

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 25-29 50 LC Meter Freestyle

WORLD: 25.42 2/15/2004 Annabel Kosten
US NATL: 26.68 U 8/18/1991 Sara Shand
New England: 28.21 N 6/28/2009 Jessica Knight
Meet Record: 28.21 M 6/28/2009 Jessica Knight

1 Gardner, Meghan 28 Fins-DV 41.48

Women 25-29 100 LC Meter Freestyle

WORLD: 57.71 6/21/2008 Aimee Ramm
US NATL: 57.76 U 3/18/1995 Sheila Taormina
New England: 1:02.70 N 6/28/2009 Jessica Knight
Meet Record: 1:01.49 M 6/23/2007 Abby Delia

1 Gardner, Meghan 28 Fins-DV 1:30.63
 43.20 1:30.63

Women 25-29 200 LC Meter Freestyle

WORLD: 2:06.81 10/23/2005 Hitomi Matsuda
US NATL: 2:02.06 U 12/2/1995 Sheila Taormina
New England: 2:17.52 N 1984 Barbara Crowder
Meet Record: 2:14.19 M 6/24/2007 Abby Delia

1 Gardner, Meghan 28 Fins-DV 3:22.78
 44.43 1:36.26 2:29.45 3:22.78

Women 25-29 400 LC Meter Freestyle

WORLD: 4:27.53 1989 Sara Shand
US NATL: 4:13.03 U 12/2/1995 Sheila Taormina
New England: 4:56.63 N 1984 Barbara Crowder
Meet Record: 4:43.36 M 6/23/2007 Abby Delia

1 Gardner, Meghan 28 Fins-DV 7:02.69
 44.20 1:35.51 2:29.16 3:23.68
 4:17.66 5:12.53 6:08.16 7:02.69

Women 25-29 800 LC Meter Freestyle

WORLD: 9:15.63 3/2/2007 Paula Wood
US NATL: 8:47.44 U 7/19/2001 Rachel Komisarz
New England: 10:07.57 N 6/26/2009 Caitlin Leahy
Meet Record: 10:07.57 M 6/26/2009 Caitlin Leahy

3 Gardner, Meghan 28 Fins-DV 14:53.46

Women 25-29 800 LC Meter Freestyle

WORLD: 9:15.63 3/2/2007 Paula Wood
US NATL: 8:47.44 U 7/19/2001 Rachel Komisarz
New England: 10:04.65 N 6/25/2010 Caitlin Leahy
Meet Record: 10:04.65 M 6/25/2010 Caitlin Leahy

--- Gardner, Meghan 28 Fins-DV DNF
 46.13 1:40.10 2:35.07 3:29.73
 4:25.93

Women 25-29 1500 LC Meter Freestyle

WORLD: 17:26.88 3/2/2007 Paula Wood
US NATL: 16:39.77 U 7/19/2001 Rachel Komisarz
New England: 19:04.21 N 6/26/2009 Caitlin Leahy
Meet Record: 19:04.21 M 6/26/2009 Caitlin Leahy

1 Gardner, Meghan 28 Fins-DV 28:37.92
 45.39 1:36.66 2:29.95 3:24.11
 4:19.09 5:15.82 6:12.51 7:10.50
 8:07.74 9:05.22 10:03.16 11:00.67
 11:58.53 12:56.43 13:54.95 14:53.46
 15:51.35 16:49.99 17:48.72 18:48.48
 19:48.58 20:47.62 21:46.12 22:45.47
 23:44.91 24:45.24 25:42.56 26:41.85
 27:41.48 28:37.92

Women 25-29 50 LC Meter Backstroke

WORLD: 29.60 10/4/2008 Mai Nakamura
US NATL: 30.80 U 8/20/1989 Diane Graner
New England: 32.91 N 2003 Jennifer Mooney
Meet Record: 32.93 M 6/28/2009 Jessica Knight

1 Braniecki, Ashley 26 Adirondack-AD 35.69

Women 25-29 100 LC Meter Backstroke

WORLD: 1:04.82 7/16/2007 Akiko Mizumoto
US NATL: 1:07.13 U 6/26/2005 Pamela Hanson
New England: 1:08.94 N 2003 Jenny Mooney
Meet Record: 1:10.88 M 6/23/2007 Abby Delia

1 Braniecki, Ashley 26 Adirondack-AD 1:19.23
 38.02 1:19.23

Women 25-29 200 LC Meter Backstroke

WORLD: 2:17.30 7/16/2007 Kana Ohashi
US NATL: 2:19.97 U 8/20/1989 Diane Graner
New England: 2:27.37 N 2003 Jenny Mooney
Meet Record: 2:30.32 M 6/24/2007 Abby Delia

1 Braniecki, Ashley 26 Adirondack-AD 2:51.78
 39.70 1:23.04 2:07.22 2:51.78

Women 25-29 50 LC Meter Breaststroke

WORLD: 32.01 1989 S.Seminatore
US NATL: 31.60 U 7/10/2010 Megan Jendrick
New England: 34.90 N 2000 Kriste Lynne Klei
Meet Record: 37.68 M 6/27/2010 Kirsten Rasmuson

1 Gardner, Meghan 28 Fins-DV 58.59

Women 25-29 100 LC Meter Breaststroke

WORLD: 1:12.65 9/24/2006 Hitomi Matsuda
US NATL: 1:10.56 U 7/10/2010 Megan Jendrick
New England: 1:23.24 N 6/27/2010 Kirsten Rasmuson
Meet Record: 1:23.24 M 6/27/2010 Kirsten Rasmuson

1 Gardner, Meghan 28 Fins-DV 2:16.57
 59.37 2:16.57

Women 25-29 50 LC Meter Butterfly

WORLD: 28.09 10/26/1997 Marja Parssinen
US NATL: 28.19 U 8/3/2003 Jennifer Brooks
New England: 30.00 N 6/27/2009 Jessica Knight
Meet Record: 30.00 M 6/27/2009 Jessica Knight

1 Braniecki, Ashley 26 Adirondack-AD 33.10

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

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Results

Women 25-29 100 LC Meter Butterfly

WORLD: 1:03.18 8/7/2006 Shelly Johnston			
US NATL: 1:01.04 U 7/19/2001 Rachel Komisarz			
New England: 1:07.55 N 2003 Jenny Mooney			
Meet Record: 1:09.15 M 6/24/2007 Abby Delia			
1	Braniecki, Ashley	26 Adirondack-AD	1:15.77
	35.60	1:15.77	

Women 25-29 200 LC Meter Butterfly

WORLD: 2:18.69 3/13/1992 S.Palmer-White			
US NATL: 2:17.51 U 12/17/1995 Sheila Taormina			
New England: 2:35.34 N 1984 Diana Daymond			
Meet Record: 2:38.20 M 6/28/2009 Stacey Mehringer			
1	Braniecki, Ashley	26 Adirondack-AD	2:54.51
	36.83	1:20.70 2:06.39	2:54.51

Women 30-34 50 LC Meter Freestyle

WORLD: 25.74 6/6/2008 Martina Moravcova			
US NATL: 25.57 U 8/8/2009 Erika Erndl			
New England: 28.33 N 1989 Leslie Stecker			
Meet Record: 30.04 M 6/21/2008 Patty Fogg			
1	Alcaide, Katrine	30 Maine-NE	27.78N

Women 30-34 50 LC Meter Freestyle

WORLD: 25.74 6/6/2008 Martina Moravcova			
US NATL: 25.57 U 8/8/2009 Erika Erndl			
New England: 28.33 N 1989 Leslie Stecker			
Meet Record: 29.55 M 6/26/2010 Kaye-Lani Laughna			
1	Alcaide, Katrine	30 Maine-NE	27.68N
2	Bennett, Carolyn	33 FISH-MR	38.05

Women 30-34 100 LC Meter Freestyle

WORLD: 55.24 7/11/2009 Erika Erndl			
US NATL: 54.59 U 8/5/2009 Erika Erndl			
New England: 1:03.03 N 1989 Barbara Crowder			
Meet Record: 1:05.64 M 6/26/2010 Kaye-Lani Laughna			
1	Laughna, Kaye-Lani	31 Middlebury-NE	1:07.04
	32.41	1:07.04	
2	Alcaide, Katrine	30 Maine-NE	1:07.06
	31.12	1:07.06	
3	Downing, Jennifer	33 Cambridge-NE	1:10.99
	33.93	1:10.99	
4	Bean, Danielle	32 UV Rays-NE	1:15.46
	35.34	1:15.46	
5	Ryan, Amey	34 Middlebury-NE	1:25.98
	41.31	1:25.98	
6	Wojno, Nicole	32 Asphalt Green-MR	1:28.20
	41.88	1:28.20	
7	Dozier, Emily	34 FISH-MR	1:32.40
	43.69	1:32.40	

Women 30-34 200 LC Meter Freestyle

WORLD: 2:04.62 10/17/2009 Hitomi Matsuda			
US NATL: 1:58.92 U 8/7/2009 Erika Erndl			
New England: 2:17.30 N 1988 Barbara Crowder			
Meet Record: 2:25.71 M 6/21/2008 Patty Fogg			
1	Pansini Rose, Christina	31 UN-New England-NE	2:31.77
	35.03	1:13.95 1:53.06	2:31.77

2	Downing, Jennifer	33 Cambridge-NE	2:37.43
	37.60	1:18.91 1:58.86	2:37.43
3	Dozier, Emily	34 FISH-MR	3:11.26
	43.01	1:32.04 2:21.75	3:11.26

Women 30-34 400 LC Meter Freestyle

WORLD: 4:25.60 9/26/2008 Hitomi Matsuda			
US NATL: 4:17.52 U 8/3/2010 Dawn Heckman			
New England: 4:52.09 N 1988 Barbara Crowder			
Meet Record: 5:02.85 M 6/23/2007 Tobi Limke			
1	Bennett, Carolyn	33 FISH-MR	6:19.48
	41.01	1:28.85 2:16.71	3:07.07
	3:55.53	4:44.83 5:33.28	6:19.48
2	Dozier, Emily	34 FISH-MR	6:41.49
	43.22	1:34.12 2:24.58	3:17.36
	4:08.09	4:59.91 5:50.74	6:41.49

Women 30-34 800 LC Meter Freestyle

WORLD: 9:13.22 5/4/2007 Kirsten Cameron			
US NATL: 8:46.22 U 5/30/2010 Dawn Heckman			
New England: 10:05.30 N 1987 Barbara Crowder			
Meet Record: 10:50.97 M 6/26/2009 Ellen Stanley			
1	Laughna, Kaye-Lani	31 Middlebury-NE	11:40.56
	38.48	1:20.30 2:04.06	2:48.50
	3:32.82	4:17.49 5:03.25	5:48.49
	6:32.06	7:18.89 8:04.84	8:49.31
	9:34.81	10:17.93 11:00.79	11:40.56
2	Bean, Danielle	32 UV Rays-NE	12:51.89
	40.75	1:25.99 2:12.24	2:59.60
	3:48.11	4:37.49 5:26.58	6:16.18
	7:05.64	7:55.78 8:46.29	9:36.66
	10:26.50	11:16.20 12:05.69	12:51.89
3	Bennett, Carolyn	33 FISH-MR	13:14.15
	40.78	1:27.39 2:16.42	3:05.75
	3:55.61	4:45.09 5:35.77	6:27.42
	7:19.11	8:10.44 9:00.96	9:52.79
	10:43.90	11:35.41 12:25.73	13:14.15
4	Dozier, Emily	34 FISH-MR	13:47.14
	45.85	1:37.70 2:29.95	3:23.23
	4:15.06	5:08.25 6:00.20	6:52.92
	7:45.18	8:37.71 9:30.04	10:22.16
	11:14.07	12:05.47 12:56.74	13:47.14
5	Wojno, Nicole	32 Asphalt Green-MR	13:51.62
	45.95	1:38.53 2:33.71	3:27.79
	4:20.84	5:14.34 6:06.33	6:58.93
	7:51.69	8:44.90 9:36.01	10:29.20
	11:19.96	12:11.76 13:02.23	13:51.62

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Results

Women 30-34 1500 LC Meter Freestyle**WORLD: 17:25.81 7/10/2009 Heidi George****US NATL: 17:07.54 U 4/25/2010 Dawn Heckman****New England: 20:48.79 N 1991 Nanci Sirois****Meet Record: 21:28.05 M 6/22/2007 Karen Atkinson**

1	Dozier, Emily	34	FISH-MR	25:56.55
	46.66	1:38.39	2:30.83	3:23.85
	4:16.18	5:09.14	6:01.42	6:54.42
	7:47.44	8:40.32	9:32.41	10:25.01
	11:16.97	12:09.13	13:01.08	13:52.98
	14:44.56	15:36.34	16:28.03	17:20.13
	18:11.59	19:03.44	19:55.23	20:47.71
	21:39.32	22:31.41	23:23.07	24:14.68
	25:05.78	25:56.55		

Women 30-34 50 LC Meter Backstroke**WORLD: 28.95 10/3/2009 Mai Nakamura****US NATL: 29.15 U 8/16/2008 Noriko Inada****New England: 32.88 N 6/27/2010 Christine Pansini Rose****Meet Record: 32.88 M 6/27/2010 Christine Pansini Rose**

1	Downing, Jennifer	33	Cambridge-NE	36.64
2	Bean, Danielle	32	UV Rays-NE	44.46
3	Dozier, Emily	34	FISH-MR	51.89

Women 30-34 100 LC Meter Backstroke**WORLD: 1:02.83 8/17/2008 Noriko Inada****US NATL: 1:02.83 U 8/17/2008 Noriko Inada****New England: 1:12.22 N 2010 Christina Pansini Rose****Meet Record: 1:13.76 M 6/23/2007 Tobi Limke**

1	Pansini Rose, Christina	31	UN-New England-NE	1:14.65
	35.70	1:14.65		
2	Downing, Jennifer	33	Cambridge-NE	1:23.10
	40.24	1:23.10		
3	Dozier, Emily	34	FISH-MR	1:46.96
	52.16	1:46.96		

Women 30-34 200 LC Meter Backstroke**WORLD: 2:17.61 8/6/2009 Sarabeth Metzger****US NATL: 2:17.61 U 8/6/2009 Sarabeth Metzger****New England: 2:38.62 N 2010 Christine Pansini Rose****Meet Record: 2:38.91 M 6/27/2010 Christine Pansini Rose**

1	Bennett, Carolyn	33	FISH-MR	3:35.00
	52.00	1:45.63	2:40.89	3:35.00
2	Dozier, Emily	34	FISH-MR	3:43.26
	53.39	1:50.53	2:46.24	3:43.26

Women 30-34 50 LC Meter Breaststroke**WORLD: 32.42 9/26/2009 Hitomi Matsuda****US NATL: 33.20 U 8/15/2008 Katie McClelland****New England: 37.32 N 1985 Judith Melick****Meet Record: 38.04 M 6/22/2008 Jenny Harvey**

1	Alcaide, Katrine	30	Maine-NE	36.37N
2	Downing, Jennifer	33	Cambridge-NE	39.23
3	Laughna, Kaye-Lani	31	Middlebury-NE	40.31
4	Ryan, Amey	34	Middlebury-NE	45.18
5	Bean, Danielle	32	UV Rays-NE	51.96
6	Wojno, Nicole	32	Asphalt Green-MR	55.85

Women 30-34 100 LC Meter Breaststroke**WORLD: 1:10.10 10/3/2009 Hitomi Matsuda****US NATL: 1:13.29 U 8/16/2008 Katie McClelland****New England: 1:23.45 N 1985 Judith Melick****Meet Record: 1:24.98 M 6/24/2007 Anne Iacobucci**

1	Downing, Jennifer	33	Cambridge-NE	1:28.10
	41.01	1:28.10		
2	Bennett, Carolyn	33	FISH-MR	1:54.72
	54.30	1:54.72		

Women 30-34 200 LC Meter Breaststroke**WORLD: 2:28.93 10/17/2009 Hitomi Matsuda****US NATL: 2:41.51 U 8/23/1999 Wenke Hansen****New England: 3:02.45 N 1996 Mary Perroni Vese****Meet Record: 3:09.20 M 6/26/2010 Jennifer Downing**

1	Downing, Jennifer	33	Cambridge-NE	3:07.55M
	42.31	1:30.42	2:18.86	3:07.55
2	Bennett, Carolyn	33	FISH-MR	4:00.55
	56.58	1:58.71	2:59.30	4:00.55

Women 30-34 50 LC Meter Butterfly**WORLD: 27.48 6/7/2008 Martina Moravcova****US NATL: 27.48 U 6/7/2008 Martina Moravcova****New England: 30.20 N 1988 Barbara Crowder****Meet Record: 32.15 M 6/22/2008 Patty Fogg**

1	Alcaide, Katrine	30	Maine-NE	32.16
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Women 30-34 100 LC Meter Butterfly**WORLD: 58.81 6/7/2008 Martina Moravcova****US NATL: 58.81 U 6/7/2008 Martina Moravcova****New England: 1:08.16 N 1988 Barbara Crowder****Meet Record: 1:14.79 M 6/24/2007 Tobi Limke**

1	Bean, Danielle	32	UV Rays-NE	1:25.97
	38.01	1:25.97		

Women 30-34 200 LC Meter IM**WORLD: 2:13.89 7/7/2009 Erika Erndl****US NATL: 2:13.72 U 8/8/2009 Erika Erndl****New England: 2:38.38 N 6/24/2007 Tobi Limke****Meet Record: 2:38.38 M 6/24/2007 Tobi Limke**

1	Pansini Rose, Christina	31	UN-New England-NE	2:50.30
	34.31	1:17.54	2:10.28	2:50.30
2	Dozier, Emily	34	FISH-MR	3:39.25
	50.42	1:48.09	2:50.53	3:39.25

Women 30-34 400 LC Meter IM**WORLD: 4:56.08 11/8/2009 Hitomi Matsuda****US NATL: 4:47.06 U 6/29/2008 Erika Erndl****New England: 5:35.69 N 6/23/2007 Tobi Limke****Meet Record: 5:35.69 M 6/23/2007 Tobi Limke**

1	Bennett, Carolyn	33	FISH-MR	7:38.25
	53.41	1:56.65	2:52.44	3:50.04
	4:52.51	5:56.32	6:46.64	7:38.25
2	Dozier, Emily	34	FISH-MR	7:41.71
	50.43	1:50.49	2:49.49	3:50.21
	4:53.68	5:59.87	6:50.72	7:41.71

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 35-39 50 LC Meter Freestyle

WORLD: 25.98 8/8/2006 Dara Torres
US NATL: 25.98 U 8/8/2006 Dara Torres
New England: 27.68 N 1990 Jacki Hirsty
Meet Record: 29.10 M 6/26/2010 Alexandra Tessier
Canadian: 27.61 C 4/27/2008 Melania Bussiere

1 Ewen, Chrystena 37 Granite State-NE 36.69
 2 Rounds, Ellie 35 Liquid Assets-NE 38.38

Women 35-39 100 LC Meter Freestyle

WORLD: 58.38 8/23/1998 Tracie Moll
US NATL: 58.87 U 7/2/1995 S Neilson-Bell
New England: 1:01.28 N 1990 Jacki Hirsty
Meet Record: 1:03.98 M 6/28/2009 Jessica Holmes
Canadian: 59.57 C 4/27/2008 Melania Bussiere

1 Fletcher, Alicia 38 Adirondack-AD 1:11.92
 33.51 1:11.92
 2 Atkinson, Karen 36 Liquid Assets-NE 1:18.67
 37.08 1:18.67
 3 Ewen, Chrystena 37 Granite State-NE 1:21.23
 37.85 1:21.23
 4 Rounds, Ellie 35 Liquid Assets-NE 1:32.51
 46.09 1:32.51
 5 Segal, Allyson 38 Connecticut-CT 1:33.06
 44.95 1:33.06

Women 35-39 200 LC Meter Freestyle

WORLD: 2:06.94 8/10/1997 K.Pipes-Neilsen
US NATL: 2:06.62 U 8/15/1998 K Pipes-Neilsen
New England: 2:17.26 N 1990 Jacki Hirsty
Meet Record: 2:24.74 M 6/24/2007 Galen Rinaldi
Canadian: 2:09.70 C 4/27/2008 Melania Bussiere

1 Atkinson, Karen 36 Liquid Assets-NE 2:47.89
 38.16 1:21.99 2:05.32 2:47.89
 2 Ewen, Chrystena 37 Granite State-NE 2:51.81
 39.03 1:23.24 2:08.10 2:51.81

Women 35-39 400 LC Meter Freestyle

WORLD: 4:26.17 8/10/1997 K.Pipes-Neilsen
US NATL: 4:26.17 U 8/10/1997 K Pipes-Neilsen
New England: 4:55.77 N 1990 Jacki Hirsty
Meet Record: 5:01.54 M 6/23/2007 Galen Rinaldi
Canadian: 4:39.70 C 4/30/1996 Lynn Marshall

1 Atkinson, Karen 36 Liquid Assets-NE 6:00.27
 40.41 1:26.00 2:12.19 2:58.29
 3:44.00 4:30.12 5:16.17 6:00.27
 2 Ewen, Chrystena 37 Granite State-NE 6:01.15
 40.13 1:25.29 2:11.72 2:58.77
 3:45.09 4:32.57 5:18.96 6:01.15

Women 35-39 800 LC Meter Freestyle

WORLD: 9:11.15 4/18/2008 Kirsten Cameron
US NATL: 9:13.49 U 8/4/2006 Sheila Taormina
New England: 10:07.93 N 1990 Jacki Hirsty
Meet Record: 10:16.43 M 6/24/2007 Galen Rinaldi
Canadian: 9:31.44 C 5/31/1996 Lynn Marshall

1 Atkinson, Karen 36 Liquid Assets-NE 12:23.69
 41.40 1:29.14 2:15.33 3:03.40
 3:49.90 4:37.71 5:24.23 6:12.10
 6:58.25 7:45.45 8:31.97 9:19.06
 10:04.51 10:51.70 11:37.76 12:23.69
 2 Ewen, Chrystena 37 Granite State-NE 12:35.59
 39.69 1:25.27 2:11.66 2:59.65
 3:46.52 4:34.89 5:22.77 6:12.34
 6:59.79 7:47.93 8:36.22 9:25.26
 10:14.01 11:02.61 11:50.35 12:35.59
 3 Carney, Carrie 37 Maine-NE 13:43.59
 43.68 1:32.33 2:21.48 3:13.49
 4:04.43 4:57.90 5:45.21 6:43.59
 7:26.89 8:28.68 9:12.05 10:14.50
 11:05.78 11:59.95 12:51.05 13:43.59
 4 Segal, Allyson 38 Connecticut-CT 15:11.66
 51.46 1:48.82 2:45.72 3:43.52
 4:42.17 5:41.55 6:38.79 7:37.36
 8:34.83 9:32.98 10:30.78 11:28.17
 12:25.42 13:22.99 14:17.52 15:11.66

Women 35-39 1500 LC Meter Freestyle

WORLD: 17:33.46 3/13/2009 Kirsten Cameron
US NATL: 17:46.58 U 8/13/2000 K Pipes-Neilsen
New England: 20:20.52 N 1995 Leslie Cooper
Meet Record: 19:35.27 M 6/22/2007 Galen Rinaldi
Canadian: 18:07.43 C 4/30/1996 Lynn Marshall

1 Atkinson, Karen 36 Liquid Assets-NE 23:37.61
 42.31 1:28.37 2:15.50 3:02.42
 3:49.34 4:36.03 5:23.15 6:10.75
 6:58.31 7:46.48 8:34.07 9:22.09
 10:09.76 10:57.15 11:44.66 12:32.11
 13:19.63 14:07.45 14:55.62 15:43.18
 16:31.42 17:19.26 18:06.72 18:54.02
 19:41.65 20:29.01 21:16.25 22:04.29
 22:50.84 23:37.61

Women 35-39 50 LC Meter Backstroke

WORLD: 30.40 8/10/2006 Sheri Hart
US NATL: 30.17 U 8/7/2010 Sheri Hart
New England: 34.53 N 6/28/2009 Jessica Holmes
Meet Record: 34.53 M 6/28/2009 Jessica Holmes
Canadian: 31.28 C 3/15/2008 Cindy Mabee

1 Swan-Scott, Dennie 36 Adirondack-AD 38.39
 2 Rounds, Ellie 35 Liquid Assets-NE 57.27

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 35-39 200 LC Meter Backstroke**WORLD:** 2:18.20 8/10/1997 K.Pipes-Neilsen**US NATL:** 2:18.20 U 8/10/1997 K Pipes-Neilsen**New England:** 2:41.17 N 6/27/2009 Jessica Holmes**Meet Record:** 2:41.17 M 6/27/2009 Jessica Holmes**Canadian:** 2:29.42 C 3/15/2008 Cindy Mabee

1	Swan-Scott, Dennie	36	Adirondack-AD	2:54.13
				39.97 1:24.14 2:09.35 2:54.13
2	Atkinson, Karen	36	Liquid Assets-NE	3:30.30
				48.22 1:42.01 2:36.16 3:30.30

Women 35-39 50 LC Meter Breaststroke**WORLD:** 33.64 6/6/2004 Sylvia Gerasch**US NATL:** 33.91 U 8/18/2001 Caroline Krattli**New England:** 37.33 N 6/27/2009 Rainy Goodale**Meet Record:** 37.33 M 6/27/2009 Rainy Goodale**Canadian:** 36.53 C 2/22/2009 Janet Mayville

1	Fletcher, Alicia	38	Adirondack-AD	41.41
2	Smith, Nicola	35	UV Rays-NE	42.77
3	Sega, Allyson	38	Connecticut-CT	56.58

Women 35-39 100 LC Meter Breaststroke**WORLD:** 1:13.81 8/17/2001 Caroline Krattli**US NATL:** 1:13.81 U 8/17/2001 Caroline Krattli**New England:** 1:22.38 N 6/27/2009 Rainy Goodale**Meet Record:** 1:22.38 M 6/27/2009 Rainy Goodale**Canadian:** 1:22.00 C 3/31/1984 Yvonne Cattrall

1	Atkinson, Karen	36	Liquid Assets-NE	1:47.23
				49.62 1:47.23

Women 35-39 200 LC Meter Breaststroke**WORLD:** 2:41.76 8/19/2001 Caroline Krattli**US NATL:** 2:41.76 U 8/19/2001 Caroline Krattli**New England:** 3:02.15 N 6/28/2009 Rainy Goodale**Meet Record:** 3:02.15 M 6/28/2009 Rainy Goodale**Canadian:** 2:59.35 C 3/7/2009 Jocelyn Jay

1	Fletcher, Alicia	38	Adirondack-AD	3:19.23
				47.06 1:37.12 2:28.14 3:19.23
2	Smith, Nicola	35	UV Rays-NE	3:35.82
				50.49 1:46.15 2:43.50 3:35.82

Women 35-39 50 LC Meter Butterfly**WORLD:** 28.03 4/30/2009 Lynne Hayes**US NATL:** 28.32 U 8/23/1999 Tracie Moll**New England:** 31.07 N 1992 Barbara Crowder**Meet Record:** 31.90 M 6/26/2010 Jennifer Campbell**Canadian:** 29.38 C 6/30/2005 Debbie Younger

1	Atkinson, Karen	36	Liquid Assets-NE	42.28
2	Rounds, Ellie	35	Liquid Assets-NE	58.51

Women 35-39 100 LC Meter Butterfly**WORLD:** 1:02.44 3/19/2009 Lynne Hayes**US NATL:** 1:03.79 U 8/23/1999 Tracie Moll**New England:** 1:10.78 N 1992 Barbara Crowder**Meet Record:** 1:15.46 M 6/28/2009 Jessica Holmes**Canadian:** 1:03.52 C 4/27/2008 Melania Bussiere

1	Smith, Nicola	35	UV Rays-NE	1:41.24
				42.61 1:41.24

2	Atkinson, Karen	36	Liquid Assets-NE	1:44.48
				45.41 1:44.48

Women 35-39 200 LC Meter Butterfly**WORLD:** 2:20.21 8/10/1997 K.Pipes-Neilsen**US NATL:** 2:20.21 U 8/10/1997 K Pipes-Neilsen**New England:** 2:38.89 N 1986 Stephanie Walsh**Meet Record:** 2:48.76 M 6/26/2010 Jennifer Campbell**Canadian:** 2:27.55 C 6/30/2005 Debbie Younger

1	Atkinson, Karen	36	Liquid Assets-NE	3:54.69
				49.36 1:54.69 2:56.35 3:54.69

Women 35-39 400 LC Meter IM**WORLD:** 5:07.21 6/29/1997 K.Pipes-Neilsen**US NATL:** 5:02.67 U 8/15/1998 K Pipes-Neilsen**New England:** 5:47.36 N 1986 Stephanie Walsh**Meet Record:** 5:50.82 M 6/28/2009 Jessica Holmes**Canadian:** 5:24.93 C 5/31/1996 Lynn Marshall

1	Smith, Nicola	35	UV Rays-NE	6:54.35
				44.56 1:38.20 2:32.06 3:26.39
				4:23.41 5:21.86 6:08.64 6:54.35
2	Atkinson, Karen	36	Liquid Assets-NE	7:22.59
				47.19 1:47.63 2:44.39 3:42.12
				4:42.35 5:46.41 6:34.86 7:22.59

Women 40-44 50 LC Meter Freestyle**WORLD:** 26.44 11/7/2009 Edith Ottermann**US NATL:** 24.25 U 7/6/2008 Dara Torres**New England:** 28.66 N 1997 Jacki Hirsty**Meet Record:** 27.67 M 6/28/2009 Fall Willeboordse

1	Rinaldi, Galen	43	Connecticut-CT	30.56
2	Golding, Andrea	41	Concord-NE	35.64
3	Rapp, Jessica	42	Cambridge-NE	40.93
4	Acevedo, Kristine	40	Liquid Assets-NE	42.84

Women 40-44 100 LC Meter Freestyle**WORLD:** 58.43 8/17/2003 Maria Doelger**US NATL:** 53.78 U 7/4/2008 Dara Torres**New England:** 1:03.19 N 1997 Jacki Hirsty**Meet Record:** 1:01.82 M 6/28/2009 Fall Willeboordse

1	Rinaldi, Galen	43	Connecticut-CT	1:04.75
				30.95 1:04.75
2	Schenck, Kathleen	40	Adirondack-AD	1:14.29
				34.59 1:14.29
3	Convey, Bridget	40	Maine-NE	1:17.05
				36.61 1:17.05
4	Bartlett, EJ	40	Middlebury-NE	1:26.74
				41.46 1:26.74
5	Rapp, Jessica	42	Cambridge-NE	1:31.24
				43.38 1:31.24
6	Curko, Sandy	41	Cambridge-NE	1:34.54
				44.67 1:34.54

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 40-44 200 LC Meter Freestyle**WORLD: 2:09.28 8/15/2005 K.Pipes-Neilsen****US NATL: 2:09.00 U 5/25/2003 K Pipes-Neilsen****New England: 2:21.02 N 1997 Jacki Hirsty****Meet Record: 2:22.60 M 6/27/2009 Galen Rinaldi**

1	Rinaldi, Galen	43	Connecticut-CT	2:18.92M
	31.74	1:07.08	1:42.78	2:18.92
2	Golding, Andrea	41	Concord-NE	2:54.81
	38.52	1:22.63	2:08.91	2:54.81

Women 40-44 400 LC Meter Freestyle**WORLD: 4:28.24 8/11/2002 K.Pipes-Neilsen****US NATL: 4:28.24 U 8/11/2002 K Pipes-Neilsen****New England: 5:03.41 N 1997 Barbara Crowder****Meet Record: 4:55.84 M 6/28/2009 Galen Rinaldi**

1	Rinaldi, Galen	43	Connecticut-CT	4:53.08M
	32.61	1:09.95	1:46.32	2:24.38
	3:01.35	3:39.09	4:15.96	4:53.08
2	Golding, Andrea	41	Concord-NE	6:16.22
	40.29	1:24.92	2:12.29	3:00.00
	3:49.30	4:38.91	5:28.62	6:16.22
3	Rapp, Jessica	42	Cambridge-NE	6:48.25
	45.93	1:38.50	2:30.38	3:22.92
	4:15.40	5:07.43	5:58.33	6:48.25

Women 40-44 800 LC Meter Freestyle**WORLD: 9:24.77 9/29/2002 K.Pipes-Neilsen****US NATL: 9:21.75 U 6/29/2003 K Pipes-Neilsen****New England: 10:29.76 N 6/25/2010 Charlotte Brynn****Meet Record: 10:02.71 M 6/26/2009 Galen Rinaldi**

1	Puska, Charlene	43	Connecticut-CT	11:38.65
	40.12	1:22.69	2:06.41	2:50.44
	3:34.27	4:18.36	5:02.63	5:47.04
	6:31.36	7:16.31	8:00.67	8:45.69
	9:29.92	10:14.29	10:57.77	11:38.65
---	Rinaldi, Galen	43	Connecticut-CT	X9:52.26M

Women 40-44 1500 LC Meter Freestyle**WORLD: 17:56.52 8/11/2003 K.Pipes-Neilsen****US NATL: 17:56.52 U 8/11/2003 K Pipes-Neilsen****New England: 20:14.60 N 6/25/2010 Charlotte Brynn****Meet Record: 18:53.16 M 6/26/2009 Galen Rinaldi**

1	Rinaldi, Galen	43	Connecticut-CT	18:45.43M
	28.42	1:10.42	1:47.00	2:24.06
	3:00.55	3:37.73	4:14.62	4:52.26
	5:29.04	6:06.46	6:43.66	7:21.51
	7:58.88	8:36.75	9:13.43	9:52.26
	10:30.42	11:08.94	11:47.11	12:25.78
	13:03.44	13:42.09	14:19.69	14:58.31
	15:35.52	16:14.06	16:52.09	17:30.60
	18:08.43	18:45.43		

2	Convey, Bridget	40	Maine-NE	24:24.89
	42.66	1:31.35	2:18.21	3:06.94
	3:54.87	4:43.96	5:31.88	6:20.90
	7:08.97	7:58.46	8:47.10	9:37.59
	10:26.00	11:15.99	12:04.20	12:54.48
	13:43.00	14:32.38	15:21.13	16:11.37
	17:00.35	17:51.12	18:39.58	19:30.35
	20:19.20	21:10.20	21:59.35	22:49.19
	23:37.51	24:24.89		

Women 40-44 50 LC Meter Backstroke**WORLD: 31.49 3/7/2009 Cindy Mabee****US NATL: 31.63 U 8/9/2009 Jody Smith****New England: 34.76 N 2009 Roma Hunter****Meet Record: 32.47 M 6/28/2009 Fall Willeboordse**

1	Rinaldi, Galen	43	Connecticut-CT	36.91
2	Schenck, Kathleen	40	Adirondack-AD	39.00
3	Convey, Bridget	40	Maine-NE	43.99
4	Bartlett, EJ	40	Middlebury-NE	47.04
5	Rapp, Jessica	42	Cambridge-NE	52.51
6	Acevedo, Kristine	40	Liquid Assets-NE	54.90
7	Curko, Sandy	41	Cambridge-NE	55.32

Women 40-44 100 LC Meter Backstroke**WORLD: 1:07.06 3/7/2009 Cindy Mabee****US NATL: 1:07.21 U 8/7/2009 Jody Smith****New England: 1:14.28 N 2009 Roma Hunter****Meet Record: 1:11.42 M 6/27/2009 Fall Willeboordse**

1	Rinaldi, Galen	43	Connecticut-CT	1:21.49
	39.25	1:21.49		
2	Golding, Andrea	41	Concord-NE	1:38.38
	46.69	1:38.38		

Women 40-44 50 LC Meter Breaststroke**WORLD: 33.25 7/23/2006 S.Von Der Lippe****US NATL: 33.25 U 7/23/2006 S Von Der Lippe****New England: 38.00 N 6/27/2010 Rainy Goodale****Meet Record: 37.86 M 6/27/2010 Fall Willebroodse**

1	Rinaldi, Galen	43	Connecticut-CT	43.59
2	Schenck, Kathleen	40	Adirondack-AD	44.15
3	Rapp, Jessica	42	Cambridge-NE	55.78

Women 40-44 100 LC Meter Breaststroke**WORLD: 1:13.78 5/23/2009 S.Von Der Lippe****US NATL: 1:12.12 U 6/30/2008 S Von Der Lippe****New England: 1:23.17 N 2010 Rainy Goodale****Meet Record: 1:23.67 M 6/27/2010 Fall Willebroodse**

