2:25.87
	1) Rivera, Lisa W27	2) Fanelli, Michael M55	3) Gold, Jeffrey M42	4) Saillot, Anne-France W47	
	39.06	1:20.14 (41.08)	1:53.64 (33.50)	2:25.87 (32.23)	

RESULTS: Saturday-Sunday, December 5-6, 2009 Colonies Zone SC Meter Championships

Mixed 160-199 400 SC Meter Medley Relay

1	Redt A				5:11.65
	1) Lovejoy, Rachel W40	2) Neyland, Spencer M44	3) Armentrout, Anna W38	4) Rosencrantz, Michael M39	
2	Agua A				5:56.65
	1) McGregor, Barbara W50	2) Hill, Marcia W65	3) Weinstein, Josh M36	4) Theofilidis, Georgios M37	
	(Back) 41.92 1:25.69 (1:25.69)		(Brst) 2:23.91 (58.22) 3:37.78 (2:12.09)		
	(Fly) 3:50.65 (12.87) 5:12.86 (1:35.08)		(Free) 5:45.86 (33.00) 5:56.65 (43.79)		

Mixed 200-239 200 SC Meter Freestyle Relay

1	WM A				2:15.82
	1) Miller, Steven M55	2) Coley, Anne W54	3) MacDonald, Jane W40	4) Hoffmann, Paul M54	
	31.58	1:10.25 (38.67)	1:43.65 (33.40)	2:15.82 (32.17)	
2	Tnya A				3:23.65
	1) Trueblood, Emily W67	2) Goran, Steven M51	3) Goldring, Michael M57	4) Tuliao, Miriam W48	
	59.52	1:56.53 (57.01)	2:41.07 (44.54)	3:23.65 (42.58)	

Mixed 200-239 200 SC Meter Medley Relay

1	Tnya A				2:27.62
	1) Carson, Charles M55	2) Harris, Janet W44	3) Suzuki, Kozo M46	4) Carena, Lori W56	
	36.47	1:15.74 (39.27)	1:48.36 (32.62)	2:27.62 (39.26)	
2	Agua A				2:53.43
	1) Hill, Marcia W65	2) Williams, Michael M46	3) Snyder, Sharon W51	4) Shechter, Stanley M77	
	54.86	1:31.25 (36.39)	2:19.02 (47.77)	2:53.43 (34.41)	

Mixed 200-239 400 SC Meter Medley Relay

1	Gsm A				5:11.14
	1) Steadman-Martin, Nanc 55	2) Ditommaso, Laurie W47	3) Seidman, Lawrence M62	4) Wein, Arthur M59	
2	Agua A				5:40.81
	1) Bliss, Bob M49	2) O'Carroll, Priscilla W43	3) Kolonkowski, Bob M61	4) Einsidler, Karen W53	
	(Back) 36.80 1:15.10 (1:15.10)		(Brst) 1:28.10 (13.00) 2:12.45 (57.35)		
	(Fly) 3:17.03 (1:04.58) 3:31.19 (1:18.74)		(Free) 4:32.24 (1:01.05) 5:40.81 (2:09.62)		
3	Redt A				5:59.10
	1) Colby, Laura W52	2) McSpirtt, James M49	3) Silver, Jonathan M56	4) Johansson, Joey W51	
	(Back) 49.82 1:42.18 (1:42.18)		(Brst) 1:55.86 (13.68) 3:17.21 (1:35.03)		
	(Fly) 3:54.84 (37.63) 4:41.91 (1:24.70)		(Free) 5:18.03 (36.12) 5:59.10 (1:17.19)		

Mixed 240-279 200 SC Meter Freestyle Relay

1	Agua A				2:12.62
	1) McGregor, Barbara W50	2) Bernstein, Richard M63	3) Einsidler, Karen W53	4) Shechter, Stanley M77	
	32.52	1:08.69 (36.17)	1:37.21 (28.52)	2:12.62 (35.41)	