1	Rinaldi, Galen	43	Connecticut-CT	1:39.07
	47.28	1:39.07		

Women 40-44 200 LC Meter Breaststroke**WORLD: 2:38.44 8/9/2006 S.Von Der Lippe****US NATL: 2:38.44 U 8/9/2006 S Von Der Lippe****New England: 3:00.54 N 2010 Rainy Goodale****Meet Record: 3:02.73 M 6/26/2010 Rainy Goodale**

1	Rinaldi, Galen	43	Connecticut-CT	3:29.38
	48.82	1:43.43	2:36.89	3:29.38

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 40-44 50 LC Meter Butterfly

WORLD:	28.52	5/25/2009	S.Von Der Lippe	
US NATL:	28.52	U 5/25/2009	S Von Der Lippe	
New England:	32.19	N 1997	Barbara Crowder	
Meet Record:	30.40	M 6/27/2009	Fall Willeboordse	
1	Puska, Charlene	43	Connecticut-CT	37.98
2	Golding, Andrea	41	Concord-NE	42.46
3	Acevedo, Kristine	40	Liquid Assets-NE	49.75

Women 40-44 100 LC Meter Butterfly

WORLD:	1:03.36	5/23/2009	S.Von Der Lippe	
US NATL:	1:02.47	U 6/29/2008	S Von Der Lippe	
New England:	1:13.71	N 1997	Barbara Crowder	
Meet Record:	1:11.05	M 6/27/2010	Fall Willebroodse	
1	Rinaldi, Galen	43	Connecticut-CT	1:14.39
	34.26	1:14.39		
2	Puska, Charlene	43	Connecticut-CT	1:27.00
	41.22	1:27.00		
3	Convey, Bridget	40	Maine-NE	1:44.74
	48.66	1:44.74		

Women 40-44 200 LC Meter Butterfly

WORLD:	2:24.78	7/23/2006	S.Von Der Lippe	
US NATL:	2:24.77	U 8/17/2003	K Pipes-Neilsen	
New England:	2:53.10	N 2008	Cheryl Kupan	
Meet Record:	3:07.49	M 6/22/2008	Rhonda Grasberger	
1	Puska, Charlene	43	Connecticut-CT	3:15.94
	44.38	1:32.94	2:23.63	3:15.94
2	Convey, Bridget	40	Maine-NE	3:55.68
	55.99	1:58.22	2:58.02	3:55.68

Women 40-44 400 LC Meter IM

WORLD:	5:09.83	8/1/2004	K.Pipes-Neilsen	
US NATL:	5:09.83	U 8/1/2004	K Pipes-Neilsen	
New England:	5:54.41	N 2000	Nancy Sirois	
Meet Record:	5:49.25	M 6/26/2010	Fall Willebroodse	
1	Puska, Charlene	43	Connecticut-CT	6:45.51
	43.49	1:33.56	2:25.55	3:18.93
	4:16.90	5:18.44	6:02.84	6:45.51

Women 45-49 50 LC Meter Freestyle

WORLD:	27.44	8/13/2007	Susan Walsh	
US NATL:	27.44	U 8/13/2007	Susan Walsh	
New England:	28.30	N 1998	Jacki Hirsty	
Meet Record:	28.93	M 6/28/2009	Mary Estabrook	
Canadian:	27.94	C 6/30/2005	Sarah Macdonald	
1	Willeboordse, Fall	45	Asphalt Green-MR	27.96M

Women 45-49 50 LC Meter Freestyle

WORLD:	27.44	8/13/2007	Susan Walsh	
US NATL:	27.44	U 8/13/2007	Susan Walsh	
New England:	28.30	N 1998	Jacki Hirsty	
Meet Record:	28.93	M 6/28/2009	Mary Estabrook	
Canadian:	27.94	C 6/30/2005	Sarah Macdonald	
1	Willeboordse, Fall	45	Asphalt Green-MR	27.67C
2	Scott, Sheryl	49	Granite State-NE	32.97
3	Dixon, Alison	49	Pittsfield Y-NE	35.26

Women 45-49 100 LC Meter Freestyle

WORLD:	59.79	8/5/2007	K.Pipes-Neilsen	
US NATL:	59.79	U 8/5/2007	K Pipes-Neilsen	
New England:	1:02.86	N 1998	Jacki Hirsty	
Meet Record:	1:04.58	M 6/28/2009	Lynn Marshall	
Canadian:	1:01.39	C 6/30/2005	Sarah Macdonald	
4	Kupan, Cheryl	47	Maine-NE	1:12.39

Women 45-49 100 LC Meter Freestyle

WORLD:	59.79	8/5/2007	K.Pipes-Neilsen	
US NATL:	59.79	U 8/5/2007	K Pipes-Neilsen	
New England:	1:02.86	N 1998	Jacki Hirsty	
Meet Record:	1:04.28	M 6/26/2010	Lynn Marshall	
Canadian:	1:01.39	C 6/30/2005	Sarah Macdonald	
1	Willeboordse, Fall	45	Asphalt Green-MR	1:01.60M
	28.94	1:01.60		
2	Pasterczyk, Christine	45	Cambridge-NE	1:20.25
	38.43	1:20.25		
3	Dixon, Alison	49	Pittsfield Y-NE	1:22.49
	37.71	1:22.49		

Women 45-49 200 LC Meter Freestyle

WORLD:	2:10.09	6/13/2009	K.Pipes-Neilsen	
US NATL:	2:10.09	U 6/13/2009	K Pipes-Neilsen	
New England:	2:20.74	N 1998	Jacki Hirsty	
Meet Record:	2:17.26	M 6/27/2009	Lynn Marshall	
Canadian:	2:15.88	C 6/28/2008	Lynn Marshall	
1	Pasterczyk, Christine	45	Cambridge-NE	2:54.65
	38.71	1:23.32	2:09.87	2:54.65

Women 45-49 400 LC Meter Freestyle

WORLD:	4:35.84	9/6/2008	K.Pipes-Neilsen	
US NATL:	4:35.84	U 9/6/2008	K Pipes-Neilsen	
New England:	4:59.29	N 1998	Jacki Hirsty	
Meet Record:	4:41.63	M 6/26/2010	Lynn Marshall	
Canadian:	4:41.63	C 6/25/2010	Lynn Marshall	
1	Pasterczyk, Christine	45	Cambridge-NE	6:15.19
	40.70	1:27.00	2:15.06	3:03.99
	3:52.80	4:42.10	5:30.75	6:15.19

Women 45-49 800 LC Meter Freestyle

WORLD:	9:24.11	8/5/2007	K.Pipes-Neilsen	
US NATL:	9:24.11	U 8/5/2007	K Pipes-Neilsen	
New England:	10:43.13	N 2004	Tracy Grilli	
Meet Record:	10:00.79	M 6/26/2009	Lynn Marshall	
Canadian:	9:40.27	C 2/24/2008	Lynn Marshall	
1	Brynn, Charlotte	45	Stowe-NE	10:38.26N
	35.57	1:14.84	1:55.04	2:35.59
	3:15.91	3:56.32	4:36.84	5:17.30
	5:57.68	6:38.25	7:18.51	7:59.27
	8:39.76	9:20.27	10:00.16	10:38.26
2	Kupan, Cheryl	47	Maine-NE	11:31.97
	39.67	1:22.81	2:05.66	2:49.84
	3:33.08	4:17.43	5:00.84	5:45.09
	6:28.47	7:13.08	7:55.99	8:39.96
	9:23.64	10:07.27	10:50.34	11:31.97

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Women 45-49 800 LC Meter Freestyle)

3	Scott, Sheryl	49	Granite State-NE	12:10.19
	39.41	1:24.68	2:09.58	2:56.13
	3:41.65	4:28.09	5:14.21	6:01.04
	6:46.66	7:33.20	8:20.15	9:06.47
	9:52.47	10:39.24	11:24.98	12:10.19
4	Pasterczyk, Christine	45	Cambridge-NE	13:02.92
	41.07	1:27.28	2:13.21	3:05.98
	3:48.07	4:46.27	5:32.22	6:26.39
	7:15.99	8:06.89	8:52.64	9:46.87
	10:33.18	11:26.81	12:11.08	13:02.92
5	Edgar, Kimberly	47	Middlebury-NE	14:04.17
	48.27	1:39.55	2:33.00	3:25.42
	4:18.40	5:12.33	6:05.26	6:59.34
	7:52.19	8:45.92	9:38.62	10:32.70
	11:25.22	12:19.08	13:11.44	14:04.17
6	Dixon, Alison	49	Pittsfield Y-NE	14:39.07
	49.73	1:43.15	2:38.58	3:34.95
	4:31.17	5:28.12	6:24.13	7:20.05
	8:15.90	9:12.23	10:08.03	11:03.73
	11:58.34	12:53.51	13:47.02	14:39.07

Women 45-49 1500 LC Meter Freestyle

WORLD: 17:55.83 8/17/2003 S.Heim-Bowen				
US NATL: 17:55.83 U 8/17/2003 S Heim-Bowen				
New England: 20:32.82 N 2005 Tracy Grilli				
Meet Record: 18:12.63 M 6/26/2009 Lynn Marshall				
Canadian: 18:14.76 C 6/20/2008 Lynn Marshall				
1	Brynn, Charlotte	45	Stowe-NE	20:26.79N
	36.20	1:16.27	1:56.28	2:37.66
	3:18.30	3:59.68	4:40.43	5:22.16
	6:03.15	6:44.44	7:25.20	8:06.48
	8:47.22	9:28.72	10:09.45	10:50.56
	11:31.39	12:13.22	12:54.14	13:35.75
	14:16.33	14:58.07	15:38.68	16:20.41
	17:01.52	17:43.40	18:24.56	19:06.66
	19:47.46	20:26.79		
2	Kupan, Cheryl	47	Maine-NE	21:50.24
	41.52	1:25.73	2:09.86	2:53.27
	3:36.90	4:21.12	5:04.75	5:48.46
	6:31.26	7:15.12	7:58.15	8:41.33
	9:53.21	10:08.30	10:51.36	11:34.63
	12:18.77	13:02.96	13:46.13	14:30.31
	15:14.79	15:58.44	16:42.91	17:27.08
	18:11.80	18:55.72	19:40.29	20:24.11
	21:07.99	21:50.24		
3	Edgar, Kimberly	47	Middlebury-NE	26:27.73
	46.62	1:39.78	2:31.78	3:25.35
	4:17.83	5:09.55	6:02.92	6:56.33
	7:49.92	8:43.90	9:35.45	10:30.45
	11:22.63	12:17.03	13:10.90	14:04.99
	14:57.34	15:52.28	16:44.18	17:38.29
	18:30.95	19:24.69	20:17.70	21:11.52
	22:04.14	22:57.90	23:50.38	24:44.23
	25:36.04	26:27.73		

Women 45-49 50 LC Meter Backstroke

WORLD: 31.71 8/17/2008 Valerie Jenkins				
US NATL: 31.71 U 8/17/2008 Valerie Jenkins				
New England: 35.42 N 2000 Joel Feldman				
Meet Record: 35.93 M 6/28/2009 Lynn Marshall				
Canadian: 33.40 C 6/30/2005 Cathy Sheehan				
1	Willeboordse, Fall	45	Asphalt Green-MR	32.56C
2	Pasterczyk, Christine	45	Cambridge-NE	42.54
3	Dixon, Alison	49	Pittsfield Y-NE	49.27

Women 45-49 100 LC Meter Backstroke

WORLD: 1:08.11 5/24/2009 K.Pipes-Neilsen				
US NATL: 1:08.11 U 5/24/2009 K Pipes-Neilsen				
New England: 1:18.43 N 2009 Patricia Sullivan				
Meet Record: 1:16.59 M 6/27/2009 Lynn Marshall				
Canadian: 1:13.25 C 6/30/2005 Cathy Sheehan				
1	Willeboordse, Fall	45	Asphalt Green-MR	1:12.32C
	34.40	1:12.32		
2	Pasterczyk, Christine	45	Cambridge-NE	1:34.98
	46.05	1:34.98		
3	Dixon, Alison	49	Pittsfield Y-NE	1:52.86
	54.68	1:52.86		

Women 45-49 200 LC Meter Backstroke

WORLD: 2:26.06 5/22/2009 K.Pipes-Neilsen				
US NATL: 2:26.06 U 5/22/2009 K Pipes-Neilsen				
New England: 2:58.10 N 6/24/2007 Mary Gentry				
Meet Record: 2:36.79 M 6/27/2010 Lynn Marshall				
Canadian: 2:38.38 C 2/24/2008 Lynn Marhsall				
1	Pasterczyk, Christine	45	Cambridge-NE	3:20.66
	45.73	1:36.62	2:28.94	3:20.66

Women 45-49 50 LC Meter Breaststroke

WORLD: 33.98 8/5/2007 Caroline Krattli				
US NATL: 33.66 U 7/17/2010 S Von Der Lippe				
New England: 40.39 N 6/27/2009 Cheryl Kupan				
Meet Record: 40.39 M 6/27/2009 Cheryl Kupan				
Canadian: 36.67 C 2/28/2003 Judy Woodward				
1	Willeboordse, Fall	45	Asphalt Green-MR	35.69C
2	Scott, Sheryl	49	Granite State-NE	43.07
3	Kupan, Cheryl	47	Maine-NE	43.57
4	Dixon, Alison	49	Pittsfield Y-NE	48.16
5	Pasterczyk, Christine	45	Cambridge-NE	49.61

Women 45-49 100 LC Meter Breaststroke

WORLD: 1:13.49 9/17/2009 Marzena Kulis				
US NATL: 1:14.41 U 7/17/2010 S Von Der Lippe				
New England: 1:26.77 N 2005 Karen Mareb				
Meet Record: 1:31.62 M 6/27/2010 Lynn Marshall				
Canadian: 1:22.46 C 8/5/2006 Sarah Macdonald				
1	Kupan, Cheryl	47	Maine-NE	1:36.71
	45.46	1:36.71		
2	Scott, Sheryl	49	Granite State-NE	1:37.51
	46.26	1:37.51		
3	Dixon, Alison	49	Pittsfield Y-NE	1:45.96
	51.22	1:45.96		
4	Pasterczyk, Christine	45	Cambridge-NE	1:51.47
	53.34	1:51.47		

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 45-49 200 LC Meter Breaststroke

WORLD:	2:45.20	8/5/2007	Caroline Krattli	
US NATL:	2:45.20 U	8/5/2007	Caroline Krattli	
New England:	3:15.59 N	2009	Sheryl Scott	
Meet Record:	3:16.72 M	6/26/2010	Lynn Marshall	
Canadian:	3:06.28 C	4/30/2004	Avila Rhodes	
1	Scott, Sheryl	49	Granite State-NE	3:32.18
	47.32	1:41.02	2:35.67	3:32.18
2	Dixon, Alison	49	Pittsfield Y-NE	3:53.53
	56.28	1:56.80	2:54.50	3:53.53

Women 45-49 50 LC Meter Butterfly

WORLD:	29.37	8/6/2009	Laurie Ditommaso	
US NATL:	29.12 U	7/17/2010	S Von Der Lippe	
New England:	31.25 N	6/27/2009	Mary Estabrook	
Meet Record:	31.25 M	6/27/2009	Mary Estabrook	
Canadian:	1:11.27 C	2/24/2008	Lynn Marhsall	
1	Willeboordse, Fall	45	Asphalt Green-MR	31.69C
2	Kupan, Cheryl	47	Maine-NE	36.07C
3	Scott, Sheryl	49	Granite State-NE	37.12C
4	Dixon, Alison	49	Pittsfield Y-NE	43.65C

Women 45-49 100 LC Meter Butterfly

WORLD:	1:05.69	9/6/2008	K.Pipes-Neilsen	
US NATL:	1:05.69 U	9/6/2008	K Pipes-Neilsen	
New England:	1:16.96 N	2006	Pamela Torrey	
Meet Record:	1:11.85 M	6/28/2009	Lynn Marshall	
Canadian:	1:11.27 C	2/24/2008	Lynn Marshall	
Meet Record:	1:11.85 M	6/27/2010	Lynn Marshall	
1	Willeboordse, Fall	45	Asphalt Green-MR	1:08.74C
	31.53	1:08.74		
2	Kupan, Cheryl	47	Maine-NE	1:25.62
	38.88	1:25.62		
3	Pasterczyk, Christine	45	Cambridge-NE	1:50.97
	50.12	1:50.97		

Women 45-49 200 LC Meter Butterfly

WORLD:	2:24.34	6/20/2009	K.Pipes-Neilsen	
US NATL:	2:24.34 U	6/20/2009	K Pipes-Neilsen	
New England:	2:59.17 N	6/28/2009	Cheryl Kupan	
Meet Record:	2:36.24 M	6/26/2010	Lynn Marshall	
Canadian:	2:33.37 C	7/1/2006	Lynn Marshall	
1	Kupan, Cheryl	47	Maine-NE	3:15.88
	43.96	1:32.65	2:23.81	3:15.88

Women 45-49 200 LC Meter IM

WORLD:	2:27.57	8/16/2008	K.Pipes-Neilsen	
US NATL:	2:27.57 U	8/16/2008	K Pipes-Neilsen	
New England:	2:48.15 N	1998	Jacki Hirsty	
Meet Record:	2:40.38 M	6/27/2009	Lynn Marshall	
Canadian:	2:40.54 C	5/13/2006	Lynn Marshall	
1	Kupan, Cheryl	47	Maine-NE	3:02.69
	37.99	1:25.91	2:21.14	3:02.69
2	Scott, Sheryl	49	Granite State-NE	3:11.84
	39.85	1:32.72	2:26.01	3:11.84
3	Pasterczyk, Christine	45	Cambridge-NE	3:30.81
	48.72	1:43.22	2:43.57	3:30.81

Women 45-49 400 LC Meter IM

WORLD:	5:13.85	9/5/2008	K.Pipes-Neilsen	
US NATL:	5:13.85 U	9/6/2008	K Pipes-Neilsen	
New England:	6:28.01 N	2000	Karen Bierwert	
Meet Record:	5:33.11 M	6/28/2009	Lynn Marshall	
Canadian:	5:36.38 C	6/3/2006	Lynn Marshall	
1	Kupan, Cheryl	47	Maine-NE	6:29.85
	43.47	1:32.48	2:20.45	3:10.42
	4:06.23	5:05.29	5:48.12	6:29.85
2	Scott, Sheryl	49	Granite State-NE	6:51.24
	41.87	1:31.78	2:28.53	3:27.29
	4:21.43	5:18.26	6:04.57	6:51.24

Women 50-54 50 LC Meter Freestyle

WORLD:	28.22	8/18/2001	Laura Val	
US NATL:	28.22 U	8/18/2001	Laura Val	
New England:	28.46 N	2003	Jacki Hirsty	
Meet Record:	32.03 M	6/21/2008	Beth Estel	
Canadian:	28.41 C	2010	Sarah Macdonald	
1	Estabrook, Mary	50	Maine-NE	30.37M
2	Stokes, Karin	50	Granite State-NE	31.65M
3	Grilli, Tracy	54	Granite State-NE	33.32
4	Fries, Beth	53	Maine-NE	33.63
5	Spence, Denise	52	U Mass-NE	33.69
6	Ehlers, Shawn	54	Asphalt Green-MR	35.23
7	Swift, Ann	52	Burlington Y-NE	37.60
8	Haskins, Margaret	53	Stowe-NE	40.29
9	Florio-Jeffreys, Joanna	53	Pittsfield Y-NE	41.68

Women 50-54 100 LC Meter Freestyle

WORLD:	1:01.13	8/19/2001	Laura Val	
US NATL:	1:01.13 U	8/19/2001	Laura Val	
New England:	1:03.58 N	2003	Jacki Hirsty	
Meet Record:	1:10.21 M	6/22/2008	Tracy Grilli	
Canadian:	1:02.95 C	2010	Sarah Macdonald	
1	Marshall, Lynn	50	Carleton U-ONT	1:05.41M
	32.42	1:05.41		
2	Estabrook, Mary	50	Maine-NE	1:09.01M
	33.16	1:09.01		
3	Stokes, Karin	50	Granite State-NE	1:11.34
	33.57	1:11.34		
4	Fries, Beth	53	Maine-NE	1:15.18
	35.28	1:15.18		
5	Grilli, Tracy	54	Granite State-NE	1:16.20
	36.40	1:16.20		
6	Holland-Dufault, Gail	53	Worcester-NE	1:17.08
	36.91	1:17.08		
7	Spence, Denise	52	U Mass-NE	1:18.30
	35.76	1:18.30		
8	Uecker, Anne	51	Maine-NE	1:18.56
	36.62	1:18.56		
9	Ehlers, Shawn	54	Asphalt Green-MR	1:19.33
	37.29	1:19.33		
10	Swift, Ann	52	Burlington Y-NE	1:23.03
	40.48	1:23.03		
11	Debrusk, Mary Jo	50	Concord-NE	1:23.51
	39.77	1:23.51		

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Women 50-54 100 LC Meter Freestyle)

12 Florio-Jeffreys, Joanna	53 Pittsfield Y-NE	1:36.20
45.98	1:36.20	
13 Pinzon, Beverly	51 Asphalt Green-MR	2:07.83
1:01.51	2:07.83	

Women 50-54 200 LC Meter Freestyle

WORLD: 2:15.00	4/20/2008	S.Heim-Bowen
US NATL: 2:15.00	U 4/20/2008	S Heim-Bowen
New England: 2:22.18	N 2003	Jacki Hirsty
Meet Record: 2:31.97	M 6/27/2009	Tracy Grilli
Canadian: 2:20.59	C 2011	Lynn Marshall
1 Marshall, Lynn	50 Carleton U-ONT	2:17.65C

Women 50-54 200 LC Meter Freestyle

WORLD: 2:15.00	4/20/2008	S.Heim-Bowen
US NATL: 2:15.00	U 4/20/2008	S Heim-Bowen
New England: 2:22.18	N 2003	Jacki Hirsty
Meet Record: 2:31.97	M 6/27/2009	Tracy Grilli
Canadian: 2:20.59	C 2/19/2011	Lynn Marshall
1 Marshall, Lynn	50 Carleton U-ONT	2:25.43M
30.08	1:09.63	1:47.27 2:25.43
2 Stokes, Karin	50 Granite State-NE	2:40.49
36.53	1:17.13	1:59.41 2:40.49
3 Estabrook, Mary	50 Maine-NE	2:42.31
37.27	1:18.74	2:01.11 2:42.31
4 Grilli, Tracy	54 Granite State-NE	2:43.10
37.53	1:18.94	2:01.23 2:43.10
5 Fries, Beth	53 Maine-NE	2:51.06
38.61	1:22.22	2:06.71 2:51.06
6 Swift, Ann	52 Burlington Y-NE	2:55.08
41.16	1:25.64	2:11.04 2:55.08
7 Ehlers, Shawn	54 Asphalt Green-MR	2:55.17
40.83	1:25.43	2:10.71 2:55.17
8 Haskins, Margaret	53 Stowe-NE	3:08.14
44.00	1:32.55	2:21.08 3:08.14

Women 50-54 400 LC Meter Freestyle

WORLD: 4:42.37	4/24/2008	S.Heim-Bowen
US NATL: 4:42.37	U 4/24/2008	S Heim-Bowen
New England: 4:59.43	N 2003	Jacki Hirsty
Meet Record: 5:17.26	M 6/26/2010	Katherine Branch
Canadian: 4:41.19	C 2/19/2011	Lynn Marshall
1 Grilli, Tracy	54 Granite State-NE	5:42.87
39.73	1:23.29	2:07.20 2:51.00
3:34.65	4:18.51	5:01.81 5:42.87
2 Stokes, Karin	50 Granite State-NE	5:44.61
39.95	1:24.42	2:09.15 2:54.19
3:37.92	4:21.88	5:03.66 5:44.61
3 Fries, Beth	53 Maine-NE	5:55.99
39.25	1:24.35	2:10.10 2:56.30
3:41.76	4:27.31	5:11.76 5:55.99
4 Gentry, Mary	50 UV Rays-NE	6:16.12
41.32	1:28.46	2:15.70 3:04.27
3:52.62	4:41.00	5:29.72 6:16.12

5 Debrusk, Mary Jo	50 Concord-NE	6:19.80
43.40	1:30.71	2:18.52 3:08.40
3:56.57	4:45.85	5:33.97 6:19.80
6 Haskins, Margaret	53 Stowe-NE	6:25.61
43.48	1:31.89	2:20.79 3:10.96
4:00.86	4:50.83	5:39.74 6:25.61
7 Bledsoe, Joyce	52 Concord-NE	7:08.44
46.75	1:40.68	2:35.64 3:31.70
4:27.28	5:21.85	6:16.42 7:08.44
8 Pinzon, Beverly	51 Asphalt Green-MR	9:17.69
1:02.37	2:18.13	3:27.53 4:40.88
5:48.90	7:01.85	8:10.38 9:17.69

Women 50-54 800 LC Meter Freestyle

WORLD: 9:48.81	4/18/2008	S.Heim-Bowen
US NATL: 9:48.81	U 4/18/2008	S Heim-Bowen
New England: 10:21.18	N 2003	Jacki Hirsty
Meet Record: 10:58.79	M 6/20/2008	Tracy Grilli
Canadian: 9:48.28	C 2011	Lynn Marshall
1 Marshall, Lynn	50 Carleton U-ONT	9:38.04C

Women 50-54 800 LC Meter Freestyle

WORLD: 9:48.81	4/18/2008	S.Heim-Bowen
US NATL: 9:48.81	U 4/18/2008	S Heim-Bowen
New England: 10:21.18	N 2003	Jacki Hirsty
Meet Record: 10:58.79	M 6/20/2008	Tracy Grilli
Canadian: 9:48.28	C 3/13/2011	Lynn Marshall
1 Marshall, Lynn	50 Carleton U-ONT	10:36.06M
32.66	1:07.62	1:42.87 2:17.65
3:16.65	3:57.22	4:37.64 5:18.08
5:58.23	6:38.55	7:18.56 7:58.08
8:37.89	9:17.48	9:57.04 10:36.06
2 Stokes, Karin	50 Granite State-NE	11:34.74
38.69	1:23.14	2:08.07 2:52.88
3:37.82	4:22.57	5:06.70 5:50.94
6:34.44	7:17.76	8:00.87 8:44.59
9:27.64	10:10.47	10:52.94 11:34.74
3 Grilli, Tracy	54 Granite State-NE	12:01.19
39.93	1:23.82	2:08.97 2:53.87
3:38.92	4:24.06	5:09.71 5:55.24
6:40.96	7:27.16	8:12.87 8:59.20
9:45.53	10:31.50	11:17.49 12:01.19
4 Fries, Beth	53 Maine-NE	12:06.66
38.56	1:23.71	2:09.03 2:55.26
3:42.25	4:28.54	5:14.65 6:01.72
6:47.85	7:34.80	8:20.73 9:07.18
9:52.42	10:37.67	11:22.39 12:06.66
5 Uecker, Anne	51 Maine-NE	12:12.97
40.82	1:26.13	2:12.93 2:59.74
3:46.53	4:33.03	5:19.22 6:06.79
6:52.74	7:39.09	8:24.74 9:11.26
9:58.28	10:44.22	11:28.96 12:12.97
6 Gentry, Mary	50 UV Rays-NE	12:36.80
40.77	1:26.81	2:14.39 3:02.28
3:50.31	4:38.75	5:26.74 6:14.56
7:02.96	7:51.02	8:38.79 9:27.20
10:15.17	11:03.64	11:51.14 12:36.80

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Women 50-54 800 LC Meter Freestyle)

7 Ehlers, Shawn	54 Asphalt Green-MR	13:25.37
46.57	1:36.26	2:27.26 3:18.52
5:52.63	6:44.75	7:21.78 8:27.32
9:01.37	10:09.47	10:46.32 11:49.52
12:25.18	13:25.37	

--- Haskins, Margaret 53 Stowe-NE X13:13.01

Women 50-54 1500 LC Meter Freestyle**WORLD: 18:32.76 8/14/2008 S.Heim-Bowen****US NATL: 18:32.76 U 8/14/2008 S Heim-Bowen****New England: 20:37.40 N 6/20/2008 Katherine Branch****Meet Record: 20:37.40 M 6/20/2008 Katherine Branch****Canadian: 18:29.28 C 3/13/2011 Lynn Marshall**

1 Marshall, Lynn	50 Carleton U-ONT	19:09.50M
33.83	1:10.08	1:46.40 2:23.06
2:59.48	3:36.02	4:12.23 4:48.46
5:24.53	6:00.83	6:36.93 7:13.67
7:49.66	8:26.45	9:02.39 9:38.04
10:34.11	11:22.55	12:01.28 12:40.89
13:19.99	13:59.55	14:38.83 15:18.37
15:57.64	16:36.90	17:15.14 17:54.04
18:32.51	19:09.50	

2 Branch, Katherine 54 Middlebury-NE 20:56.37

38.18	1:20.19	2:02.27 2:44.22
3:26.53	4:08.55	4:50.19 5:32.13
6:14.04	6:56.09	7:38.07 8:20.22
9:02.52	9:44.08	10:26.20 11:08.31
11:50.75	12:32.58	13:14.34 13:56.58
14:32.44	15:20.38	16:01.74 16:44.37
17:25.92	18:08.34	18:45.13 19:33.12
20:14.79	20:56.37	

3 Grilli, Tracy 54 Granite State-NE 23:10.04

41.05	1:26.67	2:12.36 2:58.66
3:43.92	4:30.69	5:16.21 6:02.73
6:49.03	7:35.52	8:21.67 9:08.24
9:54.88	10:41.37	11:27.63 12:14.47
13:00.70	13:48.19	14:34.60 15:21.37
16:08.39	16:55.57	17:42.88 18:30.05
19:17.23	20:04.95	20:51.41 21:38.96
22:25.60	23:10.04	

4 Haskins, Margaret 53 Stowe-NE 24:55.22

43.54	1:32.20	2:21.74 3:11.94
4:02.13	4:52.73	5:42.85 6:33.62
7:23.65	8:13.59	9:03.29 9:53.50
10:43.34	11:33.34	12:23.21 13:13.01
14:02.79	14:53.28	15:37.95 16:34.00
17:23.95	18:14.60	19:05.43 19:56.77
20:46.87	21:37.83	22:28.04 23:18.48
24:01.55	24:55.22	

Women 50-54 50 LC Meter Backstroke**WORLD: 32.87 8/18/2002 J.Swagerty-Hill****US NATL: 32.87 U 8/18/2002 J Swagerty-Hill****New England: 35.07 N 2002 Joel Feldman****Meet Record: 37.59 M 6/27/2010 Patty Gaynor****Canadian: 33.62 C 2010 Cathy Sheehan**

1 Marshall, Lynn	50 Carleton U-ONT	35.64M
2 Gentry, Mary	50 UV Rays-NE	38.51
3 Stokes, Karin	50 Granite State-NE	39.01
4 Estabrook, Mary	50 Maine-NE	39.02
5 Uecker, Anne	51 Maine-NE	40.46
6 Holland-Dufault, Gail	53 Worcester-NE	41.17
7 Fries, Beth	53 Maine-NE	43.17

Women 50-54 100 LC Meter Backstroke**WORLD: 1:13.55 8/17/2008 K.Andrus-Hughes****US NATL: 1:13.55 U 8/17/2008 K Andrus-Hughes****New England: 1:20.75 N 2002 Joel Feldman****Meet Record: 1:26.57 M 6/22/2008 Tracy Grilli**

1 Marshall, Lynn 50 Carleton U-ONT 1:14.88M

Women 50-54 100 LC Meter Backstroke**WORLD: 1:13.55 8/17/2008 K.Andrus-Hughes****US NATL: 1:13.55 U 8/17/2008 K Andrus-Hughes****New England: 1:20.75 N 2002 Joel Feldman****Meet Record: 1:24.79 M 6/26/2010 Katherine Branch****Canadian: 1:13.89 C 2010 Cathy Sheehan**

1 Marshall, Lynn	50 Carleton U-ONT	1:15.23M
37.26	1:15.23	
2 Gentry, Mary	50 UV Rays-NE	1:24.43M
40.04	1:24.43	
3 Branch, Katherine	54 Middlebury-NE	1:25.11
40.53	1:25.11	
4 Holland-Dufault, Gail	53 Worcester-NE	1:30.18
44.39	1:30.18	
5 Fries, Beth	53 Maine-NE	1:40.64
46.50	1:40.64	
6 Debrusk, Mary Jo	50 Concord-NE	1:44.51
51.17	1:44.51	
7 Bledsoe, Joyce	52 Concord-NE	1:57.28
54.54	1:57.28	

Women 50-54 200 LC Meter Backstroke**WORLD: 2:37.11 3/6/2010 Naoko Shide****US NATL: 2:39.40 U 7/11/2009 Bonnie Bilich****New England: 2:51.44 N 2007 Katherine Branch****Meet Record: 2:56.10 M 6/21/2008 Katherine Branch****Canadian: 2:33.05 C 2/19/2011 Lynn Marshall**

1 Marshall, Lynn	50 Carleton U-ONT	2:55.56M
36.79	1:14.88	2:09.68 2:55.56
2 Gentry, Mary	50 UV Rays-NE	3:03.02
41.70	1:28.18	2:15.99 3:03.02
3 Uecker, Anne	51 Maine-NE	3:07.23
44.35	1:32.71	2:20.87 3:07.23
4 Fries, Beth	53 Maine-NE	3:30.99
47.98	1:42.97	2:37.72 3:30.99
5 Pinzon, Beverly	51 Asphalt Green-MR	4:46.39
3:34.94	4:46.39	

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 50-54 50 LC Meter Breaststroke

WORLD:	35.61	12/5/2009	Jenny Whiteley	
US NATL:	37.51	U 8/7/2006	Melinda Mann	
New England:	39.37	N 2008	Beth Estel	
Meet Record:	39.53	M 6/22/2008	Beth Estel	
Canadian:	38.70	C 2006	Avila Rhodes	
1	Spence, Denise	52	U Mass-NE	40.98
2	Estabrook, Mary	50	Maine-NE	43.75
3	Stokes, Karin	50	Granite State-NE	45.15
4	Debrusk, Mary Jo	50	Concord-NE	45.90
5	Holland-Dufault, Gail	53	Worcester-NE	47.90
6	Ehlers, Shawn	54	Asphalt Green-MR	54.59
7	Pinzon, Beverly	51	Asphalt Green-MR	1:18.49

Women 50-54 100 LC Meter Breaststroke

WORLD:	1:19.91	4/19/2008	Jenny Whiteley	
US NATL:	1:23.21	U 8/6/2009	Melinda Mann	
New England:	1:26.35	N 2008	Beth Estel	
Meet Record:	1:27.65	M 6/21/2008	Beth Estel	
Canadian:	1:23.67	C 2006	Avila Rhodes	
1	Spence, Denise	52	U Mass-NE	1:31.67
	42.96	1:31.67		
2	Marshall, Lynn	50	Carleton U-ONT	1:33.23
	44.16	1:33.23		
3	Debrusk, Mary Jo	50	Concord-NE	1:39.43
	48.34	1:39.43		
4	Holland-Dufault, Gail	53	Worcester-NE	1:44.09
	49.52	1:44.09		
5	Ehlers, Shawn	54	Asphalt Green-MR	1:56.40
	57.11	1:56.40		

Women 50-54 200 LC Meter Breaststroke

WORLD:	2:55.15	4/23/2008	Jenny Whiteley	
US NATL:	3:05.84	U 4/23/2008	Jenny Cook	
New England:	3:11.35	N 2008	Beth Estel	
Meet Record:	3:20.41	M 6/22/2008	Beth Estel	
Canadian:	3:04.47	C 2006	Avila Rhodes	
1	Spence, Denise	52	U Mass-NE	3:29.85
	49.45	1:42.17	2:36.87	3:29.85
2	Debrusk, Mary Jo	50	Concord-NE	3:31.56
	50.24	1:43.89	2:37.76	3:31.56

Women 50-54 50 LC Meter Butterfly

WORLD:	30.24	6/4/2004	Angela Zingler	
US NATL:	30.72	U 8/19/2001	Laura Val	
New England:	31.59	N 2002	Joel Feldman	
Meet Record:	34.78	M 6/22/2008	Tracy Grilli	
Canadian:	31.80	C 2010	Sarah Macdonald	
1	Estabrook, Mary	50	Maine-NE	31.74C
2	Marshall, Lynn	50	Carleton U-ONT	32.33M
3	Stokes, Karin	50	Granite State-NE	34.43M
4	Swift, Ann	52	Burlington Y-NE	38.93
5	Holland-Dufault, Gail	53	Worcester-NE	39.82
6	Florio-Jeffreys, Joanna	53	Pittsfield Y-NE	48.80
7	Bledsoe, Joyce	52	Concord-NE	52.58

Women 50-54 100 LC Meter Butterfly

WORLD:	1:07.81	8/17/2001	Laura Val	
US NATL:	1:07.81	U 8/17/2001	Laura Val	
New England:	1:21.45	N 6/27/2010	Katherine Branch	
Meet Record:	1:21.45	M 6/27/2010	Katherine Branch	
Canadian:	1:12.36	C 2/19/2011	Lynn Marshall	
1	Branch, Katherine	54	Middlebury-NE	1:24.28
	39.94	1:24.28		
2	Uecker, Anne	51	Maine-NE	1:26.43
	40.17	1:26.43		
3	Estabrook, Mary	50	Maine-NE	1:28.69
	40.15	1:28.69		
4	Holland-Dufault, Gail	53	Worcester-NE	1:30.50
	41.07	1:30.50		
5	Swift, Ann	52	Burlington Y-NE	1:33.76
	40.95	1:33.76		
6	Florio-Jeffreys, Joanna	53	Pittsfield Y-NE	1:51.25
	52.37	1:51.25		

Women 50-54 200 LC Meter Butterfly

WORLD:	2:31.55	8/18/2001	Laura Val	
US NATL:	2:31.55	U 8/18/2001	Laura Val	
New England:	2:56.56	N 2007	Katherine Branch	
Meet Record:	3:01.13	M 6/22/2008	Katherine Branch	
Canadian:	2:48.72	C 2008	Jeanne Carlsen	
1	Marshall, Lynn	50	Carleton U-ONT	2:34.93C
	34.71	1:13.94	1:53.47	2:34.93
2	Holland-Dufault, Gail	53	Worcester-NE	3:27.70
	45.20	1:39.59	2:32.23	3:27.70
3	Bledsoe, Joyce	52	Concord-NE	4:20.08
	56.90	2:05.78	3:13.91	4:20.08

Women 50-54 200 LC Meter IM

WORLD:	2:38.80	12/13/2008	Jenny Whiteley	
US NATL:	2:39.49	U 8/16/2008	Jenny Cook	
New England:	3:02.48	N 6/21/2008	Katherine Branch	
Meet Record:	3:02.48	M 6/21/2008	Katherine Branch	
Canadian:	2:46.37	C 2008	Jeanne Carlsen	
1	Holland-Dufault, Gail	53	Worcester-NE	3:12.16
	42.81	1:32.41	2:29.69	3:12.16
2	Debrusk, Mary Jo	50	Concord-NE	3:27.15
	45.69	1:43.00	2:39.51	3:27.15
3	Haskins, Margaret	53	Stowe-NE	3:44.67
	55.16	1:56.44	2:58.07	3:44.67
4	Bledsoe, Joyce	52	Concord-NE	4:02.30
	56.02	2:04.55	3:10.78	4:02.30

Women 50-54 400 LC Meter IM

WORLD:	5:41.83	1/16/2010	Naoko Shide	
US NATL:	5:42.80	U 7/14/2002	Laura Val	
New England:	6:10.89	N 2007	Katherine Branch	
Meet Record:	6:43.87	M 6/26/2010	Gail Holland-Dufault	
Canadian:	5:32.26	C 2/19/2011	Lynn Marshall	
1	Holland-Dufault, Gail	53	Worcester-NE	6:45.67
	44.55	1:37.33	2:26.26	3:17.32
	4:15.08	5:15.89	6:00.59	6:45.67

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 55-59 50 LC Meter Freestyle

WORLD:	28.69	8/17/2008	Laura Val	
US NATL:	28.69	U 8/17/2008	Laura Val	
New England:	29.94	N 2010	Jacki Hirsty	
Meet Record:	30.48	M 6/26/2010	Jacki Hirsty	
1	Craffey, Joan	58	Asphalt Green-MR	35.11
2	Booher, Sue-Ellen	58	Stowe-NE	36.02
3	Noyes, Tish	59	Maine-NE	41.55
4	Twomey, Maura	55	Cambridge-NE	41.59
5	Palumbo, Mary Val	57	Stowe-NE	41.85
6	Ehrlich, Shoshanna	55	Liquid Assets-NE	46.35

Women 55-59 100 LC Meter Freestyle

WORLD:	1:02.02	8/16/2008	Laura Val	
US NATL:	1:02.02	U 8/16/2008	Laura Val	
New England:	1:06.97	N 6/26/2010	Jacki Hirsty	
Meet Record:	1:06.97	M 6/26/2010	Jacki Hirsty	
1	Craffey, Joan	58	Asphalt Green-MR	1:18.58
	37.79			1:18.58
2	Booher, Sue-Ellen	58	Stowe-NE	1:19.42
	38.26			1:19.42
3	Nisley-Black, Karla	56	Granite State-NE	1:20.76
	38.53			1:20.76
4	Johnston, Nancy	56	Middlebury-NE	1:21.61
	38.22			1:21.61
5	Noyes, Tish	59	Maine-NE	1:34.65
	45.57			1:34.65
6	Palumbo, Mary Val	57	Stowe-NE	1:35.32
	44.52			1:35.32
7	Twomey, Maura	55	Cambridge-NE	1:35.42
	45.10			1:35.42
8	Ehrlich, Shoshanna	55	Liquid Assets-NE	1:45.64
	49.11			1:45.64

Women 55-59 100 LC Meter Freestyle

WORLD:	1:02.02	8/16/2008	Laura Val	
US NATL:	1:02.02	U 8/16/2008	Laura Val	
New England:	1:11.37	N 2006	Joel Feldman	
Meet Record:	1:13.81	M 6/23/2007	Joel Feldmann	
5	Nisley-Black, Karla	56	Granite State-NE	1:18.97

Women 55-59 200 LC Meter Freestyle

WORLD:	2:16.28	8/6/2009	Laura Val	
US NATL:	2:16.28	U 8/6/2009	Laura Val	
New England:	2:26.64	N 2010	Jacki Hirsty	
Meet Record:	2:30.40	M 6/27/2010	Jacki Hirsty	
1	Craffey, Joan	58	Asphalt Green-MR	2:51.47
	41.23			1:25.07
				2:09.04
				2:51.47
2	Booher, Sue-Ellen	58	Stowe-NE	2:55.67
	39.97			1:23.85
				2:10.75
				2:55.67
3	Bierwert, Karen	59	Smith College-NE	2:57.30
	41.25			1:26.75
				2:13.90
				2:57.30
4	Johnston, Nancy	56	Middlebury-NE	2:58.31
	39.70			1:25.54
				2:11.59
				2:58.31
5	Hummel, Barbara	59	UV Rays-NE	3:23.33
	45.92			1:38.97
				2:32.62
				3:23.33
6	Twomey, Maura	55	Cambridge-NE	3:26.56
	49.19			1:43.22
				2:36.55
				3:26.56

7	Yankauskas, Paula	57	Stowe-NE	3:27.24
	49.28			1:42.93
				2:36.56
				3:27.24
8	Noyes, Tish	59	Maine-NE	3:29.24
	47.47			1:41.87
				2:37.30
				3:29.24

Women 55-59 200 LC Meter Freestyle

WORLD:	2:16.28	8/6/2009	Laura Val	
US NATL:	2:16.28	U 8/6/2009	Laura Val	
New England:	2:48.15	N 6/21/2008	Karen Bierwert	
Meet Record:	2:48.15	M 6/21/2008	Karen Bierwert	
2	Craffey, Joan	58	Asphalt Green-MR	2:56.63

Women 55-59 400 LC Meter Freestyle

WORLD:	4:50.13	7/12/2009	Laura Val	
US NATL:	4:50.13	U 7/12/2009	Laura Val	
New England:	5:49.23	N 6/21/2008	Karen Bierwert	
Meet Record:	5:49.23	M 6/21/2008	Karen Bierwert	
1	Craffey, Joan	58	Asphalt Green-MR	6:05.69

Women 55-59 400 LC Meter Freestyle

WORLD:	4:50.13	7/12/2009	Laura Val	
US NATL:	4:50.13	U 7/12/2009	Laura Val	
New England:	5:14.52	N 2010	Jacki Hirsty	
Meet Record:	5:20.52	M 6/26/2010	Jacki Hirsty	
1	Craffey, Joan	58	Asphalt Green-MR	5:56.92
	38.80			1:23.45
				2:09.62
				2:56.63
	3:41.92			4:28.61
				5:12.99
				5:56.92
2	Booher, Sue-Ellen	58	Stowe-NE	6:07.68
	39.67			1:24.17
				2:10.63
				2:58.79
	3:46.20			4:34.97
				5:22.40
				6:07.68
3	Twomey, Maura	55	Cambridge-NE	7:08.98
	49.89			1:44.95
				2:38.99
				3:34.97
	4:29.18			5:25.28
				6:18.27
				7:08.98
4	Yankauskas, Paula	57	Stowe-NE	7:19.87
	49.24			1:43.86
				2:39.59
				3:35.44
	4:32.31			5:28.94
				6:27.21
				7:19.87

Women 55-59 800 LC Meter Freestyle

WORLD:	10:05.28	7/12/2008	Laura Val	
US NATL:	10:05.28	U 7/12/2008	Laura Val	
New England:	11:37.95	N 2007	Karen Bierwert	
Meet Record:	11:54.26	M 6/24/2007	Karen Bierwert	
1	Craffey, Joan	58	Asphalt Green-MR	12:10.91
	40.73			1:27.06
				2:09.25
				3:01.17
	3:46.62			4:33.50
				5:19.40
				6:05.69
	6:51.26			7:38.19
				8:23.43
				9:10.47
	9:54.87			10:39.98
				11:20.62
				12:10.91
2	Wasson, Page	58	West Side-NE	13:21.11
	45.20			1:34.91
				2:25.55
				3:17.04
	4:07.62			4:58.84
				5:50.26
				6:40.47
	7:31.72			8:22.19
				9:12.46
				10:03.32
	10:53.41			11:43.30
				12:33.73
				13:21.11
3	Twomey, Maura	55	Cambridge-NE	14:59.27
	47.87			1:41.66
				2:32.30
				3:32.47
	4:24.00			5:23.92
				6:15.23
				7:14.87
	8:03.65			9:07.47
				10:03.20
				10:59.44
	11:55.95			12:51.82
				13:40.97
				14:59.27

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Women 55-59 800 LC Meter Freestyle)

4	Yankauskas, Paula	57	Stowe-NE	15:01.41
	48.92	1:43.55	2:38.50	3:36.35
	4:32.45	5:31.48	6:28.19	7:26.88
	8:22.51	9:20.95	10:16.40	11:15.06
	12:12.74	13:09.97	14:07.31	15:01.41
5	Noyes, Tish	59	Maine-NE	15:30.87
	48.80	1:43.14	2:39.62	3:38.85
	4:37.68	5:37.52	6:36.54	7:36.79
	8:36.31	9:35.37	10:34.72	11:34.64
	12:33.86	13:34.13	14:33.26	15:30.87
---	Bierwert, Karen	59	Smith College-NE	X12:21.46

Women 55-59 800 LC Meter Freestyle**WORLD: 10:05.28 7/12/2008 Laura Val****US NATL: 10:05.28 U 7/12/2008 Laura Val****New England: 11:37.95 N 2007 Karen Bierwert****Meet Record: 11:54.26 M 6/24/2007 Karen Bierwert**

2	Craffey, Joan	58	Asphalt Green-MR	12:33.82
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Women 55-59 1500 LC Meter Freestyle**WORLD: 19:14.70 7/8/2007 Laura Val****US NATL: 19:14.70 U 7/8/2007 Laura Val****New England: 22:29.30 N 6/22/2007 Karen Bierwert****Meet Record: 22:29.30 M 6/22/2007 Karen Bierwert**

1	Bierwert, Karen	59	Smith College-NE	23:20.04
	40.07	1:26.16	2:08.39	2:58.21
	3:43.93	4:31.34	5:17.52	6:05.23
	6:51.73	7:39.45	8:25.31	9:13.60
	9:59.52	10:47.30	11:33.60	12:21.46
	13:07.68	13:55.99	14:41.77	15:29.80
	16:16.40	17:05.12	17:50.72	18:38.16
	19:25.07	20:13.04	20:59.70	21:47.36
	22:28.77	23:20.04		
2	Craffey, Joan	58	Asphalt Green-MR	23:30.57
	42.73	1:29.47	2:16.43	3:04.19
	3:51.59	4:39.26	5:26.78	6:14.03
	7:01.75	7:49.32	8:36.43	9:24.02
	10:10.97	10:58.88	11:45.75	12:33.82
	13:20.89	14:08.40	14:55.29	15:42.41
	16:29.46	17:16.55	18:04.09	18:50.85
	19:38.74	20:25.92	21:13.14	22:00.18
	22:46.53	23:30.57		
3	Wasson, Page	58	West Side-NE	25:25.42
	44.61	1:34.63	2:25.29	3:17.35
	4:09.25	5:01.23	5:52.64	6:44.11
	7:35.63	8:26.94	9:18.91	10:10.64
	11:01.73	11:52.31	12:43.55	13:34.53
	14:25.95	15:17.83	16:08.66	17:00.30
	17:51.27	18:42.95	19:33.84	20:24.35
	21:16.15	22:07.03	22:57.34	23:47.14
	24:37.17	25:25.42		

4	Twomey, Maura	55	Cambridge-NE	27:58.12
	51.42	1:45.84	2:40.99	3:36.32
	4:32.17	5:28.03	6:24.28	7:20.41
	8:17.00	9:12.83	10:08.88	11:05.29
	12:01.74	12:58.58	13:54.23	14:51.51
	15:48.09	16:44.76	17:40.30	18:36.38
	19:31.96	20:28.86	21:26.26	22:23.84
	23:21.66	24:18.42	25:15.95	26:12.00
	27:06.88	27:58.12		
5	Yankauskas, Paula	57	Stowe-NE	27:58.15
	48.72	1:42.56	2:36.21	3:32.37
	4:27.48	5:23.81	6:19.15	7:15.57
	8:10.03	9:04.85	9:59.47	10:56.65
	11:52.98	12:50.13	13:46.49	14:43.66
	15:39.61	16:37.42	17:33.74	18:31.06
	19:27.16	20:25.01	21:22.20	22:21.16
	23:18.09	24:16.14	25:13.05	26:10.35
	27:05.80	27:58.15		

Women 55-59 50 LC Meter Backstroke**WORLD: 33.90 8/9/2009 Laura Val****US NATL: 33.75 U 8/12/2010 Laura Val****New England: 38.97 N 2006 Joel Feldman****Meet Record: 40.20 M 6/23/2007 Joel Feldmann**

1	Craffey, Joan	58	Asphalt Green-MR	42.74
2	Nisley-Black, Karla	56	Granite State-NE	43.00
3	Johnston, Nancy	56	Middlebury-NE	43.77
4	Hummel, Barbara	59	UV Rays-NE	47.23
5	Twomey, Maura	55	Cambridge-NE	48.70
6	Noyes, Tish	59	Maine-NE	53.62

Women 55-59 100 LC Meter Backstroke**WORLD: 1:14.41 8/17/2008 Laura Val****US NATL: 1:14.41 U 8/17/2008 Laura Val****New England: 1:27.61 N 1983 Clara Walker****Meet Record: 1:30.30 M 6/22/2008 Joel Feldmann**

1	Craffey, Joan	58	Asphalt Green-MR	1:27.94M
	43.15	1:27.94		
2	Johnston, Nancy	56	Middlebury-NE	1:35.50
	45.68	1:35.50		
3	Hummel, Barbara	59	UV Rays-NE	1:41.21
	49.78	1:41.21		
4	Noyes, Tish	59	Maine-NE	1:54.92
	56.81	1:54.92		
---	Twomey, Maura	55	Cambridge-NE	DQ

Women 55-59 200 LC Meter Backstroke**WORLD: 2:47.52 8/6/2009 N.Steadman Martin****US NATL: 2:47.52 U 8/6/2009 N Steadman Martin****New England: 3:07.76 N 2006 Joel Feldman****Meet Record: 3:14.72 M 6/24/2007 Karen Bierwert**

1	Craffey, Joan	58	Asphalt Green-MR	3:05.37M
	45.00	1:32.15	2:19.88	3:05.37
2	Johnston, Nancy	56	Middlebury-NE	3:18.74
	45.95	1:36.68	2:27.42	3:18.74
3	Bierwert, Karen	59	Smith College-NE	3:23.40
	48.05	1:40.15	2:31.78	3:23.40

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Women 55-59 200 LC Meter Backstroke)

4	Nisley-Black, Karla	56	Granite State-NE	3:25.22
	47.39	1:38.81	2:33.08	3:25.22
5	Twomey, Maura	55	Cambridge-NE	3:57.38
	55.80	1:58.22	2:57.67	3:57.38
6	Noyes, Tish	59	Maine-NE	3:59.70
	58.26	1:58.82	3:00.70	3:59.70

Women 55-59 50 LC Meter Breaststroke

WORLD:	38.30	7/28/2001	Jan Wicks	
US NATL:	39.37	U 8/7/2009	LO D Knapp	
New England:	39.63	N 6/22/2008	Barbara Hummel	
Meet Record:	39.63	M 6/22/2008	Barbara Hummel	
1	Hummel, Barbara	59	UV Rays-NE	40.96
2	Nisley-Black, Karla	56	Granite State-NE	45.98
3	Craffey, Joan	58	Asphalt Green-MR	49.58
4	Booher, Sue-Ellen	58	Stowe-NE	51.33
5	Palumbo, Mary Val	57	Stowe-NE	56.43
6	Ehrlich, Shoshanna	55	Liquid Assets-NE	57.28
7	Noyes, Tish	59	Maine-NE	1:04.54

Women 55-59 100 LC Meter Breaststroke

WORLD:	1:25.19	8/6/2009	LO D Knapp	
US NATL:	1:25.19	U 8/6/2009	LO D Knapp	
New England:	1:30.76	N 6/21/2008	Barbara Hummel	
Meet Record:	1:30.76	M 6/21/2008	Barbara Hummel	
1	Hummel, Barbara	59	UV Rays-NE	1:35.80
	45.90	1:35.80		
2	Craffey, Joan	58	Asphalt Green-MR	1:50.39
	53.68	1:50.39		
3	Yankauskas, Paula	57	Stowe-NE	1:54.73
	55.74	1:54.73		
4	Ehrlich, Shoshanna	55	Liquid Assets-NE	2:01.55
	58.19	2:01.55		

Women 55-59 200 LC Meter Breaststroke

WORLD:	3:04.32	8/9/2009	LO D Knapp	
US NATL:	3:04.32	U 8/9/2009	LO D Knapp	
New England:	3:18.16	N 6/23/2007	Barbara Hummel	
Meet Record:	3:18.16	M 6/23/2007	Barbara Hummel	
1	Hummel, Barbara	59	UV Rays-NE	3:36.04
	49.43	1:46.43	2:41.22	3:36.04
2	Bierwert, Karen	59	Smith College-NE	3:39.64
	49.86	1:46.80	2:43.27	3:39.64
3	Ehrlich, Shoshanna	55	Liquid Assets-NE	4:18.60
	1:01.06	2:08.14	3:12.21	4:18.60

Women 55-59 50 LC Meter Butterfly

WORLD:	31.42	8/6/2009	Laura Val	
US NATL:	31.42	U 8/6/2009	Laura Val	
New England:	34.19	N 6/24/2007	Joel Feldmann	
Meet Record:	34.19	M 6/24/2007	Joel Feldmann	
1	Johnston, Nancy	56	Middlebury-NE	38.79
2	Hummel, Barbara	59	UV Rays-NE	41.57
3	Booher, Sue-Ellen	58	Stowe-NE	44.09
4	Noyes, Tish	59	Maine-NE	53.79
5	Twomey, Maura	55	Cambridge-NE	54.73
6	Palumbo, Mary Val	57	Stowe-NE	57.02

Women 55-59 100 LC Meter Butterfly

WORLD:	1:09.47	8/9/2009	Laura Val	
US NATL:	1:09.47	U 8/9/2009	Laura Val	
New England:	1:30.28	N 6/27/2010	Nancy Johnston	
Meet Record:	1:30.28	M 6/27/2010	Nancy Johnston	
1	Johnston, Nancy	56	Middlebury-NE	1:32.48
	41.29	1:32.48		
2	Hummel, Barbara	59	UV Rays-NE	1:43.26
	48.33	1:43.26		
3	Noyes, Tish	59	Maine-NE	2:11.81

Women 55-59 200 LC Meter Butterfly

WORLD:	2:41.51	7/8/2007	Laura Val	
US NATL:	2:41.51	U 7/8/2007	Laura Val	
New England:	3:24.69	N 6/26/2010	Nancy Johnston	
Meet Record:	3:24.69	M 6/26/2010	Nancy Johnston	
1	Johnston, Nancy	56	Middlebury-NE	3:28.44
	45.37	1:37.46	2:32.53	3:28.44
2	Yankauskas, Paula	57	Stowe-NE	4:29.93
	55.05	1:57.65	3:08.56	4:29.93
---	Bierwert, Karen	59	Smith College-NE	DQ
	46.61	1:50.13	2:56.93	DQ

Women 55-59 200 LC Meter IM

WORLD:	2:43.45	8/16/2008	Laura Val	
US NATL:	2:43.45	U 8/16/2008	Laura Val	
New England:	3:11.30	N 1983	Clara Walker	
Meet Record:	3:15.54	M 6/21/2008	Karen Bierwert	
1	Bierwert, Karen	59	Smith College-NE	3:19.27
	45.84	1:39.28	2:34.56	3:19.27
2	Hummel, Barbara	59	UV Rays-NE	3:30.55
	47.84	1:46.55	2:40.55	3:30.55
3	Yankauskas, Paula	57	Stowe-NE	3:54.68
	56.81	1:59.03	3:01.18	3:54.68
4	Noyes, Tish	59	Maine-NE	4:07.61
	56.92	2:00.74	3:16.08	4:07.61

Women 55-59 400 LC Meter IM

WORLD:	5:49.40	7/10/2009	Laura Val	
US NATL:	5:49.40	U 7/10/2009	Laura Val	
New England:	6:45.03	N 2009	Karen Bierwert	
Meet Record:	6:45.28	M 6/23/2007	Karen Bierwert	
1	Bierwert, Karen	59	Smith College-NE	7:06.67
	44.94	1:45.23	2:39.97	3:34.90
	4:32.06	5:31.03	6:18.84	7:06.67
2	Hummel, Barbara	59	UV Rays-NE	7:31.81
	51.40	1:48.52	2:49.91	3:47.84
	4:46.73	5:46.05	6:39.83	7:31.81

Women 60-64 50 LC Meter Freestyle

WORLD:	30.55	4/18/2009	R.De Vivanco	
US NATL:	30.73	U 8/3/2010	Charlotte Davis	
New England:	35.55	N 1990	Clara Walker	
Meet Record:	35.86	M 6/26/2010	June Carson	
Canadian:	32.62	C 5/31/2004	Georgina Lopez	
1	Hare, Frances	61	Asphalt Green-MR	34.53M
2	Craffey, Eileen	60	New England-NE	42.88
3	Kules, Tricia	60	Stowe-NE	44.63

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Women 60-64 50 LC Meter Freestyle)

4 Needham, Cynthia 63 Stowe-NE 54.98

Women 60-64 100 LC Meter Freestyle**WORLD: 1:06.63 3/13/2009 Sanderina Kruger****US NATL: 1:07.33 U 8/1/2010 Charlotte Davis****New England: 1:20.20 N 1988 Clara Walker****Meet Record: 1:20.17 M 6/23/2007 Wendy Wagland****Canadian: 1:15.16 C 3/29/2009 Elizabeth Smith**1 Hare, Frances 61 Asphalt Green-MR 1:16.20M
37.89 1:16.202 Kules, Tricia 60 Stowe-NE 1:40.29
48.19 1:40.29**Women 60-64 200 LC Meter Freestyle****WORLD: 2:31.50 6/11/2009 R.De Vivanco****US NATL: 2:31.98 U 8/6/2006 B Barnett-Sallee****New England: 2:50.03 N 1988 Clara Walker****Meet Record: 2:58.85 M 6/24/2007 Wendy Wagland****Canadian: 2:50.68 C 3/15/2008 Elizabeth Smith**1 Kules, Tricia 60 Stowe-NE 3:41.59
50.98 1:49.55 2:47.06 3:41.592 Needham, Cynthia 63 Stowe-NE 4:31.79
59.69 2:08.65 3:20.28 4:31.79**Women 60-64 400 LC Meter Freestyle****WORLD: 5:21.79 8/10/2006 B.Barnett-Sallee****US NATL: 5:21.79 U 8/10/2006 B Barnett-Sallee****New England: 6:02.28 N 1988 Clara Walker****Meet Record: 6:21.02 M 6/23/2007 Wendy Wagland****Canadian: 6:01.17 C 8/14/2008 Elizabeth Smith**1 Hare, Frances 61 Asphalt Green-MR 5:44.34C
39.78 1:23.61 2:07.43 2:51.69
3:34.87 4:18.92 5:02.13 5:44.342 Needham, Cynthia 63 Stowe-NE 9:28.33
1:01.45 2:13.68 3:28.12 4:41.37
5:54.50 7:06.74 8:18.52 9:28.33**Women 60-64 800 LC Meter Freestyle****WORLD: 11:16.81 6/7/2009 Barbara Dunbar****US NATL: 11:16.81 U 6/7/2009 Barbara Dunbar****New England: 12:19.35 N 1988 Clara Walker****Meet Record: 13:05.28 M 6/24/2007 Wendy Wagland****Canadian: 12:21.29 C 8/14/2008 Elizabeth Smith**1 Hare, Frances 61 Asphalt Green-MR 12:00.23C
40.40 1:24.93 2:11.05 2:58.57
3:38.38 4:30.59 5:08.70 6:01.58
6:46.32 7:31.69 8:16.36 9:01.16
9:38.63 10:31.66 11:16.24 12:00.232 Needham, Cynthia 63 Stowe-NE 19:05.01
1:02.58 2:15.40 3:26.79 4:40.79
5:47.64 7:05.70 8:17.13 9:30.17
10:41.52 11:53.84 12:59.25 14:18.09
15:31.16 16:43.96 17:55.14 19:05.01**Women 60-64 1500 LC Meter Freestyle****WORLD: 21:16.05 6/7/2009 Barbara Dunbar****US NATL: 21:16.05 U 6/7/2009 Barbara Dunbar****New England: 23:55.57 N 1986 Clara Walker****Meet Record: 26:17.12 M 6/25/2010 June Carson****Canadian: 23:25.67 C 8/14/2008 Elizabeth Smith**1 Cardinal, Liliane 62 Pointe Claire-QU 34:47.67
1:01.86 2:13.07 3:17.80 4:29.16
5:36.70 6:49.72 7:57.85 9:11.70
10:19.11 11:33.08 12:40.21 13:53.52
15:02.11 16:15.08 17:21.95 18:36.74
19:43.65 20:56.57 22:03.28 23:15.29
24:22.71 25:33.66 26:44.32 27:54.81
29:04.84 30:15.50 31:24.67 32:34.56
33:43.06 34:47.67**Women 60-64 50 LC Meter Backstroke****WORLD: 35.79 8/10/2006 B.Barnett-Sallee****US NATL: 35.79 U 8/10/2006 B Barnett-Sallee****New England: 37.92 N 2010 Diann Uustal****Meet Record: 45.91 M 6/23/2007 Constance Sasser****Canadian: 40.09 C 5/31/2005 Bonnie Pronk**1 Craffey, Eileen 60 New England-NE 48.26
2 Bouvrie, Alice 63 Cambridge-NE 48.39
3 Kules, Tricia 60 Stowe-NE 58.61**Women 60-64 100 LC Meter Backstroke****WORLD: 1:18.91 8/9/2006 B.Barnett-Sallee****US NATL: 1:18.91 U 8/9/2006 B Barnett-Sallee****New England: 1:23.63 N 2010 Diann Uustal****Meet Record: 1:38.46 M 6/23/2007 Constance Sasser****Canadian: 1:25.79 C 7/31/2002 Bonnie Pronk**1 Craffey, Eileen 60 New England-NE 1:45.43
50.17 1:45.43
2 Bouvrie, Alice 63 Cambridge-NE 1:49.79
54.00 1:49.79
3 Needham, Cynthia 63 Stowe-NE 2:09.33
1:01.23 2:09.33
--- Kules, Tricia 60 Stowe-NE X2:07.55**Women 60-64 200 LC Meter Backstroke****WORLD: 2:50.16 8/5/2006 B.Barnett-Sallee****US NATL: 2:50.16 U 8/5/2006 B Barnett-Sallee****New England: 3:07.36 N 2010 Diann Uustal****Meet Record: 3:28.30 M 6/24/2007 Constance Sasser****Canadian: 2:59.01 C 2/28/2002 Bonnie Pronk**1 Hare, Frances 61 Asphalt Green-MR 3:23.95M
49.21 1:41.54 2:32.49 3:23.95
2 Bouvrie, Alice 63 Cambridge-NE 3:55.23
58.51 1:59.52 2:59.98 3:55.23
3 Craffey, Eileen 60 New England-NE 4:02.25
56.63 1:59.84 3:02.02 4:02.25

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 60-64 50 LC Meter Breaststroke

WORLD:	38.48	3/27/2002	Monika Senftleben	
US NATL:	41.43	U 8/23/1998	Jayne Bruner	
New England:	43.70	N 2010	Diann Uustal	
Meet Record:	48.55	M 6/27/2010	June Carson	
Canadian:	39.16	C 2/28/2002	Bonnie Pronk	
1	Craffey, Eileen	60	New England-NE	53.24
2	Kules, Tricia	60	Stowe-NE	59.65

Women 60-64 100 LC Meter Breaststroke

WORLD:	1:27.64	3/28/2002	Bonnie Pronk	
US NATL:	1:31.41	U 8/24/2008	Dale Barnhard	
New England:	1:42.98	N 1989	Clara Walker	
Meet Record:	1:51.68	M 6/27/2010	June Carson	
Canadian:	1:27.64	C 2/28/2002	Bonnie Pronk	
1	Craffey, Eileen	60	New England-NE	1:57.25
	56.74	1:57.25		

Women 60-64 200 LC Meter Breaststroke

WORLD:	3:14.49	3/26/2002	Bonnie Pronk	
US NATL:	3:23.62	U 7/25/1999	Joann Leilich	
New England:	3:44.60	N 1989	Clara Walker	
Meet Record:	4:00.64	M 6/26/2010	June Carson	
Canadian:	3:14.49	C 2/28/2002	Bonnie Pronk	
1	Craffey, Eileen	60	New England-NE	4:13.22
	57.56	2:03.28	3:08.37	4:13.22
2	Kules, Tricia	60	Stowe-NE	4:31.52
	1:04.23	2:14.72	3:23.76	4:31.52

Women 60-64 50 LC Meter Butterfly

WORLD:	33.47	6/4/2004	Judy Wilson	
US NATL:	33.55	U 8/2/2010	Charlotte Davis	
New England:	34.83	N 2010	Diann Uustal	
Meet Record:	44.33	M 6/24/2007	Wendy Wagland	
Canadian:	38.16	C 9/30/2002	Bonnie Pronk	
1	Bouvier, Alice	63	Cambridge-NE	48.40

Women 60-64 200 LC Meter Butterfly

WORLD:	3:05.07	6/7/2009	Barbara Dunbar	
US NATL:	3:05.07	U 6/7/2009	Barbara Dunbar	
New England:	3:47.58	N 1998	Susan Livingston	
Meet Record:	4:19.77	M 6/28/2009	Kristi Panayotoff	
Canadian:	2:28.58	C 6/30/1992	Judie Oliver	
1	Cardinal, Liliane	62	Pointe Claire-QU	6:12.33
	1:24.50	3:00.13	4:40.54	6:12.33

Women 60-64 200 LC Meter IM

WORLD:	2:58.08	8/7/2006	Brigitte Merten	
US NATL:	2:52.67	U 8/3/2010	Charlotte Davis	
New England:	3:17.40	N 1986	Clara Walker	
Meet Record:	3:35.96	M 6/24/2007	Wendy Wagland	
Canadian:	3:00.52	C 2/28/2002	Bonnie Pronk	
1	Bouvier, Alice	63	Cambridge-NE	4:05.04
	57.03	1:57.26	3:09.65	4:05.04
2	Kules, Tricia	60	Stowe-NE	4:14.40
	1:02.82	2:09.19	3:19.31	4:14.40

Women 60-64 400 LC Meter IM

WORLD:	6:22.61	8/6/2006	Brigitte Merten	
US NATL:	6:08.99	U 8/2/2010	Charlotte Davis	
New England:	6:59.45	N 1986	Clara Walker	
Meet Record:	7:56.65	M 6/23/2007	Constance Sasser	
Canadian:	6:46.13	C 6/30/2005	Bonnie Pronk	
1	Bouvier, Alice	63	Cambridge-NE	8:51.00
	1:04.36	2:19.23	3:20.84	4:23.74
	5:37.68	6:55.17	7:53.17	8:51.00
2	Cardinal, Liliane	62	Pointe Claire-QU	10:39.24
	1:18.79	2:49.95	4:14.03	5:37.56
	7:03.74	8:29.05	9:34.80	10:39.24

Women 65-69 50 LC Meter Freestyle

WORLD:	32.52	5/28/2005	Christel Schulz	
US NATL:	31.84	U 8/11/2010	Carolyn Boak	
New England:	34.75	N 1992	Clara Walker	
Meet Record:	42.54	M 6/26/2010	Marcia Hill	
Canadian:	34.49	C 2009	Georgina Lopez	
1	Hill, Marcia	67	Asphalt Green-MR	41.99M

Women 65-69 100 LC Meter Freestyle

WORLD:	1:12.00	8/19/2005	Christel Schulz	
US NATL:	1:12.10	U 8/12/2010	Carolyn Boak	
New England:	1:16.84	N 1992	Clara Walker	
Meet Record:	1:37.09	M 6/26/2010	Marcia Hill	
Canadian:	1:20.07	C 2009	Georgina Lopez	
1	Svenson, Ann	66	Adirondack-AD	1:31.29M
	43.69	1:31.29		
2	Hill, Marcia	67	Asphalt Green-MR	1:35.29M
	44.37	1:35.29		
3	Sarg, Kathleen	68	Asphalt Green-MR	1:47.35
	51.36	1:47.35		
4	Burton, Linda	69	Burlington ONT	1:55.96
	56.52	1:55.96		

Women 65-69 200 LC Meter Freestyle

WORLD:	2:42.26	4/20/2008	Christel Schulz	
US NATL:	2:39.05	U 8/10/2010	Carolyn Boak	
New England:	2:48.51	N 1992	Clara Walker	
Meet Record:	3:29.07	M 6/27/2010	Marcia Hill	
Canadian:	3:06.31	C 2007	Bonnie Pronk	
1	Svenson, Ann	66	Adirondack-AD	3:22.97M
	47.39	1:40.24	2:32.58	3:22.97
2	Hill, Marcia	67	Asphalt Green-MR	3:29.36
	48.21	1:42.71	2:36.13	3:29.36
3	Burton, Linda	69	Burlington ONT	4:13.90
	59.32	2:05.29	3:11.29	4:13.90

Women 65-69 400 LC Meter Freestyle

WORLD:	5:43.10	4/24/2008	Jen Thomasson	
US NATL:	5:46.65	U 8/17/2008	Jackie Marr	
New England:	6:05.22	N 1991	Clara Walker	
Meet Record:	6:57.98	M 6/26/2010	Ann Svenson	
Canadian:	6:33.42	C 2007	Bonnie Pronk	
1	Svenson, Ann	66	Adirondack-AD	6:55.33M
	48.44	1:40.98	2:33.58	3:27.98
	4:19.92	5:13.39	6:04.40	6:55.33

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Women 65-69 400 LC Meter Freestyle)

2	Sarg, Kathleen	68	Asphalt Green-MR	8:10.49
	53.83	1:55.70	2:58.44	4:02.61
	5:05.56	6:08.27	7:11.19	8:10.49
3	Burton, Linda	69	Burlington ONT	9:04.54
	1:01.13	2:10.43	3:21.14	4:32.14
	5:42.81	6:51.93	8:01.86	9:04.54

Women 65-69 800 LC Meter Freestyle

WORLD: 11:53.17 4/18/2008 Jen Thomasson				
US NATL: 11:55.93 U 8/14/2008 Jackie Marr				
New England: 12:27.60 N 1992 Clara Walker				
Meet Record: 14:38.53 M 6/25/2010 Ann Svenson				
Canadian: 13:11.09 C 2007 Bonnie Pronk				
1	Sarg, Kathleen	68	Asphalt Green-MR	16:47.77
	59.24	2:01.26	3:05.49	4:10.90
	5:14.77	6:18.94	7:22.25	8:26.83
	9:29.82	10:32.88	11:36.72	12:41.54
	13:45.64	14:49.06	15:49.17	16:47.77
2	Burton, Linda	69	Burlington ONT	18:36.44
	1:03.88	2:13.44	3:25.49	4:39.51
	5:51.97	7:04.45	8:14.48	9:26.16
	10:37.95	11:48.24	12:57.60	14:07.96
	15:16.90	16:26.10	17:33.76	18:36.44
---	Svenson, Ann	66	Adirondack-AD	X14:27.10M

Women 65-69 1500 LC Meter Freestyle

WORLD: 22:40.65 7/26/2008 Jen Thomasson				
US NATL: 23:07.49 U 6/29/2008 Jackie Marr				
New England: 24:07.05 N 1992 Clara Walker				
Meet Record: 27:13.53 M 6/25/2010 Ann Svenson				
Canadian: 24:38.81 C 2007 Bonnie Pronk				
1	Svenson, Ann	66	Adirondack-AD	26:59.24M
	51.62	1:46.27	2:40.96	3:36.12
	4:31.20	5:26.76	6:21.16	7:15.59
	8:09.72	9:03.77	9:57.11	10:51.78
	11:45.68	12:40.46	13:26.58	14:27.10
	15:20.39	16:14.99	17:09.04	18:04.36
	18:57.30	19:52.63	20:47.05	21:41.72
	22:35.20	23:29.83	24:22.38	25:16.08
	26:08.55	26:59.24		

Women 65-69 50 LC Meter Backstroke

WORLD: 37.54 10/3/2009 Satoko Takeuji				
US NATL: 39.85 U 8/23/1992 Clara Walker				
New England: 39.85 N 1992 Clara Walker				
Meet Record: 50.74 M 6/27/2010 Betsy Durrant				
Canadian: 40.56 C 2008 Bonnie Pronk				
1	Hill, Marcia	67	Asphalt Green-MR	57.32

Women 65-69 100 LC Meter Backstroke

WORLD: 1:24.67 7/16/2007 Satoko Takeuji				
US NATL: 1:30.97 U 7/2/1991 Clara Walker				
New England: 1:30.97 N 1991 Clara Walker				
Meet Record: 1:51.42 M 6/27/2009 Judy Foreman				
Canadian: 1:26.61 C 2008 Bonnie Pronk				
1	Hill, Marcia	67	Asphalt Green-MR	2:09.04
	1:03.55	2:09.04		

Women 65-69 50 LC Meter Breaststroke

WORLD: 41.52 6/14/2009 Monika Senftleben				
US NATL: 43.57 U 8/28/2005 Joann Leilich				
New England: 45.61 N 1993 Clara Walker				
Meet Record: 52.55 M 6/27/2010 Betsy Durrant				
Canadian: 41.69 C 2007 Bonnie Pronk				
1	Hill, Marcia	67	Asphalt Green-MR	56.07
2	Sarg, Kathleen	68	Asphalt Green-MR	1:00.47

Women 65-69 100 LC Meter Breaststroke

WORLD: 1:33.69 3/2/2008 Diane Ford				
US NATL: 1:36.29 U 8/13/2007 Joann Leilich				
New England: 1:42.63 N 1991 Clara Walker				
Meet Record: 2:06.76 M 6/27/2010 Marcia Hill				
Canadian: 1:34.53 C 2008 Bonnie Pronk				
1	Hill, Marcia	67	Asphalt Green-MR	2:06.32M
	59.62	2:06.32		

Women 65-69 200 LC Meter Breaststroke

WORLD: 3:26.88 4/21/2007 Hannelore Rose				
US NATL: 3:26.98 U 8/28/2005 Joann Leilich				
New England: 3:45.71 N 1992 Clara Walker				
Meet Record: 4:42.86 M 6/26/2010 Carol Hamblet Adams				
Canadian: 3:28.49 C 2008 Bonnie Pronk				
1	Sarg, Kathleen	68	Asphalt Green-MR	4:43.58
	1:03.78	2:14.17	3:29.72	4:43.58

Women 65-69 50 LC Meter Butterfly

WORLD: 35.77 8/6/2006 Christel Schulz				
US NATL: 38.47 U 6/10/2007 Joy Ward				
New England: 43.52 N 1991 Clara Walker				
Meet Record: 56.87 M 6/26/2010 Marcia Hill				
Canadian: 40.61 C 2007 Bonnie Pronk				
1	Svenson, Ann	66	Adirondack-AD	46.98M
2	Hill, Marcia	67	Asphalt Green-MR	1:00.36

Women 65-69 100 LC Meter Butterfly

WORLD: 1:27.73 7/21/2003 Yoshiko Osaki				
US NATL: 1:26.17 U 8/11/2010 Carolyn Boak				
New England: 1:42.63 N 1991 Clara Walker				
Meet Record: 2:30.53 M 6/21/2008 Anne Burnett				
Canadian: 1:40.04 C 1997 Judie Oliver				
1	Svenson, Ann	66	Adirondack-AD	2:08.54M

Women 70-74 50 LC Meter Freestyle

WORLD: 33.57 1/16/2010 Christel Schulz				
US NATL: 35.28 U 8/23/1999 Gail Roper				
New England: 36.13 N 1996 Clara Walker				
Meet Record: 47.55 M 6/21/2008 Ruth Stavis				
Canadian: 37.65 C 1992 Catherine Kerr				
1	Dillinger, Erda	70	Pointe Claire-QU	42.56M
2	Puskas, Joan	71	Burlington ONT	50.69

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 70-74 100 LC Meter Freestyle

WORLD: 1:14.28 9/5/2009 Yoshiko Osaki			
US NATL: 1:19.94 U 8/23/1999 Gail Roper			
New England: 1:21.57 N 1996 Clara Walker			
Meet Record: 1:50.84 M 6/23/2007 Ruth Stavis			
Canadian: 1:26.22 C 2010 Linda MacPherson			
1 Puskas, Joan	71 Burlington ONT	1:53.13	
54.67	1:53.13		
2 Stavis, Ruth	74 UV Rays-NE	1:53.59	
56.15	1:53.59		
3 Rattray, Kathryn	71 Burlington ONT	2:03.67	
1:01.09	2:03.67		

Women 70-74 200 LC Meter Freestyle

WORLD: 2:49.80 7/21/2008 Yoshiko Osaki			
US NATL: 2:57.28 U 7/13/2003 Lavelle Stoinoff			
New England: 3:04.56 N 1996 Clara Walker			
Meet Record: 3:49.65 M 6/24/2007 Ruth Stavis			
Canadian: 3:08.45 C 2010 Linda MacPherson			
1 Puskas, Joan	71 Burlington ONT	4:05.80	
58.85	2:03.35	3:05.47	4:05.80
2 Rattray, Kathryn	71 Burlington ONT	4:29.67	
1:07.17	2:18.63	3:25.30	4:29.67

Women 70-74 400 LC Meter Freestyle

WORLD: 5:54.97 7/18/2008 Yoshiko Osaki			
US NATL: 6:11.92 U 6/28/2003 Lavelle Stoinoff			
New England: 6:33.15 N 1996 Clara Walker			
Meet Record: 8:01.63 M 6/23/2007 Ruth Stavis			
Canadian: 6:36.25 C 2010 Linda MacPherson			
1 Puskas, Joan	71 Burlington ONT	8:47.09	
1:02.48	2:10.86	3:18.29	4:26.78
5:32.15	6:40.16	7:44.97	8:47.09
2 Rattray, Kathryn	71 Burlington ONT	9:16.00	
1:07.41	2:21.41	3:30.45	4:43.50
5:52.92	7:04.35	8:12.14	9:16.00

Women 70-74 400 LC Meter Freestyle

WORLD: 5:54.97 7/18/2008 Yoshiko Osaki			
US NATL: 6:11.92 U 6/28/2003 Lavelle Stoinoff			
New England: 6:33.15 N 1996 Clara Walker			
Meet Record: 8:01.63 M 6/23/2007 Ruth Stavis			
1 Dillinger, Erda	70 Pointe Claire-QU	7:34.19M	

Women 70-74 800 LC Meter Freestyle

WORLD: 12:13.07 11/1/2009 Yoshiko Osaki			
US NATL: 12:35.14 U 8/15/2004 Lavelle Stoinoff			
New England: 13:38.61 N 1996 Clara Walker			
Meet Record: 16:57.08 M 6/20/2008 Ruth Stavis			
Canadian: 13:47.38 C 2010 Linda MacPherson			
1 Stavis, Ruth	74 UV Rays-NE	17:33.43	
58.70	2:03.03	3:09.51	4:15.01
5:20.25	6:26.63	7:34.79	8:41.71
9:47.24	10:54.91	12:01.05	13:09.06
14:17.59	15:24.38	16:29.88	17:33.43

2 Rattray, Kathryn	71 Burlington ONT	19:20.00	
1:07.48	2:21.24	3:32.22	4:49.01
6:00.53	7:14.35	8:25.66	9:39.35
10:50.90	12:04.49	13:16.40	14:31.76
15:42.95	16:56.13	18:08.41	19:20.00
--- Dillinger, Erda	70 Pointe Claire-QU	X15:13.95M	

Women 70-74 1500 LC Meter Freestyle

WORLD: 24:06.48 6/1/2001 Jane Asher			
US NATL: 24:24.13 U 7/13/2003 Lavelle Stoinoff			
New England: 25:40.43 N 1996 Clara Walker			
Meet Record: 28:40.82 M 6/26/2009 Susan Livingston			
Canadian: 26:18.46 C 2010 Linda MacPherson			
1 Dillinger, Erda	70 Pointe Claire-QU	28:40.78M	
49.81	1:46.26	2:43.39	3:41.87
4:39.59	5:37.78	6:35.80	7:34.19
8:32.19	9:30.56	10:27.00	11:24.99
12:21.75	13:19.57	14:16.25	15:13.95
16:11.17	17:09.31	18:07.08	19:05.51
20:03.36	21:01.61	21:59.82	22:57.89
23:55.73	24:53.96	25:51.13	26:48.87
27:45.92	28:40.78		

Women 70-74 50 LC Meter Backstroke

WORLD: 41.10 4/22/2008 Pamela Hutchings			
US NATL: 42.29 U 6/26/1996 Doris Steadman			
New England: 48.31 N 6/28/2009 Susan Livingston			
Meet Record: 48.31 M 6/28/2009 Susan Livingston			
Canadian: 44.18 C 1998 Joan Parnell			
1 Stavis, Ruth	74 UV Rays-NE	1:00.86	

Women 70-74 100 LC Meter Backstroke

WORLD: 1:32.51 9/21/2009 Yoshiko Osaki			
US NATL: 1:34.84 U 6/3/2007 Betsy Jordan			
New England: 1:43.06 N 6/27/2009 Susan Livingston			
Meet Record: 1:43.06 M 6/27/2009 Susan Livingston			
Canadian: 1:38.66 C 1998 Joan Parnell			
1 Puskas, Joan	71 Burlington ONT	2:18.88	
1:05.62	2:18.88		

Women 70-74 200 LC Meter Backstroke

WORLD: 3:22.49 8/19/2005 V.Johansson			
US NATL: 3:28.69 U 8/27/1995 Doris Steadman			
New England: 3:40.81 N 6/27/2009 Susan Livingston			
Meet Record: 3:40.81 M 6/27/2009 Susan Livingston			
Canadian: 3:40.23 C 1998 Joan Parnell			
1 Dillinger, Erda	70 Pointe Claire-QU	4:11.31	
59.85	2:04.73	3:08.80	4:11.31
2 Puskas, Joan	71 Burlington ONT	5:07.46	
1:09.95	2:32.32	3:50.67	5:07.46
3 Rattray, Kathryn	71 Burlington ONT	5:31.67	
1:19.23	2:45.18	4:08.64	5:31.67

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 70-74 200 LC Meter Breaststroke

WORLD: 3:34.32 3/6/2005 Shoko Yonezawa
US NATL: 3:39.59 U 7/19/2009 Joann Leilich
New England: 5:03.00 N 1988 Mary Wentworth
Meet Record: 4:56.34 M 6/22/2008 Denise Paquette
Canadian: 3:52.68 C 2002 Judie Oliver

1 Dillinger, Erda 70 Pointe Claire-QU 4:21.33M
57.28 2:06.49 3:13.20 4:21.33

Women 70-74 200 LC Meter IM

WORLD: 3:13.19 6/21/2008 Yoshiko Osaki
US NATL: 3:32.94 U 8/8/1999 Gail Roper
New England: 4:00.20 N 6/27/2009 Susan Livingston
Meet Record: 4:00.20 M 6/27/2009 Susan Livingston
Canadian: 3:30.51 C 2002 Judie Oliver

1 Dillinger, Erda 70 Pointe Claire-QU 4:12.08
1:00.77 2:05.54 3:16.91 4:12.08

Women 75-79 50 LC Meter Freestyle

WORLD: 34.85 3/3/2006 Jane Asher
US NATL: 36.87 U 8/15/2005 Gail Roper
New England: 42.57 N 2000 Petey Smith
Meet Record: 46.27 M 6/28/2009 Laverne Adams
Canadian: 39.91 C 5/31/1996 Catherine Kerr

1 Brown, Nancy 75 Maryland-MD 40.30M
2 McIntosh, Frances 78 Guelph-ONT 57.95

Women 75-79 100 LC Meter Freestyle

WORLD: 1:20.15 8/5/2006 Jane Asher
US NATL: 1:26.36 U 7/31/2005 Gail Roper
New England: 1:34.80 N 2010 Ronnie Kamphausen
Meet Record: 1:43.66 M 6/28/2009 Laverne Adams
Canadian: 1:34.91 C 5/31/1996 Catherine Kerr

1 McIntosh, Frances 78 Guelph-ONT 2:04.23
1:00.52 2:04.23

Women 75-79 200 LC Meter Freestyle

WORLD: 2:56.57 4/20/2008 Jane Asher
US NATL: 3:13.24 U 7/31/2005 Gail Roper
New England: 3:22.27 N 2009 Ronnie Kamphausen
Meet Record: 3:46.04 M 6/27/2009 Laverne Adams
Canadian: 3:31.24 C 4/22/2007 Judie Oliver

1 McIntosh, Frances 78 Guelph-ONT 4:12.14
1:00.48 2:06.55 3:11.36 4:12.14

Women 75-79 400 LC Meter Freestyle

WORLD: 6:13.20 8/10/2006 Jane Asher
US NATL: 6:55.62 U 8/11/2002 Jean Troy
New England: 7:43.49 N 2001 Petey Smith
Meet Record: 8:21.57 M 6/28/2009 Laverne Adams

1 Waldie, Mae 76 Pointe Claire-QU 8:10.95M

Women 75-79 400 LC Meter Freestyle

WORLD: 6:13.20 8/10/2006 Jane Asher
US NATL: 6:55.62 U 8/11/2002 Jean Troy
New England: 7:20.96 N 2009 Ronnie Kamphausen
Meet Record: 8:21.57 M 6/28/2009 Laverne Adams
Canadian: 8:04.70 C 4/30/1996 Catherine Kerr

1 McIntosh, Frances 78 Guelph-ONT 9:09.81
30.86 3:26.92 4:39.26
5:49.14 6:58.52 8:07.72 9:09.81

Women 75-79 800 LC Meter Freestyle

WORLD: 12:58.94 10/22/2006 Jane Asher
US NATL: 14:10.50 U 9/9/2001 June Krauser
New England: 15:50.39 N 2000 Petey Smith
Meet Record: 16:49.09 M 6/26/2009 Laverne Adams
Canadian: 16:41.67 C 4/30/1996 Catherine Kerr

1 McIntosh, Frances 78 Guelph-ONT 18:44.78
1:03.71 2:16.16 3:27.17 4:40.39
5:49.57 7:02.63 8:13.53 9:32.69
10:41.57 11:52.13 13:00.11 14:10.79
15:18.83 16:31.70 17:39.77 18:44.78

--- Brown, Nancy 75 Maryland-MD X16:29.07C
--- Waldie, Mae 76 Pointe Claire-QU X16:47.14M

Women 75-79 1500 LC Meter Freestyle

WORLD: 24:41.76 3/3/2006 Jane Asher
US NATL: 27:09.75 U 8/17/2003 Jean Troy
New England: 30:44.96 N 2001 Petey Smith
Meet Record: 35:18.66 M 6/20/2008 Sheila Naiman
Canadian: 31:31.76 C 8/14/2008 Frances McIntosh

1 Brown, Nancy 75 Maryland-MD 30:51.39C
54.49 1:55.70 2:58.06 4:01.44
5:03.87 6:06.52 7:09.30 8:12.07
9:14.80 10:17.54 11:19.69 12:21.91
13:22.98 14:24.98 15:26.78 16:29.07
17:30.66 18:32.58 19:34.86 20:36.87
21:38.59 22:41.25 23:43.23 24:44.40
25:46.25 26:48.64 27:50.22 28:53.18
29:54.53 30:51.39

2 Waldie, Mae 76 Pointe Claire-QU 31:32.08M
53.36 1:53.43 2:56.37 3:58.60
5:01.22 6:04.13 7:07.24 8:10.95
9:15.70 10:20.05 11:25.54 12:29.92
13:34.00 14:38.00 15:41.95 16:47.14
17:51.50 18:55.07 19:59.36 21:02.36
22:05.95 23:08.81 24:11.55 25:15.21
26:19.35 27:22.02 28:25.41 29:29.41
30:32.28 31:32.08

Women 75-79 50 LC Meter Backstroke

WORLD: 42.06 1/17/2010 Shoko Yonezawa
US NATL: 44.43 U 8/23/1999 Doris Steadman
New England: 54.11 N 1992 Mardie Brown
Meet Record: 56.47 M 6/28/2009 Laverne Adams
Canadian: 46.30 C 2/29/2004 Joan Parnell

1 Brown, Nancy 75 Maryland-MD 48.35M
2 McIntosh, Frances 78 Guelph-ONT 1:14.24

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 75-79 100 LC Meter Backstroke

WORLD: 1:38.62 10/21/2006 Jane Asher			
US NATL: 1:39.06 U 8/23/1999 Doris Steadman			
New England: 1:54.19 N 1992 Mardie Brown			
Meet Record: 2:04.53 M 6/27/2009 Laverne Adams			
Canadian: 1:42.81 C 2/28/2003 Joan Parnell			
1	Brown, Nancy	75 Maryland-MD	1:43.81M
	50.36	1:43.81	
2	McIntosh, Frances	78 Guelph-ONT	2:31.00
	1:12.36	2:31.00	
---	Waldie, Mae	76 Pointe Claire-QU	X1:47.48M

Women 75-79 200 LC Meter Backstroke

WORLD: 3:34.35 6/16/2006 Jane Asher			
US NATL: 3:39.41 U 8/23/1999 Doris Steadman			
New England: 4:09.06 N 1992 Mardie Brown			
Meet Record: 4:22.71 M 6/21/2008 Jill Coleman			
Canadian: 3:49.73 C 2/28/2003 Joan Parnell			
1	Brown, Nancy	75 Maryland-MD	3:48.77C
	53.88	1:53.83	2:52.37 3:48.77
2	McIntosh, Frances	78 Guelph-ONT	5:15.66
	1:13.42	2:36.30	3:57.57 5:15.66

Women 75-79 50 LC Meter Breaststroke

WORLD: 43.95 3/6/2010 Shoko Yonezawa			
US NATL: 51.55 U 8/15/2008 Ann Hirsch			
New England: 1:03.70 N 1998 Irene Mannix			
Meet Record: 1:20.63 M 6/22/2008 Sheila Naiman			
Canadian: 50.32 C 8/7/2006 Sylvia Eisele			
1	Waldie, Mae	76 Pointe Claire-QU	57.49M

Women 75-79 200 LC Meter Breaststroke

WORLD: 3:41.53 3/7/2010 Shoko Yonezawa			
US NATL: 3:59.30 U 8/10/2006 Ann Hirsch			
New England: 5:19.27 N 1998 Irene Mannix			
Meet Record: 6:39.81 M 6/22/2008 Sheila Naiman			
Canadian: 4:10.95 C 4/22/2007 Judie Oliver			
1	Waldie, Mae	76 Pointe Claire-QU	4:50.09M
	1:05.96	2:19.34	3:33.41 4:50.09

Women 75-79 50 LC Meter Butterfly

WORLD: 41.99 8/6/2006 Jane Asher			
US NATL: 44.95 U 8/1/2004 Gail Roper			
New England: 1:03.33 N 6/27/2009 Laverne Adams			
Meet Record: 1:03.33 M 6/27/2009 Laverne Adams			
Canadian: 49.41 C 4/16/2011 Judie Oliver			
1	Brown, Nancy	75 Maryland-MD	56.27M
2	Waldie, Mae	76 Pointe Claire-QU	1:04.97

Women 75-79 100 LC Meter Butterfly

WORLD: 1:47.40 4/22/2007 Judie Oliver			
US NATL: 1:54.14 U 8/1/2004 Gail Roper			
New England: 2:35.83 N 1993 Mardie Brown			
Canadian: 1:47.40 C 4/22/2007 Judie Oliver			
1	Brown, Nancy	75 Maryland-MD	2:13.03

Women 75-79 200 LC Meter Butterfly

WORLD: 4:03.55 6/9/2004 Sylvia Neuhauser			
US NATL: 4:10.69 U 6/24/2001 June Krauser			
New England: 5:47.40 N 1991 Mary Wentworth			
Canadian: 4:38.16 C 4/30/2004 Sylvia Eisele			
1	Waldie, Mae	76 Pointe Claire-QU	6:01.76
	4:23.33	6:01.76	

Women 75-79 200 LC Meter IM

WORLD: 3:38.46 1/29/2006 Jane Asher			
US NATL: 3:48.59 U 6/24/2001 June Krauser			
New England: 4:37.88 N 1992 Mardie Brown			
Meet Record: 4:54.12 M 6/21/2008 Jill Coleman			
Canadian: 3:48.16 C 4/22/2007 Judie Oliver			
1	Brown, Nancy	75 Maryland-MD	4:13.00M
	59.10	2:01.01	3:17.54 4:13.00

Women 75-79 400 LC Meter IM

WORLD: 7:39.96 3/3/2006 Jane Asher			
US NATL: 7:51.71 U 6/10/2001 June Krauser			
New England: 9:55.99 N 1992 Mardie Brown			
Canadian: 8:38.31 C 4/16/2011 Judie Oliver			
1	Brown, Nancy	75 Maryland-MD	8:48.78
	1:04.23	2:21.37	3:23.11 4:25.89
	5:41.27	6:56.87	7:53.54 8:48.78
2	Waldie, Mae	76 Pointe Claire-QU	9:46.95
	1:09.56	2:41.93	3:50.26 5:03.73
	8:44.40	9:46.95	

Women 80-84 50 LC Meter Freestyle

WORLD: 38.64 3/7/2009 Gail Roper			
US NATL: 38.64 U 3/7/2009 Gail Roper			
New England: 46.27 N 2004 Petey Smith			
Meet Record: 50.91 M 6/26/2010 Sheila Naiman			
Canadian: 45.65 C 10/10/2009 Joan Parnell			
1	Grimm, Florence	81 Adirondack-AD	1:24.74

Women 80-84 200 LC Meter Freestyle

WORLD: 3:27.26 6/10/2007 Jean Troy			
US NATL: 3:27.26 U 6/10/2007 Jean Troy			
New England: 4:03.05 N 2004 Petey Smith			
Meet Record: 4:17.19 M 6/27/2010 Sheila Naiman			
Canadian: 3:50.48 C 2/29/2004 Elsa De Leeuw			
1	Naiman, Sheila	81 Pointe Claire-QU	4:17.82
	56.63	2:04.82	3:10.98 4:17.82

Women 80-84 400 LC Meter Freestyle

WORLD: 7:24.53 6/10/2007 Jean Troy			
US NATL: 7:24.53 U 6/10/2007 Jean Troy			
New England: 8:52.18 N 2004 Petey Smith			
Meet Record: 8:56.66 M 6/26/2010 Sheila Naiman			
Canadian: 8:08.66 C 4/30/2004 Else De Leeuw			
1	Naiman, Sheila	81 Pointe Claire-QU	9:07.94
	1:03.41	2:16.44	3:26.07 4:39.60
	5:46.66	6:57.34	8:03.18 9:07.94

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Women 80-84 1500 LC Meter Freestyle**WORLD: 29:35.03 8/18/2002 Margery Meyer****US NATL: 29:04.81 U 7/15/2007 Jean Troy****Canadian: 33:54.00 C 5/21/2010 Sheila Naiman**

1	Naiman, Sheila	81	Pointe Claire-QU	36:02.53
	1:01.12	2:13.92	3:25.22	4:39.83
	5:51.57	7:07.48	8:19.63	9:33.49
	10:45.47	11:59.45	13:12.11	14:26.69
	20:29.81			21:42.92
	22:54.27	24:08.74	25:19.32	26:32.17
	27:43.84	28:57.21	30:10.39	31:21.76
	32:33.11	33:45.26	34:56.22	36:02.92
	36:02.53			

Women 80-84 50 LC Meter Backstroke**WORLD: 46.39 3/29/2002 Bunny Cederlund****US NATL: 46.39 U 3/29/2002 Bunny Cederlund****New England: 1:14.77 N 2006 Petey Smith****Meet Record: 1:07.60 M 6/27/2010 Sheila Naiman****Canadian: 51.81 C 10/10/2009 Joan Parnell**

1	Barton, Cynthia	81	UV Rays-NE	57.47M
2	Naiman, Sheila	81	Pointe Claire-QU	1:08.11
3	Grimm, Florence	81	Adirondack-AD	2:01.34

Women 80-84 200 LC Meter Backstroke**WORLD: 3:53.25 8/6/2009 Betty Lorenzi****US NATL: 3:53.12 U 3/13/2010 Betty Lorenzi****New England: 5:39.84 N 6/21/2008 Joan McIntyre****Meet Record: 5:39.84 M 6/21/2008 Joan McIntyre****Canadian: 4:20.79 C 3/15/2008 Joan Parnell**

1	Naiman, Sheila	81	Pointe Claire-QU	5:16.70M
	1:14.41	2:36.53	3:56.14	5:16.70

Women 80-84 50 LC Meter Breaststroke**WORLD: 53.36 6/7/2008 Edith Bohm****US NATL: 54.30 U 8/7/2009 Nan Bohl****New England: 1:15.60 N 2005 Norma Harlow****Meet Record: 1:23.89 M 6/27/2010 Sheila Naiman****Canadian: 58.69 C 10/10/2009 Joan Parnell**

1	Naiman, Sheila	81	Pointe Claire-QU	1:24.26
2	Grimm, Florence	81	Adirondack-AD	2:14.36

Women 80-84 100 LC Meter Breaststroke**WORLD: 1:59.30 9/17/2009 Sylvia Neuhauser****US NATL: 2:06.17 U 8/6/2009 Nan Bohl****New England: 2:44.34 N 2005 Norma Harlow****Canadian: 2:18.72 C 4/30/2004 Doris McEwan**

1	Naiman, Sheila	81	Pointe Claire-QU	3:09.73
	1:30.20	3:09.73		

Men 18-24 400 LC Meter Freestyle**US NATL: 4:04.68 U 8/13/2007 Hyun Seung Lee****New England: 4:56.57 N 1997 Stephan Joe****Meet Record: 5:08.06 M 6/23/2007 Antonio Penalzoza**

1	Chertok, Zachary	23	Y North Shore-NE	6:41.07
	44.62	1:34.66	2:25.33	3:17.13
	4:09.15	5:00.86	5:51.75	6:41.07

Men 18-24 800 LC Meter Freestyle**US NATL: 8:44.94 U 8/19/2007 Peter Galan****New England: 9:36.04 N 1996 Ben Morse****Meet Record: 10:46.17 M 6/24/2007 Antonio Penalzoza**

1	Chertok, Zachary	23	Y North Shore-NE	13:43.07
	44.69	1:35.84	2:26.51	3:18.87
	4:10.68	5:03.69	5:56.04	6:49.19
	7:40.86	8:34.17	9:26.26	10:19.10
	11:10.18	12:02.37	12:53.56	13:43.07

Men 18-24 1500 LC Meter Freestyle**US NATL: 17:07.87 U 8/21/2010 Peter Galan****New England: 18:29.91 N 1996 Ben Morse****Meet Record: 20:53.66 M 6/22/2007 Antonio Penalzoza**

1	Chertok, Zachary	23	Y North Shore-NE	26:31.55
	45.27	1:36.15	2:26.83	3:20.14
	4:04.69	5:06.26	5:58.76	6:52.58
	7:45.70	8:39.01	9:32.51	10:26.69
	11:20.45	12:14.75	13:07.87	14:02.35
	14:55.43	15:49.87	16:42.96	17:36.88
	18:29.86	19:25.04	20:18.14	21:12.07
	22:04.93	22:58.79	23:51.95	24:46.15
	25:38.30	26:31.55		

Men 18-24 50 LC Meter Breaststroke**US NATL: 28.87 U 8/15/2005 Dave Rollins****New England: 32.74 N 6/27/2009 Michael Lenihan****Meet Record: 32.74 M 6/27/2009 Michael Lenihan**

1	Chertok, Zachary	23	Y North Shore-NE	52.80
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Men 18-24 200 LC Meter Breaststroke**US NATL: 2:25.57 U 7/25/1999 Kevin Raab****New England: 2:47.53 N 6/28/2009 Michael Lenihan****Meet Record: 2:47.53 M 6/28/2009 Michael Lenihan**

1	Chertok, Zachary	23	Y North Shore-NE	4:04.53
	55.75	1:58.22	3:01.54	4:04.53

Men 18-24 200 LC Meter Butterfly**US NATL: 2:08.62 U 8/13/2007 Hyun Seung Lee****New England: 2:18.88 N 1995 Santiago Tapia**

1	Sorrentino, Mike	21	Adirondack-AD	2:48.57
	34.04	1:15.05	1:58.74	2:48.57

Men 18-24 200 LC Meter IM**US NATL: 2:09.30 U 8/15/2005 Dave Rollins****New England: 2:29.69 N 6/27/2009 Michael Lenihan****Meet Record: 2:29.69 M 6/27/2009 Michael Lenihan**

1	Sorrentino, Mike	21	Adirondack-AD	2:35.77
	32.90	1:15.03	2:00.13	2:35.77

Men 25-29 50 LC Meter Freestyle**WORLD: 22.59 8/28/1983 Kevin Deforrest****US NATL: 22.59 U 8/28/1983 Kevin Deforrest****New England: 24.51 N 1992 Kipp Dye****Meet Record: 27.00 M 6/21/2008 Zachary Gray**

1	Gray, Zachary	28	Maine-NE	27.52
2	Landry, John	27	Liquid Assets-NE	29.47
3	Amundsen, Nick	28	1776-DV	32.05

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 25-29 50 LC Meter Freestyle

WORLD: 22.59 8/28/1983 Kevin Deforrest
US NATL: 22.59 U 8/28/1983 Kevin Deforrest
New England: 24.51 N 1992 Kipp Dye
Meet Record: 27.00 M 6/21/2008 Zachary Gray

1	Gray, Zachary	28	Maine-NE	28.61
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Men 25-29 100 LC Meter Freestyle

WORLD: 50.74 8/13/2000 Nick Shackell
US NATL: 50.74 U 8/13/2000 Nick Shackell
New England: 54.64 N 1976 Fred Schlicher
Meet Record: 1:00.30 M 6/28/2009 Zachary Gray

1	Gray, Zachary	28	Maine-NE	1:03.86
	30.52	1:03.86		
2	Landry, John	27	Liquid Assets-NE	1:07.97
	31.96	1:07.97		
3	Foley, Daniel	27	Middlebury-NE	1:09.52
	33.47	1:09.52		

Men 25-29 200 LC Meter Freestyle

WORLD: 1:52.17 8/23/1992 John Keppeler
US NATL: 1:51.00 U 3/12/1996 John Keppeler
New England: 1:58.98 N 1996 Chris Barrett
Meet Record: 2:12.12 M 6/27/2010 Bryan Guarnier

1	Gray, Zachary	28	Maine-NE	2:27.35
	32.29	1:09.06	1:47.68	2:27.35
2	Landry, John	27	Liquid Assets-NE	2:39.21
	33.77	1:14.76	1:58.54	2:39.21

Men 25-29 400 LC Meter Freestyle

WORLD: 4:00.98 8/18/2002 Honza Vitazka
US NATL: 4:00.98 U 8/18/2002 Honza Vitazka
New England: 4:19.63 N 2002 Jason Eaddy
Meet Record: 5:06.52 M 6/27/2010 Zachary Gray

1	Kaemmerlen, Peter	27	Niagara-NI	4:44.74M
	30.35	1:04.55	1:40.29	2:16.77
	2:55.01	3:32.31	4:08.75	4:44.74
2	Gray, Zachary	28	Maine-NE	5:16.79
	33.75	1:11.80	1:51.26	2:31.62
	3:12.94	3:54.81	4:35.75	5:16.79
3	Landry, John	27	Liquid Assets-NE	6:01.56
	32.87	1:12.83	1:55.67	2:43.18
	3:32.14	4:23.49	5:13.69	6:01.56

Men 25-29 800 LC Meter Freestyle

WORLD: 8:24.67 6/29/1997 Alex Kostich
US NATL: 8:24.67 U 6/29/1997 Alex Kostich
New England: 9:03.06 N 2003 Jason Eaddy
Meet Record: 11:15.19 M 6/25/2010 Zachary Gray

1	Gray, Zachary	28	Maine-NE	11:35.53
	35.50	1:15.77	1:56.89	2:41.06
	3:18.26	4:11.00	4:56.29	5:42.73
	6:28.26	7:14.80	8:01.26	8:46.28
	9:30.22	10:13.99	10:55.54	11:35.53

Men 25-29 1500 LC Meter Freestyle

WORLD: 16:13.89 8/10/1997 Alex Kostich
US NATL: 16:13.89 U 8/10/1997 Alex Kostich
New England: 17:39.59 N 2003 Jason Eaddy
Meet Record: 21:22.91 M 6/25/2010 Zachary Gray

1	Gray, Zachary	28	Maine-NE	22:09.46
	37.39	1:18.97	2:02.23	2:47.29
	3:28.13	4:18.29	5:04.60	5:50.64
	6:36.39	7:20.28	8:05.56	8:48.99
	9:34.14	10:18.53	11:04.06	11:48.59
	12:34.09	13:18.64	14:03.71	14:48.33
	15:26.12	16:15.80	17:00.48	17:44.91
	18:30.37	19:14.94	20:00.22	20:44.61
	21:29.09	22:09.46		

Men 25-29 50 LC Meter Backstroke

WORLD: 26.18 3/7/2010 Hideaki Aoki
US NATL: 26.64 U 8/8/2009 Kevin Doak
New England: 29.15 N 1976 Larry Butler
Meet Record: 32.74 M 6/21/2008 Justin Brinkmeyer

1	Kaemmerlen, Peter	27	Niagara-NI	31.03M
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Men 25-29 100 LC Meter Backstroke

WORLD: 57.42 9/27/2009 Ikumi Hasegawa
US NATL: 55.26 U 8/4/2010 Adam Mania
New England: 1:01.88 N 6/27/2009 Matthieu Fuzellie
Meet Record: 1:01.88 M 6/27/2009 Matthieu Fuzellie

1	Hockridge, Matt	26	UN-New England-NE	1:16.24
	36.96	1:16.24		
2	Gray, Zachary	28	Maine-NE	1:20.68
	38.47	1:20.68		

Men 25-29 200 LC Meter Backstroke

WORLD: 2:05.86 6/5/1994 Martin Harris
US NATL: 2:07.57 U 8/23/1992 John Keppeler
New England: 2:13.88 N 2003 Jason Eaddy
Meet Record: 2:47.22 M 6/27/2010 Zachary Gray

1	Kaemmerlen, Peter	27	Niagara-NI	2:26.95M
	34.10	1:11.04	1:48.81	2:26.95
2	Gray, Zachary	28	Maine-NE	3:00.92
	41.53	1:27.97	2:14.13	3:00.92

Men 25-29 200 LC Meter Breaststroke

WORLD: 2:16.70 8/17/2008 Gary Marshall
US NATL: 2:16.70 U 8/17/2008 Gary Marshall
New England: 2:31.07 N 1998 Jonathan Banville
Meet Record: 3:12.18 M 6/22/2008 Son Nguyen

1	Gray, Zachary	28	Maine-NE	3:24.95
	44.85	1:37.07	2:30.92	3:24.95

Men 25-29 50 LC Meter Butterfly

WORLD: 23.71 8/16/2008 Kohei Kawamoto
US NATL: 23.71 U 8/16/2008 Kohei Kawamoto
New England: 25.67 N 2003 Jason Eaddy
Meet Record: 26.67 M 6/27/2009 Matthieu Fuzellie

1	Hockridge, Matt	26	UN-New England-NE	32.85
2	Amundsen, Nick	28	1776-DV	38.77

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 25-29 100 LC Meter Butterfly

WORLD:	53.09	8/15/2008	Kohei Kawamoto	
US NATL:	53.09	U 8/15/2008	Kohei Kawamoto	
New England:	55.69	N 2004	Jason Eaddy	
Meet Record:	1:03.60	M 6/27/2010	Bryan Guarnier	
1	Landry, John	27	Liquid Assets-NE	1:22.68
	36.05		1:22.68	

Men 25-29 200 LC Meter Butterfly

WORLD:	2:03.26	4/23/2008	Satoshi Toratani	
US NATL:	2:05.76	U 7/21/2002	Jason Eaddy	
New England:	2:05.76	N 2002	Jason Eaddy	
Meet Record:	2:26.77	M 6/26/2010	Bryan Guarnier	
1	Gray, Zachary	28	Maine-NE	3:19.91
	42.67		1:33.26	2:25.11
			3:19.91	

Men 25-29 200 LC Meter IM

WORLD:	2:06.33	8/18/2002	Honza Vitazka	
US NATL:	2:06.33	U 8/18/2002	Honza Vitazka	
New England:	2:16.11	N 1976	Fred Schlicher	
Meet Record:	2:26.97	M 6/27/2010	Bryan Guarnier	
1	Kaemmerlen, Peter	27	Niagara-NI	2:26.85M
	29.42		1:07.38	1:50.63
			2:26.85	
2	Hockridge, Matt	26	UN-New England-NE	2:48.11
	34.08		1:18.06	2:07.76
			2:48.11	
3	Gray, Zachary	28	Maine-NE	2:49.76
	39.64		1:22.06	2:12.46
			2:49.76	
4	Landry, John	27	Liquid Assets-NE	3:02.36
	35.63		1:22.35	2:20.80
			3:02.36	

Men 25-29 400 LC Meter IM

WORLD:	4:30.05	9/12/2009	Diogo Yabe	
US NATL:	4:32.19	U 8/18/2002	Honza Vitazka	
New England:	4:53.07	N 2002	Jason Eaddy	
Meet Record:	5:57.68	M 6/22/2008	Zachary Gray	
1	Gray, Zachary	28	Maine-NE	6:27.13
	40.90		1:32.88	2:21.56
			3:12.09	
	4:08.40		5:05.06	5:48.14
			6:27.13	

Men 30-34 50 LC Meter Freestyle

WORLD:	22.53	6/6/2009	Sabir Muhammed	
US NATL:	22.53	U 6/6/2009	Sabir Muhammed	
New England:	23.79	N 2004	Jeremy Gross	
Meet Record:	26.41	M 6/21/2008	Jared Walkenhorst	
1	Gately, Thomas	31	Y North Shore-NE	27.87
2	Marzano, Eric	33	Granite State-NE	28.56

Men 30-34 100 LC Meter Freestyle

WORLD:	50.84	9/18/2009	S.Kunzelmann	
US NATL:	51.50	U 7/12/1991	Rowdy Gaines	
New England:	53.35	N 2004	Jeremy Gross	
Meet Record:	58.28	M 6/28/2009	Dave Titus	
1	Foley, Patrick	31	Middlebury-NE	58.46
	28.04		58.46	
2	Gately, Thomas	31	Y North Shore-NE	1:01.84
	29.50		1:01.84	
3	Marzano, Eric	33	Granite State-NE	1:05.12
	29.29		1:05.12	

4	Dozier, Curtis	34	FISH-MR	1:12.30
	34.54		1:12.30	

Men 30-34 100 LC Meter Freestyle

WORLD:	50.84	9/18/2009	S.Kunzelmann	
US NATL:	51.50	U 7/12/1991	Rowdy Gaines	
New England:	53.35	N 2004	Jeremy Gross	
Meet Record:	58.28	M 6/28/2009	Dave Titus	
3	Nguyen, Son	32	Maine-NE	1:08.09

Men 30-34 200 LC Meter Freestyle

WORLD:	1:53.15	5/3/2009	Daniel Kowalski	
US NATL:	1:53.46	U 7/26/2009	Tamas Kerekjarto	
New England:	1:59.82	N 1992	Chris Hancock	
Meet Record:	2:12.09	M 6/27/2009	Jonathan Churins	
1	Danner, Gregory	30	Niagara-NI	2:09.55M
	31.17		1:04.92	1:38.17
			2:09.55	
2	Gately, Thomas	31	Y North Shore-NE	2:23.24
	32.55		1:09.16	1:46.55
			2:23.24	

Men 30-34 400 LC Meter Freestyle

WORLD:	3:58.42	5/2/2009	Daniel Kowalski	
US NATL:	4:05.61	U 8/11/2002	Erik Hochstein	
New England:	4:23.41	N 1981	Fred Schlicher	
Meet Record:	4:49.39	M 6/22/2008	Pieter deHart	
1	Danner, Gregory	30	Niagara-NI	4:19.37M
	29.26		1:01.21	1:33.59
			2:06.82	
	2:39.65		3:13.59	3:46.41
			4:19.37	
2	Foley, Patrick	31	Middlebury-NE	4:54.35
	32.73		1:08.97	1:44.97
			2:21.39	
	2:57.75		3:35.97	4:14.35
			4:54.35	
3	Gately, Thomas	31	Y North Shore-NE	5:14.80
	33.75		1:11.83	1:50.85
			2:30.59	
	3:11.26		3:52.09	4:33.70
			5:14.80	
4	Dozier, Curtis	34	FISH-MR	5:57.44
	39.46		1:23.12	2:08.17
			2:54.95	
	3:41.57		4:27.88	5:13.49
			5:57.44	

Men 30-34 800 LC Meter Freestyle

WORLD:	8:18.76	4/29/2009	Daniel Kowalski	
US NATL:	8:40.19	U 11/14/1993	Rowdy Gaines	
New England:	9:21.25	N 1985	Todd Bryan	
Meet Record:	10:09.86	M 6/20/2008	Pieter deHart	
1	Foley, Patrick	31	Middlebury-NE	10:26.85
	33.62		1:11.25	1:48.80
			2:27.99	
	3:06.59		3:46.56	4:25.78
			5:06.43	
	5:46.51		6:27.60	7:07.75
			7:48.84	
	8:28.80		9:08.93	9:47.67
			10:26.85	
2	Gately, Thomas	31	Y North Shore-NE	11:21.60
	38.41		1:21.11	2:04.51
			2:47.23	
	3:30.97		4:14.08	4:57.21
			5:40.59	
	6:23.77		7:07.14	7:50.50
			8:33.86	
	9:17.57		10:00.11	10:41.13
			11:21.60	
3	Dozier, Curtis	34	FISH-MR	12:25.84
	41.19		1:27.16	2:13.10
			3:00.52	
	3:47.32		4:34.96	5:21.99
			6:09.68	
	6:55.80		7:43.73	8:31.01
			9:19.26	
	10:05.70		10:53.54	11:40.36
			12:25.84	

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Men 30-34 800 LC Meter Freestyle)

4	Nguyen, Son	32	Maine-NE	13:10.98
	38.01	1:24.44	2:12.03	3:02.30
	3:50.47	4:39.74	5:29.90	6:21.54
	7:13.50	8:05.35	8:56.83	9:49.92
	10:41.62	11:33.55	12:23.85	13:10.98

Men 30-34 1500 LC Meter Freestyle

WORLD: 16:30.41 11/7/2009 Asuka Koizumi				
US NATL: 16:36.06 U 8/22/1993 Bobby Patten				
New England: 17:32.35 N 1985 Todd Bryan				
Meet Record: 18:26.14 M 6/26/2009 Thierry Marin				
1	Gately, Thomas	31	Y North Shore-NE	22:56.37
	35.35	1:15.43	1:56.29	2:37.55
	3:19.62	4:01.96	4:47.07	5:40.71
	6:31.44	7:22.57	8:13.29	8:55.63
	9:38.95	10:22.73	11:07.84	11:52.56
	12:38.11	13:23.56	14:20.55	15:14.96
	16:00.70	16:47.02	17:32.82	18:18.80
	19:04.71	19:50.47	20:37.27	21:23.95
	22:10.82	22:56.37		
2	Dozier, Curtis	34	FISH-MR	23:27.30
	40.40	1:25.30	2:10.11	2:57.42
	3:44.11	4:31.92	5:18.82	6:06.59
	6:53.73	7:41.76	8:29.21	9:16.94
	10:03.97	10:52.04	11:38.97	12:26.64
	13:13.89	14:01.42	14:48.60	15:35.90
	16:23.32	17:10.67	17:58.12	18:45.75
	19:32.83	20:20.60	21:07.69	21:55.10
	22:42.15	23:27.30		
3	Nguyen, Son	32	Maine-NE	25:38.62
	34.17	1:30.63	2:20.36	3:10.86
	4:02.75	4:55.75	5:48.08	6:40.98
	7:31.92	8:23.59	9:15.49	10:07.87
	10:58.96	11:52.12	12:42.76	13:33.88
	14:26.34	15:19.60	16:12.65	17:05.22
	17:57.47	18:49.98	19:42.11	20:34.66
	21:27.69	22:20.69	23:11.38	24:03.52
	24:52.45	25:38.62		

Men 30-34 50 LC Meter Backstroke

WORLD: 26.64 3/29/2002 Martin Harris				
US NATL: 26.59 U 6/7/2009 Derya Buyukuncu				
New England: 29.32 N 1998 Kipp Dye				
Meet Record: 31.66 M 6/28/2009 Dave Titus				
1	Nguyen, Son	32	Maine-NE	42.67

Men 30-34 100 LC Meter Backstroke

WORLD: 57.24 6/2/2000 Martin Harris				
US NATL: 58.66 U 7/9/1994 Sean Murphy				
New England: 1:04.47 N 1998 Rob Berry				
Meet Record: 1:07.86 M 6/27/2009 Dave Titus				
1	Danner, Gregory	30	Niagara-NI	1:04.88M
	31.32	1:04.88		
2	Gately, Thomas	31	Y North Shore-NE	1:20.57
	39.32	1:20.57		

3	Nguyen, Son	32	Maine-NE	1:30.53
	45.15	1:30.53		

Men 30-34 200 LC Meter Backstroke

WORLD: 2:02.75 11/24/2000 Rogerio Romero				
US NATL: 2:05.62 U 7/9/1994 Sean Murphy				
New England: 2:20.92 N 1987 Robert Crowder				
Meet Record: 2:34.29 M 6/21/2008 Pieter deHart				
1	Gately, Thomas	31	Y North Shore-NE	2:50.75
	40.38	1:23.98	2:08.60	2:50.75
2	Nguyen, Son	32	Maine-NE	3:33.25
	49.37	1:43.82	2:38.19	3:33.25

Men 30-34 50 LC Meter Breaststroke

WORLD: 28.86 12/6/2009 Ryosuke Imai				
US NATL: 29.01 U 8/7/2006 Jeff Commings				
New England: 30.70 N 2004 Jonathan Banville				
Meet Record: 33.43 M 6/22/2008 Jared Walkenhorst				
1	Nguyen, Son	32	Maine-NE	35.90

Men 30-34 100 LC Meter Breaststroke

WORLD: 1:04.40 8/29/2003 P.Schmollinger				
US NATL: 1:05.10 U 6/3/2007 Jeff Commings				
New England: 1:08.41 N 2004 Jonathan Banville				
Meet Record: 1:14.52 M 6/21/2008 Jared Walkenhorst				
1	Nguyen, Son	32	Maine-NE	1:23.16
	39.36	1:23.16		

Men 30-34 200 LC Meter Breaststroke

WORLD: 2:20.43 8/25/1999 Nick Gillingham				
US NATL: 2:24.06 U 8/18/1991 David Lundberg				
New England: 2:31.78 N 2004 Jonathan Banville				
Meet Record: 2:50.60 M 6/23/2007 Kevin Kosiorek				
1	Nguyen, Son	32	Maine-NE	3:06.43
	41.08	1:27.89	2:16.33	3:06.43
2	Dozier, Curtis	34	FISH-MR	3:16.72
	45.80	1:36.01	2:26.46	3:16.72
3	Gately, Thomas	31	Y North Shore-NE	3:26.72
	48.58	1:41.93	2:34.25	3:26.72

Men 30-34 50 LC Meter Butterfly

WORLD: 24.15 8/6/2009 Oswaldo Quevedo				
US NATL: 24.73 U 8/10/2006 Oswaldo Quevedo				
New England: 25.74 N 2004 Jeremy Gross				
Meet Record: 28.09 M 6/26/2010 Matthew Mauriello				
1	Gately, Thomas	31	Y North Shore-NE	30.74
2	Marzano, Eric	33	Granite State-NE	31.22
3	Nguyen, Son	32	Maine-NE	36.02

Men 30-34 100 LC Meter Butterfly

WORLD: 54.98 8/9/2009 Oswaldo Quevedo				
US NATL: 55.01 U 7/26/2009 Tamas Kerekjarto				
New England: 58.82 N 2004 Jeremy Gross				
Meet Record: 1:04.79 M 6/27/2010 Matthew Mauriello				
1	Danner, Gregory	30	Niagara-NI	1:00.10M
	28.36	1:00.10		
2	Marzano, Eric	33	Granite State-NE	1:14.53
	35.25	1:14.53		
---	Nguyen, Son	32	Maine-NE	X1:27.32

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 30-34 200 LC Meter Butterfly**WORLD: 2:03.85 8/4/1995 Bobby Patten****US NATL: 2:03.76 U 8/11/2010 Matt Haupt****New England: 2:12.83 N 1981 Fred Schlicher****Meet Record: 2:37.99 M 6/26/2010 Matthew Mauriello**

1	Danner, Gregory	30	Niagara-NI	2:08.55M
	28.42	1:01.06	1:33.97	2:08.55
2	Nguyen, Son	32	Maine-NE	3:31.75
	48.09	1:41.36	2:38.48	3:31.75

Men 30-34 200 LC Meter IM**WORLD: 2:05.52 8/23/2009 Istvan Bathazi****US NATL: 2:05.52 U 8/23/2009 Istvan Bathazi****New England: 2:18.78 N 1978 Fred Schlicher****Meet Record: 2:31.07 M 6/21/2008 Pieter deHart**

1	Danner, Gregory	30	Niagara-NI	2:15.22M
	28.95	1:04.25	1:42.40	2:15.22
2	Gately, Thomas	31	Y North Shore-NE	2:52.81
	32.61	1:21.75	2:17.29	2:52.81
3	Nguyen, Son	32	Maine-NE	3:00.53
	38.50	1:30.53	2:17.41	3:00.53

Men 30-34 400 LC Meter IM**WORLD: 4:35.41 1/16/2010 Asuka Koizumi****US NATL: 4:40.22 U 7/9/1994 Sean Murphy****New England: 5:01.43 N 1978 Fred Schlicher****Meet Record: 5:26.68 M 6/22/2008 Pieter deHart**

1	Danner, Gregory	30	Niagara-NI	4:44.64M
	28.91	1:01.96	1:39.51	2:16.62
	2:56.68	3:38.44	4:11.98	4:44.64
2	Gately, Thomas	31	Y North Shore-NE	6:31.77
	37.19	1:26.07	2:22.94	3:17.11
	4:15.88	5:13.55	5:53.73	6:31.77
3	Dozier, Curtis	34	FISH-MR	6:33.03
4	Nguyen, Son	32	Maine-NE	6:40.26
	41.29	1:27.32	2:22.66	3:17.20
	4:09.69	5:02.67	5:53.19	6:40.26

Men 35-39 50 LC Meter Freestyle**WORLD: 22.76 8/20/2005 Mark Foster****US NATL: 23.60 U 6/7/2009 Felipe Delgado****New England: 24.41 N 2005 Michael Ross****Meet Record: 25.97 M 6/26/2010 Jonathan Churins**

1	Ohman, Niclas	37	Granite State-NE	26.07
2	Young, Matthew	37	Pittsfield Y-NE	29.33
3	Churins, Jonathan	36	FISH-MR	30.94
4	Bard, Tim	35	St Michaels-NE	33.75

Men 35-39 100 LC Meter Freestyle**WORLD: 50.78 9/27/2009 Hideaki Hara****US NATL: 51.49 U 7/16/1995 Rowdy Gaines****New England: 52.23 N 2004 Michael Ross****Meet Record: 57.20 M 6/26/2010 Niclas Ohman**

1	Ohman, Niclas	37	Granite State-NE	57.56
	27.10	57.56		
2	Mauriello, Matthew	35	FISH-MR	1:02.41
	30.82	1:02.41		

3	Young, Matthew	37	Pittsfield Y-NE	1:07.68
	30.20	1:07.68		
4	Churins, Jonathan	36	FISH-MR	1:15.27
	37.25	1:15.27		
5	Bard, Tim	35	St Michaels-NE	1:16.74
	36.87	1:16.74		

Men 35-39 200 LC Meter Freestyle**WORLD: 1:52.84 8/6/2006 Vlad Pyshnenko****US NATL: 1:52.84 U 8/6/2006 Vlad Pyshnenko****New England: 1:55.62 N 2006 Michael Ross****Meet Record: 2:08.80 M 6/27/2010 Jonathan Churins**

1	Ohman, Niclas	37	Granite State-NE	2:10.50
	31.45	1:06.50	1:40.08	2:10.50
2	Yepes, William	37	Liquid Assets-NE	2:46.17
	37.67	1:19.96	2:04.03	2:46.17
3	Bard, Tim	35	St Michaels-NE	2:56.37
	40.73	1:25.34	2:10.87	2:56.37

Men 35-39 400 LC Meter Freestyle**WORLD: 4:07.64 7/16/1995 Rowdy Gaines****US NATL: 4:07.64 U 7/16/1995 Rowdy Gaines****New England: 4:17.61 N 2003 Stuart Cromarty****Meet Record: 4:44.37 M 6/27/2010 Jonathan Churins**

1	Dudley, Robert	39	Maine-NE	5:34.10
	36.39	1:17.37	1:59.18	2:42.07
	3:24.88	4:08.39	4:51.55	5:34.10
2	Bard, Tim	35	St Michaels-NE	6:19.36
	42.51	1:28.40	2:16.32	3:05.17
	3:54.07	4:43.22	5:31.60	6:19.36

Men 35-39 800 LC Meter Freestyle**WORLD: 8:38.73 11/12/1995 Rowdy Gaines****US NATL: 8:38.73 U 11/12/1995 Rowdy Gaines****New England: 8:55.04 N 2003 Stuart Cromarty****Meet Record: 10:04.45 M 6/25/2010 Mike Broglio**

1	Yepes, William	37	Liquid Assets-NE	12:17.36
	38.89	1:23.30	2:08.37	2:54.77
	3:40.88	4:28.70	5:14.26	6:03.99
	6:45.67	7:38.04	8:24.94	9:12.69
	9:59.69	10:47.44	11:33.41	12:17.36

Men 35-39 1500 LC Meter Freestyle**WORLD: 16:32.72 8/14/2008 Christopher Derks****US NATL: 16:32.72 U 8/14/2008 Christopher Derks****New England: 17:45.75 N 1988 Todd Bryan****Meet Record: 19:14.57 M 6/26/2009 Benjamin Morse**

1	Mauriello, Matthew	35	FISH-MR	19:25.64
	32.96	1:11.23	1:49.27	2:28.21
	3:06.82	3:45.75	4:24.72	5:04.13
	5:43.27	6:22.13	7:01.35	7:40.75
	8:20.45	9:00.15	9:39.80	10:19.59
	10:58.66	11:37.95	12:17.00	12:55.83
	13:34.73	14:13.78	14:52.85	15:32.20
	16:11.12	16:50.43	17:29.64	18:09.12
	18:48.25	19:25.64		

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Men 35-39 1500 LC Meter Freestyle)

2 Dudley, Robert	39 Maine-NE	22:28.68
36.63	1:18.06	2:00.86
3:28.53	4:13.28	4:57.19
6:25.55	7:10.23	7:55.21
9:26.60	10:12.17	10:57.10
12:28.06	13:13.87	13:59.75
15:30.86	16:17.43	17:03.90
18:37.14	19:24.15	20:10.94
21:44.18	22:28.68	
3 Yepes, William	37 Liquid Assets-NE	23:36.52
38.92	1:23.24	2:07.93
3:41.24	4:29.11	5:16.59
6:53.13	7:41.73	8:29.87
10:06.83	10:55.39	11:43.24
13:18.92	14:06.82	14:54.31
16:30.04	17:18.05	18:06.46
19:42.79	20:31.32	21:18.67
22:52.47	23:36.52	

Men 35-39 50 LC Meter Backstroke

WORLD:	27.03	8/8/2009	Edilson Silva
US NATL:	27.03	U 8/8/2009	Edilson Silva
New England:	27.50	N 2004	Michael Ross
Meet Record:	30.88	M 6/23/2007	Ed Anthos
1 Churins, Jonathan	36 FISH-MR	34.11	

Men 35-39 100 LC Meter Backstroke

WORLD:	59.18	8/9/2006	Michael Ross
US NATL:	59.18	U 8/10/2006	Michael Ross
New England:	59.18	N 2006	Michael Ross
Meet Record:	1:06.22	M 6/23/2007	Ed Anthos
--- Ohman, Niclas	37 Granite State-NE	X1:09.56	

Men 35-39 50 LC Meter Breaststroke

WORLD:	28.47	10/24/2009	Vladislav Bragin
US NATL:	28.53	U 5/25/2009	Jeff Commings
New England:	31.40	N 2006	Mike Lane
Meet Record:	37.11	M 6/27/2009	Shawn Bazinet
1 Mauriello, Matthew	35 FISH-MR	36.93M	
2 Yepes, William	37 Liquid Assets-NE	42.55	
3 Churins, Jonathan	36 FISH-MR	49.22	

Men 35-39 100 LC Meter Breaststroke

WORLD:	1:02.72	10/25/2009	Vladislav Bragin
US NATL:	1:05.00	U 4/1/2000	Wally Dicks
New England:	1:10.79	N 2006	Mike Lane
Meet Record:	1:24.02	M 6/27/2010	Mark Palace
1 Bard, Tim	35 St Michaels-NE	1:36.49	
46.00	1:36.49		

Men 35-39 200 LC Meter Breaststroke

WORLD:	2:20.29	6/5/2004	Nick Gillingham
US NATL:	2:21.87	U 7/29/2001	Ron Karnaugh
New England:	2:34.64	N 2006	Mike Lane
Meet Record:	3:12.80	M 6/28/2009	TJ Foley
1 Yepes, William	37 Liquid Assets-NE	3:18.33	
46.24	1:38.47	2:28.22	
		3:18.33	

2 Bard, Tim	35 St Michaels-NE	3:34.11
48.86	1:44.63	2:38.65
		3:34.11

Men 35-39 50 LC Meter Butterfly

WORLD:	24.70	8/19/2005	Mark Foster
US NATL:	25.00	U 8/18/2002	Wade King
New England:	25.49	N 2004	Michael Ross
Meet Record:	28.61	M 6/27/2009	Noel Lapierre
1 Ohman, Niclas	37 Granite State-NE	27.83M	
2 Mauriello, Matthew	35 FISH-MR	28.11M	
3 Young, Matthew	37 Pittsfield Y-NE	34.47	

Men 35-39 100 LC Meter Butterfly

WORLD:	55.84	3/8/2009	Eiji Nomura
US NATL:	56.07	U 8/15/2004	Michael Ross
New England:	56.07	N 2004	Michael Ross
Meet Record:	1:08.37	M 6/27/2010	Jonathan Churins

1 Ohman, Niclas	37 Granite State-NE	1:03.25M
30.32	1:03.25	
2 Mauriello, Matthew	35 FISH-MR	1:05.54M
30.71	1:05.54	
3 Dudley, Robert	39 Maine-NE	1:23.94
38.96	1:23.94	
4 Young, Matthew	37 Pittsfield Y-NE	1:32.29
35.78	1:32.29	

Men 35-39 200 LC Meter Butterfly

WORLD:	2:06.74	6/27/1996	Jeff Stuart
US NATL:	2:06.74	U 6/28/1996	Jeff Stuart
New England:	2:12.91	N 1983	Fred Schlicher
Meet Record:	2:57.08	M 6/26/2010	Benjamin Morse

1 Mauriello, Matthew	35 FISH-MR	2:36.06M
33.71	1:13.38	1:55.35
		2:36.06
2 Dudley, Robert	39 Maine-NE	3:09.64
41.51	1:30.38	2:21.28
		3:09.64
3 Yepes, William	37 Liquid Assets-NE	3:48.41
43.24	1:40.61	2:48.11
		3:48.41

Men 35-39 200 LC Meter IM

WORLD:	2:08.19	8/3/2002	Ron Karnaugh
US NATL:	2:05.64	U 12/7/2002	Ron Karnaugh
New England:	2:21.50	N 1983	Fred Schlicher
Meet Record:	2:31.04	M 6/27/2010	Jonathan Churins

1 Mauriello, Matthew	35 FISH-MR	2:41.51
32.39	1:15.44	2:02.99
		2:41.51
2 Dudley, Robert	39 Maine-NE	2:52.44
36.22	1:26.46	2:17.19
		2:52.44
3 Yepes, William	37 Liquid Assets-NE	3:06.81
37.16	1:31.98	2:26.83
		3:06.81

Men 35-39 400 LC Meter IM

WORLD:	4:42.45	3/28/2002	Nicolas Granger
US NATL:	4:34.10	U 7/29/2001	Ron Karnaugh
New England:	4:59.66	N 1983	Fred Schlicher
Meet Record:	5:52.52	M 6/22/2008	Robert Dudley

1 Dudley, Robert	39 Maine-NE	6:23.81
40.62	1:25.64	2:19.61
		3:12.43
	4:06.00	5:01.34
		5:44.51
		6:23.81

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Men 35-39 400 LC Meter IM)

2	Yepes, William	37	Liquid Assets-NE	6:40.99
	38.92	1:27.50	2:26.26	3:23.79
	4:18.89	5:13.21	5:59.27	6:40.99

Men 40-44 50 LC Meter Freestyle

WORLD: 23.86 4/21/2008 M.Gialdi				
US NATL: 24.14 U 7/13/2003 David Boatwright				
New England: 24.31 N 2008 Michael Ross				
Meet Record: 25.53 M 6/26/2010 Michael Ross				
Canadian: 25.34 C 2/3/2007 Hebert Henry				
1	O'Leary, Shawn	41	Maine-NE	27.52
2	Martini, Paolo	44	Liquid Assets-NE	29.36
3	White, Alan	40	Liquid Assets-NE	37.54

Men 40-44 100 LC Meter Freestyle

WORLD: 52.10 7/25/2009 Erik Hochstein				
US NATL: 51.72 U 8/1/2010 Vlad Pyshnenko				
New England: 52.69 N 2008 Michael Ross				
Meet Record: 56.45 M 6/23/2007 Stuart Cromarty				
1	Manhart, Sam	43	Maine-NE	1:02.21

Men 40-44 100 LC Meter Freestyle

WORLD: 52.10 7/25/2009 Erik Hochstein				
US NATL: 51.72 U 8/1/2010 Vlad Pyshnenko				
New England: 52.69 N 2008 Michael Ross				
Meet Record: 53.99 M 6/26/2010 Michael Ross				
Canadian: 55.78 C 3/31/2004 Peter McKinnon				
1	Fletcher, Kevin	41	Adirondack-AD	1:02.35
	30.06	1:02.35		
2	O'Leary, Shawn	41	Maine-NE	1:02.41
	29.06	1:02.41		
3	Martini, Paolo	44	Liquid Assets-NE	1:05.89
	31.96	1:05.89		
4	White, Alan	40	Liquid Assets-NE	1:22.69

Men 40-44 200 LC Meter Freestyle

WORLD: 1:55.06 8/6/2009 Michael Ross				
US NATL: 1:53.65 U 8/2/2010 Vlad Pyshnenko				
New England: 1:58.94 N 2004 Stuart Cromarty				
Meet Record: 2:04.33 M 6/24/2007 Stuart Cromarty				
Canadian: 2:03.53 C 9/30/2002 Graham Welbourn				
1	Manhart, Sam	43	Maine-NE	2:14.24
	30.73	1:04.72	1:39.68	2:14.24
2	White, Alan	40	Liquid Assets-NE	3:29.65

Men 40-44 400 LC Meter Freestyle

WORLD: 4:06.74 7/24/2009 Erik Hochstein				
US NATL: 4:06.74 U 7/24/2009 Erik Hochstein				
New England: 4:17.23 N 2004 Stuart Cromarty				
Meet Record: 4:28.70 M 6/23/2007 Stuart Cromarty				
Canadian: 4:22.55 C 9/30/2002 Graham Welbourn				
1	Manhart, Sam	43	Maine-NE	4:49.07
	31.63	1:07.27	1:43.80	2:21.07
	2:58.03	3:36.21	4:13.07	4:49.07
2	White, Alan	40	Liquid Assets-NE	7:10.53
	49.79	7:10.53		

Men 40-44 800 LC Meter Freestyle

WORLD: 8:41.65 7/27/2005 Jeff Erwin				
US NATL: 8:37.81 U 7/25/2010 Alex Kostich				
New England: 8:51.45 N 2004 Stuart Cromarty				
Meet Record: 9:55.48 M 6/26/2009 Sam Manhart				
Canadian: 9:07.53 C 9/30/2002 Graham Welbourn				
---	Manhart, Sam	43	Maine-NE	X10:10.49

Men 40-44 1500 LC Meter Freestyle

WORLD: 16:39.60 8/14/2008 Jeff Erwin				
US NATL: 16:36.91 U 7/23/2010 Alex Kostich				
New England: 18:53.26 N 6/26/2009 Sam Manhart				
Meet Record: 18:53.26 M 6/26/2009 Sam Manhart				
Canadian: 17:46.56 C 4/30/2005 Len Gushe				
1	Manhart, Sam	43	Maine-NE	19:11.17
	32.82	1:09.90	1:47.39	2:25.54
	3:04.14	3:42.67	4:21.08	5:00.14
	5:38.84	6:18.19	6:56.76	7:35.60
	8:14.29	8:52.92	9:31.80	10:10.49
	10:49.57	11:28.30	12:07.46	12:47.07
	13:24.82	14:03.36	14:41.78	15:21.08
	16:00.22	16:40.13	17:18.55	17:57.46
	18:33.57	19:11.17		
2	Carothers, James	40	Pittsfield Y-NE	20:22.90
	36.40	1:16.28	1:58.20	2:39.95
	3:20.68	4:01.66	4:43.34	5:23.86
	6:04.82	6:45.89	7:26.64	8:07.66
	8:48.64	9:29.49	10:10.34	10:51.13
	11:32.11	12:12.75	12:53.56	13:34.42
	14:15.56	14:56.24	15:37.24	16:18.75
	16:59.91	17:41.34	18:22.24	19:03.66
	19:43.68	20:22.90		

Men 40-44 50 LC Meter Backstroke

WORLD: 27.47 8/23/2008 Michael Ross				
US NATL: 27.47 U 8/23/2008 Michael Ross				
New England: 27.47 N 2008 Michael Ross				
Meet Record: 28.40 M 6/27/2010 Michael Ross				
Canadian: 29.35 C 4/30/2004 Peter McKinnon				
1	Manhart, Sam	43	Maine-NE	32.52
2	Sheehan, Michael	41	Adirondack-AD	34.65
3	Fletcher, Kevin	41	Adirondack-AD	39.38

Men 40-44 200 LC Meter Backstroke

WORLD: 2:13.37 8/5/2006 Sean Murphy				
US NATL: 2:13.37 U 8/10/2006 Sean Murphy				
New England: 2:19.32 N 2006 Andrew Pulsifier				
Meet Record: 2:31.52 M 6/21/2008 Sam Manhart				
Canadian: 2:14.71 C 5/22/2010 Deke Botsford				
1	Sheehan, Michael	41	Adirondack-AD	2:42.01
	36.95	1:17.09	1:59.82	2:42.01

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 40-44 50 LC Meter Breaststroke

WORLD:	28.84	9/16/2009	Alberto Montini
US NATL:	30.41	U 8/15/2008	James Corbeau
New England:	33.20	N 6/27/2010	Michael Ross
Meet Record:	33.20	M 6/27/2010	Michael Ross
Canadian:	31.14	C 8/7/2006	Matthew Williamson
1	O'Leary, Shawn	41	Maine-NE 34.99
2	Martini, Paolo	44	Liquid Assets-NE 37.07

Men 40-44 100 LC Meter Breaststroke

WORLD:	1:05.04	6/26/2009	Alberto Montini
US NATL:	1:08.01	U 8/20/2000	David Guthrie
New England:	1:11.87	N 2003	Brian Casey
Meet Record:	1:15.10	M 6/27/2010	Michael Ross
Canadian:	1:11.72	C 8/5/2006	Marco Veilleux
1	O'Leary, Shawn	41	Maine-NE 1:21.84
	37.87	1:21.84	
2	Martini, Paolo	44	Liquid Assets-NE 1:26.49
	40.17	1:26.49	

Men 40-44 200 LC Meter Breaststroke

WORLD:	2:18.94	6/24/2009	Alberto Montini
US NATL:	2:24.19	U 5/18/2008	Roque Santos
New England:	2:43.03	N 2003	Brian Casey
Meet Record:	2:50.09	M 6/22/2008	Jon Millett
Canadian:	2:39.56	C 7/31/2002	Doug Vanderby
1	O'Leary, Shawn	41	Maine-NE 3:04.12
	41.26	1:28.66	2:16.49 3:04.12
2	Martini, Paolo	44	Liquid Assets-NE 3:11.80
	41.86	1:31.95	2:21.44 3:11.80

Men 40-44 50 LC Meter Butterfly

WORLD:	25.57	8/6/2009	Michael Ross
US NATL:	25.57	U 8/6/2009	Michael Ross
New England:	26.63	N 2008	Michael Ross
Meet Record:	26.74	M 6/26/2010	Michael Ross
Canadian:	27.05	C 12/12/2009	Barry Saretsky
1	O'Leary, Shawn	41	Maine-NE 28.83
2	White, Alan	40	Liquid Assets-NE 54.27

Men 40-44 100 LC Meter Butterfly

WORLD:	56.43	8/23/2008	Michael Ross
US NATL:	56.43	U 8/23/2008	Michael Ross
New England:	56.43	N 2008	Michael Ross
Meet Record:	1:03.05	M 6/24/2007	Stuart Cromarty
Canadian:	59.71	C 5/23/2010	Deke Botsford
1	Manhart, Sam	43	Maine-NE 1:07.71
	32.48	1:07.71	
2	Prescott, Al	43	MAMA-NE 1:34.10
	44.51	1:34.10	

Men 40-44 200 LC Meter IM

WORLD:	2:10.63	6/25/2009	Alberto Montini
US NATL:	2:14.13	U 7/25/2009	Erik Hochstein
New England:	2:19.99	N 2006	Andrew Pulsifier
Meet Record:	2:31.49	M 6/21/2008	Sam Manhart
Canadian:	2:15.78	C 5/21/2010	Deke Botsford
1	Manhart, Sam	43	Maine-NE 2:33.66
	31.33	1:12.24	1:58.95 2:33.66

2	Martini, Paolo	44	Liquid Assets-NE 3:00.12
	34.06	1:24.88	2:15.55 3:00.12

Men 45-49 50 LC Meter Freestyle

WORLD:	24.26	7/19/2004	Brent Barnes
US NATL:	24.29	U 8/10/2006	Paul Smith
New England:	25.69	N 6/21/2008	Doug Pride
Meet Record:	25.69	M 6/21/2008	Doug Pride
Canadian:	25.96	C 8/17/2008	Brian Hasegawa
1	Pride, Douglas	48	Maine-NE 26.21

Men 45-49 50 LC Meter Freestyle

WORLD:	24.26	7/19/2004	Brent Barnes
US NATL:	24.29	U 8/10/2006	Paul Smith
New England:	25.68	N 6/26/2010	Fritz Bedford
Meet Record:	25.68	M 6/26/2010	Fritz Bedford
Canadian:	25.96	C 8/17/2008	Brian Hasegawa
1	Bedford, Fritz	48	UV Rays-NE 25.73C
2	Pride, Douglas	48	Maine-NE 26.62
3	Bledsoe, James	47	Concord-NE 29.96
4	Raymond, Scott	46	Adirondack-AD 31.90

Men 45-49 100 LC Meter Freestyle

WORLD:	53.77	8/19/2005	Marco Colombo
US NATL:	53.90	U 8/23/1999	Jack Groselle
New England:	56.91	N 2003	Peter Worland
Meet Record:	57.57	M 6/26/2010	Fritz Bedford
Canadian:	56.16	C 4/25/2009	Peter McKinnon
1	Bedford, Fritz	48	UV Rays-NE 58.39
	27.25	58.39	
2	Pride, Douglas	48	Maine-NE 59.85
	28.28	59.85	
3	Autissier, Patrick	49	Boston College-NE 1:02.09
	30.11	1:02.09	
4	Reul, Andy	48	Connecticut-CT 1:02.43
	29.59	1:02.43	
5	Morrissey, Michael	48	Adirondack-AD 1:04.81
	29.96	1:04.81	
6	Grimmke, Willy	46	Adirondack-AD 1:05.45
	31.48	1:05.45	
7	Turecky, Martin	45	Adirondack-AD 1:12.40
	35.08	1:12.40	
8	Raymond, Scott	46	Adirondack-AD 1:13.80
	32.09	1:13.80	

Men 45-49 100 LC Meter Freestyle

WORLD:	53.77	8/19/2005	Marco Colombo
US NATL:	53.90	U 8/23/1999	Jack Groselle
New England:	56.91	N 2003	Peter Worland
Meet Record:	57.59	M 6/28/2009	Glenn Dixon
Canadian:	57.08	C 8/5/2006	Graham Welbourn
2	Millett, Jon	46	Maine-NE 1:06.51

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 45-49 200 LC Meter Freestyle

WORLD:	1:57.89	8/6/2009	Keith Switzer	
US NATL:	1:57.89	U 8/6/2009	Keith Switzer	
New England:	2:06.07	N 2009	Stuart Cromarty	
Meet Record:	2:07.37	M 6/21/2008	Michael Schmidt	
Canadian:	2:05.43	C 8/6/2006	Graham Welbourn	
1	Coombs, John	49	Liquid Assets-NE	3:00.21
	42.12	1:28.02	2:15.06	3:00.21

Men 45-49 400 LC Meter Freestyle

WORLD:	4:11.07	8/9/2009	Keith Switzer	
US NATL:	4:09.20	U 7/19/2008	Dennis Baker	
New England:	4:29.69	N 2007	Michael Schmidt	
Meet Record:	4:39.70	M 6/27/2010	Michael Schmidt	
Canadian:	4:25.90	C 8/10/2006	Graham Welbourn	
1	Autissier, Patrick	49	Boston College-NE	4:46.68
	32.27	1:07.54	1:43.28	2:20.05
	2:56.38	3:33.91	4:10.49	4:46.68
2	McGiffin, Chris	45	Berkeley-NJ	4:53.89
	32.93	1:09.97	1:47.42	2:25.04
	3:02.46	3:40.44	4:18.00	4:53.89
3	Grimmke, Willy	46	Adirondack-AD	5:25.96
	38.38	1:19.49	2:00.68	2:42.60
	3:23.00	4:04.42	4:45.21	5:25.96
4	Coombs, John	49	Liquid Assets-NE	6:21.95
	43.49	1:31.38	2:19.62	3:08.57
	3:57.26	4:46.22	5:35.46	6:21.95

Men 45-49 800 LC Meter Freestyle

WORLD:	8:42.85	8/4/2006	Marcus Mattioli	
US NATL:	8:51.98	U 8/9/2010	Jeff Erwin	
New England:	9:28.67	N 6/20/2008	Michael Schmidt	
Meet Record:	9:28.67	M 6/20/2008	Michael Schmidt	
Canadian:	9:24.91	C 8/4/2006	Graham Welbourn	
1	Reul, Andy	48	Connecticut-CT	10:34.06
	35.72	1:15.01	1:55.17	2:35.24
	3:15.19	3:54.69	4:34.30	5:13.84
	5:53.78	6:33.51	7:13.90	7:54.28
	8:34.70	9:15.32	9:55.70	10:34.06
---	McGiffin, Chris	45	Berkeley-NJ	X10:24.79

Men 45-49 1500 LC Meter Freestyle

WORLD:	16:38.81	8/10/2009	Jeff Erwin	
US NATL:	16:38.81	U 8/10/2009	Jeff Erwin	
New England:	18:13.63	N 6/26/2009	Michael Schmidt	
Meet Record:	18:13.63	M 6/26/2009	Michael Schmidt	
Canadian:	18:41.13	C 3/31/2005	Rod Craig	
1	Autissier, Patrick	49	Boston College-NE	18:43.42
	33.62	1:09.53	1:45.72	2:22.58
	2:59.07	3:36.48	4:13.36	4:51.08
	5:28.93	6:06.89	6:44.70	7:22.71
	8:00.30	8:38.39	9:16.00	9:54.23
	10:31.83	11:10.27	11:47.97	12:26.55
	13:03.81	13:42.72	14:20.04	14:58.15
	16:07.69	16:13.87	16:51.42	17:30.01
	18:07.04	18:43.42		

2	McGiffin, Chris	45	Berkeley-NJ	19:39.72
	34.06	1:12.59	1:50.49	2:30.01
	3:08.73	3:48.58	4:27.43	5:07.96
	5:47.05	6:27.32	7:06.60	7:46.72
	8:25.52	9:05.89	9:44.71	10:24.79
	11:03.60	11:43.92	12:22.72	13:02.33
	13:40.85	14:21.50	15:01.61	15:41.22
	16:21.02	17:01.67	17:41.67	18:22.48
	19:02.14	19:39.72		

3	Millett, Jon	46	Maine-NE	20:25.52
	37.84	1:19.65	2:01.47	2:43.85
	3:24.55	4:06.01	4:46.51	5:28.05
	6:09.55	6:50.61	7:31.68	8:13.07
	8:53.94	9:35.43	10:16.11	10:57.05
	11:37.93	12:18.67	12:59.67	13:40.74
	14:21.45	15:02.39	15:43.11	16:24.09
	17:04.59	17:45.78	18:25.90	19:06.66
	19:46.81	20:25.52		

Men 45-49 50 LC Meter Backstroke

WORLD:	28.05	6/7/2008	Steve Wood	
US NATL:	28.05	U 6/7/2008	Steve Wood	
New England:	31.55	N 6/27/2010	Doug Pride	
Meet Record:	31.55	M 6/27/2010	Doug Pride	
Canadian:	29.79	C 4/25/2009	Peter McKinnon	
1	Bedford, Fritz	48	UV Rays-NE	28.25C
2	Millett, Jon	46	Maine-NE	35.25
3	Reul, Andy	48	Connecticut-CT	35.66
4	Raymond, Scott	46	Adirondack-AD	37.36

Men 45-49 100 LC Meter Backstroke

WORLD:	1:00.13	6/8/2008	Steve Wood	
US NATL:	1:00.13	U 6/8/2008	Steve Wood	
New England:	1:07.11	N 6/27/2009	Doug Pride	
Meet Record:	1:07.11	M 6/27/2009	Doug Pride	
Canadian:	1:04.98	C 7/31/2003	Wieslaw Musial	
1	Bedford, Fritz	48	UV Rays-NE	1:02.65C
	30.13	1:02.65		

Men 45-49 200 LC Meter Backstroke

WORLD:	2:16.78	6/27/2009	Taihei Saka	
US NATL:	2:17.81	U 8/22/2010	Chris Stevenson	
New England:	2:24.68	N 6/27/2009	Glenn Dixon	
Meet Record:	2:18.25	M 6/21/2008	Len Gushe	
Canadian:	2:18.25	C 6/21/2008	Len Gushe	
1	Millett, Jon	46	Maine-NE	2:52.52
	42.73	1:28.14	2:10.97	2:52.52
2	Raymond, Scott	46	Adirondack-AD	3:05.99
	41.79	1:27.33	2:15.76	3:05.99

Men 45-49 50 LC Meter Breaststroke

WORLD:	29.70	9/16/2009	V.Zagrebenco	
US NATL:	30.59	U 6/8/2008	David Guthrie	
New England:	33.09	N 2004	Keith Hoffman	
Meet Record:	34.85	M 6/27/2010	Dan Ottman	
Canadian:	32.17	C 8/15/2008	Brian Hasegawa	
1	Millett, Jon	46	Maine-NE	35.82
2	Bedford, Fritz	48	UV Rays-NE	37.56
3	Turecky, Martin	45	Adirondack-AD	39.34

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Men 45-49 50 LC Meter Breaststroke)

4	Morrissey, Michael	48	Adirondack-AD	40.08
---	Grimmke, Willy	46	Adirondack-AD	DQ

Men 45-49 100 LC Meter Breaststroke

WORLD: 1:06.35 9/17/2009 V.Pylypchenko				
US NATL: 1:07.38 U 8/16/2008 David Guthrie				
New England: 1:13.58 N 2004 Keith Hoffman				
Meet Record: 1:20.26 M 6/21/2008 Adam Mitchell				
Canadian: 1:11.28 C 8/16/2008 Brian Hasegawa				
1	Bledsoe, James	47	Concord-NE	1:40.78
	48.37	1:40.78		

Men 45-49 200 LC Meter Breaststroke

WORLD: 2:24.91 9/19/2009 V.Pylypchenko				
US NATL: 2:27.79 U 8/17/2008 David Guthrie				
New England: 2:53.38 N 2004 Keith Hoffman				
Meet Record: 2:53.58 M 6/26/2010 Jon Millett				
Canadian: 2:42.79 C 8/17/2008 Brian Hasegawa				
1	Grimmke, Willy	46	Adirondack-AD	3:15.32
	44.40	1:35.23	2:26.28	3:15.32
2	Burkhardt, Martin	48	Westchester-MR	3:30.68
	47.93	1:42.14	2:37.53	3:30.68

Men 45-49 50 LC Meter Butterfly

WORLD: 25.90 8/6/2006 Paul Smith				
US NATL: 25.90 U 8/10/2006 Paul Smith				
New England: 27.31 N 6/26/2010 Fritz Bedford				
Meet Record: 27.31 M 6/26/2010 Fritz Bedford				
Canadian: 27.84 C 4/22/2007 Dave Town				
1	Bedford, Fritz	48	UV Rays-NE	26.73N
2	Pride, Douglas	48	Maine-NE	28.91
3	McIntosh, Daniel	46	Middlebury-NE	32.76
4	Bledsoe, James	47	Concord-NE	33.19

Men 45-49 100 LC Meter Butterfly

WORLD: 56.85 8/11/2002 Paul Carter				
US NATL: 56.42 U 8/4/2002 Paul Carter				
New England: 1:00.23 N 6/28/2009 Glenn Dixon				
Meet Record: 1:00.23 M 6/28/2009 Glenn Dixon				
Canadian: 1:03.51 C 5/23/2010 Pablo Conde				
1	Pride, Douglas	48	Maine-NE	1:06.92
	31.45	1:06.92		
2	Millett, Jon	46	Maine-NE	1:20.66
	37.59	1:20.66		
3	Turecky, Martin	45	Adirondack-AD	1:24.79
	40.29	1:24.79		
4	McIntosh, Daniel	46	Middlebury-NE	1:26.41
	42.79	1:26.41		
5	Coombs, John	49	Liquid Assets-NE	1:34.91
	43.32	1:34.91		

Men 45-49 200 LC Meter Butterfly

WORLD: 2:06.94 8/9/2006 Dennis Baker				
US NATL: 2:04.07 U 7/19/2008 Dennis Baker				
New England: 2:22.52 N 2007 Michael Schmidt				
Meet Record: 2:21.16 M 6/22/2008 Len Gushe				
Canadian: 2:21.16 C 6/22/2008 Len Gushe				
1	McGiffin, Chris	45	Berkeley-NJ	2:47.02
	35.36	1:17.84	2:03.94	2:47.02
2	Burkhardt, Martin	48	Westchester-MR	3:28.58
	45.03	1:37.45	2:32.74	3:28.58
---	Bledsoe, James	47	Concord-NE	3:22.03
	40.64	1:27.06	2:20.72	3:22.03

Men 45-49 200 LC Meter IM

WORLD: 2:16.12 8/7/2006 Dennis Baker				
US NATL: 2:14.90 U 8/22/2010 Jerome Frentsos				
New England: 2:22.67 N 6/27/2009 Glenn Dixon				
Meet Record: 2:21.91 M 6/21/2008 Len Gushe				
Canadian: 2:21.91 C 6/21/2008 Len Gushe				
1	McGiffin, Chris	45	Berkeley-NJ	2:38.26
	34.31	1:16.52	2:02.70	2:38.26
2	Bledsoe, James	47	Concord-NE	2:52.04
	34.93	1:19.63	2:12.73	2:52.04
3	McIntosh, Daniel	46	Middlebury-NE	3:03.70
	36.03	1:26.46	2:24.21	3:03.70
4	Burkhardt, Martin	48	Westchester-MR	3:08.62
	39.29	1:33.03	2:26.37	3:08.62
5	Coombs, John	49	Liquid Assets-NE	3:19.40
	42.27	1:37.53	2:18.82	3:19.40

Men 45-49 400 LC Meter IM

WORLD: 4:50.27 11/20/2008 Marcus Mattioli				
US NATL: 4:47.65 U 8/21/2010 Jerome Frentsos				
New England: 5:11.07 N 6/21/2008 Michael Schmidt				
Meet Record: 5:00.51 M 6/22/2008 Len Gushe				
Canadian: 5:00.51 C 6/22/2008 Len Gushe				
1	McGiffin, Chris	45	Berkeley-NJ	5:35.56
	34.47	1:14.15	2:00.62	2:44.83
	3:32.68	4:21.53	4:59.33	5:35.56
2	Burkhardt, Martin	48	Westchester-MR	6:40.20
	44.39	1:34.95	2:27.69	3:20.16
	4:13.39	5:10.31	5:57.17	6:40.20
3	Coombs, John	49	Liquid Assets-NE	7:04.94

Men 50-54 50 LC Meter Freestyle

WORLD: 24.08 6/27/2009 Brent Barnes				
US NATL: 24.58 U 8/9/2009 Ambrose Gaines				
New England: 26.45 N 2004 Greg Shaw				
Meet Record: 25.75 M 6/26/2010 Rowdy Gaines				
1	Sherman, Bill	53	Missouri-MV	26.71
2	Alexander, Mark	53	Cambridge-NE	29.54

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 50-54 100 LC Meter Freestyle

WORLD:	54.94	8/7/2009	Bob Bugg	
US NATL:	54.93	U 3/21/2004	Jack Groselle	
New England:	58.90	N 2003	Greg Shaw	
Meet Record:	56.11	M 6/26/2010	Rowdy Gaines	
1 Sherman, Bill	53	Missouri-MV	1:00.37	
	29.41	1:00.37		
2 McKinney, Maury	51	Maine-NE	1:02.78	
	30.06	1:02.78		
3 Riordan, Joseph	52	Adirondack-AD	1:08.04	
	31.73	1:08.04		

Men 50-54 400 LC Meter Freestyle

WORLD:	4:16.61	8/13/2007	Dan Stephenson	
US NATL:	4:16.61	U 8/13/2007	Dan Stephenson	
New England:	4:33.78	N 1998	Fred Schlicher	
Meet Record:	4:52.22	M 6/27/2010	Frank Wuest	
1 McKinney, Maury	51	Maine-NE	4:56.23	
	33.31	1:10.67	1:47.73	2:26.17
	3:03.55	3:41.94	4:19.55	4:56.23
2 Alexander, Mark	53	Cambridge-NE	5:10.45	
	37.22	1:16.61	1:56.28	2:36.39
	3:15.64	3:54.90	4:33.05	5:10.45
3 Riordan, Joseph	52	Adirondack-AD	5:31.25	
	36.89	1:17.90	2:00.31	2:43.56
	3:27.05	4:09.59	4:51.98	5:31.25
4 McLagan, Douglas	53	Metro-MR	5:36.32	
	37.63	1:18.75	2:01.35	2:44.97
	3:28.57	4:11.91	4:55.08	5:36.32

Men 50-54 800 LC Meter Freestyle

WORLD:	9:03.84	8/16/2001	Jim McConica	
US NATL:	9:03.84	U 8/16/2001	Jim McConica	
New England:	9:59.02	N 2010	Frank Wuest	
Meet Record:	10:27.28	M 6/26/2009	Tom Mack	
1 Sherman, Bill	53	Missouri-MV	11:03.22	
	33.92	1:12.66	1:53.05	2:33.70
	3:14.48	3:55.77	4:37.84	5:20.70
	6:02.99	6:45.25	7:28.39	8:11.71
	8:55.40	9:38.62	10:22.13	11:03.22

Men 50-54 1500 LC Meter Freestyle

WORLD:	17:08.33	8/20/2000	Jim McConica	
US NATL:	17:08.33	U 8/20/2000	Jim McConica	
New England:	19:01.10	N 6/25/2010	Frank Wuest	
Meet Record:	19:01.10	M 6/25/2010	Frank Wuest	
1 McKinney, Maury	51	Maine-NE	19:30.76	
	35.03	1:13.57	1:52.06	2:30.76
	3:08.56	3:47.60	4:25.90	5:05.18
	5:43.70	6:23.29	7:02.64	7:42.45
	8:21.36	9:00.79	9:40.16	10:19.67
	10:58.81	11:38.48	12:17.73	12:57.24
	13:36.61	14:15.70	14:55.22	15:34.83
	16:14.56	16:54.32	17:33.95	18:13.48
	18:53.10	19:30.76		

2 McLagan, Douglas	53	Metro-MR	22:11.13	
	39.86	1:23.79	2:08.19	2:53.39
	3:37.01	4:21.56	5:06.19	5:50.72
	6:35.17	7:19.76	8:04.18	8:48.83
	9:33.84	10:18.55	11:03.50	11:48.77
	12:33.41	13:18.72	14:03.52	14:49.25
	15:33.69	16:19.01	17:03.60	17:49.31
	18:33.75	19:18.59	20:03.23	20:48.20
	21:30.30	22:11.13		

Men 50-54 50 LC Meter Backstroke

WORLD:	29.43	7/26/2009	Jamie Fowler	
US NATL:	29.43	U 7/26/2009	Jamie Fowler	
New England:	31.30	N 2004	Greg Shaw	
Meet Record:	31.21	M 6/23/2007	Wieslaw Musial	
1 Alexander, Mark	53	Cambridge-NE	32.70	
2 Mansilla, Frankin	51	Liquid Assets-NE	37.11	

Men 50-54 100 LC Meter Backstroke

WORLD:	1:02.93	8/7/2009	Jamie Fowler	
US NATL:	1:02.93	U 8/7/2009	Jamie Fowler	
New England:	1:11.65	N 2003	David Bright	
Meet Record:	1:06.52	M 6/23/2007	Wieslaw Musial	
1 Alexander, Mark	53	Cambridge-NE	1:10.94N	
	34.15	1:10.94		
2 Sherman, Bill	53	Missouri-MV	1:20.07	
	39.10	1:20.07		
3 Mansilla, Frankin	51	Liquid Assets-NE	1:24.87	
	40.23	1:24.87		

Men 50-54 200 LC Meter Backstroke

WORLD:	2:17.74	8/6/2009	Jamie Fowler	
US NATL:	2:17.74	U 8/6/2009	Jamie Fowler	
New England:	2:34.90	N 2003	David Bright	
Meet Record:	2:23.15	M 6/24/2007	Wieslaw Musial	
1 Alexander, Mark	53	Cambridge-NE	2:33.35N	
	36.14	1:15.82	1:54.57	2:33.35

Men 50-54 50 LC Meter Breaststroke

WORLD:	30.97	9/16/2009	Olivier Borios	
US NATL:	30.97	U 8/8/2009	Gary Patterson	
New England:	33.53	N 1997	Daniel Rogacki	
Meet Record:	39.25	M 6/27/2010	Franklin Mansilla	
1 Sherman, Bill	53	Missouri-MV	35.38M	
2 Mansilla, Frankin	51	Liquid Assets-NE	41.06	
3 Wallace, Thomas	52	Cambridge-NE	41.28	

Men 50-54 100 LC Meter Breaststroke

WORLD:	1:09.36	8/6/2009	Gary Patterson	
US NATL:	1:09.36	U 8/6/2009	Gary Patterson	
New England:	1:16.88	N 1998	Daniel Rogacki	
Meet Record:	1:23.49	M 6/27/2010	Maury McKinney	
1 Sherman, Bill	53	Missouri-MV	1:21.37M	
	37.98	1:21.37		

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 50-54 200 LC Meter Breaststroke

WORLD: 2:35.08 6/5/2004 Lorenzo Marugo				
US NATL: 2:36.85 U 8/10/2010 David Guthrie				
New England: 2:49.13 N 1997 Daniel Rogacki				
Meet Record: 3:15.04 M 6/22/2008 Patrick Whalen				
1	McKinney, Maury	51	Maine-NE	3:01.84M
	43.29	1:30.20	2:17.02	3:01.84
2	Wallace, Thomas	52	Cambridge-NE	3:23.75
	45.54	1:38.41	2:31.20	3:23.75
3	Mansilla, Frankin	51	Liquid Assets-NE	3:26.87
	47.67	1:41.19	2:35.27	3:26.87

Men 50-54 50 LC Meter Butterfly

WORLD: 25.88 8/16/2008 Paul Carter				
US NATL: 25.88 U 8/16/2008 Paul Carter				
New England: 27.30 N 2005 Greg Shaw				
Meet Record: 27.98 M 6/24/2007 Donald Graham				
1	Sherman, Bill	53	Missouri-MV	30.80
2	Mansilla, Frankin	51	Liquid Assets-NE	31.59
3	Alexander, Mark	53	Cambridge-NE	32.85

Men 50-54 100 LC Meter Butterfly

WORLD: 57.23 8/15/2008 Paul Carter				
US NATL: 57.23 U 8/15/2008 Paul Carter				
New England: 1:01.79 N 2003 Greg Shaw				
Meet Record: 1:06.29 M 6/24/2007 Donald Graham				
1	Sherman, Bill	53	Missouri-MV	1:13.00
	32.92	1:13.00		

Men 50-54 400 LC Meter IM

WORLD: 5:03.27 6/7/2004 Lorenzo Marugo				
US NATL: 5:04.32 U 7/26/2009 Jamie Fowler				
New England: 5:25.14 N 2004 Greg Shaw				
Meet Record: 5:44.07 M 6/26/2010 Maury McKinney				
1	Wallace, Thomas	52	Cambridge-NE	6:48.67
	36.63	1:23.05	2:21.31	3:18.70
	4:16.47	5:15.58	6:01.68	6:48.67

Men 55-59 50 LC Meter Freestyle

WORLD: 25.01 7/7/2009 Jack Groselle				
US NATL: 25.01 U 7/7/2009 Jack Groselle				
New England: 26.29 N 2006 Greg Shaw				
Meet Record: 26.91 M 6/24/2007 Greg Shaw				
1	Delaney, Mike	56	Middlebury-NE	28.63
2	Syphers, Dale	55	Maine-NE	29.73
3	Donnelly, Kevin	57	UN-New England-NE	29.89
4	Franzon, Olof	59	Adirondack-AD	30.68
5	Johnston, Alan	58	Maine-NE	32.33
6	Skolnick, Stewart	57	Connecticut-CT	32.43
7	McCue, Lawrence	57	FISH-MR	34.51
8	Hansis, Gary	58	Cape Cod-NE	43.96

Men 55-59 100 LC Meter Freestyle

WORLD: 56.08 7/23/2009 Jack Groselle				
US NATL: 56.08 U 7/23/2009 Jack Groselle				
New England: 58.61 N 2006 Greg Shaw				
Meet Record: 1:01.88 M 6/23/2007 Fred Schlicher				
1	Delaney, Mike	56	Middlebury-NE	1:04.96
	30.86	1:04.96		

2	Wall, Dan	56	Adirondack-AD	1:06.15
	31.33	1:06.15		
3	Syphers, Dale	55	Maine-NE	1:06.39
	31.36	1:06.39		
4	Donnelly, Kevin	57	UN-New England-NE	1:09.63
	33.25	1:09.63		
5	Skolnick, Stewart	57	Connecticut-CT	1:19.81
	43.27	1:19.81		
6	McCue, Lawrence	57	FISH-MR	1:20.62
	38.17	1:20.62		
7	Hansis, Gary	58	Cape Cod-NE	1:39.35
	46.33	1:39.35		

Men 55-59 200 LC Meter Freestyle

WORLD: 2:04.01 7/26/2009 Michael Mann				
US NATL: 2:04.01 U 7/26/2009 Michael Mann				
New England: 2:14.88 N 2004 Homer Lane				
Meet Record: 2:15.71 M 6/24/2007 Fred Schlicher				
1	Syphers, Dale	55	Maine-NE	2:26.68
	34.39	1:11.81	1:49.68	2:26.68
2	Delaney, Mike	56	Middlebury-NE	2:26.99
	34.51	1:11.74	1:49.65	2:26.99
3	Donnelly, Kevin	57	UN-New England-NE	2:34.43
	35.15	1:13.38	1:53.61	2:34.43
4	Darling, Drew	59	Maine-NE	3:00.06
	41.05	1:26.31	2:14.42	3:00.06
5	McCue, Lawrence	57	FISH-MR	3:04.60
	38.80	1:25.92	2:16.07	3:04.60
6	Hansis, Gary	58	Cape Cod-NE	3:36.58
	48.02	1:44.71	2:41.45	3:36.58

Men 55-59 400 LC Meter Freestyle

WORLD: 4:22.49 7/25/2009 Michael Mann				
US NATL: 4:22.49 U 7/25/2009 Michael Mann				
New England: 5:06.20 N 2008 John Nunnally				
Meet Record: 5:10.77 M 6/22/2008 Homer Lane				
1	Delaney, Mike	56	Middlebury-NE	5:18.03
	36.43	1:16.28	1:56.72	2:39.08
	3:19.85	4:00.50	4:39.56	5:18.03
2	Syphers, Dale	55	Maine-NE	5:21.62
	36.46	1:15.95	1:56.75	2:37.83
	3:19.33	4:00.33	4:41.82	5:21.62
3	Donnelly, Kevin	57	UN-New England-NE	5:40.94
	37.98	1:20.11	2:02.74	2:47.14
	3:29.14	4:14.76	4:57.23	5:40.94
4	Darling, Drew	59	Maine-NE	6:12.98
	41.78	1:28.53	2:16.47	3:05.27
	3:54.23	4:43.03	5:29.24	6:12.98
5	Grilli, David	57	Granite State-NE	6:53.45
	45.71	1:38.28	2:32.39	3:25.59
	4:18.85	5:12.04	6:05.36	6:53.45
6	Hansis, Gary	58	Cape Cod-NE	7:40.07
	48.64	1:47.25	2:46.10	3:47.56
	4:46.73	5:46.45	6:43.81	7:40.07

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 55-59 800 LC Meter Freestyle**WORLD: 9:00.09 7/24/2009 Michael Mann****US NATL: 9:00.09 U 7/24/2009 Michael Mann****New England: 10:18.04 N 2009 John Nunnally****Meet Record: 10:35.63 M 6/20/2008 John Nunnally**

1	Delaney, Mike	56	Middlebury-NE	11:00.06
	36.53	1:16.52	1:57.78	2:40.13
	3:21.99	4:03.96	4:45.64	5:27.53
	6:09.75	6:51.75	7:34.12	8:16.27
	8:58.43	9:40.56	10:21.13	11:00.06
2	Bright, David	58	New England-NE	11:14.67
	37.25	1:20.25	2:02.61	2:45.84
	3:27.95	4:11.08	4:53.73	5:37.43
	6:19.46	7:03.07	7:44.88	8:28.28
	9:10.41	9:53.97	10:34.76	11:14.67
3	Donnelly, Kevin	57	UN-New England-NE	11:58.34
	38.89	1:20.72	2:03.64	2:49.05
	3:33.58	4:19.47	5:04.57	5:51.00
	6:36.47	7:23.84	8:08.88	8:55.67
	9:42.07	10:29.13	11:14.59	11:58.34
4	Darling, Drew	59	Maine-NE	12:48.73
	42.30	1:30.16	2:18.75	3:08.18
	3:57.97	4:48.11	5:37.46	6:27.16
	7:16.40	8:06.45	8:55.78	9:44.73
	10:32.75	11:20.28	12:06.28	12:48.73
---	Hansis, Gary	58	Cape Cod-NE	DNF
	46.51	1:43.74	2:41.81	3:42.62
	4:40.07	5:40.90	6:40.23	7:40.92
	12:19.37			

Men 55-59 1500 LC Meter Freestyle**WORLD: 17:22.61 8/10/2009 Michael Mann****US NATL: 17:22.61 U 8/10/2009 Michael Mann****New England: 19:35.52 N 6/26/2009 John Nunnally****Meet Record: 19:35.52 M 6/26/2009 John Nunnally**

1	Johnston, Alan	58	Maine-NE	24:03.04
	42.47	1:29.87	2:16.81	3:05.52
	3:53.04	4:42.27	5:30.53	6:19.61
	7:08.52	7:57.88	8:46.51	9:35.86
	10:24.45	11:13.47	12:01.26	12:49.61
	13:37.54	14:26.46	15:13.94	16:02.18
	16:49.60	17:37.77	18:23.74	19:13.59
	20:01.23	20:50.23	21:38.43	22:27.23
	23:15.03	24:03.04		
2	Darling, Drew	59	Maine-NE	24:57.48
	38.05	1:34.36	2:24.07	3:15.91
	4:06.37	4:58.66	5:48.94	6:41.46
	7:32.04	8:23.32	9:14.18	10:05.89
	10:56.34	11:48.10	12:37.97	13:29.04
	14:19.30	15:10.57	15:55.54	16:51.78
	17:41.44	18:32.37	19:21.80	20:12.43
	21:00.96	21:50.84	22:38.29	23:26.27
	24:11.57	24:57.48		

3	Grilli, David	57	Granite State-NE	27:15.15
	46.61	1:41.67	2:36.79	3:31.90
	4:27.76	5:23.04	6:18.73	7:14.25
	8:10.52	9:05.35	10:00.69	10:55.41
	11:50.40	12:44.83	13:40.55	14:35.44
	15:30.45	16:25.61	17:19.55	18:15.24
	19:10.03	20:05.91	21:01.40	21:55.72
	22:50.94	23:45.79	24:41.07	25:35.63
	26:28.24	27:15.15		

4	McCue, Lawrence	57	FISH-MR	27:18.21
	41.17	1:31.22	2:21.95	3:17.27
	4:10.87	5:08.37	6:02.19	6:59.29
	7:52.36	8:49.23	9:44.00	10:42.85
	11:36.03	12:34.04	13:29.00	14:25.62
	15:21.23	16:19.08	17:15.93	18:13.93
	19:08.28	20:05.39	21:01.22	21:58.01
	22:53.64	23:50.22	24:45.79	25:40.49
	26:32.53	27:18.21		

Men 55-59 50 LC Meter Backstroke**WORLD: 30.09 8/9/2009 Gary Hall****US NATL: 30.09 U 8/9/2009 Gary Hall****New England: 31.84 N 6/23/2007 Greg Shaw****Meet Record: 31.84 M 6/23/2007 Greg Shaw**

1	Syphers, Dale	55	Maine-NE	35.39
2	Johnston, Alan	58	Maine-NE	36.93
3	McCue, Lawrence	57	FISH-MR	45.49
4	Skolnick, Stewart	57	Connecticut-CT	49.87

Men 55-59 100 LC Meter Backstroke**WORLD: 1:06.14 8/7/2009 Gary Hall****US NATL: 1:06.14 U 8/7/2009 Gary Hall****New England: 1:11.47 N 6/23/2007 Greg Shaw****Meet Record: 1:11.47 M 6/23/2007 Greg Shaw**

1	Bright, David	58	New England-NE	1:19.30
	39.09	1:19.30		
2	Darling, Drew	59	Maine-NE	1:34.67
	46.25	1:34.67		

Men 55-59 200 LC Meter Backstroke**WORLD: 2:25.89 8/15/2005 Jim McConica****US NATL: 2:25.89 U 8/15/2005 Jim McConica****New England: 2:42.54 N 2008 David Bright****Meet Record: 2:45.62 M 6/21/2008 Jack Courtney**

1	Johnston, Alan	58	Maine-NE	3:02.09
	42.86	1:28.60	2:15.84	3:02.09
2	Keil, Mark	58	MAMA-NE	3:13.13
	43.25	1:32.52	2:22.46	3:13.13
3	Darling, Drew	59	Maine-NE	3:29.46
	49.91	1:43.74	2:37.76	3:29.46

Men 55-59 50 LC Meter Breaststroke**WORLD: 31.05 9/16/2009 Walter Kusch****US NATL: 32.44 U 8/7/2009 Jack Groselle****New England: 34.98 N 2002 Daniel Rogacki****Meet Record: 35.74 M 6/22/2008 Jim Goodman**

1	Schonholz, Steven	55	TRI Y-NE	35.65M
2	Wall, Dan	56	Adirondack-AD	36.79
3	McCue, Lawrence	57	FISH-MR	49.51

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Men 55-59 50 LC Meter Breaststroke)

4 Skolnick, Stewart 57 Connecticut-CT 49.87

Men 55-59 100 LC Meter Breaststroke**WORLD: 1:11.13 4/19/2008 Timothy Shead****US NATL: 1:12.84 U 7/22/2009 Jack Groselle****New England: 1:18.05 N 2002 Daniel Rogacki****Meet Record: 1:24.37 M 6/27/2010 Dan Wall**1 Schonholz, Steven 55 TRI Y-NE 1:21.19M
37.28 1:21.192 Wall, Dan 56 Adirondack-AD 1:25.60
40.44 1:25.60**Men 55-59 200 LC Meter Breaststroke****WORLD: 2:38.66 8/17/2008 Rick Colella****US NATL: 2:38.66 U 8/17/2008 Rick Colella****New England: 2:59.23 N 2004 Daniel Rogacki****Meet Record: 3:13.44 M 6/26/2010 John Nixon**1 Wall, Dan 56 Adirondack-AD 3:14.85
45.39 1:35.79 2:25.13 3:14.852 Schonholz, Steven 55 TRI Y-NE 3:23.45
47.93 1:41.70 2:33.69 3:23.45**Men 55-59 50 LC Meter Butterfly****WORLD: 26.86 8/6/2009 Gary Hall****US NATL: 26.86 U 8/6/2009 Gary Hall****New England: 27.08 N 6/24/2007 Greg Shaw****Meet Record: 27.08 M 6/24/2007 Greg Shaw**

1 Wall, Dan 56 Adirondack-AD 32.00

2 Skolnick, Stewart 57 Connecticut-CT 43.65

Men 55-59 100 LC Meter Butterfly**WORLD: 1:01.05 8/7/2006 Greg Shaw****US NATL: 1:01.05 U 8/10/2006 Greg Shaw****New England: 1:01.05 N 2006 Greg Shaw****Meet Record: 1:10.19 M 6/27/2010 Bradley Vear**1 Delaney, Mike 56 Middlebury-NE 1:20.35
37.83 1:20.352 McCue, Lawrence 57 FISH-MR 1:54.69
54.55 1:54.693 Skolnick, Stewart 57 Connecticut-CT 1:54.99
54.36 1:54.99**Men 55-59 200 LC Meter Butterfly****WORLD: 2:18.97 8/7/2009 Brad Horner****US NATL: 2:18.97 U 8/7/2009 Brad Horner****New England: 2:25.35 N 2006 Greg Shaw****Meet Record: 2:35.12 M 6/23/2007 Fred Schlicher**1 Keil, Mark 58 MAMA-NE 3:50.44
43.98 1:45.21 2:46.48 3:50.44**Men 55-59 200 LC Meter IM****WORLD: 2:20.83 8/9/2009 Michael Mann****US NATL: 2:20.83 U 8/9/2009 Michael Mann****New England: 2:27.60 N 2006 Greg Shaw****Meet Record: 2:38.84 M 6/24/2007 Fred Schlicher**1 Bright, David 58 New England-NE 2:51.74
36.36 1:21.81 2:14.69 2:51.742 Syphers, Dale 55 Maine-NE 2:53.44
37.67 1:23.64 2:15.90 2:53.443 Johnston, Alan 58 Maine-NE 3:05.13
42.95 1:29.77 2:23.70 3:05.134 Keil, Mark 58 MAMA-NE 3:18.15
43.39 1:37.33 2:32.96 3:18.155 Darling, Drew 59 Maine-NE 3:32.91
50.82 1:48.86 2:46.99 3:32.916 McCue, Lawrence 57 FISH-MR 3:50.86
52.87 1:58.61 3:03.53 3:50.86--- Skolnick, Stewart 57 Connecticut-CT DQ
45.81 1:54.39 3:11.97 DQ**Men 55-59 400 LC Meter IM****WORLD: 5:04.07 7/26/2009 Michael Mann****US NATL: 5:04.07 U 7/26/2009 Michael Mann****New England: 6:13.71 N 2006 Daniel Rogacki****Meet Record: 6:15.38 M 6/28/2009 Varney Hintlian**1 Bright, David 58 New England-NE 6:03.66N
38.94 1:23.97 2:10.51 2:57.47
3:50.93 4:45.28 5:26.20 6:03.66

2 Keil, Mark 58 MAMA-NE 7:05.10

Men 60-64 50 LC Meter Freestyle**WORLD: 25.23 8/7/2006 Richard Abrahams****US NATL: 25.23 U 8/10/2006 Richard Abrahams****New England: 28.61 N 6/28/2009 John Radimer****Meet Record: 28.61 M 6/28/2009 John Radimer****Canadian: 27.80 C 7/31/2002 Ian Smith**

1 Rogacki, Daniel 64 Pittsfield Y-NE 29.76

2 Smillie, Joe 64 Middlebury-NE 31.90

3 Heffernan, Sean 61 Liquid Assets-NE 36.51

Men 60-64 100 LC Meter Freestyle**WORLD: 58.61 8/15/2005 Richard Abrahams****US NATL: 58.61 U 8/15/2005 Richard Abrahams****New England: 1:03.07 N 6/28/2009 John Radimer****Meet Record: 1:03.07 M 6/28/2009 John Radimer****Canadian: 1:03.10 C 7/31/2002 Ian Smith**1 Martin, Jack 60 1776-DV 1:05.63
31.93 1:05.632 Smillie, Joe 64 Middlebury-NE 1:14.19
35.89 1:14.193 Olander, John 61 Simon's Rock-NE 1:17.00
35.77 1:17.004 Ruffeth, Peter 61 Cape Cod-NE 1:17.78
36.69 1:17.785 Heffernan, Sean 61 Liquid Assets-NE 1:27.31
43.33 1:27.31**Men 60-64 200 LC Meter Freestyle****WORLD: 2:12.69 6/21/2008 Fred Schlicher****US NATL: 2:12.57 U 5/16/2010 Jim McConica****New England: 2:12.69 N 6/21/2008 Fred Schlicher****Meet Record: 2:12.69 M 6/21/2008 Fred Schlicher****Canadian: 2:30.31 C 10/10/2009 Peter O'Brien**1 Martin, Jack 60 1776-DV 2:24.76C
33.39 1:10.15 1:48.06 2:24.76

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Men 60-64 200 LC Meter Freestyle)

2	Smillie, Joe	64	Middlebury-NE	2:55.27
				1:24.24 2:55.27
3	Heffernan, Sean	61	Liquid Assets-NE	3:30.53
				51.94 1:46.70 2:41.85 3:30.53

Men 60-64 400 LC Meter Freestyle

WORLD: 4:48.25 4/24/2008 Graham Croft				
US NATL: 4:40.52 U 7/24/2010 Jim McConica				
New England: 5:22.17 N 1988 Win Wilson				
Meet Record: 5:05.90 M 6/27/2009 Frank McElroy				
Canadian: 5:20.47 C 5/22/2010 Mike Morrow				
1	Martin, Jack	60	1776-DV	5:11.06C
				35.37 1:14.73 1:55.68 2:37.51
				3:17.70 3:56.49 4:34.08 5:11.06
2	Morse, Tim	63	Swim RI-NE	5:40.78
				39.75 1:22.67 2:07.87 2:51.70
				3:33.83 4:17.19 5:00.13 5:40.78
3	Johnston, Robert	60	Maine-NE	6:03.13
				39.54 1:25.49 2:13.03 3:00.97
				3:47.57 4:35.23 5:19.78 6:03.13
4	Olander, John	61	Simon's Rock-NE	6:10.95
				39.54 1:23.68 2:11.01 2:59.18
				3:46.63 4:35.32 5:23.66 6:10.95
5	Heffernan, Sean	61	Liquid Assets-NE	7:48.87
				54.00 1:51.95 2:51.38 3:52.37
				4:51.58 5:51.07 6:51.11 7:48.87

Men 60-64 800 LC Meter Freestyle

WORLD: 10:02.40 8/16/2005 Duncan McCreadie				
US NATL: 10:06.76 U 8/9/2010 Rick Walker				
New England: 11:13.16 N 1988 Win Wilson				
Meet Record: 10:36.85 M 6/26/2009 Frank McElroy				
Canadian: 11:13.12 C 5/24/2010 Mike Morrow				
1	Rogacki, Daniel	64	Pittsfield Y-NE	12:07.12
				39.35 1:24.53 2:11.46 2:58.11
				3:44.56 4:31.90 5:18.14 6:05.15
				6:51.84 7:38.69 8:25.11 9:11.17
				9:58.26 10:43.39 11:27.62 12:07.12
2	Laughlin, Terry	60	Adirondack-AD	12:36.20
				45.13 1:34.66 2:18.28 3:12.56
				4:01.06 4:49.42 5:36.86 6:24.77
				7:11.39 7:59.37 8:45.86 9:33.35
				10:19.27 11:05.94 11:51.65 12:36.20
3	Ruffleth, Peter	61	Cape Cod-NE	12:42.00
				38.77 1:25.57 2:12.56 3:02.79
				3:49.55 4:39.00 5:26.53 6:16.64
				7:04.88 7:55.04 8:42.47 9:33.61
				10:21.00 11:09.47 11:56.12 12:42.00
4	Olander, John	61	Simon's Rock-NE	12:48.81
				43.80 1:33.04 2:21.12 3:10.41
				3:59.35 4:50.04 5:39.12 6:29.37
				7:19.26 8:08.48 8:57.02 9:46.19
				10:34.78 11:19.84 12:05.52 12:48.81

5	Heffernan, Sean	61	Liquid Assets-NE	15:54.87
				55.98 1:56.54 2:57.91 3:58.47
				4:59.60 6:00.68 7:01.31 8:01.64
				9:02.96 10:02.63 11:02.77 12:02.79
				13:02.44 14:00.86 14:58.91 15:54.87
---	Morse, Tim	63	Swim RI-NE	X12:01.05

Men 60-64 1500 LC Meter Freestyle

WORLD: 19:07.93 8/14/2008 George Wendt				
US NATL: 18:12.09 U 6/6/2010 Jim McConica				
New England: 22:22.17 N 2009 Daniel Rogacki				
Meet Record: 19:58.27 M 6/26/2009 Frank McElroy				
Canadian: 22:11.30 C 3/8/2008 John Whalen				
1	Martin, Jack	60	1776-DV	20:34.12C
				36.76 1:16.40 1:56.78 2:38.73
				3:19.41 4:01.11 4:42.11 5:24.45
				6:05.82 6:48.37 7:29.72 8:12.77
				8:53.95 9:36.55 10:17.82 11:01.03
				11:42.46 12:25.30 13:06.44 13:48.56
				14:29.88 15:12.03 15:53.37 16:35.44
				17:16.09 17:58.55 18:39.08 19:20.13
				19:57.42 20:34.12
2	Morse, Tim	63	Swim RI-NE	22:40.82
				39.06 1:23.47 2:07.95 2:53.48
				3:37.79 4:23.59 4:51.21 5:55.13
				6:40.17 7:26.52 8:11.75 8:57.60
				9:42.87 10:29.23 11:14.58 12:01.05
				12:46.73 13:32.85 14:18.16 15:04.05
				15:50.67 16:36.77 17:22.30 18:08.69
				18:55.11 19:41.05 20:26.01 21:12.22
				21:58.02 22:40.82
3	Rogacki, Daniel	64	Pittsfield Y-NE	23:11.59
				37.47 1:22.03 2:08.95 2:57.46
				3:44.90 4:32.90 5:20.15 6:08.24
				6:54.93 7:42.57 8:29.09 9:16.98
				10:04.31 10:51.56 11:37.50 12:24.53
				13:09.95 13:56.87 14:43.13 15:29.94
				16:17.02 17:04.06 17:50.78 18:38.59
				19:25.37 20:11.54 20:57.85 21:43.97
				22:29.39 23:11.59
4	Laughlin, Terry	60	Adirondack-AD	23:24.09
				35.48 1:28.96 2:06.93 3:02.49
				3:40.63 4:35.35 5:13.24 6:09.05
				6:54.99 7:42.06 8:29.04 9:16.43
				9:55.31 10:51.77 11:28.14 12:26.53
				13:12.96 14:00.94 14:39.48 15:35.77
				16:15.20 17:10.00 17:51.50 18:44.88
				19:25.85 20:18.90 20:57.11 21:51.92
				22:29.92 23:24.09

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Men 60-64 1500 LC Meter Freestyle)

5 Olander, John	61 Simon's Rock-NE	24:23.01
40.58	1:26.45	2:13.42 3:01.42
3:49.66	4:37.95	5:27.50 6:18.23
7:07.53	7:57.09	8:46.61 9:36.83
10:25.19	11:14.69	12:03.71 12:51.39
13:40.88	14:29.08	15:17.88 16:07.28
16:57.88	17:47.80	18:36.49 19:26.78
20:17.44	21:06.68	21:56.48 22:45.57
23:35.80	24:23.01	
6 Johnston, Robert	60 Maine-NE	24:41.21
41.80	1:30.57	2:20.52 3:11.13
4:00.68	4:50.70	5:40.42 6:31.23
7:20.44	8:10.71	9:00.64 9:50.61
10:40.31	11:30.63	12:20.02 13:10.77
14:00.61	14:51.11	15:39.79 16:28.69
17:17.11	18:05.74	18:55.38 19:45.33
20:35.02	21:24.41	22:14.39 23:03.55
23:53.11	24:41.21	

Men 60-64 50 LC Meter Backstroke

WORLD:	31.46	6/2/2007	Hugh Wilder
US NATL:	31.46	U 6/2/2007	Hugh Wilder
New England:	35.53	N 2004	Bill Rupert
Meet Record:	37.16	M 6/23/2007	Bill Rupert
Canadian:	32.66	C 10/10/2009	Peter O'Brien
1 Rogacki, Daniel	64 Pittsfield Y-NE	35.81M	
2 Ruffeth, Peter	61 Cape Cod-NE	40.67	

Men 60-64 100 LC Meter Backstroke

WORLD:	1:08.77	6/2/2007	Hugh Wilder
US NATL:	1:08.77	U 6/2/2007	Hugh Wilder
New England:	1:17.36	N 2004	Don McIntosh
Meet Record:	1:18.14	M 6/27/2009	Daniel Rogacki
Canadian:	1:11.94	C 3/7/2009	Peter O'Brien
1 Rogacki, Daniel	64 Pittsfield Y-NE	1:24.05	
40.99	1:24.05		
2 Ruffeth, Peter	61 Cape Cod-NE	1:33.87	
45.56	1:33.87		

Men 60-64 200 LC Meter Backstroke

WORLD:	2:37.20	6/20/2009	Steve Heck
US NATL:	2:34.38	U 6/6/2010	Jim McConica
New England:	2:44.80	N 2004	Don McIntosh
Meet Record:	2:58.01	M 6/27/2009	Daniel Rogacki
Canadian:	2:39.36	C 10/10/2009	Peter O'Brien
1 Rogacki, Daniel	64 Pittsfield Y-NE	3:08.17	
45.02	1:33.90	2:21.81 3:08.17	

Men 60-64 50 LC Meter Breaststroke

WORLD:	33.41	8/15/2008	Robert Strand
US NATL:	33.41	U 8/15/2008	Robert Strand
New England:	37.14	N 2006	Louis Kronfeld
Meet Record:	37.27	M 6/27/2009	Daniel Rogacki
Canadian:	36.29	C 3/31/2000	Eric Thomson
1 Rogacki, Daniel	64 Pittsfield Y-NE	38.09	
2 Smillie, Joe	64 Middlebury-NE	40.57	
3 Ruffeth, Peter	61 Cape Cod-NE	43.84	

Men 60-64 100 LC Meter Breaststroke

WORLD:	1:15.42	8/16/2008	Robert Strand
US NATL:	1:15.42	U 8/16/2008	Robert Strand
New England:	1:24.16	N 2007	Daniel Rogacki
Meet Record:	1:25.82	M 6/27/2009	Daniel Rogacki
Canadian:	1:25.37	C 2/24/2008	Eric Thomson
1 Rogacki, Daniel	64 Pittsfield Y-NE	1:26.64	
39.45	1:26.64		
2 Martin, Jack	60 1776-DV	1:27.82	
40.46	1:27.82		
3 Johnston, Robert	60 Maine-NE	1:39.18	
48.48	1:39.18		

Men 60-64 200 LC Meter Breaststroke

WORLD:	2:50.77	8/3/2008	Robert Strand
US NATL:	2:50.77	U 8/3/2008	Robert Strand
New England:	3:13.34	N 6/23/2007	Daniel Rogacki
Meet Record:	3:13.34	M 6/23/2007	Daniel Rogacki
Canadian:	3:02.23	C 5/22/2010	Mike Morrow
1 Martin, Jack	60 1776-DV	3:13.29M	
43.12	1:31.67	2:22.82 3:13.29	
2 Rogacki, Daniel	64 Pittsfield Y-NE	3:17.57	
43.45	1:34.17	2:27.21 3:17.57	
3 Johnston, Robert	60 Maine-NE	3:31.88	
50.41	1:44.67	2:38.73 3:31.88	
4 Geoghegan, William	61 Connecticut-CT	3:34.47	
50.03	1:46.81	2:39.25 3:34.47	
5 Olander, John	61 Simon's Rock-NE	3:46.70	
50.18	1:50.54	2:48.10 3:46.70	

Men 60-64 50 LC Meter Butterfly

WORLD:	27.92	8/15/2005	Richard Abrahams
US NATL:	27.92	U 8/15/2005	Richard Abrahams
New England:	30.56	N 6/27/2009	John Radimer
Meet Record:	30.56	M 6/27/2009	John Radimer
Canadian:	30.15	C 7/31/2002	Ian Smith
1 Rogacki, Daniel	64 Pittsfield Y-NE	32.63	
2 Ruffeth, Peter	61 Cape Cod-NE	35.39	
3 Heffernan, Sean	61 Liquid Assets-NE	38.84	

Men 60-64 100 LC Meter Butterfly

WORLD:	1:03.03	8/15/2005	Richard Abrahams
US NATL:	1:03.03	U 8/15/2005	Richard Abrahams
New England:	1:03.98	N 6/21/2008	Fred Schlicher
Meet Record:	1:03.98	M 6/21/2008	Fred Schlicher
Canadian:	1:16.90	C 6/30/2005	Ivan Pivovarov
1 Johnston, Robert	60 Maine-NE	1:25.50	
41.34	1:25.50		
2 Ruffeth, Peter	61 Cape Cod-NE	1:26.56	
40.05	1:26.56		
3 Heffernan, Sean	61 Liquid Assets-NE	1:46.70	
49.13	1:46.70		

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 60-64 200 LC Meter Butterfly

WORLD: 2:31.58 6/22/2008 Fred Schlicher			
US NATL: 2:31.58 U 6/22/2008 Fred Schlicher			
New England: 2:31.58 N 6/22/2008 Fred Schlicher			
Meet Record: 2:31.58 M 6/22/2008 Fred Schlicher			
Canadian: 3:11.49 C 6/30/2005 Ivan Pivovarov			
1	Johnston, Robert	60 Maine-NE	3:18.35
	42.97	1:34.98	2:31.05 3:18.35
2	Geoghegan, William	61 Connecticut-CT	3:29.46
	48.42	1:43.67	2:36.21 3:29.46
3	Rufleth, Peter	61 Cape Cod-NE	3:30.38
	46.51	1:39.79	2:34.83 3:30.38

Men 60-64 200 LC Meter IM

WORLD: 2:30.72 6/22/2008 Fred Schlicher			
US NATL: 2:30.72 U 6/22/2008 Fred Schlicher			
New England: 2:30.72 N 6/21/2008 Fred Schlicher			
Meet Record: 2:30.72 M 6/21/2008 Fred Schlicher			
Canadian: 2:47.02 C 3/31/2000 Jack Kelso			
1	Rogacki, Daniel	64 Pittsfield Y-NE	2:53.13
	36.81	1:25.61	2:14.26 2:53.13
2	Johnston, Robert	60 Maine-NE	3:03.96
	40.34	1:32.13	2:24.96 3:03.96
3	Geoghegan, William	61 Connecticut-CT	3:05.26
	41.18	1:32.22	2:25.73 3:05.26
4	Heffernan, Sean	61 Liquid Assets-NE	4:10.87
	51.89	2:01.22	3:16.27 4:10.87

Men 60-64 400 LC Meter IM

WORLD: 5:30.99 6/21/2008 Fred Schlicher			
US NATL: 5:30.99 U 6/22/2008 Fred Schlicher			
New England: 5:30.99 N 6/22/2008 Fred Schlicher			
Meet Record: 5:30.99 M 6/22/2008 Fred Schlicher			
Canadian: 5:58.30 C 5/23/2010 Mike Morrow			
1	Rogacki, Daniel	64 Pittsfield Y-NE	6:31.27
	41.68	1:32.51	2:24.85 3:18.41
	4:11.55	5:04.42	5:48.25 6:31.27
2	Geoghegan, William	61 Connecticut-CT	6:34.87
3	Johnston, Robert	60 Maine-NE	6:40.13
	44.66	1:32.68	2:26.60 3:20.26
	4:14.11	5:10.56	5:56.46 6:40.13
4	Heffernan, Sean	61 Liquid Assets-NE	8:54.11
	1:02.35	2:11.03	3:25.17 4:39.59
	5:51.12	7:03.84	7:59.41 8:54.11

Men 65-69 50 LC Meter Freestyle

WORLD: 27.15 3/30/2002 Jeff Farrell			
US NATL: 26.33 U 8/12/2010 Richard Abrahams			
New England: 31.65 N 2006 George Coupe			
Meet Record: 27.90 M 6/24/2007 Ian Smith			
Canadian: 27.50 C 4/17/2009 Ian Smith			
1	Amundsen, Joe	66 1776-DV	31.34
2	Chalmers, Jamie	68 Carleton U-ONT	35.55
3	Rupert, Bill	68 Maine-NE	36.50
4	Bernstein, Richard	65 Asphalt Green-MR	36.60
5	Gallagher, Tom	67 Asphalt Green-MR	38.49

Men 65-69 100 LC Meter Freestyle

WORLD: 1:01.05 6/20/2009 David Quiggin			
US NATL: 1:00.38 U 8/12/2010 Richard Abrahams			
New England: 1:09.36 N 2007 Don McIntosh			
Meet Record: 1:04.58 M 6/23/2007 Ian Smith			
6	Rupert, Bill	68 Maine-NE	1:26.84

Men 65-69 100 LC Meter Freestyle

WORLD: 1:01.05 6/20/2009 David Quiggin			
US NATL: 1:00.38 U 8/12/2010 Richard Abrahams			
New England: 1:09.36 N 2007 Don McIntosh			
Meet Record: 1:04.58 M 6/23/2007 Ian Smith			
Canadian: 1:02.81 C 4/19/2009 Ian Smith			
1	Amundsen, Joe	66 1776-DV	1:12.04
2	Gallagher, Tom	67 Asphalt Green-MR	1:29.73
	41.26	1:29.73	
3	Chalmers, Jamie	68 Carleton U-ONT	1:29.85
	42.42	1:29.85	

Men 65-69 200 LC Meter Freestyle

WORLD: 2:18.53 8/15/2008 Tom Landis			
US NATL: 2:18.53 U 8/15/2008 Tom Landis			
New England: 2:32.53 N 6/24/2007 Don McIntosh			
Meet Record: 2:32.53 M 6/24/2007 Don McIntosh			
Canadian: 2:34.49 C 6/30/2007 Ian Smith			
1	Bernstein, Richard	65 Asphalt Green-MR	2:51.38
	38.89	1:23.13	2:07.49 2:51.38
2	Amundsen, Joe	66 1776-DV	2:53.95
	36.77	1:19.18	2:05.60 2:53.95
3	Chalmers, Jamie	68 Carleton U-ONT	3:50.22
	1:55.47	2:57.02	3:50.22

Men 65-69 400 LC Meter Freestyle

WORLD: 5:00.26 3/10/2007 Tom Landis			
US NATL: 5:00.26 U 3/10/2007 Tom Landis			
New England: 5:27.68 N 6/27/2010 Don McIntosh			
Meet Record: 5:27.68 M 6/27/2010 Don McIntosh			
Canadian: 5:32.16 C 4/27/2008 Ivan Pivovarov			
1	Bernstein, Richard	65 Asphalt Green-MR	6:13.92
	42.31	1:31.62	2:20.25 3:09.33
	3:54.83	4:41.87	5:27.77 6:13.92

Men 65-69 800 LC Meter Freestyle

WORLD: 10:25.94 6/10/2007 Tom Landis			
US NATL: 10:25.94 U 6/10/2007 Tom Landis			
New England: 11:28.67 N 2010 Don McIntosh			
Meet Record: 13:11.30 M 6/20/2008 Bill Rupert			
Canadian: 11:32.86 C 8/14/2008 Ivan Pivovarov			
---	Bernstein, Richard	65 Asphalt Green-MR	X13:18.51

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 65-69 1500 LC Meter Freestyle

WORLD: 20:00.97 4/6/2008 Tom Landis			
US NATL: 20:00.97 U 4/6/2008 Tom Landis			
New England: 22:00.53 N 6/22/2007 Don McIntosh			
Meet Record: 22:00.53 M 6/22/2007 Don McIntosh			
Canadian: 23:17.84 C 2/7/2009 Nigel Kemp			
1	Bernstein, Richard	65 Asphalt Green-MR	24:22.61
	46.90	1:39.88	2:32.25 3:24.80
	4:16.26	5:07.76	5:57.69 6:48.21
	7:38.14	8:28.10	9:17.82 10:07.72
	10:55.37	11:43.34	12:31.21 13:18.51
	14:07.13	14:55.47	15:41.75 16:29.28
	17:16.36	18:03.87	18:51.74 19:39.49
	20:27.06	21:14.52	22:02.18 22:49.72
	23:37.54	24:22.61	

Men 65-69 50 LC Meter Backstroke

WORLD: 32.19 8/9/2009 Richard Burns			
US NATL: 32.19 U 8/9/2009 Richard Burns			
New England: 37.14 N 2008 Bill Rupert			
Meet Record: 37.22 M 6/21/2008 Bill Rupert			
Canadian: 34.12 C 2/24/2008 Vinus van Baalen			
1	Rupert, Bill	68 Maine-NE	39.01
2	Chalmers, Jamie	68 Carleton U-ONT	47.73
3	Gallagher, Tom	67 Asphalt Green-MR	51.68

Men 65-69 100 LC Meter Backstroke

WORLD: 1:11.32 8/7/2009 Richard Burns			
US NATL: 1:11.32 U 8/7/2009 Richard Burns			
New England: 1:21.87 N 6/23/2007 Don McIntosh			
Meet Record: 1:21.87 M 6/23/2007 Don McIntosh			
Canadian: 1:21.39 C 6/30/2005 Karl Donoghue			
1	Rupert, Bill	68 Maine-NE	1:27.93
	42.55	1:27.93	
2	Winokur, Eliot	67 Metro-MR	1:42.78
	50.25	1:42.78	
3	Chalmers, Jamie	68 Carleton U-ONT	1:58.19
	59.59	1:58.19	

Men 65-69 200 LC Meter Backstroke

WORLD: 2:40.95 2/22/2008 Bernd Horstmann			
US NATL: 2:41.76 U 8/6/2009 Richard Burns			
New England: 2:56.41 N 2010 Don McIntosh			
Meet Record: 2:58.80 M 6/24/2007 Don McIntosh			
Canadian: 2:57.51 C 6/30/2005 Karl Donoghue			
1	Rupert, Bill	68 Maine-NE	3:14.66
	45.47	1:35.55	2:25.60 3:14.66
2	Winokur, Eliot	67 Metro-MR	3:40.77
	52.33	1:48.92	2:44.17 3:40.77
3	Bernstein, Richard	65 Asphalt Green-MR	3:41.58
	53.40	1:49.30	2:45.94 3:41.58
4	Chalmers, Jamie	68 Carleton U-ONT	4:08.40
	57.53	2:01.63	3:09.42 4:08.40

Men 65-69 50 LC Meter Breaststroke

WORLD: 34.61 9/5/2009 Osamu Maeda			
US NATL: 35.00 U 8/7/2009 Kenneth Frost			
New England: 36.75 N 2008 Louis Kronfeld			
Meet Record: 47.75 M 6/27/2010 Laszlo Eger			
Canadian: 37.38 C 4/30/1996 Nick Templeman			
1	Chalmers, Jamie	68 Carleton U-ONT	57.98
2	Gallagher, Tom	67 Asphalt Green-MR	1:02.45

Men 65-69 100 LC Meter Breaststroke

WORLD: 1:18.11 8/6/2009 Kenneth Frost			
US NATL: 1:18.11 U 8/6/2009 Kenneth Frost			
New England: 1:28.19 N 2008 Louis Kronfeld			
Meet Record: 1:45.94 M 6/21/2008 Ben Bump			
Canadian: 1:24.97 C 4/27/2008 Erik Haites			
1	Bernstein, Richard	65 Asphalt Green-MR	1:47.01
	50.99	1:47.01	
2	Chalmers, Jamie	68 Carleton U-ONT	2:23.21
	1:06.28	2:23.21	

Men 65-69 200 LC Meter Breaststroke

WORLD: 2:59.54 8/9/2009 Kenneth Frost			
US NATL: 2:59.54 U 8/9/2009 Kenneth Frost			
New England: 3:28.20 N 1993 F H Ted Haartz			
Meet Record: 3:55.42 M 6/28/2009 Peter Berghaus			
Canadian: 3:09.60 C 4/27/2008 Erik Haites			
1	Bernstein, Richard	65 Asphalt Green-MR	3:47.54M
	51.41	1:50.30	2:47.91 3:47.54
2	Rupert, Bill	68 Maine-NE	4:31.73
	58.97	2:07.10	3:20.37 4:31.73
3	Chalmers, Jamie	68 Carleton U-ONT	5:26.12
	1:09.80	2:33.65	4:01.59 5:26.12

Men 65-69 50 LC Meter Butterfly

WORLD: 28.54 6/27/2009 Josep Claret			
US NATL: 28.68 U 8/16/2008 Keefe Lodwig			
New England: 34.43 N 1992 Win Wilson			
Meet Record: 31.39 M 6/24/2007 Ian Smith			
Canadian: 30.68 C 4/17/2009 Ian Smith			
1	Gallagher, Tom	67 Asphalt Green-MR	51.56
2	Chalmers, Jamie	68 Carleton U-ONT	55.08

Men 65-69 100 LC Meter Butterfly

WORLD: 1:07.78 9/16/2009 Josep Claret			
US NATL: 1:07.34 U 8/11/2010 Richard Abrahams			
New England: 1:20.63 N 1992 Win Wilson			
Meet Record: 1:48.70 M 6/24/2007 Larry Dunham			
Canadian: 1:16.55 C 4/27/2008 Ivan Pivovarov			
1	Winokur, Eliot	67 Metro-MR	1:44.14M
	47.04	1:44.14	

Men 65-69 200 LC Meter Butterfly

WORLD: 2:47.60 6/20/2009 Derek Parr			
US NATL: 2:50.18 U 6/6/2009 Robert Poiletman			
New England: 3:39.93 N 1989 Irving Katz			
Canadian: 3:04.77 C 4/27/2008 Ivan Pivovarov			
1	Winokur, Eliot	67 Metro-MR	4:07.81
	55.41	1:58.55	3:04.45 4:07.81

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 65-69 200 LC Meter IM

WORLD: 2:43.37 8/9/2009 Richard Burns			
US NATL: 2:43.37 U 8/9/2009 Richard Burns			
New England: 3:07.09 N 1989 Irving Katz			
Meet Record: 3:14.27 M 6/27/2010 Laszlo Eger			
Canadian: 2:56.53 C 3/31/2005 Jack Kelso			
1	Bernstein, Richard	65 Asphalt Green-MR	3:29.24
	51.19	1:47.28	2:43.19 3:29.24
2	Winokur, Eliot	67 Metro-MR	3:44.30
	47.49	1:46.46	2:55.04 3:44.30

Men 65-69 400 LC Meter IM

WORLD: 5:52.79 3/20/2004 Barry Young			
US NATL: 6:03.31 U 6/10/2007 Tom Landis			
New England: 6:56.57 N 1989 Irving Katz			
Meet Record: 8:10.44 M 6/28/2009 Bill Rupert			
Canadian: 6:52.51 C 8/5/2010 Ivan Pivovarov			
1	Bernstein, Richard	65 Asphalt Green-MR	7:22.53M
2	Winokur, Eliot	67 Metro-MR	7:47.75M

Men 70-74 50 LC Meter Freestyle

WORLD: 28.53 7/14/2007 Jeff Farrell			
US NATL: 28.53 U 7/14/2007 Jeff Farrell			
New England: 31.94 N 2003 Walter Lincoln			
Meet Record: 32.29 M 6/21/2008 Jerry Katz			
Canadian: 30.51 C 2010 Jack Kelso			
1	Smith, Ian	70 Y Quebec	28.35U
2	Katz, Jerry	73 Garden State-NJ	33.61
3	Edson, David	71 New England-NE	39.73
4	Berghaus, Peter	70 Connecticut-CT	41.84

Men 70-74 100 LC Meter Freestyle

WORLD: 1:05.40 8/15/2005 Cav Cavanaugh			
US NATL: 1:05.40 U 8/15/2005 Cav Cavanaugh			
New England: 1:12.69 N 2003 Walter Lincoln			
Meet Record: 1:17.71 M 6/22/2008 Jerry Katz			
Canadian: 1:08.64 C 2010 Jack Kelso			
1	Smith, Ian	70 Y Quebec	1:06.27C
	31.87	1:06.27	
2	Katz, Jerry	73 Garden State-NJ	1:24.33
	40.47	1:24.33	
3	Edson, David	71 New England-NE	1:45.50
	49.82	1:45.50	

Men 70-74 200 LC Meter Freestyle

WORLD: 2:26.20 8/15/2008 David Radcliff			
US NATL: 2:26.20 U 8/15/2008 David Radcliff			
New England: 2:52.68 N 1998 Win Wilson			
Meet Record: 2:59.24 M 6/21/2008 Jerry Katz			
Canadian: 2:45.90 C 2010 Karl Donoghue			
1	Laux, Michael	70 Connecticut-CT	3:03.80
	45.26	1:33.32	2:20.39 3:03.80
2	Katz, Jerry	73 Garden State-NJ	3:12.70
	45.13	1:35.47	2:24.39 3:12.70
3	Koop, Douglas	70 Adirondack-AD	3:17.35
	43.92	1:34.67	2:26.16 3:17.35
4	Berghaus, Peter	70 Connecticut-CT	3:46.38
	51.26	1:48.00	2:46.61 3:46.38

5	Edson, David	71 New England-NE	4:13.93
	55.96	2:01.55	3:08.31 4:13.93

Men 70-74 400 LC Meter Freestyle

WORLD: 5:12.05 5/4/2001 Graham Johnston			
US NATL: 5:12.05 U 5/4/2001 Graham Johnston			
New England: 6:04.22 N 1998 Win Wilson			
Meet Record: 6:45.86 M 6/27/2009 John Medici			
Canadian: 6:01.18 C 2010 Karl Donoghue			
1	Laux, Michael	70 Connecticut-CT	6:35.86M
	47.93	1:39.95	2:32.60 3:24.78
	4:13.46	5:02.62	5:48.99 6:35.86
2	Finn, Bertram	71 Puerto Rico	6:52.40
	46.66	1:40.27	2:30.20 3:22.37
	4:12.79	5:06.04	5:58.33 6:52.40
3	Koop, Douglas	70 Adirondack-AD	6:57.77
	45.18	1:38.65	2:30.96 3:24.83
	4:17.65	5:14.06	6:05.67 6:57.77
4	Edson, David	71 New England-NE	8:51.53
	55.44	2:00.36	3:07.62 4:17.46
	5:26.83	6:37.51	7:45.59 8:51.53

Men 70-74 800 LC Meter Freestyle

WORLD: 10:45.92 3/24/2002 Graham Johnston			
US NATL: 10:45.92 U 3/24/2002 Graham Johnston			
New England: 12:42.98 N 1997 Win Wilson			
Meet Record: 14:13.57 M 6/20/2008 Larry Dunham			
Canadian: 12:45.90 C 1984 Norbert Artus			
1	Laux, Michael	70 Connecticut-CT	14:03.73M
	49.44	1:43.04	2:38.35 3:33.17
	4:27.69	5:21.82	6:16.16 7:11.07
	8:04.87	8:58.19	9:49.73 10:42.37
	11:33.82	12:23.80	13:09.88 14:03.73
2	Koop, Douglas	70 Adirondack-AD	14:29.24
	48.28	1:41.48	2:36.53 3:31.17
	4:26.22	5:20.95	6:16.23 7:12.20
	8:06.39	9:03.59	9:58.05 10:53.32
	11:48.20	12:43.57	13:38.38 14:29.24

Men 70-74 1500 LC Meter Freestyle

WORLD: 20:36.56 8/16/2001 Graham Johnston			
US NATL: 20:36.56 U 8/16/2001 Graham Johnston			
New England: 26:39.78 N 1995 James Edwards			
Meet Record: 27:02.66 M 6/20/2008 Larry Dunham			
Canadian: 24:52.59 C 2002 Christopher Smith			
1	Finn, Bertram	71 Puerto Rico	27:17.88
	48.77	1:44.23	2:39.16 3:33.96
	4:30.00	5:25.24	6:20.15 7:15.71
	8:10.59	9:04.68	10:00.80 10:55.76
	11:50.67	12:45.18	13:39.43 14:33.36
	15:27.35	16:23.62	17:15.75 18:11.48
	19:03.94	19:59.78	20:51.62 21:47.22
	22:40.32	23:35.22	24:37.22 25:33.40
	26:26.66	27:17.88	

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Men 70-74 1500 LC Meter Freestyle)

2	Koop, Douglas	70	Adirondack-AD	27:45.57
	46.54	1:40.89	2:35.95	3:31.84
	4:26.95	5:24.25	6:18.96	7:17.68
	8:13.25	9:11.37	10:06.42	11:03.44
	11:59.50	12:56.37	13:52.69	14:49.16
	15:47.37	16:43.67	17:39.55	18:36.17
	19:31.17	20:28.08	21:23.54	22:20.97
	23:15.19	24:10.60	25:06.33	26:00.82
	26:54.98	27:45.57		

Men 70-74 50 LC Meter Backstroke

WORLD:	35.31	8/17/2003	Yoshi Oyakawa	
US NATL:	35.31 U	8/17/2003	Yoshi Oyakawa	
New England:	40.52 N	2005	D Barr Clayson	
Meet Record:	47.99 M	6/28/2009	Trent Toensing	
Canadian:	37.88 C	2008	Tom Verth	
1	Koop, Douglas	70	Adirondack-AD	47.80M
2	Berghaus, Peter	70	Connecticut-CT	52.46

Men 70-74 100 LC Meter Backstroke

WORLD:	1:16.64	4/30/2009	Barry Young	
US NATL:	1:19.12 U	8/8/2004	Yoshi Oyakawa	
New England:	1:31.60 N	2005	D Barr Clayson	
Meet Record:	1:58.89 M	6/23/2007	William Grohe	
Canadian:	1:22.40 C	2010	Karl Donoghue	
1	Koop, Douglas	70	Adirondack-AD	1:51.63M
	53.93	1:51.63		
2	Berghaus, Peter	70	Connecticut-CT	1:52.09M
	54.48	1:52.09		

Men 70-74 200 LC Meter Backstroke

WORLD:	2:48.10	3/14/2009	Barry Young	
US NATL:	2:55.19 U	8/15/2005	Burwell Jones	
New England:	3:25.39 N	2005	D Barr Clayson	
Meet Record:	3:43.01 M	6/27/2009	John Medici	
Canadian:	3:01.03 C	2010	Karl Donoghue	
1	Berghaus, Peter	70	Connecticut-CT	3:56.35
	56.00	1:56.93	2:57.29	3:56.35
2	Koop, Douglas	70	Adirondack-AD	4:04.97
	56.93	2:00.68	4:04.97	

Men 70-74 50 LC Meter Breaststroke

WORLD:	37.23	9/5/2009	Yoshihiko Osaki	
US NATL:	37.47 U	4/21/2008	Karl Wiedamann	
New England:	42.36 N	2003	Walter Lincoln	
Meet Record:	43.03 M	6/27/2009	Cyrus Hopkins	
Canadian:	38.28 C	2010	Jack Kelso	
1	Laux, Michael	70	Connecticut-CT	43.10
2	Katz, Jerry	73	Garden State-NJ	47.57
3	Berghaus, Peter	70	Connecticut-CT	49.93

Men 70-74 100 LC Meter Breaststroke

WORLD:	1:24.71	4/19/2008	Karl Wiedamann	
US NATL:	1:24.71 U	4/19/2008	Karl Wiedamann	
New England:	1:35.18 N	2008	Cyrus Hopkins	
Meet Record:	1:37.84 M	6/27/2009	Cyrus Hopkins	
Canadian:	1:28.27 C	2005	Peter Bell	
1	Laux, Michael	70	Connecticut-CT	1:41.60
	47.61	1:41.60		
2	Katz, Jerry	73	Garden State-NJ	1:54.18
	54.72	1:54.18		

Men 70-74 200 LC Meter Breaststroke

WORLD:	3:04.79	3/14/2009	Michael Maloney	
US NATL:	3:07.50 U	4/23/2008	Karl Wiedamann	
New England:	3:32.46 N	6/28/2009	Cyrus Hopkins	
Meet Record:	3:32.46 M	6/28/2009	Cyrus Hopkins	
Canadian:	3:18.11 C	2005	Peter Bell	
1	Laux, Michael	70	Connecticut-CT	3:47.17
	50.42	1:52.43	2:50.14	3:47.17
2	Berghaus, Peter	70	Connecticut-CT	4:09.42
	56.30	2:01.81	3:04.97	4:09.42

Men 70-74 50 LC Meter Butterfly

WORLD:	31.49	9/24/2007	Hiroshi Matsumoto	
US NATL:	32.11 U	8/19/2001	Ronald Johnson	
New England:	37.78 N	1998	Win Wilson	
Meet Record:	38.33 M	6/22/2008	Jerry Katz	
Canadian:	34.09 C	2010	Jack Kelso	
1	Smith, Ian	70	Y Quebec	32.95C
2	Laux, Michael	70	Connecticut-CT	36.93M
3	Katz, Jerry	73	Garden State-NJ	41.04
4	Koop, Douglas	70	Adirondack-AD	42.54

Men 70-74 100 LC Meter Butterfly

WORLD:	1:17.32	3/14/2009	Barry Young	
US NATL:	1:20.52 U	6/5/2010	Richard Kitchell	
New England:	1:30.12 N	1998	Win Wilson	
Meet Record:	1:37.07 M	6/21/2008	William Jones	
Canadian:	1:40.40 C	2001	Mike Torsney	
1	Koop, Douglas	70	Adirondack-AD	1:48.64
	47.57	1:48.64		
2	Katz, Jerry	73	Garden State-NJ	1:56.14
	49.30	1:56.14		

Men 70-74 200 LC Meter Butterfly

WORLD:	2:53.86	5/2/2009	Barry Young	
US NATL:	3:10.53 U	7/3/2010	Richard Kitchell	
New England:	4:05.89 N	6/23/2007	William Jones	
Meet Record:	4:05.89 M	6/23/2007	William Jones	
Canadian:	3:55.74 C	2000	Mike Torsney	
1	Koop, Douglas	70	Adirondack-AD	4:06.44
	53.40	1:56.32	3:03.39	4:06.44

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 70-74 200 LC Meter IM

WORLD: 2:45.60 5/3/2009 Barry Young			
US NATL: 2:58.06 U 7/6/2003 Burwell Jones			
New England: 3:22.67 N 6/27/2009 Cyrus Hopkins			
Meet Record: 3:22.67 M 6/27/2009 Cyrus Hopkins			
Canadian: 2:58.81 C 2010 Jack Kelso			
1	Laux, Michael	70 Connecticut-CT	3:26.87
	45.17	1:45.17	2:41.13 3:26.87
2	Koop, Douglas	70 Adirondack-AD	3:44.30
	48.04	1:48.27	2:53.01 3:44.30
3	Berghaus, Peter	70 Connecticut-CT	4:02.06
	55.91	1:59.64	3:02.22 4:02.06

Men 70-74 400 LC Meter IM

WORLD: 5:57.81 5/1/2009 Barry Young			
US NATL: 6:32.11 U 8/2/2003 Burwell Jones			
New England: 7:24.55 N 6/28/2009 Cyrus Hopkins			
Meet Record: 7:24.55 M 6/28/2009 Cyrus Hopkins			
Canadian: 7:14.14 C 2005 Peter Bell			
1	Laux, Michael	70 Connecticut-CT	7:50.47
	50.50	1:44.19	2:54.42 4:06.27
	5:07.42	6:08.59	7:00.88 7:50.47
2	Koop, Douglas	70 Adirondack-AD	8:17.99
	50.42	1:54.09	4:09.61
	5:19.32	6:27.65	7:23.64 8:17.99
3	Berghaus, Peter	70 Connecticut-CT	8:46.66
	59.74	2:13.80	3:25.28 4:31.50
	5:38.36	6:45.05	7:47.33 8:46.66

Men 75-79 50 LC Meter Freestyle

WORLD: 30.28 7/11/2009 David Radcliff			
US NATL: 30.28 U 7/11/2009 David Radcliff			
New England: 34.10 N 6/21/2008 Walter Lincoln			
Meet Record: 34.10 M 6/21/2008 Walter Lincoln			
1	Kerr, Philip	76 Maine-NE	45.66
2	Head, Brian	78 Adirondack-AD	52.00

Men 75-79 100 LC Meter Freestyle

WORLD: 1:06.63 7/12/2009 David Radcliff			
US NATL: 1:06.63 U 7/12/2009 David Radcliff			
New England: 1:19.52 N 6/22/2008 Walter Lincoln			
Meet Record: 1:19.52 M 6/22/2008 Walter Lincoln			
1	Kerr, Philip	76 Maine-NE	1:45.80
	49.50	1:45.80	
2	Head, Brian	78 Adirondack-AD	2:08.60
	56.31	2:08.60	

Men 75-79 200 LC Meter Freestyle

WORLD: 2:25.66 6/6/2009 David Radcliff			
US NATL: 2:25.66 U 6/6/2009 David Radcliff			
New England: 3:10.87 N 1998 James Edwards			
Meet Record: 3:39.85 M 6/27/2010 Philip Kerr			
1	Kerr, Philip	76 Maine-NE	3:58.82
	54.37	1:57.32	2:59.71 3:58.82
2	Head, Brian	78 Adirondack-AD	4:48.16
	1:01.61	2:18.04	3:32.45 4:48.16

Men 75-79 400 LC Meter Freestyle

WORLD: 5:17.77 3/7/2009 David Radcliff			
US NATL: 5:17.77 U 3/7/2009 David Radcliff			
New England: 6:25.52 N 2002 Win Wilson			
Meet Record: 7:37.34 M 6/27/2010 Philip Kerr			
1	Kerr, Philip	76 Maine-NE	8:05.16
	52.21	1:53.77	2:53.86 3:57.46
	4:59.07	6:02.62	7:04.89 8:05.16
2	Head, Brian	78 Adirondack-AD	10:30.96
	1:04.62	2:22.77	3:40.87 5:05.50
	6:28.70	7:55.11	9:13.15 10:30.96

Men 75-79 800 LC Meter Freestyle

WORLD: 11:07.90 7/10/2009 David Radcliff			
US NATL: 11:07.90 U 7/10/2009 David Radcliff			
New England: 13:17.74 N 2002 Win Wilson			
Meet Record: 15:50.42 M 6/25/2010 Philip Kerr			
1	Kerr, Philip	76 Maine-NE	16:54.36
	54.98	1:56.69	3:00.96 4:03.85
	5:09.44	6:13.56	7:19.40 8:23.42
		10:34.94	11:38.00 12:43.15
		13:45.25	14:51.43 15:53.34 16:54.36
2	Head, Brian	78 Adirondack-AD	22:03.40
	1:10.25	2:27.37	3:52.54 5:14.57
	6:36.72	8:02.57	9:23.58 10:47.33
	12:12.41	13:34.48	14:57.67 16:23.69
	17:49.23	19:10.53	20:36.49 22:03.40

Men 75-79 1500 LC Meter Freestyle

WORLD: 21:03.06 7/10/2009 David Radcliff			
US NATL: 21:03.06 U 7/10/2009 David Radcliff			
New England: 27:35.07 N 1998 James Edwards			
Meet Record: 28:43.17 M 6/22/2007 Chris Smith			
1	Kerr, Philip	76 Maine-NE	32:38.98
	3:06.30	4:10.74	6:22.42
		8:31.50	10:42.08
	11:48.10	12:53.54	13:59.27 15:04.43
	16:08.81	17:14.49	18:22.63
			21:43.44
	22:50.63	23:55.90	25:01.68
		28:16.58	29:22.36 30:27.07
	31:37.16	32:38.98	

Men 75-79 50 LC Meter Backstroke

WORLD: 36.14 8/16/2008 Yoshi Oyakawa			
US NATL: 36.14 U 8/16/2008 Yoshi Oyakawa			
New England: 47.47 N 6/21/2008 Walter Lincoln			
Meet Record: 47.47 M 6/21/2008 Walter Lincoln			
1	Kerr, Philip	76 Maine-NE	1:01.50

Men 75-79 100 LC Meter Backstroke

WORLD: 1:20.98 6/14/2009 Burwell Jones			
US NATL: 1:20.98 U 6/14/2009 Burwell Jones			
New England: 1:42.87 N 6/22/2008 Walter Lincoln			
Meet Record: 1:42.87 M 6/22/2008 Walter Lincoln			
1	Kerr, Philip	76 Maine-NE	2:18.19
	1:08.24	2:18.19	

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

(Men 75-79 100 LC Meter Backstroke)

2 Head, Brian 78 Adirondack-AD 2:32.67
1:10.35 2:32.67

Men 75-79 200 LC Meter Backstroke

WORLD: 2:59.39 6/13/2009 Burwell Jones
US NATL: 2:57.72 U 6/13/2010 Burwell Jones
New England: 3:55.55 N 1998 James Edwards
Meet Record: 4:11.39 M 6/24/2007 Chris Smith
1 Kerr, Philip 76 Maine-NE 4:56.72
3:42.05 5:16.21 4:56.72

Men 75-79 50 LC Meter Breaststroke

WORLD: 40.38 7/15/2001 Toshio Tajima
US NATL: 40.82 U 6/3/2006 John Korthueur
New England: 45.81 N 2004 Al Craig
Meet Record: 48.46 M 6/22/2008 Walter Lincoln
1 Head, Brian 78 Adirondack-AD 1:13.20

Men 75-79 100 LC Meter Breaststroke

WORLD: 1:30.48 3/6/2010 Tetsuo Nakamaru
US NATL: 1:34.93 U 6/3/2006 John Korthueur
New England: 1:40.26 N 2004 Al Craig
Meet Record: 1:46.64 M 6/21/2008 Walter Lincoln
1 Head, Brian 78 Adirondack-AD 2:57.96
1:22.91 2:57.96

Men 75-79 200 LC Meter Breaststroke

WORLD: 3:28.51 9/24/2007 Shunsaku Takahira
US NATL: 3:32.60 U 8/15/2004 Robert MACDONALD
New England: 3:43.93 N 2002 Al Craig
Meet Record: 5:07.44 M 6/23/2007 Patrick Quinn
--- Head, Brian 78 Adirondack-AD DQ
1:25.61 3:02.96 4:43.43 DQ

Men 80-84 50 LC Meter Freestyle

WORLD: 32.73 1/19/2002 B.Schlurike
US NATL: 33.09 U 5/22/2005 Frank Piemme
New England: 42.12 N 6/26/2010 Arnold Meardon
Meet Record: 42.12 M 6/26/2010 Arnold Meardon
1 Demas, Nickolas 81 Garden State-NJ 35.78M

Men 80-84 100 LC Meter Freestyle

WORLD: 1:17.11 7/21/2003 Keijiro Nakamura
US NATL: 1:18.77 U 8/15/2005 Frank Piemme
New England: 1:44.83 N 6/26/2010 Arnold Meardon
Meet Record: 1:44.83 M 6/26/2010 Arnold Meardon
1 Demas, Nickolas 81 Garden State-NJ 1:27.78M
39.77 1:27.78
2 Meardon, Arnold 81 UV Rays-NE 1:44.81N
47.51 1:44.81

Men 80-84 50 LC Meter Backstroke

WORLD: 38.41 7/21/2003 Keijiro Nakamura
US NATL: 41.40 U 6/13/2004 Paul Hutinger
New England: 54.62 N 1994 Donald Erion
1 Meardon, Arnold 81 UV Rays-NE 1:00.57

Men 80-84 50 LC Meter Breaststroke

WORLD: 41.68 9/18/2006 Toshio Tajima
US NATL: 45.77 U 8/7/2009 Charles Urstadt
New England: 1:00.31 N 1994 Donald Erion
Meet Record: 1:01.74 M 6/27/2010 Arnold Meardon
1 Meardon, Arnold 81 UV Rays-NE 1:01.45M

Men 80-84 50 LC Meter Butterfly

WORLD: 40.92 8/15/2005 Frank Piemme
US NATL: 40.65 U 5/22/2005 Frank Piemme
New England: 58.97 N 1979 Fred Allen
Meet Record: 1:00.40 M 6/26/2010 Arnold Meardon
1 Meardon, Arnold 81 UV Rays-NE 1:03.57

Men 80-84 200 LC Meter IM

WORLD: 3:32.82 10/22/2005 Jan Ziegler
US NATL: 3:34.94 U 8/15/2005 Frank Piemme
New England: 5:11.70 N 1988 Abraham Olanoff
Meet Record: 5:13.87 M 6/27/2010 Arnold Meardon
1 Meardon, Arnold 81 UV Rays-NE 5:20.62
1:15.86 4:11.68 5:20.62

Men 85-89 50 LC Meter Freestyle

WORLD: 33.94 3/2/2008 Keijiro Nakamura
US NATL: 35.77 U 8/15/1998 Woodrow Bowersock
New England: 45.43 N 1995 William Molloy
Meet Record: 1:06.25 M 6/21/2008 Jay Charles
1 Goldner, Fred 85 Connecticut-CT 59.02M

Men 85-89 100 LC Meter Freestyle

WORLD: 1:23.52 9/7/2008 Keijiro Nakamura
US NATL: 1:23.25 U 6/6/2010 Frank Piemme
New England: 2:03.07 N 1985 William Molloy
1 Goldner, Fred 85 Connecticut-CT 2:13.18
1:01.84 2:13.18

Men 85-89 200 LC Meter Freestyle

WORLD: 3:13.78 7/16/2000 Hikoji Ueki
US NATL: 3:16.89 U 7/10/2010 Frank Piemme
New England: 4:18.47 N 2007 James Edwards
1 Goldner, Fred 85 Connecticut-CT 4:46.25

Men 85-89 200 LC Meter Freestyle

WORLD: 3:13.78 7/16/2000 Hikoji Ueki
US NATL: 3:16.89 U 7/10/2010 Frank Piemme
New England: 4:18.47 N 2007 James Edwards
1 Goldner, Fred 85 Connecticut-CT 4:49.06
1:02.38 2:19.37 3:37.07 4:49.06

Men 85-89 400 LC Meter Freestyle

WORLD: 7:05.53 7/16/2000 Hikoji Ueki
US NATL: 7:03.07 U 5/16/2010 Frank Piemme
New England: 10:30.30 N 2007 James Edwards
1 Goldner, Fred 85 Connecticut-CT 10:02.64
1:06.90 2:21.47 3:37.07 4:53.18
6:10.88 7:31.29 8:48.89 10:02.64

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 85-89 400 LC Meter Freestyle

WORLD: 7:05.53 7/16/2000 Hikoji Ueki

US NATL: 7:03.07 U 5/16/2010 Frank Piemme

New England: 10:30.30 N 2007 James Edwards

2 Goldner, Fred 85 Connecticut-CT 9:57.02

Men 85-89 800 LC Meter Freestyle

WORLD: 14:36.90 4/6/2008 Willard Lamb

US NATL: 14:36.90 U 4/6/2008 Willard Lamb

New England: 21:55.66 N 1984 Fred Allen

--- Goldner, Fred 85 Connecticut-CT X20:16.78

Men 85-89 1500 LC Meter Freestyle

WORLD: 28:35.24 4/6/2008 Willard Lamb

US NATL: 28:35.24 U 4/6/2008 Willard Lamb

New England: 41:06.87 N 1984 Fred Allen

1 Goldner, Fred 85 Connecticut-CT 38:27.71

1:01.83 2:17.23 3:30.37 4:46.25

6:02.73 7:21.29 8:35.89 9:57.02

13:48.74 15:04.59 16:21.69 17:42.22

18:59.74 20:16.78

21:34.57 22:54.03 24:12.28 25:31.36

26:51.14 28:10.92 29:26.26 30:46.61

32:03.77 33:21.81 34:41.79 36:00.80

37:14.60 38:27.71

Women 160-199 400 LC Meter Freestyle Relay

USA Relay: 4:12.60 8/8/2009 Illinois

N DAY, K STEVENS, A BLOCK, J RIDGE

NE Relay: 5:00.95 @ 6/22/2008 Maine Masters

B Fries, B Jansen, A Uecker, M Estabrook

Meet Relay: 5:00.95 # 6/22/2008 Maine Masters

B Fries, B Jansen, A Uecker, M Estabrook

1 Cambridge-NE A 5:48.02

1) Downing, Jennifer W33 2) Rapp, Jessica W42

3) Pasterczyk, Christine W45 4) Curko, Sandy W41

34.88 1:12.79 1:56.67 2:45.22

3:25.58 5:48.02

2 Liquid Assets-NE A 6:28.97

1) Acevedo, Kristine W40 2) Atkinson, Karen W36

3) Ehrlich, Shoshanna W55 4) Rounds, Ellie W35

46.81 1:46.42 2:07.24

2:21.55 3:04.10 5:38.80 6:28.97

Women 160-199 400 LC Meter Medley Relay

USA Relay: 4:56.33 8/5/2001 San Diego

J MARR, C KRATTLI, K PIPES-NEILSEN, J BUYS

NE Relay: 5:36.74 @ 6/21/2008 Middlebury Muffintops

N Johnston, KL Laughna, K Branch, P Fogg

Meet Relay: 5:36.74 # 6/21/2008 Middlebury Muffintops

N Johnston, K Laughna, K Branch, P Fogg

1 Cambridge-NE A 5:30.13@

1) Bouvrie, Alice W63 2) Pasterczyk, Christine W45

3) Downing, Jennifer W33 4) Twomey, Maura W55

55.12 1:57.19 2:44.52 3:44.16

4:23.16 5:08.98 5:54.64 5:30.13

Women 200-239 400 LC Meter Freestyle Relay

USA Relay: 4:34.90 8/8/2009 Pna

L DAHL, S WELCH, D GLASSMAN, M OESTING

NE Relay: 5:24.48 @ 6/27/2009 Maine Masters

C Kupan, B Fries, A Uecker, M Estabrook

Meet Relay: 5:44.35 # 6/27/2010 Maine Masters

K Panayotoff, C Kupan, M Estabrook, B Fries

1 Maine-NE A 4:56.15@

1) Kupan, Cheryl W47 2) Uecker, Anne W51

3) Fries, Beth W53 4) Estabrook, Mary W50

34.75 1:12.39 1:48.72

2:30.17 3:05.25 4:56.15

2 Granite State-NE A 5:04.69@

1) Nisley-Black, Karla W56 2) Scott, Sheryl W49

3) Grilli, Tracy W54 4) Stokes, Karin W50

36.53 1:18.97 1:55.40

5:04.55 4:26.61 5:04.69

3 Asphalt Green-MR A 5:23.69#

1) Craffey, Joan W58 2) Ehlers, Shawn W54

3) Hare, Frances W61 4) Wojno, Nicole W32

38.18 1:35.22

1:59.91 2:40.98 5:23.69

Women 200-239 400 LC Meter Medley Relay

USA Relay: 5:13.65 5/25/2003 San Diego

B JORDAN, C KRATTLI, K PIPES-NEILSEN, B DUNBAR

NE Relay: 6:13.64 @ 6/26/2010 Maine Masters

M Estabrook, C Kupan, M LaRiviere, B Fries

Meet Relay: 6:13.64 # 6/26/2010 Maine Masters

M Estabrook, C Kupan, M LaRiviere, B Fries

1 Stowe-NE A 7:26.07

1) Kules, Tricia W60 2) Yankauskas, Paula W57

3) Haskins, Margaret W53 4) Booher, Sue-Ellen W58

59.82 2:07.55 2:58.51 3:57.41

4:54.42 6:00.36 6:42.36 7:26.07

Women 280-319 400 LC Meter Freestyle Relay

USA Relay: 5:53.62 8/8/2009 Virginia

B ZAREMSKI, B SCHREINER, L WALKER, B DURRANT

1 Pointe Claire-QU A 7:08.88

1) Dillinger, Erda W70 2) Cardinal, Liliane W62

3) Naiman, Sheila W81 4) Waldie, Mae W76

46.40 1:37.27

2:31.81 3:34.43 6:15.48 7:08.88

Women 280-319 400 LC Meter Medley Relay

USA Relay: 7:01.96 8/23/2008 Virginia

B ZAREMSKI, B DURRANT, L GRIFFIN, J DETRICK

1 Pointe Claire-QU A 8:25.81

1) Waldie, Mae W76 2) Dillinger, Erda W70

3) Cardinal, Liliane W62 4) Naiman, Sheila W81

52.15 1:47.48 2:42.89 3:47.40

5:05.34 6:31.13 7:24.41 8:25.81

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Men 160-199 400 LC Meter Freestyle Relay

USA Relay: 3:41.49 7/25/2009 Scaq

D WEGNER, P EGAN, C BEACH, E HOCHSTEIN

NE Relay: 3:54.77 @ 6/27/2010 Maine Masters

M Schmidt, M Ross, S O'Leary, D Pride

Meet Relay: 3:54.77 # 6/27/2010 Maine Masters

M Schmidt, M Ross, S O'Leary, D Pride

1	Maine-NE	B	4:14.14
	1) Manhart, Sam M43	2) McKinney, Maury M51	
	3) O'Leary, Shawn M41	4) Pride, Douglas M48	
	29.80 1:02.21	1:32.63 2:06.51	
	2:37.25 3:11.58	3:41.69 4:14.14	
2	Liquid Assets-NE	A	5:20.33
	1) Heffernan, Sean M61	2) White, Alan M40	
	3) Martini, Paolo M44	4) Mansilla, Frankin M51	
	42.78 1:29.18	2:56.82	
	3:28.46 4:04.90	4:41.08 5:20.33	

Men 160-199 400 LC Meter Medley Relay

USA Relay: 4:11.72 6/4/2006 Arizona Masters

S SHAKE, G OWEN, J UTSCH, B ROTH

NE Relay: 4:25.14 @ 1997 New England Masters

R Berry, S Van Kuilenburg, F Schlicher, D Rogacki

Meet Relay: 4:46.45 # 6/28/2009 Liquid Assets

F Monsilla, P martini, W Yepes, S Herrernan

1	Maine-NE	A	5:30.80
	1) Darling, Drew M59	2) Nguyen, Son M32	
	3) Syphers, Dale M55	4) Gray, Zachary M28	
	46.79 1:37.37	2:16.26 3:00.92	
	3:38.35 4:24.37	4:54.92 5:30.80	
2	Liquid Assets-NE	A	5:53.48
	1) Mansilla, Frankin M51	2) Martini, Paolo M44	
	3) Yepes, William M37	4) White, Alan M40	
	45.99 1:33.22	2:13.12 3:00.00	
	3:38.02 4:28.12	5:53.48	

Men 200-239 400 LC Meter Freestyle Relay

USA Relay: 3:56.19 8/8/2009 Arizona

A JAEGERS, J KRONGAARD, B ROTH, S SHAKE

NE Relay: 5:08.90 @ 6/22/2008 Maine Masters

W Jones, D Weber, S Nguyen, J Goodman

Meet Relay: 5:08.90 # 6/22/2008 Maine Masters

W Jones, D Weber, S Nguyen, J Goodman

1	Adirondack-AD	A	4:36.31#
	1) Riordan, Joseph M52	2) Wall, Dan M56	
	3) Morrissey, Michael M48	4) Turecky, Martin M45	
	33.38 1:07.88	1:40.80 2:15.73	
	2:47.01 3:20.67	3:57.45 4:36.31	
2	Maine-NE	C	4:43.78@
	1) Millett, Jon M46	2) Johnston, Robert M60	
	3) Johnston, Alan M58	4) Dudley, Robert M39	
	32.29 1:06.51	1:41.68 2:35.53	
	2:57.39 3:34.30	4:07.89 4:43.78	

Men 240-279 400 LC Meter Freestyle Relay

USA Relay: 4:16.06 8/8/2009 O*H*I*O

J GROSELLE, Y OYAKAWA, T MOTHERAL, T STULTZ

NE Relay: 5:13.57 @ 2001 Maine Masters

P Fredericks, B Rupert, A Green, D Vail

Meet Relay: 5:19.37 # 6/27/2009 Granite State Penguins

D Rogacki, L Dunham, M Johns, T Grilli

1	Maine-NE	A	5:45.55
	1) Rupert, Bill M68	2) Darling, Drew M59	
	3) Kerr, Philip M76	4) Syphers, Dale M55	
	39.94 1:26.84	2:04.75 2:47.48	
	3:39.59 4:37.99	5:10.36 5:45.55	
2	Connecticut-CT	A	6:24.32
	1) Goldner, Fred M85	2) Geoghegan, William M61	
	3) Berghaus, Peter M70	4) Skolnick, Stewart M57	
	1:02.48 2:15.38	2:49.44 3:26.78	
	4:09.86 5:03.72	6:24.32	

Mixed 120-159 400 LC Meter Freestyle Relay

USA Relay: 4:01.35 3/6/2010 Movy Masters

T STEWART, J STOVER, C FUCHS, T DIERS

NE Relay: 4:25.02 @ 6/22/2008 Middlebury Muffintops

B Townsend, J Holmes, P Solomon, K-L Laughna

Meet Relay: 4:25.02 # 6/22/2008 Middlebury Muffintops

B Townsend, J Holmes, P Solomon, K Laughna

1	Adirondack-AD	B	4:29.71
	1) Grimmke, Willy M46	2) Braniecki, Ashley W26	
	3) Fletcher, Alicia W38	4) Fletcher, Kevin M41	
	32.39 1:06.47	1:39.24 2:16.69	
	2:50.16 3:31.09	3:57.69 4:29.71	
2	Maine-NE	A	4:35.07
	1) Nguyen, Son M32	2) Convey, Bridget W40	
	3) Alcaide, Katrine W30	4) Gray, Zachary M28	
	32.30 1:08.09	1:44.67 2:25.15	
	2:56.06 3:32.39	4:01.01 4:35.07	
---	FISH-MR	A	DQ
	1) McCue, Lawrence M57	2) Bennett, Carolyn W33	
	3) Dozier, Emily W34	4) Mauriello, Matthew M35	
	37.52 1:21.86	2:01.40 2:48.07	
	3:12.67 4:48.86	DQ	

Mixed 120-159 400 LC Meter Medley Relay

USA Relay: 4:29.03 8/8/2009 FT Lauderdale

C FERNANDEZ, K LEGASPI, L, J MARTIN

NE Relay: 5:21.87 @ 6/21/2008 Cambridge Masters

T Gulla, D Kaminski, D Titus, E Beeger

Meet Relay: 5:21.87 # 6/21/2008 Cambridge Masters

T Gulla, D Kaminski, D Titus, E Beeger

1	Granite State-NE	A	5:25.91
	1) Ohman, Niclas M37	2) Scott, Sheryl W49	
	3) Marzano, Eric M33	4) Ewen, Chrystena W37	
	34.86 1:09.56	1:54.81 2:46.95	
	3:21.97 4:02.33	4:41.42 5:25.91	

2011 Colonies Zone LCM Championship Meet, Sanction #: 042-005-SLCM-2011

June 24-26, 2011 at Middlebury College

Results

Mixed 160-199 400 LC Meter Freestyle Relay

USA Relay: 3:58.05 7/5/2009 Scaq

J COOK, E HOCHSTEIN, M CORNUE, A GODGES

NE Relay: 4:09.20 @ 6/27/2009 Maine Masters

M Schmidt, M Estabrook, D Pride, J Knight

Meet Relay: 4:09.20 # 6/27/2009 Maine Masters

M Schmidt, M Estabrook D Pride, J Knight

1 Adirondack-AD	A	5:04.53
1) Koop, Douglas M70	2) Swan-Scott, Dennie W36	
3) Schenck, Kathleen W40	4) Sheehan, Michael M41	
44.00 1:34.93	2:04.27 2:41.01	
3:17.60 3:57.45	4:28.81 5:04.53	
2 UV Rays-NE	A	5:16.34
1) Smith, Nicola W35	2) Meardon, Arnold M81	
3) Bean, Danielle W32	4) Bedford, Fritz M48	
35.32 1:14.63	2:00.70 3:12.42	
3:35.67 4:17.56	4:46.30 5:16.34	

Mixed 160-199 400 LC Meter Medley Relay

USA Relay: 4:27.97 8/8/2009 N Carolina

E BRAUN, R BUTCHER, J RHYNE, P ROHNER

NE Relay: 5:09.56 @ 6/21/2008 Middlebury Muffintops

J Courtney, J Holmes, M Delaney, M Jaferian

Meet Relay: 5:09.56 # 6/21/2008 Middlebury Muffintops

J Courtney, J Holmes, M Delaney, M Jaferian

1 Liquid Assets-NE	A	6:40.05
1) Landry, John M27	2) Ehrlich, Shoshanna W55	
3) Coombs, John M49	4) Rounds, Ellie W35	
41.50 1:28.22	2:25.46	
4:13.61 5:03.10	5:49.00 6:40.05	
--- Concord-NE	A	X6:18.73
1) Bledsoe, Joyce W52	2) Debrusk, Mary Jo W50	
3) Bledsoe, James M47	4) Golding, Andrea W41	
56.52 2:04.32	2:48.70 3:42.87	
4:59.17	5:36.04 6:18.73	

Mixed 200-239 400 LC Meter Freestyle Relay

USA Relay: 4:13.62 6/3/2006 Oregon

K, S MANN, A DELMAGE, M TENNANT

NE Relay: 5:12.47 @ 6/27/2010 Granite State Penguins

J Gordon, T Grilli, K Stokes, B Vear

Meet Relay: 5:12.47 # 6/27/2010 Granite State Penguins

J Gordon, T Grilli, K Stokes, B Vear

1 Connecticut-CT	A	4:44.30#
1) Reul, Andy M48	2) Laux, Michael M70	
3) Puska, Charlene W43	4) Rinaldi, Galen W43	
30.51 1:03.10	1:41.84 2:23.92	
2:59.86 3:38.39	4:09.93 4:44.30	
2 Pittsfield Y-NE	A	5:22.11
1) Rogacki, Daniel M64	2) Florio-Jeffreys, Joanna W53	
3) Dixon, Alison W49		
32.42 1:07.91	1:53.19 2:44.44	
3:21.50 4:07.94	5:22.11	
3 Cambridge-NE	A	5:36.82
1) Alexander, Mark M53	2) Twomey, Maura W55	
3) Bouvrie, Alice W63	4) Wallace, Thomas M52	
31.82 1:05.47	1:49.96	
3:31.27 4:27.35	4:59.56 5:36.82	

Mixed 200-239 400 LC Meter Medley Relay

USA Relay: 4:41.46 6/14/2008 Oregon

K, P ALLENDER, A DELMAGE, M TENNANT

NE Relay: 5:41.79 @ 6/28/2009 Granite State Penguins

T Grilli, S Scott, D Rogacki, L Dunham

Meet Relay: 5:41.79 # 6/28/2009 Granite State Penguins

T Grilli, S Scott, D Rogacki, L Dunham

1 Connecticut-CT	A	5:40.49#
1) Rinaldi, Galen W43	2) Laux, Michael M70	
3) Puska, Charlene W43	4) Geoghegan, William M61	
39.26 1:22.21	2:10.25 3:03.73	
3:43.37 4:30.18	5:03.59 5:40.49	
2 Pittsfield Y-NE	A	6:37.02
1) Dixon, Alison W49	2) Young, Matthew M37	
3) Rogacki, Daniel M64	4) Florio-Jeffreys, Joanna W53	
56.17 2:00.12	2:40.44 3:30.56	
4:09.97 4:56.92	5:45.31 6:37.02	
--- Adirondack-AD	A	X7:23.10
1) Braniecki, Ashley W26	2) Head, Brian M78	
3) Koop, Douglas M70	4) Wall, Dan M56	
39.74 1:22.62	4:23.71	
5:13.15 6:13.00	6:47.41 7:23.10	

Mixed 240-279 400 LC Meter Freestyle Relay

USA Relay: 4:30.74 8/10/2008 Gold Coast

D CAVANAUGH, C CAVANAUGH, P SARGEANT, D QUIGGIN

NE Relay: 5:20.14 @ 6/27/2009 Granite State Penguins

D Rogacki, L Dunham, M Johns, T Grilli

Meet Relay: 5:20.14 # 6/27/2009 Granite State Penguins

T Grilli, S Scott, D Rogacki, L Dunham

1 Asphalt Green-MR	A	5:34.32
1) Willeboordse, Fall W45	2) Bernstein, Richard M65	
3) Gallagher, Tom M67	4) Hill, Marcia W67	
30.92 1:04.81	1:43.46 2:26.23	
3:09.11 3:57.67	4:42.39 5:34.32	

Mixed 240-279 400 LC Meter Medley Relay

USA Relay: 4:51.95 8/8/2009 Tamalpais

R BURNS, K FROST, L VAL, B WHEELER

NE Relay: 6:51.34 @ 6/28/2009 Cambridge Masters

J Jones, C Hopkins, L Duncan, A Bouvrie

Meet Relay: 6:51.34 # 6/28/2009 Cambridge Masters

J Jones, C Hopkins, L Duncan, A Bouvrie

1 Maine-NE	A	6:40.15@
1) Rupert, Bill M68	2) Fries, Beth W53	
3) Estabrook, Mary W50	4) Kerr, Philip M76	
44.54 1:30.85	2:21.84 3:22.34	
4:02.93 4:50.39	5:41.86 6:40.15	